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In silico evaluation of potential breast cancer receptor antagonists from GC-MS and HPLC identified compounds in Pleurotus ostreatus extracts†

Magdalene Eno Effiong[,](http://orcid.org/0000-0001-7250-2323) \mathbb{D}^{*ab} Mercy Bella-Omunagbe, ab Israel Sunmola Afolabi \mathbb{D}^{ac} and Shalom Nwodo Chinedu^{ac}

Introduction: Pharmacotherapeutic targets for breast cancer include the estrogen receptor (ER), progesterone receptor (PR), and human epidermal growth factor receptor (EGFR). Inhibitors of these receptors could be interesting therapeutic candidates for the treatment and management of breast cancer (BC). Aim: This study used GC-MS and HPLC to identify bioactive compounds in Pleurotus ostreatus (P. ostreatus) extracts and applied in silico methods to identify potent EGFR, ER, and PR inhibitors from the compounds as potential drug candidates. Method: GC-MS and HPLC were used to identify bioactive chemicals in P. ostreatus extracts of aqueous (PO-A), methanol (PO-M), ethanol (PO-E), chloroform (PO-C), and n-hexane (PO-H). The ER, PR, and EGFR model optimization and molecular docking of compounds/control inhibitors in the binding pocket were simulated using AutoDock Vina in PyRx. The drug-likeness, pharmacokinetic, and pharmacodynamic features of prospective docking leads were all anticipated. Result: The results indicated the existence of 29 compounds in PO-A, 36 compounds in PO-M and PO-E, 42 compounds in PO-C, and 22 compounds in PO-H extracts. With ER, only o-tolylamino-acetic acid (4-nitro-benzylidene)-hydrazide (-7.5 kcal mol⁻¹) from the ethanolic extract could bind to the receptor. PR and EGFR, on the other hand, identified several compounds with higher binding affinities than the control. Ergotaman-3',6',18-trione (−8.1 kcal mol^{−1}), 5,10-diethoxy-2,3,7,8-tetrahydro-1H,6H-dipyrrolo[1,2-a:1',2'-d]pyrazine (−7.8 kcal mol^{−1}) from the aqueous extract; o-tolylamino-acetic acid (4-nitro-benzylidene)-hydrazide (–8.4 kcal mol⁻¹) from the ethanolic extract had better binding affinity compared to progesterone (–7.7 kcal mol⁻¹). Likewise, $ergotaman-3', 6', 18-trione (-9.7 kcal mol⁻¹)$ from the aqueous extract and phenol, $2, 4-bis(1,1-dimethyl)$ ethyl) (-8.2 kcal mol⁻¹) from the chloroform extract had better binding affinities compared to the control, gefitinib (–7.9 kcal mol⁻¹) with regards to EGFR. None of the PO-H or PO-M extracts outperformed the control for any of the proteins. Phenols and flavonoids such as quercetin, luteolin, rutin, chrysin, apigenin, ellagic acid, and naringenin had better binding affinity to PR and EGFR compared to their control. Conclusion: The identified compounds in the class of phenols and flavonoids were better lead molecules due to their ability to strongly bind to the proteins' receptors. These compounds showed promising druglike properties; they could be safe and new leads for creating anticancer medicines. **PAPER**
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1 Introduction

Mushrooms are high in nutrients such as protein, dietary fiber, vitamins, and minerals, all of which benefit general health.^{1,2}

They contain antioxidants, which help to neutralize damaging free radicals, potentially lowering the risk of chronic illnesses like as cancer. $3,4$ Mushrooms have anti-inflammatory properties that may help prevent certain cancers. They also contain immunomodulatory properties, which can help boost the body's natural defenses against cancer cells.5,6 Studies have yielded positive findings in terms of decreasing cancer cell proliferation, inducing apoptosis, and lowering tumor development.⁷⁻¹⁰ Mushrooms are frequently used as a supplement or adjuvant therapy to conventional cancer medications, with the potential to reduce treatmentrelated side effects and improve general well-being.^{11,12}

Breast cancer is a major public health issue worldwide due to its high prevalence, mortality rates, disparities in access to care,

a Department of Biochemistry, College of Science and Technology, Covenant University, Canaanland, PMB 1023, Ota, Ogun State, Nigeria. E-mail: magdalene.effiongpgs@stu. cu.edu.ng

b Covenant Applied Informatics and Communication Africa Centre of Excellence (CApIC-ACE), Nigeria

c Covenant University Public Health and Wellbeing Research Cluster (CUPHWERC), Covenant University, Canaanland, PMB 1023, Ota, Ogun State, Nigeria

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and emotional impact on individuals, families, communities, and healthcare systems.¹³⁻¹⁵ The disease is the most often diagnosed cancer among women worldwide, with a high mortality rate.¹⁶⁻¹⁸ It has a significant economic impact, including costs for diagnosis, treatment, care and psychosocial support.¹⁷⁻¹⁹ Tackling breast cancer involves a multifaceted strategy, including prevention, early detection, diagnosis, and treatment such as surgery, chemotherapy, radiation therapy, hormone therapy, targeted therapy, and immunotherapy.^{20,21} However, these methods can have side effects and do not always result in complete remission or prevent recurrence due to drug resistance and tumoral heterogeneity.²²

Breast cancer has several molecular subgroups based on hormone receptor expression and gene profiles. The five primary subtypes are luminal A, luminal B, HER2-enriched, triple-negative breast cancer (TNBC), and basal-like.^{23,24} The disease's heterogeneity is continually changing, demanding personalized and focused treatments.²⁵ Receptors associated with these subtypes, such as estrogen receptors (ER), progesterone receptors (PR), human epidermal growth factor receptor 2 (HER2), are important in cancer initiation, development, and treatment response. $26,27$ Targeting these receptors with specific drugs has resulted in significantly improved outcomes, emphasizing the importance of the discovery of natural inhibitors and drug candidates. Paper

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Oyster mushrooms, also known as Pleurotus ostreatus, have been studied for their potential anticancer properties,²⁸ including interactions with ER+, PR+ and HER2+ breast cancer receptors.^{29,30} Bioactive compounds in Pleurotus ostreatus may interact with these breast cancer receptors, either independently or synergistically leading to decreased breast carcinogenesis, survival and proliferation. Therefore this study aims at utilizing gas chromatography mass spectrophotometer (GC-MS) and high performance liquid chromatography (HPLC) techniques to identify and quantify the bioactive compounds in Pleurotus ostreatus, and apply in silico techniques to evaluate their inhibitory effects on breast cancer receptors.

2 Materials and methods

2.1 Sample collection and preparation

2.1.1 Collection and identification of Pleurotus ostreatus. 25 kg of fresh P. ostreatus (oyster mushrooms) were purchased from a local mushroom farm in Agbara, Ogun State, South West Nigeria, at coordinates 6.5114°N, 3.1115°E. The Botany Department at the University of Ibadan in Ibadan, Oyo State, validated the acquired specimen (Fig. 1).

2.1.2 Processing and preservation of Pleurotus ostreatus. P. ostreatus was thoroughly cleansed to remove pollutants and wiped clean with a sterile towel to remove any water residues from its surface. The washed P. ostreatus was dried in an oven with hot air set to 55–65 °C until completely dry. The dried P. ostreatus was ground into powder using a blender and weighed. The resulting powder was cooled to room temperature and stored in sealed containers for future use.³²

2.1.3 Preparation of Pleurotus ostreatus extracts. The bioactive components of the P. ostreatus sample were extracted using the method described by ref. 33. To find the optimal solvent, the extracts were prepared in a variety of solvents such as chloroform, ethanol, n-hexane, distilled water, and methanol. 20 g of dry powdered material was weighed, combined with 300 mL of each solvent, and stirred for 24 hours. To remove solid particles, the resultant solution was double-filtered with Whatman filter paper. The extracts were created by removing the solvents using a rotary evaporator. The final extracts were weighed, and the percentage extract yield and total dry weight were calculated for each solvent extract. The dried extracts were stored at 4 $\rm{°C}$ until further evaluation as described by.^{33,34}

2.2 Gas chromatography-mass spectrometry (GC-MS) analysis of the extracts of Pleurotus ostreatus

PO extracts were analyzed by GC-MS on a GCMS-QP2010SE SHIMADZU JAPAN using a fused Optima-5MS capillary column of 30 m length, 0.25 mm diameter, and 0.25 μ m film thickness. The GC conditions were pure helium (1.56 mL min⁻¹ flow rate and 37 cm s⁻¹ linear velocity), injector temperature (200 °C),

Fig. 1 (a and b): P. ostreatus mushroom.³¹ (a): P. ostreatus growing on its substrate. (b): P. ostreatus freshly harvested.

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Table 1 Gas chromatography-mass spectroscopy (GC-MS) identified phytocompounds in PO aqueous extract (29 compounds)

column oven temperature (60 °C initially, then increased to 160 ° C and later to 250 °C at 10 °C min⁻¹ with 2 min/increment hold time), and injection volume and split ratio $(0.5 \mu L$ and $1:1$, respectively). The MS conditions were: ion source of 230 °C and an interface temperature of 250 °C, a solvent delay of 4.5 minutes recorded in a scan range 50 to 700 amu. Unknown constituents were detected by comparing the retention duration, mass spectrum data and fragmentation pattern of the extracts with established libraries (National Institute of Standards and Technology (NIST) and Wiley libraries).35,36

2.3 HPLC analysis of the extracts of Pleurotus ostreatus

The HPLC identification and characterization of flavonoids, phenols and saponins in the five extracts of P. ostreatus was carried out using the method described by ref. 37.

2.3.1 Sample preparation for HPLC analysis. An aliquot of the sample extracts (0.1 g) was combined with 10 mL of 70% methanol in a closed test tube and left to stand for 1-2 hours. The extracted material was then decanted, centrifuged using a chilled centrifuge (model: CR21G, serial number: S2025709), and filtered through a micron filter into a 5 mL sample container. The sample filtrate was used to analyze the saponins, phenolic and flavonoid components in the extracts of Pleurotus ostreatus using HPLC.³⁷

2.3.2 HPLC analysis for the saponins fractions. The saponin samples $(40 \mu L)$ were injected into the HPLC (model: Agilent LC-8518) with acetonitrile/water (70 : 30) mobile phase, 205 nm wavelength, a 14 minutes run duration, sorbent type is C18 silica packed column, 5 μ m, 4.6 \times 2.50 mm. HPLC analysis was performed using N2000 chromatography software (4.0 version) with a high-sensitivity LC-8518 UV detector, column (150 mm \times 4.6 mm) set at 40 °C, and a low-pressure gradient and solvent delivery LC-8518 pump with a high-pressure switching valve to determine flavonoids content and amount in the extracts.³⁷

2.3.3 HPLC analysis for the phenol fractions. The extracted phenolic samples $(40 \mu L)$ were injected into the HPLC (model: Agilent LC-8518) running with acetonitrile/water/acetic acid (19 : 80 : 1) mobile phase, at 272 nm wavelength, and a run time of 25 minutes. To analyze flavonoids in extracts, N2000 chromatography software was used with a high-sensitivity LC-8518 diode array (DA) detector, a column (150 mm \times 4.6 mm) set at 35 °C, and a low-pressure gradient and solvent delivery LC-8518 pump with a high-pressure switching valve.³⁷

2.3.4 HPLC analysis for the flavonoids fractions. The extracted flavonoid samples (40 μ L) were injected into the HPLC (model: Agilent LC-8518) running with acetonitrile, water and formic acid (25 : 74 : 1) mobile phase, 210 nm wavelength, and a run period of 25 minutes. To analyze flavonoids in extracts, N2000 chromatography software was used with a high-sensitivity LC-8518 diode array (DA) detector, a column (150 mm \times 4.6 mm) set at 40 °C, and a low-pressure gradient and solvent delivery LC-8518 pump with a high-pressure switching valve.³⁷

2.4 In silico studies

2.4.1 Protein retrieval and preparation. The threedimensional structure of proteins involved in breast cancer such as PR (1A28), ER (1ERE) and EGFR (1M17) were obtained from the RCSB Protein Data Bank (PDB) (<https://www.rcsb.org/>). The proteins and their natural substrates/inhibitors are described in Table 1. The proteins were prepared with UCSF Chimera Software version 1.17.3. The co-crystallized ligands and other non-standard residues were removed from the structures; hydrogen atoms and Gasteiger charges were added; the energy of the structure was minimized using the steepest descent method.

2.4.2 Ligand preparation. Ligands used in this study were curated from the compounds identified from the plant via GCMS and HPLC. The canonical smiles and three-dimensional structure of these ligands were obtained from the PubChem library (<https://pubchem.ncbi.nlm.nih.gov/>). The natural substrates/inhibitors were added to this ligand library to be used as the reference compound.

2.4.3 Molecular docking. Molecular docking was carried out via a blind docking procedure using AutoDock Vina in

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Table 2 Gas chromatography-mass spectroscopy (GC-MS) identified phytocompounds in PO methanol extract (36 compounds)

PyRx.^{38,39} The grid box parameters were set as shown in Table 2 follows: EGFR [centre: size-X(23.5378:93.1492); Y (9.8448:66.2191); Z(59.3929:51.5664)], ER [centre: size-X(42.1102:56.7478); Y(30.3765:38.8400); Z(49.3079:49.8795)], [centre: size-X(29.5578:55.0116); $Y(8.2756:50.7768)$; Z(67.8664:53.0039)] and run at exhaustiveness of 8. The protein–ligand interactions were visualized using Discovery Studio 2021 to identify the amino acid residues and the interactions they formed upon binding to the different compounds.

2.4.4 Pharmacological properties of compounds. For initial screening, SwissADME (<http://www.swissadme.ch/>), an online web-based platform, was used, which evaluates the pharmaceutical fidelity of the drug candidates. Various attributes such as molecular weight, lipophilicity, number of hydrogen bond acceptors, and donors were analyzed using this tool.

2.4.5 Bioavailability radar and toxicity. Drug-likelihood was comprehensively evaluated for candidates, considering six physiochemical properties such as solubility, molecular size, polarity, lipophilicity, saturation, and flexibility and a bioavailability radar was obtained using the SwissADME tool (<http://www.swissadme.ch/>). At the same time, the ADMETlab 2.0 webserver ([https://admetmesh.scbdd.com/](https://admetmesh.scbdd.com/service/screening/cal) [service/screening/cal](https://admetmesh.scbdd.com/service/screening/cal)) was used to predict the toxicity of the ligands.⁴⁰

3 Results

3.1 Gas chromatography-mass spectroscopy (GC-MS) results

The gas chromatography of Pleurotus ostreatus aqueous, methanol, ethanol, chloroform and n-hexane extracts revealed the presence of 29, 36, 36, 42 and 22 peaks respectively.

3.1.1 Gas chromatography-mass spectroscopy (GC-MS) results of PO aqueous extract. The aqueous extract had 29 bioactive compounds belonging to various compound classes (Table 1). Majority of the bioactive compounds in the aqueous extracts were alcohols.

3.1.2 Gas chromatography-mass spectroscopy (GC-MS) results of PO methanol extract. The methanol extract had 36 bioactive compounds belonging to various compound classification (Table 2). Majority of the bioactive compounds in the methanol extracts were alcohols and fatty acids.

3.1.3 Gas chromatography-mass spectroscopy (GC-MS) results of PO ethanol extracts. The ethanol extract had 36 bioactive compounds belonging to various compound classification (Table 3). Majority of the bioactive compounds in the ethanol extracts were alcohols and fatty acids.

3.1.4 Gas chromatography-mass spectroscopy (GC-MS) results of PO chloroform extract. The GC-MS results of the chloroform extract of PO revealed the presence of 42 bioactive compounds as shown in Table 4. Majority of the bioactive compounds in the chloroform extracts were alcohols and fatty acids.

3.1.5 Gas chromatography-mass spectroscopy (GC-MS) results of PO *n*-hexane extract. The GC-MS results of the *n*hexane extract of PO revealed the presence of 22 bioactive compounds as shown in Table 5. Majority of the bioactive compounds in the n-hexane extracts were alcohols and fatty acids.

3.2 High performance liquid chromatography (HPLC) profile of P. ostreatus extracts

The HPLC profile of P. ostreatus extracts revealed the presence of flavonoids, phenols and saponins. The extracts possessed

a wider array of flavonoid compounds, followed by phenolic compounds and least amount of saponin compounds. Majority of the saponin compounds were unidentified compared to the flavonoid and phenolic compounds (Table 6).

3.3 Molecular docking results

3.3.1 Ligand selection. Molecules investigated in this study were from a range of compounds in P. ostreatus which were identified via different GCMS and HPLC extraction methods. Some of these compounds are classified as phenols and flavonoids. In this study, we examined a total of 188 compounds excluding the saponins (ESI File 1†). The natural substrates/ inhibitors of the proteins studied were used as control (Table 7).

3.3.2 Molecular docking. In the current study, the selected receptors were docked against the screened molecules to examine the binding affinity. Docking scores selected represent the compounds where the upper and lower $RMSD = 0$, and lower than that of the control and the control, for proteins where the control has the lowest binding affinity, only the control is represented (Tables 8–10). The complete docking score of the ligands against the receptors used in the study is shown in ESI 02.†

3.3.3 Screening of compounds against PR

3.3.3.1 Aqueous extract. Among the 29 compounds, 2 compounds, 10531 and 565346 exhibited a low binding affinity lower than the control, (compound 5994) which exhibited a low binding affinity of [−]7.7 kcal mol−¹ . Compound 10531 exhibited the lowest binding affinity of -8.1 kcal mol⁻¹ while compound

565346 exhibited a low binding affinity of -7.8 kcal mol⁻¹. The interactions formed by compound 10531 with PR include; Conventional Hydrogen Bonds with SER796, Pi–sigma with LEU901, Pi–alkyl with LEU797, Pi–anion with GLU791, and Pi– Pi stacked/Pi–Pi T-shaped with TYR890 (Fig. 2A). The interactions formed by compound 565346 include Conventional Hydrogen Bonds with ARG766, GLN725, and CYS891, Pi–sulfur with MET909, and Pi–alkyl with LEU715 and LEU718 (Fig. 2B).

3.3.3.2 Chloroform extract. Among the 42 compounds, none exhibited a lower binding affinity than that of the control, 5994 at −11.4 kcal mol⁻¹.

3.3.3.3 Ethanolic extract. Among the 36 compounds, compound 6876597 exhibited a binding affinity of [−]8.4 kcalmol−¹ which was lower than that of the control 5994 at [−]6.9 kcal mol−¹ . Compound 6876597 formed interactions such as Conventional Hydrogen Bonds with PRO696, ASP697, ARG766, TRP765, and HIS770, Pi–sigma with VAL729, Pi–alkyl with PRO696, Pi–Pi T-shaped with TRP732, Attractive Charge with GLU695 and Carbon Hydrogen Bond with LYS769 (Fig. 3).

3.3.3.4 Flavonoids. Among the 18 Flavonoids studied, three of them possessed binding affinities lower than the control at -7.7 kcal mol⁻¹. The first three are 5280445, 5280343, and 439246 at binding affinities of -9.6 , -9.5 , and -9.2 kcal mol⁻¹ respectively. The interactions formed by Compound 5280445 include Conventional Hydrogen Bonds with ASN719, LEU887, MET759, and GLN725, Pi–Pi T-shaped with PHE778 and Pi– alkyl with CYS891 and LEU763 (Fig. 4B). Compound 5280343

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Table 4 Gas chromatography-mass spectroscopy (GC-MS) identified phytocompounds in PO chloroform extract (42 compounds)

formed interactions which include Conventional Hydrogen Bonds with ASN719, LEU715, MET756, and GLN725, Pi–sulfur with MET801, Pi–Pi T-shaped with PHE778 and Pi–alkyl with CYS891, MET759, and LEU763 (Fig. 4A). Compound 439246 formed interactions such as Conventional Hydrogen Bond with LEU715, Pi–Pi T-shaped with PHE778, and Pi–alkyl with CYS891 and LEU763 (Fig. 4C).

3.3.3.5 Hexane extract. Among the 22 compounds, none exhibited a lower binding affinity than that of the control, 5994 at -7.7 kcal mol⁻¹.

3.3.3.6 Methanolic extract. Among the 36 compounds, none exhibited a lower binding affinity than that of the control, 5994 at −11.4 kcal mol⁻¹.

3.3.3.7 Phenols. The Phenols studied showed a low binding affinity with PR. Two compounds namely 5280343 and 5280443 showed a low binding affinity with -9.5 kcal mol⁻¹ and [−]8.1 kcal mol−¹ respectively which are considerably much lower than the control at -7.2 kcal mol⁻¹. A third compound 5281855 also exhibited low binding affinity at -7.2 kcal mol⁻¹. The interactions formed by compound 5280343 include Conventional Hydrogen Bonds with GLN725 and ASN719, Pi–sulfur with MET801, Pi–Pi T-shaped with PHE778 and Pi–alkyl with MET759, CYS891 and LEU763 (Fig. 5A). The interactions formed

by compound 5280443 include Conventional Hydrogen Bonds with SER728 and GLN725, Pi–cation with ARG766, and Pi–alkyl with PRO696 and VAL698 (Fig. 5B). The interactions formed by Compound 5281855 include Conventional Hydrogen Bonds with ILE699, Carbon Hydrogen Bonds with VAL698, GLY762, and SER728, Pi–anion/Pi–cation with ARG766 and GLU695a and Pi–alkyl with PRO696 (Fig. 5C).

3.3.4 Screening of compounds against ER

3.3.4.1 Aqueous extract. Among the 26 compounds, none exhibited a lower binding affinity than the control, 5757 at [−]10.9 kcal mol−¹ . Compound 10531 exhibited the next lowest binding affinity of -8.8 kcal mol⁻¹.

3.3.4.2 Chloroform extract. Among the 42 compounds, none exhibited a lower binding affinity than that of the control, 5757 at [−]10.9 kcal mol−¹ . In another pose, the control also exhibited a low binding affinity at -8.6 kcal mol⁻¹. Compound 88693 showed a binding affinity of -6.8 kcal mol⁻¹ which is considerably higher than that of the control.

3.3.4.3 Ethanolic extract. Compound 6876597 exhibited a binding affinity of -7.5 kcal mol⁻¹ which is lower than that of the control at -7 kcal mol⁻¹. No other compound showed a lower binding affinity. The interactions formed by compound 6876597 are Conventional Hydrogen Bonds with PRO324 and

Table 5 Gas chromatography-mass spectroscopy (GC-MS) identified phytocompounds in PO n-hexane extract (22 compounds)

GLU353, attractive charge/salt bridge with GLU323, Pi–alkyl with MET357 and PRO324, and Carbon Hydrogen Bond with PRO325 and GLY442 (Fig. 6).

3.3.4.4 Flavonoids. The control compound, 5757 showed better binding ability than all other compounds studied at [−]10.9 kcal mol−¹ . The next compounds with a low binding ^affinity were 439246 and 5281607, both at [−]8.2 kcal.

3.3.4.5 Hexane extract. The control compound exhibited the lowest binding affinity at −8.8 kcal mol⁻¹. The next hit with a low binding affinity was compound 610065 at -7.5 kcal mol $^{-1}$.

3.3.4.6 Methanolic extract. None of the compounds under study exhibited a lower binding affinity than 5757, the control at -8.6 kcal mol⁻¹.

3.3.4.7 Phenols. The control, 5757 exhibited the lowest binding affinity when compared to the phenols studied. It

exhibited a low binding affinity of -10.9 kcal mol⁻¹. Compound 5281855 exhibited the next low binding affinity at -9.1 kcal mol⁻¹.

3.3.5 Screening of compounds against EGFR

3.3.5.1 Aqueous extract. Compound 10531 exhibited the lowest binding affinity of -9.7 kcal mol⁻¹ which was considerably lower than that of the control, 123631 at -7.9 kcal mol $^{-1}$. The interactions formed are Conventional Hydrogen Bonds with LEU694 and ASP831, Pi–sigma with VAL702 and LEU694, Pi–alkyl with LYS704 and LEU820, and Carbon Hydrogen Bonds with PHE771 and GLY772 (Fig. 7).

3.3.5.2 Chloroform extract. Compound 93344 exhibited a binding affinity of -8.2 kcal mol⁻¹ which is considerably lower than the binding affinity of the control at -8 kcal mol⁻¹. The interactions formed by compound 93344 are Pi–anion with

Table 7 The proteins studied and their description

ASP831, Pi–sigma with LEU820, Pi–Pi stacked with PHE699, and alkyl/Pi–alkyl with LEU694 and VAL702 (Fig. 8).

3.3.5.3 Ethanolic extract. No compound exhibited a lower binding affinity than that of the control, 123631 at -7.9 kcal mol⁻¹.

3.3.5.4 Flavonoids. Four compounds showed a better binding affinity than that of the control at -7.8 kcal mol⁻¹. These compounds include 5280343, 5280445, 5280805, and

Table 9 The binding affinity of top ligands targeting ER

Table 10 The binding affinity of top ligands targeting EGFR

5281607 at best binding affinities of [−]8.5, [−]8.4, [−]8.4, and [−]7.8 kcal mol−¹ respectively. Compound 5280343 formed interactions which include Conventional Hydrogen Bond with MET769, GLN767, GLU738, MET742 and ASP831, Pi–cation with LYS721, Pi–sigma with LEU820 and LEU694, sulfur–X with

MET742 and Pi–alkyl with VAL702, LEU820 and ALA719 (Fig. 9A). Compound 5280445 formed interactions which include MET742 and MET769, Pi–sigma with VAL702, LEU820 and LEU694, and Pi–alkyl with LYS721, ALA719, and VAL702 (Fig. 9B). Compound 5280805 formed interactions which

Fig. 2 The intermolecular interactions between 10531 (A); 565346 (B) and PR.

Fig. 3 The intermolecular interactions between 6876597 and PR.

include Conventional Hydrogen Bonds with CYS773, LYS721, and LEU764, Pi–Pi stacked with PHE699, Pi–anion with ASP831 and Pi–alkyl with VAL702 and ALA719 (Fig. 9C). Compound 5281607 formed interactions which include Pi–cation with LYS721, Pi–sulfur with MET742, Pi–sigma with VAL702 and LEU820, and Pi–alkyl with LEU694, ALA719 and VAL702 (Fig. 9D).

3.3.5.5 Hexane extract. Among the 22 compounds, none exhibited a lower binding affinity than that of the control, 123631 at -7.7 kcal mol⁻¹.

3.3.5.6 Methanolic extract. Among the 36 Compounds, none exhibited a lower binding affinity than that of the control, 123631 at -7.7 kcal mol⁻¹.

3.3.5.7 Phenols. The control compound, 123631 exhibited a low binding affinity at -7.8 kcal mol⁻¹. Three compounds

showed a better binding affinity than that of the control. These compounds are 5281855, 5280343, and 5280443 at binding affinity of -8.8 , -8.5 , and -7.8 kcal mol⁻¹. Compound 5281855 formed interactions which include Conventional Hydrogen Bonds with ASP831, LYS721, GLU738, THR766 and MET769, Pi– sigma with VAL702 and LEU820, and Pi–alkyl with LEU694, ALA719, VAL702, LEU820 and LYS721 (Fig. 10A). Compound 5280343 formed interactions which include Conventional Hydrogen Bond GLN767 and MET769, sulfur–X with MET7422, Pi–cation with LYS721, Pi–sigma with LEU694 and LEU820 and Pi–alkyl with VAL702, LEU820 and ALA719 (Fig. 10B). Compound 5280443 formed interactions which include Conventional Hydrogen Bond with MET769, Pi–sigma with VAL702, LEU820, and LEU694, and Pi–alkyl with LYS721, VAL702 and ALA719 (Fig. 10C).

3.3.6 Pharmacological properties of compounds. The pharmacological properties of the selected hit compounds are shown in Table 11. Positive results were observed for blood– brain barrier (BBB) penetrability for all compounds except 5281607 of the Flavonoids group. A high GI absorption was predicted for all compounds except 5280805 which reported a low GI absorption. 10531, 93344, 439246 and 5280805 were the only P-glycoprotein substrates among these hits and no inhibitor was recorded among these non-substrates (Table 11).

3.3.7 Drug likeness of compounds. Eight (8) of the selected hits fully adhered to the drug-likeness rule according to Lipinski, Veber, Ghose, Egan and Muegge. All other compounds had at least one violation (Table 12).

3.3.8 Physiochemical properties of compounds. The physiochemical properties of the selected hits shown in Table 13 impact the drug-likeness of each compound.

3.3.9 Cytochrome P450 (CYP) potentials of compounds. The cytochrome P450 isoforms inhibitory properties of the selected hits are contained in Table 14. The results showed that with the exception of 5280805 and 565346, all other compounds

Fig. 4 The intermolecular interactions between 5280343 (A); 5280445 (B); 439246 (C) and PR.

exhibited inhibitory properties of the isoforms of cytochrome P450.

4 Discussion

P. ostreatus is highly nutritious and medicinal mushroom that contains a wide variety of bioactive compounds which may possess anti-cancer properties.²⁸ The isolation and identification of these bioactive compounds using a combination of GC-MS and HPLC provides an opportunity to explore their anticancer potential and mechanisms of actions. As a result, this study was carried out to identify the bioactive compounds in P. ostreatus using GC-MS and HPLC and evaluate their inhibition potential on breast cancer receptors in silico.

4.1 GC-MS profile of P. ostreatus bioactive compounds and their biological activities

Gas chromatography-mass spectrometry (GC-MS) is a valuable analytical tool for profiling and studying secondary metabolites in a variety of biological samples.⁴¹ The GC-MS profile of the phytocompounds from the five extracts of P. ostreatus revealed that chloroform solvent extracted more versatile compounds

compared to other solvents. This is similar to the reports by Effiong et $al.^{42}$ Overall the GC-MS identified bioactive compounds in P. ostreatus have been found to possess numerous medicinal and biological significance ranging from anti-tumor, antioxidant, anti-cancer, anti-diabetic, antimicrobial, anti-inflammatory, immunomodulatory, antimalarial, probiotic, neuroprotective, anti-tuberculosis, etc.

Antioxidant compounds perform the role of removing free radicals that cause oxidative damage to cells and tissues. They can combat oxidative stress, protect cells from injury, maintain cellular integrity, regulate growth, and aid in immune function which plays a significant role in preventing and managing breast cancer development.⁴³ The identified antioxidant compounds in Pleurotus ostreatus extracts were 4H-pyran-4-one, furanones,^{44,45} cyclohexanecarboxylic acid, pentadecanoic acid, hexadecanoic acid, dodecanoic acid, heptacosanoic acid, 46,47 2pyrrolidinone;⁴⁸ niacinamide; niacin;⁴⁹ 1,2,4-triazol-3-amine;⁵⁰ acetamide;⁵¹ propanamide;⁵² pyrrolizine derivatives,⁵³ piracetam;⁵⁴ D-limonene⁵⁵ and eicosane.⁵⁶

Anti-inflammatory compounds were also identified in the extracts of P. ostreatus. These compounds includes 4H-pyran-4 one, furanones,⁴⁴ pyrazine, thiadiazole;^{57,58} acetamide;⁵⁹

Fig. 6 The intermolecular interactions between 6876597 and ER.

Fig. 7 The intermolecular interactions between 10531 and EGFR.

Fig. 8 The intermolecular interactions between 93344 and EGFR.

succinamide⁶⁰ and pyrrolizine,⁶¹ D-limonene⁶² and eicosane.⁶³ These compounds functioning as anti-inflammatory chemicals help to prevent breast cancer by modulating inflammatory pathways. They reduce inflammation, prevent proinflammatory cytokine production, and scavenge free radicals. They also influence the hormonal pathways and cellular mechanisms that lead to the progression of breast cancer.⁶⁴

Compounds with anti-proliferative, anti-cancer and antitumor properties were identified among the GC-MS profile of P. ostreatus. These compounds include 2,3-butanediol,⁶⁵ 1dodecanol,⁶⁶ 4H-pyran-4-one, furanones, succinimide,⁶⁷ propanamide,⁶⁸ pyrrolizine,⁶⁹ acetamide,⁵¹ butyrolactone;⁷⁰ piperazine,⁷¹ heptane,⁷² pyrazine,⁷³ pyrrole;⁷⁴ thiadiazole,⁷⁵ fumaric acid;⁷⁶ linoleic acid ethyl ester,⁷⁷ methoxyacetic acid,⁷⁸ phenol;⁷⁹ D-limonene;⁸⁰ eicosane⁸¹ and 1,2,4-triazol-3-amine.⁸² These compounds can combat cancer initiation and progression by preventing cancer cells from proliferating, dividing, and spreading uncontrolled. They can induce apoptosis and inhibit

angiogenesis, preventing breast cancer initiation, progression, and metastasis.⁸³

Immunomodulatory compounds were identified among the GC-MS profile of P. ostreatus extracts. These compounds includes succinimide,⁸⁴ propanamide,⁸⁵ D-limonene,^{86,87} fumaric acid and its derivatives.⁸⁷ These compounds enhance the immune system's response to cancer cells, aid in tumor detection and eradication, hence lowering breast cancer growth and progression. Compounds with anti-diabetic properties were also identified. These compounds includes pyrazine;⁸⁸ pyrrolizine;⁵³ pyrrole;⁷⁴ phenol;⁷⁹ dodecanoic acid;⁸⁹ D-limonene,⁹⁰ acetamide⁹¹ and eicosane.⁵⁶ These compounds functions in breast cancer prevention and management by addressing diabetes and obesity, which are risk factors of breast cancer. They target insulin resistance, hyperglycemia, and inflammation leading to a lower risk of breast cancer.⁹²

Antimicrobial compounds have been demonstrated to lower breast cancer risk by altering the microbiome and immune response.⁹³ The GC-MS profile of *P. ostreatus* revealed the presence of various compounds with antimicrobial properties. These compounds includes fumaric,⁹⁴ dodecanoic acid, nonadecanoic acid, ethyl ester,⁹⁵ heptacosanoic acid, methyl ester,⁹⁶ acetic acid,⁹⁷ heptane,⁹⁸ nonane,⁹⁹ hexanal,¹⁰⁰ propanol,¹⁰¹ furanol,¹⁰² phenol,⁷⁹ 2-pyrrolidinone,⁶⁹ furanone,¹⁰³ propanamide,¹⁰⁴ pyrazine,⁷³ piperazine,¹⁰⁵ pyrrolizine,¹⁰⁶ pyrrole,⁷⁴ Dlimonene¹⁰⁷ and eicosane.¹⁰⁸ These compounds indirectly aid in breast cancer prevention by lowering chronic inflammation, promoting hormonal balance, and strengthening the body's natural defenses against malignant growth.⁸³

4.2 HPLC profile of P. ostreatus

HPLC has high sensitivity, resolution, and reproducibility, making it possible to identify and quantify various classes of bioactive compounds such as phenols, flavonoids, saponins, among others.¹⁰⁹ The HPLC profile of *P. ostreatus* revealed the presence of numerous unidentified saponins. The aqueous extract had the highest saponin content, followed by the methanol, chloroform, ethanol and hexane extracts. The presence of saponins suggests the ability of these extracts to prevent cancer cell proliferation by interrupting the cell cycle and triggering apoptosis. Although the specific mechanisms of action is not clearly understood with little research into their effects on breast cancer.

Phenols are a class of bioactive molecules that have the potential to prevent and treat breast cancer. These bioactive compounds contain antioxidant and anti-inflammatory properties, which reduce oxidative stress, protect DNA from damage, and prevent cancer cell proliferation.⁸³ They also influence hormone signaling pathways, potentially lowering the risk of hormone receptor-positive breast cancer.^{110,111} The HPLC profile of P. ostreatus extracts revealed the presence of the following phenolic compounds: gallic acid, syringic acid, ferulic acid, quercetin, apigenin, caffeic acid, vanillic acid and ellagic acid. Syringic acid was found to be the most abundant phenolic compound present in all the extracts of P. ostreatus. It targets distinct pathways in cancer cells, increasing DNA repair,

apoptosis and reducing angiogenesis.¹¹² It was highest in the methanolic extract, followed by the aqueous, n-hexane, chloroform and ethanolic extract. Ferulic acid was also identified in the non-polar extracts of P. ostreatus, with the chloroform extract having higher ferulic acid content compared to the nhexane extract. The presence of ferulic acid shows the ability of these extracts to inhibit enzymes involved in proliferation and reduce NF-kB activity.¹¹³ Caffeic acid interferes with estrogen signaling, potentially impacting hormone-receptor positive breast cancers.¹¹⁴ It was only found to be present in the aqueous extract of P. ostreatus. Ellagic acid is an ellagitannin that inhibits various signaling pathways involved in cancer cell proliferation and survival. It also improves DNA repair and inhibits enzymes that enable cancer cells to evade cell death.¹¹⁵ Ellagic and vanillic acids was found to be present only in the ethanol extract. Quercetin and apigenin functions as antioxidants, protecting cells from free radical damage, which can result in cancer growth. They also inhibit enzymes that promote cell proliferation and induce apoptosis.¹¹⁶ Angenin was found to

be present in the hexane and methanol extracts, with higher amounts in the hexane extract compared to the methanol extract. However, quercetin was present in all extracts except the ethanol extract, following the trend of aqueous > chloroform > methanol and hexane extracts.

Flavonoids have antioxidant qualities that neutralize free radicals, which can damage cells and promote cancer growth.¹¹⁷ They regulate inflammation, cell cycle progression, inhibit cell division enzymes, and modulate estrogen signaling. They also have anti-angiogenic properties, which prevent the formation of new blood vessels necessary for tumor growth.⁸³ The HPLC profile of P . ostreatus extracts revealed the presence of $2,5$ dihydroxybenzoic acid, caffeic acid, phenylacetic acid, transcinnamic acid, quercetin, naringenin, chrysin, 3,4-dimethoxybenzoic acid, gallic acid, 4-hydroxybenzoic acid, salicylic acid, p-coumaric acid, rutin hydrate, o-coumaric acid, benzoic acid, chlorogenic acid, luteolin, 4-methoxycinnamic acid and other six unidentified flavonoid compounds. Quercetin was found to be the most abundant flavonoid in the n -hexane extract,

Fig. 10 The intermolecular interactions between 5281855 (A); 5280343 (B); 5280443 (C) and EGFR.

Table 12 Drug likeness of Selected Hits^a

| | Compounds | Lipinski | Ghose | Veber | Egan | Muegge |
|--|---------------------|---|-------------------|---|-------------------------------|-------------------|
| Aqueous extract | 10531 | No; 1 violation | No; 3 violation | Yes | Yes | No; 1 violation |
| | 565346* | Yes | Yes | Yes | Yes | Yes |
| Chloroform extract | 93344 | Yes | No; 1 violation | Yes | No; 1 violation | No; 2 violations |
| Ethanolic extract | 6876597* | Yes | Yes | Yes | Yes | Yes |
| Flavonoids | 5280445* | Yes | Yes | Yes | Yes | Yes |
| | 5280343* | Yes | Yes | Yes | Yes | Yes |
| | 439246* | Yes | Yes | Yes | Yes | Yes |
| | 5280805 | No; 3 violations | No; 4 violations | No; 1 violation | No; 1 violation | No; 4 violations |
| | 5281607* | Yes | Yes | Yes | Yes | Yes |
| Phenols | 5280343* | Yes | Yes | Yes | Yes | Yes |
| | 5280443* 5281855 | Yes Yes | Yes Yes | Yes No; 1 violation | Yes No; 1 violation | Yes Yes |
| | | a Compound* – compounds with no violation of the drug likeness rules. | | | | |
| | | tities. Trans-cinnamic and chlorogenic acid were the most abundant flavonoids in the aqueous extract. 3,4-Dimethox- ybenzoic and p-coumaric acid were the most abundant flavo- noids in the methanolic extract, whereas, benzoic and | | ability to inhibit CYP1A1 and CYP2C9 but not CYPC19, CYP2D6 and CYP3A4. The ability of the compound to inhibit CYP1A1 and CYP2C9 may have benefits on estrogen metabolism and beyond, such as reducing the activation of harmful environ- | | |
| | | chlorogenic acid were the most abundant flavonoid in the ethanolic acid. In the chloroform extract, quercetin and trans- cinnamic acid were the most abundant, phenylacetic acid was | | mental chemicals that might cause cancer. ^{121,122} The compound was also found to possess 7 rotatable bonds, 7 hydrogen acceptors and 2 H-bond donors, making it highly water soluble. Its pharmacokinetic properties showed that it has a high gastrointestinal tract absorption with no blood-brain barrier | | |
| | | | | penetration and glycoprotein binding which implies that is a promising therapeutic candidate. These characteristics can | | |
| | | | | result in greater bioavailability, fewer side effects, lower drug | | |
| also found to be present in small quantities. 4.3 In silico evaluation of the anti-cancer effects of P. ostreatus on breast cancer receptors | | Breast cancer receptors play a crucial role in breast cancer | | interaction risk, and more predictable pharmacokinetics, all of | | |
| | | development and progression. They aid in identifying the | | which contribute to safer and more effective medications. ¹²³ | | |
| | | molecular subtype of breast cancer, tumor behavior and therapy | | | | |
| | | | | 4.3.2 Effects of P. ostreatus on PR+ breast cancer. PR+ | | |
| | | response. ¹¹⁸ Hormone receptor-positive breast cancers, ER+ and PR+, respond well to hormonal therapy, while HER2-positive | | breast cancer is characterized by the presence of progesterone receptors on the surface of cancer cells. These receptors initiate | | |

4.3 In silico evaluation of the anti-cancer effects of P. ostreatus on breast cancer receptors

Breast cancer receptors play a crucial role in breast cancer development and progression. They aid in identifying the molecular subtype of breast cancer, tumor behavior and therapy response.¹¹⁸ Hormone receptor-positive breast cancers, ER+ and PR+, respond well to hormonal therapy, while HER2-positive breast cancers benefit from targeted therapies combined with chemotherapy. HER2-positive breast cancers necessitate HER2 targeted therapies, whereas triple-negative breast cancers lack these receptors.¹¹⁹ Understanding the roles of these receptors has led to the development of personalized therapies and exploration of natural phytochemicals that have improved survival rates and quality of life for many patients.¹²⁰

4.3.1 Effects of P. ostreatus on ER+ breast cancer. ER+ breast cancer is identified by the presence of estrogen receptors on the cells, which activate downstream signaling pathways that promote cell growth, proliferation, and survival. This estrogendependent signaling system is essential to tumor growth and progression.¹¹⁹ It may interact with other biological systems, hence boosting tumor growth and metastasis. Targeting the estrogen receptor system with inhibitors is an important part of treating ER-positive breast cancer. The in silico evaluation of bioactive compounds in P. ostreatus revealed that only one bioactive compound in the ethanolic extract among the 188 compounds analyzed had a better binding affinity to estrogen receptor when compared to the control (Estradiol). o-Tolylamino-acetic acid (4-nitro-benzylidene)-hydrazide (compound 6876597) in the ethanolic extract exhibited a better binding affinity to estrogen receptor compared to

4.3.2 Effects of P. ostreatus on PR+ breast cancer. PR+ breast cancer is characterized by the presence of progesterone receptors on the surface of cancer cells. These receptors initiate downstream signaling pathways that promote cell growth, proliferation, and survival.¹²⁴ This activation leads PR+ tumors to develop and spread in the same way that ER+ breast cancer does. The signaling system may interact with other biological pathways, encouraging tumor growth and metastasis.¹¹⁹ Targeting the progesterone receptor system with hormone therapy, which are usually combined with estrogen-targeted drugs, is an essential technique for treating PR+ breast cancer. Identifying inhibitors of PR is crucial for effective treatments. The in silico evaluation of the bioactive compounds in the various extracts in P. ostreatus showed total of nine compounds were better inhibitors of PR. These compounds consists of three flavonoid compounds (luteolin, apigenin, naringenin), three phenol compounds (apigenin, quercetin and ellagic acid), two aqueous extract compounds (10531 and 565346) and one compound in the ethanolic extract (6876597) could bind better to the progesterone receptor compared to the control (progesterone). Of the two compounds in the aqueous extract, compound 10531 showed the ability to inhibit CYP2D6 and CYP3A4, while compound 565346 did not show any inhibition on the enzymes. Compound 10531 was found to be moderately soluble with a high gastrointestinal tract and glycoprotein binding but no

Table 13 Physicochemical properties of selected hits

| Compounds | 2D structure | Molecular weight | Num. Rotatable bonds | Num. H-bond acceptors | Num. H-bond donors |
|-----------|---|------------------|-------------------------|--------------------------|-----------------------|
| 5281855 | $\mathbb{H}_{\geq 0}$ Ω Ω Ĥ. $\ddot{\mathbf{o}}$ | 302.19 | $\bf{0}$ | 8 | 4 |

Table 14 CYP potentials of the selected hits⁴

Compound^{*} – compounds with no inhibition on all the CYP isoforms.

blood–brain barrier crossing. However, compound 565346 possessed only a high gastrointestinal tract binding but no blood–brain barrier crossing and glycoprotein binding. Compound 565346 looks to be a more promising treatment candidate than compound 10531 due to its lack of glycoprotein binding, which may result in fewer side effects and more predictable pharmacological action.¹²³ However, Compound 565346's intermediate solubility may provide formulation issues, especially at large doses.

4.3.3 Effects of P. ostreatus on HER2+ breast cancer. HER2+ breast cancer is characterized by the overexpression or amplification of HER2 protein, resulting in uncontrolled cell proliferation and tumor progression. This hyperactivity encourages aggressive tumor behavior, metastatic potential, and resistance to standard treatments.¹²⁵ HER2+ breast cancer is treated by targeting the receptor with inhibitors. The in silico evaluation of the bioactive compounds in the various extracts in P. ostreatus showed that a total of nine compounds inhibits EGFR. These consists of four flavonoid compounds (quercetin, luteolin, rutin aand chrysin), three phenol compounds (apigenin, quercetin and ellagic acid), one aqueous extract compounds (10531) and one compound in the chloroform extract (93344) could bind better to the epidermal growth factor receptor compared to the control (gefitinib). Of the two compounds in the aqueous and chloroform extract, compound 10531 showed the ability to inhibit CYP2D6 and CYP3A4, while compound 93344 inhibits CYP2D6 and CYP2C19. Compound

10531 was found to be moderately soluble while compound 93344 is poorly soluble. They both possessed high gastrointestinal tract and glycoprotein binding but no blood–brain barrier crossing. In comparison, compound 10531 is a better drug candidate than compound 93344 due to its better solubility.¹²³

5 Conclusion

This study focused on the discovery of potent inhibitors of EGFR, ER and PR from Pleurotus ostreatus extracts as a potential therapy for breast cancer using in silico methods. When compared with the already established drugs as well as their natural substrates, the binding energy of some of the compounds was better. With ER, only one compound out of all compounds studied exhibited a better binding affinity than estradiol, its substrate. PR and EGFR on the other hand recorded many compounds with better binding affinity than that of the control. Most of these compounds were in the class of phenols and flavonoids demonstrating the proven anticancer potential of compounds in this class. None of the hexane and methanolic extracts performed better than the control for each of the proteins. These compounds possess good ADMET properties indicating that these compounds can be considered safe for further development to anticancer drugs. Further in vitro and in vivo studies should be undertaken to validate these docking results.

Data availability

Data is available upon request from the corresponding author.

Author contributions

All authors conceptualized this research. Experiments, data analysis and writing of original draft was carried out by Effiong Magdalene Eno and Mercy Bella-Omunagbe. Methodology validation and writing (review and editing) was carried out by Israel Sunmola Afolabi and Shalom Nwodo Chinedu.

Conflicts of interest

The authors declare no conflict of interest.

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