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Glycolipids from the gut symbiont *Bacteroides fragilis* are agonists for natural killer T cells and induce their regulatory differentiation†

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Natural Killer T (NKT) cells are a lipid-antigen reactive T cell subset that is restricted to the antigen presenting molecule CD1d. They possess diverse functional properties that contribute to inflammatory and regulatory immune responses. The most studied lipid antigen target for these T cells is α -galactosylceramide (α GC). The commensal organism *Bacteroides fragilis* (*B. fragilis*) produces several forms of α GC, but conflicting information exists about the influence of these lipids on NKT cells. Herein, we report the total synthesis of a major form of α GC from *B. fragilis* (*Bf* α GC), and several analogues thereof. We confirm the T cell receptor (TCR)-mediated recognition of these glycolipids by mouse and human NKT cells. Despite the natural structure of *Bf* α GC containing lipid branching that limits potency, we demonstrate that *Bf* α GC drives mouse NKT cells to proliferate and differentiate into producers of the immunoregulatory cytokine, interleukin-10 (IL-10). These *Bf* α GC-experienced NKT cells display regulatory function by inhibiting the expansion of naïve NKT cells upon subsequent exposure to this antigen. Moreover, this regulatory activity impacts more than just NKT cells, as demonstrated by the NKT cell-mediated inhibition of antigen-stimulated mucosal-associated invariant T (MAIT) cells (a T cell subset restricted to a different antigen presenting molecule, MR1). These findings reveal that *B. fragilis*-derived NKT cell agonists may have broad immunoregulatory activity, providing insight into the mechanisms influencing immune tolerance to commensal bacteria and highlighting a potential means to manipulate NKT cell function for therapeutic benefit.

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Introduction

Bacteria of the genus *Bacteroides* comprise over 25% of the bacterial species within the human colon.¹ *Bacteroides fragilis* (*B. fragilis*) is a normal part of the gut microbiota and typically accounts for 0.5% of human colonic flora, as isolated from the stool.¹ *B. fragilis* within the gastrointestinal tract promotes host nutrition and regulatory immune function.^{2–4} It produces a zwitterionic capsular polysaccharide (polysaccharide A) that can initiate regulatory T cell responses through formation of a polysaccharide-major histocompatibility (MHC) class II complex.^{3,5–7} In contrast, *B. fragilis* is also the most commonly

isolated anaerobic pathogen^{1,8} associated with opportunistic infections,⁹ and expresses a variety of virulence factors.

B. fragilis produces a suite of α -galactosylceramide (α GC) glycolipids that bind to CD1d, the antigen-presenting molecule responsible for the selection and activation of natural killer T (NKT) cells.^{10–13} T cells recognize antigens through a glycoprotein heterodimer termed a T cell receptor (TCR), comprised of either α and β , or γ and δ chains. Type I NKT cells (hereafter referred to as NKT cells), which are the focus of this study, are defined by their recognition of α GC using an $\alpha\beta$ TCR with limited gene rearrangements in mice and humans comprising of highly evolutionarily-conserved TCR α -chains.¹⁴ They also use a limited, but not invariant, range of TCR β -chains, which support recognition of various glycolipid antigens.^{15,16} Unlike conventional T cells, NKT cells display a memory phenotype from early in their development that includes rapid and potent secretion of cytokines upon primary TCR-mediated activation. Whilst such responses have been reported to contribute both positively and negatively within disease settings,¹⁷ NKT cells are also associated with maintenance of immune homeostasis.^{18,19}

Given that *B. fragilis* is a gut resident, it is an obvious source of antigen for NKT cells, and a key question is therefore how these cells respond to *B. fragilis*-derived α GC. This is

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a controversial topic: on the one hand, *B. fragilis* α GC presented by CD1d has been reported to directly interact with the TCR of NKT cells, initiating their activation.^{10,12} Conversely, however, it has been suggested that *B. fragilis* α GC antagonize NKT cell activation by binding to CD1d in a way that blocks the presentation of agonistic endogenous ligands, thereby restricting the inflammatory contribution of NKT cell activation during autoimmune disease.¹¹

To investigate this paradoxical problem, we investigated the impact of *B. fragilis* glycolipids on mouse and human NKT cells. We synthesized a major naturally-occurring α GC from *B. fragilis* (hereafter referred to as *Bf* α GC),¹⁰ plus a set of analogues with varied acyl chain compositions. We confirm that *Bf* α GC, and analogues thereof, are recognized by both mouse and human NKT cells, leading to their activation when presented by CD1d. Further, we demonstrate that following stimulation with *Bf* α GC, NKT cells develop an immune regulatory phenotype, which manifests in their acquired potential to produce the immunoregulatory cytokine interleukin-10 (IL-10). We show that *Bf* α GC-experienced NKT cells gain the ability to inhibit the expansion of naive NKT cells in the presence of this TCR agonist, suggesting an NKT cell-based tolerogenic effect. The immunoregulatory activity of *Bf* α GC-experienced NKT cells is not limited to other NKT cells: we show that *Bf* α GC-experienced NKT cells also inhibited the activation of an unrelated T cell population, with the expansion of mucosal-associated invariant T (MAIT) cells also being markedly suppressed in response to their prototypical agonist 5-OP-RU.²⁰ Together, these findings may help explain the apparent discrepancies in earlier studies, suggesting a broad regulatory role for NKT cells following exposure to this commensally derived glycolipid.

Results

Total synthesis of α GC from *B. fragilis*

B. fragilis produces a series of α GC molecules,¹⁰ with branching occurring in both of their lipid tails through incorporation of dietary branched-chain amino acids.²¹ We chemically synthesized a representative and abundant doubly-branched *B. fragilis* glycolipid, *Bf* α GC **1** (Fig. 1A). We developed a convergent approach that involved the individual synthesis of the acyl fragment, the sphinganine chain, and an α -selective galactosyl donor, which were assembled to give the completed glycolipid. The sphinganine fragment **9** was synthesized from 12-methyltridecylbromide **5**, which was converted to the corresponding Grignard reagent **6** and coupled with a protected serine-derived Weinreb amide to afford the ketone **7** (Fig. 1B). Stereoselective reduction of **7** using lithium tri(*tert*-butyloxy)aluminium hydride²² afforded the alcohol **8**, which was protected as benzoate **9**.

The acyl fragment was prepared from 13-methyltridecanoic acid **10**, which was converted to the acyl chloride and underwent Claisen condensation with potassium ethyl malonate²³ to give ketone **11** (Fig. 1C). Stereoselective reduction of **11** with a *p*-cymene Noyori catalyst²⁴ afforded *R*-**12** in 95% ee (determined by Mosher ester analysis;²⁵ see Fig. S1–S3†). Saponification afforded the β -hydroxy acid **13**. The glycolipid

was assembled in three steps from the galactosyl donor **14** (Fig. 1D). Condensation of **14** and **9**, promoted by NIS/TfOH, gave the galactoside **15**, exclusively as the α -anomer. Stepwise deprotection of **15** using HF/pyr, NaOMe/MeOH and finally HCl in CH₂Cl₂/MeOH afforded the galactosyl sphinganine **16**. Finally, carbodiimide mediated condensation of **16** and β -hydroxy acid **13** in the presence of DMAP and pyridine afforded α GC_{*Bf*-716} (*Bf* α GC) (Fig. S4, Table S1†). Using a similar approach, a range of analogues were synthesized to explore the effect of changes in the acyl chain of this compound (Fig. 1A and S5†). Compound **2** *Bf* C16(OH) lacks the isopropyl branch, **3** *Bf* iC17 lacks the acyl 3-OH, and **4** *Bf* C16 lacks both features.

The structure of *B. fragilis* α GC impacts CD1d-mediated human NKT cell TCR recognition

To examine the recognition of *Bf* α GC and analogues (Fig. S6†) by human NKT cells we undertook CD1d-tetramer staining experiments on peripheral blood mononuclear cells from healthy human donors. When loaded with an appropriate antigen, CD1d-tetramers enable single-cell detection of T cells that recognize this antigen when bound to the CD1d antigen presenting molecule. Anti-CD36 blockade was used in these experiments to limit TCR-independent CD1d-tetramer staining that can occur when CD1d binds to CD36 and cause higher background staining.²⁶ CD1d-tetramers loaded with *Bf* α GC weakly stained NKT cells compared to the positive control (α GC/PBS-44, a synthetic glycolipid) (Fig. 2A). However, *Bf* α GC-loaded CD1d-tetramer staining was consistently higher than vehicle control tetramers. The level of *Bf* α GC-mediated CD1d-tetramer staining was donor-dependent, with the percentages of NKT cells identified being comparable to the positive control tetramer (PBS-44) in some donors, but lower in others (Fig. 2B). The analogues *Bf* C16, *Bf* C16(OH) and *Bf* iC17 all identified CD1d-tetramer-positive cells to a similar extent as PBS-44 (Fig. 2A and B), suggesting that acyl chain modifications to the natural *Bf* α GC structure could enhance CD1d-loading and/or affinity for NKT cell TCRs.

To determine whether the weak CD1d-tetramer staining observed using *Bf* α GC was identifying genuine NKT cells, we assessed expression of promyelocytic leukemia zinc finger (PLZF), which is a transcription factor expressed by these cells, but not by most conventional T cells.²⁷ This revealed clear PLZF staining by the bulk of CD1d-tetramer positive T cells when using *Bf* α GC (Fig. 2A) in comparison to the CD1d-tetramer negative CD4⁺ T cell population. These data support the concept that there are direct interactions between the naturally occurring version of *B. fragilis*-derived α GC (*Bf* α GC) and human NKT cell TCRs when presented by CD1d, and that changes to acyl chain structure modulates the strength of these interactions.

Acyl chain composition of *Bf* α GC might impact CD1d-loading efficiency *in vitro*, and thereby CD1d-tetramer staining. Therefore, the molar ratio of each analogue was titrated against biotinylated human CD1d monomers over a range of 6 : 1 to 30 : 1 to define the effect of changing loading ratio for each glycolipid. Glycolipid-loaded CD1d monomers were



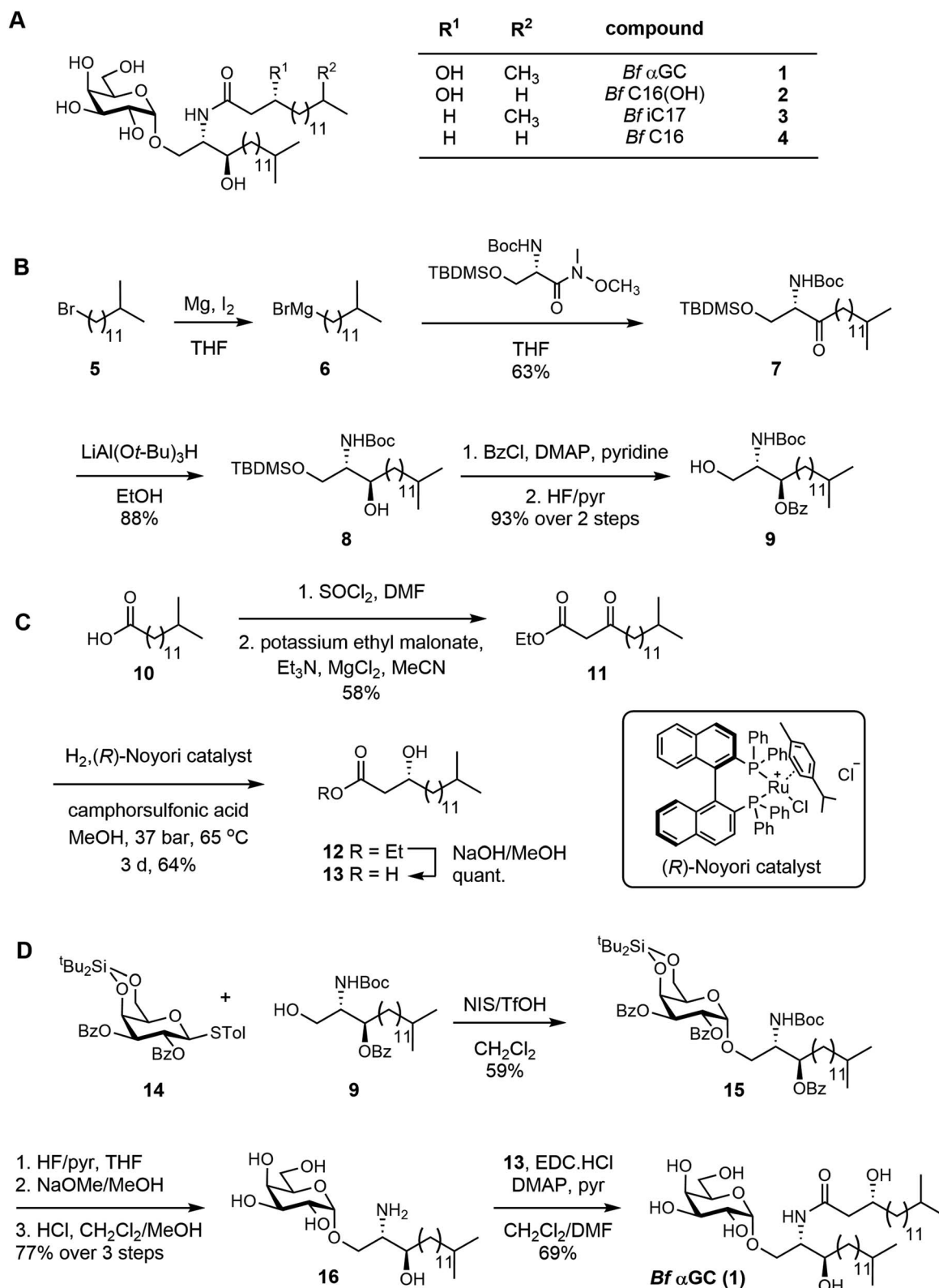


Fig. 1 Total synthesis of a representative *B. fragilis* α -galactosylceramide and acyl chain variants. (A) Structure of *Bf* α GC (α GalCer^{*Bf*-716}) **1**, and analogues **2–4**. (B) Synthesis of the protected sphinganine **9**. (C) Synthesis of the *b*-hydroxy acid side-chain. (D) Assembly of *Bf* α GC. For synthesis of variants, see ESI.†



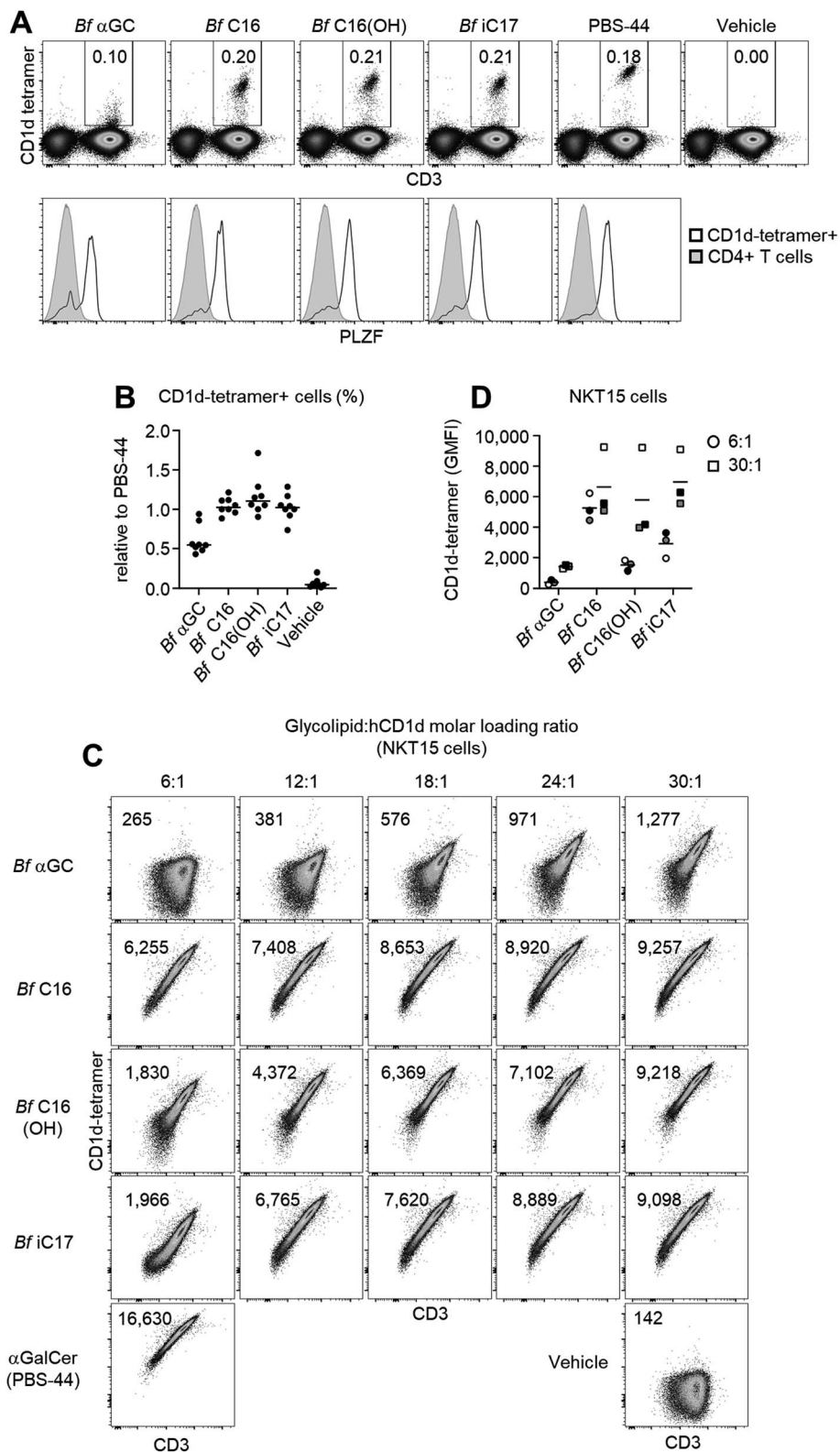


Fig. 2 Human NKT cells recognize *B. fragilis* glycolipids presented by CD1d. Human PBMCs were assessed for their reactivity to human CD1d-tetramers loaded with the indicated *B. fragilis* glycolipid, in comparison to α GalCer (PBS-44) or vehicle control. (A) Representative plots (top) depict the percentage of CD1d-tetramer⁺ cells amongst viable lymphocytes (excluding CD19⁺ cells). Plots (bottom) showing degree of PLZF expression amongst gated NKT cells. (B) Pooled data showing the relative percentage of NKT cells identified using *B. fragilis* analogues in comparison to α GalCer (PBS-44), $n = 8$ donors. (C and D) Biotinylated CD1d was loaded with increasing molar ratios of the *B. fragilis* analogues (lipid : CD1d) as indicated, then tetramerized using streptavidin–phycoerythrin, and used to stain the NKT15 cell line. (C) Numbers on plots depict the geometric mean of the fluorescence intensity of CD1d-tetramer staining intensity under each condition. Loading ratio of α GalCer (PBS-44)



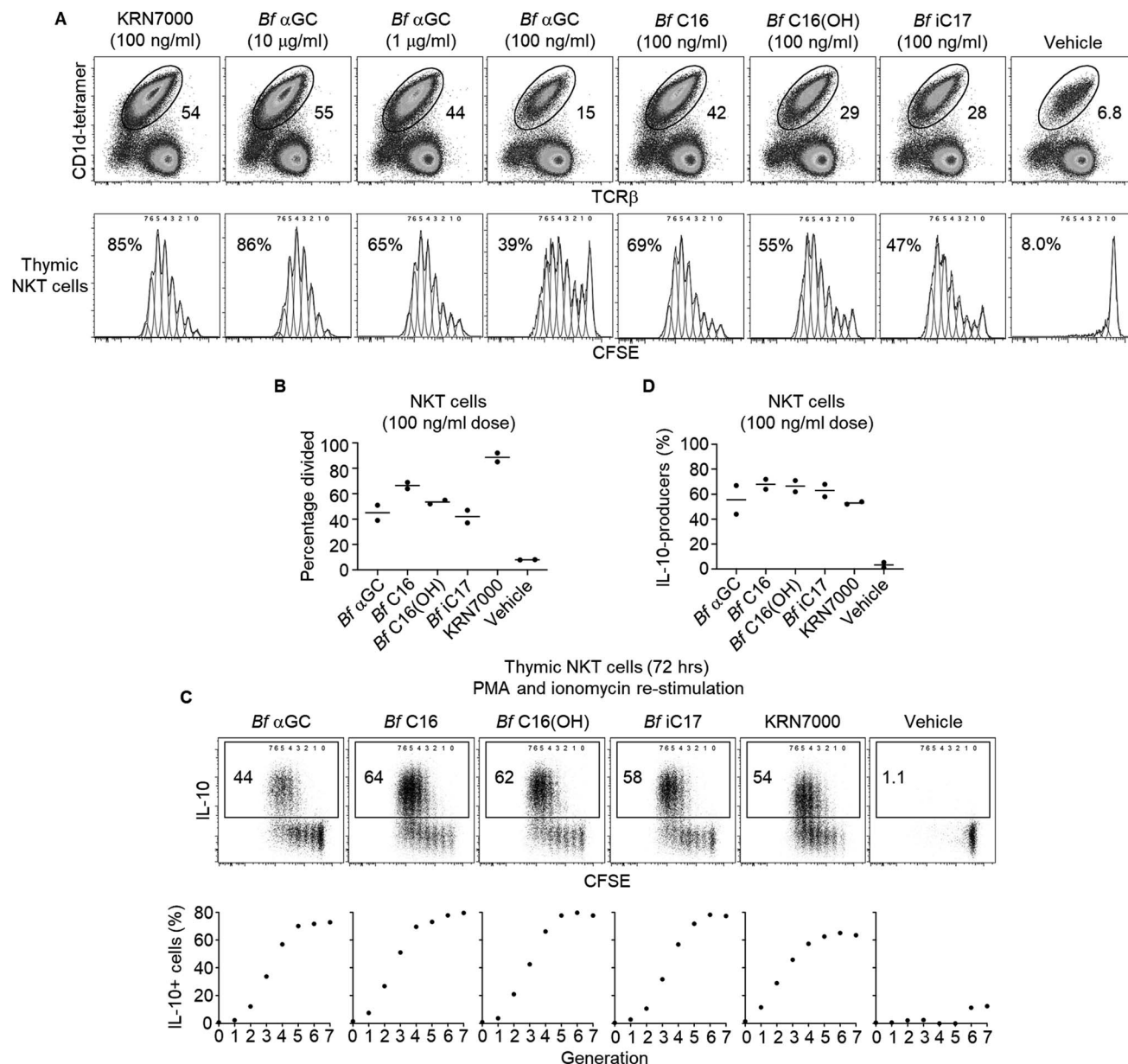


Fig. 3 *B. fragilis* αGalCer analogues are agonists for mouse NKT cells. $\alpha 18^{-/-}$ (BALB/c) splenocytes were pulsed with the indicated concentration of lipid overnight, then co-cultured with CFSE-labelled, NKT cell-enriched thymocytes (BALB/c) for 3 days. (A) Top rows indicate the percentage of NKT cells detected amongst viable, CD19⁻ lymphocytes. Bottom rows show the CFSE dilution of proliferating NKT cells. Numbers on plots indicate the estimated percentage of dividing NKT cells as gauged by FlowJo proliferation software. (B) Graph shows the division percentage of NKT cells from 2 independent experiments (mean). (C) Cultures described above were re-stimulated for the last 4 h in the presence of PMA and ionomycin in the presence of monensin. Cytokine production was then assessed via intracellular cytokine staining. Representative plots (top) depict the percentages of NKT cells producing IL-10 following culture with the indicated glycolipid. Graphs (bottom) indicate the percentage of IL-10 production from NKT cells within each proliferative generation as gauged by their CFSE dilution. (D) IL-10 production of NKT cells pooled from 2 independent experiments (mean).

tetramerized using streptavidin-conjugated phycoerythrin (PE, a fluorescent pigment) and used to stain the human NKT-TCR expressing cell line NKT15.²⁸ The CD1d-tetramer staining of *Bf* αGC correlated with increased loading ratios, with the intensity

being clearly above vehicle tetramer, most notably at the higher molar ratios (Fig. 2C). At the highest molar ratio of 30 : 1, *Bf* C16, *Bf* C16(OH) and *Bf* iC17 all displayed similar CD1d-tetramer staining intensities. However, at the lowest ratio of

was 6 : 1, the vehicle (tyloxapol) control was used at an equivalent volume used for the 30 : 1 *B. fragilis* αGalCer condition. (D) Data pooled from 3 independent experiments (mean). Colors represent different experiments, shapes represent the indicated molar loading ratios (round = 6 : 1, square = 30 : 1).



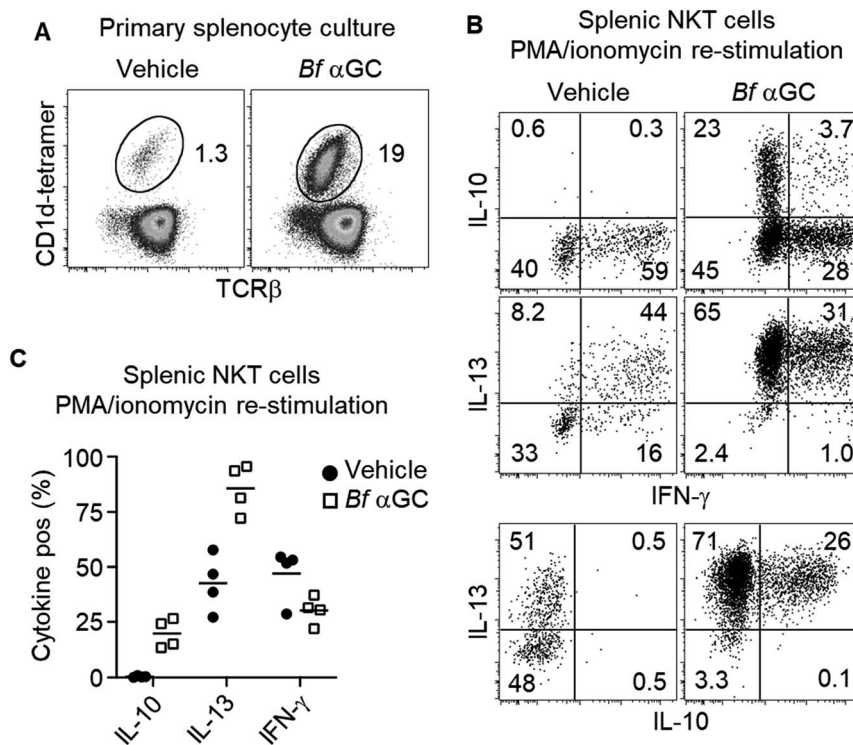


Fig. 4 *Bf* αGC induces IL-10 differentiation from peripheral NKT cells. $J\alpha 18^{-/-}$ (BALB/c) splenocytes were pulsed with *Bf* αGC (100 ng ml⁻¹) overnight then co-cultured with CFSE-labelled, NKT cell-enriched thymocytes (BALB/c) for 3 days, the last 4 h in the presence of PMA, ionomycin and monensin. (A) Representative plots of the NKT cell expansion following challenge with *Bf* αGC or a vehicle control. (B) Cytokine production profiles were then assessed via intracellular cytokine staining. Numbers on plots depict the percentages of NKT cells producing the indicated cytokine. (C) Graph indicates the cytokine production of NKT cells following *Bf* αGC challenge vs. vehicle control. (C) Data pooled from 4 independent experiments (mean).

6 : 1, *Bf* C16-loaded CD1d-tetramers stained markedly brighter than the other analogues (Fig. 2C and D). These data suggest that the 3-OH present on the acyl chain of *Bf* C16(OH) and *Bf* αGC impedes CD1d loading, and that the isopropyl branch contained within the acyl group of *Bf* iC17 and *Bf* αGC may also contribute to a reduced *in vitro* CD1d-loading efficiency.

Bf αGC induces NKT cell proliferation and functional differentiation

The anti-inflammatory influence of *B. fragilis* colonization has been described in several murine disease settings,²⁹ and is associated with their expression of CD1d ligands.²⁻⁴ To better understand the role that *Bf* αGC has on immune responses, NKT cell-deficient splenocytes from $J\alpha 18^{-/-}$ BALB/c mice were pulsed with our range of analogues, then co-cultured with NKT cell-enriched thymocytes (an immune cell present in the thymus) from wild-type BALB/c mice. Following *in vitro* culture NKT cell-enriched thymocytes were fluorescently labelled with carboxyfluorescein succinimidyl ester (CFSE) to measure the extent of NKT cell proliferation. At the highest dose of 10 μg ml⁻¹, *Bf* αGC induced NKT cell expansion and CFSE dilution, to a similar extent as the artificial NKT cell agonist KRN7000 (at the lower concentration of 100 ng ml⁻¹) (Fig. 3A), suggesting that broad recognition of *Bf* αGC by NKT cells is possible given a sufficient dose. *Bf* αGC maintained activity at 100 ng ml⁻¹, yet

the *Bf* C16 analogue was the most potent analogue based on the extent of NKT cell proliferation. Interestingly, this correlated with the enhanced CD1d loading efficiency of *Bf* C16 described above (Fig. 2C and D).

As the TCR-mediated activation of NKT cells can induce their capacity to produce the immunoregulatory cytokine interleukin 10 (IL-10),³⁰ we investigated the potential for *B. fragilis*-derived glycolipids to mediate this functional shift. The co-cultures of $J\alpha 18^{-/-}$ splenocytes and NKT cell-enriched thymocytes described above were activated for the final 4 h with phorbol 12-myristate 13-acetate (PMA) and ionomycin, in the presence of the protein transport inhibitor monensin to prevent cytokine secretion (Fig. 3C and D). Intracellular cytokine staining (ICS) was then performed to measure IL-10 production. This revealed that NKT cells proliferating in response to *B. fragilis*-derived glycolipids acquired the ability to produce IL-10, a trait that was most evident following multiple rounds of cellular division, and one that was absent among NKT cells not subjected to a TCR agonist (vehicle control).

Bf αGC-experienced NKT cells display regulatory function

Based on the observation that thymic NKT cells acquired IL-10-producing capacity following *Bf* αGC-induced proliferation (Fig. 3C), we examined whether similar phenotypic changes were detectable from peripheral NKT cells. BALB/c mice derived



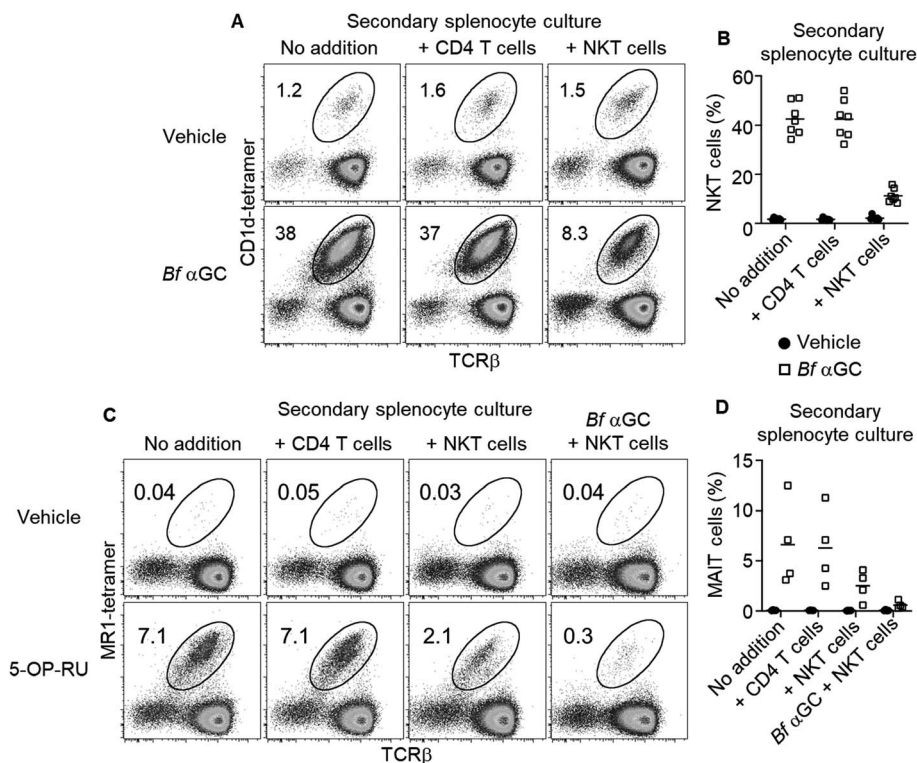


Fig. 5 *Bf* αGC-experienced NKT cells inhibit naïve T cell expansion. Splenic NKT cells (C57BL/6) exposed to *Bf* αGC (1 μg ml⁻¹) *in vitro* for 3 days were sorted alongside CD4⁺ (CD25⁻) T cells, then labelled with CFSE (1 μM) and added to a secondary splenocyte culture. (A) Representative plots depicting the percentage of NKT cells amongst viable 7-AAD⁻ (7-aminoactinomycin D), CFSE⁻, CD19⁻ lymphocytes exposed to *Bf* αGC (1 μg ml⁻¹) or vehicle for 4 days. (B) Graph depicts the percentage of NKT cells detected from 7 independent experiments (mean). (C) Representative plots depicting the percentage of MAIT cells amongst viable 7-AAD⁻, CFSE⁻, CD19⁻ lymphocytes exposed to 5-OP-RU (100 nM) or vehicle, with or without *Bf* αGC (1 μg ml⁻¹) for 4 days. (D) Graph depicts the percentage of MAIT cells detected from 4 independent experiments.

splenocytes were stimulated *in vitro* with *Bf* αGC for 3 days (Fig. 4A) and the cytokine production profiles of NKT cells were assessed following re-stimulation with PMA and ionomycin in the presence of the protein transport inhibitor monensin, as above. Confirming our previous results, production of the immunoregulatory cytokine IL-10 was only evident from NKT cells following exposure to *Bf* αGC. Relative to vehicle controls, exposure to *Bf* αGC also increased the proportion of NKT cells producing the Th2-type cytokine IL-13, with reduced levels of the Th1-type cytokine interferon (IFN)-γ (Fig. 4B and C). Whilst a small degree of IFN-γ and IL-10 co-production was observed, expression of these cytokines was largely mutually exclusive. The vast majority of NKT cells produced IL-13 following exposure to *Bf* αGC; therefore, most IL-10 and IFN-γ producers co-expressed this cytokine. These data indicate how the cytokine profiles of NKT cells are altered following their exposure to the naturally-occurring, bacterially-derived TCR agonist *Bf* αGC.

To explore if these phenotypic changes, particularly enhanced IL-10 production, might translate to immunoregulatory activity, *Bf* αGC-experienced splenic NKT cells were sorted after 3 days *in vitro* culture, alongside CD1d-tetramer⁻ CD4⁺ CD25⁻ T cells as a control. Both populations were then labelled with CFSE and spiked into a fresh splenocyte culture pulsed with *Bf* αGC. This enabled the response of previously naïve NKT cells from the secondary splenocyte culture to be assessed

separately from the sorted cells (Fig. S2†). This revealed that the addition of *Bf* αGC-experienced NKT cells markedly inhibited the expansion of naïve NKT cells in response to *Bf* αGC (Fig. 5A and B), whereas the addition of CD4 T cells from the same *Bf* αGC-stimulated cultures had no impact.

To address whether the observed regulatory function of NKT cells induced following their exposure to *Bf* αGC might extend beyond the NKT cell lineage, these experiments were repeated using the mucosal-associated invariant T (MAIT) cell agonist 5-OP-RU (Fig. S5†)²⁰ within secondary splenocyte cultures. 5-OP-RU is presented by the distinct antigen presenting molecule MR1 to the TCRs of MAIT cells, causing their activation. The presence of *Bf* αGC-experienced NKT cells also inhibited the expansion of MAIT cells upon exposure to 5-OP-RU, which was most pronounced when *Bf* αGC was also present in the secondary culture (Fig. 5C and D). In contrast, the addition of CD4 T cells from the primary culture had no impact on MAIT cell expansion. These data suggest that the regulatory impact of *Bf* αGC is not limited to CD1d-restricted T cells but extends to other immune-cell subsets.

Taken together, our findings suggest that several structural features of *Bf* αGC, namely the methyl branches and acyl chain hydroxylation, reduce its potency toward NKT cells, most likely through reduced loading into CD1d. However, *Bf* αGC tetramer reactive NKT cells are present in donors at levels approaching



those reactive to an artificial, high-affinity version of α GC (PBS-44). Despite the relatively lower potency of *Bf* α GC, NKT cells still proliferate and acquire an IL-10-producing capacity following exposure to this TCR agonist. Moreover, *Bf* α GC-experienced NKT cells display immunoregulatory function, by inhibiting the expansion of both naïve NKT cells and MAIT cells upon exposure to their cognate antigens.

Discussion

Commensal bacteria contribute to immune homeostasis within the gut,³¹ but the mechanisms of their action are poorly understood. Here, we investigated the immune activity of a glycolipid identified from the common human commensal bacteria *B. fragilis* towards lipid-reactive NKT cells. This field of investigation suffers from contradictory studies, with an initial report suggesting that a naturally occurring form of *B. fragilis*-derived α GC was a CD1d-ligand recognized by NKT cells as an agonist,¹⁰ while a subsequent study suggested that *B. fragilis* α GC plays an antagonistic role by blocking the CD1d-mediated presentation of endogenous NKT cell agonists.

Herein, we provide new data that help to explain the existing controversy within the field. We support and expand upon the findings of Wieland Brown *et al.* that naturally occurring *B. fragilis* α GC forms agonistic CD1d–glycolipid NKT cell TCR complexes. We also provide a potential mechanism to explain the findings of An *et al.* that the presence of *B. fragilis*-derived α GC may limit NKT cell expansion *in situ*. However, our data suggest that this is not due to these bacterial glycolipids blocking the TCR-mediated activation of NKT cells by endogenous ligands as proposed,¹¹ but due to these commensal lipids inducing a regulatory shift in NKT cell phenotype that develops following their TCR-mediated activation by *B. fragilis*-derived α GC.

Discrepant reporting of the agonistic nature of such bacterial glycolipids^{10,11} may be due to the different methodologies used to investigate interactions between CD1d-*B. fragilis* α GC and NKT cell TCRs. Wieland Brown *et al.*¹⁰ demonstrated activity using the mouse NKT cell lines DN3A4-1.2 and N38-2C12,³² which both express TCRs with the most common variable (V) β segment, V β 8.2. An *et al.* reported antagonism using a different V β 8.2 expressing NKT cell clone, DN32.D3 with distinct CDR3 β usage,³³ and the clone 24.7 (ref. 34) that contains the V β 6 gene segment, which is a rare configuration within the mouse NKT cell population.³⁵ As the recognition of physiological antigens can be highly dependent on NKT cell TCR β -chain composition,^{15,16} it is possible that different experimental designs utilized in these studies may have contributed to the contrary findings.

Oh *et al.* have recently reported that the unique dibranched composition of *B. fragilis* α GC, which consists of terminal branches within the acyl and sphingosine chains, are incorporated from dietary sources.¹² Moreover, they argued that terminal branching within the sphingosine chain of *B. fragilis* α GC is a critical antigenic determinant. Whilst we were not able to assess the impact of sphingosine branching with our set of analogues, we demonstrate that terminal acyl chain branching reduces the potency of these ligands towards NKT cells. Moreover, we show that the 3'-hydroxyl acyl chain group typically

observed within the *B. fragilis* glycolipids is not just dispensable for agonism,¹² but may represent another factor that reduces their potency. This was shown by the enhanced human CD1d loading efficiency of the iC17 analogue in comparison to *Bf* α GC, which only differs in the absence of this hydroxyl residue.

Despite the native form of *Bf* α GC¹⁰ containing structural elements that appear to diminish its immunogenicity, this lipid clearly maintained activity as a CD1d-restricted NKT cell agonist. Thus, we chose to investigate the regulatory properties of *B. fragilis* α GC using the naturally occurring form, rather than unnatural analogues exhibiting heightened potency. Interestingly, the *B. fragilis* analogue (SB2217) used by Oh *et al.* for their *in vivo* and structural studies lacked acyl chain branching seen in the natural product, and displayed an affinity for a NKT cell TCR similar to the artificial antigen KRN7000.¹² This is important to consider, as the affinity of closely-related α GC variants have been strongly correlated with qualitative and quantitative differences in cytokine responses elicited following NKT cell activation.^{36–38} Notably, a less potent, lower affinity version of KRN7000, OCH with truncated sphingosine and acyl chains, has been shown to provide enhanced protection against experimental autoimmune encephalomyelitis³⁸ and collagen-induced arthritis.³⁹

Conclusions

This study confirms our previous findings that the TCR-mediated activation of NKT cells by glycolipid agonists can induce their differentiation into IL-10-producers,³⁰ in contrast to another study suggesting that IL-10-producing NKT cells (NKT10 cells) are a functionally distinct lineage.⁴⁰ Importantly, we show here that this phenotypic shift can be accomplished by a commensal bacterial lipid, which is arguably the most likely source of α GC that human NKT cells will encounter.¹⁰ Whilst the precise role of NKT cells in the progress of specific autoimmune diseases remain unclear, our findings suggest that *Bf* α GC-experienced NKT cells can regulate the activation of CD1d and MR1-restricted T cells in the presence of their respective antigens. Whilst the breadth of this regulatory role is yet to be fully established, these data do suggest a potential explanation for why NKT cell agonism can impede autoimmune progression in a range of disease models.⁴¹

Our data help to unify the apparently disparate observations previously reported for *Bf* α GC, highlighting that while it is an NKT cell agonist, it can drive a regulatory phenotype that antagonizes NKT cell responses. We also show that this regulatory phenotype extends to another class of T cells, the MAIT cells. These data indicate how the fine structure of commensal glycolipids can impact their immunogenicity, and how this may impact immune homeostasis within the gut. Finally, these findings highlight the therapeutic potential of naturally occurring NKT cells agonists such as *Bf* α GC to manipulate T cell function.

Data availability

Data are available within the ESI.†



Author contributions

G. C., S. J. W. and D. I. G. designed research; G. C., T. N. and M. C. performed research; G. C., T. N. and M. C. analyzed data; G. C., S. J. W. and D. I. G. wrote the paper.

Conflicts of interest

D. I. G. is a member of the scientific advisory board for Avalia Immunotherapies, a company that is developing natural killer T cell-based vaccines.

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