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Bacterial-mediated selenium nanoparticles as highly selective antimicrobial agents with anticancer properties†

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The green synthesis of nanomaterials offers advantages over traditional chemical methods, such as the production of biocompatible nanostructures in an environmentally friendly and cost-effective manner. Among all of the available green synthesis routes, the use of bacteria offers a high-throughput and versatile synthesis of nanoparticles that can be used in a wide range of biomedical approaches. In this article, we present a controllable and versatile synthesis of selenium nanoparticles (SeNPs) using bacterial isolates of both Gram negative and Gram positive bacteria. The SeNPs were characterized in terms of their physicochemical properties and tested in both antimicrobial and cytotoxicity assays, showing a selective dose-dependent antibacterial activity in a selected range of concentrations (especially when SeNPs synthesized by a particular bacterial isolate were exposed to that isolate) and a mild cytotoxicity when exposed to human dermal fibroblasts. Furthermore, the SeNPs were tested for their anticancer activity by exposure to melanoma cells (skin cancer) in *in vitro* models, showing a significant dose-response cytotoxic behavior that was associated to the production of reactive oxygen species. Therefore, this work presents a robust and versatile method to produce SeNPs using selected bacterial isolates for numerous biomedical applications.

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Sustainability spotlight

The application of nanomaterials in different scientific and technological fields is spreading widely. However, one of the major drawbacks that has impeded their intensive application is the way they are produced, *i.e.*, normally, their synthesis implies the use of toxic reactants and the generation of potentially dangerous by-products. Hence, green nanotechnology has recently emerged as a potential solution for the synthesis of nanomaterials. This report has the objective to produce Se nanoparticles using bacterial isolates as natural biofactories. Important to notice is that the SeNPs showed a selective and effective inhibition when the NPs were exposed to the same bacteria strain that was used for their synthesis. Our work emphasizes the importance of the following UN sustainable development goals: Responsible Consumption and Production (SDG 12).

1 Introduction

Antimicrobial resistance (AMR) refers to the ability of microorganisms to change their genetic information or properties

that help them evade the antimicrobial effects of biomedical agents. Resistant strains of pathogens can lead to more severe symptoms and higher mortality rates compared to common strains.¹ Although the resistant mechanisms occur naturally, the AMR crisis has worsened significantly by the overuse and misuse of antibiotics in healthcare, agricultural and environmental settings.^{2,3} Unfortunately, the rate of the traditional discovery of new antibiotics cannot keep up with the acquired resistance in pathogens, leading to potentially dangerous infections with no suitable treatments. AMR is projected to kill more than 10 million people worldwide annually while causing up to \$100 trillion in financial costs.⁴ With such a bleak future, the AMR crisis demands more urgent and innovative approaches.

Presently, the treatment of bacterial infections still mainly involves a combination of traditional antibiotics and the limited use of a novel class of drugs in fear of further resistance. Very few

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antimicrobials have been developed over the past decades from traditional screening, and virtually no drugs have exhibited a new mechanism of action.⁵ Eventually, the use of every traditional form of antibiotics will incur resistance, adding to the problem at hand. Therefore, multiple alternatives to treating infections have been studied, with the most promising approaches using anti-microbial peptides (AMP) and phage therapy (PT).^{6,7} However, AMP discovery remains a time-consuming, expensive, and highly inefficient process, making the number of AMP drug candidates going through clinical settings low.⁸ PT demonstrates a reduction in resistance due to the uniqueness and importance of its target, but it is still poorly understood in terms of efficacy and safety profiles, leading to an uncertain clinical and regulatory framework.^{9,10} Lastly, the COVID-19 pandemic has brought more attention to AMR, as the overuse and misuse of antibiotics in SARS-CoV-2 patients has been linked to the development of drug-resistant bacteria (with the increased use of antibiotics to treat COVID-19), along with disruptions in healthcare systems and changes in prescribing practices which may exacerbate AMR problems.¹¹ Additionally, the emergence of new variants of the virus that are resistant to existing treatments could lead to an increased demand for antibiotics.¹² Overall, the COVID-19 pandemic has the potential to worsen the already serious problem of antimicrobial resistance.

Nanotechnology can present a novel solution in the fight against the formation of “superbugs”. Specifically, nanoparticles (NPs), mainly made of metals, are an optimal form of therapeutics due to their natural antimicrobial properties.¹³ Several hypotheses of the mechanism of action of metallic NPs in killing bacteria have been proposed, including the adhesion of NPs onto the surface of the cells; the penetration and destruction of NPs to intracellular organs; the induction of toxicity and oxidative stress; and the regulation of cellular signalling pathways.^{14–16} The most common metallic NPs used in antimicrobial therapy have been silver NPs (AgNPs).^{17,18} Nevertheless, while possessing strong antimicrobial properties, the use of AgNPs can lead to drawbacks such as the higher risk of mammalian cell toxicity, further bacterial mutations, and increased horizontal resistance of gene transfer.^{19,20}

Furthermore, inorganic nanoparticles (including AgNPs) have emerged as a promising tool in cancer treatment due to their unique physical and chemical properties.²¹ They can be engineered to enhance specificity and drug delivery efficiency, minimizing side effects typically associated with traditional chemotherapy.²² NPs such as gold, silver, and iron oxide have been widely studied for their ability to carry therapeutic agents directly to tumor cells, enabling targeted therapy.²³ Furthermore, they can also serve as agents in photothermal therapy, where they generate heat under specific light exposure to kill cancer cells.²⁴ Additionally, due to their unique optical properties, they can be used as contrast agents in diagnostic imaging, thus contributing to the early detection of cancer.²⁵

Other metal and non-metal elements should be explored to reduce the burden on AgNPs and overcome their biomedical limitations. One such element is selenium (Se), a chalcogen element that is essential for many organisms. Se nanoparticles (SeNPs) exhibit antimicrobial properties in their nanoscale

form, increased biocompatibility, and bioavailability, while also adding antioxidant and anticancer promises.^{26,27} These advantages have encouraged more research to explore the potential of SeNPs as an effective treatment to both common and resistant strains of bacterial infections.^{28,29}

While the physical and chemical synthesis of SeNPs are both possible, the green synthesis of these nanostructures presents a more effective, environmental-friendly, and biocompatible approach to obtain Se-based nanomaterials compared to traditional production. Moreover, biogenic SeNPs possess additional organic molecular signatures from the host organisms, potentially providing them with increased efficacy and bioavailability compared to traditionally synthesized NPs.^{30–32} Furthermore, it was suggested that pathogenic organisms could act as biofactories to produce SeNPs, and these products showed increased potency toward the pathogens they were made from, presenting an opportunity for a tuneable, selective treatment for every bacterial infection.^{33,34}

In this study, the biomedical potential of SeNPs synthesized from four pathogenic bacterial strains, namely *Escherichia coli* referred as EC-SeNPs, *Staphylococcus aureus* referred as SA-SeNPs, multidrug-resistant *Escherichia coli* referred as MDR-EC-SeNPs, and methicillin-resistant *Staphylococcus aureus* referred as MRSA-SeNPs, was explored upon an improved version of a synthetic method developed by our team.³⁵ These bacterial-mediated SeNPs show the following novel features: (a) a selective antimicrobial behavior, whose outcome was associated with the protein corona of the SeNPs; (b) no antibacterial resistance triggered compared to commercial Ag nanomaterials and antibiotics; and (c) a potent anticancer activity. Moreover, through the study of the mechanism of action, we showed a dependence of the reported biomedical activities with the production of reactive oxygen species (ROS). These findings allow us to present bacterial-mediated SeNPs as a suitable biomedical agent with strong potential to the topical treatment of bacterial infections. Furthermore, suitable cytocompatibility and promising anti-cancer effects of the produced SeNPs are also reported here.

2 Materials and methods

2.1 Bacterial-mediated synthesis of selenium nanoparticles (SeNPs)

Escherichia coli, referred as EC (K-12 HB101), multidrug-resistant *Escherichia coli*, referred as MDR-EC (ATCC BAA-2471; Manassas, VA), *Staphylococcus aureus*, referred as SA (ATCC-12600, Manassas, VA) and methicillin-resistant *Staphylococcus aureus*, referred as MRSA (ATCC-4330, Manassas, VA), were used as the bacterial organisms for the synthesis of the SeNPs, as well as for antibacterial tests. Alternatively, *Pseudomonas aeruginosa*, referred as PA (Schroeter, Migula, ATCC 15442, Manassas, VA) and *Staphylococcus epidermidis*, referred as SE (Winslow and Winslow, ATCC, Manassas, VA) were used to conduct additional antimicrobial tests. Each bacterial strain was briefly cultured in Luria–Bertani broth (LB) (Sigma-Aldrich, St. Louis, MO, US) on agar plates and maintained at 4 °C. Cultures were transferred from an agar plate and inoculated with 40 mL of LB broth in a 50 mL conical centrifuge tube. The



stock bacterial solution was incubated at 37 °C at 200 rpm for 24 h. Afterwards, the stock solution was centrifuged at 6000 rpm for 10 min. Pellets were resuspended in 40 mL of media. The solution was inoculated with sodium selenite (Na_2SeO_3) (Sigma-Aldrich) to obtain a concentration of 2 mM and incubated in a shaking incubator at 37 °C, 200 rpm for 24 h. The samples were centrifuged at 7500 rpm for 10 min, with the pellets resuspended in Milli-Q water and sonicated for 2–3 min to disrupt the bacterial membrane. Another centrifugation at 7500 rpm and 2 min was performed, and the SeNPs-rich supernatant was collected. Final separation was performed by centrifugation at 10 000 rpm for 30 min (repeating the cycle twice more if a deeper removal of any organic material was needed). The pellet phase was collected and stored in a glass vial, resuspended in Milli-Q water, and then lyophilized into a fine powder using a freeze-dryer (Labconco Freezone 4.5) overnight. To quantitatively follow the progression of the synthesis of the SeNPs, a kinetic study coupled with ultraviolet-visible (UV-vis) spectroscopy was carried out, along with a reactive oxygen species (ROS) quantification to elucidate the involvement of these species in the process, whose methods have been described in the ESI (Sections S1–S3).†

2.2 Cell fixation for the synthesis process

A cell fixation protocol was used with Scanning Electron Microscopy (SEM, SU3800/SU3900, Hitachi) to observe the changes of the bacteria during the synthesis protocol. The experiment was performed over 6 h after the inoculation with 2 mM Na_2SeO_3 (see Sections S1 and S2† for details about the selection of the inoculation time and Se salt concentration). Bacteria were added to 4 mL of LB media and incubated overnight at 37 °C, and a spectrophotometer was used to analyze the optical density further to dilute the solution to 10^6 CFU mL^{-1} . A concentration of $75 \mu\text{g mL}^{-1}$ of the four bacteria-solutions was obtained by mixing with LB media and transferred to a 6-well plate (Fisher Scientific), and a pre-treated coverslip was added to the bottom of the well (Sigma-Aldrich). After incubation for 6 h at 37 °C, coverslips were treated with a fixative solution of 2.5% glutaraldehyde ($\text{C}_5\text{H}_8\text{O}_2$) (Sigma-Aldrich) and 0.1 M sodium cacodylate ($\text{C}_2\text{H}_7\text{AsO}_2$) (Sigma-Aldrich) for 1 h. A buffer solution of 0.1 M $\text{C}_2\text{H}_7\text{AsO}_2$ replaced the fixative solution, and then the coverslips were treated with a post-fixative solution of 1% osmium tetroxide (OsO_4) (Sigma-Aldrich) for 1 h. The coverslips were washed with 30, 50, 70, 80, 95, and 100% ethanol and dehydrated. Samples were dried with liquid CO_2 -ethanol in a Samdri®-PVT-3D Critical Point Dryer and were mounted with adhesive tabs on SEM stubs. Lastly, the coverslips were individually treated with liquid graphite and sputter-coated with a thin layer of platinum (Pt) using a Sputter Coater (Polaron Range). Images of the cells were then obtained using a SEM with a 10 kV acceleration voltage and a 400 pA beam current.

2.3 Morphological, chemical, and structural characterization

A thorough morphological characterization of the nanostructures was accomplished using transmission electron

microscopy (TEM) (JEM-1010 TEM). To prepare the samples for imaging, a drop of the different NPs suspensions was dried on 300 mesh copper-coated carbon grids (Electron Microscopy Sciences, Hatfield, PA) and placed inside the scope for observation. Additionally, SEM, energy-dispersive X-ray (EDX), and X-ray photoemission spectroscopy (XPS) characterization were completed, with methods and results shown in the ESI section (Sections S4–S6),† along with a stability analysis (TEM and determination of the zeta potential of colloids) to quantify the physical stability of the SeNPs in both dried and colloidal forms (Section S8†).

Additionally, to evaluate the crystallographic nature of the Se nanomaterials, a volume of 2 mL of each sample was dried on a sample holder for the Rigaku MiniFlex 600 XRD instrument. The operational conditions of the XRD included a voltage of 40 kV, a current of 15 mA, and Cu- $\text{K}\alpha$ radiation ($\lambda = 1.542 \text{ \AA}$). The XRD patterns were recorded at room temperature with a step width of 0.05° (2θ , diffraction angle) and a scan speed of $0.25^\circ \text{ min}^{-1}$. To study the chemical composition of the SeNPs, Fourier-transformer infrared spectroscopy (FTIR) (PerkinElmer 400 FT-IR/FT-NIR) was used under the attenuated total reflectance (ATR) mode. The samples were prepared by drop-casting of the nanostructure colloids on a sample holder heated to 50 °C. The FTIR spectra were scanned in the range of 500 to 4000 cm^{-1} . The individual spectra were normalized using Spectrum™ software.

2.4 *In vitro* therapeutic application of the SeNPs

2.4.1 *In vitro* antimicrobial effect. Colony counting unit assays were used to observe the impact of the different SeNPs for mediating bacterial function. A colony of each bacterial strain was resuspended in LB media. The bacterial suspension was placed in a shaking incubator to grow overnight at 200 rpm and remained constant at 37 °C. The overnight suspension was diluted to a bacterial concentration of 10^6 colony-forming units per milliliter (CFU mL^{-1}), and a spectrophotometer was used to perform optical density measurements at 600 nm (OD_{600}). The colony counting assays were completed by seeding the bacteria in a 96-well plated mixed with different concentrations of SeNPs. The plates were incubated at 37 °C for 8 h, and after that period, the plates were removed from the incubator and diluted with PBS in a series of vials $\times 10^5$, $\times 10^6$, and $\times 10^7$. Three drops of $10 \mu\text{L}$ were taken of each dilution and deposited in an LB-agar plate. After a final period of incubation of 8 h inside the incubator at 37 °C, the numbers of colonies formed were counted at the end of the incubation. Colony counting unit assays were conducted to assess the potential antimicrobial activity of the different bacterial-synthesized SeNPs.

An extensive study was conducted following a protocol that was divided into two main categories: (1) direct analysis, in which SeNPs made by X bacteria – for instance, EC-SeNPs were tested towards the X bacterial strain, both antibiotic-resistant and standard phenotypes, for example, EC and MDR-EC; and (2) indirect analysis, in which SeNPs made by X bacteria – for instance, EC-SeNPs were tested towards the Y bacterial strain, both antibiotic-resistant and standard phenotypes – for



example, SA and MRSA. From these experiments, log reduction, minimum inhibitory concentration (MIC) and minimum bactericidal concentration (MBC) values were obtained. Finally, a resistance study was done in two synthesized nanosystems: (a) EC-SeNPs and (b) SA-SeNPs through serial exposure cycles. Moreover, a comparison was made between the bacterial-mediated SeNPs with commercially available nanoparticles, *i.e.*, AgNPs (particle size of 80 nm, Alfa Aesar) and SeNPs (particle size of 80 nm, Sigma), as well as vancomycin (Sigma), methicillin (Sigma) and penicillin (Sigma), as antibiotic controls.

Lastly, a cell fixation protocol was followed to observe the interaction between the SeNPs and bacterial cells, following a methodology described in the ESI section (Section S9).†

2.4.2 *In vitro* cytotoxicity with human cells. Cytotoxicity assays were performed with primary human dermal fibroblasts (HDF; ATCC® PCS-201-012™, Manassas, VA) and melanoma (ATCC® CRL-1619, Manassas, VA) cells. Cells were cultured in Dulbecco's Modified Eagle Medium (DMEM; Thermo Fisher Scientific, Waltham, MA), supplemented with 10% fetal bovine serum (FBS; ATCC® 30-2020™, American Type Culture Collection, Manassas, VA) and 1% penicillin/streptomycin (Thermo Fisher Scientific, Waltham, MA). MTS assays (CellTiter 96® AQueous One Solution Cell Proliferation Assay, Promega, Madison, WI) were carried out to assess cytotoxicity. Cells were seeded onto tissue-culture-treated 96-well plates (Thermo Fisher Scientific, Waltham, MA) at a final concentration of 5000 cells per well in 100 μ L of cell medium. After an incubation period of 24 h at 37 °C in a humidified incubator with 5% carbon dioxide (CO₂), the culture medium was replaced with 100 μ L of fresh cell medium containing concentrations from 25 to 100 μ g mL⁻¹ of bacterial-synthesized SeNPs. Cells were cultured for another 24 and 48 h at the same conditions and then washed with PBS. The medium was then replaced with 100 μ L of the MTS solution (prepared using a mixing ratio of 1 : 5 of MTS : medium). After adding the solution, the 96-well plate was incubated for 4 h in the incubator to allow for a color change. Then, the absorbance was measured at 490 nm on an absorbance plate reader (SpectraMAX M3, Molecular Devices) for cell viability assays after exposure to the SeNPs at different concentrations. Cell viability was calculated by dividing the average absorbance obtained for each sample by the control sample and then multiplied by 100. Controls containing cells and media, and just media, were also included in the 96-well plate to identify the normal growth of cells without SeNPs and to determine the absorbance of the media itself. A cell fixation protocol was followed to observe the interaction between the nanoparticles and human cells. IC₅₀ values were calculated by means of mathematical regression using a licensed software upon data collection (Prism, GraphPad 2021).

2.4.3 Reactive oxygen species (ROS) analysis. For ROS quantification, 2',7'-dichlorodihydrofluorescein diacetate (H₂DCFDA) was used. Melanoma cells were seeded in a 96 well-plate at a concentration of 5 \times 10⁴ cells per mL in the presence of different concentrations of the SeNPs and control without any nanoparticle. The cells were cultured under standard culture conditions (37 °C in a humidified incubator under a 5%

CO₂ atmosphere) for 24 h before the experiment. Briefly, the ROS indicator was reconstituted in anhydrous dimethylsulfoxide (DMSO) to make a concentrated stock solution that was kept and sealed. The growth media were then carefully removed, and a fixed volume of the indicator in PBS was added to each one of the wells at a final concentration of 10 μ M. The cells were incubated for 30 min at the optimal temperature, and the loading buffer was removed after. Fresh media were added, and cells were allowed to recover for a short time. The baseline for fluorescence intensity of a sample of the loaded cell period exposure was determined. Positive controls were done stimulating the oxidative activity with hydrogen peroxide (H₂O₂) to a final concentration of 50 μ M and the intensity of fluorescence was then observed. Measurements were taken by recording fluorescence at 530 nm when the sample was excited at 485 nm. Fluorescence was also determined using a negative control.

2.5 Statistical analysis

To verify the accuracy of the results, all tests were conducted three times ($N = 3$) unless otherwise stated. Student's *t*-tests were used to determine statistical significance; an alpha value of 0.05 or less was considered statistically significant. The mean and standard deviation are reported.

3 Results and discussion

3.1 Synthesis of bacterial-mediated SeNPs

The synthesis of the bacterial-mediated SeNPs was completed by inoculating the bacterial isolates in suspension with different concentrations of Na₂SeO₃ (1, 2, 3, 5 and 10 mM), producing different bacterial growth and nanoparticle synthesis patterns (Fig. S1 in the ESI section†), which allowed us to find out the best concentration of raw material to maximize the production of SeNPs (Fig. S2†). After inoculation of the bacterial cultures with 2 mM Na₂SeO₃, a switch from yellowish to an orange color was visible after just a few minutes, with an increase in coloration intensity until the dispersion reached a dark red color after 24 h of reaction (Fig. S3A and B†). The change of color was attributed to the reduction of Se^{IV} in SeO₃²⁻ ions, presented in the media, into Se⁰ nanoparticles (SeNPs). The absorption spectra of both samples showed a wide band with a maximum at around 300 nm (Fig. S3C and D†). This optical behavior has been observed for SeNPs with particle sizes in the range of 70–100 nm.^{36,37} Moreover, this agrees with the particle sizes obtained by TEM analysis for our synthesized SeNPs (*vide infra*). It has been shown that for several bacterial strains, the reduction of Se^{IV} in SeO₃²⁻ may occur under the action of nitrate enzymes (as happened with EC) or nitrite reductases.^{38,39} Therefore, the reduction of SeO₃²⁻ is usually linked to denitrification in bacteria. Furthermore, thiol functional groups (R-SH), like the well-known glutathione, or GSH, present inside the cytoplasm of bacterial cells,⁴⁰ are involved in reducing Se^{IV} in SeO₃²⁻. From these experiments, it was clear that the employed bacteria could transform the toxic SeO₃²⁻ in the media to insoluble and non-toxic SeNPs, through a process of detoxification.^{41,42} Despite the complex system of enzymatic



reactions involved in the production of SeNPs and the wide variety of reactions and physical processes that might be involved, the mechanism can be described in one single elementary chemical reaction: $\text{Se}^{\text{IV}}\text{O}_3^{2-} + 4\text{e}^- + 6\text{H}^+ \rightarrow \text{Se}^0 + 3\text{H}_2\text{O}$.

The mechanisms employed by different bacterial strains to trigger the reduction of Se^{IV} are not fully understood due to the wide diversity of these entities and the active use of several metabolic pathways, enzymes, and proteins in the reduction process. Therefore, to reach a higher level of understanding, two studies were conducted in parallel: a kinetic control using UV-vis spectroscopy to quantify the rate and quantity of SeNPs production, and a ROS analysis to observe how the production of the SeNPs was related to the ability of bacteria to cope with such species. The results can be found in ESI (Sections S1–S3),[†] and they showed that the bacterial strains are exposed to an increased concentration of ROS once the Se salt precursor was added (Fig. S4A and B[†]), which led to a harsh environment. The subsequent production of SeNPs and the decrease in the levels of Se salts in the media were accompanied by a decline in ROS levels, which indicated that the bacterial strains used the production of SeNPs to cope with the toxicity in the media, hence restoring the ROS levels to intra-cellular standards and triggering normal growth.

3.2 Characterization of bacterial-mediated SeNPs

To observe any morphological changes around the bacteria over the synthesis process, SEM imaging was performed for fixed MDR-EC and MRSA. The obtained micrographs are shown in Fig. 1. The SEM images suggest that SeNPs growth can happen either inside of the cells (to then be exported outside of the cells) or in the extracellular side of the bacterial membranes.⁴³ This process can occur simultaneously in the cells, with both intra- and extracellular synthesis happening, as it has been observed in bacteria and other microorganisms.^{44–46} From the observations, MDR-EC bacteria produced spheroidal and non-agglomerated SeNPs that were spread over the cell surfaces

(Fig. 1A and B). The SeNPs were evenly dispersed with no disruptions to the cellular membranes. Conversely, MRSA formed smaller but agglomerated nanoparticles present over the surface of the membrane (Fig. 1C and D).

It is important to mention that the produced SeNPs present some instability if left in culture in the presence of the cells and/or biomolecules coming from the cells, which can lead to the formation of rods or larger structures, as shown in the SEM data (see the ESI Section S4[†]). This instability can be explained in terms of nucleation and further coalescence of the particles due to the presence of active biomolecules with reducing properties in the media, that continue reducing the selenium salt and incorporate them in the form of clusters into the nanoparticles beyond the end of the synthesis protocol.⁴⁷ For instance, when the nanoparticle core exceeds a critical size, morphological instability develops, which makes the core asymmetric and allows for extension, towards the nanoparticle surface, leading to morphologies that differ from the original spherical core.^{48,49} To avoid these problems, a purification process is needed, in which the SeNPs are completely separated from any reducing biomolecules and stored in an appropriate dispersion medium (such as water) for future experiments, as was done with the purified SeNPs used in the stability studies.

It is also important to mention that the SeNPs release may be related to vesiculation, a mechanism for the secretion of materials involving the outer membrane of the cells. This mechanism, which appears in response to stress, happens when a small portion of the outer membrane shrinks and forms a spherical vesicle. Once created, the vesicle gets separated from the cell enclosing periplasmatic materials.⁵⁰ Nevertheless, no vesicles were found after observation enclosing the SeNPs, which might indicate that the synthesis did not happen exclusively in the periplasmatic space, once more indicating that there are several mechanisms involved in the synthesis of the SeNPs.⁵¹

TEM characterization revealed the presence of SeNPs around the cells for EC (Fig. 2A) and SA (Fig. 2B). It is well known that the growth of the NPs and their subsequent assembly into larger structures can happen both inside and outside the cells. Once the SeNPs were isolated employing the purification process, the presence of an organic layer was observed surrounding the spheres for both SeNPs produced by EC (Fig. 2C) and SA (Fig. 2D). As can be seen in the TEM images, smaller SeNPs can be found within the cytoplasm, while larger nanostructures were observed in the external membrane outer surface. However, we are not able to elucidate yet if the SeNPs within the external membrane were synthesized inside or outside the cells. Finally, the particle size of the different Se nanostructures extracted from the TEM measurements is reported in Table 1.

Besides, once the SeNPs were released from the cells, they remained relatively stable in the dispersion medium. This behavior was mainly attributed to an organic coating action surrounding the SeNPs, referred to as the protein corona. This corona could be represented as a double-layer coating wrapping the SeNPs, consisting of a first tightly bound monolayer, usually referred to as hard corona, composed of proteins with high affinity for the nanoparticle surface. The outer layer, termed soft

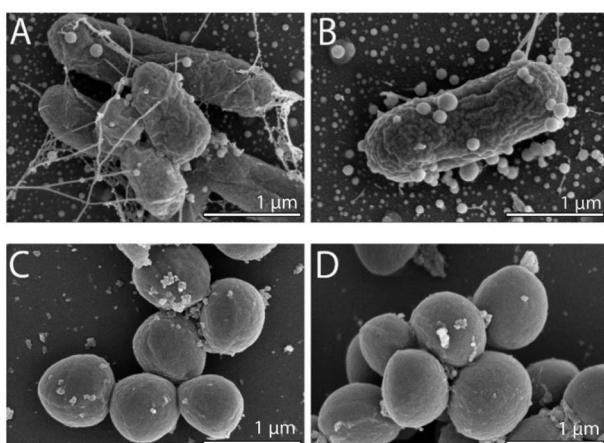


Fig. 1 SEM images of MDR-EC (A and B) and MRSA (C and D) producing SeNPs.



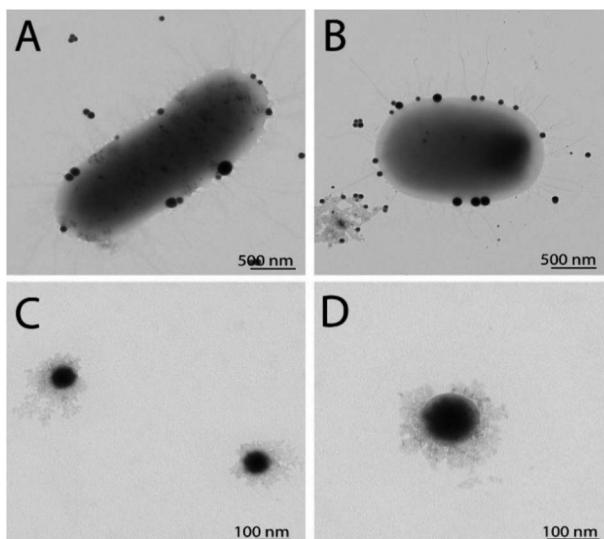


Fig. 2 TEM characterization of SeNPs synthesized by EC before (A) and after purification (C), and by SA before (B) and after purification (D).

Table 1 Particle sizes obtained from TEM images of spherical-like SeNPs prepared by different bacterial strains

Nanostructure type	Particle sizes of SeNPs (nm)
MRSA-SeNPs	62 ± 12
SA-SeNPs	72 ± 9
MDR-EC-SeNPs	90 ± 20
EC-SeNPs	100 ± 30

corona, consists of a loose protein layer that reflects the abundance of serum proteins.³⁹ In contrast with Se nanostructures synthesized chemically, microbiologically produced SeNPs contain proteins, among other biomolecules. These proteins are thought to have a stabilizing role of the SeNPs in the colloid.^{52,53} The stability tests performed on the samples, whose methods and results are shown in the ESI Material section (Section S8),[†] evidenced that for all the studied systems, once they are completely separated from any reducing biomolecules and stored in an appropriate dispersion medium are stable after 120 days, showing no significant aggregation and decrease in surface charge.

The FT-IR spectra of samples EC-, MDR-EC-, SA- and MRSA-SeNPs are shown in Fig. 3. In general, the samples showed a broad signal around 3270 cm^{-1} that is characteristic of the OH bond and a very weak asymmetrical stretching band centered at 2960 cm^{-1} that is representative of CH_3 . There is an asymmetrical vibration at the wavenumber 2925 cm^{-1} due to CH_2 that is found in proteins. Around 1625 , 1520 , and 1234 cm^{-1} , other protein vibrational stretching signals were found that represent amide I, II, and III bonds.^{54,55} Carboxylate (COO^-) signals related to amino acids can be located at 1452 and around 1390 cm^{-1} . These bands correspond to the bending and symmetrical vibrations of the COO^- ion.⁵⁵ The vibrational band localized at 1313 cm^{-1} may be related to the C-H deformation

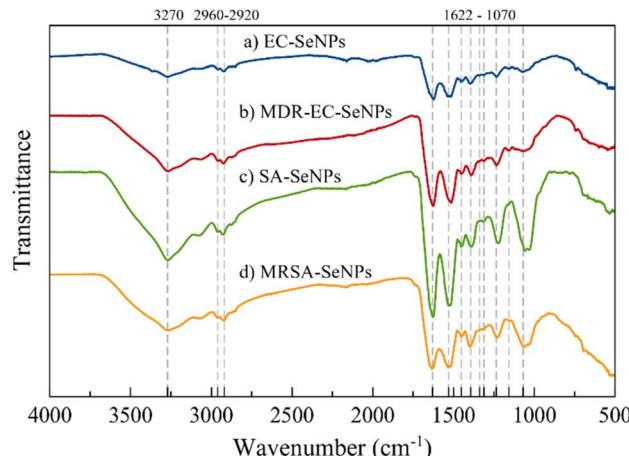


Fig. 3 FT-IR spectra of (a) EC-, (b) MDR-EC-, (c) SA- and (d) MRSA-SeNPs.

signal that normally occurs in proteins.⁵⁶ All the samples, excluding MDR-EC-SeNPs, contain a signal at 1157 cm^{-1} common on proteins with a CH_2 wagging vibration. Finally, all SeNPs present a band around 1070 cm^{-1} that is characteristic of stretching vibrations in CO bonds. According to the overall assignment of the vibrational signals found in the FT-IR spectra, there might be a correlation of threonine-related proteins being functionalized more frequently for the Se-based NPs.⁵⁶

As mentioned above, FT-IR spectroscopic results are consistent with other characterization methods, in that they provided evidence that bacterial-mediated SeNPs may be covered by various surface-associated biomolecules, including proteins, polysaccharides, and lipids.⁵⁷ Particularly for the SeNPs capping layer proteins, their secondary structure can differ from that of natural cellular proteins, as featured by the positions of various spectral components of the amide I band (typically within the region 1620 – 1680 cm^{-1}).⁵⁵ In any case, the microbial synthesis of SeNPs cannot be regarded as a purely chemical process (such as “Ostwald ripening”, which is characteristic of nanoparticles obtained by classical “wet” methods, or the Gibbs–Thomson law), since it involved the use of different biomolecules and biological entities (such as enzymes).⁵⁸

3.3 Therapeutic relevance of the bacterial-mediated SeNPs

3.3.1 Antimicrobial activity *via* colony counting assay. A complete set of colony-counting unit assays was performed for both, the direct and indirect analysis (see Materials and methods, Section 2.4.1), in triplicate, and the data were incorporated and analysed. Fig. 4 depicts the selective antimicrobial behaviour of both EC- and SA-SeNPs when exposed to the same bacterial strain that produced them (direct analysis) and to other bacterial strains of similar structural characteristics (indirect analysis). In the case of EC-SeNPs (Fig. 4A), it is possible to observe a strong antimicrobial activity against EC at the lowest concentration ($25\text{ }\mu\text{g mL}^{-1}$), with a reduction of the



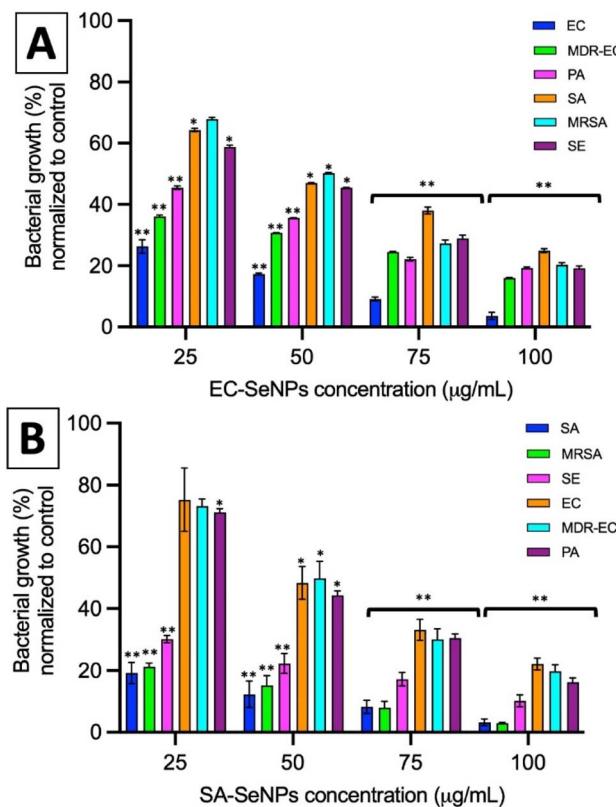


Fig. 4 Colony counting assay of EC-SeNPs (A) and SA-SeNPs (B) exposed to different bacterial strains. Data is represented by the mean \pm standard error of the mean. $N = 3$. Statistical differences represented by * $p < 0.05$ versus control, ** $p < 0.01$ versus control.

bacterial population of over 70%. However, such antibacterial activity slightly decreases (over 60% and 65% for MDR-EC and PA, respectively) when exposed to other bacterial strains of similar structure (*i.e.*, Gram negative), and significantly drops (34%, 37% and 42% for SA, MRSA and SE, respectively) when exposed to Gram positive strains. On the other hand, for SA-SeNPs (Fig. 4B), 25 $\mu\text{g mL}^{-1}$ of nanoparticles trigger a decrease in bacterial population to 81%, 79% and 70% for SA, MRSA and SE compared to the control, respectively, while exposure of the same concentration to EC, MDR-EC and PA led to an almost nonexistent antimicrobial activity, with only 15%, 27% and 29% of the bacterial population being depleted as compared to controls. Therefore, this analysis clearly shows a selective antimicrobial trend that triggers a strong and sustained antibacterial effect in the same strain that produced the SeNPs and those of similar structure, while leading to a poor antibacterial activity in those that differ in structure, especially related to the membrane composition.

The impact of the SeNPs on the morphology of bacteria after exposure in antimicrobial tests was reported in the ESI section (Section S9 and Fig. S18)† and the in-direct analysis is presented in Section S10, Fig. S19 and S20.† The results showed that those bacteria exposed to SeNPs made by the same bacterial strain presented typical morphological disruption patterns as those seen with similar NPs,^{59,60} mainly swelling of the membranes

and breaking of the structure were observed. This behaviour was not observed when different bacterial strains were exposed to such SeNPs. It is important to notice that most of the SeNPs do not penetrate the bacterial cells but adhere to the cell wall, which can be explained by the relatively big nanoparticle size compared with the pores in the cell wall (4–16 nm).⁶¹

For both systems, log reductions, MIC and MBC values were calculated. Log reduction express the relative number of living bacteria that were eliminated by the NPs. Alternatively, MIC is defined as the lowest concentration of NPs necessary to inhibit visible growth, while MBC is the minimum concentration of NPs that result in bacterial death. It is generally understood that the smaller the MIC and MBC values are, the more effective the antimicrobial effect when the antimicrobial agent is exposed to bacteria. The results presented in Tables 2 and 3 demonstrate that the SeNPs studied here showed a superior competitive advantage over other microbiologically produced SeNPs and those made by traditional methods. For instance, Srivastava *et al.* showed that bacterial-mediated SeNPs produced by the *R. eutropha* biomass, testing against SA and EC, rendered a MIC value of 100 $\mu\text{g mL}^{-1}$,⁶² while Hariharan *et al.* reported that microbially-synthesized SeNPs toward EC and SA produced a MIC value of 30 $\mu\text{g mL}^{-1}$.⁶³ On the other hand, SeNPs prepared *via* a reduction of Na_2SO_3 by ascorbic acid (vitamin C) and stabilized by polysorbate 20 showed MIC values of 82 $\mu\text{g mL}^{-1}$ against SA,⁶⁴ while SeNPs prepared by a chemical reduction method using ascorbic acid as a reductant and polyvinyl alcohol (PVA) as stabilizer rendered MIC values towards EC of 250 $\mu\text{g mL}^{-1}$.²⁶

Lastly, the potential resistance that the bacteria showed towards the exposure of SeNPs was evaluated by means of MIC values compared to commercial silver nanoparticles (AgNPs,

Table 2 Log reduction, MIC, and MBC values of EC-SeNPs exposed to different bacterial strains

Gram staining	Bacteria	Log reduction (8 h)	MIC ($\mu\text{g mL}^{-1}$)	MBC ($\mu\text{g mL}^{-1}$)
Negative	EC	6.2	5	10
	MDR-EC	5.6	10	10
	PA	4.1	25	25
	SA	3.6	50	50
	MRSA	3.4	50	50
	SE	3.1	25	50

Table 3 Log reduction, MIC, and MBC values of SA-SeNPs exposed to different bacterial strains

Gram staining	Bacteria	Log reduction (8 h)	MIC ($\mu\text{g mL}^{-1}$)	MBC ($\mu\text{g mL}^{-1}$)
Negative	SA	6.2	3	5
	MRSA	5.6	5	10
	SE	4.1	5	10
	EC	3.6	50	50
	MDR-EC	3.4	50	50
	PA	3.1	40	50



80 nm, Alfa Aesar), commercially available SeNPs (Sigma), and the antibiotics penicillin, methicillin, and vancomycin. Briefly, both EC and SA were exposed to a fixed concentration of these agents ($50 \mu\text{g mL}^{-1}$) over 11 days, and the results are presented in Fig. 5A and B for both EC- and SA-SeNPs, respectively. The results showed a clear increase in MIC values and the development of bacteria resistance for penicillin, methicillin, and vancomycin, as well as a delayed, yet obvious, increase in MIC values and development of resistance for AgNPs, and a significantly more delayed to C-SeNPs. On the other hand, a sustained and constant MIC record was found for EC-SeNPs (Fig. 5A) and SA-SeNPs (Fig. 5B), with no apparent development of resistance upon the final cycles of the experiment. Bacterial resistance to Ag (both in ionic and nanoparticle form) has been previously reported.⁶⁵ For instance, it has been shown that two strains of EC and PA can develop resistance to AgNPs after repeated exposure due to the bacterial production of the adhesive flagellum protein flagellin, which triggers the aggregation of the nanoparticles and reduced their effect.^{66,67} Although it was not established before, we hypothesize that the bacteria resistance trigger of the NPs must be influenced by the mechanisms of induced cell death. In the specific case of AgNPs, four different

mechanisms of cell death are observed: (a) associated to NP adhesion to the cell surface, hence damaging the membrane and altering the transport activity; (b) NP penetration inside the cells and interaction with cellular organelles and biomolecules; (c) significant increase in ROS inside the microbial cells leading to cell damage and; (d) modulation of cellular signal system leading to dysfunction within the cells.^{68–71} On the other hand, the antibacterial effect of SeNPs is widely associated to the production of ROS (*vide infra*).⁷² When comparing both Se- and AgNPs, previous studies have shown that it is important to understand in detail how ionic silver (Ag^+) and AgNPs exert their toxicity through silver ions and to understand how bacteria acquire silver resistance through mechanisms triggered by the interaction of such ions with bacteria,^{73,74} while not much has been reported in terms of SeNPs and how they might or not induce resistance. Nevertheless, the present results indicated that whether this resistance will eventually happen after longer exposure cycles not studied here, the mechanisms of resistance are hindered and delayed in comparison to those found in AgNPs and commonly used antibiotics.

In summary, these results showed that the use of the SeNPs can exert a selective antimicrobial behavior when exposed to different bacteria isolated, following a simple rule that those SeNPs produced by a specific bacterium will better inhibit the growth of that specific bacterium. Additionally, as the log reduction and MIC/MBC values data showed, the SeNPs can also provide an antibacterial effect towards other strains and species, whose impact slightly decrease when moving far from the producer bacteria but keeping the same structural similarity (for instance, within the Gram-negative spectrum), and significantly decrease when attacking bacterial strains of different structural kind (for instance, Gram-negative *vs.* Gram-positive). Furthermore, it has been shown that there is not an apparent resistance arising from the interaction of the SeNPs with bacteria upon 7 cycles of continuous exposure, a trend that might be related to the mechanism of cell death exposed by SeNPs and its clear differences with those found in AgNPs and antibiotics.

3.3.2 Toxicity study *via* colony counting assays. Bacterial-synthesized SeNPs were assessed for their potential cytotoxicity to fibroblasts through *in vitro* cytotoxicity assays after 24 and 72 h exposure times. Results showed a dose-dependent cell proliferation decay when the four types of SeNPs were cultured with HDF cells for 72 h (Fig. 6). For MRSAs-SeNPs (Fig. 6A), a low cytotoxic effect was found for a range of concentrations between 25 and $50 \mu\text{g mL}^{-1}$ at 24 h, while the range was confined at concentrations up to $50 \mu\text{g mL}^{-1}$ on the third day. Besides, a significant drop in cell viability was found at concentrations above 50 and $75 \mu\text{g mL}^{-1}$ for the MDR-EC-SeNPs at 24 and 72 h, respectively (Fig. 6B), SA-SeNPs (Fig. 6C), and EC-SeNPs (Fig. 6D) after 72 h of exposure. Although requiring more studies, SeNPs concentrations up to $25 \mu\text{g mL}^{-1}$ were considered safe to be used for both 24 and 72 h treatments.

On the other hand, melanoma cells were used to evaluate the potential of the SeNPs as anticancer agents in the second set of experiments (Fig. 7). A dose-dependent cell proliferation decay was found when the bacterial-mediated SeNPs were cultured

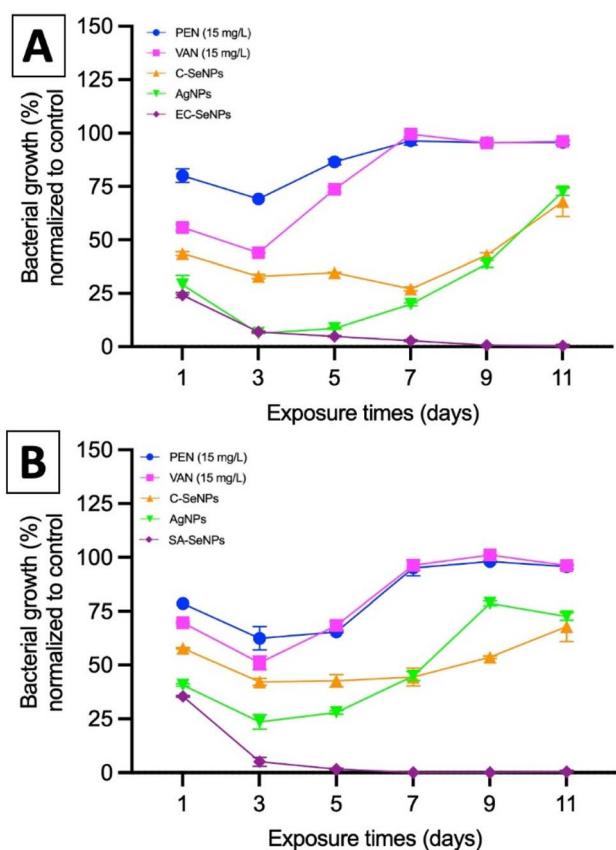


Fig. 5 Serial exposure cycles of (A) *Escherichia coli* to penicillin (PEN), vancomycin (VAN), commercially-available SeNPs (C-SeNPs), commercially-available AgNPs and EC-SeNPs; and (B), *Staphylococcus aureus* exposed to methicillin (MET), vancomycin (VAN), commercially-available SeNPs (C-SeNPs), commercially-available AgNPs and SA-SeNPs. Data = mean, $N = 3$.



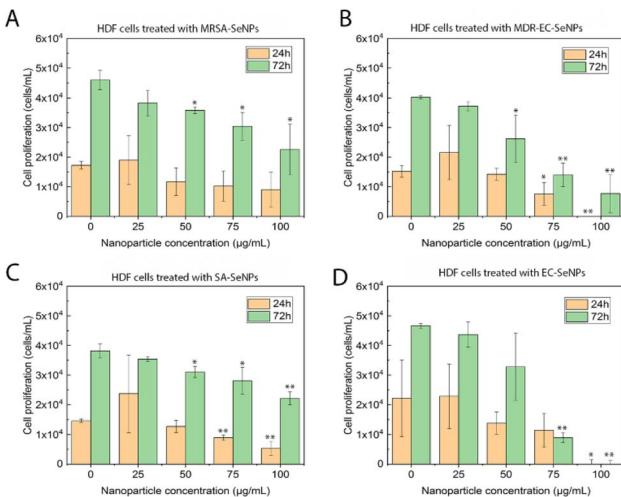


Fig. 6 MTS assays on HDF in the presence of MRSA-SeNPs (A), MDR-EC-SeNPs (B), SA-SeNPs (C) and EC-SeNPs (D) ranging from 25 to 100 µg mL⁻¹. Data represented by the mean ± standard error of the mean. N = 3. Statistical differences represented by *p < 0.05 versus control, **p < 0.01 versus control.

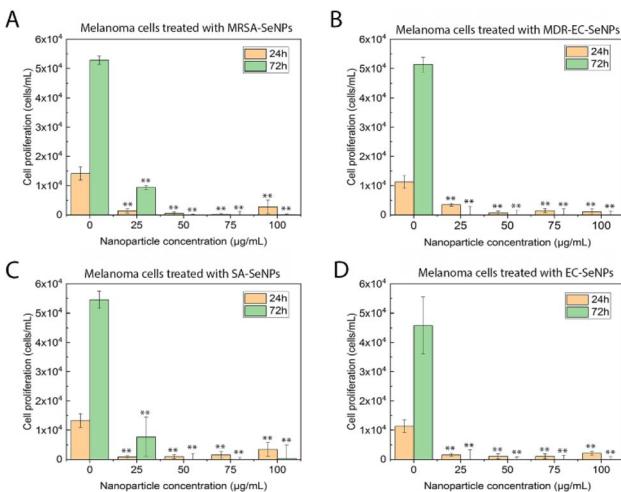


Fig. 7 MTS assay on human melanoma cells in the presence of MRSA-SeNPs (A), MDR-EC-SeNPs (B), SA-SeNPs (C), and EC-SeNPs (D) ranging from 25 to 100 µg mL⁻¹. Data represented by the mean ± standard error of the mean. N = 3. Statistical differences represented by *p < 0.05 versus control, **p < 0.01 versus control.

with melanoma cells for 24 and 72 h. MRSA-SeNPs (Fig. 7A) showed a dose-dependent inhibition of melanoma cells in the extended range of concentrations. With a similar behavior, MDR-EC- (Fig. 7B), SA- (Fig. 7C), and EC-SeNPs (Fig. 7D) presented a remarkable decrease in cell proliferation. Since concentrations of 25 µg mL⁻¹ showed a significant decrease in cell proliferation for all the systems, it was confirmed that a low concentration of SeNPs could trigger a significant anti-tumoral cell efficacy while showing a relatively low cytotoxicity effect when cultured with healthy cells.

The analysis mentioned above showed that the studied bacterial-produced SeNPs could provide acceptable and selective

antibacterial effects and excellent anticancer effects, showing an almost negligible cytotoxicity for healthy fibroblasts. It was further suggested that the protein corona surrounding the SeNPs significantly impacted the cytotoxic behavior and properties of the SeNPs when exposed to these biological systems. As such, it has been hypothesized that the coating would allow for a continuous and more targeted cell attachment, leading to external and internal damage.^{75,76} Indeed, some studies have reported an essential reduction of nanostructure toxicity when green-synthesized NPs are employed compared to traditional NPs.^{77,78} In the specific case of cancer cells, a deteriorated ROS protective mechanism would account for a large component of the causes of cell death but would fail to entirely explain the SeNPs efficiency inhibiting tumor cell proliferation (since there might be other mechanisms involved). On the other hand, deteriorated membranes in cancer cells would also have led to an increase of the enhanced permeability and retention effect, for which the NPs (especially those with smaller size) would have tended to accumulate in the environment and interior of cancer cells much more than they do in healthy cells.^{79,80}

The half-maximal inhibitory concentration (IC₅₀) was measured to show the potency of the SeNPs in inhibiting the proliferation of the cancerous cells. IC₅₀ values were calculated to study further the cell response to the Se nanostructures (Table 4).

These values were compared with some found in similar articles. For example, Vekariya *et al.* investigated the anticancer effect of green synthesized SeNPs tested against an early-stage breast cancer cell line (MCF-7), with an IC₅₀ value of 25 µg mL⁻¹ after a 1 day treatment.⁸¹ Moreover, Chen *et al.* synthesized SeNPs and tested them against different cell lines (A375, CNE2, Hep G2 and MCF-7) with IC₅₀ values ranging from 3.0 to 14.1 µM.⁸² It becomes worth mentioning that the cytotoxicity of the presented bacterial-mediated SeNPs towards human cells does not mean a problem in the current study and potential future experiments. It is important to mention that the toxicity limits of selenium ions (400 µg d⁻¹) are completely different from those that could be achieved through nanoscale Se, in its elemental form, and would not easily react with biological components as the ionic form does.^{83,84}

3.3.3 Reactive-oxygen species (ROS) analysis. ROS analysis (Fig. 8) indicated an apparent increase in this reactive species production when the bacterial-mediated SeNPs were inoculated in the media and applied to melanoma cells. Upon analysis, it is possible to observe that the gradual increase in the ROS level for all SeNPs could be easily related to the anticancer behavior as shown in the previous section. It is

Table 4 IC₅₀ values for different bacterial-mediated SeNPs cultured with melanoma cells

Sample	1 day IC ₅₀ (µg mL ⁻¹)	3 day IC ₅₀ (µg mL ⁻¹)
MRSA-SeNPs	20	15
SA-SeNPs	12	11
MDR-EC-SeNPs	8	9
EC-SeNPs	8	15



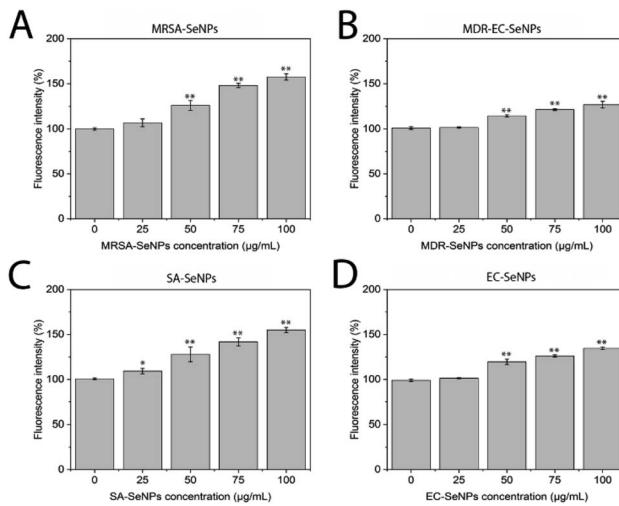


Fig. 8 ROS analysis for MRSA-SeNPs (A), MDR-SeNPs (B), SA-SeNPs (C) and EC-SeNPs (D). Data represented by the mean \pm standard error of the mean. $N = 3$. Statistical differences represented by $*p < 0.05$ versus control, $**p < 0.01$ versus control.

widely accepted and reported that SeNPs are reduced by thioredoxin- or glutaredoxin-coupled glutathione systems, which trigger a significant generation of ROS within the cells.⁸⁵ It has been previously reported that even a slight change in the redox environment in the extracellular media (or inside the cells) is able to completely disrupt the reducing behavior of the cytosol and cause a cascade of reactions that lead to apoptosis.^{86,87} Therefore, even just that small increase in ROS concentration produced by the presence of the NPs can lead to the anticancer behavior observed. Indeed, SeNPs are dual agents when tested for cytotoxicity.⁸⁸ For instance, it has been reported that SeNPs can induce the overproduction of ROS and lead to cell death when accumulated in the microenvironments of the cell, while at the same time, they can render both an antioxidant and cancer prevention in healthy tissues at low doses.^{89,90} Interestingly, the efficacy of SeNPs in killing intraperitoneally injected H22 hepatic cancer cells has been reported *via* the selective accumulation inside the cancer cells while triggering the production of ROS.⁹¹ When inducing ROS production, SeNPs can disrupt the mitochondrial membrane potential and activate the mitochondrial-mediated apoptotic pathway while disorganizing the cytoskeleton by decreasing the expression of the microfilament F-actin in the cells.⁹² Even though an increase in the ROS production can be a cause for slower tumor cell proliferation, from the ROS analysis of Fig. 8, it solely cannot explain the results cell proliferation tests depicted in Fig. 7. The family of MRSA/SA-SeNPs can produce a larger quantity of ROS than the family of MDR-EC/EC-SeNPs, a feature that can be translated into a slightly more efficient anti-cancer effect, as can be seen with some concentrations in the anticancer assays. Therefore, another mechanism of cell death might be involved, such as the release of metal ions through surface charge⁹³ or the shape of the NPs themselves, which can damage the cell membranes.⁹⁴

4 Conclusions

In this study, four bacterial strains were used to produce selenium nanoparticles (SeNPs), which underwent extensive characterization. These SeNPs demonstrated selective and potent antimicrobial properties, with the greatest effect observed when exposed to the bacterial strain used in their synthesis. A slightly decreased antibacterial effect was noted with similar Gram-category strains and significantly reduced activity with different Gram-category bacteria. Importantly, the SeNPs did not induce bacterial resistance unlike silver nanoparticles and commonly used antibiotics (e.g., penicillin, vancomycin, and methicillin). SeNPs also exhibited potent anticancer effects against melanoma cells, with minimal cytotoxicity to healthy fibroblasts. These anticancer effects were attributed to the generation of reactive oxygen species. Thus, bacterial-mediated SeNPs have shown significant therapeutic potential as antimicrobial and anticancer agents, providing a sustainable solution for combating bacterial infections in the post-antibiotic era.

Author contributions

Conceptualization, D. M.-C., L. B. T.; software, D. M.-C., L. B. T.; methodology, D. M.-C.; validation, D. M.-C., L. B. T.; formal analysis, D. M.-C., L. M., Y. H., M. U. G.; investigation, D. M.-C., E. S., L. M., Y. H., M. U. G.; resources, L. M., Y. H., M. U. G., J. L. C.-D., J. M. G.-M., T. J. W.; data curation, D. M.-C., L. B. T.; writing—original draft preparation, D. M.-C., L. B. T., E. S.; writing—review and editing, D. M.-C., L. M., Y. H., M. U. G., J. L. C.-D., J. M. G.-M.; visualization, D. M.-C., E. S., L. M., Y. H., M. U. G., J. M. G.-M.; supervision, J. M. G.-M., T. J.-W., J. L. C.-D.; project administration, T. J. W.; funding acquisition, T. J. W., M. U. G., L. M., J. L. C.-D. All authors have read and agreed to the published version of the manuscript.

Conflicts of interest

The authors declare that they have a financial interest in the start-up company SynCell Biotechnology that has been created because of the research presented in this article. Specifically, D. M. C., L. B. and T. W. are founders and/or shareholders of the company. The authors also declare that they have followed all relevant ethical guidelines and have obtained appropriate institutional review board approval for the research described in this article. The authors believe that their financial interest in the start-up company does not compromise the integrity of the research, or the results presented in this article. However, in the interest of full transparency, the authors have disclosed their financial interest in the start-up company and any potential conflicts of interest.

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