EDGE ARTICLE

Turn-engineering tunes the conformational rigidity of β-hairpin AMPs in achieving membrane selectivity and killing drug-resistant ESKAPE pathogens

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Naturally occurring β-hairpin antimicrobial peptides (AMPs) exhibit potent membranolytic activity against bacterial and mammalian cells, limiting their therapeutic development due to the lack of selectivity. This study demonstrates that the reverse turn in these AMPs can be used to dictate their molecular rigidity, which drives their membranolytic action. By fine-tuning the rigidity at the reverse turn by incorporating a moderately rigid β-II′ turn-inducing motif through *N*-methylation of the amide bond, we achieved selectivity in targeting the bacterial membrane over human red blood cells. The selectivity results from the hairpin-nucleation efficiency of the engineered β-turn within these linear AMPs devoid of disulfide bridges and their interaction with the neutral mammalian and negatively charged bacterial membrane. Such fine-tuning of the structure at the β-turn allowed us to develop molecules derived from naturally occurring toxic AMPs, which displayed selective killing of drug-resistant bacterial pathogens over mammalian cells with *in vivo* efficacy.

Introduction

Over the past several decades, imprudent and incessant usage of antibiotics has catalyzed a refractory class of pathogens, colloquially termed "superbugs". These superbugs demonstrate resistance to numerous last-resort antibiotics like carbapenems, cephalosporins, fluoroquinolones, vancomycin, colistin, *etc.*, and are responsible for a staggering ∼5 million deaths worldwide.[1,2] In the pursuit of alternate innovative options, a seminal study by Lázár *et al.* identified the 'Achilles heel' of an antibiotic-resistant bacterial population.[3] This vulnerability, termed "collateral sensitivity", highlighted that the resistant populations exhibit increased susceptibility to antimicrobial peptides (AMPs), thereby positioning AMPs as a promising substitute to the waning antibiotic pipeline.[4]

Among the diverse structural classes of AMPs, β-hairpin peptides are the most potent,[5–7] and their functions largely depend on their conformational stability.[8–11] The conformational stability allows these AMPs to effectively interact with and embed within the bacterial membrane and form pores, subsequently disintegrating the membrane.[12] Naturally occurring β-hairpin AMPs harbor, on average, two disulfide bridges, which have strategically evolved – one adjacent to the reverse turn and another near the termini, for inducing hairpin conformation and providing conformational rigidity, respectively. However, despite being central to the antimicrobial activity, such conformational rigidity is demonstrated to be one of the drivers of cytotoxicity by retaining the hydrophobicity and amphipathicity of the AMP.[13–15]

To reduce the toxicity of naturally occurring β-hairpin AMPs and increase their therapeutic index (*i.e.* the ratio of minimum hemolytic concentration to minimum inhibitory concentration), removal of disulfide bridges has been used frequently. However, the loss of the β-hairpin structure compromises the antimicrobial (membranolytic) potency of these AMPs.[16–19] Additionally, in reducing environments such as blood plasma or in the presence of suitable nucleophiles, these disulfide bridges are susceptible to scrambling or reduction that can compromise their biological activity, limiting their *in vivo* usage.[20–22] Therefore, we sought to regain the antimicrobial

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potency of such linearized peptides by incorporating a constrained β-turn motif, previously developed in our laboratory.[23,24] Our results suggest that introduction of a moderately rigid β-turn motif as opposed to a strong one is effective in regaining the lost antimicrobial potency of the linearized naturally occurring β-hairpin AMPs. Furthermore, we could extend this strategy to derive a metabolically stable peptide that showed *in vivo* efficacy in killing drug-resistant Gram-negative bacteria.

Results and discussion

Re-engineering β-turns in β-hairpin AMPs

β-Turns aid in the reversal of polypeptide chains and thus are crucial in protein folding.[25,26] Previous work from our laboratory has demonstrated the rigidifying role of amide bond *N*-methylation at the β-turn that engages in pseudoallylic strain (Fig. 1a) and results in the formation of stable β-hairpin.[24] Such engineering enhanced the stability of a three stranded β-sheet protein, Pin 1 WW domain. The stability of the supersecondary structures resulted from conformational preorganization at the β-turn that subsequently culminated in strong intramolecular hydrogen bonds within the β-strands. Therefore, we initially evaluated if chemically engineered β-turns as opposed to a native β-turn will introduce global conformational rigidity into a β-hairpin AMP and impact its antimicrobial potency and toxicity against human red blood cells.

To test this hypothesis, we chose a rationally designed 17-residue single disulfide-bridged β-hairpin AMP (**1**) (Fig. 1b) that shows broad spectrum antimicrobial activity with no measurable hemolysis (toxicity).[27] We substituted the native turn

residues -Arg–Gly- in **1** with -D-Ala-NMeArg– (**1a**) and -D-Val-NMeArg- (**1b**) that were shown to adopt a β-II′ turn. These motifs were chosen based on their ability to induce 81% (-D-Ala-NMeArg–) and 92% (-D-Val-NMeArg-) β-hairpin folded fractions within a 12-mer linear peptide in aqueous solution.[24]

First, we assessed the secondary structure of the analogs by CD spectroscopy in aqueous solution. All the disulfide bridged analogs (**1**, **1a**, and **1b**) showed a broad minimum at 213 nm (Fig. 1c), indicative of an antiparallel β-sheet structure.[23] However, the intensity of the CD signal was stronger for the engineered turn analogs **1a** and **1b**. To obtain atomistic details of the impact of different turn motifs on the β-hairpin, we determined the NMR chemical shift indices of the amino acid residues (Fig. S2), and subsequently the solution structures of **1**, **1a**, and **1b** by deducing the interproton distances through 2D NMR followed by a restrained molecular dynamics simulation for 200 ns. Superimposing the five minimum energy conformations (Fig. 1d) revealed substantial flexibility at the native turn in **1**, that decreased on introducing the -D-Ala-NMeArg- in **1a**. A further reduction in flexibility was noted for -D-Val-NMeArg- in **1b**. The adoption of near ideal dihedral angles[28] at the β-II′ turn (Fig. 1e) resulted in improved registry of the antiparallel β-strands (Fig. S3) and conformational rigidity in **1b** compared to that in **1a** and **1**.

Impact of turn rigidity on peptide-membrane interaction and toxicity

To understand how the structural rigidity impacts their association with models of bacterial and mammalian membranes, we evaluated the interaction of these peptides with lipid vesicles (LUVs) mimicking the bacterial (7 : 3 POPE : POPG) and
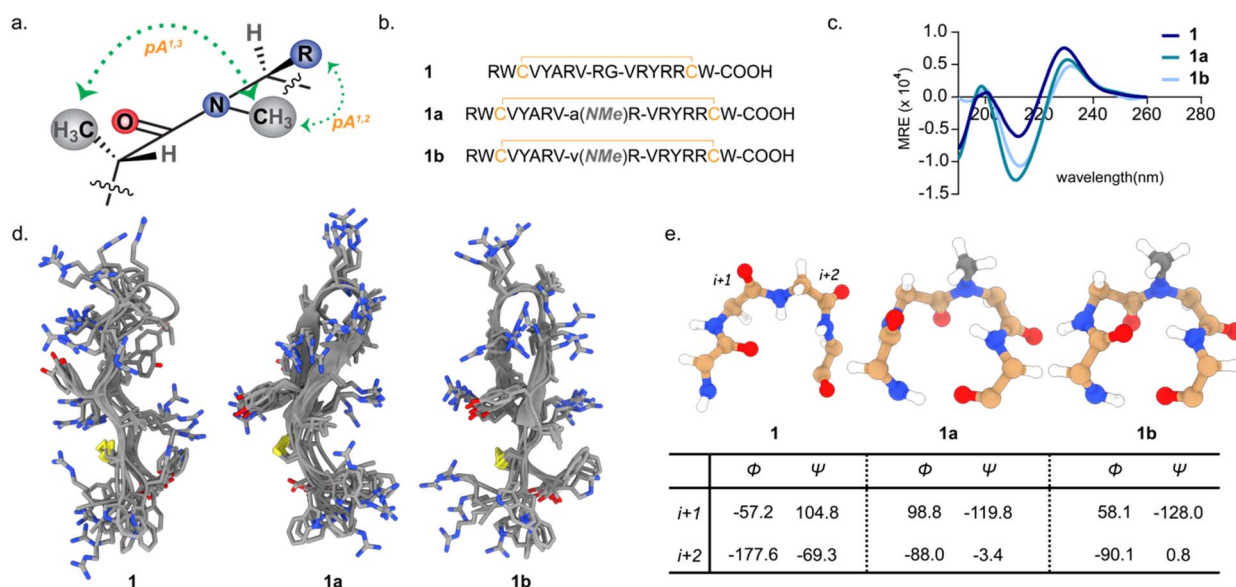

	Φ	Ψ	Φ	Ψ	Φ	Ψ
	1		**1a**		**1b**	
i+1	−57.2	104.8	98.8	−119.8	58.1	−128.0
i+2	−177.6	−69.3	−88.0	−3.4	−90.1	0.8

Fig. 1 (a) Representation of the pseudoallylic strain (pA[1,2] and pA[1,3]) induced by *N*-methylation. (b) Sequences of **1**, **1a** and **1b**. (c) CD spectra of **1**, **1a** and **1b** in water acquired at 100 μM concentration. (d) Overlay of the 5 lowest energy conformations of **1**, **1a** and **1b** derived by deducing the interproton distances through 2D NMR in 9 : 1 H$_2$O : D$_2$O, followed by a restrained molecular dynamics simulation for 200 ns, highlighting the backbone flexibility and the right-handed twist. (e) The β-turns in the average structures of **1**, **1a**, and **1b** with the values of the dihedral angles for *i* + 1 and *i* + 2 residues. The ideal torsion angles for a β-II′ turn are φ: 60°, ψ: −120°; φ: −80°, ψ: 0° for *i* + 1 and *i* + 2, respectively.

mammalian (9 : 1 POPC : cholesterol) cell-membranes by determining the Stern–Volmer coefficients (K_{sv}) through acrylamide quenching of tryptophan fluorescence.[29] The fluorescence of a solvent accessible tryptophan residue can be quenched when in contact with acrylamide. Efficient embedding of a peptide into the vesicle leading to insertion of terminal tryptophan in the lipids prevents the fluorescence quenching of the tryptophan residue, resulting in low K_{sv} values, while poor embedding results in high K_{sv} values. The lower K_{sv} values of the peptides in the presence of LUVs indicate efficient membrane interaction (Fig. S4). With increasing structural rigidity in the order **1** < **1a** < **1b**, we note better binding to bacterial liposomes (Fig. 2a). Curiously, **1** and **1a** show comparable interaction with mammalian liposomes, whereas **1b** with the most rigid conformation embeds very efficiently into the mammalian liposomes (Fig. 2b).

We were intrigued to find that **1b** with the most rigid conformation, showed very high hemolytic activity against human red blood cells, followed by the moderately flexible **1a**; and **1** with a flexible conformation which demonstrated the least toxicity (Fig. 2c). Thus, we note that structural rigidity in the turn increases the global rigidity and positively impacts the membrane interaction of these AMPs, leading to higher toxicity. Therefore, we linearized the peptides to obtain a flexible conformation, by substituting the cysteines with threonines to derive **1c**, **1d**, and **1e** (Fig. 2d). Threonine was chosen to retain a local extended conformation of the β-strands.[30] While **1c** failed to demonstrate a β-hairpin CD signature, the engineered β-turn motifs (**1d** and **1e**) showed a tendency to regain the β-hairpin structure in aqueous solution (Fig. 2e), which was amplified in the presence of SDS-micelles (commonly used as a mimic of the bacterial membrane) (Fig. S5). This was also confirmed by
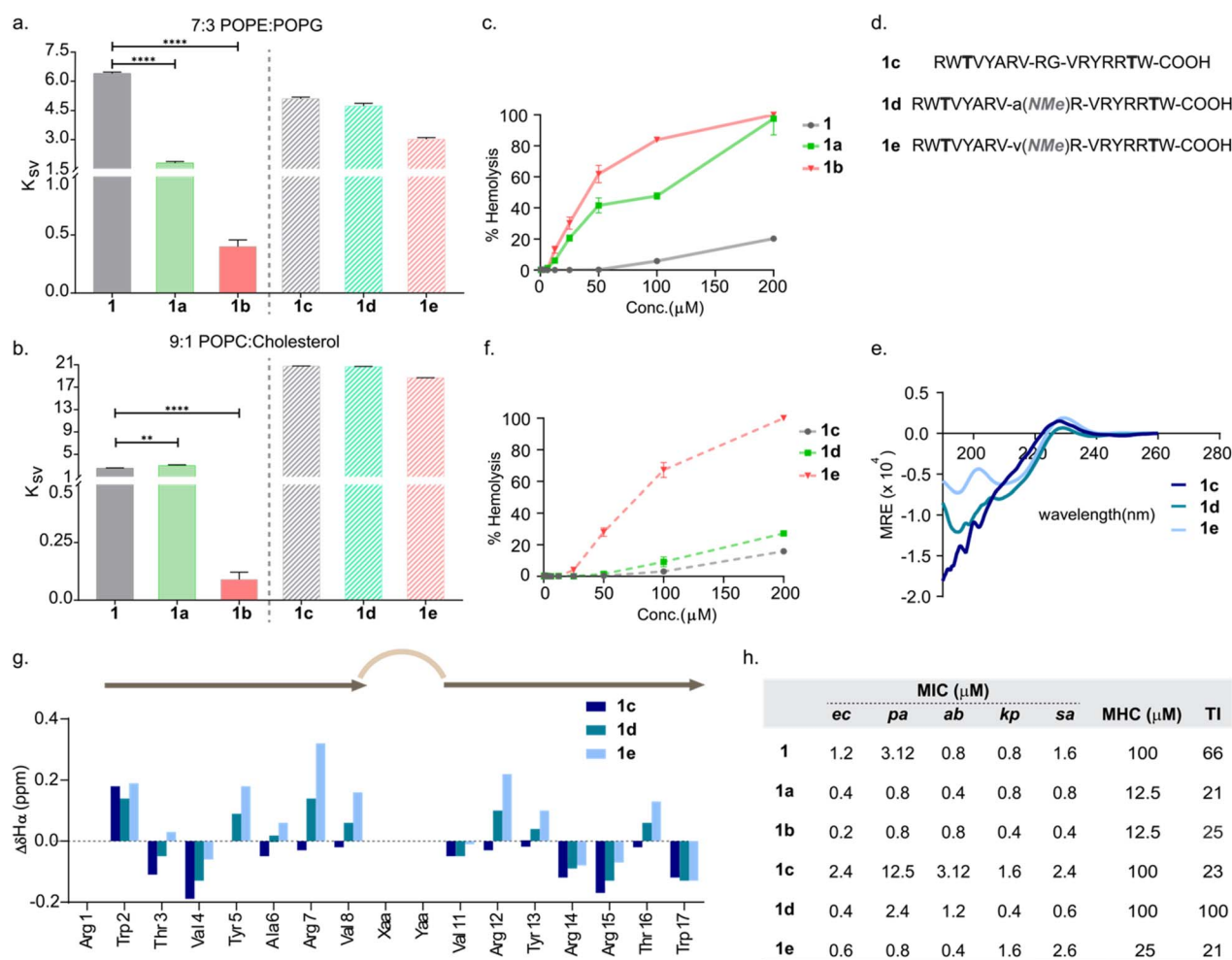

Fig. 2 (a) K_{sv} (Stern−Volmer constant) plots of liposomes mimicking the bacterial membrane (7 : 3 POPE : POPG). The solid bars represent cyclic **1**, **1a** and **1b**, and the hashed line bars represent linear **1c**, **1d** and **1e**. (b) K_{sv} (Stern−Volmer constant) plots of liposomes mimicking the mammalian membrane (9 : 1 POPC : cholesterol). The solid bars represent cyclic **1**, **1a** and **1b**, and the hashed line bars represent linear **1c**, **1d** and **1e**. The one-tailed unpaired t-test was applied for statistical significance ($p = 0.0045(**)$; $p < 0.0001(****)$) derived from three independent experiments. (c) Hemolysis data of the cyclic **1**, **1a** and **1b** against human red blood cells. (d) Sequences of **1c**, **1d**, and **1e**. (e) CD spectra of **1c**, **1d** and **1e** in water at 100 μM concentration. (f) Hemolysis data of the linear variants **1c**, **1d** and **1e** against human red blood cells. (g) Chemical shift index plot of **1c**, **1d** and **1e** derived through 2D NMR in 9 : 1 H_2O : D_2O. (h) Table shows minimum inhibitory concentration ($n = 5$), minimum hemolytic concentration (MHC) ($n = 3$) i.e. ≥10% hemolysis and therapeutic index (TI) = MHC/median MIC; the microorganisms used for the MIC study are *Escherichia coli* (ec), *Pseudomonas aeruginosa* (pa), *Acinetobacter baumannii* (ab), *Klebsiella pneumoniae* (kp), and *Staphylococcus aureus* (sa).

determining the NMR chemical shift indices of the amino acid residues in **1c–1e**, where most residues in **1e** show a positive (albeit weak) $\Delta\delta H\alpha$, indicating an extended conformation found in β-strands (Fig. 2g).

Subsequently, we assessed the interaction of these peptides with lipid vesicles. All the linear variants showed significantly reduced interaction with the mammalian liposomes in comparison to their cyclic counterparts (Fig. 2b). However, the peptides embedded within the bacterial liposomes rather efficiently compared to the mammalian liposomes, as evident from their respective K_{sv} values, which follow the order **1c** < **1d** < **1e**. This suggests that both the conformational rigidity and net charge of the peptide influence their insertion into the bacterial membrane. Thus, **1d** with a flexible conformation showed substantially reduced toxicity than **1a** (Fig. 2f); however, despite poor interaction of **1e** with mammalian lipids, it retained substantial toxicity against human RBCs. This presumably arises from the strong tendency of **1e** to adopt a β-hairpin conformation in aqueous solution (Fig. 2e and g) and on interacting with the mammalian membrane.

To verify this conjecture, we resorted to 1 μs all atom molecular dynamics simulation to investigate the interaction of **1a–1e** with bacterial (7 : 3 POPE : POPG) and mammalian (9 : 1 POPC : cholesterol) membrane models (see Fig. S6 and the supporting text for detailed analysis). Overall, we note a gradual increase in the β-sheet content of **1** (0.05%), **1a** (19.48%), and **1b** (38.46%) in the bacterial membrane, whereas in the mammalian membrane, a sharp increase in the β-sheet content of **1b** (66.94%) is observed over **1a** (9.44%) and **1** (1.51%). This observation correlates with the change in K_{sv} values obtained from the quenching studies (Fig. 2a and b). Remarkably, **1c** and **1d** show very low β-sheet content in sharp contrast to **1e**, which shows a β-sheet content of ∼25% in either membrane (Fig. S7). These results are suggestive of a strong turn-nucleating property of -D-Val-NMeArg-, which ultimately results in toxicity in **1b** and **1e** (Fig. 2c and f).

Next, we evaluated the antimicrobial potency of the peptides against a non-resistant panel of ESKAPE pathogens (Fig. 2h), which indicated that **1a** and **1b** with a rigid conformation showed improved killing compared to the conformationally flexible **1**.[31,32] Likewise, **1c** lacking the conformationally stabilizing disulfide bridge showed the least killing, which showed clear improvement on introducing the turn inducing -D-Ala-NMeArg- (**1d**) and -D-Val-NMeArg- (**1e**). The potent antimicrobial activity and toxicity of **1e** is in support of the simulation data, which indicates a substantially higher β-sheet content of **1e** over **1c** and **1d** in both bacterial and mammalian membranes. Along with the evidence from CD (Fig. 2e) and NMR (Fig. 2g), we think that the conformationally rigid (strong) β-II′ turn induced by -D-Val-NMeArg-, perhaps allows for the nucleation of a β-hairpin conformation in **1e** prior to its interaction with the bacterial and mammalian membrane, leading to its antimicrobial potency and toxicity, respectively. In contrast, **1d** with a moderately rigid β-II′ turn (-D-Ala-NMeArg-) interacts poorly with the mammalian membrane and shows low toxicity against the human RBCs, resulting in a therapeutic index of 100 where the therapeutic index is the ratio that reflects the extent to which the inhibitory dose of an AMP is non-toxic to the host red blood cells.

Versatility of the design strategy and generation of proteolytically stable variants

Next, we wondered if removal of the conformation stabilizing disulfide bonds and introduction of the β-II′ turn would lead to lower toxicity, yet retain the antimicrobial potency of naturally occurring β-hairpin AMPs, protegrin-1 (**2**), polyphemusin-1 (**3**), and tachyplesin-1 (**4**) (Fig. 3a).[16,33,34] To test the correlation between turn rigidification and toxicity onto the double-disulfide bridged backbone of **2**, **3**, and **4**, we introduced -D-Ala-NMeArg- (**2a**, **3a**, and **4a**) and -D-Val-NMeArg- (**2b**, **3b**, and **4b**) (Table 1). Gratifyingly, both the turns increased the toxicity of the parent AMP, with the strong turn -D-Val-NMeArg- having a greater impact on the hemolysis (Fig. S10b). Subsequently, we synthesized the linear variant of these AMPs (**2c**, **3c**, and **4c**) (Fig. 3a), which showed significantly reduced toxicity (Fig. S10c). Notably, the moderately rigid β-II′ turn (-D-Ala-NMeArg-) (**2d**, **3d**, and **4d**) as opposed to the strong β-II′ turn (-D-Val-NMeArg-) (**2e**, **3e**, and **4e**) (Fig. 3a) was successful in retaining the low toxicity of these linear AMPs (Fig. 3b). Gratifyingly, the antimicrobial potency of **2d**, **3d**, and **4d** was substantially better than that of the linear variants (**2c**, **3c**, and **4c**) containing the native but weak β-turn motifs (Fig. 3c).

As we were keen to demonstrate the efficacy on the designed AMPs in an animal model of infection, we assessed the proteolytic stability of **1d** and **3d** against trypsin and chymotrypsin that show differing substrate specificity. Unfortunately, the disulfide-bridged parent peptides (**1** and **3**) and the linear engineered variants (**1d** and **3d**) show proteolytic degradation within 5 minutes of incubation with the protease (Fig. 4a and S11). Therefore, to obtain protease-resistant peptides, we obtained the enantiomers of **1d–4d** by inverting the chirality of the amino acid residues (Fig. S1). The enantiomeric peptides (**1f–4f**) showed an inversion of the CD signal, indicating the adoption of a mirror image structure (Fig. 4b and S12).[35,36] Consequently, **1f** and **3f** showed complete resistance against degradation by the proteases (Fig. 4a and S13). Subsequently, we assessed if the chirality inversion negatively impacted the antimicrobial potency of the mirror image variants against the ESKAPE pathogens (Fig. 4c). Gratifyingly, **1f–4f** showed MIC values within a close range of 0.4 to 3 μM, where the inhibitory potency of **4f** was comparable to the latest standard of care antibiotics polymyxin B and vancomycin against the Gram-negative and Gram-positive bacteria, respectively.[37,38] Thus, with a therapeutic index of 45, for adoption of a hairpin structure in *E. coli* LPS micelles and in SDS micelles (Fig. S14), and total protection against proteolysis (Fig. S15), we chose **4f** for further development as a therapeutic lead.

Mode of action of 4f

To evaluate the mechanism of action of **4f** on the microbes, we performed the time-kill kinetics assay that reports the onset of action and the bactericidal activity of the AMP (Fig. 4d).[39] We used 0.5× to 5× MIC values to estimate the killing of *A.*
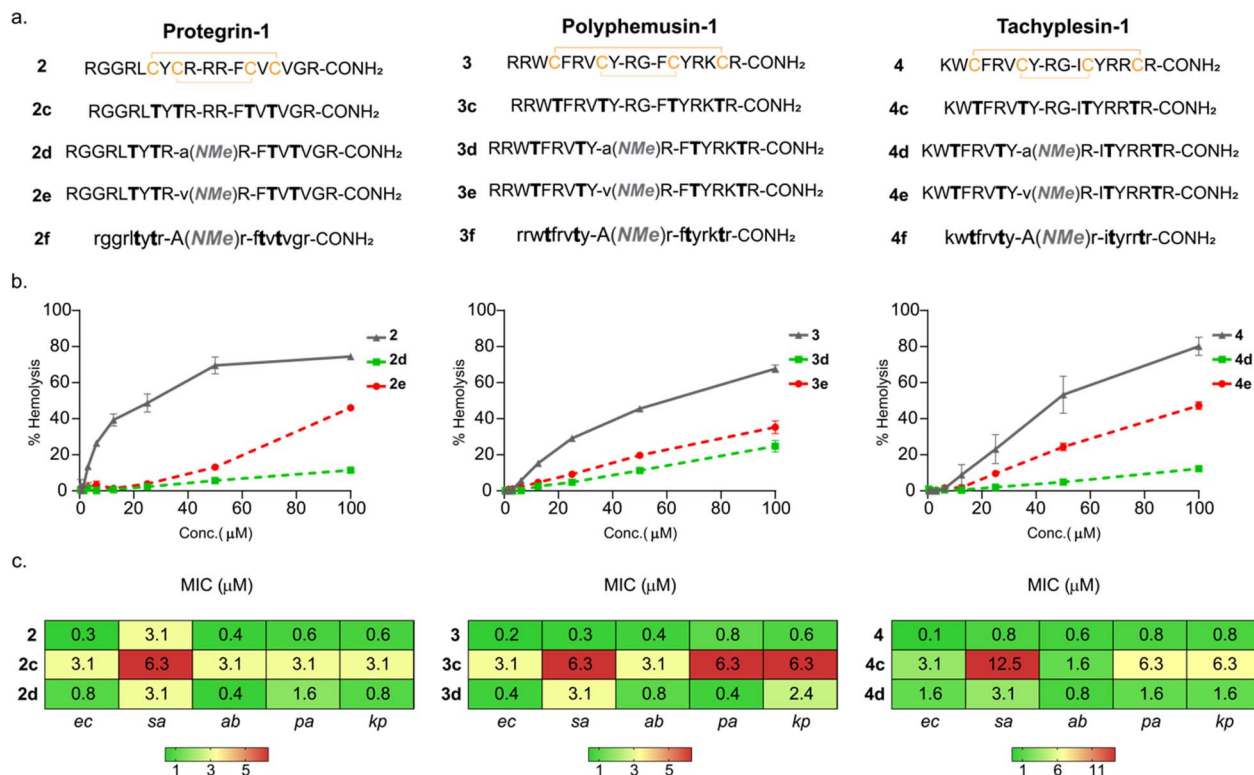
Fig. 3 (a) Sequences of protegrin-1(2), polyphemusin-1(3) and tachyplesin-1(4) and their linear variants. The lower-case alphabets denote D-amino acids and (NMe) denotes N-methylation. (b) Hemolysis data ($n = 3$) of protegrin-1, polyphemusin-1 and tachyplesin-1 variants against human red blood cells. (c) Table below shows the minimum inhibitory concentration ($n = 5$) of protegrin-1, polyphemusin-1 and tachyplesin-1 variants. The microorganisms used for the MIC study are *Escherichia coli* (ec), *Staphylococcus aureus* (sa), *Acinetobacter baumannii* (ab), *Pseudomonas aeruginosa* (pa), and *Klebsiella pneumoniae* (kp).

baumannii and *S. aureus*, representing the Gram-negative and Gram-positive pathogens, respectively. *A. baumannii* showed higher susceptibility to **4f** as 5× MIC led to rapid killing within 15 minutes, whereas 5× MIC led to a slower killing of *S. aureus*. Such instantaneous killing by **4f** indicates a membranolytic action, as observed for most AMPs.[40,41] Thus, we examined the uptake of propidium iodide (PI), which can only pass through a damaged membrane following the treatment with varying concentrations of **4f**. A dose-dependent enhancement in PI uptake within the entire bacterial population was observed by FACS in *A. baumannii* and *S. aureus* within 10 minutes of treatment with **4f** (Fig. S16a), directly demonstrating membrane damage. Subsequently, we examined the consequence of membrane damage to the morphology of the bacteria through SEM following treatment with 5× MIC for 30 minutes (Fig. 4e and S16b). The micrographs showed that within 30 minutes, almost all *A. baumannii* cells showed complete membrane rupture, while in *S. aureus*, cellular debris was noted within a significant proportion of the population, corroborating the data obtained from the time-kill kinetics, thus suggesting membrane damage as the major mode of bacterial killing by **4f**.

Next, the membrane binding property of **4f** was analyzed using ITC (Fig. 4f and S17). For this, *E.coli* LPS micelles were taken as a bacterial membrane surrogate, and we titrated both **4** and **4f** against the LPS. The thermograms show exothermic

interaction of both **4** and **4f** to the LPS. Even though saturation was reached after 20 injections, a minor heat fluctuation after the 4th injection suggests both primary and secondary interaction with the LPS micelles.[42] The primary interaction shows a stronger affinity (K_D in nM) than the secondary interaction (K_D in μM), wherein the stoichiometry for both interactions is 1 : 1 peptide:LPS. Interestingly, despite the absence of disulfide bonds and inversed chirality, **4f** shows comparable binding affinity to its structurally rigid β-hairpin parent congener, tachyplesin-1 (**4**). This further emphasizes the adoption of a comparable bioactive conformation in **4** and **4f**, resulting in their equipotent activity against the ESKAPE pathogens (Fig. S18).

Drug-resistance of **4f** and its efficacy against MDR clinical isolates: bacterial pathogens are known to develop rapid resistance against conventional antibiotics.[43] Thus, we assessed the risk of resistance development under repeated stress of **4f** by propagating six independent populations of clinically relevant ESKAPE pathogens: *A. baumannii*, *P. aeruginosa*, and *S. aureus* with increasing concentrations of **4f** for 20 generations (Fig. 5a–c).[44] Polymyxin B and vancomycin were used as positive controls. Remarkably, *A. baumannii* and *P. aeruginosa* failed to develop resistance against **4f** in all 6 populations. In contrast, resistance to polymyxin B increased significantly, with median MIC increasing >150-folds for *A. baumannii* and *P. aeruginosa*

Table 1 List of designed peptides with their sequences. The minimum inhibitory concentrations ($n = 5$) are determined against *E. coli*, and the minimum hemolytic concentrations (MHC) ($n = 3$) *i.e.* ≥10% hemolysis are determined against human RBCs. Lower case denotes D-amino acid; NMe denotes *N*-methylation

Name	Peptide sequence	MIC90 (µM)	MHC10 (µM)
1	RWCVYARV-RG-VRYRRCW-COOH	1.2	100
1a	RWCVYARV-a(*NMe*)R-VRYRRCW-COOH	0.4	12.5
1b	RWCVYARV-v(*NMe*)R-VRYRRCW-COOH	0.2	12.5
1c	RWTVYARV-RG-VRYRRTW-COOH	2.4	100
1d	RWTVYARV-a(*NMe*)R-VRYRRTW-COOH	0.4	100
1e	RWTVYARV-v(*NMe*)R-VRYRRTW-COOH	0.6	25
1f	rwtvyarv-A(*NMe*)r-vryrrtw-COOH	0.4	100
2	RGGRLCYCR-RR-FCVCVGR-CONH2	0.3	3.12
2a	RGGRLCYCR-a(*NMe*)R-FCVCVGR-CONH2	0.5	3.12
2b	RGGRLCYCR-v(*NMe*)R-FCVCVGR-CONH2	0.4	3.12
2c	RGGRLTYTR-RR-FTVTVGR-CONH2	1	>200
2d	RGGRLTYTR-a(*NMe*)R-FTVTVGR-CONH2	0.4	100
2e	RGGRLTYTR-v(*NMe*)R-FTVTVGR-CONH2	0.3	50
2f	rggrltytr-A(*NMe*)r-ftvtvgr-CONH2	0.4	>200
3	RRWCFRVCY-RG-FCYRKCR-CONH2	0.2	12.5
3a	RRWCFRVCY-a(*NMe*)R-FCYRKCR-CONH2	0.7	12.5
3b	RRWCFRVCY-v(*NMe*)R-FCYRKCR-CONH2	0.9	6.25
3c	RRWTFRVTY-RG-FTYRKTR-CONH2	1.9	100
3d	RRWTFRVTY-a(*NMe*)R-FTYRKTR-CONH2	0.4	50
3e	RRWTFRVTY-v(*NMe*)R-FTYRKTR-CONH2	1.1	50
3f	rrwtfrvty-A(*NMe*)r-ftyrktr-CONH2	0.4	100
4	KWCFRVCY-RG-ICYRRCR-CONH2	0.1	25
4a	KWCFRVCY-a(*NMe*)R-ICYRRCR-CONH2	0.3	12.5
4b	KWCFRVCY-v(*NMe*)R-ICYRRCR-CONH2	0.2	12.5
4c	KWTFRVTY-RG-ITYRRTR-CONH2	2.2	100
4d	KWTFRVTY-a(*NMe*)R-ITYRRTR-CONH2	0.4	100
4e	KWTFRVTY-v(*NMe*)R-ITYRRTR-CONH2	0.2	50
4f	kwtfrvty-A(*NMe*)r-ityrrtr-CONH2	0.4	50

(Fig. 5d). Despite the challenges associated with the resistance evolution in *S. aureus* against vancomycin in the laboratory,[37] we could evolve vancomycin-intermediate *S. aureus* (VISA) strains (Fig. 5c), whereas the bacteria was slow to develop resistance against **4f** (Fig. 5d). Surprisingly, the induced polymyxin B-resistant *A. baumannii* and *P. aeruginosa* showed no cross-resistance to **4f** (MIC 1.6 µM against *A. baumannii* and 2.4 µM against *P. aeruginosa*).

The bacterial population is known to develop AMP resistance by altering their LPS structure, resulting in reduced net negative surface charge.[45,46] Therefore, we verified that repeated exposure

to **4f** did not alter the net negative charge of the lab-evolved resistant strains, leading to its retained potency after 20 generations (Fig. S19). Furthermore, we employed the laboratory-evolved polymyxin B and vancomycin-resistant strains in a checkerboard assay to determine potential synergies between these drugs and **4f**, which revealed no synergistic or additive effects (Fig. S20).

Encouraged by these findings, we extended our investigation to the Multi Drug Resistant (MDR) clinical isolates of ESKAPE pathogens. We evaluated **4f** against 24 such strains alongside two reference antibiotic drugs per strain. To our delight, **4f**
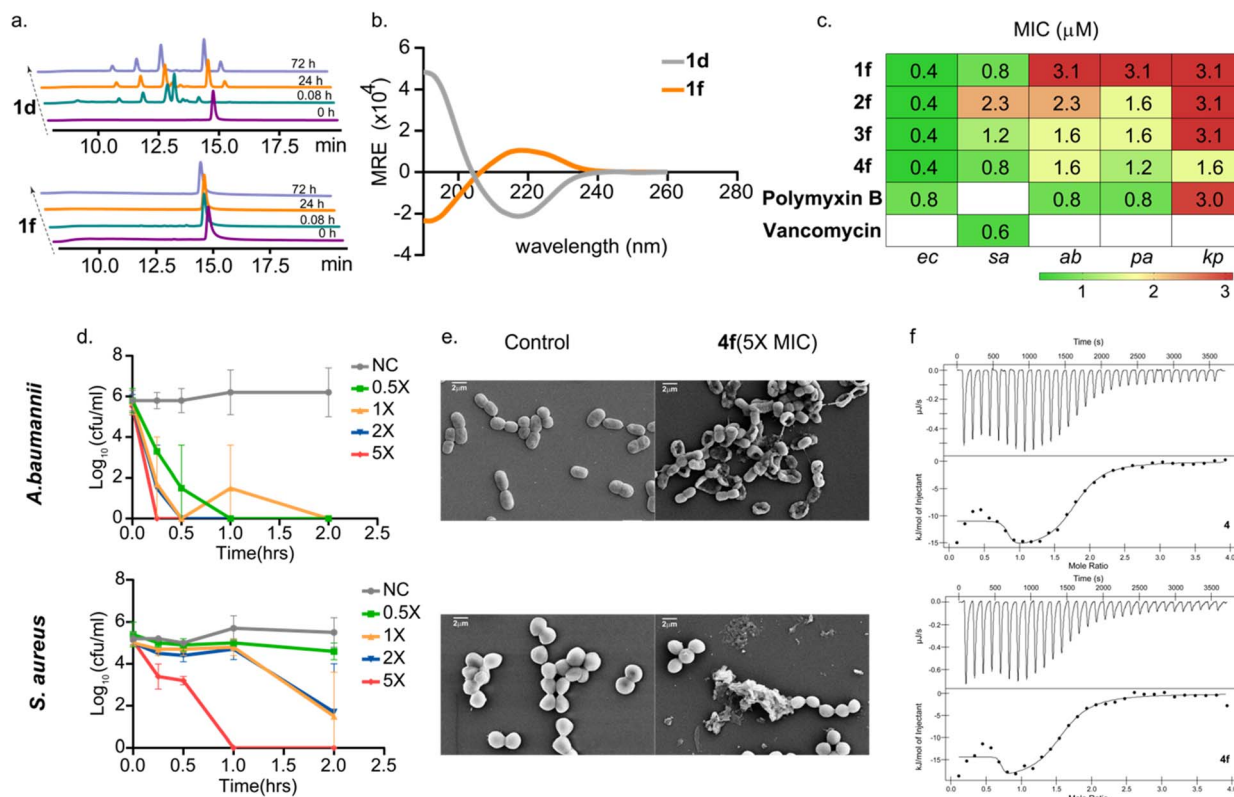
Fig. 4 (a) HPLC chromatogram of **1d** and **1f** subjected to trypsin digestion from 0 h (bottom) to 72 h (up). (b) CD data of **1d** and **1f** at 25 μM concentration in 10 mM SDS micelles. (c) Table showing MIC values in μM against *Escherichia coli* (ec), *Pseudomonas aeruginosa* (pa), *Acinetobacter baummannii* (ab), *Klebsiella pneumoniae* (kp) and *Staphylococcus aureus* (sa). (d) Time kill-kinetics of bacterial cells exposed to 0.5-, 1-, 2- and 5-times the MIC of **4f** for 2.5 h. (e) SEM images after exposure to 5-times the MIC of **4f** against *Acinetobacter baummannii* (Gram-negative) and *Staphylococcus aureus* (Gram-positive) for 30 min. (f) ITC thermogram and its fitted titration curve of **4** and **4f** with *E. coli* 0111: B4 LPS micelles.

outperformed the reference antibiotics in most cases, exhibiting MICs ranging from 0.8 to 3.5 μM (Fig. 5e). Since the WHO recognizes *A. baumannii* and *S. aureus* amongst the high-priority critical pathogens, we further identified additional 19 *A. baumannii* and 12 *S. aureus* clinical strains with a drug resistance profile. **4f** showed high potency against all the MDR clinical isolates tested, with MICs ranging from 0.5 to 4 μM and 0.25 to 2 μM against *A. baumannii* and *S. aureus*, respectively (Fig. S21). Thus, we note a greater damage to drug-resistant Gram-positive organisms than to Gram-negative ones, emphasizing the challenge associated with developing therapy against Gram-negative organisms.

In vivo efficacy of 4f

To evaluate the *in vivo* efficacy of **4f**, we first determined its toxicity against human peripheral blood mononuclear cells (PBMCs), since peripheral blood is where exposure to drugs occur.[47] PBMCs extracted from the blood of 12 healthy donors were treated with 10×, 20×, and 40× MIC of **4f**. We observed a comparable toxicity profile of **4f** (median viability ~85%) and polymyxin B (Fig. 5f). To select an optimal dose for the efficacy studies, we initially performed the acute toxicity assessment at three different doses of **4f**, administered intraperitoneally (Fig. S22).[48] There were no signs of toxicity of **4f** at 10 mg kg^{-1};

however, at 20 mg kg^{-1}, mild symptoms such as wrinkled skin and loss in body weight were observed at 48 h. Nevertheless, weight gain at 60 h through 72 h suggests a transient toxicity of this dose. Visible signs of toxicity such as wrinkled skin, poor motility, and loss in body weight were noted at 40 mg kg^{-1}. Nonetheless, none of the doses led to mortality in any of the treatment groups. These results encouraged us to choose 20 mg kg^{-1} for *in vivo* efficacy study.

We then established a peritoneally induced mice infection model using (1×10^9 CFU mL^{-1}) MDR *A. baumannii*.[49] After 2 h of infection, 20 mg kg^{-1} of **4f** was administered intraperitoneally to the treatment group. Animals were monitored closely and sacrificed at 8 h post-treatment.[50] To obtain the bacterial load, lungs, spleen, and peritoneal fluid were harvested from each group (Fig. 5g and S23). Remarkably, peritoneal fluid from the **4f** treated group showed a median bacterial load of 3×10^4 CFU mL^{-1}, which is 4.3 log reduction compared to that of the untreated control (6.3×10^8 CFU mL^{-1}), clearly demonstrating the efficacy of **4f** in killing the pathogen *in vivo*.[51] However, the spleen and lungs from the treatment group showed a 1.64 and 1.34 log reduction in bacterial load compared to the untreated control, respectively. Subsequently, we monitored the survivability of the animals for 24 h post-**4f** treatment (Fig. S24). It was observed that all 8 animals in the treatment group were healthy
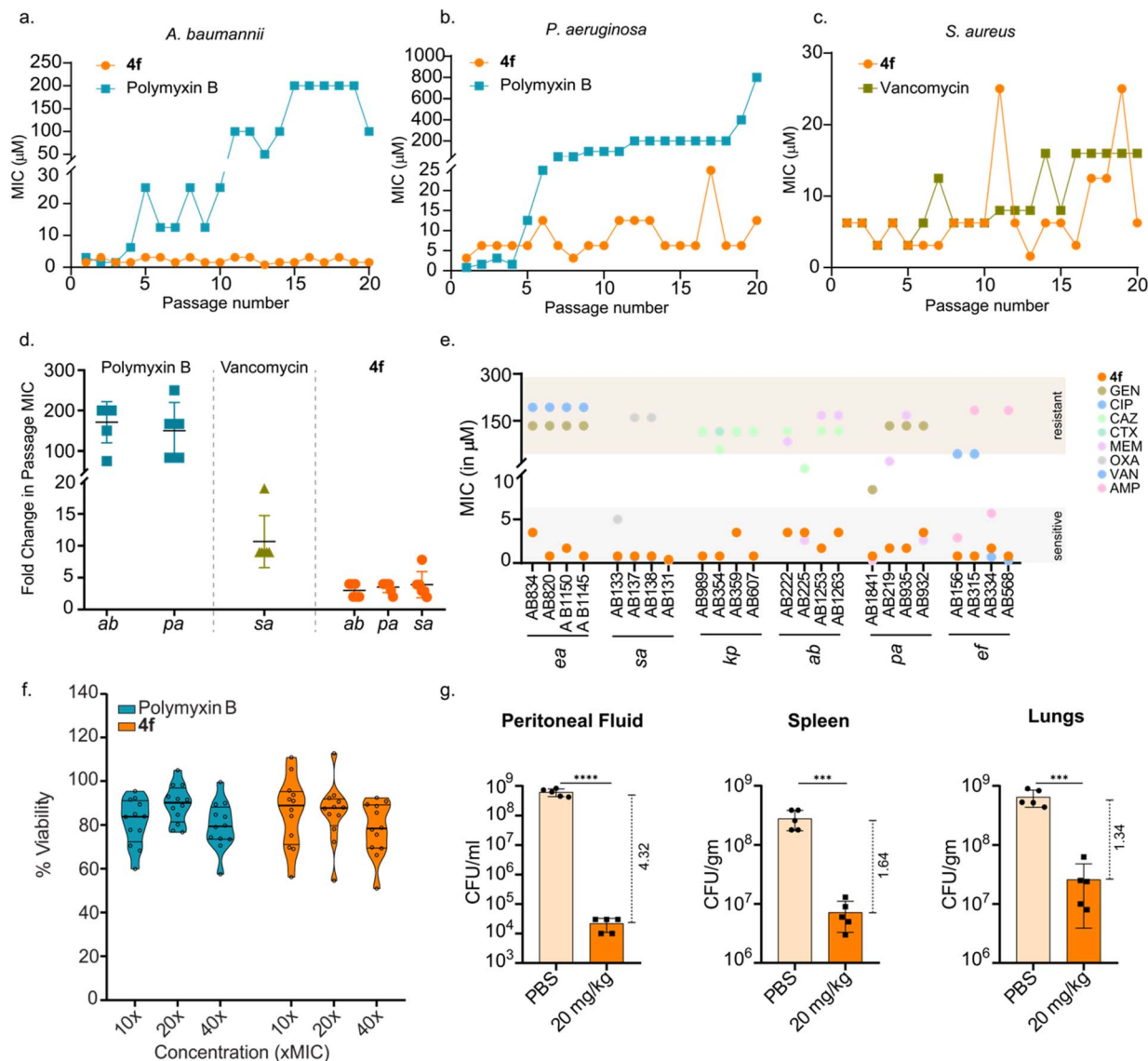
Fig. 5   Laboratory-evolved resistance data of (a) *Acinetobacter baummannii* (ab) and (b) *Pseudomonas aeruginosa* (pa) against polymyxin b and **4f**, and (c) *Staphylococcus aureus* (sa) against vancomycin and **4f** propagated for 20 generations. (d) Fold change in MIC of six independent populations of laboratory-evolved resistant strains of *Acinetobacter baumannii* (ab), *Pseudomonas aeruginosa* (pa) and *Staphylococcus aureus* (sa) over 20 passages. MICs of the 0th and 20th passages were measured and presented as fold-change from the 0th passage. (e) MIC data of **4f** and antibiotics (GEN-gentamicin, CIP-ciprofloxacin, CAZ-ceftazidime, CTX-ceftriaxone, MEM-meropenem, OXA-oxacillin, VAN-vancomycin, and AMP-ampicillin) against multidrug resistant strains of *Enterobacter aerogenes* (ea), *Staphylococcus aureus* (sa), *Klebsiella pneumoniae* (kp), *Acinetobacter baummannii* (ab), *Pseudomonas aeruginosa* (pa) and *Enterococcus faecium* (ef). (f) PBMC viability experiment ($n = 12$), where the PBMCs were treated with increasing concentrations of the peptide. (g) Data showing bacterial load in terms of colony-forming units (CFU) per mL for peritoneal fluid and CFU per gm for spleen and lungs. Statistical significance was determined using an unpaired t-test with $p < 0.0001$ for peritoneal fluid and $p < 0.001$ for both spleen and lungs ($n = 5$). Log reduction in CFU is indicated by dashed vertical lines next to each plot.

and motile, whereas only 1 out of 8 mice survived in the untreated group. Hence, these *in vivo* experiments show that 20 mg kg^{-1} of **4f** can significantly reduce bacterial load within 8 h of treatment and successfully alleviate the infection.

Conclusion

Our investigation highlights the crucial role of β-turns in introducing structural rigidity into disulfide bridged and linear AMPs. Sulfur atoms in proteins are substantially more buried

(86%) as opposed to neutral oxygen atoms (40%), suggesting higher atomic lipophilicity of disulfide bonds,[52] which can potentially promote better interaction with bacterial and mammalian lipids. Thus, we substituted the cysteines with threonine residues to bring about increased microenvironment polarity as well as compatibility with the extended conformation of the β-hairpin AMPs. We note that AMPs devoid of disulfide bonds but harboring a strong-turn -D-Val-NMeArg-, display potent toxicity against human red blood cells by inducing a β-hairpin conformation of the peptide on interacting

with the mammalian membrane. In contrast, the native turns in naturally occurring β-hairpin AMPs fail to induce a rigid conformation in the absence of disulfide bonds and thus are devoid of toxicity. Therefore, introduction of a moderately rigid β-turn -D-Ala-NMeArg-, due to its inefficiency in nucleating a β-hairpin conformation on the mammalian membrane achieves greater selectivity in binding to the bacterial membrane. The selectivity stems from the strong binding of the AMP to the POPE and POPG on the bacterial membrane. Thus, we note that greater structural rigidity leads to lower selectivity of AMPs in targeting bacterial over mammalian membranes. Furthermore, the retained membrane binding, potency, and low toxicity of the metabolically stable mirror-image (enantiomer) analogs highlight the critical role of the global shape of these AMPs as opposed to individual amino acid residues in achieving these-lectivity in killing the pathogens.

Our lead molecule, **4f** shows *in vivo* efficacy in killing drug-resistant *A. baumannii*; nonetheless, we note a substantial difference in the bacterial load reduction at the site of administration (peritoneal fluid) v/s the internal organs: spleen and lungs. This suggests the inefficient transport of **4f** from the peritoneal cavity into the systemic circulation. Furthermore, we observed very high plasma protein binding of **4f** through the rapid equilibrium dialysis assay (Fig. S25) that precluded the accurate estimation of plasma concentration of **4f** to determine the pharmacokinetic parameters. Both these factors presumably arise from the strong binding of the guanidinium group of arginine in **4f** to the negatively charged biomolecules like proteoglycan and phospholipids on the mesothelial cell surface lining the peritoneal cavity and the negatively charged serum albumin, which is the most abundant protein in the blood.[53,54] Therefore, further work is needed, with special emphasis on the arginine residues in **4f**, to improve its *in vivo* efficacy. In conclusion, we present a viable approach to develop potent antimicrobial peptides with low toxicity through minimal modifications of the constituent amino acid residues of naturally occurring β-hairpin AMPs that have been evolutionarily selected.

Author contributions

P. L., S. P., and J. C. collaborated on all aspects of the project design and conception. P. L. and S. P. synthesized, characterized the peptides and performed NMR studies, acrylamide quenching studies, CD spectroscopy, MIC, hemolysis, and animal infection experiments along with assistance from R. S. R. PBMC assay, MIC assays with MDR strains, and animal toxicity experiments were performed by M. S. under guidance from R. P. Simulation studies were performed by M. A. under guidance of G. R. V. S. M. A. and P. B. assisted with the MIC experiments and preparation of liposomes for quenching studies. A. A. assisted with the FACS experiment. A. K. B. assisted with the SEM experiments. S. A. M. performed the ITC experiment under the guidance of A. B. The manuscript was written by P. L., S. P., and J. C. with contribution from all authors.

Conflicts of interest

The authors declare no conflict of interest.

Data availability

Data for this article, including synthetic and experimental procedures, HPLC traces, mass spectra, and CD and NMR spectroscopic data for characterization of the conformation and structure, simulation methods and results, NOE lists and other supporting experiments have been included in the supplementary information (SI) and are available free of charge on the publisher's website for this article. Supplementary information is available. See DOI: https://doi.org/10.1039/d5sc06810j.

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