


Cite this: *RSC Adv.*, 2024, 14, 26568

# Biodegradation of hydroxylated boron nitride nanoplatelets, their toxic effect and drug delivery application†

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Boron nitride is extensively used in various biomedical applications and often interacting with the blood circulatory system. However, the effect of its biotransformation in blood plasma, drug delivery applications, and antitumor effects remains unclear. Herein, we synthesized hydroxylated BN nanoplatelets (–OH/BNNPs) that are used to load doxorubicin (DOX) for cancer therapy. The stability of the –OH/BNNPs was tested in a lab-made, artificially developed, *in vivo* system for up to sixty days at two different pH values (pH 5.5 & 7.4). The results were compared thoroughly with pristine BN, and it is observed that –OH/BNNPs was very stable for up to two months compared to pristine BN that degraded during the next day. The –OH functionalization on the BNNP surface improves the DOX loading compared to the bulk BN since the –OH functional group facilitates drug absorption through hydrogen bonding. This causes the sustained release of the drug, which is an ideal requirement in drug delivery systems. The DOX-loaded –OH/BNNPs showed excellent therapeutic abilities on different cancer cell lines and organoids derived from colorectal cancer patients.

Received 17th June 2024  
Accepted 2nd August 2024

DOI: 10.1039/d4ra04433a

rsc.li/rsc-advances

## Introduction

Boron nitride (BN), also called white graphite, is drawing significant attention in various fields of science (*e.g.*, medicine, chemistry, photovoltaics, electronics *etc.*) because of its versatile physicochemical properties.<sup>1–4</sup> It is widely used in biomedical applications, including tissue engineering, bio-imaging, sensors, and specifically for cancer diagnostic and therapeutic applications.<sup>5–7</sup> Several reports have been documented using BN of different shapes (rods, sheets) and sizes for cancer therapy. However, delivering BN into the blood circulatory system presents

challenges related to their long-term stability (biotransformation), cytotoxic effects, drug delivery efficiency, and targeted therapy.

Generally, upon entering the bloodstream, nanomaterials undergo alterations in their properties or undergo biotransformation or biodegradation.<sup>8</sup> These transformations happen when materials react with blood plasma containing small molecules like free radicals, peroxidase, small organic molecules, and other active components.<sup>9</sup> This often affects the potency of the therapeutic system *via* the accumulation of nanobodies *in vivo* and causes uncertain health risks.<sup>8</sup> Consequently, several reports have studied the stability of nanomaterials in blood plasma. For example, the stability of organic polymeric materials (poly-lactic acid (PLA) and poly-methyl-methacrylate (PMMA)) has been tested in blood plasma and other biosynthetic physiological solutions driving to the conclusion that PLA nanoparticles (aggregated in spleen homogenate and in gastric juice) are less stable compared to PMMA.<sup>10</sup> In another study, McEnnis *et al.* utilized polystyrene nanoparticles that were incubated in goat blood plasma. They conducted an analysis using a nanoparticle tracking analysis (NTA) system.<sup>11</sup> The research findings indicated that polystyrene nanoparticles coated with polyethylene glycol (PEG) exhibited reduced levels of multicomponent aggregation compared to uncoated polystyrene nanoparticles.<sup>11</sup> As well as for organic nanomaterials, several stability tests of inorganic nanomaterials have also been tested. For example, Zhang *et al.* tested graphene-based nanomaterials stability in blood plasma, their

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† Electronic supplementary information (ESI) available. See DOI: <https://doi.org/10.1039/d4ra04433a>



biocompatibility, and antitumoral ability.<sup>8</sup> Lim *et al.* studied the interaction of graphene oxide (GO) of different lateral size distributions with human blood plasma proteins. The authors found a correlation of lateral size dependent distributions and accumulation of nanoparticles with proteins.<sup>12</sup> Several other stability tests of inorganic materials have also been done like on magnetite nanoparticles that are being used mostly for drug delivery and imaging applications. Garcia *et al.* synthesized different sizes of magnetite nanoparticles and incubated them into blood plasma at different time points. Several techniques were employed to observe the stability of the nanoparticles and it was observed that silica and chitosan-coated iron oxide ( $\text{Fe}_3\text{O}_4$ ) nanoparticles were more stable compared to the uncovered magnetite nanoparticles.<sup>13</sup> Apart from all these materials, boron-based compounds (*e.g.*, boric acid, bulk BN, and their composites) have a special place in *in vivo* biology applications (therapy, sensing, and imaging applications)<sup>14</sup> and the long-term stability of boron compounds have rarely been investigated. Boron-based compounds are recognized as self-therapeutic agents that demonstrate a preference for releasing boron specifically at tumoral sites.<sup>14</sup> This property allows them to capture neutrons from these sites, a process utilized in the well-established standard neutron capture therapy.<sup>15</sup> Previously, studies have indicated a notably rapid release of boron from the source materials such as boric acid and bulk BN.<sup>16</sup> To improve the slow release of the boron from the source, BN is considered as the main source.<sup>16</sup> It is because BN can be tuned into different sizes and shapes (boron nitride nano flasks, boron nitride nanotubes and boron nitride nanosheets *etc.*) to improve the stability and achieve the optimum outcomes for *in vivo* biology.<sup>17</sup> These different shapes not only help for the sustained release of boron but also acquire predominant therapeutic outcomes.<sup>17</sup> For example, Golberg *et al.* synthesized hollow BN nanospheres as a boron reservoir for prostate cancer therapy.<sup>16</sup> The crystalline boron sphere releases boron in a controlled manner and decrease the tumor growth. The same group synthesized BN nanospheres with petal-like surfaces and loaded them with DOX for cancer therapy. They suggested the petal-like surface of the BN nanospheres can have the tendency to absorb more drugs on the surface and be able to have enhanced therapeutic outcomes.<sup>18</sup> The two-dimensional (2D) nanomaterials are considered potential matrices to maximize the drug loading induced by their high surface-to-volume ratio.<sup>19–22</sup> Recently, Weng *et al.* developed –OH functionalized 2D boron nitride nanosheets (BNNs) for the Camptothecin (CPT) delivery. The authors claim that –OH groups enhanced the attachment of CPT and increased the dispersibility of the BNNs. They have tested the stability of the materials for up to two days and claim that the materials are stable enough to use it as a cargo for CPT.<sup>23</sup> Although –OH functionalization is generally effective in attaching drugs to cargo surfaces, there is still much to discover in terms of its long-term stability, cytotoxicity, and therapeutic outcomes. Herein, we synthesized –OH functionalized BN nanoplatelets (–OH/BNNPs) by a simple chemical oxidation of bulk BN. The synthesized –OH/BNNPs were employed for loading DOX and exhibited optimal therapeutic efficacy on different cancerous cell lines. The stability of the particles was tested up to 60 days at two distinct

pH conditions (pH 5.5 & pH 7.4) and it was observed that –OH/BNNPs were stable compared to the bulk BN.

## Materials and methods

### Materials

Hexagonal BN (h-BN) powder, sulfuric acid (98%), potassium permanganate ( $\text{KMnO}_4$ ), hydrogen peroxide ( $\text{H}_2\text{O}_2$ ), fetal bovine serum (FBS), ascorbic acid (AA), and phosphate buffer saline pH 7.4 tablets were bought from Sigma-Aldrich (St. Louis, Missouri, USA). Ultrapure water was used throughout the experiments using a Millipore Milli-Q Biocell A10 water purifying system. A2780, A2780cis (Sigma-Aldrich, St. Louis, MO, USA), and LNCaP (ATCC, Manassas, VA, USA) cells were seeded as per instruction provided by the manufacturers. CellTiter-Glo® was purchased from Promega (Madison, WI, USA).

### Instrumentations

To characterize the crystal structure of the synthesized –OH/BNNPs, an X-ray diffractometer (XRD, Philips) with the Cu  $K\alpha$  radiation ( $\lambda = 1.5406 \text{ \AA}$ ) was used. Fourier transform infrared (FTIR) and Raman spectra were measured using an FTIR (MIDAC, M4000) and Raman spectrophotometer (Horiba Scientific, Xplora Plus, France), respectively, where the excitation wavelength was 532 nm for Raman spectra measurements. To observe the composition of chemicals, their oxidation states, and the bonding characteristics, X-ray photoelectron spectra (XPS) were measured by an XPS analyzer (XPS, Thermo Scientific K-Alpha, Thermo Fisher Scientific, UK). UV-Visible spectrophotometer (UV-Vis-31 Scan, ONDA, Modena, Italy) was used to quantify the optical absorption spectra of the samples. A field emission scanning electron microscope (FE-SEM, Carl Zeiss Sigma VP, Germany) and a high-resolution transmission electron microscope (HR-TEM, JEM-2100 (HRP)) were utilized for morphological characterization. Malvern Zetasizer machine was used to measure dynamic light scattering of pristine h-BN and –OH/BNNPs. The selected area diffraction pattern (SAED) was observed by HRTEM. To identify the  $\text{IC}_{50}$  values, luminescence measurements were conducted using the Tecan Infinite M1000 system (Tecan, Mannedorf, Switzerland). IHC staining was carried out using UltraVision LP Detection System HRP DAB kit (Thermo Scientific, Waltham).

### Synthesis of –OH/BNNPs

The –OH/BNNPs were synthesized according to our previously reported method.<sup>4</sup> Briefly, 4 g of pristine h-BN powder was added into 100 mL of  $\text{H}_2\text{SO}_4$  (98%) solution and stirred for 30 min at room temperature (RT). Then, 2 g of  $\text{KMnO}_4$  was slowly added into the solution at 0 °C and stirred for another 12 h at RT. Subsequently, 10 mL of  $\text{H}_2\text{O}_2$  (30% w/w) was added and stirred for another 5 h at RT. Then, the suspended solid was collected by filtration using filter paper, and the filtrate was dispersed in water by sonication. After separating the large particles by settling quickly (around 2 minutes), the smaller dispersed particles were collected by centrifugation at 3000 rpm for 10 min. The obtained –OH/BNNPs were sequentially dispersed in water and centrifuged multiple times (for better washing) until the solution pH reached



7.0. Finally, the as-prepared –OH/BNNPs were dried in a vacuum oven at 40 °C for 24 h.

### Long-term stability tests of –OH/BNNPs

The long-term stability test of the –OH/BNNPs was performed by simulating the *in vivo* system.<sup>24</sup> Briefly, 0.5 g of –OH/BNNP powder was dispersed into PBS solution with 5% FBS at two different pH (7.4 and 5.5). The –OH/BNNPs were dispersed properly by sonication and stored in an incubator at 37 °C with gentle shaking. On a weekly base, the samples were taken out from the incubator and spin down at 1000 rpm for 2 minutes to separate the powder from the supernatant, followed by drying in a vacuum oven at 40 °C for 24 h. All the dried samples were stored at –20 °C for further characterization. The stability of the samples at different day intervals (D<sub>0</sub>, D<sub>30</sub> and D<sub>60</sub>) was examined at two different pH conditions (5.5 and 7.4) and characterized by XRD, Raman and FTIR spectroscopy.

### DOX loading in –OH/BNNPs

To load DOX into the –OH/BNNPs, 1 mL of DOX solution (2 mg mL<sup>–1</sup>) was mixed with 10 mg mL<sup>–1</sup> of –OH/BNNPs. Then the mixture was kept overnight with rotation (on a gentle shaking) in the dark at RT. Afterwards, the samples were centrifuged (2000 rpm for 5 min) and washed with DI water to remove the free DOX.<sup>25</sup> The loading efficiency of DOX on –OH/BNNPs was evaluated using a specific absorption wavelength at 480 nm with a UV-Vis spectrophotometer.

Loading efficiency (LE) was calculated *via* eqn (1):

$$\text{LE (\%)} = \frac{[(\text{total amount of drug} - \text{free drug in supernatant}) / \text{total amount of drug}] \times 100}{1} \quad (1)$$

### DOX release test

In the DOX release experiments, 500 µL of DOX-OH/BNNPs and free DOX samples were added in 0.5 mL activated mini dialysis membrane (Cole-Parmer Instrument LTD, UK) in two different beakers containing PBS at respective pH values of 7.4 (representing normal physiological solution) and 5.0 (representing acidic tumor microenvironment), 100 rpm shaken at RT. At fixed time intervals, 20 µL of sample was collected (from inside the membrane), and the released DOX was evaluated by UV-spectrophotometer using a specific absorption wavelength at 480 nm.

Drug release (DR) was calculated *via* eqn (2):<sup>26</sup>

$$\text{DR (\%)} = 100 - \frac{[(\text{concentration at point } T \text{ interval} / \text{concentration at point different } T_0)] \times 100}{1} \quad (2)$$

### Cell viability assay

To evaluate the cytotoxic effect of DOX-OH/BNNPs and free DOX, different cell lines, including A2780, A2780 cis and LNCaP were seeded in 96-well at the density of  $1 \times 10^3$  per well. Afterwards, cells were treated with six concentrations (0.3–0.008 µM) of DOX-OH/BNNPs, only –OH/BNNPs, and free DOX. Next, cell viability was measured after 96 hours of treatment using the CellTiter-Glo® assay system in accordance with the

manufacturer's instruction (Promega, Madison, WI, USA) using a Tecan M1000 instrument (Tecan, Mannedorf, Switzerland). IC<sub>50</sub> values were analyzed from a non-linear regression analysis performed with GraphPad Prism software.

### Organoid isolation and culture

The patient-derived tumour organoids (PDO) were obtained for research purposes from completely anonymous CRC specimens collected under a signed biobank informed consent at the National Cancer Institute (CRO) of Aviano, Italy. Organoids were produced following the protocol described by.<sup>27–29</sup> Briefly, tumor tissues were digested with collagenase I at a concentration of 2 mg mL<sup>–1</sup> for 30 min, the tissue suspension underwent centrifugation at 1500 rpm for 5 min. Following this, the resulting pellet was then resuspended in a Cultrex growth factor-reduced Basement Membrane Extract (BME), Type2 (R&D Systems Catalog no: 3533-001-02, Milan, Italy) and cultured in 24 well plates. Then, 450 µL of the organoid medium was added following the solidification of the hydrogel.<sup>27–29</sup>

### Toxicity assay on PDO

To investigate the cytotoxic effect of DOX-OH/BNNPs, PDO was seeded with 10 µL of Cultrex type 2 on a 96 multi-wells plate and treated with six different concentrations of DOX-OH/BNNPs and free DOX for 96 hours ranging concentrations from 34.5 µM to 0.011 µM with dilution factor 5. CellTiter-Glo® Luminescence assay (Promega, Madison, WI, US) was used to assessed cytotoxicity with a M1000 instrument (Tecan, Switzerland). IC<sub>50</sub> values were analyzed by using GraphPad Prism software, a non-linear regression method was employed.

### Histopathological analysis of CRC PDO

Formalin-fixed paraffin-embedded sections of tumor organoids were employed for histopathological analysis. The process involved collecting and fixing the organoids in phosphate-buffered 10% formalin, followed by embedding them in paraffin using a Micro NextGen Cell Blocking™ Kit (Cat no: M20; AV Bioinnovation) as per guidelines provided by the manufacturer. Haematoxylin and eosin (H&E) staining was performed on 5 µm sections using a Leica ST5020 multistainer. Additionally, sections of 2 µm were cut for immunohistochemistry (IHC) staining. A heat-induced antigen retrieval method and an UltraVision LP Detection System HRP DAB kit (ThermoFisher Scientific, Waltham, MA, USA) were used to perform IHC. To characterize PDO, the following antibodies were utilized: Muc2 (Catalog no: ab76774, dilution 1: 100, Abcam, Cambridge, UK), CK20 (Catalog no: 790-4431, dilution 1.9 µg mL<sup>–1</sup>, Ventana Medical Systems, Arizona, US), CDX2 (Catalog no: ab76541, dilution 1.100, Abcam, Cambridge, UK). Immunohistochemistry images were taken using a light microscope at different magnifications.

### Statistical analysis

Statistical analysis was achieved with a two-tailed *t*-test conducted through GraphPad Prism 8.0 software. For all data, *p* < 0.05 were considered statistically significant.





## Results and discussion

### Synthesis and mechanisms of reactions involving -OH/BNNPs

The chemical process of -OH/BNNPs formation, aimed at achieving enhanced -OH functionalization, is anticipated to occur through the following mechanism, as schematically shown in Fig. 1. Initially, when  $\text{H}_2\text{SO}_4$  was added to the h-BN powder, the  $\text{H}^+$  ions intercalated into the h-BN layers through the naturally present N atoms in the h-BN structure.<sup>30,31</sup> This causes an increase in the interlayer spacing between h-BN sheets (0.33 nm), which allows the intercalation of higher radius  $\text{SO}_4^{2-}$  ions (0.258 nm) between the h-BN sheets and causes further expansion of the sheets.<sup>30</sup> With the subsequent addition of  $\text{KMnO}_4$ , the intercalation of  $\text{K}^+$  ( $r_{\text{K}^+} = 0.138$  nm) and  $\text{MnO}_4^-$  ( $r_{\text{MnO}_4^-} = 0.229$  nm) further enhanced the sheet expansion and exfoliated the h-BN. During this process,  $\text{KMnO}_4$  is easily oxidized and forms  $\text{MnO}_2$ , which can

be easily decorated onto the h-BN sheets.<sup>32</sup> The following addition of  $\text{H}_2\text{O}_2$  to remove  $\text{MnO}_2$ , induced the formation of  $\cdot\text{OH}$  radicals in solution. These reactive  $\cdot\text{OH}$  radicals exhibit a propensity to readily target the B atom within the B-N bond located at the edges of BNNPs. This induces homolytic cleavage of the B-N bond, resulting in the formation of a covalent B-OH bond alongside a  $\text{N}^\cdot$  radical. Consequently, this process initiates the opening of the hexagonal ring structure of BNNPs and cutting the BN sheets into smaller sheets. Simultaneously, the layers of BNNPs undergo cleavage facilitated by -OH functionalization, driven by a subsequent  $\cdot\text{OH}$  attack at the naturally occurring 'B' site on the basal plane.<sup>33</sup> These also enabled additional cutting of h-BN sheets into smaller sheets and formed BNNPs with reduced size and thickness. Notably, the  $\text{N}^\cdot$  generated post -HO $\cdot$  attack at the B site within the B-N bond can be promptly deactivated by bonding with  $\text{H}^+$  in an aqueous solution.

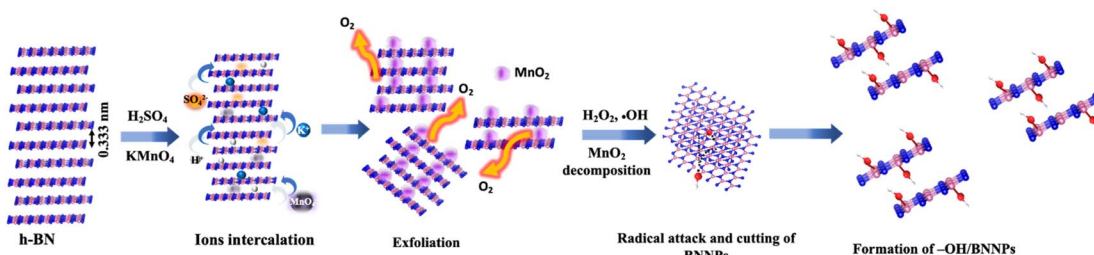


Fig. 1 Schematic representation of the synthesis mechanism of -OH/BNNPs.

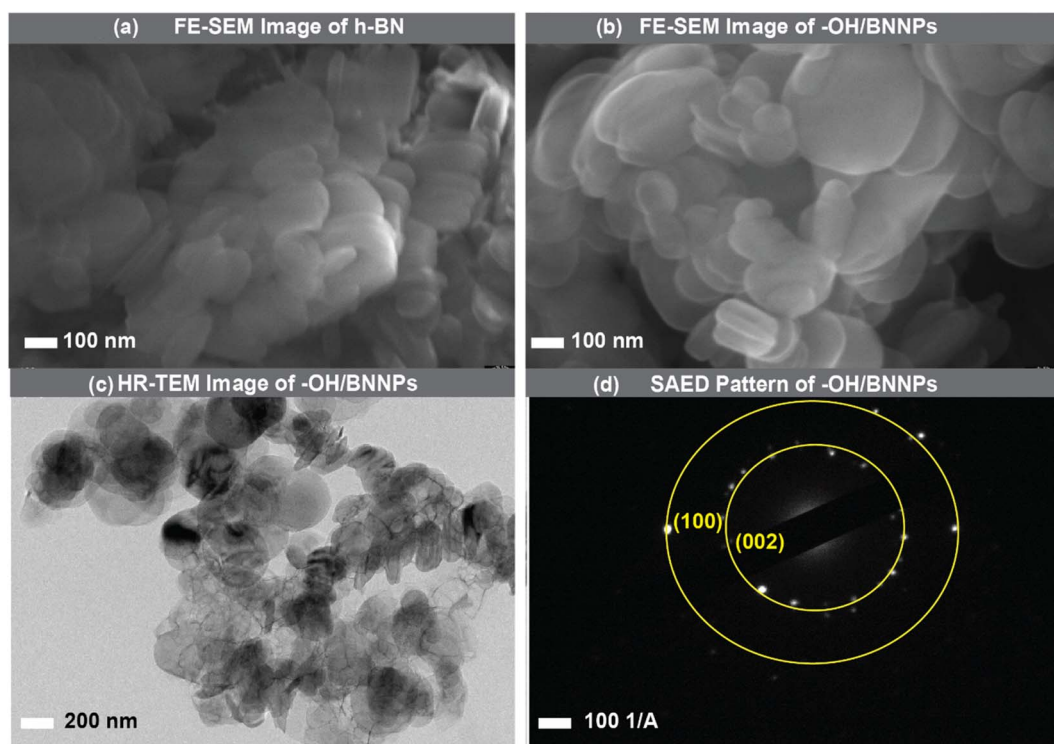


Fig. 2 (a) and (b) are the FE-SEM images of the pristine h-BN and -OH/BNNPs, respectively. (c) HR-TEM image of the -OH/BNNPs and (d) the corresponding SAED pattern.

### Morphological analysis

Fig. 2a and b show the FE-SEM images of the pristine h-BN and -OH/BNNPs, respectively. It was clearly observed that bulk h-BN exhibited an agglomerated nature with higher particle size and

thickness. In contrast, the particle size and thickness were reduced after exfoliation and functionalization of h-BN. The sizes of the h-BN and -OH/BNNPs were about 357.6 nm and 247.7 nm, respectively, which was measured by the dynamic light scattering (DLS) analysis (Fig. S1†).

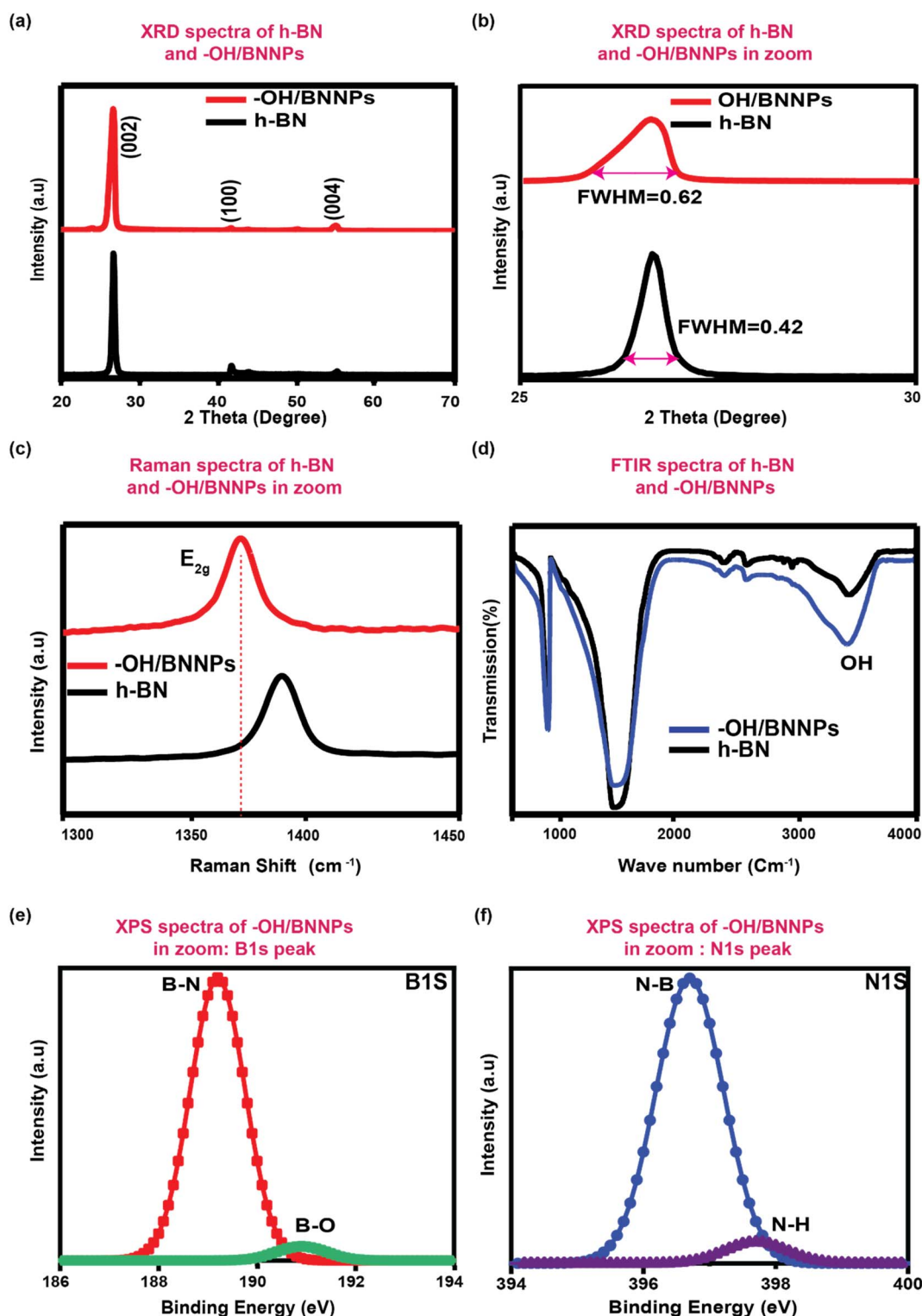


Fig. 3 (a) XRD pattern of the bulk h-BN and -OH/BNNPs and (b) magnified XRD spectra. (c) Raman spectra of bulk h-BN and -OH/BNNPs. (d) FTIR spectra of bulk h-BN and -OH/BNNPs. (e) and (f) are the high-resolution XPS spectra of B 1s and N 1s in -OH/BNNPs, respectively.



The morphology and size of the –OH/BNNPs were further analyzed by HR-TEM measurements. The semi-transparency behaviour of –OH/BNNPs to the electron beam indicates the reduction in size and exfoliation of h-BN<sup>4</sup> (Fig. 2c and S2†). The SAED pattern of the –OH/BNNPs exhibits the bright concentric rings of (002) and (100) planes (Fig. 1d), indicating the hexagonal phase of the BNNPs with high crystallinity.<sup>4,31</sup>

### Structural analysis

Fig. 3(a) shows the XRD pattern in the  $2\theta$  angle range from  $20^\circ$  to  $80^\circ$  of bulk h-BN and as-synthesized –OH/BNNPs. The prominent high-intensity peak was observed for both bulk h-BN and –OH/BNNPs, demonstrating their high purity and crystallinity.<sup>4,31,34</sup> The main diffraction peak of h-BN appears at  $2\theta$  of  $26.72^\circ$  along with other characteristics diffraction peaks at  $41.68^\circ$  and  $54.97^\circ$ . These diffraction peaks correspond to (002), (100), and (004) crystallographic planes of hexagonal BN, respectively.<sup>4,32,34</sup> Due to the functionalization, exfoliation, and size reduction, the (002) diffraction peak of –OH/BNNPs was shifted to lower angles with  $2\theta$  values of  $26.64^\circ$  (Fig. 3(b)). This slight shifting in diffraction peak is because of the expansion of the unit cell volume induced by the –OH functionalization at the basal plane and edges of BN. The full width at half maximum (FWHM) was *ca.*  $0.62^\circ$  for –OH/BNNPs, and *ca.*  $0.42^\circ$  for bulk h-BN. This increase in FWHM of (002) diffraction plane for –OH/BNNPs can be attributed to the reduction of the thickness/size of bulk h-BN with successful –OH functionalization.<sup>32,35</sup> To further characterize the structure and functional groups of –OH/BNNPs, Raman spectra was measured, as shown in Fig. 3(c). The magnified Raman spectra in the wavenumber range starting from  $1300$  to  $1450\text{ cm}^{-1}$  exhibit the  $E_{2g}$  phonon mode and B–N bond vibration. The  $E_{2g}$  band of h-BN and –OH/BNNPs was located at  $1383.82\text{ cm}^{-1}$  and  $1378.26\text{ cm}^{-1}$ , respectively. This shift in the  $E_{2g}$  band of –OH/BNNPs indicates the reduction in size and successful –OH functionalization.<sup>36,37</sup> Fig. 3(d) shows the FTIR spectra of the h-BN and –OH/BNNPs. Both spectra exhibited the same absorption bands at  $1372$  and  $817\text{ cm}^{-1}$ , corresponding to the B–N stretching and B–N bending vibrations, respectively. However, the –OH band of –OH/BNNPs exhibited a strong absorption at  $3415.8\text{ cm}^{-1}$  compared to the bulk BN. This prominent decrease in transmittance of the –OH band in –OH/BNNPs confirms the successful –OH functionalization.<sup>38,39</sup> Fig. S3† shows the UV-Visible absorption spectra of h-BN and –OH/BNNPs. The spectra clearly show the shifting of the absorption maxima ( $\lambda_{\text{max}}$ ) from  $205.42\text{ nm}$  for h-BN to  $211.58\text{ nm}$  for –OH/BNNPs, which is well-matched with the reported literature.<sup>35,40,41</sup> Furthermore, upon exfoliation, cutting, and –OH functionalization of h-BN, the surface area ( $S_{\text{BET}}$ ) was increased from  $23.24\text{ m}^2\text{ g}^{-1}$  to  $27.85\text{ m}^2\text{ g}^{-1}$ . The corresponding  $\text{N}_2$  adsorption isotherms of –OH/BNNPs and bulk h-BN are shown in Fig. S4.†

The XPS was measured to confirm the elemental composition and functional groups, and the corresponding survey XPS spectra of –OH/BNNPs are presented in Fig. S5.† The spectrum shows the B, N, and O element peaks in their reported binding energy positions. The additional Si and carbon peaks might

have originated from the substrate/stage and ubiquitous carbon contamination, respectively. Fig. 3(e) and (f) show the high-resolution B 1s and N 1s spectra of –OH/BNNPs, respectively. The deconvoluted and fitted core-level B 1s spectra showed two peaks at  $189.99\text{ eV}$  and  $190.89\text{ eV}$ , which can be attributed to the B–N bonding and B–O binding, respectively. The appearance of the B–O bonding peak can be ascribed to the covalent grafting of oxygen functional groups in BNNPs. The fitted core-level O 1s spectra showed two peaks at the binding energies of  $396.69\text{ eV}$  and  $397.68\text{ eV}$ . The former peak can be ascribed to the B–O bond and later can be attributed to the N–H. The appearance of the N–H bonding indicates the HO<sup>•</sup> radicals attack at the B sites of BN and the deactivation of N<sup>•</sup> radical formation. These results confirmed the effective functionalization of BN with –OH functional groups.

### Long-term stability at pH 7.4 and 5.5

The long-term stability of the –OH/BNNPs and h-BN was investigated in a solution similar to artificial body-like conditions at two different pHs (7.4 and 5.5), and the details of the development of body-like conditions are presented in the experimental section. For analyses, the samples were collected after treatment at each day interval for up to 60 days. Fig. 4(a)–(c) show the HR-TEM images of the –OH/BNNP samples after treatment at pH 7.4 with  $D_0$ ,  $D_{30}$ , and  $D_{60}$ , respectively, and Fig. 4(d)–(f) display the HR-TEM images of the –OH/BNNP samples after treatment at pH 5.5 with  $D_0$ ,  $D_{30}$ , and  $D_{60}$ , respectively. It is evident that the –OH/BNNPs stay highly stable for up to 60 days without significant structural deterioration at both pH conditions. While bulk h-BN degraded completely after  $D_{30}$  and  $D_{60}$  when treated at both pH 7.4 and 5.5 (Fig. 4(g)–(i) and 4(j)–(l), respectively).

The structural stability of h-BN and –OH/BNNPs was assessed further by FTIR and XRD measurements. Fig. 5(a) and (b) show the FTIR spectra of the –OH/BNNPs after treatment at pH 7.4 and 5.5 at different day intervals. It was observed that the spectra were perfectly overlapped after treatment for 30 days and 60 days with the spectra of freshly prepared –OH/BNNPs without the appearance of any impurity peaks or decomposition products. This is consistent with the HR-TEM analyses. In contrast, the FTIR spectra of h-BN after treatment for 30 days and 60 days at pH 7.4 and 5.5 exhibited new IR bands by demising the prominent B–N stretching and bending vibrations at  $1372$  and  $817\text{ cm}^{-1}$ , respectively (Fig. 5(c) and (d), respectively), the comparison of the peaks of bulk h-BN and OH/BNNPs are highlighted in yellow colour. This result suggests the degradation or decomposition of h-BN, consistent with the HR-TEM analyses. However, the decomposed or degraded products of h-BN after the treatment are not identified clearly, which requires further depth spectroscopic analyses. Similar to the HR-TEM and FTIR analyses, the XRD pattern of –OH/BNNPs after treatment at pH 7.4 and 5.5 for 60 days showed that high intensity (002) plane peak remains unchanged considering the intensity and peak position (Fig. 5(e) and (f)). On the contrary, the XRD pattern of h-BN showed the complete disappearance of the (002) plane peak at  $26.72^\circ$  after 60 days at both pHs with



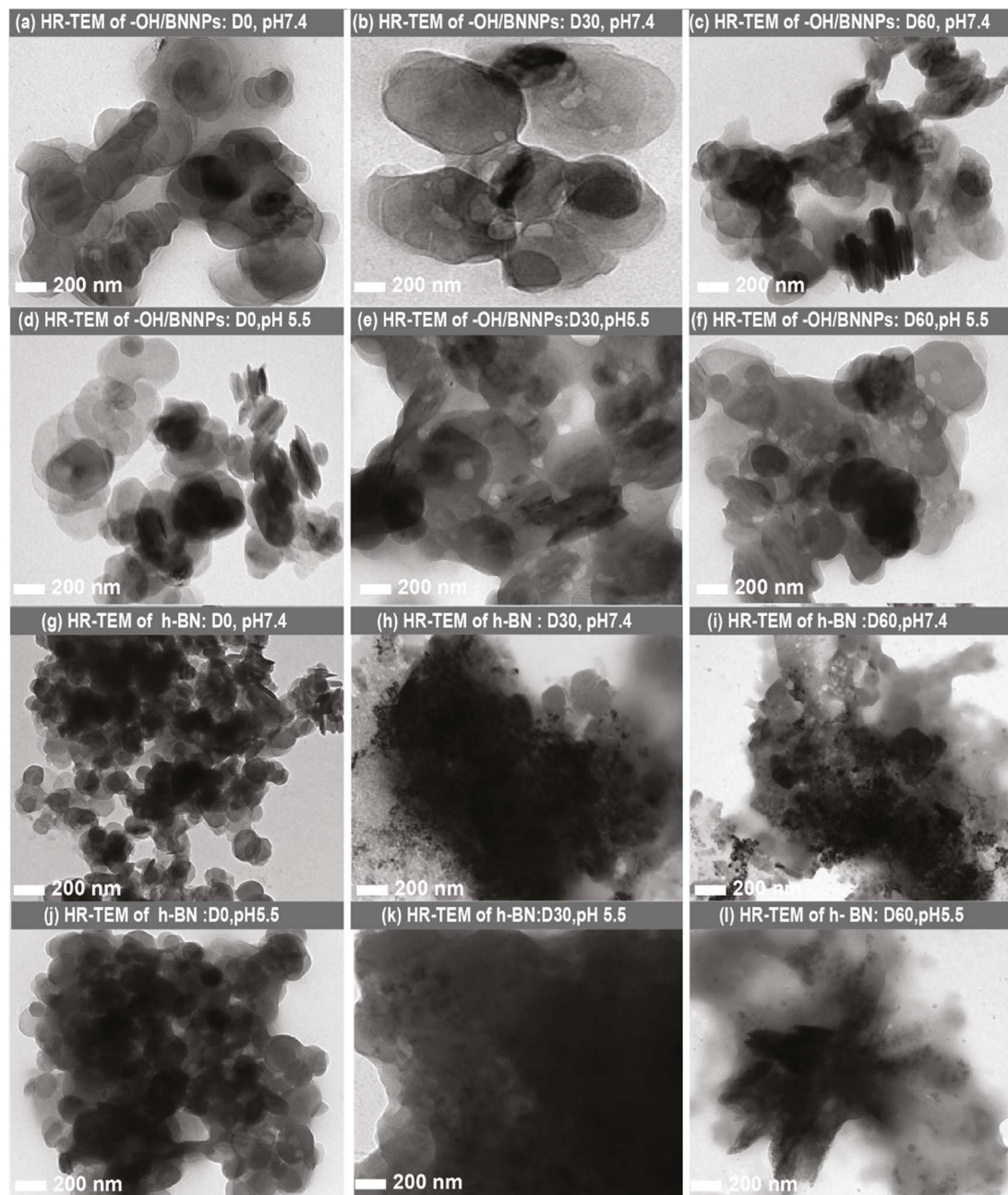


Fig. 4 HR-TEM images of  $-OH/BNNPs$  after treatment (a–c) at pH 7.4 ( $D_0$ – $D_{60}$ ) and (d–f) at pH 5.5 ( $D_0$ – $D_{60}$ ). HR-TEM images of h-BN after treatment (g–i) at pH 7.4 ( $D_0$ – $D_{60}$ ) and (j–l) at pH 5.5 ( $D_0$ – $D_{60}$ ).

a new high-intensity peak in the range between 17 and 19° (Fig. 5(e) and (f)). This further suggests the structural change of h-BN or its decomposition induced by the treatment in artificial body-like conditions at pH 7.4 and 5.5. Therefore,  $-OH/BNNPs$  can be considered as the best platform to deliver therapeutic compounds inside the body for sustainable drug delivery applications.

#### $-OH/BNNPs$ for sustained delivery of DOX

To investigate the loading efficiency of DOX onto the  $-OH/BNNPs$ , UV-Vis spectra of DOX were used to measure the supernatant after  $-OH/BNNPs$ -DOX overnight rotation. The

encapsulation efficiency of DOX was 12% with 1 : 5 ratio of DOX and  $-OH/BNNPs$  formulation.

The release profiles of DOX from  $-OH/BNNPs$  in PBS at different pH values are shown in Fig. 6(a). Compared to free DOX, the release from  $-OH/BNNPs$  is controlled over time. Although the profiles are similar, the release of DOX from  $-OH/BNNPs$  increased gradually to reach 99% at pH 5.0 while 94% at pH 7.4 after 72 hours. This result was due to the DOX protonation, DOX amino group underwent protonation at a lower pH, leading to an enhanced hydrophilicity of DOX. Consequently, the bond between DOX and the hydrophobic  $-OH/BNNPs$  surface was diminished, leading to the eventual



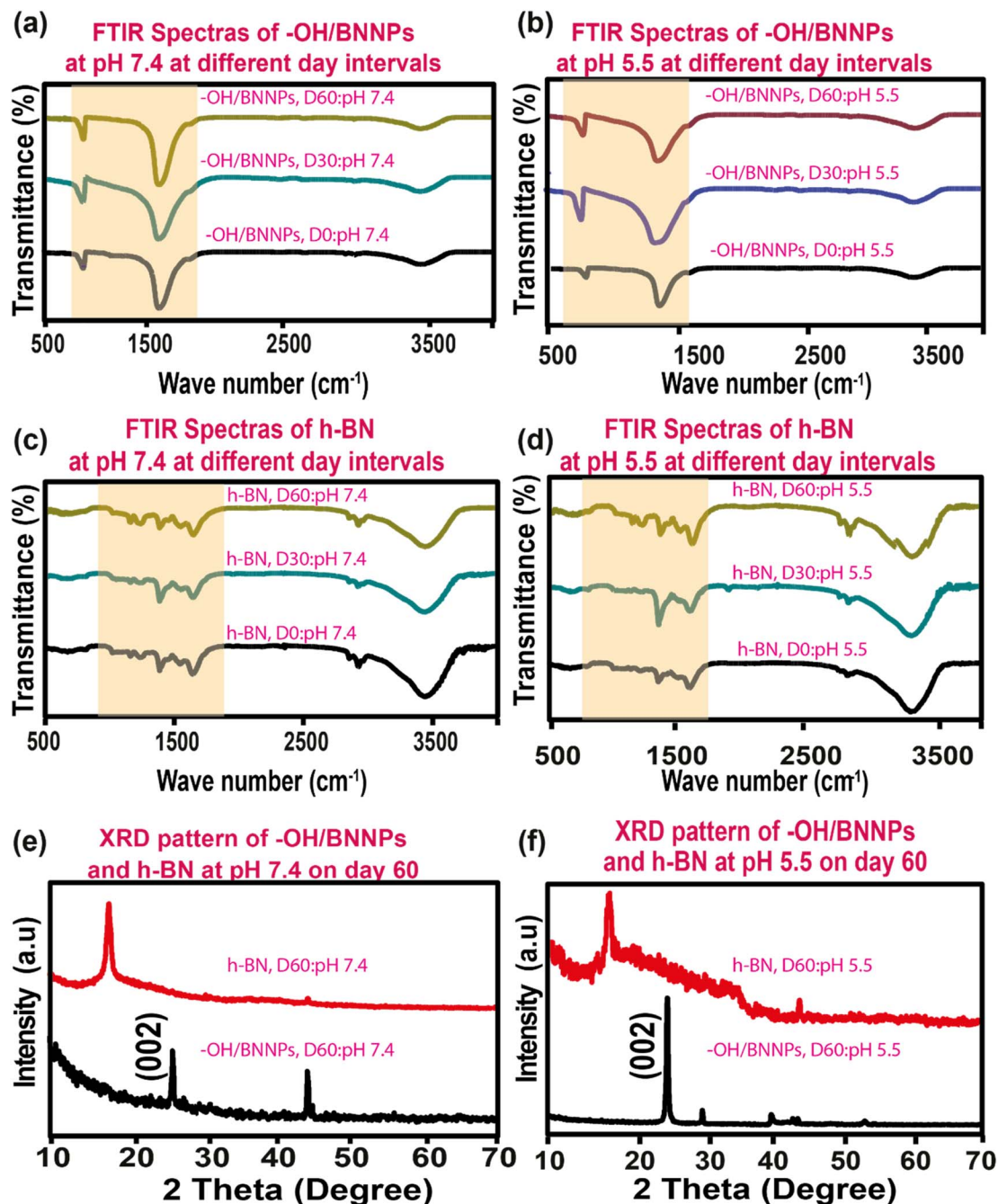


Fig. 5 FTIR spectra of -OH/BNNPs after treatment (a) at pH 7.4 (D<sub>0</sub>–D<sub>60</sub>) and (b) pH 5.5 (D<sub>0</sub>–D<sub>60</sub>). FTIR spectra of h-BN after treatment (c) at pH 7.4 (D<sub>0</sub>–D<sub>60</sub>) and (d) pH 5.5 (D<sub>0</sub>–D<sub>60</sub>). XRD pattern of -OH/BNNPs and h-BN after treatment (e) at pH 7.4 (D<sub>60</sub>) and (f) pH 5.5 (D<sub>60</sub>).

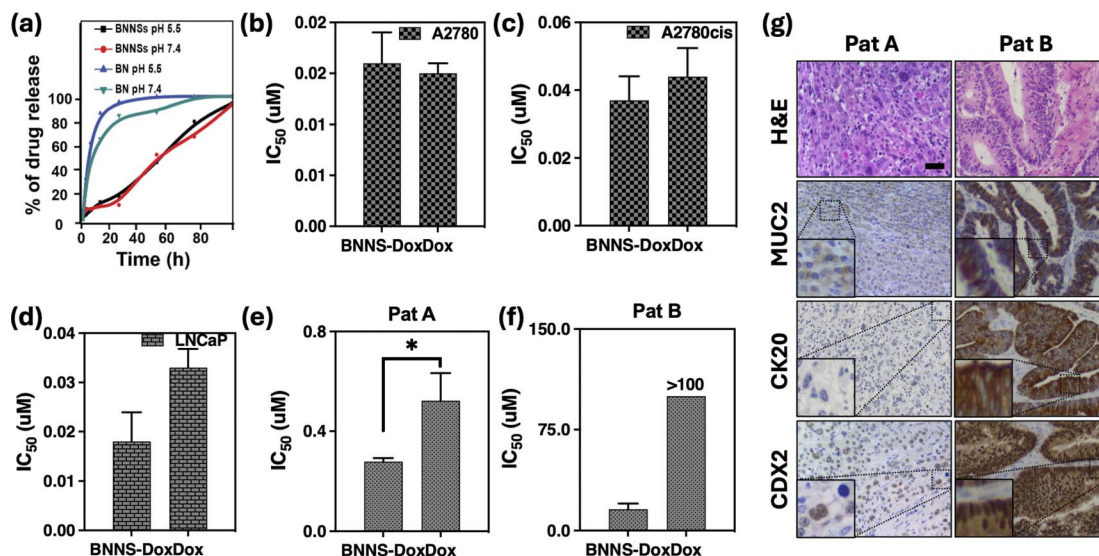
release of DOX.<sup>25</sup> Nevertheless, our results show the sustained release of DOX from -OH/BNNPs, which could be due to the OH functionalization of BNNP holding DOX due to its NH<sub>2</sub> group and cause sustained release of DOX from BNNP over time.<sup>42–44</sup>

#### Cytotoxicity assay of DOX -OH/BNNPs

Furthermore, to evaluate the cytotoxicity of DOX loaded in -OH/BNNPs, different cancerous cell lines (A2780, A2780cis, LNCaP) were treated with -OH/BNNPs-DOX and free DOX for 96 h. Both

-OH/BNNPs-DOX and free DOX exhibit cytotoxicity on all cancer cell lines. Additionally, the DOX-loaded BNNPs exhibit a tendency of increased toxicity compared to free DOX, although this difference is not statistically significant in the A2780cis and LNCaP cell lines, as depicted in Fig. 6c and d. This result illustrates that incorporating smaller amounts of drug into these innovative -OH/BNNPs can result in increased potency for reducing cancer cell viability. One reasonable explanation for this phenomenon is that -OH/BNNPs facilitates the DOX accumulation inside cancer cells compared to free DOX taking





**Fig. 6** (a) Release test of -OH/BNNPs-DOX and free DOX at pH 5.5 and pH 7.4. (b–d) Cytotoxic evaluation. IC<sub>50</sub> values of -OH/BNNPs-DOX and free DOX toward cancer cells. Values are expressed in μM. (e and f) Cytotoxicity of -OH/BNNPs-DOX and free DOX on CRC patients (Pat A and B). IC<sub>50</sub> values are expressed as μM. (g) Immunohistochemistry and hematoxylin & eosin staining of tumor tissues from PAT A and B. Muc2 (Mucin 2), CK20 (cytokeratin 20), Cdx2 (Caudal-type homeobox 2) markers of CRC. IHC images were at 20×, scale bar indicated 50 μm.

advantage of the endocytosis process.<sup>43,45</sup> Once taken up, the DOX would be activated and released within living cells in response to the acidic conditions of their aqueous environments in lysosomes, which typically have a pH lower than 5.

#### Anticancer activity of -OH/BNNPs-DOX on human colorectal cancer organoids

Colorectal cancer (CRC) ranks as the third most diagnosed cancer worldwide, resulting in approximately one million deaths annually.<sup>46,47</sup> The standard treatment options for CRC typically include chemotherapy, utilizing agents such as 5-fluorouracil, irinotecan, and oxaliplatin,<sup>48–50</sup> alongside surgical intervention.<sup>51</sup> Notably, advancements in chemotherapeutic regimens have contributed to an improvement in the overall survival rate among CRC patients over the past decade.<sup>52,53</sup> However, the development of drug resistance remains a significant challenge, often resulting in chemotherapy failure.<sup>54,55</sup>

To assess the efficacy of -OH/BNNPs containing DOX *ex vivo* models, we employed organoids derived from CRC patients. Numerous reports have demonstrated the application of organoids for evaluating the drug toxicity. This approach provides an alternative method to overcome the clinical challenges and achieve substantial results that replicate the observed patient response.<sup>24,27–29,46,47,56</sup> We produced organoids originating from CRC patients to evaluate the efficacy of encapsulated DOX in -OH/BNNPs. As shown in Fig. 6(e) and (f), the IC<sub>50</sub> values of -OH/BNNPs-DOX are in the range of 0.2–14 μM, in comparison to 0.4 – >100 μM of free DOX. These data demonstrate that encapsulated DOX in -OH/BNNPs exhibit higher potency and the potential to overcome the chemoresistance issue comparatively to the free DOX, which could be due to the -OH/BNNPs ability to retain DOX and facilitate gradual release over time.

To explore the molecular similarity between organoids and the parental tumor, an immunohistochemical analysis was conducted, revealing immunopositivity for Muc2 (Mucin 2), CK20 (cytokeratin 20) and Cdx2 (Caudal-type homeobox 2) which are markers of CRC (Fig. 6g, S6†).

## Conclusions

The long-term biotransformation study of nanoparticles is crucial for assessing risks in a clinical setting. It plays a vital role in bridging the gap between wet bench research and clinical application. Here in this research, we studied the long-term stability of the hydroxylated boron nitride nanoparticles for up to two months, at two different pH conditions (5.5 and 7.4) by simulating an *in vivo* system. The results were compared with pristine BN and it was observed that the hydroxylated BN is very stable for up to two months. The system was used to load the DOX and it was observed that the drug was absorbed on the surface due to the high surface-to-volume ratio of the material. Additionally, the drug interaction was facilitated through hydrogen bonding on the surface (through hydroxylated BN surface and naturally present OH functional groups in DOX structure) and showed a sustained release profile compared to the pristine BN. Furthermore, the system showed excellent therapeutic abilities on different cancer cell lines and CRC-PDTC. The findings of this study unveil an exciting prospect for evaluating the long-term risk assessment of cargos prior to their utilization in the healthcare system.

## Disclaimer

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efforts have been made to improve the clarity and accuracy of the language, the final content and scientific interpretations are the sole responsibility of the authors and their collaborators. ChatGPT has been utilized solely to enhance readability and expression, without generating any data.

## Data availability

The data supporting the findings of this study are available within the paper, ESI† files and from the corresponding authors upon reasonable request. Source of data are provided with this paper.

## Author contributions

K. A.; M. A. involved in the conceptualization, experimental data and writing; Md. M. R.; I. C.; A. A. S., S. P. participated in the data analysis, review & editing; V. C. contributed in the biological samples, review & editing, funding acquisition; F. R. was participated in the data analysis, review & editing. All authors read and approved the final manuscript.

## Conflicts of interest

The authors declare no conflict of interest.

## Acknowledgements

This research was funded by the Italian Ministry of Health, Ricerca Corrente.

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