



Cite this: *Nanoscale*, 2024, **16**, 9096

Anisotropic thermo-mechanical response of layered hexagonal boron nitride and black phosphorus: application as a simultaneous pressure and temperature sensor

Hermann Muhammad,^a Mohamed Mezouar,^{id} *^a Gaston Garbarino,^a Tomasz Poręba,^{id} ^a Giorgia Confalonieri,^{id} ^a Matteo Ceppatelli,^{id} ^{b,c} Manuel Serrano-Ruiz,^{id} ^c Maurizio Peruzzini ^{id} ^c and Frédéric Datchi ^{id} ^d

Hexagonal boron nitride (hBN) and black phosphorus (bP) are crystalline materials that can be seen as ordered stackings of two-dimensional layers, which lead to outstanding anisotropic physical properties. Knowledge of the thermal equations of state of hBN and bP is of great interest in the field of 2D materials for a better understanding of their anisotropic thermo-mechanical properties and exfoliation mechanism towards the preparation of important single-layer materials like hexagonal boron nitride nanosheets and phosphorene. Despite several theoretical and experimental studies, important uncertainties remain in the determination of the thermoelastic parameters of hBN and bP. Here, we report accurate thermal expansion and compressibility measurements along the individual crystallographic axes, using *in situ* high-temperature and high-pressure high-resolution synchrotron X-ray diffraction. In particular, we have quantitatively determined the subtle variations of the in-plane and volumetric thermal expansion coefficients and compressibility parameters by subjecting these materials to hydrostatic conditions and by collecting a large number of data points in small pressure and temperature increments. In addition, based on the anisotropic behavior of bP, we propose the use of this material as a sensor for the simultaneous determination of pressure and temperature in the range of 0–5 GPa and 298–1700 K, respectively.

Received 8th January 2024,
Accepted 4th April 2024

DOI: 10.1039/d4nr00093e
rsc.li/nanoscale

Introduction

Thermal equations of state (EOS) are fundamental properties of condensed matter³ that are of great significance in a variety of research fields including solid-state physics, materials science and chemistry. They are intimately linked to the materials' atomic arrangement and provide invaluable information about the nature and amplitude of the microscopic interactions that are particularly relevant for understanding the behavior of layered materials at the nanoscale level. In addition, thermal EOS can be directly related to first-principles calculations based on density functional theory (DFT).^{4,5} With

the advent of the determination of interatomic potentials by machine learning, this type of numerical simulation has proven particularly well suited to predicting the thermo-mechanical properties of 2D materials.⁶ Materials with strong spatial anisotropy are of particular interest because they often exhibit exceptional directional physicochemical properties.⁷ Among them, hexagonal boron nitride (hBN)¹ and black phosphorus (bP)² have attracted great attention from chemists, physicists and materials scientists since their discovery. hBN is a layered crystalline solid isostructural to graphite. It is formed of single-atom thick layers of alternating boron and nitrogen arranged in the same hexagonal lattice (Fig. 1a and b), while graphite is made of single-atom thick layers of carbon that give rise to graphene.⁸ As such, these materials exhibit similar anisotropic properties along the in-plane and out-of-plane directions. The hBN sheets present an AA' stacking pattern along the crystallographic *c*-axis, resulting in a crystalline structure with the space group *P*6₃/mmc.⁹ Despite being an electrical insulator with a ~5.9 eV band gap, hBN is a good thermal conductor,¹⁰ which makes it one of the rare materials combining these two generally antagonistic physical properties. As hBN is commonly depicted as the insulating isostructure of graphene,

^aEuropean Synchrotron Radiation Facility (ESRF), 71 Avenue des Martyrs, Grenoble, France. E-mail: mezouar@esrf.fr

^bLENS, European Laboratory for Non-linear Spectroscopy, Via N. Carrara 1, I-50019 Sesto Fiorentino, Firenze, Italy

^cICCOM-CNR, Institute of Chemistry of Organo Metallic Compounds, National Research Council of Italy Via Madonna del Piano 10, I-50019 Sesto Fiorentino, Firenze, Italy

^dInstitut de Minéralogie, de Physique des Matériaux et de Cosmochimie (IMPMC), Sorbonne Université, 6; CNRS UMR 7590, MNHN, 4 place Jussieu, F-75005 Paris, France



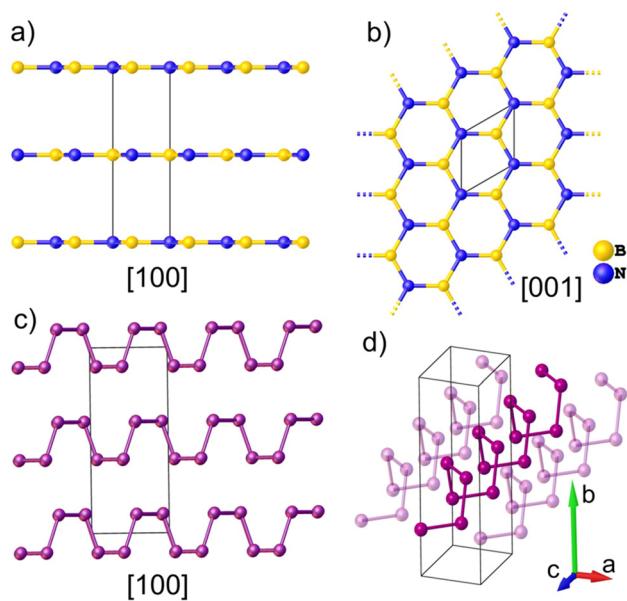


Fig. 1 Crystalline structures of hBN (a and b) and bP (c and d). hBN exhibits a planar conformation of the layers (a), while bP forms puckered layers (c). Panels b and d highlight the intra-layer differences between a planar layer of hBN (b) and the armchair conformation of a layer of bP.

it constitutes a material of choice in industrial applications such as coating¹¹ and a dielectric material,¹² and in important device applications.¹³ hBN is also known for its chemical inertness,^{14,15} and tribological properties^{16–18} that make it interesting as a solid lubricant^{19,20} and high-temperature ceramic material.²¹

Black phosphorus (bP) is the most stable allotrope of phosphorus under ambient conditions of pressure and temperature.^{22,23} It was first synthesized by subjecting white phosphorus to moderate pressure and temperature conditions ($P > 1.2$ GPa and $T > 500$ K)²⁴ and since 2014, it has acquired increasing importance as the bulk material for the preparation of phosphorene by exfoliation techniques.^{25,26} Indeed, bP exhibits a crystalline layered structure (with A17 orthorhombic structure and the space group *Cmce*) made by the ordered stacks of 2D puckered layers of P atoms, called phosphorene by analogy to graphene (Fig. 1c and d). As hBN, and due to its puckered structure, few layered phosphorene exhibits an outstanding anisotropic mechanical behavior along the in-plane zigzag [100] and armchair [001] directions, such as a negative Poisson's ratio^{27,28} and very contrasting directional Young's modulus.²⁹ In contrast to graphene,³⁰ which needs doping to become a semiconductor, and similar to transition metal dichalcogenide (TMD) monolayers,³¹ such as MoS₂, phosphorene is a 2D semiconductor with a direct band gap value of about 2 eV significantly larger than bP (0.3 eV).^{25,32,33} In addition, it presents a high carrier mobility (~ 1000 cm² V⁻¹ s⁻¹), a good current on/off ratio ($\sim 10^4$ – 10^5) and anisotropic in-plane properties, which make phosphorene and phosphorene-based heterostructures very promising for future applications

in nanophotonics, nanoelectronics,^{25,34,35} energy storage,³⁶ sensing^{37,38} and catalysis.³⁹

hBN and bP exhibit strong covalent intralayer bonds with sp² (hBN) and sp³ (bP) hybridization and relatively weak van der Waals interlayer forces which lead to very contrasting directional thermal equations of state (EOS). The precise determination of the EOS parameters of these materials is made very difficult due to the weak pressure and temperature variations of the intra-plane inter-atomic distances. Indeed, for both materials, the intra-plane compressibility is 1 to 2 orders of magnitude lower than the inter-plane ones.^{40–46} Additionally, nonlinear pressure and temperature effects have also been reported,^{40–58} although not yet precisely quantified.

Here, we report accurate directional thermal EOS of hBN and bP using *in situ* high-resolution synchrotron X-ray diffraction (XRD) performed under perfect hydrostatic conditions using liquid He as the pressure transmitting medium. Besides providing an accurate description of the effects of pressure and temperature on the lattice parameters and volume of these two materials, our findings allowed us to highlight a new pressure–temperature metrology based on the exceptional anisotropic properties of bP, which can be simultaneously used as a pressure and temperature sensor during XRD experiments in an extended *P*–*T* domain.

Experimental methods

High purity powders of hexagonal boron nitride (hBN) purchased from the company Goodfellow (product code: B-60-RD-000105), and black phosphorus (bP, 99.999% purity) synthesized at ICCOM-CNR (Florence, Italy) from red phosphorus as described in ref. 59 have been used as starting materials.

Three independent experimental runs (run 1–3) were carried out to determine precisely the thermal equations of state (EOS) of hBN and bP using *in situ* monochromatic X-ray diffraction. Runs 1 and 2 were devoted to the determination of the ambient pressure thermal expansion coefficients of hBN and bP, while run 3 was focused on the low pressure ($P < 10$ GPa) room temperature EOS of these materials. All the experimental work has been conducted at the European Synchrotron Radiation Facility (ESRF, Grenoble, France). Runs 1 and 3 were performed at the high-pressure XRD beamline ID27⁶⁰ while run 2 was carried out at the high-resolution powder XRD beamline ID22.^{61,62} In the following, more details about the different runs are provided.

Run 1

This high-temperature run was carried out by increasing the temperature by small increments at ambient pressure using the resistive heating device of a Paris–Edinburgh (PE) press.^{63,64} This system can generate stable and homogeneous temperatures (*T*) over a wide *T* range from 298 to 2500 K. A standard PE sample geometry as detailed in ref. 65 and 66 was employed. bP was confined inside a cylindrical diamond capsule of 1 mm height and 1 and 1.5 mm inner and outer



diameter, respectively, to ensure good thermal conductivity and minimize the temperature gradients. This diamond capsule was inserted into a chemically inert hBN cylinder and closed using two hBN caps. No evidence of the chemical reactivity of bP was observed in any of the collected X-ray diffraction patterns. The sample container was placed inside a cylindrical graphite heater of 1.9 mm inner diameter, 2.4 mm outer diameter and 3.1 mm height that was sealed using two graphite caps in contact with 2 copper electrodes. To thermally insulate the graphite heater, it was contained in an X-ray transparent boron-epoxy gasket.⁶⁴ Temperature was measured with a precision of ± 1 K using a chromel-alumel thermocouple in contact with the diamond capsule. Monochromatic X-ray diffraction measurements were performed at the beamline ID27. The incident X-ray beam energy was fixed to 20 keV ($\lambda = 0.6199$ Å), covering a large scattering angle from 3 to 25°. Two-dimensional XRD patterns were collected in transmission geometry using a MAR165 CCD detector. A high-efficiency multi-channel collimator⁶⁷ was used to remove most of the parasitic elastic and inelastic X-ray signals emitted by the sample assembly (the graphite heater and boron-epoxy gasket). The sample to detector distance, detector tilt angles and beam center were accurately determined using a LaB₆ powder standard. The two-dimensional XRD images were integrated using the PyFAI software⁶⁸ as implemented in the DIOPTAS⁶⁹ suite. The resulting one-dimensional XRD patterns have been analyzed using the GSAS software.⁷⁰ The unit-cell parameters and volume of hBN and bP have been obtained by Le Bail⁷¹ extraction of *d*-spacings using a pseudo-Voigt peak shape function. As hBN and bP were contained in the same sample assembly, the XRD patterns contain contributions from both samples. A typical XRD pattern of hBN and bP obtained under ambient pressure and at 300 K and the corresponding Le Bail adjustment are presented in Fig. 2a. The temperature was increased from room *T* to 760 K by small *T* increments of 10 K up to 470 K and slightly larger ones (15 K) at higher *T*.

Run 2

In order to cross-check the results obtained in run 1 for bP, run 2 has been performed using a different experimental set up. This high-*T* run 2 has been carried out at the high-resolution powder diffraction beamline ID22 (ESRF) using a heating device consisting of a hot gas blower from the company Cyberstar positioned at an optimum distance (~ 5 mm) from the sample. This device generates a smooth laminar flow of hot air that results in a homogeneous temperature distribution over a large volume of more than 10 mm³. This homogeneously heated volume is much larger than the sample (~ 1 mm³) ensuring very small temperature gradients. bP was contained in a 0.5 mm inner diameter quartz capillary. The incident energy was set to 35 keV ($\lambda = 0.3543$ Å). The temperature interval covered in this run was from 298 to 715 K as it has been previously reported that bP starts to decompose at higher *T*.⁵³ As this run was intended to validate run 1, data were obtained at wider temperature intervals of the order of 60 K (± 1 K). High resolution XRD patterns were collected over the 2θ range of 1°–62° using a multi-analyzer stage of 13 silicon (111) crystals coupled to a Dectris Eiger2 CdTe pixel detector. As for run 1, the structural parameters were derived by Le Bail⁷¹ extraction of the *d*-spacings using a pseudo-Voigt peak shape function using the GSAS software.⁷⁰ A typical XRD pattern obtained at 300 K and ambient pressure and the corresponding Le Bail fitting are shown in Fig. 2b.

Run 3

Run 3 was dedicated to the accurate determination of the room *T* equation of state (EOS) of bP and hBN. As for run 1, the X-ray diffraction measurements were conducted at the ID27 high-pressure XRD beamline. Fine powder samples of bP and hBN were loaded together in a Le Toulec type membrane diamond anvil cell.⁷² The high-pressure cavity consisted of a 300 μm hole drilled in a 50 μm thick rhenium foil. Helium, which remains liquid below 11 GPa and thus provides perfect hydrostatic conditions over the whole investigated pressure range, was used as the pressure transmitting medium. The pressure was determined from the shift of the R₁ luminescence peak of a ruby chip placed in the pressure cavity using the Ruby2020 pressure scale.⁷³ The pressure (*P*) was determined as the average of the pressures measured before and after XRD data collection with a maximum *P* difference of 0.1 GPa. *P* was increased in fine steps (0.15 GPa steps in the 0–4 GPa pressure range and 0.4 GPa steps in the 4–10.5 GPa pressure range) up to 10.5 GPa. This has been essential to accurately determine the very small in-plane cell parameter variation of hBN and bP. The incident X-ray beam energy was fixed at 33.169 keV ($\lambda = 0.3738$ Å) using a silicon (111) double-crystal monochromator. The two-dimensional diffraction images were collected in transmission geometry using a Dectris Eiger2 9M CdTe pixel detector. The sample to detector distance, detector tilt angles and beam center were accurately determined using a CeO₂ powder standard. The data were analyzed in a similar way as for run 1 and 2 (Le Bail fitting).

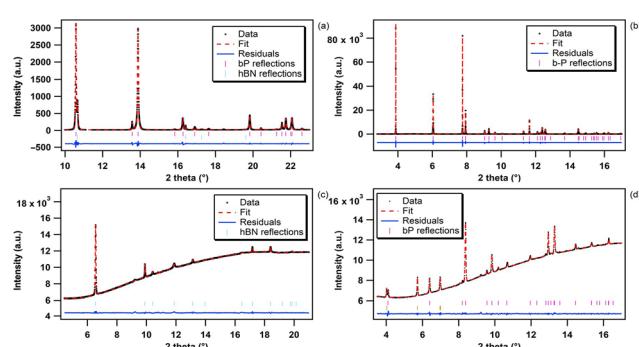


Fig. 2 Integrated XRD patterns of hBN (panels a and c) and bP (panels b and d) in runs 1–3 and their corresponding Le Bail fitting. (a) Run 1 (ambient pressure, *T* = 300 K; the XRD patterns were collected simultaneously), (b) run 2 (ambient pressure, *T* = 300 K), (c) and (d) run 3 (ambient pressure, *T* = 300 K). The higher background in runs 2 and 3 is due to the small sample dimension and high X-ray Compton scattering signal from the diamond anvil cell.



Typical diffraction patterns of bP and hBN acquired during run 3 at room temperature and ambient pressure, respectively, and the corresponding Le Bail refinements are shown in Fig. 2c and d, respectively.

In high-pressure (P) high-temperature (T) experiments, the main sources of errors come from the presence of pressure and temperature gradients inside the sample, and P - T variations during the measurement. In the present case, a perfectly hydrostatic pressure medium (liquid helium) and a homogeneous heating device were employed, the errors due to the P and T gradients were thus negligible and below the absolute accuracy of the pressure and temperature sensors (typically 1% in the present P - T range). As noted above, the pressure measured before and after the XRD patterns were collected differed by at most 0.1 GPa. The pressure uncertainty was thus taken as the difference between the average and the measured ones. Another source of error in the present experiments comes from the instrumental resolution of the beamline ID27, which is about 3×10^{-3} Å in d -spacing and affects the determination of the lattice parameters. To minimize this, we collected a large set of data (60 and 40 points for the temperature and pressure runs, respectively) on a finely spaced grid of P and T . The error bars for every fitted parameter on these

data sets were taken as the estimated standard deviations provided by the least squares refinements.

Thermal expansion of hBN and bP under ambient pressure

Hexagonal boron nitride

The temperature dependence of the unit-cell parameters and volume of hBN obtained in run 1 is presented in Fig. 3. The resulting directional and volumetric thermal expansion coefficients are listed in Table 1.

The c lattice parameter presents, within experimental error, a standard linear and positive temperature evolution up to 1280 K – the maximum temperature reached in this run (see Fig. 3b). A linear regression of the data gives:

$$c(T) = c_0[1 + \alpha_c(T - 300)] \\ = 6.6706(7)[1 + 4.23(1) \times 10^{-5} \times (T - 300)] \quad (1)$$

where c_0 is the c lattice parameter at 300 K, α_c is the corresponding directional thermal expansion coefficient, and T is the temperature. Here and throughout the manuscript, the error bars refer to the standard deviation of the parameters as obtained from the mathematical refinement of the experimental data.

As previously reported,^{48,49} along the a crystallographic axis, we observed an unusual negative variation of the thermal expansion (Fig. 3a). Indeed, along this axis the network contracts in a non-linear way, at least up to 1280 K. It is worth noting, that the absolute temperature variation of the a lattice parameter is 2 orders of magnitude weaker than that of c . Its temperature dependence can be expressed as a third order polynomial expression:

$$a(T) = a_0[1 + \alpha_a(T - 300) + \alpha'_a(T^2 - 300^2) + \alpha''_a(T^3 - 300^3)] \\ = 2.5069(2)[1 - 4.63(17) \times 10^{-6} \times (T - 300) \\ + 3.07(23) \times 10^{-9} \times (T^2 - 300^2) \\ - 7.0(10) \times 10^{-13} \times (T^3 - 300^3)] \quad (2)$$

where a_0 is the a lattice parameter value at 300 K, α_a , α'_a and α''_a the corresponding thermal expansion coefficient, its first and second derivatives respectively, and T is the temperature (Fig. 3a and Table 1).

Due to the weak effect along the a -axis, the evolution of the unit-cell volume of hBN is dominated by the temperature

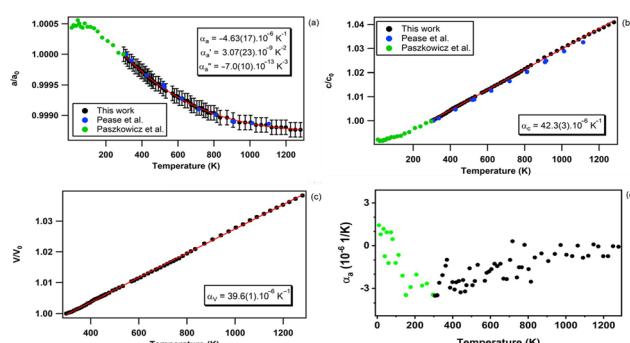


Fig. 3 Relative temperature variation of the a and c lattice parameters of hBN with respect to their room T values under ambient P , respectively along the [100] (panel a) and, [001] (panel b) directions. The relative volumetric thermal expansion and temperature evolution of the linear thermal expansion along the a crystallographic axis are displayed in panels c and d, respectively. Symbols correspond to the experimental data from this work (black) and literature studies (blue and green), whereas the red curves are linear or polynomial fits of our data. Error bars in the last three panels are smaller than the size of the plotted points.

Table 1 Volumetric (V), linear (c) and non-linear (a) thermal expansion coefficients of hBN under ambient pressure from this work and the literature

Exp	T range (K)	$\alpha_a (10^{-6} \text{ K}^{-1})$	$\alpha'_a (10^{-9} \text{ K}^{-2})$	$\alpha''_a (10^{-13} \text{ K}^{-3})$	$\alpha_c (10^{-6} \text{ K}^{-1})$	$\alpha_V (10^{-6} \text{ K}^{-1})$	Technique
This work	298–1280	-4.63(17)	3.07(23)	-7.0(10)	42.3(1)	39.6(1)	Powder XRD
Pease ⁴⁸	273–1073	-2.9	1.9	—	40.5	—	Powder XRD
Zhao <i>et al.</i> ⁴²	300–1280	-0.0098	0.0102	—	51.6	49.1(19)	Powder XRD
Paszkowicz <i>et al.</i> ⁴⁹	128–297.5	-2.72	0	—	3.2	—	Powder XRD
Solozhenko <i>et al.</i> ⁴¹	300–1800	—	—	—	—	40.9(8)	Powder XRD
Yates <i>et al.</i> ⁵¹	80–780	-2.76	—	—	38.0	—	Interferometric measurements

effect on the c lattice parameter and evolves linearly with T over the probed temperature range as expressed by:

$$V(T) = V_0[1 + \alpha_V(T - 300)] \\ = 36.290(3)[1 + 3.96(1) \times 10^{-5} \times (T - 300)] \quad (3)$$

where V_0 is the volume at 300 K, α_V is the corresponding volumetric thermal expansion coefficient and T is the temperature (Fig. 3c and Table 1).

The large contrast between the directional thermal expansion coefficients corresponding to the a and c lattice parameters is explained by the anisotropic structure of hBN, particularly by the striking difference in nature between the covalent chemical bonds in the ab plane and the van der Waals interactions along the c axis of the hexagonal lattice. As shown in Fig. 3a and Table 1, the negative thermal expansion along the a -axis has already been reported^{48,49} for bulk hBN although never precisely quantified in a wide temperature domain. This is explained by the low number of collected data points and narrower temperature interval probed in these former studies. As suggested by Pease,⁴⁸ this unusual variation may be due to the fact that the strong in-plane chemical bonds oppose standard thermal expansion by layer puckering effects related to out-of-plane thermal motion. In-plane negative thermal expansion has also been reported for single-layer hBN, both experimentally using *in situ* electron microscopy,⁷⁴ temperature-dependent Raman spectroscopy^{10,75} and, theoretically using *ab initio* molecular dynamic simulations.⁷⁶ The much

larger and positive thermal expansion along the c axis results from the weak van der Waals forces that are acting along this crystallographic direction.

Black phosphorus

The relative temperature dependence of the unit-cell parameters and volume of bP obtained from Le Bail fitting⁷¹ is presented in Fig. 4. The evolution of the directional and volumetric thermal expansions from runs 1 and 2, obtained using two different experimental methods, are in excellent agreement. A linear regression is employed to determine the directional and volumetric thermal expansions in the 298–750 K temperature range. As reported in previous studies,⁵³ the sudden reduction of the Bragg reflection intensities (not shown here), followed by their complete disappearance, attests for the decomposition of bP at higher temperature. The obtained linear and volumetric thermal expansion coefficients are listed and compared with the literature data in Table 2.

The volumetric thermal expansion of bP obtained in this work is in excellent agreement with that reported by Henry *et al.*⁵³ and Rodrigues *et al.*⁵⁵ and in relatively good agreement with that reported by Faber *et al.*⁵⁴ As for this study, the employed experimental method in ref. 53–57 was *in situ* XRD (neutron powder diffraction was used in ref. 55). A good agreement is also found with the density-functional theory (DFT) calculations of Sansone *et al.*⁵⁸ However, strong deviations emerge with respect to the papers by Keyes *et al.*⁵⁷ and Riedner *et al.*⁵⁶ likely due to a much smaller set of collected data points in these studies.

As expected, the smallest directional thermal expansion is found in the (010) plane, along the zig-zag [100] and the armchair [001] directions, where the atoms form covalently-bonded puckered layers. By comparison, the crystallographic b direction, normal to the layers, exhibits a nearly twice as large thermal expansion value compared to the a and c directions (Table 2). This is consistent with the presence of weak van der Waals-type interlayer interactions only along the crystallographic b direction. As previously reported by Henry *et al.*,⁵³ we do not confirm the in-plane anisotropy suggested by the DFT calculations of Sansone *et al.*⁵⁸ In contrast with Henry *et al.*,⁵³ we did not observe a discontinuity in the slope of the linear expansion coefficients for the a and c parameters above 706 K. This could be due to the smaller temperature increment used in the present study which resulted in better data sampling and smaller error bars. The positive in-plane thermal expansion

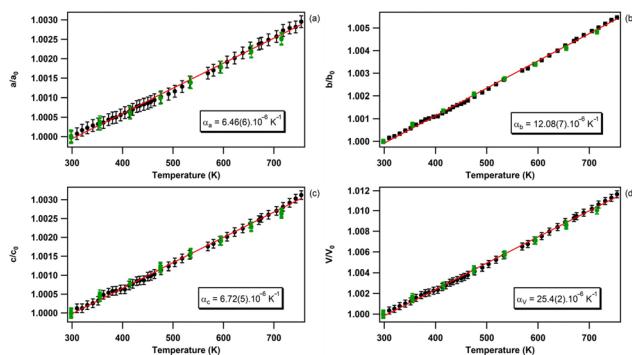


Fig. 4 Thermal expansion of lattice parameters [panels (a), (b) and (c)] and volume (d) of bP at ambient pressure with respect to the corresponding ambient T values (a_0 , b_0 , c_0 , V_0). Black and green circles correspond to data from run 1 and run 2 respectively.

Table 2 Volumetric and lattice thermal expansion coefficients of bP under ambient pressure from this work and the literature

Exp	T range (K)	α_a (10^{-6} K^{-1})	α_b (10^{-6} K^{-1})	α_c (10^{-6} K^{-1})	α_V (10^{-6} K^{-1})	Technique
This work	298–750	6.46(6)	12.08(7)	6.72(5)	25.4(2)	Powder XRD
Henry <i>et al.</i> ⁵³	300–706	6.4(1)	11.8(1)	6.5(2)	24.8(2)	Powder XRD
Faber <i>et al.</i> ⁵⁴	300–575	8(5)	11(2)	5(5)	22(12)	Powder XRD
Rodrigues <i>et al.</i> ⁵⁵	170–250	4.9(3)	11.7(4)	7.7(2)	24.5(3)	Neutron powder diffraction
Riedner <i>et al.</i> ⁵⁶	300–475	53(5)	10(2)	0(5)	63(12)	Single Crystal XRD
Keyes <i>et al.</i> ⁵⁷	300–700	22(2)	38(4)	39(4)	99(10)	Powder XRD
Sansone <i>et al.</i> ⁵⁸	300–600	1	11	8	20	DFT



sion of bulk bP is in good agreement with *ab initio* first-principles calculations performed for monolayer, bilayer, and trilayer phosphorene.⁷⁷ Indeed, it is reported that, at high temperatures, only the monolayer has negative thermal expansion, while the bilayer and trilayer systems exhibit positive thermal expansion.

Room temperature equations of state of hBN and bP

Hexagonal boron nitride

The pressure dependence of unit-cell parameters and volume of hBN from run 3 and literature are shown in Fig. 5.

As presented in Fig. 5a, the *a* lattice parameter of hBN presents a very small variation in the 0–10 GPa pressure range, only reduced by 0.7% of its initial value over the investigated pressure range. By contrast, we have measured a much larger reduction of 14% along the *c* axis (20 times larger) in the same pressure interval (Fig. 5b). The strong compressibility anisotropy can be clearly appreciated in Fig. 6a. This observation is consistent with the characteristic layered structure of the material featuring strong intra-plane covalent bonds and weak van der Waals inter-plane interactions.

The equation of state (EOS) parameters of hBN have been derived using the EoSFit program^{78,79} by fitting the experimental data using a third-order Birch–Murnaghan EOS⁸⁰ with the following expression:

$$P = \frac{3}{2} K_0 \left[\left(\frac{V}{V_0} \right)^{-7/3} - \left(\frac{V}{V_0} \right)^{-5/3} \right] \times \left\{ 1 + \frac{3}{4} (K'_0 - 4) \left[\left(\frac{V}{V_0} \right)^{-2/3} - 1 \right] \right\} \quad (4)$$

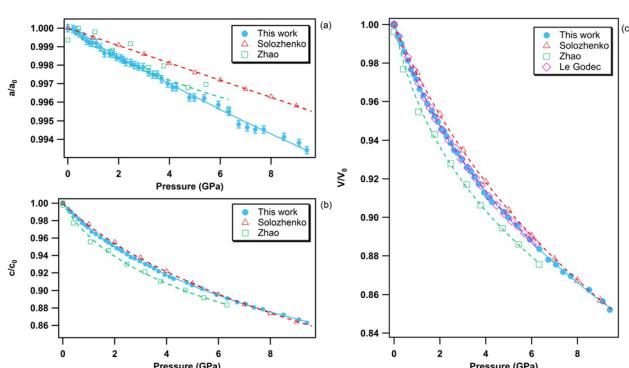


Fig. 5 Pressure evolution of the relative lattice parameters (a) a/a_0 and (b) c/c_0 and (c) relative volume v/v_0 of hBN in the 0–10 GPa pressure range at room temperature. The solid blue circles represent the data acquired in the present study upon compression. Empty symbols refer to the data reported in the literature. Red triangles: Solozhenko *et al.*,⁴¹ green squares: Zhao *et al.*,⁴² pink diamonds: Le Godec *et al.*⁵² The individual *a*- and *c*-axis data were fitted using a polynomial equation and the volume data using a third order Birch–Murnaghan equation of state.⁸⁰

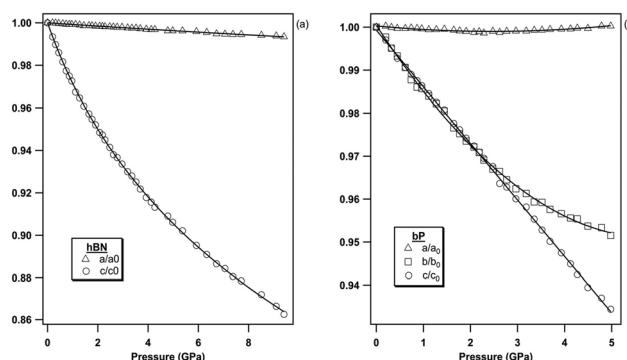


Fig. 6 Pressure evolution of the lattice parameters of (a) hBN and (b) bP, normalized to their ambient pressure values to highlight their anisotropic compressive behavior.

where P is the pressure, V_0 and V are the unit-cell volumes under ambient pressure and under pressure P , and K_0 and K'_0 are the bulk modulus and its first derivative under ambient pressure, respectively. The fitted EOS parameters are listed in Table 3 together with the available literature data. Polynomial regressions of the directional unit-cell parameters are presented in Table 4. The EOS parameters obtained in this study are in very good agreement with those reported by Le Godec *et al.*,⁵² in which, however, only the volumetric variations are reported, thus not allowing a direct comparison with the directional variations obtained in the present study. On the other hand, significant differences with the work of Solozhenko *et al.*⁴¹ and Zhao *et al.*⁴² are highlighted in Fig. 5. Specifically, along the *a*-axis, the scatter of data points is more pronounced in Zhao *et al.*,⁴² while a smaller slope of the linear variation is observed in Solozhenko *et al.*⁴¹ This is explained by the very small variation of the *a* parameter (0.7% over the investigated pressure range) which is at the sensitivity limit of the *in situ* XRD method employed in these studies. Moreover, in these works, a non-hydrostatic solid medium was used, which could potentially induce large pressure gradients. These in turn can lead to imprecise pressure and cell parameter determination. In the current study, helium was employed as the pressure-transmitting medium, thus ensuring perfect hydrostatic conditions. Along the *c*-axis, as the variations with pressure are much larger (14%), the relative difference between our data and those of the two literature studies is less pronounced.

Black phosphorus

The pressure variation of the relative lattice parameters and unit-cell volume of bP at ambient temperature are presented together with literature data in Fig. 7.

As hBN, bP exhibits a strong anisotropic behavior (see Fig. 6b). The *b* and *c* axes of the orthorhombic lattice reduce by approximately 5%, while the *a*-axis is nearly incompressible in the entire stability field of bP up to 5 GPa. Using *ab initio* DFT calculations, Appalakondaiah *et al.*⁴⁷ proposed an explanation for this mechanical behavior. Indeed, they showed that the elastic constant C_{11} is much larger than C_{22} and C_{33} (see

Table 3 Refined EOS parameters of hBN at room temperature from this work and the literature

Exp	P range (GPa)	V_0 (Å ³)	K_0 (GPa)	K'_0	Technique	EOS type
This work	0–9.5	36.18 ± 0.06	27.4 ± 0.9	11.4 ± 0.8	Powder XRD	3 rd order BM
Solozhenko <i>et al.</i> ⁴¹	0–12	36.17	36.7 ± 0.5	5.6 ± 0.2	Powder XRD	Murnaghan
Zhao <i>et al.</i> ⁴²	0–9.0	—	17.6 ± 0.8	19.5 ± 3.4	Powder XRD	3 rd order BM
Le Godec <i>et al.</i> ⁵²	0–6.7	—	27.6 ± 0.5	10.5 ± 0.5	Powder XRD	3 rd order BM

Table 4 Third order polynomial adjustment of the directional variation of the individual *a* and *c* axes of hBN. *A*, *B*, *C*, and *D* are the polynomial coefficients obtained from the fit

Axis	P range (GPa)	<i>A</i>	<i>B</i>	<i>C</i>	<i>D</i>	Technique	Polynomial fit
<i>a</i> axis	0–9.5	2.504[9]	−0.00081[2]	0.000012[2]	—	Powder XRD	2 nd order
<i>c</i> axis	0–9.5	6.661[5]	−0.0284[3]	0.0025[1]	0.000107[6]	Powder XRD	3 rd order

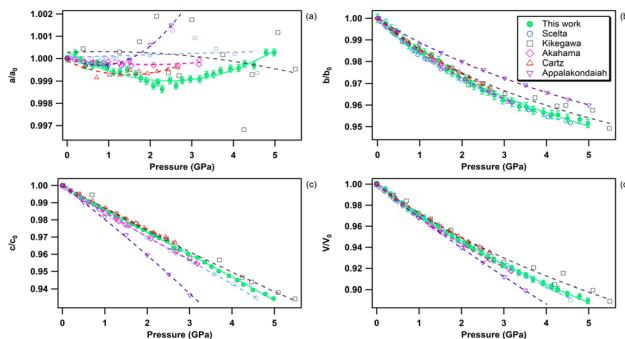


Fig. 7 Relative lattice parameters [panels (a), (b) and (c)] and unit-cell volume variation (d) of bP in the 0–5 GPa pressure range at room temperature. The solid green circles represent the data obtained in the present study. The empty symbols refer to the data reported in the literature. Blue circles: Scelta *et al.*,⁴³ black rectangles: Kikegawa *et al.*,⁴⁴ pink diamonds: Akahama *et al.*,⁴⁵ red upward triangles: Cartz *et al.*,⁴⁶ and violet downward triangles: Appalakondaiah *et al.*⁴⁷ The individual *a*, *b*- and *c*-axis data were fitted using a polynomial equation and the volume data using a third order Birch–Murnaghan equation of state.⁸⁰

ref. 47 for C_{ii} index correspondence with the crystallographic directions), which implies that bP is stiffer against deformation along the *a*-axis (in-plane zig-zag) than along the *b* (interlayer) and *c* (in-plane arm-chair) axes. Owing to the very small volume change along *a*, very accurate XRD measurements and perfect hydrostatic conditions are required for quantitative analysis. We were able to observe a shallow relative *a*-axis contraction of 10^{-3} (0.1%) between 0 and ~ 2.4 GPa, followed by an expansion of the same amount at higher pressure up to 5 GPa. As shown in Fig. 7, such behavior was not reported in previous experimental studies^{43–46} due to higher data point scattering, limited pressure range, or the presence of pressure gradients. It is also worth noting that, despite a significant difference in the absolute values, the DFT calculations in ref. 47 reproduce well the observed experimental trends under pressure. This behavior may be attributed to competitive effects between the layer puckering of the sheets and of the atomic repulsion.

The volumetric EOS and directional third-order polynomial parameters of bP are listed in Tables 5 and 6, respectively. As for hBN, a third-order Birch–Murnaghan EOS⁸⁰ was employed to fit the experimental volume data. Due to the quasi-incompressible nature of the *a*-axis, the obtained polynomial coefficients *B*, *C* and *D* are close to zero. As detailed below, this unique feature can be exploited for accurate *P*, *T* metrology. In agreement with previous studies,^{43–46} the *c* axis varies quasi-linearly with pressure, while the *b* axis presents a standard non-linear behaviour. With the exception of Kikegawa *et al.*,⁴⁴ the present volumetric EOS parameters V_0 , K_0 and K'_0 are in good agreement with those reported in the literature.

A7 phase of phosphorus

bP displays a series of pressure-induced first-order phase transitions.⁴³ As shown in Fig. 8, upon compression orthorhombic bP undergoes a first-order phase transition to the A7 rhombohedral form (space group $R\bar{3}m$). As previously reported,⁴³ the onset of this phase transformation is observed at ~ 5 GPa and is associated with a large volume contraction of 13% which corresponds to a major atomic rearrangement. This leads to the partial loss of the structural anisotropy of bP. The EOS parameters of the A7 phase of *P* are listed in Table 7 together with the literature data. Our results are in excellent agreement with those of Scelta *et al.*,⁴³ but strongly deviate from those reported by Kikegawa *et al.*⁴⁴ and Clark *et al.*⁸¹ This is again explained by the larger data point dispersion and the potential presence of significant pressure gradients as non-hydrostatic solid pressure media have been employed in these two studies. As mentioned earlier, helium was used as the pressure transmitting medium both in this study and that of Scelta *et al.*⁴³

Exploiting the anisotropic thermo-elastic properties of bP for simultaneous *P*, *T* determination

As shown by Crichton and Mezouar,⁸² it is possible to simultaneously determine the pressure and temperature from the



Table 5 Volumetric EOS parameters of bP at room temperature from this work and the literature

Exp	P range (GPa)	V_0 (Å ³)	K_0 (GPa)	K'_0	Technique	EOS type
This work	0–5	152.06 ± 0.16	29.8 ± 0.7	5.7 ± 0.5	Powder XRD	3 rd order BM
Scelta <i>et al.</i> ⁴³	0–5	151.28 ± 0.16	33.3 ± 1.3	3.1 ± 0.6	Powder XRD	Vinet
Kikegawa <i>et al.</i> ⁴⁴	0–5	151.2 ± 4.8	36 ± 2	4.5 ± 0.5	Powder XRD	Murnaghan
Akahama <i>et al.</i> ^{45a}	0–3.2	151.94 ± 0.02	29.1 ± 0.2	5.7 ± 0.2	Powder XRD	3 rd order BM
Cartz <i>et al.</i> ^{46a}	0–2.7	151.80 ± 0.17	32.8 ± 2.3	5.8 ± 1.9	Powder XRD	3 rd order BM
Appalakondaiah <i>et al.</i> ⁴⁷	0–5	151.3	30.7	—	DFT	—

^a These parameters have been calculated from the data provided in the literature.

Table 6 Lattice parameter evolution of bP with pressure. A, B, C, and D are the polynomial coefficients obtained in the linear (c axis) and third-order (a and b axes) adjustments

Axis	P range (GPa)	A	B	C	D	Technique	Polynomial fit
a-axis	0–5	3.314[1]	−0.0009[2]	0.00014[8]	0.000009[11]	Powder XRD	3 rd order
b-axis	0–5	10.48[1]	−0.0163[6]	0.0012[3]	0.00003[4]	Powder XRD	3 rd order
c-axis	0–5	4.375[2]	−0.01315[6]	—	—	Powder XRD	Linear

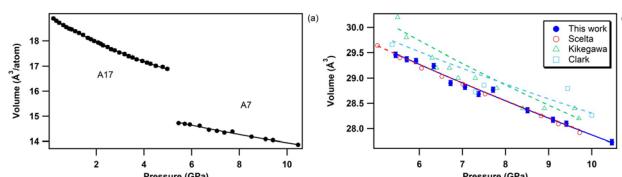


Fig. 8 (a) Equation of state of bP at room temperature across the orthorhombic to rhombohedral (A7) first-order phase transition, observed at 5 GPa. (b) Unit-cell volume evolution of A7 rhombohedral P in the 5–10.5 GPa pressure range at room temperature. The solid blue circles represent the data acquired in the present study. The empty symbols refer to the data reported by Scelta *et al.*⁴³ (red circles), Kikegawa *et al.*⁴⁴ (green upward triangles) and Clark *et al.*⁸¹ (blue squares). The corresponding EOS fits are represented by lines.

thermal equations of state of two materials subjected to the same P , T conditions. This method is commonly used for P , T metrology in large volume presses. Its precision depends on the contrast between the thermoelastic parameters (bulk modulus K_0 and thermal expansion α) of the two materials. For example, NaCl and Au are good material choices because NaCl is much more compressible than Au, but has a much lower thermal expansion coefficient. In principle, this method could be applied to a single material with highly anisotropic thermo-elastic properties that could be used as a sensor for both P and T variables. As shown in Fig. 9, bP is an excellent candidate material for this type of application. Indeed, as discussed above, it is quasi-incompressible in one direction

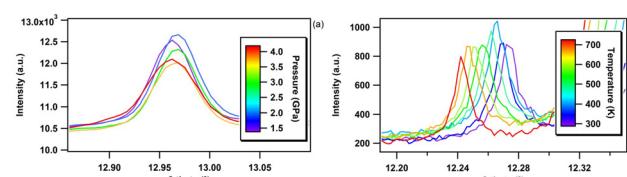


Fig. 9 (a) Pressure evolution of the position of the (200) reflection of bP at ambient temperature showing no pressure shift due to compression along the a -axis. (b) Temperature evolution of the (200) reflection of bP under ambient pressure.

(Fig. 7a) and has a high linear thermal expansion coefficient ($\alpha_a = 6.46(6) \cdot 10^{-6} \text{ K}^{-1}$) along the a -axis (Fig. 4a and Table 2). This unique property allows the simultaneous determination of P and T with a good precision.

Indeed, this remarkable feature makes bP the only known material that can be employed as a simultaneous P , T sensor. In practice, its a lattice parameter can be determined, for instance, from the (200) Bragg reflection, while the temperature can then be derived using the linear T dependence of a using the equation:

$$T(K) = \frac{a/a_0 - 1}{\alpha_a} + 300 = \frac{a/a_0 - 1}{6.46 \times 10^{-6}} + 300 \quad (5)$$

where a and a_0 are the values of the a lattice parameter at a given pressure and temperature and under ambient con-

Table 7 Volumetric EOS parameters of rhombohedral A7 phosphorus at room temperature from this work and the literature

Exp	P range (GPa)	V_0 (Å ³ per atom)	K_0 (GPa)	K'_0	Technique
This work	5–10.5	15.92 ± 0.06	64.8 ± 2.8	2.4 ± 0.4	Powder XRD
Scelta <i>et al.</i> ⁴³	5–10	15.88 ± 0.02	68 ± 2	1.9 ± 0.3	Powder XRD
Kikegawa <i>et al.</i> ⁴⁴	5.5–9.7	16.6 ± 0.2	46 ± 4	3.0 ± 0.6	Powder XRD
Clark <i>et al.</i> ⁸¹	3–10	15.97 ± 0.02	65.0 ± 0.6	—	Powder XRD

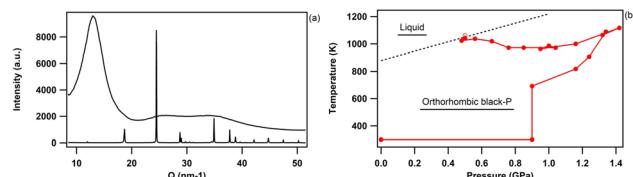


Fig. 10 Determination of a melting point of bP using the anisotropic thermo-elastic properties of bP. (a) Melting criteria: at the melting point, the Bragg reflections of bP disappear (bottom XRD pattern) and a liquid diffuse signal appears (upper XRD pattern). (b) The P , T pathway of the XRD data collection. Solid red circles indicate crystalline bP, while the empty red circle indicates the liquid state. The dotted line represents the melting line of bP.

ditions, respectively and α_a is the directional thermal expansion coefficient of bP along the a axis (Fig. 4a and Table 2).

The pressure can then be derived from the third-order Birch–Murnaghan equation of state⁸⁰ of bP (eqn (4) and Table 5). The precision of this method is ± 15 K and ± 0.1 GPa, which is sufficient for the determination of phase diagrams in the P , T range up to 5 GPa and 1700 K.

An example of application that aimed at determining a melting point of bP under pressure using the Paris–Edinburgh (PE) press^{63,64} is presented in Fig. 10. The PE press can generate pressures and temperatures in excess of 10 GPa and 2500 K and is ideally suited to determine P , T phase diagrams using *in situ* XRD. As shown in Fig. 10 (left panel), the melting of bP is clearly evidenced by the disappearance of the XRD reflections and appearance of a broad diffuse X-ray scattering signal associated with the loss of the crystalline order. Thanks to the established metrology, the P , T pathway in the phase diagram of bP and position of a melting point have been determined with a precision of ± 15 K at 0.5 GPa. More details about this work will be presented in a future publication.

Conclusions

In this study, we employed *in situ* high-resolution X-ray diffraction to accurately determine the equations of state parameters, as well as the volumetric and directional thermal expansion coefficients, of hexagonal boron nitride (hBN) and black phosphorus (bP). Our investigation focused on the precise characterization of the non-linear variations of the unit-cell parameters of these 2D materials at different temperatures and pressures. In particular, small in-plane P and T unit cell variations were determined with unparalleled accuracy. These materials possess anisotropic properties due to their layered structure, making them relevant for various energy and technology applications. Our findings offer detailed insights into the structural behavior of hBN and bP at the nanoscale level under high-pressure and temperature conditions achievable with current industrial technology. Consequently, this information contributes to a better understanding and enhancement of the synthesis, stability, and application of these 2D nanostructured materials. Moreover, our data serve

as a valuable experimental reference to refine theoretical calculations and gain a deeper understanding of the two-dimensional interactions present in these materials. Finally, we propose a novel method for high-pressure and high-temperature metrology, utilizing the highly anisotropic directional thermoelastic properties of bP. The high accuracy of this method is due to the high sensitivity of the pressure response of bP along the inter-plane crystallographic direction. This innovative approach could be advantageous for large volume press or diamond anvil cell experiments conducted within the low-pressure, high-temperature regime. The exceptional characteristics of bP enable its utilization as a single sensor for simultaneous determination of pressure and temperature through XRD analysis.

Author contributions

The original idea was defined by M. M. Runs 1 and 2 were performed by H. M., G. G., T. P., M. C., M. S. R. and M. M. with equal contributions. Run 3 was performed by H. M., T. P., G. C., M. C. and M. S. R with equal contributions. The data were analysed and the figures were produced by H. M. with contributions from all the co-authors. The manuscript was written by M. M., H.M., F. D. and M. C. with contributions from all the co-authors.

Conflicts of interest

There are no conflicts to declare.

Acknowledgements

Thanks are expressed to EC through the European Research Council (ERC) for funding the project PHOSFUN “Phosphorene functionalization: a new platform for advanced multifunctional materials” (Grant Agreement No. 670173) through an ERC Advanced Grant. Thanks are expressed also to the projects “GreenPhos – alta pressione” (CNR), “CHEMPRESS” (CNR), “SiPHOS” (CNR), HP-PHOTOCHEM (Cassa di Risparmio di Firenze) and PRIN 2017 KFY7XF FERMAT “FastElectRon dynamics in novel hybrid-2D MATerials” (MUR). The authors also acknowledge the European Synchrotron Radiation Facility for provision of synchrotron beamtime at the beamline ID27 and the Agence Nationale de la Recherche for financial support under Grant No. ANR-21-CE30-0032-01 (LILI).

References

- 1 C. Gautam and S. Chelliah, Methods of hexagonal boron nitride exfoliation and its functionalization: covalent and non-covalent approaches, *RSC Adv.*, 2021, **11**, 31284–31327.



2 M. Peruzzini, *et al.*, A perspective on recent advances in phosphorene functionalization and its applications in devices, *Eur. J. Inorg. Chem.*, 2019, **11–12**, 1476–1494.

3 P. Chaikin and T. Lubensky, *Principle of Condensed Matter Physics*, Cambridge University Press, Cambridge, England, 1995.

4 P. Hohenberg and W. Kohn, Inhomogeneous electron gas, *Phys. Rev.*, 1964, **136**, B864.

5 W. Kohn, Nobel lecture: Electronic structure of matter-wave functions and density functionals, *Rev. Mod. Phys.*, 1999, **71**, 1253.

6 B. Mortazavi, E. V. Podryabinkin, I. S. Novikov, T. Rabczuk, X. Zhuang and A. V. Shapeev, Accelerating first-principles estimation of thermal conductivity by machine-learning interatomic potentials: A MTP/ShengBTE solution, *Comput. Phys. Commun.*, 2021, **258**, 107583.

7 Y. Cheng, X. Wu, Z. Zhang, Y. Sun, Y. Zhao, Y. Zhang and G. Zhang, Thermo-mechanical correlation in two-dimensional materials, *Nanoscale*, 2021, **13**, 1425–1442.

8 J. D. Bernal, The structure of graphite, *Proc. R. Soc. London, Ser. A*, 1924, **106**, 749–773.

9 R. S. Pease, Crystal structure of boron nitride, *Nature*, 1950, **165**, 722–723.

10 Q. Cai, W. Gan, A. Falin, S. Zhang, K. Watanabe, T. Taniguchi, Y. Chen, E. J. G. Santos and L. H. Li, High thermal conductivity of high-quality monolayer boron nitride and its thermal expansion, *Sci. Adv.*, 2019, **5**, 0129.

11 R. Nikbakht and B. Jodoin, Thick Cu-hBN Coatings Using Pulsed Gas Dynamic Spray Process: Coating Formation Analysis and Characterization, *J. Therm. Spray Technol.*, 2022, **31**, 609–622.

12 C. R. Dean, A. F. Young, I. Meric, C. Lee, L. Wang, S. Sorgenfrei, K. Watanabe, T. Taniguchi, P. Kim, K. L. Shepard and J. Hone, Boron nitride substrates for high-quality graphene electronics, *Nat. Nanotechnol.*, 2010, **5**, 722–726.

13 A. S. Mayorov, R. V. Gorbachev, S. V. Morozov, L. Britnell, R. Jalil, L. A. Ponomarenko, P. Blake, K. S. Novoselov, K. Watanabe, T. Taniguchi and A. K. Geim, Micrometer-Scale Ballistic Transport in Encapsulated Graphene at Room Temperature, *Nano Lett.*, 2011, **11**(6), 2396–2399.

14 A. K. Geim and I. V. Grigorieva, van der Waals heterostructures, *Nature*, 2013, **499**, 419–425.

15 L. H. Li, J. Cervenka, K. Watanabe, T. Taniguchi and Y. Chen, Strong oxidation resistance of atomically thin boron nitride nanosheets, *ACS Nano*, 2014, **8**, 1457–1462.

16 A. Kovalčíková, J. Balko, C. Balázsi, P. Hvizdoš and J. Dusza, Influence of hBN content on mechanical and tribological properties of Si_3N_4 /BN ceramic composites, *J. Eur. Ceram. Soc.*, 2014, **34**(14), 3319–3328.

17 L. Wang, Y. Bai, Z. Ma, C. Ge, H. Guan and X. Zhang, Tribological performances of hexagonal boron nitride nanosheets via surface modification with silane coupling agent, *SN Appl. Sci.*, 2021, **3**, 368.

18 P. Madhukar, N. Selvaraj, C. S. P. Rao and G. B. Veeresh Kumar, Tribological behavior of ultrasonic assisted double stir casted novel nano-composite material (AA7150-hBN) using Taguchi technique, *Composites, Part B*, 2019, **175**, 107136.

19 D. Berman, A. Erdemir and A. V. Sumant, Approaches for achieving superlubricity in two-dimensional materials, *ACS Nano*, 2018, **12**(3), 2122–2137.

20 R. Zhang, Q. Ding, S. Zhang, Q. Niu, J. Ye and L. Hu, Construction of a continuously layered structure of hBN nanosheets in the liquid phase via sonication-induced gelation to achieve low friction and wear, *Nanoscale*, 2019, **11**, 12553–12562.

21 O. Popov, V. Vishnyakov, L. Fleming, M. Podgurskiy and L. Blunt, Reaction Sintering of Biocompatible Al_2O_3 -hBN Ceramics, *ACS Omega*, 2022, **7**(2), 2205–2209.

22 J. W. Mellor, *A Comprehensive Treatise on Inorganic and Theoretical Chemistry*, 1922, vol. VIII, pp. 744–754.

23 D. Corbridge, *Phosphorus: Chemistry, Biochemistry and Technology*, Taylor and Francis, New York, 6th edn, 2013.

24 P. W. Bridgman, Two new modifications of phosphorus, *J. Am. Chem. Soc.*, 1914, **36**(7), 1344–1363.

25 L. Li, Y. Yu, G. J. Ye, Q. Ge, X. Ou, H. Wu, D. Feng, X. H. Chen and Y. Zhang, Black phosphorus field-effect transistors, *Nat. Nanotechnol.*, 2014, **9**, 372–377.

26 H. Liu, A. T. Neal, Z. Zhu, Z. Luo, X. Xu, D. Tománek and P. D. Ye, Phosphorene: an unexplored 2D semiconductor with a high role mobility, *ACS Nano*, 2014, **8**, 4033–4041.

27 Y. Du, J. Maassen, W. Wu, Z. Luo, X. Xu and P. D. Ye, Auxetic black phosphorus: A 2D material with negative Poisson's ratio, *Nano Lett.*, 2016, **16**, 6701–6708.

28 J. W. Jiang, T. Rabczuk and H. S. Park, A Stillinger-Weber potential for single-layered black phosphorus, and the importance of cross-pucker interactions for a negative Poisson's ratio and edge stress-induced bending, *Nanoscale*, 2015, **7**, 6059–6068.

29 L. Vaquero-Garzon, R. Frisenda and A. Castellanos-Gomez, Anisotropic buckling of few-layer black phosphorus, *Nanoscale*, 2019, **11**, 12080–12086.

30 K. S. Novoselov, A. K. Geim, S. V. Morozov, D. Jiang, Y. Zhang, S. V. Dubonos, I. V. Grigorieva and A. A. Firsov, Electric field effect in atomically thin carbon films, *Science*, 2004, **306**, 666–669.

31 Q. H. Wang, K. Kalantar-Zadeh, A. Kis, J. N. Coleman and M. S. Strano, Electronics and optoelectronics of two-dimensional transition metal dichalcogenides, *Nat. Nanotechnol.*, 2012, **7**, 699–712.

32 H. Asahina and A. Morita, Band structure and optical properties of black phosphorus, *J. Phys. C: Solid State Phys.*, 1984, **17**, 1839–1852.

33 A. S. Rodin, A. Carvalho and A. H. Castro Neto, Strain-induced gap modification in black phosphorus, *Phys. Rev. Lett.*, 2014, **112**, 176801.

34 X. Ling, H. Wang, S. Huang, F. Xia and M. S. Dresselhaus, The renaissance of black phosphorus, *Proc. Natl. Acad. Sci. U. S. A.*, 2015, **112**, 4523–4530.



35 J. Lu, J. Yang, A. Carvalho, H. Liu, Y. Lu and C. H. Sow, Light-matter interactions in Phosphorene, *Acc. Chem. Res.*, 2016, **49**, 1806–1815.

36 D. Yuan, Y. Dou, Z. Wu, Y. Tian, K.-H. Ye, Z. Lin, S. X. Dou and S. Zhang, Atomically Thin Materials for Next-Generation Rechargeable Batteries, *Chem. Rev.*, 2022, **122**(1), 957–999.

37 K. Khan, A. K. Tareen, M. Iqbal, Z. Ye, Z. Xie, A. Mahmood, N. Mahmood and H. Zhang, Recent Progress in Emerging Novel MXenes Based Materials and their Fascinating Sensing Applications, *Small*, 2023, **19**, 2206147.

38 A. Yang, D. Wang, X. Wang, D. Zhang, N. Koratkar and M. Rong, Recent advances in phosphorene as a sensing material, *Nano Today*, 2018, **20**, 13–32.

39 C. X. Wang, C. Zhang, J. W. Jiang and T. Rabczuk, The effects of vacancy and oxidation on black phosphorus nanoresonators, *Nanotechnology*, 2017, **28**, 135202.

40 X. Yu, W. Liang, C. Xing, K. Chen, J. Chen, W. Huang, N. Xie, M. Qiu, X. Yan, Z. Xie and H. Zhang, Emerging 2D pnictogens for catalytic applications: status and challenges, *J. Mater. Chem. A*, 2020, **8**, 12887–12927.

41 V. L. Solozhenko, G. Will and F. Elf, Isothermal compression of hexagonal graphite-like boron nitride up to 12 GPa, *Solid State Commun.*, 1995, **96**, 1–3.

42 Y. Zhao, R. B. Von Dreele, D. J. Weidner and D. Schiferl, P-V-T Data of hexagonal boron nitride h BN and determination of pressure and temperature using thermoelastic equations of state of multiple phases, *High Pressure Res.*, 1997, **15**, 369–386.

43 D. Scelta, A. Baldassarre, M. Serrano-Ruiz, K. Dziubek, A. B. Cairns, M. Peruzzini, R. Bini and M. Ceppatelli, The p-sc structure in phosphorus: bringing order to the high pressure phases of group 15 elements, *Chem. Commun.*, 2018, **54**, 10554–10557.

44 T. Kikegawa and H. Iwasaki, An X-ray diffraction study of lattice compression and phase transition of crystalline phosphorus, *Acta Crystallogr.*, 1983, **B39**, 158–164.

45 Y. Akahama, M. Miyakawa, T. Taniguchi, A. Sano-Furukawa, S. Machida and T. Hattori, Structure refinement of black phosphorus under high pressure, *J. Chem. Phys.*, 2020, **153**, 014704.

46 L. Cartz, S. R. Srinivasa, R. J. Riedner, J. D. Jorgensen and T. G. Worlton, Effect of pressure on bonding in black phosphorus, *J. Chem. Phys.*, 1979, **71**, 1718.

47 S. Appalakondaiah, G. Vaitheswaran, S. Lebègue, N. E. Christensen and A. Svane, Effect of van der Waals interactions on the structural and elastic properties of black phosphorus, *Phys. Rev. B: Condens. Matter Mater. Phys.*, 2012, **86**, 035105.

48 R. S. Pease, An X-ray study of boron nitride, *Acta Crystallogr.*, 1952, **5**, 356–361.

49 W. Paszkowicz, J. B. Pelka, M. Knapp, T. Szyszko and S. Podsiadlo, Lattice parameters and anisotropic thermal expansion of hexagonal boron nitride in the 10–297.5 K temperature range, *Appl. Phys. A*, 2002, **75**, 431–435.

50 V. L. Solozhenko and T. Peun, Compression and thermal expansion of hexagonal graphite-like boron nitride up to 7 GPa and 1800 K, *J. Phys. Chem. Solids*, 1997, **58**(9), 1321–1323.

51 B. Yates, M. J. Overy and O. Pirgon, The anisotropic thermal expansion of boron nitride, *Philos. Mag.*, 1975, **32**(4), 847–857.

52 Y. Le Godec, D. Martinez-Garcia, M. Mezouar, G. Syfosse, J.-P. Itié and J.-M. Besson, Thermoelastic behavior of hexagonal graphite-like boron nitride, *High Pressure Res.*, 2000, **17**(1), 35–46.

53 L. Henry, V. Svitlyk, M. Mezouar, D. Sifré, G. Garbarino, M. Ceppatelli, M. Serrano-Ruiz, M. Peruzzini and F. Datchi, Anisotropic thermal expansion of black phosphorus from nanoscale dynamics of Phosphorene layers, *Nanoscale*, 2020, **12**, 4491–4497.

54 In ref. 52 this work is reported as “Private Communication” by J. Faber. To our knowledge, this study was never published.

55 J. E. F. S. Rodrigues, J. Gainza, F. Serrano-Sánchez, C. López, O. J. Dura, N. Nemes, J. L. Martinez, Y. Huttel, F. Fauth, M. T. Fernández-Díaz, N. Biškup and J. A. Alonso, Structural features, anisotropic thermal expansion, and thermoelectric performance in bulk black phosphorus synthesized under high pressure, *Inorg. Chem.*, 2020, **59**(20), 14932–14943.

56 R. Riedner, S. R. Srinivasa, L. Cartz, T. G. Worlton, R. Klinger and R. Beyerlein, Anisotropic thermal expansion and compressibility of black phosphorus, *AIP Conf. Proc.*, 1974, **17**, 8–20.

57 R. W. Keyes, The electrical properties of black phosphorus, *Phys. Rev.*, 1953, **92**, 580.

58 G. Sansone, A. J. Karttunen, D. Usyat, M. Schütz, J. G. Brandenburg and L. Maschio, On the exfoliation and anisotropic thermal expansion of black phosphorus, *Chem. Commun.*, 2018, **54**(70), 9793–9796.

59 M. Serrano-Ruiz, M. Caporali, A. Ienco, V. Piazza, S. Heun and M. Peruzzini, The role of water in the preparation and stabilization of high-quality phosphorene flakes, *Adv. Mater. Interfaces*, 2016, **3**, 1500441.

60 T. Poręba, D. Comboni, M. Mezouar, G. Garbarino and M. Hanfland, Tracking structural phase transitions via single crystal X-ray diffraction at extreme conditions: advantages of extremely brilliant source, *J. Phys.: Condens. Matter*, 2022, **35**, 054001.

61 A. Fitch, C. Dejoie, E. Covacci, G. Confalonier, O. Grendal, L. Claustre, P. Guillou, J. Kieffer, W. de Nolf, S. Petitdemange, M. Ruat and Y. Watier, ID22 - the high-resolution powder-diffraction beamline at ESRF, *J. Synchrotron Radiat.*, 2023, **30**, 1003–1012.

62 C. Dejoie, M. Coduri, S. Petitdemange, C. Giacobbe, E. Covacci, O. Grimaldi, P.-O. Autran, M. W. Mogodi, D. Š. Jung and A. N. Fitch, Combining a nine-crystal multi-analyser stage with a two-dimensional detector for high-resolution powder X-ray diffraction, *J. Appl. Crystallogr.*, 2018, **51**, 1721–1733.



63 J. M. Besson, G. Hamel, P. Grima, R. J. Nelmes, J. S. Loveday, S. Hull and D. Häusermann, A Large Volume Pressure Cell for High Temperatures, *High Pressure Res.*, 1992, **8**, 625.

64 S. Klotz, Th. Strässle, G. Rousse, G. Hamel and V. Pomjakushin, Angle-dispersive neutron diffraction under high pressure to 10 GPa, *Appl. Phys. Lett.*, 2005, **86**, 031917.

65 G. Morard, M. Mezouar, N. Rey, R. Poloni, A. Merlen, S. Le Floch, P. Toulemonde, S. Pasquarelli, A. San Miguel, C. Sanloup and G. Fiquet, Optimization of Paris-Edinburgh press cell assemblies for in situ monochromatic X-ray diffraction and X-ray absorption, *High Pressure Res.*, 2007, **27**, 223.

66 M. Mezouar, T. Le Bihan, H. Libotte, Y. Le Godec and D. Häusermann, Paris-Edinburgh large-volume cell coupled with a fast imaging-plate system for structural investigation at high pressure and high temperature, *J. Synchrotron Radiat.*, 1999, **6**, 1115.

67 G. Morard, M. Mezouar, S. Bauchau, M. Álvarez-Murga, J.-L. Hodeau and G. Garbarino, High efficiency multi-channel collimator for structural studies of liquids and low-Z materials at high pressures and temperatures, *Rev. Sci. Instrum.*, 2011, **82**, 023904.

68 G. Ashiotis, A. Deschildre, Z. Nawaz, J. P. Wright, D. Karkoulis, F. E. Picca and J. Kieffer, The fast azimuthal integration Python library: pyFAI, *J. Appl. Crystallogr.*, 2015, **48**, 510–519.

69 C. Prescher and V. B. Prakapenka, DIOPTAS: A program for reduction of two-dimensional X-ray diffraction data and data exploration, *High Pressure Res.*, 2015, **35**, 223–230.

70 B. H. Toby, EXPGUI, a graphical user interface for GSAS, *J. Appl. Crystallogr.*, 2001, **34**, 210–213.

71 A. Le Bail, H. Duroy and J. L. Fourquet, *Ab initio* structure determination of LiSbWO₆ by X-ray powder diffraction, *Mater. Res. Bull.*, 1988, **23**, 447–452.

72 R. Letollec, J. P. Pinceaux and P. Loubeyre, The membrane diamond anvil cell: A new device for generating continuous pressure and temperature variations, *High Pressure Res.*, 1988, **1**, 77–90.

73 G. Shen, Y. Wang, A. Dewaele, C. Wu, D. E. Fratanduono, J. Eggert, S. Klotz, K. F. Dziuket, P. Loubeyre, O. V. Fat'yanov, P. D. Asimow, T. Mashimo, R. M. M. Wentzcovitch and members of the IPPS task group, Toward an international practical pressure scale: A proposal for an IPPS ruby gauge (IPPS-Ruby2020), *High Pressure Res.*, 2020, **40**(3), 299–314.

74 M. A. Kriegel, K. M. Omambac, S. Franzka, F. J. Meyer zu Heringdorf and M. Horn-von Hoegen, Incommensurability and negative thermal expansion of single layer hexagonal boron nitride, *Appl. Surf. Sci.*, 2023, **624**, 157156.

75 Q. Cai, E. Janzen, J. H. Edgar, W. Gan, S. Zhang, E. J. G. Santos and L. H. Li, Isotope effect on the thermal expansion coefficient of atomically thin boron nitride, *2D Mater.*, 2021, **8**, 34006.

76 S. Thomas, K. M. Ajith, S. Chandra and M. C. Valsakumar, Temperature dependent structural properties and bending rigidity of pristine and defective hexagonal boron nitride, *J. Phys.: Condens. Matter*, 2015, **27**, 315302.

77 G. Liu, H. Wang and G. L. Li, Layer effect on thermal expansion in blue phosphorene monolayer and few-layer, *Phys. Lett. A*, 2021, **419**, 127726.

78 R. J. Angel, J. Gonzalez-Platas and M. Alvaro, EosFit7c and a Fortran module (library) for equation of state calculations, *Z. Kristallogr. – Cryst. Mater.*, 2014, **229**, 405–419.

79 J. Gonzalez-Platas, M. Alvaro, F. Nestola and R. J. Angel, EosFit7-GUI: A new graphical user interface for equation of state calculations, analyses and teaching, *J. Appl. Crystallogr.*, 2016, **49**, 1377–1382.

80 F. Birch, Finite Elastic Strain of Cubic Crystals, *Phys. Rev.*, 1947, **71**, 809–824.

81 S. M. Clark and J. M. Zaug, Compressibility of cubic white, orthorhombic black, rhombohedral black, and simple cubic black phosphorus, *Phys. Rev. B: Condens. Matter Mater. Phys.*, 2010, **82**, 134111.

82 W. A. Crichton and M. Mezouar, Noninvasive pressure and temperature estimation in large-volume apparatus by equation-of-state cross-calibration, *High Temp. – High Pressures*, 2002, **34**, 235–242.

