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# Cyclic peptide-based shear-thinning and self-healing hydrogels as injectable nanotherapeutics

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An injectable cyclic peptide-based hydrogel (cpGel) governed by supramolecular interactions between cyclic octapeptide nanofibers and LAPONITE® was developed. We demonstrated its excellent injectability, elasticity, and self-healing properties through rheological analyses. Further, we showed that cpGel is cytocompatible and that vancomycin-loaded cpGel can effectively inhibit the growth of MRSA and *E. coli*.

## 1. Introduction

Hydrogels are soft materials consisting of three-dimensional (3D) networks of hydrophilic groups or chain segments capable of entrapping large quantities of water molecules without undergoing dissolution. These materials are mainly derived from polymers, polysaccharides, proteins, DNA, and small organic molecules such as peptides.<sup>1–3</sup> Moreover, these 3D networks are distinguished owing to their mechanical properties, high swelling capacity, and versatile functionality, making them suitable for various biomedical applications.<sup>4–7</sup> For example, their ability to closely mimic the extracellular matrix (ECM) allows them to be used as scaffolds that support cell adhesion, proliferation, and differentiation in tissue engineering, wound healing, and bone repair.<sup>8</sup> Further, injectable hydrogels have gained interest due to their self-healing properties, ability to adapt to any shape in real-time, and minimally invasive nature in surgery.<sup>9,10</sup> These injectable materials possess shear-thinning behavior that enables them to flow through narrow-gauge needles, then rapidly recover their 3D-

network, making them suitable for applications in drug delivery and soft tissue engineering.<sup>11,12</sup>

Among different injectable hydrogels, supramolecular hydrogels formed through non-covalent interactions such as hydrogen bonds, electrostatic interactions, hydrophobic interactions, and  $\pi$ - $\pi$  stacking are attractive because of their unique structures.<sup>13–15</sup> These interactions can enable self-healing behavior, tunable mechanical properties and stimuli responsiveness. Combining organic building blocks and inorganic nanomaterials is one advantageous way to fabricate supramolecular hydrogels.<sup>16–18</sup>

Peptides have been explored recently as organic building blocks for hydrogel formation because of their tunability and potential for bioactivity. Within the class of inorganic nanomaterials, the incorporation of nanosilicates (nSi, LAPONITE®) represents an attractive hydrogelator for its robust mechanical properties and ability to sustain drug release for biomedical applications.<sup>16,19</sup> For example, a recent study has shown the interaction between nSi and self-assembled linear peptide amphiphile nanostructures, resulted in hydrogels for potential applications in neovascularization and hierarchical mineralization.<sup>16</sup> However, cyclic peptides offer additional advantages compared to linear peptides. Their conformational rigidity and defined ring structure provide improved proteolytic stability, which can be critical in maintaining structural integrity in complex environments.<sup>20–22</sup> Therefore, these properties lead the cyclic peptides to a greater control over self-assembly with the ability to form nanostructures with well-defined internal surfaces and supramolecular architectures. Such well-defined architectures have been applied in previous studies involving molecular imaging, transmembrane channels, and drug delivery applications.<sup>23–25</sup> Overall, these features distinguish cyclic peptide-based architectures from many linear peptide assemblies and other soft hydrogelators, whose greater conformational flexibility often results in broader distributions in nanostructure size and morphology.<sup>26</sup> To the best of our knowledge, the interaction of nSi and cyclic peptide-based nanomaterials has not yet been explored.

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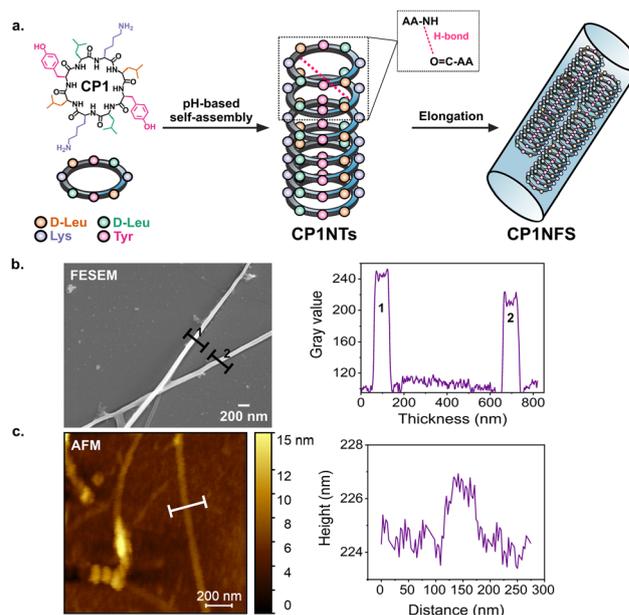
In this paper, we report on the development of a supramolecular hydrogel (**cpGel**) based on the non-covalent interactions of self-assembled organic cyclic octapeptide (**CP1**) nanofibers and inorganic nanosilicates (**nSi**) for antibacterial applications. Recently, the overuse of antibiotics has become a major concern and has severely burdened healthcare systems due to the emergence of antibiotic-resistant bacteria.

Sustaining the release of antibiotics can reduce their usage, offering a potential solution to antibiotic resistance.<sup>27</sup> Here, we quantified the sustained release of a model antibiotic, vancomycin, from **cpGel** and ensured its effectiveness against the growth of *Escherichia coli* (*E. coli*), *Staphylococcus aureus* (*S. aureus*), and methicillin-resistant *Staphylococcus aureus* (MRSA). To the extent of our knowledge, this report is the first instance of an injectable hydrogel platform based on the combination of cyclic peptide nanofibers and **nSi**. We envision that **cpGel** has the potential to be used in other related biomedical applications such as cancer therapy, wound healing, bone repair, and tissue engineering.

## 2. Results

### CP1 nanofibers self-assemble from the elongation of CP1 nanotubes

As detailed in our previous work,<sup>23</sup> the cyclic octapeptide **CP1** cyclo(D-Leu-Lys-D-Leu-Tyr)<sub>2</sub> comprises alternating D- and L-amino acids, enabling the formation of elongated nanostructures in the form of nanotubes (Fig. S1). This is possible through the non-covalent interactions (hydrogen bonding) of the cyclic ring backbones, which form  $\beta$ -sheet structures, as well as minor contributions from the outer surface such as,  $\pi$ - $\pi$  stacking of tyrosine rings. The self-assembly of **CP1** was performed through a pH-triggered process, wherein sodium hydroxide was gradually added to an acidified solution of **CP1** until reaching the desired pH (7.4). Under this pH condition, we expect the nanostructures to be mostly protonated due to the presence of the amino groups of lysine side chains. In our previous study, it was demonstrated that cyclic peptide concentrations ranging from 10–200  $\mu$ M facilitate the formation of nanotubes. Here, the peptide concentrations used were higher (1.5% (w/v)  $\equiv$  15 mM), enhancing the availability of the cyclic building blocks for the assembly process and promoting the elongation of nanotubes into nanofibers. To this end, it is hypothesized that this higher concentration promotes the lateral aggregation of the cyclic peptide nanotubes, generating nanofibers (Fig. 1a). This correlates well with previous studies where peptide nanotubes can form nanofibers.<sup>28–30</sup> Furthermore, the observed lateral aggregation may be related to hydrophobic interactions involving leucine residues. While this hypothesis was not directly investigated in the present work, previous studies have reported that leucine residues can support nanotube bundling,<sup>31</sup> consistent with hydrophobic “leucine zipper”-type interactions. Similar leucine-mediated interactions have also been utilized in the formation of cyclic peptide nanosheets.<sup>32</sup> Field emission scanning electron



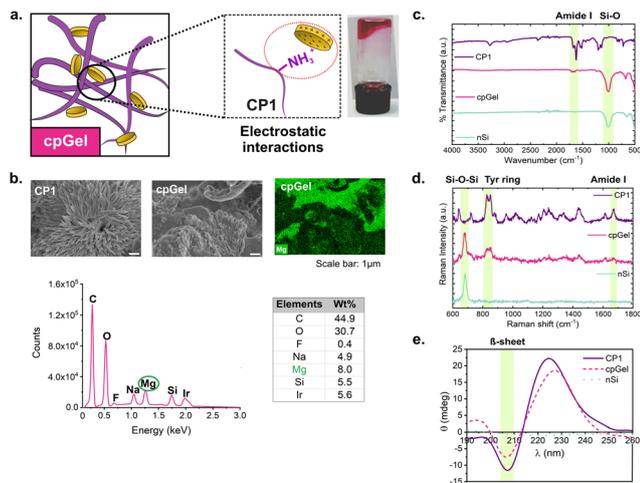
**Fig. 1** Preparation and characterization of cyclic octapeptide (**CP1**) nanofibers. (a) Schematic outlining the formation of **CP1** nanofibers, AA: amino acid. (b) FESEM image of **CP1** nanofibers and plot profile showing their elongated structure with an estimated thickness of 73 nm. (c) AFM image of **CP1** nanofibers and height profile confirming their elongated structure and showing an estimated thickness value of 70 nm.

microscopy (FESEM) and atomic force microscopy (AFM) were used to evaluate the morphology of **CP1** nanofibers. FESEM micrographs confirmed the formation of elongated nanofibers with an estimated thickness of 73 nm and an average length of  $2.1 \pm 0.8 \mu\text{m}$  (Fig. 1, S2 and S3). AFM images corroborated the fabrication of nanofibers with an estimated thickness of 70 nm (Fig. 1c and S4), which aligns with the value determined from FESEM analysis. The reported thickness values support the statement that the cyclic peptide nanofibers are formed from elongated cyclic peptide nanotubes.

### cpGel formed from electrostatic interactions between CP1 nanofibers and nSi

In this study, we aimed to fabricate an injectable hydrogel drug delivery platform using **CP1** nanofibers and **nSi**. At physiological pH, **CP1** nanofibers are positively charged ( $\text{NH}_3^+$ ), which facilitates interactions with the negatively charged surface of **nSi**, leading to the formation of **cpGel** (Fig. 2a). FESEM confirmed the formation of **CP1** nanofibers, as shown in Fig. 2b. In the case of the hydrogel, FESEM micrographs showed **CP1** nanofibers surrounded by **nSi** (Fig. 2b, left and Fig. S5). The energy dispersive X-ray (EDX) spectrum of **cpGel** further confirmed the incorporation of **nSi** through the presence of Mg (Fig. S6), which serves as a distinguishing element between the materials forming the hydrogel structure. Fourier-transform infrared (FTIR) spectroscopy provided insight into the interactions between **nSi** and **CP1** nanofibers in the hydrogel (Table S1). As shown in Fig. 2c, **cpGel** displays the charac-





**Fig. 2** Physico-chemical characterization of cpGel. (a) Schematic highlighting the electrostatic interactions between the protonated amino groups from CP1 and the negative charge of nSi in cpGel (picture of cpGel vial). (b) FESEM images of CP1 nanofibers and cpGel demonstrating the presence of the CP1 nanofibers in the hydrogel. EDX spectrum and mapping of cpGel confirm the integration of nSi due to the presence of magnesium (selected representative element). (c) FTIR spectra (expanded image in Fig. S7), and (d) Raman spectra of nSi, CP1 nanofibers, and cpGel supporting the electrostatic interactions between CP1 nanofibers and nSi. (e) CD spectra of nSi, CP1 nanofibers, and cpGel showing that the  $\beta$ -sheet conformation is maintained upon the addition of nSi.

teristic peaks of nSi<sup>33,34</sup> and CP1 nanofibers. The characteristic peaks of CP1 nanofibers seems less prominent in the FTIR spectrum of cpGel due to its lower relative content compared to nSi during hydrogel preparation (Fig. S7). Within this material, the Si–O–Si stretching peak is redshifted (1013 to 978  $\text{cm}^{-1}$ ), suggesting a possible change in the molecular environment, which may be attributed to electrostatic interactions between nSi and CP1 nanofibers.<sup>35,36</sup> This shift may indicate alterations in the Si–O environment, possibly due to charge redistribution associated with the interactions with the protonated  $\text{NH}_3^+$  of the peptide nanofibers. FTIR-active Si–O vibrational modes are known to be sensitive to changes in local chemical environment, including surface charge and variations in hydration and surface interactions, which could also contribute to this observed redshift.<sup>37</sup> Raman spectroscopy was further used to characterize the interactions within cpGel (Fig. 2d). All the peaks are summarized in Table S2. For nSi, the characteristic Si–O–Si vibration (682  $\text{cm}^{-1}$ ) is slightly redshifted in cpGel (679  $\text{cm}^{-1}$ ), suggesting a decreased vibrational frequency possibly caused by the electrostatic interactions with CP1 nanofibers. In cpGel, the nSi characteristic peak and some peaks of CP1 nanofibers were found, demonstrating the incorporation of both materials in the gel. The amide I band at 1671  $\text{cm}^{-1}$  demonstrated the  $\beta$ -sheet conformation of the CP1 nanofibers, which remains unchanged during hydrogel formation, as no band shift occurs. CP1 nanofibers, nSi, and a representative cpGel sample were analyzed using circular dichroism (CD) spec-

troscopy (Fig. 2e). As expected, nSi displayed a flat line as a profile since it is not optically active and does not form secondary structures. The CD spectrum of CP1 nanofibers showed a negative minimum at 208 nm, indicative of  $\beta$ -sheet-like structures. cpGel showed a similar CD profile to the CP1 nanofibers, demonstrating that the conformation of these nanostructures is not disrupted with the incorporation of the nSi when forming the hydrogel network. Additionally, zeta potential was tested for nSi, CP1 nanofibers, and cpGel. The zeta potential of CP1 nanofibers was  $17 \pm 3$  mV, as expected owing to the presence of protonated surface groups. In contrast, nSi exhibited a zeta potential of  $-45 \pm 3$  mV, which indicates the presence of negative charges on its surface.<sup>19</sup> For cpGel, the value was  $-30 \pm 2$  mV, which is indicative of the electrostatic interactions of positively charged groups of nanofibers and negatively charged groups of nSi (Fig. S8).

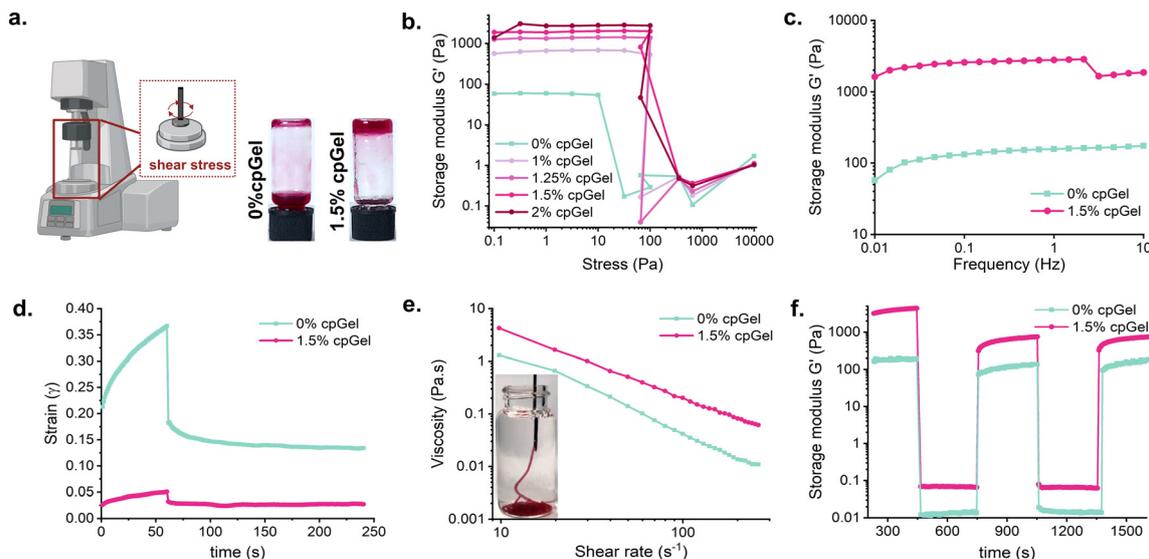
### cpGel showed excellent shear-thinning and self-healing behavior

The structural properties of cpGel were evaluated using rheological measurements. 0% cpGel (0% CP1) was used as a control, this only contains 2.5% (w/v) nSi without the presence of cyclic peptide nanofibers. Amplitude sweep tests were carried out with 2.5% (w/v) nSi and varying concentrations of CP1 (Fig. 3a and b). These tests showed increased elasticity with higher peptide concentrations, which is consistent with previous linear peptide-nSi systems.<sup>16,38,39</sup> We selected a final CP1 concentration of 1.5% (w/v) for further experiments based on the elasticity. Additionally, when comparing to 2% (w/v) CP1, the  $G'$  values were similar, and we believe a high content of CP1 would not add any rheological benefits (Fig. S9). From here on, all experiments were carried out using 2.5% (w/v) nSi and 1.5% (w/v) CP1. Fig. 3b also shows that our selected hydrogel displayed increased elasticity (higher storage modulus  $G'$ ) compared to the control group. Additionally, the values of  $G'$  of cpGel were greater than  $G''$ , confirming the formation of the hydrogel. Strain sweep tests further determined the linear viscoelastic region (LVR), with relative constant  $G'$  values up to 0.01% strain (Fig. S10). Frequency sweep tests (Fig. 3c) were then carried out within this LVR region, confirming the increased  $G'$  values in the hydrogel compared to the control group. Herein, this enhancement can be attributed to the interactions of the negatively charged surface of nSi and positively charged nanofibers that serve as physical crosslinking points within the hydrogel network.<sup>19,40,41</sup> Fig. 3c also showed that the values of  $G'$  and  $G''$  were frequency-independent, indicating their high stability.<sup>42</sup>

Fig. 3d depicts the creep behavior over time for cpGel and the control group. The control undergoes significant deformation under stress and retains a greater amount of strain after unloading, while the hydrogel experiences less deformation and shows good recovery after removing the stress. In general, the hydrogel presents lower creep compliance, indicating that this material displays a high elastic behavior.<sup>43,44</sup>

After confirming the viscoelastic properties of the hydrogel, we tested its injectability. An injectable material presents a





**Fig. 3** Rheological characterization showing shear-thinning and self-healing properties of cpGel. (a) Schematic showing a rheometer, accompanied by the pictures of 0% cpGel (0% (w/v) CP1) and 1.5% cpGel (1.5% (w/v) CP1). (b) Amplitude sweep test of hydrogels containing 2.5% (w/v) nSi and different CP1 concentrations, demonstrating an increase in elasticity with an increase of CP1 concentration. (c) Frequency sweep test of 1.5% cpGel and a 0% cpGel as a control, showing an increase of the storage modulus. (d) Creep profiles demonstrating the high elastic behavior displayed by cpGel. (e) Viscosity profiles demonstrating the shear-thinning behavior of cpGel (inset: picture of cpGel being injected through a 27-gauge needle). (f) Recovery profiles of 0% cpGel and 1.5% cpGel demonstrating the recovery through different cycles of 0.01% strain and 1% strain.

shear-thinning behavior, which allows it to flow during injection and recover the 3D-structure once the mechanical load is removed. This was confirmed by passing the hydrogel through a 27-gauge needle, demonstrating its ease of injectability (Video S1). Viscosity tests (Fig. 3e) demonstrated the shear-thinning behavior of cpGel, where viscosity was reduced with increasing shear stress.<sup>45</sup> Additionally, injectable hydrogels present self-healing properties because of the presence of physical crosslinks, and this can be evaluated by assessing the recovery of the hydrogel through different cycles. We monitored the variation of  $G'$  over time cycles by adding and removing stress, as depicted in Fig. 3f. A complete recovery of the storage modulus was observed within seconds after removing 1% strain (Fig. S11). Furthermore, the stability of the gel over time was assessed by measuring the amplitude sweep of cpGel after 4 months resulting in no variation of the viscoelasticity (Fig. S12).

#### cpGel cytocompatibility with endothelial cells *in vitro*

We evaluated the cytotoxicity of cpGel by investigating the morphology of human umbilical vein endothelial cells (HUVECs) using live cell staining after 24 h and 72 h of treatment. As shown in Fig. 4a, no morphological differences were observed between the control and treated groups, indicating that the hydrogel exhibited no observable toxicity towards the cells. After evaluating the morphology, we aimed to quantitatively evaluate the cytotoxicity of cpGel with HUVECs. The hydrogel was incubated with HUVECs for 24 h, and the cytocompatibility was subsequently analyzed using flow cytometry and a commercial LIVE/DEAD staining kit. According to the ISO 10993-

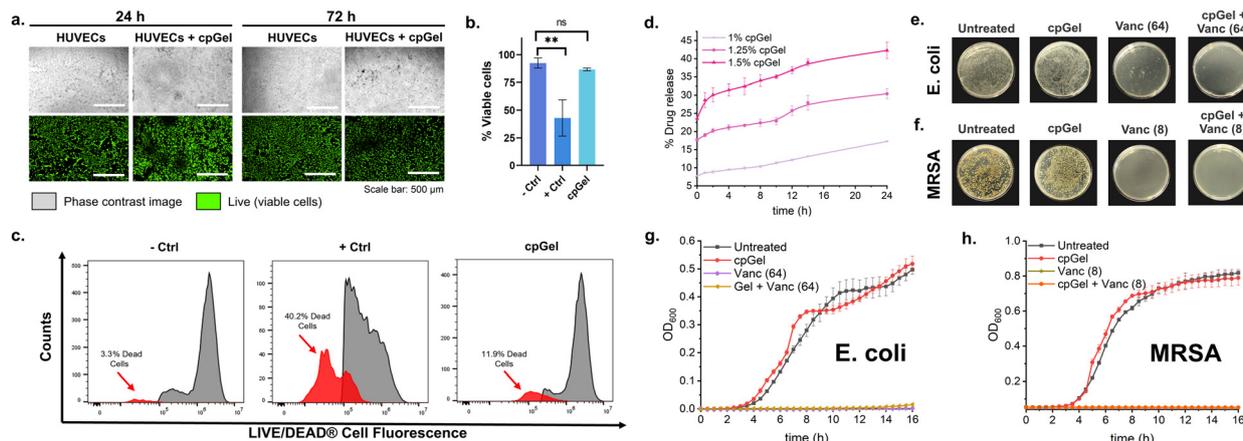
5:2009 guidelines, a biomaterial can be considered cytocompatible if it maintains at least 70% cell viability compared with a negative control (cells only).<sup>46–48</sup> In our case, the negative control showed  $92.47 \pm 4.52\%$  viable cells, whereas the positive control (cells subjected to heat) showed  $42.97 \pm 16.46\%$ , and the hydrogel-treated group showed  $86.67 \pm 1.24\%$ , as highlighted in Fig. 4b and c. Further, the results showed no significant differences between the control and the hydrogel-treated group. From these assays, we can conclude that cpGel is cytocompatible with endothelial cells and can be safely used for biomedical applications.

#### cpGel sustained the release of an antibiotic and retained its bioactivity

After demonstrating the safety of cpGel, we loaded a model antibiotic (vancomycin) into the hydrogel. Vancomycin is a glycopeptide antibiotic commonly used in the treatment of infections caused by Gram-positive bacteria (*S. aureus* and MRSA) and has been shown to work against Gram-negative bacteria (*E. coli*).<sup>49–51</sup> However, vancomycin has an *in vivo* half-life of approximately 4 to 6 h, requiring frequent administration. cpGel offers a platform for the sustained release of vancomycin.<sup>52–54</sup>

Before assessing the bioactivity of the vancomycin-loaded hydrogel, the cumulative release kinetics of vancomycin from hydrogels with varying concentrations of CP1 were evaluated (Fig. 4d). We observed that hydrogels were able to sustain the release of vancomycin, possibly due to the electrostatic interactions of the negatively charged nSi and the slightly positively charged antibiotic. In addition, there could be some contri-





**Fig. 4** Cytocompatibility and bioactivity of cpGel and vancomycin-loaded hydrogel. (a) Phase contrast and calcein fluorescence images of endothelial cells left untreated (HUVECs) and hydrogel-treated (HUVECs + cpGel) for 24 h and 72 h, scale bar = 500  $\mu\text{m}$ . (b) Graph showing the percentage of cell viability determined by flow cytometry ( $n = 3$ ), wherein the hydrogel-treated group displayed  $86.67 \pm 1.24\%$  cell viability. This percentage of viability is in accordance with ISO 10993-5:2009. +Ctrl refers to cells exposed to heat, whereas -Ctrl refers to cells left untreated. Statistical significance was determined by ordinary one-way ANOVA corrected using the Dunnett method (\*\* $p < 0.01$ ). (c) Representative samples showing the amounts of dead cells using flow cytometry of -Ctrl (3.3%), +Ctrl (40.2%), and cpGel (11.9%). Increasing concentrations of CP1 show higher antibiotic release, possibly due to repulsive interactions between CP1 nanofibers and the antibiotic. (e) Pictures of *E. coli* and (f) MRSA colonies after 16 h ( $n = 3$ ). (g) Effects of hydrogel-released vancomycin and free vancomycin on the growth of *E. coli* and (h) MRSA up to 16 h. In both cases, the plots show the bioactivity of the drug is maintained after being released from the hydrogel. For figures (e) to (h), the concentration in brackets is expressed in  $\mu\text{g mL}^{-1}$ .

tribution of hydrogen bonding between amino groups in vancomycin and hydroxyl groups on the surface of CP1 nanofibers. For a better understanding of these interactions, Raman spectra of vancomycin (Vanc), vancomycin-loaded CP1 nanofibers (Vanc-CP1), and vancomycin-loaded hydrogel (Vanc-cpGel) are described in Fig. S13 and Table S3. Overall, some characteristic peaks of the drug are observed in the spectra of Vanc-CP1 and Vanc-cpGel, although some signals overlap. For instance, the peak at  $831\text{ cm}^{-1}$  of Vanc, assigned to an out-of-plane ring breathing vibration, overlaps with the Tyr-ring breathing vibration in the other spectra. Additionally, the Amide III vibration in vancomycin ( $1236\text{ cm}^{-1}$ ) is slightly downshifted in Vanc-CP1 ( $1241\text{ cm}^{-1}$ ) and Vanc-cpGel ( $1238\text{ cm}^{-1}$ ). These changes in the spectra can be due to modifications in the local environment, since the amide III bonds are sensitive to hydrogen bonding.<sup>55</sup> The amide I at  $1236\text{ cm}^{-1}$ , is slightly shifted in the other spectra. Since this peak can be used as indicative of the  $\beta$ -sheets formation, we also assessed the CD spectra of these materials (Fig. S14). The vancomycin sample underwent the same pH-assembly method, and its CD spectrum showed the absence of  $\beta$ -sheets, as expected. For the Vanc-CP1 and Vanc-cpGel, the minimum at 208 nm (mentioned in Fig. 2e) is not affected by the incorporation of the drug, indicating that the drug does not disrupt the self-assembly process. We also assessed the stability of the cpGel after vancomycin incorporation in its network and no variations was found in the elastic behavior (Fig. S15, left). Also, FESEM image of Vanc-cpGel demonstrated there is no variation in the morphology of the hydrogel (Fig. S15, right), herein we found some crystals that were not present in the cpGel sample, this may indicate that the crystals correspond the vancomycin.

The formulation containing 1.5% (w/v) CP1 showed a higher release percentage compared to formulations with lower concentrations of CP1. This higher release may be due to the repulsive interactions between the increased positive charges from amine groups of CP1 nanofibers and the protonated amine group within the sugar unit in the vancomycin. The vancomycin release kinetics from the formulation containing 1.5% (w/v) CP1 showed  $42.25 \pm 2.24\%$  release of the drug after 24 h using UV-Vis spectroscopy. This result was further verified with a representative sample using high-performance liquid chromatography (HPLC), which showed 40.57% release after 24 h (Fig. S16). This drug release behavior is very consistent with a previous study reporting the release of  $\approx 40\%$  from a peptide-based hydrogelator.<sup>56</sup> To model the release of vancomycin from cpGel, the release data by UV-Vis was fit to the Korsmeyer-Peppas model (Table S4). The numeric coefficient of this model ( $n$ ) was lower than 0.45 ( $n = 0.1192$ ) indicating that the release is *via* diffusion. This is consistent with a previous report of vancomycin release from peptide vehicles.<sup>57</sup>

Next, we assessed the bioactivity of the vancomycin-loaded cpGel by monitoring the bacterial growth up to 16 h after exposure to *E. coli*, *S. aureus*, and MRSA. We treated all the samples with hydrogel-released vancomycin and free vancomycin (control). The minimum inhibitory concentration (MIC) of vancomycin was  $64\text{ }\mu\text{g mL}^{-1}$  for *E. coli* and  $8\text{ }\mu\text{g mL}^{-1}$  for MRSA.<sup>58</sup> Overall, the hydrogel-released vancomycin exhibited comparable efficiency to free vancomycin, demonstrating the successful release of different concentrations of the drug and retention of bioactivity (Fig. 4g, h, S17, and S18). Fig. 4e and f present images of the bacterial plates, corroborating the effective antibacterial release properties of cpGel.



### 3. Conclusions

We have successfully developed an injectable supramolecular hydrogel capable of sustaining the release of vancomycin. **cpGel** was fabricated by combining cyclic octapeptide (**CP1**) nanofibers and inorganic nanosilicates (**nSi**). The formation of **CP1** nanofibers was confirmed by FESEM and AFM, which exhibited an estimated thickness of 73 and 70 nm, respectively. The surface of these nanofibers is protonated under physiological pH, providing a means for interaction with the negatively charged surface of **nSi** to form **cpGel**. This resulting hydrogel displayed shear-thinning and self-healing properties. Moreover, **cpGel** demonstrated cytocompatibility with endothelial cells according to acceptable ISO standards. Finally, vancomycin was used as a model drug to be loaded into **cpGel** and demonstrated its efficacy as a drug release platform. It was further corroborated that the drug maintained its activity after release from **cpGel** against Gram-positive and Gram-negative bacteria, including MRSA. Overall, it is envisioned the potential use of this injectable supramolecular hydrogel platform for various biomedical applications.

### Author contributions

Fátima Santillán: conceptualization, experiments, methodology, original draft, review and editing of manuscript. Yasmeen Shamiya: experiments, editing of manuscript. Aishik Chakraborty: rheology, editing of manuscript. Alap A. Zahid: flow cytometry, discussions. Lorena Veliz: Raman and AFM experiments and discussions. François Lagugné-Labarthe: Raman and AFM discussions. Leonard G. Luyt: conceptualization, funding, supervision, and editing the manuscript. Arghya Paul: conceptualization, funding, supervision, and editing the manuscript.

### Conflicts of interest

There are no conflicts to declare.

### Data availability

The data supporting this article have been included as part of the supplementary information (SI). Supplementary information is available. See DOI: <https://doi.org/10.1039/d5bm01544h>.

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