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Microwave-assisted synthesis of silver nanoparticles as a colorimetric sensor for hydrogen peroxide†

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To consider silver nanoparticles (AgNPs) as a colorimetric sensor for H_2O_2 we require investigation of the effects of the homogeneity of the nanoparticle size and morphology on the sensor parameters. Uniformly-sized Ag nanoparticles with diameters of $\sim 18.8 \pm 2.8$ nm were produced using microwave irradiation (AgNP1) but non-uniform particles with diameters of $\sim 71.2 \pm 19.4$ nm (AgNP2) were formed without microwave irradiation. Microwave synthesis produced AgNP1 with superiority in terms of repeatability, selectivity and sensor stability for up to eight months of storage over AgNP2. AgNP1 exhibited higher sensitivity and detection limits in the working range of $0.01-40000~\mu M$ as compared to AgNP2. The application of the AgNP sensor to milk samples provided recovery values of 99.09-100.56% for AgNP1 and 98.18-101.90% for AgNP2. Microwave irradiation resulted in strong and uniform PVP-Ag interactions for isotropic growth into small nanoparticles. Size and morphology uniformity determined the characteristics of the AgNP sensor that can be applied for H_2O_2 detection in a wide range of concentrations and real-time evaluation, with the potential for industrial applications.

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Introduction

Hydrogen peroxide (H_2O_2) detection is an essential field in nanosensors for monitoring biological processes, cancer cell diagnostics, medical treatment, food safety, water treatment, and chemical analysis. $^{1-5}$ H_2O_2 is an easily decomposed and relatively safe oxidant. However, when H_2O_2 comes in contact with living tissue, it can cause irritation, tissue damage, DNA damage, and other serious diseases. $^{6-8}$ Prolonged exposure to H_2O_2 through contaminated food or drink further increases the risk. Aside from being a preservative in foods, such as raw milk, H_2O_2 can be produced in

substances such as ascorbic acid (AA), calcium lactate, glucuronolactone, dextrose, and sodium citrate. Therefore, fast and accurate detection of H_2O_2 is required. AgNP nanosensors for H_2O_2 detection are often utilized as

the presence of oxygen in beverages containing redox-active

electrochemical sensors. AgNPs were designed as a working electrode for detecting H2O2 through catalytic redox reactions. The modification of AgNPs improved the sensitive and selective detection of H2O2. The Ag nanoparticle-reduced graphene oxidepolyaniline (AgNPs-rGO-PANI) nanocomposite enhanced the electron transfer rate during the electrochemical reduction of H₂O₂ due to interactions between Ag and nitrogen atoms in the PANI backbone polymer.10 Ag was modified with Cu to form a Ag-Cu alloy, enhancing the detection and quantification limits.11 The electrochemical sensor requires skills and expensive equipment to conduct the measurements. The development of colorimetric sensors offers a simple, fast, inexpensive, and convenient detection for practical applications. 12,13 Colorimetric detection can be visually observed via color changes, excluding complex, expensive, and sophisticated equipment; therefore, it is suitable for on-site analysis. 14,15 Generally, chromogenic compounds and color indicators are used in colorimetric sensors, but the application is restricted by toxicity and limited usage to a specific pH range.16-18 The plasmonic properties of silver nanoparticles (AgNPs) result in a characteristic color that is sensitive to the size and environment, which is ideal for the colorimetric detection of H₂O₂.²⁰ Due to their intense surface plasma resonance (SPR) bands, AgNPs provide

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great sensitivity and superior selectivity as sensing agents.^{21,22} AgNP decomposition during catalytic oxidation with H₂O₂ exhibits SPR band reduction at 410 nm, which can be correlated with H₂O₂ concentration.²³ In addition, AgNPs are stable under long-term storage, which is an important aspect of an indicator and sensing agent.¹⁹

Several AgNP-based $\rm H_2O_2$ sensors with varying analytical properties have been developed. Variations in the synthesis method affect the shape, size, stability, and physicochemical properties of AgNPs. Thang *et al.* Perported that morphology affects the sensitivity and detection range of colorimetric sensing in $\rm H_2O_2$ detection. The results generally indicated that the sensitivity depends on the size of AgNPs. Therefore, modifying the synthesis method for producing small AgNPs is advantageous for achieving high activity.

The effects of AgNP shape and size homogeneity on the sensor characteristics were investigated in H₂O sensors obtained with and without microwave irradiation. The rapid and uniform microwave heating rate in AgNP synthesis reduced reaction time and produced small and homogeneous AgNPs.^{30,31} The analytical characteristics of the sensor, such as linear range, detection limit, quantitation limit, sensitivity, repeatability, selectivity, and sensor stability, will be determined based on the sizes and morphology of AgNPs. The selectivity of AgNPs was determined using contaminated H₂O₂, and application tests on milk samples were also carried out. This study provides a detailed evaluation of the stability and sensitivity of AgNPs produced from the microwave method as H₂O₂ colorimetric sensors.

Experimental

Materials

Analytical reagent grade silver nitrate (AgNO₃), ascorbic acid ($C_6H_8O_6$), hydrogen peroxide (30%, w/w H_2O_2), polyvinylpyrrolidone (C_6H_9NO) $_n$, 30 000 kDa, ammonium sulphate ((NH_4) $_2SO_4$), lead(II) nitrate (PbNO₃), glucose ($C_6H_{12}O_6$), citric acid ($C_6H_8O_7$), sodium chloride (NaCl), and ethanol (C_2H_6O) were purchased from Merck. Deionized water was used in all the procedures.

Synthesis and characterization of AgNPs as sensing agent

Silver nanoparticles were synthesized using $AgNO_3$ precursor with PVP as a capping agent. The $0.01~M~AgNO_3$ solution was mixed with 0.4% PVP solution under rapid stirring, followed by an ascorbic acid solution. The mixture was irradiated in a microwave at 20% power for 3 minutes. A change in the color of the solution to brownish yellow indicated AgNP formation. The AgNPs were separated by centrifugation at 12 000 rpm for 45 minutes, followed by freeze-drying of the solid. The AgNPs produced were referred to as AgNP1. For comparison, AgNP2 was prepared without microwave irradiation, based on a previous method. The spectra profile and crystallinity of AgNPs were characterized using UV-vis spectroscopy (7809 Labo-hub, China) and XRD (Philips X'pert PW 3050, Netherland) with Cu K α radiation ($\lambda = 1.54060~\text{Å}$). Capping agent functional groups that stabilized the AgNP were investigated

using FTIR (PerkinElmer, USA). The morphology and size of AgNPs were investigated by TEM Hitachi H9500 (Hitachi, Japan).

The application of AgNPs as H2O2 sensors

 H_2O_2 detection using AgNPs was conducted by adding H_2O_2 solution (400 μL) at various concentrations into 2000 μL of AgNP solution. The mixture was stirred to form a homogeneous solution and subsequently incubated at 40 °C for 30 minutes. The UV-vis absorption spectra of the solutions were recorded. The absorbances at 419 nm (OD_{419}) of the AgNP solutions before and after H_2O_2 addition were plotted in a calibration

curve, i.e., $\frac{\Delta A}{A_0} vs[H_2O_2]$, according to eqn (1).

$$\frac{\Delta A}{A_0} \ (\%) = \frac{A_0 - A_c}{A_0} \times 100 \tag{1}$$

Here, A_0 and A_c are OD_{419} of AgNP solution before and after H_2O_2 addition, respectively. The effect of pH on H_2O_2 measurement was investigated by adjusting the pH of the AgNP solution to 4, 7, and 9. The absorbances of the AgNP solution before and after adding H_2O_2 (200 μ M) were measured. The detection limit (LOD) and quantization limit (LOQ) were determined using eqn (2) and (3), with three repetitions.

$$LOD = \frac{3\sigma}{S} \tag{2}$$

$$LOQ = \frac{10\sigma}{S} \tag{3}$$

 σ is the standard deviation and S is the sensitivity of the method, which is the slope of the calibration curve. The repeatability is determined by measuring the sensor response in triplicate.

Selectivity was determined by comparing the response before and after the addition of interferences. Glucose, citric acid, NaCl, and ethanol were added to reach the final concentration of $\rm H_2O_2$ and interference of 50 μM . Interference studies were carried out in triplicate. Sensor stability was determined by observing the response of the biosensor until the eighth month of storage. The determination of analytical characteristics was also carried out on AgNP2.

Both types of AgNPs were applied to determine the recovery value of $\rm H_2O_2$ in pasteurized milk samples. The milk protein was separated according to the previously reported method^{33,34} by adding 1.8 g (NH₄)₂SO₄ to 10 mL of milk under magnetic stirring for 30 minutes. The sample supernatant was separated by centrifugation at 8000 rpm for 15 minutes for use in recovery value analysis, calculated using eqn (4). The determination of hydrogen peroxide content was carried out using the standard addition method by adding standard $\rm H_2O_2$ (12.50, 18.75, 25.00 $\rm \mu M$) to the sample.

Recovery (%) =
$$\frac{[H_2O_2]_{\text{measured}}}{[H_2O_2]_{\text{added}}} \times 100\%$$
 (4)

Results and discussion

Synthesis and characterization of AgNPs

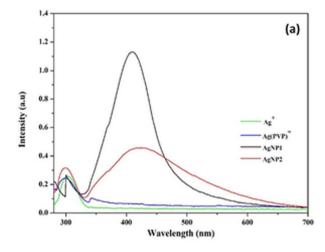
The synthesized AgNPs from the AgNO3 solution were characterized using UV-visible spectroscopy. The transformation into Ag nanoparticles could be visually observed based on the changes from colorless to brownish-yellow solutions. Fig. 1a shows a single peak at ~ 300 nm, ascribed to the AgNO₃ precursor.35 After PVP addition, a peak appeared at ~330 nm due to the excitation of an electron from the lone pair of the carbonyl to the vacant d-orbital of silver.36 This charge transfer transition induced the formation of an Ag⁺-PVP complex.³⁷ The complex facilitates silver ion reduction and nucleation in forming stable AgNPs.38 The characteristic peaks of AgNPs at 419 for AgNP1 and 426 nm for AgNP2 appeared after adding AA reducing agent. The absorption peak at a higher wavelength indicates that AgNP2 is larger than AgNP1.39,40 Besides reducing the size of AgNPs, microwave irradiation also shortens the reaction time and forms higher AgNP yields.

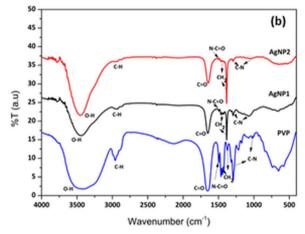
The capping mechanism by PVP was studied from the FTIR spectra of PVP and AgNPs, as shown in Fig. 1b. Peaks at 1465 and 1425 cm⁻¹ were ascribed to the absorptions of -CH₂ groups in PVP. The peak at 1654 cm⁻¹ was attributed to the C=O vibration of PVP41,42 that was red-shifted to 1644 and 1643 cm⁻¹ in AgNP1 and AgNP2 spectra, resulting from the partial donation of electrons from oxygen to silver ions. The peak at 1292 cm⁻¹ indicated the C-N groups in PVP, which were slightly shifted to 1295 cm⁻¹ for AgNP1 and 1294 cm⁻¹ for AgNP2. The N-C=O band at 1503 cm⁻¹ of PVP was shifted to 1495 cm⁻¹ in AgNP1 and AgNP2, indicating that the carbonyl groups are involved in stabilizing AgNPs. The lone pair of electrons on the oxygen atom of PVP is crucial in the formation of the Ag(PVP)⁺ complex, which is evident from the charge transfer transition at \sim 330 nm in the UV-vis spectra (Fig. 1a). The presence of the -OH group in PVP is feasible due to its hygroscopic nature.

The XRD analysis of AgNPs showed four diffraction peaks at 2θ values in the range 20-80° (Fig. 1c). These peaks were indexed to (122), (111), (200), (220), and (311) planes, which confirmed the formation of the face-centered cubic (fcc) structure of pure silver. 43 TEM analysis of AgNP1 and AgNP2 (Fig. 2ad) showed that AgNPs were surrounded by a thin amorphous layer, indicating the presence of a PVP capping agent (shown by arrows in Fig. 2a-d). Fig. 2a and c show that AgNP1 have uniform spherical structures and appear smaller than AgNP2 at 18.8 \pm 2.8 nm. TEM analysis of AgNP2 showed the formation of large particles with a diameter of 71.2 \pm 19.4 nm. The TEM results further confirmed the narrow SPR band profile of AgNP1 as compared to AgNP2 (Fig. 1a). The results indicated that microscopic heating by microwaves rapidly produced silver nanoparticles with a uniform morphology.31,44

The sensing mechanism and analytical characteristics of H₂O₂ sensors

The determination of H₂O₂ in colorimetric sensors is based on the redox reaction of H2O2 with AgNPs. The AgNPs were oxidized by H₂O₂ into Ag⁺ ions, resulting in decreased AgNP





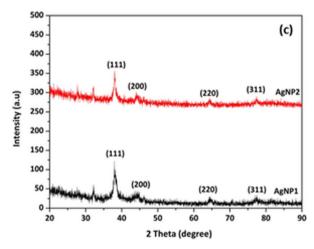


Fig. 1 (a) UV-visible spectra of Ag⁺, Ag⁺-PVP, AgNP1 and AgNP2. (b) FTIR spectra of PVP, AgNP1 and AgNP2. (c) XRD patterns of AgNP1 and AgNP2.

concentration. The TEM analysis of AgNPs following the addition of 50 μM H₂O₂ (Fig. 2b and d) exhibited size reduction from 18.8 \pm 2.8 nm to 11.47 \pm 1.52 nm for AgNP1 and from 71.2 \pm 19.4 nm to 48.38 \pm 9.33 nm for AgNP2. The PSA profiles of AgNP1 and AgNP2 before and after oxidation with H_2O_2 are displayed in Fig. S1.† The size of AgNP2 decreased from 103.60

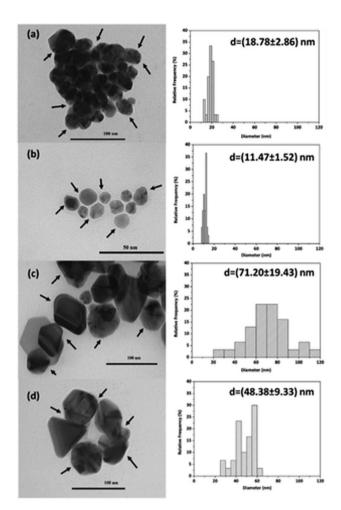


Fig. 2 TEM images and size distribution of AgNPs: (a) initial AgNP1, (b) AgNP1 after adding 50 μ M H₂O₂, (c) initial AgNP2, (d) AgNP2 after adding 50 μ M H₂O₂.

 \pm 50.74 nm to 66.80 \pm 21.26 nm, whereas AgNP1's size reduced from 27.50 \pm 5.68 nm to 9.24 \pm 1.71 nm. Even though the TEM and PSA measurements produced slightly different results, their patterns are comparable. $\rm H_2O_2$ oxidized AgNPs and etched the surface to form smaller nanoparticles. $^{\rm 24,43,45}$

The AgNPs interacted with the C=O groups of PVP, while the pyrrolidone and alkyl groups were assembled to face outward. The arrangement generates a protective layer that stabilizes Ag nanoparticles from aggregation. The AgNp surface was exposed to redox reactions with H_2O_2 , causing oxidation to Ag^+ , resulting in a decrease in AgNP absorbance. The PVP layer may hinder H_2O_2 diffusion from the solution to the Ag surface. However, the thin PVP layer surrounding the AgNPs (Fig. 2a–d) as observed in TEM analysis suggests the slow polymerization of PVP on the AgNP, thus allowing H_2O_2 diffusion through the PVP barrier. As seen in Fig. 2 and S2,† the size of the AgNPs decreased as a result of the discharge of several AgNP clusters. Fig. 3 depicts the mechanism of AgNP synthesis and detection of H_2O_2 by AgNPs.

The pH influence on $\rm H_2O_2$ detection using AgNPs was examined by comparing the absorbance of AgNP1 solutions at

pH 4, 7, and 9 before and after adding 1 mL of 200 μ M H_2O_2 to the solutions (2 mL). Fig. S3† shows changes in sensor response and the color of the solution. The most significant change in response occurred when sensing H_2O_2 at pH 4, with the most apparent color fading. The Ag^+ ions can be reduced to Ag^0 by H_2O_2 in an alkaline solution, 45,47 allowing AgNPs to regenerate (eqn (5)). As a result, the optimum conditions for H_2O_2 detection occur in acidic pH. This provides simplicity and convenience in H_2O_2 analysis since the analysis may be carried out directly without adding an alkaline solution to increase the pH.

$$H_2O_2 + 2Ag^+ + 2HO^- \rightarrow 2Ag + 2H_2O + O_2 (E^0 = 0.947 \text{ V}) (5)$$

Changes in AgNP response following H_2O_2 addition at various concentrations are shown in Fig. 4a and b, while the UV-vis spectra of AgNP1 and AgNP2 are shown in Fig. S2.† The AgNP absorbance was gradually reduced and was accompanied by the discoloration of the solution. Increasing the concentration of H_2O_2 decreased the absorbance of AgNPs for up to $4\times10^4~\mu\text{M}$ at 419 nm for AgNP1 and 426 nm for AgNP2. The detection limit was calculated using the standard deviation and slope of the calibration curve. In the working range of 1×10^{-2} to $4\times10^4~\mu\text{M}$, AgNP1 has a lower detection limit than AgNP2. Similarly, AgNP1 has a greater sensitivity than AgNP2, as evidenced by the higher slope value in Fig. 4a and b. The greater sensitivity to H_2O_2 is due to the decreased size of the AgNPs, which provides more surface sites for the reaction. The uniformity of shape and

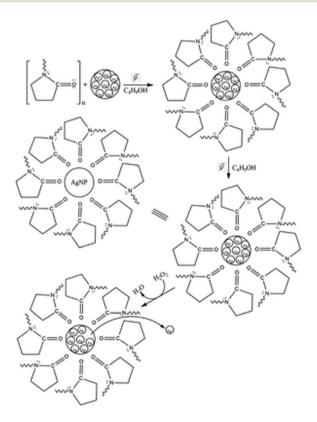
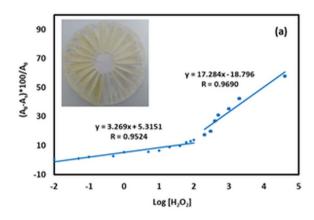


Fig. 3 The mechanism of AgNP formation and $\rm H_2O_2$ detection using AgNPs.



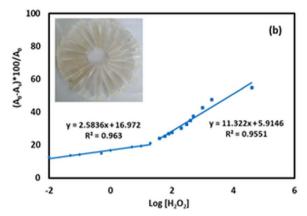


Fig. 4 Response changes plotted against the logarithm of H₂O₂ concentration: (a) AgNP1 (b) AgNP2.

size also improves the sensor response and sensitivity. AgNP1 exhibits lower LOD and RSD values (repeatability) than AgNP2, suggesting that shape and size homogeneity positively affect the sensor's characteristics.

The linear range, LOD, LOQ, and repeatability (RSD) of the colorimetric sensors are shown in Table 1. The data were also compared with the sensor characteristics of previous studies. In

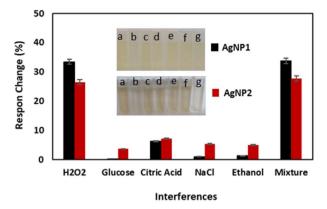


Fig. 5 The sensor response in the presence of interferences at a concentration ratio of 1:1. Inset: photographs of solutions of (a) initial AgNPs, AgNPs with the addition of (b) H₂O₂, (c) glucose, (d) citric acid, (e) NaCl, (f) ethanol, and (g) a mixture of interferences.

this study, the analytical characteristics of H₂O₂ sensors using AgNP produced using microwaves are superior with a wider linear range and lower detection limit and are therefore suitable for H2O2 detection.

The selectivity as a colorimetric H₂O₂ sensor was investigated by measuring the AgNp response in the presence of interferences such as glucose, citric acid, NaCl, and ethanol, as shown in Fig. 5. Both AgNPs showed high selectivity, as evidenced by a change in the sensor response of less than 5% due to the addition of interference, 48 with citric acid exhibiting the highest response change. Citric acid replaces PVP as a capping agent for AgNPs and generates a small amount of AgNP aggregation.49,50 The measurements were carried out in triplicate and it was revealed that the standard deviation of measurement for AgNP1 was 1.42-5.00%, while that of AgNP2 was 1.55-4.71%. The results indicate the reproducibility of AgNps as a H₂O₂ sensor. Fig. 5 further shows that AgNP1 is more selective than AgNP2 due to the smaller and more uniform size of the AgNPs.

The stability of AgNPs as H₂O₂ sensors is a critical aspect of their utilization. Therefore, the stability of AgNPs after storage

Table 1 A comparison of the characteristics of AgNP-based H₂O₂ colorimetric sensors

Sensing agent	Linear range (μM)	$\mathrm{LOD}\left(\mu M\right)$	$LOQ\left(\mu M\right)$	RSD (%)	Ref.
AgNP-GQDs ^a	0-50	3.5	nd^e	nd^e	24
AgNP-GQDs ^a	0-50	0.162	nd^e	nd^e	25
AgNP-citrate	0.2-32	0.090	nd^e	nd^e	26
AgNP-citrate	6.7-668	8.35	nd^e	nd^e	20
AgNP-CNW ^b	0.01-30	0.014	nd^e	nd^e	23
	60-600	112			
AgNP-PMMA ^c	1-100000	1	nd^e	nd^e	19
Spherical AgNP	10-40	5	nd^e	nd^e	28
AgNP-LBG ^d	1-10000	1	nd^e	nd^e	29
AgNP1-PVP	0.01-100	0.076	0.253	1.688	This work
-	200-40000	0.013	0.046		
AgNP2-PVP	0.01-40	0.441	1.471	1.812	This work
-	60-40000	0.121	0.404		

^a Graphene quantum dots. ^b Cellulose nanowhiskers. ^c Poly(methyl methacrylate). ^d Locust Bean Gum. ^e Not determined.

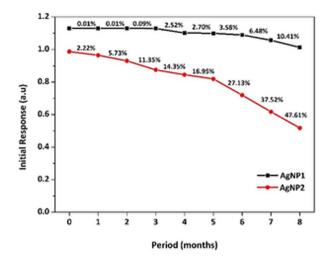


Fig. 6 The stability of AgNPs over the 8 months storage period

Table 2 Recovery of [H₂O₂] in milk samples

AgNPs	$\begin{array}{l} [H_2O_2]_{added} \\ (\mu M) \end{array}$	$\begin{array}{l} [H_2O_2]_{measured} \\ (\mu M) \end{array}$	RSD (%) $(n=3)$	Recovery (%)
AgNP1	12.50	12.55	1.98	100.39
	18.75	18.58	2.20	99.09
	25.00	25.14	0.93	100.56
AgNP2	12.50	12.74	3.57	101.90
	18.75	18.52	4.76	98.80
	25.00	24.54	3.13	98.18

was tested by measuring their response monthly for up to the eighth month, as illustrated in Fig. 6. At the end of the storage time, AgNP1 showed a slight deterioration in response at approximately 10%, while AgNP2 showed up to 47% deficiency. The dramatic drop in AgNP2's initial response was due to particle aggregation. In contrast, AgNP1's smaller size and homogeneous size distribution reduced particle aggregation, maintaining the sensitivity for up to eight months. Under uniform microwave heating in a short thermal induction, Ag nanoparticle nucleation and growth were controlled to form a uniform morphology.⁵¹ The capping effect of the surfactant was also intensified under microwave irradiation.⁵² The π bonds of the C=O functional groups in PVP formed strong interactions with silver, providing an effective capping mechanism to prevent nanoparticle agglomeration.⁵³

Unlike the synthesis without microwave irradiation, large AgNPs reduced active surface sites for catalytic $\rm H_2O_2$ reduction. Inefficient PVP interaction on AgNPs surfaces further initiated particle agglomeration under long-term storage, thus reducing sensor stability. TEM analysis of AgNP2 after $\rm H_2O_2$ detection showed the growth of AgNPs into triangular and hexagonal-shaped particles. This transformation provides important insight into the mechanism of PVP attachment to Ag surfaces. The capping of PVP on Ag is suggested to form a homogeneous layer under microwave heating, thus allowing isotropic growth

in a uniform direction, and forming small spherically shaped nanoparticles. 54 However, PVP tends to attach to the lowest energy facet of Ag in non-microwave synthesis, suppressing uniform isotropic growth. Thus, the lack of the surface capping agent on a high-energy Ag facet resulted in anisotropic growth into various morphologies. Furthermore, the formation of well-defined edges on AgNP2 after H_2O_2 detection implied that certain facets were susceptible to rapid etching under H_2O_2 .

Sensor performance for actual samples

The assay application of a colorimetric sensor for detecting $\rm H_2O_2$ using AgNPs was carried out on milk samples contaminated with $\rm H_2O_2$. The recovery value was determined as shown in Table 2. The color changes, UV-vis spectra and the calibration curves of $\rm H_2O_2$ detection in the milk samples are shown in Fig. S4.† The recovery value of $\rm H_2O_2$ was determined to be $\sim 99.09-100.56\%$ for AgNP1, and $\sim 98.18-101.90\%$ for AgNP2. The satisfactory recovery values indicate that homogeneous AgNPs were more accurate in determining $\rm H_2O_2$ in the samples. Therefore, the developed AgNp sensor is suitable for real-time practical and industrial applications due to the facile assay processes, rapid analysis, high sensitivity, selectivity, and stability.

Conclusions

The influence of AgNP size and homogeneity on sensor properties has been explored. The effects of microwave irradiation on the Ag-PVP stabilization during nanoparticle production were determined. Microwave irradiation offers rapid and uniform heating, ensuring the isotropic growth of AgNPs into uniform size and morphology (AgNP1). The sensor characteristics depend on the size and homogeneous morphology to give a detection limit of 0.013 μM, quantization limit of 0.046 μM, repeatability at RSD 1.688%, and selectivity with a response change <5%. AgNPs obtained using microwave synthesis exhibited high stability due to the efficient capping mechanism of the carbonyl group of PVP to prevent the agglomeration of small nanoparticles. Synthesis without microwave irradiation resulted in a non-homogenous PVP interaction, causing anisotropic growth into non-uniform particles. Surface etching during H₂O₂ detection preferably occurs on less saturated PVP, transforming the AgNP2 into well-defined triangular and hexagonal particles. The application of colorimetric sensors in determining the recovery value of H₂O₂ levels in milk samples showed satisfactory values of 99.09% to 100.56% for AgNP1 and 98.18% to 101.90% for AgNP2. The detection of H₂O₂ in its natural environment (acidic pH) without pretreatment offers simplicity and convenience for rapid analysis. Therefore, homogeneous AgNPs produced using microwave heating have great potential for practical use as H2O2 colorimetric sensors.

Author contributions

Nurul Ismillayli: conceptualization, methodology, investigation, data curation, writing – original draft. Suprapto Suprapto: Paper

funding acquisition validation, supervision, writing - review & editing. Eko Santoso: writing - review & editing. Holilah Holilah: formal analysis. Hasliza Bahruji: visualization, writing review & editing. Reva Endra Nugraha: formal analysis. Aisyah Abdul Jalil: writing - review & editing. Dhony Hermanto: writing - review & editing. Didik Prasetyoko: validation, supervision, writing - review & editing.

Conflicts of interest

There are no conflicts to declare.

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