



Showcasing research from Professor Hongmei Xia's laboratory, College of Pharmacy, Anhui University of Chinese Medicine, Hefei, China.

Engineered plant extracellular vesicles for natural delivery across physiological barriers

This manuscript reviews the biogenesis, isolation, purification and engineering techniques of extracellular vesicles extracted from dietary plants rich in bioactive substances, and compares their advantages as new targeted delivery vectors, in order to obtain a natural platform for drugs to penetrate the physiological barrier to perform therapeutic effects.

As featured in:



See Hongmei Xia *et al.*, *Food Funct.*, 2024, 15, 1737.