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A portable microcontroller-enabled spectroscopy sensor module for the fluorometric detection of Cr(VI) and ascorbic acid, utilizing banana peel-derived carbon quantum dots as versatile nanoprobess†

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Highly luminescent carbon quantum dots were produced from banana peels (BP-CQDs) using a facile one-step method without the incorporation of chemicals. BP-CQDs were comprehensively characterized using techniques like TEM, FT-IR, XRD, and XPS analyses. The synthesized BP-CQDs exhibited outstanding optical characteristics, displaying a vibrant green color under UV light and a quantum yield of 41%. These properties enabled them to function as effective on–off fluorescent nanoprobess for the precise and sensitive detection of hazardous Cr(VI) concentrations below regulatory limits, leveraging the inner filter effect (IFE) and a static quenching mechanism. The detection limit is calculated to be in the nanomolar range *i.e.*, 60.5 nM. Consequently, the BP-CQDs + Cr(VI) system also acted as a selective off–on sensor for the reductant ascorbic acid (AA) with 86 nM limit of detection. This effect was due to AA's reduction of Cr(VI) to Cr(III) species, which eliminated the IFE and restored the fluorescence of the BP-CQDs. Moreover, efforts have been undertaken to create a low-cost, portable electronic device utilizing spectroscopy sensors to detect heavy metal pollutant concentrations in the test samples. The experimental results affirm the effectiveness of the portable electronic device as a detector for Cr(VI) in test samples. This study sets the groundwork for creating carbon quantum dots (CQDs) with enhanced properties by using banana peels as a biowaste precursor to detect the concentrations of Cr(VI) and AA.

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Introduction

Carbon quantum dots (CQDs), distinctive zero-dimensional nanomaterials, have garnered significant attention due to their exceptional fluorescent properties. With an average diameter of less than 10 nm and a spherical shape, CQDs comprise carbon networks arranged by sp²- and sp³-hybridized carbon atoms.¹ CQDs find applications across various domains, including sensors, biomedicine, drug delivery, optoelectronics, catalysis, biological imaging, and photocatalysis, attributed to their remarkable photostability, low toxicity, eco-friendly nature, tunable photoluminescence (PL), high water solubility, and excellent biocompatibility.² Consequently, significant emphasis has been placed on the favourable synthesis of CQDs. A wide range of methods including both top-down approaches (laser ablation, electrochemical oxidation, and arc-discharge), and bottom-up approaches (ultrasonic, microwave, hydrothermal, and solvothermal treatments) can be utilised for the synthesis of CQDs.³ Nonetheless, many of the top-down techniques encounter challenges such as manufacturing complexities, high production costs due to expensive equipment usage,

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† Electronic supplementary information (ESI) available: Characterizations; figure showing the UV-visible absorption spectrum of BP-CQDs with the inset image showing BP-CQDs under visible and UV light, (b) PL excitation and emission spectra of BP-CQDs and (c) PL emission spectra of BP-CQDs under various excitation wavelengths; the impact of pH (ranging from 2 to 13) on the PL emission characteristics of BP-CQDs, (b) the influence of irradiation time (in minutes), and (c) the effect of storage duration (in days) on the fluorescence emission properties of BP-CQDs; selectivity studies of BP-CQDs towards different metal ions, (b) Interference study with and without Cr(VI) with different metal ions; Triad Spectroscopy Sensor – AS7265x; 3D printing design of the device structure on Tinkercad; table of the measured UV detector data at three wavelengths (410 nm, 435 nm, and 460 nm) for the Cr(VI) (60 μL) and water (2000 μL) solution. See DOI: <https://doi.org/10.1039/d4ma00925h>



and time-consuming processes.⁴ In contrast, bottom-up approaches are notable for their simplicity and environmentally friendly attributes. CQDs are typically synthesized using organic compounds or readily available precursors like biomass. Yet, the toxicity and high cost associated with aromatic organic precursors have constrained their extensive utilization.⁵ This has driven a preference for cost-effective, straightforward, and eco-friendly methods leveraging biomass waste as a precursor. Biomass-derived CQDs often possess diverse heteroatoms, leading to surface groups that confer unique properties without additional passivation or modification.⁶

Banana peels are recognized as one of the most prevalent agricultural wastes, constituting about 40% of the total weight of fresh bananas. The texture of banana peel is rich in porous structures, which are formed by various biopolymers present in plant cell walls, including celluloses, hemicelluloses, pectins, lignins, and proteins.⁷ The surface of these pores contains hydroxyl and carboxyl groups, which readily bind with metal ions, facilitating the removal of metal ions from solutions.^{8,9}

The inherent N and S functionalities and surface-bound functional groups, such as phenolic, hydroxyl, and carboxyl groups, in the prepared CQDs play a crucial role in the detection of various analytes.

Chromium (Cr) is a heavy metal pollutant that poses significant risks to both human health and the environment. Among its various forms, Cr(vi) has drawn particular attention due to its links to cancer, hereditary gene defects, nasal mucosal irritation, and allergic reactions.¹⁰ Consequently, accurate and rapid detection of Cr(vi) at low concentrations in environmental samples, such as drinking water, industrial waste, and chromium-contaminated areas, is critically important. Ascorbic acid (AA), a water-soluble vitamin with antioxidant properties holds significant importance in promoting body growth, supporting metabolism, contributing to anticancer properties, and enhancing immunity.¹¹ A deficiency in ascorbic acid can lead to diseases including cardiovascular disease, cancer, and Parkinson's disease.¹² The widespread occurrence of ascorbic acid in food, cosmetics products, and pharmaceutical compounds has led to increased interest in its routine analysis.

Various analytical techniques, such as electrochemical studies,^{13,14} chromatography, atomic absorption spectroscopy, colorimetry,^{15,16} and high-performance liquid chromatography (HPLC),¹⁷ etc., have been devised for identifying Cr(vi) and AA. However, these methods involve time-consuming sample preparation, expensive equipment, and the need for skilled operators, posing significant challenges for real-time detection.¹⁸ The fluorescence based method is superior to other techniques due to its rapid response, affordability, operational convenience, and high selectivity.^{19,20} John *et al.* synthesized N-CQDs from *Ruta graveolens* leaves with 18% quantum yield and used it as fluorescent sensor for the detection of Cr(vi) with a detection limit of 300 nM. Guo *et al.* utilised a hydrothermal method for the synthesis of NB-CQDs using 2-hydroxyphenylboronic acid and ethylenediamine as precursors for the sensing of Cr(vi). The developed system showed a detection limit of

0.5 μM in the linear range of 0–250 μM .²¹ Yang *et al.* fabricated N,S CDs by simple microwave-assisted pyrolysis using cysteamine hydrochloride and ammonium citrate. They used the developed system for the detection of Cr(vi) and ascorbic acid. The developed CDs served as an effective fluorescent “turn-off” probe for Cr(vi) detection and “turn-on” sensor for AA with a detection limit of 0.11 μM and 0.17 μM , respectively.²²

Spectroscopy techniques, classified as optical sensors, represent the most promising substitute for photoluminescence (PL) emission spectrum-based systems, which tend to be intricate, expensive, and bulky solutions. A solitary spectroscopy sensor can effectively work for the various spectral bands such as visible, ultraviolet (UV), and infrared (IR).^{23,24} Recent research in spectrophotometry has showcased advancements in the creation of a straightforward homemade spectrophotometer.^{25–27} These sensor systems incorporate a housing made from 3D printing or cardboard, featuring a designated area for sample placement and light passage through a cuvette for spectral reading measurement. The progression of commodity IoT optical sensors is streamlining the integration of spectroscopy sensor systems, making them accessible for uncomplicated, practical, and easily deployable spectroscopy applications.^{28,29}

The imperative to develop low-cost portable spectroscopy sensor-based electronic devices for detecting heavy metal pollutants in drinking water, industrial waste, and chromium-polluted areas arises from the urgent necessity to ensure water safety and environmental sustainability. In regions worldwide, contamination of water sources by chromium poses severe threats to public health and ecosystems. Current detection methods often involve complex laboratory setups and are both time-consuming and expensive, limiting their accessibility, particularly in resource-constrained areas. By creating affordable portable spectroscopy sensor-based electronic devices, we can revolutionize water quality monitoring, enabling swift and accurate on-site detection of heavy metal pollutants such as Cr(vi). These affordable tools would empower communities, regulatory bodies, and environmental organizations to conduct real-time assessments, identify contaminated areas, and implement timely interventions to mitigate the adverse effects of heavy metal pollution, safeguarding both human health and the environment.

In this work, CQDs were synthesized using a facile green approach from dried banana peels abbreviated as BP-CQDs by a microwave-assisted method. The as-prepared BP-CQDs were sustainable, simple and cost-effective. The formation of BP-CQDs was stable and displayed excellent selectivity towards Cr(vi) and AA. Therefore, it is utilised as an efficacious probe for quantitative detection of Cr(vi) and AA. The results of this study hold distinctive attributes and present numerous advantages in comparison to prior literature investigations: (i) the synthesis of BP-CQDs utilizes a most prevalent agricultural waste, (ii) the synthesis is devoid of any harmful chemical and complex technique, (iii) the presence of intrinsic N and S in the prepared BP-CQDs, and (iv) selective detection of Cr(vi) and AA up to nanomolar. This study also includes creating a microcontroller-based system integrated with a spectroscopy sensor capable of



detecting the presence of heavy metals like Cr(vi) in test samples using BP-CQDs, conducting experimental activities to determine the optimal wavelength for detecting Cr(vi) through the spectroscopy sensor-based system and validating the performance of the developed system by measuring the change in fluorescence intensity of BP-CQDs with varying concentrations of Cr(vi).

Materials and methods

Materials

Banana was procured from the local fruit market of Patiala, Punjab. All the essential chemicals required for preparing stock solutions of metal ions and analytes were obtained from Loba Chemie, India. Deionized (DI) water was employed throughout the experimental procedures.

Synthesis of banana peel-derived CQDs

Firstly, banana peels were thoroughly washed with DI water and oven dried at 50 °C. After drying, the colour of the peels turned dark brown and they were further ground. The powder underwent carbonization in a muffle furnace at a temperature of 200 °C for 2 hours. The gathered black powder was dispersed in 30 mL DI water, subjected to sonication for 2 hours, and subsequently transferred to a vial. This vial was then subjected to heating at 130 °C (300 W) under microwave irradiation for 5 minutes. The resultant solution was filtered using a 0.22 μm syringe filter and was subsequently placed within a dialysis bag for 2 days. This process yielded light brown-colored BP-CQDs, as illustrated in Scheme 1.

Formulation of sample solutions

The stock solutions (1 mM) of different metal cations (Zn²⁺, Co²⁺, Fe³⁺, Al³⁺, Cr³⁺, Ni²⁺, Cu²⁺, Hg²⁺, Cr⁶⁺, Cd²⁺, Fe²⁺, Pb²⁺,

Mn²⁺) and analytes (cysteine (Cys)), glutathione (GSH), tyrosine (Tyr), leucine (Leu), glucose, alanine (Ala), methionine (Met), lysine (Lys), tryptophan (Trp), uric acid (UA), valine (Val), dopamine (DM), and ascorbic acid (AA) were prepared in D.I. water for the selectivity studies of BP-CQDs. 10 μL of BP-CQDs in 2000 μL of DI water along with 0.1 mM of the analyte solution was pipetted in a cuvette, and emission spectra were measured. Sensitivity analysis was conducted using a stock solution containing 1 μM of Cr(vi) and AA.

Quantum yield measurements

The fluorescence quantum yields of BP-CQDs in the presence of Cr(vi) and AA were determined using quinine sulfate solution (with a reference quantum yield $\phi_R = 0.546$) as a reference, as per eqn 1:

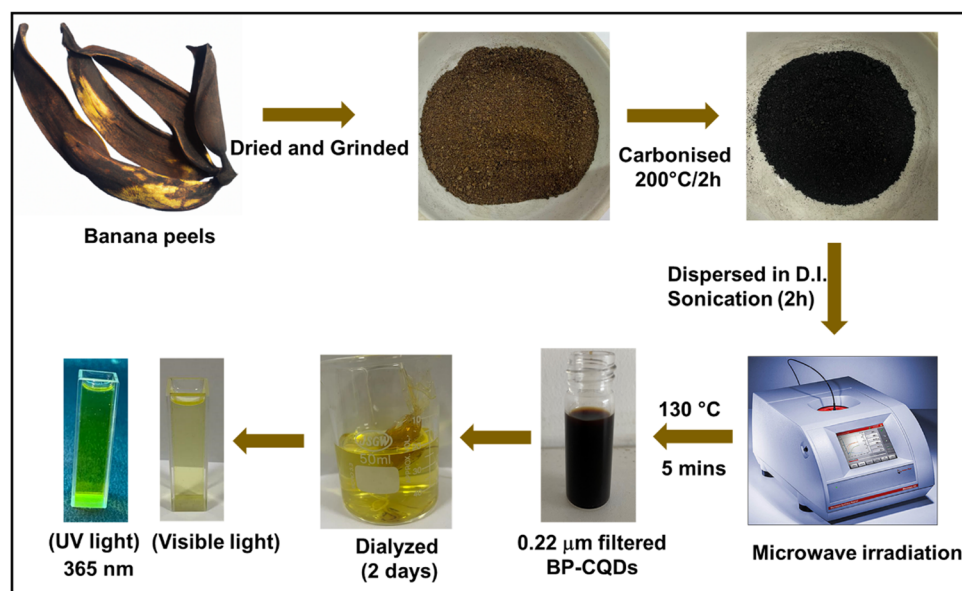
$$\phi_S = \phi_R \times \frac{A_S}{A_R} \times \frac{(\text{Abs})_R}{(\text{Abs})_S} \times \frac{\eta_S^2}{\eta_R^2} \quad (1)$$

“ ϕ_S ” pertains to the quantum yield of BP-CQDs and “ ϕ_R ” designates the quantum yield of the reference solution. “Abs”, “A” and “ η ”, correspond to absorbance, emission area, and refractive index, respectively.

Results and discussion

Characterizations

Transmission electron microscopy (TEM) was employed to analyze the size and morphology of the synthesized BP-CQDs. Fig. 1a–c depicts particles of nearly spherical shape having monodispersity. The inset of Fig. 1b illustrates the particle size histogram ranging from 1–7 nm, having a particle size of 3.47 nm. To analyze the phase structure and crystallinity of the synthesized carbon quantum dots (BP-CQDs), X-ray diffraction (XRD) was employed. The XRD pattern of the CQDs



Scheme 1 Synthesis of BP-CQDs from *Citrus limon* peels.



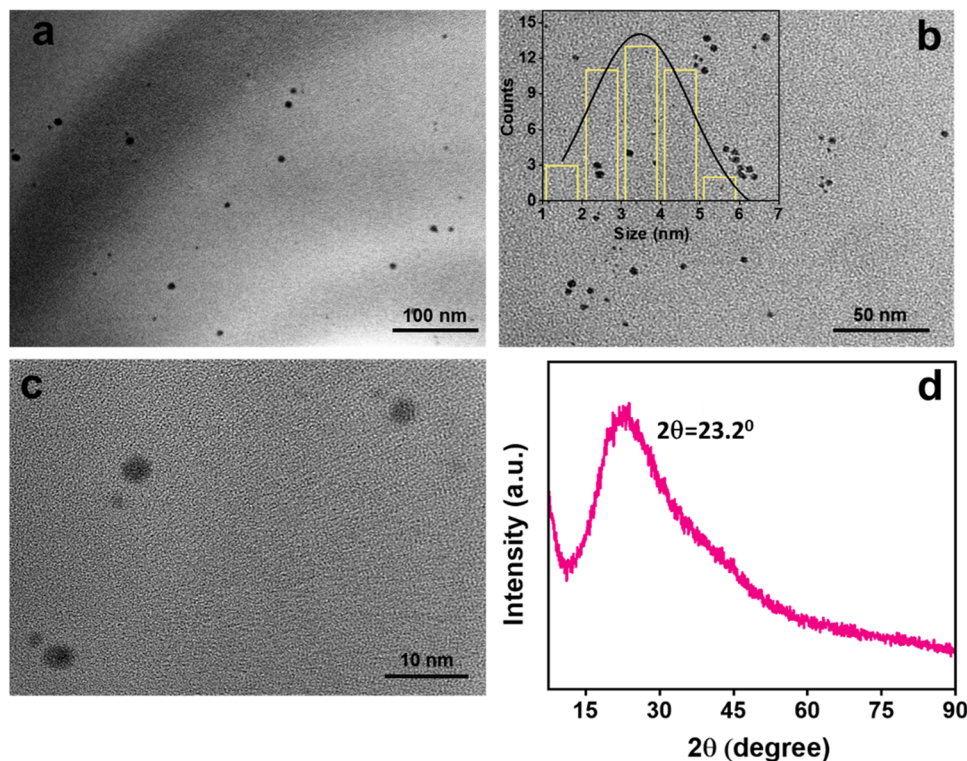


Fig. 1 (a) TEM image of BP-CQDs, (b) TEM micrograph with the inset showing the size distribution histogram, (c) TEM image showing spherical particles, and (d) XRD spectra of BP-CQDs.

exhibited a broad peak at $2\theta \approx 23.2^\circ$, indicative of their amorphous nature and the presence of disordered carbon.³⁰ This broad peak differentiates carbon quantum dots from graphene and graphite, which typically exhibit sharper XRD peaks due to their well-ordered crystalline structures. Additionally, the absence of any additional peaks in the XRD pattern suggests the high purity of the CQDs synthesized from banana peels (Fig. 1d).

An XPS analysis was conducted to gain insights into the surface chemical composition of the fabricated BP-CQDs. The survey spectra (Fig. 2a) reveal distinct peaks at 167.4, 284.9, 402.2, and 532.0 eV, corresponding to S 2p (1.27%), C 1s (78.67%), N 1s (4.77%), and O 1s (15.29%), respectively, as depicted in the inset of Fig. 2a. The deconvoluted C 1s spectrum (Fig. 2b) reveals the presence of three prominent peaks at 284.7, 286.5, and 288.2 eV, corresponding to C=C/C-C, C-O/C-N/C-S, and O=C/C=N, respectively.³¹ The high resolution XPS spectrum of S 2p (Fig. 2c) showed three peaks at 163.7, 166.1, and 169.1 eV attributed to S 2p_{3/2} and S 2p_{1/2} of -C-S covalent bonds owing to spin-orbit coupling, and -C-SO_x ($x = 2,3,4$) species.^{31,32} The O 1s spectrum (Fig. 2d) showed peaks at 530.7 eV and 532.4 eV assigned to C=O and C-O-C/OH.³³ The N 1s spectra (Fig. 2e) showed peaks at 398.3 eV and 399.2 eV corresponding to pyridinic and pyrrolic N.³² The confirmation of functional groups on the surface of BP-CQDs was achieved using FT-IR spectroscopy (Fig. 2f). The FT-IR absorption band centered at 3306 cm⁻¹ was ascribed to the stretching vibration of the O-H/N-H group. The peak at

2924 cm⁻¹ resembles the C-H stretching vibration of methylene or a methyl group because of the presence of aliphatic hydrocarbon.³⁴ The peaks at 1718 cm⁻¹, 1630 cm⁻¹, 1427 cm⁻¹, and 1242 cm⁻¹ correspond to C=O, C=C, C-N-C, and C-O-C, respectively. Additionally, the peaks at 1013 cm⁻¹ confirm the C-O/S=O stretching.³¹ A small band at 827 cm⁻¹ corresponds to methylene bending vibrations.⁹ All of these functional groups collectively enhance the remarkable water solubility of BP-CQDs, implying that the synthesized BP-CQDs hold potential for subsequent modifications and applications in sensing.

Optical studies of BP-CQDs

The optical characteristics were assessed by examining the UV-visible absorption spectra and fluorescence spectra of the fabricated BP-CQDs. In Fig. S1a (ESI[†]), there is a distinctive shoulder band observed around 268 nm and 328 nm, which can be attributed to $\pi-\pi^*$ transitions of sp² C=C bonds and n- π^* transitions of C=O in BP-CQDs.³⁵ Furthermore, upon exposure to UV light (365 nm), the BP-CQDs exhibit intense green fluorescence emission, while they appear light brown under visible light, as illustrated in the inset of Fig. S1a (ESI[†]). The fluorescence emission observed from BP-CQDs is thought to originate from the radiative recombination between electron-hole pairs. This phenomenon is attributed to photoinduced charge separation and trapping at surface sites.³⁶ The fluorescence quantum yield of the BP-CQDs was found to be 41% using eqn (1). To investigate the fluorescence characteristics,



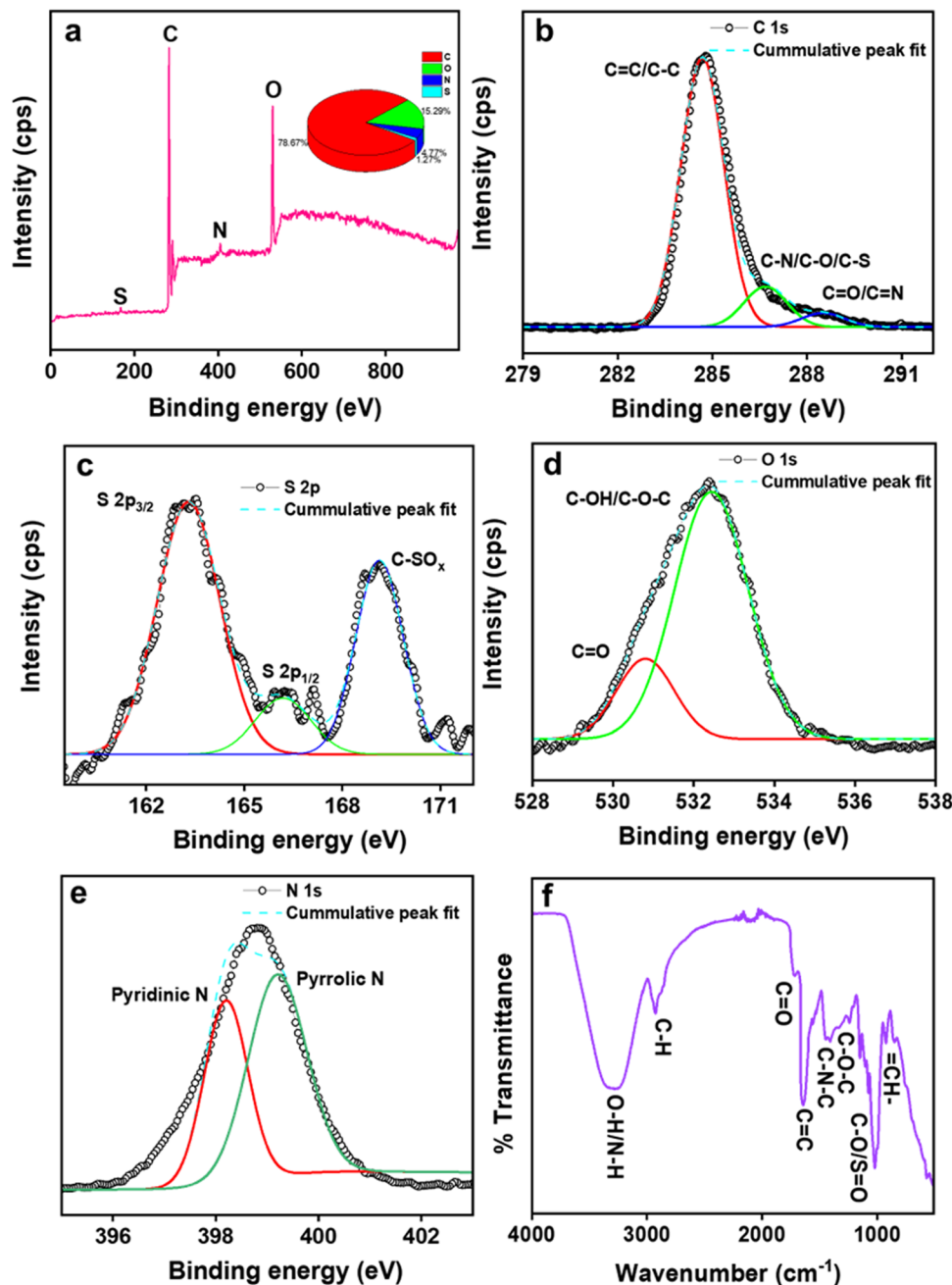


Fig. 2 (a) Survey spectra of BP-CQDs, high resolution spectrum of (b) C 1s, (c) S 2p, (d) O 1s and (e) N 1s, and (f) FT-IR spectra of BP-CQDs.

excitation and emission spectra were studied, as depicted in Fig. S1b (ESI[†]). Upon being excited at 330 nm, the BP-CQDs exhibited their highest photoluminescence emission intensity at 428 nm.

The fluorescence emission spectra were examined at various excitation wavelengths, as depicted in Fig. S1c (ESI[†]). A redshift in the emission wavelengths, ranging from 397 to 497 nm, was observed with changes in λ_{ex} . The excitation-dependent emission behaviour seen in the BP-CQDs can be ascribed to several factors such as the quantum confinement effect, surface edge defects, sp^2 aromatic domains, and size variations.³⁷

Stability assessment of BP-CQDs

Prior to any further applications, the stability of the luminescent properties in BP-CQDs holds significant importance. The influence of pH, irradiation time and storage days on the PL intensity of BP-CQDs was investigated. As depicted in Fig. S2a (ESI[†]), a marginal enhancement in PL intensity was observed within the pH range of 2 to 7. Conversely, a minor decline in PL intensity was noted as the pH value approached 13. The change in the PL intensity of BP-CQDs was attributed to the process of protonation and deprotonation of emissive sites present on the surface of the BP-CQDs.³⁸ To assess photostability, BP-CQDs



underwent irradiation using a Xe-arc lamp for up to 90 minutes, revealing no substantial change in intensity (Fig. S2b, ESI†). Furthermore, BP-CQDs were exposed to a 60-day storage period, and PL spectra were measured at regular intervals. These measurements indicated minimal fluctuations in intensity over the entire duration (Fig. S2c, ESI†). These investigations firmly establish the exceptional stability of BP-CQDs.

Sensing of Cr(vi) ions

The fluorescence intensity of the prepared BP-CQDs was effectively quenched by adding the different concentrations (0 nM–420 nM) of Cr(vi), as shown in Fig. 3a. To comprehend the quenching efficiency of Cr(vi) the graph between F_0/F vs. the quencher [Q] concentration was plotted based on the Stern-Volmer equation:

$$\frac{F_0}{F} = 1 + K_{SV}[Q] \quad (2)$$

where, “ F_0 ” and “ F ” signify the fluorescence intensity of BP-CQDs in the absence and presence of Q, *i.e.*, Cr(vi), respectively. K_{SV} denotes the Stern–Volmer quenching constant. The Stern–Volmer constant was calculated to be $9.2 \times 10^{-6} \mu\text{M}^{-1}$ with an R^2 value of 0.991 (Fig. 3b). Fig. 3c depicts the linear relationship between $F_0 - F/F_0$ and concentrations of Cr(vi) (0–390 nM) with R^2 values of 0.997. From the above graph, the limit of detection was calculated to be 60.5 nM computed using $3\sigma/K$. The inset of Fig. 3c shows a detection limit of 13.4 nM for conc. of Cr(vi) (0–75 nM). The prepared sensor exhibits an excellent detection

Table 1 Comparison of quantum dot-based sensing systems for Cr(vi) detection

Sr. no.	Sensor system	Linear range (μM)	Detection limit	Ref.
1	B, N-CDs	0.3–500	0.24 μM	40
2	CQDs	0.01 to 50	0.52 μM	41
3	CDs	0.5–263	0.26 μM	42
4	Dual emissive CDs	2–300	0.4 μM	43
5	Co-doped CDs	5–125	1.17 μM	44
6	SQDs@UiO-66-NH ₂	0.2–200	0.16 μM	45
7	CQDs	0.5–200	0.73 μM	46
8	BP-CQDs	0–390	60.5 nM	Present work
9	BP-CQDs	0–75	13. nM	Present work

limit as compared to other sensors reported in the literature (Table 1). Additionally, to determine the interaction and stoichiometry between the BP-CQDs and Cr(vi), the binding constant values were calculated by 1:1 linear Benesi–Hildebrand equation:³⁹

$$\frac{1}{F_0 - F} = \frac{1}{F_0 - F_1} + \frac{1}{K[F_0 - F]} \quad (3)$$

“ F_0 ” and “ F ” signify PL intensities in the absence and presence of quencher, *i.e.*, Cr(vi). “ Q ” signifies the quencher concentration. F_1 is the intensity of 1:1 stoichiometric BP-CQDs–Cr(vi). “ K ” represents the binding constant of BP-CQDs with Cr(vi). The graph of $(1/F_0 - F)$ versus $1/[Q]$ shows a linear line with $K = 2107 \text{ nM}^{-1}$ and $R^2 = 0.997$ (Fig. 3d).

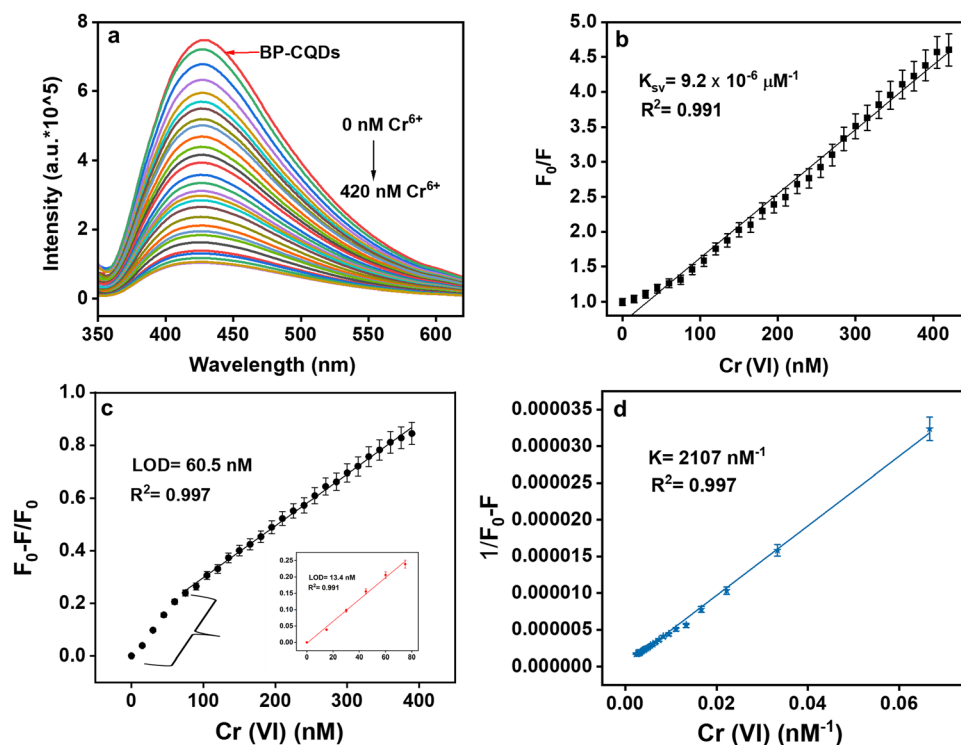


Fig. 3 (a) Change in fluorescence intensity of BP-CQDs with the change in concentration of Cr(vi), (b) Stern–Volmer plot of BP-CQDs, (c) linear relation between PL response ($F_0 - F/F_0$) and concentration of Cr(vi) (0–390 nM) with the inset image of $F_0 - F/F_0$ vs. conc. of Cr(vi) (0–75 nM), and (d) B–H plot of Cr(vi) with BP-CQDs.



Selectivity studies of Cr(vi)

The photoluminescence intensity of BP-CQDs was studied with various metal ions (Zn^{2+} , Co^{2+} , Fe^{3+} , Al^{3+} , Cr^{3+} , Ni^{2+} , Cu^{2+} , Hg^{2+} , Cr^{6+} , Cd^{2+} , Fe^{2+} , Pb^{2+} , Mn^{2+}) at a specific concentration (Fig. S3a, ESI[†]). The findings demonstrated a substantial PL response following the introduction of Fe^{3+} , Cr^{3+} , and Cr^{6+} ions, whereas all other cations exhibited minimal response (Fig. S3a, ESI[†]). Remarkably, the PL intensity of the fabricated fluorescent probe experienced significant quenching in the presence of Cr^{6+} ions, which confirmed that the BP-CQDs are selective for Cr^{6+} ions. Sensitivity tests were carried out using $1\ \mu\text{M}$ stock solution of Cr^{6+} ions. However, as shown by the interference studies, none of these metal ions significantly interfere with the detection of $\text{Cr}(\text{vi})$ (Fig. S3b, ESI[†]).

Plausible sensing mechanism of Cr(vi)

To explore the potential interaction mechanism between $\text{Cr}(\text{vi})$ ions and BP-CQDs, the optical properties of their spectra were analysed to understand the quenching process. Fig. 4a displays the excitation and emission spectra of BP-CQDs alongside the UV-vis spectra of $\text{Cr}(\text{vi})$. The peak absorption of the quencher ($\text{Cr}(\text{vi})$) coincided with the excitation spectra of BP-CQDs due to the Inner filter effect (IFE). This alignment represents a notable overlap between the absorber's absorption band and the fluorophore's excitation or emission band. As depicted in Fig. 4a, $\text{Cr}(\text{vi})$ exhibited broad absorption peaks at 257, 348, and 440 nm, while BP-CQDs displayed an excitation band at 330 nm and an emission peak at 428 nm, indicating significant overlap among the excitation, emission, and absorption bands

within the sensing system. Consequently, the photoluminescence (PL) quenching can be attributed to the IFE.⁴⁰ Additionally, the photoluminescence (PL) decay spectrum of the BP-CQDs was analyzed both in the absence and presence of $\text{Cr}(\text{vi})$ to confirm the quenching process. As illustrated in Fig. 4b, the average lifetimes of BP-CQDs alone and with $\text{Cr}(\text{vi})$ were found to be 3.369 ns and 3.382 ns, respectively. The marginal difference in the fluorescence lifetimes following the introduction of $\text{Cr}(\text{vi})$ indicates that there was no significant electron transfer occurring between the BP-CQDs and $\text{Cr}(\text{vi})$. Therefore, the mechanism was attributed to IFE. Fig. 4c illustrates the enhancement of the absorption peak when $\text{Cr}(\text{vi})$ is present, without any shift in peak position. This indicates that no new substance was formed.

Experimental design and implementation

This section of the paper is focussed to the customized design of an optical signal-based sensor for detecting heavy metals, specifically chromium (Cr), using light sources and detectors in the ultraviolet (UV), visible (VIS), and near-infrared (NIR) spectral ranges. We investigate the optimal wavelengths of light to precisely determine the concentration of $\text{Cr}(\text{vi})$ in a sample solution. The signal's intensity, as it passes through the sample, is contingent on how light is absorbed and scattered within the sample, which, in turn, is influenced by the $\text{Cr}(\text{vi})$ concentration in the solution. We favour the use of UV light

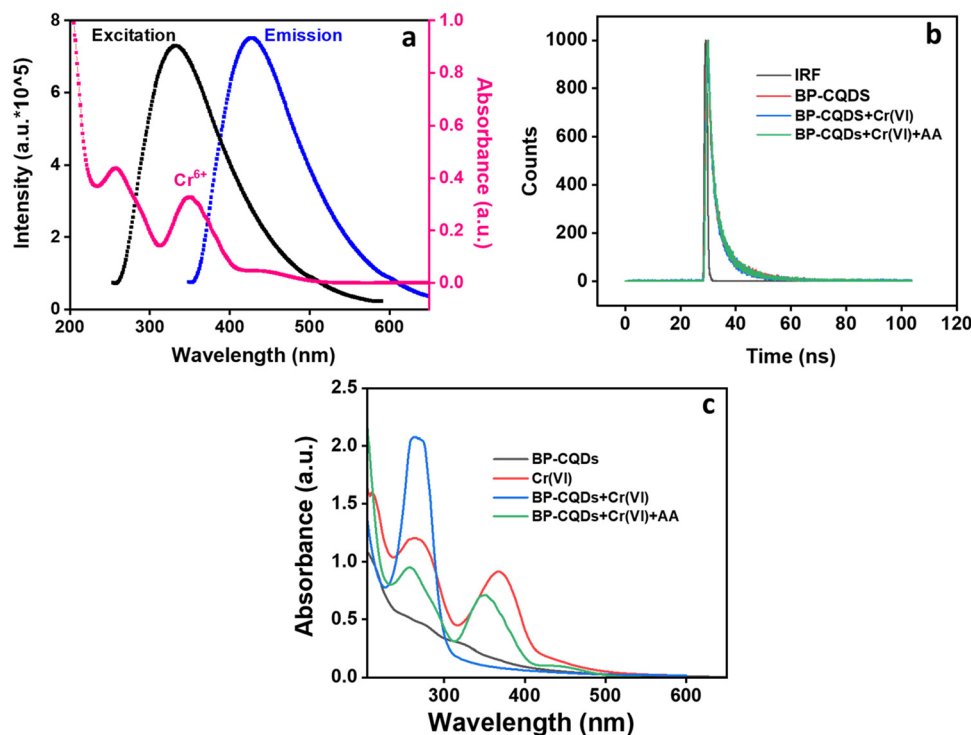


Fig. 4 (a) The absorption spectra of $\text{Cr}(\text{vi})$ ions overlap with the excitation spectrum of BP-CQDs confirming IFE, (b) fluorescence lifetime decay of BP-CQDs with $\text{Cr}(\text{vi})$ and AA, and (c) UV-Vis absorption spectrum of BP-CQDs, $\text{Cr}(\text{vi})$, BP-CQDs+ $\text{Cr}(\text{vi})$, and BP-CQDs+ $\text{Cr}(\text{vi})$ + AA.



sources over VIS-NIR sources because UV light is less absorbed by samples containing mixed Cr(vi). The high absorption of mid-infrared (MIR) and VIS-NIR light by samples mixed with heavy metals diminishes the intensity of the reflected light detected.

Sensor selection

Fig. S4 (ESI[†]) shows the SparkFun Triad Spectroscopy Sensor, which functions as a durable optical examination tool often recognized as a spectrophotometer. This device is equipped with three AS7265x spectral sensors and utilizes visible, ultraviolet (UV), and infrared (IR) LEDs to illuminate and analyze a wide variety of sample surfaces using light spectroscopy. The Triad features three unique sensors, namely the AS72651, AS72652, and AS72653, enabling it to capture light across a spectrum that spans from 410 nm (UV) to 940 nm (IR).

This system comprises three compact sensor chips, each equipped with a built-in aperture, on-chip optical filters, and a precisely aligned photodiode array. Within this chipset, there are 18 specific wavebands situated at 410, 435, 460, 485, 510, 535, 560, 585, 610, 645, 680, 705, 730, 760, 810, 860, 900, and 940 nm, each having a consistent full width at half maximum (FWHM) of 20 nm. These 18 distinct light frequencies can be measured with great precision, achieving accuracy as fine as 28.6 nanowatts per square centimeter (nW cm^{-2}) with a margin of error of approximately $\pm 12\%$. The optical features are tailored for diffused light, offering a wide aperture, and the spectral sensitivity has been pre-calibrated.⁴¹ The output generated by this sensor array is used to assess and characterize how different materials interact with, absorb, or reflect the 18 diverse light frequencies.

Experimental setup

The experimental configuration employed in this research was crafted as a prototype for a portable system, emphasizing ease of manufacturing and reproducibility, to swiftly estimate the internal attributes of the sample within a field setting. Typically, three distinct measurement modes—namely, transmittance, reflectance, and interactance—are employed to assess the quantity of heavy metals such as Cr(vi). Among these modes, the study opted for the interactance mode. In this mode, both the light source and detector are situated on a single side of the sample, and they are separated by a light shield to eliminate any potential specular reflection.⁴²

This method is advantageous for the portable system as it allows for measurements by placing the sample-filled cuvette in front of the light source-sensor arrangement. Among the available measurement modes, interactance is considered the most efficient for predicting the internal characteristics of samples based on their spectral properties.⁴³ Fig. 5 depicts the schematic flow representation of the methodology.

3D design of the device

A 3D-printable structure is designed for the housing of the AS7265x sensor on Tinkercad. This design process centers around an enclosure that effectively cradles the sensor while granting access to essential components like the cuvette, light sources, and detectors. The external dimensions of this structure have been determined by aligning with the sensor's width, length, and height, measuring 40 mm \times 42.5 mm \times 62 mm. The designated dimensions for the cuvette placement are 17.5 mm \times 17.5 mm \times 7 mm. Fig. S5 (ESI[†]) illustrates the

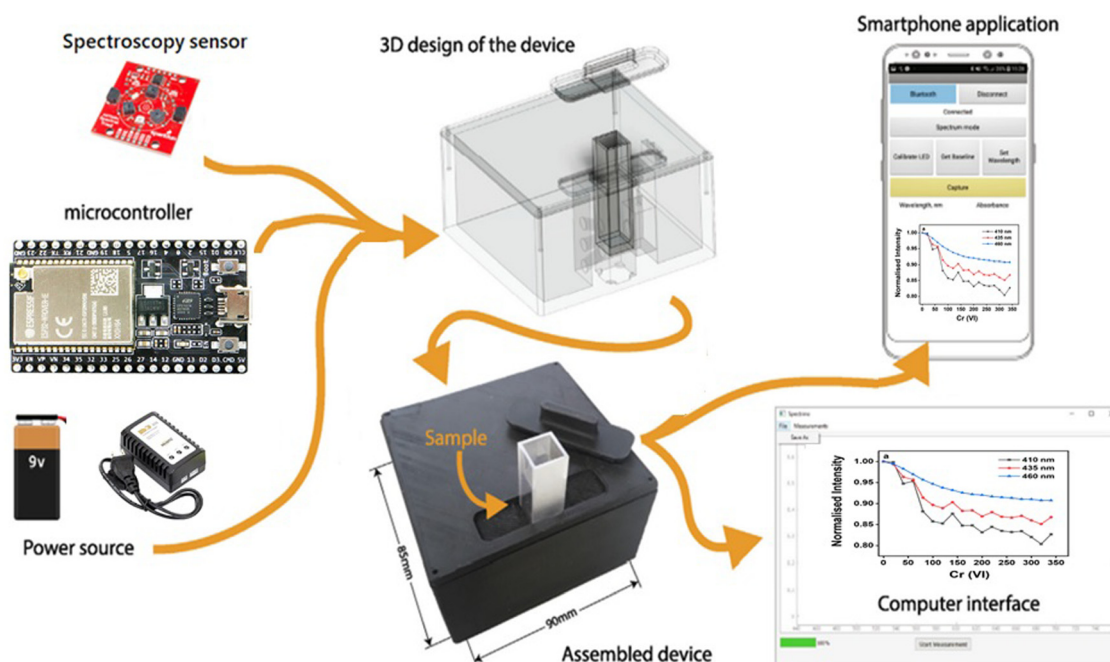


Fig. 5 Schematic representation of the methodology flow.



few steps in the design processes for creating a 3D structure model using Tinkercad prior to the actual printing stage.

Sample preparation

In this study, we employed an environmentally friendly method to synthesize carbon quantum dots (CQDs) from dried banana peels, denoted as BP-CQDs, using a microwave-assisted approach. To investigate the selectivity of BP-CQDs, we prepared a 1 mM stock solution of various metal cations and analytes in deionized water. For the selectivity studies, we pipetted 10 μL of BP-CQDs into 2000 μL of DI water, along with 0.1 mM of the analyte solution, and measured the emission spectra in a cuvette. Sensitivity analysis was carried out using a stock solution containing 1 μM of $\text{Cr}(\text{VI})$.

Experimental setup

Fig. 6 depicts the setup used in the experiment for a portable device designed to detect heavy metals in a BP-CQD sample. The prototype module is built around a spectroscopy sensor capable of efficiently measuring the concentration of $\text{Cr}(\text{VI})$ at a low cost. This prototype comprises a 3D-printed housing with an integrated sensor and cuvette assembly. During the experimental procedure, the BP-CQD sample with varying $\text{Cr}(\text{VI})$ concentrations is exposed to a UV light source, which absorbs some of the source light. However, a portion of the light intensity is reflected back to the detector and serves as an indicator of the $\text{Cr}(\text{VI})$ concentration in the sample. As the concentration of $\text{Cr}(\text{VI})$ increases in each step, the corresponding detector values are recorded. With each increment in $\text{Cr}(\text{VI})$ concentration, a quenching effect occurs, leading to a decrease in the intensity measured by the detector.

Identifying the optimal wavelength for detection of $\text{Cr}(\text{VI})$

The optimal wavelengths for detecting $\text{Cr}(\text{VI})$ are determined by analysing the intensity data obtained from the Triad Sensor across 18 different wavelengths. These intensity measurements

are first converted from analog to digital format using an integrated analog-to-digital converter within the AS7265x. Subsequently, the Arduino IDE software processes the intensity data for each of the experiments, and the results are recorded for further signal processing.

It is already established in our experiment that the use of light sources in the ultraviolet (UV) range is preferred because of the lower absorption of UV light by a BP-CQDs sample mixed with $\text{Cr}(\text{VI})$. In this experiment, we initially expose distilled water to a UV light source and record the detector data at three wavelengths, such as 410 nm, 435 nm, and 460 nm. The intensity of light detected at these wavelengths is subject to two influential factors: (1) light scattering and (2) light absorption by the BP-CQD sample mixed with chromium $\text{Cr}(\text{VI})$ concentration. Both of these characteristics are wavelength-dependent. Table S1 (ESI[†]) presents data measured from the UV detector, which indicates that at the wavelengths of 410 nm, 435 nm, and 460 nm, an increase in chromium concentration results in higher light absorption, consequently leading to a decrease in the measured light intensity.

To enhance clarity, the data measured by the UV detector is displayed on the vertical axis at different wavelengths in Fig. 7a, illustrating the measurement of light intensity received by the detector, reflecting from the BP-CQD sample with different concentrations of chromium ($\text{Cr}(\text{VI})$). Fig. 7b illustrates that the intensity graph at a wavelength of 460 nm offers the most favourable option for the experiment, primarily because of its superior linearity when compared to the other two wavelengths (410 nm and 435 nm) across various concentrations of $\text{Cr}(\text{VI})$. The limit of detection was calculated to be 69 nM computed using $3\sigma/K$. This portable sensor shows accuracy with the detection limit calculated previously (Fig. 3c), where experiments were performed using photoluminescence spectrophotometer. The experimental results and validation procedures have confirmed the spectroscopy sensor-based system's proficiency in accurately detecting and quantifying $\text{Cr}(\text{VI})$ concentrations in the test samples.

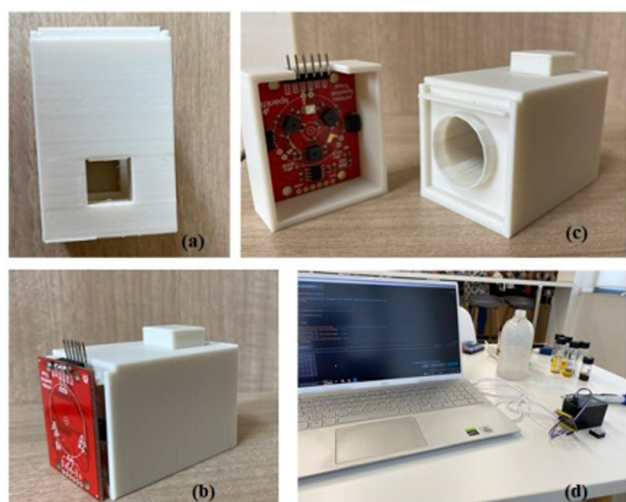


Fig. 6 Experimental setup (a) 3D structure, (b) sensor and cuvette placement, (c) complete device assembly, and (d) experimental setup.

Detection of ascorbic acid

Selectivity and sensitivity studies

To assess the selectivity of AA detection, interference amid various analytes such as cysteine (Cys), glutathione (GSH), tyrosine (Tyr), leucine (Leu), glucose, alanine (Ala), methionine (Met), lysine (Lys), tryptophan (Trp), uric acid (UA), sodium borohydride (NaBH_4), hydrazine (N_2H_4), thiourea (TU), valine (Val), dopamine (DM), and ascorbic acid (AA) was studied. The results (Fig. 8a) confirmed that the AA exhibited a significant response in comparison to the other analytes. Interestingly, the presence of other species did not significantly enhance the fluorescence of the BP-CQDs + $\text{Cr}(\text{VI})$ system, whereas AA led to a rapid recovery of fluorescence in this system. Considering the redox reaction between $\text{Cr}(\text{VI})$ and AA, the BP-CQDs + $\text{Cr}(\text{VI})$ system demonstrated its potential as a “turn-on” fluorescent sensor for AA detection. In this system, AA reduced $\text{Cr}(\text{VI})$



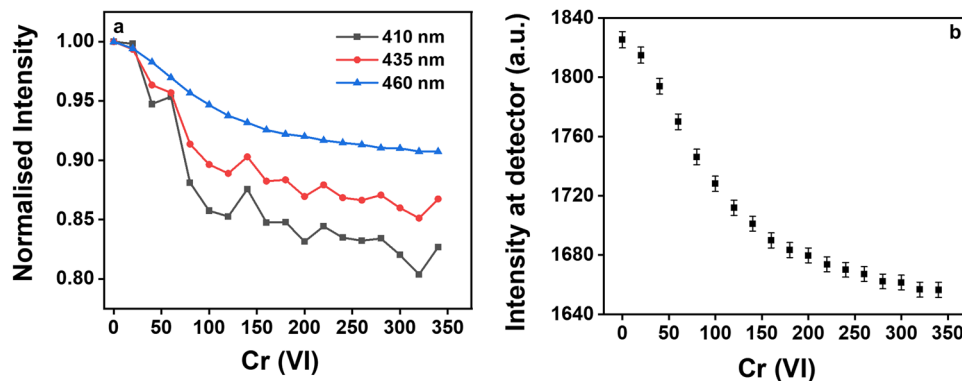


Fig. 7 (a) Normalised intensity at the UV detector for three wavelengths (410 nm, 435 nm, and 460 nm) reflected from the sample at different chromium concentrations and (b) intensity at the detector.

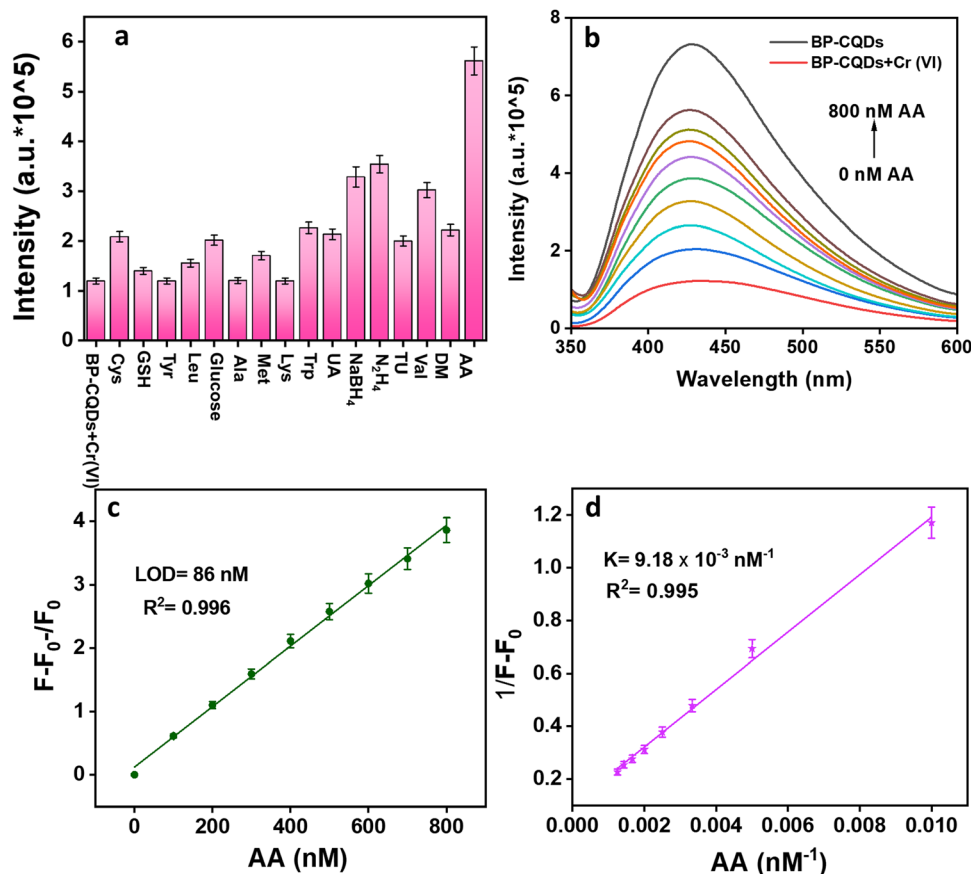
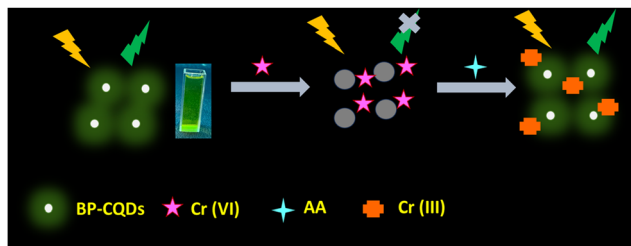


Fig. 8 (a) Selectivity studies of BP-CQDs + Cr(vi) with different analytes, (b) fluorescence restoration of the system upon addition of AA, (c) plot of the fluorescence response of the BP-CQDs + Cr(vi) $[(F - F_0)/F_0]$ vs. AA concentration, and (d) B-H plot indicating binding constant values.

to Cr(III), which eliminated the inner filter effect (IFE) and restored BP-CQDs fluorescence.²² Initially, the fluorescence of BP-CQDs was quenched by Cr(vi) due to the IFE, but upon adding AA, the fluorescence of the BP-CQDs + Cr(vi) system switched from “off” to “on”. Fig. 8b shows that with the gradual addition of AA (0–800 nM) in the sensor system, gradual increase in fluorescence intensity was observed. The graphs of $(F - F_0)/F_0$ vs. AA concentration showed a

reliable linear range for the developed sensor system, *i.e.*, BP-CQDs + Cr(vi). Here, F represents the fluorescence intensity with AA present, while F_0 indicates the fluorescence intensity without AA. The limit of detection (LOD) value for the system upon AA addition was found to be 86 nM (Fig. 8(c)). Furthermore, the binding constant values of BP-CQDs + Cr(vi) by adding AA were calculated using the Benesi-Hildebrand equation (Fig. 8d).





Scheme 2 Fluorescence restoration mechanism of BP-CQDs.

Restoration mechanism

The “off–on” detection mechanism is specific to AA, likely due to the following reasons. Firstly, the restored fluorescence in the presence of AA can be attributed to the high-efficiency chelation effect of AA’s functional groups, which effectively remove Cr(vi) from the surface of the BP-CQDs/Cr(vi) fluorescent probe. Secondly, AA may potentially reduce Cr(vi) to Cr(III)/Cr(0), resulting in the elimination of the inner filter effect (IFE) and consequently restoring the fluorescence of BP-CQDs (Scheme 2).⁴⁴ Therefore, this BP-CQDs/Cr(vi) system could be utilized as a “turn-on” fluorescence probe for AA detection.⁴⁵ Furthermore, the fluorescence recovery was corroborated by fluorescence lifetime decay data, which revealed a negligible change in the average lifetime after the addition of ascorbic acid to the BP-CQDs + Cr(vi) system (Fig. 4b).⁴⁶ These findings demonstrate that the developed sensing platform is simple, environmentally friendly, and cost-effective when compared to alternative techniques.

Conclusions

The current study utilized a cost-effective and eco-friendly method to produce highly water-soluble fluorescent carbon quantum dots (CQDs) from banana peels. Microwave irradiation was employed without adding any chemical agents during the synthesis. This process resulted in intrinsically nitrogen and sulphur-functionalized BP-CQDs omitting the need for any additional dopants. Interestingly, BP-CQDs demonstrated remarkable optical properties with a fluorescent quantum yield of 41% and emitted a bright green color when exposed to UV light. However, BP-CQDs function as an “on–off” fluorescent nanoprobe for the selective and sensitive detection of highly toxic Cr(vi) in pure aqueous medium with the detection limit of 60.5 nM. The mechanistic study indicated that the sensing behaviour of BP-CQDs is based on the synergistic effects of the inner filter effect and static quenching mechanism. This occurs because the absorption band of Cr(vi) precisely overlaps with the excitation and emission bands of the fluorophore BP-CQDs, and there is no change in lifetime before and after the addition of Cr(vi) and AA to the BP-CQDs. Strategically, the BP-CQDs + Cr(vi) system also functioned as a turn-on sensor for AA with the detection limit of 86 nM. This is likely due to the reduction of Cr(vi) to the lower valent Cr(III), which eliminates the inner filter effect and restores the fluorescence of the BP-CQDs.

The experimentation results and validation procedures have established the spectroscopy sensor-based system’s adeptness in precisely identifying and measuring Cr(vi) concentrations in test samples. Additionally, it exhibits a commendable selectivity in detecting Cr(vi) amidst diverse interference analytes. Its sensitivity and selectivity make it a promising low-cost, portable tool for environmental monitoring and industrial applications where the presence of heavy metals poses risks to health and ecosystems.

Data availability

The data supporting this article have been included as part of the Supplementary Information.

Conflicts of interest

The authors have no conflicts of interest.

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