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Regulating H₂S release from self-assembled peptide H₂S-donor conjugates using cysteine derivatives†

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Self-assembled peptides provide a modular and diverse platform for drug delivery, and innovative delivery methods are needed for delivery of hydrogen sulfide (H₂S), an endogenous signaling molecule (gasotransmitter) with significant therapeutic potential. Of the available types of H₂S donors, peptide/protein H₂S donor conjugates (PHDCs) offer significant versatility. Here we discuss the design, synthesis, and in-depth study of a PHDC containing three covalently linked components: a thiol-triggered H₂S donor based on an S-aryloylthiooxime (SATO), a GFFF tetrapeptide, and a tetraethylene glycol (TEG) dendron. Conventional transmission electron microscopy showed that the PHDC self-assembled into spherical structures without heat or stirring, but it formed nanofibers with gentle heat (37 °C) and stirring. Circular dichroism (CD) spectroscopy data collected during self-assembly under nanofiber-forming conditions suggested an increase in β-sheet character and a decrease in organization of the SATO units. Release of H₂S from the nanofibers was studied through triggering with various thiols. The release rate and total amount of H₂S released over both short (5 h) and long (7 d) time scales varied with the charge state: negatively charged and zwitterionic thiols (e.g., Ac-Cys-OH and H-Cys-OH) triggered release slowly while a neutral thiol (Ac-Cys-OMe) showed ~10-fold faster release, and a positively charged thiol (H-Cys-OMe) triggered H₂S release nearly 50-fold faster than the negatively charged thiols. CD spectroscopy studies monitoring changes in secondary structure over time during H₂S release showed similar trends. This study sheds light on the driving forces behind self-assembling nanostructures and offers insights into tuning H₂S release through thiol charge state modulation.

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Introduction

Hydrogen sulfide (H₂S) functions as an endogenous gasotransmitter, regulating cell signaling and behavior through various pathways.^{1–5} It also exhibits cytoprotective and anti-inflammatory properties in certain cell types at sub-toxic concentrations.^{6,7} Efforts to both probe H₂S physiology and capitalize on these endogenous pathways for therapeutic benefits often involve administration of exogenous H₂S.⁸ However, direct administration of gaseous H₂S poses inherent hazards due to its flammability and toxicity at moderate

doses,⁹ thus necessitating alternative methodologies to investigate its effects at physiological levels.^{10–17} Exogenous H₂S administration utilizing aqueous solutions of sulfide salts such as Na₂S or NaHS were employed in foundational studies.¹⁸ Unfortunately, the instantaneous conversion of sulfide salts into H₂S generates a rapid surge to supraphysiological levels, making them a poor mimic of natural H₂S signaling in comprehensive studies of H₂S biology; these salts are also notoriously impure.¹⁹ Consequently, researchers have developed diverse classes of compounds and materials capable of controlled H₂S release, including synthetic small molecules,^{20–28} peptide/protein H₂S donor conjugates (PHDCs),^{29–35} and polymeric H₂S donors,^{36–45} among others.^{46,47} Of these classes of H₂S donors, PHDCs may represent the most versatile family. Due to their ability to self-assemble into intricate nanostructures, peptides offer significant advantages over other systems, such as enhanced water solubility, enabling PHDCs to safeguard H₂S-donating functional groups from water-induced hydrolysis or degradation while regulating release of H₂S.⁴⁸

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Efforts to synthesize peptide-based H₂S donors focus on tuning peptide sequences to create complex supramolecular structures. In 2015, Matson and coworkers reported a nano-fiber-forming hexapeptide, namely Ile-Ala-Val-Glu-Glu-Glu (IAVEEE), conjugated to an H₂S donating *S*-aryloylthiooxime (SATO) at the N-terminus.⁴⁹ Since that initial report, we have further explored the creation of unique PHDC nanostructures, including twisted nanoribbons,⁵⁰ nanocoils,⁴⁸ nanotoroids,⁵¹ and nanocrescents,⁵² based on H₂S donor-peptide conjugates. Despite the increased understanding of H₂S biology that these nanostructures have provided, developing PHDCs capable of achieving prolonged and controlled H₂S release over several days remains challenging. Such materials might find use in long-releasing coatings and implants. To address this objective, we have turned our attention to stabilizing peptide sequences, particularly those incorporating multiple phenylalanine (Phe, F) residues, which utilize multiple types of intermolecular interactions to maintain stable self-assembled nanostructures.

The intermolecular forces of aromatic–aromatic interactions, along with hydrogen bonding, play a crucial role in the stability of nanostructures.^{53–55} The FF dipeptide motif, known for its role in the self-assembly of amyloid β peptides, represents the smallest recognition module identified in a landmark 2003 paper by Gazit.⁵⁶ It has been widely used in self-assembling peptides and polymer–peptide conjugates.^{56–59} However, these FF stabilizing motifs often exhibit poor water solubility.⁶⁰ To address this challenge, Besenius and co-workers reported in 2018 the design of C_3 -symmetric dendritic peptide amphiphiles, in which a hydrophilic carbohydrate moiety was appended to a tripeptide arm, Phe-Phe-Phe (FFF).⁶¹ This modification enhanced the water solubility of the peptide, and the additional F residues enabled self-assembly into rod-like particles in aqueous environments. Building upon this design, a subsequent study detailed the synthesis of an azidoglycine appended FFF tetrapeptide (N_3 -GFFF) attached to a Newkome-type dendron.⁶² The introduction of oligoethylene glycol (OEG) chains within the dendron enhanced the amphiphilicity of the peptide–dendron conjugates and promoted nanorod formation in water.

Building on this amphiphilic peptide-dendron system and other related peptide-based materials,⁶³⁻⁶⁶ we aimed here to explore the potential of integrating an H₂S donor functionality

into a peptide-based material containing the GFFF motif. The objective was to develop a stable supramolecular nanostructure capable of tunable and slow release of H₂S. In particular, we envisioned incorporating a thiol-triggered SATO H₂S donor at one end of the GFFF peptide sequence while introducing a gallic acid based tetraethylene glycol (TEG) dendron at the other. This hydrophilic dendron could be connected to the hydrophobic peptide sequence *via* a previously reported aminehexanoic spacer in order to shield supramolecular peptide interactions like H-bonding.⁶¹⁻⁶⁷ By leveraging the self-assembly properties of the GFFF motif, we anticipated the formation of well-defined nanostructures that could effectively shield the SATO group from premature degradation. Furthermore, we hypothesized that the release of H₂S from this system could be tuned by using specific thiol-containing molecules with varying charge state as triggering moieties.

Results and discussion

PHDC design and assembly characterization

We designed a PHDC termed SATO-GFFF-TEGdendron, simplified here to PHDC, that consisted of three units. It included a hydrophobic SATO unit, a type of thiol-triggered H₂S donor,⁶⁸ attached to the N-terminus of the GFFF sequence, and a hydrophilic TEG dendron to the C-terminus. The PHDC (Fig. 1) was synthesized utilizing solid-phase peptide synthesis techniques, starting from the Fmoc-protected tetrapeptide Fmoc-GFFF-OH. Next, the peptide was cleaved from the resin and conjugated to a TEG functionalized gallic acid dendron *via* a hexamethylene diamine linker through a PyBOP-mediated amidation. After Fmoc group removal, a SATO group was added to the peptide N-terminus by a PyBOP-mediated reaction of the N-terminal amine with the carboxylic acid group of a SATO unit, affording the final PHDC product. The complete synthetic pathway is shown in the ESI (Scheme S1†).

To investigate the supramolecular self-assembly of the PHDC, a solution of 50 μ M PHDC was prepared in phosphate buffer (PB, 10 mM, pH 7.4) and allowed to stand at rt without stirring, and the structural changes during self-assembly were monitored using circular dichroism (CD) spectroscopy at rt. CD spectroscopy is a sensitive technique that can measure the differential absorption of left- and right-handed circularly

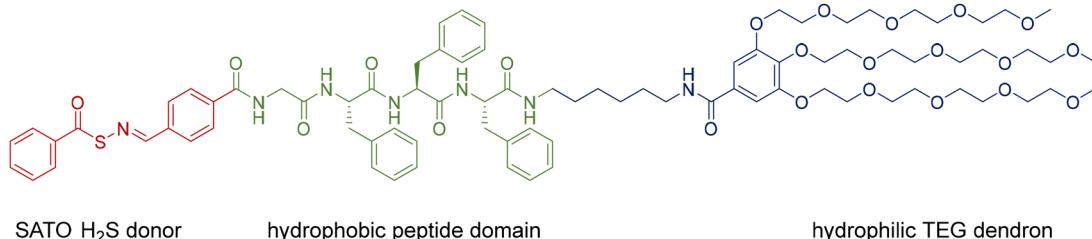


Fig. 1 Chemical structure of the H₂S-releasing amphiphilic SATO-GFFF-TEG dendron PHDC (referred to simply as the PHDC), including the SATO H₂S donor (red); the hydrophobic peptide domain GFFF (green); and the hydrophilic TEG dendron segment (blue).

polarized light, providing insights into the secondary structures of self-assembling chiral systems. In β -sheet forming systems, a positive band near 195 nm and a negative band near 220 nm are a common signature.⁶⁹ The CD spectra exhibited distinct intensity changes over time in both the peptide region (190–260 nm) and the SATO region (300–360 nm), indicating the involvement of both the GFFF segment and the SATO domain in the formation of ordered nanostructures (Fig. 2A). Over the course of 30 h, the signal near 195 nm appeared noisy and somewhat distorted, likely due to the salt concentration from the buffer, but the increasing intensity of the negative band at 215 nm indicated an increasing β -sheet signature. Additionally, the positive signal near 335 nm progressively increased, suggesting interactions among the SATO groups during self-assembly. Drawing from the signal intensity at 215 nm specifically, the results revealed that the self-assembled nanostructure reached an equilibrium state after approximately 20 h (Fig. 2B) under these stagnant (unstirred) conditions at rt.

Conventional transmission electron microscopy (TEM) was employed to visualize the nanostructures after 3 d. The TEM images revealed spherical structures with an average diameter of (10 ± 2) nm. Considering the extended length of a SATO group (~ 1.2 nm) and the extended length of the entire PHDC (~ 6.3 nm) (as estimated using ChemDraw, Fig. S24†), the observed spherical structure can be attributed to a core-shell arrangement, with the SATO functional groups aggregating in the core, the GFFF units aligning in the middle layer *via* aromatic–aromatic interactions and hydrogen bonding, and the TEG dendron units distributing near the surface due to hydrophilic and solvation interactions. The weak CD signal in the peptide region, indicative of limited structural ordering, is unusual for peptides that contain the GFFF sequence,⁷⁰ which typically drives the formation of β -sheets that dominate the CD spectrum. The lack of a strong β -sheet signal suggested to us the potential for further organization and transformation into alternative supramolecular nanostructures given the propensity for the GFFF sequence to form β -sheets. We speculate that the micellar structures in Fig. 2C are in a kinetically trapped state driven by the spontaneous aggregation of SATO functional groups, which promotes the formation of a spherical morphology without substantial ordering of the peptide units.

To promote the formation of β -sheet structures by the GFFF units, we introduced mild energy input during the self-assembly process and again monitored the changes using CD spectroscopy. The samples were prepared as before, and this time the solution was maintained at $37\text{ }^\circ\text{C}$ with continuous gentle stirring using a magnetic stir bar. Under these conditions, the CD spectra obtained over 30 h exhibited a distinctive pattern characteristic of well-defined β -sheet structures. The intensity of both the positive band near 196 nm and a corresponding negative band near 217 nm increased with time and to a much greater magnitude than in the previous experiments, indicating the successful formation of β -sheet structures during self-assembly (Fig. 3A and B grey and red curves). Intriguingly, the signal centered around 335 nm, which reflects the interaction

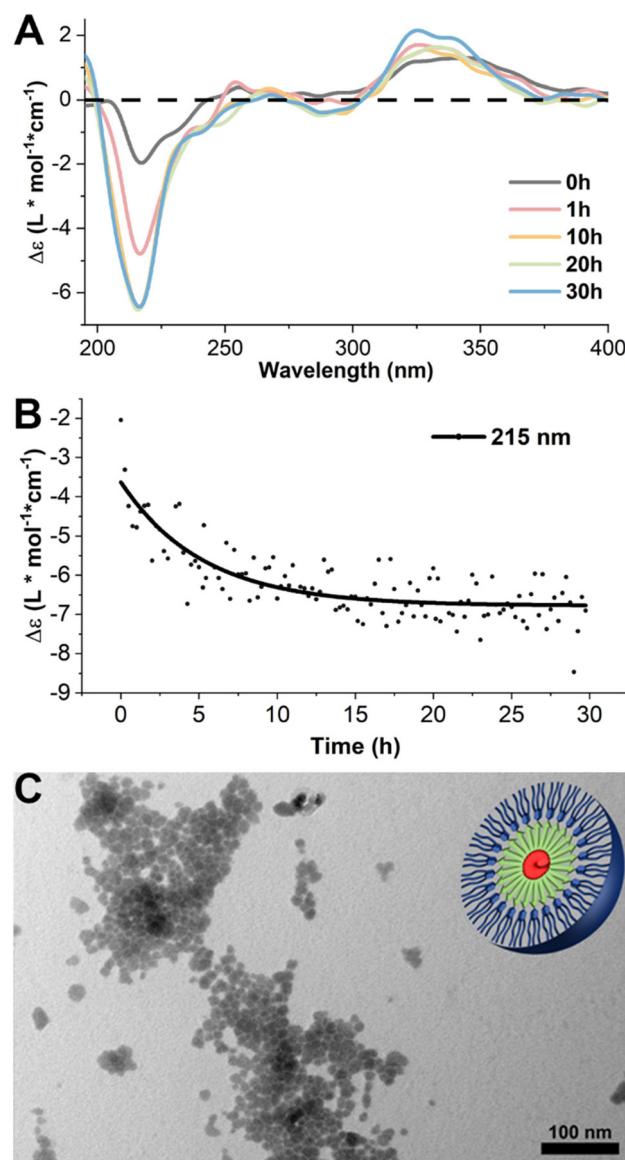


Fig. 2 (A) CD kinetics study of self-assembled PHDCs at rt in phosphate buffer (PB, 10 mM, pH 7.4) at $50\text{ }\mu\text{M}$ without stirring. The plots include the initial spectrum immediately after dissolution and spectra at 1 h, 3 h, 10 h, 20 h, and 30 h. Raw spectra were smoothed by the FFT filtering method in Origin to remove high-frequency noise. The full CD spectroscopic investigation of the self-assembly process is available in ESI (Fig. S22†). (B) CD signals at 215 nm as a function of time. The data were fitted *via* Origin with the Boltzmann function (black line). (C) Conventional TEM images in aqueous solution of the PHDC after 3 d, with schematic illustration in the top right corner. Solution concentration: $50\text{ }\mu\text{M}$ in PB (10 mM, pH 7.4).

among the SATO functional groups, was barely discernible under these conditions (Fig. 3A). Even though a slight increase in the 335 nm signal was observed within the first 10 h, it exhibited a subsequent decline over time (Fig. 3B blue curve). These results suggest that the SATO functional groups tended to aggregate during the early stages of self-assembly at $25\text{ }^\circ\text{C}$, but the application of stirring and temperature increase to



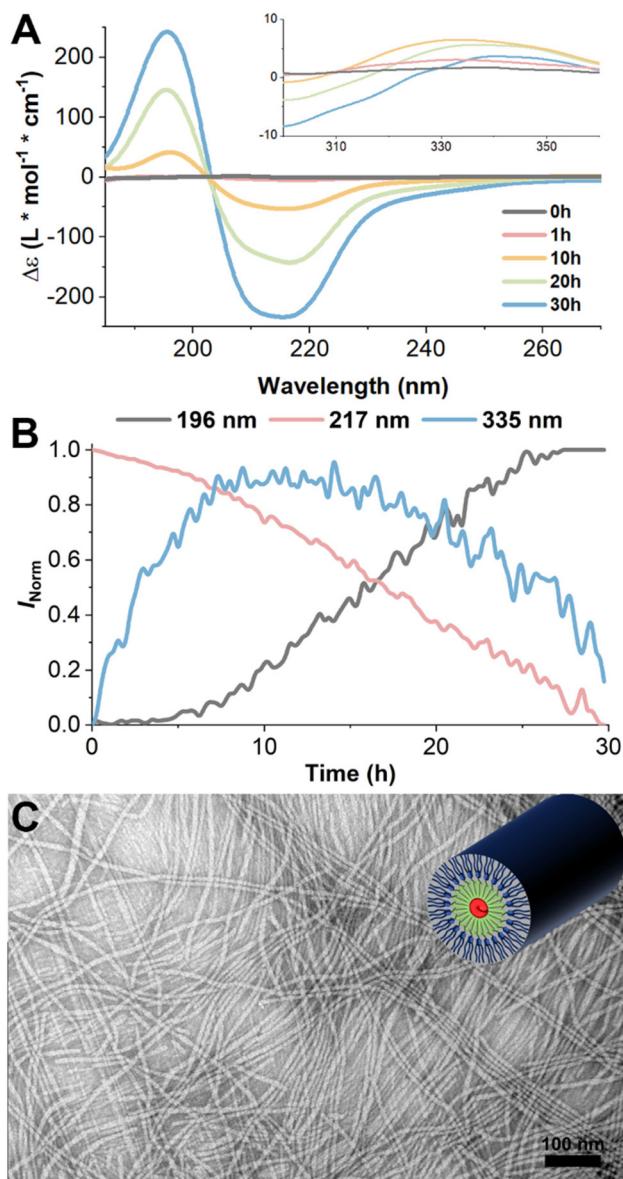


Fig. 3 (A) CD kinetics study of PHDC self-assembled at 37 °C in PB (10 mM, pH 7.4) at 50 μ M under constant stirring. The plots include the initial spectrum immediately after dissolution and spectra at 1 h, 3 h, 10 h, 20 h, and 30 h. Raw spectra were smoothed by the FFT filtering method in Origin to remove the high-frequency noise. The full CD spectroscopic investigation of the self-assembly is available in ESI (Fig. S23†). (B) CD signals at 196 nm, 217 nm, and 335 nm as a function of time. (C) Conventional TEM images in aqueous solution of the PHDC under constant stirring after 3 d at a PHDC concentration of 50 μ M in PB (10 mM, pH 7.4), with schematic illustration in the top right corner.

37 °C lessened their ability to form well-ordered aggregates. In other words, as the self-assembly progressed and the β -sheet structures became more pronounced, the interactions among the SATO groups gradually diminished, thus indicating that the GFFF units dominated the self-assembly process under these conditions. This is also consistent with large signal changes at 196 nm and 217 nm (from 0 to about 250 $\text{L mol}^{-1} \text{cm}^{-1}$), compared to the minor changes at 335 nm (0 to about 5

$\text{L mol}^{-1} \text{cm}^{-1}$). Heating to 37 °C without stirring showed little change in the CD signal over time, indicating the need for stirring to promote these changes in secondary structure. In summary, the very slow self-assembly time scales on the order of hours rather than minutes, as previously reported in our group,⁶⁶ combined with the temperature-dependent results, are indicative of a kinetically controlled process and competing self-assembly pathways. To elucidate the detailed role of primary and secondary nucleation processes, as well as the role of kinetically trapped intermediates in the supramolecular assembly process, future efforts will focus on concentration-dependent kinetic investigations and seeding experiments to guide the complex self-assembly pathways.

Further insights into the resulting supramolecular nanostructures were gained by TEM analysis after both 30 h and 72 h (Fig. S25† and Fig. 3C). The TEM images revealed the presence of nanofibers with varying lengths from 60 nm to 720 nm, exhibiting an average diameter of 12 ± 2 nm after 30 h. Alternatively, at the 72 h mark, these nanofibers had extended to the micrometer scale, exceeding the measurable range of the TEM camera frame. Comparing the diameters of nanofibers and the extended length of an individual PHDC (~ 7 nm), we speculate that the nanofibers encompass loosely aggregated SATO functional groups in the core with highly ordered GFFF-dendron units protruding outward (schematic illustration in Fig. 3C). Taken together, these findings underscore the effectiveness of the applied energy input strategy and the subsequent formation of β -sheet structures in modifying the aggregation of SATO functional groups and driving the generation of more intricate and well-organized supramolecular nanostructures.

The distinct outcomes observed in the self-assembly of PHDCs under static and stirred heated conditions can be attributed to activation by energy input. The initial driving force for self-assembly in many peptide amphiphiles in aqueous media is the hydrophobic effect, and the individual peptide units then organize into regular nanostructures.⁷¹ The hydrophobic effect is a strong but nondirectional interaction. Here, this leads to an initial self-assembly into spherical micelles as a kinetically trapped state because no conversion into one-dimensional fibers was observed even over longer periods of time at 25 °C. However, the introduction of a stirring force and increase to a physiologically relevant temperature of 37 °C provides enough energy to overcome the kinetic barrier, leading to the formation of ordered β -sheet secondary structures and anisotropic fibers, in contrast to the nondirectional supramolecular nanostructures observed in the spherical assemblies. This phenomenon has previously been described in a series of coarse-grained molecular dynamics simulations on a peptide amphiphile, where raising the temperature above a critical micellization temperature led to a shift from spherical micelles to one-dimensional nanofibers.⁷¹

H₂S release triggered by thiols with varying charge states

SATOs release H₂S in response to a thiol trigger, and we aimed to measure the rate of release from the nanofibers using



various thiols. We used the methylene blue colorimetric assay, a well-established and reliable method for H_2S detection, provided that appropriate controls are conducted,⁷² to investigate the kinetics of H_2S release. In this experimental setup, the PHDC was initially dissolved in PB (10 mM, pH 7.4) with a small amount of DMSO to maintain solubility during the experiment and was kept within a temperature window of 37–40 °C while applying gentle stirring. After allowing 3 d for self-assembly, $\text{Zn}(\text{OAc})_2$ was added, followed by an excess of the thiol trigger. At predetermined time points, aliquots of the release solution were removed, then FeCl_3 and *N,N*-dimethyl-*p*-phenylenediamine were added to generate the dye for quantification. The amount of released H_2S was determined using a calibration curve generated from Na_2S (Fig. S27†).

We first used the commonly employed thiol-containing molecule, Cys (*i.e.*, H-Cys-OH), to trigger and study the H_2S release behavior of the self-assembled PHDC in nanofibers. However, after a 5 h release period, we measured only 2 μM of H_2S in the solution, with an initial release rate of 0.7 $\mu\text{M h}^{-1}$ and less than 1% of the theoretical maximum (Fig. S28†). To account for the potential shielding of the SATO group within the core of nanofibers, we extended the release time to 7 d. At this time, 17% of the theoretical H_2S release amount was observed (Fig. S27†).

We hypothesized that the slow triggering behavior of H-Cys-OH might come from the charge state at neutral pH. Although H-Cys-OH exists predominately as a zwitterion at pH 7.4, it has a partial negative charge with a reported pI of 5.07.⁷³ Therefore, we chose three additional molecules, namely *N*-acetyl Cys (Ac-Cys-OH), *N*-acetyl Cys methyl ester (Ac-Cys-OMe), and Cys methyl ester (H-Cys-OMe) (Fig. 4A), to further probe how the charge and hydrophobicity of the thiol trigger affected H_2S release. The relative net charge, Q_{net} , of each thiol was estimated by calculation from Henderson–Hasselbalch-derived equations and is listed in Table S3† with charges ranging from −1.01 to +0.37.

Interestingly, the methylene blue assay results demonstrated that the H_2S release rate was significantly influenced by the charge state (Fig. 4B). H_2S release triggered by the positively charged thiol (H-Cys-OMe, $Q_{\text{net}} = +0.37$) displayed an initial rate of 9.1 $\mu\text{M h}^{-1}$, followed by the neutral thiol (Ac-Cys-OMe, $Q_{\text{net}} = -0.02$) with an initial rate of 2.5 $\mu\text{M h}^{-1}$. In contrast, the negatively charged Ac-Cys-OH ($Q_{\text{net}} = -1.01$) displayed an initial release rate of 0.2 $\mu\text{M h}^{-1}$, even lower than the 0.7 $\mu\text{M h}^{-1}$ previously observed with H-Cys-OH ($Q_{\text{net}} = -0.14$). The neutral thiols H-Cys-OH and Ac-Cys-OMe showed similar net charge Q_{net} but strongly deviating initial H_2S release rates. We hypothesize that the difference is attributed to the different ionic character of these triggers. While Ac-Cys-OMe has a nearly neutral, hydrophobic character that can penetrate into the hydrophobic pocket of the PHDC easily, H-Cys-OH is present as a zwitterion with poor penetration probably due to electrostatic interaction. Total H_2S release over 7 d exhibited a similar trend across the various thiol triggers (Fig. S28†).

The differences in H_2S release rates were further supported by measuring the signal change using CD spectroscopy under

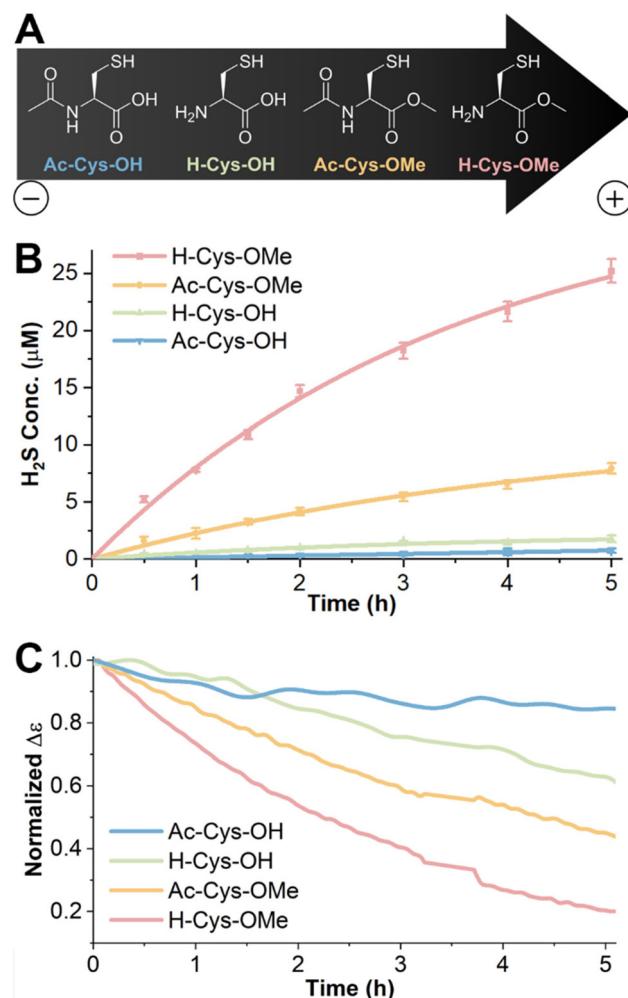


Fig. 4 (A) Chemical structures of Cys derivatives. The direction of the black arrow indicates the increasing net charge of all four thiols at pH 7.4. (B) H_2S release profiles determined using the methylene blue assay (250 μM PHDC triggered by different Cys derivatives (2.5 mM) at rt in buffer (10 mM PB, pH 7.4, 800 μM $\text{Zn}(\text{OAc})_2$, 10% DMSO). Error bars indicate standard deviations of three separate experiments. (C) Change in CD signals of PHDC solutions monitored at 337 nm as a function of time. The concentration of each component in solution was the same as in the H_2S release studies described in panel (B). Data were smoothed by the FTT filtering method and normalized to [0,1] range.

the same release conditions (Fig. 4C). PHDC and Cys derivative concentrations as well as temperature and solvents were adjusted to match the experimental conditions used in the methylene blue colorimetric assay. The peptide region (190–260 nm) was obscured due to the high absorbance of DMSO. Instead, we followed the signal change at 315 nm (in the SATO region) to evaluate whether the self-assembled structure changed during the H_2S release process. Upon the reaction of the SATO functional group with the triggering thiol, the CD signal in the SATO region gradually decreased over time. The observed trend was consistent with the H_2S release data, with the fastest signal decrease for H-Cys-OMe, followed by Ac-Cys-OMe. Conversely, H-Cys-OH and Ac-Cys-OH exhibited minimal



signal decreases within the 5 h timeframe. These results suggest that negatively charged thiols exhibit limited interaction with the PHDC nanofibers, resulting in poor penetration into the core structure and impairing their ability to trigger H₂S release. On the other hand, faster H₂S release from the positively charged thiol suggests a more favorable interaction, while the moderate release rate from the neutral, hydrophobic thiol suggests moderate penetration capabilities.

To gain insight into the trend, we tested the zeta potential of the PHDC nanofibers in buffer (10 mM PB with 7.7 v/v% DMSO) and obtained a result of -17 ± 2 mV, consistent with other PEGylated materials. Due to electrostatic interactions, the negatively charged surface likely repels negatively charged H-Cys-OH or Ac-Cys-OH, resulting in slow penetration, while it attracts positively charged H-Cys-OMe, leading to faster penetration. This difference in penetration ability leads to varying accumulated concentrations of free thiol in the core of nanofibers, further influencing the observed differences in H₂S release rates. Future efforts involving simulations will focus on the interactions between the various thiols and the PHDCs to trigger H₂S release.

Conclusions

In summary, this study presents the synthesis and self-assembly of a PHDC incorporating a GFFF peptide flanked by a TEG dendron and an H₂S donor. Under aqueous conditions, this PHDC exhibited distinct self-assembled nanostructures, spheres and fibers, in the presence and absence of stirring with gentle heat, respectively. CD spectroscopy and TEM images revealed that the spherical structures formed in the absence of stirring and at ambient temperature due to the aggregation of SATO functional groups *via* the hydrophobic effect, but nanofibers formed when β -sheet formation dominated the molecular packing with gentle stirring at physiological temperature of 37 °C. The methylene blue colorimetric assay revealed that Cys derivatives with various net charge states ranging from -1.01 to $+0.37$ triggered the release of H₂S from the nanofibers, resulting in different rates and total amounts released. The CD signal in the SATO region showed similar trends, decreasing more quickly in response to the thiols that triggered the fastest H₂S release. This PHDC has potential applications as a slowly releasing H₂S donor in response to glutathione, an abundant cellular thiol with an overall negative charge. Stable H₂S release over several days could be valuable in studying slow and complex biological processes where H₂S plays a critical role, such as in wound healing, angiogenesis, and tumor progression. In sum, these results provide a valuable understanding on the influence of activation barriers involved in self-assembling peptide-based nanostructures and highlight the impact of the net charge on the interactions between small molecules and the resulting supramolecular nanostructures. Additionally, the data highlight how tuning the charge state of trigger molecules offers a route to regulate H₂S release in a wide variety of systems.

Author contributions

Z. L.: investigation, formal analysis, methodology, writing – original draft. M. T.: investigation, formal analysis, methodology, writing – original draft. C. M. B.: investigation, methodology, writing – review & editing. P. B.: conceptualization, funding acquisition, project administration, supervision, writing – review & editing. J. B. M.: conceptualization, funding acquisition, project administration, supervision, writing – review & editing.

Data availability

The data supporting this article have been included as part of the ESI.†

Conflicts of interest

There are no conflicts to declare.

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