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Fast proton transport enables the magnetic relaxation response of graphene quantum dots for monitoring the oxidative environment *in vivo*†

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A magnetic relaxation switch (MRS) that targets small molecules such as H₂O₂ is difficult to realize because of the small size of the targets, which cannot gather enough MRS probes to form aggregates and generate a difference in magnetic relaxation times. Therefore, the development of small molecule-targeted MRS is strongly dependent on changes in the interfacial structure of the probe, which modulates the proton transport behavior near the probe. Herein, functionalized graphene quantum dots (GQDs) consisting of GQDs with disulfide bonds, polyethylene glycol (PEG), and paramagnetic Gd³⁺ were used as the MRS probe to sense H₂O₂. The structure of GQDs changed after reacting with H₂O₂. The PEG assembled a tube for transmitting changes in GQDs *via* proton transport and thus enabled the magnetic relaxation response of the probe towards H₂O₂. Pentaethylene glycol was experimentally and theoretically proven to have the strongest ability to transport protons. Such a probe can be applied in the differentiation of healthy and senescent cells/tissues using *in vitro* fluorescent imaging and *in vivo* magnetic resonance imaging. This work provides a reliable solution for building a proton transport route, which not only enables the response of the MRS probe towards the targets but also demonstrates the design of carbon nanostructures with proton transport behaviors.

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Introduction

The use of a magnetic relaxation switch (MRS) belongs to a class of sensing techniques based on changes in magnetic relaxation times with and without target molecules.^{1–3} Compared to sensing techniques employing optical or electrical signals,^{4,5} MRS is advantageous in avoiding signal interfaces caused by the turbidity and background of the testing sample. In MRS, the technique used to record the signal is

usually nuclear magnetic resonance (NMR) relaxometry, wherein the magnetic probe is taken as the basis to convert interactions among target molecules; moreover, it probes the changes in magnetic relaxation times.^{6,7} Therefore, the development of a target-specific, highly sensitive MRS probe is important for the future development of MRS technology.^{8–10}

According to the Solomon–Bloembergen–Morgan (SBM) theory that describes the magnetic relaxation of paramagnetic molecules,¹¹ the magnetic relaxation of paramagnetic molecules is governed by the rotational dynamics of the nanoparticles (τ_R), the number of water molecules in the inner-coordination sphere (q), and the kinetics of water exchange ($1/\tau_m$). Therefore, the sensing mechanism and the design of the MRS probe can be classified into two categories:

(I) Changing the state of aggregation of the MRS probe.^{8,12–15} The probe usually exhibits different aggregation states before and after interacting with the targets; the τ_R of the probe is different because of the size change of the probe, which leads to the change in magnetic relaxation time. Using this mechanism, the MRS probe can be designed to generate aggregation. Typically, antibodies are used to form the MRS probe, which specifically bind with the biomarkers and aggregate on the surface of target molecules. However, such a strategy is limited to designing MRS targets for small molecules

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(e.g., ions, anions, and H_2O_2) because of their poor aggregation capacity.

(II) Changing the interfacial properties of the MRS probe.^{16,17} The probe undergoes changes in the interfacial structure before and after contact with the targets, resulting in different proton transport behaviors near the probe. The proton transport behavior can be ascribed to q and $1/\tau_m$, both of which affect the magnetic relaxation time. This approach can be thus utilized to sense the small molecules that bring changes to the interfacial structures of the probe. Once the change in the interfacial properties of the MRS probe is no longer adequate to generate a strong change in the magnetic relaxation time, MRS will exhibit poor sensitivity. Therefore, enlarging the difference in proton transport of the MRS probe and the magnetic relaxation time are important to enhancing the sensitivity of MRS, which can be developed by modulating the structure of the MRS probe.

In this work, an antibody-free probe comprising graphene quantum dots (GQDs) and polyethylene glycol (PEG) was developed for MRS use based on the modulation of proton transport near paramagnetic nanoparticles. In the probe, GQDs were designed to change the structure specifically when sensing the oxidative environment. PEG was chosen to transmit the change in GQDs to the paramagnetic center (Gd^{3+}) and then regulate the proton transport near Gd^{3+} . Such a hybrid structure can achieve both fluorescence and magnetic relaxation responses when reacting with oxidative species (H_2O_2). The disulfide bonds in GQDs can be oxidized to form sulfoxide/sulfone structures, resulting in the suppression of fluorescent intensity. Moreover, PEG transmits the structural change in GQDs to the microenvironment of Gd^{3+} and provides a proton-transport tube, which leads to a decrease in the magnetic relaxation time. Based on differences between healthy and senescent cells/tissues, *in vitro* fluorescence experiments that differentiated healthy and senescent cells and *in vivo* MRI scanning that brought improved contrast were conducted.



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Results and discussion

Design, characterization, and optimization of SGQDs

GQDs are zero-dimensional carbon materials at the nanometre scale.¹⁸ In the “bottom-up” synthesis of GQDs, their structures can be easily modulated by selecting factors such as the precursors, synthesis route, and after treatment.¹⁹ Disulfide bonds ($-\text{S}-\text{S}-$) widely exist in proteins, which are sensitive to the oxidative environment.²⁰ With the tunable structures of GQDs and oxidation-sensitive disulfide bonds, GQDs with disulfide bonds (SGQDs) were synthesized using L-cysteine as the precursor (Fig. S1a†).

Fig. S1b† shows the morphological image of SGQDs captured using transmission electron microscopy (TEM) with an average diameter of 8.89 nm (Fig. S1c†). Fig. S1d† reveals that the lattice spacing of SGQDs is 0.21 nm, corresponding to the [1120] lattice fringes of graphene. In the high-resolution TEM and the corresponding spherical aberration-corrected high-angle annular dark-field (HAADF) scanning TEM (STEM) images of SGQDs (Fig. 1a and b), the typical honeycomb structure and the presence of S atoms can be observed. Moreover, the height of the SGQDs, as evinced by atomic force microscopy (AFM), is 2 to 6 nm, corresponding to 6–18 graphene layers (Fig. 1c and d). The X-ray photoelectron spectroscopy (XPS) spectrum of SGQDs (Fig. S2†) indicates the elements in SGQDs are C, N, O, and S. Fig. 1e and f show the XPS C 1s and S 2p spectra of SGQDs, respectively. Peaks located at 284.69, 285.67, and 288.70 eV can be assigned to C-C/C=C, C-N/C-S, and C=O bonds, respectively, whereas peaks at 163.34, 164.14, 167.98, and 168.50 eV can be assigned to the $-\text{SH}$ (47.21%), $-\text{S}-\text{S}-$ (35.23%), $-\text{S}-\text{O}-$ (12.64%), and $-\text{S}=\text{O}$ (4.92%) bonds, respectively.

The SGQDs were synthesized by a hydrothermal treatment. The time of hydrothermal treatment affects the structure and thus the properties of SGQDs.²¹ As shown in Fig. S3a and b,† the fluorescence intensity of SGQDs increases with the increase of hydrothermal treatment time within 24 h and then remains constant with the additional reaction time. To study the changes in the fluorescence of SGQDs in an oxidative environment, H_2O_2 was used. SGQDs with different hydrothermal treatment times exhibited differences when reacting with H_2O_2 . As can be seen in Fig. S3c–j,† SGQDs showed a decreased fluorescence intensity after the reaction with H_2O_2 but with varying degrees of reduction. Among the SGQDs, those synthesized over 12 h exhibited the greatest reduction in fluorescence intensity after reacting with H_2O_2 . Therefore, 12 h of hydrothermal treatment was used to synthesize SGQDs. Moreover, the reaction time between SGQDs and H_2O_2 influences the degree of the reaction and therefore the fluorescence intensity of SGQDs (Fig. S4†). Next, H_2O_2 titration experiments were conducted to reveal the relationship between the fluorescence intensity and H_2O_2 concentration. As can be seen in Fig. 1g, when the H_2O_2 concentration increases, the fluorescence intensity decreases. The quantum yield (φ) of SGQDs with an H_2O_2 concentration of 0 was 0.42. To quantify the aforementioned relationship, the Hill coefficient ($n = 0.92 \pm$

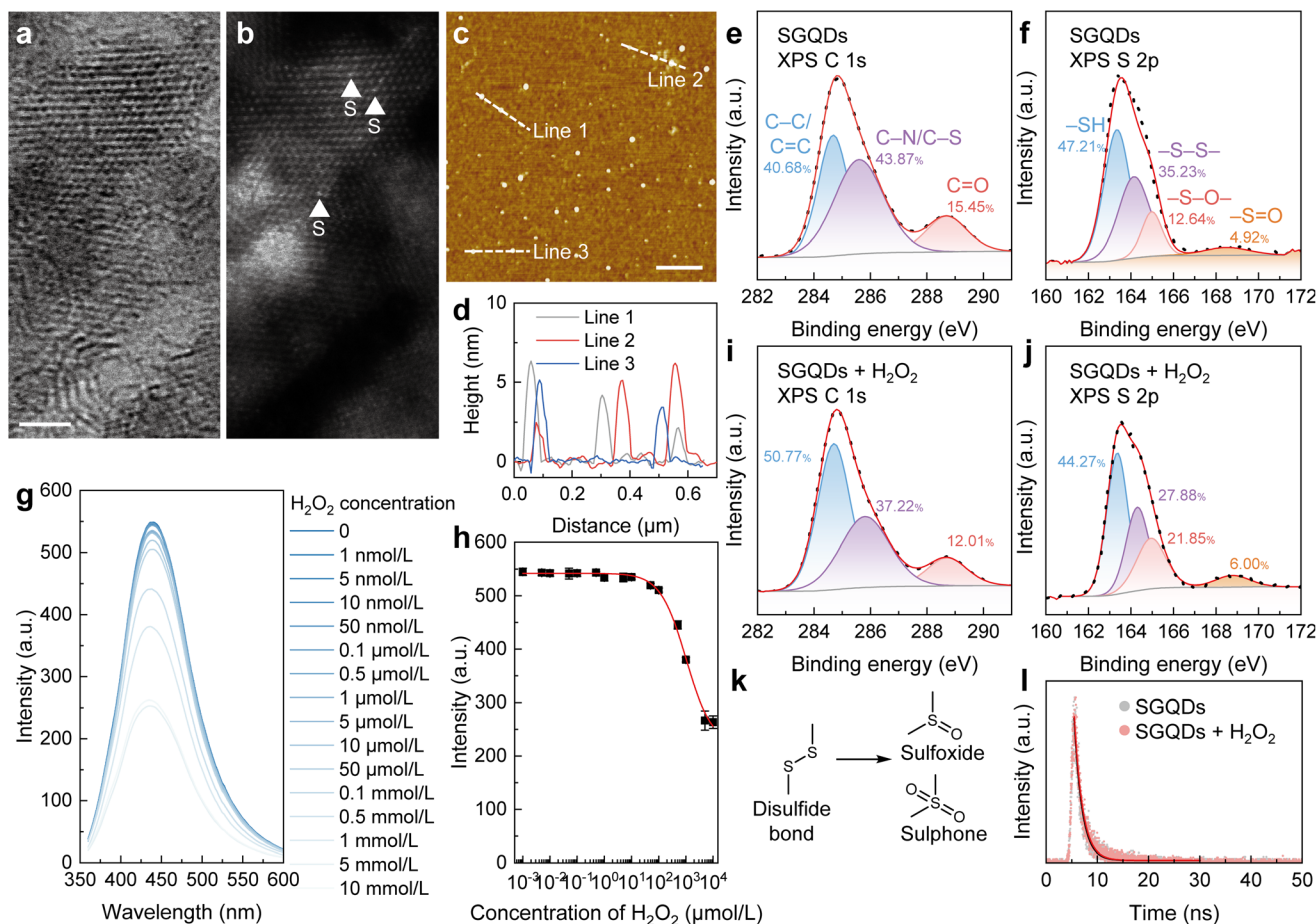


Fig. 1 Characterization of SGQDs before and after reacting with H_2O_2 . (a) High-resolution TEM of SGQDs. Scale bar: 1 nm. (b) Corresponding HAADF-STEM image of SGQDs. Bright spots evidencing the presence of S atoms in SGQDs. (c) AFM image of SGQDs distributed on a SiO_2/Si substrate. Scale bar: 0.6 μm . (d) The height profiles of lines 1–3 are marked in (c). (e) XPS C 1s and (f) XPS S 2p spectra of SGQDs. (g) Fluorescence emission spectra of SGQDs after reacting with H_2O_2 (0–10 mmol L^{-1}) for 24 h. (h) Fluorescence intensity of SGQDs against H_2O_2 concentration. A Hill fit was used to fit the data. Error bars indicate the standard deviation (SD) of five replicates of the test. (i) XPS C 1s and (j) XPS S 2p spectra of SGQDs after reacting with H_2O_2 (10 mmol L^{-1} , 24 h, 25 $^\circ\text{C}$, the resulting structure is named SGQDs + H_2O_2). (k) Transition of disulfide bond to sulfoxide/sulphone. (l) Fluorescence lifetimes of SGQDs and SGQDs + H_2O_2 .

0.05, adjusted $R^2 = 0.99493$) was determined (Fig. 1h). The Hill coefficient indicates negative cooperativity in the binding of one molecular component, suppressing the reaction of subsequent molecules on the other sites of SGQDs.²²

Fluorescence sensing mechanism of SGQDs towards an oxidative environment

Structural differences in SGQDs before and after the reaction with H_2O_2 were revealed using XPS. As can be seen in Fig. 1i and j, the XPS C 1s spectrum of SGQDs + H_2O_2 shows no obvious change compared to that of SGQDs (Fig. 1e); however, the XPS S 2p spectrum shows a decrease in $-\text{S}-\text{S}-$ bonding (27.88%) and an increase of $-\text{S}-\text{O}-$ (21.85%) and $-\text{S}=\text{O}$ (6.00%) bonding, indicating the oxidation of $-\text{S}-\text{S}-$ bond in SGQDs. The increased proportions of $-\text{S}-\text{O}-$ and $-\text{S}=\text{O}$ bonds revealed that the $-\text{S}-\text{S}-$ bond is oxidized to form sulfoxide/sulphone structures (Fig. 1k). Moreover, the fluorescent lifetime of SGQDs before and after reacting with H_2O_2 shows no differ-

ence (Fig. 1l, from 1.54 to 1.60 ns), indicating the suppression of the fluorescence intensity of SGQDs is static quenching.²³

Design of SGQDs with a magnetic relaxation response for oxidative environment sensing

Based on the changes in the fluorescence intensity of SGQDs in an oxidative environment and the development of GQD-based paramagnetic nanoparticles, the SGQDs were designed to bind paramagnetic Gd^{3+} to sense H_2O_2 using a magnetic relaxation signal as the readout. A homemade ultra-low-field (ULF) NMR relaxometry was used to measure the longitudinal relaxation time (T_1) of samples.^{24,25} Initially, Gd^{3+} was directly bound to the SGQDs using hydrothermal treatment (Fig. S5†). Unfortunately, the obtained SGQDs-Gd showed no significant change in T_1 after reacting with H_2O_2 at a high concentration (Fig. S6a-c†) but exhibited a reduced fluorescence intensity (Fig. S6d†). This phenomenon is primarily attributed to the lack of a proton transport route from SGQDs to Gd^{3+} .

The pathways for transporting protons can be built by assembling carbon nanomaterials, including GQDs with other proton-conductive materials.^{26–29} To enable the change in T_1 when SGQDs react with H_2O_2 , PEG is introduced to connect SGQDs and Gd^{3+} because the oxygen-containing chain structure of PEG can build a bridge for proton transport.^{30,31} To synthesize SGQDs-PEG-Gd, hydrothermal treatment was undertaken (Fig. S7a†).²⁴ The morphological and chemical characterizations of SGQD-pentaethylene glycol (PEG₅) and SGQDs-PEG₅-Gd are shown in Fig. S7b–e, S8, S9,† and Fig. 2a. Data in matrix-assisted laser desorption ionization time-of-flight mass (MALDI-TOF-MASS) spectra show that the $\Delta m/z$ values between the peaks of SGQDs and SGQDs-PEG₅ are 716.02, 950.83, 1186.52, 1426.59, 1663.95, 1913.10, 2147.55, and 2385.70 m/z , indicating that 3 to 10 PEG₅ chains are connected to SGQDs. Moreover, the mass distribution pattern from the SGQDs-PEG₅-Gd shifts to even higher masses by amounts equal to between one and three times the molecular weight of Gd^{3+} , indicating that each SGQDs-PEG₅ binds 1–3 Gd^{3+} . By considering the characterization of SGQDs-PEG₅-Gd, an illustration of SGQDs-PEG₅-Gd is displayed in Fig. 2b. PEG₅ chains are attached to the surface of SGQDs, and Gd^{3+} is bound to PEG₅.

Next, SGQDs-PEG_n-Gd (where PEG_n represents HO(CH₂CH₂O)_nH, $n = 2–8$) with different PEG chains were synthesized and their T_1 values before and after reacting with H_2O_2 were obtained using ULF NMR relaxometry. As can be seen in Fig. 2c, H_2O_2 reduces the T_1 of SGQDs-PEG_n-Gd ($n =$

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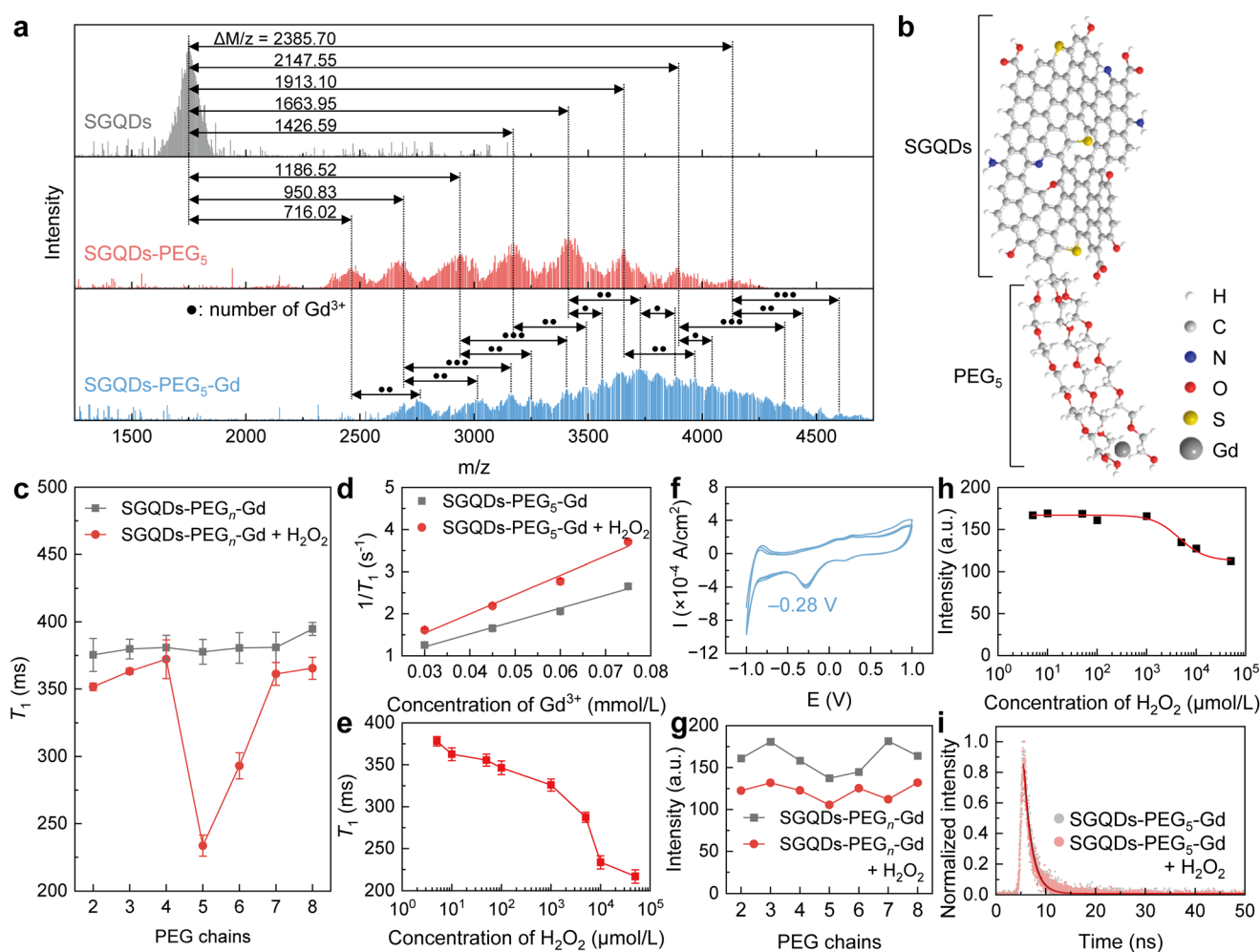


Fig. 2 Characterization, magnetic, and optical responses of SGQDs-PEG_n-Gd ($n = 2–8$). (a) MALDI-TOF-MASS spectra of SGQDs, SGQDs-PEG₅, and SGQDs-PEG₅-Gd. The solid black dots marked in the MALDI-TOF-MASS spectrum of SGQDs-PEG₅-Gd represent the numbers of Gd^{3+} . (b) Illustration of SGQDs-PEG₅-Gd. (c) Comparison of the T_1 values of SGQDs-PEG_n-Gd ($n = 2–8$) before and after reacting with H_2O_2 (10 mmol L⁻¹) for 12 h. Error bars indicate the fitting error of the T_1 fitting. (d) The r_1 fittings of SGQDs-PEG₅-Gd before and after reacting with H_2O_2 (10 mmol L⁻¹) for 12 h. Fittings of T_1 are shown in Fig. S10.† (e) Change in T_1 of SGQDs-PEG₅-Gd after reacting with H_2O_2 at different concentrations. Error bars indicate the fitting error of T_1 fitting. (f) The oxidation–reduction potential of SGQDs-PEG₅-Gd. (g) Comparison of the fluorescence intensities of SGQDs-PEG_n-Gd ($n = 2–8$) before and after reacting with H_2O_2 (10 mmol L⁻¹) for 12 h. (h) Change in fluorescence intensity of SGQDs-PEG₅-Gd after 12 h reacting at H_2O_2 with different concentrations. A Hill fit was used to fit the data. (i) Fluorescence lifetimes of SGQDs-PEG₅-Gd and SGQDs-PEG₅-Gd + H_2O_2 .

2–8). More importantly, SGQDs-PEG₅-Gd showed the largest change in T_1 (from 385.03 to 233.50 ms) after the reaction with H₂O₂. To quantify the change in T_1 , the longitudinal relaxivity (r_1) of SGQDs-PEG₅-Gd is shown in Fig. 2d. The r_1 of SGQDs-PEG₅-Gd before the reaction with H₂O₂ is 30.72 ± 2.22 L mmol⁻¹ s⁻¹ (adjusted $R^2 = 0.98446$), which increased to 45.75 ± 4.09 L mmol⁻¹ s⁻¹ (adjusted $R^2 = 0.97637$) after the reaction. Note that the Gd³⁺ aqueous solution shows no significant change in r_1 before and after the reaction with H₂O₂ (Fig. S11†). Next, H₂O₂ with different concentrations was used to show the ability of SGQDs-PEG₅-Gd to decrease T_1 to different extents (Fig. 2e). The T_1 of SGQDs-PEG₅-Gd decreases (from 378.03 to 216.82 ms) after reacting with H₂O₂ at an increasing concentration (from 5 μ mol L⁻¹ to 50 mmol L⁻¹). The above results indicate that the structural change in SGQDs can be reflected as the T_1 change. The negative oxidation–reduction potential (–0.28 V, Fig. 2f) also proves that SGQDs-PEG₅-Gd can be oxidized. After connecting PEG and Gd³⁺, the obtained SGQDs-PEG_{*n*}-Gd ($n = 2$ –8) still exhibit a fluorescent response. As can be seen in Fig. 2g and S12a–g,† all SGQDs-PEG_{*n*}-Gd ($n = 2$ –8) nanostructures undergo a reduction in fluorescence after reacting with H₂O₂. Among them, the fluorescence intensity of SGQDs-PEG₅-Gd tended to decrease with an increasing concentration of H₂O₂ (Fig. 2h and S12h†). When the H₂O₂ concentration is 0, the value of ϕ of SGQDs-PEG₅-Gd is 0.44, which is close to that of SGQDs, indicating that the structure of SGQDs remains unchanged after connecting PEG₅ and Gd³⁺. The Hill coefficient ($n = 1.65 \pm 0.61$, adjusted $R^2 = 0.96389$) indicates an increased binding ability of SGQDs-PEG₅-Gd to H₂O₂ compared with that of SGQDs (Fig. 1h). Moreover, the fluorescence lifetimes of SGQDs-PEG₅-Gd before and after reacting with H₂O₂ were 1.60 and 1.59 ns, respectively. This is the same as SGQDs that possess a static quenching process.

Proton transport in a PEG tube

Thermodynamic and dynamic calculations based on density functional theory (DFT) were performed to demonstrate proton transport in a PEG tube. Before simulating the proton transport in a PEG tube, the assembly of PEG chains was optimized. In the thermodynamics simulation, PEG chains were initially assembled as a tube *via* the hydrogen bond and van der Waals force (inset illustration in Fig. 3a). To determine the optimal quantity of PEG that forms the tube, different quantities of PEG₅ were used to simulate the formation energy. As can be seen in Fig. 3a, four PEG₅ chains have the lowest formation energy to form the tube. PEGs with different chain lengths (1–11) were then adopted to simulate the formation energy during tube formation. The results show that PEG₅ has the lowest formation energy when forming the tube (Fig. 4b).

Under optimized conditions, proton transport within the PEG tube was simulated. As can be seen in Fig. 3c, protons can be transported in the tubular structure formed by PEG. In the side view of the tubular structures of PEG_{*n*} ($n = 4$ –6) tubes, the sizes of the tubular structures differ and the PEG₅ tube is the smallest. Such a small tube leaves little room within (*e.g.* in a

PEG₅ tube), giving rise to rapid proton transport. In the front view of the proton transport processes of PEG_{*n*} ($n = 4$ –6) tubes, each cyan particle represents a step of proton transport in the tube. In the first step of the proton transport, the energy is set to 0, and the energy associated with each of the following steps is shown as the relative energy (Fig. 3d). In each step, the relative energy of the proton transport fluctuates, the proton transport in the PEG₅ tube shows the smallest energy fluctuation compared to that in the PEG₄ and PEG₆ tubes. Such an energy fluctuation can be described using a maximum energy barrier. The maximum energy barrier for proton transport in the PEG tubes is calculated as the maximum relative energy minus the minimum relative energy during the proton transport. The PEG₄, PEG₅, and PEG₆ tubes show maximum energy barriers of 0.82, 0.46, and 0.56 eV, respectively. Moreover, the tube formed using PEG₅ also showed the lowest energy barrier in proton transport compared to PEG₁ to PEG₁₂ (Fig. 3e).

These results reveal that the PEG₅ can form a tube to transport protons and provide the lowest energy barrier, which positively accelerates the proton transport process and accelerates the kinetics of water exchange.¹¹ Such processes are beneficial to enable the magnetic relaxation responses of SGQDs-PEG₅-Gd when reacting with H₂O₂, thereby generating a large difference in T_1 before and after reacting with H₂O₂.

Monitoring the oxidative environment *in vivo* using SGQDs-PEG₅-Gd

Before executing the bio-application of SGQDs-PEG₅-Gd, the biotoxicity of SGQDs-PEG₅-Gd should be assessed both *in vitro* and *in vivo*. The cell viability of various tumor and healthy cells demonstrated no significant changes in the cell survival rate (Fig. S13†). The effects of SGQDs-PEG₅-Gd on liver and kidney functions were then studied by analyzing the blood from nude mice. Compared with the control group, there was no significant change in the hepatotoxicity index (Fig. 4a, serum alanine aminotransferase, ALT; aspartate aminotransferase, AST; alkaline phosphatase, ALP), and nephrotoxicity index (Fig. 4b, blood urea nitrogen, BUN; creatinine, CR; urate, UA) of the experimental group (Fig. 4a and b). Moreover, there was no obvious cell necrosis, cell apoptosis, or tissue inflammation in various tissue sections (Fig. 4c, liver, lung, spleen, kidney, and heart) of nude mice. Therefore, SGQDs-PEG₅-Gd have low biological toxicity.

Aging is a major risk factor for cognitive decline, cancer, cardiovascular disease, metabolic disease, sarcopenia, and frailty.^{32,33} At the cellular level, senescence is a permanent proliferative arrest with multiple phenotypic changes.³⁴ Senescent cells possess a complex, multi-component senescent-associated secretory phenotype (SASP). SASP acts on the cell non-autonomously to alter the behavior of neighboring cells and the tissue microenvironment.³⁵ The metabolic drivers of senescence mainly include mitochondrial dysfunction, oxygen, disrupted autophagy, hyperglycemia, loss of nicotinamide adenine dinucleotide (NAD⁺), and accumulation of metals.³⁴ Among them, oxygen that oxidizes products of cell metabolism

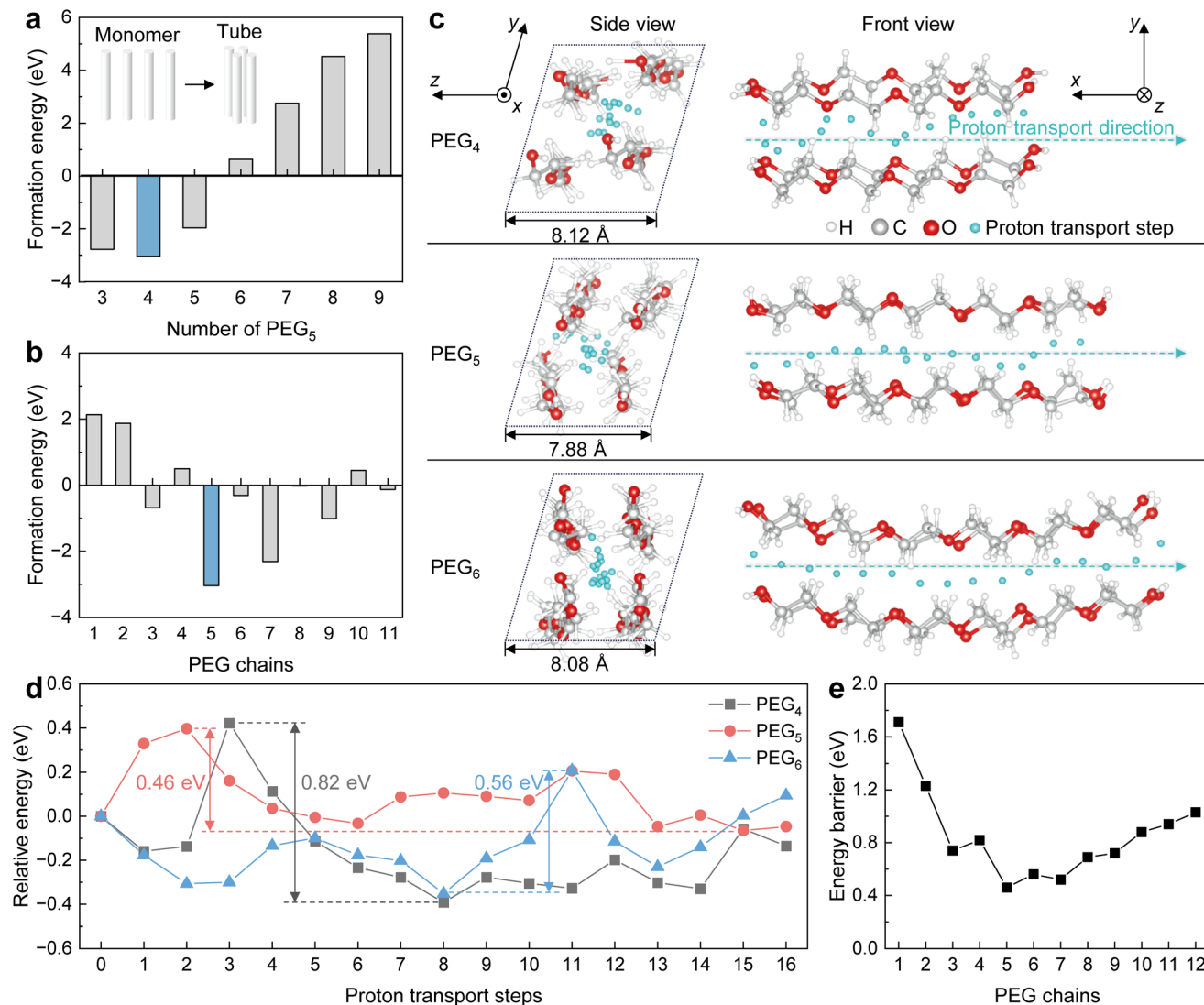


Fig. 3 Simulation of proton transport in PEG tube. (a) Formation energy of PEG₅ using different quantities (inset: illustration of tube formation using PEG). (b) Formation energy for a tube with four PEG_n ($n = 1-11$) chains. (c) Illustration of proton transport in tubes formed using PEG₄, PEG₅, and PEG₆. The cyan particles represent the proton at different steps of proton transport. (d) Relative energy of proton transport in PEG_n ($n = 4-6$) tubes at each step. (e) The energy barrier for proton transport using the tube formed by four PEG_n ($n = 1-12$) chains.

or known oxidative agents (*e.g.*, H₂O₂) can cause senescence.³⁶ Although oxidizing agents exert their effect partly through DNA damage, other cellular components and processes are also affected.³⁷

Because the fluorescence of SGQDs-PEG₅-Gd can be suppressed in an oxidative environment, it will display a dark region showing senescent cells or tissues. Fortunately, the T_1 of SGQDs-PEG₅-Gd reduces in the oxidative environment, resulting in a bright region to show the senescent parts in the magnetic resonance image (MRI) after injection. As shown in Fig. 4d, healthy and senescent human umbilical vein endothelial cells (HUVECs) display different cellular morphologies. The senescent cells possess a larger volume than healthy cells. After incubation with SGQDs-PEG₅-Gd (100 $\mu\text{g mL}^{-1}$) for 48 h,

the healthy cells emitted blue fluorescence. However, the high expression of oxidative species in senescent cells suppresses the fluorescence of SGQDs-PEG₅-Gd. Although the healthy and senescent cells show different fluorescent intensities after incubation with SGQDs-PEG₅-Gd, the suppression of fluorescence provides limited information for determining the senescent cells. The *in vivo* MRI of a naturally aging rat (1-year-old, body weight: 550 g, Fig. 4e) is shown in Fig. 4f. After 30 min of injecting SGQDs-PEG₅-Gd, the image of the aging rat displayed more information and the boundary of the heart became clear. The above results *in vitro* and *in vivo* exhibit the application prospect of the H₂O₂-sensitive SGQDs-PEG₅-Gd, suggesting potential for use in both MRI and precision medicine.

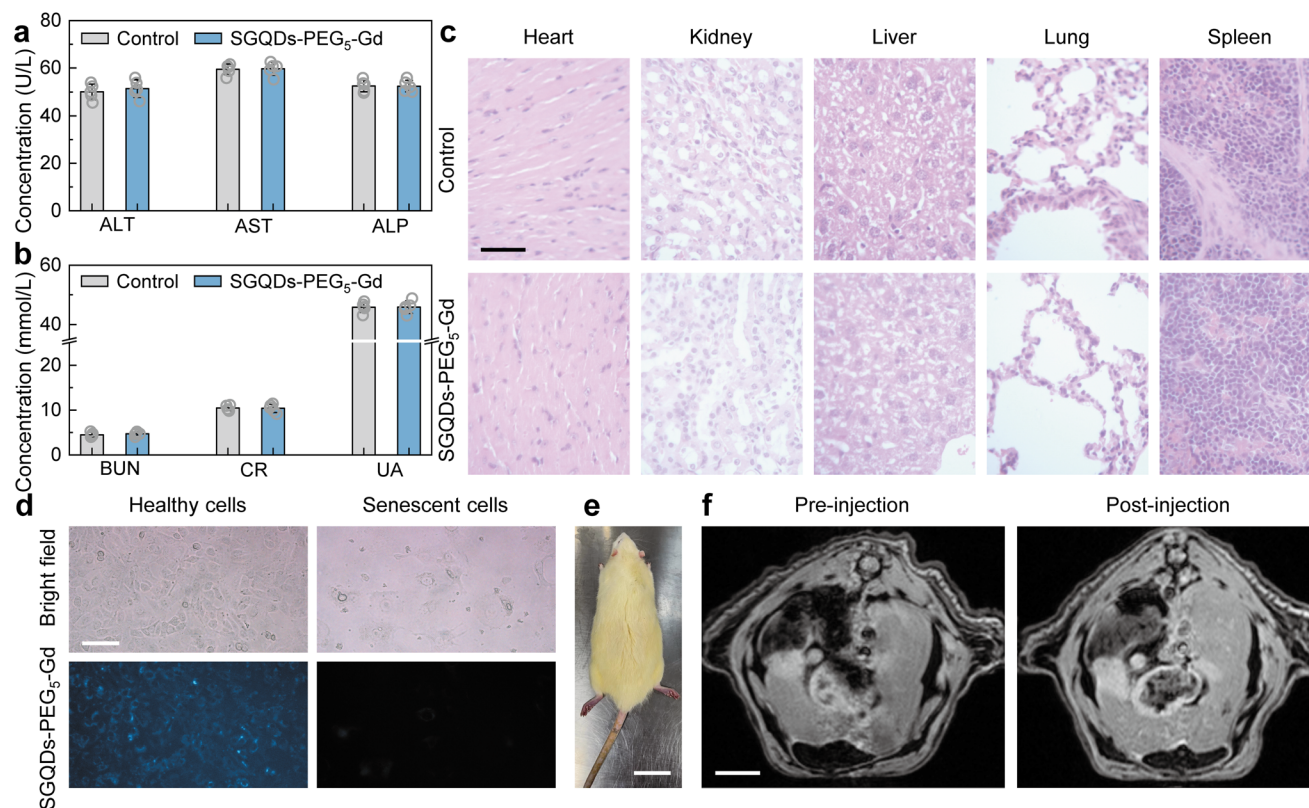


Fig. 4 Biotoxicity of SGQDs-PEG₅-Gd and bioimaging using SGQDs-PEG₅-Gd. (a) Blood levels of ALT, AST, and ALP for evaluating the *in vivo* toxicity of GQDs-PEG₅-Gd on liver functions. (b) Blood levels of BUN, CR, and UA for estimating the *in vivo* toxicity of GQDs-PEG₅-Gd on kidney function. Blood was collected from nude mice after 48 h of injection of GQDs-PEG₅-Gd (2 mg kg⁻¹). Error bars indicate the SD of five replicates of the test. (c) Pathological analysis of various organs harvested from mice after injection of GQDs-PEG₅-Gd (2 mg kg⁻¹) for 24 h via the tail vein. Scale bar: 50 μm. (d) Bright-field and fluorescent images of healthy and senescent HUVECs. Scale bar: 50 μm. (e) Photograph of a 1-year-old rat. Scale bar: 50 mm. (f) 7.0 T MRI of 1-year-old rat, pre- and post-injected with SGQDs-PEG₅-Gd at a dosage of 0.1 mmol kg⁻¹. Scale bar: 10 mm.

Experimental section

Synthesis and purification of SGQDs

SGQDs were synthesized by dissolving 100 mg of L-cysteine hydrochloride in 100 mL of deionized water and heating at 150 °C for 12 h. After cooling the resulting mixture, the product was sequentially filtered through a filter paper and an inorganic alumina membrane (220 nm). The filtrate was then dialyzed in a 3500 Da dialysis bag against deionized water to remove any remaining impurities. The SGQD solution was then concentrated and lyophilized into a powder.

T₁ measurement by ULF NMR relaxometry

ULF NMR relaxometry^{24,25} works at a static magnetic field (B_0) of 118 μT (corresponding to the proton Larmor frequency of 5030 Hz). During the measurement, 10 mL of the sample was placed in the centre of the system. A pre-polarization magnetic field (87 mT) orthogonal to B_0 was first applied to the sample for 500 ms. Thereafter, the sample magnetization freely relaxed at B_0 for a certain time ($\Delta T_1^{\text{delay}}$). Then, $\pi/2$ and π pulses were applied to excite the spin-echo signals. The pulse sequence ran ten times with different $\Delta T_1^{\text{delay}}$ values allowing the acquisition of ten signal intensities. A single

exponential fit was used to derive the value of T_1 of the sample.

Computational method

All calculations were performed using DFT with the Perdew–Burke–Ernzerhof form of the generalized gradient approximation functional.³⁸ The Vienna *ab initio* simulation package (VASP) was employed.^{39,40} The energy cutoff for plane wave expansions was set to 500 eV, and the energy (converged to 10⁻⁵ eV per atom) and force (converged to 0.01 eV Å⁻¹) were set as the convergence criteria for geometry optimization. A 2 × 2 × 2 periodic model was constructed to simulate PEG₄, PEG₅, and PEG₆. The Brillouin zones were sampled with the gamma-centered Monkhorst-Pack⁴¹ (2 × 2 × 1) k -point meshes for model optimization and (1 × 1 × 1) k -point for microcanonical ensemble (NVE) molecular dynamic simulation at 300 K for 2 ps. The DFT-D3 method⁴² considering the van der Waals interaction was adopted for the adsorption system.

The climbing image nudged elastic band (CI-NEB) method implemented in the VASP transition state tools was used to determine the proton transport pathways and the corresponding energy barriers.⁴³ In this step, the algorithm to relax the ions into their energy minimization transition state is

required to coincide with the previous calculation of the initial and final states.

Cell culture

Human umbilical vein endothelial cells (HUVECs) were obtained from the American Type Culture Collection (ATCC) and cultured in 5% CO₂ at 37 °C in high-glucose Dulbecco's modified Eagle's medium (Hyclone, USA) supplemented with 10% fetal bovine serum (Gibco, USA).

To induce cell senescence, HUVECs were treated with 20 μmol L⁻¹ etoposide for 24 h.⁴⁴ After etoposide removal, cells were incubated with SGQDs-PEG₅-Gd (1 μg mL⁻¹) for 24 h before being collected for fluorescence intensity assay.

All animal experiments were conducted in accordance with the Guidelines on the Care and Use of Laboratory Animals (National Institutes of Health Publication No. 85-23, revised 1996) and approved by the Xinhua Hospital Ethics Committee affiliated with Shanghai Jiaotong University School of Medicine (XHEC-NSFC-2019-288).

Conclusions

To detect the small molecule (H₂O₂), GQDs with disulfide bonds were designed and synthesized. The resulting SGQDs show a decrease in fluorescent intensity after reacting with H₂O₂ because of the oxidation of disulfide bonds into sulfoxide and sulfone. Using PEG₅ to connect SGQDs and Gd³⁺, the paramagnetic SGQDs-PEG₅-Gd exhibits T₁ reduction after reacting with H₂O₂. The r₁ of SGQDs-PEG₅-Gd increases from 30.72 to 45.75 L mmol⁻¹ s⁻¹. Such an acceleration in relaxation is mainly attributed to the low energy barrier in the PEG₅ tube and leads to fast proton transport near Gd³⁺. Ultimately, the SGQDs-PEG₅-Gd was applied in the *in vitro* fluorescent imaging to differentiate healthy and senescent HUVECs as well as the *in vivo* MRI to show the senescent region in 1-year-old rat. More importantly, this work not only overcomes the difficulty of small molecule sensing using the MRS probe but also inspires the design of carbon nanostructures with the ability to transport protons.

Author contributions

Y. Li: conceptualization, investigation, methodology, writing – original draft, visualization, funding acquisition; H. Wang: validation, writing – original draft; C. Ye: formal analysis; visualization; X. Wang: methodology, resources; Peng He: validation; S. Yang: conceptualization, methodology, writing – review and editing, funding acquisition; H. Dong: validation, writing – review and editing, funding acquisition, supervision; G. Ding: supervision.

Conflicts of interest

There are no conflicts to declare.

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