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# Facile and cost-effective NiO/MgO-SiO<sub>2</sub> composites for efficient oxygen evolution reaction and asymmetric supercapacitor systems†

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Biomass waste from grapefruit peel extract was used for the preparation of MgO-SiO<sub>2</sub> composites in situ in order to develop effective electrocatalytic composites based on NiO/MgO-SiO<sub>2</sub>. The MgO-SiO<sub>2</sub> composites were subsequently deposited with NiO using a modified hydrothermal method. The synthesized materials were analyzed to investigate their morphology, crystal structure, chemical composition, functional group, and optical band gap. The structural analysis allowed us to determine the orientation of the nanoparticles, the cubic phase of NiO and MgO, the significant loss of optical band gap, and the enriched functional groups on the surface of NiO/MgO-SiO2 composites. The electrochemical properties were investigated in the presence of an alkaline solution of KOH. To study the oxygen evolution reaction (OER) in 1 M KOH aqueous solution, different NiO/MgO-SiO2 composites were investigated. It was found that the NiO/MgO-SiO<sub>2</sub> composite that contained the highest amount of MgO-SiO<sub>2</sub> (sample 3) had a lower overpotential than the NiO/MgO-SiO<sub>2</sub> composite with the lowest amount of MgO-SiO<sub>2</sub>. Sample 3 exhibited an overpotential of 230 mV at 10 mA cm<sup>-2</sup> over a period of 40 hours with excellent stability. The superior electrochemical activity of the NiO/MgO-SiO<sub>2</sub> composite (sample 3) was demonstrated in an energy storage device using 3 M KOH aqueous solution, and asymmetric supercapacitor devices were fabricated in 3 M KOH solution. According to the ASC's specifications, a specific capacitance of 344.12 F  $\rm g^{-1}$  and an energy density of 7.31 W h  $\rm kg^{-1}$  were found for the device at a fixed current density of 1.5 A  $g^{-1}$ . After over 40 000 galvanic charge-discharge repeatable cycles at 1.5 A g<sup>-1</sup>, sample 3 of the NiO/MgO-SiO<sub>2</sub> composite exhibited excellent cycling stability with 88.9% percent capacitance retention. During the performance evaluation of the NiO/MgO-SiO<sub>2</sub> composites, grapefruit peel extract was confirmed as a potential biomass waste for the fabrication of high-performance energy conversion and storage devices.

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## 1. Introduction

The burning of fossil fuels has resulted in severe environmental consequences and led to a global energy crisis due to resource depletion. Researchers have developed clean and eco-friendly renewable energy resources as potential alternatives to fossil fuels.1,2 One such clean energy source, hydrogen (H2) has received significant attention due to its high energy density, cleanliness, and environmental friendliness, which makes it an attractive replacement for fossil fuels.3 Hydrogen can be produced by electrochemical water splitting, which has been found to be an innovative and attractive technology.4 Two half-cell reactions occur during electrochemical water splitting, namely the hydrogen evolution reaction  $(2H_2O + 2e^- \rightarrow H_2 + 2OH^-)$  at the cathode and oxygen evolution reaction  $(4OH^- \rightarrow O_2 + 2H_2O + 4e^-)$ at the anode.5 As clean energy sources, energy storage devices must be able to harvest and store energy for use at any time.6-8 This has led to a growing number of studies focusing on the

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relopment of efficient energy conversion and storage systems, and particle size of the composite electrode material. Therefore, a number of studies have demonstrated that SiO<sub>2</sub>-based composite electrode materials are suitable for the development of supercapacitors, and batteries. The supercapacitor has been identified as an energy rage system to be investigated. In addition, supercapacitors are a low maintenance cost and a rapid rate of charge mobility.

The supercapacitors are suitable for the development of supercapacitors. By increasing the redox activity of SiO<sub>2</sub>, the specific capacitance of composite electrode materials was increased, as well as the surface area and cycling stability. The combination of metal

development of efficient energy conversion and storage systems, such as fuel cells, supercapacitors, and batteries.9-11 Due to its high power density, long cycling stability, and ability to work at high rates, the supercapacitor has been identified as an energy storage system to be investigated. In addition, supercapacitors have a low maintenance cost and a rapid rate of charge mobility. Evidence suggests that supercapacitors serve as an intermediary between capacitors with high power densities and batteries with high energy densities. 12-14 Compared to batteries, supercapacitors have a relatively low specific energy density. Since these types of energy storage devices can be used in a wide range of applications, such as memory backup devices, power grids, hybrid electric vehicles, and other related applications, much effort has been devoted to improving the performance of these types of energy storage devices. 15 A supercapacitor can be classified into two categories based on its working principle: electric double-layer capacitors (EDLCs) and pseudo capacitors. 16 Pseudo capacitors store charge by faradaic processes, while EDLCs store charge by electrostatic processes. Pseudo capacitors have been made from a variety of electrode materials, including transition metal oxides (RuO2, NiO, MnO2, and ZnO),17 metal sulfides,18 and conducting polymers such as polyaniline (PANI).19,20 These electrode materials display rapid, reversible faradaic reactions and offer ten to one hundred times greater specific capacitance than EDLC.21 Ruthenium oxide (RuO<sub>2</sub>) is one of the most popular transition metal oxide electrode materials due to its excellent redox chemistry and high electrochemical activity.22,23 Considering these two half-cell reactions, the OER process is highly energy-demanding and kinetically slow as a result of the four electron transfer steps.<sup>5</sup> Furthermore, researchers have been motivated to find and develop low-cost and earth-abundant electrode materials to address the high cost, scarcity, and significant toxicity of RuO2. NiO has been found to exhibit excellent redox reversibility as well as a high specific capacitance (2584 F g<sup>-1</sup>)<sup>24</sup> and low manufacturing costs.25 NiO is subject to ion exchange mechanisms,26 so its specific capacitance decreases rapidly with increasing scan frequency, thereby reducing its performance. There are large volumetric changes in the NiO molecule during charge-discharge cycling, which results in passivation and rapid charge decay.26 NiO exhibits a low level of electrochemical activity in addition to its poor electrical conductivity. A number of attempts have been made to improve the electrode performance of NiO during electrochemical water-splitting supercapacitors<sup>27</sup> in order to minimize these drawbacks. Magnesium oxide (MgO) has been used as a refractory material and as a catalyst for heterogeneous catalysis since it is inexpensive, earth-abundant, and ecofriendly.28,29 The wide band gap of magnesium oxide makes it less suitable for use in electrochemical energy storage systems.<sup>30</sup> Magnesium oxide has been shown to contribute significantly to the overall life of energy storage electrode materials, both as a stabilizing agent and matrix element.30 The MgO used in this case acts as a stabilizing agent for the NiO based electrode material, thus minimizing the issues related to cycling stability and volume expansion during the charge-discharge cycle, resulting in improved electrode performance. Furthermore, the use of silica (SiO<sub>2</sub>) gel can significantly enhance the performance of energy storage systems, as well as influence the microstructure

By increasing the redox activity of SiO<sub>2</sub>, the specific capacitance of composite electrode materials was increased, as well as the surface area and cycling stability. The combination of metal oxides with SiO<sub>2</sub> has been shown to provide unique shape architectures, crystal structures, and redox-active sites for improving the electrochemical performance of composite electrode materials.32-35 The shortcomings of NiO as an electrode material include poor electrical conductivity, limited catalytic sites, and poor cycling stability. We propose using MgO and SiO<sub>2</sub> as stabilizing agents, excellent matrix elements, agents for increasing surface area, and agents for enhancing redox sites, to produce the first NiO/MgO-SiO2 composite. A composite of MgO and SiO<sub>2</sub> was prepared in situ using grapefruit peel extract via a modified hydrothermal method. The biomass waste of industrial grapefruit juice production has been used for food and nonfood-related applications. It can be employed as a natural resource for medicines, cosmetics, packaging materials, and biofuels. Grapefruit peel contains various phytochemicals such as terpenoids, flavonoids, and quinolines. These phytochemicals exhibit structure-directing, reducing and stabilizing agent properties, thus rendering grapefruit an effective green resource for modifying the surface and functional properties of materials. The phytochemicals from grapefruit peel extract were fully exploited in order to modify the surface, align the structure, and enrich the redox sites of composite materials. We developed NiO-based composite electrodes for OER and supercapacitors using MgO-SiO2 composites of differing amounts deposited during hydrothermal processes. There has been no previous research on the role played by varying amounts of MgO-SiO2 grown in situ during the fabrication of NiO composite configurations based on MgO-SiO<sub>2</sub>.

## 2. Materials and methods

### 2.1. Chemical reagents

Sigma Aldrich, Sindh Karachi Pakistan, provided aqueous ammonia solution (33%), magnesium nitrate hexahydrate, nickel chloride hexahydrate, ethanol (99.5%), acetone (99.9%), silica gel, ethanol (99.5%), urea (99%), Nafion 5%, and potassium hydroxide (99%). All of these items were used without further treatment. Aqueous solutions were prepared using deionized water. Grapefruit peels were removed from fresh fruit purchased from a local market.

### 2.2. Preparation of NiO/MgO-SiO<sub>2</sub> composites

A deionized water solution was applied to the grapefruit, followed by successive drying at room temperature. The peel of the grapefruit was removed and crushed into fine pieces, and a mass of 200 grams was dispersed in 500 mL of deionized water. During the next 24 hours, the fine peel pieces were continuously stirred. After the peel extract had been obtained,

the extract was filtered using standard laboratory filter paper. Next, 200 mL of grapefruit peel extract was mixed with 0.5 M magnesium nitrate hexahydrate and silica gel. Using concentrated aqueous ammonia solution, the pH of the solution was maintained at around 10 during the growth process, which took place at 80 °C for a period of 2-3 hours. The product was then collected onto a filter paper and dried at room temperature for two hours. After the powder had been phased in a crucible for four hours, it was thermally burnt at 600 °C. The resulting composite was white in color and contained MgO-SiO<sub>2</sub>. A NiO/ MgO-SiO<sub>2</sub> composite was developed using 0.1 g (sample 2) and 0.3 g (sample 3) of MgO-SiO2 composite in 100 mL of deionized water containing 0.1 M nickel chloride hexahydrate and urea. A sheet of aluminum was used to cover the growth solutions. The hydrothermal process took place at 95 °C for five hours. After receiving the product, it was washed several times with deionized water and thermally treated at 500 °C for five hours. In the end, it was found that NiO composites with MgO and SiO<sub>2</sub> were successfully formed. In the same process, pure NiO was obtained without the use of MgO-SiO2 composites. An examination of the morphology of the as-synthesized materials was conducted using scanning electron microscopy at a voltage of 10 kV. A PAnalytic X'Pert PRO X-ray diffractometer was used to analyze the crystal systems within the prepared materials under the operating conditions of 10 to 80 two theta, 0.02 step, and 0.3 seconds. A UV-visible spectrophotometer was used to collect absorption spectra in the wavelength range of 200-700 nm. An analysis of the surface functional groups carried by the prepared materials was conducted using Fourier transform infrared (FTIR) spectroscopy in the frequency range of 4000-

#### 2.3. Electrochemical characterization

400 cm<sup>-1</sup> by employing KBr pellets.

The electrochemical tests were performed using a Versa potentiostat. For analyzing the OER activity of the assynthesized materials, different electrodes, including a glassy carbon electrode (GCE) as the working electrode, platinum wire as the counter electrode, and silver-silver chloride (Ag/AgCl, filled with 3 M KCl solution) as the reference electrode, were used. GCDE was polished using alumna paste and silicon paper, followed by washing with deionized water. We prepared the catalyst slurry by mixing 5 mg of each material in 2-3 mL of deionized water and 100 microliters of 5% Nafion, followed by ultrasonication in an ultrasonic bath for 15-20 minutes. A 5 microliter catalyst slurry was applied to GCDE with a loading mass of 0.2 mg and dried at room temperature. A 1 M KOH aqueous solution was used to evaluate OER performance. The materials were deposited onto nickel foam as porous electrodes for the analysis of supercapacitors. Nickel foam has a high adsorption capacity for hydroxide ions and good current collection properties. To ensure good adhesion, the material was deposited on the nickel foam using the dip coating method followed by mild annealing at 70-75 °C for 20 minutes. For the purpose of facilitating the high adsorption rate of hydroxide ions onto the electrode materials, a 3 M KOH electrolyte was used. A variety of electrochemical methods were used, including cyclic voltammetry (CV), linear sweep voltammetry (LSV), chronoamperometry, and galvanic charge discharge (GCD). EIS study was conducted between the frequencies of 100 kHz and 0.1 Hz, with amplitudes of 10 mV and biasing potentials of onset potentials of OERs.

### 3. Results and discussion

#### 3.1. Structural analysis of the NiO/MgO-SiO<sub>2</sub> composites

Powder XRD patterns of pure NiO, MgO–SiO<sub>2</sub> composite and different NiO/MgO–SiO<sub>2</sub> composites were collected, as shown in Fig. 1. The reflections at two theta values of 37.85, 41.98, and 63.44 correspond to crystal planes such as (111), (200), and (220). As NiO and MgO have similar reflections at two-theta, we were unable to observe much difference between the XRD results of the two materials. In the NiO/MgO–SiO<sub>2</sub> composites, NiO and MgO were in the cubic phase, with no other phases or impurities present. A high amorphous contribution of silica prevented the detection of patterns. Consequently, all NiO/MgO–SiO<sub>2</sub> composites were characterized by the presence of cubic phases.

The UV-visible absorption spectra of pure NiO and various NiO/MgO-SiO<sub>2</sub> composites are shown in Fig. 2. The wavelength range of 200–700 nm was employed and the typical peak was noticed at 350 nm due to the inter-band  $\pi$ – $\pi$ \* electronic transition. The composites displayed two broad absorption peaks at 290 nm and 350 nm. According to the results, the composite of NiO/MgO-SiO<sub>2</sub> prepared with the highest amount of MgO-SiO<sub>2</sub> resulted in a shift to longer wavelengths, indicating the possibility of variation in the optical band gap.

A Tauc plot<sup>36</sup> was used to estimate the optical band gap of each material, as shown in eqn (1).

$$(\alpha h \nu) n = A(h \nu - E_{\sigma}) \tag{1}$$

Here,  $\alpha$  represents the absorption coefficient, A describes the proportionality constant,  $h\nu$  represents the photon energy,  $E_{\rm g}$  is the energy band gap and n indicates the type of transition occurring during photon interaction with the specific material. The optical band gap decreased with successive additions of MgO–SiO<sub>2</sub> during the growth process, as shown in the inset in

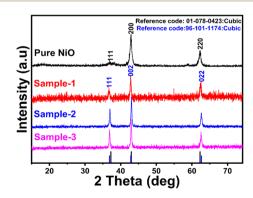


Fig. 1 Diffraction patterns measured by XRD for pure NiO and NiO/MgO-SiO $_2$  composites (sample 1 and sample 2).

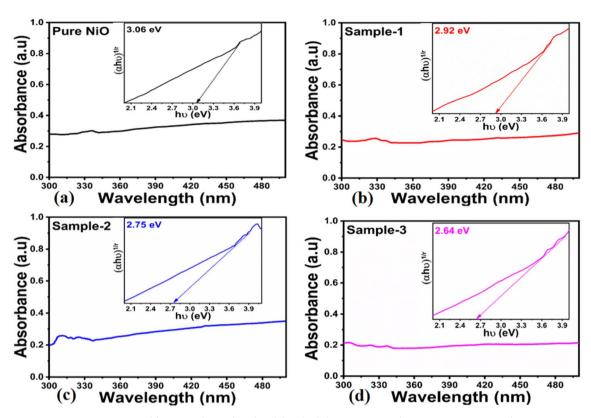


Fig. 2 UV-visible absorption spectra of (a) pure NiO and (b-d) NiO/MgO-SiO<sub>2</sub> composites (sample 1 and sample 2).

Fig. 2a–d. It was estimated that the optical band gaps of pure NiO and different NiO/MgO–SiO<sub>2</sub> composites were 3.06, 2.92, 2.75, and 2.64 eV, respectively. Generally, it is accepted that changes in the synthetic method, particle size, shape orientation, and crystal defects may alter the optical band gap, but the exact physical mechanism underlying the reduction is not yet clear.<sup>37</sup>

The as-synthesized pure NiO and NiO/MgO-SiO<sub>2</sub> composites were examined using scanning electron microscopy (SEM), and the distinctive images of each sample are presented in Fig. 3. The pure NiO exhibited a petal-like leaf morphology with heterogeneous sizes, as shown in Fig. 3a. As well as the shape structure of NiO/MgO-SiO<sub>2</sub> composites, the synthesis of these materials using 0.1 g, 0.2 g, and 0.3 g of MgO-SiO<sub>2</sub> was studied,

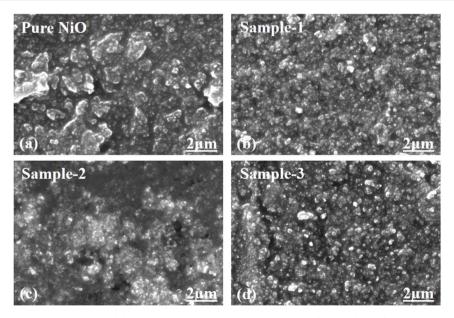


Fig. 3 Distinctive SEM images of (a) pure NiO, (b) MgO $-SiO_2$  composites (sample 1) and (c and d) NiO/MgO $-SiO_2$  composites (sample 2 and sample 3).

composites.

**RSC Advances** and the corresponding SEM images are depicted in Fig. 3b-d. The addition of MgO-SiO<sub>2</sub> altered the shape orientation of NiO, and the resulting composites had a typical nanoparticle structure with uniform distribution and sizes between 100 and 200 nm. As shown in Fig. 3b-d, there was a significant effect of MgO-SiO<sub>2</sub> on the morphology. The morphology of the NiO/ MgO-SiO<sub>2</sub> composites can be explained by the substrate role of MgO-SiO<sub>2</sub>, hence, the MgO-SiO<sub>2</sub> composite dominated the nanoparticles' shape orientation. As the nanoparticle shape of the MgO-SiO2 composite could be covered with a thin layer of NiO, we did not observe any significant evolution in the NiO morphology in the MgO-SiO2 composite. Furthermore, energy dispersive spectroscopy (EDS) was used to locate and determine the nature of the elements in MgO-SiO2 and NiO/MgO-SiO2 (sample 3), as shown in Fig. 4a and b. It was observed that the elemental composition exhibited by MgO-SiO2 was supported by Mg, O and Si as the main elements as shown in Fig. 4a. However, in the NiO/MgO-SiO<sub>2</sub> composite (sample 3), Ni, O, Mg, Si were the main constituents, as shown in Fig. 4b. In Fig. 5, the surface functional groups of NiO and NiO/MgO-SiO<sub>2</sub> composites were analyzed by FTIR in the IR region of 200-

4000 cm<sup>-1</sup>. There are several IR bands exhibited by pure NiO,

such as 440 cm<sup>-1</sup> and 660 cm<sup>-1</sup>, that are characteristic of the

Ni-O and Mg-O stretching vibration bands.38,39 Based on the

broadness of IR bands, NiO appears to be crystallized. Absorp-

tion bands in the vicinity of 2300 cm<sup>-1</sup> could be attributed to

the asymmetric vibrations of carbon dioxide that emerge from

the environment. 40 Since the IR measurements were conducted

in air, the typical IR bands at 3400 cm<sup>-1</sup>, 1400 cm<sup>-1</sup>, and

1600 cm<sup>-1</sup> might be related to the stretching and bending

vibrations of the -OH groups absorbed by the surface of NiO

from the environment.40 The vibration frequency at around

800 cm<sup>-1</sup> could be attributed to the silica nanoparticles. Bands

at 900 cm<sup>-1</sup> and 1100 cm<sup>-1</sup> are associated with tensile vibra-

tions in Si-O-Si.41 The IR study revealed the presence of SiO<sub>2</sub>,

MgO and NiO as the main constituents in the NiO/MgO-SiO<sub>2</sub>

# 3.2. Enhanced oxygen evolution reaction performance of the NiO/MgO-SiO<sub>2</sub> composites

A variety of materials, including pure NiO, bare MgO-SiO<sub>2</sub> composites, and NiO/MgO-SiO2 composites containing 0.1 g and 0.3 g of MgO-SiO2 composites (sample 2, sample 3), were investigated for their OER activity in 1 M KOH electrolytic solution. To stabilize the electrode, CV was swept at a slow scan rate of 5 mV s<sup>-1</sup> prior to OER characterization via LSV. Afterwards, LSV was swept at 2 mV s<sup>-1</sup> in 1 M KOH for the examination of OER activity of pure NiO, bare MgO-SiO2 composites and their various NiO/MgO-SiO2 composites (sample 2, sample 3). According to Fig. 6a, sample 2 had a relatively higher OER activity at a low onset potential than pure NiO, bare MgO-SiO<sub>2</sub> composite, and sample 2. Further, a figure of merit analysis was performed on all of the tested samples based on their overpotential, and the corresponding values are shown in Fig. 6b. Clearly, the overpotential of sample 3 was smaller than that of pure NiO, bare MgO-SiO<sub>2</sub> composite, and sample 1, indicating the composite's functional role in accelerating NiO electrochemical activity through the development of multiple surface active sites, charge transport and structural mechanical stability, as is evident from Fig. 6a LSV curves. Based on the bar graph shown in Fig. 6b, it is clear that sample 3 has an overpotential of 230 mV, lower than pure NiO, bare MgO-SiO<sub>2</sub> composite, and sample 2, which have overpotentials of 300 mV, 280 mV, and 270 mV respectively. The addition of the MgO-SiO<sub>2</sub> composite to NiO/MgO-SiO2 composites increased OER activity by reducing overpotential.

Tafel analysis was conducted using straight-line plots of overpotential against the logarithm of current density. In Fig. 6c, the Tafel slopes of pure NiO, bare MgO-SiO<sub>2</sub> composite and samples 2 and 3 of NiO/MgO-SiO<sub>2</sub> composites are shown. Tafel slopes of the presented electrocatalysts were compared with those of Ni-based materials. The observed values were comparable to or lower than those of the previously employed electrocatalysts, indicating that the MgO-SiO<sub>2</sub> composite may have a positive effect on NiO's Tafel slope value. Due to the

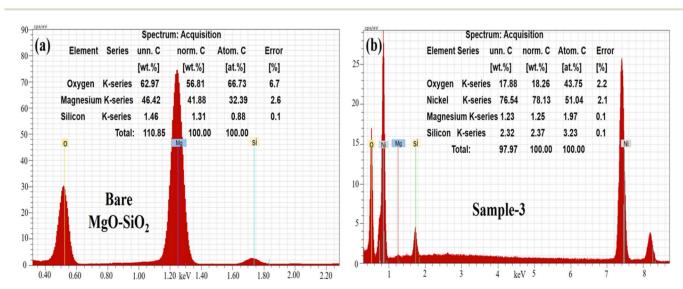


Fig. 4 EDX spectra of the (a) bare MgO-SiO<sub>2</sub> composite and (b) NiO/MgO-SiO<sub>2</sub> composites (sample 3).

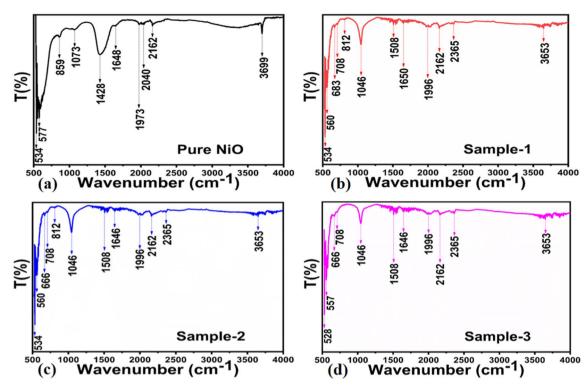


Fig. 5 FTR spectra of (a) pure NiO, (b) MgO-SiO<sub>2</sub> composites (sample 1), and (c and d) NiO/MgO-SiO<sub>2</sub> composites (sample 2 and sample 3).

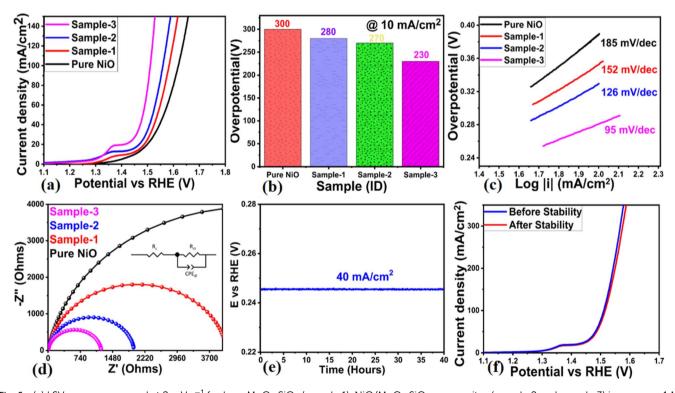


Fig. 6 (a) LSV curves measured at 2 mV s $^{-1}$  for bare MgO-SiO $_2$  (sample 1), NiO/MgO-SiO $_2$  composites (sample 2 and sample 3) in aqueous 1 M KOH electrolyte, (b) bar graph representation for overpotentials, (c) corresponding Tafel analysis on measured LSV curves, (d) Nyquist plots of pure NiO, bare Co $_3$ O $_4$ /MgO-SiO $_2$  composite (sample 1), and NiO/MgO-SiO $_2$  composites (sample 2 and sample 3) using EIS measurements in a frequency range of 100 kHz to 0.1 Hz, at 10 mV amplitude and OER onset potential, (e) chronoamperometry measurements for 40 hours at a fixed current density of 40 mA cm $^{-2}$ , and (f) stability expression via LSV curves obtained at 2 mV s $^{-1}$  after and before chronoamperometry tests.

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possible synergetic effect between NiO and MgO-SiO2 composite, and the facilitation of charge transport via the reduced band gap of sample 3, favorable OER kinetics have been demonstrated by NiO/MgO-SiO2 composites. The MgO-SiO<sub>2</sub> composite offers possible variability in the local catalytic environment of NiO nanostructures for accelerating the electrochemical OER activity. Also, it provides the nano surface for the possible optimum exposure of catalytic sites of NiO and tunes the charge transport properties at the interface of electrode and electrolyte for rapid electrochemical reactions. In order to support the LSV, overpotential, and Tafel slope results of the electrocatalysts presented, an EIS analysis was carried out. As illustrated in Fig. 6d, the fitted Nyquist plots were obtained through simulation using the Z-View software. There was a characteristic occurrence of a single semicircle at the fixed biasing onset potential for each electrocatalyst, indicating the kinetics of charge transfer between the electrode and electrolyte.46 EIS data was fitted using the equivalent circuit with wellresolved circuit elements such as solution resistance  $(R_s)$ , charge transfer resistance ( $R_{ct}$ ), and double-layer capacitance  $(C_{\rm dl})$ . In the case of pure NiO, bare MgO-SiO<sub>2</sub> composites, and samples 2 and 3 of NiO/MgO-SiO<sub>2</sub> composites, the charge transfer resistance values were 9161, 4093, 1969 and 1214  $\Omega$ , respectively. Based on the effect on particle size, shape orientation, synergetic effect and excellent material compatibility with the electrode surface, it was observed that the charge transfer resistance was linearly decreased as the MgO-SiO<sub>2</sub> composite was added into NiO/MgO-SiO<sub>2</sub> composite synthesis. As a result, the electrode and electrolyte were able to transfer charge quickly. An important parameter to evaluate the suitability of a real-time electrolyzer device is the stability of the electrocatalyst. Consequently, the stability of sample 3 based on NiO/MgO-SiO<sub>2</sub> composite was investigated using a fixed current density of 40 mA cm<sup>-2</sup> for 40 hours as shown in Fig. 6e. Sample 3 showed a minute loss of overpotential at fixed current density, suggesting its good compatibility with the electrode. It is likely that sample 3 exhibited improved stability due to the mechanical stability that was conferred by the bare MgO-SiO2 composite into NiO/MgO-SiO2 composite via a unique structure architecture and the easy bubbling of oxygen gas out of the composite. The durability of sample 3 of the NiO/MgO-SiO<sub>2</sub> composite was evaluated by comparing the LSV curves measured before and after the stability test for 40 hours, as shown in Fig. 6f. Sample 2's LSV curves overlapped without any significant differences in onset potential or overpotential, demonstrating its excellent durability and capability for longterm use. An electrocatalyst's performance is directly related to its surface area that favors OER activity due to the exposure of active sites to the electrolyte, resulting in an enhanced oxidation process.47 As shown in the ESI Fig. S1,† the electrochemical active surface area (ECSA) was calculated by measuring the double layer capacitance  $(C_{dl})$  using non-faradic CV curves for pure NiO, the bare MgO-SiO<sub>2</sub> composite, and samples 2 and 3 of the NiO/MgO-SiO2 composite at varying scanning rates. In the CV curves, the linear shape was verified against different scan rates with significant slope values corresponding to  $C_{dl}$  of

anodic and cathodic sides at a fixed potential of 0.02 V against Ag/AgCl and in this potential range, the CV behavior was found to be almost non-faradic in nature. In order to obtain the ECSA values of these materials, the current density was divided by the electrode area. 47 The ECAS analysis indicated the corresponding values of pure NiO, bare MgO-SiO2 composite, sample 1 and sample 2 as 0.118, 0.009, 0.120 and 0.128 mF cm<sup>-2</sup> respectively. Electrocatalytic performance could be improved due to the enriched surface area in sample 3. Moreover, the performance of the NiO/MgO-SiO2 composite-based sample 3 towards OER was compared with recent reports and observations are given in ESI Table S1.† It was observed that the presented NiO/MgO-SiO<sub>2</sub> composite is low-cost, facile, exhibits a low overpotential and is ecofriendly, hence it could be used as an alternative electrocatalyst for water splitting in alkaline conditions. In alkaline electrolyte conditions, hydroxide ions are adsorbed on the surface of the electrode for the promotion of OER half-cell water splitting. Generally, the adsorption of hydroxide ions on the surface of metal oxide involves several steps with successive release of oxygen gas. For instance, OER proceeds in alkaline electrolytes via the following sequential steps eqn (2)-(5):

$$OH^- \rightarrow (OH)_{ads} + e^-$$
 (2)

$$(OH)_{ads} + OH^{-} \rightarrow (O^{-})_{ads} + H_{2}O$$
 (3)

$$(O^{-})_{ads} \to (O)_{ads} + e^{-}$$
 (4)

$$2(O)_{ads} \rightarrow O_2 \uparrow$$
 (5)

# 3.3. Supercapacitor performance of the $\rm NiO/MgO{-}SiO_2$ composites

From the structural and electrochemical OER investigations, it was found that the inclusion of the MgO-SiO2 composite during NiO/MgO-SiO<sub>2</sub> composite preparation increased structure variation, particle size, and surface functionality, thereby enhancing electrochemical performance during OER activity. NiO/MgO-SiO<sub>2</sub> composite samples 2 and 3 were deposited onto nickel foam due to its large surface area and excellent current collection properties and used during CV measurements in 3 M KOH aqueous solution. During CV experiments, the potential window was -0.1 to 0.6 V and different scan rates were employed. As shown in Fig. 7a-e, the corresponding curves for nickel foam, pure NiO, bare MgO-SiO2 composite, sample 2 and sample 3 were recorded at various scan rates. As a result of the use of electrode materials, two distinctive redox peaks were observed, indicating the features of pseudocapacitance energy storage. A typical reversible energy storage system between Ni<sup>2+</sup> and Ni3+ is represented in the following chemical equation.48

$$NiO + OH^- \rightleftharpoons NiOOH + e^-$$
 (6)

The CV curve analysis revealed that sample 1 retained the well-defined redox peaks without significant alteration at high scan rates, suggesting good electrochemical activity and cycling

each electrocatalyst. The current density was picked for the

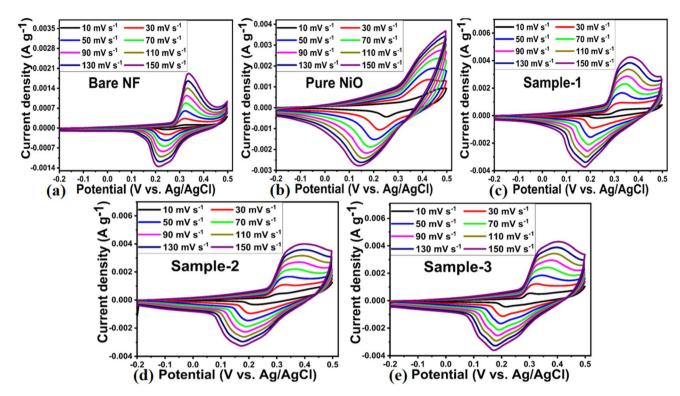


Fig. 7 CV curves of (a) bare nickel foam, (b) pure NiO, (c) MqO-SiO<sub>2</sub> composites (sample 1), and (d and e) NiO/MqO-SiO<sub>2</sub> composites (sample 2 and sample 3) using different scan rates in electrolytic solution of 3 M KOH for the illustration of capacitance performance of each electrode material.

rate. NiO/MgO-SiO2 composite sample 3 exhibited CV curves that were relatively larger than those of other electrode materials, thus confirming the superior electrochemical capacitance at the lowest scan rate of 5 mV s<sup>-1</sup>. CV curves demonstrated high correlation with electrochemical results obtained during OER studies, confirming the enhanced electrochemical activity of sample 3. As a result of the large surface area, unique mechanical structure, rapid charge transport, and synergetic effect, sample 3 demonstrated enhanced pseudocapacitive energy storage performance over bare nickel foam, pure NiO, bare MgO-SiO<sub>2</sub>, and sample 1 of NiO/MgO-SiO<sub>2</sub>. MgO-SiO<sub>2</sub> composites with high content provided a large nanoscale surface area for the deposition of NiO layers, thus increasing the surface area of the NiO/MgO-SiO2 composite for frequent interaction with hydroxide ions, resulting in high adsorption of hydroxide ions and therefore fast charge storage. A subsequent increase in the current was seen in the CV curves with increasing scan rates as a result of the development of thick diffusion layers at slower scan rates, which restricted the electrolyte flow penetrating the electrode, 49 hence the decrease in current as depicted in Fig. 7a-e. As the scan rate is increased, irreversibility and quasi-reversibility increase because of potential polarization and electrolytic resistance, which further shifts oxidation and reduction peaks to higher and lower potentials, respectively.<sup>50</sup> CV curves of sample 2 and sample 3 of NiO/MgO-SiO<sub>2</sub> composites indicated more battery-like characteristics. CV curves for sample 3 show a higher current response than that of sample 2, indicating that both the MgO-SiO<sub>2</sub>

composite and NiO exhibited synergetic effects. Furthermore, the higher content of the bare MgO-SiO<sub>2</sub> composite during the preparation of sample 3 remained responsible for the generation of current due to differences in the synthetic conditions. Galvanic charge-discharge (GCD) analysis was carried out to describe the electrode materials' electrochemical performance using different current densities in 3 M KOH electrolytic solution as shown in Fig. 8a-e. A variety of electrode materials were used, including pure NiO, bare nickel foam, bare MgO-SiO2 composite, and samples 2 and 3 of NiO/MgO-SiO2 composite. They were tested in GCD measurements at current densities of 1.5, 2.5, 3.5, 4.5, and 5.5 A g<sup>-1</sup>, as shown in Fig. 8a-e. GCD curves indicated the pseudo capacitance features of electrode materials to be used; however, sample 3 exhibited superior specific capacitance and was highly correlated with the CV curves. Furthermore, the electrode material based on sample 3 has the largest charging-discharging cycles as compared to pure NiO, bare nickel foam, bare MgO-SiO2 composite and sample 2 of NiO/MgO-SiO2 composite. Using a previously reported method<sup>48</sup>, the specific capacitance  $(C_s)$  of these electrode materials was estimated at different current densities. As shown in Fig. 9a, the resultant  $C_s$  values for pure NiO, bare nickel foam, bare MgO-SiO2 composite, and samples 2 and 3 of NiO/MgO-SiO<sub>2</sub> composite were determined. Among the electrode materials, sample 2 had the highest  $C_s$  at 1.5 A  $g^{-1}$ , with the lowest current density. The inclusion of MgO-SiO2 composite into NiO for developing NiO/MgO-SiO2 composite plays a significant role in enhancing the specific capacitance due to the larger surface

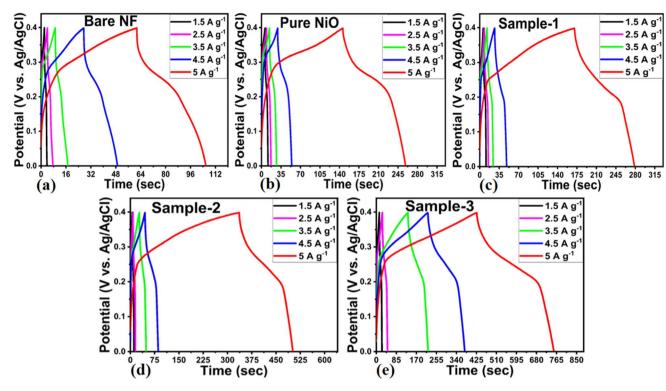


Fig. 8 Galvanic charge—discharge cycles of (a) bare nickel foam, (b) pure NiO, (c) MgO-SiO $_2$  composites (sample 1), (d and e) NiO/MgO-SiO $_2$  composites (sample 2 and sample 3) using current densities from 1.5 to 5 A  $\rm g^{-1}$  in an electrolytic solution of 3 M KOH for the illustration of capacitance performance of each electrode material.

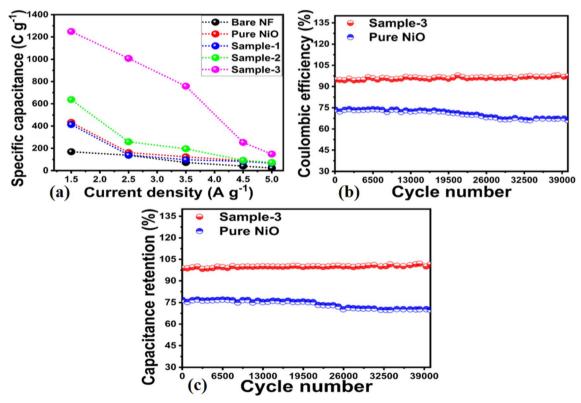


Fig. 9 (a) Calculated specific capacitance MgO–SiO<sub>2</sub> (sample 1), NiO/MgO–SiO<sub>2</sub> composites (sample 2 and sample 3) from GCD cycles at different current densities of 1.5 A  $g^{-1}$  to 5 A  $g^{-1}$ , (b) corresponding coulombic efficiency analysis for repeatable GCD cycles of 40 000 at 1.5 A  $g^{-1}$  for pure NiO and NiO/MgO–SiO<sub>2</sub> composites (sample 3), and (c) % capacitance analysis for repeatable GCD cycles of 40 000 at 1.5 A  $g^{-1}$  for pure NiO and NiO/MgO–SiO<sub>2</sub> composites (sample 3).

area, higher adsorption rate of hydroxide ions, and rapid charge transfer. In sample 3, the solution resistance decreased as a result of enhanced ion transport at the electrode/electrolyte interface. Due to its high electrochemical performance, sample 3 has been used for stability testing using repeatable 40 000 GCD cycles at 1.25 A g<sup>-1</sup> and compared with the pure NiO for demonstrating cycling stability in terms of capacitance retention % and coulombic efficiency, as shown in Fig. 9b and c. It could be seen the pure NiO suffered from poor % capacitance retention and coulombic efficiency compared to NiO/MgO-SiO<sub>2</sub> (sample 3). During 40 000 GCD cycles, sample 3 of NiO/MgO-SiO<sub>2</sub> composite maintained 101.5% of its initial capacitance and nearly 97.6% coulombic efficiency. In the repeatable GCD cycles, sample 3 was subjected to mechanical stress and strain as well as electrolytic ions extraction at all times during stability measurements, which contributed to slight degradation.<sup>51</sup> Briefly, the obtained results of one electrode material including bare nickel foam, pure NiO, MgO-SiO<sub>2</sub> composite (sample 1), NiO/MgO-SiO<sub>2</sub> composite (samples 2 and 3) are given in ESI Table S2.† Also, the performance of the NiO/MgO-SiO<sub>2</sub> composite (sample 3) was compared with the reported electrode materials in terms of specific capacitance as given in ESI Table S3.† It was clearly observed that the presented electrode material has a high potential to store the charge owing to its facile and ecofriendly nature.

### 3.4. Asymmetric supercapacitor (ASC) device application of the NiO/MgO-SiO2 composite

An asymmetric supercapacitor (ASC) based on a two electrode cell set-up was developed in order to assess the practical suitability of the NiO/MgO-SiO<sub>2</sub> composite as an energy storage device. Activated carbon derived from rice husks was used as the cathode and the NiO/MgO-SiO<sub>2</sub> composite was used as the anode in the ASC device. Both the cathode and anode have an area of  $2 \times 2$  cm<sup>2</sup>. CV, GCD, and cycling stability were used to study the performance of the ASC device in 3 M KOH electrolytic solution. The CV curves of AC derived from rice husk are shown in the ESI Fig. S2<sup>†</sup> and they have shown non-Faradic aspects of AC. Fig. 10a and b illustrate the electrochemical performance of the NiO/MgO-SiO2 composite at different scan rates and current densities. NiO/MgO-SiO2 composites operate within a potential range of -0.1 to 1.6 V without electrolyte polarization. The ASC device has been shown to exhibit pseudocapacitive characteristics both through CV and GCD. As shown in Fig. 10c, the  $C_s$  was calculated using GCD curves at different current densities for the presented ASC device. In the ASC device, it was shown that the  $C_s$  was 344.12 F  $g^{-1}$  at 1.5 A  $g^{-1}$ . Moreover, the scan rate had an impact on the current response and CV curve shape. Fig. 9d shows the energy and power densities calculated from the GCD cycles of the proposed ASC

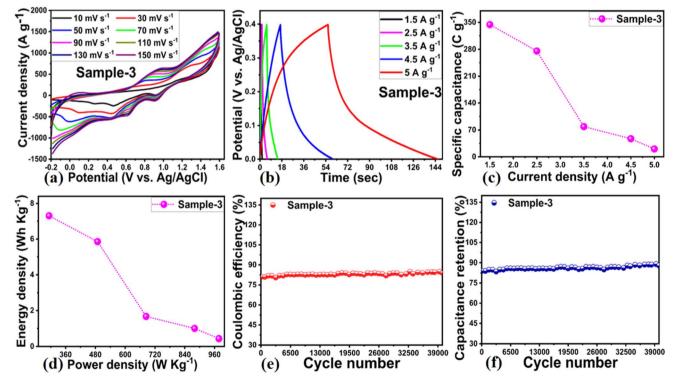


Fig. 10 (a) ASC performance of NiO/MgO-SiO<sub>2</sub> composites (sample 3) as the anode material and cathode of AC through CV cycles at different scan rates in 3 M KOH electrolytic solution, (b) GCD curves of NiO/MgO-SiO2 composites (sample 3) ASC, (c) calculated specific capacitance NiO/MgO-SiO<sub>2</sub> composites (sample 3) through GCD cycles measured at various current densities, (d) corresponding energy and power density of NiO/MgO-SiO<sub>2</sub> composite (sample 3) as the anode material during ASC device, (e) ASC cycling stability performance of the NiO/MgO-SiO<sub>2</sub> composite (sample 3) during 40 000 GCD repeatable cycles at fixed current density of 1.5 A g<sup>-1</sup> through coulombic efficiency, and (f) cycling stability via % capacitive retention of NiO/MgO-SiO<sub>2</sub> composites (sample 3) as the anode material in the ASC device in 3 M KOH electrolytic solution.

device according to a previous study.<sup>48</sup> Additionally, the ASC device's cycling stability was investigated *via* repeatable 40 000 GCD cycles, and the device maintained an 88.9% capacitance retention rate at 1.5 A g<sup>-1</sup> and an 84.6% coulombic efficiency. A slight decrease in cycling stability was observed during the test, which could be attributed to the continuous degradation of the anode and cathode materials. The performance ASC device based on the NiO/MgO-SiO<sub>2</sub> composite (sample 3) was correlated with the recent ASC devices and it was seen that the proposed ASC exhibited comparable or superior performance to many of the reported ASC devices in terms of synthesis, specific capacitance and cycling stability, as shown in the ESI Table S4.†

### 4. Conclusions

To summarize, grapefruit peel extract was used to synthesize MgO-SiO<sub>2</sub> composites in situ, and different masses were used to fabricate NiO/MgO-SiO<sub>2</sub> composites through the hydrothermal method. The NiO/MgO-SiO<sub>2</sub> composites showed nanoparticle-like orientations and cubic phases of MgO and NiO. Numerous functional groups were observed on the surface of the NiO/MgO-SiO2 composites, as well as a significant reduction in the optical band gap of the composites. In alkaline media, these composites were employed as electrocatalytic materials for energy conversion and storage use. The NiO/MgO-SiO<sub>2</sub> composite (sample 3) exhibited the highest electrochemical performance and the lowest overpotential during the OER activity with significant stability and durability in 1 M KOH. The superior supercapacitor performance of sample 3 was also found to be highly improved, with a specific capacitance of  $1248.72 \text{ F g}^{-1}$  at  $1.5 \text{ A g}^{-1}$  in a 3 M KOH solution. An ASC device was constructed using sample 3, which demonstrated an improved specific capacitance of 344.12 F g<sup>-1</sup>, an energy density of 7.31 W h kg<sup>-1</sup> and a power density of 293.25 W kg<sup>-1</sup>. Over repeated GCD cycles at 1.5 A g<sup>-1</sup>, the enhanced cycling stability of the ASC device based on the NiO/MgO-SiO2 composite was also demonstrated with 88.9% capacitance retention. These findings suggest that grapefruit peel extract may serve as a viable biomass waste material for the in situ synthesis of MgO-SiO<sub>2</sub> composites for the development of next-generation energy storage devices.

# Data availability

The authors declare that the data supporting this study's findings are available within the paper.

### **Author contributions**

Gulzar Ali: conducted material synthesis. Aneela Tahira: performed XRD analysis and drafted the manuscript. Asma Hayat: conducted partial electrochemical tests. Mukhtiar Ali Bozdar: performed FTIR measurements. Muhammad Ali Bhatti: conducted optical band gap analysis. Elmuez Dawi: validated the results. Ayman Nafady: reviewed the obtained results and proofread the manuscript. Matteo Tonezzer: conducted EIS analysis. Ghulam Mustafa Thebo: performed SEM analysis.

Muhammad Kashif Samoon: conducted EDS analysis. Zafar Hussain Ibupoto: supervised the work and wrote the original draft of the paper.

### Conflicts of interest

The authors have no conflict of interest in the presented research work.

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