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enhancement in ultra-thin silicon-on-insulator films doped by phosphorus endterminated polymers

Donor incomplete ionization and mobility

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Ex situ doping of ultra-thin silicon-on-insulator (SOI) substrates is performed by using polymers terminated with a doping containing moiety. The injection of P impurity atoms is investigated confining the same P dose of $\sim 1 \times 10^{13}$ cm⁻² in a progressively thinner device layer, with thickness values ($H_{\rm SOI}$) from 6 to 70 nm. The dopant concentration is determined by Time-of-flight secondary ion mass spectroscopy (ToF-SIMS) measurements. Sample resistivity (ρ) , carrier concentration (n_e) and mobility (μ) are determined combining sheet resistance and Hall measurements in van der Pauw configuration. Almost complete activation and full ionization of the injected dopants is observed at room temperature in the samples with $H_{SOI} \ge 30$ nm. The ionization fraction progressively drops to 5% when reducing the thickness of the device layer. Dopant incomplete ionization is accompanied by an increase in electron mobility, with values significantly larger than those reported for bulk Si. In the SOI samples with H_{SOI} > 20 nm, the fraction of ionized P atoms at room temperature is perfectly described by the 3D bulk model of Altermatt et al. For $H_{SOI} \leq 20$ nm, the bulk model must be corrected to account for the effect of interface states and dielectric mismatch between Si and surrounding SiO₂.

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Introduction

The microelectronics industry is heading into the age of ultrascaled stacked 3D device architectures, such as gate-all-around field-effect transistors (GAAFETs). These transistors, in which the gate surrounds a Si nanosheet channel, are a direct evolution of FinFETs, designed to offer better channel control, be faster, and less power-consuming.^{2,3} This transition poses technological and fundamental problems regarding dopant incorporation, activation and ionization in Si-based nanostructures. In this respect, there have been extensive theoretical and experimental studies regarding dopants in 0D and 1D silicon nanostructures,5-7 but limited results are reported on 2D systems like doped ultra-thin Si films.8,9

Ex situ doping of ultra-scaled Si nanostructures by standard ion implantation is difficult because the release of energy by the

impinging ions determines severe damages in the Si crystal that are difficult to restore. To overcome the limitations associated with conventional top-down doping techniques, the use of dopant end-terminated polymers was proposed as an alternative bottomup approach to achieve semiconductor doping. 10 Polymers are employed to create a δ -layer source of dopants at the interface between a SiO₂ capping layer and the underlying Si substrate.¹¹ The dopants are driven-in via high temperature annealing in a rapid thermal processing (RTP) system. This mild approach is compatible with mass production of advanced microelectronic components and was demonstrated not to introduce significant contaminations in the sample during the process.¹² In particular, the incorporation of P dopants in a silicon-on-insulator (SOI) substrate with device layer thickness ~30 nm using this doping strategy was already investigated. 11 The experimental data demonstrated that drive-in of the dopants at 1000 °C for 100 s results in a uniform dopant concentration throughout the entire device layer with high activation rates ($\eta_a > 90\%$) and electrical properties compatible with those reported for a P-doped bulk Si. 13 This doping technology represents a simple tool to introduce dopant impurities in ultra-thin Si films and study their activation, providing useful information to support current transition toward the next generation of microelectronics devices.

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In this work, the drive-in of P impurity atoms in ultra-thin Si films was investigated confining the same P dose in SOI samples with progressively thinner device layers. Time-offlight secondary ion mass spectrometry (ToF-SIMS) data were combined with sheet resistance and Hall measurements at room temperature to investigate the effect of the reduction of the device layer thickness (H_{SOI}) on the activation and ionization of P impurity atoms.

Experimental

 $1 \times 1 \text{ cm}^2$ SOI dies were cleaved from lightly doped p-type SOI wafers with (149.6 \pm 0.1) nm thick buried oxide (BOX) and (71 ± 1) nm thick Si device layer. The device layer was thinned down following an oxidation procedure described in a previous paper, 11 developed to produce ultra-thin SOI films with no evidence of sample degradation associated with high temperature oxidation. 11 In particular, no significant differences in terms of oxygen diffusion into the device layer were observed between the pristine and the thinned SOI samples when performing the oxidation process in O_2 atmosphere at $T \leq$ 1100 °C. Accordingly, to prevent any possible oxygen contamination and modification of the Si/SiO₂ interfaces prior to the doping process, the thinning of the device layers was performed by an oxidation process at T = 1000 °C. A P dopant δ -layer source was formed at the interface between the Si device layer and a 10 nm thick SiO₂ capping layer, using a poly(methylmetachrylate) end-terminated by a P-containing moiety (PMMA-P) grafted to the substrate. PMMA-P is characterized by an average molar mass $M_n = 7.5 \text{ kg mol}^{-1}$ and polydispersity index D = 1.14. More details are reported in previous publications. 10,14-16 The samples underwent a high temperature treatment in a RTP system at temperatures ranging from 900 to 1100 °C in N₂ atmosphere to promote the drive-in of P atoms into the Si device layer. Finally, after removal of the SiO₂ capping layer, circular aluminum metal contacts were deposited by thermal evaporation in a square van der Pauw (VDP) geometry at the corners of each sample using a shadow mask. Spectroscopic ellipsometry (SE) was used to monitor H_{SOI} at each step of the doping process, from oxidation to metal deposition. Sample preparation was optimized to produce SOI films with H_{SOI} ranging from 6 to 70 nm. To guarantee accurate determination of the effective H_{SOI} values and proper correlation with electrical characteristics, the thickness of each sample was determined at the end of the process, just before the electrical characterization of the sample. Sheet resistance and Hall measurements were performed in VDP configuration. ToF-SIMS measurements were performed in a IONTOF IV system using Cs⁺ ions for sputtering and Ga⁺ ions for analysis. Depth scale calibration was performed by individually measuring the sputter rate in each of the SOI samples. The Si/SiO2 interfaces were determined by the spikes in 30 Si signals, while H_{SOI} was accurately determined by SE. To obtain quantitative information about the P concentration, the counts measured by the ToF-SIMS were converted into atom concentrations (atoms cm⁻³)

following a calibration protocol fully described in a previous publication. 18 In particular, P secondary ion signal was normalized on the 30Si-secondary ion signal that was selected as a reference. Subsequently, the normalized P signal was calibrated using a relative sensitivity factor that was determined considering a set of samples implanted with P at the same energy but different doses in order to verify the linearity of the calibration over a broad range of concentrations.

Results and discussion

The P concentration profiles in the different SOI samples upon drive-in at 1000 °C for 100 s are reported in Fig. 1. The ToF-SIMS depth profiles of the 50 and 70 nm thick SOI samples show a P concentration gradient throughout the device layer. The observed concentration profile is correctly predicted by Fick's law of diffusion for thick SOI films. 19 Conversely, when $H_{\rm SOI} \leq 30$ nm, P atoms reach the buried Si/SiO₂ interface during diffusion, starting to segregate at the interface and rediffuse into the device layer. This results in a flattening of the concentration profile, as observed by ToF-SIMS analysis, which demonstrates that the P concentration remains constant within experimental variation throughout the entire film thickness in the case of the samples with $H_{SOI} \leq 30$ nm.

Fig. 2a shows the total P dose (N_D) injected in the device layer, computed as the integral of the P concentration depth profile obtained by ToF-SIMS analysis. Data were obtained by

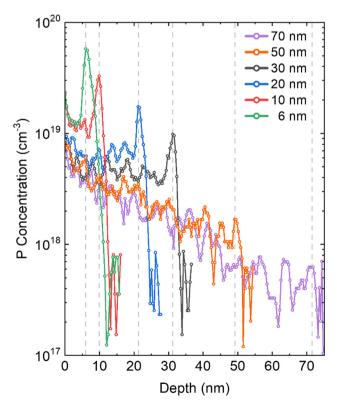


Fig. 1 ToF-SIMS P depth profiles of SOI samples with H_{SOI} ranging from 6 to 70 nm upon drive-in at 1000 °C. Grey dashed lines indicates the position of the BOX interface.

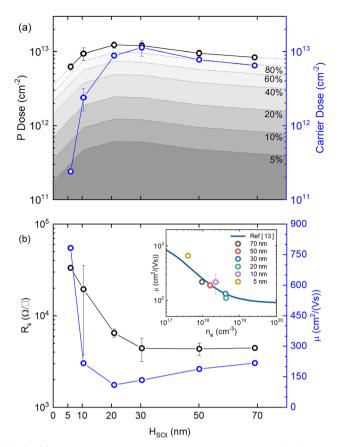


Fig. 2 (a) The total P dose computed from analysis of ToF-SIMS depth profiles (black) and the dose of charge carriers obtained by Hall measurements (blue) $versus\ H_{SOI}$ upon drive-in at 1000 °C. Dashed lines correspond to different dopant activation rates. (b) Sheet resistance R_s (black) and carrier mobility μ (blue) $versus\ H_{SOI}$. In the inset, μ versus the average carrier concentration n_e . Blue solid line indicates electron mobility in bulk Si.¹³

averaging the P doses obtained across several samples annealed in the same RTP conditions with the same nominal H_{SOI} . In the case where just one sample was prepared, the error bar was assumed to be around 10% of the dose determined from calibrated ToF-SIMS depth profiles. In the SOI samples with $H_{\rm SOI} > 6$ nm, $N_{\rm D}$ is found to be constant within experimental error. The average P dose was determined to be $N_{\rm D} \sim (1.0 \pm$ $(0.2) \times 10^{13}$ cm⁻². The N_D reduction that is observed in the 6 nm thick sample suggests that, in the case of ultra-thin SOI, a fraction of P atoms is lost because of P diffusion in the BOX, in agreement with previous studies about P diffusivity in Si and SiO₂ under similar annealing conditions.¹¹ Moreover, Fig. 1 shows an increasingly higher P signal at the device layer/BOX interface when reducing H_{SOI} , suggesting a significant P accumulation at the interface in ultra-thin films. It is worth noting that, although important matrix effects are expected to occur at the buried Si/SiO2 interface, preventing a quantitative estimation of the effective amount of P segregated at this interface by the ToF-SIMS signals, a qualitative comparison of the P concentration profiles in this region is assumed to be reliable since were obtained from samples that are nominally identical since they were cut from the same wafer and experienced the same thermal treatment. The combination of these P segregation and diffusion phenomena accounts for the low P dose in the 6 nm thick device layer.

Fig. 2a shows the dose of free electrons $(N_{\rm e})$ in the device layer, obtained by Hall measurements at room temperature, as a function of $H_{\rm SOI}$. In the limit of full ionization, the free carrier dose is assumed as an indicator of the dose of electrically active P atoms. Accordingly, the activation rate $\eta_{\rm a}$ is computed as the ratio $\eta_{\rm a} = N_{\rm e}/N_{\rm D}$. Almost complete activation and full ionization is achieved when $H_{\rm SOI} \geq 30\,$ nm, consistently with previous results. Apparently, the activation progressively drops when decreasing $H_{\rm SOI}$ below this threshold value, achieving a minimum $\eta_{\rm a} \sim 5\%$ when $H_{\rm SOI} \sim 6\,$ nm.

Fig. 2b reports the sheet resistance (R_s) and the carrier mobility (μ) values as a function of H_{SOI} . The carrier mobility (μ) is computed by combining R_s and Hall measurements according to the equation

$$\mu = (qN_{\rm e}R_{\rm s})^{-1},$$

where q is the elemental charge. The $R_{\rm S}$ value progressively increases when reducing of $H_{\rm SOI}$. Conversely, the mobility progressively decreases until $H_{\rm SOI} \sim 20$ nm, consistent with the idea of increased Coulomb scattering that correlates with the progressive increase in carrier concentration, that is observed taking into account the progressive reduction of $H_{\rm SOI}$. These mobility values are perfectly compatible with those reported for bulk ${\rm Si}^{13}$ as shown in the inset of Fig. 2b. Interestingly, a strong increase in electron mobility is observed when $H_{\rm SOI} < 20$ nm, with values higher than those reported for bulk Si. This trend is consistent with data in the literature for highly doped SOI samples and can be explained assuming that $H_{\rm SOI}$ reduction causes a transition from 3D to quasi-2D Coulomb scattering. 20

Fig. 3a depicts a schematic representation of ionized impurities and the effect of Coulomb scattering on an electron moving in a thick or ultra-thin doped SOI. When $H_{\rm SOI}$ is similar to the average distance between ionized impurities $\left(d_{\rm ave}=n_e^{\frac{1}{3}}\right)$, the number of Coulomb scattering ions surround-

ing an electron decreases because no ions exist outside the Si device layer plane. The reduced number of neighbor ionized dopants results in reduced Coulomb scattering and leads to enhanced mobility. To effectively describe this effect, it is necessary to consider both $H_{\rm SOI}$ and the concentration of ionized scattering centers. Following the procedure described by Kadotani *et al.*, we consider a new variable defined as $H_{\rm SOI}/d_{\rm ave}$. Interestingly, the relative mobility, *i.e.* the mobility increase with respect to the mobility expected for bulk Si, is found to increase when decreasing $H_{\rm SOI}/d_{\rm ave}$ (Fig. 3b). When $H_{\rm SOI}/d_{\rm ave} \sim 1$, a significant rise of the relative mobility is observed, with values even double those expected for bulk Si. It is worth noting that data follow the same universal curve irrespective of the annealing temperature, indicating that the model provides a consistent picture of the system. Fig. 3b

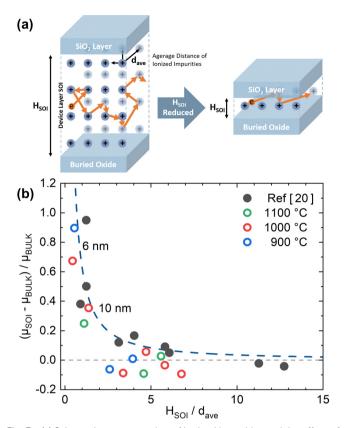


Fig. 3 (a) Schematic representation of ionized impurities and the effect of Coulomb scattering on an electron in a thick or ultra-thin SOI. (b) Relative mobility versus H_{SOI}/d_{ave} for SOI samples upon drive-in at different temperatures. Experimental data obtained in ultra-thin samples upon drive-in of the dopants at 900, 1000, and 1100 °C (open circles) are compared to those reported by Kadotani et al.²⁰ (black closed circles).

reports the electron mobility values of the SOI films annealed at 1000 °C for 100 s (red open circles). The results obtained from two other sets of samples are also shown in Fig. 3b. These SOI samples were prepared and characterized following the same sample preparation protocol but varying the temperature of the drive-in process of the dopants from 900 (blue open circles) to 1100 °C (green open circles). The duration of each annealing was properly adjusted to inject into the device layer the same $N_{\rm D} \sim 1.0 \times 10^{13} \ {\rm cm}^{-2}$. As shown in Fig. 3b, our experimental data, that were obtained from different sets of samples annealed in different RTP conditions, are fully compatible with those reported by Kadotani et al. (black closed symbols), particularly for the ultra-thin SOI samples, where the increased electron mobility is observed.²⁰

Data in Fig. 2a demonstrated a significant η_a reduction for $H_{\rm SOI} < 20$ nm. In principle, this $\eta_{\rm a}$ reduction could be ascribed to incomplete ionization associated to the variation of P concentration in the conductive channel. Fig. 4 shows the average P concentration in the device layer as obtained by ToF-SIMS analysis. P concentration progressively increases as H_{SOI} is reduced. The average electron carrier concentration $n_{\rm e}$ reported in Fig. 4, is derived as the ratio between the $N_{\rm e}$ value, obtained by Hall measurements, and H_{SOI} . The model of incomplete ionization

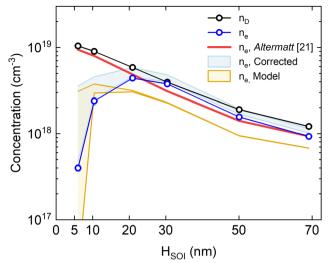


Fig. 4 The average P concentration obtained by ToF-SIMS analysis (black) and the carrier concentration computed by Hall measurements (blue) versus H_{SOI} upon drive-in at 1000 °C. The measured electron concentration corrected considering the effect of the $D_{\rm IT}$, the electron concentration predicted by the incomplete ionization model of Altermatt et al.²¹ and the range predicted by the 1D dielectric mismatch model of Bjork et al.²³ corrected considering the reduction of $E_{\rm l}$, are shown for comparison.

proposed by Altermatt et al. 21 predicts that the fraction of ionized P impurity atoms in bulk Si changes with the concentration of the dopants and exhibits a clear minimum at $n_D \sim 2 \times$ 10¹⁸ atoms cm⁻³. However, the model predicts that more than 80% of the dopants is expected to be ionized and, considering the P concentration range of this work, the percentage of ionized impurities is expected to increase as the P concentration increases, i.e., reducing H_{SOI} . The P concentration expected to be ionized at room temperature computed using the parametrization of Abenante²² of the model proposed by Altermatt et al.²¹ is shown (red solid line) in Fig. 4. The model correctly predicts, within the experimental error, the values recorded for the SOI samples with $H_{SOI} \geq 20$ nm but does not account for the strong decrease in η_a observed in ultra-thin SOI. When $H_{SOI} < 20$ nm, the model developed for bulk Si cannot be directly applied because interface and quantum confinement effects are expected to occur.

The first interface effect to be considered is the presence of interface state traps between the Si device layer and the surrounding oxides. Fig. 5a shows a scheme elucidating the effect of interface states in n-type-doped SOI. Interface states trap negative charges at the Si/SiO2 interface, resulting in a depletion of mobile charges near the interface.²⁴ As a result, the effective thickness of the conductive channel (H_{eff}) is lower than the physical thickness of the device layer (H_{SOI}) . The dimensions of the depleted region can be computed by solving the 1D Poisson equation, assuming both interfaces are identical, considering the full depletion approximation and imposing the charge neutrality condition. Fig. 5b shows H_{eff} plotted against H_{SOI} for various density of interface states (D_{IT}) values. As D_{IT} increases, H_{eff} is reduced considerably. It is worth noting that the graph was computed considering the average dopant

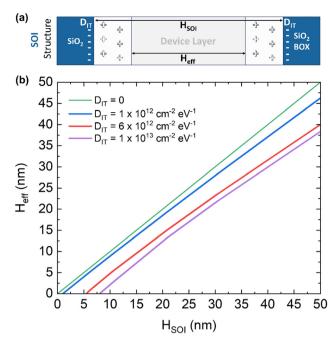


Fig. 5 (a) Schematic representation of the effect of trapped charge carries at the interfaces, reducing the effective thickness of the conductive channel (H_{eff}) . (b) H_{eff} versus H_{SOI} calculated solving the Poisson equation considering the average P concentration obtained by ToF-SIMS analysis.

concentration in the device layer obtained by ToF-SIMS analysis, which increases as H_{SOI} is reduced. Higher n_D leads to smaller depletion regions created by interface states, ultimately resulting in a small difference between $H_{\rm SOI}$ and $H_{\rm eff}$. Fig. 5b suggests a maximum $D_{\rm IT}$ value of $\sim 6 \times 10^{12}~{\rm cm}^{-2}~{\rm eV}^{-1}$. Above this threshold value, the model predicts that the 6 nm thick SOI should be fully depleted, resulting in no conduction during the electrical characterization. The correct $D_{\rm IT}$ value could vary when $H_{\rm SOI}$ is reduced. In particular, we expect a higher $D_{\rm IT}$ value as $n_{\rm D}$ is increased due to the enhanced segregation of the P dopants at the interfaces, potentially causing additional traps and dopinginduced defects. 25 Additionally, according to the literature, $D_{\rm IT}$ values between 1 and $6 \times 10^{12} \, \text{cm}^{-2} \, \text{eV}^{-1}$ are appropriate for nonpassivated Si/SiO₂ interfaces.^{26,27}

Accordingly, to correctly compute the average carrier concentration in the conductive layer, we must divide the Hall dose by H_{eff} . The corrected carrier concentration value in the conductive channel varies in the blue range shown in Fig. 4, which was computed considering the reduction of H_{eff} for D_{IT} values ranging between 1 and 6×10^{12} cm⁻² eV⁻¹. Fig. 4 clearly indicates that there is no significant difference when comparing the lower limit to the one without any effect of interface states. However, increasing the $D_{\rm IT}$ to 6×10^{12} cm⁻² results in a significant increase in the average carrier concentration in the conductive channel. The reduced dimensions of the conductive channel could contribute to the significant η_a reduction observed in Fig. 2a. However, the correct D_{IT} value may differ from the proposed upper limit, and even after considering the effects of interface states, the experimental data for ultra-thin SOI differ significantly from the values predicted by the model proposed by Altermatt et al. 21 (Fig. 4).

The second interface effects to be considered is the dielectric mismatch between Si and SiO2. This effect was highlighted in Si nanowires by Bjork et al. 23 Nanostructures usually exhibit sharp dielectric interfaces with their surroundings. These dielectric mismatches are responsible for significant self-energy corrections to the band structure. 28 When an electron is injected into a solid, it repels nearby valence electrons. 29 In nanostructures this charge accumulates around the dielectric interfaces in the vicinity of the impurity, leading to an extra term in the Coulomb potential.²⁸ The interaction between the electron and these image charges is responsible for the additional selfenergy correction to the band structure. The total charge seen far from the impurity as well as the potential is asymptotically unscreened.30 Diarra et al. theoretically studied dopant deionization due to dielectric mismatch between a nanowire and its surroundings. This additional contribution to the tight-band Hamiltonian leads to a strong increase in the ionization energy of the dopants.³⁰ Using their model, an expression for the change in impurity ionization energy $(E_{\rm I})$ with respect to the ionization energy in bulk Si $(E_{\rm I}^{\rm BULK})$ is obtained:

$$E_{\rm I} - E_{\rm I}^{
m BULK} pprox rac{2{
m e}^2}{arepsilon_{
m in}R} rac{arepsilon_{
m in} - arepsilon_{
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 (1)

where R is the effective radius of the nanowire, ε_{in} and ε_{out} are the dielectric constants of Si and surrounding respectively and F is a function of the dielectric ratio of the wire to the surroundings given by Niquet et al.28

The geometry of our system is planar rather than circular. However, following the 1D parametrization given by eqn (1), that we believe is accounting for the maximum contribution of the dielectric mismatch between Si and the surrounding, it is possible to determine the carrier concentration expected in the conductive channel, considering the contribution of dielectric mismatch. Moreover, in our system, n_D increases when H_{SOI} is reduced. As a consequence, $E_{\rm I}^{\rm BULK}$ cannot be kept constant, as it decreases when n_D is increased. E_I^{BULK} was then evaluated using the incomplete ionization model of Altermatt et al. 21 We assume that the two opposite contributions to $E_{\rm I}$, caused by the increase in n_D and the effect of dielectric mismatch can be independently determined and that their overall effect can be accounted by a simple additive procedure. The R parameter in eqn (1) was assumed as $H_{\text{eff}}/2$. The carrier concentration values expected considering the effect of the dielectric mismatch are reported in the bronze range in Fig. 4, for D_{IT} values between 1 and 6 \times 10¹² cm⁻² eV⁻¹. When $D_{\rm IT}$ increases, $H_{\rm eff}$ decreases, resulting in a higher $E_{\rm I}$ correction from eqn (1). Fig. 4 clearly demonstrates that interface effects start to be significant only when H_{SOI} < 20 nm. Above this thickness value, any variation of the $D_{\rm IT}$ produces no significant changes. Interestingly, the model significantly underestimates the fraction of ionized P impurities when $H_{SOI} \geq 20$ nm. The same effect was observed in the original paper of Bjork et al., in which less than 30% of dopants were assumed to be ionized at room temperature, even in the case of thick nanowires ($R \ge 30$ nm) and high P concentrations ($n_D = 3 \times 10^{19} \text{ cm}^{-3}$). In this respect, it is worth noting that the 1D dielectric mismatch parametrization is

based on the incomplete ionization model of Xiao et al., 31 which assumes a constant $E_{\rm I}^{\rm BULK}$ and strongly overestimates the incomplete ionization in bulk Si when $n_D > 10^{18} \text{ cm}^{-3.21}$ Correctly, when $H_{SOI} \ge 20$ nm, the experimental results were perfectly described by the incomplete ionization model for bulk Si of Altermatt et al. (red line in Fig. 4) further supporting the idea that above this threshold the system behaves like bulk silicon. Conversely, when H_{SOI} < 20 nm, E_{I} rapidly increases, and the proposed model predicts a significant dopant incomplete ionization. In particular, the model underestimates the ionization observed in the 6 nm thick SOI when $D_{\rm IT}$ = 1 \times 10¹² cm⁻² eV⁻¹ but tremendously overestimates the ionization when $D_{\rm IT} = 6 \times 10^{12} \ {\rm cm}^{-2} \ {\rm eV}^{-1}$, with $n_{\rm e}$ values dropping lower than 3 \times 10¹⁶ cm⁻³. In this $D_{\rm IT}$ range, $n_{\rm e}$ values predicted by the 1D dielectric mismatch model overlap the n_e values measured and corrected to account for the reduction of Heff. Consequently, the strong incomplete ionization observed in ultra-thin SOI samples could be tentatively described by the increase in $E_{\rm I}$, assuming a $D_{\rm IT}$ value in the proposed range.

Conclusions

In conclusion, this work investigates the electrical properties of P doped ultra-thin SOI. The annealing treatment efficiently promotes diffusion and incorporation of P atoms in the SOI. If $H_{SOI} \geq 20$ nm, the percentage of active dopants at room temperature is perfectly described by the incomplete ionization model of Altermatt et al. 21 and the samples behave as bulk-like, perfectly matching the electrical properties of a similarly doped bulk Si substrate. 11 If H_{SOI} < 20 nm, a significant increase in carrier mobility is observed, with values even greater than those reported for bulk Si.13 Moreover, a significant dopant incomplete ionization is observed for ultra-thin SOI, with η_a values dropping below 5%. Accordingly, the model developed for bulk Si²¹ must be corrected considering the contribution of interface effects due to depleted regions resulting from interface traps and dielectric mismatch between Si and SiO2. The proposed model was able to qualitatively describe the experimental data in the case of ultra-thin SOI, but it significantly overestimates the effect of incomplete ionization when $H_{SOI} \ge 20$ nm. A 2D parametrization to account for the dielectric mismatch contribution in planar geometry would be necessary to improve the accuracy of the proposed model and properly discriminate between interface effects and quantum confinement corrections that were not considered in this study, even though they are expected to play a role in SOI samples with H_{SOI} < 10 nm, i.e. when H_{SOI} is approximately 2 times the effective Bohr radius of P in Si.32

Author contributions

Andrea Pulici: writing - original draft, investigation, formal analysis, data curation. Stefano Kuschlan: writing - review & editing, investigation. Gabriele Seguini: writing - review & editing, investigation. Marco De Michielis: writing - review & editing,

investigation, formal analysis, data curation. Riccardo Chiarcos: writing - review & editing. Michele Laus: writing - review & editing, supervision. Marco Fanciulli: writing - review & editing, supervision. Michele Perego: writing - original draft, supervision, formal analysis, data curation, conceptualization.

Data availability

The data that support the findings of this study are available from the corresponding author upon reasonable request.

Conflicts of interest

The authors have no conflicts to disclose.

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