

Cite this: *Dalton Trans.*, 2024, **53**,  
7611Modulated spin dynamics of [Co<sub>2</sub>] coordination  
helicates *via* differential strand composition†Leoní A. Barrios, \*<sup>a</sup> Nuria Capó, <sup>a</sup> Hanae Boulehjour, <sup>c</sup> Daniel Reta, <sup>b,c,d</sup>  
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Coordination supramolecular chemistry provides a versatile entry into materials with functionalities of technological relevance at the nanoscale. Here, we describe how two different bis-pyrazolopyridine ligands (L1 and L2) assemble with Co(II) ions into dinuclear triple-stranded helicates, in turn, encapsulating different anionic guests. These constructs are described as  $(\text{Cl}@\text{[Co}_2(\text{L1})_3])^{3+}$ ,  $(\text{SiF}_6@\text{[Co}_2(\text{L1})(\text{L2})_3])^{2+}$  and  $(\text{ClO}_4@\text{[Co}_2(\text{L2})_3])^{3+}$ , as established by single-crystal X-ray diffraction. Extensive magnetic and calorimetric measurements, numerical treatments and theoretical calculations reveal that the individual Co(II) centers of these supramolecular entities exhibit field-induced slow relaxation of magnetization, dominated by direct and Raman mechanisms. While the small variations in the spin dynamics are not easily correlated with the evident structural differences among the three species, the specific heat measurements suggest two vibronic pathways of magnetic relaxation: one that would be associated with the host lattice and another linked with the guest.

Received 1st March 2024,  
Accepted 2nd April 2024

DOI: 10.1039/d4dt00629a

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## Introduction

The discovery of single-molecule magnets (SMMs) has been one of the most fascinating events in the area of molecular magnetism.<sup>1–3</sup> SMMs are capable of preserving their magnetization below a certain temperature without any cooperative effect, thus behaving as individual magnets.<sup>4</sup> It was first described on an oxide/acetate bridged coordination cluster of 12 Mn ions with a total spin ground state  $S = 10$ .<sup>5</sup> The ten years following this landmark witnessed large efforts to produce and study transition metal (TM) clusters as improved SMMs by pursuing larger  $S$  ground state values and axial anisotropy parameters,  $D$ . Both terms contribute to enhancing the energy barrier that prevents the relaxation of magnetization, thus increasing the blocking temperature. In 2003, it was

shown that complexes of one sole lanthanide ion could display slow relaxation of magnetization, outperforming most 3d SMMs thanks to their large magnetic anisotropy.<sup>6</sup> This sparked a frenetic race to develop Ln SMMs,<sup>7</sup> which furnished breakthrough mononuclear Dy(III) complexes exhibiting magnetic hysteresis near<sup>8,9</sup> or above the temperature of liquid N<sub>2</sub>.<sup>10</sup> In this process, it became clear that the anisotropy in single 3d metals<sup>11–13</sup> (and not only lanthanides) was also sufficient to yield barriers to the magnetic relaxation larger than most polynuclear TM complexes. Molecules behaving as SMMs composed of only one metal ion have also been termed single-ion magnets (SIMs). The perfect marriage between the large anisotropy of lanthanides and large spin states arising from exchange interactions is represented by the cluster  $(\text{Cp}^{\text{iPr5}})_2\text{Dy}_2\text{I}_3$  recently published.<sup>14</sup> It formally features a Dy(II) ion coupled very strongly to a Dy(III) center *via* the overlap of their 5d<sub>z<sup>2</sup></sub> orbitals, which share one electron, yielding an  $M_J = \pm 3/2$  ground state doublet (from the  $^{12}\text{N}_{3/2}$  term).

The emerging prospect of using molecular spins as qubits for the coherent manipulation of quantum information<sup>15–18</sup> opens new opportunities to explore the implementation of SIMs (or SMMs). These could be considered as potential hardware hosting the permanent memory used by spin-based molecular quantum processors. Depending on the ceiling of temperature imposed by the quantum coherence of the qubits and qugates of these processors, the blocking temperature of the associated SIM memory may not need to be as high as originally sought. The main challenge is rather to design mecha-

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† Electronic supplementary information (ESI) available: Synthesis, DFT crystallography, and physical measurements. CCDC 2304058 and 2304059. For ESI and crystallographic data in CIF or other electronic format see DOI: <https://doi.org/10.1039/d4dt00629a>



nisms for the transfer of information among the parts of this potential molecular device, and this is yet an unresolved problem. The magnitude of the challenge notwithstanding, assembling these components as part of supramolecular architectures is a very attractive idea. For some time, we have successfully designed ligands, L, that interact with M(II) metals to form triple stranded dinuclear helicates,  $[M_2L_3]^{4+}$ . The nature of M can furnish functional properties to the assembly such as spin switching abilities ( $M = Fe$ )<sup>19,20</sup> or SIM behaviour ( $M = Co$ ).<sup>21</sup> These helicates possess a central cavity that has always been found to encapsulate a guest, offering an avenue for modulating the properties of the host. The size and symmetry of the guest depend on the exact nature of L. The latter can be tailored to encapsulate TM-based qubit prototypes such as  $[M'(ox)_3]^{3-}$  ( $ox = oxalate$ ) complexes, which have been shown to display quantum coherence and Rabi oscillations (for  $M' = Fe^{3+}, Cr^{3+}, Ru^{3+}$ ).<sup>22</sup> We have attempted to encapsulate Cr and Fe analogues within a  $[M_2L_3]^{4+}$  helicate and observed drastic changes in their spin dynamics.<sup>23,24</sup>

In this paper, we present the use of two bis-pyrazolylpyridine (pzpy) ligands, L1 and L2 (Fig. 1), to generate three coordination dinuclear helicates of Co(II) of varying lengths and compositions depending on the combination of ligands and the nature of the guest;  $(Cl@[Co_2(L1)_3])^{3+}$ ,  $(SiF_6@[Co_2(L1)_2(L2)])^{2+}$  and  $(ClO_4@[Co_2(L2)_3])^{3+}$  (cations of **1**, **2** and **3**, respectively). The adequacy of the guest size and symmetry to the ligand strands of the corresponding helicates is discussed. Compounds **2** and **3** are reported here for the first time, while **1** (with the full formula  $Cl@[Co_2(L1)_3]Cl(PF_6)_2$ ) was previously reported by our group and shown to display SMM properties.<sup>21</sup> The magnetic properties of this cluster are analogous to those of its heterometallic counterpart  $(Cl@[ZnCo(L1)_3])^{3+}$ , also part of that study,<sup>21</sup> suggesting that the behaviour of the helicates can be rationalized as that of two SIMs contained in the same molecule. The slow relaxation of the Co(II) ions in all these helicates is analysed in detail here and compared in relation to the structural features conferred to these ions by the supramolecular construct. This study opens perspectives to explore future associations of qubits as guests of coordination hosts bearing SIMs. The analysis of the relaxation of magnetization carried out here will be useful towards this fascinating goal.

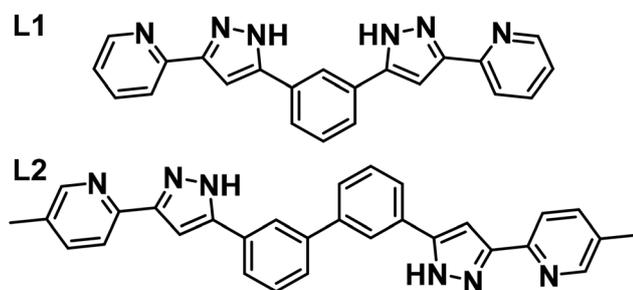


Fig. 1 Ligands 1,3-bis-(1-(pyridine-2-yl)-pyrazol-3-yl)-benzene (L1) and 3,3'-bis(3-(4-picolin-2-yl)-1H-pyrazol-5-yl)-1,1'-biphenyl (L2).

## Results and discussion

### Synthesis

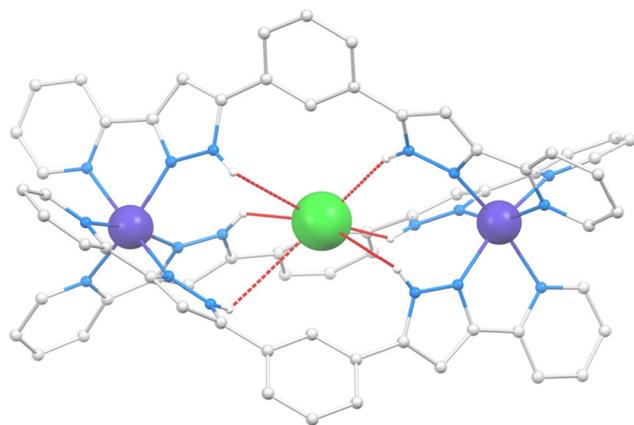
Ligands L1 and L2 were prepared as previously reported by us,<sup>19,25</sup> as well as  $Cl@[Co_2(L1)_3]Cl(PF_6)_2$  (**1**).<sup>21</sup> The complex was obtained by mixing stoichiometric amounts of hydrated  $CoCl_2$ , L1 and  $NBu_4PF_6$  in MeOH. Compound  $SiF_6@[Co_2(L1)_2(L2)](PF_6)_2$  (**2**) was obtained by mixing stoichiometric amounts of  $Co(BF_4)_2$ , L1 and L2 with excess  $NBu_4PF_6$  in MeOH. Indeed, mixing L1 and L2 obeyed the purpose of obtaining heteroleptic assemblies. During previous work, it was observed serendipitously that helicates incorporating both ligands and Fe(II) ions were formed with  $SiF_6^-$  as a guest, leading to the supramolecular cation  $(SiF_6@[Fe_2(L1)_2(L2)])^{2+}$ .<sup>25</sup> The accidental discovery of this cation occurred because of the generation of  $SiF_6^{2-}$  following the transfer of  $BF_4^-$  fluoride ions to the silica ( $SiO_2$ ) glass of the tubes.<sup>26</sup> No other guests (not even  $PF_6^-$ ) have conducted so far to the assembly of both L1 and L2 in one molecule. On the other hand,  $SiF_6^{2-}$  has been seen as a guest only when both types of ligands are combined, but never with only one of them. Homoleptic helicates of the longer ligand L2 were accessed previously with the assistance of the guest  $ClO_4^-$  through the reaction of  $Fe(ClO_4)_2$  and L2 in MeOH in the presence of excess  $NBu_4ClO_4$ .<sup>25</sup> The analogous process with  $Co(ClO_4)_2$  yields compound  $ClO_4@[Co_2(L2)_3](ClO_4)_3$  (**3**). Compounds **1**, **2** and **3** are all obtained as pure single-crystal phases in very moderate yields, presumably due to their high solubility, following diffusion of diethyl ether into the reaction mixtures, as confirmed in the bulk by microanalysis and determined *via* single-crystal X-ray diffraction (SCXRD).

### Molecular structures

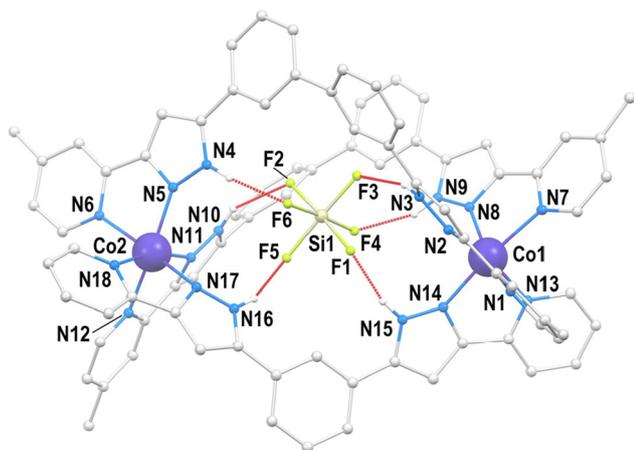
The structure of  $Cl@[Co_2(L1)_3]Cl(PF_6)_2$  (**1**) was described by us on a previous paper;<sup>21</sup> therefore, a full description is not provided here. Only the structural features useful for the comparison with the new helicates presented in this manuscript will be given. The cation of **1** (Fig. 2 and S1†) is a triple-stranded helicate comprising three L1 ligands bridging two six-coordinated Co(II) ions by chelating them with their pzpy moieties.

Compound  $SiF_6@[Co_2(L1)_2(L2)](PF_6)_2$  (**2**) crystallizes in the monoclinic space group  $P2_1/n$  (Table S1†). The asymmetric unit is made by the main cation  $SiF_6@[Co_2(L1)_2(L2)]^{2+}$  (Fig. 3 and S2†), two  $PF_6^-$  groups and two molecules of MeOH, in addition to partially occupied diffuse solvent molecules (0.42  $Et_2O$  and 1.76 MeOH). The unit cell contains four such groups. The metallic host is made of two pseudo-octahedral Co(II) ions lying 10.120 Å apart, bridged by chelation to one L1 and two L2 ligands, forming a hetero-(triple)stranded dinuclear helicate, the first of its kind for Co(II). This coordination assembly is the host to one  $SiF_6^{2-}$  guest anion residing inside the central cavity, poised conveniently to establish six N-H...F hydrogen bonds with the pyrazolyl (pz) rings of the ligands (Table S2†). The symmetry and electronic properties of  $SiF_6^{2-}$  seem to perfectly fit the cavity only when it is formed by two ligands of L2 type and one like L1 (Fig. 4). Consequently, this

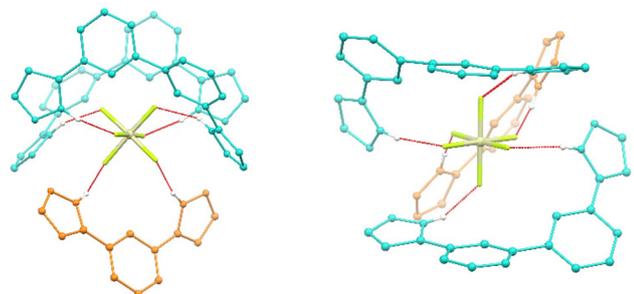




**Fig. 2** Representation of the supramolecular cation  $\text{Cl}@[Co_2(L1)_3]^{3+}$  of **1**. The large blue balls are  $\text{Co(II)}$  ions, the small white balls are H atoms from N–H groups (remaining hydrogen atoms are not shown), the grey balls are C atoms, the blue balls are N atoms, and the central green ball is the Cl atom. Hydrogen bonds are shown as red dashed lines.



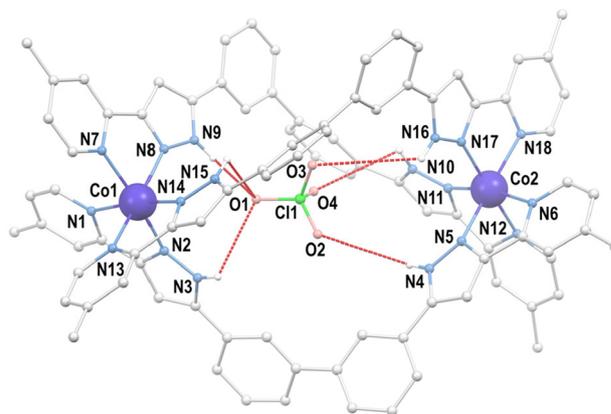
**Fig. 3** Representation of the supramolecular cation  $\text{SiF}_6@[Co_2(L1)_2(L2)]^{2+}$  of **2** with labelled heteroatoms. The grey balls are C atoms and the small white balls are H atoms from N–H groups (remaining hydrogen atoms are not shown). Hydrogen bonds are shown as red dashed lines.



**Fig. 4** Two views of the  $\text{SiF}_6^{2-}$  guest present in **2**, emphasizing the six N–H...F hydrogen bonds (shown as red dashed lines) with the core of ligands L1 (orange) and L2 (turquoise). Si is cream colour, F atoms are green colour and H atoms from N–H groups are white colour.

anion acts as a template for the construction of a heteroleptic helicate that would not form otherwise. The  $\text{Co(II)}$  ion may be used to define the pseudo axis of this helicate, albeit it lacks ternary symmetry because of its heteroleptic nature. The cation in **2** is chiral (not superimposable to its mirror image) with both enantiomers present in the crystal lattice, which is therefore racemic. The helical moieties interact among them through  $\pi \cdots \pi$  interactions. Each moiety establishes such contacts with four other equivalent species (Fig. S3†). The closest intermolecular  $\text{Co} \cdots \text{Co}$  distance (9.819 Å) is shorter than the separation of the metals within the helicate (*vide supra*).

The lattice of compound **3** as determined through SCXRD (Table S1†) belongs also to the monoclinic space group  $P2_1/n$ . The unit cell contains four asymmetric units, which are composed of one supramolecular cation  $\text{ClO}_4@[Co_2(L2)_3]^{3+}$ , three  $\text{ClO}_4^-$  anions, nine molecules of MeOH, one of  $\text{H}_2\text{O}$  and a molecule of  $\text{Et}_2\text{O}$ , the latter presenting 50% occupancy. The supramolecular cationic assembly  $\text{ClO}_4@[Co_2(L2)_3]^{3+}$  (Fig. 5 and S4†) is a triple-stranded dinuclear helicate with three ligands L2 as strands that bridge two  $\text{Co(II)}$  ions ( $\text{Co} \cdots \text{Co}$  distance of 11.379 Å) *via* coordination through the pzpy chelating groups. The metals exhibit a very similar coordination geometry that is best described by a distorted octahedron (Table 1). The  $\text{ClO}_4^-$  guest resides in the cavity without restrictions, assisted by N–H...O hydrogen bonds with ligand strands of varying intensities and configurations (Fig. 5). This anion is



**Fig. 5** Representation of the supramolecular cation  $\text{ClO}_4@[Co_2(L2)_3]^{3+}$  of **3** with labelled heteroatoms. The grey balls are C atoms and the small white balls are H atoms from N–H groups (remaining hydrogen atoms are not shown). Hydrogen bonds are shown as red dashed lines.

**Table 1** Distances to the ideal octahedron ( $O_h$ ) or to a trigonal prism ( $D_{3h}$ ) of the Co ions of compounds **1**, **2** and **3** obtained with symmetry measured using the SHAPE program<sup>27</sup>

	Complex 1		Complex 2		Complex 3	
	$O_h$	$D_{3h}$	$O_h$	$D_{3h}$	$O_h$	$D_{3h}$
Co1	2.789	9.279	1.946	10.498	1.524	13.802
Co2	1.765	11.463	1.993	10.992	1.408	14.979



closer to one Co centre than the other (Cl1...Co1 and Cl1...Co2 distances of 5.272 and 6.110 Å, respectively). Near Co1, one O atom of the anion forms three short H-bonds with the three available pz groups. On the other side, each of the three remaining O atoms of ClO<sub>4</sub><sup>-</sup> form one longer H-bond with a different pz ring of the three such groups lying in this part of the cavity (Table S2†). The lattice is held together by a numerous set of weak intermolecular interactions (mostly C-H...π together with very few feeble π...π contacts; Fig. S5†).

The proximity of the coordination geometry of the Co(II) ions of compounds **1**, **2** and **3** to the ideal octahedron (O<sub>h</sub>) was calculated using the SHAPE program (Table 1).<sup>27</sup> For comparison, the distances to the perfect trigonal prism were also obtained. Compound **3** exhibits metals with most regular octahedral coordination geometries while complex **1** features two coordination geometries best described by the regular octahedron, but at quite different distances. Complex **2** exhibits very similar pseudo-octahedral geometries for both ions.

### Static magnetic properties

The effect of the supramolecular scaffold in **1**, **2** and **3** on the magnetism of the Co(II) ions was first examined through variable-temperature susceptibility and field-dependent magnetization measurements. The analysis incorporates also the heterometallic version of **1**, (Cl@[CoZn(L1)<sub>3</sub>]<sup>3+</sup>, previously published as a 35% component of a solid solution with (Cl@[Zn<sub>2</sub>(L1)<sub>3</sub>]<sup>3+</sup> (**4**).<sup>21</sup> The temperature dependence of the magnetic susceptibility of polycrystalline samples, shown as  $\chi T$  vs.  $T$  plots in Fig. 6, S6 and S8,† is very similar for the three systems ( $\chi$  being the molar paramagnetic susceptibility). In all cases, the  $\chi T$  values at 300 K lie between 6.3 and 6.8 cm<sup>3</sup> K mol<sup>-1</sup>. These numbers, significantly above the spin-only value of 3.75 cm<sup>3</sup> K mol<sup>-1</sup> for two Co(II) ions, reflect on the influence of spin-orbit coupling. The latter is also responsible for the decline of the curves upon cooling, down to 3.75–3.88 cm<sup>3</sup> K

mol<sup>-1</sup> at 2 K, in good agreement with the magnetization measurements (insets in Fig. 6 and Fig. S6†). A more pronounced decrease of  $\chi T$  occurring for **3** below 10 K could be attributed to weak antiferromagnetic interactions that are not present in the other two compounds. However, this would not be the result of closer intramolecular/intermolecular Co...Co distances (9.771/8.898, 10.120/8.723 and 11.379/10.251 for **1**, **2** and **3** respectively). Furthermore, the observed superposition of the  $\chi T$  vs.  $T$  curves from **1** and **4** (normalized to one mole of Co(II), Fig. S7†) suggests that there is no relevant active spin-spin interaction (neither inter- nor intramolecular), at least in this specific system and down to 2 K. To analyze these results, the electronic structures of compounds **1**, **2** and **3** have been investigated at the complete active space self-consistent field (CASSCF) level using OpenMolcas.<sup>28</sup> Due to the large separation between Co(II) ions, we assume that the measured magnetic properties in **1**–**3** arise from the independent contribution of each ion. Thus, for each compound, we define two analogues (**X<sup>a</sup>** and **X<sup>b</sup>**) where one of the Co(II) ions has been substituted by its structurally analogous diamagnetic Zn(II) ion – dipolar interaction estimates were then calculated between each ion.

Details of the procedure and results are given in the ESI (Tables S4–S11†). Focusing on the spin-orbit coupled states, the first 3 Kramers doublet (KD) states were calculated to dominate the measured magnetic properties, spanning *ca.* 500 cm<sup>-1</sup>, and being almost 100% composed of the first three spin-only states, *i.e.*, linear combinations of the <sup>4</sup>T<sub>1g</sub> states coming from the <sup>4</sup>F free ion term. This pattern is maintained for all three compounds and conforms to the T = P formalism, relevant also in other Co(II) complexes.<sup>29</sup> Only compound **1** presents significantly different *g*-tensors and energy splitting of the low-lying states when comparing the two metal centers of the molecule, likely due to a slightly different coordination geometry. In any case, the calculated overall susceptibility and

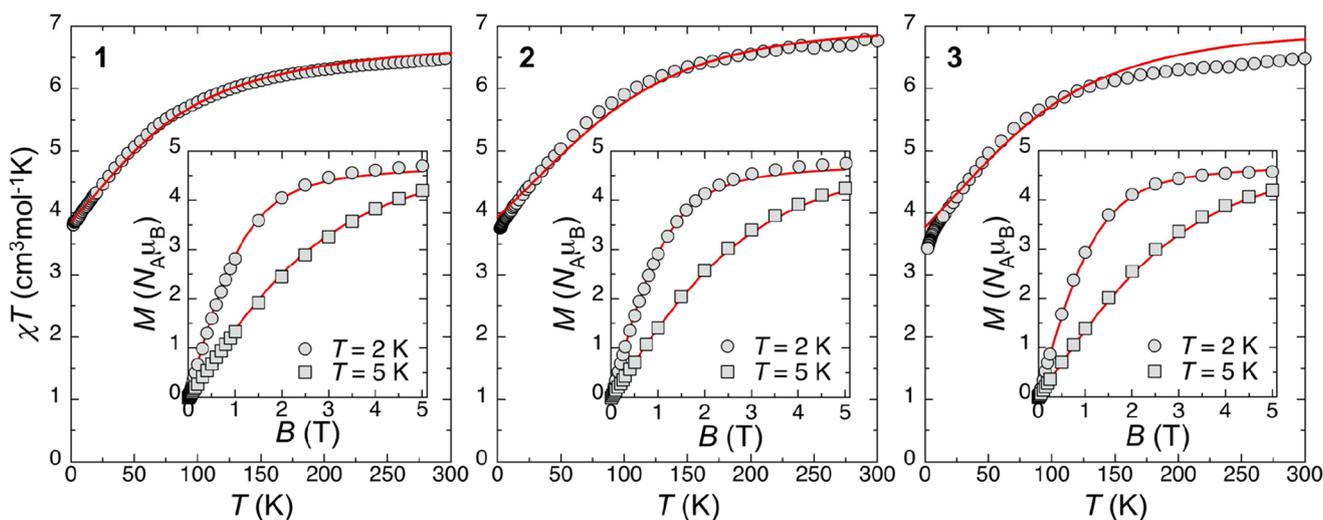


Fig. 6 Temperature dependence of  $\chi T$  for compounds **1**, **2** and **3**, as indicated. Insets: magnetization isotherms at 2 and 5 K as indicated. Full red lines are the corresponding magnitudes obtained from the CASSCF-RASSI-SO-calculated electronic structure and *g*-tensors.



magnetization curves remain very similar among the three compounds and are in good agreement with the experimental data (see Fig. 6 and S8†), validating the description of the low-energy magnetic states in these compounds.

### Dynamic magnetic properties

The spin dynamics of the Co(II) centers were first studied through frequency-dependent AC susceptibility measurements at 2 K under different constant magnetic fields (Fig. S9†). At zero field, no out-of-phase signal of the susceptibility ( $\chi''$ ) is detected; however, an external field of 100 Oe is sufficient to observe this component, characteristic of the slow dynamics of the magnetization, as previously observed with other Co(II) systems.<sup>30</sup> This has been ascribed to electronuclear spin entanglement, which masks the relaxation phenomenon at zero field while opening forbidden relaxation channels. The frequency dependence data were used to determine the corresponding characteristic relaxation times  $\tau$ . In all cases, the relaxation rate  $\tau^{-1}$  is relatively fast, in comparison with analogous Co(II) systems with large anisotropy.<sup>11,30</sup> At low fields, the rate slightly decreases with increasing fields but then it increases markedly at fields above 0.2–0.3 T (Fig. 7a). The latter most likely corresponds to the direct relaxation mechanism becoming dominant at high fields. Although there are differences in the absolute values, the overall shape of the field dependence of  $\tau^{-1}$  is very similar for all compounds. It is satisfactorily reproduced (Table S12†) by the expression:

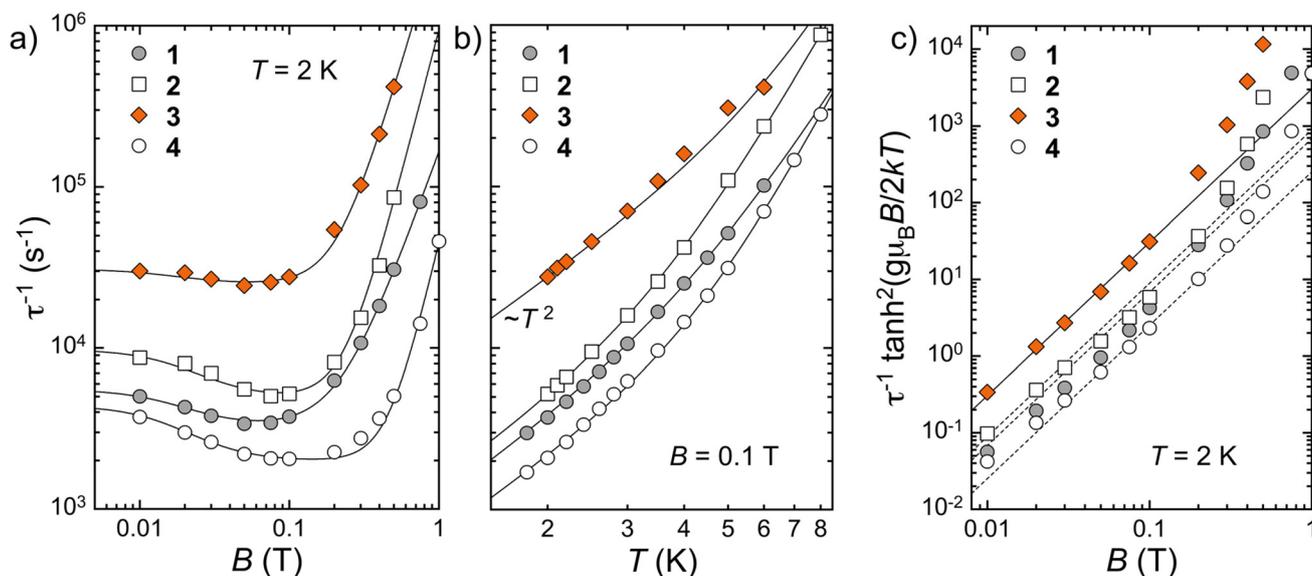
$$\tau^{-1} = CB^n + D \left[ \frac{1 + EB^2}{1 + FB^2} \right]$$

in which the first term expresses the field ( $B$ ) dependence of the direct process and the second is the Brons-van Vleck

expression describing the (low) field dependence of the Raman process.<sup>31</sup> The relaxation of the Co(II) ions in (Cl@[CoZn(L1)<sub>3</sub>])<sup>3+</sup>, diluted within solid solution **4**, is slower than in **1**, likely a consequence of their separation within the lattice, even though this is not discerned in the static measurements. There are also differences in relaxation rates among the three pure helicates, with  $\tau(\mathbf{1})^{-1} < \tau(\mathbf{2})^{-1} < \tau(\mathbf{3})^{-1}$ . They seem correlated with the intramolecular Co...Co distances; *i.e.* the relaxation rate increases with larger separations. This is however the opposite effect expected from decreasing spin-spin interactions. Moreover, the observed trend in  $\tau$  does not correlate with the shortest intermolecular Co...Co separations observed within the lattice. It is therefore clear that the observed differences in spin dynamics are not associated with the modulation of magnetic interactions caused by different Co...Co separations. Additionally, it should be noted that the presence of a second much slower relaxation mode becomes evident at low frequencies for fields above 0.3 T, which is the dominant mode at higher fields (Fig. S10†). The corresponding relaxation rates slowly decrease with increasing applied magnetic field, also displaying a similar variation for the three pure helicates (Fig. S11†).

Isothermal frequency-dependent AC susceptibility data were also obtained at increasing temperatures under 0.03 and 0.1 T, respectively (Fig. S12 and S13†). This allows us for establishing the temperature dependence of the relaxation rate  $\tau^{-1}$  (Fig. 7b and S14†), unveiling the same  $\tau(\mathbf{4})^{-1} < \tau(\mathbf{1})^{-1} < \tau(\mathbf{2})^{-1} < \tau(\mathbf{3})^{-1}$  trend. For most of the temperatures explored, in particular for **3**, this dependence follows an  $AT^n$  expression with  $n < 3$  (Fig. S16†), suggesting the presence of a phonon bottleneck phenomenon.

Looking again at the field dependence of  $\tau^{-1}$ , the low field data actually also support the presence of a phonon bottle-



**Fig. 7** (a) Field and (b) temperature dependence of the magnetization relaxation rates of compounds 1–4, as indicated, respectively, at 2 K and 0.1 T. Full lines are fit to the expressions  $\tau^{-1} = CB^n + D(1 + EB^2)/(1 + FB^2)$  and  $\tau^{-1} = AT^2 + BT^m$ , respectively (see the text and Tables S4 and S5†). (c) Field dependence of  $\tau^{-1} \tanh^2(g\mu_B B/2kT)$ . Full and dashed lines are  $\propto B^2$ .



neck. Again, the data for **3** show the most clear-cut situation, as it exhibits a  $B^2 \coth^2(g\mu_B B/2k_B T)$  behavior, as expected for the presence of a phonon bottleneck (Fig. 7c).<sup>32</sup> The other compounds show a relatively similar trend. This implies that the derived parameters for the above Brons-van Vleck expression should be taken with caution, since the Raman process is not affected by the phonon bottleneck. In any case, with these strong indications of the phonon bottleneck, the temperature dependence of  $\tau^{-1}$  was simulated considering the expression:

$$\tau^{-1} = AT^2 + BT^m$$

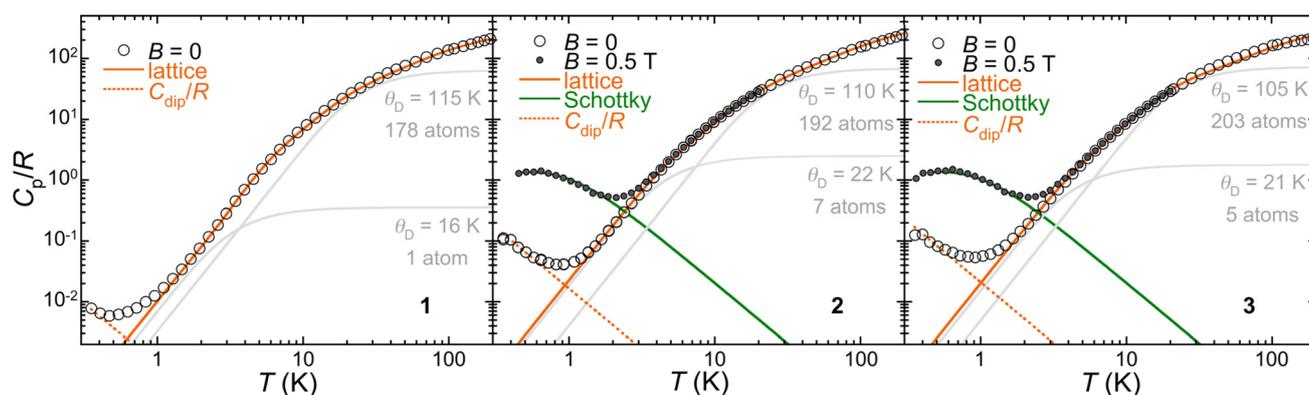
in which the direct process is considered to be dominated by the phonon bottleneck (Table S13†). We note that the Orbach process is not relevant in the studied ranges of time and temperature as it necessarily involves real excited states, which lie at  $>174 \text{ cm}^{-1}$  (as estimated from the zero-field splitting in **1**).<sup>21</sup> As intuited, the phonon-bottlenecked direct process is dominant up to *ca.* 6 K in the case of **3** and below 3–4 K for the other compounds, with  $A = 849, 1103, 6700$  and  $513 \text{ s}^{-1} \text{ K}^{-2}$ , respectively, for **1**, **2**, **3** and **4**. The Raman process becomes relevant only at higher temperatures, with  $m$  spanning 4.5–5.4 (Fig. 7b and S14, S15, Table S13†). Considering that two processes with  $m = 7$  and  $m = 9$  are expected for a Kramers ion, the later values of  $m$  are probably resulting from the limited temperature range available.

A phonon bottleneck results from an inefficient energy transfer from the phonons responsible for the spin relaxation to the temperature bath. The rate determining process of the energy transfer can take place in space, through the thermal bath surrounding the crystal surface, or in frequency, where lattice vibrations with energies of the order of  $k_B T$  form the bath.<sup>33,34</sup> A spatial phonon bottleneck occurs when the crystal radius is larger than the phonon mean-free path. It is a well-documented phenomenon, also in molecular magnets,<sup>35–38</sup> following the study of different forms/sizes of the same

material. This mechanism is probably not at work here since all samples were polycrystalline micron-size powders, as confirmed by SEM images (Fig. S17†).

To understand their different spin relaxation behaviours, heat capacity data were acquired for **1–3** from 0.35 up to 200 K (Fig. 8). Interestingly, a low-temperature component in the zero-field heat capacity is observed that follows the same trend as the relaxation rate, *i.e.*, the signal appears at increasing temperatures in the series **1–2–3**. A possible origin for this signal would be spin–spin interactions. We estimated these interactions assuming that they are dipolar in nature. The derived average dipolar magnetic fields  $\langle B_{\text{dip}} \rangle$  seen by each Co (ii) would be *ca.* 6, 24 and 28 mT, respectively, for **1**, **2** and **3**. While this indeed follows the  $\tau(\mathbf{1})^{-1} < \tau(\mathbf{2})^{-1} < \tau(\mathbf{3})^{-1}$  trend observed in both field and temperature dependences, it disagrees with the intramolecular and intermolecular Co...Co separations in the three compounds. The calculated dipolar coupling (Tables S9–11†) indeed predicts that **1** presents a value twice as big as that for **3**, in agreement with longer Co...Co separations in the latter. Since intramolecular interaction through the guest anion can be considered negligible, the origin of the low temperature heat capacity is *a priori* not due to spin–spin interactions and remains unclear.

Turning to the analysis of the lattice heat capacity, it is difficult to define a (low) temperature range over which the typical Debye  $T^3$  dependence is observed, especially in the cases of **2** and **3**. In fact, the Debye heat capacity calculated for the adequate number of atoms that best reproduces the low temperature part of the lattice heat capacity systematically deviates from it at higher temperatures (Fig. S18†). Using a lattice with a higher Debye temperature  $\theta_D$  and the correct number of atoms would require adding Einstein components with ratios  $\theta_E/\theta_D$  inferior to unity, *i.e.*, considering vibrations with frequencies below the Debye cut-off, which has no physical meaning. To rule out any magnetic contribution at unusually high temperatures, the heat capacities of **2** and **3** were measured in a 0.5 T applied field. The resulting low tempera-



**Fig. 8** Specific heat capacities of **1**, **2** and **3** in zero and 0.5 T applied fields, as indicated. The full orange lines are the calculated lattice heat capacity resulting from the sum of two Debye components shown as grey lines and ascribed to the lattice of helicate hosts on one hand and the anion guests on the other hand, in addition to both higher frequency Einstein components. The dashed orange line is a high temperature series of spin–spin dipolar interactions (see the text and the ESI†). The green lines are the Schottky anomaly calculated for an  $S = 3/2$  with  $g = 2$ .



ture anomaly perfectly matches the expected Schottky feature of an  $S = 3/2$  spin, while the higher temperature data end up coinciding with the zero-field heat capacity. We therefore consider the hypothesis that a portion of the lattice may have a different, smaller  $\theta_D$ . The guest anion in 1–3 indeed might be somewhat “excluded” from the overall lattice vibrations by the helicate host. As shown in Fig. 7, the lattice heat capacity is very well reproduced by the sum of two Debye components, one corresponding to the guest anion with a small  $\theta_D$  of the order of 20 K on one hand and another for the helicate host with a larger  $\theta_D$  of the order of 110 K, with additional higher frequency Einstein components. Despite the excellent agreement with the experimental data, the validity of this treatment remains hypothetical, but the heat capacity of 1–3 clearly hints at the existence of low frequency vibrations, much below the typical cut-off of the Debye temperature of the overall solid. These could act as a temperature bath for phonon modes resonant with the spin system, becoming the rate-determining process for the phonon relaxation time. In such a two-phonon process, the spin-phonon relaxation is indeed predicted to have a  $T^2$  dependence,<sup>33</sup> as observed.

## Conclusions

Two ligands (L1 and L2) containing two pyrazolopyridine moieties with different spacers combine with Co(II) ions to yield dinuclear triple-stranded helicates, always incorporating a guest, G;  $G@[Co_2(L1)_x(L2)_y]^{+n}$  ( $n = +2$  or  $+3$ ). Assemblies with three different ligand combinations and three different guests can be accessed. The variable temperature magnetic susceptibility in these compounds is well reproduced by calculations at the CASSCF level, allowing a good description of the electronic structure of the individual Co(II) anions. The host in all of them exhibits slow relaxation of magnetization under a small external magnetic field. The relaxation dynamics of the Co(II) centers differ slightly among the three compounds. Exhaustive analysis of their relaxation time unveils the presence of both, a direct and a Raman relaxation mechanism, with the former being dominated by the phenomenon of phonon bottleneck. It is not clear whether the different dipolar interactions between both Co(II) ions of the helicates can explain the observed differences in relaxation rates. However, heat capacity experiments suggest, interestingly, that the vibrations of the guest and host may provide for independent relaxation pathways, mediated by two different vibronic energy regimes.

This work opens the possibility of investigating supramolecular assemblies based on metallohelicates with SMM properties as potential hosts of qubits that could benefit from the nearby existence of permanent magnets of molecular origin below a certain blocking temperature.

## Conflicts of interest

There are no conflicts to declare.

## Acknowledgements

G. A. and H. B. thank the NextGenerationEU/PRTR-C17.I1 (from “Plan Complementario en Comunicación Cuántica” funded by Generalitat de Catalunya, the Basque Government and the European Union). H. B. thanks the IKUR Strategy on behalf of the Department of Education of the Basque Government. D. R. thanks the Basque Government for the IT1584-22 grant and Marcus Giansiracusa for helpful discussion on the calculation of dipolar interactions. G. A. and O. R. thank the Spanish Ministry of Innovation for grants PID2020-118329RB-I00, PID2022-137764OB-I00 and TED2021-129214B-I00. This research used resources of the ALBA synchrotron and of the Advanced Light Source, which is a DOE Office of Science User Facility under contract no. DEAC02-05CH11231.

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