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LC-MS-based metabolomic characterization of *Tinospora crispa* extracts: impact of solvent selection on phytochemical composition and antioxidant properties

Nattha Muangritdech, [ID] [a] Piya Prajumwongs, [a] Nisana Namwat, [ID] [ab]
Poramate Klanrit, [ab] Arporn Wangwiwatsin, [ab] Hasaya Dokduang, [ID] [d] Sirinya Sitthirak, [e]
Attapol Titapun [ac] and Watcharin Loilome *[ab]

The medicinal plant *Tinospora crispa* (*T. crispa*) contains a wide array of bioactive compounds known for their antidiabetic, antioxidant, and anticancer properties. This study aimed to evaluate the effect of various solvents on the efficiency of metabolite extraction, and to assess the antioxidant activity of the respective extracts. *T. crispa* was extracted using ethanol, ethyl acetate, and water *via* maceration. Antioxidant capacity was measured using total phenolic content (TPC), 2,2-diphenyl-1-picrylhydrazyl assay (DPPH), and ferric reducing antioxidant power assay (FRAP). Metabolite profiling was analyzed using liquid chromatography-tandem mass spectrometry (LC-MS/MS), and correlation analysis was performed between metabolite profiles and antioxidant parameters to identify potential antioxidant-related compounds. Metabolomic analysis revealed distinct chemical compositions across the three solvent extracts. The ethanol extract demonstrated the highest antioxidant activity in DPPH and FRAP assays, while the ethyl acetate extract exhibited the greatest TPC value. A total of 20 metabolites showed moderate to strong positive correlations ($r \geq 0.4$) with three antioxidant capacity assays, indicating their potential contribution to antioxidant properties. These metabolites were predominantly flavonoids, alkaloids, and other plant-derived secondary metabolites. Overall, ethanol was the most efficient solvent for extracting bioactive compounds related to antioxidant activity. This study highlights the critical role of solvent selection in optimizing extraction protocols for medicinal plants and underscores the potential of *T. crispa* as a natural antioxidant source. Furthermore, the combined use of LC-MS/MS-based metabolomics and correlation analysis provides a powerful approach for identifying bioactive metabolites, suggesting promising directions for future pharmacological research and therapeutic applications.

1 Introduction

Tinospora crispa (*T. crispa*), a medicinal plant widely distributed across Southeast Asia, has been extensively utilized in traditional medicine for its therapeutic properties.[1] Traditionally, the stems of *T. crispa* have been prepared as decoctions or infusions and used in Southeast Asian folk medicine to reduce fever, alleviate inflammation, regulate metabolism, and support liver health. These ethnopharmacological applications underscore its

longstanding role in traditional healing practices and provide a foundation for its modern pharmacological investigations.[2,3] Renowned for its efficacy in treating a variety of health conditions, including hypertension, type 2 diabetes mellitus, inflammation, and microbial infections,[3–5] this plant derives its pharmacological potential from its rich profile of bioactive compounds. These compounds, which include flavonoids, phenolics, alkaloids, glycosides, diterpenoids, triterpenoids compounds,[2,6,7] collectively contribute to its diverse biological activities. Among these, specific metabolites belonging to groups such as glycosides and alkaloids have been reported to play pivotal roles in its antidiabetic, anti-inflammatory, and antioxidant effects. For instance, certain glycosides have been shown to enhance glucose uptake in insulin-resistant cells,[8] whereas alkaloids have exhibited beneficial antioxidant properties by diminishing pro-inflammatory cytokines in animal models. *T. crispa* extracts have demonstrated free radical scavenging activity, thereby reducing oxidative stress in cellular models.[2] Animal

[a]Cholangiocarcinoma Research Institute, Khon Kaen University, Khon Kaen 40002, Thailand. E-mail: nattha.m@kkumail.com; watclo@kku.ac.th

[b]Department of Systems Biosciences and Computational Medicine, Faculty of Medicine, Khon Kaen University, Khon Kaen 40002, Thailand

[c]Department of Surgery, Faculty of Medicine, Khon Kaen University, Khon Kaen 40002, Thailand

[d]Faculty of Medicine, Mahasarakham University, Mahasarakham 44000, Thailand

[e]Department of Medical Technology, School of Allied Health Sciences, Walailak University, Nakhon Si Thammarat 80161, Thailand

studies show that *T. crispa* extracts protect against oxidative stress and mitigate liver and kidney damage in diabetic rats.[5,9,10] Beyond its antidiabetic and antioxidant effects, *T. crispa* exhibits anti-cancer potential, with bioactive compounds modulating oxidative stress pathways such as Nrf2/ARE and alkaloids enhancing chemosensitivity in drug-resistant cancer cells by inhibiting multidrug resistance-related transport proteins.[11,12] These results suggest that *T. crispa* may act as an adjuvant in cancer therapy, which may improve the effectiveness of chemotherapy against resistant cancer cells.

The extraction of bioactive compounds from *T. crispa* is strongly influenced by solvent polarity, as solvents selectively dissolve specific classes of phytochemicals. Along the polarity gradient, non-polar solvents (*e.g.*, hexane) primarily extract lipophilic compounds such as fats, waxes, and some terpenes; semi-polar solvents (*e.g.*, ethanol and ethyl acetate) target moderately polar compounds including certain terpenoids, flavonoid aglycones, and low-molecular-weight phenolics; and polar solvents (and water) solubilize a broad range of bioactive compounds.[13–16] Ethanol is particularly effective for poly-phenols, tannins, and alkaloids, whereas water is optimal for hydrophilic compounds such as glycosides, polysaccharides, and organic acids.[17] Thus, solvent selection is critical for isolating pharmacologically active constituents.

Advanced techniques such as LC-MS/MS enable precise identification and quantification of *T. crispa* bioactive compounds, offering high sensitivity, specificity, and suitability for complex mixtures. This approach not only compares solvent extraction efficiency but also links chemical profiles to pharmacological activities, guiding standardized extraction methods and ensuring consistent therapeutic efficacy. Therefore, our study aims to investigate the influence of ethyl acetate, ethanol, and water on the extraction efficiency of *T. crispa* bioactive compounds. Antioxidant activity was evaluated for all extracts and LC-MS/MS was used to identify and quantify their constituents. Extracts with the highest antioxidant potential were further analyzed to correlate metabolic profiles with anti-oxidant activity, aiming to identify metabolites responsible for the observed biological effects.

2 Materials and methods

2.1 Sample collection, chemical and reagents

A powdered sample of *T. crispa* was obtained from local herbal stores located in Pathum Thani Province, Thailand (approximate coordinates: lat. 14.02° N, long. 100.53° E) during August 2024. The collection sites were documented to ensure reproducibility and traceability. The extraction solvents including ethanol (purity 99.7%) and ethyl acetate (purity 99%) were purchased from Carlo Erba Reagents Co., Ltd, Barcelona, Spain. Dimethylsulfoxide (DMSO) was purchased from Sigma-Aldrich (St. Louis, MO, USA).

2.2 Preparation of crude extract from *T. crispa* powder

The extraction of bioactive compounds from dried *T. crispa* powder was carried out using the maceration method. The dried *T. crispa* powder was extracted with a solvent at a ratio of 1 : 4 (w/ v). Specifically, a 50 g amount of *T. crispa* powder was mixed with 200 mL of solvent (ethyl acetate, ethanol, and water). The mixtures were agitated using an incubator shaker at room temperature, operating at 100 rpm for 6 h per day over 7 consecutive days, protected from light. After that the extracts were filtered to remove the particulate matter using Whatman® No. 4 filter paper. For ethanol and ethyl acetate extract fraction, the filtrates were then evaporated to remove the solvent using a rotary evaporator at 40 °C. and further dried using a rotary evaporator vacuum pump (Rotavapor® R-100 Rotary Evaporator, Buchi, Switzerland) until fully dry. For the water extract fraction, the filtrate was frozen at −80 °C and lyophilized by a freeze dryer (Labconco/FreeZone 4.5, Labconco Corporation, USA). The crude extracts obtained were stored at −20 °C until used.

2.3 Metabolite analysis by LC-MS/MS

2.3.1 Sample preparation for LC-MS/MS. Approximately 20 mg of each dried *T. crispa* crude extracts were dissolved in 1 mL of solvent (water, 70% methanol or 100% methanol for water, ethanol and ethyl acetate extracts, respectively) to yield 5 mg mL^{-1} solutions. Each sample was spiked with 25 ng mL^{-1} of sulfa mix internal standard (Agilent Technologies, Part No. 5190-0580). To generate a pooled quality control (QC) sample, 30 μL of each extract was combined. The pooled QC sample was serially diluted (0%, 1%, 10%, 20%, 50% and 80%) to assess background and artifact features.[18] Samples were centrifuged at 14 000 rpm for 10 min, and the supernatant was transferred to a polypropylene vial for liquid chromatography tandem mass spectrometry (LC-MS/MS) analysis.

2.3.2 LC-MS/MS acquisition. Crude samples were analyzed using an Agilent 1290 Infinity II LC system (Agilent Technologies, Santa Clara, CA, USA) coupled with an Agilent 6545XT Q-TOF mass spectrometer, based on a previously described method,[19] with slight modification. Chromatographic separation was performed on an InfinityLab Poroshell 120 EC-C18 column (2.1 × 100 mm, 2.7 μm) maintained at 60 °C. The injection volume was 10 μL. The mobile phases consisted of (A) 0.1% formic acid in water and (B) 0.1% formic acid in acetonitrile. The LC gradient was set as follows: at 0.0–0.5 min (B: 0%), 0.5–10.5 min (B: 0–55%), 10.5–12.5 min (B: 55–75%), 12.5–14.0 min (B: 75–100%), 14.0–17.0 (B: 100%), 17.0–17.5 (B: 100–0%), and 17.5–20.0 min (B: 0%), with a constant flow rate of 0.4 mL min^{-1}. One blank, six dilution-quality control (QC) samples, and one QC sample were injected prior to the first sample injection. During the analytical run, the pooled QC sample was injected after every five sample injections to continuously monitor instrument performance and maintain system consistency.

Mass spectrometric (MS) detection was conducted using electrospray ionization (ESI) in both positive (ESI+) and negative (ESI−) modes with a mass range of 100–1700 *m/z*. The QTOF detector was calibrated in a high-resolution mode against 6 reference mass of ESI-L tunning mix (Agilent Technologies, part no. G1969-85000) right before sample acquisition in both positive and negative modes. The MS parameters were set as

follows: gas temperature, 325 °C; nebulizer, 45 psi; drying gas flow rate, 13 L min^{-1}; sheath gas temperature, 275 °C; sheath gas flow rate, 12 L min^{-1}; nozzle voltage, 500 V; fragmentor voltage, 175 V; skimmer voltage, 65 V; capillary voltage, 4000 and 3000 V for positive and negative mode, respectively. Data acquisition was performed at a rate of 3.35 spectra s^{-1}. A maximum of 10 precursor ions per cycle were selected for MS/MS fragmentation, with collision energies of 20 eV (positive mode) and 10 eV (negative mode). Trifluoroacetic acid anion, purine, HP-0921 (Agilent Technologies, part no. G1969-85001) were used as reference compounds. The reference masses were at m/z 121.0509 and 922.0098 in the positive mode and at m/z 112.9596 and 1033.9881 in the negative mode, respectively. Data were acquired in centroid mode. Each sample was injected in triplicate.

2.3.3 LC-MS/MS data processing and metabolite identification. Raw LC-MS/MS data acquired in Agilent.d format were converted to the open-source.mzML format using MSConvert (ProteoWizard)[20] and imported into MZmine 4.5.0 (ref. 20 and 21) for feature detection and annotation. Mass detection was performed on both MS1 and MS2 levels with noise thresholds of 5000 and 500, respectively. The ADAP chromatogram builder was used with a retention time (RT) range of 0.04–20 min, smoothing enabled, stable ionization selected, a minimum of 4 consecutive scans, a maximum of 15 peaks, and approximate full-width half-maximum (FWHM) of 0.05 min.

Chromatographic deconvolution was performed using the ADAP wavelets algorithm with a signal-to-noise ratio threshold of 10. Isotopic features were grouped using a 5 ppm m/z and 0.05 min RT tolerance. Features were aligned using the join aligner with 5 ppm m/z and 0.10 min RT tolerances, weighted 70 : 30 for m/z and RT. Gap filling was performed using the peak finder algorithm. Features found in blank samples were excluded, and only those present in at least one real sample or ≥10% of the sample set were retained.

Metabolite identification was based on library matching of experimental MS/MS spectra against multiple public databases (GNPS, MassBank, HMDB, and MoNA, as of March 26, 2025). A cosine similarity score ≥0.5, precursor m/z tolerance of ±0.015 (20 ppm), and at least four matched fragment ions were required. Only high-confidence annotations based on MS/MS spectral similarity were retained.

Duplicate metabolite annotations were resolved by retaining the metabolite with the highest peak intensity.[21–23] All metabolite assignments were manually checked for biological relevance; structurally complex or ambiguous compounds that could not be confidently identified were excluded from downstream analyses.[21,23] After filtering, a total of 106 and 53 annotated metabolites in positive and negative ionization modes, respectively, were used for statistical analyses.

2.3.4 Bioinformatics analysis. Subsequent data, which contained the sample name and peak area information as variables, were transferred to an Excel spreadsheet. Multivariate statistical analyses were conducted to investigate group separation and identify discriminative metabolites among the three experimental groups. Both unsupervised principle component analysis (PCA) and supervised partial least squares discriminant

analysis (PLS-DA) were performed using MetaboAnalyst 6.0 (https://www.metaboanalyst.ca, accessed on 1 July 2025), a web-based metabolomics data analysis platform developed by the Xia Lab at McGill University.[24] PLS-DA was used to improve data interpretability and influential variable selection. Significant discriminative metabolites were discovered using VIP scores >1.0 and FDR-adjusted p-values <0.05 from one-way ANOVA. Hierarchical clustering accompanied with heatmap visualization was used to analyze expression trends across samples. Correlation analysis between significant metabolite and antioxidant assay results was conducted using Spearman's rank correlation. Metabolites with an absolute correlation coefficient $|r| \geq 0.4$ were selected for further interpretation.[25] Visualization of the Circos plots was performed using the Table viewer, an online tool developed by the BC Genome Sciences Centre (https://mk.bcgsc.ca/tableviewer).

2.4 Total phenolic content and antioxidant property

2.4.1 Total phenolic content assay. The total phenolic content (TPC) in *T. crispa* extracts obtained using ethanol, ethyl acetate, and water as solvents was determined using the Folin–Ciocalteu (F–C) assay, following previous report.[26–28] In brief, the extracts were prepared at a concentration of 100 μg mL^{-1} in DMSO. A 45 μL aliquot of each extract was added to a 96-well plate, followed by the addition of 115 μL of 0.05 N F–C reagent. The mixture was incubated at room temperature for 30 min, while being protected from light. To terminate the reaction, 90 μL of 7% Na$_2$CO$_3$ was added. The absorbance was then measured at 765 nm using an EZ Read 2000 microplate reader (Biochrom, US). Gallic acid was used as the reference standard, and TPC values were calculated as gallic acid equivalents (GAE) based on a calibration curve (0–40 μg mL^{-1}). The results were expressed as μg of gallic acid equivalent per 1 mg of extract (μg GAE mg^{-1} extract).

2.4.2 1, 1-diphenyl-2-picrylhydrazyl (DPPH) assay. The antioxidant activity of *T. crispa* extracts was assessed using the DPPH radical scavenging assay.[26,29] Breifly, the extracts were prepared at a concentration of 100 μg mL^{-1} in ethanol. A 100 μL aliquot of each extract was added to a 96-well plate, followed by 100 μL of 400 μM DPPH reagent. Absolute ethanol served as the negative control, while Trolox (100 μg mL^{-1} in ethanol) was used as the positive control. The absorbance was measured at 517 nm using an EZ Read 2000 microplate reader (Biochrom, US). The percentage of DPPH radical scavenging activity was calculated using the formula: radical scavenging activity (%) = [(control absorbance-test absorbance)/control absorbance] × 100.

2.4.3 Ferric reducing antioxidant power (FRAP) assay. A FRAP assay was conducted to assess the antioxidant activity of *T. crispa* extracts, following the ferric reducing ability method described by Zheng *et al.* (2019).[30] The extracts were prepared at a concentration of 100 μg mL^{-1} in DMSO. The FRAP reagent was freshly prepared by combining 300 mM sodium acetate buffer (pH 3.6), 10 mM TPTZ (2,4,6-tripyridyl-*s*-triazine) dissolved in 40 mM HCl, and 20 mM FeCl$_3 \cdot$6H$_2$O in a 10 : 1 : 1 ratio. A 10 μL aliquot of each extract was added to a 96-well plate, followed by

190 μL of FRAP reagent. The reaction mixture was incubated at room temperature for 30 min, while being protected from light. Absorbance was measured at 593 nm using an EZ Read 2000 microplate reader (Biochrom, US). Trolox was used as the standard, and antioxidant activity was expressed as micrograms of Trolox equivalent per milligram of sample (μg TEAC mg^{-1} extract).

2.5 Statistical analyses

All results from antioxidant assays (TPC, DPPH, FRAP) were presented as mean ± standard deviation (SD) from three independent replicates. Statistical analyses were conducted using SPSS software (version 29.0; IBM Corp., Chicago, Illinois, USA). Group comparisons were performed using one-way analysis of variance (ANOVA) follow by Bonferroni *post hoc* test for parametric variables. For non-parametric variables, the Kruskal–Wallis H test was applied, followed by pairwise comparisons using Mann–Whitney U tests with Bonferroni-adjusted *p*-values. Graphs were generated using GraphPad Prism (version 8.0; GraphPad Software, Inc., San Diego, CA, USA). A *p* < 0.05 was considered statistically significant.

3 Results

3.1 LC-MS/MS-based metabolomics analysis of *Tinospora crispa* (*T. crispa*) extracts

Tinosporia crispa (*T. crispa*), is wide spectrum of pharmacological activities including antioxidant, anti-inflammatory, antimicrobial, and anticancer effects. These therapeutic benefits are primarily attributed to its rich phytochemical composition, consisting of alka-loids, terpenoids, flavonoids, phenolic acids, and glycosides.[2,3,31,32] This study aimed to evaluate the effect of different extraction solvents on the chemical composition of *T. crispa* extracts. The samples were analyzed using LC-MS/MS to assess the metabolomics profile in three different solvents. The preliminary metabolite identification results were subjected to a filtering process to ensure biological relevance and data quality. We applied the following exclusion criteria to select candidate metabolites: (1) in cases of duplicate identifications, the metabolite with the highest match score was retained; (2) only metabolites known to be present in plants or herbs were included; and (3) structurally complex or ambiguous metabolites that could not be clearly identified were excluded. Based on these criteria, a total of 106 and 53 putative metabolites were retained in the positive and negative ionization modes (Table S1), respectively. Subsequently, the curated metabolite datasets were subjected to chemometric analysis using MetaboAnalyst to compare the metabolic profiles of *T. crispa* extracts prepared with ethyl acetate, ethanol, and water as solvents.

Heatmap analysis was conducted to visualize the distribution and abundance of metabolites across different extraction solvents. The hierarchical clustering heatmaps revealed distinct metabolite expression patterns among the three extract groups (Fig. 1A and B). Both ethyl acetate and ethanol extracts exhibited higher numbers of strongly expressed metabolites compared to the water extract in both positive and negative ionization modes. Notably, ethyl acetate and ethanol extracts clustered more closely together, indicating a similar metabolic profile. This finding suggested that semi-polarity (ethyl acetate and ethanol) ability of solvent contributed a more efficient to extract a broader range of bioactive compounds from *T. crispa*.[13-16]

Principal component analysis (PCA) was conducted to further evaluate the chemical separation between groups. The PCA scores plots demonstrated a clear separation among the ethyl acetate, ethanol, and water extract groups in both ion modes. In positive mode (Fig. 1B), the first two principal components accounted for 47.1% (PC1) and 22.7% (PC2) of the total variance. Similarly, in negative mode (Fig. 1H), PC$_1$ and PC$_2$ explained 52.0% and 14.0% of the variance, respectively, highlighting substantial chemical diversity among the solvent extracts. The corresponding PCA loading plots illustrate the contribution of individual metabolites to the observed group separation. In positive ion mode, metabolites such as D-Tetrahydropalmatine, Apigenin, Piperine, 13-OxoODE, and *N-trans*-P-coumaroyltyramine showed high absolute loadings, strongly influencing the separation among ethyl acetate, ethanol, and water extracts, while other metabolites also contributed to the differentiation but are not highlighted here (Fig. S1A). Similarly, in negative ion mode, norstictic acid, FA 18 : 2 + 1°, suberic acid (Z)-5,8,11-trihydroxyoctadec-9-enoic acid, and α-linolenic acid (18 : 3 + 1°) were major contributors to the group separation, with additional influential metabolites not highlighted for brevity (Fig. S1B).

To evaluate the differences among *T. crispa* extracts prepared using three different solvents and to identify the metabolites contributing most to group separation, supervised partial least squares discriminant analysis (PLS-DA) was performed. In positive mode, latent variable 1 (LV1) accounted for 47.0% and latent variable 2 (LV2) for 22.1%, illustrating clear separation among the three extract groups (Fig. 1C and S2A). In negative mode, LV1 accounted for 51.9% and LV2 for 11.7%, also showing distinct group separation (Fig. 1I and S2B). The robustness and stability of the PLS-DA models were assessed using 10-fold cross-validation and permutation tests. In positive ion mode, the eight-component model achieved $R^2 = 0.99764$, $Q^2 = 0.98535$, and accuracy = 1.00 (Fig. 1D), while the seven-component model in negative ion mode reached $R^2 = 0.99419$, $Q^2 = 0.94732$, and accuracy = 0.96333 (Fig. 1J). Notably, the first two components alone captured the model structure with $R^2 > 0.90$, $Q^2 > 0.85$, and accuracy > 0.90 in both ion modes, demonstrating clear group separation and strong predictive performance. Permutation tests ($n = 100$) further confirmed that group discrimination was statistically significant (empiric *p* < 0.001; Fig. 1E and K), indicating the models were robust and not overfitted.

Overall, these results indicate that the metabolomic profiles of *T. crispa* extracts were strongly influenced by the type of extraction solvent, and the PLS-DA models successfully captured these differences while identifying key variables contributing to group discrimination.

The VIP scores showed top 15 impact metabolites in the PLS-DA model both positive and negative modes (Fig. 1F and L). Subsequently, metabolites with a PLS-DA VIP score ≥1 and an
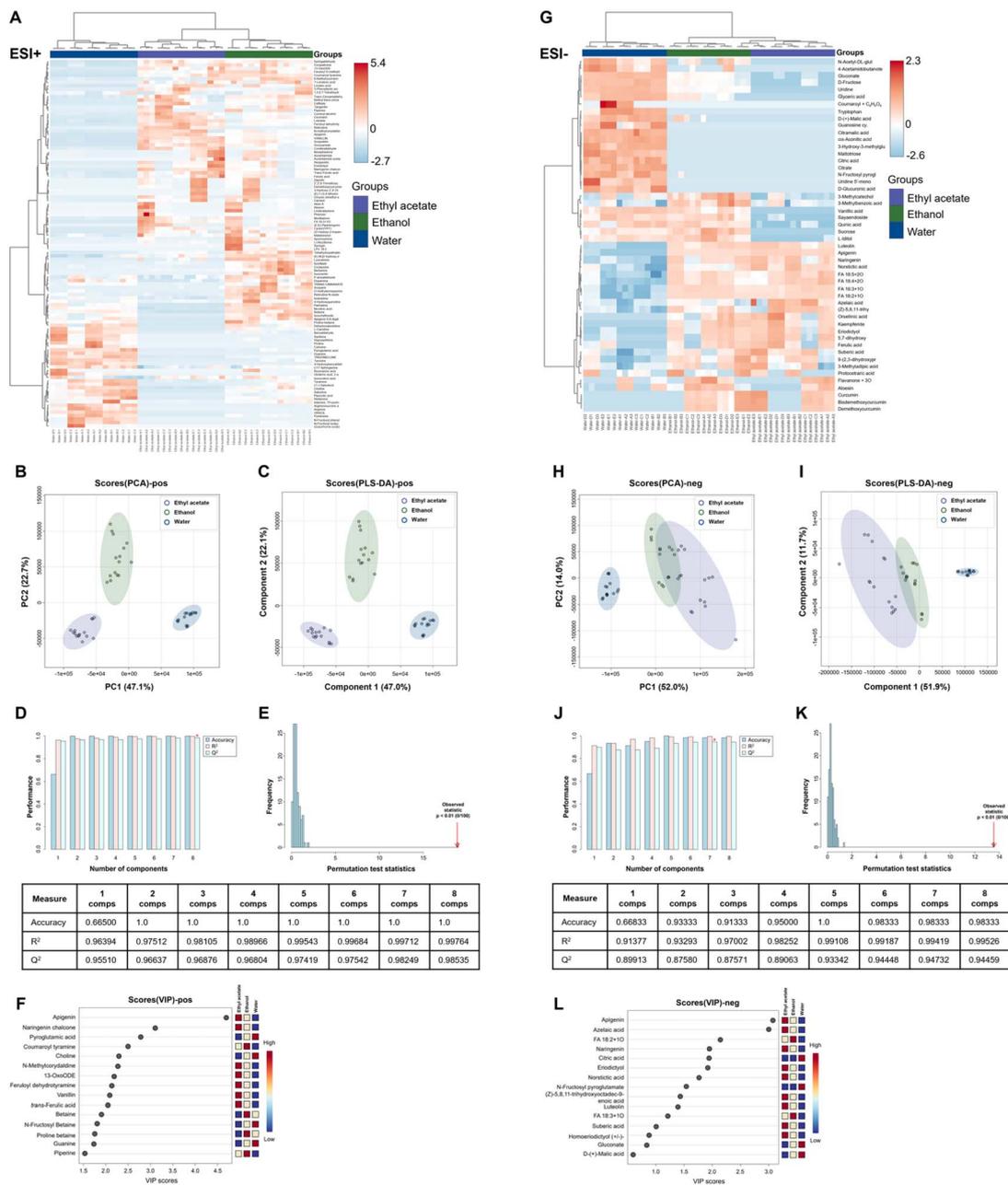
Fig. 1 LC-MS/MS-based metabolomic profiling and multivariate statistical analysis of *T. crispa* extracts obtained using different solvents. Heatmaps representing the relative abundance of annotated metabolites in (A) positive ion mode (ESI+) and (G) negative ion mode (ESI−), generated using hierarchical clustering analysis. The heatmap color scale represents z-score-normalized metabolite intensities, with red indicating higher and blue indicating lower relative abundance across the solvent extract groups (ethyl acetate, ethanol, and water; $n = 5$ per group). Principal component analysis (PCA) and partial least squares discriminant analysis (PLS-DA) score plots revealed clear separation among *T. crispa* extracts obtained with different solvents in both (B and C) positive and (H and I) negative ion modes. Cross-validation and permutation tests of the PLS-DA model in both (D and E) positive and (J and K) negative ion modes. VIP scores from PLS-DA identifying the top 15 discriminating metabolites (VIP > 1) in (F) positive and (L) negative ion modes. Colored boxes show relative abundance across *T. crispa* extracts prepared with different solvents: red for upregulated and blue for downregulated metabolites in both ionization modes.

FDR-adjusted *p*-value < 0.05 between groups were selected, comprising 21 metabolites in the positive ionization mode and 11 in the negative ionization mode, for further analysis. We also examined the corresponding PLS-DA loading plots for both ion modes, which confirmed that the metabolites most influential in driving group separation were largely consistent with those identified by VIP scores. For example, in positive mode, D-

tetrahydropalmatine, apigenin, and piperine were among the key metabolites influencing the model (Fig. S2A), whereas in negative mode, norstictic acid, suberic acid, and α-linolenic acid (18 : 3 + 1°) were important contributors to group differentiation (Fig. S2B). These results further validate the selection of metabolites that significantly influence the chemometric separation across different solvent extracts.

Notably, the key metabolites contributing to group separation were largely consistent between the PCA and PLS-DA models, indicating that the same metabolites predominantly drive the differentiation among ethyl acetate, ethanol, and water extracts. This concordance further highlights the strong effect of solvent polarity on the selective extraction of specific metabolite classes in *T. crispa*.

Consistent with these observations, solvent polarity played a critical role in deter-mining extraction efficiency. Both ethanol and ethyl acetate, with intermediate polarity indices (polarity indices ≈ 5.2 and 4.4), were more effective than water (polarity index ≈ 10 in solubilizing a broad spectrum of phytochemicals, including flavonoids, phenolic acids, alkaloids, and terpenoids.[3,6] Distinct patterns of metabolite enrichment were observed in each solvent based on the observed MS features and clustering patterns: the semi-polar ethyl acetate extract was enriched in a broad range of metabolites with moderate to low polarity, mainly lipids, less polar flavonoids, terpenoids, and hydrophobic phenolic compounds. Furthermore, highly polar compounds such as amino acids and sugars were markedly depleted in this extract. The moderately polar ethanol extract was enriched in a wide array of flavonoids and phenolic compounds, with several alkaloids and glycosides also effectively extracted.

Finally, the highly polar water extract was distinctively enriched in highly polar metabolites, including amino acids, sugars, organic acids, and highly polar phenolic compounds, while showing a significant depletion of hydrophobic compounds like lipids and less polar terpenoids, strongly supporting the link between solvent polarity and metabolite class enrichment. This finding agrees with previous studies, such as those reporting ethanol as a superior solvent for polyphenolic extraction from *Mentha longifolia* and *Portulaca oleracea*, which also resulted in enhanced antioxidant activity.[33,34] Tourabi *et al.* Investigated the influence of solvent polarity (ethanol 70%, ethyl acetate, and water) and extraction techniques (Soxhlet, ultrasonic-assisted extraction, and cold maceration) on *Mentha longifolia* extracts using LC-MS-based analysis. They found that ethanol consistently yielded the highest total phenolic and flavonoid contents, while ethyl acetate selectively extracted specific phenolic acids such as gallic acid and kaempferol. Water extracts contained predominantly hydrophilic compounds with lower antioxidant potential.[33] Similarly, Chen *et al.* applied LC-MS-based technology to study *Portulaca oleracea*, demonstrating that solvent polarity strongly influences the recovery of bioactive metabolites. Semi-polar solvents, particularly ethanol and acetone, yielded the highest levels of total phenolics and flavonoids, as well as the strongest antioxidant activities, compared with nonpolar or more polar solvents. These findings indicate that semi-polar solvents are especially effective at extracting diverse antioxidant-related metabolites.[35] In addition, LC-MS/MS analysis of *Cassia auriculata* showed that solvent polarity strongly affects extraction efficiency and metabolite profile. Semi-polar solvents, particularly methanol and ethanol, extracted the widest range of phenolic and flavonoid compounds with the highest peak intensities, while water showed the lowest efficiency. Ethyl acetate performed moderately, better than water but less than ethanol, highlighting the advantage of semi-polar solvents for recovering diverse bioactive metabolites.[36]

These results demonstrate that broad metabolite classes are preferentially extracted according to solvent polarity and emphasize the effectiveness of semi-polar solvents in recovering diverse bioactive metabolites from medicinal plants, especially *T. crispa*.

3.2 Antioxidant activity of *T. crispa* extracts

The antioxidant properties of *T. crispa* extracts obtained using ethyl acetate, ethanol, and water were compared based on their total phenolic content (TPC), DPPH radical scavenging activity, and ferric reducing antioxidant power (FRAP), as summarized in Table S2 and illustrated in Fig. 2A–C. The ethyl acetate extract exhibited the highest TPC (153.72 ± 8.01 µg GAE mg^{-1} extract), followed by ethanol (133.97 ± 14.61 µg GAE mg^{-1} extract) and water (107.04 ± 18.37 µg GAE mg^{-1} extract), with all differences being statistically significant ($p < 0.05$) (Fig. 2A). Conversely, the antioxidant activity measured by DPPH assay revealed a different trend. The ethanol extract exhibited the highest free radical scavenging activity ($32.68 \pm 7.36\%$), followed by ethyl acetate ($23.81 \pm 5.87\%$) and water ($1.41 \pm 0.93\%$), significant differences were observed among all groups ($p < 0.05$) (Fig. 2B). Similarly, the FRAP assay indicated that the ethanol extract possessed the highest reducing power (9.09 ± 1.34 µg TEAC mg^{-1} extract) compared to the ethyl acetate and water extracts which significantly greater than those of ethyl acetate (6.80 ± 1.27 µg TEAC mg^{-1} extract) and water (4.17 ± 1.18 µg TEAC mg^{-1} extract) (Fig. 2C). These results suggested that although the ethyl acetate extract contained the highest phenolic content,
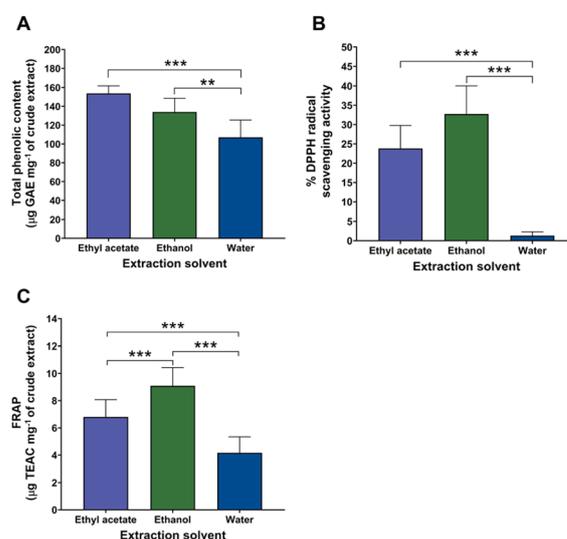

Fig. 2 Antioxidant properties of *T. crispa* extracts obtained using different solvents. Bar graphs represent (B) total phenolic content (TPC, expressed as µg of gallic acid equivalent per milligram of crude extract; µg GAE mg^{-1} extract) (A) DPPH radical scavenging activity (expressed as % inhibition), and (C) ferric reducing antioxidant power (FRAP, expressed as µg TEAC mg^{-1} extract) using ethanol, ethyl acetate, and water as solvents. Data were shown as mean ± standard deviation (SD) from three independent experiments. Different letters above bars indicated statistically significant differences among groups (**$p < 0.01$ and ***$p < 0.001$).

the ethanol extract exhibited superior antioxidant performance in both DPPH and FRAP assays, highlighting the influence of solvent polarity on the extraction efficiency of bioactive antioxidant compounds from *T. crispa*. These results indicated that while phenolic compounds play a major role in antioxidant capacity, other co-extracted metabolites in ethanol and ethyl acetate extracts may synergistically enhance its activity. The superior performance of ethanol and ethyl acetate was likely attributed to its ability to extract a wide range of flavonoids and phenolic acids with strong redox potential, such as apigenin, luteolin, and ferulic acid. This aligns with previous reports demonstrating moderately polar sovents superiority in recovering antioxidant-rich metabolites from medicinal plants.[33,34,37] Conversely, the weak activity of the water extract reflects its limited phenolic composition, consistent with its hydrophilic metabolite dominance. Together, these findings highlight a strong interplay between solvent polarity, metabolite diversity, and antioxidant efficiency in *T. crispa*.

3.3 Correlation between metabolite composition and antioxidant activity and identification of potentially candidate metabolites in *T. crispa* extracts

To gain insight into the potential contribution of individual metabolites to the antioxidant properties of the *T. crispa* extracts, a correlation analysis was performed between LC-MS/MS-based metabolic profiles and experimental antioxidant parameters, including total phenolic content (TPC), and antioxidant activities measured by DPPH and FRAP assays. The analysis was conducted using the MetaboAnalyst platform, applying Spearman's correlation coefficient $|r|$ to evaluate the linear associations. A correlation heatmap was generated to visualize the strength and direction of these association.

Correlation strength was categorized according to established criteria: moderate ($r = 0.40–0.69$), strong ($r = 0.70–0.89$), and very strong ($r = 0.90–1.00$), following a previously reported guideline.[38] To ensure biological relevance, only metabolites exhibiting at least moderate correlation ($r \geq 0.4$) with all three
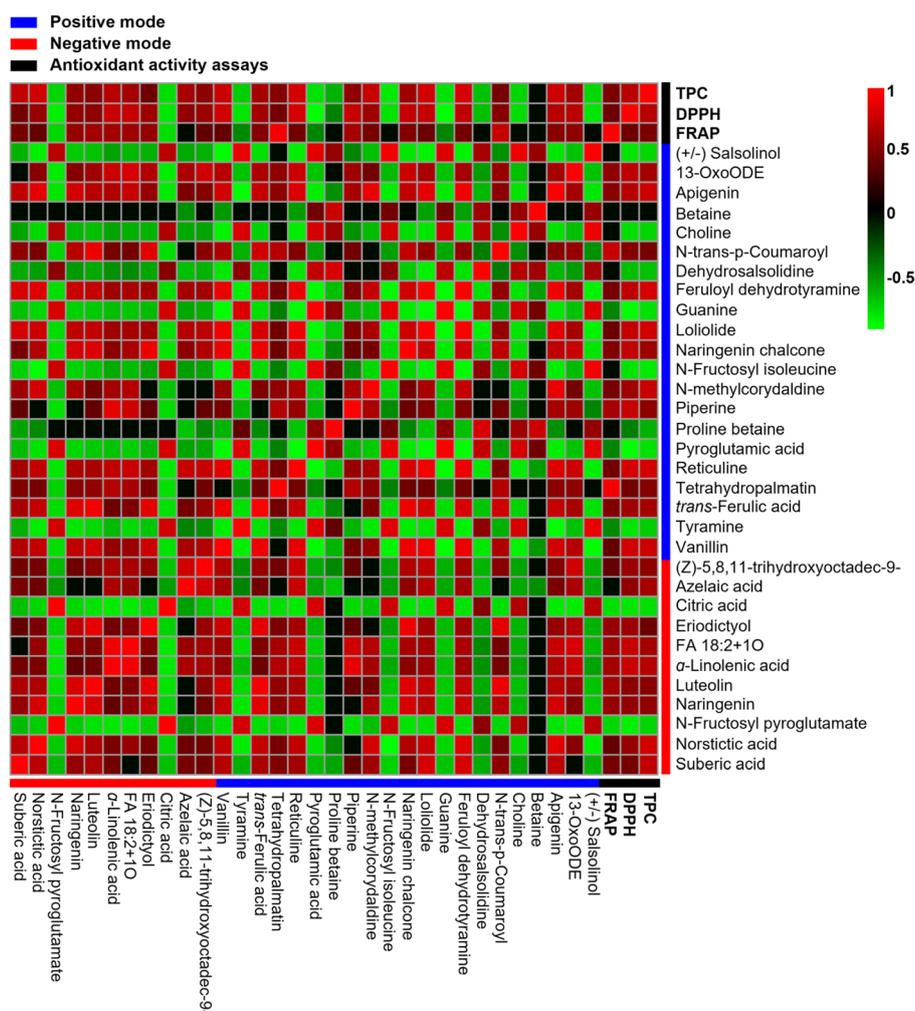

Fig. 3 Metabolite–antioxidant activity assays correlation analysis from *T. crispa* extracts. Each square indicates the Spearman's correlation coefficients for a pair of metabolites and antioxidant activity assays including total phenolic content (TPC), 2,2-diphenyl-1-picrylhydrazyl (DPPH), and ferric reducing antioxidant power (FRAP). Red indicates positive correlation, green indicates negative correlation, while black shows non-significant correlation. Metabolites were detected in positive mode (indicated in blue), negative mode (red), and antioxidant assays (black). Only metabolites with a correlation coefficient $|r| \geq 0.4$ with three assays were included.
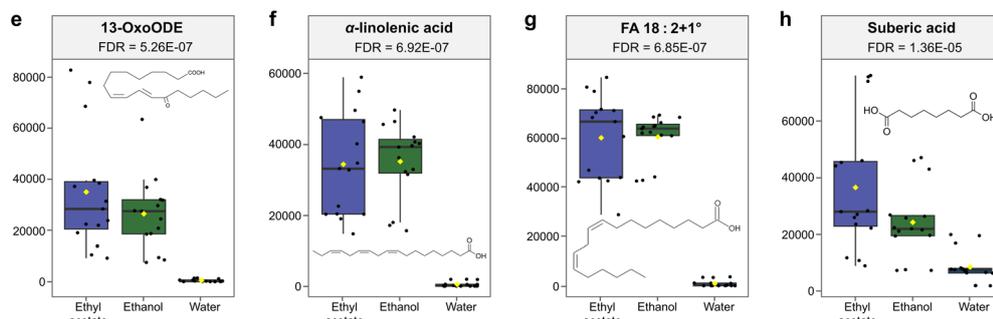
Table 1 Tentative identification of significant metabolites in *T. crispa* extracts by LC-MS/MS correlated with antioxidant activity assays

No	Metabolites	Molecular formula	Adduct ion	VIP Scores	RT (min)	Observative mass (m/z)	Theoretical mass (m/z)	Compound class	PubChem Id	Correlation coefficient ($r \geq 0.4$)		
										DPPH	FRAP	TPC
Positive mode												
1	Apigenin	$C_{15}H_{10}O_5$	$[M+H]^+$	4.69	7.600	271.0615	270.24	Flavonoids	5 280 443	0.716	0.546	0.792
2	Naringenin chalcone	$C_{15}H_{12}O_5$	$[M+H]^+$	3.10	7.512	273.0758	272.25	Flavonoids	5 280 960	0.758	0.521	0.620
3	N-trans-p-coumaroyltyramine	$C_{17}H_{17}NO_3$	$[M+H]^+$	2.50	6.415	284.1287	283.32	Phenylpropanoids	5 372 945	0.532	0.765	0.482
4	Feruloyl dehydrotyramine (isomer of 1654)	$C_{18}H_{17}NO_4$	$[M+H]^+$	2.13	5.464	312.1232	311.30	Phenylpropanoids	139 292 013	0.741	0.465	0.821
5	*trans*-ferulic acid	$C_{10}H_{10}O_4$	$[M+H-H_2O]^+$	2.06	4.077	177.0546	194.18	Phenylpropanoids	445 858	0.634	0.528	0.656
6	Vanillin	$C_8H_8O_3$	$[M+H]^+$	2.08	4.724	153.0546	152.15	Phenylpropanoids	1183	0.813	0.417	0.786
7	N-methylcorydaldine	$C_{12}H_{15}NO_3$	$[M+H]^+$	2.27	5.899	222.1125	221.25	Alkaloids and derivatives	303 906	0.631	0.488	0.775
8	Piperine	$C_{17}H_{19}NO_3$	$[M+H]^+$	1.53	10.325	286.1450	285.34	Alkaloids and derivatives	638 024	0.775	0.654	0.569
9	Reticuline	$C_{19}H_{24}NO_4$	$[M+H]^+$	1.20	3.937	330.1689	329.40	Alkaloids and derivatives	439 653	0.828	0.458	0.818
10	D-tetra-hydropalmatine	$C_{21}H_{25}NO_4$	$[M+H]^+$	1.04	6.039	356.1857	355.40	Alkaloids and derivatives	969 488	0.473	0.940	0.542
11	13-OxoODE	$C_{18}H_{30}O_3$	$[M+Na]^+$	2.19	12.844	295.2267	294.40	Fatty acid derivative	5 283 012	0.738	0.570	0.643
12	Loliolide	$C_{11}H_{16}O_3$	$[M+H]^+$	1.43	5.591	197.1171	196.24	Terpenoids	100 332	0.762	0.436	0.807
Negative mode												
13	Eriodictyol	$C_{15}H_{12}O_6$	$[M-H]^-$	1.93	6.700	287.05202	288.25	Flavonoids	440 735	0.620	0.591	0.439
14	Naringenin	$C_{15}H_{12}O_5$	$[M-H]^-$	1.95	7.521	271.05845	272.25	Flavonoids	439 246	0.584	0.591	0.584
15	Luteolin	$C_{15}H_{10}O_6$	$[M-H]^-$	1.39	6.880	285.03643	286.24	Flavonoids	5 280 445	0.566	0.647	0.553
16	Norstictic acid	$C_{18}H_{12}O_9$	$[M-H]^-$	1.78	9.336	371.03360	372.30	Phenylpropanoids and polyketides	5 379 540	0.598	0.415	0.799
17	α-Linolenic acid	$C_{18}H_{30}O_2$	$[M-H]^-$	1.23	11.985	293.20690	294.42	Fatty acid derivative	5 280 934	0.786	0.646	0.713
18	FA 18 : 2+1O	$C_{18}H_{32}O_3$	$[M-H]^-$	2.14	12.606	003 296.4	295.22	Fatty acid derivative	52 921 871	0.772	0.624	0.645
19	Suberic acid	$C_8H_{14}O_4$	$[M-H]^-$	1.02	5.019	173.0807	174.19	Fatty acid derivative	10 457	0.472	0.476	0.751
20	(Z)-5,8,11-Trihydroxyoctadec-9-enoic acid	$C_{18}H_{34}O_5$	$[M-H]^-$	1.45	8.585	329.2276	330.50	Fatty acid derivative	24 096 399	0.611	0.416	0.572
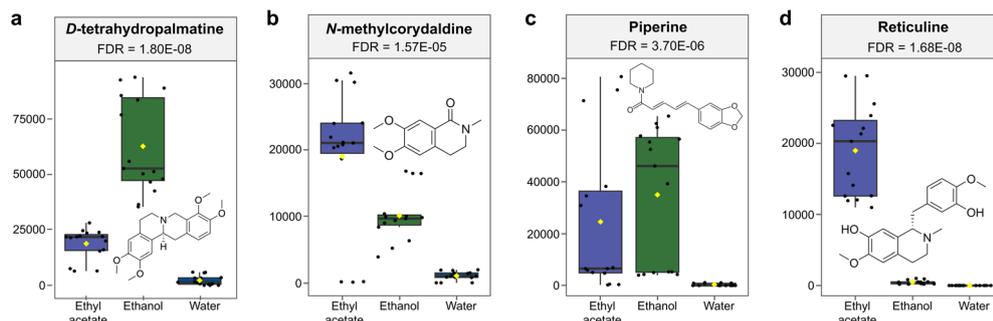
Fig. 4 Box plots illustrating the normalized concentrations of 16 selected bioactive compounds in *T. crispa* extracts prepared using three different solvents: 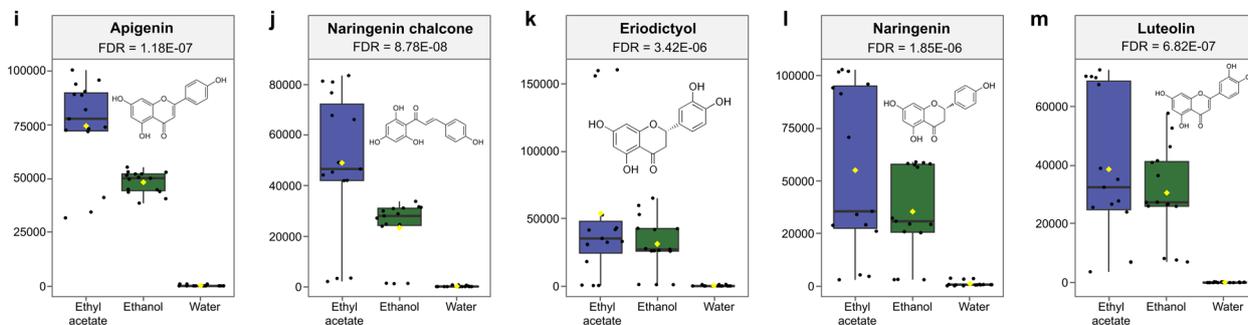ethyl acetate, eth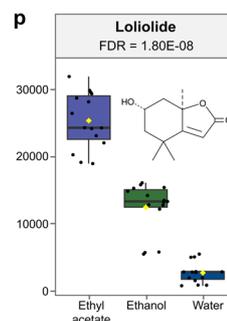anol, and water. The compounds groups include (A) alkaloids and derivatives (B) fatty acid derivatives (C) flavonoids (D) phenylpropanoids and polyketides and (E) terpenoids. Each box plot displays the data distribution, individual sample points (black dots), and central tendency (yellow dot). Ethanol and ethyl acetate generally yielded higher concentrations of these bioactive compounds compared to water.

antioxidant assays (TPC, DPPH, and FRAP) were considered potential bioactive constituents.

The results were presented as heatmaps for both positive and negative ionization modes (Fig. 3). In the heatmap, red indicated positive correlations that met the cut-off threshold, with deeper red reflecting stronger correlations. Green indicated negative correlations, and black denoted weak or non-significant correlations ($r < 0.4$).

In the positive ionization mode, 12 out of 21 significant metabolites exhibited positive correlations (Spearman's $r \geq 0.4$) with all three antioxidant assays (Fig. 3). Similarly, in the negative ionization mode, 8 out of 12 metabolites were positively correlated above the threshold level, indicating a moderate to strong positive association with antioxidant parameters in all three antioxidant assays (Fig. 3). These findings suggested that several metabolites detected under both ionizations conditions may play a substantial role in the antioxidant capacity of *T. crispa* extracts.

Correlation analysis revealed 20 metabolites with moderate-to-strong positive correlations (Spearman's $r \geq 0.4$) across all three antioxidant assays—TPC, DPPH, and FRAP. These metabolites were considered candidate bioactive compounds due to their consistent associations across all three assays. Our metabolomic profiling revealed a diverse array of metabolites classified into several major super classes according to the PubChem compound database,[37] including flavonoids, phenylpropanoids and polyketides, fatty acids derivatives, alkaloids and derivatives and terpenoids (Table 1).

Flavonoids, alkaloids, and other secondary metabolites such as phenylpropanoids, polyketides, and terpenoids appeared to play important roles in the antioxidant activity observed in *T. crispa* extracts. Several of these compounds consistently showed positive correlations across all three antioxidant assays. Which aligns with previous reports supporting their pharmacological activities.[2,3]

To further explore their abundance and expression patterns across different extraction solvents, box plots were generated for 16 representative metabolites: *d*-tetrahydropalmatine, *n*-methylcorydaldine, piperine, reticuline, 13-oxoODE, α-linolenic acid, FA 18 : 2 + 1°, suberic acid, apigenin, naringenin chalcone, eriodictyol, naringenin, luteolin, *trans*-ferulic acid, vanillin and loliolide. These visualizations highlight the variation in metabolite abundance among extracts and reinforce their potential contribution to the antioxidant activity observed in the experimental assays (Fig. 4).

To complement the selection of bioactive candidate metabolites of *T. crispa* extracts, a Circos plot was constructed to visualize the relative abundance and solvent-specificity of these compounds across ethyl acetate, ethanol, and water extracts (Fig. 5).

In the positive ion mode (Fig. 5A), distinct patterns of metabolite abundance were observed among the solvents. For the representative metabolites in the ethanol extract, TC0183 (D-tetrahydropalmatine) and TC0162 (piperine) were more abundant than in the ethyl acetate extract, with AUCs of 52 510 *vs.* 21 760 (2.4-fold) and 43 920 *vs.* 6586 (6.7-fold), respectively. Both metabolites were detected only at trace levels in the water extract. For the ethyl acetate extract, the representative metabolites TC0052 (apigenin), TC0148 (*n*-methylcorydaldine), and TC0187 (*trans*-ferulic acid) showed higher abundances compared with the ethanol extract, with AUCs of 74 470 *vs.* 50 210 (1.48-fold), 41 030 *vs.* 19 510 (2.10-fold), and 122 100 *vs.* 42

Note (ESI+):

TC0016 = 13-OxoODE	TC0148 = *N*-methylcorydaldine
TC0052 = Apigenin	TC0162 = Piperine
TC0075 = *N-trans*-P-coumaroyltyramine	TC0171 = Reticuline
TC0091 = Feruloyl dehydrotyramine	TC0183 = *D*-tetrahydropalmatine
TC0111 = Loliolide	TC0187 = *trans*-ferulic acid
TC0123 = Naringenin chalcone	TC0195 = Vanillin

Note (ESI−):

TC0199 = (*Z*)-5,8,11-trihydroxyoctadec-9-enoic acid	TC0239 = Norstictic acid
TC0222 = Eriodictyol	TC0243 = Suberic acid
TC0223 = FA 18 : 2+1°	
TC0224 = α-linolenic acid	
TC0234 = Luteolin	
TC0237 = Naringenin	

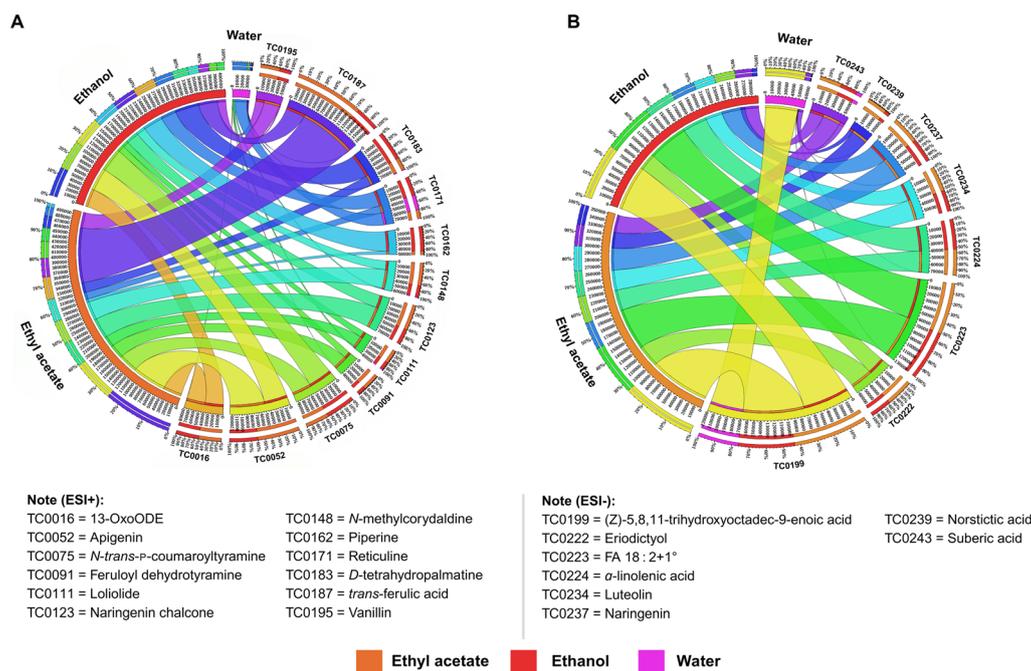■ Ethyl acetate   ■ Ethanol   ■ Water

Fig. 5 Circos plots illustrating the relative abundance of major metabolites in *T. crispa* extracts prepared using three different solvents in (A) positive (ESI+) and (B) negative (ESI−) ionization modes. The right half of the circle represents individual metabolites, while the left half denotes three different extraction solvents: ethyl acetate, ethanol, and water. Distinct colors are used to indicate different metabolite identities and sample groups (solvents). The ribbons within the inner ring link each metabolite to the solvent(s) in which it was identified. The ribbon thickness extending from the solvent side (left) to the metabolite side (right) indicates the relative abundance of each metabolite across different solvent extracts. In contrast, the ribbon thickness in the opposite direction reflects the proportion of each metabolite contributing to the total metabolite profile within each solvent extract.

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Table 2 Summary of major metabolite classes identified in *T. crispa* extracts and their associated pharmacological relevance

Compound class	Representative metabolites	Major pharmacological effects
Flavonoids	Apigenin, naringenin chalcone, eriodictyol Naringenin, luteolin	Antioxidant, anti-inflammatory, anticancer, and neuroprotective activities
Phenylpropanoids and polyketides	*N-trans*-ᴘ-coumaroyltyramine Feruloyl dehydrotyramine, *trans*-ferulic acid Vanillin, norstictic acid	Antioxidant, antimicrobial and anti-inflammatory and anticancer activities
Alkaloids and derivatives	*N*-methylcorydaldine, piperine, reticuline *D*-tetra-hydropalmatine	Antioxidant, anti-inflammatory, neuroactive, anticancer, and antidiabetic effects
Fatty acid derivatives	13-OxoODE, α-linolenic acid, FA 18 : 2 + 1° Suberic acid, (*Z*)-5,8,11-trihydroxyoctadec-9-enoic acid	Anti-inflammatory, wound-healing, neuroprotective, and anticancer effects
Terpenoids	Loliolide	Antioxidant, anti-inflammatory and neuro-protective effects

000 (2.91-fold), respectively. These metabolites were either undetected or present at negligible levels in the water extract. For the other detected metabolites, although the differences between the ethanol and ethyl acetate extracts were not pronounced enough to suggest clear solvent-specific separation, their abundances were markedly higher than in the water extract, where these compounds were barely detectable. Additionally, the water extract contained only a limited number of identifiable metabolites, and the representative metabolite TC0171 (reticuline) was still lower in abundance than in the ethanol extract, with AUCs of 26 400 *vs.* 33 940 (1.3-fold).

In the negative ion mode (Fig. 5B), the representative metabolite in the ethanol extract, TC0224 (α-linolenic acid), showed a higher abundance compared with the ethyl acetate extract, with AUC values of 39 330 *vs.* 33 230 (1.18-fold). Conversely, for the ethyl acetate extract, the representative metabolite TC0239 (norstictic acid) was more abundant than in the ethanol extract, with AUCs of 25 750 *vs.* 6512 (3.96-fold). For the other detected metabolites, the differences between the ethanol and ethyl acetate extracts were present but not sufficiently pronounced to indicate clear solvent-specific separation. Nonetheless, their abundances remained noticeably higher than those found in the water extract. In the water extract, no prominent metabolites were observed. Although TC0199 ((*Z*)-5,8,11-trihydroxyoctadec-9-enoic acid) was detectable, its abundance remained substantially lower than in both the ethyl acetate and ethanol extracts, by 1.8-fold and 1.4-fold, respectively.

These findings indicate that most bioactive metabolites were preferentially extracted by semi-polar solvents, particularly ethanol and ethyl acetate.

These candidate metabolites were classified into flavonoids, phenylpropanoids, alkaloids, fatty acid derivatives, and terpenoids. Flavonoids such as apigenin, luteolin, and naringenin displayed strong positive correlations, consistent with their well-documented radical scavenging and metal-chelating activities.[39–45] Phenylpropanoids, including vanillin and *trans*-ferulic acid, also contributed significantly, reflecting their ability to modulate oxidative stress through hydrogen donation and ROS neutralization.[46,47] Alkaloids such as piperine and reticuline showed moderate correlations and have been

implicated in neuroprotection, anti-inflammatory activity, and reactive oxigen species regulation.[48–50] Fatty acids including linoleic and α-linolenic acid correlated with antioxidant activity by stabilizing cell membranes and supporting inflammatory resolution.[51] Additionally, terpenoids such as betulinic acid contributed to antioxidant and anticancer activities.[18] Additional pharmacological effects of these compound classes are summarized in Table 2.

Taken together, these results suggested that the antioxidant potential of *T. crispa* was not solely dependent on phenolic content but rather arises from a complex interplay of multiple classes of bioactive metabolites. The identification of these candidated compounds underscores the therapeutic potential of *T. crispa* as a multifunctional medicinal plant with applications in oxidative stress reduction, inflammation control, and disease prevention.

4 Conclusion

Our study emphasises the critical role of solvent polarity in shaping the phytochemical profile and antioxidant potential of *T. crispa* extracts. Semi-polar solvents, particularly ethyl acetate and ethanol, exhibited superior extraction efficiency compared to water, resulting in higher yields of diverse bioactive metabolites and enhanced antioxidant activity. Metabolomic analysis, supported by multivariate and correlation approaches, identified flavonoids, alkaloids, and other secondary metabolites as key contributors to antioxidant capacity. These findings highlight the importance of solvent selection in maximizing phytochemical recovery and reinforce the potential of *T. crispa* as a promising natural source of antioxidant agents.

Author contributions

Methodology, investigation, data curation, formal analysis, visualization, writing—original draft, writing – review and editing, N. M.; methodology, investigation, formal analysis, data curation, writing—original draft, writing – review & editing, P. P.; methodology, resources, writing—review and editing, N. N.; methodology, resources, writing – review and editing, P. K.; methodology, resources, writing—review &

editing, A. W.; methodology, investigation, formal analysis, data curation, writing – original draft, writing—review and editing, H. D.; methodology, writing – review and editing, S. S.; supervision, writing—review and editing, A. T.; conceptualization, supervision, project administration, funding acquisition, writing—review & editing, W. L. All the authors have read and agreed to the published version of the manuscript.

Conflicts of interest

There are no conflicts to declare.

Abbreviations

CV	Cross-validation
DPPH	2,2-Diphenyl-1-picrylhydrazyl
ESI	Electrospray ionization
FRAP	Ferric reducing antioxidant power
LC-Q-TOF/MS	Liquid chromatography-quadrupole-time-offlight mass spectrometry
PCA	Principal component analysis
PLS-DA	Partial least-squares discriminant analysis
TPC	Total phenolic content
VIP	Variable importance in projection

Data availability

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