

Sustainable Food Technology

Accepted Manuscript

This article can be cited before page numbers have been issued, to do this please use: N. T. Flores Jimenez, J. A. Ulloa and J. E. Urías-Silvas, *Sustainable Food Technol.*, 2025, DOI: 10.1039/D5FB00708A.



This is an Accepted Manuscript, which has been through the Royal Society of Chemistry peer review process and has been accepted for publication.

Accepted Manuscripts are published online shortly after acceptance, before technical editing, formatting and proof reading. Using this free service, authors can make their results available to the community, in citable form, before we publish the edited article. We will replace this Accepted Manuscript with the edited and formatted Advance Article as soon as it is available.

You can find more information about Accepted Manuscripts in the [Information for Authors](#).

Please note that technical editing may introduce minor changes to the text and/or graphics, which may alter content. The journal's standard [Terms & Conditions](#) and the [Ethical guidelines](#) still apply. In no event shall the Royal Society of Chemistry be held responsible for any errors or omissions in this Accepted Manuscript or any consequences arising from the use of any information it contains.

Sustainability spotlight

Oil extraction from oilseeds such as sunflower and canola is one of the processes that generates the most waste. Among these by-products, de-oiled sunflower and canola meals stand out for their high protein content. This research proposes the application of de-oiled sunflower and canola meals to produce protein coprecipitates with improved physicochemical, functional and structural properties compared to the individual sources. Numerous studies have reported the valorization of proteins from oilseed industry waste as a strategy for their use as food ingredients, the development of new products, or the improvement of existing ones, consistent with this research. The results obtained in this work could be aligned with Sustainable Development Goals 2 (zero hunger), 9 (industry, innovation, and infrastructure), and 12 (responsible consumption and production).



1 Valorization of sunflower (*Helianthus annuus* L.) and canola (*Brassica napus* L.) meals
2 through protein coprecipitation: Physicochemical, functional, and structural
3 characterization

4
5 Nitzia Thalía Flores-Jiménez^{a,b}, José Armando Ulloa^{a*}, Judith Esmeralda Urías-Silvas^c

6
7
8 ^aCentro de Tecnología de Alimentos, Universidad Autónoma de Nayarit, Ciudad de la
9 Cultura Amado Nervo, Tepic 63155, Nayarit, México

10
11 ^bSecretariat of Science, Humanities, Technology and Innovation, Av. Insurgentes Sur 1582,
12 Crédito Constructor, Demarcación Territorial Benito Juárez 03940, Ciudad de México,
13 México

14
15 ^cTecnología Alimentaria, Centro de Investigación y Asistencia en Tecnología y Diseño del
16 Estado de Jalisco A. C., Avenida Normalistas 800, Colinas de la Normal, Guadalajara
17 44270, Jalisco, México

18
19
20
21
22
23
24
25
26
27
28 *Corresponding author: José Armando Ulloa

29 E-mail addresses: arulloa5@gmail.com

30 ORCID: 0000-0002-3749-3086

31



32 Abstract

33 Canola-sunflower protein coprecipitates (CSPoCos) were prepared with different flour
34 ratios, and their physicochemical, functional, and structural properties were analyzed. The
35 crude protein content of the CSPoCos ranged from 88.19% to 91.21%, higher than that of
36 canola protein precipitates (CPoPc, 82.25%) and sunflower protein precipitates (SPoPc,
37 86.19 %). In addition, protein coprecipitation (PoC) increased the apparent and compact
38 densities, Carr and Hausner indices, while decreasing the particle size and modifying the
39 morphology measured through of dynamic light scattering and scanning electron
40 microscopy, respectively. Glutelins (52.71-60.30%) were the major protein fraction in the
41 CSPoCos. In addition, the PoC increased the properties of water holding capacity, oil
42 holding capacity, last gelation concentration, emulsifying activity index, foam capacity and
43 foam stability. The improvement of these functional properties could be due to the
44 formation or combination of different covalent and non-covalent interactions between the
45 individual protein sources. Moreover, PoC also modified the secondary and tertiary protein
46 structures of the CSPoCos, which was manifested by a significant increase ($p < 0.05$) on the
47 surface hydrophobicity, in comparison to CPoPc and SPoPc. On the other hand, the values
48 of *in vitro* antioxidant capacity, *in vitro* digestibility, sulfhydryl groups and disulfide
49 bridges of the CSPoCos were higher than CPoPc. Electrophoresis revealed that CSPoCos
50 had subunits with molecular weights ranging from 15 to 49 kDa. Overall, CSPoCos had
51 better functional properties than single canola and sunflower proteins, making the
52 application of PoC an attractive alternative for obtaining protein powders with improved
53 qualities for use as food ingredients.

54 **Keywords:** Coprecipitation, Sunflower proteins, Canola proteins, Physicochemical
55 characteristics, Functional characteristics, Structural characteristics

56

57

58

59



60 1 Introduction

61 The continuous growth of the world population demands a sufficient supply of protein
62 through alternative sources.¹ In this sense, the recovery of proteins from agro-industrial by-
63 products, including oilseed meals, represents an attractive option.² Canola (*Brassica napus*
64 L.) and sunflower (*Helianthus annuus* L.) are the second and third most important oilseed
65 crops in the world, respectively, after soybeans.^{3,4} According to FAOSTAT⁵, 70 and 56
66 million metric tons of canola and sunflower were produced worldwide, respectively, being
67 Canada and Ukraine the largest producers of these crops. Oilseeds are an interesting source
68 of protein, since the meals obtained after oil extraction are by-products that can be
69 valorized. Typically, residual oilseed meals from oil extraction may contain 35 to 40 %
70 protein on a dry basis. These oilseeds are recognized as an alternative protein source with
71 potential use in human nutrition, although to date they are mainly used for animal
72 consumption.^{6,7}

73 One of the alternatives for the recovery of proteins for human consumption from oilseed
74 meals are protein precipitates (PoPc) such as concentrates or isolates.⁸ However, each
75 oilseed meal has limited nutritional value, due to the presence of anti-nutrients or a low
76 functional quality, which restricts its use as a food ingredient.^{9,10} Therefore, there is interest
77 in formulating food products by combining proteins to solve these drawbacks, which can be
78 achieved through PoB (protein blending) and PoC (protein coprecipitation) using two or
79 more sources (plant-plant, animal-animal or plant-animal proteins).^{11,12,13} The differences
80 between these protein products are based on the preparation method. PoB can be obtained
81 through the direct mixing of protein isolates or concentrates, while PoC can be made by
82 precipitation or by heat.¹⁴

83 The formation of PoB and PoCos involves different interactions that give rise to different
84 structures. These structures present in PoB and PoCos can have a synergistic effect on their
85 techno-functional, nutritional and biological properties,^{9,11,15,16} depending mainly on various
86 intrinsic properties (type of proteins, protein concentration, amino acid composition,
87 structure, conformation, molecular weight, surface properties) of the protein sources and



88 processing conditions such as pH, temperature, ionic force, meal: solvent ratio, etc.

89 12,17,18,19,20

90 For example, Wu et al.¹³ studied the effect of mixing soybean and zein proteins. The results
91 of this study revealed that the soybean-zein (5:1; w/w at pH 7) PoB improved solubility,
92 foaming properties and water holding capacity, in contrast to the zein proteins. These
93 researchers point out that the increase in these techno-functional properties was a
94 consequence of the fusion of the two proteins and the modification of their secondary
95 structure. In addition, Zhou et al.²¹ observed that PoB obtained from pea and grass carp
96 protein (1:1; w/w at pH 7) isolates enhanced solubility and foaming properties, compared to
97 grass carp protein isolate. These results are due to the fact that the protein molecules of the
98 pea and the grass carp have opposite charges, and the intermolecular electrostatic
99 interactions are strengthened to generate soluble protein aggregates.

100 On the other hand, in the case of PoC, Zhang et al.²² demonstrated that the association of
101 Ginseg and Schisandra (6:1; w/w) proteins in the form of PoCo by alkaline extraction (pH
102 9) and isoelectric precipitation (pH 3.5) increased water and oil holding capacities,
103 compared to individual proteins. This improvement resulted from the increase in hydrogen
104 bonding interactions and hydrophilic groups exposed under alkaline conditions. For his
105 part, Kristensen et al.,¹⁶ reported that the pea and whey (20:80; v/v) PoCo by alkaline
106 extraction (pH 11) and isoelectric precipitation (pH 4.6) produced new electrostatic
107 interactions and disulfide bonds between these proteins, increasing solubility and surface
108 hydrophobicity.

109 To date, this work constitutes the first report on obtaining PoCos from canola and
110 sunflower as an alternative protein source. Therefore, the objective was to determine the
111 physicochemical, functional, and structural attributes of CSPoCos to evaluate their potential
112 application as a novel food ingredient.

113 **2 Materials and methods**

114 **2.1 Material and Chemicals**



115 Canola meal (CM) was provided by Forrajes y Alimentos San Cayetano, S. de R.L. de C.V.
116 (Tepic, Nayarit, México), while sunflower meal (SM) was obtained from New Country
117 Organics, Inc. (Lubbock, Texas, USA). The contents of crude protein ($N \times 6.25$), moisture,
118 ash, fat, and total carbohydrate contents for the CM, according to the AOAC [19] methods,
119 were $39.72 \pm 0.32 \%$, $9.76 \pm 0.14 \%$, $7.05 \pm 0.04 \%$, $2.96 \pm 0.25 \%$, and $31.74 \pm 0.81 \%$,
120 respectively. The proximal composition of the SM is presented in section 2.2, since it was
121 necessary to remove a significant amount of oil. All chemicals employed in this research
122 were reagent grade and purchased from Sigma-Aldrich, Fermont and J.T. Baker (Ciudad de
123 México, México).

124 **2.2 Preparation of defatted sunflower flour (DSF)**

125 Because the SM contained a considerable amount of lipids ($21.23 \pm 0.25 \%$), it was
126 necessary to apply a step to reduce the percentage of this component, according to the
127 following procedure. First, lots of 100 g of SM were placed in 1 L of ethyl ether with
128 stirring at 500 rpm for 1 h, during two successive cycle and replacing the spent solvent with
129 fresh solvent. The material obtained from the second defatting cycle was placed in a plastic
130 container for complete desolventization, in an extractor hood for 12 h to obtain DSF, which
131 was stored in airtight bags at room temperature for subsequent characterization. The
132 contents of crude protein ($N \times 6.25$), moisture, ash, fat, and total carbohydrates of DSF
133 were $33.54 \pm 0.89 \%$, $8.81 \pm 0.04 \%$, $6.76 \pm 0.80 \%$, $0.49 \pm 0.18 \%$, and $50.40 \pm 0.61 \%$,
134 respectively.

135 **2.3 Preparation of canola and sunflower protein precipitates (CPoPc and SPoPc) and** 136 **coprecipitates (CSPoCos)**

137 CPoPc and SPoPc were obtained using 100% CM and DSF, respectively, as source of
138 proteins. CSPoCos were obtained employing batches of 200 g pastes, with the following
139 proportions: 70%CM:30%DSF, 50%CM:50%DSF, and 30%CM:70%DSF (w/w) by
140 alkaline extraction and isoelectric precipitation, following the method reported by Tian et
141 al.¹² Briefly, CM, DSF and mixtures thereof were suspended in distilled water (1:20, w/v),
142 adjusted to pH 11 with 1 M NaOH by magnetic stirring at 20 °C for 45 min, and the
143 insoluble residue was separated by centrifugation at $8000 \times g$ and 14 °C for 10 min. After,



144 the pH of the protein suspensions was adjusted to pH 4 (for CM) and 4.5 (for DSF and
145 mixtures) with 1 M HCl by magnetic stirring at 20 °C for 30 min. Subsequently, the slurries
146 were centrifuged at 8000 × g at 14 °C for 10 min and the PoPc and PoCos were re-
147 suspended in distilled water in a ratio of 1:10 (w/v) at pH 7 with 1M NaOH. Finally, the
148 protein dispersions were lyophilized in a freeze dryer model FreeZone 10 L (Labconco,
149 USA) to obtain the CPOpc, SPOpc and CSPoCos (CSPoCo_{70/30}, CSPoCo_{50/50} and
150 CSPoCo_{30/70}, where the first subindex in each material represent the CM proportion and the
151 second subindex is the DSF proportion used in this preparation).

152 2.4 Extraction yield and protein purity

153 The extraction yield of the samples was calculated using two parameters (weight yield and
154 protein yield). The weight yield was determined as the ratio between the total weight of the
155 recovered CPOpc, SPOpc and/or the CSPoCos and the initial weight of CM and/or DSF
156 used in the extraction process (Eq. 1). The protein yield was estimated by comparing the
157 total protein content in recovered CPOpc, SPOpc and/or the CSPoCos and the initial protein
158 content in CM and/or DSF (Eq. 2). The protein purity was calculated according to the Eq.
159 3:

$$160 \quad \text{Process yield (\%)} = \frac{\text{weight of recovered PoPc or PoCos}}{\text{weight of CM or DSF}} \times 100 \quad (\text{Eq. 1})$$

$$161 \quad \text{Protein yield (\%)} = \frac{\text{weight of protein in recovered PoPc or PoCos}}{\text{weight of initial protein in CM or DSF}} \quad (\text{Eq. 2})$$

$$162 \quad \text{Protein purity (\%)} = \frac{\text{weight of protein in PoPc or PoCos}}{\text{weight total of PoPc or PoCos}} \times 100 \quad (\text{Eq. 3})$$

163 2.5 Composition and physicochemical characteristics

164 2.5.1 Proximate analysis

165 CM, DSF, PoPc and PoCos samples were subjected to proximate composition following to
166 AOAC methods.²³ The total carbohydrates were estimated by subtraction of the moisture,
167 fat, protein, and ash content. Results were registered as % on moist basis.

168 2.5.2 Bulk (b_p) and compact (c_p) density



169 b_p was determined by adding protein sample to the 10 mL line of a graduated test tube and
 170 noting the weight. Then, test tube was hit 40 times, and the volume was registered to obtain
 171 the c_p .²⁴ b_p and c_p were expressed as g/cm^3 .

172 2.5.3 Carr's index (CaIn) and Hausner's ratio (HaRa)

173 CaIn and HaRa are the two major parameters to quantify powder flowability. CaIn and HaRa
 174 were calculated from b_p and c_p of protein samples as shown below:

$$175 \quad \text{CaIn (\%)} = \frac{c_p - b_p}{c_p} \times 100 \quad (\text{Eq. 4})$$

$$176 \quad \text{HaRa} = \frac{c_p}{b_p} \quad (\text{Eq. 5})$$

177 2.5.4. Water activity (a_w)

178 The a_w of the samples was analyzed with an AquaLab Serie 4 TEV equip (Decagon
 179 Devices Inc., USA).

180 2.5.5 Turbidity (T_{rb})

181 T_{rb} was measured by absorbance in 1 % (w/v) protein dispersions at pH 7, using a UV-Vis
 182 spectrophotometer model FI-01620 (Thermo Fisher Scientific, Vantaa, Finland) at 600 nm.

183 2.5.6 Color analysis

184 Color meter model CR-300 (Konica Minolta Holdings, Inc., Japan) was utilized to evaluate
 185 the coloring of the samples. The measurements were represented by means of the CIELAB
 186 color scope, determining L^* (lightness), a^* (+redness, -greenness) and b^* (+yellowness, -
 187 blueness). The L_0^* , a_0^* , and b_0^* numbers of the white pattern plate employed as reference
 188 were 94.44, -0.20 and 3.87, respectively. The total variation of color (ΔE) was estimated as:

$$189 \quad \Delta E = [(L_0^* - L^*)^2 + (a_0^* - a^*)^2 + (b_0^* - b^*)^2]^{1/2} \quad (\text{Eq. 6})$$

190 In addition, the hue angle (H_{ab}) was calculated as the arc tangent of the ratio of yellowness
 191 to redness, as show in Eq. 7



$$H_{ab} = Tan^{-1}\left(\frac{b^*}{a^*}\right) \quad (\text{Eq. 7})$$

193 Chroma (C^*) is considered as the purity of color or colorfulness of the sample. It was
194 determined as the Euclidean distance of the color vector (L, a, b) for a sample from the
195 lightness axis as show in Eq. 8

$$C^* = \sqrt{a^2 + b^2} \quad (\text{Eq. 8})$$

197 **2.5.7 Protein fractionation**

198 Albumin (Al), globulin (Gl), prolamin (Pr), and glutelin (Gx) fractions were solubilized
199 from protein samples successively, as was reported by Serrano-Sandoval et al.,²⁵ with some
200 modifications. First with distilled water at a 1:10 (w/v) ratio for 1 h of stirring at 4 °C to
201 extract the Al, which were recovered in the supernatant obtained by centrifugation for 20
202 min at $6,000 \times g$ and stored under refrigeration at 6 °C for subsequent analysis. To the
203 resulting precipitate, 30 mL of a 50 mM Tris-HCl + 0.4 M NaCl solution (pH 8) were
204 added for Gl extraction, and the mixture was centrifuged under the same conditions. Next,
205 30 mL of 70% ethanol were added to the new precipitate to obtain Pr, and subsequently, 30
206 mL of 0.1 M NaOH were added to the final precipitate to recover Gx. The separation and
207 storage of the supernatant at each extraction stage was performed under the same
208 conditions as for the albumin fraction. The total protein content of each fraction was
209 measured using the Bradford assay²⁶ using as reference albumin from bovine serum.

210 **2.6 Functional characteristics**

211 **2.6.1 Protein solubility (PoSo)**

212 PoSo was performed as described by Balderas-León et al.,²⁷ with modifications. Samples
213 containing 40 mg of protein were mixed with 20 mL 0.01M sodium phosphate buffer (pH
214 7) for 60 min. Then, the dispersion was centrifuged at $8000 \times g$ for 10 min at 20 °C, and the
215 supernatant was used for protein quantification by Bradford²² microplate assay method.

216 **2.6.2 Water holding capacity (WaHC) and oil holding capacity (OiHC)**



217 To evaluate the WaHC and OiHC, samples containing 0.5 g of protein were dispersed in 10
 218 mL of distilled water or canola oil within a pre-weighed 50 mL centrifuge tube. The
 219 dispersions were vigorously vortexed in an MX-S (Avante, Guadalajara, Mexico) and then
 220 allowed to stand at room temperature for 30 min before centrifugation (5000× g, 20 min, 25
 221 °C). After centrifugation, the supernatants were discarded and the tubes containing the
 222 pellets were weighed.²⁸ WaHC and OiHC were reported as grams of water or oil absorbed
 223 per gram of protein

224 **2.6.3 Last gelation concentration (LaGeCo)**

225 LaGeCo was determined with the procedure used by López-Mártir et al.,²⁸ with some
 226 changes. Protein dispersions of 4 to 20 % (w/v) were prepared in volumes of 5 mL at pH 7,
 227 which were kept in test tubes and subsequently heated at 90 °C for 1 h. After heating, the
 228 tubes containing the samples were quickly cooled and refrigerated at 4 °C for 2 h. LaGeCo
 229 was identified as that concentration when the sample from the inverted test tube did not fall
 230 down or slip.

231 **2.6.4 Emulsifying characterization**

232 The emulsifying activity index (EAcIn) and emulsifying stability index (EStIn) were
 233 measured according to the method of Briceño-Islas et al.²⁹ For emulsion formation, 5 mL of
 234 canola oil and 16 mL of sample solution (0.1% w/v) in 0.01M sodium phosphate buffer (pH
 235 7) were homogenized with a T-25 Ultra-turrax homogenizer (IKA Instruments, Germany)
 236 at 12,000 rpm for 1 min. Then, 50 µL of emulsion from the bottom of the tube was taken
 237 after 0 min (for EAcIn) and 10 min (for EStIn) to add them to 5 mL of 0.1 % SDoS
 238 (sodium dodecyl sulfate) solution. After shaking in a vortex for 5 s, the absorbance of
 239 emulsions was recorded at 500 nm. EAcIn and EStIn were calculated using the following
 240 equations:

$$241 \quad \text{EAcIn} \left(\frac{\text{m}^2}{\text{g}} \right) = \frac{2T \times A_0 \times N \times 10^{-4}}{\phi \times L \times C} \quad (\text{Eq. 9})$$

$$242 \quad \text{EStIn} (\%) = \frac{A_{10}}{A_0} \times 100 \quad (\text{Eq. 10})$$



243 where $T = \text{constant value (2.30)}$, A_0 and $A_{10} = \text{absorbance of the emulsion at 0 and 10 min,}$
 244 $\text{respectively, } N = \text{dilution factor (100), } \emptyset = \text{oil volume fraction (0.20), } L = \text{path length of}$
 245 $\text{the cuvette (m), and } C = \text{protein concentration in aqueous phase (g/m}^3\text{).}$

246 **2.6.5 Foaming characterization**

247 The foam capacity (FmC) and foam stability (FmS) of samples were measured following
 248 the procedure of Cháirez-Jiménez et al.,⁷ with small variations. Protein suspensions were
 249 prepared (5 %) with 0.01M sodium phosphate buffer (pH 7). Then, a sample of 15 mL was
 250 mixed for 1 min at 13,000 rpm and poured into the graduated tube. Foam volume at 1 min
 251 was recorded as $V_{1\text{min}}$, and the foam volume at 20 min as $V_{20\text{min}}$, and the FmC and FmS
 252 calculated as follow:

$$253 \quad \text{FmC (\%)} = \frac{V_{1\text{min}}}{15} \times 100 \quad (\text{Eq. 11})$$

$$254 \quad \text{FmS (\%)} = \frac{V_{20\text{min}}}{V_{1\text{min}}} \times 100 \quad (\text{Eq. 12})$$

255 **2.7 Biochemical properties**

256 **2.7.1 Electrophoretic profile by sodium dodecyl sulfate-polyacrylamide gel** 257 **electrophoresis (SDS-PAGE)**

258 The determination of SDS-PAGE of the protein samples was performed according to the
 259 method described by Flores-Jiménez et al.,³⁰ with slight changes, utilizing a Mini-Protean
 260 tetra chamber (Bio-Rad Laboratories, Inc., USA). Samples were processed on 4-20 %
 261 precast polyacrylamide gel (Cat. #456-1095). Samples were prepared in reducing
 262 conditions with β -mercaptoethanol (+ β -M), and non-reducing conditions without β -
 263 mercaptoethanol ($-\beta$ -M). A total of 20 μL of each sample with 15 μg of protein were
 264 charged into each channel of gel, including the molecular weight marker (MW) from 10 to
 265 250 kDa (Precision Plus Protein All Blue Prestained Protein Standards). Electrophoresis
 266 was performed at 140 V to concentrate for 10 min, after that at 110 V to divided gel
 267 approximately 2 h. The gel was stained with Coomassie brilliant blue (G-250) for 24 h.
 268 Ultimately, the gel was destained until bands were easily seen and then captured using the
 269 ImageJ software (National Health Institute, USA) for molecular mass definition.



270 **2.7.2 *In vitro* protein enzymatic digestibility (IVPoDi)**

271 The IVPoDi method of Flores-Jiménez et al.,²⁴ was used with slight changes. Briefly, a
272 dispersion was prepared by dissolving 625 mg of protein sample in 100 mL of distiller water,
273 which was fitted with NaOH (0.1 M) to pH 8. The multienzyme preparation was elaborated
274 with trypsin, protease and bovine pancreatin at concentrations of 1.6 mg/mL, 0.05 mg/mL
275 and 1 mg/mL, respectively, adjusting the medium to pH 8 and keeping it in an ice bath until
276 its application. Afterwards, 1.5 mL of the multienzyme preparation was incorporated to the
277 sample and kept agitation for 10 min at 37 °C. The pH fall was determined to the 10 min of
278 reaction. The IVPoDi was estimated as follow:

$$279 \text{IVPoDi (\%)} = 210.464 - 18.10(Z) \quad (\text{Eq. 13})$$

280 where Z = pH sample dispersion after 10 min of reaction with the multienzyme preparation.

281 **2.7.3 *In vitro* antioxidant capacity (IViAC)**

282 The IViAC of the protein samples was evaluated using the 1,1-diphenyl-2-picryl-hydrazyl
283 (DPPH) assay according to the method described by Mesfin et al.,³¹ with modifications. An
284 aliquot of 250 µL of 0.06 mM DPPH was added and mixed vigorously with 30 µL of
285 protein suspension (0.5 mg/mL), and then the mixture was incubated in the dark for 30 min
286 at room temperature. The absorbance was monitored at 515 nm by spectrophotometry after
287 30 min, using a blank (250 µL of DPPH + 30 µL distiller water). Finally, IViAC was
288 calculated according to the following equation:

$$289 \text{IViAC (\%)} = 1 - \left(\frac{A_{sa}}{A_{bl}} \right) \times 100 \quad (\text{Eq. 14})$$

290 where A_{bl} and A_{sa} are the absorbances of the blank and the sample, respectively.

291 **2.8 Structural properties**

292 **2.8.1 Microstructure**

293 A scanning electron microscope (SEM; SNE-3200M, SEC Co., LTD, South Korea) was
294 used to observe the microstructure and shape of the samples. A small amount of the



295 samples was taken, coated with gold, and placed in the SEM for suction under a voltage of
296 20 kV and a magnification of 150 \times . After the focus became clear under the magnification,
297 the characteristics of the samples were photographed.

298 **2.8.2 Molecular flexibility (MoFl)**

299 MoFl was measured in the samples at a concentration of 1 mg/mL (0.01 M sodium
300 phosphate buffer, pH 7), employing the technique described by Rodríguez-Rivera et al.³²

301 **2.8.3 Particle size (Pz) and ζ -potential**

302 The Pz and ζ -potential were measured using a Zetasizer Nano-ZS90 (Malvern Instruments,
303 Malvern, UK). The samples were diluted to 0.2 mg/mL with 0.01 M sodium phosphate
304 buffer (pH 7). To measure Pz the samples were placed in a glass cuvette (ZEN0118,
305 Malvern Instruments) at 20 °C for measurement. The ζ -potential was determined by
306 measuring the velocity and direction of dispersion as the particles moved along the electric
307 field using Smoluchowski's mathematical method. Measurements were performed at 20 °C,
308 and the samples were placed in disposable folded capillary cells (DTS1060, Malvern
309 Instruments).

310 **2.8.4 Surface hydrophobicity (S_uH_o)**

311 Protein S_uH_o was estimated by the fluorescence technique,³³ utilizing molecular probe, 8-
312 anilino-1-naphthalenesulfonic acid (ANS) on a 200 Pro spectrophotometer (Tecan Infinite,
313 Austria). The samples were diluted to different protein concentrations (0.05-0.01 mg/mL),
314 and the test tubes were brought to a volume of 2 mL according to the solubility of the
315 samples. Then, 25 μ L of ANS was added, to which fluorescence was determined at
316 excitation (364 nm) and emission (475 nm) wavelengths. S_uH was considerate as the slope
317 of the graph of fluorescence vs protein concentration (mg/mL).

318 **2.8.5 Intrinsic fluorescence spectra (IFS)**

319 IFS of samples (0.2 mg/mL protein with 0.01 M sodium phosphate buffer at pH 7) were
320 obtained with a 200 Pro fluorescence spectrophotometer (Tecan Infinite 200 Pro, Grödig,



321 Austria) at an excitation wavelength of 290 nm, spectral scanning range of 320-450 nm,
322 and a slit = 5 nm.

323 **2.8.6 Free (SH_{Fr}) and total (SH_{To}) sulfhydryl groups and disulfide bridges (S-S_{Br})**

324 The determination of the content of SH_{Fr}, SH_{To} and S-S_{Br} of protein samples was carried
325 out according to the methods described by Wu et al.³⁴ and Ren et al.,³⁵ with some
326 adaptations. To determine the SH_{Fr} content, 100 μL of the samples (1 mg/mL protein with
327 0.01 M sodium phosphate buffer at pH 7) was dissolved with 500 μL of Tris-glycine buffer
328 (0.086 M Tris, 0.09 M glycine, 0.04 M EDTA-Na₂, pH 8) and 10 μL of Ellman's reagent (4
329 mg of DTNB/mL of Tris-glycine buffer), followed by incubation at 25 °C for 1 h. Samples
330 were then centrifuged at 8000 rpm for 10 min using an Eppendorf Minispin centrifuge
331 (Hamburg, Germany) and the absorbances were measured at 412 nm with sodium
332 phosphate buffer as blank. For the analysis of SH_{To} content, the same process was followed,
333 with the addition of 8 M urea to the Tris-glycine buffer. The concentration of the SH_{Fr},
334 SH_{To} and S-S_{Br} was calculated using the following equations:

$$335 \quad \text{SH}_{\text{Fr}} \text{ or } \text{SH}_{\text{To}} \left(\frac{\mu\text{mol}}{\text{g protein}} \right) = \frac{73.53 \times A_{412} \times D}{C} \quad (\text{Eq. 15})$$

$$336 \quad \text{S} - \text{S}_{\text{Br}} \left(\frac{\mu\text{mol}}{\text{g protein}} \right) = \frac{\text{SH}_{\text{To}} - \text{SH}_{\text{Fr}}}{2} \quad (\text{Eq. 16})$$

337 where A₄₁₂ = absorbance of the sample at 412 nm, for both SH_{Fr} and SH_{To}, C = sample
338 protein concentration (mg/mL), 73.53 = constant, and D = dilution factor (D = 1).

339 **2.8.7 Attenuated total reflectance Fourier transforms infrared spectra (ATR-FTIR)**

340 Infrared spectra of the protein samples were obtained using an ATR-FTIR spectrometer
341 (Agilent Cary 630, Agilent Technologies, USA). 100 mg of protein samples were placed in
342 the ZnSe cell, using as conditions the range of 650 to 4000 cm⁻¹ with a 4 cm⁻¹ resoluteness
343 and 21 sweeps at 25 °C.

344 **2.9 Statistical analysis**

345 The physicochemical, functional, biochemical and structural characteristics of the PoPc and



346 CSPoCos were reported as the means \pm standard deviations of the three batches. Data
347 analysis involved a one-way ANOVA and comparison of means was performed using
348 Fisher's Protected LSD (statistical significance considered at $p < 0.05$) with the Statistica
349 software version 7.1 (TIBCO Software, Inc., USA).

350 **3 Results and discussion**

351 **3.1 Extraction yield and protein purity**

352 The yield and purity of protein materials are important factors associated with their
353 production methods that determine their economic feasibility.³⁶ The results on the product
354 yield, protein recovery, and purity of PoPc and the CSPoCos are presented in Table 1. The
355 product yield ranged from 5.20-17.10 %, following the order of CPoPc < CSPoCo_{70/30} <
356 CSPoCo_{50/50} < CSPoCo_{30/70} < SPoPc. These results are comparable to those of Wintersohle
357 et al.,³⁵ who found product yield was from 8.3 % to 18.89 % for mung bean PoPc obtained
358 by alkaline extraction and isoelectric precipitation. Meanwhile, the protein recovery
359 reached values from 11.76 % to 53.07 % in the order of CPoPc < CSPoCo_{70/30} <
360 CSPoCo_{50/50} < CSPoCo_{30/70} < SPoPc. The maximum protein recovery obtained in this study
361 was similar to that reported for PoPc of sunflower (55.67 %),⁶ *Hermetia illucens* (55 %),³⁷
362 and Japanese quince (54 %).³⁸ In the case of protein purity, PoC significantly increased
363 ($p < 0.05$) this parameter from 82.18 % and 86.22 % for CPoPc and SPoPc, respectively, to
364 values that ranging from 88.25 % to 92.20 % for CSPoCos (Table 1). The purity of the
365 protein obtained in the present study for both PoPc (82.18-86.22 %) and PoCos (88.25-
366 92.20 %) ranged between those reported for Japanese quince PoPc (83.88 %).³⁹

367 **Table 1.** Process yield, protein recovery and protein purity of canola protein precipitate
368 (CPoPc), sunflower protein precipitate (SPoPc) and canola-sunflower protein coprecipitates
369 (CSPoCos).

Samples	Process yield (%)	Protein recovery (%)	Protein purity (%)
CPoPc	5.20 \pm 0.26 ^e	11.76 \pm 0.60 ^e	82.18 \pm 0.02 ^e
SPoPc	17.10 \pm 0.36 ^a	53.07 \pm 1.16 ^a	86.22 \pm 0.06 ^d



CSPoCo _{70/30}	11.40 ± 0.53 ^d	29.92 ± 1.37 ^d	88.25 ± 0.13 ^c
CSPoCo _{50/50}	13.27 ± 0.25 ^c	37.18 ± 0.70 ^c	89.15 ± 0.03 ^b
CSPoCo _{30/70}	16.23 ± 0.40 ^b	50.48 ± 1.27 ^b	92.20 ± 0.02 ^a

370 Values are the mean of three determinations of independent batches ± standard deviations. Different letters
371 within the same column indicate significant differences ($p < 0.05$) among the groups. CSPoCo_{70/30} = 70 %
372 canola/30 % sunflower, CSPoCo_{50/50} = 50 % canola/50 % sunflower and CSPoCo_{30/70} = 30 % canola/70 %
373 sunflower. The subscripts for each coprecipitate correspond to the proportions of canola and sunflower pastes,
374 respectively.

375 3.2 Composition and physicochemical characteristics

376 3.2.1 Proximate composition

377 The protein amount of the CSPoCos (88-19-91.21 %) was higher than those obtained from
378 CPoPc (82.25 %) and SPoPc (86.19 %). The variation in the protein content of CSPoCos
379 could be due to the precipitation pH used (4.5), being the same for sunflower proteins, but
380 different from that of canola proteins (4.0), which could also affect the techno-functional
381 properties. In general, the contents of moisture, ash, lipids and total carbohydrates were
382 reduced by effect of PoC, in contrast with the PoPc, except CSPoCo_{70/30}, due its moisture
383 value was higher than SPoPc, but in the case of lipid content all CSPoCos had no
384 significant difference ($p > 0.05$), with respect to SPoPc (Table 2).

385 The protein content of the CSPoCos was higher than pea-grass carp (87.91 %)¹⁹ and
386 soybean-brewers' spent grain (83.67 %)⁴⁰ PoCos but lower than soybean-wheat (91.5-94
387 %) ¹² and sheep whey-casein (97.5 %)⁴¹ PoCos.

388 The proximate composition of PoPc from canola⁴² and sunflower⁴³ was similar to that of
389 CPoPc and SPoPc obtained in this study.

390 **Table 2.** Proximate chemical composition of canola protein precipitate (CPoPc), sunflower
391 protein precipitate (SPoPc) and canola-sunflower protein coprecipitates (CSPoCos).

Components (%)	CPoPc	SPoPc	CSPoCo _{70/30}	CSPoCo _{50/50}	CSPoCo _{30/70}
----------------	-------	-------	-------------------------	-------------------------	-------------------------



Protein	82.25 ± 0.56 ^d	86.19 ± 0.32 ^c	88.19 ± 0.45 ^b	89.17 ± 0.54 ^b	91.21 ± 0.92 ^a
Moisture	4.42 ± 0.13 ^a	3.20 ± 0.04 ^c	3.63 ± 0.03 ^b	2.80 ± 0.09 ^d	3.21 ± 0.07 ^c
Ash	3.83 ± 0.11 ^a	3.67 ± 0.29 ^a	2.74 ± 0.08 ^b	2.78 ± 0.02 ^b	2.40 ± 0.13 ^c
Lipids	1.23 ± 0.30 ^a	0.95 ± 0.58 ^{ab}	0.91 ± 0.57 ^b	0.86 ± 0.02 ^b	0.87 ± 0.10 ^b
Carbohydrates	8.27 ± 0.55 ^a	5.99 ± 0.37 ^b	4.53 ± 0.73 ^c	4.39 ± 0.52 ^c	2.31 ± 0.43 ^d

392 Values are the mean of three determinations of independent batches ± standard deviations. Different letters
393 within the same row indicate significant differences ($p < 0.05$) among the groups. CSPoCo_{70/30} = 70 %
394 canola/30 % sunflower, CSPoCo_{50/50} = 50 % canola/50 % sunflower and CSPoCo_{30/70} = 30 % canola/70 %
395 sunflower. The subscripts for each coprecipitate correspond to the proportions of canola and sunflower pastes,
396 respectively.

397 3.2.2 b_p and c_p

398 The density of food powders is classified into two categories: b_p and c_p . These densities
399 serve as a reference for evaluating the behavior of powders under external forces.⁴⁴ The b_p
400 of the CSPoCos (0.366-0.372 g/cm³) was not significantly ($p > 0.05$) different from that of
401 SPoPc (0.358 g/cm³), but it was higher than that of CPoPc (0.326 g/cm³) (Table 3).

402 Regarding c_p , significant ($p < 0.05$) higher values were observed for the CSPoCos (0.482-
403 0.499 g/cm³) compared to CPoPc (0.430 g/cm³) and SPoPc (0.436 g/cm³) (Table 3).

404 According to various studies, b_p and c_p are influenced by factors such as particle size, size
405 distribution, shape, surface area, roughness, and particle arrangement of powder
406 products.^{45,46} The values obtained in this study of b_p and c_p for CPoPc and SPoPc of 0.326
407 g/cm³ and 0.430 g/cm³ and 0.358 g/cm³ and 0.436 g/cm³, respectively, were higher than
408 those obtained of 0.156 g/cm³ and 0.200 g/cm³ for soursop seed PoPc.²⁸

409 3.2.3 CaIn and HaRa

410 The CaIn is an indirect measure of the b_p , size and shape, surface area, moisture content,
411 and cohesion of powder materials.²⁷ According to Shah et al.,⁴⁷ powders can be classified
412 respect to its flow properties as follows: very good (CaIn <15 %), good (CaIn =15–20 %),
413 fair (CaIn =20–35 %), bad (CaIn =35–45 %) or very bad flowing (CaIn >45 %).



414 Conforming to this scale CPOpC (24.24 %), CSPoCo_{70/30} (25.69 %), CSPoCo_{50/50} (23.73 %),
415 and CSPoCo_{30/70} (24.05 %) had a fair fluency, while SPOpC had good fluidity (17.74 %)
416 (Table 3).

417 On the other hand, HaRa measures the cohesion of the particles, and therefore its value
418 determines high or low fluidity in powders.⁴⁸ Powders with HaRa of 1.2 are classified as
419 free-flowing, while those with values of 1.2-1.4 or >1.4 are considered to be of
420 intermediate or high cohesion, respectively.³⁰ The CPOpC, SPOpC, CSPoCo_{70/30},
421 CSPoCo_{50/50}, and CSPoCo_{30/70} had values of HaRa of 1.32, 1.22, 1.35, 1.31 and 1.32,
422 respectively, therefore were classified as intermediate cohesion powders (Table 3).
423 Specifically, the optimal CaIn and HaRa values depend on the potential applications of the
424 powdered products. Therefore, in some cases, higher or lower CaIn and HaRa values may
425 be preferable.⁴⁸

426 López-Mártir et al.²⁸ reported for soursop seed PoPc fair flowability (CaIn = 22 %) and
427 intermedia cohesiveness (HaRa = 1.28), although Rodríguez-Rivera et al.³² found that
428 groundnut paste PoPc presented good flowability (CaIn = 18.33 %) and intermediate
429 cohesiveness (HaRa = 1.22).

430 3.2.4 a_w

431 a_w is used to determine the critical storage conditions of food. This parameter indicates if
432 powders are susceptible to deterioration changes such as collapse, stickiness and caking.⁴⁹
433 a_w of CPOpC, SPOpC, and CSPoCos varied significantly ($p < 0.05$), as shown in Table 3.
434 CSPoCo_{30/70} (0.11) had the smallest value of a_w , followed by CSPoCo_{50/50} (0.14), SPOpC
435 (0.20) and CSPoCo_{70/30} (0.25), while CPOpC presented the highest value (0.41). Flores-
436 Jiménez et al.³⁰ pointed out that values less than 0.66 for a_w are beneficial in the stability of
437 the powders, due to the reduced availability of water for microbial proliferation and
438 biochemical reactions, which increases the useful life of the food products.

439 a_w values of 0.41, 0.21 and 0.31 have been reported for PoPc of canola,⁴² guamuchil,²⁴ and
440 gourd,⁵⁰ respectively.

441 3.2.5 T_{rb}



442 T_{rb} is an important property as a criterion for defining the formation of protein aggregates
 443 in macroscopic dimension.⁵¹ Table 3 shows T_{rb} values of PoPc and PoCos. The CSPoCos
 444 (0.34-0.48) were more turbid compared to the CPOpc (0.11), although less turbid than the
 445 SPoPc (0.90). These results could be due to the variation in particle size (Fig. 6B) of the
 446 canola and sunflower proteins, resulting from different interactions between the two
 447 proteins during the PoC, which consequently impact their functional properties (Fig. 2A).
 448 Malik et al.⁵² and Flores-Jiménez et al.²⁴ reported previous T_{rb} values of 0.97 and 1.05,
 449 respectively, in sunflower and guamuchil PoPc, which were higher than those obtained for
 450 all the protein materials of this study.

451 3.2.6 Color

452 Color is one of the most important characteristics of a food product, generally associated as
 453 a quality factor that describes its level of freshness, ripeness, consumer acceptance, and
 454 safety.⁵³ Table 4 shows the color parameters L^* , a^* , b^* , C^* , H, and ΔE for PoPc and
 455 PoCos. The highest L^* values were observed for CPOpc (51.01) and CSPoCo_{70/30} (54.07),
 456 which contain mainly canola proteins, compared than SPoPc (40.45), CSPoCo_{50/50} (47.34),
 457 CSPoCo_{30/70} (44.41) that have greater amount of sunflower proteins (Fig. 1).

458 All PoPc and PoCos showed positive values for a^* (except SPoPc and CSPoCo_{30/70}), and b^*
 459 chromaticity (Table 4). High b^* values indicate a yellow tone with a slight reddish tone due
 460 to small a^* values (Fig. 1). SPoPc and CSPoCo_{30/70} exhibited a slightly greenish hue
 461 expressed by the negative a^* value, because these protein samples contained a considerable
 462 amount of sunflower proteins compared to the other samples (Fig. 1).

463 **Table 3.** Physicochemical properties of canola protein precipitate (CPOpc), sunflower
 464 protein precipitate (SPoPc) and canola-sunflower protein coprecipitates (CSPoCos).

Properties	CPOpc	SPoPc	CSPoCo _{70/30}	CSPoCo _{50/50}	CSPoCo _{30/70}
<i>Density</i>					
b_p (g/cm ³)	0.326 ± 0.01 ^b	0.358 ± 0.01 ^a	0.370 ± 0.01 ^a	0.372 ± 0.01 ^a	0.366 ± 0.00 ^a
c_p (g/cm ³)	0.430 ± 0.01 ^d	0.436 ± 0.02 ^d	0.499 ± 0.01 ^{ab}	0.488 ± 0.01 ^{bc}	0.482 ± 0.00 ^c



Flow characteristics

CaIn (%)	24.24 ± 2.19 ^a	17.74 ± 1.72 ^b	25.69 ± 1.21 ^a	23.73 ± 1.76 ^a	24.05 ± 1.02 ^a
Flow	Fair	Good	Fair	Fair	Fair
HaRa	1.32 ± 0.04 ^a	1.22 ± 0.03 ^b	1.35 ± 0.02 ^a	1.31 ± 0.03 ^a	1.32 ± 0.02 ^a
Cohesion	Intermediate	Intermediate	Intermediate	Intermediate	Intermediate
a_w	0.41 ± 0.01 ^a	0.20 ± 0.03 ^c	0.25 ± 0.01 ^b	0.14 ± 0.01 ^d	0.11 ± 0.01 ^e
T_{rb}	0.11 ± 0.00 ^e	0.90 ± 0.01 ^a	0.34 ± 0.01 ^d	0.41 ± 0.01 ^c	0.48 ± 0.01 ^b

465 b_p = bulk density, c_p = compact density, CaIn = Carr's index, HaRa = Hausner's ratio, a_w = water activity, T_{rb}
 466 = turbidity. Values are the mean of three determinations of independent batches ± standard deviations.
 467 Different letters within the same row indicate significant differences ($p < 0.05$) among the groups.
 468 CSPoCo_{70/30} = 70 % canola/30 % sunflower, CSPoCo_{50/50} = 50 % canola/50 % sunflower and CSPoCo_{30/70} =
 469 30 % canola/70 % sunflower. The subscripts for each coprecipitate correspond to the proportions of canola
 470 and sunflower pastes, respectively.

471
 472 In a study with pea-grass carp PoCos¹⁹ were found values for L^* , a^* and b^* of 74.21, -0.44,
 473 and 12.92, respectively. For their part, Flores-Jiménez et al.⁴¹ reported L^* , a^* , and b^*
 474 values of 51.27, 3.38, and 15.17 for canola PoPc, respectively, while Alexandrino et al.⁶
 475 obtained values of 51.66 (L^*), 7.02 (a^*), and 2.21 (b^*) for sunflower PoPc.

476 For their part, Flores-Jiménez et al.⁴² reported L^* , a^* , and b^* values of 51.27, 3.38, and
 477 15.17 for canola PoPc, respectively, while Alexandrino et al.⁶ obtained values of 51.66,
 478 7.02, and 2.21

479 H_{ab} indicates whether an object is red (0°), yellow (90°), green (180°) and (270°) [50].
 480 SPoPc and CSPoCo_{30/70} showed H_{ab} of 100.88° and 93.14°, respectively, confirming the
 481 greenish-yellowish tones due to higher proportion of sunflower protein. In change, lower
 482 values of H_{ab} for CPOpc (83.19°), CSPoCo_{50/50} (84.13°), and CSPoCo_{70/30} (80.65°) showed
 483 reddish-yellowish tones, which can be associated to higher content of canola proteins.
 484 Furthermore, CPOpc and CSPoCo_{30/70} presented higher C^* values compared to SPoPc,
 485 CSPoCo_{50/50} and CSPoCo_{70/30}, indicating greater color intensity/vividity.





486 **Fig. 1.** Effect of the coprecipitation on color appearance. CPOpC = canola protein
 487 precipitate. SPOpC = sunflower protein precipitate. CSPoCo = canola-sunflower protein
 488 coprecipitate. CSPoCo_{70/30} = 70 % canola/30 % sunflower, CSPoCo_{50/50} = 50 % canola/50
 489 % sunflower and CSPoCo_{30/70} = 30 % canola/70 % sunflower.

490 Naik et al.⁵⁴ and López-Mártir et al.⁵⁵ reported previous C^* values of 18.25 and 13.87,
 491 respectively, in melon and noni POpC, which were higher than those obtained for SPOpC,
 492 CSPoCo_{50/50} and CSPoCo_{30/70} of this study.

493 **Table 4.** Color of canola protein precipitate (CPOpC), sunflower protein precipitate (SPOpC)
 494 and canola-sunflower protein coprecipitates (CSPoCos).

Color	CPOpC	SPOpC	CSPoCo _{70/30}	CSPoCo _{50/50}	CSPoCo _{30/70}
L^*	51.01 ± 0.37 ^b	40.45 ± 0.54 ^e	54.07 ± 0.38 ^a	47.34 ± 0.55 ^c	44.41 ± 0.83 ^d
a^*	2.11 ± 0.03 ^b	-0.92 ± 0.07 ^e	2.84 ± 0.21 ^a	1.16 ± 0.10 ^c	-0.45 ± 0.02 ^d
b^*	18.56 ± 0.16 ^a	4.72 ± 0.16 ^c	17.21 ± 0.76 ^b	11.27 ± 0.18 ^c	8.32 ± 0.22 ^d
ΔE	49.25 ± 0.21 ^d	57.68 ± 0.62 ^a	46.10 ± 0.56 ^e	51.10 ± 0.01 ^c	53.57 ± 0.27 ^b
C^*	18.19 ± 0.32 ^a	4.81 ± 0.17 ^e	17.44 ± 0.79 ^b	11.33 ± 0.19 ^c	8.33 ± 0.22 ^d
H_{ab}	83.19 ± 0.44 ^d	100.88 ± 0.30 ^a	80.65 ± 0.37 ^e	84.13 ± 0.44 ^c	93.14 ± 0.16 ^b

495 L^* = lightness, a^* = +redness, -greenness, b^* = +yellowness, -blueness, ΔE = total variation of color, C^* =
 496 chroma, H_{ab} = hue angle. Values are the mean of three determinations of independent batches ± standard
 497 deviations. Different letters within the same row indicate significant differences ($p < 0.05$) among the groups.
 498 CSPoCo_{70/30} = 70 % canola/30 % sunflower, CSPoCo_{50/50} = 50 % canola/50 % sunflower and CSPoCo_{30/70} =
 499 30 % canola/70 % sunflower. The subscripts for each coprecipitate correspond to the proportions of canola
 500 and sunflower pastes, respectively.



501 3.2.7 Protein fractionation

502 The storage proteins are classified according to the Osborne method into Al, Gl, Gx and Pr
503 based on their PoSo in different solvents.⁵⁰ Table 5 shows the protein fractionation of PoPc
504 and PoCos from canola and sunflower. The data showed that Gx and Al were the major
505 fractions, while Gl and Pr were the minor fractions in both PoPc and PoCos. In comparison
506 with CPoPc, the CSPoCos increased the Al content due greater inclusion of sunflower
507 protein, while the Gl, Gx and Pr contents diminished. Interestingly, a higher Al content and
508 lower Gx content in the CSPoCos produced an improvement in PoSo (Fig. 2A).

509 As in this study, Gx and Al were the main protein fractions in PoPc obtained from canola
510 (glutelins 57.18 %, albumins 23.09 %),⁴² orange seeds (glutelins 70.13 %, albumins 10.39
511 %),⁵⁶ and noni seeds (glutelins 64.62 %, albumins 24.12 %).⁵⁵

512 **Table 5.** Protein fractional composition of canola protein precipitate (CPoPc), sunflower
513 protein precipitate (SPoPc) and canola-sunflower protein coprecipitates (CSPoCos).

Protein fraction (%)	CPoPc	SPoPc	CSPoCo _{70/30}	CSPoCo _{50/50}	CSPoCo _{30/70}
Albumin (Al)	9.33 ± 0.51 ^d	46.22 ± 1.11 ^a	31.28 ± 1.01 ^c	30.57 ± 1.64 ^c	38.74 ± 1.13 ^b
Globulin (Gl)	9.31 ± 0.63 ^a	9.64 ± 0.52 ^a	7.15 ± 0.15 ^c	8.45 ± 0.76 ^{ab}	7.63 ± 0.53 ^{bc}
Glutelin (Gx)	78.15 ± 0.69 ^a	43.77 ± 1.09 ^d	60.30 ± 0.43 ^b	59.96 ± 2.04 ^b	52.71 ± 1.13 ^c
Prolamin (Pr)	3.21 ± 0.53 ^a	0.98 ± 0.36 ^{bc}	1.26 ± 0.07 ^b	1.02 ± 0.09 ^{bc}	0.92 ± 0.06 ^c

514 Values are the mean of three determinations of independent batches ± standard deviations. Different letters
515 within the same row indicate significant differences ($p < 0.05$) among the groups. CSPoCo_{70/30} = 70 %
516 canola/30 % sunflower, CSPoCo_{50/50} = 50 % canola/50 % sunflower and CSPoCo_{30/70} = 30 % canola/70 %
517 sunflower. The subscripts for each coprecipitate correspond to the proportions of canola and sunflower pastes,
518 respectively.

519 3.3 Functional characteristics

520 3.3.1 PoSo



521 PoSo is a function of hydrophilic-hydrophobic balance and electrostatic repulsion and
522 strongly influences other techno-functional properties such as foaming, emulsifying and
523 gelling characteristics.⁵⁷ The PoSo values of CSPoCo_{70/30}, CSPoCo_{50/50} and CSPoCo_{30/70}
524 were 1.25, 1.58 and 1.50 mg/mL, respectively, higher than those obtained with CPOpC
525 (0.41 mg/mL), but lower than those of SPOpC (1.69 mg/mL); specifically, the PoSo of
526 CSPoCos increased in the range of 204.9% (CSPoCo_{70/30}) to 285.4% (CSPoCo_{50/50}),
527 compared to CPOpC (Fig. 2A).

528 These increases in the PSo of CSPoCos were due to a higher inclusion of sunflower
529 proteins that contain a higher proportion of the A1 protein fraction (Table 5). Moreover, the
530 fusion of canola and sunflower polymers may have strengthened intermolecular
531 electrostatic interactions to generate soluble protein aggregates as can be observed in Fig.
532 6B. In a study by Zhou et al.²¹ with a PoCo from pea and grass carp using alkaline
533 extraction-isoelectric precipitation, it was observed an augment on PoSo (at pH 7) of 14.3
534 % and 22.9 %, in contrast to the pea and grass carp proteins, respectively. In addition, Tian
535 et al.¹² reported that PoCo from soybean and wheat proteins had higher value of PoSo (pH
536 7), than the soybean and wheat protein isolates. This modification in PoCo from such
537 protein sources were due to the secondary and tertiary structural changes, in contrast to
538 soybean and wheat protein isolates.

539 3.3.2 WaHC and OiHC

540 WaHC is associated with the formation of gels and texture in food formulation.⁵⁸ Oil
541 binding as measured by OiHC is an important functional property for improving
542 palatability and mouthfeel, as well as flavor retention of certain foods such as emulsions,
543 dairy products, sausages, and bread.²⁴ Fig. 2B shows the WaHC and OiHC of the PoPc and
544 the CSPoCos. The WaHC values of CSPoCos (2.76–2.95 g water/g protein) were higher
545 than those of CPOpC (2.04 g water/g protein) and SPOpC (2.35 g water/g protein), except for
546 CSPoCo_{30/70} (2.54 g water/g protein). Consistent with the results obtained in this study,
547 Zhou et al.¹⁹ reported for a pea-grass carp PoCo an improvement of WaHC of 9.8–13.04 %,
548 compared to individual proteins of pea and grass carp, respectively, which could be due to
549 the interaction between both protein sources promoting a higher affinity with water. In
550 another study, with a PoCo from pea and lentil (1:3; w/w) increases of WaHC by 6.6% and



551 9.8% were also observed, in contrast to pea protein isolate and lentil protein isolate,
552 respectively.⁵⁹

553 On the other hand, the OiHC of CSPoCos (3.88–4.22 g oil/g protein) was significantly
554 higher ($p < 0.05$) compared to CPoPc (2.89 g oil/g protein) and SPoPc (3.17 g oil/g protein)
555 (Fig. 2B). These results may be due to PoC inducing greater exposure of the hydrophobic
556 groups (Fig. 6D), which facilitated better interaction with the oil and led to an increase in
557 OiHC.

558 3.3.3 LaGeCo

559 Gelation of globular proteins occurs in two stages. In the first stage, partial denaturation or
560 conformational modification of these polymers occurs. Then, in the second stage, gradual
561 association or aggregation occurs in a three-dimensional structure that traps water, fat and
562 other components.⁶⁰ Fig. 2C shows the results of the LaGeCo for PoPc and PoCos from
563 canola and sunflower. CSPoCos experimented a significant reduction ($p < 0.05$) in LaGeCo
564 with respect to CPoPc and SPoPc. The highest LaGeCo reduction of 83 % was observed
565 with CSPoCo_{70/30}, followed by 66.7 % and 50 % for CSPoCo_{50/50} and CSPoCo_{30/70},
566 respectively. The improved gelling characteristics of CSPoCos could be due to interactions
567 such as disulfide bonds (Table 6) and non-covalent bonds (Fig. 6D) between polypeptide
568 chains, thus forming larger aggregates. According to Flores-Jiménez et al.,⁶¹ proteins with a
569 low α -helices content and a high percentage of β -sheet structure form stronger gels (Table
570 7). Similarly, other researchers have reported that PoC improves the gelation properties of
571 proteins by reducing LaGeCo. For example, Niu et al.⁶² demonstrated that a PoPc of
572 soybean and myofibrillar proteins improved gelation properties by up to 20 %, compared to
573 the individual sources. Furthermore, Wu et al.⁶³ observed an 83.3 % LaGeCo reduction
574 during gel formation of PoPc from soybean and cod, compared to the original protein
575 sources.

576 3.3.4 Emulsion characteristics

577 One of the most important types of emulsions in the food industry are those prepared from
578 an oil-water mixture (immiscible liquids), using proteins as interfacial stabilizers to prevent



579 coalescence.⁶⁴ PoC significantly rose ($p < 0.05$) the EAcIn of all CSPoCos, being up to
580 44.27-63.28 % for CSPoCo_{70/30}, in comparison with CPOpC and SPOpC, respectively,
581 followed by 37.4-55.5 % for CSPoCo_{50/50} (Fig. 2D). On the contrary, the PoC damaged the
582 EStIn, provoking a reduction of up to 20.6-28.6 % for CSPoCo_{50/50}, in contrast to CPOpC
583 and SPOpC, respectively. According to Zhou et al.,²¹ a PoCo from a pea and grass carp
584 proteins improved EAcIn and EStIn, compared to the pea PoPc. These authors point out
585 that the improved emulsifying properties are due to the fact that the pea and grass carp
586 protein molecules have opposite charges. This situation can cause intermolecular
587 electrostatic interactions and, therefore, the formation of soluble protein aggregates (Fig.
588 6B), which triggers the reconstruction of hydrophobic (Fig. 6D) and disulfide bonds (Table
589 6). Conversely, Awal et al.,⁶⁵ studied the formation of a PoCo from Bambara groundnut
590 protein isolate and fish collagen. The results of this study showed a decrease in EAcIn
591 (47.6%) and an increase in EStIn (63.9%) of the PoCo compared to the Bambara groundnut
592 protein isolate. The authors concluded that the increase in EStIn is due to the fish proteins,
593 which promote electrostatic interactions, generating more stable emulsions.

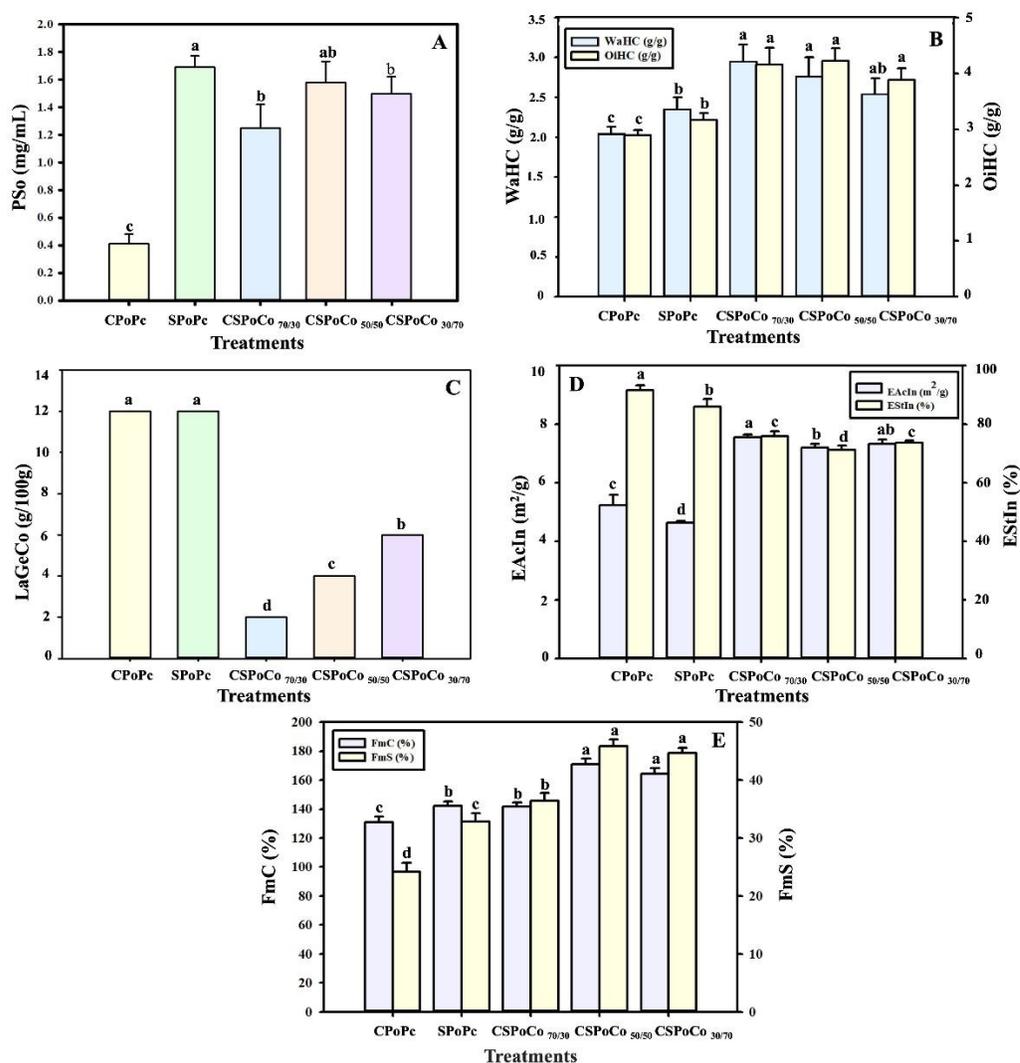
594 3.3.5 Foam characterization

595 Foams are dispersions of gas bubbles within a continuous phase (usually water), which can
596 be generated by bubbling, stirring or pouring, with relevant applications in food.⁶⁰ As
597 shown in Fig. 2E, the FmC of the CSPoCos was significantly improved ($p < 0.05$), with the
598 largest increases being 23.42 % and 16.74 % for CSPoCo_{50/50}, compared to CPOpC and
599 SPOpC, respectively, except for CSPoCo_{70/30}, in which a reduction in this property was
600 observed.

601 In addition, PoC significantly ($p < 0.05$) increased FmS of the CSPoCos with respect to
602 CPOpC and SPOpC. The highest increases in FmS of 47.26 % and 28.44 % were for
603 CSPoCo_{50/50}, compared to CPOpC and SPOpC, respectively (Fig. 2E). In general, it was
604 observed that the higher the proportion of sunflower proteins in the PoCos, the better
605 foaming properties were achieved. Furthermore, the increase in FoP of the CSPoCos was
606 possibly due to the interaction of canola and sunflower protein molecules, resulting in
607 smaller particles and increases in S_uH_0 (Fig. 6B and D). In a study by Kristensen et al.⁹ with
608 a PoCo of pea and whey, an increase in foaming properties was reported, in contrast to the



609 pea PoPc, possibly due to the interaction of the polymers used, which generated smaller
610 particles.



611

612 **Fig. 2.** Effect of the coprecipitation on; A-Protein solubility (PoSo), B-Water holding
613 capacity (WaHC)/Oil holding capacity (OiHC), C-Last gelation concentration (LaGeCo),
614 D-Emulsifying activity index (EAcln)/Emulsifying stability index (EStIn) and E-Foam
615 capacity (FmC)/Foam stability (FmS). CPoPc = canola protein precipitate. SPoPc =
616 sunflower protein precipitate. CSPoCo = canola-sunflower protein coprecipitate.
617 CSPoCo_{70/30} = 70 % canola/30 % sunflower, CSPoCo_{50/50} = 50 % canola/50 % sunflower
618 and CSPoCo_{30/70} = 30 % canola/70 % sunflower. Distinct letters on the bars indicate
619 significant ($p < 0.05$) difference (average \pm SD, $n = 3$ independent batches).



620 **3.4 Biochemical properties**

621 **3.4.1 SDS-PAGE**

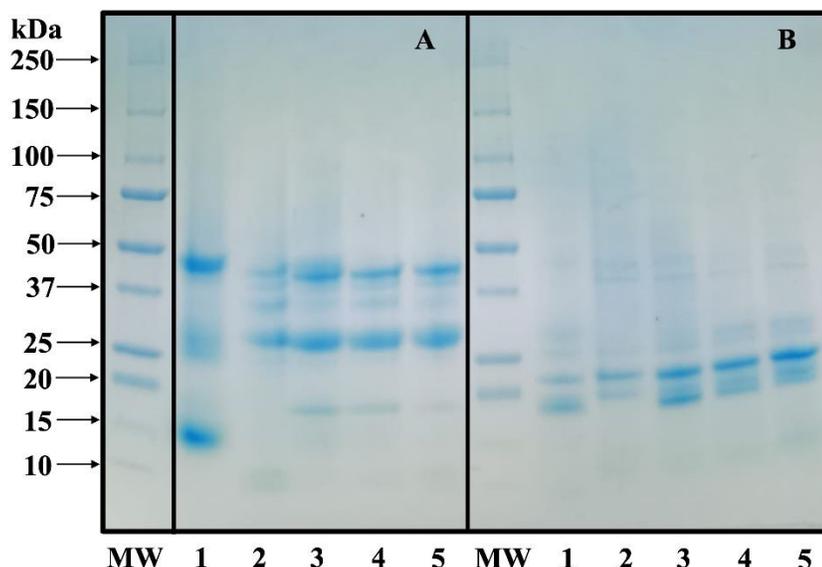
622 SDS-PAGE analysis is used to quantify, compare and characterize proteins based on their
623 molecular weight.⁶⁶ The impact of PoC on the electrophoretic patterns of canola and
624 sunflower proteins under non-reducing and reducing conditions is shown in Fig. 3.

625 Under non-reducing conditions (Fig. 3A), the molecular weight distribution of CPoPc
626 consisted of four main fractions with the following molecular weights: ~49 kDa, 30 kDa,
627 25 kDa, and 15 kDa, which correspond to the molecular weights of cruciferin (~50-20 kDa)
628 y napin (~7-11 kDa) of the protein fractions reported by Cháirez-Jiménez et al.⁷ However,
629 in presence of the reducing agent β -mercaptoethanol (Fig. 3B), the band at ~49 kDa of
630 CPoPc was dissociated into its two polypeptides (~20 kDa and ~30 kDa), as reported by
631 Flores-Jiménez et al.⁴² In the case of SPoPc, the main bands detected were: ~49, 38, 35, 29,
632 25 and 8 kDa under the non-reducing conditions (Fig. 3A). The subunits with a molecular
633 weight between 20 and 50 kDa correspond to helianthinin (11S globulins), while those
634 between 10-19 kDa correspond to 2S albumin. Under reducing conditions (Fig. 3B), 11S
635 globulin dissociated into its two acidic subunits with a molecular weight of ~38-49 kDa and
636 25–29 kDa, as well as in its basic subunits with a molecular weight of 20–23 kDa.⁶⁷

637 On the other hand, under non-reducing conditions the CSPoCos presented seven bands with
638 molecular weights of ~49, 38, 35, 29, 25, 18, and 15 kDa, which are related to the 11S
639 globulins and 2S albumins fractions of canola and sunflower proteins (Fig. 3A). Under
640 reducing conditions (Fig. 3B), the molecular weight distribution of the CSPoCos consisted
641 of nine main fractions, with molecular weights of ~49, 38, 35, 29, 25, 23, 20, 18, and 12
642 kDa. Interestingly, all the protein bands from canola and sunflower were present in all
643 CSPoCos, under both reducing and non-reducing conditions. However, under non-reducing
644 conditions, an additional 18 kDa band appeared in the CSPoCos (Fig. 3A), with the band in
645 CSPoCos_{70/30} being more intense compared to the other coprecipitates, likely due to a
646 higher canola content. According to Guidi et al.,⁵⁹ protein interactions can be observed
647 through the appearance or disappearance of bands in the electrophoretic profile. This
648 suggests a strong interaction between the polypeptide chains of both protein sources,



649 directly related to their functional properties (Fig. 2). Similar results were observed in a
650 PoCo of Bambara groundnut protein isolate and fish collagen, which showed the presence
651 of the characteristic bands of both polymers.⁶⁵



652 **Fig. 3.** Effect of the coprecipitation on sodium dodecyl sulfate-polyacrylamide gel
653 electrophoresis; A-Non reducing and B-reducing conditions. Lane MW, molecular weight
654 marker; Lane 1, CPOpC; Lane 2, SPOpC; Lane 3, CSPoCo_{70/30}; Lane 4, CSPoCo_{50/50} and
655 Lane 5, CSPoCo_{30/70}. CPOpC = canola protein precipitate. SPOpC = sunflower protein
656 precipitate. CSPoCo = canola-sunflower protein coprecipitate. CSPoCo_{70/30} = 70 %
657 canola/30 % sunflower, CSPoCo_{50/50} = 50 % canola/50 % sunflower and CSPoCo_{30/70} = 30
658 % canola/70 % sunflower.

659 3.4.2 IVPoDi

660 IVPoDi is a parameter is used to estimate the nutritional quality of proteins, which largely
661 depends on the nature of these biopolymers that can allow or restrict the action of digestive
662 enzymes.⁵⁶ The IVPoDi values of CSPoCo_{70/30} (86.64 %), CSPoCo_{50/50} (86.22 %), and
663 CSPoCo_{30/70} (85.25 %) were significantly ($p > 0.05$) comparable with those of CPOpC (84.47
664 %), but lower than those of SPOpC (91.65 %) (Fig. 4A). This could be because the IVPoDi
665 of CPOpC is lower than that of SPOpC, and increasing the proportion of CPOpC in CSPoCos
666 significantly decreased this parameter. This suggests that CPOpC contains a higher content



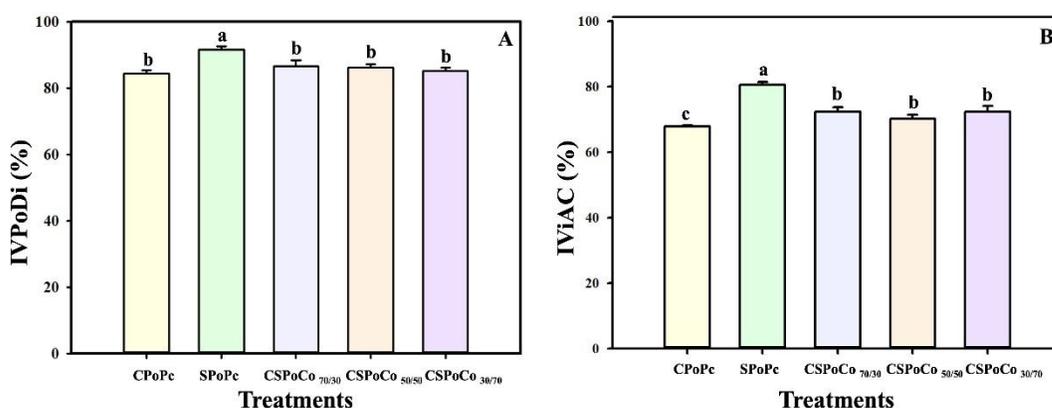
667 of antinutritional compounds such as saponins, tannins, lectins, phytates, glucosinolates,
668 phytic acid, and thiocyanate.⁶⁸ Therefore, PoC using canola and sunflower as protein
669 sources did not result in any increase in IVPoDi values.

670 Other studies have revealed IVPoDi values of 83.9 % and 90.7 % for canola⁴² and
671 sunflower⁶ PoPc, respectively, which are similar to the values obtained for the CSPoCos
672 and PoPc of this study.

673 3.4.3 IViAC

674 The IViAC of PoPc and PoCos from canola and sunflower was determined by DPPH,
675 which is a radical that has the capacity to retain an electron or oxygen from an antioxidant
676 substance.⁶⁹ The DPPH radical inhibition percentages of CSPoCo_{70/30}, CSPoCo_{50/50}, and
677 CSPoCo_{30/70} were 72.22, 70.12 and 72.34, respectively, which were higher than that of
678 67.79 obtained by CPoPc, but lower than the 80.46 % of SPoPc (Fig. 4B). The results
679 obtained in IViAC of the PoPc and PoCos can be assumed as good, possibly due to the
680 existence of phenols, flavonoids and aromatic amino acids with the capacity to give protons
681 to radicals that lack electrons.³⁰

682 Alu'datt et al.¹⁸ found increases up to 50.4 % in IViAC, for a soybean and flaxseed PoCo
683 compared to soybean PoPc. The authors of this study concluded that the increase of the
684 IViAC is due to the fact that PoC increases the proportion of phenolic compounds and
685 certain amino acids with antioxidant activity.



686 **Fig. 4.** Effect of the coprecipitation on; A-In vitro protein enzymatic digestibility (IVPoDi)
687 and B-In vitro antioxidant capacity (IViAC). CPoPc = canola protein precipitate. SPoPc =
688 sunflower protein precipitate. CSPoCo = canola-sunflower protein coprecipitate.
689 CSPoCo_{70/30} = 70 % canola/30 % sunflower, CSPoCo_{50/50} = 50 % canola/50 % sunflower
690 and CSPoCo_{30/70} = 30 % canola/70 % sunflower. Distinct letters on the bars indicate
691 significant ($p < 0.05$) difference (average \pm SD, $n = 3$ independent batches).

692 3.5 Structural characterization

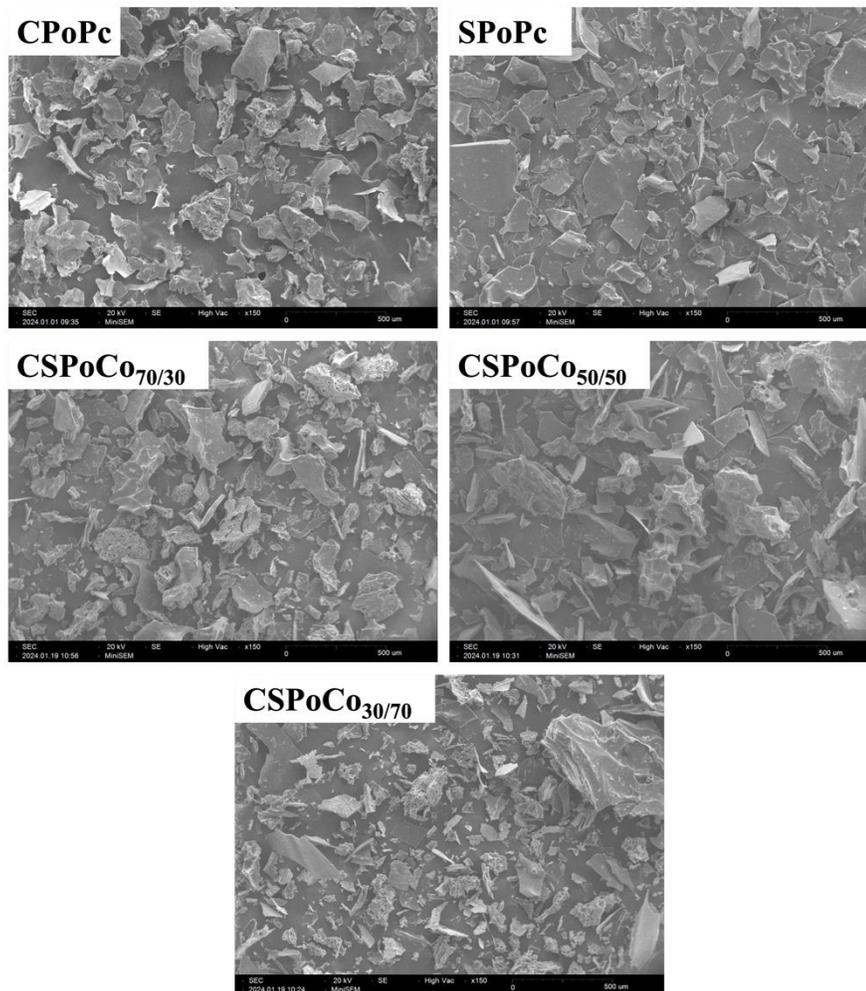
693 3.5.1 SEM

694 Morphology is one of the major analyses to characterize powder products, which influences
695 the functional of the protein materials.⁷⁰ Fig. 5 shows the granular structure of the PoPc and
696 PoCos from canola and sunflower obtained by SEM (at 150 \times). The surface of CPoPc was
697 irregular with protuberances. On the other hand, SPoPc presented larger aggregates with a
698 flat and smooth structure compared to CPoPc and CSPoCos. In the case of the CSPoCos,
699 more heterogeneous structures with porous and smooth surfaces were presented compared
700 to CPoPc and SPoPc. Furthermore, CSPoCo_{50/50} had larger aggregates compared with the
701 other coprecipitates, which could be due to greater exposure of hydrophobic groups on the
702 surface of the molecules (Fig. 6D), favoring interaction between them to form larger
703 aggregates during lyophilization. Previous studies have reported that protein powders with
704 smoother surfaces tend to have higher solubility,^{71,72,73} as observed in this study (Fig. 2A).

705 According to a previous study, the presence and proportion of proteins fractions in base to
706 solubility can influence the microstructure of proteins seen by SEM.³⁰ So, Al gives a
707 lamellar appearance, Gx a rough surface with several tiny pores and Gl a structure
708 composed of small globules, which is in line with the amount of the protein fractions of Gx,
709 Al and Gl in CPoPc, SPoPc and CSPoCos. For example, CPoPc had the highest Gx content
710 (Table 5) presenting a more porous and rougher surface, while SPoPc had a higher
711 proportion of Al showing lamellar structures. In addition, CSPoCos observed a greater
712 balance between Gx and Al fractions, so a combination of porous/rough and soft/smooth
713 structures were detected (Table 5 and Fig. 5). Therefore, the surface appearance of the
714 CSPoCos observed through SEM appears to be associated with the protein composition of



715 canola and sunflower, which in turn could also influence its physicochemical and
716 functional properties.⁷⁴



717 **Fig. 5.** Effect of the coprecipitation on microstructure observed at 150x amplification by
718 scanning electron microscope. CPOpC = canola protein precipitate. SPOpC = sunflower
719 protein precipitate. CSPoCo = canola-sunflower protein coprecipitate. CSPoCo_{70/30} = 70 %
720 canola/30 % sunflower, CSPoCo_{50/50} = 50 % canola/50 % sunflower and CSPoCo_{30/70} = 30
721 % canola/70 % sunflower.

722 3.5.2 MoFI

723 MoFI refers to the adaptability of a protein to external environmental changes, which
724 induces a reorientation of its amino acid residues, causing a change in its conformation.^{75,76}
725 As shown in Fig. 6A, the MoFI of the CSPoCos was higher than SPOpC (except



726 CSPoCo_{30/70}), but lower compared to CPOpC ($p < 0.05$). According to various studies, the
727 increase in MoFI of proteins, as occurred in this research for CSPoCos, causes an
728 improvement in functional properties (Fig. 2) due to the structural reorganization of the
729 polypeptide chain.^{75,77}

730 3.5.3 Particle size (Pz) and ζ -potential

731 Protein Pz is a characteristic very important that influences functional properties of food
732 systems.³² Except for CSPoCo_{70/30}, all CSPoCos in solution diminished the Pz, compared to
733 CPOpC and SPOpC (Fig. 6B). The higher variation in Pz was observed between CPOpC
734 (199.3 nm) and CSPoCo_{30/70} (86.9 nm). The decrease in Pz of the CSPoCos by PoC may be
735 due to that such phenomenon involves the formation of smaller aggregates or structures
736 more compact by interaction of canola and sunflower proteins.⁷⁸ The reduction of Pz by
737 PoC contributed to the increase in PoSo (Fig. 2A), due to a larger surface area and the
738 conservation of electrostatic charges that favor protein-water interactions. Pizones Ruiz-
739 Henestrosa et al.⁷⁹ and Chihi et al.⁸⁰ reported a reduction in Pz for PoCos of soybean (7S
740 globulins)-whey (β -lactoglobulins) and pea (globulins)-whey (β -lactoglobulin) proteins,
741 respectively, in agreement with the results of this study.

742 ζ -potential is related to the net surface charge and the ionic strength of proteins, affecting
743 the adsorption and unfolding of the polypeptide chain and therefore its functionality.⁸¹ ζ -
744 potential of CPOpC, SPOpC, and CSPoCos were negative (Fig. 6C). The PoC increased the
745 negative value of ζ -potential in the ranges of 8.09 % (CSPoCo_{70/30})–19.94 % (CSPoCo_{30/70}),
746 compared with CPOpC. On the contrary, the PoC diminished the negative values for
747 CSPoCo_{70/30} (20.27 %) and CSPoCo_{50/50} (25.22 %) with respect to SPOpC.

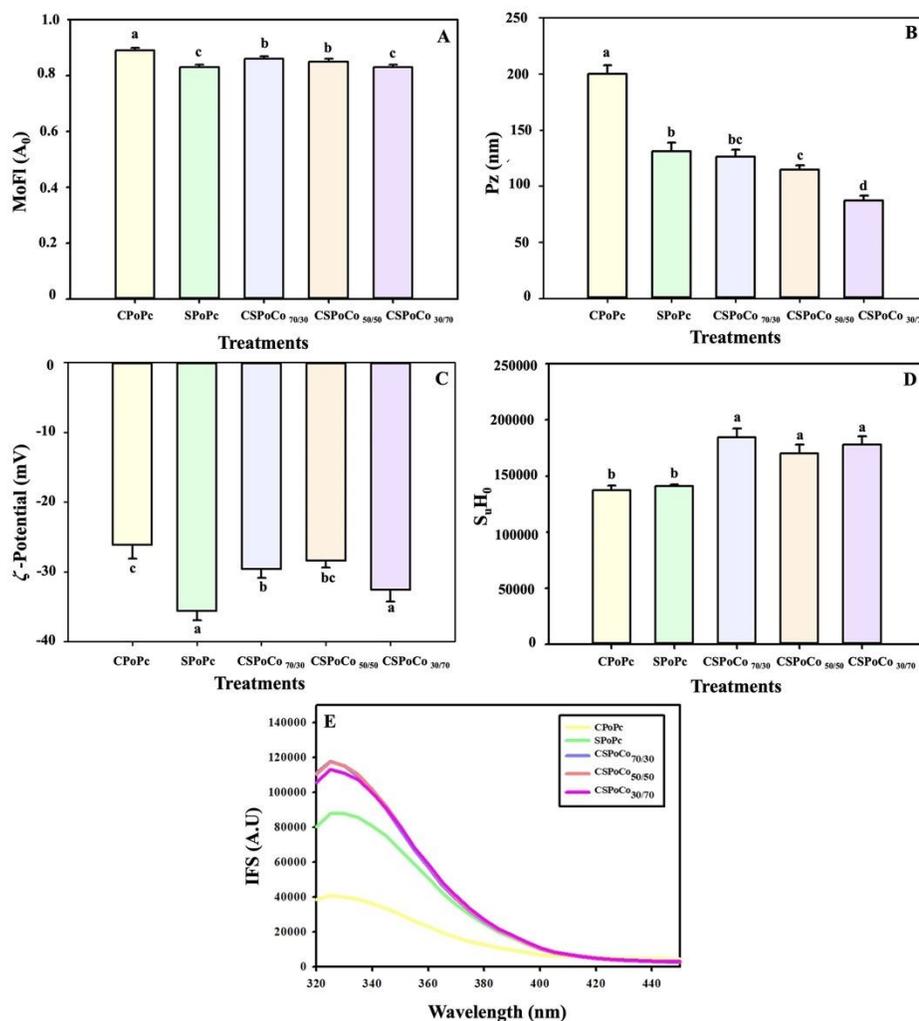
748 Changes in ζ -potential may be associated with modifications in the amount of ionizable
749 amino and carboxyl groups exposed on the surface caused by the PoC.⁸⁰ Previous research
750 has shown that protein dispersions with high absolute ζ -potentials are characterized by
751 strong intermolecular electrostatic repulsion, which is sufficient to resist agglomeration,
752 thereby improving the dispersibility and stability of the protein system.¹⁰ Therefore, the ζ -
753 potential is related to the improvement of the functional properties of CSPoCos because the
754 interactions between the two polypeptides inhibited structural folding and maintained their



755 charged surface (Fig. 2). The PoCos of rice and casein⁷⁸ and rice and cod¹⁰ proteins also
756 increased the negative value of the ζ -potential, compared to the individual sources.

757 3.5.4 S_uH_0

758 S_uH_0 indicates the amount of hydrophobic groups distributed along the surface of proteins,
759 whatever has a great impact over the functional characteristics of said polymers.³³ As can
760 be seen in Fig. 6D, CSPoCo_{70/30}, CSPoCo_{50/50} and CSPoCo_{30/70} increased S_uH_0 by 25.5-23.6
761 %, 19.3-17.2 %, and 22.8-20.8 % in comparison with CPoPc and SPoPc, respectively. The
762 increase in S_uH_0 in CSPoCos could be due to structural changes brought about by the
763 binding of canola and sunflower proteins, which caused the main chains of these polymers
764 to unfold to expose apolar groups on their surface. Kristensen et al.⁹ and Kristensen et al.²⁰



765 demonstrated that the association of pea and whey proteins in the form of PoCo increased
766 S_uH_o , as observed in this study.

767 **Fig. 6.** Effect of the coprecipitation on; A-Molecular flexibility (MoFl), B-Particle size
768 (Pz), C- ζ -potential, D-Surface hydrophobicity (S_uH_o) and E-Intrinsic fluorescence spectra
769 (IFS). CPoPc = canola protein precipitate. SPoPc = sunflower protein precipitate. CSPoCo
770 = canola-sunflower protein coprecipitate. CSPoCo_{70/30} = 70 % canola/30 % sunflower,
771 CSPoCo_{50/50} = 50 % canola/50 % sunflower and CSPoCo_{30/70} = 30 % canola/70 %
772 sunflower. Distinct letters on the bars indicate significant ($p < 0.05$) difference (average \pm
773 SD, $n = 3$ independent batches).

774 3.5.5 IFS

775 Changes in the tertiary structure of proteins can be measured using fluorescence emission
776 spectra when tyrosine, phenylalanine, and tryptophan residues of proteins are excited at a
777 wavelength of 280 to 290 nm.³⁴ The impact of PoC on the fluorescence spectra of PoPc and
778 PoCos from canola and sunflower is shown in Fig. 6E. The maximum emission wavelength
779 occurred at 325 nm in all treatments. Overall, a higher IFS was observed in the CSPoCos
780 compared to CPoPc and SPoPc. In a study with a soybean and whey PoCo,¹² it was
781 determined that the changes in the tertiary structure by PoC, measured as IFS, are provoked
782 by formation of stronger protein-protein interactions, in congruence with the results of this
783 study. Furthermore, the alteration of the tertiary structure by PoC, determined by IFS, in the
784 CSPoCos is consistent with the results regarding the increase in S_uH_o (Fig. 6D), which is
785 also an indicator of the variation of the protein conformation.

786 3.5.6 SH_{Fr} , SH_{To} and S- S_{Br}

787 Sulfhydryl groups, including SH_{Fr} , SH_{To} and S- S_{Br} , are one of the most reactive functional
788 groups in proteins that significantly influence the functional properties of food proteins.
789 SH_{Fr} are those sulfhydryl groups that are located on the surface of the proteins and are
790 easily accessible to react with the environment. SH_{To} includes SH_{Fr} and SH buried within
791 the protein structure.³² The results of SH_{Fr} , SH_{To} and S- S_{Br} content of CPoPc, SPoPc and
792 CSPoCos are presented in Table 6.



793 Overall, PoC increased the SH_{Fr} content (20.13-28.71 %) of the CSPoCos, in contrast to
794 CPOpC, whereas the S-S_{Br} content decreased in the CSPoCos in the ranges of 105.5-503.2
795 % and 37.4-303.2 %, in contrast with CPOpC and SPOpC, respectively, which could imply
796 an unfolding of the polypeptide chain and thus a modification in the initial proportion of
797 sulfhydryl groups in the new polymeric structures. On the other hand, the SH_{To} content did
798 not change significantly (p>0.05) in CSPoCos with respect to CPOpC, but its value was
799 significantly reduced (p<0.05) compared to SPOpC (Table 6).

800 Interestingly, in CSPoCos it was observed that almost all of the sulfhydryl groups
801 corresponded to SH_{Fr}, which also demonstrated a structural rearrangement of its proteins
802 due to the effect of PoC, similar to the effect caused by other physical treatments such as
803 ultrasound⁸¹ and high pressure.³⁴

804 **Table 6.** Free (SH_{Fr}) and total (SH_{To}) sulfhydryl groups and disulfide bridges (S-S_{Br}) of
805 canola protein precipitate (CPOpC), sunflower protein precipitate (SPOpC) and canola-
806 sunflower protein coprecipitates (CSPoCos).

Sulfhydryl groups (μmol/g protein)	CPOpC	SPOpC	CSPoCo _{70/30}	CSPoCo _{50/50}	CSPoCo _{30/70}
Free (SH _{Fr})	12.47 ± 0.48 ^d	17.87 ± 0.07 ^a	16.05 ± 0.04 ^b	15.02 ± 0.26 ^c	14.98 ± 0.19 ^c
Total (SH _{To})	16.20 ± 0.68 ^b	20.37 ± 0.3 ^a	16.67 ± 0.42 ^b	16.18 ± 0.13 ^b	16.79 ± 0.49 ^b
Bridges (SS _{Br})	1.87 ± 0.60 ^b	1.25 ± 0.28 ^a	0.31 ± 0.40 ^c	0.58 ± 0.17 ^c	0.91 ± 0.41 ^{bc}

807 Values are the mean of three determinations of independent batches ± standard deviations. Different letters
808 within the same row indicate significant differences (p < 0.05) among the groups. CSPoCo_{70/30} = 70 %
809 canola/30 % sunflower, CSPoCo_{50/50} = 50 % canola/50 % sunflower and CSPoCo_{30/70} = 30 % canola/70 %
810 sunflower. The subscripts for each coprecipitate correspond to the proportions of canola and sunflower pastes,
811 respectively.

812 3.5.7 ATR-FTIR

813 The FTIR spectrum of a protein exhibits absorption peaks primarily associated with amide
814 groups. The amide I peak is of great importance, as it allows determining the type of
815 secondary structure (β-sheet, α-helix, β-turn, and random coil) of a protein.³⁰



816 Table 7 shows the secondary structure content of PoPc and PoCos from canola and
 817 sunflower. Compared with CPoPc and SPoPc, the secondary structures of the CSPoCos
 818 were significantly different ($p < 0.05$). In CPoPc, SPoPc, and CSPoCos, β -sheets were the
 819 predominant secondary structure, followed by β -turns, random coils and α -helices. PoC
 820 increased the relative β -sheet content from an initial value of 49.55 % for CPoPc to 52.13
 821 %, 51.42 % and 52.58 % for CSPoCo_{70/30}, CSPoCo_{50/50} and CSPoCo_{30/70}, respectively,
 822 however, these values were lower than that 60.96 % obtained by SPoPc. In contrast, α -
 823 helices content in the CSPoCos was not significantly ($p > 0.05$) different of CPoPc. In the
 824 case of β -turn, PoC significantly reduced ($p < 0.05$) its content in the range of 4.86 %
 825 (CSPoCo_{50/50}) to 25.0 % (CSPoCo_{70/30}), compared to CPoPc. The reason for these changes
 826 could be attributed to the proportion of different protein sources in the PoCos. This
 827 composition induces a new equilibrium in the secondary structures by modifying molecular
 828 interactions, such as hydrogen bonds, disulfide bonds, and hydrophobic and Van der Waals
 829 forces. Consequently, these structural transformations are linked to the enhancement of
 830 PoSo, WaHC, OiHC, LaGeCo, EAcln, FmC, and FmS (Fig. 2). Tan et al.,¹¹ Tian et al.,¹²
 831 and Wang et al.,⁷⁸ found that the PoC of proteins from soybean-tilapia, soybean-wheat, and
 832 soybean-rice, respectively, modified the secondary structure in contrast to individual
 833 protein sources, as resulted in this study.

Secondary structure (%)	CPoPc	SPoPc	CSPoCo _{70/30}	CSPoCo _{50/50}	CSPoCo _{30/70}
β -sheet	49.55 \pm 0.68 ^c	60.96 \pm 1.10 ^a	52.13 \pm 0.45 ^b	51.42 \pm 0.28 ^b	52.58 \pm 0.69 ^b
α -helix	8.40 \pm 0.87 ^b	14.64 \pm 0.53 ^a	8.79 \pm 0.42 ^b	8.67 \pm 0.77 ^b	8.64 \pm 0.58 ^b
β -turn	29.77 \pm 0.54 ^a	10.72 \pm 1.08 ^d	23.81 \pm 0.97 ^c	28.39 \pm 0.35 ^b	24.11 \pm 0.44 ^c
Random coil	11.57 \pm 0.39 ^b	13.67 \pm 0.54 ^a	14.44 \pm 0.32 ^a	12.07 \pm 0.15 ^b	14.63 \pm 0.45 ^a

834 **Table 7.** Secondary structure of canola protein precipitate (CPoPc), sunflower protein
 835 precipitate (SPoPc) and canola-sunflower protein coprecipitates (CSPoCo).

836 Values are the mean of three determinations of independent batches \pm standard deviations. Different letters
 837 within the same row indicate significant differences ($p < 0.05$) among the groups. CSPoCo_{70/30} = 70 %
 838 canola/30 % sunflower, CSPoCo_{50/50} = 50 % canola/50 % sunflower and CSPoCo_{30/70} = 30 % canola/70 %



839 sunflower. The subscripts for each coprecipitate correspond to the proportions of canola and sunflower meals,
840 respectively.

841 **4 Conclusions**

842 PoC of canola and sunflower proteins by alkaline extraction-isoelectric precipitation altered
843 the physicochemical, functional and structural characteristics, compared to CPoPc and
844 SPoPc. The protein content, ρ_b , ρ_c , CaIn, HaRa, WaHC, OiHC, LaGeCo, EAcIn, FmC,
845 FmS, S_uH_o , IFS values of the CSPoCos increased, with respect to original protein source,
846 while the Pz and EStIn values decreased. In general, the moisture, L^* , a_w , T_{rb} , MoFl, ζ -
847 potential, IVPoDi, IViAc, Al, Gx, Pr, SH_{Fr} , SH_{To} , S- S_{Br} , α -helices, β -sheets, and β -turns
848 values varied between those corresponding to CPoPc and SPoPc. SDS-PAGE results
849 revealed the characteristic bands of the two coprecipitated protein sources, in addition to
850 the appearance of a new band, indicating an interaction between the two polymers. The
851 improvement in the functional characteristics of the CSPoCos was due to the unfolding and
852 interaction of canola and sunflower polypeptide chains that gave rise to new protein
853 structures. Specifically, the values of PoSo, WaHC, FmC and FmS were higher in the
854 CSPoCo_{50/50} compared to the other CSPoCos. Thus, PoC proved to be an effective method
855 for modifying canola and sunflower proteins, which could considerably improve the
856 functional quality of plant proteins, making them a good alternative to animal proteins as
857 food ingredients. Further research into the nutritional and sensory characteristics of the
858 CSPoCos could expand their use in the production of functional foods.

859 **Author contributions**

860 **Nitzia Thalía Flores-Jiménez**: Investigation; Methodology; Writing-Original draft
861 preparation; Editing. **José Armando Ulloa**: Investigation; Writing-Original draft; Review;
862 Editing; Conceptualization, Supervision; Data curation; Funding acquisition. **Judith**
863 **Esmeralda Urías-Silvas**: Software; Resources; Supervision; Validation.

864 **Conflicts of interest**

865 The authors declare that they have no known competing financial interests or personal
866 relationships that could have appeared to influence the work reported in this manuscript.



867 **Data availability**

868 Data will be made available on request.

869 **Acknowledgments**

870 To the Secretariat of Science, Humanities, Technology and Innovation (SECIHTI) of Mexico
871 for the postdoctoral scholarship awarded to Nitzia Thalía Flores Jiménez (CVU:601948) and
872 the Patronage to Administer the Special Tax Destined to the Autonomous University of
873 Nayarit (UAN) for the financial support.

874 **References**

- 875 1. F. Arrutia, E. Binner, P. Williams, and K.W. Waldron, Oilseeds beyond oil: Press cakes
876 and meals supplying global protein requirements, *Trends Food Sci. Technol.*, 2020, **100**:
877 88-102, DOI: 10.1016/j.tifs.2020.03.044.
- 878 2. A. Görgüç, C. Bircan, and F.M. Yilmaz, Sesame bran as an unexploited by-product:
879 Effect of enzyme and ultrasound-assisted extraction on the recovery of protein and
880 antioxidant compounds, *Food Chem.*, 2019, **283**: 637-645, DOI:
881 10.1016/j.foodchem.2019.01.077.
- 882 3. M. Aider, M. Ndiaye, and A. Karim, Optimization of canola meal bleaching by hydrogen
883 peroxide, protein extraction and characterization of their functional properties, *Future*
884 *Foods*, 2023, **8**: e100282, DOI: 10.1016/j.fufo.2023.100282.
- 885 4. H.-M. Liu, X.-Y. Liu, Y.-Y. Yan, J.-H. Gao, Z. Qin, and X.-D. Wang, Structural
886 properties and antioxidant activities of polysaccharides isolated from sunflower meal
887 after oil extraction, *Arab. J. Chem.*, 2021, **14**: e103420, DOI:
888 10.1016/j.arabjc.2021.103420.
- 889 5. FAOSTAT. FAO Statistical Database. Available
890 online: [https://openknowledge.fao.org/bitstreams/f8c73abe-d26d-4d47-9272-](https://openknowledge.fao.org/bitstreams/f8c73abe-d26d-4d47-9272-c9b464cc0fc1/download)
891 [c9b464cc0fc1/download](https://openknowledge.fao.org/bitstreams/f8c73abe-d26d-4d47-9272-c9b464cc0fc1/download), 2025 (accessed 05 May 2025).



- 892 6. T.D. Alexandrino, R.A. Ferrari, L.M. de Oliveira, R. de Cássia, and M.T.B. Pacheco,
893 Fractioning of the sunflower flour components: Physical, chemical and nutritional
894 evaluation of the fractions, *Food Sci. Technol.*, 2017, **84**: 426-432,
895 <http://dx.doi.org/10.1016/j.lwt.2017.05.062>.
- 896 7. C. Cháirez-Jiménez, C. Castro-López, S. Serna-Saldívar, and C. Chuck-Hernández,
897 Partial characterization of canola (*Brassica napus* L.) protein isolates as affected by
898 extraction and purification methods, *Heliyon*, 2023, **9**: e21938, DOI:
899 [10.1016/j.heliyon.2023.e21938](https://doi.org/10.1016/j.heliyon.2023.e21938).
- 900 8. R. Singh, S. Langyan, S. Sangwan, B. Rohtagi, A. Khandelwal, and M. Shrivastava,
901 Protein for human consumption from oilseed cakes: a review, *Front. Sustain. Food*
902 *Syst.*, 2022, **6**: e856401, DOI: [10.3389/fsufs.2022.856401](https://doi.org/10.3389/fsufs.2022.856401).
- 903 9. H.T. Kristensen, Q. Denon, I. Tavernier, S.B. Gregersen, M. Hammershøj, P. Van der
904 Meeren, K. Dewettinck, and T.K. Dalsgaard, Improved food functional properties of
905 pea protein isolate in blends and co-precipitates with whey protein isolate, *Food*
906 *Hydrocoll.*, 2021, **113**: e106556, DOI: [10.1016/j.foodhyd.2020.106556](https://doi.org/10.1016/j.foodhyd.2020.106556).
- 907 10. R. Wang, T. Wang, W. Feng, Q. Wang, and T. Wang, Rice proteins and cod proteins
908 forming shared microstructures with enhanced functional and nutritional properties,
909 *Food Chem.*, 2021, **354**: e129520, DOI: [10.1016/j.foodchem.2021.129520](https://doi.org/10.1016/j.foodchem.2021.129520).
- 910 11. L. Tan, P. Hong, P. Yang, C. Zhou, D. Xiao, and T. Zhong, Correlation between the
911 water solubility and secondary structure of tilapia-soybean protein co-
912 precipitates, *Molecules*, 2019, **24**: e4337, DOI: [10.3390/molecules24234337](https://doi.org/10.3390/molecules24234337).
- 913 12. T. Tian, X. Tong, K. Ren, J. Cao, Y. Yuan, J. Yang, J. Zhu, L. Miao, S. Yang, A. Yu,
914 H. Wang, and L. Jiang, Influence of protein ratios on the structure and gel properties
915 of soybean-wheat co-precipitated proteins, *Food Sci. Technol.*, 2022, **170**: e114045,
916 DOI: [10.1016/j.lwt.2022.114045](https://doi.org/10.1016/j.lwt.2022.114045).
- 917 13. D. Wu, W. Wu, N. Zhang, O. P. Soladoye, R. E. Aluko, Y. Zhang, and Y. Fu, Tailoring
918 soy protein/corn zein mixture by limited enzymatic hydrolysis to improve digestibility



- 919 and functionality. *Food Chem: X*, 2024, **23**, 101550, DOI:
920 10.1016/j.fochx.2024.101550.
- 921 14. N. T. Flores-Jiménez, J. A. Ulloa, and J. E. Urías-Silvas, Techno-functional and
922 structural characteristics of coprecipitates and protein mixtures: A Review. *J Food*
923 *Sci.*, 2025, **90**, e70569, DOI: 10.1111/1750-3841.70569
- 924 15. J. He, R. Wang, W. Feng, Z. Chen, and T. Wang, Design of novel edible hydrocolloids
925 by structural interplays between wheat gluten proteins and soy protein isolates, *Food*
926 *Hydrocoll.*, 2020, **100**: e105395, DOI: 10.1016/j.foodhyd.2019.105395.
- 927 16. H.T. Kristensen, A.H. Møller, M. Christense, M.S. Hansen, M. Hammershøj, and T.K.
928 Dalsgaard, Protein-protein interaction of a whey-pea protein co-precipitate, *Int. J.*
929 *Food Sci. Technol.*, 2021 **56**: 5777-5790, DOI: 10.1111/ijfs.15165.
- 930 17. C.G. Soria-Hernández, S.O. Serna-Saldívar, and C. Chuck-Hernández, Comparison of
931 physicochemical, functional and nutritional properties between proteins of soybean
932 and a novel mixture of soybean-maize, *Appl. Sci.*, 2020, **10**: e6998, DOI:
933 10.3390/app10196998.
- 934 18. M.H. Alu'datt, D.G. Al-U'datt, C.C. Tranchant, M.N. Alhamad, T. Rababah, S.
935 Gammoh, A. Almajwal, and I. Alli, Phenolic and protein contents of differently
936 prepared protein co-precipitates from flaxseed and soybean and antioxidant activity
937 and angiotensin inhibitory activity of their phenolic fractions, *NFSJ.*, 2020, **21**: 65-72,
938 DOI: 10.1016/j.nfs.2020.11.001.
- 939 19. X. Zhou, C. Zhang, L. Zhao, W. Cao, C. Zhou, X. Xie, and Y. Chen, Functionality of
940 pea-grass carp co-precipitated dual-protein as affected by extraction pH, *Foods*, 2022,
941 **11**: e3136, DOI: 10.3390/foods11193136.
- 942 20. H.T. Kristensen, M. Christensen, M.S. Hansen, M. Hammershøj, and T.K. Dalsgaard,
943 Mechanisms behind protein-protein interactions in a β -lg-legumin co-precipitate, *Food*
944 *Chem.*, 2022, **373**: e131509, DOI: 10.1016/j.foodchem.2021.131509.



- 945 21. X. Zhou, C. Zhang, W. Cao, C. Zhou, H. Zheng, and L. Zhao, A comparative functional
946 analysis of pea protein and grass carp protein mixture via blending and co-
947 precipitation, *Foods*, 2021, **10**: e3037, DOI: 10.3390/foods10123037.
- 948 22. H. Zhang, H. Wang, H. Zhou, J. Shi, Z. Wan, G. Li, and M. Yan, Synergistic effect in
949 the co-extraction of Ginseng and Schisandra protein. *Front. Nutr.* 2024, **11**, 1482125.
950 DOI: 10.3389/fnut.2024.1482125
- 951 23. AOAC, Official Methods of AOAC International, 21th ed. (2019) AOAC International,
952 Gaithersburg, MD
- 953 24. N.T. Flores-Jiménez, J.A. Ulloa, J.E. Urías-Silvas, J.C. Ramírez-Ramírez, P.U.
954 Bautista-Rosales, and R. Gutiérrez-Leyva, Influence of high-intensity ultrasound on
955 physicochemical and functional properties of a guamuchil *Pithecellobium dulce*
956 (Roxb.) seed protein isolate, *Ultrason. Sonochem.*, 2022, **84**: e105976, DOI:
957 10.1016/j.ultsonch.2022.105976.
- 958 25. S.N. Serrano-Sandoval, D. Guardado-Félix, and J.A. Gutiérrez-Urbe, Changes in
959 digestibility of proteins from chickpeas (*Cicer arietinum* L.) germinated in presence
960 of selenium and antioxidant capacity of hydrolysates, *Food Chem.*, 2019, **285**: 290–
961 295, DOI: 10.1016/j.foodchem.2019.01.137.
- 962 26. M. Bradford, A rapid and sensitive method for the quantitation of microgram quantities
963 of protein utilizing the principle of protein-dye binding, *Anal. Biochem.*, 1976, **72**:
964 248–254, DOI: 10.1016/0003-2697(76)90527-3.
- 965 27. I. Balderas-León, A. Cardador-Martínez, D.K. Baigts-Allende, C. Velázquez-Carriles,
966 and J.M. Silva-Jara, Sustainable approach from underutilized *Leucaena*
967 *leucocephala* biomass by polyphenols composition and protein functional properties
968 assessment, *Chem. Pap.*, 2024, **78**: 5513-5525, DOI:10.1007/s11696-024-03492-5.
- 969 28. K.U. López-Mártir, J.A. Ulloa, J.E. Urías-Silvas, P. Rosas-Ulloa, J.C. Ramírez-
970 Ramírez, and J.A. Resendiz-Vazquez, Modification of the physicochemical,
971 functional, biochemical and structural properties of a soursop seed (*Annona muricata*



- 972 L.) protein isolate treated with high-intensity ultrasound, *Ultrason. Sonochem.*, 2024,
973 **105**: e106870, DOI: 10.1016/j.ultsonch.2024.106870.
- 974 29. G. Briceño-Islas, M. Estarrón-Espinosa, and J.E. Urías-Silvas, Revalorization of
975 coconut from Guerrero, Mexico: isolation and characterization of oils and
976 proteins. *ACS Food Sci. Technol.*, 2023, **3**: 648-657, DOI:
977 10.1021/acsfoodscitech.2c00410.
- 978 30. N.T. Flores-Jiménez, J.A. Ulloa, and J.E. Urías-Silvas, Assessment of the
979 physicochemical, functional and structural characteristics of a defatted flour from
980 guamuchil (*Pithecellobium dulce* (Roxb.) seeds, *Fut. Foods*, 2024, **9**: e100351, DOI:
981 10.1016/j.fufo.2024.100351.
- 982 31. N. Mesfin, A. Belay, and E. Amare, Effect of germination, roasting, and variety on
983 physicochemical, techno-functional, and antioxidant properties of chickpea (*Cicer
984 arietinum* L.) protein isolate powder, *Heliyon*, 2021, **7**: e08081, DOI:
985 10.1016/j.heliyon.2021.e08081.
- 986 32. A. E. Rodríguez-Rivera, J.A. Ulloa, J.E. Silvas Urías, J.C. Ramírez Ramírez, and J.A.
987 Resendíz Vazquez, Physicochemical, techno-functional, biochemical and structural
988 characterization of a protein isolate from groundnut (*Arachis hypogaea* L.) paste
989 treated with high-intensity ultrasound, *Food Chem.*, 2025, **464**: e141848, DOI:
990 10.1016/j.foodchem.2024.141848.
- 991 33. G. Briceño-Islas, L. Mojica, and J.E. Urías-Silvas, Functional chia (*Salvia hispanica* L.)
992 co-product protein hydrolysate: An analysis of biochemical, antidiabetic, antioxidant
993 potential and physicochemical properties, *Food Chem.*, 2024, **460**: e140406, DOI:
994 10.1016/j.foodchem.2024.140406.
- 995 34. D. Wu, C. Wu, Z. Wang, F. Fan, H. Chen, W. Ma, and M. Du, Effects of high pressure
996 homogenize treatment on the physicochemical and emulsifying properties of proteins
997 from scallop (*Chlamys farreri*), *Food Hydrocoll.*, 2019, **94**: 537-545, DOI:
998 10.1039/c9fo00560a.



- 999 35. X.E. Ren, C. Li, F. Yang, Y. Huang, C. Huang, K. Zhang, K., and L. Yan, Comparison
1000 of hydrodynamic and ultrasonic cavitation effects on soy protein isolate
1001 functionality, *J. Food Eng.*, 2020, **265**: e109697, DOI:
1002 10.1016/j.jfoodeng.2019.109697.
- 1003 36. C. Wintersohle, I. Kracke, L.M. Ignatzy, L. Etzbach, and U. Schweiggert-Weisz,
1004 Physicochemical and chemical properties of mung bean protein isolate affected by the
1005 isolation procedure, *Curr. Res. Food Sci.*, 2023, **7**: e100582, DOI:
1006 10.1016/j.crfs.2023.100582.
- 1007 37. B.K. Mintah, R. He, A.A. Agyekum, M. Dabbour, M.K. Golly, and H. Ma, Edible
1008 insect protein for food applications: Extraction, composition, and functional
1009 properties, *J. Food Process Eng.*, 2020 **43**: e13362, DOI: 10.1111/jfpe.13362.
- 1010 38. S. Albe-Slabi, O. Mesieres, C. Mathé, M. Ndiaye, O. Galet, and R. Kapel, Combined
1011 effect of extraction and purification conditions on yield, composition and functional
1012 and structural properties of lupin proteins, *Foods*, 2022, **11**: e1646, DOI:
1013 10.3390/foods11111646.
- 1014 39. D. Lazdiņa, D. Segliņa, Z.A. Zvaigzne, A. Butlers, and I. Ciproviča, Effect of defatting
1015 method on japanese quince (*Chaenomeles japonica*) fruit seed protein isolate
1016 technological properties, *Foods*, 2025, **14**: e234, DOI: 10.3390/foods14020234.
- 1017 40. M.H. Alu'datt, S. Gammoh, T. Rababah, M. Almomani, M.N. Alhamad, K. Ereifej, and
1018 S. Abou Nasser, Preparation, characterization, nanostructures and bio functional
1019 analysis of sonicated protein co-precipitates from brewers' spent grain and soybean
1020 flour, *Food chem.*, 2018, **240**: 784-798, DOI: 10.1016/j.foodchem.2017.08.015.
- 1021 41. J.M. Al-saadi, and H.C. Deeth, Preparation and functional properties of protein
1022 coprecipitate from sheep milk, *Int. J. Dairy technol.*, 2011, **64**: 461-466, DOI:
1023 10.1111/j.1471-0307.2011.00701.x.
- 1024 42. N.T. Flores-Jiménez, J.A. Ulloa, J.E. Urías-Silvas, J.C. Ramírez-Ramírez, P. Rosas-
1025 Ulloa, P.U. Bautista-Rosales, Y. Silva-Carrillo, and R. Gutiérrez-Leyva, Effect of



- 1026 high-intensity ultrasound on the compositional, physicochemical, biochemical,
1027 functional and structural properties of canola (*Brassica napus* L.) protein isolate, *Food*
1028 *Res. Int.*, 2019, **121**: 947-956, DOI: 10.1016/j.foodres.2019.01.025.
- 1029 43. B.G. Subaşı, F. Casanova, E. Capanoglu, F. Ajalloueian, J.J. Sloth, and M.A.
1030 Mohammadifar, Protein extracts from de-oiled sunflower cake: Structural, physico-
1031 chemical and functional properties after removal of phenolics, *Food Biosci.*, 2020,
1032 **38**: e100749, DOI: 10.1016/j.fbio.2020.100749.
- 1033 44. R. Suhag, A. Kellil, and M. Razem, Factors influencing food powder
1034 flowability, *Powders*, 2024, **3**: 65-76, DOI: 10.3390/powders3010006.
- 1035 45. H. Ding, B. Li, I. Boiarkina, D.I. Wilson, W. Yu, and B.R. Young, Effects of
1036 morphology on the bulk density of instant whole milk powder, *Foods*, 2020, **9**: e1024,
1037 DOI: 10.3390/foods9081024.
- 1038 46. A. Averardi, C. Cola, S.E. Zeltmann, and N. Gupta, Effect of particle size distribution
1039 on the packing of powder beds: A critical discussion relevant to additive
1040 manufacturing, *Mater. Today Commun.*, 2020, **24**: e100964, DOI:
1041 10.1016/j.mtcomm.2020.100964.
- 1042 47. D.S. Shah, K.K. Moravkar, D.K. Jha, V. Lonkar, P.D. Amin, and S.S. Chalikwar, A
1043 concise summary of powder processing methodologies for flow
1044 enhancement, *Heliyon*, 2023, **9**: e16498, DOI: 10.1016/j.heliyon.2023.e16498.
- 1045 48. J.S. Weaver, J. Whiting, V. Tondare, C. Beauchamp, M. Peltz, J. Tarr, T.Q. Phan, and
1046 M.A. Donmez, The effects of particle size distribution on the rheological properties of
1047 the powder and the mechanical properties of additively manufactured 17-4 PH
1048 stainless steel, *Addit. Manuf.*, 2021, **39**: e101851, DOI:
1049 10.1016/j.addma.2021.101851.
- 1050 49. L. Červenka, M. Frühbauerová, and H. Velichová, Functional properties of muffin as
1051 affected by substituting wheat flour with carob powder, *Potr. S. J. Food Sci.*, 2019, **13**:
1052 212-217, DOI:10.5219/1033



- 1053 50. Y. Silva-Carrillo, J.A. Ulloa, J.E. Silvas, J.C. Ramírez Ramírez, and R. Gutierrez
1054 Leyva, Physicochemical and functional characteristics of a gourd (*Cucurbita*
1055 *argyrosperma Huber*) seed protein isolate subjected to high-intensity
1056 ultrasound, *Heliyon*, 2024, **10**: e32225, DOI: 10.1016/j.heliyon.2024.e32225.
- 1057 51. R. Zhao, M. So, H. Maat, N.J. Ray, F. Arisaka, Y. Goto, J.A. Carver, and D. Hall,
1058 Measurement of amyloid formation by turbidity assay-seeing through the cloud.
1059 *Biophys. Revi.*, 2016, **8**: 445-471, DOI: 10.1007/s12551-016-0233-7.
- 1060 52. M.A. Malik, H.K. Sharma, and C.S. Saini, High intensity ultrasound treatment of
1061 protein isolate extracted from dephenolized sunflower meal: Effect on
1062 physicochemical and functional properties, *Ultrason. Sonochem.*, 2017, **39**: 511-519,
1063 DOI: 10.1016/j.ultsonch.2017.05.026.
- 1064 53. R. Pandiselvam, S. Mitharwal, P. Rani, M.A. Shanker, A. Kumar, R. Aslam, Y.T.
1065 Barut, A. Kothakota, S. Rustagi, D. Bhati, S. A. Siddiqui, M.W. Siddiqui, S.
1066 Ramniwas, A. Aliyeva, and A.M. Khaneghah, The influence of non-thermal
1067 technologies on color pigments of food materials: An updated review, *Curr. Res. Food*
1068 *Sci.*, 2023, **6**: e100529, <https://doi.org/10.1016/j.crfs.2023.100529>
- 1069 54. M. Naik, V. Natarajan, N. Modupalli, S. Thangaraj, and A. Rawson, Pulsed ultrasound
1070 assisted extraction of protein from defatted Bitter melon seeds (*Momardica charantia*
1071 L.) meal: Kinetics and quality measurements, *Food Sci. Technol.*, 2022, **155**:
1072 e112997, DOI: 10.1016/j.lwt.2021.112997.
- 1073 55. K.U. López-Mártir, J.A. Ulloa, J.E. Urías-Silvas, P. Rosas-Ulloa, and B.E. Ulloa-
1074 Rangel, High-intensity ultrasound affects the physicochemical, structural and
1075 functional properties of proteins recovered from noni (*Morinda citrifolia*)
1076 seeds, *Sustain. Food Technol.*, 2025, **3**: 700-713, DOI: 10.1039/D4FB00321G
- 1077 56. P. Rosas-Ulloa, J.A. Ulloa, B.E. Ulloa Rangel, and K.U. López Mártir, Protein isolate
1078 from orange (*Citrus sinensis* L.) seeds: Effect of high-intensity ultrasound on its
1079 physicochemical and functional properties, *Food Bioprocess Technol.*, 2023, **16**: 589-
1080 602, DOI: 10.1007/s11947-022-02956-4.



- 1081 57. N. Yousefi, and S. Abbasi, Food proteins: Solubility & thermal stability improvement
1082 techniques, *Food Chem. Adv.*, 2022, **1**: e100090, DOI: 10.1016/j.focha.2022.100090.
- 1083 58. L. Miron, G. Montevecchi, G. Bruggeman, L.I. Macavei, L. Maistrello, A. Antonelli,
1084 and M. Thomas, Functional properties and essential amino acid composition of
1085 proteins extracted from black soldier fly larvae reared on canteen leftovers, *Innovat.*
1086 *Food Sci. Emerg. Tech.*, 2023, **87**: e103407. DOI: 10.1016/j.ifset.2023.103407
- 1087 59. S. Guidi, A. F. Formica, and C. Denkel, Mixing plant-based proteins: Gel properties of
1088 hemp, pea, lentil proteins and their binary mixtures. *Food Res. Int.*, 2022, **161**:
1089 e111752, DOI: 10.1016/j.foodres.2022.111752
- 1090 60. R. Kaur, and G. Ghoshal, Sunflower protein isolates-composition, extraction and
1091 functional properties, *Adv. Colloid Interface Sci.*, 2022, **306**: e102725, DOI:
1092 10.1016/j.cis.2022.102725.
- 1093 61. N.T. Flores-Jiménez, J.A. Ulloa, R.I. Ortiz-Basurto, and J.E. Urías-Silvas, Application
1094 of high-intensity ultrasound to modify the rheological properties of a guamuchil
1095 *Pithecellobium dulce* (Roxb.) seed protein isolate, *Int. J. Food Prop.*, 2023, **26**: 739-
1096 751, DOI: 10.1080/10942912.2023.2183171.
- 1097 62. H. Niu, Y. Li, J. Han, Q. Liu, and B. Kong, Gelation and rheological properties of
1098 myofibrillar proteins influenced by the addition of soybean protein isolates subjected
1099 to an acidic pH treatment combined with a mild heating, *Food Hydrocoll.*, 2017, **70**:
1100 269-276, DOI: 10.1016/j.foodhyd.2017.04.001.
- 1101 63. C. Wu, X. Yan, T. Wang, W. Ma, X. Xu, and M. Du, A self-sorted gel network formed
1102 by heating a mixture of soy and cod proteins, *Food Funct.*, 2019, **10**: 5140-5151, DOI:
1103 10.1039/c9fo00560a.
- 1104 64. P. Shen, F. Twilt, B. Deng, J. Peng, K. Schroen, L.M. Sagis, and J. Landman, Oil-water
1105 interface and emulsion stabilization by pulse proteins, *Food Hydrocoll.*, 2025, **163**:
1106 e111093, DOI:10.1016/j.foodhyd.2025.111093.



- 1107 65. M. S. Awal, S. Benjakul, T. Prodpran, and K. Niluwan, Characteristics and properties
1108 of co-precipitated protein and film based on Bambara groundnut protein isolate and
1109 fish skin acid-soluble collagen. *J. Agri. Food Res.*, 2024, **18**: e101430, DOI:
1110 10.1016/j.jafr.2024.101430
- 1111 66. A. Joshi, A.S. Viridi, R. Kaur, A. Kumar, and N. Singh, Deciphering food proteins: the
1112 applications of SDS-PAGE in food science, *Food Biosci.*, 2025, **66**: e106126, DOI:
1113 10.1016/j.fbio.2025.106126.
- 1114 67. W. Jia, D.S. Sethi, A.J. van der Goot, and J.K. Keppler, Covalent and non-covalent
1115 modification of sunflower protein with chlorogenic acid: Identifying the critical ratios
1116 that affect techno-functionality, *Food Hydrocoll.*, 2022, **131**: e107800, DOI:
1117 10.1016/j.foodhyd.2022.107800.
- 1118 68. P. Purohit, H. Rawat, N. Verma, S. Mishra, A. Nautiyal, Anshul, S. Bhatt, N. Bisht, K.
1119 Aggarwal, A. Bora, H. Kumar, P. Rawal, A. Kumar, R. Kapoor, J. Sehwat, M.A.
1120 Rather, B. Naik, V. Kumar, S. Rustagi, M.S. Preet, and A.K. Gupta, Analytical
1121 approach to assess anti-nutritional factors of grains and oilseeds: A comprehensive
1122 review, *J. Agric. Food Res.*, 2023, **14**: e100877, DOI: 10.1016/j.jafr.2023.100877.
- 1123 69. N. Qadir, and I.A. Wani, Functional properties, antioxidant activity and in-vitro
1124 digestibility characteristics of brown and polished rice flours of Indian temperate
1125 region, *Grain Oil Sci. Technol.*, 2023, **6**: 43-57, DOI: 10.1016/j. gaost.2022.12.001.
- 1126 70. G.L. Zobot, E.K. Silva, L.B. Emerick, M.H.F. Felisberto, M.T.P. Silva Clerici, and
1127 M.A.A. Meireles, Physicochemical, morphological, thermal and pasting properties of a
1128 novel native starch obtained from annatto seeds, *Food Hydrocoll.*, 2019, **89**: 321-329,
1129 DOI: 10.1016/j.foodhyd.2018.10.041.
- 1130 71. L. Jiang, J. Wang, Y. Li, Z. Wang, J. Liang, R. Wang, Y. Chen, W. Ma, B. Qi, and M.
1131 Zhang, Effects of ultrasound on the structure and physical properties of black bean
1132 protein isolates, *Food Res. Int.*, 2014, **62**: 595-601, DOI:
1133 10.1016/j.foodres.2014.04.022.



- 1134 72. H.B. Jadhav, Foaming properties of protein-based particles and their mixture with other
1135 food-grade particles—A review. *Food Biomacromolecules*, 2025, **2**: 325-339, DOI:
1136 10.1002/fob2.70019.
- 1137 73. H. Jiang, N. Zhang, L. Xie, G. Li, L. Chen, and Z. Liao, A comprehensive review of the
1138 rehydration of instant powders: Mechanisms, influencing factors, and improvement
1139 strategies. *Foods*, **14**: e2883, DOI:10.3390/foods14162883.
- 1140 74. D.R. Kim, Y. Jung, S.J. Rho, and Y.R. Kim, Sonication of sesame meal protein isolates
1141 modified its microstructural and functional properties, *Food Sci. Technol.*, 2013, **186**:
1142 e115242, DOI: 10.1016/j.lwt.2023.115242.
- 1143 75. S. Yan, J. Xu, S. Zhang, and Y. Li, Effects of flexibility and surface hydrophobicity on
1144 emulsifying properties: Ultrasound-treated soybean protein isolate. *Food Sci.*
1145 *Technol.*, 2021, **142**: e110881, DOI: 10.1016/j.lwt.2021.110881.
- 1146 76. P.G. Argudo, and J.J. Giner-Casares, Folding and self-assembly of short intrinsically
1147 disordered peptides and protein regions, *Nanoscale Adv.*, 2021, **3**: 1789-1812, DOI:
1148 10.1039/d0na00941e.
- 1149 77. H. Yang, Y. Qu, Y. Su, Y. Liu, T. Chen, H. Wang, and Q. Shen, Uncovering the
1150 chemical bonding basis for ultrasound treatment-induced improvement in the
1151 molecular flexibility of myofibrillar proteins from low-salt meat batters with added
1152 methylcellulose, *Food Sci. Technol.*, 2024, **203**: e116408, DOI:
1153 10.1016/j.lwt.2024.116408.
- 1154 78. T. Wang, M. Yue, P. Xu, R. Wang, and Z. Chen, Toward water-solvation of rice
1155 proteins via backbone hybridization by casein, *Food Chem.*, 2018, **258**: 278-283,
1156 DOI: 10.1016/j.foodchem.2018.03.084.
- 1157 79. V.M. Pizones Ruiz-Henestrosa, M.J. Martinez, C.C. Sánchez, J.M. Rodríguez Patino,
1158 and A.M. Pilosof, Mixed soy globulins and β -lactoglobulin systems behaviour in
1159 aqueous solutions and at the air–water interface, *Food Hydrocoll.*, 2014, **35**: 106-114,
1160 DOI: 10.1016/j.foodhyd.2013.04.021.



- 1161 80. M.L. Chihi, J.L. Mession, N. Sok, and R. Saurel, Heat-induced soluble protein
1162 aggregates from mixed pea globulins and β -lactoglobulin, *J. Agric. Food Chem.*, 2016,
1163 **64**: 2780-2791, DOI: 10.1021/acs.jafc.6b00087.
- 1164 81. J. Choi, C. Fuentes, J. Fransson, M. Wahlgren, and L. Nilsson, Separation and zeta-
1165 potential determination of proteins and their oligomers using electrical asymmetrical
1166 flow field-flow fractionation (EAF4), *J. Chromatogr. A.*, 2020, **1633**: e461625, DOI:
1167 10.1016/j.chroma.2020.461625.



Data availability

Data will be made available on request.

Open Access Article. Published on 23 March 2026. Downloaded on 3/24/2026 12:07:50 AM.

This article is licensed under a Creative Commons Attribution-NonCommercial 3.0 Unported Licence.

