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# *In vitro* anti-trypanosomal activity of 3-(aryl)-6-piperazin-1,2,4-triazolo[3,4-*a*]phthalazines-loaded ultrathin polymeric particles: effect of polymer type and particle size†

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3-(Aryl)-6-piperazin-1,2,4-triazolo[3,4-*a*]phthalazines have shown great potential as leishmanicidal agents. Herein, we prepared a series of PLGA-, PLA- and PCL-based-microparticles/nanoparticles of different particle sizes and loaded them with active 3-(aryl)-6-piperazin-1,2,4-triazolo[3,4-*a*]phthalazines **TF1** and **TF2**. The synthesized microparticles/nanoparticles seek to improve the leishmanicidal activity of 3-(aryl)-6-piperazin-1,2,4-triazolo[3,4-*a*]phthalazines and extend its effect to the *T. cruzi* parasite. The encapsulates were prepared using a microemulsification method, achieving an encapsulation percentage between 89% and 99% for PLGA-, PLA- and PCL-microparticles/nanoparticles. The encapsulation of triazolo-phthalazines was confirmed through UV-Vis or EDX analyses. From SEM analysis, two nanoparticle or microparticle/nanoparticle system-loaded **TF1** or **TF2** with mean sizes of 250, 400, 600–900 or 900–2000 nm were obtained for each of PLGA, PLA and PCL polymeric matrices. TEM analysis revealed that all the prepared microparticles/nanoparticles consisted of particles and not spheres. The microencapsulates/nanoencapsulates showed an acceptable drug release under physiological conditions, achieving a continuous release for up to 96 hours for most of the studied cases. From biological evaluation, encapsulation with PLGA and PLA showed a positive effect against the *in vitro* model of both parasites showing a decrease in their EC<sub>50</sub> values compared with free compounds. Conversely, no improvement in trypanosomacidal activity was found with PCL encapsulation. Importantly, it was found that either the small particle size of the capsule system or facile drug release favored anti-trypanosomatid activity. The three polymeric matrices showed a discrete but slight increase in toxicity toward J774.1 macrophages compared to free compounds. This may be associated with the facile penetration of the polymeric matrix across the macrophage membrane, favoring against intracellular forms of parasites. This study shows that either the particle size or the type of polymer represent key issues for improving the trypanosomacidal activity of polymeric nanoformulations.

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## 1. Introduction

Chagas disease (CD) and visceral leishmaniasis (VL), which are caused by parasitic trypanosomatids of *T. cruzi* and *L. infantum* parasites, respectively, constitute a group of neglected tropical diseases (NTDs). These diseases are widespread in tropical and subtropical areas owing to poor hygiene and insufficient health infrastructures.<sup>1</sup> Leishmaniasis affects about 12 million people worldwide with 350 million people under the risk of infection in 98 developing countries annually,<sup>2</sup> whereas Chagas disease affects around 8 million people in the Americas—from Mexico and Central America to Argentina and Patagonia.<sup>3</sup> In particular, visceral leishmaniasis is one of the clinical manifestations of leishmaniasis, and it may be fatal for 90% of untreated cases.<sup>2</sup>

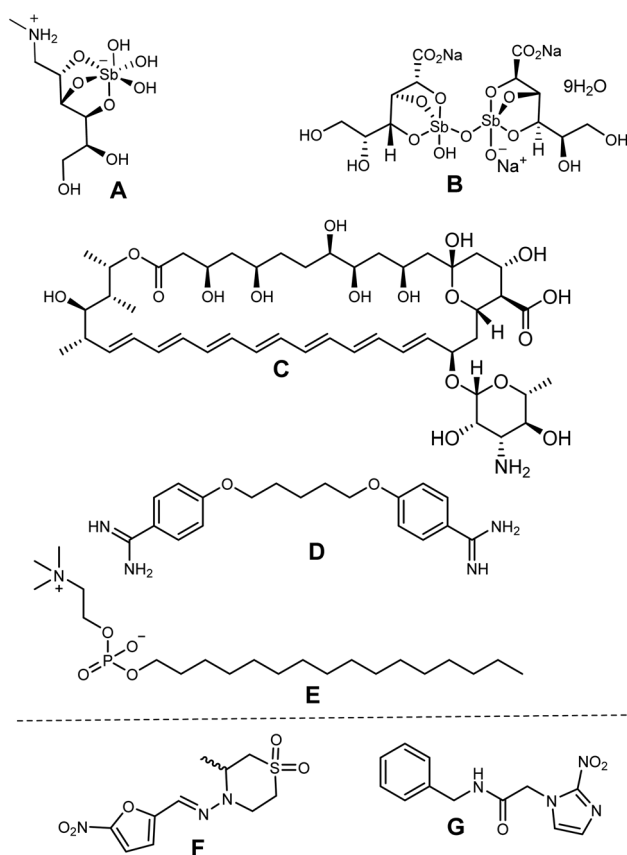


To date, no registered vaccines are available for both the NTDs. Alternatively, there are a limited number of therapeutic options, and only two approved drugs are currently employed for the treatment of each of these diseases: (i) pentavalent antimonials (*e.g.*, Glucantime and Pentostam) against Leishmaniasis and (ii) benznidazole and nifurtimox against Chagas disease (Chart 1). A second line of leishmanicidal agents, including pentamidine, amphotericin B and miltefosine (Chart 1), as well as anti-Chagas drugs such as azole antifungals (*e.g.*, posaconazole, ketoconazole, ravuconazole), are frequently used when the first line fails.<sup>4</sup> However, these drugs present several disadvantages such as toxicity (affecting the heart, liver and kidneys), high cost, low therapeutic efficacy, prolonged treatment times (30–60 days) and parasite resistance. Thus, limited therapeutic options, suboptimal diagnostics, poor community awareness, drug resistance, toxicity, asymptomatic carriers, and, most importantly, absence of vaccines encourage more investigation into a more effective treatment of leishmaniasis and Chagas disease. Moreover, the challenge is even more significant by the rigorous pharmacological requirements, which seek to minimize side-effect risks.

In this sense, the development of drug delivery systems (DDSs) is an attractive alternative to design leishmanicidal or

antichagasic formulation drugs.<sup>5,6</sup> The DDSs favor a controlled drug release post-administration, improving the bioavailability and pharmacokinetic parameters of the encapsulated drug, as well as reducing toxicity side effects.<sup>5</sup> These nanoformulations have overcome biological barriers, such as gastrointestinal pH or blood-brain barrier, without any loss of drug efficacy. Concerning the NTDs, as both diseases are characterized by infection of the host cell from the intracellular amastigote, the use of a nanocarrier system containing an anti-trypanosomatid drug represents a promising approach to penetrate the macrophages' cells *via* endocytosis<sup>7a</sup> and reach the infectious parasite, solving one of the typical drawbacks of anti-trypanosomatid drugs related to the penetration of the host cell.<sup>7b</sup> The latter favors the specific antiparasitic activity and enhances the efficient delivery. The application of nanoformulations has been more extended against leishmaniasis, and the development of their DDSs started in 1992.<sup>8</sup> Since then, as the most fundamental component in the construction of nanostructures, many NPs have provided high stability and loading, ease of incorporation of both hydrophilic and hydrophobic substances, feasibility of variable routes of administration, and relevant biological improvements at preclinical levels for leishmanicidal drugs.<sup>9,10</sup> Interestingly, encapsulation facilitates the improved and sustained release of cargo at the specific organ or tissues where it is destined, which is essential against diseases such as Chagas disease and Visceral leishmaniasis in organs or tissues. Encapsulation of drugs into nanocarriers also provides enhanced protection against intracellular and extracellular degradation compared to non-encapsulated drugs.<sup>11,12</sup> It is important to mention that formulation-based targeted drug delivery has helped in overcoming drug resistance for *in vitro* and *in vivo* models of leishmaniasis as consequence of the higher drug accumulation inside the macrophage through mucosal penetration.<sup>12b</sup> Another beneficial aspect of nanoscale delivery is the pH adaptability of the drug moieties in microenvironments.<sup>13</sup> This is important since the parasite resides in the acidic phagolysosome compartment within macrophages, where the pH is low. A drug moiety capable of reaching a target should resist the variable pH seen across different tissues or subcellular compartments. Therefore, pH-dependent drug release is very important for the site-specific accumulation and action of drugs. NPs consisting of a drug-loaded poly(lactic-co-glycolic acid) (PLGA) core and wrapped with acid-triggered membrane peptide have shown facilitated internalization into cells within the acidic microenvironment where intracellular conditions degrade the NPs, thereby releasing the chemotherapeutic cargo.<sup>14–21</sup>

Within the DDSs, those based on polymeric micro- and nanoparticles are ideal for the design of DDSs because it is possible to reach the nano-dimension, which allows for access to small regions of the parasite membrane.<sup>9,10</sup> Among the polymeric matrices, biodegradable and biocompatible PLGA, poly-(D,L-lactic acid) (PLA) and poly-caprolactone (PCL) nanoparticles (NPs) are commonly used for the preparation of NP-loaded drugs. They are approved by the U.S. Food and Drug Administration (FDA) and European Medicines Agency (EMA)



**Chart 1** Structures of the main approved drugs: (A) Glucantime, (B) Pentostam, (C) amphotericin B, (D) pentamidine and (E) miltefosine against Leishmaniasis; and (F) nifurtimox and (G) benznidazole as anti-Chagas drugs.



as drug carriers for human applications due to their high biocompatibility.<sup>22</sup> These polymers present several advantages, including reduction of side effects, improvement of oral bioavailability, sustained and controlled drug release, tissue targeting, improvements in drug transportation, adjuvant co-encapsulation and protection from enzymatic degradation. In particular, the PLGA-based nanoparticle systems, beyond its function as a drug carrier, have demonstrated the ability to induce humoral and cell-mediated specific immune responses *via* activation of dendritic cells in animals models.<sup>14–21</sup> Thus, they are a convenient polymeric matrix for the design of anti-trypanosomal agents because it is well documented that these parasites are sensitive to the immunological host's effectors.

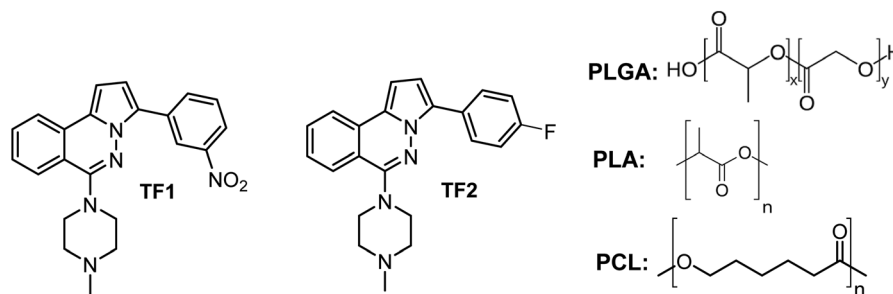
As described above, the use of DDS offers a great advantage to improve the biological activity of reference drugs and it could be extended to active leishmanicidal compounds. Recently, we reported that 3-aryl-6-piperazin-1,2,4-triazolo[3,4-*a*]phthalazines showed good potential as leishmanicidal agents, displaying an IC<sub>50</sub> of about 9 μM against intracellular amastigote of *L. braziliensis* and selectivities indexes between 10 and 15.<sup>23</sup> The compounds showed a submicromolar IC<sub>50</sub> against promastigote and axenic amastigote, emerging as a potential and safer leishmanicidal agent for further investigation. This chemical system was derived from a optimization of phthalazine derivatives.<sup>25–28</sup> These 3-(3-nitrophenyl)-6-piperazin-1,2,4-triazolo[3,4-*a*]phthalazines have also shown potent cytotoxic activity against cancer strains with a modulation of potassium channels.<sup>24</sup> To enhance the potential of 3-(3-nitrophenyl)-6-piperazin-1,2,4-triazolo[3,4-*a*]phthalazine, we evaluated the effect of a controlled release through the preparation of micro/nanoencapsulates loaded with two active leishmanicidal triazolo-phthalazines, **TF1** and **TF2**, using three types of polymeric matrices, PLGA, PLA and PCL (Chart 2). Then, we evaluated the effect of the entrapment with these three polymeric matrices on the antitrypanosomal activity of the most active 3-(3-nitrophenyl)-6-piperazin-1,2,4-triazolo[3,4-*a*]phthalazine, **TF1**, providing a convenient formulation for an enhancement in the *in vitro* and *in vivo* activities of these organic compounds against both NDTs. Also, a discretely active triazolo-phthalazine such as 3-(4-fluorophenyl)-6-piperazin-1,2,4-triazolo[3,4-*a*]phthalazine, **TF2**, was studied to evaluate the power of the entrapment.

## 2. Results and discussion

### 2.1. Synthesis and characterization of loaded nanoparticles or microparticles/nanoparticles

The use of polymeric matrices for microencapsulation/nanoencapsulation has been shown to improve the effectiveness of diverse therapeutic agents against various type of diseases including leishmaniasis.<sup>10</sup> That effectiveness is associated either with the improvement of the therapeutic effect and decrease of toxicity or with the improvement of pharmacokinetic parameters, which could be favored by controlled drug delivery.<sup>5</sup> In the current study, we used PLA, PCL and PLGA polymeric matrices to construct the microparticle/nanoparticle encapsulates of two 3-(3-aryl)-6-piperazin-1,2,4-triazolo[3,4-*a*]phthalazines, seeking to improve its known leishmanicidal activity. The new encapsulate chemical systems were extended to assess their effectiveness against the *T. cruzi* parasite. The use of the PLGA copolymer has been widely applied for the encapsulation of leishmanicidal drugs,<sup>10</sup> whereas the use of PLA and PCL homopolymers is much less common. Thus, their encapsulation will be very interesting to evaluate the effect of the nature of the polymeric matrix. PLA is a more hydrophilic polymer owing to the presence of the hydroxylic moiety, whereas PCL may be defined as a lipophilic polymer by its long aliphatic hydrocarbon chain.

Beyond the effect of the polymer, we also analyzed the effect of the particle sizes, for which micronanoparticles/nanoparticles with different mean particles sizes were prepared. In general, the method of preparation involved microemulsification by dripping of the polymer/drug dissolved in a common solvent. This allows for a high degree of encapsulation, the formation of nanodroplets that will later form nanoparticles, and a good dispersion of the drug within the polymeric matrix. This method also plays an important role in terms of the particle size that will be obtained. Many studies have showed that the size, shape and surface coating of NPs are able to modulate the therapeutic and toxicity profile of the active compounds. For example, spherical NPs can generally be comparatively more toxic than larger particles because the former are able to move more freely than bulkier molecules. In addition, the size of the NPs has diverse benefits, such as improvement of cellular uptake, favorable interactions with the protein receptor



**Chart 2** Structure of the 3-(3-aryl)-6-piperazin-1,2,4-triazolo[3,4-*a*]phthalazines, **TF1** and **TF2**, and polymeric matrices of the PLGA copolymer and homopolymers of PLA and PCL.



associated with the immune system, and its favorable clearance from the body.<sup>5,29</sup> The latter is of great relevance against diseases such as VL because the parasite primarily infects the macrophages of the liver and spleen. Thus, the partial activation of the host cell from a controlled drug delivery method is an attractive strategy for the design of antileishmanial agents, which could be extended to Chagas disease.<sup>5</sup>

Based on the aspects mentioned above, either two PLA-NPs or two PCL-NPs were obtained for both **TF1** and **TF2** to give eight formulations: PLA-**TF1**-600/1200, PLA-**TF1**-1200/2000, PCL-**TF1**-600/2000, PCL-**TF1**-1200/2000, PLA-**TF2**-300/600, PLA-**TF2**-300/3000, PCL-**TF2**-600–2000 and PCL-**TF2**-600/3000. For PLGA, only a PLGA-NP system was obtained for each compound, **TF1** and **TF2**. The microencapsulates/nanoencapsulates were prepared from the O/W emulsion-solvent evaporation method with a few modifications, and correctly characterized using SEM and TEM for visualizing the shape, morphology, and size of nanoparticles. Furthermore, UV-Vis or EDX analysis was used to verify the encapsulation of the organic **TF1** and **TF2** compounds. From SEM analysis, it should be noted that most of the microformulations/nanoformulations consisted of spherical nanoparticles (Fig. 1A–E, 2A–E and 3A–B), which were homogeneous and uniformly distributed. A few agglomerates of particles can be observed, which may be due to the washing and freeze-drying processes. For the PLA-**TF1**-NPs, PLA-**TF1**-600/2000 consists of a microformulation/nanoformulation containing compound **TF1** loaded into microformulation/nanoparticles with sizes between 600 and 2000 nanometers (Fig. 1B). PLA-**TF1**-1200/2000 is constituted by microparticles with sizes between 1200 and 2000 nanometers (Fig. 1C). Meanwhile, the PLA-**TF2**-NPs consisted of a nanoformulation, PLA-**TF2**-300/600, containing nanoparticles with sizes between 300 and 600 nanometers (Fig. 1D). The other PLA-**TF2**-300/3000 consisted of a polymeric system containing microparticles/nanoparticles with well-dispersed sizes between 300 and 3000 nanometers (Fig. 1E). The unloaded PLA-NPs exhibited particle sizes between 300 and 6500 nanometers (Fig. 1A).

For the PCL nanoformulations, PCL-**TF1**-600/2000 consists of a nanoformulation containing compound **TF1** loaded into nanoparticles that were 600–2000 nanometers in size (Fig. 2B), whereas PCL-**TF1**-1200/2000 is constituted by microparticles with sizes between 1200 and 2000 nanometers (Fig. 2C). Meanwhile the PCL-**TF2**-NPs consisted of a nanoformulation (PCL-**TF2**-600/2000) containing nanoparticles with sizes between 600 and 2000 nanometers (Fig. 2D), whereas the other PCL-**TF2**-300–3000 consisted of a system containing micro and nanoparticles with well-dispersed sizes between 600 and 3000 nanometers (Fig. 2E). The unloaded PLA-NPs exhibited particle sizes between 600 and 2000 nanometers (Fig. 2A).

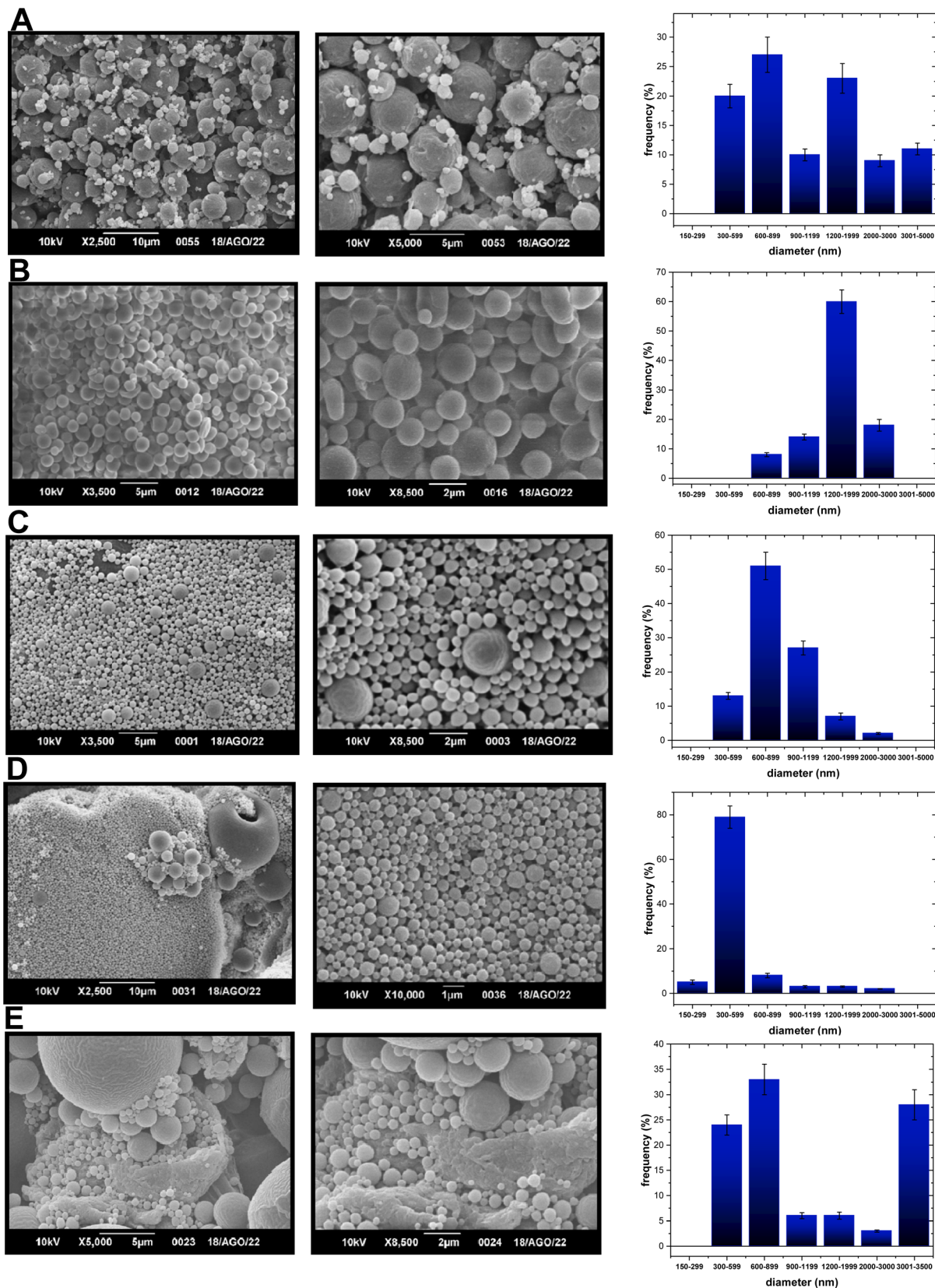
Finally, the PLGA NPs consisted of a well-defined mean particle size of about 432 and 298 nm for the **TF1** and **TF2** compounds, respectively. It can be inferred that the shortest PLGA (50 000 Da) and PLA (56 000 Da) seem to be more susceptible to generating smaller nanoparticles than the heaviest PCL polymer (91 000 Da), which preferred to generate the largest

nanoparticles. TEM analysis indicated that at least for the PLGA-(**TF1**/**TF2**)-NPs, their structures are composed of nanoparticles (Fig. S1 and S2†).

For the entrapment efficiency of the encapsulate drug, the identification of the characteristic maximum absorption wavelength of the 3-(3-aryl)-6-piperazin-1,2,4-triazolo[3,4-*a*] from UV-Vis spectroscopy allowed us to verify its encapsulation and quantification. From UV-Vis spectroscopy, we found that the encapsulation efficiency of the PLGA-PEG NPs was about 99.9% and 99% for **TF1** and **TF2**, respectively (entries 2 and 8, Table 1). The entrapment efficiency of the PLA and PCL microencapsulates/nanoencapsulates ranged from 90% to 95% (entries 3–6 and 9–12, Table 1). The use of PVA as a stabilizing factor leads to reduced drug leakage from NPs and improves the drug loading efficiency. In addition, the encapsulation of **TF1** and **TF2** into PLA and PCL was confirmed from EDX analysis, which verified the presence of the characteristic elements of the drugs **TF1** (nitrogen) and **TF2** (nitrogen and fluorine) in the particles. An appreciable nitrogen percentage, combined with changes in the elemental composition of carbon and oxygen elements when compared with the unloaded PLA or PCL, confirmed the encapsulation of the 1,2,4-triazolo-phthalazine **TF1** in the PLA- and PCL-NPs. In particular, the detection of fluorine for the encapsulate containing **TF2** confirmed the encapsulation of the fluorinated compound, **TF2**.

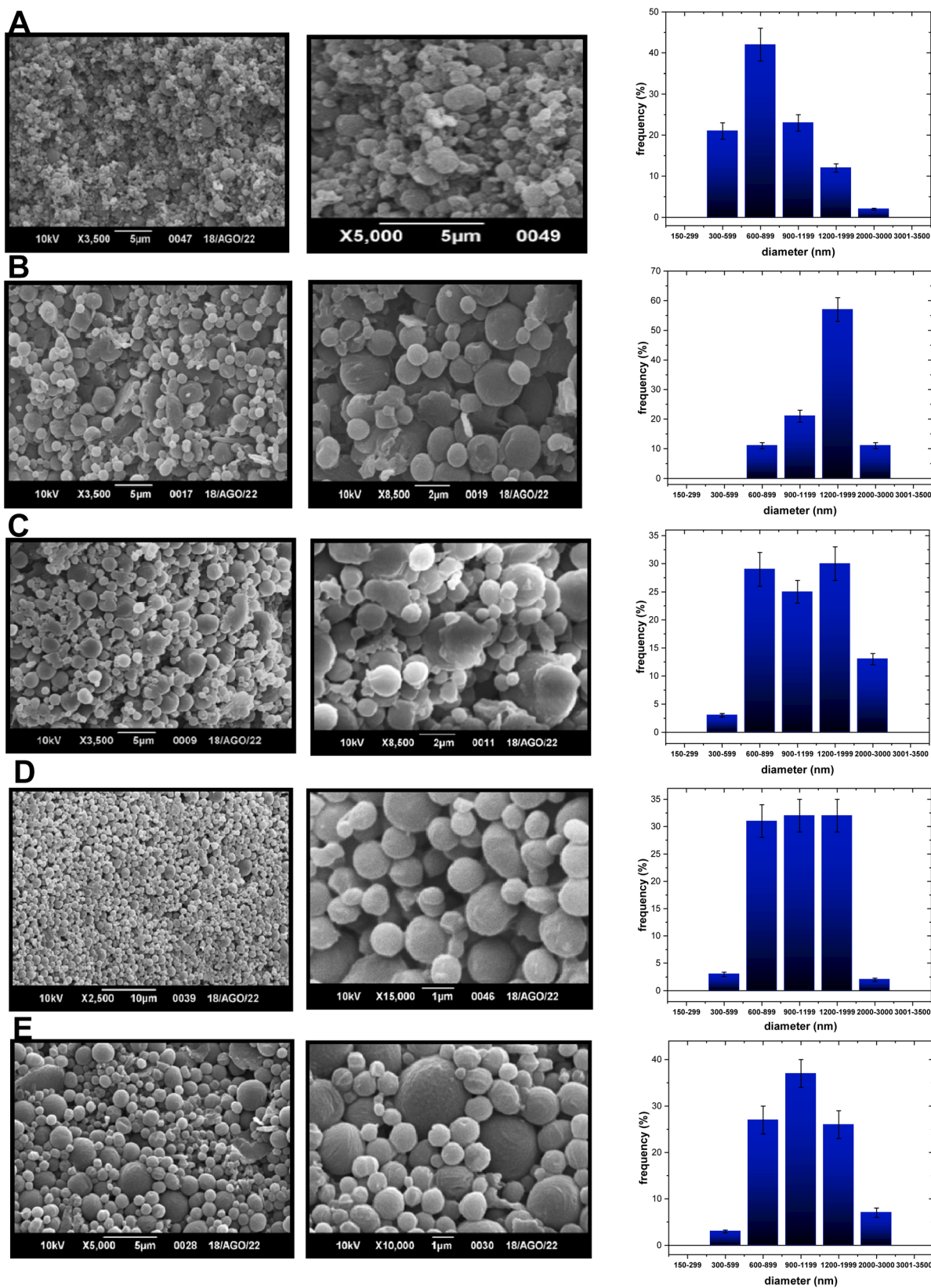
For the controlled release of **TF1** and **TF2** from the microencapsulated/nanoencapsulated structures, the dialysis method was used at pH 7.4, and at 25 °C and 37 °C. At physiological conditions, the drug release pattern presented a burst release in the first 24 h, followed by a controlled release of the drug for a period of 14 days, although the release rate was shown to be dependent on the particle size and polymer nature. Beginning the analysis with the PLA- and PCL-microencapsulated/nanoencapsulated **TF1**, it should be noted that PLA-NPs showed a faster release than PCL-NPs with a 50% and 65% release of 1,2,4-triazolophthalazines at 7 days (Fig. 4A), respectively. Interestingly, a more complete release was observed for NPs having larger particle sizes either for PLA- or for PCL-**TF1**-NPs, although their differences with the PLA- and PCL-NPs having smaller NPs are minimal. Surprisingly, PLA- and PCL-**TF2**-NPs showed a contrary tendency as the structures with smaller NPs showed a faster and more continuous release than the PLA- and PCL-structures having larger NPs. In general, a first release between 24 and 48 h was observed, followed with a large release (50% or 65%) after 7 days. This could be important for promoting a fast biological therapeutic response, and it seems to barely favor the PLA- and PCL-structures having smaller NPs. The first release could be attributed to a combined effect of pore diffusion, swelling, surface erosion, *in situ* cross-linking, degradation processes, and the possible presence of the drugs at the surface level of the nanoparticles, which would allow an early release of a certain amount of phthalazines to occur. The initial fast rate was ascribed to the diffusion of drug entrapped close to the surface of NPs, while the subsequent release was because of the slow diffusion of the entrapped drug from the interior core of the polymeric





**Fig. 1** SEM images of (A) PLA-NPs-300/2000, (B) PLA-TP1-NPs-1200/200, and (C) PLA-TP1-NPs-600/1200 at 2, 5 or 10 microns; (D) PLA-TP2-NPs-300/900 and (E) PLA-TP2-NPs-300/3200 at 1, 2, 5 or 10 microns.





**Fig. 2** SEM images of (A) PCL-NPs-300/1200, (B) PCL-TP1-NPs-900/2000 and (C) PCL-TP1-NPs-600/2000 at 2 or 5 microns, (D) PCL-TP2-NPs-600/2000, and (E) PCL-TP2-NPs-600/2000 at 1, 5 or 10 microns.



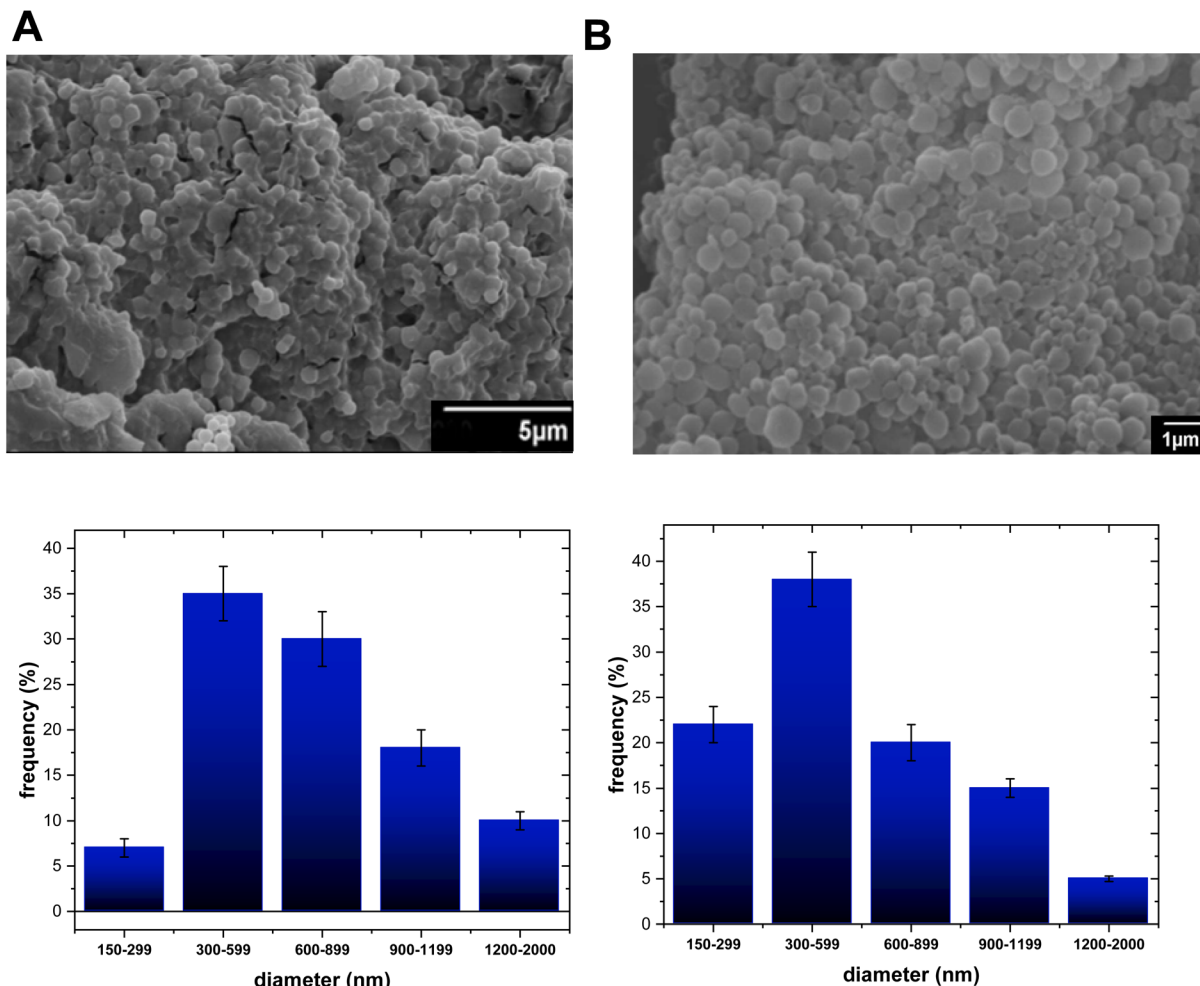


Fig. 3 SEM i of (A) PLGA-TP1-NPs-432, and (B) PLGA-TP2-NPs-298 at 1 or 5 microns.

matrix. Regarding the PLGA-NPs, their NPs showed a rapid release (by about 25%) in the first 48 h, followed by a release of about 55% after the first seven days. The rapid release under physiological conditions could be favored by the particle size, where smaller NPs tend to favor the release.

## 2.2. Biological activity

The 3-aryl-6-piperazin-1,2,4-triazolo[3,4-*a*]phthalazines, **TF1** and **TF2**, showed good antileishmanial activity against the promastigote and intracellular amastigote of *L. braziliensis*, a *Leishmania* specie responsible for Cutaneous Leishmaniasis. Herein, we investigated the potential of these compounds against other trypanosomatids such as *L. infantum*, responsible for visceral leishmaniasis, and *T. cruzi*, which is responsible for Chagas disease. Importantly, we also explored the potential of the encapsulation with a focus on: (i) the type of polymer (PLGA, PLA and PCL), and (ii) the size of their nano and micro-particles. We first evaluated the therapeutic effect of the compounds **TF1** and **TF2**, alone and with encapsulates, against the promastigote of *L. infantum* and epimastigote of *T. cruzi*. The biological effects of the free and encapsulated compounds

were collected after 5 days, which is a key point because the controlled release of most of the encapsulated compounds needs at least five days. The five microformulations/nanoformulations (two of PLA and PCL, and one of the PLGA polymer) of each of the compounds **TF1** and **TF2** in combination with their free forms were evaluated *in vitro* against both parasites, which sought to study the effect of the polymer and nanoparticle size. The empty PLA-, PCL- and PLGA-microparticles/NPs were innocuous against the parasites. In general, it should be noted that the biological activity showed a dependence on the nature of the polymer and nanoparticle size against both promastigote *L. infantum* and epimastigote *T. cruzi* parasites. In addition, the compounds were significantly more active against *Leishmania* than *T. cruzi* parasite, by which we focused our analysis on the effect against the *L. infantum* parasite.

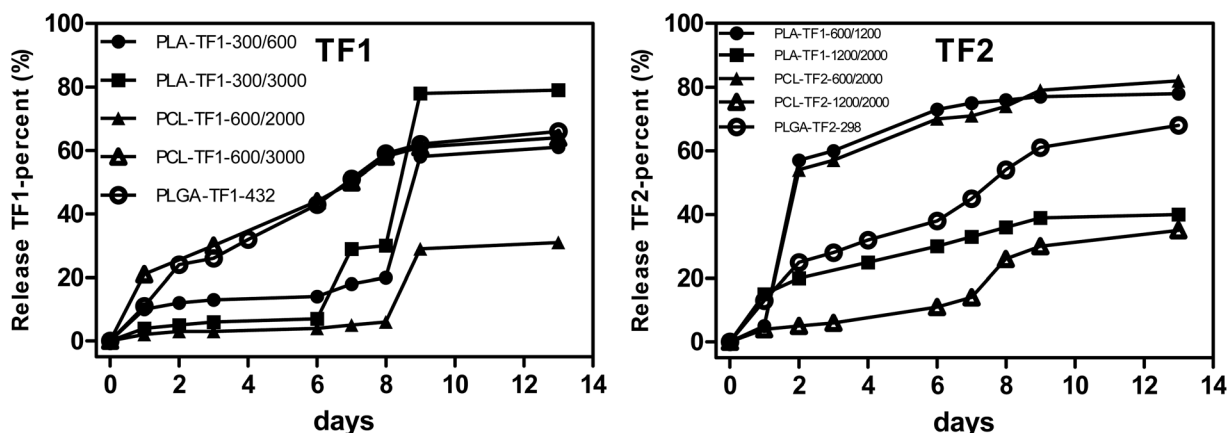
As a function of the nanoparticle size, it should be noted that the encapsulation, in general terms, improved the anti-trypanosomatid activity of the compounds **TF1** and **TF2**, with  $EC_{50}$  values lower than those found for the free compounds. The free compounds **TF1** and **TF2** showed  $EC_{50}$  values of 12.12 and 17.22  $\mu\text{M}$  against *L. infantum*, and of 11.03 and 23.61  $\mu\text{M}$



**Table 1** EE (%) and elemental composition of the microencapsulates/nanoencapsulates for the studied cases

| Entries | P-TF-NPs          | EE (%)     | EDX (%)                              |
|---------|-------------------|------------|--------------------------------------|
| 1       | TF1               | —          | C, 61.42; H, 4.81; N, 25.06          |
| 2       | PLGA-TF1-432      | 99.9 ± 0.1 | —                                    |
| 3       | PLA-TF1-300/3000  | —          | C: 66.52, O: 27.70, N: 5.78          |
| 4       | PLA-TF1-300/600   | —          | C: 64.41, O: 30.49, N: 5.10          |
| 5       | PCL-TF1-600/3000  | —          | C: 60.36, O: 32.64, N: 7.00          |
| 6       | PCL-TF1-600/2000  | —          | C: 71.15, O: 22.35, N: 6.15          |
| 7       | TF2               | —          | C, 66.23; H, 5.24; N, 23.00          |
| 8       | PLGA-TF2-298      | 99.0 ± 0.1 | —                                    |
| 9       | PLA-TF2-1200/2000 | —          | C: 52.42, O: 42.50, N: 2.42, F: 2.66 |
| 10      | PLA-TF2-600/1200  | —          | C: 58.47, O: 30.87, N: 8.36, F: 2.30 |
| 11      | PCL-TF2-1200/2000 | —          | C: 68.00, O: 27.29, N: 2.38, F: 2.33 |
| 12      | PCL-TF2-600/2000  | —          | C: 70.02, O: 25.36, N: 2.26, F: 2.36 |
| 13      | PLA               | —          | C: 68.86, O: 31.14                   |
| 14      | PCL               | —          | C: 72.54, O: 27.46                   |
| 15      | PLGA              | —          | —                                    |

EE: entrapment efficiency; EDX: energy-dispersive X-ray spectroscopy.



**Fig. 4** Controlled-release study of PLA-, PCL- and PLGA-microencapsulates/nanoencapsulates loaded with TF1 and TF2 at physiological conditions from 0 to 192 hours. Each point consists of a mean derived from three independent experiments. SD of each point for either TF1 or TF2 was below 5%.

against *T. cruzi*, respectively (entries 1 and 7, Table 2). For compound **TF1**, PLGA-NPs decreased its  $EC_{50}$  at 10.11  $\mu\text{M}$  (entry 2, Table 2), whereas PLA-NPs displayed only a discrete decrease for the smaller NPs-system (PLA-TF1-300/600), giving an  $EC_{50}$  value of 11.44  $\mu\text{M}$  because the larger NPs-system (PLA-TF1-300/3000) displayed an  $EC_{50}$  value of 12.99  $\mu\text{M}$  (entries 3 and 4, Table 2). Meanwhile, no improvement in the leishmanicidal activity of **TF1** was found for the encapsulation with PCL, with an  $EC_{50}$  value of 21.22 and higher than 25  $\mu\text{M}$  for the NPs of PCL-TF1-900/2000 and PCL-TF1-600/2000, respectively (entries 5 and 6, Table 2). For the compound **TF2**, the  $EC_{50}$  of PLGA-microparticles/nanoparticles decreased to 14.84  $\mu\text{M}$  (entry 8, Table 2), which is lower than the  $EC_{50}$  value of 17.22  $\mu\text{M}$  for the free compound. Meanwhile, the PLA- and PCL-microparticles/nanoparticles, similar to those described above for the **TF1** compound, promoted only a decrease in the leishmanicidal activity for the smaller particle size, PLA-TF2-600/1200 ( $EC_{50}$  = 15.98  $\mu\text{M}$ ) (entry 10, Table 2). Meanwhile, an increase

in the  $EC_{50}$  value (22.32  $\mu\text{M}$ ) (entry 9, Table 2) was found for the larger PLA-TF2-NP (PLA-TF2-1200/2000), and no activity was observed for the PCL-TF2-microparticles/nanoparticles at the tested concentrations. A similar tendency in terms of the type of polymer and particle size was found for the microformulations/nanoformulations against *T. cruzi*, although it is important to mention that *T. cruzi* was less susceptible than the *L. infantum* parasite when using either the micronanoparticle/nanoparticle systems or the free compound. Only PLGA-TF1-432, PLA-TF1-300/3000 and PLA-TF1-300/600 displayed the most promising biological response against the *T. cruzi* epimastigote, giving  $EC_{50}$  values of 10.45, 11.76 and 10.99  $\mu\text{M}$ , which is relatively comparable with the performance of free **TF1** ( $EC_{50}$  = 11.03  $\mu\text{M}$ ). Taken together, the results confirm the potential of PLGA to construct PLGA-loaded leishmanicidal drugs, which is already widely applied,<sup>9</sup> and give some first evidence on the potential of PLA as a polymeric matrix to construct micronanoparticle/nanoparticle



**Table 2** *In vitro* leishmanicidal and trypanosomacidal activities and cytotoxicity of PLA-, PCL- and PLGA-microencapsulates/nanoencapsulates loaded with compounds TF1 and TF2

| Entries | Microformulation/nanoformulation | EC <sub>50</sub> (μM)               |                                     |                                  | CC <sub>50</sub> (μM)<br>J774.1 <sup>d</sup> |
|---------|----------------------------------|-------------------------------------|-------------------------------------|----------------------------------|--|
|         |                                  | <i>L. infantum</i> (P) <sup>a</sup> | <i>L. infantum</i> (A) <sup>b</sup> | <i>T. cruzi</i> (E) <sup>c</sup> |  |
| 1       | <b>TF1</b>                       | <b>12.12</b>                        | 18.48                               | 11.03                            | 123.93                                       |
| 2       | PLGA-TF1-432                     | <b>10.11</b>                        | 16.56                               | 10.45                            | 93.67  |
| 3       | PLA-TF1-300/3000                 | 12.99                               | —                                   | 11.76                            | —  |
| 4       | PLA-TF1-300/600                  | <b>11.44</b>                        | >25.00                              | 10.99                            | 106.59                                       |
| 5       | PCL-TF1-900/2000                 | >25.00                              | —                                   | 24.34                            | —  |
| 6       | PCL-TF1-600/2000                 | 21.22                               | —                                   | 19.89                            | —  |
| 7       | <b>TF2</b>                       | 17.22                               | 23.43                               | 23.61                            | 103.34                                       |
| 8       | PLGA-TF2-298                     | <b>14.84</b>                        | >25.00                              | 21.78                            | 96.22  |
| 9       | PLA-TF2-1200/2000                | 22.32                               | —                                   | ≥25.00                           | —  |
| 10      | PLA-TF2-600/1200                 | <b>15.98</b>                        | >25.00                              | 22.49                            | 91.44  |
| 11      | PCL-TF2-1200/2000                | >25.00                              | —                                   | >25.00                           | —  |
| 12      | PCL-TF2-600/2000                 | >25.00                              | —                                   | >25.00                           | —  |
| 13      | <b>MLT</b> <sup>e</sup>          | 10.01                               | 12.11                               | —                                | —  |
| 14      | <b>Nfx</b> <sup>f</sup>          | —                                   | —                                   | 6.4                              | —  |

<sup>a</sup> EC<sub>50</sub> values against the promastigote of *L. infantum* of the microencapsulates/nanoencapsulates and free compounds. <sup>b</sup> EC<sub>50</sub> values against the amastigote of *L. infantum* of the microencapsulates/nanoencapsulates and free compounds. <sup>c</sup> EC<sub>50</sub> values against the epimastigote of *T. cruzi* of the microencapsulates/nanoencapsulates and free compounds. <sup>d</sup> CC<sub>50</sub> values on the macrophages J774.1. <sup>e</sup> Drug reference for Leishmaniasis. <sup>f</sup> Drug reference for Chagas disease. Note: all biological assays were performed in triplicates, and the EC<sub>50</sub> and CC<sub>50</sub> were reported with a SD below 6% for most of the cases.

systems based on leishmanicidal or Chagas's drugs. Secondly, we showed that the size of the particle in the polymeric microformulations/nanoformulations, as described previously for other types of NP-structures (such as metallic NPs),<sup>5</sup> favor the trypanosomacidal activity. We think that the remarkable activity of the smaller NPs could be attributed to the rapid release of their microformulations/nanoformulations, and possibly to its easy penetration or transportation within the parasite, where the smaller NP size could favor better cell penetration than the microparticle/nanoparticle systems having larger particles. On the other hand, from the nature of the polymer, it seems that hydrophilic polymers such as PLGA and PLA are more convenient than the lipophilic PCL polymer for the construction of microparticle/nanoparticle-based compounds.

The cytotoxicity of the most active microencapsulates/nanoencapsulates PLGA-TF1-432, PLGA-TF2-298, PLA-TF1-300/600, PLA-TF2-600/1200 and their free compounds TF1 and TF2 was evaluated. In general, the cytotoxic concentration (CC<sub>50</sub>) values for the compounds TF1 and TF2 was decreased with the use of the PLGA- and PLA-NPs. For the compound TF1, lower CC<sub>50</sub> values were found for their microencapsulates/nanoencapsulates PLGA-TF1-432 (CC<sub>50</sub> = 93.67 μM), PLA-TF1-300/3000 (CC<sub>50</sub> = 106.59 μM) than the toxicity of the free TF1 compound (CC<sub>50</sub> = 123.93 μM). For the compound TF2, their microencapsulates/nanoencapsulates PLGA-TF2-298 (CC<sub>50</sub> = 96.22 μM) and PLA-TF2-600/1200 (CC<sub>50</sub> = 91.44 μM) displayed lower CC<sub>50</sub> values than the corresponding free compound (CC<sub>50</sub> = 103.34 μM). Thus, the encapsulated PLGA- and PLA-NPs were more cytotoxic than free compounds, which suggests that the cell penetration across the macrophage membrane cell could favor the accumulation into the macrophage cytosol, increasing its effective concentration within the macrophage. The

latter effect increases the toxicity of the compounds, and can occur through cell penetration or phagocytosis. However, that facile access within the macrophage is convenient because the infective form of the parasite, intracellular amastigote, lives within the macrophage, facilitating a path for the direct interaction between the drug and compound.

Finally, as the microparticle/nanoparticle construction showed better activity against *Leishmania* parasites, the most active nanoformulations PLGA-TF1-432, PLGA-TF2-298, PLA-TF1-300/600, PLA-TF2-600/1200 and their free compounds TF1 and TF2 were assayed against the axenic amastigote of *L. infantum*. In general, only a small improvement was found for the PLGA-TF1-432 (IC<sub>50</sub> = 16.56 μM), which was barely lower than that found for the free TF1 compound (IC<sub>50</sub> = 18.48 μM). Meanwhile, no improvements in the leishmanicidal activities were found for the remaining NPs-TF1/TF2. We think that that the weak therapeutic effect could be associated with the short time exposure (48 h). At that time, the amount of active compound on the culture is limited, as seen from Fig. 4, where only 20% is expected in solution after 48 h for most of the encapsulated formulations. It represents one of the limitations of the nanoencapsulation for *in vitro* assays. However, the biological effect against the promastigote strain (collected after 5 days) demonstrates the potential of PLGA and PLA as polymeric matrices, as well as the importance of the size control in the micro-/nano-construction.

### 3. Conclusions

In summary, TF1 and TF2 were successfully encapsulated into PLGA-, PLA- and PCL-microparticle-/nanoparticle systems, and their *in vitro* anti-trypanosomatid response against *L. infantum*



and *T. cruzi* and *in vitro* toxicity were assayed. From the present investigation, we showed using the triazolo-phthalazine as a drug model that the PLGA- and PLA-NPs can be conveniently used for the construction of a microformulation/nanoformulation with potential leishmanicidal activity, and are able to improve the therapeutic effect. Importantly, we found that the particle sizes also play an important role, with the encapsulated particles of smaller size performing better in improving the therapeutic effect. Our investigation offers a starting point to focus new research on the particle size and type of polymer.

## 4. Materials and methods

### 4.1. Chemical section

**4.1.1. Chemicals.** PLGA (LA/GA = 50/50,  $M_n = 50\ 000$ ), PLA ( $M_n = 56\ 000$ ) and PCL ( $M_n = 91\ 000$ ) were purchased from Sigma-Aldrich, Nature Works and Union Carbide, respectively. 3-(3-Nitrophenyl)-6-piperazin-1,2,4-triazolo[3,4-*a*]phthalazine and 3-(4-fluorophenyl)-6-piperazin-1,2,4-triazolo[3,4-*a*]phthalazine were prepared previously by our group.<sup>23,24</sup> The solvents, chloroform HPLC grade (99.9%) and ethanol absolute (99.5%), were purchased from Sigma-Aldrich and Merck, respectively. All other chemicals used in this study were of analytical grade from JT Baker and Merck, and used without further purification. The materials were supplied by Laboratorio de Química Orgánica (Grupo B5IDA, Universidad Simón Bolívar), Laboratorio de Físicoquímica de Ingeniería de Materiales y Centro de Nanotecnología (Instituto Venezolano de Investigaciones Científicas), Laboratorio de Química General (Facultad de Farmacia, Universidad Central de Venezuela) and Laboratorio de Química Orgánica Medicinal (Facultad de Ciencias, Universidad de la República).

**4.1.2. Preparation of the polymeric microparticles/nanoparticles 1,2,4-triazolo[3,4-*a*]phthalazine-encapsulated.** 3-(3-Nitrophenyl)-6-piperazin-1,2,4-triazolo[3,4-*a*]phthalazine and 3-(4-fluorophenyl)-6-piperazin-1,2,4-triazolo[3,4-*a*]phthalazine were encapsulated into PLA, PCL and PLGA nanoparticles using a modified double-emulsion solvent evaporation procedure.<sup>30</sup> In brief, 200  $\mu\text{L}$  1,2,4-triazolo[3,4-*a*]phthalazine solution (5–10  $\text{mg mL}^{-1}$ ) was mixed with Tween-80 solution. The mass ratio between each encapsulated compound and the polymer ranged from 100  $\mu\text{g}$  of compound per mg of polymer. The triazolo-phthalazine solution (W1 phase) was added into a 2 mL mixture of organic solution (O phase) containing the polymeric matrix (PLA, PCL or PLGA) with 1% m/v of chloroform. The mixture was stirred at 500 rpm at room-temperature for 40 minutes. Then, the probe sonicator (Sonics VCX130, 90 W, 5 s, interval 5 s, 6 cycles) was used to disperse the emulsion solvent in an ice bath. Later, the prepared O/W emulsion was transferred into 20 mL PVA solution (0.02%, w/w, W2 phase) at the same stirring rate, and the mixture solution was sonicated in an ice bath for another 30 s. The resulting double emulsion system was stirred at room temperature for 48 h to allow the evaporation of the organic solution, and hardening of the 1,2,4-triazolo[3,4-*a*]phthalazine-encapsulated PLGA nano-

particles. 1,2,4-Triazolo[3,4-*a*]phthalazine-encapsulated PLA-, PCL and PLGA microparticles/nanoparticles were collected by centrifugation (12 000g, 4 °C, and 15 min), and washed three times with deionized water to give white to yellowish fine solids. The PLA-, PCL and PLGA-microparticles/nanoparticles were prepared using 1% chloroform and 0.02% PVA. After the particles were precipitated, they were properly washed by dialysis and then lyophilized.

**4.1.3. Characterization of the encapsulated 1,2,4-triazolo[3,4-*a*]phthalazine.** The surface morphology and nanoparticle size of the 1,2,4-triazolo[3,4-*a*]phthalazine-encapsulated PLGA-, PLA- and PCL-NPs were observed using field-emission scanning electron microscopy (FESEM, Hitachi Model S-4800, Japan) with an accelerating voltage of 10 keV. Transmission electronic microscopy also was used to observe the shape and type of nanoparticles. A transmission electron microscope (TEM, JEM2100F, JEOL, Tokyo, Japan) was used to evaluate the inner structures of the microparticles/nanoparticles. The samples were prepared by placing a carbon film supported by 200  $\times$  200 Cu Mesh onto the collector to collect microparticles for 1 min. The operational voltage was 300 keV.

The amount of entrapped 1,2,4-triazolo[3,4-*a*]phthalazine in PLGA microparticles/nanoparticles was determined from UV-Vis spectroscopy and energy dispersion analysis. Briefly, the nano-suspension was centrifuged at 12 000g for 15 min after PLGA-1,2,4-triazolo[3,4-*a*]phthalazine microparticle/nanoparticle formation. The clear supernatant was then collected, diluted and detected. Then, the entrapment efficiency (EE)% of the compounds was determined indirectly from the quantification of the derivatives present in the washing waters, and obtained after executing the encapsulation process on the micro-nanoparticles. Chloroform and a saturated solution of NaCl were used as organic solvent. The organic phase was dried with a rotary evaporator, and the obtained compound was brought to a volume of 2.0 mL using DMSO to then evaluate the absorption of the UV-Vis radiation. The corresponding calibration curves were obtained. For the measurements, the absorbance at the wavelength of the maximum absorption of each derivative was used (in the range between 347–360 nm). Subsequently, the encapsulation efficiency was determined as follows:<sup>31</sup>

$$\% \text{ of Encapsulation} = \frac{\text{Amount of encapsulated compound}}{\text{Initial amount of compound used}} \times 100\%$$

**4.1.4. Release of TF1 and TF2 from TF1- and -TF2-NPs *in vitro*.** The release of NP-TF1 and -TF2 was assessed *in vitro* using a modified method to determine the release kinetics profile.<sup>31</sup> Briefly, 2 mg of NPs was placed into 1.5 mL polypropylene microcentrifuge tubes, and resuspended in 1 mL of Dulbecco's modified Eagle's medium (DMEM) (Gibco), supplemented with 20 mM of HEPES (Sigma), 42.14 mM of sodium bicarbonate (Sigma), 10% of inactivated fetal bovine serum (Gibco), 2 mM of glutamine (Sigma), and 20  $\mu\text{g mL}^{-1}$  of ciprofloxacin (complete DMEM medium). Next, the sealed tubes were placed into a rotating shaker and maintained at



37 °C and 25 °C for 144 h. At each specific time point (1, 3, 6, 12, 24, 48, and 72 h), the sample tubes were removed from the incubator and centrifuged at 21 000g for 15 min at 4 °C. The supernatant was then collected, frozen, and immediately replaced with an equal volume of fresh release medium. To determine the TF1 and TF2 concentration, collected supernatants were diluted in the mobile phase and quantified using Thermo Scientific Varioskans Flash Multimode instrument. All assays were performed in triplicate. Alternatively, the resulting pH in solution was measured from NP exposed at 37 °C for different times (6, 12, 24, 48, 72, 96, 120 and 144 h).<sup>32</sup>

## 4.2. Biological section

**4.2.1. Parasites and cultures.** Tests were carried out on promastigotes of *Leishmania infantum* (MHOM MA6717MAP263) and epimastigote of *T. cruzi* strain CL Brener. The promastigotes of *L. infantum* were provided by Dr M. Comini (Lab. Redox Biology of Trypanosomes, Institut Pasteur, Mataojo 2020, Montevideo, Uruguay). Both parasites were maintained in brain-heart infusion medium (BHI, Oxoid) supplemented with 10% heat inactivated fetal bovine serum (FBS, Capricorn), penicillin (100 units per mL) and streptomycin (100 mg per mL) at 28 °C, and harvested during the exponential phase of growth. Macrophages J774.1A were grown in DMEN medium. Macrophages were grown in a humidified incubator with 5% CO<sub>2</sub> at 37 °C until they reached the exponential growth phase. For treatments, the exponentially growing cells were collected, counted, re-suspended in fresh culture medium and incubated in 96-sterile-well plates.

**4.2.2. *In vitro* effect against the promastigote form of *L. infantum*.** The micro-nanoparticles loaded with TF1 and TF2 were suspended in a mixture of ethanol-phosphate buffered saline (PBS) in a 20 : 80 ratio, followed by combined ultrasound and stirring for 40 minutes in order to obtain an emulsion sample. Cell viability was assessed using the 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT) assays with a few modifications.<sup>33</sup> All controls and the tested wells contain no more than 1% DMSO. The screening was performed in 96-well microliter plates maintained at 25 °C. Briefly, 2 × 10<sup>6</sup> parasites per mL were exposed to increasing concentrations from 5 to 200 mg L<sup>-1</sup> of each compound for 72 h at 25 °C. Controls contain 1% DMSO and medium. After incubation, cells were treated with 100 μL of 0.4 mg mL<sup>-1</sup> MTT for 4 h at 37 °C. Subsequently, the medium was removed, and 100 μL DMSO was added to the resulting mixture to dissolve the formazan salt. The solubilized formazan product was quantified through absorbance measurements at 570 nm using a Thermo Scientific Varioskan Flash Multimode instrument at 72 h. All experiments were performed in triplicate. Untreated control parasites were used to calculate the relative proliferation. Miltefosine was used as the reference drug. The percentage of parasite inhibition with regard to the controls was calculated as follows: 100 – [(parasite counts in treated cells/parasite counts in untreated cells) – 100]. The EC<sub>50</sub> was determined by regression analysis using GraphPad (Prism 5.0),

and the means and standard errors from three different experiments were utilized to estimate the final EC<sub>50</sub>.

**4.2.3. *In vitro* activity against the epimastigote form of *T. cruzi*.** To evaluate the effect of microparticles/nanoparticles TF1 and TF2 on the epimastigote viability of the *T. Cruzi* CL Brener strain, a turbidimetric technique was employed as previously described by our group.<sup>34</sup> All controls and tested wells contain no more than 1% of DMSO. The screening was performed in 96-well microliter plates maintained at 25 °C. Briefly, 2 × 10<sup>6</sup> parasites per mL were exposed to increasing concentrations from 5 to 200 mg L<sup>-1</sup> of each compound for 72 h at 25 °C. Controls contained 1% of DMSO and medium. The biological effect of these compounds was evaluated through absorbance measurements at 595 nm using a spectrometer El301 microwell at 5 days. Untreated control parasites were used to calculate the relative proliferation. Assays were performed in triplicate. Nifurtimox was used as a reference drug. The IC<sub>50</sub> value (50% growth inhibitory concentration) was determined as follows: % parasite growth = (A<sub>p</sub> – A<sub>0p</sub>) / (A<sub>c</sub> – A<sub>0c</sub>) – 100, where: A<sub>p</sub> = A<sub>595</sub> of the culture containing the compound at day 5; A<sub>0p</sub> = A<sub>595</sub> of the culture containing the compound at day 0; A<sub>c</sub> = A<sub>595</sub> of the culture in the absence of any drug (control) at day 5; A<sub>0c</sub> = A<sub>595</sub> in the absence of any drug at day 0.

Dose–response curves were recorded, and the IC<sub>50</sub> values were determined using the GraphPad Prism version 6.00 for Windows (GraphPad Software, La Jolla California, USA).

**4.2.4. *In vitro* anti-amastigote activity of *L. infantum*.** Axenic amastigote forms of *L. infantum* were cultured as described in the literature.<sup>35</sup> The promastigotes were transformed into amastigotes by culturing for three days in BHI medium supplemented with 10% heat-inactivated fetal calf serum, 1 g L<sup>-1</sup> β-alanine, 100 mg L<sup>-1</sup> L-asparagine, 200 mg L<sup>-1</sup> sucrose, 50 mg L<sup>-1</sup> sodium pyruvate, 320 mg L<sup>-1</sup> malic acid, 40 mg L<sup>-1</sup> fumaric acid, 70 mg L<sup>-1</sup> succinic acid, 200 mg L<sup>-1</sup> α-ketoglutaric acid, 300 mg L<sup>-1</sup> citric acid, 1.1 g L<sup>-1</sup> sodium S9 bicarbonate, 5 g L<sup>-1</sup> 2-[morpholino]ethanesulfonic acid, 0.4 mg L<sup>-1</sup> hemin and 10 mg L<sup>-1</sup> gentamicin at a pH of 5.4 at 37 °C. The screening was performed in 96-well microtiter plates maintained at 37 °C. Briefly, 2 × 10<sup>6</sup> parasites per mL were exposed to increasing concentrations (0.5, 1.0, 2.5, 5.0, 10.0 and 25.0 μM) of each compound 3a–h. Controls contained 1% of DMSO. Miltefosine and Glucantime were used as the reference drugs. The effect of the derivatives against the amastigote forms was tested at 48 h using a conventional parasite counting apparatus in a Neubauer chamber (optical microscopy, 1000× magnification) using Trypan blue. Untreated control parasites were used to calculate the relative proliferation. The antileishmanial effects were expressed as IC<sub>50</sub>.

**4.2.5. Cytotoxicity assay.** To evaluate the possible cytotoxicity of the microparticles/nanoparticles of TF1 and TF2 and their free derivatives, an *in vitro* cell survival study was carried out in J774.1A macrophage cells, by means of the colorimetric assay based on the metabolic reduction of the tetrazolium salt, 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetra-



zolium (MTT) bromide, measuring the formazan production at 550 nm.<sup>36</sup> To do this, suspensions of the micro-nanoparticles were prepared using ethanol/PBS in a 20 : 80 ratio as solvents. Macrophages were cultured at a density of  $50 \times 10^3$  cells per well in 96-well plates, and the micro-nanoparticles of the corresponding derivatives were added in a concentration range from 25 to 400 mg L<sup>-1</sup>. After complete cell adhesion after 24 hours, the cells were treated for 48 hours using concentrations of the micro-nanoparticles in a range of 25 to 400 mg L<sup>-1</sup>. Then, the cells were washed with PBS and resuspended in MTT solution (0.5 mg mL<sup>-1</sup>) and incubated at 37 °C for 4 h in the dark. Violet crystals of formazan were formed as a result of the redox reaction between MTT and the mitochondrial enzyme succinate dehydrogenase of macrophages. The crystals formed were dissolved in DMSO. Cell viability was determined by quantifying the intensity of the formazan crystals using the Thermo Scientific Varioskans Flash Multimode spectrophotometer. The results were expressed in terms of the mean cytotoxic concentration (CC<sub>50</sub>), which represents the concentration required to cause cytotoxicity in 50% of the population. The CC<sub>50</sub> was determined by linear regression analysis, taking into account a coefficient of determination greater than 0.9. The tests were carried out in triplicate.

**4.2.6. Statistical analysis.** All experiments were performed at least three times. The results are expressed as mean  $\pm$  SD. The Anova test was performed. Only the *post hoc* Dunnet test  $p < 0.01$  was considered to be statistically significant. The dose-response curves and 50% growth inhibitory concentrations (IC<sub>50</sub> or CC<sub>50</sub>) of the synthetics products or chemotherapeutic drugs were determined by a non-linear regression of individual experiments calculated through computation with the GraphPad prism v.5.02 software<sup>37</sup> program (Intuitive Software for Science, San Diego, CA, USA).

## Author contributions

K. N. Gonzalez and E. M. prepared the NP structures and its characterization. A. H. Romero participated in the *in vitro* evaluation against the parasites and cytotoxicity, analysis of the biological data, and preparation of the manuscript. E. P. Aguilera generally contributed to the evaluation of the biological data. G. Gonzalez and M. Sabino supervised the preparation and characterization of NPs, and provided funding resources.

## Conflicts of interest

The authors declare no conflict of interest.

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