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## Synthesis of tuneable gold nanostars: the role of adenosine monophosphate<sup>†</sup>

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The seed-mediated growth of gold nanostructures is known to be strongly dependent not only on the gold seed nanocrystal structure but also on the presence of different additives that may influence the morphology, and therefore the crystalline structure of the final nanoparticle. Among the different additives or capping ligands, biomolecules are an interesting family due to their potential biomedical applications such as drug delivery, bioimaging, biosensing, phototherapy, and antimicrobial activities. Here, we develop a seed-mediated strategy for synthesizing uniform Au nanostars with tuneable optical properties which involves adenosine monophosphate (AMP) as a capping ligand. The experimental data reveal the key role of AMP not just providing colloidal stability and directing the reduction of the gold precursor *via* complexation but also mediating the anisotropic growth of the Au seeds *via* its selective adsorption on the different crystalline facets of Au nanoparticles. These observations agree with theoretical simulations carried out using molecular dynamics and density functional theory (DFT) calculations. Interestingly, the obtained Au nanostars showed high thermal stability as well as colloidal stability in polar organic solvents, which allowed their direct silica coating *via* the Stöber method. Importantly, we also explored the mimic enzymatic activity of the resulting gold nanostars and observed a superior catalytic activity compared with other gold nanoparticles reported in the literature.

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## Introduction

The morphology of Au nanoparticles is strongly conditioned by the presence of capping ligands during synthesis. In a seed-mediated growth process, the capping ligands may interact with specific crystalline facets of the seed or even complex with metal precursors. Therefore, apart from providing colloidal stability, they can strongly affect the reduction of the metal precursors or/and alter nanoparticle growth.<sup>1</sup> Among the large list of capping ligands, biological molecules are rather appealing when we deal with biomedical applications such as drug

delivery, bioimaging, biosensing, phototherapy, and antimicrobial activities. The use of different biomolecules, such as DNA, amino acids and peptides, as capping ligands to mediate the growth of Au nanoparticles has already been reported. DNA can absorb or covalently bind to metal nanoparticles and direct their growth into different morphologies.<sup>2,3</sup> Interestingly, chiral amino acids and peptides can induce the dissymmetric growth of Au nanoparticles to obtain chiral nanostructures with unique optical responses.<sup>4,5</sup> Nevertheless, a lack of systematic study and an understanding of the effect of a biomolecule on the NP growth are often observed.<sup>6</sup>

Star-like gold nanoparticles (AuNSs) are perhaps the most studied anisotropic gold geometry at the nanometer scale after gold nanorods. Their tunable optical response in the visible-near infrared (Vis-NIR) region, dictated by the core size and number/length of branches, and the strong light confinement at their tips<sup>7</sup> have fostered interest in these nanoparticles in a wide range of applications that include surface-enhanced spectroscopies,<sup>8,9</sup> photonics,<sup>10</sup> cancer therapy<sup>11</sup> and (photo)catalysis.<sup>12</sup> A myriad of protocols based on colloidal chemistry has been developed to obtain AuNSs, with seed-mediated growth approaches allowing for greater uniformity and better modulation of optical properties. In this regard, the features of the metal nanoparticles

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employed as seeds are a key factor in modulating the number of tips or overall dimensions of AuNSs without inducing noticeable changes in their optical response.<sup>13</sup> For example, smaller seeds lead to AuNSs with fewer tips deriving into more narrow optical properties in comparison with larger seeds.<sup>13</sup> Although multi-twinned seeds are most commonly used to promote the formation of nanostars, single crystalline seeds can also be employed by evolving them to NPs with twinned planes.

In the AuNS synthesis, polymers, surfactants, or discrete organic molecules were also reported as shape-directing agents. One of the first and widely used methods is based on the growth of tiny seeds using polyvinylpyrrolidone (PVP) as a reducing and capping agent and dimethylformamide (DMF) as a solvent.<sup>13,14</sup> This strategy results in uniform nanostars with high yields and defined and tunable optical properties. Unfortunately, this method implies the use of DMF (toxic organic solvent) and PVP which may make the subsequent functionalization of the nanoparticles difficult due to the lack of control of the PVP absorbed on the nanoparticle surface.<sup>15</sup> Water-soluble polymers, such as poly(allylamine hydrochloride) (PAH),<sup>16</sup> pyromellitic dianhydride-*p*-phenylene diamine (PPDDs),<sup>17</sup> and polystyrene sulfonate (PSS),<sup>18</sup> have been recently reported for the synthesis of AuNSs in water using seed-mediated or seedless approaches, although in some cases the control in the optical properties is limited. Some surfactants can also direct the growth of AuNSs, such as quaternary ammonium surfactants,<sup>19,20</sup> Triton X,<sup>21</sup> sodium dodecyl sulfate (SDS),<sup>22</sup> lauryl sulfobetaine (LSB)<sup>23</sup> and dioctyl sodium sulfosuccinate (AOT). For instance, it is hypothesized that cetyltrimethylammonium bromide (CTAB) preferentially adsorbs on the {100} gold seed facets.<sup>24</sup> However, the presence of twin defects in the seed will weaken the binding of the surfactant and result in branch growth instead of symmetrical elongation, inducing the anisotropic growth *via* the preferential deposition on the {111} facet.<sup>25</sup> Nonetheless, surfactants are often highly cytotoxic or not environmentally friendly (especially in the case of CTAB or benzylidemethylhexadecylammonium chloride (BDAC)).

As an alternative to polymers or surfactants, discrete molecules such as hydroquinone (HQ), bis(*p*-sulfonatephenyl)-phenylphosphine dihydrate dipotassium (BSPP) and the Good's buffers family (e.g. EPPS, MOPS, and HEPES) have also been employed for the synthesis of AuNSs.<sup>26–30</sup> The latter is probably the most commonly used for the seedless synthesis of AuNSs which importantly does not require an additional surfactant; therefore, it is of interest due to its NP biocompatibility and ease to functionalize. The limitations of this strategy are that it requires the tight control of different synthetic factors, the colloidal stability, and the presence of other Au NPs as subproducts with some Good's buffers. Finally, biomolecules (albumin,<sup>31</sup> gelatin protein,<sup>32</sup> L-DOPA,<sup>33</sup> and tryptophan-glutaraldehyde (Trp-GA)<sup>34</sup>) have also been employed for AuNS synthesis although the reported results show broad plasmonic responses or limited plasmon tuning. Overall, different synthetic protocols can be classified into seedless or seed-mediated. Two main parameters could be identified as critical: (1) the reducing agent that allows the kinetically controlled growth and (2) the capping ligand that stabilizes the NP and may direct its anisotropic growth through the selective

adsorption and/or blocking of certain crystalline facets. Thus, the development of new strategies for AuNS synthesis requires a more in-depth analysis of these key parameters. Table S1 (ESI†) summarizes different synthesis protocols of AuNSs and their main properties.

Therefore, the development of new synthetic strategies for AuNSs employing biomolecules that offer tuneability of plasmon response and with high colloidal stability remains a challenge. Nevertheless, it will facilitate the application of AuNSs in the medical area. In this scenario, nucleotides are interesting capping ligands for the synthesis of metallic NPs<sup>35–40</sup> since they are composed of a nitrogenous base that provides affinity for the Au surface,<sup>41,42</sup> a five-carbon sugar (ribose or deoxyribose), and at least one phosphate group which provides colloid stability.<sup>43</sup> For instance, Wang *et al.* reported the use of a single-stranded DNA (ssDNA) consisting of homogenous oligonucleotides or mixed-base oligonucleotides to control the shape and surface roughness of Au NPs using Au plates as seeds.<sup>3</sup> The resulting NPs had similar shapes regardless of the DNA length. Besides, the effect of the corresponding oligodeoxyribonucleotides was studied showing similar behavior. But, the use of mononucleotides led to particles with poor colloidal stability. Recently, Cho *et al.* showed that adenine-based ssDNA could be used as a chiral shape modifier to synthesize Au NPs with a chiral morphology.<sup>44</sup> In all cases, the nucleobase-dependent morphology evolution can be correlated with the selective interaction at the Au-ssDNA surface. Nonetheless, there is a lack of an in-depth analysis of the effect of mononucleotides in the nanoparticle growth following seed-mediated approaches. Adenosine monophosphate (AMP) is a nucleotide consisting of an adenine base linked to a ribose sugar with a phosphate group. Interestingly, it has been reported that adenine could bind to Au(III) species through the N7 site of the purine ring forming Au(III)-AMP complexes. The high stability of such complexes has been ascribed to hydrogen bonding interactions and proton transfers.<sup>45</sup> In addition, AMP has been reported to adsorb on noble metal surfaces through either a nitrogen ring and/or the external NH<sub>2</sub> of the purine ring.<sup>41</sup> Both the complexation ability of the adenine moiety towards gold salt and the adsorption capabilities to metal surfaces make AMP an interesting molecule with a dual role in the AuNP synthesis. That is, AMP as a complexing agent can affect the reduction kinetics of the metal precursor and as a capping agent can provide colloidal stability and mediate the growth of Au nanoparticles.

Therefore, herein we investigated the use of AMP in the synthesis of AuNSs using a seed-mediated method. The role of AMP as a complexing and capping ligand was deeply analyzed and the experimental data were supported by computational studies employing molecular dynamics and density functional theory (DFT) calculations. Besides, the effect of other parameters such as the concentration and size of Au seeds was studied. Next, we evaluated the behavior of AuNSs in polar organic solvents and under heating (100 °C) as well as the direct silica coating. The silica coating will enhance their colloidal, chemical, and thermal stabilities, facilitating their manipulation and integration into sensors, photovoltaic cells, catalysts, and other functional devices.<sup>46</sup> Finally, the capabilities of the



synthesized Au nanostars as peroxidase-mimicking nanozymes were studied. Nanozymes, defined as nanomaterials with enzyme-like characteristics, have emerged to overcome the intrinsic limitations of natural enzymes (such as high cost or low stability) and broaden their potential applications in sensing, imaging, and therapy among others.<sup>47,48</sup> Particularly, the oxidation of uncolored 3,3',5,5'-tetramethylbenzidine (TMB) into blue oxidized TMB (ox-TMB) in the presence of  $\text{H}_2\text{O}_2$  has been employed as a model reaction.

## Experimental

### Materials

Adenosine 5'-monophosphate sodium salt (AMP,  $\geq 99\%$ ), sodium citrate tribasic dihydrate ( $\geq 98\%$ ), sodium borohydride ( $\text{NaBH}_4$   $\geq 99\%$ ), 3,3',5,5'-tetramethylbenzidine (TMB,  $\geq 99\%$ ), acetic acid (100.5%), L-ascorbic acid ( $\geq 99\%$ ), dimethyl sulfoxide (DMSO,  $\geq 99.5\%$ ), sodium hydroxide (NaOH,  $\geq 97\%$ ), and tetraethyl orthosilicate (TEOS,  $\geq 98\%$ ) were purchased from Sigma-Aldrich. Tetrachloroaurate(III) trihydrate ( $\text{HAuCl}_4 \cdot 3\text{H}_2\text{O}$ , 99.99%) and hydrogen peroxide ( $\text{H}_2\text{O}_2$ , 33%) were supplied by Alfa Aesar. Absolute ethanol (EtOH,  $\geq 99.9\%$ ) was purchased from Scharlau. Ammonia solution ( $\text{NH}_3$ , 35%) was purchased from Fisher Chemical. All chemicals were used as received and ultra-pure water (type I) was used in all the preparations.

### Characterization

UV-Visible extinction spectra were recorded using a Cary 5000 or an Agilent 8453 spectrophotometer. Low-resolution transmission electron microscopy (TEM) images were obtained using a JEOL JEM 1010 transmission electron microscope operating at an acceleration voltage of 100 kV. Aberration-corrected transmission electron microscopy was carried out using an Image and Probe-Corrected FEI Titan Themis microscope at 60–300 kV, operating at 200 kV. High-angle annular dark-field scanning transmission electron microscopy (HAADF-STEM) images and electron tomography series were acquired using a Probe-Corrected FEI Titan G2 80–200 kV ChemiSTEM operating at 200 kV, with a convergence angle of 8 mrad and a tilt range of  $\pm 70^\circ$ .  $\zeta$  Potential was determined using a Zetasizer Nano S (Malvern Instruments, Malvern, UK) at 22 °C in standard 1 mL polystyrene cuvettes.

### Computational methods

The initial gas phase conformational search of adenosine monophosphate (AMP) has been performed using the GMMX method included in the PCModel program.<sup>49</sup> These conformations with relative energies below 10 kcal mol<sup>-1</sup> have been further optimized employing DFT methods with the M062X functional and the 6-311+G\* basis set and characterized as energy minima by the computation of their harmonic vibrational frequencies using Gaussian16.

For studying the adsorption of AMP on different gold surfaces, molecular dynamic simulations were performed using GROMACS (version 2021.3)<sup>50</sup> with the CHARMM36 force field parameters for AMP.<sup>51</sup> The Lennard-Jones parameters employed for gold were

those reported by Heinz *et al.*<sup>52</sup> which are designed to provide good descriptions for adsorption on different facets of metal surfaces.<sup>53</sup> We have employed three gold slabs representing the Au{100}, Au{110} and Au{111} surfaces with the following dimensions:

Slab	Dimensions (Å <sup>3</sup> )	Number of gold atoms	Simulation box height (Å)
{100}	32.6 $\times$ 32.6 $\times$ 12.2	768	30.8
{110}	32.6 $\times$ 31.7 $\times$ 11.5	704	31.5
{111}	31.7 $\times$ 30.0 $\times$ 14.1	792	34.6

As starting points for the MD simulations, we have chosen 5 different initial orientations of AMP at distances shorter than 5 Å from the surface and solvated the system with 1000 water molecules employing the TIP3P model. The size of the box was adjusted to maintain 1 g mL<sup>-1</sup> density and avoid vertical interactions, which resulted in heights for the simulation box above the surface of around 30 Å. The energy of each system was minimized until the maximum force on any atom is lower than 1000 kJ mol<sup>-1</sup> nm<sup>-1</sup>, followed by NVT equilibration during 500 ps with a time step of 2 fs. The temperature was kept constant at 300 K employing the V-rescale thermostat and the cut-off for van-der-Waals interactions was set at 1.2 nm. Production runs were performed for 20 ns and the results for the last 10 ns were used for analysis.

To obtain the adsorption energy of AMP on each slab, we employed the efficient approach of Heinz<sup>54</sup> which requires separated NVT simulations and energy evaluations of the solute–solvent–surface ( $E_{(\text{Au}(\text{slab})+\text{AMP}+\text{H}_2\text{O})}$ ), solute–solvent ( $E_{(\text{AMP}+\text{H}_2\text{O})}$ ), solvent–surface ( $E_{(\text{Au}(\text{slab})+\text{H}_2\text{O})}$ ) and solvent ( $E_{(\text{H}_2\text{O})}$ ) systems maintaining the same number of solvent molecules and altering the vertical dimension of the simulation box to keep the density close to an ideal value of 1000 kg m<sup>-3</sup>. From these simulations, the adsorption energy is obtained as

$$E_{\text{ads}} = E_{(\text{Au}(\text{slab})+\text{AMP}+\text{H}_2\text{O})} - E_{(\text{AMP}+\text{H}_2\text{O})} + E_{(\text{H}_2\text{O})} - E_{(\text{Au}(\text{slab})+\text{H}_2\text{O})}$$

The MD simulations for the solute–solvent system were also used for comparing the difference between isolated AMP in water and AMP adsorbed on different gold surfaces. Finally, it must also be noted that, although previous MD studies on nucleotides were performed using different unprotonated forms considering that the phosphate group is usually deprotonated in solution,<sup>55</sup> our molecular dynamics simulations were performed employing the completely protonated AMP. This is due to the presence of ascorbic acid as a reducing agent which explains that the experimental pH of our media is around 6.5 and, according to the AMP pK<sub>a</sub> values,<sup>56</sup> it is expected that most of the AMP should be present in its protonated form.

### Synthesis of gold seeds ( $\sim 4$ nm in diameter)

The synthesis of gold seeds was based on a previous report with minor modifications.<sup>57</sup> 20 mL of ultra-pure water with



0.125 mM HAuCl<sub>4</sub> and 0.25 mM trisodium citrate were added into a 25 mL vial at RT. Under vigorous stirring, 250  $\mu$ L of freshly prepared 10 mM NaBH<sub>4</sub> was rapidly injected. Vigorous stirring was maintained for 15 more minutes. After this, the seed solution was heated for 60 minutes at 40 °C in an oven without agitation. Seeds can be stored at 4 °C, and they are used as it is.

### Synthesis of gold seeds (~30 nm in diameter)

The synthesis of gold seeds was based on a previous method reported by Bastús *et al.*<sup>58</sup> 150 mL of an aqueous solution of 2.2 mM trisodium citrate was heated to boiling under vigorous stirring. After 15 min, 1 mL of 25 mM HAuCl<sub>4</sub> in water was injected into the boiling solution. After 10 min, the reaction mixture was cooled down to 90 °C and subsequently, another injection of 1 mL of 25 mM HAuCl<sub>4</sub> in water was performed. Another addition was repeated 30 min later. The mixture was allowed to react for 30 min and then 55 mL was extracted from the reaction mixture. Subsequently, 53 mL of water and 2 mL of 60 mM sodium citrate (in water) were added. The resulting solution was used as Au seeds. The process was repeated four times to yield 30 nm Au NPs. To remove the excess reagents, the colloids were centrifuged twice at 2000g for 30 min and redispersed in the same volume of water.

### Synthesis of gold nanostars with ~4 nm gold seeds

In a 25 mL vial containing a certain volume of water (*ca.* 18 mL), 0.3 mL of HAuCl<sub>4</sub> (20 mM) and 0.8 mL of AMP (20 mM) were added under vigorous magnetic stirring. After 5 minutes of stirring, 0.5 mL of AA (20 mM) and 100  $\mu$ L of the as-prepared seed solution were added. The addition of seeds must be performed immediately after the addition of AA. The stirring is kept for 5 minutes and then, the vial is introduced into an oven for 24 hours at 40 °C without stirring. The volume of seeds was varied from 50  $\mu$ L to 600  $\mu$ L, and the AMP concentration was varied from 0.5 mM to 0.9 mM by adding an appropriate amount of AMP solution. To maintain the final volume equal in all the experiments, the total final volume was adjusted with the volume of ultra-pure water. After synthesis, the colloid is centrifuged twice at 3500 rpm for 30 min (5 mL). The pellet of the first centrifugation was redispersed in 5 mL of 10 mM NaOH and the pellet of the second centrifugation in 5 mL of ultra-pure water.

### Synthesis of gold nanostars with ~30 nm gold seeds

In a 25 mL vial containing 17.4 mL of water, 0.3 mL of HAuCl<sub>4</sub> (20 mM) and 0.8 mL of AMP (20 mM) were added under vigorous magnetic stirring. After 5 minutes of stirring, 0.5 mL of AA (20 mM) and 1000  $\mu$ L of the as-prepared seed solution were added. The addition of seeds must be immediately after the addition of AA. The stirring is kept for 5 minutes and then, the vial is introduced into an oven for 24 hours at 40 °C without stirring. After synthesis, the colloid is centrifuged twice at 2000 rpm for 30 min (5 mL). The pellet of the first centrifugation was redispersed in 5 mL of 10 mM NaOH and the pellet of the second centrifugation in 5 mL of ultra-pure water.

### Silica coating of gold nanostars

In a 25 mL vial containing 3.715 mL of EtOH, 0.5 mL of nanostars (0.5 mM Au<sup>0</sup>) and 0.1 mL of NH<sub>3</sub> were added. Under vigorous stirring, 10  $\mu$ L of an ethanolic solution of 0.4 M TEOS was added. The stirring was kept for 3 hours and, finally, the colloid was centrifuged twice at 4000 rpm for 15 min redispersing the pellet in the same volume of EtOH.

### Temperature stability

In a 20 mL round bottom flask with a reflux system, 10 mL of gold nanostars (0.06 mM Au<sup>0</sup>) were added. The round bottom reaction flask was then introduced into an oil bath at 100 °C or 75 °C and stirred. After two hours, the colloid was brought to room temperature and UV-Vis absorption spectra were recorded.

### Catalytic activity of nanostar nanozymes

2 mL of acetate buffer solution (1.0 mM, pH = 4.0), 100  $\mu$ L of nanostars (0.5 mM of Au<sup>0</sup>) and 50  $\mu$ L of TMB (32 mM in DMSO) were added into a 1 cm cuvette. After the homogenization of the sample, 90.5  $\mu$ L of H<sub>2</sub>O<sub>2</sub> (33%) was quickly added. The mixture was homogenized again and UV-Vis spectra were recorded for 600 s. All the experiments were performed at 25 °C. To calculate the steady-state enzymatic kinetic parameters of the nanostars, various concentrations of either TMB or H<sub>2</sub>O<sub>2</sub> were prepared in buffer solution always using 10  $\mu$ g of nanozymes in each experiment (100  $\mu$ L, 0.5 mM Au<sup>0</sup> of gold nanostars). For TMB studies, TMB stock solutions of 60 mM, 48 mM, 32 mM, 20 mM, 12 mM, and 4 mM were prepared in DMSO and 50  $\mu$ L of these solutions and 90.5  $\mu$ L of H<sub>2</sub>O<sub>2</sub> were used. In the case of study H<sub>2</sub>O<sub>2</sub>, 50  $\mu$ L of 32 mM TMB was employed and 25, 50, 100, 200, 300, and 600  $\mu$ L of H<sub>2</sub>O<sub>2</sub> were added. All the experiments were performed at 25 °C.

## Results and discussion

The complexation ability of the adenine moiety from AMP towards the gold salt can strongly affect the formation kinetics of AuNPs. Therefore, we studied the influence of the complexation of AMP with the gold salt precursor (AuCl<sub>4</sub><sup>-</sup>) on its redox properties. It is known that the addition of ascorbic acid to a AuCl<sub>4</sub><sup>-</sup> solution in the absence of any complexation agent leads to fast and uncontrollable nucleation and growth processes and the eventual nanoparticle aggregation due to the absence of stabilizing agents.<sup>59</sup> In the present case, the addition of ascorbic acid to an aqueous solution containing AuCl<sub>4</sub><sup>-</sup> and AMP at molar ratios of 1:2 and 1:4 just led to the partial reduction of AuCl<sub>4</sub><sup>-</sup> to AuCl<sub>2</sub><sup>-</sup>, as indicated by the disappearance of the Au(II) CTT band located at *ca.* 305 nm (Fig. S1 in the ESI<sup>†</sup>). This suggests that the complexation of AuCl<sub>4</sub><sup>-</sup> with AMP shifts its redox potential to more negative values. To give further insight into this experimental observation, different energy profiles for the binding mechanism of AMP to AuCl<sub>4</sub><sup>-</sup> were studied by means of DFT calculation (see details in the ESI<sup>†</sup> and Fig. S2). Fig. 1 shows the most favorable energy profile suggesting that AMP interacts initially with the Au(II) salt to form a complex,

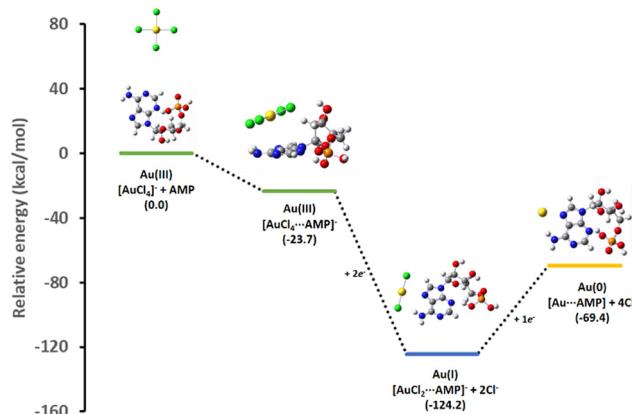


Fig. 1 Theoretical relative energy profile for the interaction of  $\text{AuCl}_4^-$  with AMP and its subsequent reduction intermediates.

$[\text{AuCl}_4 \cdots \text{AMP}]^-$ , mainly stabilized by a parallel interaction between the square planar  $\text{AuCl}_4^-$  and the adenine unit in AMP. Upon reduction, the  $[\text{AuCl}_4 \cdots \text{AMP}]^-$  complex is transformed into  $[\text{AuCl}_2 \cdots \text{AMP}]^-$ , which presents a strong direct interaction between the Au(I) atom and the N7 site in the adenine moiety. Interestingly, the additional reduction of the  $[\text{AuCl}_2 \cdots \text{AMP}]^-$  complex to the final  $[\text{Au} \cdots \text{AMP}]$  species is energetically unfavorable. These theoretical data predicted that additional Au seeds were needed to achieve the  $[\text{AuCl}_2 \cdots \text{AMP}]^-$  reduction to  $\text{Au}(0)$ . Fig. S3 and S4 in the ESI<sup>†</sup> show alternative complexation mechanisms predicting, in all cases, less favored energy paths.

To prove the autocatalytic process, tiny Au seeds stabilized by citrate were prepared using a strong reducing agent ( $\text{NaBH}_4$ ). Firstly, the influence of the AMP concentration on the growth of Au seeds was studied while keeping constant the concentrations of the gold salt (0.5 mM), ascorbic acid (0.3 mM) and Au seed (320 pM). Fig. 2 shows the influence of the AMP concentration on the optical properties as well as on the morphology of the overgrown Au nanoparticles. Thus, in the presence of 0.5 mM AMP (an AMP:Au(0) molar ratio of 800), the resulting Au nanoparticles are characterized by a broad LSPR band located at *ca.* 650 nm with a shoulder at *ca.* 550 nm.<sup>60</sup> Besides, the TEM characterization revealed a star-shaped morphology with an overall size of  $38.7 \pm 5.0$  nm and small tips of 5–10 nm in

length (see Fig. 2(B) and Fig. S5 in the ESI<sup>†</sup>). With this information, we could assign the main LSPR to the tip localized plasmon mode and the shoulder at 550 nm to the core mode. Interestingly, the gradual increase in the AMP concentration from 0.5 mM to 0.9 mM led to a gradual red-shift of the main LSPR from 650 nm to 720 nm, 800 nm and 850 nm, corresponding to an increase in the AMP:Au(0) molar ratio from 960 to 1120, 1280 and 1440, respectively. The careful TEM analysis of the morphology of the Au nanostars (see Fig. 2 and Fig. S5 in the ESI<sup>†</sup>) revealed that as the AMP:Au(0) molar ratio increased the number of tips per particle decreased but their length notably increased. Thus, Au nanostars synthesized at the highest AMP:Au(0) molar ratio (1440) presented tips with lengths up to 25–30 nm. Overall, the experimental results seem to indicate that the preferential adsorption of AMP on certain crystalline facets of Au seeds may be responsible for the anisotropic growth.

Next, the influence of the Au seed concentration was explored while keeping the AMP concentration at 0.8 mM. Fig. 3(A) shows the optical properties of the resulting Au nanostars upon decreasing the concentration of Au seeds from 1264 pM to 632 pM, 474 pM, 316 pM and 158 pM, corresponding to an increase in the AMP:Au(0) molar ratio from 320 to 640, 853, 1280 and 2560, respectively. It should be noted that the LSPR band red-shifted with the decreasing seed concentration from *ca.* 680 nm ( $[\text{Au}]_{\text{seed}} = 1264$  pM) to *ca.* 950 nm ( $[\text{Au}]_{\text{seed}} = 158$  pM). The TEM characterization revealed that the red shift is associated with i) an increase in the overall dimension of the nanostars from  $29.7 \pm 8.4$  nm to  $64.4 \pm 4.1$  nm and ii) an increase in the average length of the spikes (see Fig. 3(B)–(E) and Fig. S6 in the ESI<sup>†</sup>). These observations agree with the previously reported data.<sup>13,16</sup> Besides, an increase in the number of spikes per particle was also observed. It should be noted that in the absence of Au seeds, the formation of Au nanoparticles is marginal even after 24 hours of reaction (see Fig. S7 and S8, ESI<sup>†</sup>).

To perform a more comprehensive study of the growth mechanism, a time-resolved analysis of the synthesis of AuNSs was carried out by Vis-NIR spectroscopy and TEM. As can be seen in Fig. 4(A), at the initial stages (30 minutes), the nanoparticles present the main LSPR located at *ca.* 730 nm that gradually red-shifts with time until reaching a constant value at *ca.* 880 nm. The TEM characterization of the particles at

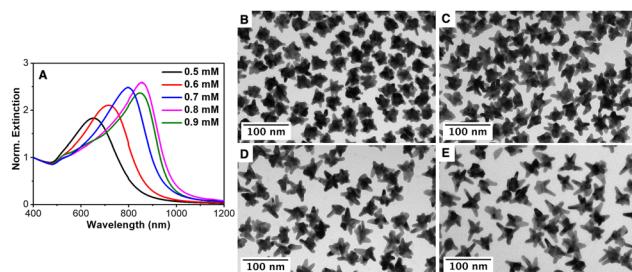


Fig. 2 (A) Normalized extinction spectra of AuNSs synthesized using different AMP concentrations, as indicated. (B)–(E) Representative TEM images: (B) 0.5 mM AMP, (C) 0.6 mM AMP, (D) 0.7 mM AMP and (E) 0.8 mM AMP.  $[\text{Au}]_{\text{seed}} = 320$  pM,  $[\text{AuCl}_4^-] = 0.3$  mM and  $[\text{AA}] = 0.5$  mM, kept constant in all cases.

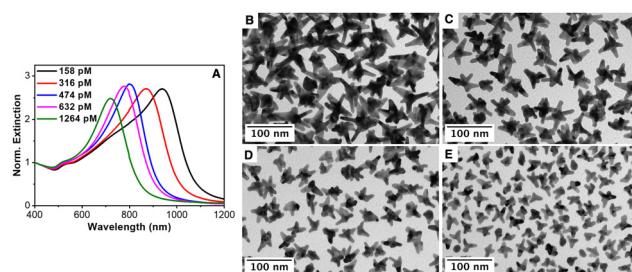


Fig. 3 (A) Normalized extinction spectra of different AuNSs synthesized using different concentrations of Au seeds, as indicated. (B)–(E) Corresponding TEM images: (B) 158 pM, (C) 316 pM, (D) 632 pM and (E) 1264 pM. (E) Au seed concentration.  $[\text{AuCl}_4^-] = 0.3$  mM,  $[\text{AA}] = 0.5$  mM and  $[\text{AMP}] = 0.8$  mM, kept constant in all cases.



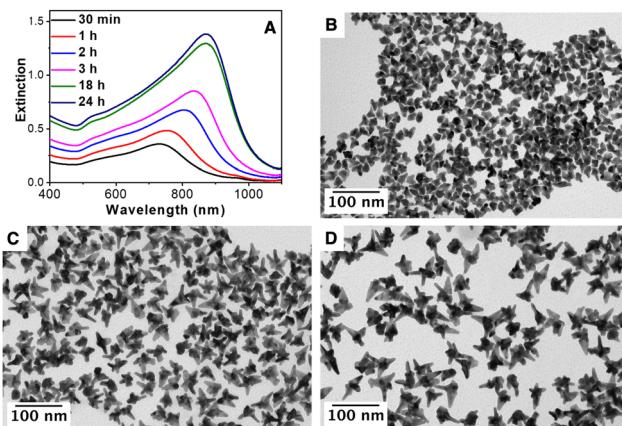


Fig. 4 (A) Time evolution extinction spectra recorded during the formation of AuNSs. (B)–(D) TEM images of nanoparticles after (B) 30 minutes, (C) 3 hours and (D) 24 hours of reaction.  $[\text{Au}_{\text{seed}}] = 316 \text{ pM}$ ,  $[\text{AuCl}_4^-] = 0.3 \text{ mM}$ ,  $[\text{AA}] = 0.5 \text{ mM}$  and  $[\text{AMP}] = 0.8 \text{ mM}$ .

different stages, Fig. 4(B)–(D), showed that the tips/spikes are formed at the early stages of the reaction (30 minutes), and they grow in length throughout the reaction, being responsible for the observed red-shift in the LSPR.<sup>60</sup> Finally, the impact of the reaction temperature and the concentration of AA was studied. Fig. S9 (ESI†) shows the influence of the AA, from 0.3 mM to 0.6 mM, in a standard AuNS synthesis. At a low AA concentration (0.3 mM), the gold salt reduction is rather low (*ca.* 10%). Nevertheless, at 0.4 mM, the reduction is *ca.* 90% with a LSPR band at 780 nm and at 0.5 mM and 0.6 mM the reduction is complete, and the optical properties remain unchanged (LSPR band at *ca.* 800 nm). Therefore, a AA concentration of 0.5 mM was chosen to assure the complete gold salt reduction. Fig. S10 (ESI†) shows the optical properties of the AuNSs synthesized at room temperature, 40 °C and 70 °C. At room temperature, only *ca.* 50% of the gold salt is reduced, while at 40 °C and 70 °C the reduction is complete and the optical properties in both cases are quite similar with an intense LSPR band located at *ca.* 800 nm. Taking this into account, a temperature of 40 °C was selected to guarantee the complete gold salt reduction with 0.5 mM AA.

The crystalline structure and morphology of AuNSs were carefully investigated by aberration-corrected high-resolution TEM (HRTEM) and high-angle annular dark-field scanning transmission electron microscopy (HAADF-STEM). Fig. 5 and Fig. S11 in the ESI† show representative HRTEM analyses of two different AuNSs synthesized using the same concentration of Au seeds (320 pM) but different AMP concentrations (0.8 mM and 0.6 mM). As it is shown in Fig. 5(A)–(C), most of the spikes present crystalline planes (111) and (200) and seem to grow perpendicular to the (111) direction where the defects are located and grow along the defect planes with a (211) preferential direction. Furthermore, most of the tips usually showed a twinning plane running down the branch to the core of the particle, which is evident in the tilted HAADF images at a range of angles depending on the arm (Fig. 5(G)–(H)). Interestingly, variations in the AMP concentration did not give rise to changes in the crystalline structure of the AuNSs and just affected their morphology.

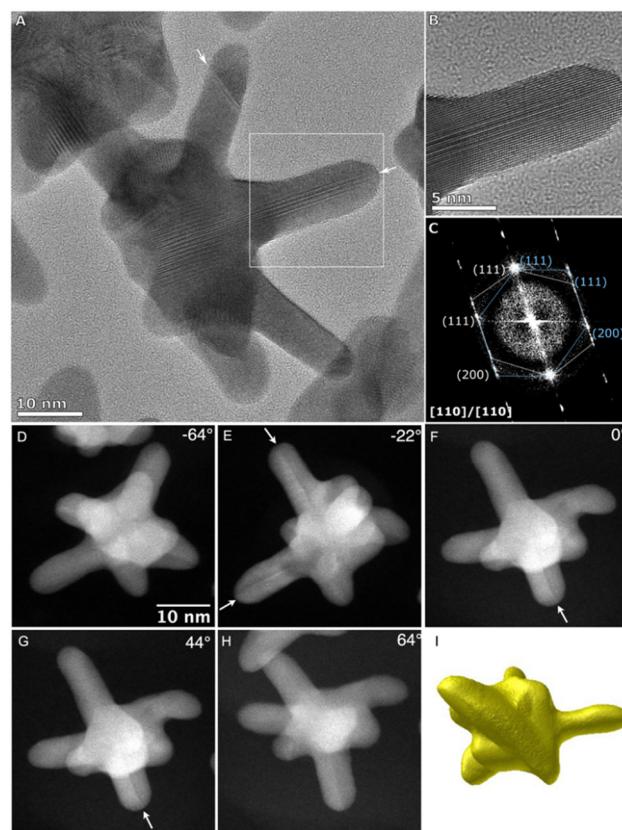


Fig. 5 (A) Aberration corrected HRTEM of a gold nanostar synthesized using 0.8 mM AMP and 320 pM of Au seeds, and the white arrows point towards twins in the tips. (B) Zoomed image of the tip from the white box in (A). A defect plane running down the center of the tip is observed. (C) The FFT of (B) shows two zone axes both viewed down the [110] axis twinned along the (111) spacing. (D)–(H) HAADF-STEM images taken from the tomography tilt series. White arrows indicate when the defect plane extends along the tips. (I) 3D tomographic reconstruction of the nanostar.

Fig. 5(I) and Fig. S11I in the ESI† show a 3D tomographic reconstruction of AuNSs obtained with 0.8 mM and 0.6 mM of AMP, respectively, where it is demonstrated that the larger tips for AuNSs are obtained with 0.8 mM AMP. Interestingly, and regardless of the AMP concentration, HRTEM images showed that the center of the gold nanostars exhibited a multi-twinned structure resembling that of an icosahedron (Fig. S12 in ESI†). Hence, concerning the twins, it is highly plausible that the branches originate from the twins inside the seeds, resembling the characteristics observed in icosahedral or decahedral particles.<sup>13</sup> Notably, the branches exhibit distinct (111) surface facets, accompanied by some higher-order features towards both the tips and the base of the branches. This is evident in the high-resolution image, where the surface facet running along the edge of the branch is the (111) facet. Additionally, twinning can be observed along the (111) direction, contributing to the growth of the branch. This phenomenon is further supported by the presence of twins in the other arms as observed for other particle orientations (Fig. 5(D)–(H)).

Importantly, this AMP-mediated synthesis of gold nanostars may also be extended to larger Au seeds. As a proof of concept,



citrate-stabilized spherical Au NPs with a mean diameter of *ca.* 30 nm were employed as seeds (see the experimental section for details). Fig. 6 shows the optical properties together with the representative TEM images of the Au seed and the nanostars obtained upon increasing the AMP concentration from 0.4 mM to 0.9 mM (AMP:Au(0) molar ratios of 10 to 17.5 and 22.9) while keeping constant the Au seed concentration ( $[\text{Au}]_{\text{seed}} = 480 \text{ pM}$ ). For the smaller Au seeds (see Fig. 2), the increase in the AMP concentration gave rise to a redshift and a broadening of the main LSPR. It is in agreement with the TEM results. Thus, the TEM analysis revealed that the overall diameter ranged between 70 and 90 nm regardless of the AMP concentration (Fig. S13 in the ESI<sup>†</sup>). In addition, the mean length of the spikes increased from 5 to 10 nm for 0.4 mM AMP up to 30 nm in the presence of 0.9 mM AMP. On the other hand, the broadening in the optical response (see Fig. 3(A)) could be ascribed to a larger core size and an increase in the number of spikes per particle. The morphological features and the optical response are in line with those previously reported PVP-stabilized AuNSs.<sup>61</sup>

To propose a plausible mechanism for the synthesis of Au nanostars, we have to take into consideration the following: (i) the higher stability of the  $[\text{AuCl}_2 \cdots \text{AMP}]^-$  complex in comparison with the  $[\text{AuCl}_4 \cdots \text{AMP}]^-$  and  $[\text{Au} \cdots \text{AMP}]$  complexes, as demonstrated by DFT calculations (Fig. 1), (ii) both types of citrate-stabilized Au seeds present the multiple-twinned crystalline structure,<sup>16</sup> (iii) the presence of twinning planes running along most of the tips (Fig. 5), and (iv) the increase in the length of the tips upon increasing the AMP concentration (Fig. 2). Therefore, the experimental data demonstrate that AMP plays a fundamental role in the morphological transformation from the spherical shape of the seed to the star shape of the overgrown particles. Such morphological transformation may be initially ascribed to the preferential adsorption of the AMP molecules towards certain crystal facets stabilizing them and promoting the deposition of gold adatoms towards less stabilized facets leading to the formation of tips/spikes through the Stranski–Krastanov growth mode.<sup>62</sup> Therefore, as previously reported for other Au NS synthesis such as Good's buffers,<sup>30,63</sup> the preferential adsorption to certain crystallographic facets has been ascribed as the key parameter to promote the AuNS growth.

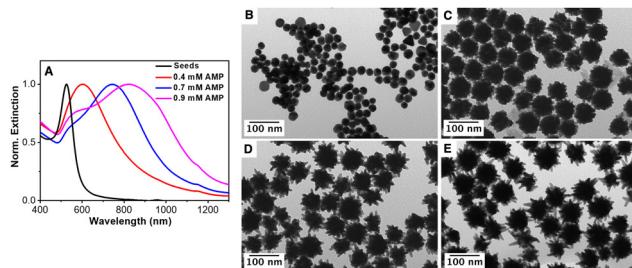


Fig. 6 (A) Normalized extinction spectra of Au seeds and AuNSs synthesized using different AMP concentrations. (B) TEM image of 30 nm citrate-stabilized Au seeds. (C)–(E) TEM images of AuNSs synthesized using different AMP concentrations: (C) 0.4 mM, (D) 0.7 mM, and (E) 0.9 mM.  $[\text{Au}]_{\text{seed}} = 480 \text{ pM}$ ,  $[\text{AuCl}_4^-] = 0.3 \text{ mM}$ ,  $[\text{AA}] = 0.5 \text{ mM}$ .

Molecular dynamic calculations were employed to study the adsorption of AMP on different gold surfaces. To this purpose, we built up three model slabs for the Au{111}, Au{100} and Au{110} facets and the adsorption energy for a single AMP molecule on each slab was evaluated as previously proposed by Heinz<sup>54</sup> (see the computational methods section in the experimental section).

$$E_{\text{ads}} = E_{(\text{Au}\{\text{slab}\} + \text{AMP} + \text{H}_2\text{O})} - E_{(\text{AMP} + \text{H}_2\text{O})} + E_{(\text{H}_2\text{O})} - E_{(\text{Au}\{\text{slab}\} + \text{H}_2\text{O})} \quad (1)$$

According to the results obtained, adsorption of AMP on the Au{111} surface ( $E_{\text{ads}} = -137.1 \text{ kcal mol}^{-1}$ ) was energetically more favorable than that on Au{100} and Au{110} surfaces ( $E_{\text{ads}} = -103.9 \text{ kcal mol}^{-1}$  and  $E_{\text{ads}} = -97.6 \text{ kcal mol}^{-1}$ , respectively). A representative configuration for the adsorption of AMP on the Au{111} surface is depicted in Fig. 7(A), where it can be seen that AMP adopts a rather elongated disposition with the adenine moiety almost parallel to the metal surface (the average angle between the adenine plane and the top atomic layer of the gold slab is  $6.3^\circ$ ). This disposition tends to maximize the number of contacts between the gold and nitrogen atoms in the adenine ring. Besides, the oxygen atom of the ribose ring is directed toward the surface at an average distance of  $2.7 \text{ \AA}$  and the two OH bonds of the phosphate ring are also in close interaction with the metal. Interestingly, due to adsorption, there is a considerable reduction of the AMP

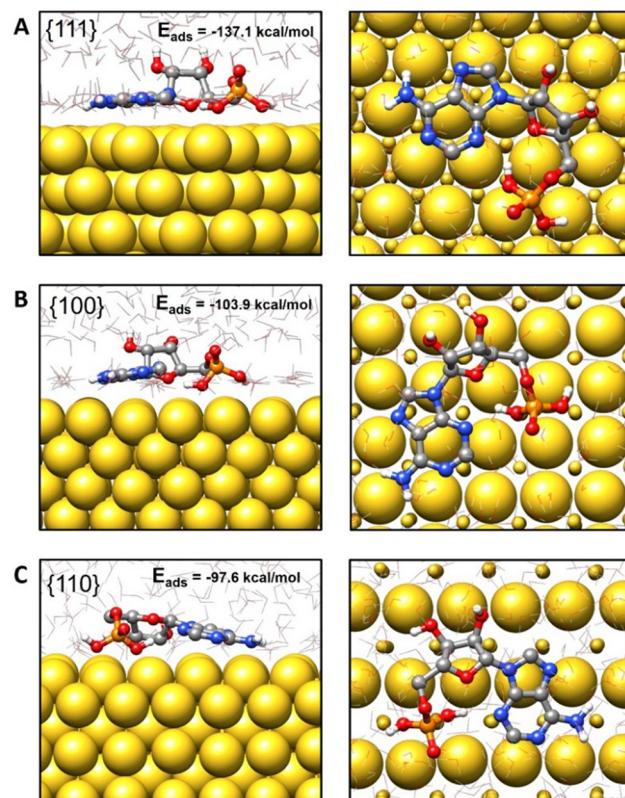


Fig. 7 Side and top views of representative configurations for AMP adsorbed on the (A) {111}, (B) {100} and (C) {110} Au surfaces. The adsorption energies have been included.

conformational flexibility compared to its behavior in an aqueous solution (see the detailed description in Fig. S14–S16 in the ESI†). In particular, the adenine ring in the isolated AMP adopts *syn* and *anti* orientations with respect to the ribose unit due to rotation around the central C–N bond between both rings. However, this rotation is hindered due to adsorption and the adenine and ribose units are always *syn*-oriented (Fig. 7).

AMP also adopts extended or stretched configurations when adsorbed on the Au{100} and Au{110} surfaces (see Fig. 7(B) and (C)). Nevertheless, the average angles between the adenine ring and the metal surface are slightly larger than for Au{111} (8.6° and 11.0° for {100} and {110}, respectively), and the average distances from the ribose oxygen atom to the first metal layer are also larger (2.8 Å and 3.8 Å, respectively, see Fig. S17, ESI†). These trends correlate with the smaller preference for the adsorption of AMP on the Au{100} and Au{110} surfaces and seem to be related to the gold atom density on the slab top layer. Thus, due to the high gold atom density on the Au{111} layer, there is a larger number of direct contacts between the nitrogen and oxygen atoms of AMP and the gold atoms in Au{111} in agreement with the stronger interaction predicted between AMP and the Au{111} facet. However, the number of direct atom interactions reduces in Au{100} and Au{110} with respect to Au{111} (see Fig. 7) and this reduction explains the smaller adsorption energies in the former cases.

Finally, it must be remarked here that, according to our theoretical results, during the nanoparticle growth in the presence of AMP and due to its larger affinity for the Au{111} layer, it can be expected that AMP would preferentially cover this {111} facet, deviating the deposition of gold adatoms towards less stabilized facets. This would cause the final shape of the nanoparticle to present a larger proportion of Au{111} facets, as observed in the experimental results. It should be pointed out that other nucleotides, such as guanosine monophosphate (GMP), were tested, but the fine-tuning of the morphology of the final particles with the concentration was poor (see Fig. S18, ESI†). The interaction of different nucleotides with the Au seed has already been reported as the key factor that controls the final morphology when employing several homogenous oligonucleotides.<sup>3</sup>

In summary, it seems reasonable to propose that the growth of the twin boundaries of the multi-twinned Au seeds, and therefore the formation of tips, is stimulated by the preferential adsorption of AMP molecules in [111] and [200] planes.

To further study the versatility of AMP as a capping agent, the stability of the particles in different water-miscible organic solvents was tested. Fig. 8(A) shows the optical properties of the same particles when redispersed in water, ethanol, DMF and DMSO. The spectra reveal the high colloidal stability of the particles in polar organic solvents. In addition, the position of the LSPR band red-shifts upon increasing the refractive index from 1.33 to 1.36, 1.41 and 1.48, respectively. With these results, the refractive index sensitivity (RIS), defined as the shift in the LSPR band with the refractive index of the medium ( $\Delta\lambda/\Delta n$ ), was analyzed<sup>64</sup> observing a good linear dependence of the LSPR with the refractive index (Fig. S19 in the ESI†) and a RIS of 359 nm/RIU. This value aligns with other reported gold nanoparticles.<sup>16,65</sup>

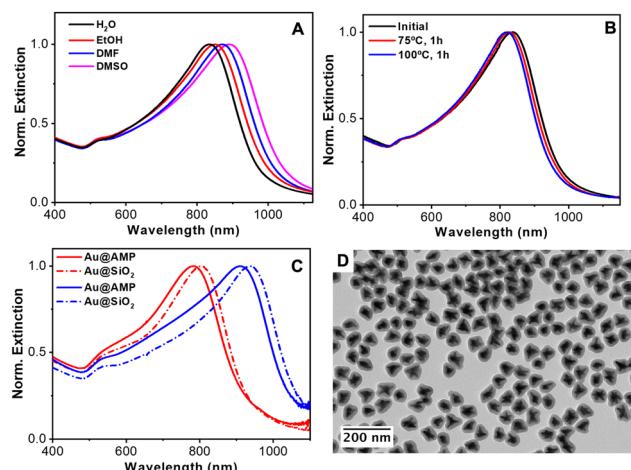


Fig. 8 (A) Normalized extinction spectra of AMP-stabilized AuNSs redispersed in different solvents as indicated. (B) Normalized extinction spectra of nanostars before and after thermal treatment at 75 and 100 °C. (C) Normalized extinction spectra of AuNSs before (solid lines) and after (dashed lines) the silica coating. (D) TEM images of silica-coated AuNSs with LSPR at 750 nm.

Next, the thermal stability of nanostars in water was also examined by heating the colloidal NP dispersion at 75 °C or 100 °C for one hour. As shown in Fig. 8(B), the nanostars suffer only a small blue shift in their main LSPR (ca. 11 and 17 nm at 75 and 100 °C, respectively), demonstrating their good thermal stability. Note that gold nanostars have high surface energy located at the tips, where gold atoms tend to migrate towards more favorable regions, inevitably degrading their optical properties.<sup>66</sup>

Finally, taking into account the high stability of the particles in ethanol and the negative surface  $\zeta$  potential due to the adsorption of AMP, the silica coating was tested using the well-known Stöber method.<sup>67</sup> The silica coating of metal nanoparticles improves their colloidal stability, facilitates their bioconjugation, etc.<sup>68,69</sup> The coating process typically requires colloids dispersed in an ethanolic solution and also the presence of a capping ligand that promotes the nucleation and growth of silica on the metal surface. A range of polymers and surfactants such as polyvinylpyrrolidone (PVP)<sup>69</sup> and thiolated poly(ethylene glycol) (PEG)<sup>70</sup> have been reported for the controlled silica deposition on metal nanoparticles. Nonetheless, these approaches required a post-synthetic nanoparticles functionalization step. In the present case, we found that AMP-stabilized Au nanoparticles can be directly coated with silica without any further functionalization by applying the Stöber method<sup>67</sup> (see the Experimental section for details). Fig. 8(C) shows the UV-vis-NIR spectra of two different Au nanostars before and after the silica coating. In both cases, the LSPR band red shifts upon silica coating due to the increase in the local refractive index surrounding the particles.<sup>71</sup> Fig. 8(D) and Fig. S20 in the ESI† show the representative TEM images of the nanostars after the silica coating. All the particles are individually coated with a uniform silica shell. Both, the optical and morphological characterization studies demonstrate that the spikes/tips retain their integrity, confirming the remarked ability of AMP as the stabilizing agent of Au nanostars.

The catalytic activity of natural peroxidases and their artificial mimics stem essentially from their unique capabilities to mediate the electron transfer from organic molecular substrates to  $\text{H}_2\text{O}_2$ . It catalyzes the homolytic split of  $\text{H}_2\text{O}_2$  to generate surface-adsorbed hydroxyls that are highly reactive toward the oxidation of the substrates. Particularly, it has been reported that gold nanoparticles can mimic the peroxidase-like activity of enzymes.<sup>72,73</sup> Furthermore, Au nanoparticles combined with certain nucleotides can improve the catalytic activity. Specifically, adenosine triphosphate (ATP) and adenosine diphosphate (ADP) were found to improve their peroxidase-like activity.<sup>74,75</sup> With this idea in mind, the catalytic performance of the AuNSs was tested employing as a model reaction the oxidation of the uncolored TMB into a blue ox-TMB in the presence of  $\text{H}_2\text{O}_2$ . AuNSs with the main LSPR at 850 nm (AuNS<sub>850</sub>, Fig. 9(A) and (B)) and 700 nm (AuNS<sub>700</sub>, Fig. S21 in the ESI<sup>†</sup>) were employed for this study. The oxidation of TMB mediated by the AuNSs was studied by UV-Vis absorption spectroscopy. As shown in Fig. 9(C), in a few seconds, three absorption bands corresponding to the ox-TMB are evidenced which gradually increased in intensity with time. In contrast, in the absence of  $\text{H}_2\text{O}_2$  and/or gold NPs, no ox-TMB formation is detected (Fig. S22 in the ESI<sup>†</sup>). To determine the peroxidase-like performance of the AuNSs, experiments at different concentrations of TMB were carried out. Fig. 9(D) shows the time evolution curves of the ox-TMB band at 652 nm observing a gradual intensity increase till reaching a

plateau. Next, the initial reaction rates ( $V_0$ ) were determined by taking the initial linear segment in different curves and using a molar absorption coefficient for ox-TMB of  $39.000 \text{ M}^{-1} \text{ cm}^{-1}$ .<sup>76</sup>

To fully characterize the nanoparticles as catalysts,  $V_0$  was plotted *versus* TMB concentration (Fig. 9(E)). The data fitted very well with the Michaelis-Menten model. Finally, we estimated the constant ( $K_m$ ) and maximum reaction velocity ( $V_{\max}$ ) using the Lineweaver-Burk equation (eqn (1) and Fig. 9(F)).

$$\frac{1}{V_0} = \frac{K_m}{V_{\max}[\text{TMB}]} + \frac{1}{V_{\max}} \quad (2)$$

Besides,  $V_0$  and  $V_{\max}$  were estimated by performing experiments with different concentrations of  $\text{H}_2\text{O}_2$  (Fig. S23 and S24 in the ESI<sup>†</sup>).

For AuNS<sub>850</sub>, the  $K_m$  and  $V_{\max}$  values of TMB were  $0.154 \text{ mM}$  and  $23.5 \times 10^{-8} \text{ M s}^{-1}$ , respectively, being very similar for AuNS<sub>700</sub> ( $0.155 \text{ mM}$  and  $23.7 \times 10^{-8} \text{ M s}^{-1}$ , respectively). Regarding  $\text{H}_2\text{O}_2$ , the  $K_m$  and  $V_{\max}$  values were  $692.5 \text{ mM}$  and  $47.8 \times 10^{-8} \text{ M s}^{-1}$ , respectively, for AuNS<sub>850</sub> and  $721.0 \text{ mM}$  and  $49.0 \times 10^{-8} \text{ M s}^{-1}$ , respectively, for AuNS<sub>700</sub>. Therefore, no significant differences were observed between both types of AuNSs. Besides, the obtained  $K_m$  values (TMB and  $\text{H}_2\text{O}_2$ ) are similar to those reported in the literature for other gold nanostructures. The values of the  $K_m$  for TMB are smaller than the ones of the  $\text{H}_2\text{O}_2$ , meaning that the affinity of the nanozyme for TMB is higher.<sup>77</sup> Regarding the second catalytic parameter,  $V_{\max}$ , the values obtained for the AuNSs were found one of the highest values reported for gold nanozymes only composed of this metal. Similar or even better results can be found in the literature but using Au alloys with other metals or hybrids with organic structures such as metal-organic frameworks (MOFs) as it is summarized in Table S2 in the ESI.<sup>†</sup>

## Conclusions

We developed a versatile seed-mediated approach to synthesize gold nanostars in a wide size range (between 30 and 90 nm). The presence of AMP was a key point to obtain well-defined gold nanostars with tunable size and optical properties (between 580 and 950 nm). The number and the length of the tip, which rule out the optical properties, can be controlled through the AMP:Au molar ratio. Advanced microscopy analysis showed that the gold nanostar presents a polycrystalline nature with several tips branching out the surface. Interestingly, most of the tips analyzed usually showed a twinning plane running down the tip to the core of the particle, which may indicate a preferential growth of the multi-twinned crystallographic structure of the seeds used. DFT and molecular dynamics calculations support the experimental data suggesting the role of AMP to modulate the reduction of the gold precursor *via* complexation and as a shape-directing agent *via* preferential adsorption on certain Au crystalline facets. Furthermore, AMP was found to be a robust capping agent since nanoparticles are colloidally stable in polar organic solvents, and also offer considerable resistance to reshaping up to  $100^\circ\text{C}$  with a minimal variation in their optical

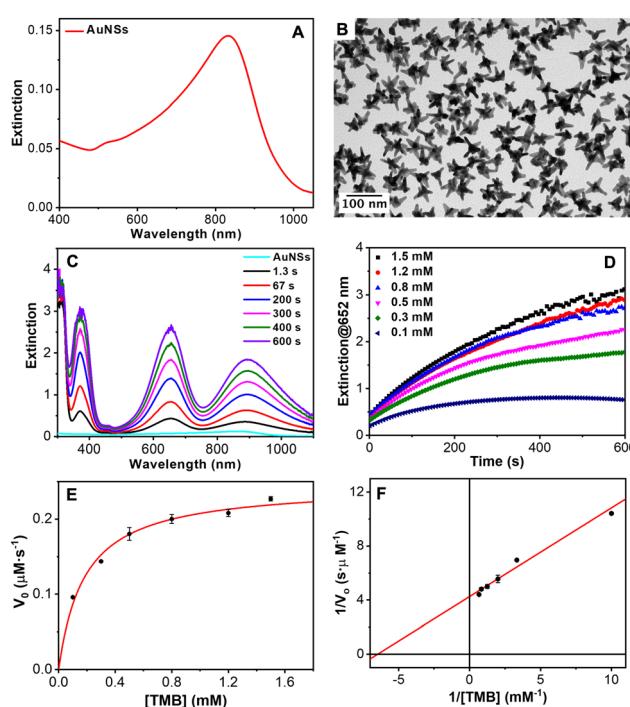


Fig. 9 (A) Vis-NIR extinction spectrum and (B) TEM image of AuNSs used as catalysts. (C) Time evolution absorption spectra of the TMB oxidation in the presence of AuNSs. (D) Time evolution of the absorbance at 652 nm for different TMB concentrations, as indicated. (E) Michaelis-Menten curve of AuNS nanozymes. (F) Lineweaver-Burk plot derived from the Michaelis-Menten curve. Error bars represent the standard deviation derived from three independent experiments.



response. Interestingly, we noted that the AMP allows the direct silica coating, expanding the future applications of this nanomaterial. Finally, the nanostars capped with AMP displayed a very good capability to mimic enzyme activity for TMB oxidation since the obtained  $V_{max}$  was one of the best values reported in the literature until today for gold nanozymes (see Table S2 in the ESI† for a comparison with other Au nanozymes).

## Data availability

The data that support the findings of this study are openly available in zenodo.org at <https://doi.org/10.5281/zenodo.8206693>.

## Author contributions

The manuscript was written through the contributions of all authors. All authors gave approval for the final version of the manuscript.

## Conflicts of interest

The authors declare no competing financial interest.

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