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## (*R,S*)-Equol 7- $\beta$ -D-glucuronide, but not other circulating isoflavone metabolites, modulates migration and tubulogenesis in human aortic endothelial cells targeting the VEGF pathway†

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Current knowledge indicates that the consumption of isoflavone-rich foodstuffs can have a beneficial impact on cardiovascular health. To what extent these isoflavones act as the main actors of that benefit is less clear. Genistein (GEN), daidzein (DAZ), and the DAZ-derived microbial metabolite equol (Eq) exhibit antiangiogenic effects *in vitro*, but their low bloodstream concentrations make it difficult to rationalize the *in vivo* effects. Their derived phase-II metabolites (glucuronides and sulfates) are major metabolites found in plasma, but their role as antiangiogenic molecules remains unexplored. We aimed here to first assess the anti-angiogenic activities of the main circulating isoflavone metabolites (glucuronides and sulfates) and compare them with their corresponding free forms at physiological concentrations (0.1–10  $\mu$ M). The effects of the conjugated vs. free forms on tubulogenesis, cell migration, and VEGF-induced signalling were investigated in primary human aortic endothelial cells (HAECs). While (*R,S*)-equol 7- $\beta$ -D-glucuronide (Eq 7-glur) exerted dose-dependent inhibition of tubulogenesis and endothelial migration comparable to that exerted by the free forms (GEN, DAZ, and Eq), the rest of the phase-II conjugates exhibited no significant effects. The underlying molecular mechanisms were independent of the bFGF but related to the modulation of the VEGF pathway. Besides, the observed dissimilar cellular metabolism (conjugation/deconjugation) places the phase-II metabolites as precursors of the free forms; however, the question of whether this metabolism impacts their biological activity requires additional studies. These new insights suggest that isoflavones and their circulating metabolites, including Eq 7-glur, may be involved in cardiovascular health (e.g., targeting angiogenesis).

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## Introduction

Targeting angiogenesis is a pivotal strategy against chronic diseases such as atherosclerosis and (or) cancer. Tumour progression and metastasis are angiogenesis-dependent processes that require sustained cell division, migration, and endothelial cell assembly to form capillary-like structures from preexisting

vessels providing nutrients and oxygen to cancerous cells.<sup>1–4</sup> Currently, approved anti-angiogenic drugs have numerous associated side effects and are not effective for all patients. Even those who initially respond well may develop resistance over time. This situation highlights the need to search for alternative therapies, such as using new compounds (e.g., natural products), which could overcome these drawbacks and limitations.<sup>5</sup> The interest in using non-toxic phytochemicals as antiangiogenic agents. Dietary (poly)phenols exhibit pleiotropic and multi-target activities, and therefore, their use represents a cost-effective and easily accessible method with reduced adverse side effects compared to conventional therapies.<sup>5,6</sup> In this regard, an attractive approach is to consider angiogenesis as a target of (poly)phenols resulting in beneficial effects against chronic diseases such as cancer.<sup>6,7</sup> Curcumin, resveratrol, quercetin, genistein (GEN), and epigallocatechin gallate exemplify the role of (poly)phenols as

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effective antiangiogenic agents.<sup>8</sup> However, several issues should be considered:<sup>9</sup> (i) current evidence mainly comes from *in vitro* studies conducted with free forms, overlooking phase-II metabolism; (ii) (poly)phenols-gut microbiota interaction is not considered; and (iii) the concentrations tested are much higher than those detected *in vivo*. Therefore, the circulating phenolic-derived metabolites (at plausible *in vivo* concentrations) deserve attention as potential candidates to exert the anti-angiogenic effects attributed to the (poly)phenolic dietary precursors.

Isoflavones are a subclass of flavonoids found almost exclusively in legumes (*Fabaceae*), with the highest amounts found in soybeans (*Glycine max* (L.)) and soy products such as soy flour, soy milk, miso, tofu, among others, while lower levels are detected in the seeds and roots of other legumes such as fava beans, lentils, or chickpeas.<sup>10,11</sup> Regarding the anti-angiogenic properties of isoflavones, GEN is recognized for its anti-angiogenic efficacy *via* modulation of a wide range of molecular mechanisms, including the reduced proliferation of endothelial and cancer cells, down-regulation of proangiogenic factors such as protein tyrosine kinase activity (PTKs), matrix metalloproteinases (MMPs), mitogen-activated protein kinases (MAPKs), epidermal growth factor receptor (EGFR) and the vascular endothelial growth factor (VEGF) and its receptors (VEGFR).<sup>12–15</sup> Further, endothelial cellular mechanisms include inhibition of cell migration and tube formation against MH7A and human umbilical vein endothelial cells (HUVECs) stimulated with VEGF.<sup>13,16,17</sup> Much less information regarding the effects (proliferation and migration) of DAZ and equol (Eq) on endothelial cells is available,<sup>18,19</sup> while studies on phase-II metabolites and angiogenesis effects are scarce.

Isoflavone glycosides (*i.e.*, daidzin, genistin, and glycitin) are poorly absorbed in the gut. Instead, they are hydrolyzed to their aglycones and reach the colon. These molecules readily absorb or undergo microbial metabolism to form Eq, *O*-desmethylangolensin (ODMA), or dihydrogenistein. Further phase-II metabolism in the enterocyte and liver will biosynthesize glucuronides, sulfates and sulfo-glucuronides as the main metabolites (*i.e.*, Eq 7-glucuronide, DAZ 4'-sulfate, and GEN 7-glucuronide), which will reach the circulatory system.<sup>10,20</sup> GEN and DAZ 4'-sulfo-7-glucuronides have been identified as major metabolites in human plasma, reaching concentrations between 0.5 and 0.8  $\mu\text{M}$ .<sup>21</sup> Eq 7-glucuronide is the main metabolite derived from Eq, which can reach concentrations between 30 and 100 nM in plasma and systemic tissues, respectively.<sup>22</sup> Previous clinical trials have reported that these circulating conjugated metabolites achieve concentrations in serum ranging from high nM to low  $\mu\text{M}$ , being detected in target tissues such as the human mammary gland,<sup>22,23</sup> where they may exert biological effects, including their anti-angiogenic properties.<sup>24,25</sup> However, to the best of our knowledge, the effects and molecular mechanisms of circulating isoflavone metabolites on angiogenesis in primary human aortic endothelial cells (HAECs), which may resemble physiological conditions in adult tissues, remain elusive.

The current study aims at determining, for the first time, the anti-angiogenic effects and the underlying mechanisms of physiologically relevant phase-II conjugates (glucuronides and sulfates) of GEN, DAZ, and the microbiota-derived metabolite Eq on HAECs. Specifically, we investigated the effect of these metabolites on the capacity of the endothelial cells to form capillary-like structures, migrate, and modulate the basic fibroblast growth factor (bFGF) and vascular endothelial growth factor (VEGF) pathways. For comparative purposes, we also tested the effects of the free forms and their formation *via* deconjugation by cell metabolism.

## Materials and methods

### Materials

(*R,S*)-Equol 7- $\beta$ -D-glucuronide sodium salt (Eq 7-glur), genistein (GEN), GEN 4'- $\beta$ -D-glucuronide (GEN 4'-glur), GEN 7- $\beta$ -D-glucuronide (GEN 7-glur), daidzein (DAZ), DAZ 4'- $\beta$ -D-glucuronide (DAZ 4'-glur), DAZ 7- $\beta$ -D-glucuronide potassium salt (DAZ 7-glur), and DAZ 4'-sulfate disodium salt (DAZ 4'-sulf) were obtained from LGC Standards (Barcelona, Spain) and Toronto Research Chemicals (North York, ON, Canada). Endothelial cell growth medium (ECGM) enriched with growth supplements (complete medium) was purchased from Tebu-Bio (Barcelona, Spain). Corning® Matrigel® Growth Factor Reduced was purchased from Cultek (Madrid, Spain). Recombinant human vascular endothelial growth factor 165 protein (VEGF<sub>165</sub>) and recombinant human basic fibroblast growth factor (bFGF) protein were supplied by Bio-technie (Minneapolis, MN, USA). (*S*)-Equol, Hanks' balanced salt solution (HBSS), 3-(4,5-dimethyl-2-thiazolyl)-2,5-diphenyl-2H-tetrazolium bromide (MTT), Trypan Blue Solution, and dimethyl sulfoxide (DMSO) were provided by Sigma-Aldrich (St Louis, MO, USA). The antibodies used to study protein expression/activation (see below) were obtained from cell signalling (MA, USA), Werfen (Barcelona, Spain), and Bio-technie (Minneapolis, MN, USA).

### Cell culture conditions and treatments

Human aortic endothelial cells (HAECs) were purchased from the European Collection of Cell Cultures (Salisbury, UK). HAECs were cultured in endothelial cell basal medium (ECBM) enriched with growth supplements (GS) and seeded at 5000–10 000 cells per  $\text{cm}^2$  in 25  $\text{cm}^2$  flasks. Cells were maintained at 37 °C, 95% relative humidity, and 5%  $\text{CO}_2$ . The culture medium was replaced every other day until ~80% confluence. Then, following the manufacturer's instructions, HAECs were subcultured using the reagent kit (Salisbury, UK) and treated as described below. Passages 2–6 were used for all the experiments.

### Dose information

We used DMSO as a vehicle to dilute the standards of the isoflavones. The presence of sodium or potassium salts in the structure of the molecules tested was considered in the prepa-



ration of the standards (stock solutions were prepared at 1 mM). To test whether the concentrations selected in this study exerted cytotoxic effects, the cells were seeded at 5000 cells per cm<sup>2</sup> in a 96-well plate and incubated at 37 °C for 24 h. Once attached, we treated the cells with 1% (v/v) DMSO as the control or 10 μM of each isoflavone tested (Fig. 1). After 24 h, the culture medium with the treatments was removed, the cells washed with HBSS (twice) and the cell viability and proliferation measured using the MTT reduction assay. The assays were performed in triplicate (*n* = 3), while each treatment was performed 6 times (6 wells per treatment).

### Tubulogenesis assay

The effect of the compounds investigated on tube formation was determined as described elsewhere.<sup>26,27</sup> Briefly, 96-well plates coated with cold reduced growth factor Matrigel (50 μL) were incubated at 37 °C for 30 min to allow its solidification. Confluent HAEC cells (≥80%) were incubated in ECBM (without GS) at 37 °C for 3 hours and then trypsinised. Next, 50 μL cell suspension (12 500 cells) was added to each Matrigel-coated well before the addition of each treatment (10 μM) in basal ECBM and incubated at 37 °C for 4 hours. Immediately after, the cells were stimulated with GS (0.65% v/v), and this time point was set as time 0 hours (h). A picture at 5x magnification of each treatment was taken at four different time points (time 0, 7, 11, and 24 h) using a microscope (Zeiss Fluorescence Microscope). According to prior studies,<sup>28,29</sup> we used the Angiogenesis Analyzer plug-in (ImageJ 1.54d, National Institute of Health, NIH) to quantify the effect of the isoflavones on tube network formation. We repeated (at least *n* = 3) the dose-dependent effect (10, 1, and 0.1 μM) of the compounds studied, choosing those isoflavones that significantly inhibited tubulogenesis.

### Migration assay

The capacity of the endothelial cells to migrate was investigated as previously described elsewhere.<sup>30,31</sup> Briefly, HAECs were seeded at 10 000 cells per cm<sup>2</sup> in 48-well plates and grown to reach a confluence ≥90%. Next, the endothelial monolayer

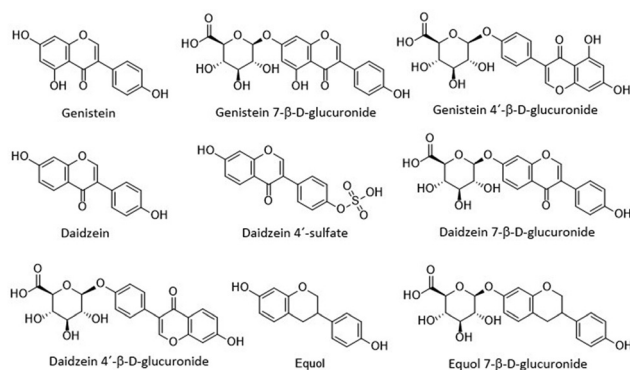
was wounded by scratching the cellular surface with a sterile tip, and the medium containing debris and dislodged cells was removed. The attached cells were washed with HBSS before adding fresh ECBM (GF-deprived) containing DMSO (1% v/v) as the control or 10 μM isoflavones. The cells were incubated for 4 h, stimulated by the addition of 1.5% (v/v) GF (set as time 0 h) and incubated for 20 h (set as time 24/final point). Random pictures (2 or 3 of each treatment) taken along the scratched area using a microscope (Zeiss Fluorescence Microscope) were quantified following the reported protocols.<sup>31</sup> The treatments (10 μM), resulting in significant migration inhibition, were tested at lower concentrations (10, 1, and 0.1 μM) to determine a dose-dependent effect. The quantification of the scratched area at the different time points (4 and 24 h after each treatment) was repeated at least three times (*n* = 3).

### Western blot analysis

Cells at ~80% confluence were incubated in ECBM (GS deprived) for 3 h prior to treatment with 10 μM DAZ, GEN, Eq, or Eq 7-glur for 4 h. Immediately after, the cells were stimulated for 5 min with (i) 100 ng mL<sup>-1</sup> bFGF (optimization is described in ESI†) or (ii) 100 ng mL<sup>-1</sup> VEGF<sub>165</sub> (as determined elsewhere).<sup>32</sup> Next, the cells were washed with HBSS, and the protein extracted using RIPA buffer. The cellular protein lysates (20 μg protein loaded in each well) separated into 10%–12% acrylamide gels were transferred to nitrocellulose membranes, incubated with monoclonal primary antibodies (1:1000 dilution) against total (t)-FGF receptor 1 (D8E4, #9740), p-VEGFR2 (Tyr1175; 19A10, #2478), t-VEGFR2 (55B11, #2479), p-VEGFR1 (Y1213; AF4170), t-VEGFR1 (E7T9H, #64094), p-ERK (Thr202/Tyr204, 20G11; #4377), t-ERK (137F5; #4695), p-Akt (Ser473, 193H12; #4058), t-Akt (C67E7; #4691), p-p38 (Thr180/Tyr182; D3F9, #4511), and t-p38 (D13E1, #8690). GAPDH (D4C6R, #97166) at a dilution of 1:2500 was the loading protein control selected. The anti-rabbit and anti-mouse secondary antibodies were used at 1:5000. The membranes developed with SuperSignal West Pico PLUS Chemiluminescent Substrate detection system (ThermoFisher, Barcelona, Spain) were scanned by Amersham Imager 600 (Chicago, IL, USA), and the protein level determined using the ImageJ software v 1.54d (NIH, USA).

### Immunofluorescence analysis

HAEC cells (10 000 per 24-well plate foci) were seeded in Poly-L-Lys Cellware 12 mm cover (Corning) in 250 μL ECBM media and allowed to adhere at 37 °C overnight. The cells were treated as described for western blot analysis (incubation in deprived medium for 3 h, treatment with 10 μM isoflavones for 4 h, and stimulation with 100 ng mL<sup>-1</sup> VEGF<sub>165</sub> for 5 min). Next, the cells were washed with PBS, fixed with 4% paraformaldehyde in PBS (v/v) for 10 min, incubated at room temperature with 20 mM glycine for 20 min, permeabilised with 0.5% NP40 and blocked for 1 h with 2% BSA. Cells were then labeled with the corresponding primary antibody dilution 1:200, followed by Alexa 594-conjugated secondary antibody



**Fig. 1** The chemical structure of relevant free forms and their conjugated metabolites of genistein and daidzein.



dilution 1:400 (ThermoFisher Scientific). Samples were mounted using a Dako mounting medium and examined with a Leica laser scanning confocal microscope AOBs and software (Leica Microsystems). The objective used was HCX PL APO CS  $\times$  63 glycerol.

### Docking interaction analysis

To perform the *in silico* study of the isoflavones-VEGFR2 interaction, we selected the MCULE software (MCULE, Inc. Palo Alto, CA, USA). This platform offers a wide range of online compounds and discovery tools with comprehensive chemical databases. Once obtained, the “InChIKey” of GEN and Eq (compounds that inhibited VEGFR2 phosphorylation) together with the specific inhibitor AZD3229<sup>33</sup> as well as the structural model of VEGFR2 (coded as 6GQO within the Protein Data Bank; <https://www.rcsb.org/structure/6GQO>) we uploaded the information to MCULE. This program provides information about the critical interactions between the molecules tested with the receptor studied based on how the 3D structure of the ligands fit into the 3D binding site of the target. This interaction is measured as docking scores, which are used to predict the affinity of a molecule to a target (the more negative, the higher the affinity). We next downloaded the files of the docking simulations with the best scores as “pdb” files to generate images of the docking sites and the molecular interactions using the Biovia Discovery Studio 2021.

### Assessment of stability and metabolism by HAEC cells

To determine the stability and metabolism of isoflavones (free and conjugated forms) by HAEC cells, cell culture supernatants (from tubulogenesis and migration assays) were collected at the initial (0 h) and final points (24 h), processed, and analysed using an Agilent 1290 Infinity UPLC-ESI system coupled to a 6550 Accurate-Mass quadrupole-time-of-flight (QTOF) (mass spectrometer (Agilent Technologies, Waldbronn, Germany)) as previously described.<sup>31,32</sup>

### Statistical analysis

Data were expressed as the average  $\pm$  standard deviation (SD) of at least three independent experiments ( $n \geq 3$ ). Normally distributed data were analysed by the ANOVA test and Dunnett's *post-hoc* analysis. The software used for statistical analysis was Prism 9.0 (GraphPad, La Jolla, CA, USA). Graphics and figures were prepared using Prism 9.0 (GraphPad) and ChemDraw Professional v. 16.0.1.4 (PerkinElmer Informatics Inc., Cambridge, MA, USA). Statistically significant differences were considered at  $*p < 0.05$ ,  $**p < 0.01$ , and  $***p < 0.001$ .

## Results and discussion

### Isoflavones at 10 $\mu$ M lack cytotoxicity on HAECs

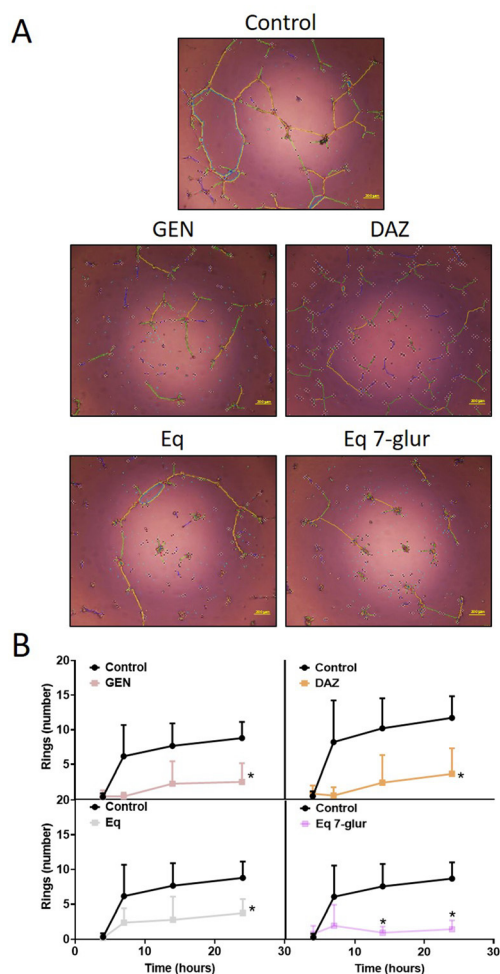
The results of the MTT assay showed an absence of cytotoxic effects in the cells treated with the vehicle (1% DMSO v/v) and 10  $\mu$ M isoflavones (maximum concentration used) for 24 h (results not shown).

### Isoflavones inhibit the tubulogenic capacity of HAECs time- and dose-dependently

The *in vitro* tubulogenesis assay is a widely used methodology to investigate the capacity of molecules of interest (*i.e.*, dietary phenolics) in modulating angiogenesis.<sup>34</sup> Regarding isoflavones, information about their role in *in vitro* tubulogenesis encompasses a small number of studies focused on GEN-treated endothelial cells,<sup>18,35,36</sup> thus justifying the investigation of other relevant dietary isoflavones such as DAZ as well as their derived-circulating metabolites.

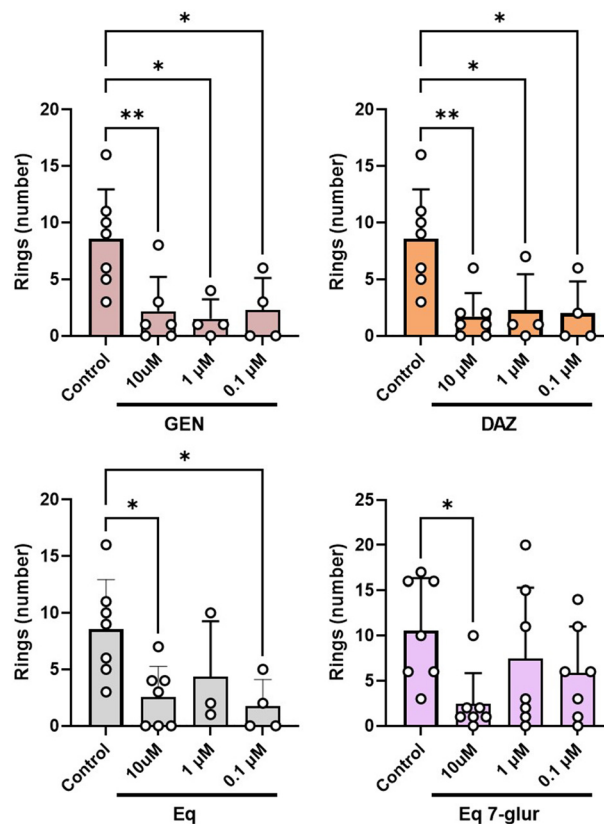
In this study, we used HAECs as a relevant cellular line for two reasons: (i) they are primary cells isolated from adult tissues (*i.e.*, aorta) and show a phenotype closer to *in vivo* (patho)physiological processes compared to other endothelial cell lines;<sup>37,38</sup> (ii) modulation of *in vitro* angiogenic mechanisms in this cell line by isoflavones remains unexplored. According to the guidance reported elsewhere,<sup>9</sup> in the first group of experiments, we compared the capacity of a set of circulating phase-II metabolites and their free forms (as shown in Fig. 1) to modulate HAECs tubulogenesis, in a time-dependent manner, using the Matrigel-based experiment. The phase-II metabolites (glucuronides and sulfates) of DAZ and GEN at 10  $\mu$ M were unable to promote or inhibit the formation of tubulogenesis-related structures in stimulated cells (Fig. S1†). In contrast, at the same concentration, DAZ and GEN exerted a substantial inhibition ( $p < 0.05$  at 24 h) of the characteristic features of *in vitro* tubulogenesis (Fig. 2). The weaker biological activity of phase-II metabolites compared to their free forms is a recurrent result described in prior studies that assessed phase-II (poly)phenolic conjugates, including isoflavones ones, which exerted less or no biological activity compared to their free forms.<sup>39–41</sup> Our results show the inhibitory effects of GEN and DAZ on HAECs for the first time. However, the systemic nature of this cell line and the negligible level of GEN and DAZ detected in plasma makes it difficult to rationalize their direct effect at the vascular level. An alternative explanation to this resides in the role of these molecules as precursors of gut microbial metabolites,<sup>25</sup> which might be more bioactive molecules. For example, the DAZ-derived microbial Eq can bind to estrogen receptors (ERs) with higher affinity than its precursor<sup>42</sup> or inhibit endothelial migration at lower concentrations.<sup>18</sup> Based on this, we next tested whether Eq and its main circulating phase-II metabolite Eq 7-glur were active molecules against tubulogenesis. Under the same conditions described above, Eq and Eq 7-glur hampered the tubulogenic capacity of HAECs at 10  $\mu$ M (Fig. 2). Notably, 10  $\mu$ M Eq 7-glur showed similar potency to the free forms, exerting a significant reduction ( $p < 0.05$  at 14 and 24 h) of the number of rings formed compared to the stimulated cells (Fig. 2). To the best of our knowledge, the anti-angiogenic properties of Eq and its glucuronide are unprecedented, and it is in accordance with the effect exerted by other circulating metabolites, such as urolithin A-glucuronide,<sup>30</sup> 6-methoxyequol,<sup>43</sup> and(or) quercetin 3-glur<sup>44</sup> at the vascular level.





**Fig. 2** Time-course evaluation of the effect of isoflavones on the formation of ring-like structures in stimulated HAECs. Endothelial cells treated with 10  $\mu\text{M}$  GEN, DAZ, Eq, and Eq 7-glur for 4 h followed by stimulation with GS (0.65% v/v) were photographed at different time points and analysed/quantified to determine the effect of isoflavones on cellular network formation. Illustrative images of the tube-like formation taken at 24 h after isoflavones treatment (A). Quantification of the rings formed in the presence or absence of isoflavones at different time points (B). The graphics shown in B are the result of three different assays ( $n = 3$ ). \* $p < 0.05$  between control (1% DMSO-treated cells) and treated cells at the specific time points. Scale bar = 200  $\mu\text{m}$ .

Considering the concentrations achieved *in vivo*<sup>45</sup> and the results of the time-course assay, we next treated the cells with DAZ, GEN, Eq, and Eq 7-glur at three different concentrations (10, 1, and 0.1  $\mu\text{M}$ ) for 24 h (significant effects observed at this time point). The potential of the free forms in inhibiting tubulogenesis in HAECs was similar within the range of concentrations tested (Fig. 3 and Fig. S2†). The similar potency exhibited by GEN and DAZ (even at the lowest concentration) was in agreement with the results obtained using the chorioallantoic membrane assays (CAM),<sup>46</sup> but in contrast with the lower (or no) activity showed by DAZ compared to GEN *in vivo*.<sup>19,47,48</sup> This discrepancy might be related to the different conditions of the assays (such as models used, concentrations tested, and



**Fig. 3** Dose-dependent evaluation of the effects of DAZ, GEN, Eq, and Eq 7-glur, at concentrations from 10–0.1  $\mu\text{M}$ , on the capacity of stimulated HAECs to form ring-like structures for 24 h. Bar graphs show the average  $\pm$  SD of the number of rings formed. The assays were repeated a minimum of three times ( $n = 3$ ). \* $p < 0.05$ ; \*\* $p < 0.01$ .

duration of the experiments) described in these studies. The circulating metabolite Eq 7-glur also effectively reduced the tubulogenic capacity of the endothelial cells. Although less potent than its free form, Eq 7-glur (only effective at 10  $\mu\text{M}$ ) was recognized, for the first time, as an active phase-II metabolite with the ability to inhibit tubulogenesis *in vitro*.

### Equol and equol 7-glur inhibit endothelial cell migration in a dose-dependent manner

Endothelial migration is another critical step in angiogenesis. We used the wound healing assay as an easy and reliable technique to test how isoflavones affect endothelial migration. The glucuronides and sulfates of GEN and DAZ, at 10  $\mu\text{M}$ , were ineffective in reducing the capacity of the stimulated HAECs to migrate (Fig. S3†). The inability of the conjugated metabolites was in agreement with our tubulogenesis results (no studies have been published that support or challenge this effect). At the same concentration, GEN and DAZ could not inhibit HAEC cell migration (Fig. S3†). This result agrees with previous studies reporting that these molecules showed no effect on HUVEC<sup>36</sup> and HEMC-1<sup>19</sup> migration and is at odds with the inhibitory effect observed on EA.hy926<sup>17</sup> and rat aortic-isolated endothelial cells.<sup>49</sup> Otherwise, the lack of effect of GEN and



DAZ against migration contrasts with their notably inhibitory effect observed on tubulogenesis. This disparity seems to be related to cell density. For example, Berndt *et al.* described a greater inhibitory effect of GEN (25–100  $\mu\text{M}$ ) on tubulogenesis compared to endothelial migration in HUVECs,<sup>36</sup> while Fotsis *et al.* showed a density-dependent effect of GEN on bovine brain capillaries-derived endothelial cells.<sup>18</sup>

There is little information regarding the role of Eq and Eq 7-glur on cellular migration. Eq acts as an inhibitor of cell migration against a range of cancer cells<sup>50</sup> (the effect is untested in endothelial cells), whereas nothing is known about the biological activity of its glucuronide. Our results showed that both molecules reduced cell migration dose-dependently, albeit only Eq 7-glur was significantly effective at 10 and 1  $\mu\text{M}$  (Fig. 4 and Fig. S3†). These results are relevant as the transformation of dietary isoflavones by gut microbiota provides Eq and, subsequently, Eq 7-glur as biologically active metabolites potentially capable of modulating a wider range of processes (under the conditions of our study) related to angiogenesis.

The effect of Eq 7-glur is relevant because it is a circulating metabolite detected in the bloodstream and systemic tissues,<sup>22,51,52</sup> where it can exert its antiangiogenic effects.

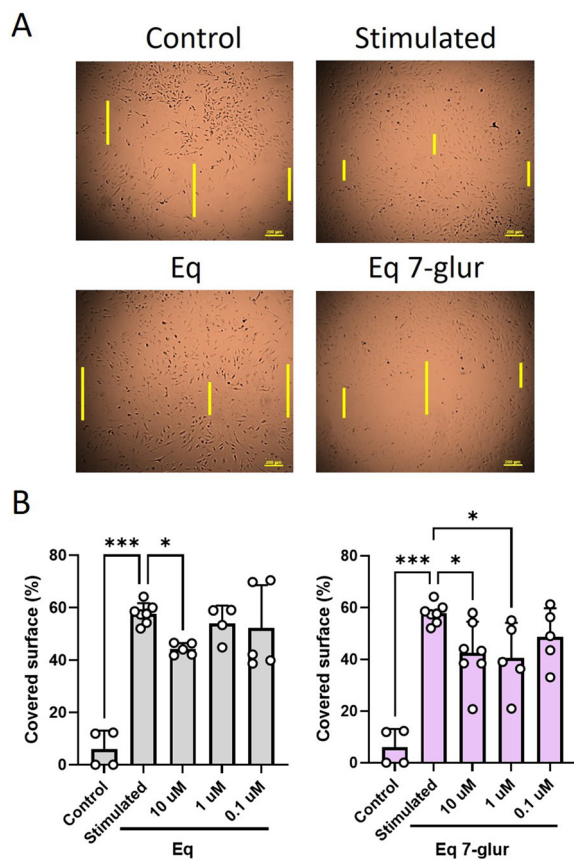
### Isoflavones target the VEGF pathway through different mechanisms

Angiogenesis is a complex system regulated by a plethora of key molecules, including proteases, transcription factors, and (or) growth factors.<sup>53</sup> We studied how DAZ, GEN, Eq, and Eq 7-glur (at 10  $\mu\text{M}$ ) affected the proangiogenic bFGF and VEGF pathways<sup>54</sup> activation in stimulated endothelial cells to evaluate the inhibition targets.

In HAECs, the treatment of the cells with 100  $\text{ng mL}^{-1}$  bFGF exerted proangiogenic effects, inducing receptor FGFR1<sup>55</sup> phosphorylation, which in turn triggers the activation of essential signalling pathways (*i.e.*, ERK, p38, and JNK, among others) modulating angiogenesis.<sup>56</sup> In an initial test, we optimized the stimulation conditions with bFGF, testing the activation of downstream pathways such as ERK. A time-course assay of HAECs treated with 100  $\text{ng mL}^{-1}$  bFGF for 2–30 min showed the highest phosphorylation of ERK at 5 min (Fig. S4A†). Using these experimental conditions, we investigated whether our compounds could target the FGF pathway *via* targeting the ERK pathway (phosphorylation inhibition) or down-regulating FGFR1 expression. The treatment with DAZ, GEN, Eq, and Eq 7-glur for 4 h before the stimulation with bFGF for 5 min did not affect the level of phosphorylated ERK (Fig. S4B†) or t-FGFR1 (Fig. S4C†) compared to the stimulated cells, indicating that the inhibitory effects exerted on tubulogenesis and(or) migration are independent of this pathway.

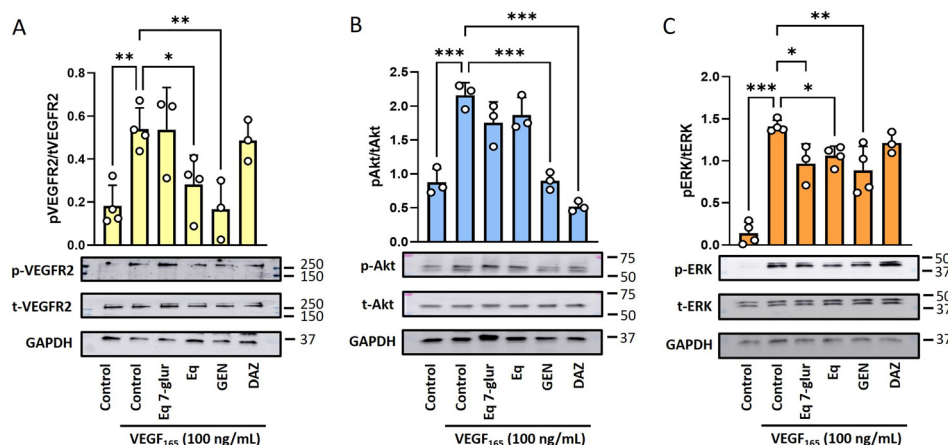
The VEGF pathway is another key target in (patho)physiological angiogenesis that could help to understand how the isoflavones exert their antiangiogenic effects. VEGF<sub>165</sub> is one of the most relevant isoforms in this pathway, exerting its effects *via* interaction with its tyrosine kinase receptors VEGFR1 and VEGFR2 and activation of multiple downstream pathways.<sup>57</sup> Current knowledge places the effect of isoflavones (*e.g.*, GEN and 6-methyl-Eq) *via* inhibition of the downstream pathways (*i.e.*, JNK, p38, ERK) in VEGF-treated HUVECs.<sup>13,43</sup> Still, it overlooks whether this effect involves receptor modulation. Hence, we first studied whether our compounds modulated VEGFR1 since its blockage is a known mechanism associated with the suppression of angiogenesis.<sup>58</sup> However, our data show that VEGFR1 is an unlikely target of GEN, DAZ, Eq, and Eq 7-glur since its receptor level, as well as the VEGF<sub>165</sub>-induced activation (measured as Y1213 residue phosphorylation), is similar between the different treatments (Fig. S5A†).

A second mechanism approached was the interaction of the isoflavones with VEGFR2. Specifically, we determined their effects on key factors on angiogenesis regulation, such as Y1175 residue phosphorylation<sup>59</sup> and ERK, Akt, and p38 activation.<sup>60</sup> VEGFR2 was identified as a target of GEN and Eq in VEGF<sub>165</sub>-treated cells, given the lower phosphorylation level at the Y1175 residue and the related sequential inactivation of ERK and Akt. DAZ and Eq 7-glur did not affect VEGFR2 acti-



**Fig. 4** Dose-dependent effect of isoflavones on HAECs migration. Scratched HAECs were treated with Eq and Eq 7-glur for 4 h and stimulated with 1.5% GS (v/v) for 20 h. Illustration of the effect of Eq and Eq 7-glur at 10  $\mu\text{M}$  after 24 h treatment (A). Quantification of the gap surface covered (%) by the cells in the presence of Eq and Eq 7-glur at concentrations from 10 to 0.1  $\mu\text{M}$  after 24 h treatment (B). The bar graphs show the average  $\pm$  SD of a number of experiments between 4 and 7 ( $n = 4-7$ ). \* $p < 0.05$  and \*\*\* $p < 0.001$ .





**Fig. 5** Effect of isoflavones on VEGFR2 phosphorylation and the downstream pathways Akt and ERK in VEGFR<sub>165</sub>-stimulated HAECs. Western blot analysis of the phosphorylated and total forms of VEGFR2 (A), Akt (B) and ERK (C) using cell lysates obtained from HAECs pretreated with 10  $\mu$ M GEN, DAZ, Eq and Eq 7-glur for 4 h prior to the stimulation with 100 ng mL<sup>-1</sup> VEGF<sub>165</sub> for 5 min. GAPDH was analysed in each membrane examined and used as the loading control. The results expressed as an average  $\pm$  SD of 3 or 4 independent experiments ( $n = 3-4$ ). \* $p < 0.05$ ; \*\* $p < 0.01$ ; \*\*\* $p < 0.001$ .

vation but prevented the VEGF<sub>165</sub>-induced activation of Akt and ERK, respectively (Fig. 5). The inhibitory effects seemed independent of the p38 pathway as none of these compounds modulated its activation (Fig. S5B<sup>†</sup>).

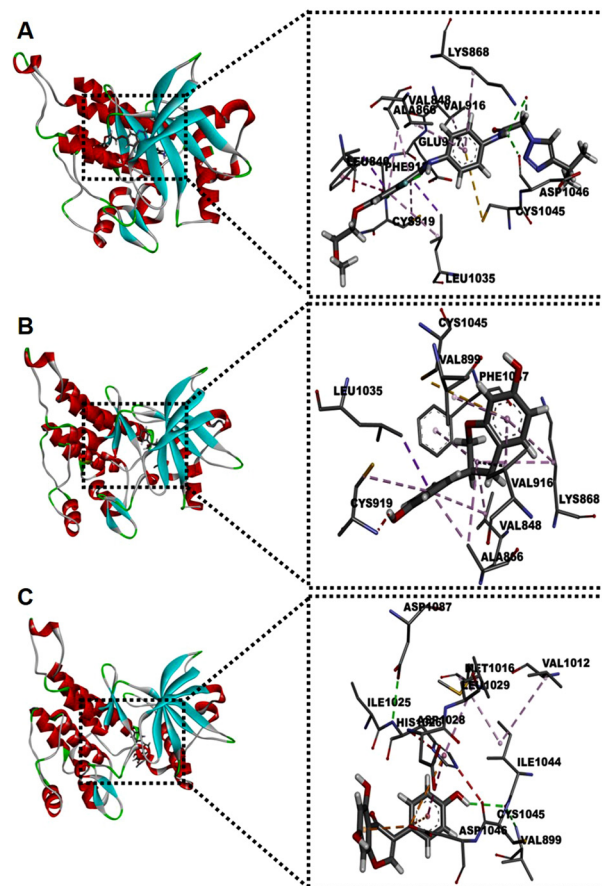
### Structure-based docking of GEN and Eq to VEGFR2

Next, we conducted an *in silico* approach to explore whether GEN and (or) Eq can bind to VEGFR2 (Fig. 6). We excluded DAZ and Eq 7-glur since they did not affect VEGFR2 activation. Taking as a reference the docking score of the VEGFR2 inhibitor AZD3229 ( $-9.7$  kcal mol<sup>-1</sup>), the predicted binding affinity to the receptor was higher for Eq ( $-8.7$  kcal mol<sup>-1</sup>) compared to GEN ( $-7.8$  kcal mol<sup>-1</sup>). Also, the hotspot predicted for Eq (Fig. 6B) has numerous residues in common with the inhibitor AZD3229, whereas for GEN, the similarities are much more limited. The amino acid CYS1045 formed a Pi-sulfur interaction in AZD3229 and Eq, both with the phenyl ring, whereas this amino acid bound GEN with VEGFR2 through a hydrogen bond. Likewise, AZD3229 and Eq shared more similarities.

As shown in Fig. 6A and B, both compounds could interact with the VEGFR2 surface pocket by forming Pi-Sigma and Pi-alkyl interactions with LEU1035 and ALA866, respectively. However, these interactions were not observed with GEN (Fig. S6<sup>†</sup>). This suggests that Eq could bind to VEGFR2 and block its activation VEGF<sub>165</sub>, whereas the effect exerted by GEN might imply alternative mechanisms such as intracellular inhibition of protein tyrosine kinase activity.<sup>13</sup> These *in silico* results require validation through additional experiments, including competitive binding assays.

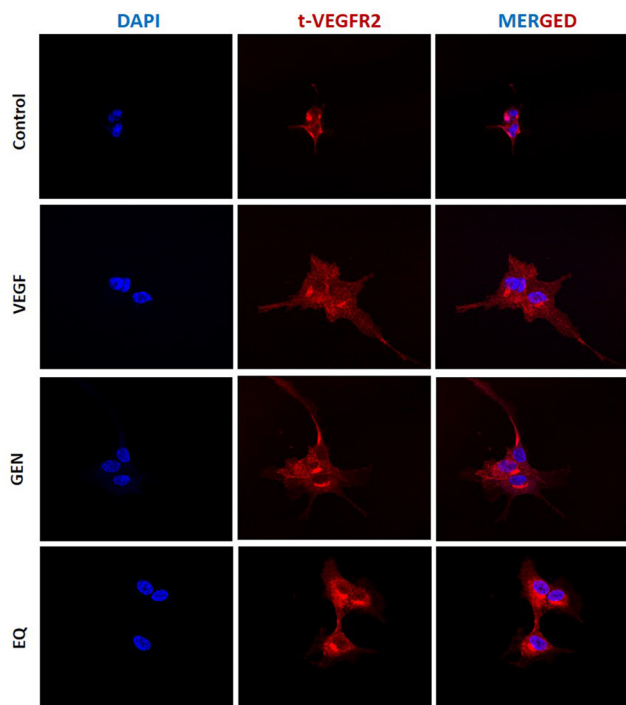
### VEGFR2 location is unaffected by isoflavones

VEGFR2 is a membrane receptor detected intracellularly due to the recycling/degradation cycle. The receptor location is an



**Fig. 6** Docking simulations of AZD3229 (A), Eq (B) and GEN (C) to the VEGFR2 active site. Left illustrations show the 3D pose models. Right illustrations show an expanded view of the interactions of AZD3229 (A), Eq (B), and GEN (C) with the residues of the active site of VEGFR2.





**Fig. 7** Immunofluorescence detection of VEGFR2 in VEGF<sub>165</sub>-treated HAEC cells in the presence or absence of 10  $\mu$ M GEN or Eq. DAPI staining allowed the visualization of the cellular nuclei.

important factor that regulates the access of the ligands and, therefore, its activation.<sup>61</sup> Thus, cytoplasmic accumulation of VEGFR2 could reduce its exposure to VEGF<sub>165</sub>, altering its activation. The analysis of the images (Fig. 7) included in Fig. S7† shows a similar distribution of the VEGFR2 in the cytoplasm of the VEGF<sub>165</sub>-stimulated endothelial cells in the presence or absence of GEN and Eq. These results indicate that the reduced activation of the VEGFR2 in GEN- and Eq-treated HAECs described in Fig. 5 is not due to a cytoplasmic accumulation of the receptor induced by the isoflavones.

### Isoflavones metabolism in endothelial migration and tubulogenesis assays

We next analysed the culture medium of the tubulogenesis and migration assays to study the metabolic transformations of the isoflavones tested under different experimental conditions (Fig. S8–S10†). Table 1 summarizes the concentrations of the compounds used in the cell assays (time 0) and the metabolites produced after 24 h incubation.

In line with the metabolic transformations described for curcumin, urolithins, resveratrol, and (or) flavanones,<sup>31,32,62,63</sup> the incubation of HAEC cells with DAZ resulted in the formation of sulfate metabolites (*i.e.*, 0.1–0.4  $\mu$ M DAZ-sulf). These cells were also able to form sulfates from GEN (Fig. S9†), although the lack of standards made it difficult to determine the amount of phase-II metabolite generated. No glucuronides were detected, thus supporting the reported

prevalence of sulfation over glucuronidation in these cells.<sup>62</sup> Similar to the results described by Toro-Funes *et al.*,<sup>64</sup> Eq was less prone to the conversion to its conjugated form, as revealed by the absence of derived metabolites at 24 h.

Interestingly, we have observed deconjugation with different isoflavones under our experimental conditions. There are notable differences in the metabolism of conjugated metabolites: (i) sulfate deconjugation (only tested in DAZ 4'-sulf) was similar in migration and tubulogenesis assays, (ii) tubulogenesis conditions promoted deconjugation of DAZ conjugates (the glucuronide position influence was negligible) and Eq 7-gluc compared to migration, and (iii) the glucuronide position determined the release of GEN from its conjugate only in the migration assay. The *in vitro* metabolism of the isoflavones may be understood as a dynamic process characterized by cycles of conjugation/deconjugation influenced by several assay- and compound-dependent factors. The presence of the Matrigel promotes deconjugation of glucuronides, albeit its ill-defined and complex composition<sup>65</sup> makes it difficult to determine what component(s) is(are) responsible and the underlying mechanism(s). Cell density (confluent *vs.* sub-confluent) is another factor to be considered based on its influence on phase-II metabolism.<sup>66</sup> Another element to contemplate is the structure of (poly)phenols, which influences their susceptibility to undergo enzymatic conjugation/deconjugation.<sup>67–69</sup> Spontaneous deconjugation appears very unlikely as the isoflavones are stable in the culture medium under the conditions of our assays (without cells) for 24 h (results not shown). While the correlation between isoflavones metabolism and migration effects was trivial, deconjugation of the phase-II of GEN and DAZ metabolites resulted in the release of their free forms, reaching concentrations high enough to inhibit tubulogenesis (Fig. 2 and 3). Nonetheless, the treatment with the conjugated metabolites was inefficient. By mechanisms which remain unclear, the coexistence of free and conjugated forms of isoflavones resulted in an inactive mixture against tubulogenesis. Studies with RSV described a comparable circumstance that involved senescence induction in breast cancer cells treated with individual compounds, RSV, or their derived metabolites, but no effects in the presence of a physiologically relevant mixture with different RSV metabolites. The differences between individual compounds and their mixture were related to the potential competition of the individual molecules for ABC transporters.<sup>70</sup> The well-known expression of influx/efflux transporters in endothelial cells<sup>71,72</sup> and their reported interaction with isoflavones<sup>73–76</sup> align with the free/conjugated isoflavones competition hypothesis. This could be an avenue to explain why the conjugated metabolites hydrolysed to free forms that act intracellularly are inactive (*e.g.*, DAZ targets the Akt pathway; Fig. 6B), yet additional studies are requested to support this idea. Interestingly, Eq 7-gluc seemed to inhibit migration by itself (no release of Eq in this assay) and kept its ability to inhibit angiogenesis despite being hydrolysed to Eq, indicating no competition in the mixture Eq 7-gluc/Eq.



**Table 1** Metabolism of different isoflavones by HAEC cells. Data are expressed as mean  $\pm$  SD ( $n = 3$ ). Compounds were quantified using authentic standards

	Migration		Tubulogenesis	
	0 h	24 h	0 h	24 h
<b>Treatment DAZ</b>				
DAZ	10.49 $\pm$ 1.40	9.92 $\pm$ 0.65	10.90 $\pm$ 0.81	8.94 $\pm$ 0.57
DAZ 4'-sulf	n.d.	0.16 $\pm$ 0.14	n.d.	0.39 $\pm$ 0.31
<b>Treatment DAZ 4'-glur</b>				
DAZ	0.25 $\pm$ 0.11	5.21 $\pm$ 0.57	0.18 $\pm$ 0.16	10.49 $\pm$ 2.93
DAZ 4'-glur	10.07 $\pm$ 1.94	5.96 $\pm$ 0.62	11.58 $\pm$ 0.49	1.93 $\pm$ 0.72
DAZ 4'-sulf	n.d.	0.10 $\pm$ 0.14	n.d.	0.10 $\pm$ 0.004
<b>Treatment DAZ 7-glur</b>				
DAZ	0.06 $\pm$ 0.07	4.91 $\pm$ 2.90	n.d.	9.36 $\pm$ 3.88
DAZ 7-glur	10.49 $\pm$ 0.81	5.44 $\pm$ 3.86	9.48 $\pm$ 0.39	1.58 $\pm$ 2.19
DAZ 4'-sulf	n.d.	0.07 $\pm$ 0.09	n.d.	0.03 $\pm$ 0.03
<b>Treatment DAZ 4'-sulf</b>				
DAZ	0.06 $\pm$ 0.07	2.56 $\pm$ 2.10	0.30 $\pm$ 0.01	2.10 $\pm$ 2.10
DAZ 4'-sulf	9.38 $\pm$ 2.13	6.86 $\pm$ 0.13	10.02 $\pm$ 1.73	8.35 $\pm$ 0.14
<b>Treatment GEN</b>				
GEN	9.92 $\pm$ 1.89	9.18 $\pm$ 1.11	9.90 $\pm$ 0.01	7.32 $\pm$ 2.39
GEN-sulf <sup>a</sup>	n.d.	34 291 $\pm$ 9051 <sup>a</sup>	n.d.	184 132 $\pm$ 110 940 <sup>a</sup>
<b>Treatment GEN 4'-glur</b>				
GEN	0.02 $\pm$ 0.01	2.31 $\pm$ 2.14	n.d.	3.09 $\pm$ 1.03
GEN 4'-glur	11.97 $\pm$ 2.43	6.72 $\pm$ 1.86	10.26 $\pm$ 2.74	5.44 $\pm$ 1.62
GEN-sulf <sup>a</sup>	n.d.	58 335 $\pm$ 13 637 <sup>a</sup>	n.d.	67 776 $\pm$ 5361 <sup>a</sup>
<b>Treatment GEN 7-glur</b>				
GEN	0.03 $\pm$ 0.02	0.11 $\pm$ 0.14	0.06 $\pm$ 0.02	3.77 $\pm$ 0.71
GEN 7-glur	11.41 $\pm$ 0.97	9.61 $\pm$ 0.93	10.43 $\pm$ 0.53	5.22 $\pm$ 1.14
GEN-sulf <sup>a</sup>	n.d.	56 613 $\pm$ 25 873 <sup>a</sup>	n.d.	53 369 $\pm$ 25 906 <sup>a</sup>
<b>Treatment Equol</b>				
Equol	10.20 $\pm$ 1.18	10.62 $\pm$ 0.20	10.75 $\pm$ 1.24	9.57 $\pm$ 0.35
<b>Treatment Equol 7-glur</b>				
Equol	n.d.	n.d.	n.d.	4.09 $\pm$ 0.57
Equol 7-glur	11.27 $\pm$ 2.03	11.75 $\pm$ 1.99	10.53 $\pm$ 1.42	4.02 $\pm$ 0.21

<sup>a</sup> GEN-sulf was tentatively identified and expressed as area values of the integrated extracted ion chromatograms (EICs) due to the lack of authentic standards.

## Conclusions

This study documents important findings on the role of isoflavones in targeting angiogenesis. First, the description of Eq 7-glur as an active molecule at the vascular level. The relevance of this lies in (i) the variable capacity of humans to produce equol (25–50% are equol producers)<sup>25</sup> and, in turn, the circulating glucuronide; (ii) it is an exception to the reduced biological activity exhibited by conjugated metabolites compared to their free forms. Second, the previously identified cell metabolism of HAECs could also impact the biological activity of isoflavones. This discovery sets phase-II metabolites of isoflavones as precursors of their free forms in endothelial cells but underscores the complexity of the mixtures of conjugated metabolites/free forms. Properly comprehending isoflavone deconjugation and its relation to biological activity requires further studies. Third, the use of a relevant cell line, the description of the underlying molecular mechanisms (*i.e.*, VEGF and downstream pathway), and the integration of metabolism/bioavailability of isoflavones in the design of the *in vitro* assays will be the basis of future *in vivo* studies.

The design of future studies should also consider the main limitations of our study. Intestinal microbiota exclusively produce the (*S*)-equol enantiomer<sup>77</sup> (used in our study), which undergoes phase-II metabolism. The (*R,S*)-equol 7- $\beta$ -D-glucuronide used in our study is a racemic mixture that differs from the (*S*)-equol-derived glucuronide formed *in vivo*. The different effects observed between (*S*)-equol and (*R*)-equol<sup>78</sup> highlight the importance of testing the enantiomer of the glucuronide formed *in vivo*.

Further *in vivo* investigations are warranted to explore the possible role of isoflavone metabolites as potential anti-angiogenic compounds contributing to the prevention/treatment of angiogenesis-related chronic diseases such as cancer and(or) atherosclerosis upon consumption of isoflavone foodstuffs.

## Author contributions

Conceptualization: J.A.G.-B., A.G.-S. and J.C.E.; methodology: J.A.G.-B., A.G.-S., M.A.A.-G., D.G.-M, and A. M.-L.; resources: J.A.G.-B., A.G.-S. and J.C.E.; writing original draft: J.A.G.-B. and A.



G.-S.; writing – review & editing: all authors. All authors have read and approved the final manuscript.

## Conflicts of interest

There are no conflicts to declare.

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