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Recent advances in synthesis of polymers based on palm oil and its fatty acids

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Palm oil is a versatile bio-renewable resource for consumer products, oleochemicals, and biofuels. The utilization of palm oil in polymer production as a bio-based polymer is considered a promising alternative to conventional petrochemical-based polymers due to its non-toxicity, biodegradability, and vast obtainability. Triglycerides and fatty acids in palm oil and their derivatives can be utilized as bio-based monomers for synthesizing polymers. This review summarizes the recent advancement in using palm oil and its fatty acids for polymer synthesis and their applications. Moreover, this review will overview the most commonly used synthesis pathways for producing palm oil-based polymers. Therefore, this review can be used as a reference for designing a new approach to synthesizing palm oil-based polymers with desired properties.

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1. Introduction

Polymers are a vastly used material in our daily life, mainly used as plastics, foams, elastomers, fibers, coatings, epoxy resin, and other specialty materials.¹ Each year, a massive demand for

polymers increases polymer production. This immense use of polymer has caused a rising demand for fossil resources as its main raw material. However, there are growing apprehensions about the rapid depletion of fossil resources. It has led to increasing research on using bio-renewable and non-toxic resources as polymer raw materials.^{1,2} Moreover, emissions and hazardous waste are generated from this fossil resource consumption, which would lead to severe environmental issues such as pollution and global climate change.¹ Therefore, developing more sustainable polymers from bio-renewable and non-toxic resources is appealing to reduce the current dependency on fossil resources.

Bio-based polymers are environmentally friendly materials and potential alternatives to conventional petrochemical-based polymers. By definition, bio-based polymers are sustainable

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polymeric materials that can be synthesized from renewable feedstocks and are preferably produced *via* biological and biochemical methods.³ Bio-based polymers are classified into two categories: naturally obtained polymer and polymer synthesized from bio-derived substances.³ Protein, carbohydrates, terpenes, lignin, vegetable oils and their derivatives are examples of renewable feedstocks that can be utilized to produce bio-based materials.^{4,5} Among other renewable resources, vegetable oils have been considered as potential resources for sustainable chemicals and polymeric materials because of their low toxicity, biodegradability, and vast obtainability.⁶

Vegetable oils are extracted from various plants and termed after their plant origin, for instance, palm oil, olive oil, rapeseed oil, sesame oil, sunflower oil, cottonseed oil, corn oil, soybean oil, linseed oil, *etc.*⁶ These vegetable oils and their derivatives can be used in industrial applications such as in the synthesis of polymers such as polyols, polyesters, polyurethanes, polyamides, epoxides, *etc.* The uses of various types of vegetable oils for monomers preparation, polymer synthesis, and their applications have been reviewed elsewhere.^{6–12} However, to the best of our knowledge, there is no available review that focuses only on the use of palm oil as raw bio-renewable feedstock for polymer synthesis. Therefore, in this review, we will focus on

and discuss the recent advance in the utilization of palm oil and its fatty acids for polymer synthesis and its application.

2. Palm oil

Palm oil is isolated from the mesocarp part of the fruit of the oil palm trees (*Elaeis guineensis* Jacquin), which is known as a tropical, perennial crop that is primarily cultivated for its vegetable oil.¹³ Besides palm oil, the oil palm tree also produces kernel oil extracted from the kernel or the endosperm. Both palm oil and kernel oil are used in many applications, such as oleochemicals, ingredients of many foods, health and household products, industrial goods, and biodiesel.¹³ In Southeast Asia, the initial commercial plantings of oil palm were introduced in 1911 (in Bogor, Indonesia) from the offspring of four seeds that originated from West Africa and were planted in 1848.¹³ Indonesia is well-known as the world's biggest producer and supplier of palm oil since 2005.¹⁴ Since then up until 2020, oil palm plantation in Indonesia spreads up to 16.3 million hectares. It produces more than 35 million tons of palm oil annually.¹⁵ In 2021, crude palm oil (CPO) production reached 46.89 million tons, which was 0.31% lower than in 2020 at 47.03 million tons yearly.¹⁶ Regarding contribution to national revenue, oil palm plantation has been an essential source of a commodity in the Indonesian agricultural sector.¹⁵ Thus, in Indonesia, access to palm oil and its derivatives products is expected to be relatively easy and come with a low cost.

The growing request for edible oil led to increase palm oil production since the oil palm tree is a highly profitable crop, thus significantly influencing Indonesia's oil palm venture expansion.¹⁷ Areas with oil palm cultivation in Indonesia, namely North Sumatera, Riau, and Central Kalimantan, show lower average rural poverty and higher gross regional product (GRP).¹⁸ The area with oil palm plantations benefits in their regional economic development and poverty alleviation. However, the positive aspect regarding the oil palm expansion is also followed by the negative impact on the environment, especially concerning deforestation and climate change.¹⁸ In some cases, deforestation somehow was involved as an irresponsible act on plantation expansion. Deforestation and land



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conversion contribute to global carbon emissions,¹⁹ which consequently play a major role in global climate change.¹⁵ Unfortunately, this land conversion and deforestation for oil palm plantations development in Indonesia and Malaysia have emitted CO₂ of ~500 million tons every year,²⁰ which deems the oil palm industry unsustainable. Due to environmental concerns, the EU, one of the world's main importers of palm oil, insists on reducing and stopping the usage of palm oil-based biofuels altogether. They believe that the palm oil industry does not fulfill the standards for EU's biofuel raw material production, *i.e.*, without deforestation, generating low carbon emission, and avoiding conversion of areas full of biodiversity.^{15,21} Based on these developments, further research and study on sustainability in the palm oil industry has to be improved and established to eliminate the downside of this industry to the environment. The growth in regional economic and poverty alleviation cannot be used to justify the environmental damage due to the irresponsible practice. Thus, it is important to make this industry sustainable and more environmentally friendly. Especially in Indonesia, a lot of people's lives depend on this industry. One of the efforts that can be done is utilizing the oil palm plantation product as a renewable material feedstock for polymer production, which also give significant contribution in polymer chemistry field. Therefore, this article will review the research that have been performed in synthesis of polymer from palm oil and its fatty acids, so then it can be used as a reference for designing new approach in polymer synthesis from palm oil and exploring new possibilities of application of the obtained polymers.

Palm oil mainly consists of triglyceride with its unique fatty acid profile (see Fig. 1) and minor components like tocotrienols and tocopherols (vitamin E), carotenoids (precursor for vitamin A), phytosterols, squalene, chlorophyll, and low levels of phenolic compounds.²² The fatty acids in palm oil consist of about 44% palmitic acid (saturated), 5% stearic acid (saturated), 39% oleic acid (unsaturated), and 10% linoleic acid (unsaturated).^{23,24} The composition of saturated fatty acids (palmitic and stearic acid) may differ from each country.²² The stereo-specific distribution of the fatty acyl residues in triglyceride of palm oil is shown in Table 1. The low linoleic acid content is beneficial for oil stability towards oxidative deterioration.²⁴ The double bond content from the unsaturated fatty acids moiety of palm oil can be determined by iodine value (IV) which is 50–55 mg per 100 g.²⁵ The higher IV specifies more double bonds or

Table 1 Structures and position of the commonly found fatty acids in the triglycerides of palm oil

Fatty acid	Position	Structure
Palmitic acid (C16:0)	Sn-1,3	
Stearic acid (C18:0)	Sn-1,3	
Oleic acid (C18:1)	Sn-2	
Linoleic acid (C18:2)	Sn-2	

unsaturation content in the vegetable oils. In terms of IV, vegetable oils can be categorized into three types: drying oils (IV > 130), semi-drying oils (IV 90–130), and non-drying oils (IV < 90).^{25,26} Thus, palm oil with low iodine value of 50–55 mg per 100 g is considered as a non-drying oil.

Palm oil is known as the most fractionated oil, and its fraction products have been used in many different applications.²⁷ Fractionation is a selective separation of multi-component mixtures into two or more fractions with different chemical and physical properties; by physical and thermomechanical processes.²⁷ By utilizing the distinction in the crystallization performance of triglycerides, palm oil fractionation produces a liquid of palm olein (65–70%) and a solid fraction of palm stearin (30–35%).^{22,27} Palm olein has melting points of 18–20 °C and contains a higher amount of oleic acid (39–45%) and linoleic acid (10–13%) than palm oil, which is used as a deep frying oil.²⁴ Whereas, palm stearin has melting points of 48–50 °C and is composed of a higher portion of saturated fatty acids (49–68% palmitic acid) and triglycerides, which is utilized as vanaspati.²⁴ Further fractionation from palm olein (deep frying oil) or palm stearin (vanaspati) can be done to obtain more fraction products, such as super olein (cooking oil), top olein (salad oil), super stearin (animal feed), soft palm middle fraction (margarine), and hard palm middle fraction (confectionery).^{22,27} In the following section, we will discuss selected articles that reported the application of epoxidized palm olein and other fractionation products as sources of palm oil-based monomers.

3. Conversion of triglyceride and fatty acid from palm oil to bio-based monomers

Palm oil, fractionated products, and fatty acids can be used as renewable feedstocks for polymer production. Several methods for triglyceride modification are presented in Fig. 2. The utilization of different modification processes of triglyceride will result in bio-based monomers with particular functional groups for further polymerization. Fig. 2 displays examples of the synthetic routes that can be used to modify triglyceride into bio-based monomers. In Fig. 2(a), the unsaturated fatty acid moiety in a triglyceride can be modified *via* epoxidation of the double

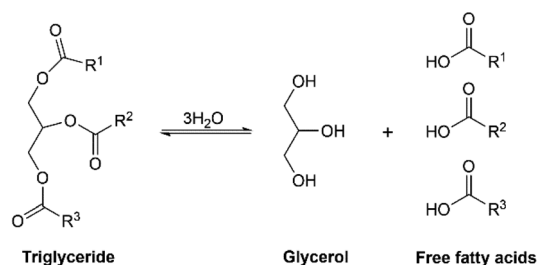


Fig. 1 Structure of triglyceride with its hydrolysis products of glycerol and free fatty acids.



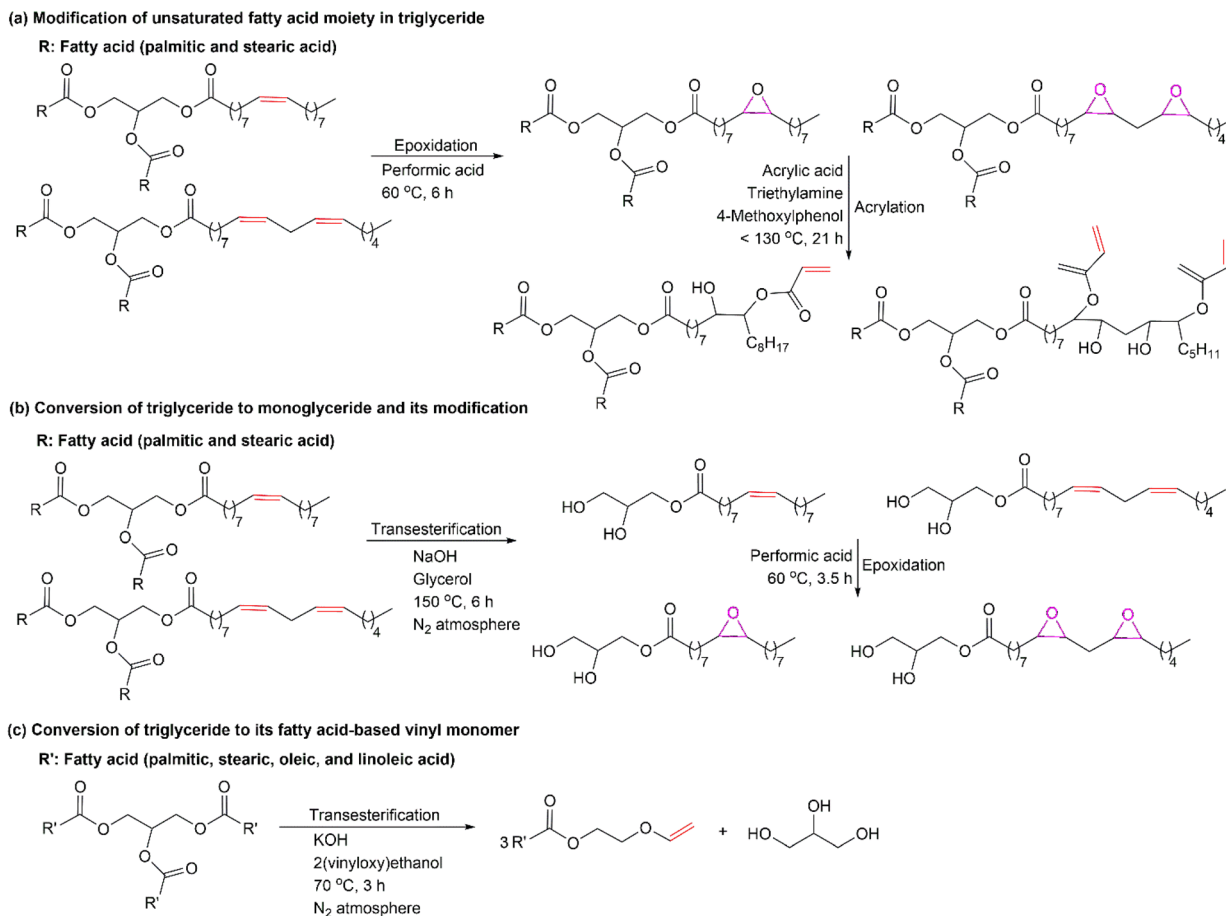


Fig. 2 (a) Modification of unsaturated fatty acid moiety *via* epoxidation and acrylation, (b) conversion of triglyceride to its monoglyceride through transesterification and further modification by epoxidation, and (c) conversion of triglyceride to its fatty acid-based vinyl monomer *via* transesterification.

bonds.²⁸ The epoxidized product can be further modified by acrylation to attach the vinyl functional group to the triglyceride.²⁹ Another option for preparing bio-based monomers from triglyceride is converting triglyceride to its monoglyceride *via* transesterification using glycerol, as shown in Fig. 2(b).³⁰ The double bond of the unsaturated fatty acid chain in monoglyceride can be modified through epoxidation to produce oxirane rings that will be available for further modification. The other alternative in preparing bio-based monomer from triglyceride is conversion to its fatty acids, as shown in Fig. 2(c). The reaction between triglyceride and 2-(vinylloxy)ethanol using a base catalyst produce fatty acid-based vinyl monomers.³¹ These vinyl monomers are suitable to be polymerized by radical polymerization technique. Based on the three possibilities synthetic routes, by fragmenting triglyceride to its fatty acids will increase the accessibility to the double bond in the unsaturated fatty acids chains for further modification. It is because triglyceride is bulkier than fatty acid. Therefore, direct reaction to triglyceride will be less effective as compared to fatty acids.

Besides directly using palm oil, fatty acids derived from palm oil may also be utilized as a monomer for polymer synthesis. Fig. 3 shows several options for enzymatic modification of fatty acids to make them suitable as bio-based monomers for

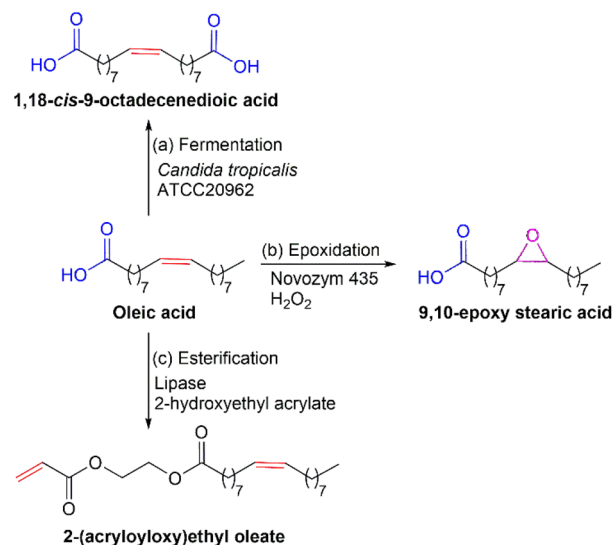


Fig. 3 Conversion of fatty acid to bio-based monomers using an enzyme as a catalyst *via* (a) fermentation to produce diacid, (b) epoxidation by the chemo-enzymatic reaction to form monomer with oxirane ring, and (c) esterification to add vinyl functional group.



Table 2 Advantages in using palm oil or fatty acids for polymer synthesis

Palm oil	Fatty acids
Cost efficient <ul style="list-style-type: none"> • Vastly abundant and easy to get. • Palm oil is cheaper than fatty acids, so it might decrease polymer production expenses³⁵ • Oil is non-corrosive compared to fatty acids; therefore, no anticorrosion equipment is required³⁵ • Oil showed better resistance to discoloration during storage than fatty acids³⁵ 	Effective formulation <ul style="list-style-type: none"> • Effective modification to only saturated or unsaturated fatty acids³⁵ • Lessen unwanted by-products or impurities <ul style="list-style-type: none"> • Easier to achieve desired polymer products with specific properties

polymer synthesis. In Fig. 3, oleic acid is used as a model compound for bio-based monomer formation from fatty acids. In Fig. 3(a), conversion of oleic acid to its α,ω diacid functional monomer can be carried out *via* whole-cell bio-transformation using *Candida tropicalis* ATCC20962.³² This diacid is an appropriate monomer in polycondensation for producing polyester, polyesteramide, *etc.* In Fig. 3(b), the double bond in oleic acid can be modified *via* chemo-enzymatic epoxidation to produce a bio-based monomer with the oxirane ring.³³ This oxirane ring will be available for further functionalization. Another alternative for preparing bio-based monomers from fatty acids is shown in Fig. 3(c). Esterification of oleic acid with 2-hydroxyethyl acrylate using lipase from *Candida antarctica* immobilized on an acrylic resin as a catalyst.³⁴ The obtained monomer will have a vinyl functional group suitable for radical polymerization. These three enzymatic synthetic routes can be used to prepare fatty acid-based monomers. The utilization of enzymes as a catalyst will be an added value to the green process.

There are advantages to using palm oil or fatty acids in polymer production, as summarized in Table 2. Information from Table 2 can be considered in choosing between palm oil or fatty acids as raw material feedstock for making bio-based monomers. The decision to use palm oil or fatty acid will affect the synthetic pathways needed to prepare bio-based monomers and, consequently, the properties of the resulting polymers. Depending on the type of reactive functional groups available in the palm oil or fatty acid-based monomers, the polymerization techniques can be achieved *via* polycondensation, free radical polymerization, atom transfer radical polymerization (ATRP), reversible addition-fragmentation chain transfer polymerization (RAFT), or cationic polymerization. The following section will discuss the type of polymers synthesized from palm oil or its derivatives and their applications. Polymers based on palm oil and its fatty acids consist of polymers from fatty acid-based vinyl monomers, polyester, polyols, polyurethanes, polyepoxides, composites, polyamides, polyesteramides, *etc.*

4. Polymers from palm oil or fatty acid-based vinyl monomers

This section will discuss the modification of triglyceride and fatty acid from palm oil to vinyl monomers that later is utilized for polymer production. As reported by Yuan and coworkers on

the conversion of triglycerides from high oleic soybean oil to *N*-hydroxyalkyl fatty amides and further modification to form non-cyclic methacrylate, imino ether, and cyclic norbornene monomers.³⁶ This report explained that the double bonds group in the fatty acids was unchanged during the free radical polymerization of non-cyclic methacrylate monomers. Therefore, this study indicated the importance of adding reactive vinyl groups to the fatty acid moiety of triglycerides from vegetable/plant oil for radical polymerization. The following explanation in this section shows reports on the modification of palm oil triglyceride to attach vinyl functional.

As for adding vinyl groups to fatty acids, various conversion methods of fatty acids from vegetable oils and their derivatives into functionalized monomers for effective radical polymerization have been thoroughly reviewed.³⁷ The development of radical polymerization techniques of fatty acid-(meth)acrylate monomers and their polymer applications are also discussed.³⁷ Another review is reported on plant oil-based acrylic monomers (POBMs) made from modification of triglycerides from various plant oils such as high oleic soybean, olive, sunflower, canola, soybean, corn, high oleic sunflower, and linseed oil.³⁸ Moreover, Since reviews on fatty acid-vinyl monomers from vegetable oil have been available, thus in our review, we present only selected reports on fatty acid-based vinyl monomers specially derived from palm oil. Especially fatty acids such as palmitic, stearic, oleic, and linoleic acids are part of the component in palm oil triglycerides. So, we can have a general idea of how palm oil and its fatty acid have been utilized in producing palm oil-based polymer. Finally, this information can be used to design a new synthetic approach to the following practical step for utilizing palm oil and its fatty acids in polymer synthesis.

Here are examples of the synthesis of fatty acid/ester-based vinyl monomers from palm oil, as shown in Fig. 4. Maiti *et al.* reported on the synthesis of a series of fatty acid-based methacrylate monomers (FAMA) *via* Steglich esterification of 2-hydroxyethyl methacrylate (HEMA) with saturated fatty acids, see Fig. 4(a).³⁹ They obtained high-yield monomers of 74–85% indicating an efficient way to produce novel fatty acid-based vinyl monomers. Polymerization of FAMA *via* RAFT resulted in fatty acid-based polymers (PFAMA) with controlled molecular weights, as shown in Fig. 4(a). However, in the Steglich esterification for FAMA formation, they used dicyclohexylcarbodiimide (DCC) and 4-dimethylaminopyridine (DMAP), known for its toxicity toward humans and the environment, thus limiting the scale-up probability.³⁷ Using a more



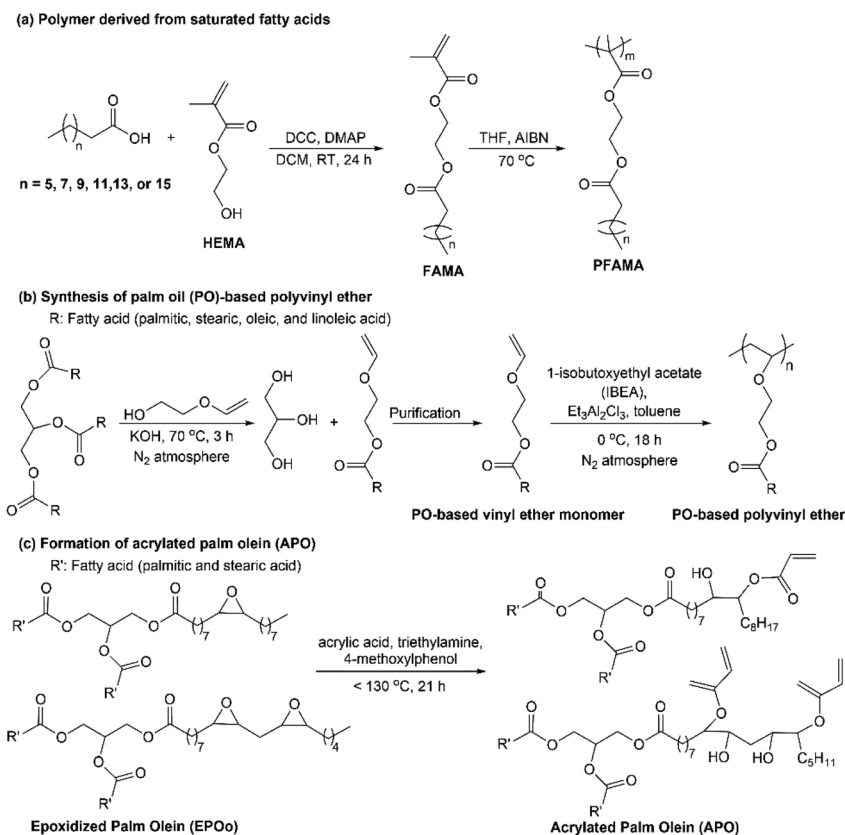


Fig. 4 (a) Synthesis of fatty acid-based polymers from vinyl-modified monomers, (b) synthesis of PO-based polyvinyl ether *via* modification of triglyceride to fatty acid-based vinyl monomers and then a polymerization, and (c) conversion of epoxidized palm olein (EPOo) to acrylated palm olein (APO).

environmentally friendly catalyst, transesterification of methyl laurate and methyl oleate with HEMA was performed with *Candida antarctica* lipase B immobilized within a porous polymethacrylate (CAL-B, Novozymes A/S) at optimal reaction condition of 60 °C for 24 h in toluene.⁴⁰ Interestingly, they also reused the CAL-B for ten batches of the same reaction, which revealed that the enzyme retained its activity at the yield of 88% for methyl laurate with HEMA and yield of 76% for methyl oleate and HEMA. Another report on the use of enzymes as biocatalyst is in the preparation of oleic acid-based epoxy monomer. The reaction was performed between 2-hydroxyethyl acrylate and epoxy stearic acid using lipase from immobilized *Candida antarctica* on an acrylic resin as a catalyst in toluene at 37 °C for 24 h that resulted in a yield of 87%.³⁴ Oleic acid-based epoxy monomer was subsequently polymerized by radical polymerization using AIBN in toluene for 24 h. Moreover, palm oil methyl ester (from unsaturated fatty esters) is reported as a monomer for polymeric surfactant preparation. Palm oil methyl ester was modified to methyl ester sulfonate (MES) *via* a reaction of the methyl ester with NaHSO₃, and then, aqueous radical polymerization of MES and acrylamide was initiated by potassium persulfate.⁴¹ The obtained polymeric methyl ester sulfonate (PMES) can be used as a substitute surfactant for enhanced oil recovery (EOR) since it can decrease the interfacial tension (IFT) and improve the viscosity control, two beneficial features for EOR application.

Kalita and coworkers synthesized palm oil (PO)-based vinyl ether monomer *via* transesterification of triglyceride with 2-(vinylxy)ethanol, see Fig. 4(b).³¹ Through cationic polymerization, only the vinyl ether group from the monomer was selectively polymerized for producing its PO-based polyvinyl ether with number average molecular weight (M_n) of $\sim 20\,000$ g mole⁻¹. Kalita *et al.* also reported the preparation of plant oil-based polyvinyl ethers from linseed, soybean, and palm oil to be compared with commonly used drying oil as binders for artist paints.⁴² Plant oil was converted to plant oil-based vinyl ether monomers that consisted of 2-vinylxy ethyl soyate (2-VOES), 2-vinylxy ethyl palmitate (2-VOEP), and 2-vinylxy ethyl linseedate (2-VOEL). These vinyl ether monomers from plant oil were further polymerized to produce homo- and copolymers. Applying these polymers in paint binders showed excellent mechanical properties and reduced cure shrinkage better than drying oils.

Preparation of vinyl monomer by acrylation can also be done directly to palm oil triglycerides. Synthesis of acrylated palm olein (APO) was conducted through ring-opening oxirane groups of the epoxidized palm olein (EPOo) using acrylic acid, which resulted in APO with a high yield of 86% and molecular weight of 1750 Da as shown in Fig. 4(c).²⁹ APO has hydroxy groups that are beneficial for surface modification to increase the drug transport performance to the targeted organ. Su *et al.* reported on the acrylation of different types of vegetable oils for



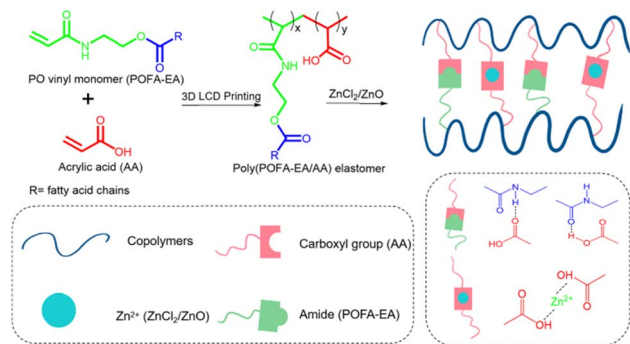


Fig. 5 Illustration of plausible noncovalent (hydrogen bond) interactions between AA and POFA-EA in palm oil-based thermoplastic elastomers. Reproduced with permission from ref. 44 Copyright 2021 Elsevier.

UV-curable coatings application.⁴³ Vegetable oils, including palm, peanut, olive, canola, corn, rapeseed, and grapeseed oil, were reacted with acrylic acid and boron trifluoride ether to form vegetable oil-based acrylate prepolymers. The cured film derived from grapeseed oil showed the best mechanical and thermal properties among all the prepared cured films. Furthermore, Wu *et al.* reported on the preparation of a vinyl and UV-responsive monomer *via* modification of palm oil to palm oil fatty acid-ethyl acrylamide (POFA-EA).⁴⁴ The obtained POFA-EA was used to formulate palm oil-based inks by blending them with acrylic acid (AA) at different weight ratios. To produce Zn²⁺-containing elastomers, ZnO or ZnCl₂ at different weight content and a photo-initiator was added to the blend solution of POFA-EA/AA and then used as palm oil-based inks for photocuring 3D printing. A series of thermoplastic elastomers from palm oil with dynamic physical crosslinks (noncovalent interaction, see Fig. 5) were produced by photocuring 3D printing. Noncovalent interactions improved tensile strength up to 4.2 MPa and fracture elongation of 851% of the elastomers. Moreover, these interactions promote more abilities in the elastomers, like self-healing, recovery, and reconfiguration. This approach of physical crosslinking-enable printability might propose a new method for producing thermoplastic polymers *via* photocuring 3D printing.

As shown in the abovementioned paragraph, we have selected reports showing fatty acids or palm oil as starting materials for polymer production. As for fatty acids as a renewable feedstock for polymer synthesis, there are options for chemical reaction or enzymatic synthesis. Based on the reported studies, enzymatic synthesis in monomer preparation of fatty acid-vinyl monomers was highly effective. Moreover, the immobilized enzyme can be reused for several reactions, and the reaction results in a good yield. However, as far as we know, there are no reports on the enzymatic conversion of triglyceride to fatty acid-based vinyl monomers. So, we suggest that researchers in this field try this triglyceride transesterification using an enzyme as a catalyst to attach vinyl functional groups to fatty acids moieties. As a consideration, since triglyceride is a bigger molecule than a fatty acid, perhaps enzymatic reaction

using triglyceride will be more complex and less effective than fatty acid as feedstock.

5. Polyesters

Polyesters are polymeric materials with ester linkages in every repeating unit of their main polymer chain. Synthesis of polyesters can be performed *via* alcoholysis and esterification process, ring-opening polymerization of ring monomers, and polycondensation of AA and BB or AB-type monomers. Polyesters are valuable polymeric materials that have been used as plastics, fibers, elastomers, plasticizers, coatings, and in biomedical applications.⁴⁵ There have been several examples of reported polyesters prepared from biomass and bio-renewable feedstock.^{10,45} In this section, we will discuss several reports on the synthesis and application of palm oil and its fatty acid-based polyesters.

5.1. Alcoholysis and esterification method

Alcoholysis can be done by reaction of palm oil with glycerol to form palm oil monoglyceride for subsequently esterified with maleic anhydride (MA) to obtain unsaturated polyester (UP), as shown in Fig. 6(a). Lai and coworkers reported a study on this UP's activation energy and swelling properties.⁴⁶ The cured-UP resins with higher MA content exhibited lower penetration of solvents. Another report on the utilization of palm oil for alkyd preparation using nanoparticles as a catalyst is available. Ong *et al.* reported on the synthesis of palm oil-based alkyd *via* alcoholysis and polyesterification process using a homogeneous base catalyst combined with copper oxide (CuO) nanoparticles.⁴⁷ Incorporating CuO nano-catalyst into the conventional NaOH catalysis system improved the aimed reactions' catalytic process, reducing the reaction time for both processes. Another advantage of using CuO nanoparticles in alkyd preparation was that the obtained resin possessed better antimicrobial activity than neat alkyd resin. Moreover, a lower molecular weight of alkyd resin from the CuO–NaOH system was better suited for surface coating application.

Palm oil-based alkyds for UV-curable coatings were prepared from palm stearin.⁴⁸ Alkyds were prepared *via* alcoholysis using Ca(OH)₂ and glycerol at 230 °C to form monoglycerides. Further esterification between monoglycerides and phthalic anhydride was performed to produce alkyds, as shown in Fig. 6(b). A further modification was carried out by combining phthalic acid and maleic acid during polyesterification, see Fig. 6(c). The incorporation of maleic acid increased the unsaturation in the alkyds chain and made it more UV-curable. Increasing maleic acid content in alkyds resulted in coatings with better film properties that were shown by better water and alkali resistance, higher pencil hardness, as well as improved thermal stability. Moreover, adding a small amount of trimethylolpropane triacrylate (TMPTA) as a trifunctional crosslinker into the coating formulation enhanced the film properties significantly. The same trend was also observed from alkyds prepared by combining phthalic anhydride and different maleic anhydride content during polyesterification.³⁵ Furthermore, alkyds



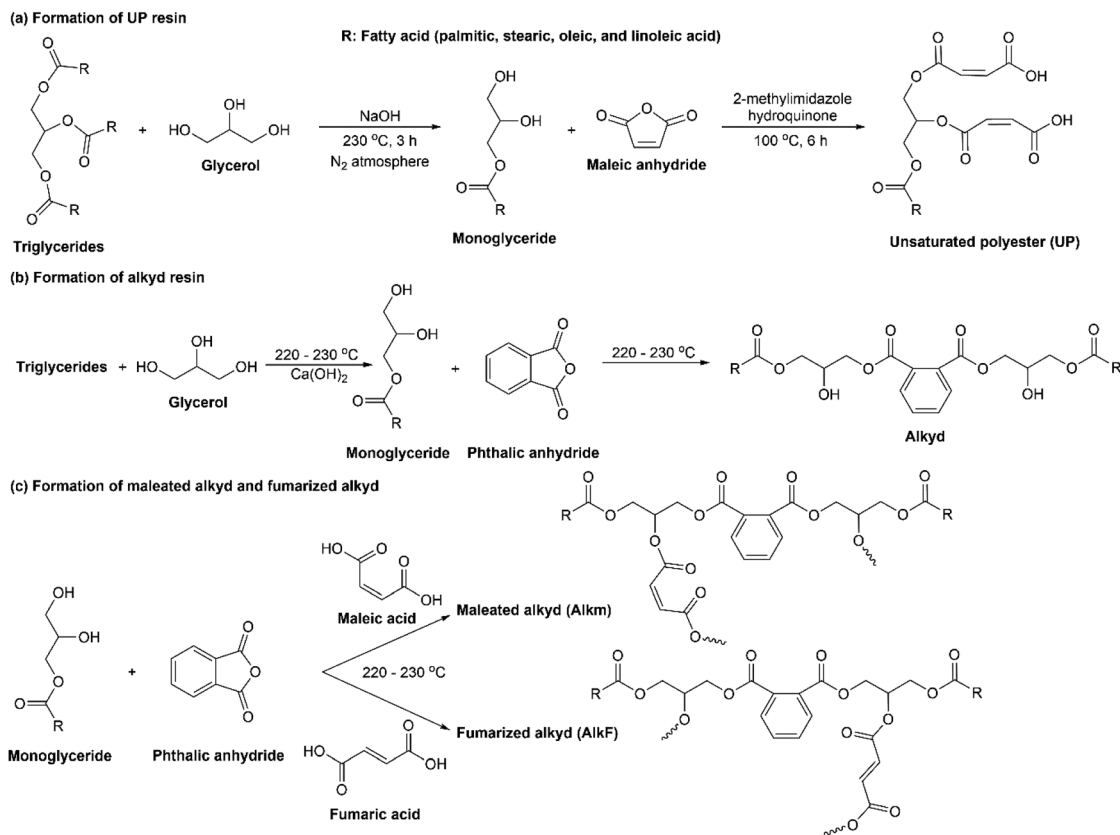


Fig. 6 Plausible synthesis route of polyester via (a) alcoholysis to form monoglyceride and subsequent esterification to produce unsaturated polyester (UP), (b) reaction between monoglyceride and phthalic acid to form alkyd resin, and (c) further modification by combining phthalic acid with maleic acid or fumaric acid to produce maleated alkyd (AlkM) or fumarized alkyd (AlkF).

modification was carried out by incorporating fumaric acid or maleic acid during alkyds formation, which produced fumarized alkyd (AlkF) or maleated alkyd (AlkM), respectively, as shown in Fig. 6(c).⁴⁹ AlkF produced coating with better film hardness and higher T_g than AlkM, which meant that the fumarization process was a better approach for increasing alkyd unsaturation groups. Moreover, to improve the coating performance of alkyd resins, there are reports on combining two different oils (palm stearin/dehydrated castor oil or palm stearin/linseed oil)⁵⁰ or blending palm stearin-based alkyd resin with commercial ketone resin.⁵¹

Ang *et al.* reported on the utilization of palm oil-based alkyd as a polymeric plasticizer in polyvinyl chloride (PVC).⁵² By incorporating 20 wt% palm oil-based alkyd to PVC, T_g value reduced from 85.3 °C to 66.7 °C, indicating a successful plasticizing process. Moreover, PVC contained 20 wt% palm oil-based polyester showed better migration resistance than PVCs with the addition of two commercially available plasticizers, acetyl triethyl citrate (ATEC) and diethylhexylphthalate (DEHP). Furthermore, the obtained palm oil-based alkyd was used as a co-plasticizer to di-octyl phthalate (DOP) or di-isononyl phthalate (DiNP) as the primary plasticizer for flexible PVC.⁵³ The incorporation of palm oil-based alkyd into plasticized-PVC resulted in an improvement of mechanical and thermal properties. Further studies on the effect of different molecular

weights of palm oil-based alkyds for PVC plasticizer was performed.⁵⁴ Blending 20 wt% of palm oil-based alkyds to PVC resulted in reduced T_g value. The smaller size plasticizer showed better plasticizer ability than the high molecular weight plasticizer because the small size plasticizer penetrates better to PVC chains. Meanwhile, in *n*-hexane and water/ethanol as solvent, films of PVC plasticized with high molecular weight alkyd displayed better migration and leaching resistance as compared to that of PVC plasticized with low molecular alkyds and commercially available plasticizer of DEHP; thus, high molecular weight alkyd showed less toxicity compared to DEHP. Moreover, a significant improvement in tensile strength and elongation at break was observed on plasticized-PVC film with high molecular weight palm oil-based alkyds.

Ramli and coworkers reported on the incorporation of palm oil-based alkyd resin in polyaniline (PANI) to prepare films of PANI/Alkyd with good adhesion properties on fluoride-doped tin oxide (FTO) for solar panel application.⁵⁵ Three alkyds with different acid numbers were blended with PANI at various ratios of PANI/Alkyd and then cured on the FTO glass. PANI/Alkyd film with the lowest acid number of alkyd displayed the shortest curing time compared to those with a high acid number. All PANI/Alkyd films exhibited good adhesion, while the PANI film showed poor adhesion performance. Unfortunately, blending PANI with palm oil-based alkyd decreased the film's



conductivity since alkyd was not a conducting polymer. Furthermore, the blending process of PANI and alkyd was carried out during coating preparations by mixing various alkyd concentrations with acrylate monomers, M-cresol, and different loading of PANI, then followed by benzophenone for UV curing. The alkyd/PANI coating films of 20% PANI presented the highest conductivity of $1.467 \times 10^{-1} \text{ S cm}^{-1}$.⁵⁶

Palm fatty acid distillate (PFAD) is a side product from the physical refining process of crude palm oil (CPO), which mostly consist of free fatty acids (~45% palmitic acid and 33% oleic acid) with small numbers of glycerides, bioactive compounds like phytosterols, tocopherols, squalene, tocotrienols, other hydrocarbons.^{57,58} There are reports on the use of PFAD for alkyd resins preparation. Chiplunkar *et al.* prepared alkyd resins from palm oil and PFAD as an additive in liquid detergent.⁵⁷ The results showed that the PFAD-based alkyd resin was comparable to palm oil-based alkyd resin and commercial liquid detergent. Moreover, Teo and coworkers reported utilizing PFAD in synthesizing hydroxyl-terminated macromer to produce UV-curable urethane acrylate resin for wood-coating applications.⁵⁸ The highest M_w observed at the PFAD content of 45% was considered the optimal concentration of PFAD. These macromers were further modified to make PFAD urethane acrylate.

From the abovementioned reported articles, palm oil-based alkyds have the potential to be applied as surface coating, plasticizers, and additives. For coating application, further modification by adding more unsaturated groups to alkyd

resins is necessary to increase the UV-curable ability of the resins. However, no additional modification is needed to prepare alkyds for plasticizer and additives application. Thus, it is more beneficial from an economic point of view—significantly, the utilization of PFAD as the raw material feedstock for producing alkyd liquid detergent additive. Since PFAD is a by-product of the CPO refining process, producing PFAD-based alkyd will be more environmentally friendly and economically beneficial. As for the alkyd for plasticizers, this application demonstrated more agreement with the nature of the alkyd resins. Palm oil-based alkyd resins have more saturated fatty acids moieties that serve as side chains in the polymer backbone. This saturated fatty acid contributed to more flexibility in the polymer, which is consequently suitable for decreasing glass transition temperature (T_g).

5.2. Ring-opening polymerization of epoxidized palm olein

Synthesis of palm oil-based polyester polyol can be performed *via* ring-opening polymerization of epoxidized palm olein (EPOo), as shown in Fig. 7. The epoxidized palm olein mainly consists of monoepoxidized that resulted from oleic acid epoxidation and diepoxidized that obtained from linoleic acid epoxidation, see Fig. 7(a) and (b). The ring-opening of EPOo was done using phthalic acid at the optimal ratio of EPOo/phthalic acid of 9:1 and reaction condition at 175 °C for 5 h, which resulted in a clear bright yellowish liquid polyol at room temperature.^{59,60} The synthesized polyester polyols exhibited

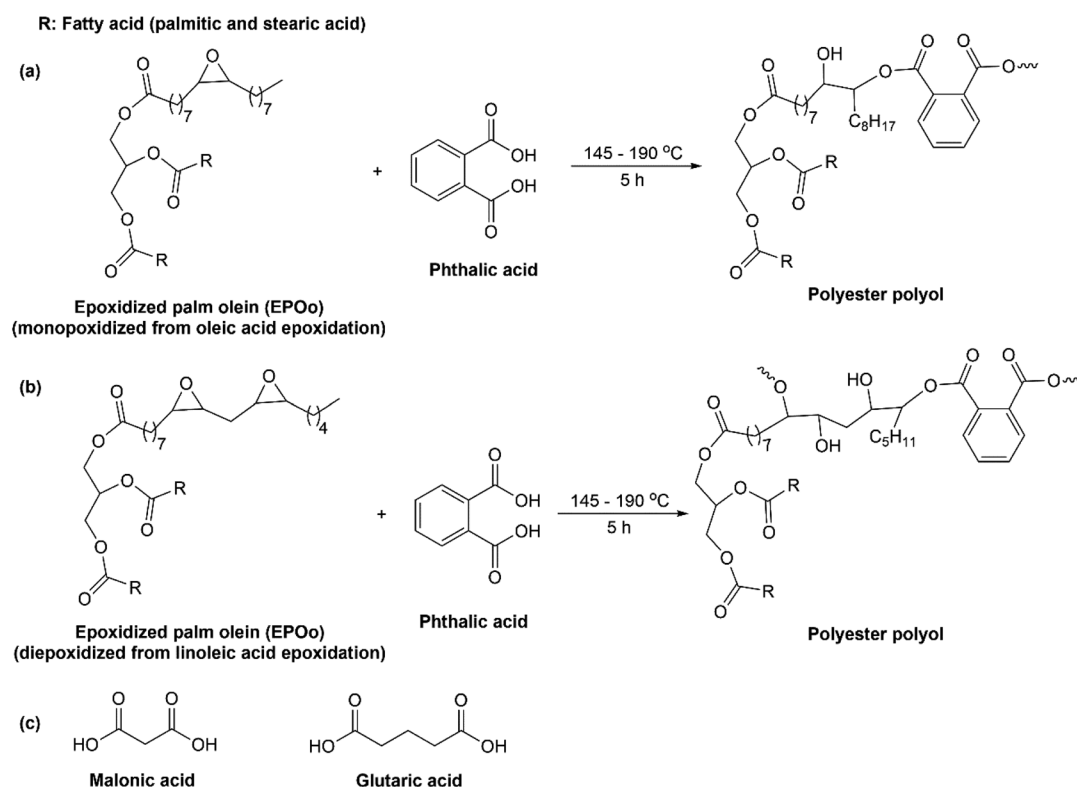


Fig. 7 (a) Ring-opening of oxirane group from monoepoxidized and (b) diepoxidized palm olein using phthalic acid, and (c) other diacids that were used to ring-opening epoxidized palm olein.



high molecular weight and had secondary hydroxyl that was useful for sufficient gel time of polyurethane in the adhesive application. Yeoh and coworkers reported on the preparation of polyester polyols *via* a one-pot reaction of epoxidized palm olein (EPOo) and malonic acid under catalyst-free and solvent-free conditions.⁶¹ At optimal reaction conditions resulted in a bright yellowish clear liquid polyester polyol with a cloud point of 12, pour point of 10 °C, M_n of 5201 Da, a hydroxyl value (OHV) of 98.19 and an acid value of 1.44 mg KOH per g sample. From the same author, instead of using malonic acid (see Fig. 7(c)), they used glutaric acid for making palm oil-based polyester polyol, which led to palm oil-based polyester polyol with an acid value of 1.95 and OHV of 84.50 mg KOH per g sample, M_n of 6698, pour point of 12 °C, and cloud point of 12 °C.⁶² All the resulted polyester polyols were in their liquid form, which is beneficial for the next step of modification like in preparation of polyurethane since there will be no heating involves to melt the polyester polyols.

Oxirane rings in triglyceride are valuable functional groups for further modification. This section discussed the ring-opening polymerization of oxirane functional groups to produce polyester. In a few reports mentioned above, catalysts and solvents are unnecessary in the reactions. However, high-temperature reactions (>100 °C) are needed to perform ring-opening reactions from oxirane rings. This high-temperature reaction is in line with high energy consumption. The ring-opening polymerization of oxirane rings will be preferable if it can be done at a low temperature and short reaction times by adding an environmentally friendly and non-toxic catalyst.

5.3. Polycondensation of AA and BB or AB-type monomers

Palm oil-based polyester can also be synthesized *via* polycondensation of AA and BB or AB-type monomers. Herein several reports on the synthesis of palm oil-based polyester using these methods. Palm oil-based polyester polyol was prepared *via* polycondensation of deacidified glycerol monostearate (DGSM) and glutaric acid in the molar ratio of functionality OH : COOH of 1 : 1.06 in non-catalyzed and solvent-free condition at 200 °C for 12 h.⁶³ The obtained palm oil-based polyester polyol had a light yellowish appearance with a molecular weight (M_w) of 3270 Da, an acid value of 3.30, and a hydroxyl value of 115 mg KOH per g sample. Palmitic acid-based polyester was also synthesized *via* polycondensation of AA and BB-type monomers. Palmitic acid was converted to methyl palmitate and subsequently changed to malonate derivative (diester). Palmitic acid-based polyester was synthesized using malonate diester, diol (1,6-hexanediol or 1,12-dodecanediol), and $Ti(OiPr)_4$ as a catalyst at 120 °C for 23 h.⁶⁴ The resulted polyesters of poly(dodecyl 2-tetradecylmalonate) (PDTDM) showed better yield and thermal properties than poly(hexyl 2-tetradecylmalonate) (PHTDM). Bahadi *et al.* synthesized palm oleic acid-based polyester (POABP) for precursor in the plastic industry, which was prepared from polycondensation of AB-type monomer of epoxidized oleic acid.⁶⁵ Ester linkages in the POABP were formed from the reaction between the carboxyl and oxirane functional groups in

the epoxidized oleic acid. POABP had molecular weights of 1963–5501 g mol⁻¹, glass transition (T_g) of -19 °C, and thermal degradation of 328 °C with no melting temperature observed.

Several reports have been available on the enzymatic modification of fatty acids to fatty diacids and their polymerization. Yang and coworkers reported on the conversion of oleic, erucic, and 9,10-epoxy stearic acids to their corresponding α,ω -diacids functional monomers of 1,18-*cis*-9-octadecenedioic, 1,22-*cis*-9-docosenedioic, and 1,18-*cis*-9,10-epoxy-octadecanedioic acids by whole-cell bio-transformation using *Candida tropicalis* ATCC20962 as the catalyst that in good yield and with intact double bond or oxirane group, as shown in Fig. 8.³² Modification of oleic acid to 9,10-epoxy stearic acid was done by a chemo-enzymatic method using oleic acid, hydrogen peroxide, and lipase Novozym 435 as the catalyst, see Fig. 8(b). This method was adopted from the previously reported article on lipase-mediated chemo-enzymatic epoxidation of linoleic acid.³³ The obtained α,ω -diacids functional monomers were polymerized *via* enzymatic polycondensation of α,ω -diacids monomer with diols (1,3-propanediol, 1,8-octanediol, or 1,16-hexadecanediol) using Novozym 435 as a catalyst in bulk or diphenyl ether at 90 °C, as shown in Fig. 8(a) and (b), which led to the formation of low melting points (23–40 °C) polyesters with molecular weight (M_w) ranging from 25 000–57 000 g mol⁻¹.³² Yang and coworkers also reported on the polycondensation of 1,18-*cis*-9-octadecenedioic acid and glycerol using either enzymatic (Novozym 435 at 90 °C) or chemical (dibutyltin oxide, DBTO at 150 °C) catalyst and without solvent addition.⁶⁶ Novozym 435-catalyzed polycondensation of oleic diacid and glycerol with a ratio of 1 : 1 produced polyester with M_n value of 9000 g mol⁻¹ after 24 h reaction, see Fig. 8(c), whereas using DBTO after 6 h reaction resulted in polyester with M_n value of 1750 g mol⁻¹ and increasing reaction time to 8 h led to gel formation that was due to the formation of crosslinking product. Using Novozym 435 as the catalyst, crosslinking and gel formation were not observed. The reason was a steric hindrance at the CAL B's active site that limits the branching formation and crosslinking reactions.⁶⁶ Another study on oleic diacids reported the copolymerization of oleic diacids, glycerol, and crude linoleic acid using Novozym 435 as the catalyst at 90 °C and bulk reaction condition to produce polymeric triglyceride mimetic structures, as shown in Fig. 8(d).⁶⁷ By using a monomer ratio of 1 : 1 : 0.67 for oleic diacids, glycerol, and crude linoleic acid, resulting in a product with M_n ~9500 g mol⁻¹ and 64% trisubstituted glycerol unit after 8 h reaction. The trisubstituted glycerol unit increased by nearly 100% when the proportion of crude linoleic acid increased to 1.33.

From the reports mentioned above, using an enzyme as a catalyst benefited in milder reaction conditions and lower reaction temperature than using a chemical catalyst. Moreover, in enzyme catalysis, unwanted side products such as gel formation and crosslinking can be avoided since the pocket of the active site in the enzyme has specificity on the type of substrate and substrate acceptance limitation due to the steric hindrance. The synthesis of bio-based polymers will be more environmentally friendly, not only through the use of bio-renewable resources as feedstocks but also by using green



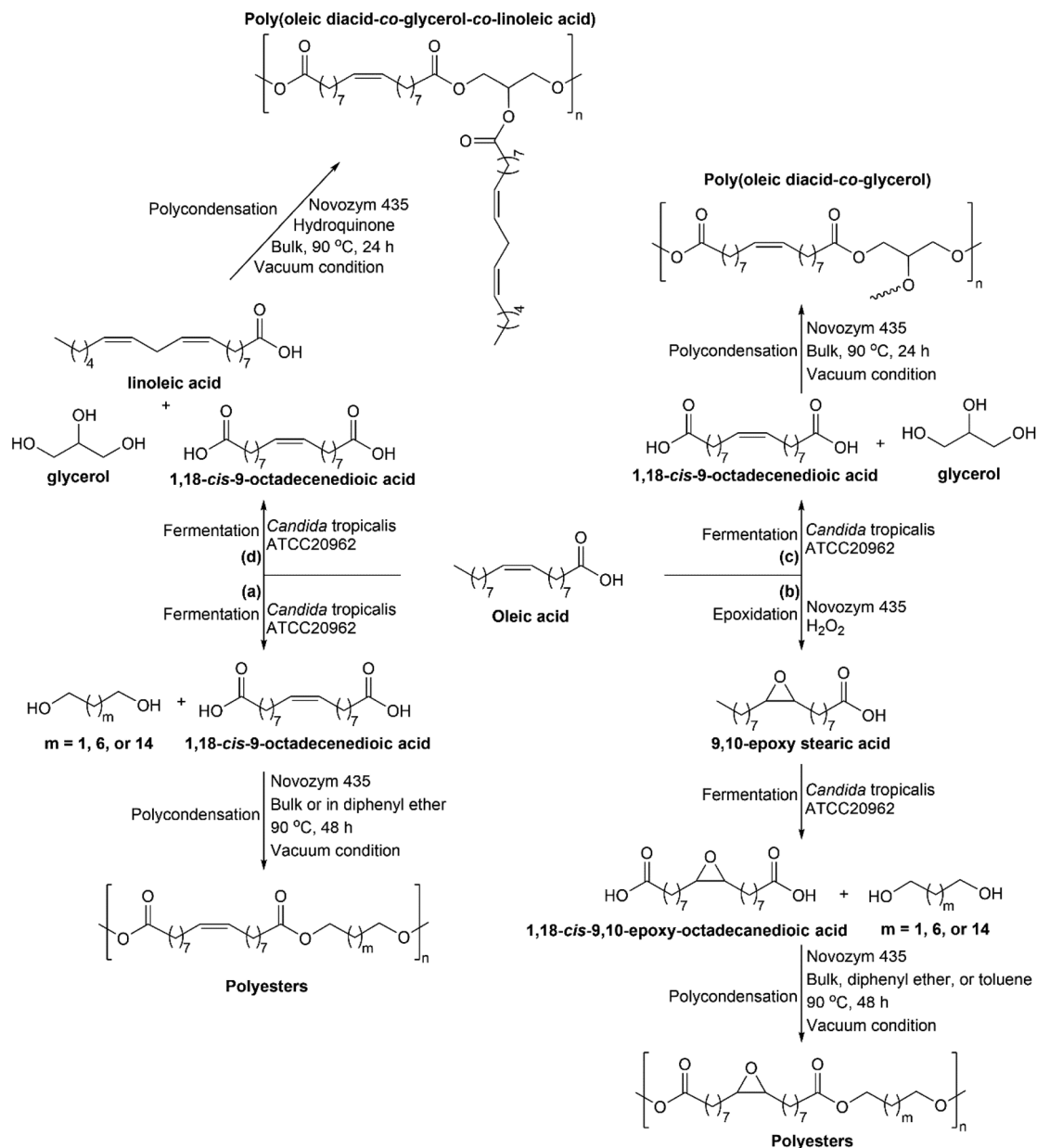


Fig. 8 Conversion of oleic acid to its α,ω -diacids and further (a) polycondensation with various lengths of diols, (b) polycondensation with different lengths of diol, (c) polycondensation with glycerol, and (d) copolymerization condensation with glycerol and linoleic acid.

processes, like using an enzyme as the catalyst.⁶⁸ However, there is also a limitation in using an enzyme as a catalyst in polymerization, which is the relatively long reaction time (up to days of reaction) to produce a high molecular weight of polymers. It will be better if, soon, the enzyme can be used as a catalyst in a short reaction time (less than one day) to produce high molecular weight polymers.

6. Polyols

Polyols are polymeric materials containing multiple hydroxyl groups. Fig. 9 shows several methods that can be used to prepare palm oil-based polyols. In Fig. 9(a), the palm oil-based

polyol was synthesized *via* epoxidation and ring-opening of oxirane groups.²⁸ There are several reports on the epoxidation of palm oil using performic acid,^{28,69} peracetic acid,^{31,70,71} or a combination of performic acid, sulfuric acid, and other catalysts.⁷² Subsequently, the ring-opening of oxirane groups can be carried out *via* alcoholysis or hydroxylation using methanol and tetrafluoroboric acid,³¹ H₂O and sulfuric acid,⁶⁹ ethylene glycol and BF₃·OEt₂,²⁸ diethylene glycol,⁷⁰ methanol and HCl,⁷¹ or a combination of methanol, water, and formic acid.⁷² Interestingly, Liu *et al.* utilized used-frying palm oil as triglyceride feedstock to prepare polyol.⁷¹ Moreover, Pillai and coworkers reported on the preparation of polyol from a modified palm oil triacylglycerol (PMTAG) *via* epoxidation and hydroxylation



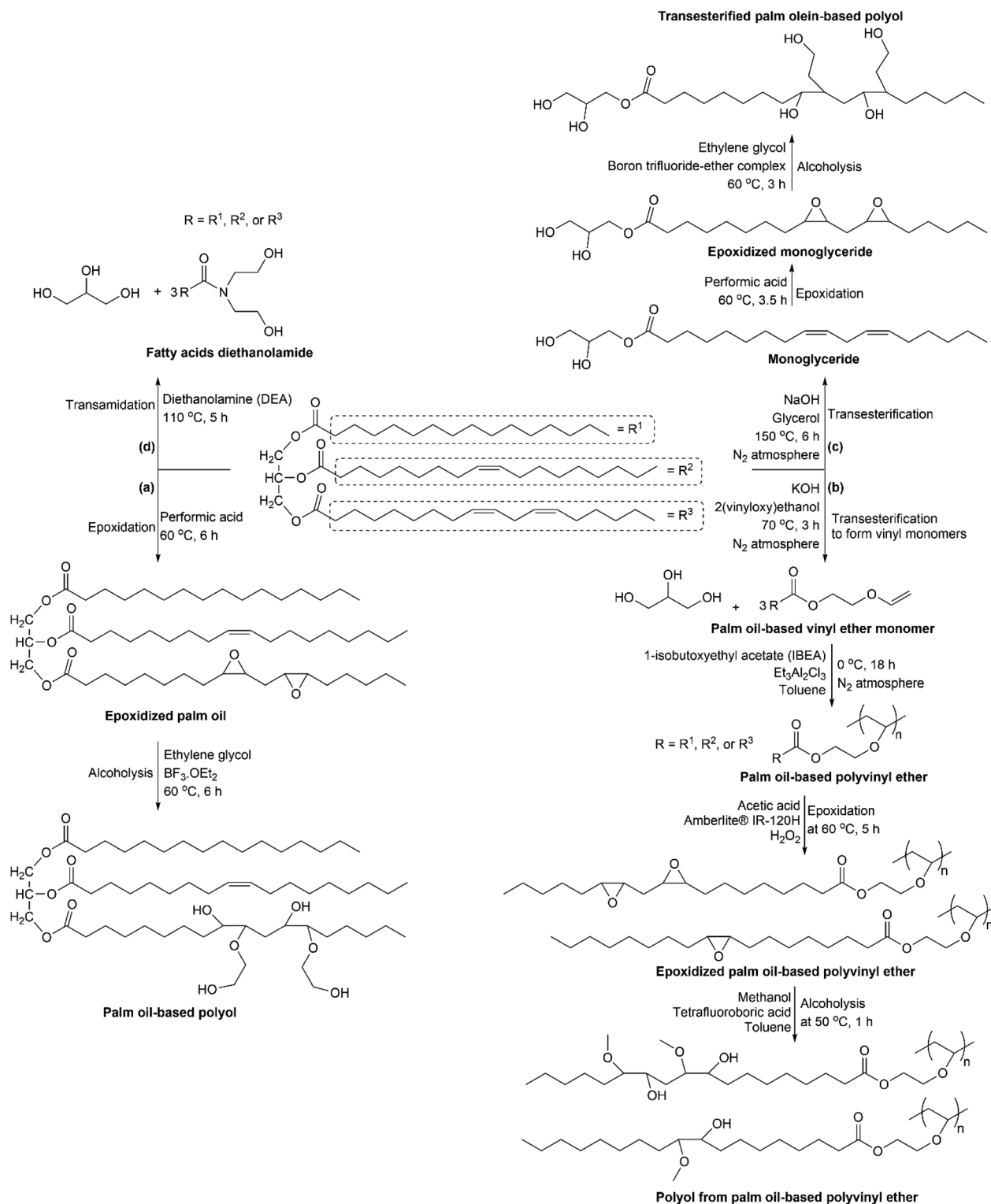


Fig. 9 Possible reaction scheme for the synthesis of polyols from palm oil via (a) two-step reaction, (b) modification of palm oil to vinyl monomer before two-step reaction, (c) three-step reaction, and (d) transamidation.

method.⁷³ This PMTAG was obtained as a side product from a cross-metathesis reaction of 1-butene and palm oil for commercially producing 1-decene and 4,4-dodecene. A report on the alcoholysis of epoxidized palm olein (EPOo) was performed using isobutanol and K10 montmorillonite as a catalyst

at different reaction temperatures and times.⁷⁴ All the palm oil-based polyols resulted in a high yield of more than 90%. The produced polyols had low acid value, viscosity, molecular weight distribution, and polydispersity index with functionality in the range of 2–3. This low molecular weight polyol with



a functionality of 2 had the potential to be used in coating application.

Kalita and coworkers reported that triglycerides in palm oil were modified to fatty acid-based vinyl monomers before epoxidation and alcoholysis, as shown in Fig. 9(b).³¹ Double bonds from the vinyl group were polymerized by cationic polymerization. The obtained polymer had unsaturated and saturated fatty acids as side chains. The double bond in the unsaturated fatty acids was further modified *via* epoxidation to form oxirane rings. Subsequently, the oxirane group was ring-opened *via* an alcoholysis reaction with methanol to form polyols.

Slightly different methods in polyol preparation, as mentioned above, transesterification was performed prior to the epoxidation process, see Fig. 9(c). Arniza *et al.* prepared transesterified palm oil-based polyol *via* three-step reactions involving: (1) transesterification of palm olein using glycerol and catalyst, (2) epoxidation of transesterified palm olein using performic acid, and (3) ring-opening of oxirane group from the epoxidized product using ethylene glycol and boron trifluoride as shown in Fig. 9(c).³⁰ Mohammed *et al.* reported the preparation of polyols from palm oil and soybean oil by transesterifying triglycerides using glycerol and CaO as a catalyst to form monoglycerides.⁷⁵ The produced monoglycerides act as a polyol to prepare thermoplastic and thermosetting polyurethanes. Glycerol and CaO were also used in the transesterification of palm olein to produce palm oil-based polyol, as

reported by Lumcharoen and coworkers.⁷⁶ Moreover, Mohd Tahir and coworkers reported on the synthesis of polyol from purified-waste cooking oil (WCO).⁷⁷ The purification of waste cooking oil was performed by filtration and further adsorption using sugarcane bagasse (SCB) activated carbon. WCO-based polyol was prepared by first making a polyhydric solution, which contained a mixture of diethanolamine, monoethylene glycol, and potassium acetate with a ratio of 90 : 7 : 3.

The transamidation process also can be used to prepare polyol from palm oil, see Fig. 9(d). Transamidation of refined bleached deodorized palm oil (RBDPO) using diethanolamine without the addition of catalyst and solvent free resulted in the formation of diethanolamide.⁷⁸ Using the amidation method, palm oil-based diethanolamide was prepared from the reaction of palm oil with diethanolamine and sodium methoxide as the catalyst.⁷⁹ Transesterification-alcoholysis reaction using palm oil-based diol, triethanolamine, and lithium hydroxide was carried out to synthesize polyol ester for polymeric nanoparticles in drug delivery system application.⁸⁰

Instead of using whole palm oil as feedstock, epoxidation and alcoholysis can also be performed on fatty acid methyl ester (FAME) to produce fatty-acid methyl ester-based polyol (Poly-FAME-EG).⁸¹ FAME (biodiesel) was derived from palm oil, which contains C12 : 0 (0.1%), C14 : 0 (0.6%), C16 : 0 (5.7%), C18 : 0 (3.6%), C18 : 1 (72.7%), and C18 : 2 (17.1%). Moreover, empty fruit bunch (EFB) from oil palm trees can also be used as a source for polyol preparation. Amran *et al.* reported on the

Table 3 Hydroxyl value (OHV) of polyols prepared from various methods

Source of triglyceride or fatty acid	Methods in polyol preparation	Hydroxyl value (OHV) mg KOH per g sample	Ref.
• Palm oil	• Epoxidation using performic acid	102	69
• Palm oil	• Hydroxylation using H ₂ O and H ₂ SO ₄	147.1	70
• Residual palm oil (RPO)	• Epoxidation using peracetic acid		
	• Alcoholysis using diethylene glycol		
• PMTAG	• Epoxidation using performic acid, sulfuric acid, and catalyst	78.525	72
	• Alcoholysis using methanol and water		
• EPOo	• Epoxidation using perchloric acid	155	73
• Palm olein	• Hydroxylation using H ₂ O and HClO ₄		
	• Alcoholysis using isobutanol and K10 montmorillonite as a catalyst	124.71	74
	• Transesterification using glycerol and catalyst	330	30
• Palm oil	• Epoxidation using performic acid		
• Soya oil	• Alcoholysis using ethylene glycol and BF ₃	233	75
• Palm olein	• Transesterification of palm oil	251	
• Purified waste cooking oil (WCO)	• Transesterification of soya oil	140	76
• RBDPO	• Transesterification using glycerol and CaO	148.79	77
• Palm oil-based diol	• Formation of polyhydric solution		
• Biodiesel (FAME)	• Transesterification between WCO and polyhydric solution	254.20 ^a	78
	• Transamidation using diethanolamide	182.51	80
	• Transesterification and alcoholysis using triethanolamine and LiOH	166.5	81
• Oil palm EFB	• Epoxidation using performic acid		
• EFB cellulose	• Alcoholysis using ethylene glycol and BF ₃	749.22	82
• Oil palm EFB	• Microwave liquefaction using ethylene glycol and sulfuric acid	639.91	
• EFB cellulose	• Liquefaction using sulfuric acid and polyethylene glycol-glycerol at different temperature	228.08	83
		270.49	

^a This OHV had a unit in mL NaOH per g sample.



liquefaction of oil palm EFB and EFB pulp sheets (cellulose) *via* the microwave-assisted method for polyols production.⁸² Further studies on the liquefaction of oil palm EFB and EFB cellulose to produce polyols were carried out in sulfuric acid and polyethylene glycol-glycerol as co-solvent at different designated temperatures and reaction times.⁸³

Several methods are selected to prepare polyols and may result in different types of polyols in terms of their hydroxyl value. OHV of polyols prepared *via* various methods is summarized in Table 3. The OHV may vary from 78 to 749 mg KOH per g sample. We can conclude that using more reaction steps in fragmenting the triglycerides into its fatty acid or fatty ester will result in better access to the double bonds in the fatty acid moieties. The direct use of palm oil for epoxidation and alcoholysis resulted in low OHV (<100 mg KOH per g sample). We can assume that it will be much harder to access double bonds in a fatty acid moiety of triglyceride than in the fatty acid moiety of monoglyceride, or even better if the source of the double bond is from free fatty acid or fatty ester. Using conventional reaction as shown in Fig. 9, the reaction scheme (c) produced polyol with an OHV of 330 mg KOH per g sample,³⁰ which was the highest compared to other palm oil-based polyols. Moreover, a microwave-assisted method can achieve OHV up to 749.22 mg KOH per g from liquefaction oil palm EFB.⁸² This information on hydroxyl value is important whether the polyols are further used for producing polyurethanes (PUs). The low and high hydroxyl values of polyols do not align with the quality of polyols but with the number of hydroxyl groups involved in making urethane linkages. A low hydroxyl value of polyol meant fewer hydroxyl groups for making urethane linkages than the high hydroxyl value of polyol. There are specifications for polyols in the polyurethane industry, such as polyols used in the production of flexible foam/elastomers PU should have a molecular weight of 1000–6500, OHV of 28–160 mg KOH per g sample, and functionality of 2–3, whereas, polyols utilized in the production of rigid/structural foam PU should have molecular weights of 400–1200, OHV of 250–1000 mg KOH per g

sample, and functionality of 3–8.⁸⁴ Therefore, PUs from polyol with low hydroxyl value will have different properties with PUs from polyol high hydroxyl value. The next section will discuss the utilization of palm oil-based polyols for PUs production.

7. Polyurethanes (PUs)

Synthesis of polyurethanes can be performed through the reaction of the compounds containing two or more hydroxyl functional groups (diol/polyol) with compounds containing two or three isocyanate functional groups to form urethane (–NHCO–) linkages, as shown in Fig. 10(a). Fig. 10(b) displays commonly used isocyanates for producing polyurethanes. Depending on the synthetic route and applications, there are several types of PUs, for example, foams (low-density flexible, semi-rigid, or rigid foams), elastomers, and thermoplastic.⁸⁵ Typically, PUs have segmented structures consisting of soft and hard segments. The diol/polyols contribute to the soft segment formation, whereas isocyanates provide the hard segment structure. A combination of monomers with low molecular weight will result in very concentrated urethane bonds, increasing the number of hard segments in the PUs structure and consequently leading to hard and stiff PUs. Conversely, using a long and high molecular weight of monomers will result in more soft segments in the PUs structure, which subsequently yields elastomeric and flexible PUs. Thus, the primary factor in determining PUs properties is the NCO/OH ratio.⁸⁵

Synthesis of PUs can be performed by the one-shot or prepolymer method. The one-shot process is the mixing directly of all components for making PUs. In the prepolymer method, a polyurethane prepolymer with –NCO end group is produced *via* the reaction of diols/polyols with isocyanates, which is subsequently chain extended to form PUs.⁸⁵ Since polyols as the source of hydroxyl groups and isocyanates for making polyurethanes can be synthesized from vegetable oil. Thus, the synthesis of PUs may also be prepared from raw renewable feedstock such as vegetable oil. A review of the synthesis,

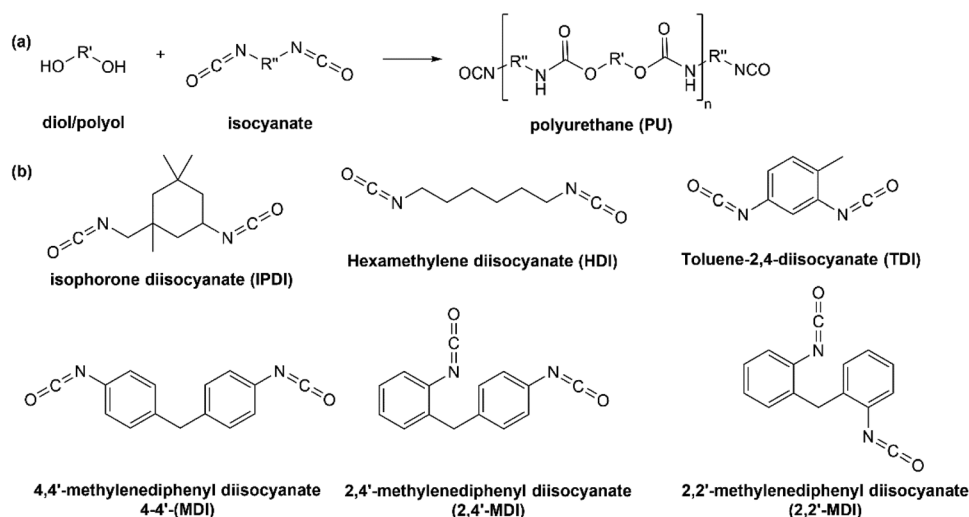


Fig. 10 (a) Synthesis of polyurethane between diol/polyol with isocyanate and (b) different types of isocyanates.



characterization, and properties of polyurethanes from various vegetable oils has been reported.^{9,25,84} This section discusses the recent advancement of palm oil-based polyurethanes.

7.1. PUs foams

7.1.1. PU foams prepared from blends of palm oil-based polyol and petrochemical-based polyol. PU foams can be categorized into three types of foams, which are flexible, semi-rigid, and rigid foams. For flexible foams preparation, polyols must have a low hydroxyl value (OHV < 100 mg KOH per g sample) and a high molecular weight (M_n in the range of 3000–6000 g mol⁻¹) to decrease crosslinking density and to improve the elasticity of the final product.⁸⁶ The PU foam with 15 wt% of palm oil-based polyol showed compressive stress of three times higher, tensile strength of nearly twice higher, and a more regular cell structure with a more uniform size compared to reference PU foam. The more regular and uniform size cell structure was caused by palm oil-based polyol serving as an additional surfactant.⁸⁶ Flexible PU foams were also synthesized by replacing petrochemical-based with palm oil-based polyols (10–25 wt%) that were prepared from the use of polyols from two different oxirane ring-opener.⁸⁷ Increasing palm oil-based polyol content improved the hardness and hysteresis of the PU foam. The modified PU foams using both palm oil-based polyols demonstrated an increase in the support factor and a decrease in resilience value. Moreover, Lumchareon *et al.* also reported on the preparation of flexible PU foams by replacing commercially available petrochemical-based polyether polyol with up to 50 wt% of palm oil-based polyol.⁷⁶ By incorporating 10–40 wt% of palm oil-based polyol, the produced PU foams had smaller cell size (see Fig. 11), higher apparent density and support factor, as well as lower indentation hardness than the reference PU foam from the petrochemical-based polyol. PU foam incorporated with 20 wt% palm oil-based polyol displayed the highest improvement in tensile strength. Furthermore, a series of PU foams for biomedical applications were prepared from a blend of commercially available polyols (polyethylene glycol (PEG) and polycaprolactone (PCL) diol) and various

loading of palm oil-based polyester polyol (5–100 wt%) with IPDI.⁶³ The inclusion of 15 and 45 wt% of palm oil-based polyol in PU foams displayed the highest elongation at break. Higher water uptake of 357–1687% was observed for all palm oil-based polyester polyol-incorporated PU as compared to that of water uptake reference foam of 177–276%. Moreover, the pH of incubating media decreased only slightly during enzymatic degradation, signifying the potential of these PU foams as a biomaterial in tissue engineering.

A high hydroxyl value (OHV) of polyols can be used for producing PU rigid foam. However, by using blended polyol of transesterified palm olein-based polyol (OHV of 330 mg KOH per g sample) and petrochemical-based polyol (polyether polyol with OHV of 430–470 mg KOH per g sample) as the source of polyols, resulted in semi-rigid PU foams with lower reactivity of the foaming profile, lower density, and compressive strength than that of 100% petrochemical-based polyol.³⁰ Semi-rigid PU foams were also produced by blended palm oil-based polyol with OHV of 102 mg KOH per g sample up to 70 wt% with commercially available polyether polyol (OHV of 449 mg KOH

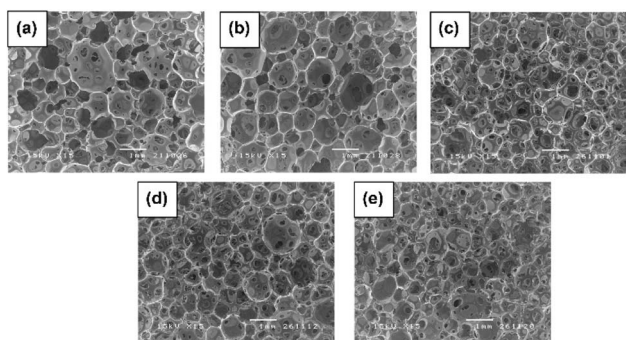


Fig. 11 Flexible PU foams SEM micrographs of (a) reference foam from 100% petrochemical-based polyether polyol; foams from blends of the petrochemical-based polyol with (b) 10%, (c) 20%, (d) 30%, and (d) 40% palm oil-based polyol. Reproduced with permission from ref. 76 Copyright 2014 Trans Tech Publications.

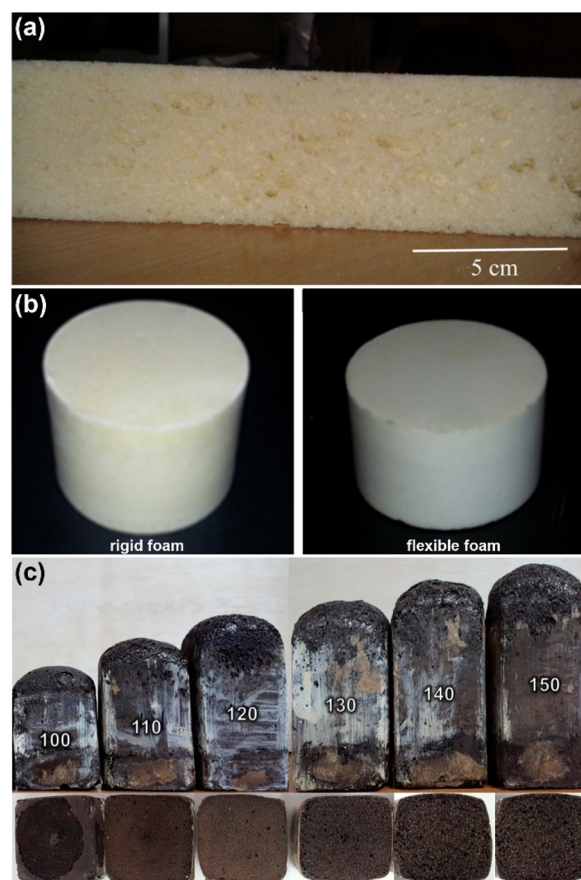


Fig. 12 PU foams picture of (a) cross-section from semi-rigid PU foam derived from palm oil-based polyol (reproduced with permission from ref. 69 Copyright 2017 Elsevier) (b) rigid and flexible PU foams produced from PMTAG polyol (reproduced with permission from ref. 93 Copyright 2016 Elsevier), and (c) rigid PU foams prepared from liquefied oil palm EFB polyol at various NCO indexes (reproduced with permission from ref. 95 Copyright 2021 MDPI).



per g sample).⁶⁹ PU foam was also prepared from 100% palm oil-based polyol. However, the obtained PU foam morphology had a heterogenous sample with big pores (collapsed cells) zones and others with smaller cells, as shown in Fig. 12(a). Moreover, rigid PU foams were obtained by blending palm oil-based polyol with OHV of 147.1 mg KOH per g sample up to 70 wt% with commercially available polyether polyol (OHV of 449 mg KOH per g sample).⁷⁰ Incorporation of palm oil-based polyol resulted in deceleration of the foaming and gelling reactions, decreased density, mechanical, and dynamic mechanical performance with the increased palm oil-based content in PU foams. Furthermore, Septevani *et al.* reported on a study of the preparation of rigid polyurethane by substituting petrochemical-based polyether polyol with palm kernel oil-based polyester polyol and still maintaining the thermal and mechanical performances comparable to PUs prepared from petrochemical-based polyether polyol.⁸⁸ Rigid PU foams incorporated with palm oil-based polyol up to 30% displayed comparable mechanical and thermal performances as well as dimensional stability as compared to that of reference PU foam from petrochemical-based polyether polyol.

7.1.2. PU foams prepared from palm oil-based polyol and other bio-based polyols. The abovementioned paragraph discusses PU foams preparation from blend polyols (palm oil-based polyol and commercially available petrochemical-based polyol). However, in producing PU foams for biomedical applications, the non-toxic and biodegradable properties of PU material are necessary. Therefore, reducing the use of the petrochemical-based chemical in the PU foam formulation is essential. Yeoh and coworkers used 100% palm oil-based polyester polyol without incorporating petrochemical-based polyol to prepare flexible porous PUs.⁶¹ They used aliphatic diisocyanate, *i.e.*, IPDI, since the degradation products of IPDI-based PUs showed lower toxicity than those from the degradation products of aromatic diisocyanate-based PUs.⁸⁹ The obtained PU had a density of 95–122 kg m⁻³, high porosity (89–90%), 35–2165 μm pore sizes (interconnected micro and macropore), compression stress of 48–55 kPa, and 59–78 kPa tensile strength. Moreover, the PU with 1.0 isocyanate index exhibited a slight cytotoxicity effect after incubation for 24 h and showed cell proliferation on the PU surface.⁶¹ Yeoh and coworkers continued to study the preparation of flexible porous PUs using different palm oil-based polyester polyol (M_n of 6698 Da, OHV of 84.5 mg KOH per g).⁶² Similar to previous results, the produced PU showed high porosities with interconnected micro and macropore structures, leading to a high water uptake. Regarding the water uptake results, PU synthesized from palm oil-based polyester polyol from malonic acid⁶¹ and palm oil-based polyester polyol from glutaric acid⁶² displayed water uptake up to 260% and 450%, respectively. The difference in dicarboxylic acid contributed to the soft segment structure in the PU foam. The glutaric acid (4.66 D) has a higher moment dipole than melanic acid (3.68 D), resulting in stronger hydrogen bonding energy, therefore displaying excellent water uptake during the enzymatic degradation test.⁶² To produce non-toxic and biodegradable porous PUs, the authors used 100% palm oil-based polyester polyol as the source of hydroxy

groups monomer. However, to produce bio-based polyurethanes with non-toxic and biodegradable properties, we suggest in future research to consider in application of bio-based isocyanates, such as vegetable oil-based isocyanates,⁹ ethyl ester L-lysine diisocyanate (LDI),^{90–92} or ethyl ester L-lysine triisocyanate (LLTI).⁹⁰

Hydroxy telechelic natural rubber (HTNR) was used as a polyol source with the combination of palm oil-based polyol to produce flexible PU foams. A series of PU foams (PUFs) were prepared by varying the mixture ratios of bio-based polyols (palm oil-based polyol and HTNR), 1,4-butanediol (BDO) as chain extender, catalysts, surfactant, H₂O as a blowing agent, dichloromethane (DCM), and diisocyanate (TDI or p-MDI).²⁸ All the PUFs displayed single T_g , which indicated good miscibility between palm oil-based polyol and HTNR. p-MDI-based PUFs exhibited higher storage modulus (E'), hardness, and compressive strength than that TDI-based PUFs.²⁸ Rigid and flexible PU foams in Fig. 12(b) were prepared from polyol derived from PMTAG polyol.⁹³ The rigid and flexible PU foams had small-sized closed cells with cell sizes of 270 ± 40 μm and 386 ± 55 μm, respectively. The closed cell structure and the thermal stability of these rigid and flexible foams indicated the appropriateness for application in thermal insulation. Regarding the structure and physical properties of the foams, the PMTAG polyol might be able to compete with the commercially available bio-based and petrochemical based-polyol for producing industrial-scale PU foams. Moreover, Mohd Tahir *et al.* reported on the preparation of rigid PU foam waste cooking oil (WCO)-based polyol.⁷⁷ Chavarro Gomez and coworkers studied the characterization of rigid PU foam prepared from polyol of mixtures of various ratios of residual palm oil (RPO) and algae oil (AO).⁹⁴ The rigid PU foam with 50% AO content showed improvement in homogeneous cell structure, slightly lower in thermal stability and conductivity than that of industrial insulation materials. Conversely, bio-based PU foams with higher RPO content demonstrated better flexural stress, which could be used in applications requiring abrasion resistance.

Polyols produced by the liquefaction of oil palm empty fruit bunch (EFB) and EFB cellulose were used to produce rigid PU foams.⁸³ The PU foam from oil palm EFB-based polyol displayed larger cell sizes and distribution than from EFB cellulose-based polyol. Thus, PU foam from EFB cellulose-based polyol displayed better thermal and mechanical performance than PU foam from oil palm EFB-based polyol. Further studies on the preparation of rigid PU foams from oil palm EFB-based polyol and p-MDI with the variation of isocyanate indexes (100, 110, 120, 130, 140, and 150) as shown in Fig. 12(c).⁹⁵ The normalized compressive strength of EFB-based PU foams with a 120 NCO index was comparable to PU foam from petrochemical-based polyol (as reference PU foam). Moreover, pictures of PU foams prepared using oil palm-based polyols are shown in Fig. 12(a)–(c). The appearance of PU foams was also affected by the polyol's color's physical state. Thus, depending on PU applications, in PU formulation, it is crucial to consider the type of polyol, isocyanate (aliphatic or aromatic), the isocyanate index, the amount of water (blowing agent), and other



chemicals needed to prepare the PU foams with desired chemical, mechanical, and thermal properties.

7.2. Adhesives and coatings

Polyurethane (PU) for wood adhesive application was prepared *via* the reaction between palm oil-based polyester polyol with polymeric 4,4'-MDI (p-MDI) at NCO/OH ratio of 1.3 and the addition of glycerol as a crosslinker, which resulted in PU adhesive with good spread-ability on the wood surface and low gel time (~90 min) and had a lap shear of twice higher than the commercially available adhesives (Titebond™ and Weldbond™).⁵⁹ Further studies from the same author on the variation of glycerol concentrations and the use of different isocyanates (p-MDI and TDI) in the production of PU adhesives from palm oil polyester polyol were also reported.⁶⁰ p-MDI-based PU adhesives displayed better lap shear strength and thermal stability than TDI-based PU adhesives. PU adhesive prepared by p-MDI or TDI, both of the products showed superior mechanical strength that was two times higher in lap shear strength than that of commercially available wood adhesives polyvinyl acetate adhesive (Titebond™ and Weldbond™).⁶⁰

Velayutham *et al.* reported on the properties of palm oil-based PU coating influenced by oleic acid and chemical crosslinks content.⁹⁶ PU film with 65% oleic acid content displayed the highest thermal stability at 213 °C. All the PU films showed constant T_g values, regardless of the NCO/OH ratio increase. PU films with 28% oleic acid content demonstrated the highest rupture strength of 36 MPa and possibly a very robust coating. Variations content of oleic acid and NCO/OH ratios led to a high-quality coating with superior performance and unfailling long-term application. Moreover, the emulsion type of paint was prepared using palm oleic acid-based polyol (M_w of 950) with 4,4'-MDI.⁹⁷

PU films were prepared *via* the pre-polymerization method using palm kernel oil-based monoester polyol (PKO-p) and 2,4'-MDI with different ratios of NCO/OH.⁹⁸ Prior to the addition of MDI, diethylene glycol (DEG) as a chain extender was mixed with PKO-p. All PUs before the curing process appeared as sticky film. However, after curing, the film with a higher NCO ratio had a rigid physical state, while the film with a higher polyol ratio had a flexible physical form. The PU film from PKO-p was clear and semiflexible, which can be utilized in coating applications, particularly onto the fiberboard, since PU was hydrophobic. Moreover, Teo and coworkers reported on UV-curable urethane acrylate derived from palm fatty acid distillate (PFAD). Five different concentrations of PFAD (15, 25, 45, 55, and 70% w/w) were used to prepare PFAD hydroxyl-terminated macromers.⁵⁸ Each obtained macromer was reacted with 2-hydroxyethyl acrylate (HEA) and TDI to form PFAD-based urethane acrylate resins with acrylate as side chains. UV-cured PFAD-based urethane acrylate resins with 15–55% PFAD resulted in hard films with T_g values range of 35–62 °C. UV-cured PFAD-based urethane acrylate resin containing 70% PFAD formed a soft film with $T_g < 30$ °C. However, the UV-cured of PFAD-based urethane acrylate resins with 45% PFAD film displayed the best chemical and physical properties, which would be

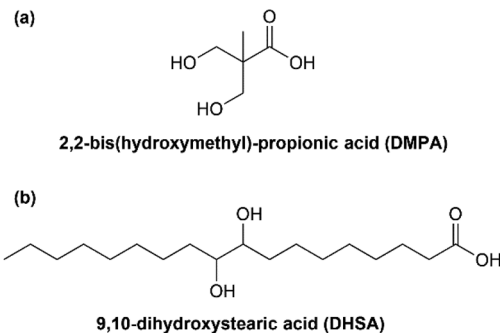


Fig. 13 Molecular structure of (a) DMPA and (b) DHSA.

useful for wood coating applications. In another study, Kosheladevi *et al.* presented the application of 9,10-dihydroxystearic acid (DHSA) from palm oil as an internal emulsifier or isocyanate-reactive compound for waterborne polyurethane dispersions (WPUDs) productions.⁹⁹ DHSA is a promising candidate to fully or partially substitute 2,2-bis(hydroxymethyl)propionic acid (DMPA) in the preparation of WPUDs. The lower melting temperature of DHSA than DMPA benefited in reducing the reaction time and temperature in the early phase of the synthesis of producing a homogenous mixture with polyol. In terms of film hardness, the WPUDs film with a higher DMPA content had a better hardness value than those DHSA-contained films. The reason was due to the hard property of DMPA as a smaller compound compared to DSHA, a big compound with a C-18 carbon chain length, as shown in Fig. 13. Consequently, DHSA contributes to softness and flexibility to the films. The WPUDs films and coatings with the mixture of 0.5/0.5 of DMPA/DHSA content exhibited very good properties in tensile strength, hardness, elongation at break, and water resistance.

The reported articles show that PUs can be used in adhesive and coating applications. For adhesive applications, palm oil-based PUs demonstrated better mechanical strength than commercially available wood adhesives Titebond™ and Weldbond™.^{59,60} These results showed the potential of palm oil-based PUs to replace petrochemical-based PUs for adhesive application. Moreover, the utilization of PFAD as raw material feedstock and DHSA as an isocyanate compound for waterborne polyurethane dispersions (WPUDs) production will increase the sustainability and environmentally friendly process.

7.3. Thermoplastic, thermosetting, and elastomer PUs

Thermoplastic and thermosetting PUs were prepared from palm and soybean oil-based polyols.⁷⁵ Monoglycerides (act as polyol) from palm and soybean oil had OHV of 233 and 251 mg KOH per g, respectively. Due to high crosslink, thermosetting polyurethanes (TSPUs) displayed better thermal properties than those thermoplastic polyurethanes (TPPUs). TSPUs performed well in adhesion and pencil hardness but were poorer in impact strength and flexural than TPPUs. Soybean oil-based PU showed better performances in thermal, pencil hardness, and impact strength than that palm oil-based PU. However, soybean and



palm oil-based PU showed similar physical resistance and adhesion test properties. Moreover, Kalita and coworkers reported on the utilization of palm oil-based polyvinyl ether [HO-poly(2-VOEP)] and palm oil-based polyols in producing polyurethane thermoset network using hexamethylene diisocyanate trimer (HDT) as the isocyanate-functional component.³¹ Their studies showed that the urethane network from [HO-poly(2-VOEP)] polyol cured faster and had significantly higher modulus, hardness, tensile strength, gel content, and chemical resistance than that of the analogous urethane network from palm oil-based polyols. The conversion of palm oil to palm oil-based vinyl ether monomer and subsequently to palm oil-based polyvinyl ether provide advantages to the fatty acid ester pendant group in making the urethane network. Furthermore, Zeng *et al.* studied the preparation of palm oil-based thermoplastic polyurethane (TPU) elastomers that was performed by reaction of palm oil-based diethanolamide (POEA) with 1,4-butanediol (BDO) and 1,6-diisocyanatohexane.⁷⁹ Soft to hard segments ratio controls the toughness and mechanical strength of the elastomers, which was tunable by adjusting the ratio of BDO and POEA. Increasing the BDO content improved the toughness and tensile strength of the elastomers. The obtained elastomers had a high stretchability (up to a strain of 831%), restore ability, and self-healing ability (~87%).

Somarathna *et al.* studied palm-based PU elastomers properties for potentially being applied as a protective coating for strengthening structures of concrete and from impact loading.¹⁰⁰ The palm-based PU elastomers were prepared *via* the

pre-polymerization method from a reaction of palm-based polyol and 4,4'-MDI with the addition of different content of PEG as a plasticizer at ambient temperature and free catalyst. The PEG content in PU elastomers significantly influenced the mechanical performances of PUs. Palm-based PU elastomers with 2–8% w/w PEG potentially be used for strengthening concrete applications in regards to their overall performances of high strain characteristics, good moduli, and strength properties. Moreover, Mohd Norhisham *et al.* reported on the preparation of soft PU elastomers with adhesion properties from polyols of palm olein and palm oil fatty acid methyl ester.⁸¹ Bio-based polyols were used as the source of polyols for PUs preparation, which consists of a polyol of palm oil fatty acid methyl ester-ethylene glycol (PolyFAME-EG) and commercially available palm olein polyols (Pioneer M-60 and Pioneer E-135). The obtained PU elastomers had high renewable content of more than 70%. PU elastomers with an NCO/OH ratio of 0.73 displayed adhesion properties with peel adhesion in the range of 1.98–2.27 N per inch, which was potentially used as a pressure-sensitive adhesive with high renewable content. Furthermore, Liu and coworkers reported on the study of bio-based elastic PU (EPU) for controlled-release urea fertilizer produced from the waste of frying palm oil.⁷¹ Production of PU was performed using polyol, MDI, DBTL, and acetone. EPU was prepared using a similar formulation for making PU with the addition of acrylonitrile (AN as a second monomer). The acrylonitrile created an interpenetrating polymer network for EPU *via* physical crosslinking. The PU and EPU were further coated with

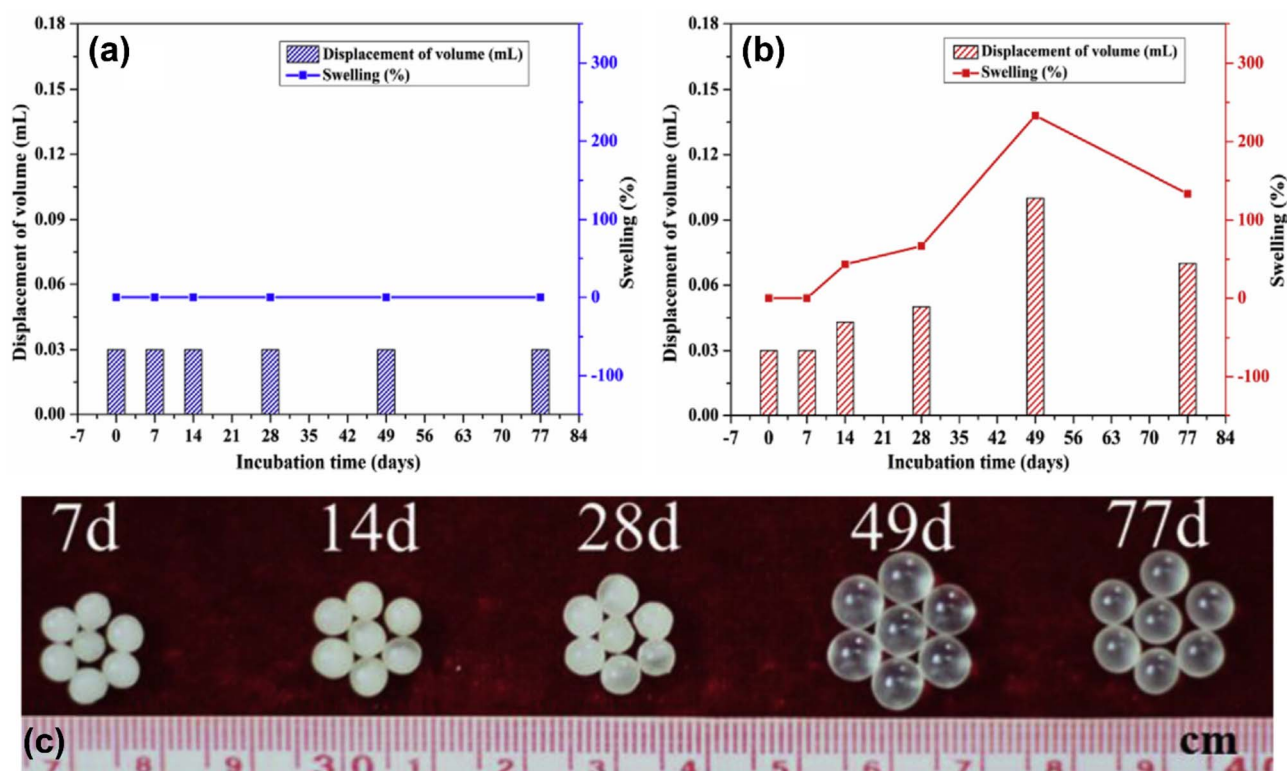


Fig. 14 Swelling rates of (a) PCU, (b) ECU, and (c) picture of swollen ECU coated with 7% urea fertilizer. Reproduced with permission from ref. 71 Copyright 2019 Elsevier.



various concentrations of urea fertilizer and subsequently cured, which resulted in palm oil-based PU-coated urea fertilizer (PCU) and EPU-coated urea fertilizer (ECU). The surface of ECU displayed more hydrophobicity than PCU. In terms of the cumulative N release rates, the ECU displayed slower release than PCU, which was excellent for controlled-release fertilizer characteristics. Therefore, the modification of PU using AN was crucial to make the coatings denser and more hydrophobic. Due to its elasticity, the ECU exhibited different swelling volumes on diverse release days as compared to PCU, as shown in Fig. 14(a) and (b). The volume of ECU was twice bigger than the initial volume on day 49th and shrank on day 77th when close to the complete release of nutrients, as shown in Fig. 14(c).

Gomez *et al.* reported on the synthesis of PUs from residual palm oil (RPO) polyol for biodegradable polyurethanes.⁷² RPO has a much lower iodine value (IV) number than that refined palm oil but a higher number of free fatty acid (FFA) contents. Also, 10% of jatropha oil (JO) or algae oil (AO) was added to the RPO. Among all the synthesized RPO-based PUs, thermal properties of RPO-based PU with the addition of AO > RPO-based PU with the addition of JO > RPO-based PU. Moreover, Rasli Rosli *et al.* reported on the synthesis of shape-memory PU (SMPU) *via* two-step polymerization of polycaprolactone (PCL), isocyanates, and palm kernel oil-based polyol.¹⁰¹ Different ratios of 4,4-methylenebis (cyclohexyl isocyanate) (HMDI) and IPDI were used to prepare SMPU. The SMPU with high IPDI content resulted in better shape-memory behavior; meanwhile, SMPU with high HMDI content led to SMPU with better chain flexibility.

The natural behavior of palm oil-based polymer will be more flexible due to the higher saturated fatty acid content in palm oil. Thus, the production of thermoplastic and elastomers materials will be in accord with the natural properties of palm oil-based polymers. In terms of preparing thermosetting PUs, it will be easier to choose vegetable oils with more unsaturated fatty acids content. Therefore, less modification will involve in the preparation of PUs thermosetting.

7.4. Polymer electrolytes

Polyurethanes are a promising candidate to be utilized as a polymeric host for application in polymer electrolytes. However, the low conductivity and high T_g of PUs limited the use of PUs in polymer electrolytes application. Efforts to increase PUs conductivity can be carried out by incorporating ionic salt as a charge carrier. Moreover, the incorporation of ionic salt not only improves the conductivity of PUs but also reduces the crystallinity of PUs and leads to a decrease in the T_g value. In order to further lower the T_g of PUs, the addition of a chain extender, such as polyethylene glycol (PEG), in PUs formulation and plasticizer is another possible option that can be performed.

Table 4 summarizes the types of polyols, isocyanates, chain extenders, and charge carriers that have been used in the preparation of PUs for electrolyte applications. Based on Table 4, the incorporation of ionic salt as a charge carrier significantly improves the conductivity properties of PUs. Among all the ionic salt, the inclusion of 25 wt% MPIO to palm-based PU presented the highest conductivity of $9.07 \times 10^{-4} \text{ S cm}^{-1}$. From these reported studies, the conductivity properties of PUs are affected by the type and concentration of charge carriers, the isocyanate to polyol ratio, and the type of isocyanate selected in PU formulation.

Interestingly, this palm kernel oil-based polyurethane for screen-printed electrode (SPE) was applied for histamine detection in mackerel fish.¹¹⁰ Histamine is an essential chemical compound that can be used as a parameter in allergic reactions and the freshness of food. The PU-LiClO₄ film on the SPE surface had pores to entrap histamine and produce an anodic peak at the specific potential. A reasonable limit of quantification (LoQ) and limit of detection (LoD) was observed in the histamine concentrations range of 0.015–1 mmol L⁻¹. The interfering compounds, *i.e.*, cadaverine and putrescine, did not disrupt the signal from histamine. This method was validated for histamine detection in mackerel fish, which resulted in good accuracy with acceptable relative standard deviation (RSD). SPE-PU-LiClO₄ demonstrated a simple yet good

Table 4 Polyurethane for polymer electrolytes applications

Type of polyol and isocyanate	Chain extender	Charge carrier	T_g (°C)	The highest conductivity (S cm ⁻¹)	Ref.
Palm kernel oil-based polyol (PKO-p) and 2,4'-MDI	PEG	Iodopropane	17	2.38×10^{-9}	102
PKO-p and 4,4'-MDI	PEG	LiClO ₄	89.65	1.19×10^{-7} at 298 K 5.01×10^{-5} at 373 K	103
PKO-p and 2,4'-MDI	—	LiI	30	5.33×10^{-5}	104
PKO-p and 2,4'-MDI	—	LiCF ₃ SO ₃	NA ^a	1.6×10^{-5}	105
Waste cooking oil-based polyol and 4,4'-MDI	—	LiTFSI	361.3	5.76×10^{-6}	106
Waste cooking oil-based polyol and HDI	—	LiTFSI	313.6	6.03×10^{-7}	106
PKO-p and 2,4'-MDI	—	LiI	NA ^a	7.6×10^{-4}	107
PKO-p and 2,4'-MDI	—	1-methyl-3-propylimidazolium iodide (MPIO)	58	9.07×10^{-4}	108
PKO-p and 4,4'-MDI	PEG	—	78.1	NA ^a	109
PKO-p and 4,4'-MDI	PEG	LiClO ₄	NA ^a	NA ^a	110

^a NA: not available. The data was not available in the reference.



selectivity, posing the promising potential for histamine determination in mackerel fish.

8. Polyepoxides

Epoxy resins (polyepoxides) are a member of monomeric or oligomeric materials that possess two or more ring-like epoxy/oxirane groups in the monomer to be further reacted to form thermoset.^{111,112} The formation of crosslinking of the epoxide group is through a condensation mechanism with secondary amine and acid anhydride and with or without a suitable catalyst.¹¹² Epoxies have been used in many applications, such as casting, protective coating in industrial, tooling, bonding and adhesives, laminating, additives for molding, and materials for construction, which are due to their superior resistance to corrosion and chemical, low creeping performances, high modulus and stiffness properties.^{112,113} A review that focused on epoxy resins prepared from vegetable oil and their composites with the addition of bio-based hardeners incorporated with fiber or filler has been reported.¹¹⁴ However, this section will discuss the literature on epoxy resins that utilized palm or its fatty acid in their preparation process.

A study on the effect on morphology and properties of blending 10 wt% epoxidized palm oil (EPO) with epoxy resin (based on DGEBA) was reported by Sarwono *et al.*¹¹⁵ Incorporating 10 wt% of EPO into epoxy resin resulted in lower T_g and mechanical properties due to the decrease in crosslinking density and the plasticizer effect from EPO. Fernandes and coworkers reported on blends of EPO and DEGBA-based resin.¹¹⁶ A series of epoxy resin blends of commercially available epoxy resin diglycidyl ether of bisphenol-A (DEGBA-based resin) and epoxidized vegetable oil-based resin (epoxidized neat, waste, and purified vegetable oils) with various loading (5–30 wt%) was prepared.¹¹⁶ The vegetable oil was a blend of palm

and rapeseed oil with an approximate ratio of 3 : 1. The waste vegetable oil (WVO) was used in deep fat fryers for 4 days. WVO was purified by single¹¹⁷ and multiple extractions and subsequently purified with activated carbon.¹¹⁸ Moreover, Issam *et al.* reported on the study of properties of blending various ratios of palm oil-based alkyd to epoxy resins.¹¹³ In general, alkyd resin and epoxy resin showed good compatibility. The higher composition of epoxy resin resulted in smoother surface morphology due to more effective crosslinking between oxirane functional groups of epoxy resin to the hydroxyl functional groups of alkyd resin. In terms of hardness and surface smoothness, the optimal blending alkyd/epoxy resin ratio was 30 : 70. The blended resins of higher epoxy resins content displayed better water and chemical resistance and better adhesion compared to the sole alkyd resin.

Thermoset from the bio-based resin was prepared from modification of epoxidized palm oil *via* acrylation and then maleinization reaction, as shown in Fig. 15.¹¹⁹ The acrylation reaction of epoxidized palm oil added a reactive double bond onto triglyceride, as shown in Fig. 15(a).¹²⁰ Meanwhile, the maleinization reaction was done to introduce acid functionality onto triglyceride (see Fig. 15(b)), thus resulting in more cross-link sites.¹¹⁹ Further studies on the acrylated epoxidized palm oil (AEPO) were carried out in preparation for hybrid thermosets derived from vinyl ester resin and AEPO.¹²¹ Variations of content loading of 5–20 wt% of AEPO were used to replace vinyl ester petrochemical-based resin. Increasing the content of AEPO in the hybrid thermosets resins led to lower flexural modulus and strength, whereas the flexural strain increased. The incorporation of 5 wt% AEPO displayed a proper balance of stiffness/toughness, which was considered a suitable matrix resin for further use in composite applications. Moreover, a study on the degree of conversion (DOC) of maleinated acrylated epoxidized palm oil (MAEPO) with isobornyl methacrylate (ISBMA) for UV-

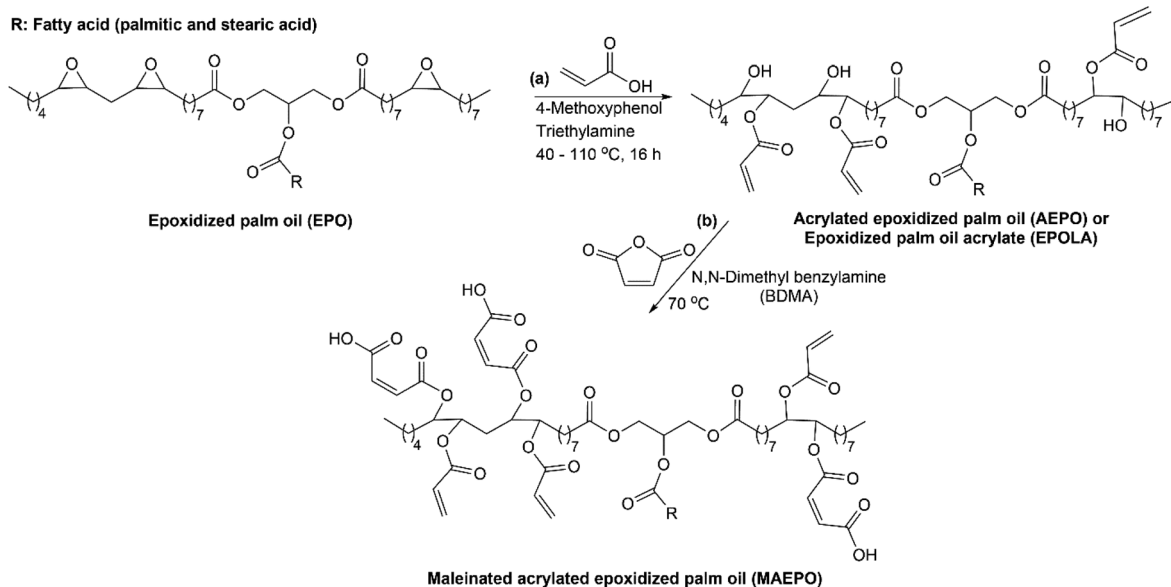


Fig. 15 Modification of epoxidized palm oil (EPO) *via* (a) acrylation using acrylic acid to form AEPO or EPOLA and (b) maleinization using maleic anhydride to produce MAEPO.



curable pressure-sensitive adhesives (PSA) was reported by Tugiman *et al.*¹²² Furthermore, Salih and coworkers reported on the synthesis of epoxidized palm oil acrylate (EPOLA) for coating applications.¹²⁰ The EPOLA-cured film with Irg-187 displayed higher conversion, hardness percentages, and cross-linking density, accompanied by better thermal and mechanical properties compared to EPOLA film cured with D-1173. Meanwhile, a comparative study of acrylated epoxidized jatropha oil and acrylated epoxidized palm oil was reported by Aung *et al.*¹²³ The acrylated epoxidized jatropha oil displayed better scratch resistance, glossiness, hardness, and shorter UV curing time than that acrylated epoxidized palm oil. This observation was due to jatropha oil having higher unsaturated content in its triglyceride than palm oil. Moreover, Sofian Alias and coworkers reported on the preparation of palm oil-based urethane acrylate (POBUA) as a green anticorrosion coating.¹²⁴ The acrylic groups in POBUA provide C=C linkages to be crosslinked by UV irradiation, which acts as a barrier coating to avoid attacks from corrosive agents on the surface of the mild steel surface. More studies on radiation-curable palm oil-based products have been reviewed by Tajau *et al.*¹²⁵

Mu and coworkers reported on the preparation of palm oil-based epoxy resins with recyclability, high mechanical strength, and reconfigurable shape-memory properties.¹²⁶ Initially, palm oil was converted to palm oil-based methyl methacrylate (PMA) monomer by the amidation and esterification method. The PMA monomer was modified into epoxy monomer (EPMA) and further free polymerized. The produced polymer was cured with citric acid (CA) in various feed ratios of acid/epoxy at 90 °C without using a catalyst to form palm oil-based epoxy resins (EP-CA). The EP-CA resins had ester and hydroxyl functional groups in the oxirane crosslinking network that can perform the transesterification process at elevated temperatures, which leads to rearrangement capability. Therefore, EP-CA resins could be reshaped, recycled, and welded without losing the resin's mechanical properties. Furthermore, this dynamic chemical crosslinking contributed to EP-CA resins

for shape-memory properties. Both temporary and permanent shapes can be controlled at different temperatures of ≥ 120 °C, as shown in Fig. 16.

In summary, using palm oil as a feedstock for polyepoxide synthesis has shown promising results based on the product's general thermal and mechanical properties and potential applications. The reported derivatizations reactions to obtain compounds with more oxirane ring functional groups, which are essential for the formation of the resin, are relatively straightforward. In addition, the polymerization reaction (curing process) is relatively simple. Therefore, further exploration of palm oil-based epoxy resins would be an engaging research route, especially for the upscaling means.

9. Polymer composites

Polymer composites are polymeric materials containing a reinforcement, wherein the polymer serves as a matrix mixed with the reinforcements or bonds to the reinforcements, mainly used in automotive and aerospace applications.¹²⁷ Preparation and properties studies of polymeric nanocomposites derived from vegetable oils with carbon nanomaterials as reinforcements have been reported.^{25,128} Oil palm products (palm oil and palm kernel oil) have been used as raw material feedstocks for polymer synthesis, as described in this review. Moreover, there is also lignocellulosic biomass produced from the oil palm tree, which includes oil palm trunk (OPT), palm pressed fiber, fronds, empty fruit bunch (EFB), and shells.¹²⁹ This lignocellulosic fiber from oil palm is also known as oil palm fiber (OPF), and it can be utilized as reinforcement/filler in the composite. A comprehensive review of the mechanical performances of polymer composites reinforced with fiber from oil palm trees has recently been available.¹²⁹ It is interesting that researchers have utilized not only products but also waste from oil palm plantations to make bio-based polymer and reduce waste by reusing it in various applications. Whereas for this review, we will focus on palm oil-based polymer composites regarding the preparation and characterization of palm oil-based polymer composites.

Mohd Sari and coworkers reported on the preparation of lightweight concrete incorporated with palm kernel oil (PKO)-based polyurethane for non-load bearing structural application.^{130,131} Lightweight-concretes were prepared by two different methods: mixing fresh concrete (mixture of cement, water, and fine sand) with PKO-based polyol and crude MDI¹³⁰ or by adding ground PKO-based PU to fresh mix concrete.¹³¹ At the optimum loading of PKO-based PU, the produced lightweight concrete showed a density of 1600 kg m^{-3} with compressive strength of 7.8 (ref. 130) and 17.5 (ref. 131) MPa, respectively. Moreover, Alamawi *et al.* reported on the use of PKO-based polyol (PKO-p) as a partial replacement for bituminous binder.¹³² They described that the incorporation of PKO-p as a bio-binder (BIB) resulted in similar chemical and thermal properties compared to conventional binders, and the BIB can be adjusted for suitable applications. Another report on bitumen modification was done by Vural kök and coworkers.¹³³ Modifying bitumen by adding 7 wt% of palm oil-based PU with an NCO/OH ratio of 4 :

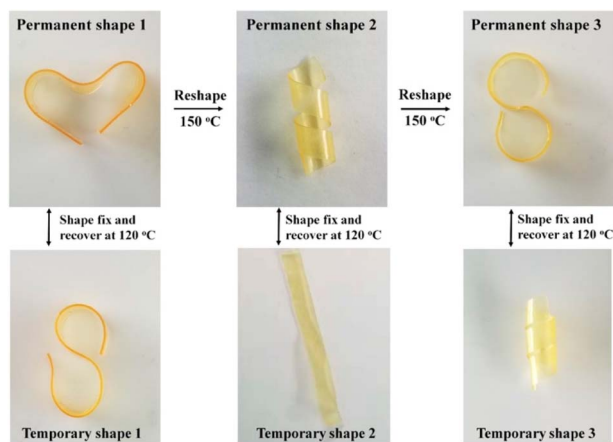


Fig. 16 Pictures of EP-CA with a ratio acid/epoxy of 40 undergoing permanent and temporary shape reconfigurations. Reprinted with permission from ref. 126 Copyright 2020 American Chemical Society.



1 resulted in the same or even better performance in elasticity as well as high and low-temperature properties compared to bitumen modified with 4 wt% SBS.

Thermosets polymer can also be applied as a polymeric matrix in the production of polymer composites. Nik Salleh and coworkers reported on radiation-curable hybrid coatings that used silico-organic nanoparticles as filler and epoxy acrylates or epoxidized palm oil acrylate (EPOLA) as a polymeric matrix, which resulted in polymer nanocomposites with excellent resistance to abrasion properties as well as scratch performance compared to that of pure acrylates.¹³⁴ Moreover, Wu *et al.* prepared a series of palm oil-based thermosets for fiber-reinforced polymer composites that were synthesized by free radical copolymerization of a palm oil fatty acid-ethyl acrylamide (POFA-EA) and natural phenolic (NP) crosslinkers.¹³⁵ NPs consist of methyl gallate-methacrylate (GM), eugenol-methacrylate (EM), and tannic acid-methacrylate (TM). The thermosets of POFA-EA/GM and POFA-EA/TM with high bio-based content displayed superior mechanical properties and $T_{g,s}$, better than other vegetable oil-based analogues. The obtained thermosets were then used as the matrix for producing bamboo fibers-reinforced bio-composites *via* compression molding technique, which displayed comparable mechanical properties and $T_{g,s}$ to their petrochemical-based composite counterparts. Further studies on these palm oil (PO)-based thermosets for fiber-reinforced polymer composites were carried out by preparing copolymer from POFA-EA with isosorbide-methacrylate (IM).¹³⁶ The composites of palm oil-based thermosets reinforced with kenaf, glass, bamboo, and carbon fibers displayed higher $T_{g,s}$ of 136–193 °C compared to their petrochemical-based counterparts. Moreover, the PO-based thermosets matrix also exhibited chemical degradation in an alkali solution that benefited from recycling high-performance reinforcement like carbon fibers. Improvement from their previous studies, Wu *et al.* reported on the utilization of the photo-curing 3D printing method to prepare highly-customizable PO-based thermoset composites reinforced with micro-scale bamboo fibers (MBFs).¹³⁷ The PO-based composite inks were formulated by mixing POFA-EA/EM, various loading of MBFs (neat or treated with methacrylic anhydride), and Irgacure 819 (a photo-initiator). Treating MBFs with methacrylic anhydride increased interfacial adhesion between matrix and fibers, improving composites' mechanical properties. This photo-curing 3D printing method provided a more straightforward technique for customizing the shape of polymer composite, as shown in Fig. 17(a). Moreover, PO-based composites fully degraded in alkaline solution and then MBFs were recovered by filtration and drying process, see Fig. 17(b). In Fig. 17(c), the mechanical properties of PO-based composites of original and reprinted using recycled MBFs demonstrated recovery efficiencies of tensile and flexural strength of 68.7% and 80%, respectively. Reprinted PO-based composite using recycled MBFs preserved high shape reliability, as shown in Fig. 17(d).

Koay *et al.* compared the properties of composites from cocoa pod husk (CPH)-filled polypropylene (PP) with the addition of different green coupling agents (GCA) from coconut oil

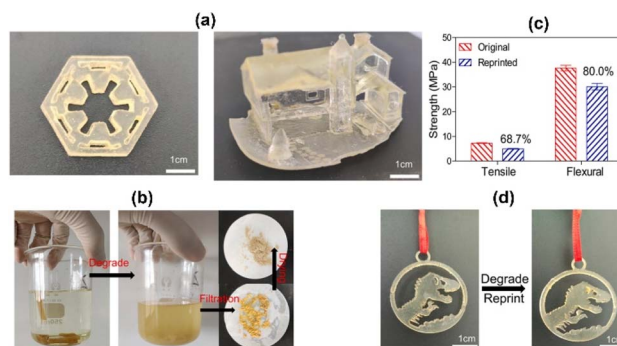


Fig. 17 (a) PO-based composites printed in the shape of a hexagon and a house, (b) complete degradation of printed PO-based composite in alkaline solution (3 wt%) after 3 h for MBFs recovery, (c) recovery efficiencies of the tensile and flexural strength of PO-based composites original and reprinted using recycled MBFs after alkaline degradation, and (d) reprint of PO-based composite reinforced with recycled MBFs. Reproduced with permission from ref. 137 Copyright 2022 Elsevier.

(GCA-C) and palm oil (GCA-P), respectively.¹³⁸ The variation loadings of GCA-C and GCA-P were added in PP/CPH composites to enhance adhesion between matrix surfaces and filler. At the optimum loading of GCA-C or GCA-P at 3 wt%, the PP/CPH composites displayed significant increases in tensile strength and tensile modulus. GCA-C performed better in increasing interfacial adhesion between the PP matrix and CPH than GCA-P. Furthermore, GCA-P of 3 wt% was further used in the study on the torque rheological performance of PP/CPH composites.¹³⁹ The PP/CPH composite's rheological behavior depended on the change in viscosity from the variation loading of filler and adhesion between the polymer matrix and CPH. At higher filler loading, higher melt viscosity was observed due to CPH agglomeration and better adhesion of matrix filler in the addition of GCA-P.

Islam *et al.* reported on the preparation of various cured composite films from palm oil-based polyalkyds with multi-walled carbon nanotubes (MWCNTs),¹⁴⁰ montmorillonite nanoclays (MNCs),¹⁴¹ or a combination of MWCNTs with or without ZnO.¹⁴² The polyalkyds were prepared by alcoholysis using glycerol and CaO, and subsequently esterification using phthalic anhydride or maleic anhydride.^{140–142} The addition of nanomaterials with or without ZnO was carried out during sonication or *in situ* during the esterification reaction. The concentration of 1.0 wt% was the optimal concentration for all the cured films. The addition of nanomaterial *via in situ* was the best way to incorporate it into the polyalkyds matrix since it resulted in better interfacial interaction and entanglement between the nanoparticles and the polymeric chains. As we compared the mechanical properties of the polyalkyd composites films, the film incorporated with MNCs¹⁴¹ showed better mechanical properties than the film incorporated with MWCNTs¹⁴⁰ or a combination of MWCNTs with or without ZnO.¹⁴² However, polyalkyd composites film incorporated with MWCNTs¹⁴⁰ displayed the highest T_{max} at 392 °C during thermal degradation.



There are several reports on the preparation of polymer composites from palm oil-based polyurethane with various types of reinforcements or fillers. In polymer composite, polyurethane act as a polymer matrix. There are several types of reinforcements or fillers, such as multi-walled carbon nanotubes (MWCNTs),¹⁴³ diaminopropane-montmorillonite (DAP-MMT) nanoclay,¹⁴⁴ organoclay montmorillonite (OMMT),¹⁴⁵ clay nanocomposites,¹⁴⁶ cellulose nanocrystal (CNC),¹⁴⁷ aluminum (Al) powder,¹⁴⁸ bentonites and chitosan,¹⁴⁹ halloysite nanotubes (HNTs),¹⁵⁰ empty fruit bunch (EFB) from the oil palm tree,¹⁵¹ and reclaimed rockwool fibers from discarded industrial piping insulation wastes.¹⁵² Moreover, Jasmi *et al.* reported on the polyurethane-graphene nanocomposite for application as an optical fiber Bragg grating (FBG) temperature sensor.¹⁵³ PU-graphene nanocomposite displayed better thermal stability at 217 °C and conductivity of $1.39 \times 10^{-9} \text{ S cm}^{-1}$ than neat PU at 204 °C and $9.43 \times 10^{-11} \text{ S cm}^{-1}$. The incorporation of reinforcement/filler into the PU matrix influenced the PU morphology and the polymer composite's mechanical and thermal properties.

Based on the reported work of palm oil-based polymer composites discussed above, it is revealed that most of the explored works are intended to improve mechanical properties, thermal stability, chemical resistance, and physical resistance. Indeed, the composites showed improvements compared to their precursor materials counterparts. These composites should be promising materials for structural application, *e.g.*, constructions, coatings, containers, *etc.* On the other hand, research for different types of applications is still yet to be explored. For instance, it is already widely known that polymer composite has been developed for biomedical applications, separation and purification technology, and catalysis. Therefore, with a similar approach, it is expected that those fields of applications are also possible for palm oil-based polymer composites.

10. Miscellaneous polymers

This section will discuss more polymers derived from palm oil or fatty acids that do not fall into the polymers categories in the previous sections. The classification of polymers will be divided into two, which are palm oil fatty acid-based polymers and palm oil-based polymers. Based on the information shown in this section, there are many promising options to explore, from the utilization of palm oil and its derivatives for polymer synthesis to be used in various applications.

10.1. Palm oil fatty acid-based polymers

Zeimaran *et al.* reported on the synthesis of polyacids that were prepared from palm acid or sunflower oil *via* the addition reaction technique.¹⁵⁴ The polyacids had branch structures that mainly consisted of triacids. Palm acid oil is a side product from the palm oil alkaline refining process, which consists of primarily free fatty acids up to 62.6% and neutral oil with moisture content < 2%.¹⁵⁵ Moreover, fatty acids have a higher number of carbon atoms ($C > 10$), such as lauric, myristic, palmitic, and stearic acids from palm oil, which are known as

non-toxic, environmentally friendly, and renewable materials.¹⁵⁶ Thotakura *et al.* reported on the preparation and properties studies of polymeric micelles from chitosan-palmitic acid for tamoxifen drug delivery.¹⁵⁷ The utilization of chitosan enhanced biodistribution and bio-adhesion, and the presence of palmitic acid enhanced drug loading. Moreover, Akbari Javar and coworkers prepared palmitic acid-based polyamide as a biodegradable polymer for drug delivery application that was synthesized by the polycondensation method.¹⁵⁸ Palmitic acid served to improve polymer hydrophobicity, flexibility, and degradability. The authors claim that this palmitic acid-based polyamide for methylprednisolone delivery displayed an acceptable profile for drug release and good physicochemical characteristics. Also, Wong *et al.* reported the preparation of a series of polyesteramides from palm stearin and steric acid to develop an amorphous solid dispersion (SD) for mefenamic acid.¹⁵⁹ More on the utilization of fatty acid, palmitic acid was used as a co-monomer to synthesize carbamoyl ethyl pullulan-grafted-palmitic acid (CP-*g*-PA) diblock copolymer for application of delivering the raloxifene (RA) to breast tumor.¹⁶⁰ Furthermore, Zhang *et al.* reported on the synthesis of comb-like copolymers from higher fatty acids, glycidyl methacrylate, and para(p)-anisic acid for polymeric cold flow improver in the blend of biodiesel-diesel application.¹⁶¹ The higher fatty acid as the copolymer branch chain increased the matching ability between parafilm and higher fatty acid methyl esters. In contrast, the anisic acid side chain increased the rigidity of the copolymers. The addition of copolymers in diesel-biodiesel blends displayed satisfying performance on lowering cloud point, pour point, and cold filter plugging point.

10.2. Palm oil-based polymers

Lee and coworkers reported a reaction between epoxidized natural rubber (ENR) and palm oil-based alkyd with various –OH to –COOH ratios at ambient temperature (27–29 °C).¹⁶² Alkyd with higher carboxylic content was more reactive toward rubber epoxide than lower carboxylic content alkyds since the hydroxyl functional group did not react with ENR. More studies on alkyd regarding the utilization of palm oil-based alkyd in microcapsules were reported by Shahabudin *et al.*¹⁶³ The microcapsules were prepared *via in situ* polymerization in an oil-in-water emulsion using two different methods with encapsulation of alkyd during the preparation of microcapsules, which resulted in poly(urea-melamine-formaldehyde) (PUMF) and poly(urea-formaldehyde) (PUF) shells in the range of 300–500 micron that entrapped a core of palm oil-based alkyd resin. Further studies on the microencapsulation of palm oil-alkyd in PUFM shells as a healing agent in the epoxy matrix were reported by the same authors.¹⁶⁴ Spherical and free-flowing PUMF microcapsules with encapsulated palm oil-based alkyd produced a good yield of 65%, as shown in Fig. 18. As compared to PUF microcapsules, the presence of melamine in PUMF provides more crosslinking reactions that lead to an increase in the strength of the shell. Microcapsules PUMF exhibited good dispersion in the epoxy matrix and remained embedded during the reaction of epoxy with amine hardener.



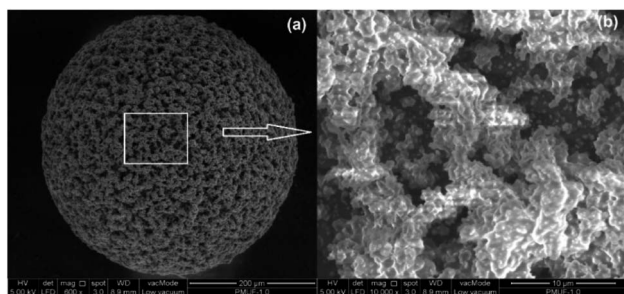


Fig. 18 FESEM picture of PMUF microcapsule at (a) 500 \times and (b) 100 00 \times magnifications. Reproduced with permission from ref. 164 Copyright 2016 MDPI.

Ling and coworkers reported on the synthesis and characterization of poly(alkyd-urethane)s (PAUs) from various vegetable oils.¹⁶⁵ Five types of poly(alkyd-urethane) were consist of palm oil-based poly(alkyd-urethane) (POPAU), sunflower oil-based poly(alkyd-urethane) (SFP AU), palm-sunflower oil-based poly(alkyd-urethane) (POSFPAU), soy oil-based poly(alkyd-urethane) (SOP AU), and palm-soy oil-based poly(alkyd-urethane) (POSOP AU). SFP AU exhibited drying superiority with the highest pencil hardness and impact resistance results, following this order: SFP AU > SOP AU > POSFPAU > POSOP AU > POP AU. There are also acrylated palm oil-based polyurethanes. Physical properties of acrylated palm oil-based polyurethanes using different reactive diluents were reported by Oon *et al.*¹⁶⁶ Acrylated palm oil-based PU was formulated with various reactive diluents (monoacrylate, diacrylate, and triacrylate) with various content in the presence of photo-initiator (Irgacure) and film formation agent (NMP). PU film using monoacrylate displayed better properties than other films using diacrylate or triacrylate. Moreover, Mas'ud *et al.* reported on the direct polymerization of double bonds from the unsaturated fatty acids in palm oil triglycerides without any triglyceride modification.¹⁶⁷ Palm oil-based polymer was prepared by cationic polymerization of waste-used cooking palm oil using boron trifluoride-etherate as a catalyst under microwave irradiation methods with various power settings and reaction times. Polymerization was considered complete by treating the reaction mixture under 600 or 800 watts for 5 minutes of microwave irradiation since a solid product was formed.

Hoong *et al.* reported on the preparation of high molecular weight polyols by cationic ring-opening copolymerization of epoxidized natural oils (ENO) with tetrahydrofuran (THF).¹⁶⁸ Epoxidation of the respective natural oils resulted in epoxidized methyl oleate (EMO), epoxidized soyabean oil (ESO), epoxidized cocoa butter (ECB), and epoxidized palm oil (EPO). Polyols were produced from the copolymerization of the respective epoxidized natural oil with THF. Moreover, modification of triglycerides from red palm olein was carried out by reaction of epoxidized palm olein with 5-norbornene-2-carboxylic acid to produce norbornene palm olein (NPO) with one norbornene (NBE) unit per NPO.¹⁶⁹ The copolymerization of NPO and NBE was performed *via* ring-opening metathesis polymerization (ROMP) with 2nd generation Grubbs (G2) catalyst at 30 °C. The

produced copolymer also had crosslinked structure since it had poor solubility in acetic acid, water, and many organic solvents. Ring-opening copolymerization of norbornene-based palm olein (NPO) monomer with norbornene was monitored in real-time by time-domain ¹H NMR (TD-NMR).¹⁷⁰ Another study about copolymers from palm oil was the copolymerization of palm oil with sulfur *via* the inverse vulcanization method.¹⁷¹ The elemental sulfur has an octet ring structure that will be opened if it is heated higher than its floor temperature (>159 °C) to form sulfur atoms with a biradical linear chain, accompanied by color changes from yellow to orange. The biradical linear chain of sulfur will homopolymerize to form polysulfide, which is not stable and subsequently depolymerize leading to the reformation of elemental structure crystals. Therefore, by adding palm oil that has unsaturated fatty acids to the biradical linear chain at 170 °C resulted in poly(S-Palm oil). This poly(S-Palm oil) can potentially be applied in oil spill removal, mercury removal, palladium capture, and slow-release fertilizers applications.

11. Applications of polymers based on palm oil and its derivatives

Polymers have been part of our daily life. The ongoing development research on palm oil-based polymers showed the potential of these polymers as alternatives to petrochemical-based polymers. Table 5 summarizes numerous applications of polymers based on palm oil and its derivatives. These polymers demonstrated promising applications in several fields, such as in industrial, construction, and biomedical applications, as shown in Table 5. Moreover, based on the reported article, there are commercially available palm oil-based polyols named Pioneer M-60 and Pioneer E-135.⁸¹ These polyols can be used in polyurethanes production. The presence of these commercially available bio-based polyols hopefully would encourage the polymer industry to produce polyurethane with high bio-based content. Consequently, it will produce less toxic and more environmentally friendly polyurethanes. Another possibility to urge this bio-based polymer production is for government to implement a policy in the polymer industry to use a certain percent of bio-renewable feedstock in their polymer production. In Indonesia, the bio-renewable feedstock source can be from oil palm plantation products or waste.

Palm oil and its fatty acids are known as non-toxic, biodegradable, and bio-renewable resources.¹⁵⁶ These environmentally friendly characteristics are essential properties for materials in biomedical applications. These should be a good enough reason to urge more research on developing polymers derived from palm oil or its fatty acids for biomedical applications. Moreover, this bio-based polymer should be prepared *via* a non-toxic and green process, such as using water as a dispersant or enzyme as a catalyst. The use of bio-renewable resources and the green process will guarantee the sustainability of the preparation of this bio-based polymer. Therefore, environmental damage and toxic waste can be avoided as far away as possible.



Table 5 Various applications from polymers based on palm oil and its derivatives

Type of polymers	Application	Ref.
Polymeric methyl ester sulfonate (PMES)	Polymeric surfactant for enhanced oil recovery (EOR)	41
Plant oil-based polyvinyl ethers	Paint binders	42
Acrylated palm olein (APO)	Drug delivery application	29
Vegetable oil-based acrylate prepolymer	UV-curable coating	43
Palm oil fatty acid-ethyl acrylamide (POFA-EA)	Thermoplastic polymer	44
Polyesters/alkyds	Coatings	47, 50 and 51
	UV-curable resin/coating	35, 48 and 49
	Plasticizer in polyvinyl chloride (PVC)	52–54
	Additive in polyaniline (PANI)	55 and 56
	Additive in liquid detergent	57
Polyol ester	Polymeric nanoparticles for drug carrier	80
Polyurethanes (PUs)	PU foams for tissue engineering in biomedical application	61–63
	PU foams	28, 77, 83, 93–95
	Adhesives and coatings	58–60, 96–98
	Thermosetting	31 and 75
	Thermoplastic or elastomers	75, 79, 81, 100 and 101
	Controlled-release urea fertilizer	71
	Polymer electrolytes	102–110
Polyepoxides	Polymeric matrix for bio-based composite	119 and 121
	UV-curable pressure-sensitive adhesives (PSA)	122
	Coatings	120, 123 and 124
	Thermoset with reconfigurable shape-memory properties	126
Polymer composites	Lightweight-concrete	130 and 131
	Bitumen binder and modified bitumen	132 and 133
	Coatings	134, 140–142
	Fiber-reinforced polymer (FRP) composites	135–137
	Green coupling agent	138 and 139
	PU foams reinforced with nanoparticle	143–145, 147 and 150
	PU foam with aluminum filler	148
	PU foam with reclaimed rockwool fibers for thermal-insulating application	152
	PU reinforced with nanoparticles or filler for surface-coating application	146 and 149
	Optical fiber Bragg grating (FBG) temperature sensor	153
Polyacid	Elastomers or hydrogels for biomedical application	154
Chitosan-palmitic acid copolymer	Polymeric micelles for drug delivery of tamoxifen	157
Palmitic acid-based polyamide	Drug delivery of methylprednisolone	158
Stearic acid-based polyesteramide	Polymer carrier in solid dispersion for mefenamic acid	159
Carbamoyl ethyl pullulan-grafted-palmitic acid diblock copolymer	Drug delivery of raloxifene to breast tumor	160
Copolymer of higher fatty acids, glycidyl methacrylate, and <i>p</i> -anisic acid	Polymeric cold flow improver in blends of bio-diesel and diesel	161
Alkyd microencapsulation	Palm oil-based alkyd as a self-healing agent for epoxy matrix	163 and 164
Poly(alkyd-urethane)s	Surface coating or binder in composites	165
Acrylated palm oil-based PU	Coating	166
Poly(S-Palm oil)	Mercury removal, palladium capture, slow-release fertilizers, and oil spill removal	171

12. Summary

Palm oil and its fatty acids are bio-renewable resources with biodegradability and vast obtainability. This review has shown the recent progress of research on the utilization of palm oil and its fatty acids in producing polymers like fatty acid-based vinyl polymers, polyesters, polyols, polyurethanes, polyepoxides, polymer composites, polyacids, polyamides, polyesteramides, and various types of palm oil-based or fatty acid-based copolymers. Besides palm oil and its fatty acids, research incorporating palm oil fractionation products like palm stearin, palm

olein, and palm fatty acid distillate is also available. Moreover, other oil palm plantation products and waste such as palm kernel oil, palm acid oil, residual palm oil, empty fruit bunch (EFB), and waste from used cooking oil can also be used in polymer production. These palm oil-based monomers and polymers are considered environmentally friendly materials and promising alternatives to conventional petrochemical-based monomers and polymers. Several of these palm-based polymers have been commercially available such as polyols with different OHV values, which can be used for polyurethanes production. Moreover, studies on the mechanical and thermal



properties of the material from palm oil-based polymers have also been performed and reported. Based on this knowledge, we can design studies to obtain palm oil-based polymers with desired thermal and mechanical properties.

13. Outlook

Palm oil and its fatty acids have great potential to be used as raw materials for producing bio-based polymers. These bio-based polymers should have mechanical and thermal properties comparable to or even better than commercially available petrochemical-based polymer counterparts. Thus, it is very likely that in the future, bio-based polymers can replace petrochemical-based polymers. In addition, bio-based polymers are derived from bio-renewable resources and preferably have biodegradability properties. Thus, it may lessen the negative impact of polymer waste on the environment. Moreover, green processes should be performed in preparing bio-based polymers, such as using enzymes as catalysts. To this day, most enzyme-catalyzed polymer synthesis only results in low molecular weight polymers, which are undesirable in industrial applications. However, this low molecular weight bio-based polymer, depending on the type of the polymers and their properties, especially if they have non-toxic, biocompatibility, and biodegradability properties, can be used, for example, in drug delivery system applications. Furthermore, to overcome the generated waste problem, more utilization of waste from oil palm plantations (residual palm oil and EFB) or used cooking oil is also a viable option for bio-renewable feedstock for polymer production. Therefore, there will be no direct competition with the use of palm oil as a consumer product.

Author contributions

Conceptualization, E. S., F. Y., and M. I.; investigation and methodology, E. S., F. Y., A. A., J. A. L., and M. I.; writing—original draft preparation, E. S., F. Y., and M. I.; writing—review and editing, E. S., A. A., and J. A. L.; funding acquisition, J. A. L. and M. I.

Conflicts of interest

There are no conflicts to declare.

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