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Co-hydrothermal carbonization of pretreated sludge and polyethylene terephthalate for the preparation of low-nitrogen clean solid fuels†

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In this work, polyethylene terephthalate (PET) and sewage sludge (SS) were co-hydrothermally carbonized to produce low-nitrogen solid fuels. To minimize the effect of nitrogen, this work introduces a co-hydrothermal carbonization method involving alkali (A), ultrasonic cell disruptor (UCC), and sodium dodecyl sulfate (SDS) for both individual and combined pretreatment of SS and PET. Comparative analysis of the products shows that the combined pretreatment with sodium dodecyl sulfate (SDS) and alkali (A) effectively disrupts the SS cell structure, leading to the loosening of stable extracellular polymeric substances (EPS). This condition is conducive to the release and hydrolysis of proteins during hydrothermal carbonization. Moreover, under conditions where PET serves both as an acid producer and a carbon source, and through parameter optimization at a temperature of 240 °C, reaction time of 2 h, PET addition of 20 wt%, and water addition of 0.6 g cm⁻³, a high-quality, low-nitrogen clean solid fuel was produced (N: 0.51 wt%, C: 19.10 wt%).

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1 Introduction

Since the industrial revolution, the global population has increased, cities have developed, and sewage treatment plants have been constructed, resulting in a rising amount of sewage sludge (SS).¹ By 2025, it is estimated that China's annual SS production will exceed 90 million tons (calculated based on 80% moisture content), but approximately 80% of SS remains untreated.² SS contains numerous components; the primary biochemical components are proteins, carbohydrates, and lipids, among others. It also contains various contaminants, including pathogens, heavy metals, and pharmaceutical residues.³ Hydrothermal carbonization (HTC) technology is an effective method for treating high-moisture organic solid wastes, offering advantages such as water as the reaction medium, no need for drying pre-treatment, and a mild reaction temperature (160 °C to 300 °C).⁴ The resulting hydrochar material has significant potential as a fuel. HTC disrupts the floc structure of SS under high temperature and pressure, rupturing the cell structure and releasing a large amount of organic matter. These organic materials first undergo dehydration and decarboxylation reactions to produce intermediate

products. These intermediates then successively undergo polymerization, condensation, and aromatization reactions, gradually converting into stable carbon structures through subsequent secondary carbonization reactions and integration with solid products.^{4,5} However, due to the high protein content in SS, the nitrogen—primarily concentrated in proteins—is not readily released during HTC treatment, resulting in a high nitrogen content in the hydrochar.⁶

Current research widely employs catalysts to enhance the denitrogenation efficiency and performance of HTC. Typical catalysts include calcium oxide (CaO)⁷ and hydrotalcite.⁸ Furthermore, modifying metal ratios in the catalyst to adjust acidity and basicity sites can effectively reduce nitrogen content. For example, Zhang *et al.* developed a Ni–Mg–Al layered double oxide catalyst. Acidic sites inhibit the Maillard reaction, whereas basic sites promote the decomposition of extracellular polymeric substances (EPS), yielding a minimum nitrogen content of 1.39 wt%.⁹ Beyond catalysts, enhancing denitrification efficiency can also be achieved by adding oxidizing agents (fly ash and H₂O₂)¹⁰ and deep eutectic solvents (DESs: ZnCl₂ and urea)¹¹ during the HTC process. However, these studies reveal that despite using catalysts, oxidants, or altering solvents in the HTC process, the nitrogen content of hydrochar still exceeds 1 wt%, rendering it too high for fuel applications.⁶ Moreover, separating the catalyst from the hydrochar poses challenges that may impair combustion performance, and oxidants are rapidly depleted during the HTC process, thereby limiting denitrogenation efficiency.

Co-hydrothermal carbonization (co-HTC) effectively enhances hydrochar fuel performance and mitigates issues

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associated with single raw materials. Prior studies on co-HTC have primarily concentrated on enhancing the heating value of hydrochar, with processes such as co-HTC of SS with kitchen waste¹² and SS with fruit and agricultural waste¹³ achieving heating values of 22.87 MJ kg⁻¹ and 21.72 MJ kg⁻¹, respectively. However, the nitrogen content in the results from the aforementioned studies generally exceeds 2 wt%. Given the increasing emphasis on environmental concerns, reducing the nitrogen content in hydrochar is essential, alongside improvements to the higher heating value (HHV) using co-HTC technology. For example, Zhang *et al.* explored the incorporation of acetic acid and ethanol in co-HTC of SS and sawdust to produce clean solid fuels. The findings indicated that acetic acid catalytically deaminates solid nitrogen into liquid form, reducing the nitrogen content to a minimum of 1.35 wt%. Furthermore, ethanol enhances the fixed carbon content and HHV of hydrochar, achieving a maximum HHV of 15.56 MJ kg⁻¹.¹⁴ Still, its nitrogen content was also fast approaching 1 wt%, which was not optimal. This is due to the fact that EPS are unique components of SS, in which carbohydrates and proteins are the main components of EPS,¹⁵ and the EPS structure of SS is very stable and not easily destroyed in HTC and co-HTC, resulting in the difficulty of releasing nitrogen concentrated on proteins,⁸ which affects the performance of the finally obtained solid fuels.

Leveraging the ability of acids to enhance denitrogenation efficiency in the HTC process, identifying an additive that acts both as a carbon source and an acid producer in the co-HTC process is a strategic approach to improving the performance of clean solid fuels. It Polyethylene terephthalate (PET) was found to undergo hydrolysis and ester group cleavage under HTC conditions at 240 °C, generating polymer monomers benzene dicarboxylic acid (TPA) and ethylene glycol. This process subsequently created an acidic environment.¹⁶ Consequently, co-HTC with SS enhances protein hydrolysis, nitrogen release, and denitrification efficiency in SS. However, protein release is impeded by the stabilized EPS structure of SS. Therefore, in this study, SS underwent pretreatment before co-HTC to destabilize the EPS, facilitating subsequent denitrification during co-HTC. Previous studies have explored co-HTC using pretreated feedstocks. For instance, Xue *et al.*¹⁷ investigated the production of clean solid fuels through co-HTC of straw pretreated with acid and alkali, combined with PVC. Their findings indicated that acid-base pretreatment enhanced co-HTC's synergistic effects and significantly improved the combustion characteristics of the resulting solid products, with the HHV rising from 26.89 MJ kg⁻¹ to 30.83 MJ kg⁻¹. Traditional alkali (A) treatment and ultrasonic cell-crushing (UCC) treatment are more effective in disrupting the EPS of SS.¹⁸ The surfactant sodium dodecyl sulfate (SDS), which interacts with cell membrane proteins through hydrophobic interactions to promote the release of proteins and polysaccharides, can also be used for SS pretreatment.¹⁹ Additionally, HTC of pretreated SS to produce high-quality clean solid fuels has not yet been reported.

Based on these findings, we investigated the extent of destruction of SS cellular structure by individual and combined

pretreatments. We also examined the nitrogen content in the hydrochar of pretreated SS and the forms of nitrogen in the liquid-phase products to hypothesize the impact of SS structure on nitrogen migration during HTC. Subsequently, we produced a high-quality, low-nitrogen solid fuel by co-carbonizing solid waste PET with pretreated SS.

2 Experiment

2.1 Materials

The basic properties of the activated SS (Xi'an Capital Water Co. Ltd in Xi'an, Shanxi Province, China) were as follows: water content of 83.2%, ash content of 48.84%, volatile matter (VM) of 46.59%, fixed carbon (FC) of 4.57%, and stored at 4 °C; PET was purchased from China Resources Chemical Materials Technology Co. Ltd in Changzhou City, Jiangsu Province, China. Sodium hydroxide (NaOH >99%) and sodium dodecyl sulfate (SDS >99%) were purchased from Sinopharm Chemical Reagent Co.

2.2 Experimental procedure

2.2.1 Pre-experiment. This study employed three pretreatment methods—UCC, A, and SDS—in various independent and combined configurations to pretreat SS. In the A pretreatment, SS was continuously stirred at 600 rpm for 3 h at room temperature, maintaining an initial pH of 12 and a moisture content of 94%. In the SDS pretreatment, SDS was mixed with dry SS at a ratio of 0.3 g g⁻¹ and continuously stirred at 600 rpm for 3 h at room temperature, with a moisture content of 98%. In the UCC pretreatment, SS underwent ultrasonic cell disruption for 24 minutes at 85% power, alternating on for 5 s and off for 1 s, with a moisture content of 94%. To aid subsequent descriptions, the combined pretreatment methods were designated as 'XY', where 'X' and 'Y' represent the abbreviations of the two methods, respectively. For example, 'SDSA' denotes the combination of SDS and NaOH pretreatment. These ultrasound setpoints and moisture content parameters are referenced from the work of Gao *et al.*¹⁸

NaOH solution (4 mol L⁻¹) adjusted the pH during pretreatment. As using an ultrasonic cell disruptor (S-250D, Branson) can cause an increase in temperature, the pretreatment experiments were not temperature-controlled. To ensure the purity and stability of the samples, after all pretreatments were completed, distilled water was used to wash the samples to remove any reagents added during the reaction. The samples were then centrifuged at 6000 rpm for 10 min using a centrifuge (TG16-WS, Hunan Xiangyi Laboratory Instrument Development Co., Ltd) to obtain wet SS for subsequent HTC treatment.

2.2.2 Co-hydrothermal carbonization experiment. Both HTC and co-HTC experiments were conducted using a 50 mL stainless steel high-temperature and high-pressure reactor (K-PSA, Jiangsu Binhai Zhengxin Instrument Co., Ltd). HTC experiments aimed to investigate the nitrogen content in pretreated SS hydrochar and the distribution of nitrogen-containing products in the liquid phase at various temperatures, and to identify the optimal pretreatment for producing

low-nitrogen hydrochar. The experimental procedure involved mixing 20 g of wet-pretreated SS with 20 g of deionized water in a high-nitrogen environment, sealing, and heating to various reaction temperatures. The reaction time was set at 2 h and stirring speed at 300 rpm. Post-reaction procedures mirrored those of the co-HTC experiment. Samples were labeled XY-B to facilitate subsequent description, where “XY” denotes the pretreatment method and “B” the reaction temperature.

The co-HTC experiment was conducted by mixing 4 g of feedstock with varying deionized water contents under a high nitrogen concentration, then sealing and heating them individually to the reaction temperature at a stirring speed of 300 rpm. The 4 g represents the total dry basis mass of pretreated SS and PET in varying ratios. Deionized water content was determined by the water amount per unit volume of the reactor, with 30 mL equating to a density of 0.6 g cm^{-3} . The controlled variable method was employed in this experiment to assess the effects of various reaction ratios (PET content: 0, 20, 50, 80, 100 wt%), temperatures (180, 210, 240, 270, 300 °C), durations (0.5, 1, 2, 4 h), and water contents (0.5, 0.6, 0.7, 0.8 g cm^{-3}) on HTC. After the reaction, the reactor was cooled to room temperature using cold water, and the solid and liquid samples were separated by vacuum filtration. Before further product testing, the solid samples were dried in an oven at 105 °C for 18 h, then ground into powder. The liquid samples were stored at 4 °C, requiring thorough shaking and filtration through a $0.45 \mu\text{m}$ filter membrane at least three times prior to testing. Samples were labeled SP-a-b-c-d to simplify subsequent descriptions, where ‘S’ and ‘P’ represent pretreated SS and PET, respectively. ‘a’ indicates the PET proportion of total mass, ‘b’ the reaction temperature (°C), ‘c’ the reaction time (h), and ‘d’ the water content (g cm^{-3}). SP-0.2-210-1-0.6 denotes a sample with 20 wt% PET, a reaction temperature of 210 °C, a reaction time of 1 h, and a water content of 0.6 g cm^{-3} . All experiments were conducted at least three times to ensure reproducibility and consistency.

2.3 Analytical methods

Total Organic Carbon (TOC) and Total Carbon (TC) in the liquid products were determined using a TOC analyzer (TOC-L CPN, Shimadzu/Suzhou). hydrochar’s C, H, O, N, and S contents were determined using an elemental analyzer (Vario Micro cube CHNS/UNICUBE). Fourier transform infrared spectroscopy (Nicolet NEXUS 670 Thermo Fisher Scientific) tested functional groups of hydrochar, and the samples were dried entirely before testing. A biomicroscope (FPMRC-Panthera Mc Auldrie Industrial Group Ltd) was used to observe the changes before and after the pretreatment of the wet SS structure. The $\text{NH}_4^+\text{-N}$ and $\text{NO}_3^-\text{-N}$ in the samples were determined using the San plus continuous flow analyzer from Skalar, the Netherlands, in which the Cd–Cu reduction method was used for $\text{NO}_3^-\text{-N}$ and the indophenol blue method was used for $\text{NH}_4^+\text{-N}$. Quality control was implemented during the experiments, and the analytical error was less than 5%. Total nitrogen (TN) was analyzed by alkaline potassium persulfate digestion-ultraviolet spectrophotometry (HJ636-2012) with the instrument model

TU-1810 PC, and dissolved organic nitrogen (DON) = $\text{TN} - \text{NH}_4^+ - \text{NO}_3^-$ in the liquid product, calculated according to Xu *et al.*²⁰ Shen *et al.*²¹ The thermal properties of the samples were analyzed using a thermogravimetric analyzer (TGA/SDTA851e, Mettler Toledo Instruments). The samples were heated up to 800 °C at room temperature (25 °C) with a heating rate of 20 °C min^{-1} and a flow rate of 50 mL min^{-1} .

2.4 Calculation methods

The rules for calculating mass yield (Yield), calorific value (HHV), energy recovery (ER), and denitrification efficiency (η_N) for hydrochar are referenced from Xie *et al.*²² as follows:

$$\text{Yield}\% = \frac{\text{Mass of hydrochar}}{\text{Mass of raw material}} \times 100\% \quad (1)$$

Mass of hydrochar and mass of raw material were both calculated on a dry mass basis. In the HTC experiments, mass of raw materials represented the dry mass of SS, while in the co-HTC experiments, Mass of raw materials comprised the total dry mass of SS and PET, totaling 4 g HHV_(c) and HHV_(r) represent the calorific value of hydrochar and raw material, respectively.

$$\text{Energy recovery efficiency}\% = \frac{\text{HHV}_{(c)}}{\text{HHV}_{(r)}} \times \text{Yield} \times 100\% \quad (2)$$

$$\text{HHV} (\text{MJ kg}^{-1}) = 0.335[\text{C}] + 1.423[\text{H}] - 0.145[\text{N}] - 0.154[\text{O}] \quad (3)$$

[C], [H], [N], and [O] represent the amount of carbon, hydrogen, nitrogen, and oxygen in the sample (wt%), respectively.

The equation for η_N involved in the HTC experiment is as follows:

$$\eta_N(\%) = \frac{N_{(r)} - N_{(c)}}{N_{(r)}} \times 100\% \quad (4)$$

$N_{(r)}$ and $N_{(c)}$ represent the nitrogen content (wt%) in raw material and hydrochar, respectively.

The equation for η_N involved in the co-HTC experiment is as follows:

$$\eta_N(\%) = \left(1 - \frac{N_{(C)}}{R_{ss} \times N_{(SDSA)} + R_{PET} \times N_{(PET)}} \right) \times 100\% \quad (5)$$

R_{SDSA} and R_{PET} are the percentage of SDSA and PET in the feedstock, respectively; $N_{(SDSA)}$ and $N_{(PET)}$ are the nitrogen content (wt%) in SDSA and PET, respectively.

The TG-DTG curve and the comprehensive combustion index calculation method are based on GB/T 33304-2016, the index (S) is used to evaluate the combustion performance of solid fuels, and the calculation formula is as follows:

$$S = \frac{\left(\frac{dw}{dt} \right)_{\max}}{T_i^2} \times \left(\frac{dw}{dt} \right)_{\text{mean}} \times T_f \quad (6)$$



$$\left(\frac{dw}{dt}\right)_{\text{mean}} = \beta \times \frac{a_i \times a_f}{T_f - T_i} \quad (7)$$

T_i and T_f are the ignition and burnout temperatures, respectively; a_f and a_i are the hydrochar residuals corresponding to T_f and T_i , respectively, $(dw/dt)_{\text{max}}$ and $(dw/dt)_{\text{mean}}$ are the maximum and average combustion rates, respectively; β is the rate of warming ($20\text{ }^{\circ}\text{C min}^{-1}$)

$$T_{\text{mass residue}} = M_{\text{mass residue SDSA}} \times R_{\text{ss}} + M_{\text{mass residue PET}} \times R_{\text{PET}} \quad (8)$$

$T_{\text{mass residue}}$ is the theoretical value of combustion residue. $M_{\text{mass residue SDSA}}$ and $M_{\text{mass residue PET}}$ are the combustion residues of SDSA and PET hydrochar obtained by thermogravimetric testing.

3 Results and discussion

3.1 Effect of different pretreatment on sludge properties

3.1.1 Elemental composition as well as structure of pretreated and raw sludge. Fig. 1 and Table 1 illustrate the structural and elemental analysis of SS before and after pretreatment, respectively. Observations from Fig. 1 reveal that the cell structure of the original SS is encapsulated by fluffy material, impeding the release of internal organic compounds.²³ Following the three individual pretreatments, the fluffy material surrounding the SS is diminished, with SDS and A pretreatments loosening the cell structure. This observation aligns with the elemental analysis presented in Table 1, where the nitrogen and carbon contents in SDS and A pretreatments decrease more significantly than in U pretreatment. This occurs because, under alkaline conditions, EPS in SS undergoes hydrolysis, releasing protein and thus reducing the nitrogen content. Under SDS treatment, as EPS carries a negative charge, the anionic SDS and EPS interactions produce a repulsive force, facilitating the release of EPS from the SS structure and enabling some organic matter to transition into the liquid phase.¹⁹ Consequently, the chemical treatment proved more effective than the physical treatment in disrupting the SS structure. In conclusion, based on the data presented in Fig. 1

and Table 1, the individual pretreatments had a limited impact on disrupting the SS structure and reducing the nitrogen content.

To enhance the effectiveness, we combined the three individual methods in two to pretreat the SS. Observations from Fig. 1 show that after SDSA pretreatment, the SS morphology alters, with flocculent material beginning to disaggregate and detach, thus loosening the structure. Following SDSU and UA pretreatments, the morphology of the SS is completely transformed, breaking down into numerous small fragments without any flocculent material, indicating almost complete disintegration of the EPS and cell walls. The extent of destruction escalates sequentially. Despite SDSA and UA sharing alkaline conditions, the cell structure is more profoundly disrupted in UA, presenting lower carbon and nitrogen contents and N/C ratio. This is attributed to the shear forces generated by ultrasound in UCC, which can decompose the EPS in SS, releasing proteins, carbohydrates, and cells into the alkaline environment and thus accelerating the hydrolysis rate. This leads to a significant dissolution of organic matter in the liquid phase.²⁴ Comparing the values before and after the different pretreatments in Table 1, it can be seen that both N content and N/C decreased, but the effects were different. For example, the release of N content in SS by individual pretreatment is not as good as that by combined pretreatment methods. The O and N content of SDSU and UA in the combined pretreatment methods decreased the most, which is consistent with the change in SS cell structure in Fig. 1.

Observations from Table 1 reveal that SDS, A, U, and SDSA, with undamaged cell walls, exhibited minimal changes in O content, while UA and SDSU, characterized by severe cell wall disruption and EPS structural breakdown, showed reduced O content. This suggests that intact cell walls inhibit the deep dehydration of SS. However, the O/C values for UA and SDSU increased, likely due to a more pronounced loss of proteins and lipids, which have higher O/C values, compared to polysaccharides. The S content in SS primarily originates from proteins,⁸ which substantiates that various pretreatments predominantly degrade the EPS and cell wall structures of SS, resulting in the release of proteins, thus facilitating hydrolysis and reducing N and S levels. In summary, combined pretreatments are more effective than individual ones in terms of structural destruction and the release of N content. Consequently, we proceeded with HTC of SS following combined pretreatments to identify the optimal method for producing hydrochar with reduced N content.

3.1.2 The changes in hydrochar yield and elemental composition of pretreated sludge compared to raw sludge. Table S1 (In the ESI)† shows that after HTC, the C, H, N, O, and S contents of all hydrochars decreased. This occurs because during the HTC process, the EPS in SS are damaged, releasing a significant amount of organic matter. This release facilitates the hydrolysis of the organic matter, ultimately leading to a decrease in the elemental content. It has been shown that an increase in ash (Ash) and a decrease in volatile matter (VM) leads to a decrease in HHV as temperature increases.^{25,26} To verify this conclusion. For this purpose the changes in Ash and

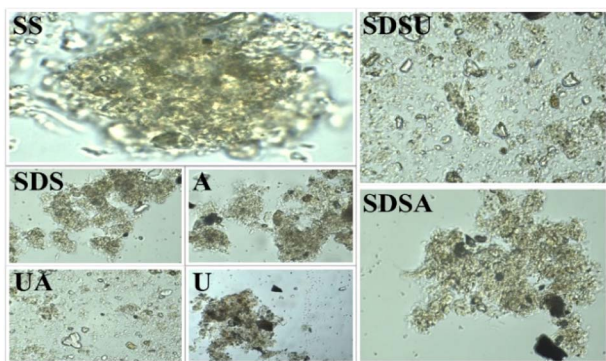


Fig. 1 Microscopic picture of SS before and after pretreatment.



Table 1 Elemental analysis and calorific value of pretreated and raw sludge (average value \pm standard deviation)

Sample name	Ultimate analysis results (wt%)					H/C	N/C	O/C	HHV (MJ kg ⁻¹)
	C	H	N	S	O				
SS	23.28 \pm 0.24	4.09 \pm 0.07	3.76 \pm 0.06	0.90 \pm 0.02	23.99 \pm 0.26	2.11	0.14	0.77	9.37
SDS	17.53 \pm 0.16	3.02 \pm 0.09	2.75 \pm 0.05	0.33 \pm 0.01	22.76 \pm 0.24	2.07	0.13	0.97	6.27
A	19.65 \pm 0.16	3.22 \pm 0.07	2.85 \pm 0.06	0.36 \pm 0.01	22.01 \pm 0.22	1.97	0.12	0.84	7.37
U	22.45 \pm 0.24	3.42 \pm 0.04	3.01 \pm 0.05	0.44 \pm 0.02	24.30 \pm 0.24	1.83	0.11	0.81	8.21
SDSA	22.13 \pm 0.22	3.91 \pm 0.08	2.51 \pm 0.06	0.78 \pm 0.02	22.22 \pm 0.18	2.12	0.10	0.75	9.19
UA	10.52 \pm 0.11	1.97 \pm 0.02	1.15 \pm 0.03	0.42 \pm 0.01	15.04 \pm 0.26	2.25	0.09	1.07	3.85
SDSU	13.80 \pm 0.10	2.34 \pm 0.06	1.46 \pm 0.02	0.42 \pm 0.01	15.20 \pm 0.17	2.03	0.09	0.83	5.40
PET	61.10 \pm 0.37	3.78 \pm 0.07	0	<d. l.	33.49 \pm 0.34	0.74	0	0.41	20.69

VM in SS at different temperatures were selectively tested and consistent conclusions were drawn, as shown in Table S2 (in the ESI).[†] The H/C value of the hydrochar decreased after HTC, indicating an improvement in fuel performance, with the best effect observed for SDSA. Additionally, the yield decreased significantly with increasing temperature as the degree of destruction of the SS cell structure increased, promoting the hydrolysis of proteins and carbohydrates in the SS and causing more organic matter to enter the liquid phase.²⁷ However, it can be observed that the yield and energy recovery (ER) rate of the pre-treated SS are significantly higher than those of the original SS. It is known that proteins are easily hydrolyzed into amino acids under hydrothermal conditions and eventually flow into the liquid phase after a series of ring-closing and rearrangement reactions, leading to a decrease in ER rate and yield.^{23,28} We can speculate that the low ER rate and yield of the original SS hydrochar may be due to its higher protein content than the pre-treated SS, which also indirectly indicates that the pre-treatment process released and hydrolyzed some of the protein.

Observing Table S1,[†] at the same temperature, the pre-treated SS liquid phase exhibited the highest TC values with SDSA-210 at 9.97 g L⁻¹. This effect is attributed to the fact that during the pre-treatment stage, SDSA induces a transition of the EPS in the SS from a stable to an unstable state, with a moderate degree of destruction, thereby preventing significant loss of organic matter. Consequently, in subsequent HTC processes, further destruction of the EPS occurs, facilitating the release and hydrolysis of recalcitrant proteins, which results in increased TC and reduced N content. The relatively low TC values of UA-210 (7.79 g L⁻¹) and SDSU-210 (7.91 g L⁻¹) were due to UA and SDSU inflicting severe damage to the SS's EPS, including cell wall rupture, leading to early loss of internal organic matter and precluding further losses in the liquid phase during HTC.

Table S1[†] displays the denitrification efficiency (η_N) of both the original and pre-treated SS during HTC across varying reaction temperatures. As the reaction temperature increased, the η_N correspondingly increased. The η_N of AU and SDSU was lower than that of the original SS due to the severe damage these treatments inflicted on the SS structure, resulting in significant nitrogen loss during the pre-treatment stage. Conversely, SDSA, which only moderately disrupted the SS structure, had the

highest η_N (SDSA-270: 65.74%). This indicates that η_N during HTC is closely associated with the degree of SS damage incurred during the pre-treatment stage; moderate damage can enhance η_N in subsequent HTC processes, whereas severe damage may lead to excessive nitrogen loss, thereby reducing η_N . Fig. 2 displays the overall η_N for the combined pre-treatment and HTC process. Overall, the η_N achieved by the combined pre-treatment and HTC process was significantly higher than that observed with the HTC process alone.

Combined with Table S1,[†] the N and S contents of pretreated SS hydrochar are lower than that of the original SS hydrochar, so the combustion of hydrochar with low N and S contents can vastly reduce the pollution of the environment. Among them, UA-270 has the lowest N content (0.46 wt%) and the highest η_N (87.8%), and the efficiency is improved by 22.1% compared with η_N (65.7%) of SS-270 at the same temperature. The effects of SDSU-270 (N: 0.57 wt%, η_N : 84.8%) and SDSA-270 (N: 0.86 wt%, η_N : 77.1%) were also good. However, observing Table S1,[†] it is found that the C content of the hydrochar from UA and SDSU is much lower than that of the hydrochar from the original SS, even to a single digit, while the C content of the hydrochar from SDSA decreased very little. Therefore, if one wants to obtain low-nitrogen and high-carbon hydrochar for use as fuel, one should not only pursue low nitrogen but also moderately damage the SS cell structure to prevent excessive loss of carbon content. Therefore, considering all factors, SDSA is the preferred pre-treatment method before subsequent co-HTC.

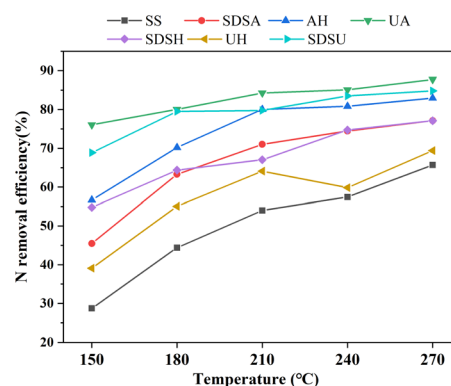


Fig. 2 Nitrogen removal efficiency of sludge treated by combined pretreatment and hydrothermal carbonization.



3.1.3 FT-IR analysis of pretreated sludge and raw sludge.

Fig. 3 demonstrates the FT-IR spectra of hydrochar, the peaks located at 3450 cm^{-1} , 1700 cm^{-1} and 1645 cm^{-1} are attributed to -OH , C=O and -C=N- functional groups,^{20,29} respectively, and the intensity of the peaks of all hydrochars diminishes with increasing temperature. It suggests that elevated temperature promotes dehydration and decarboxylation, which enhances the dehydration reaction between hydroxyl-containing sugars and carboxyl-containing proteins or organic polymers, such as organic acids, in the SS; the carbonyl group is converted to CO_2 for release into the gas phase.³⁰ As a result, the content of oxygen-containing functional groups such as hydroxyl group, carboxyl group and carbonyl group in the hydrochar decreases, the H and O content in the hydrochar does not decrease, and the values of H/C and O/C decrease, which contributes to the gradual enhancement of the aromaticity of the hydrochar. The decrease of -C=N- functional groups indicates that proteins and amino acids are further decomposed at high temperatures, nitrogen-containing substances are transferred to the liquid phase, and the N content of hydrochar decreases.³¹ All these changes are consistent with the trend of changes in Table S1.† However, comparing SS, the intensity of the peaks where UA and SDSU are located in -OH becomes weaker, which is consistent with the previous elemental analysis, suggesting that the cell wall prevents SS from deep dehydration.

The C=C functional group at 1460 cm^{-1} attributed to the aromatic moiety, where only the original SS and SDSA showed a slight enhancement in intensity with increasing temperature, suggesting that the intermediates degraded at high temperatures further generate aromatic compounds through the aromatization reaction to enhance the carbonation.³² And compared with SS, the peak intensity of SDSA at 1460 cm^{-1} is

deeper, while the peaks of UA and SDSU are weaker, which suggests that proper disruption of the EPS structure of SS promotes the arylation reaction of the HTC process. The absorption peaks of aliphatic compounds were located at 2920 cm^{-1} and 2850 cm^{-1} ,³³ and compared with the original SS, the intensity of the peaks of SDSA deepened here, while the intensity of the peaks of UA and SDSU, which had been severely damaged by the EPS structure, decreased, which indicated that the appropriate destruction of the EPS structure of the SS was favorable for the generation of aliphatic compounds. It was also observed that the peaks of SDSA were enhanced with increasing temperature, and the peaks of UA and SDSU were weakened with increasing temperature, and it was hypothesized that the EPS structure was responsible for the generation of aliphatic compounds in hydrochar.

3.1.4 Analysis of aqueous phase nitrogenous products after hydrothermal carbonization of pretreated sludge and raw sludge. Fig. 4 presents the results from the morphological analysis of nitrogen-containing products in the liquid phase. As depicted, the total nitrogen (TN) content gradually increased as the temperature began to rise, predominantly due to the hydrolysis of proteins under hydrothermal conditions, resulting in the migration of nitrogen-containing organic matter into the liquid phase—a phenomenon consistent with the observed decrease in N content in hydrochar. However, the TN content does not always correlate proportionally with temperature; a noticeable decline is observed at midrange temperatures, attributable to an enhanced Maillard reaction between protein-N and polysaccharides that transfers nitrogen-containing compounds to the solid phase, thereby reducing their presence in the liquid phase. Initially, the N in SS predominantly consists of protein-N, complemented by a minor proportion of

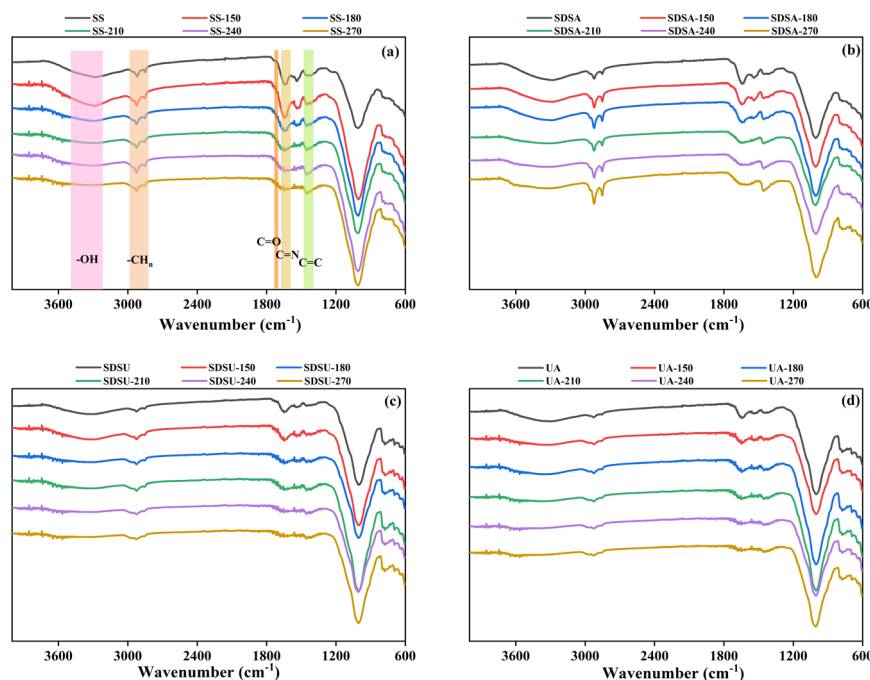


Fig. 3 FT-IR spectra of hydrochars: (a) SS; (b) SDSA; (c) SDSU; (d) UA.

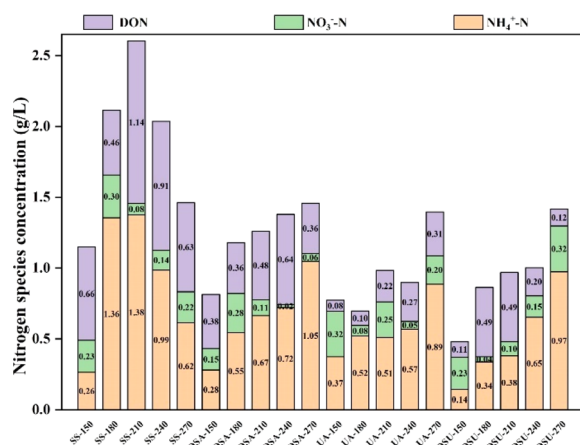


Fig. 4 Morphological distribution of nitrogen in liquid products.

inorganic-N.³⁴ The $\text{NH}_4^+\text{-N}$ concentration progressively increases during the HTC process for two reasons: firstly, protein-N is degraded into unstable amide-N *via* peptide bond cleavage under HTC conditions, subsequently undergoing deamination.³⁵ On the other hand, inorganic-N in SS readily dissolves into the liquid phase. Amino acids and peptides, produced through protein hydrolysis, remain stable at low temperatures; thus, $\text{NH}_4^+\text{-N}$ predominantly originates from dissolved inorganic-N under these conditions. As the temperature increases, the hydrolysis of proteins and deamination reactions intensify, leading to a rise in the concentration of $\text{NH}_4^+\text{-N}$.³⁶ It was also observed that the EPS structure of SS influences the $\text{NH}_4^+\text{-N}$ concentration. For instance, compared to other pretreatments, SDSA exhibits the highest $\text{NH}_4^+\text{-N}$ concentration due to the moderate disruption of SS cell structure during pretreatment, which loosens the structure, thereby facilitating the release and hydrolysis of proteins during the HTC process. This results in deamination and a rapid increase in $\text{NH}_4^+\text{-N}$ concentration. Conversely, UA and SDSU experience significant protein loss due to severe structural destruction, resulting in lower overall $\text{NH}_4^+\text{-N}$ concentrations during the HTC period. The $\text{NH}_4^+\text{-N}$ concentration in original SS displays a downward trend at 210–270 °C, attributed to the presence of carbohydrates in SS, which produce substantial quantities of reducing sugars at high temperatures. Reducing sugars may react with peptides or amino acids *via* the Maillard reaction,

generating heterocyclic nitrogen compounds and increasing solid-phase nitrogen content.³⁷ This reaction produces various nitrogen-containing compounds and derivatives, including pyridine, pyrrole, indole, and amine. Furthermore, the concentration of these compounds increases at elevated temperatures. In contrast, the $\text{NH}_4^+\text{-N}$ concentration in pretreated SS remains elevated, likely due to the disruption of cellular structures during pretreatment, which promotes carbohydrate release and attenuates the Maillard reaction during the HTC process.

Compared to the original SS, the liquid-phase DON and TN contents in the pretreated SS are significantly lower, particularly in UA and SDSU samples, which exhibit the most extensive cell structure damage and the lowest TN content. As indicated in Table 1 and Fig. 1, SDSA released fewer nitrogen-containing substances during pretreatment, which involved moderate structural damage. The ηN during the HTC process remained comparable to that of the original SS, yet the TN released in the liquid phase was lower. Consequently, it is hypothesized that SDSA pretreatment results in a greater conversion of nitrogen-containing substances to the gas phase during the HTC process, thereby increasing the proportion of nitrogen in the gas phase.

3.2 Yield and denitrogenation efficiency of SDSA co-hydrothermal carbonization with PET

Table 2 demonstrates the results of elemental analysis and yield after co-HTC of different ratios of PET with SDSA, and the rest of the results of the effect of temperature, reaction time, and water content on hydrochar are shown in Table S3 (In the ESI).† Carbon content increased, and nitrogen content decreased after co-HTC compared to SDSA alone. As the PET ratio increased, the nitrogen content decreased more significantly, and the denitrification efficiency increased, which is due to the hydrolysis reaction of PET. Kang *et al.*³⁸ demonstrated that PET undergoes major hydrolysis during HTC, generating benzene dicarboxylic acid (TPA) and ethylene glycol. To verify this conclusion, pH values of the liquid phase products were tested, as presented in Table S4 (In the ESI).† In alignment with this conclusion, the pH value decreased progressively with the addition of PET, indicative of an escalating acid production from PET. TPA creates an acidic environment that favors protein hydrolysis and contributes to enhanced deamination, which reduces nitrogen content in hydrochar. Combining Tables 1 and 2, it is observed that the

Table 2 Elemental analysis and yield results for hydrochars (average value \pm standard deviation)^a

Sample name	EA results of hydrochars (wt%)					Yield (wt%)	HHV (MJ kg ⁻¹)	ηN (%)
	C	H	N	S	O			
SS-240-2-0.6	16.74 \pm 0.22	2.16 \pm 0.06	1.48 \pm 0.03	0.41 \pm 0.01	14.36 \pm 0.16	70.24 \pm 0.35	6.26	60.64
SP-0-240-2-0.6	12.23 \pm 0.32	1.59 \pm 0.02	0.78 \pm 0.02	0.24 \pm 0.01	10.95 \pm 0.16	74.68 \pm 0.24	4.57	68.92
SP-0.2-240-2-0.6	19.10 \pm 0.37	1.72 \pm 0.03	0.51 \pm 0.01	0.15 \pm 0.01	15.31 \pm 0.36	72.38 \pm 0.34	6.41	74.60
SP-0.5-240-2-0.6	37.38 \pm 0.48	2.80 \pm 0.06	0.31 \pm 0.01	0.09 \pm 0.01	21.22 \pm 0.22	69.46 \pm 0.38	13.19	75.30
SP-0.8-240-2-0.6	51.53 \pm 0.82	3.41 \pm 0.02	0.10 \pm 0.01	0.03 \pm 0.01	28.62 \pm 0.37	69.32 \pm 0.36	17.70	80.08
SP-1-240-2-0.6	59.44 \pm 0.62	3.74 \pm 0.06	0	0	35.05 \pm 0.42	80.47 \pm 0.21	19.84	

^a PET loading proportion (wt%) (240 °C, 2 h, water loading amount = 0.6 g cm⁻³).



The influence of reaction time on the nitrogen content of hydrochar was minimal between 0.5 h and 2 h; however, extending the reaction time beyond 2 h led to an increase in nitrogen content. This increase may be attributed to a prolonged reaction time intensifying the Maillard reaction, which

Subsequent to a series of experiments, it was determined that at a temperature of 240 °C, a reaction time of 2 h, PET addition of 20 wt%, and a water loading of 0.6 g cm⁻³, both carbon content (19.10 wt%) and ER efficiency were enhanced, yielding high-quality, low-nitrogen solid fuel (0.51 wt%). Although under these conditions, the calorific value of the resulting hydrochar (6.41 wt%) showed a marginal increase compared to that of the original SS hydrochar (Table 2: 6.26 wt%), the improvements in carbon and nitrogen content were significant.

The Van Krevelen plot depicted in Fig. 5 illustrates the degree of coalification of the hydrochar. With an increase in PET content from 0 to 50 wt%, there is a noticeable decrease in H/C and O/C value, indicative of enhanced dehydration and decarboxylation. This suggests a higher degree of coalification and an increase in the energy content of the hydrochar.⁴⁴ The observed changes are

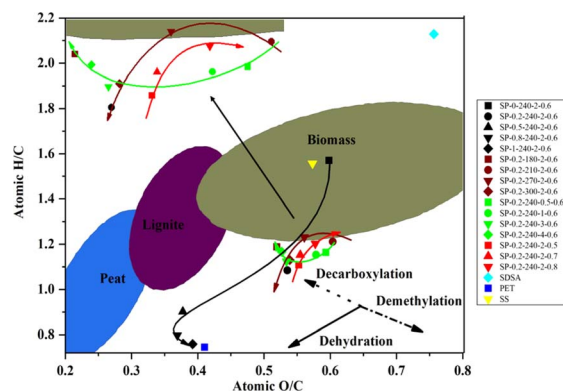


Fig. 5 Van Krevelen diagram for hydrochar.

due, firstly, to the addition of PET, which increases the C content in hydrochar more significantly than the O content. Secondly, the increased production of TPA by PET accelerates the hydrolysis of the protein fraction in SDSA, promoting dehydration and decarboxylation. Among the effects of reaction temperature, time, and water content, time has minimal impact on H/C value but significantly reduces O/C value. This reduction in O/C value is attributed to longer durations intensifying the Maillard reaction, where increasing amounts of reducing sugars and peptides or amino acids form heterocyclic macromolecules, thereby raising the C content in the hydrochar. Elemental analysis corroborates a trend of increasing C content over time, whereas the O content remains relatively unchanged, thus leading to a decrease in the overall O/C ratio. With increasing reaction temperatures, both H/C and O/C value in hydrochar decrease due to enhanced dehydration and decarboxylation, thereby improving the fuel performance of the hydrochar. An increase in temperature accelerates the hydrolysis of PET ester groups, releasing more TPA and facilitating the release and hydrolysis of proteins and stubborn macromolecules in SDSA. These components decompose more readily at higher temperatures, thereby enhancing decarboxylation and dehydration. As the water content increases, the H/C and O/C value of hydrochar typically rise; however, an inverse relationship is observed, where the lowest H/C and O/C value occur at a water content of 0.6 g cm^{-3} .

3.4 FT-IR analysis of hydrochar

Fig. 6 displays the FT-IR spectra of hydrochar. In the FT-IR spectrum of hydrochar from PET alone, shown in Fig. 6a, the

vibrational peaks at 1570 cm^{-1} and 1510 cm^{-1} correspond to the characteristic skeletal absorption peaks of benzene rings, while the peak near 3100 cm^{-1} is indicative of unsaturated hydrocarbons. These features suggest the presence of an aromatic structure in the product. The absorption peaks at 3063 cm^{-1} (C-H), 1675 cm^{-1} (C=O), and 1280 cm^{-1} (C-O) are characteristic spectral bands of the aromatic dicarboxylic acid in TPA, as well as the unique vibration of 1,4-disubstituted benzene ring at 1137 cm^{-1} and 1018 cm^{-1} .²⁹ These peaks all indicate that the solid product of PET hydrolysis is a mixture of PET residues and TPA.³⁹ As the proportion of PET increases, the peaks in the hydrochar FT-IR spectra deepen, attributed to the increased content of the solid product post-PET hydrolysis. This product shows a rising number of functional groups, including C=O and unsaturated hydrocarbons, which correspond to increases in the O and C content, consistent with elemental analyses. However, at a PET addition of 20 wt%, the spectral bands typical of the aromatic dicarboxylic acids associated with TPA were absent, indicating that the TPA produced by PET hydrolysis did not transfer to the solid phase at this ratio.

The peaks located at 2920 cm^{-1} and 2850 cm^{-1} are symmetric and asymmetric methylene-aliphatic absorption peaks,³³ which show signs of gradual disappearance when the PET addition is greater than 80 wt%. This stems from the PET hydrochar product's almost no aliphatic structure and more functional groups reflecting unsaturated hydrocarbons.⁴⁵ When the PET addition was 20 wt%, there was hardly any change in the aliphatic structure content. The peak located at 1000 cm^{-1} may be due to a large amount of ash leading to the creation of Si-O stretching. The reason is that the intensity of the peak

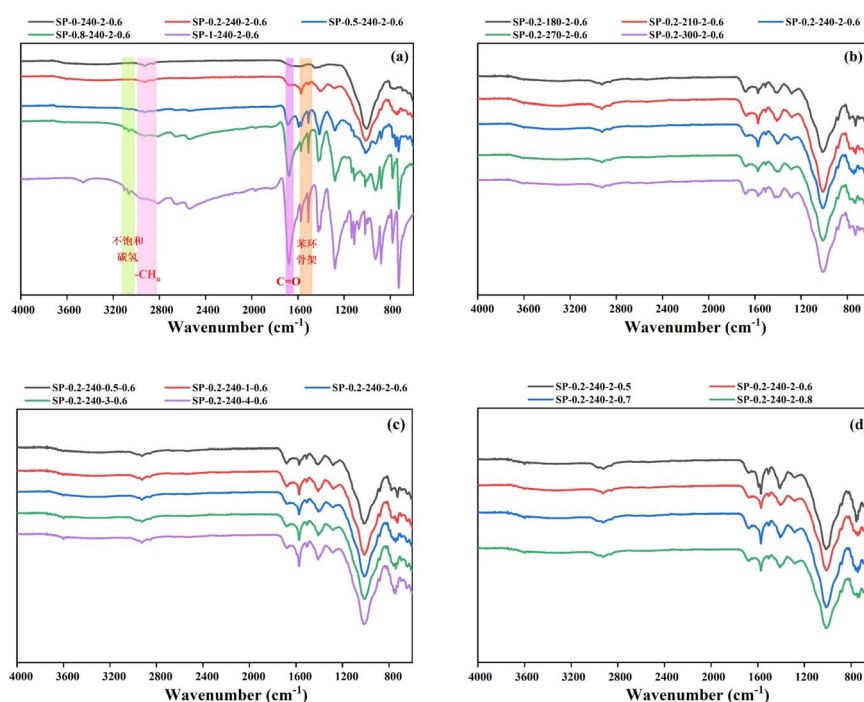


Fig. 6 FT-IR spectra of hydrochar: (a) different PET additions; (b) different reaction temperatures; (c) different reaction times; (d) different water additions.



located at 1000 cm^{-1} is gradually weakened as the proportion of PET increases, so it may be due to a large amount of ash leading to the creation of Si–O stretching, which suggests that the ash content will be retained in the SS after the HTC, and a portion of the ash content will be SiO_2 .⁴⁶ The peak located at 1645 cm^{-1} was attributed to the stretching vibration of the amide group $\text{C}=\text{N}$.²⁰ The peaks located at 1645 cm^{-1} were all significantly weakened along with the increase of PVC addition. Even the absorption peaks finally almost disappeared when the PET addition was 80 wt%, indicating that the nitrogen removal efficiency increased with the rise of PET addition.

Fig. 6b shows that the peaks of the characteristic skeleton of the benzene ring at 1570 cm^{-1} and 1510 cm^{-1} were found to deepen gradually as the reaction temperature was increased to 240°C . When the temperature continues to increase, there is a tendency to weaken instead. It indicates that the generation of aromatic compounds is more favorable at moderate temperatures. From Fig. 6c, it can be observed that the peaks at the characteristic skeleton of the benzene ring also gradually deepen with the extension of the reaction time, indicating that the increase of the reaction time is also favorable for the generation of aromatic compounds.³² The intensity of the peaks at 1700 cm^{-1} ($\text{C}=\text{O}$) tends to diminish with the extension of the reaction time, which indicates that the extension of the time promotes decarboxylation reaction, and that the intensity of the peaks at 3450 cm^{-1} ($-\text{OH}$) diminishes within a short period, which is not significant for this effect. The intensity of the peak at 3450 cm^{-1} ($-\text{OH}$) was weakened in a short period of time, and the effect of time extension was not obvious. The intensity of the peak at 3450 cm^{-1} ($-\text{OH}$) decreased in a short period of time, and the effect of time extension was not obvious. From Fig. 6c, it

is evident that the peaks corresponding to the benzene ring skeleton deepen as the reaction time extends, indicating that prolonged reaction time favors the formation of aromatic compounds. The intensity of the peaks at 1700 cm^{-1} ($\text{C}=\text{O}$) diminishes as the reaction time increases, suggesting that extended reaction time promotes decarboxylation. Similarly, the intensity of the peaks at 3450 cm^{-1} ($-\text{OH}$) decreases initially, but this reduction is not significant over time. Analysis of spectrograms across various reaction times indicates that the series of reactions affecting hydrochar functional groups can occur rapidly. Fig. 6d illustrates the impact of water content on functional groups, showing that increased water content has minimal effect on dehydration and decarboxylation reactions, as reflected by stable H/C and O/C value, consistent with Table S3.† However, the figure also reveals that a moderate water content enhances the characteristic skeletal peaks of the benzene ring at 1570 cm^{-1} and 1510 cm^{-1} .

3.5 Analysis of combustion properties of hydrochar

Fig. 7 shows the TG and DTG curves of the hydrochar, and Table S5 (In the ESI)† organizes the combustion properties of the hydrochar. Fig. 7 can be divided into three stages, with temperatures less than 200°C for the dehydration stage, $200\text{--}400^\circ\text{C}$ for the de-volatilization stage, and $400\text{--}620^\circ\text{C}$ for the stationary carbon combustion stage,⁴⁷ and temperatures higher than 600°C being the combustion phase, which is associated with volatile inorganic decomposition. In the second stage, mainly a large number of volatiles are burned, as shown in Fig. 7a; the HTC of PET alone has more volatiles, the volatile fraction weight loss rate is higher, and co-HTC with SDSA increases the volatiles. Therefore, from Fig. 7a, it is observed

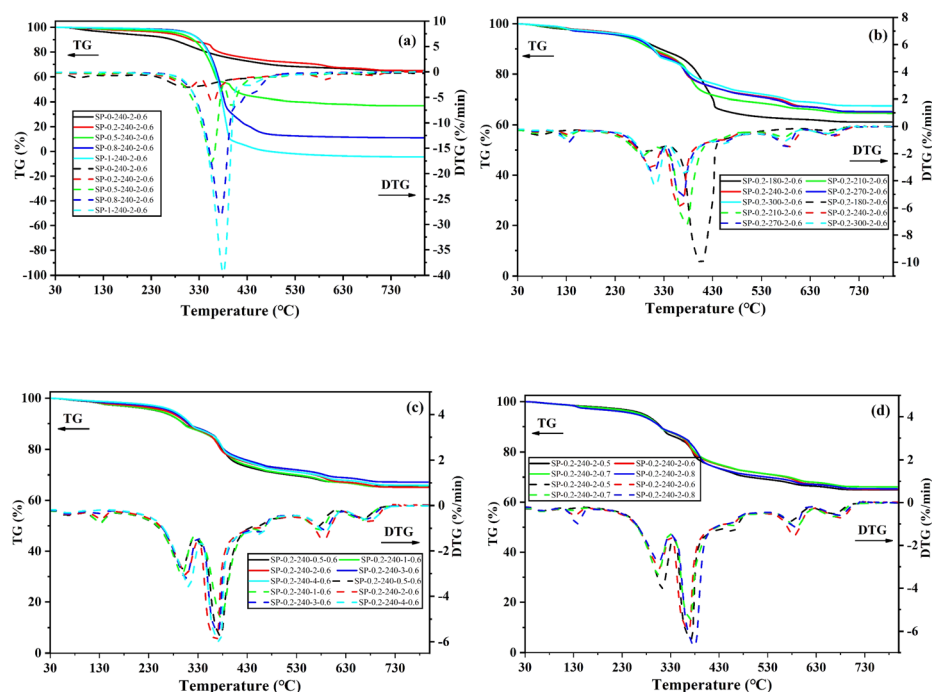


Fig. 7 TG-DTG curves of hydrochar. (a) Different PET additions; (b) different reaction temperatures; (c) different reaction times; (d) different water additions.

that the volatile fraction weight loss rate increases sequentially with increasing proportion of PET. At this stage, lower T_m generally means a faster decomposition reaction and higher reactivity.⁴⁸ Table S5† shows that the T_m temperature range of the hydrochar is roughly 345–370 °C, which is lower than that of the hydrochar of SDSA alone ($T_m = 402.48$ °C). This observation suggests that the co-HTC of SDSA and PET are more likely to produce hydrochar with a lower maximum burning rate temperature. In the third stage, the main combustion is of fixed carbon, and the weight loss rate increases with the increase of PET proportion, indicating an increase in fixed carbon content and further carbonization. Moreover, with the rise in proportion, the peak of volatile matter gradually shifts to the fixed carbon combustion stage. Higher fixed carbon and lower volatiles in hydrochar mean better combustion performance because of less intense flames and more stable flames.⁴⁹

In addition, when using hydrochar as a solid fuel, the ignition temperature (T_i) and the burnout temperature (T_f) are important parameters as combustion properties, and the T_i ignition temperature determines the ease of ignition of the fuel. Observing Table S5,† the T_i of hydrochar increases significantly with increasing PET content, which suggests that the potential fire and explosion risk of hydrochar is reduced by co-HTC treatment,⁵⁰ allowing safer handling, storage, and transportation.⁵¹ The T_f value reflects the fuel content and combustion performance. Higher T_f values indicate more unburned fuel and less efficient combustion. When the T_f value is low, it indicates that the fuel is more likely to burn out at lower temperatures and combustion is more efficient.⁵² Combined with the integrated combustibility index (S), the higher S value with the increase of PET ratio indicates better combustion performance. Then, a series of results suggest that the hydrochar of co-HTC exhibits higher T_i , lower T_m , and T_f , along with a high fixed carbon content and a high S value. Therefore, the hydrochar obtained from co-HTC is expected to be used as a high-performance fuel. However, its volatile content increases with increasing ratio, and high volatiles can lead to flame instability, which can increase heat loss during combustion.⁵³ Therefore, it can be seen from Fig. 7a that the volatile weight loss rate is lower, and the combustion rate of fixed carbon is higher when the PET addition is 20 wt%. In conclusion, co-HTC with low PET addition (20 wt%) can convert SS into solid fuel with enhanced combustion performance. In conclusion, the low addition (20 wt%) PET co-HTC with SS is more favorable to enhance the solid fuel combustion performance.

Observe Fig. 7b; with the increase of temperature, the rate of weight loss of volatile fraction is gradually decreasing; this is because organic matter, with the temperature rise, a large number of hydrolysis, volatile fraction of the material to reduce. With the increase in temperature, the stationary carbon combustion stage as a whole shifted to the right, tending to the high-temperature stage, indicating that it is favorable to the formation of heavy fixed carbon. Fig. 7c and d display the TG-DTG data corresponding to varying reaction times and water loadings, respectively. As reaction time or water content increases, the rates of volatiles and solids initially show little change. However, excessively long reaction times or high water

contents lead to an increased rate of volatiles and a decreased rate of fixed carbon. At a reaction time of 2 h and a water content of 0.6 g cm^{-3} , the combustion stage for fixed carbon exhibits the highest rate with fewer volatiles, enhancing the fuel properties.

4 Conclusion

Pretreatment altered the physicochemical properties of SS, resulting in the production of high-quality clean solid fuel (N: 0.51 wt%, C: 19.10 wt%) through co-HTC of SDSA-pretreated SS with PET. Compared to the co-HTC process using original SS, the η_N of the pretreated SS increased by 14%, reaching 74.6%. The yield, carbon content, and calorific value of hydrochar increased. The enhancement of η_N was primarily attributed to two factors: firstly, the loosening of the EPS structure in pretreated SS, which facilitated the release and hydrolysis of protein-N during co-HTC, and secondly, the degradation of PET under co-HTC conditions that produced TPA, enhancing the protein hydrolysis process. Together, these factors led to enhanced protein hydrolysis and deamination reactions, thereby transferring more nitrogen from the solid to the liquid phase. Therefore, this study demonstrates that SDSA pretreatment can significantly enhance the combustion performance of co-HTC solid products, offering an effective processing route for the efficient recycling of SS and PET, and the future production of high-quality clean solid fuels.

Author contributions

Ting Ye: conceptualization, validation, methodology, investigation, writing – original draft, writing – review & editing. Le Gou: validation, methodology, investigation. Yue Wang: validation, methodology, investigation. Nan Liu: validation, methodology, investigation. Liyi Dai: supervision, funding acquisition, writing – review & editing. Yuanyuan Wang: conceptualization, supervision, writing – review & editing.

Conflicts of interest

There are no conflicts to declare.

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