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## Photo-polymerization using quantum dots for stable epoxy coatings†

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Photo-polymerization is at the foundation of many industries such as dentistry, coatings, adhesives, and stereolithography 3D printing. However, the organic cationic photo-initiators currently used are toxic, expensive, and difficult to tune with respect to the wavelength of light required to initiate polymerization reactions. For example, current stereolithography 3D printing resins are unstable under sunlight. Here, we demonstrate that less expensive and non-toxic titania quantum dots made via the scalable flame spray pyrolysis technology can photo-polymerize epoxy when exposed to UVC (not present in sunlight on Earth), while being insensitive to UVA (present in natural sunlight on Earth) leading to resins that are photo-stable during end use. We use NMR and FTIR to demonstrate that photo-polymerization is catalyzed under UVC but not UVA, and nanoindentation to monitor the mechanical stability of epoxy films during post-polymerization UVA exposure. This approach allows precise control over the wavelengths of light under which photo-polymerization can and cannot occur, and is also transferable to other photo-catalytic reactions.

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## 1 Introduction

Photo-polymerization is preferable to heat-polymerization because light is less unpleasant relative to heat in dentistry applications, easier to apply to precise locations to achieve high printing resolution in circuit board manufacturing and stereolithography, and requires lower energy.<sup>1</sup> However, there remains a need to control the critical wavelength required to initiate the photo-polymerization reaction and circumvent undesired reactions from taking place outside of controlled conditions.

For example, the instability of stereolithography epoxy resins and aircraft coatings under sunlight originates from the fact that the absorption wavelength range of commercial photo-initiators overlaps with the solar spectrum on Earth.<sup>2</sup> Existing photo-initiators have some sensitivity to UVA (315–400 nm) and UVB (295–315 nm) which represent 6% (ref. 3) of the solar intensity on Earth.<sup>4–7</sup> These photo-initiators absorb sunlight and further polymerize the material,

releasing carcinogenic volatile organic components, and continuously changing the material properties to the point of brittle fracture within weeks.<sup>2</sup> UV absorbers, light stabilizers<sup>8</sup> and inorganic surface coatings<sup>9</sup> are often used to mitigate this instability. However, they only slow down degradation, and like sunscreen on the beach, coatings must be regularly reapplied. On the other hand, the ozone layer blocks light of wavelengths lower than 300 nm, or arguably 310 nm,<sup>10</sup> from the solar spectrum on Earth.<sup>2</sup> Thus, cheap and non-toxic photocatalysts that are sensitive exclusively to light with lower wavelength than the 300 nm lower limit of the solar spectrum on Earth are needed.

The findings presented here culminate multiple previously reported steps. First, we have demonstrated that metal oxide semiconducting nanoparticles can photo-polymerize epoxy via a cationic polymerization mechanism (shown in Fig. S1†).<sup>11</sup> Semiconducting nanoparticles oxidize hydroxyl groups when excited by light with an energy that matches the particle bandgap energy, producing protons that initiate the cationic photo-polymerization reaction of epoxy. We note that in that previous study, we used P25 titania, crystal size of 25 nm, which is well above titania's 2 nm Bohr diameter and is therefore not a quantum dot. Notably, the use of quantum dots as initiators for photo-polymerization is a growing, yet immature, field as per the recent review by Waiskopf *et al.*<sup>12</sup> Further, quantum dot/polymer nanocomposites facilitate multiple applications such as pollutant photodegradation,<sup>13</sup> antimicrobial<sup>14</sup> and antibacterial<sup>15</sup> films, and full color

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displays.<sup>16</sup> Then, we have shown that the flame spray pyrolysis (FSP) process, a mass-production nanoparticle synthesis technology, can synthesize metal oxide quantum dots with any bandgap energy from the UVC to the dark red region of the light spectrum.<sup>17</sup> Finally, we have shown that flame-made titania contains a significant  $\text{TiO}_2(\text{B})$  crystalline fraction and is 2–3 times more efficient in catalyzing epoxy photo-polymerization than P25 titania,<sup>18</sup> the gold standard<sup>19</sup> for photocatalysis.

Titania is an inexpensive and abundant material with over 2 million tons per year produced, representing an \$8.5 billion year industry.<sup>20</sup> It is typically used in white paint, and coatings of medical pills as it is non-toxic. Our previous demonstration<sup>17</sup> of the use of industrial flame synthesis process to synthesize titania quantum dots extends the affordability advantages of flame-made titania to applications of its quantum dots. For example, the size-dependent bandgap energy of titania quantum dots allows us to select the maximum wavelength of light that can excite the particle and initiate the catalysis of the epoxy photo-polymerization reaction.<sup>21</sup>

Finally, we have previously<sup>22</sup> reported a methodical study assessing the impacts of various parameters on the kinetics of the epoxy photo-polymerization reaction catalyzed by titania nanoparticles. These parameters include the presence and concentration of an electron scavenger, the kind and concentration of alcohol used, and the concentration, crystal composition and size of the titania particles used.<sup>22</sup>

Here, we dive into the quantum regime and explore the advantages that arise from the increase in bandgap energy stemming from the quantum effect, and how they can be exploited to address the costly instability problems of photo-polymer when exposed to sunlight during end use. We demonstrate that flame-made titania quantum dots can catalyze the photo-polymerization of epoxy when exposed to UVC (not present in sunlight on Earth), while also being insensitive to UVA (present in sunlight on Earth) leading to photo-stable resins. That means that resins can be photo-polymerized using a UVC light source and remain stable when a coated or 3D-printed product is used outdoors where it is exposed to sunlight. In turn, the findings presented here could eliminate the need for expensive short-term fixes currently used to mitigate photo-instability such as regularly applying UV-blocking coatings. This approach can not only be used to mitigate the instability challenges of any photocatalytic material having to operate in sunlight, but it is also transferable to any photocatalytic application requiring strict control on the energy of light capable of initiating a specific reaction.

## 2 Results and discussion

Metal oxide quantum dots can be synthesized in flame by adding silica, which hinders the growth of the metal oxide crystal allowing for the very small crystal sizes necessary to achieve the quantum effect.<sup>17</sup> In this study, we use particles composed of 10%  $\text{TiO}_2$  and 90% silica. We have previously<sup>17</sup>

reported the flame synthesis and full characterization (XRD, UV-vis spectroscopy, nitrogen adsorption BET) of the titania quantum dots used here. For the readers' convenience, those quantum dots exhibit the following properties: a bandgap energy of 4.3 eV (UVC region), which is higher than the 4.1 eV upper limit of sunlight on Earth;  $d(\text{UV-vis})$  of 0.9 nm, lower than the 2 nm Bohr diameter of  $\text{TiO}_2$ ; a surface area of  $282 \text{ m}^2 \text{ g}^{-1}$ ; a  $d(\text{BET})$  of 9 nm; and a mix of anatase and monoclinic crystal structures.<sup>17,18</sup>

Fig. 1 shows a TEM image, not previously reported, of the  $\text{TiO}_2$  quantum dots used in this study. The TEM image shows two titania crystals embedded in an amorphous silica matrix. The two crystals appear to have sizes in the range between 2 and 4 nm. It is important to note the TEM imaging is biased towards larger crystals as they are much easier to locate, especially in this case where the titania content constitutes only 10 wt% with the balance being an amorphous silica matrix. This, and other previously<sup>17</sup> reported TEM images, show that the morphology of the flame-made titania particles is a mixed phase where the quantum-sized titania crystals are embedded in a silica matrix, not a core-shell structure. This mixed phase structure has been found to improve dispersibility and catalytic performance, while a core-shell structure eliminates surface catalytic reactions.<sup>23</sup>

Fig. 2a shows an SEM image of the photo-polymerized films containing  $\text{TiO}_2$  quantum dots, demonstrating much better dispersibility relative to P25  $\text{TiO}_2$  (Fig. 2b) that we investigated previously.<sup>11</sup> The improved dispersibility can be assessed by how the absence of large titania agglomerates in Fig. 2a, how well spread out the quantum dots are, and how much smaller the are relative the P25  $\text{TiO}_2$  ones shown in Fig. 2b. The improved dispersibility is due to the silica matrix in which the flame-made  $\text{TiO}_2$  quantum dots are embedded, consistent with literature.<sup>23</sup>

Fig. 3 shows  $^{13}\text{C}$  NMR results. The shift at 51.7 ppm seen in Fig. 3a corresponds to epoxide rings in the unpolymerized monomer.<sup>11</sup> The methylene carbons at 20–33 ppm, and

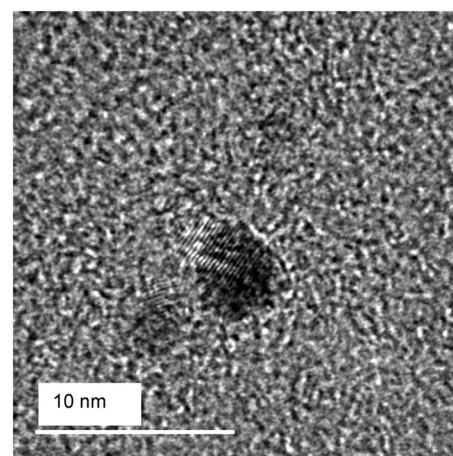
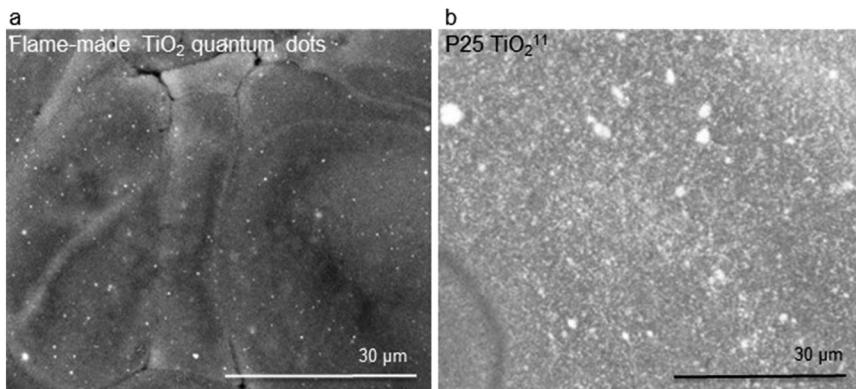


Fig. 1 TEM image of the flame-made silica-embedded  $\text{TiO}_2$  quantum dots used in this study.

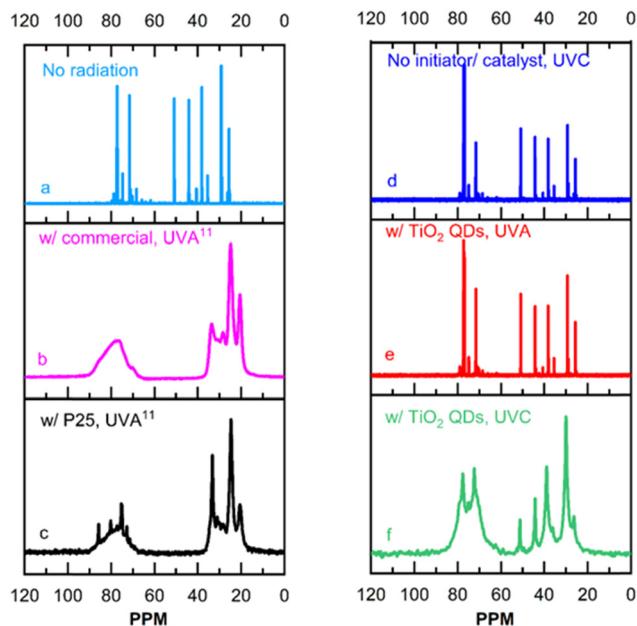




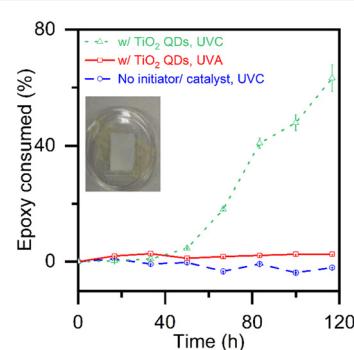
**Fig. 2** SEM images of a photo-polymerized film of a mixture containing epoxy, isopropanol (5 wt%), and  $\text{TiO}_2$ : (a) quantum dots and (b) P25. The brightness and contrast in (a) were modified for clarity. The SEM image in (b) has been previously reported,<sup>11</sup> and shown here for reference and convenience.

methine carbons at 68–90 ppm seen in Fig. 3b and c expected for polymerized epoxy,<sup>24</sup> overlap with shifts present in the initial monomer in the same region as shown in Fig. 3a. As such, the broadening of those shifts due to the increase in molecular weight that takes place seen in Fig. 3b and c should be used as the clearest indication of epoxy photo-polymerization. Fig. 3d shows the liquid-state  $^{13}\text{C}$  NMR spectra of a control system with neither photo-initiators nor photo-catalysts, radiated by UVC light. No broadening is observed in the spectrum shown in Fig. 3d, which is also

almost identical to that of the unpolymerized epoxy monomers shown in Fig. 3a, demonstrating that UVC radiation does not photo-polymerize epoxy in the absence of a photo-initiator or a photo-catalyst. Fig. 3e and f show the solid-state  $^{13}\text{C}$  NMR spectra of epoxy systems containing the  $\text{TiO}_2$  quantum dots and radiated by UVA and UVC, respectively. The spectrum shown in Fig. 3e for the epoxy system containing  $\text{TiO}_2$  quantum dots and radiated by UVA is also identical to that of the unpolymerized epoxy monomers shown in Fig. 3a and no peak broadening is observed. This demonstrates that UVA radiation does not initiate the quantum dots to catalyze the epoxy photo-polymerization reaction. The shift at 51.7 ppm, corresponding to unpolymerized epoxide rings, still appears in the spectrum shown in Fig. 3f suggesting that the film is not fully polymerized. Nonetheless, the shape of the spectrum shown in Fig. 3f of the epoxy system with the  $\text{TiO}_2$  quantum dots radiated by UVC is very similar to that of the epoxy system photo-polymerized by P25 titania in Fig. 3c, with significant



**Fig. 3**  $^{13}\text{C}$  NMR of systems of cyclohexene oxide and isopropanol: (a) initiator/catalyst free, with no radiation; (b) with commercial cationic organic initiator and (c) with P25  $\text{TiO}_2$  radiated by UVA light; (d) initiator/catalyst free, radiated by UVC light; (e) with  $\text{TiO}_2$  quantum dots, radiated by UVA light, and (f) with  $\text{TiO}_2$  quantum dots (QDs) radiated by UVC light. The  $^{13}\text{C}$  NMR spectra in (a)–(c) have been previously reported,<sup>11</sup> and shown here for reference and convenience. Compositions and radiation times are presented in the experimental section.



**Fig. 4** Epoxy consumption calculated based on the area of the FTIR peak at  $\sim 910 \text{ cm}^{-1}$  for epoxy and isopropanol systems: radiated by UVC light (dashed line with circles), with  $\text{TiO}_2$  quantum dots radiated by UVA light (solid line with squares), and with  $\text{TiO}_2$  quantum dots radiated by UVC light (dotted line with triangles). All peak areas are normalized relative to the aliphatic peak area ( $2800\text{--}3000 \text{ cm}^{-1}$ ). Error bars indicate 90% confidence limits on the mean of 6 measurements for all  $t > 0$ . The inset shows a sample blade-coated film used for FTIR.



broadening in the observed shifts. This demonstrates that UVC radiation does indeed initiate the quantum dots to catalyze the epoxy photo-polymerization reaction.

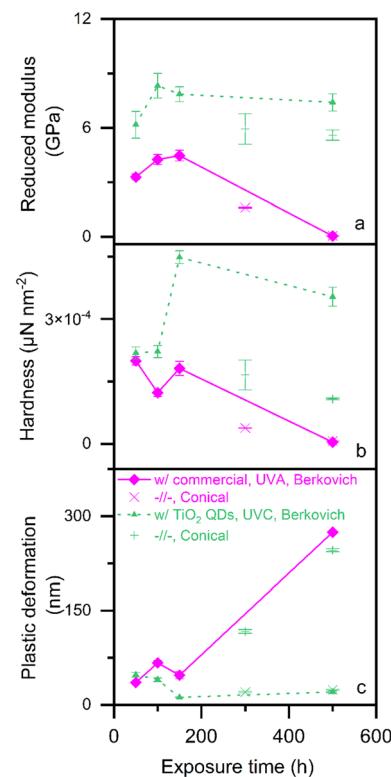
Fig. 4 shows reaction kinetics by following the consumption of epoxide groups *via* the FTIR peak at 910  $\text{cm}^{-1}$ , normalized relative to the aliphatic peak area (2800–3000  $\text{cm}^{-1}$ ). We have previously<sup>11</sup> validated the use of FTIR to quantify the degree of epoxy polymerization using chemical titration by HBr according to ASTM-D1652-97. No epoxy consuming reaction is detected in the control sample with neither a photo-initiator nor a photo-catalyst after prolonged exposure to UVC light (dashed line with circles). Similarly, no epoxy consuming reaction is detected in the control sample with the  $\text{TiO}_2$  quantum dots after prolonged exposure to UVA light (solid line with squares). However, we do observe a typical photo-polymerization pattern in the samples with  $\text{TiO}_2$  quantum dots when exposed to UVC light (dotted line with triangles). The FTIR findings in Fig. 4 that demonstrate that the  $\text{TiO}_2$  quantum dots are excited to catalyze the photo-polymerization of epoxy with UVC but not UVA light are consistent with  $^{13}\text{C}$  NMR data shown in Fig. 3.

Further, the epoxy films photo-polymerized with titania quantum dots (only 10 wt% of the  $\text{TiO}_2$  active catalyst) reach maximum epoxy consumption after 116 hours, 20% faster than the 150 hours it took those photo-polymerized with P25 titania<sup>11</sup> (100 wt% of the  $\text{TiO}_2$  active catalyst), the gold standard for photocatalytic activity. This improved kinetic performance is likely due to the higher surface area of the titania quantum dots ( $282 \text{ m}^2 \text{ g}^{-1}$ )<sup>17</sup> as compared to that of P25 ( $50 \text{ m}^2 \text{ g}^{-1}$ ),<sup>18</sup> as well as interactions between the anatase and the monoclinic crystal structures present<sup>18</sup> in flame-made titania.

Finally, the epoxy films photo-polymerized with titania quantum dots show a substantial degree of polymerization. The maximum possible degree of polymerization in cross-linked thermosets depend on many factors including steric hindrance, degree of side reactions and monomer geometry.<sup>25</sup> Nonetheless, the degree of polymerization of the epoxy films photo-polymerized with  $\text{TiO}_2$  quantum dots shown in Fig. 4 exceed the 33% gelation threshold estimated based on Flory's theory.<sup>26</sup> Note that in the case of photo-polymerization reactions, the epoxy monomer used here is considered to have four functional groups.

Fig. 5 shows the mechanical properties of the photo-polymerized epoxy films as measured by nanoindentation: reduced modulus (Fig. 5a), hardness (Fig. 5b) and plastic deformation (Fig. 5c). The epoxy films photo-polymerized with titania quantum dots are shown as dotted lines with triangles, while those photo-polymerized with a commercial initiator are shown as solid lines with diamonds.

The data depicted using lines are obtained using a Berkovich tip, as is best practice.<sup>27</sup> However, we also conducted spot checks on two specimens, depicted using points (× for commercial, + for  $\text{TiO}_2$  QDs), with a conical tip to assess the effect of tip geometry. In all the measured mechanical properties, the trend is the same with both tips.



**Fig. 5** Nanoindentation measurements of sample films photo-polymerized with a commercial photo-initiator (solid lines with diamonds) and  $\text{TiO}_2$  quantum dots (dotted lines rectangles) showing (a) reduced modulus, (b) hardness, and (c) plastic deformation. The lines represent data obtained with a Berkovich tip, while the scattered points represent ones obtained with a conical tip.

However, the values obtained using a conical tip are always lower in the cases of reduced modulus and hardness, and higher in the case of plastic deformation, relative to those obtained using the Berkovich tip.

We observe slight changes in local mechanical properties (Fig. 5) of both films over the first 150 hours of post-polymerization UVA exposure. The only substantial change in this period is the hardness (Fig. 5b) of the epoxy films photo-polymerized with titania quantum dots.

In all three cases, we observe that the epoxy films photo-polymerized with the titania quantum dots exhibit significantly better mechanical properties (higher reduced modulus and hardness, and less plastic deformation), than those of the films photo-polymerized with a commercial organic photo-initiator. In fact, at the 150 hours of UVA exposure mark, the epoxy films photo-polymerized with the titania quantum dots showed double the reduced modulus and hardness, and 75% less plastic deformation relative to those of the films photo-polymerized with a commercial organic photo-initiator. This mechanical property improvement is consistent with literature finding that the incorporation of titania increases the glass transition temperature and modulus of epoxy nanocomposites.<sup>28</sup> Further, metal oxide quantum dots used as both photo-polymerization initiators as well as fillers have been shown to



lead to nanocomposites with 85% better mechanical properties and provide antimicrobial functionality compared to when the quantum dots are used only as fillers.<sup>14</sup>

The mechanical properties of the epoxy films photo-polymerized with a commercial organic photo-initiator drastically deteriorated after 300 hours of exposure to UVA. Indeed, in the case of the epoxy films photo-polymerized, both the reduced modulus (Fig. 5a) and hardness (Fig. 5b) dropped to near zero, and plastic deformation (Fig. 5c) increased by an order of magnitude.

On the other hand, and most importantly, the mechanical properties of the epoxy films photo-polymerized with titania quantum dots remained stable for the 500 hours of UVA exposure that we tested. This indicates that UVA light, and in turn, sunlight, has no effect on the mechanical properties of the epoxy films photo-polymerized with titania quantum dots having a bandgap energy higher than the 4.1 eV threshold of the Solar spectrum on Earth.

### 3 Conclusions

We demonstrate that titania quantum dots with a 4.3 eV bandgap energy can catalyze epoxy photo-polymerization when radiated with UVC, while being insensitive to UVA, leading to products that are both stronger and photo-stable during end-use. These findings are the culmination of previous steps where we have 1) introduced metal oxide semiconducting as a new class of photocatalysts for epoxy photo-polymerization,<sup>11</sup> 2) demonstrated the ability of FSP to mass-produce metal oxide quantum dots with any bandgap energy from the UVC to the dark red region of light,<sup>17</sup> and 3) demonstrated that the monoclinic crystal structure in flame-made titania significantly improves catalytic performance.<sup>18</sup> The findings in this study, combined with the UVC to dark red range of quantum dot bandgap energies accessible by FSP,<sup>17</sup> allow for the precise selection of the maximum light wavelength that can initiate catalytic reactions such as that of epoxy photo-polymerization.

## 4 Experimental section

### 4.1 Materials

All materials used in this study are obtained from Sigma Aldrich and used as received. The epoxy monomer used is 1,4-cyclohexane dimethanol diglycidyl ether (mixture of *cis* and *trans*, technical grade). Other materials used are isopropanol (99.5%), xylene (reagent grade), commercial organic cationic initiator (bis(4-methylphenyl) iodonium hexafluorophosphate, 98%), titanium(IV) tetraisopropoxide (97%), and hexamethyldisiloxane (98.5%).

### 4.2 Titania quantum dot particle flame synthesis

We have previously<sup>17</sup> reported the flame synthesis procedure and full particle characterization of the titania quantum dots used in this study. Briefly, a 0.25 M solution (10 mol% titania with the balance being silica) is prepared by diluting the

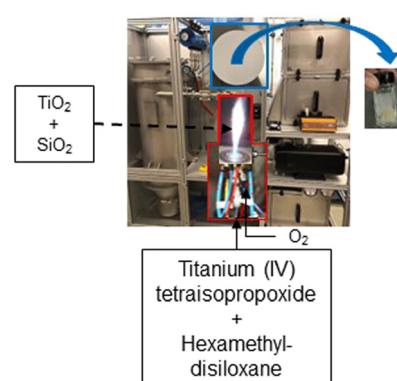
metal precursors with xylenes, and fed at 1 mL min<sup>-1</sup> through the capillary of the FSP reactor and atomized by 3.75 L min<sup>-1</sup> of oxygen. The titania and silica precursors used are titanium(IV) tetraisopropoxide and hexamethyldisiloxane, respectively. A pilot flame (1.25 L min<sup>-1</sup> of CH<sub>4</sub> premixed with 2.5 L min<sup>-1</sup> of O<sub>2</sub>) served as an ignition source. The produced titania quantum dots are collected on glass fiber filters (Albet-Hahnemühle, GF 6, 25.7 cm diameter) placed in a water-cooled stainless-steel holder with the help of a vacuum pump (Busch, Seco SV 1040 C). Scheme 1 depicts the flame synthesis process.

The TiO<sub>2</sub> quantum dots were further characterized using transmission electron microscopy (TEM) via a FEI Tecnai F2 G20 field emission transmission electron microscope, at a 120 kV acceleration voltage. The TiO<sub>2</sub> quantum dots are dispersed in ethanol, and then drop-casted on a carbon coated TEM grid that is left to dry for 30 minutes before imaging.

### 4.3 Epoxy mixture preparation and photo-polymerization

We have previously<sup>11</sup> reported the procedures for the preparation and photo-polymerization of epoxy film. Briefly, mixtures (1.5 g) consisting of epoxy monomer, 5 wt% of isopropanol, and a 5 wt% of either the titania quantum dot catalyst or commercial photo-initiator are stirred overnight. The mixtures with the titania quantum dots are further sonicated for 30 minutes with a Misonix Sonicator 3000 (5 seconds on, 20 seconds off). In some control samples, the titania quantum dots and the commercial photo-initiators are excluded.

Samples are radiated under ambient conditions, no inert gas used, with UVA and UVC using a UVP (CL-1000L) crosslinker with a peak emission at 365 nm, and a UVP (CL-1000) crosslinker with a peak emission at 254 nm, respectively. Both crosslinkers had a light intensity of 4 mW cm<sup>-2</sup> at the surface of the samples. The UVA crosslinker has a broad emission spectrum, shown in Fig. S2,† that spans from ~310 nm to ~435 nm. That broad emission spectrum of the UVA crosslinker overlaps with a portion of the UVB region, and almost perfectly matches the UV range present in



Scheme 1 FSP synthesis process of titania quantum dots.



sunlight on Earth.<sup>2,3</sup> As such, the two UV crosslinkers selected in this work properly support the objective of this study: developing photocatalysts that are stable under sunlight during end use. Finally, note that the reaction kinetics of epoxy photo-polymerization are directly related to the light intensity used as shown in Fig. S3.<sup>†</sup>

Mixtures prepared for <sup>13</sup>C NMR are photo-polymerized by being radiated for 50 hours in all cases. Mixtures are blade coated on microscope slides (example shown in the inset of Fig. 4) with 0.0635 cm thick Kapton tape (McMaster-Carr) for FTIR spectroscopy, and on AFM metal desks for nanoindentation measurements. Nanoindentation films with titania quantum dots and commercial photo-initiators are photo-polymerized by being radiated for 3 hours in the UVA crosslinker, and 133 hours in the UVC cross linkers respectively.

Scanning electron microscopy (SEM) imaging is conducted on the same films used for nanoindentation that experienced 500 hours of UVA exposure. A Hitachi S-3400N microscope with used at 30 Pa variable pressure and 15 kV.

#### 4.4 Monitoring of the epoxy photo-polymerization chemical reaction

We monitor the epoxy photo-polymerization chemical reaction *via* <sup>13</sup>C nanomagnetic resonance spectroscopy (NMR) and Fourier transform infrared (FTIR) spectroscopy using the same procedures we previously reported.<sup>11</sup>

Liquid-state <sup>13</sup>C NMR experiments are conducted on samples showing no polymerization (Fig. 3a, d and e), while solid-state NMR experiments are conducted on the other mixtures that have polymerized, as assessed by a typical physical change from liquid to a “paste-like” state. Liquid-state spectra are recorded on a Bruker Avance III HD spectrometer operating at a field of 14.1 T with corresponding <sup>13</sup>C and <sup>1</sup>H Larmor frequencies of 150.87 and 599.99 MHz respectively, using a double resonance BBFO probe. <sup>13</sup>C spectra of the soluble samples are acquired with NOE enhancement during the recycle delays. 16 384 transients are added with 1 s acquisition time a spectral width of 234 ppm and a recycle delay of 2 s. The <sup>13</sup>C spectra of the solid samples are obtained on a Bruker Avance III HD spectrometer operating at a field of 9.4 T with corresponding <sup>13</sup>C and <sup>1</sup>H Larmor frequencies of 100.6 and 400.1 MHz respectively. A 4 mm double resonance probe was used operating at room temperature and a magic-angle spinning frequency of 12.5 kHz using a 2 ms long 30% ramped <sup>1</sup>H to <sup>13</sup>C cross polarization. A 50 kHz spectral width is used and 4096 transients are added with 15 ms acquisition time and a recycle delay of 5 s. High-power <sup>1</sup>H decoupling was applied during the acquisition using SPINAL-64. The applied radio-frequency fields were 75 kHz and 85 kHz for <sup>13</sup>C (cross-polarization) and <sup>1</sup>H (cross-polarization and decoupling). All spectra are externally referenced to TMS (0 ppm) by setting the unshielded CH<sub>2</sub> resonance of adamantine to 38.48 ppm.

FTIR spectroscopy is conducted using ThermoFisher's Nicolet IS10 spectrometer in ATR mode with 64 scans at 1 cm<sup>-1</sup> resolution between 600 cm<sup>-1</sup> and 4000 cm<sup>-1</sup>.

#### 4.5 Monitoring of the mechanical properties of the photo-polymerized epoxy films

Nanoindentation is used to provide thin film mechanical properties,<sup>29</sup> using the same procedure we previously reported.<sup>30</sup> Briefly, we used a Hysitron Triboindenter TI 950 (Bruker) to conduct indents using a 25  $\mu$ N load which was held for 5 seconds with loading and unloading times also being set to 5 seconds each. This process is repeated for 25 indents in a 5  $\times$  5 matrix for each sample. We follow Cheng and Cheng<sup>31</sup> to calculate the reduced modulus. Hardness is calculated as the load over the projected area at the beginning of the hold period. Plastic deformation is measured as the residual depth at the end of the unloading cycle.

#### Author contributions

All authors contributed to the research and manuscript preparation. All authors have given approval to the final version of the manuscript.

#### Conflicts of interest

Dr. Keroles Riad has recently incorporated his own startup on FSP-made nanoparticles. The startup is only a few months old, and this study predates the conceptualization of that startup.

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