

Cite this: *Mater. Adv.*, 2025,
6, 2975

Novel biobased, flexible blocky copolyesters based on poly(lactic acid) and poly(ethylene azelate)[†]

Rafail O. Ioannidis, Zoe Terzopoulou, * Alexandra Zamboulis, Nikolaos D. Bikiaris, Michiel Jan Noordam and Nikolaos Nikolaidis*

The synthesis and characterization of a series of novel, high molecular weight poly(lactic acid)-*b*-poly(ethylene azelate) (PLA-*b*-PEAz) blocky copolyesters are reported for the first time. The copolyesters were synthesized by the ring-opening polymerization (ROP) of L-lactide, using oligo(ethylene azelate) as a macroinitiator. Four different comonomer mass ratios were used in the feed, namely 97.5-2.5, 95-5, 90-10, and 80-20, the minor comonomer being PEAz. Gel permeation chromatography (GPC) and intrinsic viscosity measurements [η] confirmed the high number average molecular weight (\overline{M}_n) of the materials, ranging from 10 to 80 kg mol⁻¹, while the chemical structure was studied *via* nuclear magnetic resonance (NMR) and Fourier transform infrared spectroscopy (FTIR). NMR analysis indicated the formation of block copolymers; however, confirming the presence of triblock structures proved challenging. Therefore, a system consisting of PLA-*b*-PEAz block copolyesters along with PLA segments was proposed and described as blocky copolyesters. According to differential scanning calorimetry (DSC), the melting temperatures of the copolymers exhibited only slight shifts toward lower values, whereas the glass transition and cold crystallization temperatures decreased significantly, indicating enhanced flexibility. Furthermore, isothermal crystallization experiments from the melt suggested that the crystallization ability of the PLA-based copolyesters was improved compared to PLA. The thermal stability of most copolyesters was enhanced. The mechanical performance was assessed *via* tensile and flexural measurements, revealing high elongation and Young's modulus values, indicating tough and strong materials. Moreover, during the three-point bending tests, none of the copolyesters fractured.

Received 7th January 2025,
Accepted 10th April 2025

DOI: 10.1039/d5ma00014a

rsc.li/materials-advances

1. Introduction

Due to the rapid production of fossil-based polymers and their extensive accumulation in the environment, new legislations have been implemented regarding their safe-by-design manufacture by the European Union.¹ In recent years, the annual growth of plastic production and its contribution to greenhouse gas emissions has exceeded 400 million tons and 1.7 billion tons. Given the depletion of fossil fuels and their contribution to climate change, the development of polymers from renewable resources is crucial as a sustainable alternative to replace fossil-based counterparts.² These polymers must ensure top quality and performance for each application while being environmentally friendly and posing no threat to all living organisms at the same time.^{3,4}

The field of renewable resource-based polymers has advanced rapidly in recent decades, with researchers exploring a wide range of alternative materials to replace fossil-based counterparts, *e.g.* epoxy resins, polymers with long-chain aliphatic chains or with rigid structures, such as bio-poly(ethylene terephthalate) (bio-PET), bio-polyethylene (bio-PE), poly(2,5-furan dicarboxylate) (PEF), and poly(lactic acid) (PLA). These polymers can be obtained, for example, *via* the valorization of biomass such as sweet corn, sugar cane, or agricultural waste.⁵⁻⁷ PLA is such a biobased polyester (*i.e.* L-lactide is primarily derived from corn) and can be used in a plethora of industry sectors as an alternative to PET and poly(propylene terephthalate) (PPT) for the production of plastic and disposable bags, fibers, and textiles.⁸ It is important to note that the non-renewable energy and greenhouse gas (GHG) emissions produced during the manufacturing of PLA are significantly lower compared to those of PET.^{9,10} In this light, plant-based resources can be utilized for producing PLA or PEF to substitute PET in the engineering sectors.¹¹⁻¹³

High molecular weight (MW) PLA samples can be synthesized by implementing one of the most efficient methods, the

Laboratory of Polymer and Colors, Chemistry and Technology, Aristotle University of Thessaloniki, GR-541 24, Thessaloniki, Greece. E-mail: terzoe@gmail.com, nfnikola@chem.auth.gr

[†] Electronic supplementary information (ESI) available. See DOI: <https://doi.org/10.1039/d5ma00014a>



ring-opening polymerization (ROP) of L-lactide. All of PLA's properties, including mechanical and thermal, are affected by its MW.^{14,15} Consequently, increasing the MW of PLA leads to higher thermal transitions, such as a higher melting temperature of approximately 170–180 °C. In addition, additives can further enhance the thermal and crystallization properties of PLA.^{16,17} Unsurprisingly, PLA has made a significant impact due to its versatility, finding applications in diverse fields such as packaging, screen-printed electronics, pharmaceutical drug delivery, agriculture, and construction.¹⁸ End-of-life management is critical for material development (*e.g.* polyesters), and given PLA's low degradation rate, new recycling methods must be developed. In this context, Siddiqui *et al.*¹⁹ investigated the impact of alkaline hydrolysis assisted by microwave irradiation for PLA recycling and reported a 100% depolymerization of PLA under relatively mild conditions.

Properties such as brittleness, crystallization rate, low biodegradability, and barrier properties of PLA must be improved to expand its range of applications.^{20,21} Synthesizing copolyesters based on PLA is a facile method to improve the properties of PLA by combining desirable features of two or three comonomers. For instance, PLA can be a strong material as it exhibits high Young's modulus values, and adding a long aliphatic polyester can improve its elongation, resulting in a strong and tough substrate.^{14,22} The presence of a second comonomer in the macromolecular chains of the predominant polymer can enhance the crystallization rate and mechanical performance of the copolymers. For instance, in PLA-*b*-poly(ethylene glycol) (PEG) block copolymers, PEG as the second block increased the crystallization rate of PLA under melt isothermal conditions and significantly enhanced its elongation.^{23,24} Designing copolyesters with tunable properties can be challenging, as achieving high MW—which are critical for optimal material performance—remains difficult (*e.g.*, over 50 kg mol⁻¹). Thus, obtaining high MW copolyesters is still a task at hand and one of the most crucial factors that must be considered for extrusion purposes.²⁵

PEAz is a biobased and biodegradable,^{26,27} long-chain aliphatic polyester derived from azelaic acid (AzA) and ethylene glycol (EG) that can be used to tune the properties of PLA through copolymerization. Valorization of biomass can lead to the synthesis of both AzA and EG, and the most common starting materials for their production are oleic acid and cellulose, respectively.²⁸ The mechanical performance of PLA, especially its elongation, can be improved by the addition of long aliphatic building blocks.²⁹ Papageorgiou *et al.*^{27,30} studied the crystallization behavior of PEAz and found a high crystallization rate, which means that it can further improve the molecular mobility of the macromolecular chains of PLA and, therefore, its mechanical performance.³¹ This study aims to provide valuable insights into the synthesis of novel biobased and potentially biodegradable PLA-*b*-PEAz copolyesters with high MW, intended for a broad range of applications including food packaging and printed electronics (PE).^{22,32,33} To address PLA's inherent brittleness, flexible PLA-based copolyesters incorporating PEAz were designed to enhance its mechanical performance by increasing elongation to values exceeding 50%, approaching 100%, while simultaneously achieving high Young's modulus

values above 1.5 GPa. To be suitable for engineering applications, their excellent mechanical performance must be complemented by high melting temperatures.⁸

The goal of this study is to synthesize novel biobased flexible copolyesters with high MW, suitable for engineering applications. Thus, five different flexible poly(lactic acid)-*b*-poly(ethylene azelate) (PLA-*b*-PEAz) block copolyesters were synthesized *via* the ring-opening polymerization (ROP) of L-lactide. The homopolyesters PLA and PEAz were synthesized through ROP of L-lactide, and a two-stage melt polycondensation reaction, respectively. Gel permeation chromatography (GPC) and intrinsic viscosity [η] measurements revealed the high MW of the materials. Nuclear magnetic resonance (NMR) and Fourier transform infrared spectroscopy (FTIR) were used to study the chemical structure of the materials. In the case of PLA-*b*-PEAz copolyesters, blocky structures were proposed, that include both block copolymer and PLA homopolymer chains. The thermal and crystallization behavior was further studied *via* differential scanning calorimetry (DSC) and X-ray diffraction (XRD), where all materials exhibited high melting temperatures. Isothermal melt crystallization experiments were performed using DSC and polarized light microscopy (PLM) to investigate the crystallization kinetics of the copolymers. Almost all copolymers exhibited enhanced thermal stability compared to PLA, which was examined *via* thermogravimetric analysis (TGA). The presence of the second comonomer significantly improved the mechanical performance of PLA. As a function of the PEAz content, all the synthesized materials outperformed PLA, with each copolyester showing distinct differences in their mechanical response. Finally, the off-white color of the materials was confirmed by color measurements.

2. Experimental section

2.1. Materials

Azelaic acid (AzA) (purity >99.0%) was purchased from Fluka (Steinheim, Germany), 1,2-ethanediol (anhydrous, >99.8%), 1-dodecanol and Tin(ii) 2-ethylhexanoate (Sn(Oct)₂) was supplied from Aldrich Co., (London, UK). Titanium butoxide (Ti(OBu)₄, purity: >97.0%) was purchased from Sigma Aldrich Chemical Co (Steinheim, Germany), and L-lactide (LA) (99.9%) was purchased by PURAC Biochem BV (Gorinchem, The Netherlands) under the brand name PURASORB[®]L. All other materials and solvents used were of analytical grade.

2.2. Synthesis of aliphatic (co)-polyesters

2.2.1. Synthesis of poly(ethylene azelate) (PEAz) and poly(lactic acid) (PLA). Poly(ethylene azelate) (PEAz) was synthesized *via* a two-stage melt polycondensation procedure (esterification and polycondensation) (Fig. 1a). In the first stage, PEAz oligomers were synthesized by adding azelaic acid and 1,2-ethanediol, in a 1/1.1 molar ratio, in a round-bottom flask equipped with a mechanical stirrer. The polymerization apparatus was purged with nitrogen several times and inserted into a heated salt bath at 190 °C for 3.5 h, with constant stirring (350 rpm) under a nitrogen flow in the presence of 400 ppm of Ti(OBu)₄. When the theoretical amount of water was collected



with distillation, a high vacuum (5.0 Pa) was slowly applied for the second stage to avoid excessive foaming and PEAz sublimation for 15 min. The temperature gradually increased from 220 °C to 250 °C for 2 h under constant stirring (400 rpm). At the end, the reaction flask cooled down to room temperature.

Poly(lactic acid) (PLA) was synthesized *via* the ring opening polymerization (ROP) of L-lactide (Fig. 1b), where 400 ppm of Sn(Oct)₂ and 1-dodecanol (dissolved in acetone), with a molar ratio of L-lactide to 1-dodecanol 1.08×10^3 , were added in a round-bottom flask, at 160 °C for 2 h (350 rpm), under nitrogen flow (N₂). The unreacted monomer was removed from the flask by applying slowly high vacuum (5.0 Pa) distillation for 15 min at 180 °C (400 rpm). The polymerization reaction was finished by rapidly cooling the flask at room temperature.

2.2.2. Synthesis of poly(lactic acid)-*b*-poly(ethylene azelate) copolyesters. PLA-*b*-PEAz copolyesters were synthesized *via* the ring opening polymerization (ROP) of L-lactide (Fig. 1c) using four different comonomer mass ratios. The polymerization started with the addition of the catalyst Sn(Oct)₂ (400 ppm based on L-lactide) and PEAz, which acted as a macroinitiator for the ROP of L-lactide. The catalyst, the initiator, and L-lactide were placed in a round bottom flask, then the oxygen was removed, and the apparatus was filled with N₂ multiple times. The first stage of the reaction was carried out at 180 °C for 2 h with constant stirring (350 rpm). To remove the unreacted monomers and low MW oligomers and to increase the MW of the copolyesters, a high vacuum (5.0 Pa) was applied with a constant increase of the stirring (400 rpm) at 210 °C for 15 min. The polymerization reaction was finished by rapidly cooling the flask at room temperature.

2.3. Polymer characterization

2.3.1. Gel permeation chromatography (GPC). The molecular weight of the materials was determined using Gel permeation

chromatography (GPC) with a Waters 600 high-performance liquid chromatographic pump, Waters Ultrastaygel columns HR-1, HR-2, HR-4E, HR-4, and HR-5, and a Shimadzu RID10A refractive index detector. 9 polystyrene (PS) standards of MW between 2.5 and 900 kg mol⁻¹ were employed for the calibration. The prepared solutions had a 10 mg mL⁻¹ concentration in chloroform; the injection volume was 150 μL, and the total elution time was 50 min. The oven temperature was 40 °C.

2.3.2. Intrinsic viscosity. Measurements of intrinsic viscosity [η] were conducted using an Ubbelohde viscometer at 25 °C in chloroform. The measurements were carried out after the complete dissolution of the polymers at room temperature. The solution was filtered through a disposable Teflon membrane filter. The Solomon-Ciuta equation²⁵ (eqn (1)) was used to calculate the intrinsic viscosity of the samples:

$$[\eta] = \frac{\left(2 \left\{ \frac{t}{t_0} - \ln \left(\frac{t}{t_0} \right) - 1 \right\}\right)^{1/2}}{c} \quad (1)$$

where c is the solution concentration, t is the solution's flow time, and t_0 is the flow time of the solvent. The measurements were conducted in triplicate, and the average value was calculated.

2.3.3. Attenuated total reflectance Fourier transform infrared spectroscopy (ATR-FTIR). The samples' ATR-FTIR spectra were recorded utilizing an IRTracer-100 (Shimadzu, Japan) equipped with a QATR™ 10 Single-Reflection ATR accessory with a diamond crystal. The spectra were collected in the range from 450 to 4000 cm⁻¹ at a resolution of 2 cm⁻¹ (a total of 16 co-added scans), while the baseline was corrected in absorbance mode.

2.3.4. Nuclear magnetic resonance (NMR). Nuclear magnetic resonance (NMR) spectra were recorded in deuterated chloroform for the structural study of polymers. An Agilent 500 spectrometer was utilized (Agilent Technologies, Santa Clara,



Fig. 1 Synthesis of (a) PEAz, (b) PLA, and (c) PLA-*b*-PEAz blocky copolyesters.



CA, USA) at room temperature. Spectra were calibrated using the residual solvent peaks.

2.3.5. Differential scanning calorimetry (DSC). A PerkinElmer Pyris Diamond DSC differential scanning calorimeter calibrated with pure indium, zinc, and tin standards was used to conduct differential scanning calorimetry measurements in a nitrogen atmosphere. The sample mass was $5 \text{ mg} \pm 0.1$ and sealed in aluminum pans.

The semicrystalline polyester samples were heated at $20 \text{ }^\circ\text{C min}^{-1}$ up to a temperature $T = T_m + 40 \text{ }^\circ\text{C}$ to evaluate their melting temperature (T_m). Amorphous materials were obtained by heating the samples to $40 \text{ }^\circ\text{C}$ above the melting temperature and holding it there for 3 minutes to erase their thermal history, followed by a cooling step in the DSC at the highest rate possible.³¹ Thus, the glass transition temperature (T_g), cold (T_{cc}) and T_m were measured for the quenched samples, during the heating step at $20 \text{ }^\circ\text{C min}^{-1}$. Finally, the materials were cooled from the melt ($T_m + 40 \text{ }^\circ\text{C}$) at $10 \text{ }^\circ\text{C min}^{-1}$ to a temperature below T_g ($T_g - 40 \text{ }^\circ\text{C}$) for the determination of the crystallization temperature (T_c) and the crystallization enthalpy (ΔH_c). The relative degree of crystallinity (X_c) was calculated with equation 2:²⁵

$$X_c (\%) = \left(\frac{\Delta H_m - \Delta H_{cc}}{\Delta H_m^0 \times \left(1 - \frac{\text{wt}\% \text{ PEAz}}{100}\right)} \right) \times 100 \quad (2)$$

where ΔH_m , ΔH_{cc} , ΔH_m^0 are the experimental melting enthalpy, cold-crystallization enthalpy, and the theoretical heat of fusion of 100% crystalline polymers, $\Delta H_m^0 = 93 \text{ J g}^{-1}$ and 160 J g^{-1} for PLA and PEAz, respectively. For the purpose of this study, only one value of enthalpy of fusion was chosen in the case of PLA (93 J g^{-1}), and further research is required to be carried out for potential changes using other ΔH_m^0 to obtain a range of different X_c (%).

During isothermal melt crystallization, the samples were heated at $40 \text{ }^\circ\text{C}$ above their T_m and held there for 3 minutes to erase any thermal history, then a cooling step in the DSC at the highest rate possible was performed to the selected crystallization temperature. The final step was a subsequent heating at $40 \text{ }^\circ\text{C}$ above their T_m .

2.3.6. X-ray diffraction (XRD). Samples were subjected to X-ray diffraction measurements with a MiniFlex II XRD system from Rigaku Co., with $\text{CuK}\alpha$ radiation ($\lambda = 0.154 \text{ nm}$) in the 2θ angle range from 5 to 45° at a scan speed of 1° min^{-1} .

2.3.7. Polarized light microscopy (PLM). For the PLM observations a polarized light microscope (Nikon, Optiphot-2) which was equipped with a Linkam THMS 600 heating stage, a Linkam TP 91 control unit, and a Jenoptic Gryphax Arktur camera with Gryphax software were used. Isothermal melt crystallization experiments were conducted following the procedure used for the corresponding DSC isothermal crystallization from the melt experiments.

2.3.8. Thermogravimetric analysis (TGA). TGA measurements were carried out using a NETZSCH STA 449F5 instrument (NETZSCH Group, Germany) in the temperature range of

$30\text{--}600 \text{ }^\circ\text{C}$, with a heating rate of $20 \text{ }^\circ\text{C min}^{-1}$, under a nitrogen atmosphere.

2.3.9. Mechanical performance *via* tensile and 3-point bending tests. Stress-strain tests were performed using a Shimadzu EZ Test Tensile Tester, Model EZ-LX with a 2 kN load cell, in accordance with ASTM D882 using a crosshead speed of 5 mm min^{-1} . Dumb-bell-shaped tensile test specimens ($0.40 \pm 0.05 \text{ mm}$ thickness, 22 mm gauge length) were cut in a Wallace cutting press after preparing compression molded samples using a thermopress. At least five measurements were conducted for each sample, and the results were averaged to obtain the mean values of Young's modulus, tensile strength at yield and breakpoint, and elongation at break. One-way ANOVA was used to determine the statistical significance.

3-Point bending tests were performed using a Shimadzu EZ Flexural Tester Model EZ-LX, with a 2 kN load cell, according to ASTM D790-17. Compression molded samples were prepared using a thermopress with appropriate dimensions; 12.7 mm wide and $<1.6 \text{ mm}$ thickness. The samples were tested flatwise on the support span, resulting in a support span-to-depth ratio of $16:1$ (tolerance ± 1). For every sample, at least five measurements were made, and the mean values were calculated by averaging the data of flexural's modulus and flexural strength. One-way ANOVA was used to determine the statistical significance.

2.3.10. Color measurements. Color measurements were performed using a Datacolor Spectraflash SF600 plus CT UV reflectance colorimeter (Datacolor, Marl, Germany) using the D65 illuminant, 10° standard observer with UV component excluded and specular component included. In each case, five-fold measurements were performed using a special holder (Datacolor) and the mean values were calculated. The color values were calculated using the CIE $L^*a^*b^*$ color space system. In this system, L^* represents the lightness ($L^* = 0$: black, $L^* = 100$: white). The a^* value corresponds to the green-red axis, where negative a^* values indicate green and positive a^* values indicate red hues. The b^* value represents the blue-yellow axis, where negative b^* values indicate blue and positive b^* values indicate yellow hues.

2.3.11. Statistical analysis. Statistical analysis was performed with one-way ANOVA with a *post hoc* Tukey test. The software used was IBM SPSS Statistics. A p -value of <0.05 was considered statistically significant.

3. Results and discussion

3.1. Synthesis and structure of PLA-*b*-PEAz copolyesters

GPC (Fig. S1, ESI[†]) and intrinsic viscosity $[\eta]$ measurements were conducted, investigating the \overline{M}_n and dispersity D , of the homo- and copolyesters (Table 1). The addition of the second comonomer resulted in the reduction of the \overline{M}_n of the copolyesters. Higher azelate content (macroinitiator) resulted in an increase of the hydroxyl end-groups and, thus, a larger number of initiation sites. So, by maintaining the same quantity of catalyst, the molar ratio of lactide to catalyst was constant, while the catalyst's active sites remained constant, resulting in a decrease of the \overline{M}_n .²⁵



Table 1 Number average molecular weight (\overline{M}_n) and D (GPC), and intrinsic viscosity $[\eta]$ of PLA, PEAz, and their copolyesters

Materials	\overline{M}_n (g mol ⁻¹)	D	$[\eta]$ (dL g ⁻¹)
PLA	78 100	3.14	1.89
PLA- <i>b</i> -PEAz_97.5-2.5	76 100	2.87	1.85
PLA- <i>b</i> -PEAz_95-5	68 800	2.98	1.76
PLA- <i>b</i> -PEAz_90-10	27 500	2.80	1.24
PLA- <i>b</i> -PEAz_80-20	11 600	3.64	0.82
PEAz	4900	4.11	0.42

\overline{M}_n : number average molecular weight, D : dispersity.

Fig. 2a shows the ATR-FTIR spectra of the homopolymers PLA, PEAz, and the copolyesters. The main characteristic peaks of PLA can be seen at 2997–2923 cm⁻¹ related to C–H stretching, at 1746 cm⁻¹ to C=O stretching, at 1453 cm⁻¹ to –CH₃ asymmetric bending, and at 1181 cm⁻¹ to the stretching of the –C–O–C– groups. For all copolyesters, the main peaks that appeared in the ATR-FTIR spectra were related to PLA because of the low PEAz content, but some peaks could be detected due to the presence of azelate segments. One of the most essential peaks was in the carbonyl's region. Fig. 2b shows the zoomed area of that region. A peak shoulder appeared only for copolyesters with 10% and 20% of PEAz, thus confirming the presence of the azelate segments. A weak peak at 1269 cm⁻¹ can be observed corresponding to the C–O/C–C stretch and it was also related to the azelate segments.

Fig. 3 displays the ¹H NMR and ¹³C NMR spectra of the synthesized polyesters. In the ¹H spectra, the appearance of resonance signals attributed to the –OCH– (B) and –OCH₂– (1) groups of PLA and PEAz, at 5.16 and 4.26 ppm confirm the successful polymerization. The signal at 2.32 ppm is attributed to the C(O)CH₂– (3) methylene group, the signal at 1.58 ppm to the methyl group (C), and the ones at 1.61 and 1.32 ppm to the –CH₂– groups (5,6). Traces of residual unreacted lactide (around 5 ± 1%) can be observed for all materials (signal at 5.04 ppm) except for the PLA-*b*-PEAz 80-20 copolyester, where no traces of lactide were observed. The strong signals of the C=O carbon (A & 2), corresponding to the esters of PLA and PEAz segments, are observed at 169.5 and 173.4 ppm in the ¹³C spectra. Furthermore, typical resonance signals of PLA and PEAz units were observed: 68.9 ppm (–OCH– B), 62.8 ppm

(–OCH₂– 1), 33.9 ppm (–C(O)CH₂– 3), 28.8 & 24.7 (–CH₂– 4,5,6) and 16.6 ppm (–CH₃ C).

End-chain –CHOH groups are observed for the PLA segments at 4.4 ppm, while the corresponding –CH₂OH groups are not observed for PEAz segments (expected around 3.5–3.8 ppm).³⁴ This observation is strong evidence of the successful copolymerization and suggests the formation of blocky copolymers PLA-PEAz-PLA, confirming that PEAz, *via* the end-chain OH groups, acted as a macroinitiator for the successful formation of copolyesters. DSC measurements (Fig. 4) can also support the successful synthesis of block copolymers; however, it was difficult to prove the formation of block copolymers *via* NMR measurements due to the presence of the aliphatic parts of PLA and PEAz. Thus, PLA-*b*-PEAz block copolyesters in the presence of PLA homopolymer moieties were suggested and referred to as blocky copolyesters.^{35,36} Due to the high \overline{M}_n of the copolymers and the relative structural similarity of PLA and PEAz (both are aliphatic), it is not possible to detect the units between PLA and PEAz segments to further calculate the micro-structure of the copolymers. Nevertheless, there is strong indirect evidence, *vide infra*, of the successful copolymerization. The composition of the copolymers is very close to the feed ratio (Table S1, ESI[†]). The lower PLA content can be attributed to the unreacted lactide and some loss due to sublimation.

3.2. Thermal properties and crystalline behavior

Fig. 4 shows the DSC scans of compression molded samples of neat PLA, PEAz, and PLA-*b*-PEAz copolyesters with heating rates of 20 °C min⁻¹ for the first and the second step (after quenching) and cooling rates of 10 °C min⁻¹ during cooling from the melt.

Fig. 4a shows that PEAz was a rapidly crystallizable polymer that crystallized during quenching. On the other hand, the crystallization of PLA from the melt and the glassy state was limited. In the case of the copolyesters, the first DSC scan (Fig. 4b) revealed that the relative degree of crystallinity (X_c) increased systematically with the presence of the long aliphatic segments of PEAz. The melting temperature (T_m) reduction of the copolyesters was minimal due to the formation of stable crystals. As validated by XRD (Fig. 7), the PLA crystal phase dominated. T_g and T_{cc} (Fig. 4c) were strongly affected by the second long aliphatic comonomer and shifted toward lower temperatures, making the copolyesters flexible materials. In addition, all materials exhibited limited crystallization ability during cooling from the melt (Fig. 4d) with low ΔH_c values (Table 2). The copolyester with 10 and 20 wt% of PEAz segments revealed additional thermal transitions. Overall, these results could suggest a partial phase separation, as it will be further discussed.^{31,37}

Applying a heating rate of 5 °C min⁻¹ to the quenched samples (Fig. 5), it was possible to observe two distinct T_g for the copolyesters with the highest PEAz content (10 and 20 wt%), once again. Partial phase separation probably occurred as the azelate blocky units trapped within the macromolecular chains of the PLA block segments and acted as plasticizers. Also, a weak T_m corresponding to PEAz moieties was revealed only for the copolyester PLA-*b*-PEAz₈₀₋₂₀. In this case, during heating



Fig. 2 ATR-FTIR spectra of (a) PLA, PEAz, and their copolyesters, and (b) zoom at carbonyl's region.



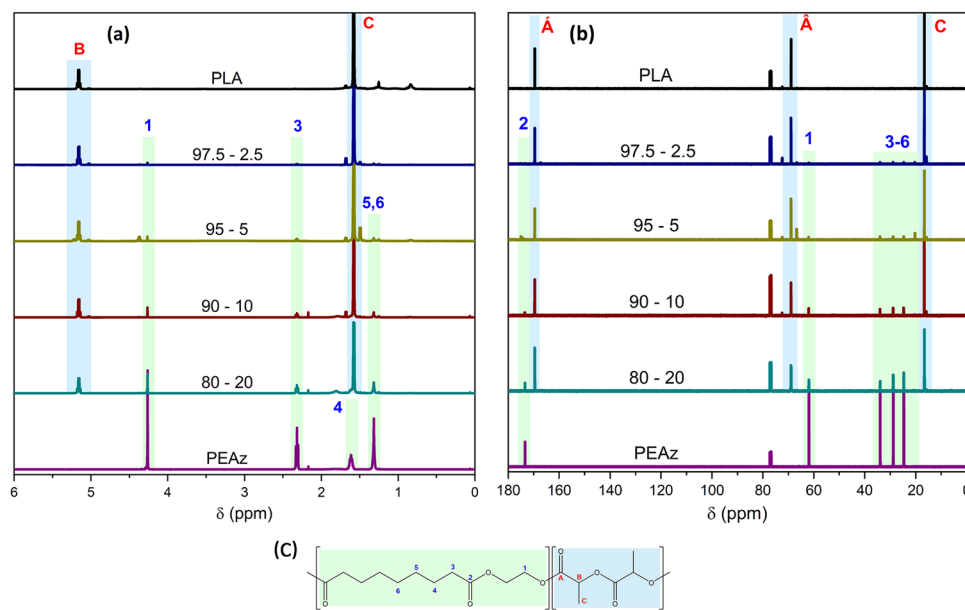


Fig. 3 (a) ¹H NMR, (b) ¹³C NMR spectra of the synthesized homopolymers and copolymers, and (c) the corresponding signal assignments.

at slow rates, crystals with enhanced thermodynamic stability were formed. Subsequently, the melting temperatures of the materials shifted slightly towards higher temperatures.

In order to increase the degree of crystallinity of the PLA-based copolymers, annealing experiments were performed. After annealing the compression molded samples of PLA and copolymers, sharp endotherm peaks appeared in the DSC scans of all samples with high X_c (%) values, which were calculated using eqn (1). In this way, for all materials, the melting temperatures were enhanced towards higher temperatures than those of the as-received samples, making them once again suitable substrates for engineering-like applications (Fig. 6).

Fig. 7a shows the XRD patterns of the compression molded samples of the synthesized homopolymers and copolymers. Only PEAz exhibited strong diffraction peaks, whereas for the PLA and PLA-based copolymers, the intensity of their peaks was relatively small because of their high MW, PLA's short aliphatic segment, and the presence of a side methyl group.³⁸ The copolymer with 20% azelate content exhibited stronger diffraction peaks than the other copolymers. PLA exhibited two main diffraction peaks, at 15.6 and 17.0°, corresponding to the crystal planes (010) and (200/110), respectively (Fig. 7a). After annealing (Fig. 7b), only a small fraction of the PEAz segments could crystallize within the main crystal lattice of the copolymers. As a matter of fact, only the main diffraction peak of the PEAz at 22.0° emerged (Fig. 7b). This indicated that the long aliphatic blocky segments of PEAz were excluded to the amorphous regions. Meaning that the long blocky aliphatic parts did not act as defects within the predominant crystal of PLA, thus the T_m of the copolymers remained almost unchanged (Fig. 4a). This is in agreement with previous studies in the literature.^{25,31,37,39} In all cases, the intensity of the diffraction peaks was increased.

3.3. Preliminary study of isothermal melt crystallization via DSC and PLM

Polymer crystallization constitutes a major and important field among the variety of characterization techniques that can be implemented for the investigation of the relationship between the structure and end-of-life properties. Furthermore, the in-depth study of isothermal crystallization kinetics of copolymers could lead to important outcomes regarding the comonomer composition independence to the overall performance of the material.^{40–42}

Isothermal melt crystallization kinetics⁴³ of PLA, PEAz, and PLA-*b*-PEAz copolymers were examined through DSC at various crystallization temperatures. Crystallization exothermic peaks are presented in Fig. S2 (ESI[†]). In every case, at small supercoolings ($\Delta T = T_m - T_c$), exothermic peaks became broader because at temperatures close to T_m , crystallization is hindered, but crystals with enhanced thermodynamic stability were formed. The relative degree of crystallinity ($X(t)$) was calculated based on the equation below to estimate the crystallization rate of the materials. $X(t)$ as a function of crystallization time at different temperatures was obtained (Fig. S3, ESI[†]) based on the fact the evolution of crystallinity was linearly proportional to the evolution of heat which was released during the crystallization.

$$X(t) = \frac{\int_0^t (dH_c/dt)dt}{\int_0^\infty (dH_c/dt)dt} \quad (3)$$

where dH_c denotes the enthalpy of crystallization of the slightest fraction of time interval dt . The limits t and ∞ on the integrals indicate the elapsed time during the process of crystallization and at the end of the crystallization, respectively. $X(t)$ indicates the necessary time required to reach 50% of the overall crystallinity during the isothermal melt crystallization process. Then, the $\tau_{1/2}$ data were calculated and were converted into the inverse





Fig. 4 (a) DSC traces of PEAz, and (b) PLA and PLA-*b*-PEAz copolyesters during heating at 20 °C min⁻¹ of as-received compression molded samples, (c) during heating at 20 °C min⁻¹ of quenched samples, and (d), during cooling at 10 °C min⁻¹.

Table 2 Thermal transitions of PLA, PEAz and PLA-*b*-PEAz copolyesters

Sample	As received			Quenched				Cooling		
	T_m (°C)	$\Delta H_m - \Delta H_{cc}$ (J g ⁻¹)	X_c (%)	T_g (°C)	T_{cc} (°C)	ΔH_{cc} (J g ⁻¹)	ΔH_m (J g ⁻¹)	T_m (°C)	T_c (°C)	ΔH_c (J g ⁻¹)
PLA	171.8	3.2	3.5	56.2	120.3	39.8	40.3	173.3	101.0	3.0
97.5-2.5	170.1	4.1	4.4	52.7	101.0	32.0	33.1	172.1	95.6	1.3
95-5	167.3	18.8	20.2	47.0	94.6	29.4	31.6	168.3	86.4	1.2
90-10	163.8	31.1	33.4	36.8	80.7/-24.7	25.8/0.4	37.7	166.4	85.5/-17.9	13.2/0.22
80-20	161.3	33.6	36.2	32.3/-52.6	72.9/-23.8	19.4/1.63	38.8	164.4	84.7/-15.0	25.3/0.37
PEAz	49.8	73.6	46	-53.2	—	—	70.5	42.3	13.7	59.6

crystallization half-times ($1/\tau_{1/2}$) that can also be used as a valuable tool for examining the crystallization rate of the materials. However, the most accurate way to compare the crystallization rates among different copolymers or polymers is to calculate the driving force or supercooling of the crystallization ($\Delta T = T_m - T_c$). Fig. 8 shows the variation of the $1/\tau_{1/2}$ as a function of supercooling.

During isothermal experiments from the melt, PLA exhibited the well-known unusual behavior with a maximum $1/\tau_{1/2}$

value at 100 °C.¹⁶ The presence of the second blocky azelate segment influenced the crystallization behavior of the copolyesters, and more specifically, the copolyesters exhibited higher crystallization rates than PLA at large supercoolings. This happened because, close to the melting temperature, the presence of crystals that can induce crystallization was limited. Also, recrystallization and melting could be two competitive phenomena that might suppress the isothermal melt crystallization process at temperatures close to T_m in the case of the





Fig. 5 DSC traces during heating of quenched samples at 5 °C min⁻¹.



Fig. 6 DSC traces of the materials after annealing at T_{cc} (onset) – 10 °C for 1 h for the compression molded samples. The DSC traces were recorded during the heating rate of 20 °C min⁻¹.

PLA-based copolyesters. Thus, at low supercoolings the crystallization ability of the copolyesters was hindered. The materials exhibited high \overline{M}_n , comparable to PLA, but by adding 10 and 20 wt% PEAz segments resulted in a rapid decrease of the \overline{M}_n . Thus, only the materials with high \overline{M}_n were taken into consideration for the comparison of the crystallization rates (Fig. 8) since \overline{M}_n strongly affects crystallization kinetics. The PEAz blocky segments enhanced the molecular mobility of the copolymers chains, based on the reduction of the T_c s and T_g s that was observed after quenching for all samples, resulting in higher crystallization rates for the isothermal melt



Fig. 7 XRD patterns of PLA, PEAz and their copolymers (a) using as-received compression molded samples and (b) after annealing of the compression molded samples at T_{cc} (onset) – 10 °C for 1 h.

crystallization experiments at large supercoolings. Klonos *et al.* studied in detail the molecular dynamics of aliphatic PLA-based copolyesters *via* broadband dielectric spectroscopy (BDS), supporting the improvement of the molecular mobility of PLA-copolyesters based on poly(propylene adipate) (PPAd) and poly(butylene succinate) (PBS).^{31,37,44}

The melting behavior of the homopolyesters and PLA-*b*-PEAz copolyesters was examined after isothermal melt crystallization through DSC. All materials exhibited multiple melting behavior, as observed in the DSC scans presented in Fig. 9. The copolymers revealed three endothermic peaks during heating at 20 °C min⁻¹, after the isothermal crystallization from the melt, and especially in the case of the copolyester with 2.5% of PEAz, distinct melting peaks emerged, making the impact of the second comonomer on the main crystal lattice noticeable. It is important to note that the crystallization temperature plays a crucial role in the melting behavior of the materials and that at different supercoolings the melting peaks can correspond to crystals with different thermal stability.

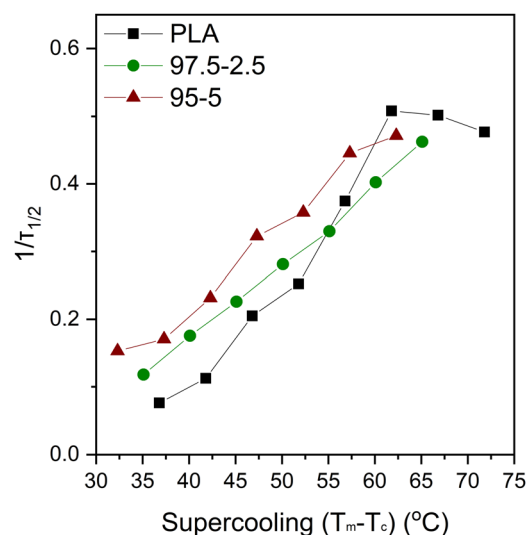


Fig. 8 Inverse $\tau_{1/2}$ as a function of supercooling during isothermal melt crystallization of PLA and PLA-*b*-PEAz copolyesters at various temperatures.





Fig. 9 Subsequent heating at $20\text{ }^{\circ}\text{C min}^{-1}$ after isothermal melt crystallization at the corresponding temperatures of (a) PLA, PLA-*b*-PEAz copolyesters, (b), 97.5-2.5, (c) 95-5, (d) 90-10, (e) 80-20, and (f) PEAz.

The melting behavior PLA has been thoroughly studied,^{45,46} and our results are in agreement with the detailed reports of Yasuniwa *et al.* on the melting behavior of PLA.⁴⁷ More specifically, PLA (Fig. 9) exhibited three melting peaks at high supercoolings, and a weak exothermic re-crystallization peak, which appeared after the first melting peak (I). Peak I was associated with the melting of defective crystals, and re-crystallization was observed due to the re-organization of the defective crystal lattice. Thus, the third (III) peak appeared because of the melting of recrystallized crystals, while the second peak (II) resulted from the melting of the primary crystals. Peaks I and II co-existed at T_c s (crystallization temperatures) over $115\text{ }^{\circ}\text{C}$. On the other hand, at small supercoolings (close to melting temperature), crystals with higher thermodynamic stability were formed, increasing the T_m . At $125\text{ }^{\circ}\text{C}$, all peaks were merged to one primary melting peak, and at higher crystallization temperatures, an additional peak appeared before the main melting peak.

PLA-*b*-PEAz copolyesters and PEAz exhibited a similar thermal behavior after isothermal crystallization from the melt (Fig. 9),

with the presence of three main melting peaks, except for the copolyester PLA-*b*-PEAz 97.5-2.5, which revealed an additional one. In the case of the copolyester with 2.5% PEAz, the weak endothermic first peak (I), which developed after the crystallization temperature, was associated with the melting of secondary crystals. The impact of the second comonomer was observed in the multiple thermal behavior, forming a wide endothermic peak with three different distinct melting peaks, implicating the development of crystals with different thermodynamic stability at high supercoolings. Compared with PLA, at low crystallization temperatures (high ΔT), no exothermic re-crystallization shoulder was observed in any part of the heating scan, indicating that either the azelate segments helped the formation of more stable crystals during the crystallization experiments from the melt or the melting area dominated over re-crystallization. Further studies will be implemented with modulated temperature DSC (MDSC) to investigate the mechanism of the multiple melting behavior of the PLA-*b*-PEAz copolyesters.⁴⁸

Fig. 10 shows the morphology of the spherulites that developed under isothermal conditions from the melt, as observed *via* polarized light microscopy (PLM). The pictures were taken at two different time intervals, the first at the early stage of the spherulite development and the other after the complete crystallization of the samples, at $115\text{ }^{\circ}\text{C}$. For PLA and its copolyesters, large and well-defined spherulites were formed in all compositions, including the Maltese cross morphology in their structure. This may indicate less nucleation and thus, the reduction of the crystal density of the copolyesters.³¹ PEAz exhibited high nucleation density at $30\text{ }^{\circ}\text{C}$, forming spherulites with a very small radius. Given the development of large size spherulites of the copolyesters, an in-depth study regarding their growth rate at different intervals of temperature and time will be carried out in the future.³⁸

3.4. Thermogravimetric analysis (TGA)

The mass loss of the samples as a function of temperature during heating at $20\text{ }^{\circ}\text{C min}^{-1}$ under inert atmosphere is presented in Fig. 11a. In Fig. 11b, the derivative TG curves revealed that the maximum rate degradation of PEAz occurred at higher temperatures than the degradation of PLA. More specifically, the degradation of PLA started at $270\text{ }^{\circ}\text{C}$, and at $410\text{ }^{\circ}\text{C}$, the process was completed. The degradation of PEAz, on the other hand, started from 400 to $520\text{ }^{\circ}\text{C}$ (Table S2, ESI[†]). For both homopolyesters, the degradation occurred in one step, whereas for the PLA-*b*-PEAz copolyesters, two well-defined steps appeared (Fig. 11b). Significant mass loss was observed over $300\text{ }^{\circ}\text{C}$ for all samples, and the maximum thermal degradation rate occurred from 371 to $380\text{ }^{\circ}\text{C}$ for PLA and the copolyesters (Table S2, ESI[†]). All copolyesters, except the one with 20% PEAz, exhibited slightly higher thermal stability than PLA, based on the peaks of the derivative of TGA curves (Fig. 11b and Table S2, ESI[†]) compared to PLA. This can probably be attributed to the long aliphatic ethylene azelate segments, which made the degradation process of the copolyesters more difficult.²⁵ This was correlated to the





Fig. 10 PLM observations under isothermal melt crystallization of (a) and (b) PLA, (c) and (d) PLA-*b*-PEAz_{97.5-2.5} copolyester, (e) and (f) PLA-*b*-PEAz₉₅₋₅ copolyester, (g) and (h) PLA-*b*-PEAz₉₀₋₁₀ copolyester, (i) and (j) PLA-*b*-PEAz₈₀₋₂₀ copolyester at 115 °C and (k) PEAz at 30 °C. The scale bar was set at 500 μm.

residuals of the materials (Table S2, ESI[†]), which were higher for the copolyesters with lower PLA segments.



Fig. 11 (a) TGA curves of PLA, PEAz and their copolymers at 20 °C min⁻¹ in inert atmosphere, and (b) derivative TG curves of PLA, PEAz and their copolymers.

3.5. Investigation of mechanical performance *via* tensile and 3-point bending measurements

The mechanical performance of the PLA-based copolyesters was investigated through stress–strain measurements of the compression molded samples. Representative curves of the materials are depicted in Fig. 12 and the tensile data are presented in Fig. 13. Fig. S4 and Table S3 (ESI[†]) show the stress–strain curves and data of the PLA-*b*-PEAz copolyesters, respectively. The PLA homopolymer exhibited adequate high tensile features for engineering-like applications, *i.e.*, tensile stress at break over 50 MPa and Young's modulus around 5000 MPa, but low elongation.¹⁴ Moreover, the PLA samples did not exhibit yielding. The presence of the second comonomer had a substantial impact on the mechanical behavior of the PLA-*b*-PEAz copolyesters compared to PLA (***p* < 0.001). The elongation significantly improved, over 70% for all materials, but they also appeared tough and robust due to the high values of the tensile parameters. For the evaluation of the mechanical performance of the PLA-based copolyesters, the Elongation and Young's modulus were considered the most important parameters.



Fig. 12 (a) Tensile stress–strain curves of PLA and PLA-*b*-PEAz copolyesters and (b) zoom area at low strain values.



Furthermore, the PLA-*b*-PEAz_80-20 copolyester significantly differed from the other copolyesters (Fig. 13). However, adding just 2.5 wt% of PEAz segments, the mechanical behavior of PLA improved significantly, maintaining favorable tensile properties and making PLA-based copolyesters promising materials for engineering applications.

At the same time, all materials had high elongation, even for the copolyesters with lower azelate content, suggesting that the inherent brittleness of PLA can be solved by adding only 2.5 wt% of PEAz.^{49–52} Interestingly, as the content of the second comonomer increased, particularly for the PLA-*b*-PEAz_90-10 and 80-20 copolyesters, the stress at break, stress at yield and Young's modulus increased as well, despite their low \overline{M}_n , while at the same time they exhibited high elongation (Fig. 13). This is attributed to strain-induced crystallization that occurred during the tensile measurements. During the experiments, the materials were subjected to strain and were being deformed, so the polymer chains arranged to form additional crystalline structures.⁵³ Thus, the copolyesters exhibited high values of Young's modulus, tensile stress at yield, at break, and elongation simultaneously.

Besides the MW, thermal properties and crystallinity are considered important factors to explain the mechanical

performance of the copolyesters.^{54,55} The relative degree of crystallinity, X_c , played a significant role in the mechanical behavior of the materials. During heating of the as-received compression molded samples of PLA and the copolyester with 2.5% of long aliphatic segments were amorphous, but for the copolyesters with higher PEAz content, the crystallinity was higher (Table 2). Based on the above findings, the tensile stress at break, at yield, and Young's modulus increased gradually and followed the trend of crystallinity. The crystalline regions of the polymer matrices of copolyesters caused additional resistance during the stress-strain measurements, which improved their mechanical performance.²⁵ For this reason, the copolyester containing 20% PEAz exhibited probably the best tensile parameter values. Considering also the high \overline{M}_n values of PLA-*b*-PEAz 97.5-2.5 and 95-5 samples, these materials could be promising flexible substrates for engineering-like applications.

Aliphatic segments proved to be a reliable tool for tuning the mechanical properties of PLA *via* copolymerization,⁵⁶ preparing tough or/and flexible substrates, for engineering applications (*i.e.* flexible printed electronics).^{57,58} Based on previous studies, high MW PLA copolyesters with PBS²⁵ showed remarkable mechanical performance, with hardness and elastic modulus over 150 and 5500 MPa, respectively. In a series of different



Fig. 13 Tensile data of the materials. One-way ANOVA showed a significant difference between PLA and PLA-based copolyesters for all the tensile parameters. Among the copolyesters, a significant difference was also observed, but for the E' . * $p < 0.05$, ** $p < 0.01$ and *** $p < 0.001$.





Fig. 14 Flexural properties of PLA and PLA-*b*-PEAz copolyesters. One way ANOVA showed significant difference between PLA and PLA-based copolyesters for the flexural parameters. ** $p < 0.01$ and *** $p < 0.001$.

PLA-based copolyesters using poly(propylene adipate) (PPAd), elongation over 100% was reported.³⁹

Apart from the tensile properties, further mechanical performance analysis was necessary to address various possible applications. For instance, for PE applications, it is crucial to examine the substrate's resistance to bending and the maximum strength that can be withstood *via* the flexural modulus and strength parameters, respectively.⁵⁸ Fig. 14 shows the flexural data of PLA and PLA-*b*-PEAz copolyesters, where the copolyesters significantly differed from PLA (** $p < 0.01$ and *** $p < 0.001$). PLA broke during the tests and exhibited the highest flexural strength and modulus among the materials (Fig. S5, ESI†).⁵⁹ Flexural strength is the maximum stress the materials can withstand during the experiments. On the other hand, the PLA-based copolyesters did not break during the 3-point bending tests, in line with the high elongation values exhibited during the tensile measurements. The flexural strength and modulus of PLA decreased with the presence of the PEAz chains, and at the same time, the materials exhibited high values of flexural features (Table S4, ESI†). Moreover, the

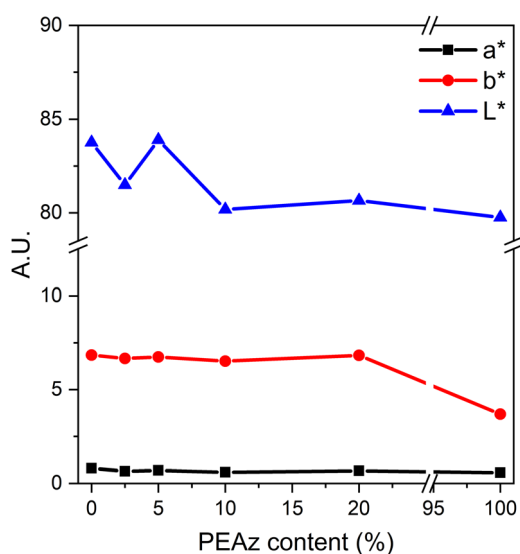


Fig. 15 CIE $L^*a^*b^*$ coordinates of PLA, PEAz, and PLA-*b*-PEAz copolyesters. L^* : perceptual lightness, a^* and b^* : red–green and blue–yellow.

flexural data had a similar trend to the tensile ones as a function of the PEAz content.

3.6. Color measurements

Along with the thermal and mechanical examination of the materials, the coloration of the substrate constitutes another crucial feature for PE and packaging applications. The next figure presents the color measurements of the PLA-based copolymers in terms of CIE coordinates. PLA with L^* value close to 85, a^* and b^* to 0.8 and 6.8, respectively, were considered white color material. PEAz oligomers did not influence the CIE parameters of PLA, meaning that the copolyesters exhibited the white-like color of PLA and not, for example, a yellow one, which could be a common issue of the PLA-based copolyesters (Fig. 15).

4. Conclusions

Innovative, flexible poly(lactic acid)-*b*-poly(ethylene azelate) (PLA)-*b*-(PEAz) blocky copolyesters with high molecular weight were successfully synthesized. All the synthesized copolyesters (PLA-*b*-PEAz 97.5-2.5, 95-5, 90-10, and 80-20) had noteworthy properties. The materials exhibited high viscosity values and \overline{M}_n from 10 to 80 kg mol⁻¹, making the copolyesters promising materials, for instance, for packaging, printed electronics, and generally for engineering applications. Due to their high \overline{M}_n , all copolyesters exhibited high T_m , while the T_g and T_{cc} decreased due to the addition of the flexible macromolecular chains of the long aliphatic PEAz blocky segments. XRD patterns revealed that the azelate segments were excluded to the amorphous regions. Isothermal melt crystallization experiments showed that all copolyesters exhibited higher crystallization rates than PLA (depending on supercooling), and through PLM observations, the Maltese cross morphology of the copolyesters was observed. Moreover, the high \overline{M}_n and the presence of the azelate segments facilitated the high thermal stability of the copolyesters. Their mechanical performance was significantly improved, making the copolyesters strong and tough materials, where in all cases, the elongation surpassed 70% and exhibited high values of Young's modulus > 1.7 GPa, reaching almost 3 GPa. Furthermore, during the 3-point bending tests, the copolyesters did not break. Last but not least, the color measurements revealed their off-white coloration. Additional studies will be conducted regarding biodegradability, compostability, UV degradation, an in-depth study of the molecular mobility of PLA-*b*-PEAz blocky copolyesters and scale-up production *via* cast film extrusion line for engineering applications, specifically for printed electronics.

Author contributions

Writing – original draft, validation, formal analysis, data curation, conceptualization, P. O. I., Z. T.; writing – review and editing, data curation, methodology, validation, investigation, conceptualization, software, data curation, A. Z., M. J. N.;



writing – review, validation, investigation, N. D. B.; writing – review and editing, supervision, N. N. All authors have read and agreed to the published version of the manuscript.

Data availability

The DSC, FTIR, NMR, Tensile, TGA and XRD data are available on Zenodo (doi: [10.5281/zenodo.15235199](https://doi.org/10.5281/zenodo.15235199)). The rest of the data supporting this article have been included as part of the ESI.†

Conflicts of interest

There are no conflicts to declare.

Acknowledgements

The research was funded by the European Union under the GA no 101070556 (Sustain-A-Print, <https://www.sustainaprint.eu/>). Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or RIA. Neither the European Union nor the granting authority can be held responsible. The publication of the article in OA mode was financially supported by HEAL-Link. The authors also would like to express their gratitude to Dr Antigoni Margellou, and Prof. Konstantinos Triantafyllidis from the Department of Chemistry, AUTH for the TGA measurements. Sincerely, Rafail O. Ioannidis would respectfully acknowledge Dr Panagiotis Klonos for his insightful comments concerning the results on the thermal analysis and isothermal melt crystallization.

References

- https://environment.ec.europa.eu/topics/plastics/biobased-biodegradable-and-compostable-plastics_en.
- <https://www.european-bioplastics.org/market/#>.
- W. Ali, H. Ali, S. Souissi and P. Zinck, Are bioplastics an ecofriendly alternative to fossil fuel plastics?, *Environ. Chem. Lett.*, 2023, **21**, 1991–2002.
- S. S. Ali, E. A. Abdelkarim, T. Elsamahy, R. Altohamy, F. Li, M. Kornaros, A. Zuorro, D. Zuoa and J. Sun, Bioplastic production in terms of life cycle assessment: a state-of-the-art review, *Environ. Sci. Ecotechnology*, 2023, **19**, 100254.
- D. K. Schneiderman and M. A. Hillmyer, 50th Anniversary Perspective: There Is a Great Future in Sustainable Polymers, *Macromolecules*, 2017, **50**, 3733–3749.
- Y. Zhu, C. Romaina and C. K. Williams, Sustainable polymers from renewable resources, *Nature*, 2016, **540**, 354–362.
- E. E. Mastalygina and K. V. Aleksanyan, Recent Approaches to the Plasticization of Poly(lactic Acid) (PLA) (A Review), *Polymers*, 2023, **16**, 87.
- K. Babaremu, O. P. Oladijo and E. Akinlabi, Biopolymers: a suitable replacement for plastics in product packaging, *Adv. Ind. Eng. Polym. Res.*, 2023, **6**, 333–340.
- K. Kadam-Czapska, E. Knez and M. Grembecka, Food and human safety: the impact of microplastics, *Crit. Rev. Food Sci. Nutr.*, 2022, **64**, 3502–3521.
- W. Ali, H. Ali, S. Gillani, P. Zinck and S. Souissi, Polylactic acid synthesis, biodegradability, conversion to microplastics and toxicity: a review, *Environ. Chem. Lett.*, 2023, **21**, 1761–1786.
- K. Loos, R. Zhang, I. Pereira, B. Agostinho, H. Hu, D. Maniar, A. J. D. Silvestre, N. Guigo and A. F. Sousa, A Perspective on PEF Synthesis, Properties, and End-Life, *Front. Chem.*, 2020, **8**, 585.
- X. Fei, J. Wang, X. Zhang, Z. Jia, Y. Jiang and X. Liu, Recent Progress on Bio-Based Polyesters Derived from 2,5-Furandicarboxylic Acid (FDCA), *Polymers*, 2022, **14**, 625.
- L. Shen, E. Worrell and M. K. Patel, Comparing life cycle energy and GHG emissions of bio-based PET, recycled PET, PLA, and man-made cellulose, *Biofuels, Bioprod. Biorefin.*, 2012, **6**, 625–639.
- E. Balla, V. Daniilidis, G. Karlioti, T. Kalamas, M. Stefanidou, N. Bikiaris, A. Vlachopoulos, I. Koumentakou and D. N. Bikiaris, Poly(lactic acid): a versatile biobased polymer for the future with multifunctional properties-from monomer synthesis, polymerization techniques and molecular weight increase to PLA applications, *Polymers*, 2021, **13**(11), 1822.
- N. D. Bikiaris, I. Koumentakou, C. Samiotaki, D. Meimarglou, D. Varytimidou, A. Karatza, Z. Kalantzis, M. Roussou, R. Bikiaris and G. Z. Papageorgiou, Recent Advances in the Investigation of Poly(lactic acid) (PLA) Nanocomposites: Incorporation of Various Nanofillers and their Properties and Applications, *Polymers*, 2023, **15**(5), 1196.
- S. Saeidlou, M. A. Huneault, H. Li and C. B. Park, Poly(lactic acid) crystallization, *Prog. Polym. Sci.*, 2012, **37**, 1657–1677.
- S. Liu, S. Qin, M. He, D. Zhou, Q. Qin and H. Wang, Current applications of poly(lactic acid) composites in tissue engineering and drug delivery, *Composites, Part B*, 2020, **199**, 108238.
- V. DeStefano, S. Khan and A. Tabada, Applications of PLA in modern medicine, *Eng. Regener.*, 2020, **1**, 76–87.
- M. N. Siddiqui, L. Kolokotsiou, E. Vouvoudi, H. H. Redhwi, A. A. Al-Arfaj and D. S. Achilias, Depolymerization of PLA by Phase Transfer Catalysed Alkaline Hydrolysis in a Microwave Reactor, *J. Polym. Environ.*, 2020, **28**, 1664–1672.
- R. Supthanyakul, N. Kaabbuathong and S. Chirachanchai, Poly(L-lactide-*b*-butylene succinate-*b*-L-lactide) triblock copolymer: a multi-functional additive for PLA/PBS blend with a key performance on film clarity, *Polym. Degrad. Stab.*, 2017, **142**, 160–168.
- H. Zebiri, H. Van Den Berghe, S. Sayegh, P. E. Chammas, C. Pompée, M. Chammas and X. Garric, Synthesis of PLA-poly(ether urethane)-PLA copolymers and design of biodegradable anti-adhesive membranes for orthopaedic applications, *J. Mater. Chem. B*, 2021, **9**, 832–845.
- Z. Terzopoulou and D. N. Bikiaris, Biobased plastics for the transition to a circular economy, *Mater. Lett.*, 2024, 362.
- N. D. Bikiaris, P. A. Klonos, A. Kyritsis and P. Barmplexis, Structural and thermodynamical investigation in triblock copolymers of polylactide and poly(ethylene glycol), PLA-*b*-



- PEG-*b*-PLA, envisaged for medical applications, *Mater. Tod. Commun.*, 2024, 38.
- 24 B. H. Rodríguez and A. Lieske, Widening the Application Range of PLA-Based Thermoplastic Materials through the Synthesis of PLA-Polyether Block Copolymers: Thermal, Tensile, and Rheological Properties, *Macromol. Mater. Eng.*, 2024, **309**(3), 2300309.
 - 25 Z. Terzopoulou, A. Zamboulis, N. D. Bikiaris, A. Margellou, M. A. Valera, A. Mangas, S. Koltsakidis, K. Tsongas, D. Tzetzis and K. S. Triantafyllidis, Properties of PLA-*co*-PBSu Copolymers Rapidly Synthesized by Reactive Processing, *J. Polym. Environ.*, 2023, **32**, 1–15.
 - 26 A. Todea, C. Deganutti, M. Spennato, F. Asaro, G. Zingone, T. Milizia and L. Gardossi, Azelaic acid: a bio-based building block for biodegradable polymers, *Polymers*, 2021, **13**(23), 4091.
 - 27 G. Z. Papageorgiou, D. N. Bikiaris, D. S. Achilias and N. Karagiannidis, Synthesis, crystallization, and enzymatic degradation of the biodegradable polyester poly(ethylene azelate), *Macromol. Chem. Phys.*, 2010, **211**, 2585–2595.
 - 28 M. K. Wong, S. S. M. Lock, Y. H. Chan, S. J. Yeoh and I. S. Tan, Towards sustainable production of bio-based ethylene glycol: progress, perspective and challenges in catalytic conversion and purification, *Chem. Eng. J.*, 2023, **468**, 143699.
 - 29 B. Zhang, X. Bian, S. Xiang, G. Li and X. Chen, Synthesis of PLLA-based block copolymers for improving melt strength and toughness of PLLA by in situ reactive blending, *Polym. Degrad. Stab.*, 2017, **136**, 58–70.
 - 30 G. Z. Papageorgiou, D. N. Bikiaris, D. S. Achilias, E. Papastergiadis and A. Docoslis, Crystallization and biodegradation of poly(butylene azelate): comparison with poly(ethylene azelate) and poly(propylene azelate), *Thermochim. Acta*, 2011, **515**, 13–23.
 - 31 P. A. Klonos, Z. Terzopoulou, A. Zamboulis, M. A. Valera, A. Mangas, A. Kyritsis, P. Pissis and D. N. Bikiaris, Direct and indirect effects on molecular mobility in renewable polylactide-poly(propylene adipate) block copolymers as studied via dielectric spectroscopy and calorimetry, *Soft Mater.*, 2022, **18**, 3725–3737.
 - 32 A. M. Gorman, A. Clayton, T. O'Connell and D. Johnson, A recyclable screen ink with state-of-the-art performance developed using a bottom-up, safety and sustainability-driven approach, *MRS Adv.*, 2023, **8**, 311–316.
 - 33 Z. Terzopoulou, L. Papadopoulos, A. Zamboulis, D. G. Papageorgiou, G. Z. Papageorgiou and D. N. Bikiaris, Tuning the properties of furandicarboxylic acid-based polyesters with copolymerization: a review, *Polymers*, 2020, **12**(6), 1209.
 - 34 A. Sonseca and M. El Fray, Enzymatic synthesis of an electrospinnable poly(butylene succinate-*co*-dilinoic succinate) thermoplastic elastomer, *RSC Adv.*, 2017, **7**, 21258.
 - 35 L. Genovese, M. Soccio, N. Lotti, M. Gazzano, V. Siracusa, E. Salatelli, F. Balestra and A. Munari, Design of biobased PLLA triblock copolymers for sustainable food packaging: thermo-mechanical properties, gas barrier ability and compostability, *Eur. Polym. J.*, 2017, **95**, 289–303.
 - 36 C. Ba, J. Yang, Q. Hao, X. Liu and A. Cao, Syntheses and physical characterization of new aliphatic triblock poly(*l*-lactide-*b*-butylene succinate-*b*-*l*-lactide)s bearing soft and hard biodegradable building blocks, *Biomacromolecules*, 2003, **4**, 1827–1834.
 - 37 P. A. Klonos, N. D. Bikiaris, A. Zamboulis, M. A. Valera, A. Mangas, A. Kyritsis and Z. Terzopoulou, Segmental mobility in sustainable copolymers based on poly(lactic acid) blocks built onto poly(butylene succinate) in situ, *Soft Mater.*, 2023, **19**, 7846–7858.
 - 38 M. L. Di Lorenzo, The crystallization and melting processes of poly(*l*-lactic acid), *Macromol. Symp.*, 2006, **234**, 176–183.
 - 39 Z. Terzopoulou, A. Zamboulis, D. N. Bikiaris, M. A. Valera and A. Mangas, Synthesis, properties, and enzymatic hydrolysis of poly(Lactic acid)-*co*-poly(propylene adipate) block copolymers prepared by reactive extrusion, *Polymers*, 2021, **13**(23), 4121.
 - 40 Z. Refaa, M. Boutaous and D. A. Siginer, PLA crystallization kinetics and morphology development, *Int. Polym. Process.*, 2018, **33**, 336–344.
 - 41 S. Vyazovkin, A. K. Burnham, J. M. Criado, L. A. Pérez-Maqueda, C. Popescu and N. Sbirrazzuoli, ICTAC Kinetics Committee recommendations for performing kinetic computations on thermal analysis data, *Thermochim. Acta*, 2011, **520**, 1–19.
 - 42 R. M. Van Horn, M. R. Steffen and D. O'Connor, Recent progress in block copolymer crystallization, *Polym. Cryst.*, 2018, **1**(4), e10039.
 - 43 A. J. Müller, R. M. Michell and A. T. Lorenzo, Isothermal Crystallization Kinetics of Polymers, in Q. Guo, *Polymer Morphology*, 2016.
 - 44 R. M. D'Ambrosio, R. M. Michell, R. Mincheva, R. Hernandez, C. Mijangos, P. Dubois and A. J. Müller, Crystallization and stereocomplexation of PLA-*mb*-PBS multi-block copolymers, *Polymers*, 2018, 10.
 - 45 M. Yasuniwa, S. Tsubakihara, Y. Sugimoto and C. Nakafuku, Thermal analysis of the double-melting behavior of poly(*l*-lactic acid), *J. Polym. Sci., Part B: Polym. Phys.*, 2004, **42**, 25–32.
 - 46 M. L. Di Lorenzo, The crystallization and melting processes of poly(*l*-lactic acid), *Macromol. Symp.*, 2006, **234**, 176–183.
 - 47 M. Yasuniwa, K. Iura and Y. Dan, Melting behavior of poly(*l*-lactic acid): effects of crystallization temperature and time, *Polymer*, 2007, **48**, 5398–5407.
 - 48 S. Solarski, M. Ferreira and E. Devaux, Characterization of the thermal properties of PLA fibers by modulated differential scanning calorimetry, *Polymer*, 2005, **46**, 11187–11192.
 - 49 E. Luoma, M. Välimäki, T. Rokkonen, H. Sääskilahti, J. Ollila, J. Rekilä and K. Immonen, Oriented and annealed poly(lactic acid) films and their performance in flexible printed and hybrid electronics, *J. Plast. Film Sheeting*, 2021, **37**, 429–462.
 - 50 C. Siracusa, F. Quartinello, M. Soccio, M. Manfroni, N. Lotti, A. Dorigato, G. M. Guebitz and A. Pellis, On the Selective Enzymatic Recycling of Poly(pentamethylene 2,5-furanoate)/Poly(lactic acid) Blends and Multiblock Copolymers, *ACS Sustain. Chem. Eng.*, 2023, **11**, 9751–9760.



- 51 K. Samadi, M. Francisco, S. Hegde, C. A. Diaz, T. A. Trabold, E. M. Dell and C. L. Lewis, Mechanical, rheological and anaerobic biodegradation behavior of a Poly(lactic acid) blend containing a Poly(lactic acid)-co-poly(glycolic acid) copolymer, *Polym. Degrad. Stab.*, 2019, **170**, 109018.
- 52 G. Fredi and A. Dorigato, Compatibilization of biopolymer blends: a review, *Adv. Ind. Eng. Polym. Res.*, 2023, **7**(4), 373–404.
- 53 C. Zhou, S. Dong, P. Zhu, J. Liu, D. Wang and X. Dong, Strain-induced form transition and crystallization behavior of the transparent polyamide, *Polymers*, 2021, **13**(7), 1028.
- 54 G. Perego, D. Glan and C. Cella, Effect of Molecular Weight and Crystallinity on Poly(lactic acid) Mechanical Properties, *J. Appl. Polym. Sci.*, 1996, **59**, 37–43.
- 55 C. C. Tsai, R. J. Wu, H. Y. Cheng, S. C. Li, Y. Y. Siao and D. C. Kong, Crystallinity and dimensional stability of biaxial oriented poly(lactic acid) films, *Polym. Degrad. Stab.*, 2010, **95**, 1292–1298.
- 56 X. Hu, H. Kang, Y. Li, M. Li, R. Wang, R. Xu, H. Qiao and L. Zhang, Direct copolycondensation of biobased elastomers based on lactic acid with tunable and versatile properties†, *Polym. Chem.*, 2015, **6**, 8112–8123.
- 57 Y. Khan, A. Thielens, S. Muin, J. Ting, C. Baumbauer and A. C. Arias, A New Frontier of Printed Electronics: Flexible Hybrid Electronics, *Adv. Mater.*, 2019, **32**(15), 1905279.
- 58 J. Machiels, A. Verma, R. Appeltans, M. Buntinx, E. Ferraris and W. Deferme, Printed Electronics (PE) As An enabling Technology to Realize Flexible Mass Customized Smart Applications, *Proc. CIRP.*, 2020, **96**, 115–120.
- 59 D. Li, Y. Jiang, S. Lv, X. Liu, J. Gu, Q. Chen and Y. Zhang, Preparation of plasticized poly(lactic acid) and its influence on the properties of composite materials, *PLoS One*, 2018, **13**(3), e0193520.

