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# Ultrafast photophysics of an orange-red thermally activated delayed fluorescence emitter: the role of external structural restraint<sup>†</sup>

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The application of thermally activated delay fluorescence (TADF) emitters in the orange-red regime usually suffers from the fast non-radiative decay of emissive singlet states ( $k_{\rm NR}^S$ ), leading to low emitting efficiency in corresponding organic light-emitting diode (OLED) devices. Although  $k_{\rm NR}^S$  has been quantitatively described by energy gap law, how ultrafast molecular motions are associated with the  $k_{\rm NR}^S$  of TADF emitters remains largely unknown, which limits the development of new strategies for improving the emitting efficiency of corresponding OLED devices. In this work, we employed two commercial TADF emitters (**TDBA-Ac** and **PzTDBA**) as a model system and attempted to clarify the relationship between ultrafast excited-state structural relaxation (ES-SR) and  $k_{\rm NR}^S$ . Spectroscopic and theoretical investigations indicated that  $S_1/S_0$  ES-SR is directly associated with promoting vibrational modes, which are considerably involved in electronic-vibrational coupling through the Huang-Rhys factor, while  $k_{\rm NR}^S$  is largely affected by the reorganization energy of the promoting modes. By restraining  $S_1/S_0$  ES-SR in doping films, the  $k_{\rm NR}^S$  of TADF emitters can be greatly reduced, resulting in high emitting efficiency. Therefore, by establishing the connection among  $S_1/S_0$  ES-SR, promoting modes and  $k_{\rm NR}^S$  of TADF emitters, our work clarified the key role of external structural restraint for achieving high emitting efficiency in TADF-based OLED devices.

### Introduction

Organic light-emitting diode (OLED) technology is becoming increasingly attractive due to its great potential for ultra-high definition (UHD) displays. <sup>1-5</sup> As a key factor in the performance of OLED devices, external quantum efficiency ( $\eta_{\rm EQE}$ ) is described as the ratio between the number of emitted photons and number of injected carriers. In most cases, the  $\eta_{\rm EQE}$  of OLED devices can be expressed as the product of several contributing terms: <sup>6,7</sup>

$$\eta_{\rm EQE} = \gamma \times \eta_{\rm EUE} \times \Phi_{\rm F} \times \eta_{\rm out} \tag{1}$$

where the carrier balance factor  $(\gamma)$  and output coupling factor  $(\eta_{\text{out}})$  are associated with the device design and fabrication, respectively, while exciton utilization efficiency  $(\eta_{\text{EUE}})$  and fluorescent quantum yield  $(\Phi_{\text{F}})$  are regarded as intrinsic properties of the emitters and are associated with corresponding excited-state processes. Spin statistics show that the

recombination of injected electrons and holes leads to 25% singlet and 75% triplet states in OLED emitting layers, respectively, s,9 while  $\eta_{\rm EUE}$  gives the fraction of excited states that can decay to the ground state radiatively. Since  ${\rm T_1} \to {\rm S_0}$  decay is spin-forbidden,  $\eta_{\rm EUE}$  is largely determined by the quantum yield  $(\Phi_{\rm RISC})$  of the reverse intersystem crossing (RISC,  ${\rm T_1} \to {\rm S_0}$ , with rate constant of  $k_{\rm RISC}$ ), which competes with other  ${\rm T_1}$  relaxation routes (radiative  $k_{\rm R}^{\rm T}$  and non-radiative  $k_{\rm NR}^{\rm T}$ , Fig. S1†):10,11

$$\eta_{\rm EUE} \propto \Phi_{\rm RISC} = \frac{k_{\rm RISC}}{k_{\rm RISC} + k_{\rm R}^{\rm T} + k_{\rm NR}^{\rm T}} \tag{2}$$

Enormous efforts have been made towards designing thermally activated delayed fluorescence (TADF) emitters with minimized singlet–triplet energy gap ( $\Delta E_{\rm ST}$ ) and enhanced spin–orbit coupling (SOC) to enable thermal conversion of  $T_1 \rightarrow S_1$ , which can potentially push  $\eta_{\rm EUE}$  to  $\sim 100\%$ . Since the  $k_{\rm RISC}$  of TADF emitters is usually on a time scale of  $10^3-10^5$  s<sup>-1</sup>,  $\eta_{\rm EUE}$  is generally associated with slow dynamics of TADF emitters, which has been intensively investigated. Also designing thermally significant signi

In addition to the efficient utilization of current-generated triplet states, the  $\Phi_{\rm F}$  of TADF emitters greatly affects the  $\eta_{\rm EQE}$  of the corresponding OLED devices, which describes the ratio of singlet (S<sub>1</sub>) states that can be radiatively relaxed to the S<sub>0</sub> state, *i.e.*, competing plausible relaxation channels for the S<sub>1</sub> state (Fig. S1†):<sup>19-21</sup>

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$$\Phi_{\rm F} = \frac{k_{\rm R}^{\rm S}}{k_{\rm R}^{\rm S} + k_{\rm NR}^{\rm S} + k_{\rm ISC}} \tag{3}$$

In addition,  $\Phi_{\rm F}$  includes a contribution from the S<sub>1</sub> state directly generated by injected carriers ( $\Phi_{PF}$ , prompt fluorescence) and converted from the  $T_1$  state ( $\Phi_{DF}$ , delayed fluorescence):

$$\Phi_{\rm F} = \Phi_{\rm PF} + \Phi_{\rm DF} \tag{4}$$

For organic TADF emitters,  $k_{\rm ISC}$  is usually slow  $(10^7-10^8$ s<sup>-1</sup>), 16,22 for which the presence of rapid non-radiative decay is a key factor that can significantly reduce the  $\Phi_{\rm F}$  of TADF emitters. In a weak coupling regime, the rate constant of the S<sub>1</sub> state non-radiative decay  $(k_{NR}^S)$  with energy gap  $(\Delta E_{S_s-S_s})$  and electronic coupling (C) can be described as<sup>23–25</sup>

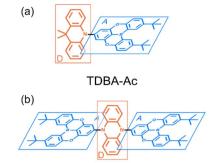
$$k_{\rm NR}^{\rm S} = \frac{C^2 \sqrt{2\pi}}{\hbar \sqrt{\hbar \omega_{\rm M} \Delta E_{\rm S_1 - S_0}}} \exp \left\{ -\frac{\Delta E_{\rm S_1 - S_0}}{\hbar \omega_{\rm M}} \left[ \ln \left( \frac{\Delta E_{\rm S_1 - S_0}}{l \lambda_{\rm M}} \right) - 1 \right] \right\}$$

where  $\omega_{\rm M}$  and  $\lambda_{\rm M}$  represent the frequency and reorganization energy contribution of the promoting vibrational mode, while l is the number of involved vibrational modes. By assuming l = 1, eqn (5) can be simplified to the famous energy gap law with the molecule-specific parameter  $\gamma$  as<sup>21,25–27</sup>

$$k_{\rm NR}^{\rm S} \propto \exp\left(-\frac{\gamma \Delta E_{\rm S_1-S_0}}{\hbar \omega_{\rm M}}\right)$$
 (6)

which indicates that  $k_{\rm NR}^{\rm S}$  increases exponentially with the reduction of the  $S_1 \rightarrow S_0$  energy gap  $(\Delta E_{S_1-S_0})$ , leading to challenges in the design of long-wavelength TADF emitters with high  $\Phi_{\rm F}$ . <sup>28-31</sup> As a result, reported TADF emitters in the blue to green regime largely exhibit considerably high  $\Phi_{\mathrm{F}}$ , 32-34 while the  $\eta_{\rm EOE}$  of the corresponding OLED devices are primarily affected by RISC. In contrast, the small  $\Delta E_{S_1-S_0}$  of orange-red TADF emitters leads to fast  $k_{NR}^{S}$  competing with the radiative decay of the  $S_1$  state, resulting in a low  $\Phi_F$  and subsequently an unsatis factory  $\eta_{\rm EOE}$  for OLED devices, although up to 100%  $\eta_{\rm EUE}$  can be expected via efficient RISC. 19,28,35-37

Recently, enormous efforts have been made towards developing long-wavelength TADF-based OLED devices with a high  $\eta_{\rm EOE}$ , 28,35 in which the low  $\Phi_{\rm F}$  of TADF emitters is usually regarded as the main obstacle.28,38-40 Therefore, one can expect opportunities to further improve the  $\eta_{\rm EQE}$  of TADF-based longwavelength OLED devices by somehow effectively slowing down the  $k_{NR}^{S}$  rate. 41-44 Recently, Kwon and co-workers reported an acceptor-donor-acceptor (ADA) type TADF emitter (PzTDBA, Scheme 1) and realized >30% of the  $\eta_{\rm EQE}$  of orange-red OLED devices.45 Although the excited-state mechanism that is responsible for the high  $\eta_{\rm EOE}$  is still ambiguous, the reported  $\sim$ 100%  $\Phi_{\rm F}$  of **PzTDBA** in doping films indicates that nonradiative decay of the S<sub>1</sub> state is nearly terminated, which seems to violate the well-known energy gap law (eqn (6)). Therefore, understanding the underlying ultrafast photophysics that is associated with the slow  $k_{NR}^{S}$  of **PzTDBA** might provide inspiration for designing high-performance TADF emitters in the long-wavelength regime.



Scheme 1 Illustrated chemical structure of investigated TADF emitters: (a) TDBA-Ac, D-A type; (b) PzTDBA, A-D-A type. The charge donors and acceptors are displayed in blue and red, respectively.

P<sub>2</sub>TDBA

In this work, the ultrafast photophysics of an orange-red TADF emitter (PzTDBA, ADA-type) and its DA-type analogue (TDBA-Ac, deep-blue) was investigated using femtosecond transient absorption (fs-TA), time-resolved fluorescence (tr-FL) and theoretical vibrational analysis.46 Compared with the onestep D-A twisting of the TDBA-Ac emitter, PzTDBA exhibits two-step S<sub>0</sub>/S<sub>1</sub> excited-state structural relaxation (ES-SR), i.e. fast D-A twisting and slow planarization of the Pz group. The promoting vibrational modes associated with the S<sub>0</sub>/S<sub>1</sub> ES-SR motions of the TDBA-Ac and PzTDBA emitters were theoretically identified, which dominate the electronic-vibrational coupling (EVC) of the S<sub>1</sub> state. Meanwhile, promoting modes contribute to fast  $k_{NR}^{S}$  through the corresponding reorganization energy contribution ( $\lambda_M$ ). In doping films, the  $S_0/S_1$  ES-SR motions of PzTDBA are suppressed by external structural restraint, which greatly slows down  $k_{\rm NR}^{\rm S}$  and leads to  $\sim 100\% \ \Phi_{\rm F}$ . Our work established the connection among the S<sub>0</sub>/S<sub>1</sub> ES-SR, promoting modes and S1 state non-radiative decay and indicated the key role of medium rigidity in improving the emitting efficiency of TADF emitters, which should provide inspiration for the future development of TADF emitters.

#### Results and discussion

#### Low-lying excited states and steady state spectra

Fundamental photophysics of TDBA-Ac and PzTDBA emitters were first investigated in solvents with different polarities (Table S1†). In OLED devices, TADF emitters are usually doped in a wide-bandgap organic semiconductor as the host. To avoid multi-photon excitation of the host in fs-TA experiments, we prepared doping films (2 wt%) of TADF emitters by employing polystyrene (PS) as the host, and the polarity of the PS medium  $(\varepsilon = 2.6 - 2.7, \Delta f = 0.03)$  was determined to be comparable with toluene (Fig. S2†).47,48 The UV/Vis absorption and fluorescence spectra of the TDBA-Ac and PzTDBA emitters in various solutions and films (2 wt%) can be seen in Fig. 1 and S3.† The TD-DFT (M06-2X/6-311G\*\*, PCM = toluene) calculated vertical lowlying singlet and triplet states  $(S_1-S_3, T_1-T_3)$  are listed in Table S2† with the visualized distribution of frontier orbitals (HOMO−2 to LUMO+2) shown in Table S3.† The lowest-lying S<sub>1</sub>

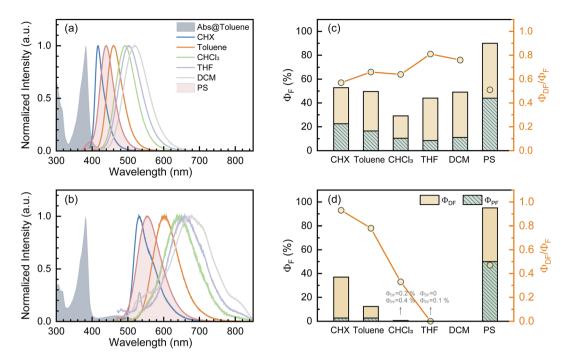


Fig. 1 The steady UV/vis absorption and fluorescence spectra of TDBA-Ac (a) and PzTDBA (b) in various solutions and PS doping films. Measured total fluorescence quantum yield ( $\Phi_{\text{PF}}$ ), corresponding prompt ( $\Phi_{\text{PF}}$ ) and delayed ( $\Phi_{\text{DF}}$ ) contribution, as well as the related contribution of the delayed component ( $\Phi_{\text{DF}}/\Phi_{\text{F}}$ ) of TDBA-Ac (c) and PzTDBA (d).

states of **TDBA-Ac** and **PzTDBA** are dominated by the H  $\rightarrow$  L transition, corresponding to the charge transfer state (noted as  $^{1}$ CT<sub>DA</sub>) with low oscillator strength, which can be seen as weak absorption of **TDBA-Ac** (400–450 nm) and **PzTDBA** (420–540 nm). Upon UV excitation, solvatochromism was observed for **TDBA-Ac** and **PzTDBA**, indicating that the fluorescence emission originated from the lowest-lying  $^{1}$ CT<sub>DA</sub> state.  $^{49,50}$  Intriguingly,  $\sim$ 1000 cm $^{-1}$  (**TDBA-Ac**) and  $\sim$ 1400 cm $^{-1}$  (**PzTDBA**) blueshifted emissions were observed in PS doping films compared to in toluene (comparable polarity), indicating the presence of multifaceted interactions, which are discussed below.

The  $T_1$  state of **TDBA-Ac** was identified as a local excited state on the acceptor (noted as  $^3LE_A$ ) while the  $T_1$  excitation of **PzTDBA** was localized on the donor ( $^3LE_D$ ), which allows direct  $T_1 \rightarrow S_1$  RISC ( $^3LE_{D/A} \rightarrow \ ^1CT_{DA}$ ). $^{51,52}$  Meanwhile, the  $T_2$  states of **TDBA-Ac** and **PzTDBA** were recognized as charge transfer states ( $^3CT_{DA}$ ). With identical orbital wavefunction to the  $^1CT_{DA}$  state, the corresponding  $T_2 \rightarrow S_1$  RISC ( $^3CT_{DA} \rightarrow \ ^1CT_{DA}$ ) is forbidden. $^{51,52}$  By further confirming the CT/LE nature of lowlying singlet/triplet states through natural transition orbital (NTO) analysis (Fig. S4 and S5†) and hole–electron analysis (Table S4†), $^{53,54}$  the  $T_1 \rightarrow S_1$  ( $^3LE_{D/A} \rightarrow \ ^1CT_{DA}$ ) transition was assigned as the accessible RISC channel that is responsible for the delayed fluorescence of **TDBA-Ac** and **PzTDBA**.

The thermally accessible  $\Delta E_{\rm ST}$  is critical for RISC, while estimating  $\Delta E_{\rm ST}$  through the vertical excitation energy of S<sub>1</sub> and T<sub>1</sub> states was reported to be unreliable.<sup>55</sup> Thus, we further optimized the S<sub>1</sub> and T<sub>1</sub> geometry of the **TDBA-Ac** and **PZTDBA** emitters to estimate adiabatic  $\Delta E_{\rm ST}^*$ . As listed in Table 1, **TDBA-Ac** and **PZTDBA** exhibit  $\Delta E_{\rm ST}^*$  of  $\sim$ 0.3 eV and  $\sim$ 0.26 eV in low-

polarity media (CHX and TOL,  $\Delta f < 0.02$ ), respectively, facilitating RISC for harvesting  $T_1$  states with moderate  $\langle S_1|\hat{H}_{SO}|T_1\rangle$ . However, increasing to medium polarity (in DCM,  $\Delta f = 0.22$ ) leads to enlarged  $\Delta E_{ST}^*$  (>0.33 eV) for **TDBA-Ac** and **PZTDBA** with nearly unchanged  $\langle T_1|\hat{H}_{SO}|S_1\rangle$ , which might explain the reduced RISC rate ( $k_{RISC}$ ). Note that the vertical ( $\Delta E_{ST}$ ) and adiabatic ( $\Delta E_{ST}^*$ ) singlet-triplet energy gap does not have a certain magnitude relationship as it depends on multiple factors, such as the different ES-SR in the  $S_1/T_1$  states and steepness of the corresponding potential energy surface (PES), which are simplified as schematic diagrams (Fig. S6†). The total  $\Phi_F$  and corresponding prompt/delayed ( $\Phi_{PF}/\Phi_{DF}$ ) contribution of **TDBA-Ac** and **PzTDBA** were further measured in different solutions

**Table 1** TDDFT calculated vertical (*E*) and adiabatic (*E\**) excitation energy of the lowest-lying ( $S_1$ ,  $T_1$ ) states and corresponding energy gaps ( $\Delta E_{ST}$ ,  $\Delta E_{ST}^*$ ) of **TDBA-Ac** and **PzTDBA** in different mediums using PCM as the model; SOC matrix elements for ISC ( $\langle S_1|\hat{H}_{SO}|T_1\rangle$ ) and RISC ( $\langle T_1|\hat{H}_{SO}|S_1\rangle$ ) were calculated by using the linear response approach

	TDBA-Ac			PzTDBA			
	CHX	TOL	DCM	CHX	TOL	DCM	
$E(S_1)/eV$	3.617	3.626	3.667	3.130	3.142	3.207	
$E(T_1)/eV$	3.250	3.251	3.252	3.015	3.014	3.010	
$\Delta E_{\rm ST}/{\rm eV}$	0.367	0.375	0.415	0.115	0.128	0.197	
$E*(S_1)/eV$	3.474	3.482	3.509	2.792	2.804	2.861	
$E*(T_1)/eV$	3.173	3.173	3.174	2.539	2.538	2.531	
$\Delta E_{\rm ST}^*/{\rm eV}$	0.301	0.309	0.335	0.253	0.266	0.330	
$\langle S_1   \hat{H}_{SO}   T_1 \rangle / cm^{-1}$	0.338	0.339	0.294	0.016	0.018	0.058	
$\langle T_1   \hat{H}_{SO}   S_1 \rangle / cm^{-1}$	0.341	0.341	0.341	0.053	0.052	0.058	

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and PS doping films. As illustrated in Fig. 1c, TDBA-Ac exhibits nearly solvent-independent  $\Phi_{\rm F}$  (30–50%). With increasing solvent polarity, the solvation of the <sup>1</sup>CT<sub>DA</sub> (S<sub>1</sub>) state and unchanged energy level of the <sup>3</sup>LE<sub>A</sub> (T<sub>1</sub>) state resulted in reduced  $\Delta E_{\rm ST}$ , <sup>50,56</sup> which is consistent with the observed increasing of the  $\Phi_{\rm DF}$  contribution ( $\Phi_{\rm DF}/\Phi_{\rm F}$ , Fig. 1c). Upon optical excitation, S<sub>1</sub>  $\rightarrow$  T<sub>1</sub>  $\rightarrow$  S<sub>1</sub> is the only feasible channel for delayed fluorescence,  $^{\scriptscriptstyle 17,38,57}$  and increased  $\Phi_{
m DF}/\Phi_{
m F}$  might correspond to higher  $\Phi_{\rm ISC}$  and  $\Phi_{\rm RISC}$ . In contrast, the  $\Phi_{\rm F}$  of **PzTDBA** rapidly decreased from 37% in non-polar CHX to undetectably low in polar mediums, which implies different relaxation of the photogenerated S<sub>1</sub> state. Intriguingly, TDBA-Ac and PzTDBA exhibit nearly 100%  $\Phi_{\rm F}$  and an evenly divided contribution of  $\Phi_{\rm PF}$  and  $\Phi_{\rm DF} \left( \Phi_{\rm DF} / \Phi_{\rm F} \approx 50\% \right)$  in PS doping films, indicating that the S<sub>1</sub> state decay is dominantly radiative, while all ISC-generated T<sub>1</sub> states can be harvested through subsequent RISC. Considering the importance of  $\Phi_{\rm F}$ , resolving the photophysics behind the fully radiative relaxation of orange-red PzTDBA in doping film would be of high interest.

#### tr-FL and excited-state relaxation

The time-resolved fluorescence (tr-FL) measurements of **TDBA-Ac** and **PzTDBA** were further performed by time-correlated single-photon counting (TCSPC) upon excitation at  $\lambda_{ex} = 400 \text{ nm}$ 

The resulting traces were fitted as the sum of prompt  $(\tau_{\rm PF})$  and delayed  $(\tau_{\rm DF})$  components (Fig. S7, S8† and Table 2). Combining with measured  $\Phi_{\rm PF}$  and  $\Phi_{\rm DF}$ , the rate constants for ISC (S<sub>1</sub>  $\rightarrow$  T<sub>1</sub>,  $k_{\rm ISC}$ ) and RISC (T<sub>1</sub>  $\rightarrow$  S<sub>1</sub>,  $k_{\rm RISC}$ ) as well as corresponding  $\Phi_{\rm ISC}$  and  $\Phi_{\rm RISC}$  were estimated (Table 2). With calculated SOC matrix elements  $(\langle {\rm S}_1|\hat{H}_{\rm SO}|{\rm T}_1\rangle$  and  $\langle {\rm T}_1|\hat{H}_{\rm SO}|{\rm S}_1\rangle)$ , we attempted to reproduce the experimentally extracted values of  $k_{\rm ISC}$  and  $k_{\rm RISC}$  using the thermal vibration correlation function (TVCF)<sup>16,54,58</sup> and semi-classical Marcus<sup>59,60</sup> approaches. However, as shown in Table S5,† TVCF and Marcus approaches

failed to describe  $k_{\rm ISC}$  and  $k_{\rm RISC}$ , which might be attributed to the ignorance of non-Condon effects, such as Herzberg–Teller coupling and spin–vibronic coupling.<sup>61-63</sup> Meanwhile, we noticed that calculation errors for the  $k_{\rm ISC}$  of **PzTDBA** are much more significant than for **TDBA-Ac**, which might imply higher structural flexibility of **PzTDBA** and will be discussed in detail below. By further estimating the experimental values of  $k_{\rm R}^S$ ,  $k_{\rm NR}^S$  and  $k_{\rm NR}^T$  (Table 2), the quantitative contribution of the plausible relaxation channels was calculated for the S<sub>1</sub> and T<sub>1</sub> states.

As visualized in Fig. 2, the  $S_1$  relaxation of **TDBA-Ac** is dominated by the slightly increased ISC with increased solvent polarity, while the ISC-generated  $T_1$  states can be converted to  $S_1$  with nearly identical  $\Phi_{RISC}$ , which leads to the nearly unchanged  $\Phi_F$  of **TDBA-Ac** in CHX (0.53), TOL (0.49) and DCM (0.47). In contrast, although ISC still dominates the  $S_1$  decay of **PZTDBA** in CHX and TOL, the generated  $T_1$  states largely decay non-radiatively to  $S_0$  rather than thermally converting to  $S_1$  via RISC, for which a low  $\Phi_F$  was observed in CHX (0.37) and TOL (0.13). In high-polarity DCM, the  $S_1$  decay of **PZTDBA** is predominately occupied by the non-radiative path to  $S_0$ , leading to an undetectable  $\Phi_F$  (<0.01), which might be attributed to the exponentially increased  $k_{NR}^S$  described by band-gap law with the reducing of the  $S_1 \rightarrow S_0$  energy gap ( $\Delta E_{S_1-S_0}$ ).

Intriguingly, **TDBA-Ac** and **PzTDBA** exhibit nearly identical pattern of  $S_1$  and  $T_1$  decay in PS doping films, which is largely differed with observation in solutions. The  $S_1$  decay of **TDBA-Ac** and **PzTDBA** in PS doping films are dominated by equally divided radiative decay  $(S_1 \rightarrow S_0)$  and ISC  $(S_1 \rightarrow T_1)$ , while ISC-generated  $T_1$  states can be further converted to  $S_1$  through efficient RISC ( $\Phi_{RISC} > 0.9$ ). Due to negligible role of non-radiative path in both  $S_1$  (<5%) and  $T_1$  (<10%) state decay, **TDBA-Ac** and **PzTDBA** exhibit unexpectedly high  $\Phi_F$  in PS doping films, which agrees with the reported high  $\eta_{EQE}$  of corresponding OLED devices. 45,46 However, such high  $\Phi_F$  (0.95) of

Table 2 Measured photophysical data for the TDBA-Ac and PzTDBA emitters in N2-saturated solutions and PS doping films

	TDBA-Ac				PzTDBA			
	<sup>a</sup> CHX	<sup>a</sup> TOL	<sup>a</sup> DCM	<sup>b</sup> PS	<sup>a</sup> CHX	<sup>a</sup> TOL	<sup>a</sup> DCM	<sup>b</sup> PS
$ au_{ ext{PF}}/ ext{ns}$	6.72	21.35	36.15	14.12	8.70	23.95	13.62	38.25
$\tau_{\mathrm{DF}}/\mu s$	0.15	0.14	0.48	1.21	0.10	0.29	0.23	1.10
$\Phi_{ m F}$	0.53	0.49	0.47	0.90	0.37	0.13	< 0.01	0.95
$\Phi_{ ext{PF}}$	0.23	0.16	0.11	0.44	0.03	0.03	< 0.01	0.50
$\Phi_{ m DF}$	0.30	0.33	0.36	0.46	0.34	0.10	0	0.45
$f_{oldsymbol{\Phi}_{ ext{ISC}}}$	0.57	0.67	0.78	0.51	0.93	0.78	0	0.47
$^g\Phi_{ m RISC}$	0.39	0.39	0.43	0.82	0.35	0.10	0	0.90
$^{c}k_{\mathrm{PF}}/10^{7}~\mathrm{s}^{-1}$	14.88	4.69	2.77	7.14	11.49	4.17	7.35	2.63
$^{d}k_{\rm R}^{\rm S}/10^{6}~{\rm s}^{-1}$	33.48	7.70	3.05	31.43	3.10	1.13	_	13.16
$^{e}k_{\mathrm{NR}}^{\mathrm{S}}/10^{6}\;\mathrm{s}^{-1}$	30.29	7.82	3.16	3.49	5.28	8.02	73.46	0.69
$^{d}k_{\rm ISC}/10^{7}~{\rm s}^{-1}$	8.50	3.14	2.15	3.65	10.66	3.25	_	1.25
$^{c}k_{\mathrm{DF}}/10^{6}\ \mathrm{s}^{-1}$	3.57	3.54	1.01	0.74	3.63	0.43	_	0.86
$^{d}k_{\rm RISC}/10^{5}~{\rm s}^{-1}$	18.75	17.57	4.98	6.69	13.42	0.52	_	8.20
$^{d}k_{\rm NR}^{\rm T}/10^{5}~{\rm s}^{-1}$	31.50	32.55	9.60	4.49	35.91	4.24	_	4.53

 $<sup>^</sup>a$  Concentration of 10<sup>-5</sup> M.  $^b$  Doping concentration of 2 wt%.  $^c$  Calculated by  $k_{\mathrm{PF}} = 1/\tau_{\mathrm{PF}}$  and  $k_{\mathrm{DF}} = 1/\tau_{\mathrm{DF}}$ .  $^d$  Rate constants  $k_{\mathrm{R}}^S$ ,  $k_{\mathrm{ISC}}$ ,  $k_{\mathrm{RISC}}$  and  $k_{\mathrm{NR}}^{\mathrm{T}}$  were calculated using the method described by Adachi *et al.*<sup>10,19</sup>  $^e$  Calculated using  $k_{\mathrm{NR}}^S = k_{\mathrm{PF}} - k_{\mathrm{R}}^S - k_{\mathrm{ISC}}$ .  $^f$  Calculated using  $\Phi_{\mathrm{ISC}} = k_{\mathrm{ISC}}/(k_{\mathrm{ISC}} + k_{\mathrm{R}}^S + k_{\mathrm{NR}}^S)$ .  $^g$  Calculated using  $\Phi_{\mathrm{RISC}} = \Phi_{\mathrm{DF}}/(1 - \Phi_{\mathrm{PF}})$ .

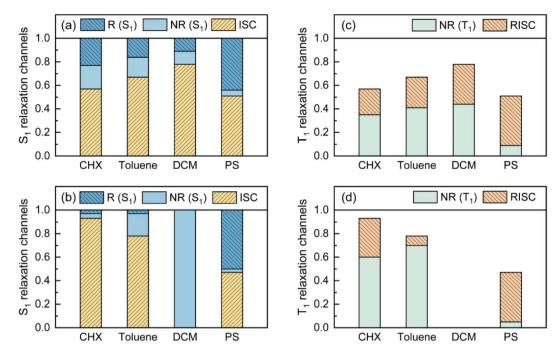


Fig. 2 Visualized contribution of ISC  $(S_1 \to T_1)$ , radiative  $(R, S_1 \to S_0)$  and non-radiative  $(NR, S_1 \to S_0)$  decay of  $S_1$  state for TDBA-Ac (a) and PzTDBA (b) in various solutions and PS doping films. Contribution of RISC  $(T_1 \to S_1)$  and non-radiative  $(NR, T_1 \to S_0)$  decay of  $T_1$  state for TDBA-Ac (c) and PzTDBA (d) in various solutions and PS doping films, radiative decay of  $T_1$  state was ignored due to low contribution.

**PzTDBA** observed in PS doping film seems to be inconsistent with the energy gap law, implying unique photophysics by which non-radiative decay of S<sub>1</sub> state can be greatly suppressed.

#### fs-TA and structural relaxation

The fs-TA signal upon UV excitation ( $\lambda_{\rm ex}=320$  nm) of **TDBA-Ac** and **PzTDBA** in CHX solution and PS doping film were recorded by broadband probe ( $\lambda_{\rm probe}=350$ –750 nm) with delay times up to 7.0 ns, and the temporal resolution of fs-TA was measured to be ~90 fs. As shown in Fig. S9 and S10,† the measured fs-TA signals of **TDBA-Ac** and **PzTDBA** are contributed by negative ground-state bleaching (GSB) in the  $\lambda_{\rm probe}=350$ –400 nm regime, and the positive excited-state absorption (ESA) band extended in the longer wavelength region up to  $\lambda_{\rm probe}=750$  nm.

Upon UV excitation, high-lying  $S_n$  states can be populated, followed by rapid internal conversion (IC,  $S_n \rightarrow S_1$ ) to the long-lived  $S_1$  state, which explains the dramatically reshaped ESA in the 1 ps delay time. <sup>64,65</sup> For the subsequent delay times of 1 ps to 1 ns, fs-TA evolution visualizes wavepacket motion that highly depends on the topology of  $S_1$  PES. <sup>41,66–68</sup> For instance, the role of the excited-state structural relaxation (ES-SR) in the  $S_1$  state decay of DA- and DAD/ADA-type TADF emitters has been intensively reported. <sup>69–73</sup> Suffering from the poor structural sensitivity of UV/Vis fs-TA,  $S_1/S_0$  ES-SR usually leads to minimized alternation of the ESA shape, which is consistent with the observed fs-TA of TDBA-Ac and PzTDBA for 1 ps to 1 ns delay times. <sup>41,74</sup>

For characterizing  $S_1/S_0$  ES-SR, the geometries of **TDBA-Ac** and **PzTDBA** in the  $S_0$ ,  $S_1$  and  $T_1$  states were optimized using DFT and TD-DFT approaches. The resulting structures are

illustrated in Table S6,† while total reorganization energies  $(\lambda_{S_0 \to S_1}$  and  $\lambda_{S_1 \to S_0})$  were calculated for evaluating the ES-SR of the TDBA-Ac and PzTDBA emitters together with the root of the mean squared displacement (RMSD<sub>S,/S<sub>0</sub></sub>) between the S<sub>0</sub> and S<sub>1</sub> states (Fig. S11†). As listed in Table 3, the calculated values of  $\lambda_{S_n \to S_n}$ ,  $\lambda_{S_n \to S_n}$  and RMSD<sub>S<sub>1</sub>/S<sub>0</sub></sub> indicate a more pronounced ES-ER of PzTDBA in the S<sub>1</sub> state than TDBA-Ac, which obviously cannot be attributed to structural extension (DA to ADA structure) as the total reorganization energy and RMSD are not additive. To evaluate the contribution of each of the molecular fragments of the TDBA-Ac and PzTDBA emitters to the ES-SR, several critical structural parameters were defined, as illustrated in Fig. S12† and measured (Table 3) for the S<sub>0</sub> and S<sub>1</sub> states. Upon vertical excitation, TDBA-Ac and PzTDBA initially remain in So geometry in the Franck-Condon (FC) region, following by ES-SR until reaching the global minimum of S<sub>1</sub> PES, i.e. optimized S<sub>1</sub> geometry. For TDBA-Ac, S<sub>1</sub>/S<sub>0</sub> ES-SR featured a slight increase in the D-A twisting angle  $\beta$  from 89.82° ( $S_1^{FC}$ ) to 92.00° ( $S_1^{T}$ ), while the dihedral angles of the Ac  $(\alpha)$  and TDBA  $(\gamma)$  framework bending remained nearly unchanged in the S<sub>1</sub> state decay. In contrast, ADA-type PzTDBA exhibits higher flexibility than that of TDBA-Ac. In addition to the fast motion of the D-A twisting  $(S_1^{FC})$ angle ( $\beta$ ) from 79.72°/79.06° to 89.02°/91.43°  $(S_1^T)$ , framework planarization of the center donor (Pz) was observed as the dihedral angle ( $\alpha$ ) increased from 164.57° ( $S_1^T$ ) to 180.00° ( $S_1^{TP}$ ). The simultaneous  $S_0$ – $S_1$  state changing of  $\alpha$  and  $\beta$  angles may correspond to a two-step S<sub>1</sub>/S<sub>0</sub> ES-SR (S<sub>1</sub><sup>FC</sup>  $\rightarrow$  S<sub>1</sub><sup>T</sup>  $\rightarrow$  $S_1^{TP}$ ), which has been widely reported, 75,76 i.e. fast D-A twisting  $(S_1^{FC} \rightarrow S_1^T)$  followed by slow framework planarization  $(S_1^T \rightarrow$  $S_1^{TP}$ ). Target analysis was further performed to acquire

Table 3 DFT and TD-DFT (M06-2X, 6-311G\*\*, PCM = toluene) calculated optimal geometric parameters of TDBA-Ac and PzTDBA in the  $S_0$ ,  $S_1$  and  $T_1$  states, as well as the calculated total reorganization energy and RMSD associated with the  $S_1$  state ES-SR<sup> $\alpha$ </sup>

	TDBA-Ac			PzTDBA			
	*\alpha (\circ)	**\beta (°)	*** \( \gamma \)	*\alpha (\circ)	** $\beta_1/\beta_2$ (°)	***\gamma_1/\gamma_2 (\circ)	
S <sub>0</sub> geometry	176.50	89.82	11.36	164.57	79.72/79.06	11.56/10.99	
S <sub>1</sub> geometry	175.45	92.00	12.12	180.00	89.02/91.43	11.65/11.37	
T <sub>1</sub> geometry	176.57	90.82	4.77	180.00	88.60/91.33	11.40/11.40	
$\lambda_{S_0 \to S_1} (cm^{-1})$	1161			2790			
$\lambda_{S_0 \to S_1} (cm^{-1})$ $\lambda_{S_1 \to S_0} (cm^{-1})$	1273			2552			
$RMSD_{S_1/S_0}$ (Å)	0.053			0.241			

<sup>&</sup>lt;sup>a</sup> \*Bending dihedral angle of donor (Ac/Pz); \*\*donor-acceptor twisting angle; \*\*\*bending dihedral angle of acceptor (TDBA).

quantitative information on  $S_1/S_0$  ES-SR that may play a key role in the  $S_1$  state relaxation. By including three or four sequential decay processes, measured fs-TA data can be well-reproduced by the displayed decay-associated spectra (DAS) of each decay components and concentration evolution of each transient species (Fig. 3), while species-associated spectra (SAS) can be seen in Fig. S13 and S14.†

The initial decay (A  $\rightarrow$  B) with 300–400 fs time constant was accompanied by considerable ESA reshaping, corresponding to rapid IC (S<sub>n</sub>  $\rightarrow$  S<sub>1</sub>). The fs-TA was subsequently dominated by S<sub>1</sub>/S<sub>0</sub> ES-SR until the wavepacket reached the global minimum of S<sub>1</sub> PES. For **PzTDBA**, highlighted two-step S<sub>1</sub>/S<sub>0</sub> ES-SR (B  $\rightarrow$  C  $\rightarrow$  D, *i.e.* S<sub>1</sub><sup>FC</sup>  $\rightarrow$  S<sub>1</sub><sup>T</sup>  $\rightarrow$  S<sub>1</sub><sup>TD</sup>) predicted by calculated S<sub>0</sub> and S<sub>1</sub> geometries was observed, featuring a slight ESA reshaping. The

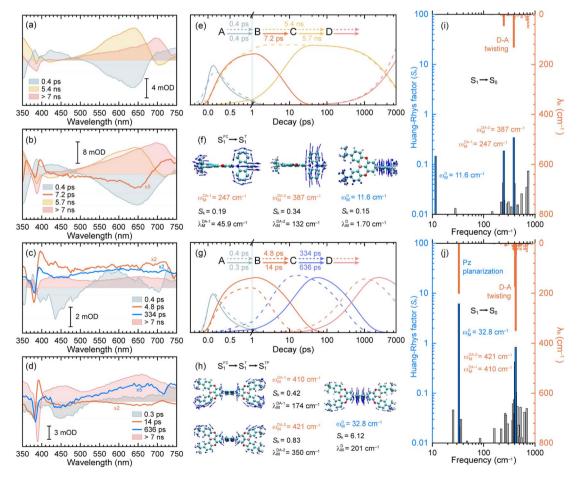


Fig. 3 The decay-associated spectra (DAS) extracted from the fs-TA data of TDBA-Ac in CHX solution (a) and PS doping film (b) as well as PzTDBA in CHX solution (c) and PS doping film (d). Fitted concentration evolution of TDBA-Ac (e) and PzTDBA (g) in CHX solution (dashed lines) and PS doping film (solid lines). Promoting vibrational modes of TDBA-Ac (f) and PzTDBA (h) with large contribution to the HR factors. Calculated HR factors and reorganization energy contribution of each vibrational mode of TDBA-Ac (i) and PzTDBA (j) for the  $S_1 \rightarrow S_0$  transition in CHX solution. The dominant modes displayed in (f) and (h) are highlighted correspondingly.

observed fast (4.8 ps in CHX,  $S_1^{FC} \rightarrow S_1^T$ ) and slow (334 ps in CHX,  $S_1^T \rightarrow S_1^{TP}$ ) steps correspond to D–A twisting ( $\beta_1/\beta_2$  angles) and Pz planarization ( $\alpha$  angle), respectively.

For **TDBA-Ac**, one-step  $S_1/S_0$  ES-SR was observed (7.2 ps,  $S_1^{FC} \to S_1^T$ ) in the PS doping film, corresponding to the D–A twisting ( $\beta$  angle), which is comparable with the fast  $S_1/S_0$  ES-SR step of **PzTDBA**. However,  $S_1/S_0$  ES-SR of **TDBA-Ac** was unobservable in CHX, which might be attributed to a less pronounced  $S_0 \to S_1$  structural change than for **PzTDBA**, *i.e.* nearly unchanged  $\beta$  angle in the  $S_0$  (89.82°) and  $S_1$  (92.00°) states.

Intriguingly, the extracted time constants of D–A twisting  $(S_1^{FC} \to S_1^T, 14.0 \text{ ps})$  and Pz planarization  $(S_1^T \to S_1^{TP}, 636 \text{ ps})$  of **PzTDBA** in the PS doping film are 2–3 times slower than corresponding  $S_1/S_0$  ES-SR steps in CHX (Fig. 3g and S15†), implying a higher potential barrier for  $S_1$  PES, which is consistent with our fs-TA observations for multiple-resonance emitters. Moreover, slow  $S_1$  isomerization of azo-benzene embedded in polymer films was reported previously, attributing to external structural restraint from polymer micronetworks.

As discussed above, the fluorescence emission of PzTDBA was strongly quenched ( $\Phi_{\rm F}=0.37$  in CHX) in solutions due to the presence of fast non-radiative decay, while a high  $\Phi_{\rm F}$  (>0.95) in the PS doping film may be feasible if non-radiative  $S_1 \to S_0$  decay can be greatly suppressed. Our fs-TA data revealed higher  $S_1/S_0$  ES-SR barriers of PzTDBA in PS doping films than in CHX, which might imply the presence of an underlying association between  $S_1/S_0$  ES-SR and the non-radiative decay of the  $S_1$  state, *i.e.* restrained  $S_1/S_0$  ES-SR leads to suppressed non-radiative decay. Conversely,  $k_{\rm NR}^S$  was described to be highly correlated with promoting vibrational modes by the energy gap law (eqn (5)).<sup>21,23</sup> Thus, we attempted to unveil the underlying relationship among the  $S_1/S_0$  ES-SR, promoting modes and non-radiative decay of the  $S_1$  state.

#### Vibrational analysis and non-radiative decay

The energy gap law (eqn (5)) clearly describes how promoting vibrational modes affect  $k_{\rm NR}^{\rm S}$  through their vibrational frequency  $(\omega_{\rm M})$  and reorganization energy  $(\lambda_{\rm M})$ , while promoting modes are vibrational modes that are considerably involved in the EVC of the  $S_1$  state through a pronounced Huang-Rhys (HR) factor  $(S_k)$ .<sup>24,79,80</sup> We further calculated the  $S_k$  and  $\lambda_k$  contribution of each of the vibrational modes involved in the  $S_1 \to S_0$  transition (Fig. 3i and j), in which the promoting modes associated with the  $k_{\rm NR}^{\rm S}$  of TDBA-Ac and PzTDBA are illustrated in Fig. 3f and h, respectively.

As shown in Fig. 3j and h, three promoting modes were identified for the  $S_1 \rightarrow S_0$  transition of **PzTDBA** due to considerable  $S_k$ . The modes at 410 cm<sup>-1</sup> ( $\omega_M^{DA-1}$ ) and 421 cm<sup>-1</sup> ( $\omega_M^{DA-2}$ ) correspond to symmetric and asymmetric D–A twisting and exhibit considerable reorganization energy contributions ( $\lambda^{DA-1}$ ) and  $\lambda_M^{DA-2} = 350$  cm<sup>-1</sup>), which are associated with the fast  $S_1/S_0$  ES-SR step observed on fs-TA of **PzTDBA**, *i.e.*  $S_1^{FC} \rightarrow S_1^T$  with the D–A twisting motion. For **TDBA-Ac** (Fig. 3i and f), the corresponding  $S_1/S_0$  ES-SR of D–A twisting is associated with

promoting modes at  $\omega_{\rm M}^{\rm DA-1}=247~{\rm cm}^{-1}$  and  $\omega_{\rm M}^{\rm DA-2}=387~{\rm cm}^{-1}$  with substantially lower  $\lambda_{\rm M}^{\rm DA-1}$  (45.9 cm<sup>-1</sup>) and  $\lambda_{\rm M}^{\rm DA-2}$  (132 cm<sup>-1</sup>), which is consistent with its rigid structure predicted theoretically, *i.e.* less pronounced S<sub>1</sub>/S<sub>0</sub> ES-SR than **PzTDBA**.

Meanwhile,  $S_1 \to S_0$  decay of **PzTDBA** features a promoting mode at  $\omega_M^D = 32.8 \text{ cm}^{-1}$  with a surprisingly high HR factor ( $S_k = 6.12$ ) and considerable reorganization energy ( $\lambda_M^D = 201.1 \text{ cm}^{-1}$ ), corresponding to the bending motion of the Pz framework, which is clearly associated with the observed slow  $S_1/S_0$  ES-SR step of **PzTDBA**, *i.e.*  $S_1^T \to S_1^{TP}$ . Intriguingly, this particular mode was also observed for **TDBA-Ac** at  $\omega_M^D = 11.6 \text{ cm}^{-1}$  with a much lower HR factor ( $S_k = 0.15$ ) and a two orders of magnitude lower reorganization energy contribution ( $\lambda_M^D = 1.70 \text{ cm}^{-1}$ ) than that of **PzTDBA**, indicating that it was excluded from the  $S_1 \to S_0$  decay of **TDBA-Ac**. As a result, the second  $S_1/S_0$  ES-SR step ( $S_1^T \to S_1^{TP}$ ) was absent from the fs-TA signal of **TDBA-Ac**.

Furthermore, we investigated the influence of medium polarity on the promoting modes of the **TDBA-Ac** and **PzTDBA** emitters. As shown in Fig. S16,† for **PzTDBA** in DCM solution, an extra promoting mode at 15.4 cm<sup>-1</sup> was observed with considerable  $S_k$  but ignorable  $\lambda_k$ , which might be less associated with the non-radiative decay of  $S_1$  state **PzTDBA**. In contrast, a promoting mode at 12.4 cm<sup>-1</sup> was observed for **TDBA-Ac** with considerable  $S_k$  (8.71) and  $\lambda_k$  (108.23 cm<sup>-1</sup>) in DCM solution, which is very different from the case of **TDBA-Ac** in low-polarity solvents, indicating that the  $S_1/S_0$  ES-SR of **TDBA-Ac** (DA-type) is more evidentially coupled with charge transfer than **PzTDBA** (ADA-type).

As discussed above, the one- (TDBA-Ac,  $S_1^{FC} \rightarrow S_1^T$ ) and twostep (PzTDBA,  $S_1^T \rightarrow S_1^{TP}$ )  $S_1/S_0$  ES-SR are directly associated with promoting vibrational modes that are considerably involved in the EVC of the S<sub>1</sub> state through their HR factor. Meanwhile, promoting modes contribute to the  $k_{NR}^{S}$  of the  $S_1$ state through corresponding  $\lambda_M$ , which implies that  $S_1/S_0$  ES-SR can significantly affect  $k_{\rm NR}^{\rm S}$  (and subsequently  $\Phi_{\rm F}$ ) through the promoting vibrational modes (Fig. 4). For instance, the one-step  $S_1/S_0$  ES-SR of **TDBA-Ac** is associated with vibrational modes with low  $S_k$  and  $\lambda_M$ , while the promoting modes associated with the two-step  $S_1/S_0$  ES-SR of **PzTDBA** have much higher  $S_k$  and  $\lambda_{\rm M}$ . As a result, the non-radiative channel plays a minor role in the S<sub>1</sub> decay of structurally rigid **TDBA-Ac**, while the emission of structurally flexible PzTDBA is severely hampered by the fast non-radiative decay of the S1 state. Furthermore, the two-step S<sub>1</sub>/S<sub>0</sub> ES-SR motions of **PzTDBA** are greatly suppressed in the PS doping films due to the external structural restraint, for which the S<sub>1</sub> non-radiative decay associated with the promoting modes might be correspondingly weakened, leading to the greatly improved  $\Phi_{\rm F}$  of PzTDBA in the doping films. In this sense, the external structural restraint for  $S_1/S_0$  ES-SR motions might be critical for achieving a high  $\eta_{EOE}$  for TADF-based OLED devices.

To directly verify the influence of the external structural restraint on the  $S_1$  non-radiative decay of **PzTDBA**, we measured temperature-dependent emission spectra of **PzTDBA** in polyethylene oxide (PEO) doping films (Fig. S18†). With a glass transition temperature ( $T_g$ ) of 220 K, PEO provides a "softer"

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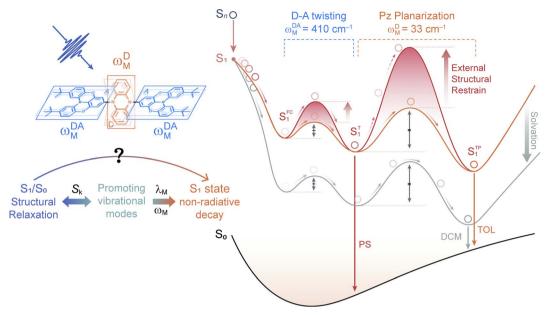


Fig. 4 Simplified energetic diagram illustrating two-step ES-SR ( $S_1^{FC} \to S_1^T$  and  $S_1^T \to S_1^{TP}$ ) of PzTDBA in low-polarity solution (orange line, TOL), high-polarity solution (cyan line, DCM) and PS doping film (red line). The double arrows represent the potential barriers of D-A twisting ( $S_1^{FC} \rightarrow S_1^{FC} \rightarrow S_2^{FC}$ )  $S_1^T$ ) and Pz planarization ( $S_1^T \rightarrow S_1^{TP}$ )

microenvironment than PS ( $T_g = 373$  K) and can be further "softened" by increasing the temperature. 81,82 As a TADF emitter, PzTDBA was expected to be more fluorescent at higher temperatures due to faster RISC. However, we observed clear fluorescence quenching with increasing temperature in the 297-347 K range, indicating that non-radiative decay was enhanced in the medium with reduced external structural restraint, which is consistent with our analysis described above.

Note that we cannot perform vibrational analysis for TADF emitters with the presence of the external structural restraint, but we speculate that the  $\lambda_M$  of the promoting modes of PzTDBA might be greatly reduced due to the external structural restraint, in agreement with slowed S<sub>1</sub>/S<sub>0</sub> ES-SR motions in the doping films, especially the Pz bending mode ( $\omega_{\rm M}^{\rm D}$ ) associated with the slow  $S_1/S_0$  ES-SR step  $\left(S_1^T \to S_1^{TP}\right)$  might be terminated. As a result,  $S_1^T$  instead of  $S_1^{TP}$  might dominate the emission of PzTDBA in the PS doping films (see Fig. 4), which explains the observed blue-shifted emission in the PS doping film compared with the case in toluene solution, which has comparable polarity to the PS medium. Meanwhile, the emission of PzTDBA in solutions mainly originates from  $S_1^{\text{TP}}$  due to the accessible barrier of  $S_1^T \to S_1^{TP}$ , which thus suffers from the plague of nonradiative decay (Fig. 4).

Last but not least, in addition to the S<sub>1</sub> state, we noticed that TDBA-Ac and PzTDBA exhibit a suppressed non-radiative decay channel of the T<sub>1</sub> state in the PS doping films compared to in solutions (Fig. 2c and d), which inspired us to consider the role of T<sub>1</sub>/S<sub>0</sub> ES-SR in the non-radiative decay of the T<sub>1</sub> state. As shown in Fig. S17,† TDBA-Ac exhibits several vibrational modes with considerable  $S_k$  in the region <100 cm<sup>-1</sup>, but the low  $\lambda_M$ implies that ES-SR may not be strongly associated with nonradiative  $T_1 \rightarrow S_0$  decay. In contrast, the promoting modes of **PzTDBA** at 32.9 cm<sup>-1</sup> and 421/410 cm<sup>-1</sup> contribute considerable  $\lambda_{\rm M}$ , while pronounced T<sub>1</sub>/S<sub>0</sub> ES-SR was indicated (Table 3), including Pz bending and D-A twisting. Therefore, it might be plausible that the non-radiative  $T_1 \rightarrow S_0$  decay is similarly associated with two T<sub>1</sub>/S<sub>0</sub> ES-SR motions, because the nonradiative  $T_1 \rightarrow S_0$  decay of **PzTDBA** was strongly suppressed in the PS doping film due to the external structural restraint. However, unlike S<sub>1</sub> relaxation, without direct spectroscopic evidence of T<sub>1</sub>/S<sub>0</sub> ES-SR in different media, verifying this hypothesis requires further investigation.

## Conclusions

To summarize, we performed a comprehensive investigation of the photophysics of two TADF emitters, TDBA-Ac (DA-type, blue light) and PzTDBA (ADA-type, orange-red light), using fs-TA, tr-FL and theoretical approaches. Compared with the one-step S<sub>1</sub>/  $S_0$  ES-SR ( $S_1^{FC} \rightarrow S_1^T$ ) of **TDBA-Ac**, the  $S_1$  state decay of **PzTDBA** is dominated by two steps,  $S_1/S_0$  ES-SR ( $S_1^{FC} \rightarrow S_1^T \rightarrow S_1^{TP}$ ), while greatly slowed S<sub>1</sub>/S<sub>0</sub> ES-SR motions of **PzTDBA** were observed in the PS doping films due to the external structural restraints. Vibrational analysis indicated that the S<sub>1</sub>/S<sub>0</sub> ES-SR motions are directly associated with the promoting modes that are considerably involved in the EVC of the  $S_1$  state through their own  $S_k$ , while the promoting modes contribute to fast  $k_{NR}^{S}$  via  $\lambda_{M}$ . In doping films, the external structural restraint leads to suppressed S<sub>1</sub>/S<sub>0</sub> ES-SR and reorganization energy contribution of the promoting modes, resulting in slowed  $k_{NR}^{S}$  and a highly fluorescent S<sub>1</sub> state that is favorable for OLED application. With TDBA-Ac and PzTDBA as model systems, we established the connection among the  $S_0/S_1$  ES-SR, promoting modes and  $k_{NR}^S$  of TADF emitters, which indicated the key role of the external

structural restraint in obtaining high  $\Phi_{\rm F}$  TADF emitters. Our work also provides a new direction for OLED design, and it might be necessary to take the rigidity of host materials used for the emitting layer into consideration to avoid emission quenching through fast non-radiative decay associated with the  $S_1/S_0$  ES-SR of TADF emitters, especially for TADF emitters with a relatively small band gap, which might be a useful reference for future OLED application.

# Data availability

All experimental and calculational data are available from the corresponding author upon reasonable request.

#### **Author contributions**

Yixuan Gao: conceptualization, methodology, investigation, data curation, formal analysis, visualization, and writing – original draft; Yaxin Wang: methodology, data curation, formal analysis, and validation; Zilong Guo: investigation, visualization, project administration, and supervision; Yan Wan: methodology and resources; Zheng Xue and Yandong Han: resources and project administration; Wensheng Yang: supervision, resources, and funding acquisition; Xiaonan Ma: conceptualization, formal analysis, funding acquisition, supervision, and writing – review and editing.

#### Conflicts of interest

The authors declare no competing financial interest.

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