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## Synthesis and evaluation of radioiodinated estrogens for diagnosis and therapy of male urogenital tumours†

Feodor Braun,<sup>a</sup> Marcel Jaschinski,<sup>b</sup> Philipp Täger,<sup>a</sup> Verena Marmann,<sup>a</sup> Melanie von Brandenstein,<sup>c</sup> Barbara Köditz,<sup>c</sup> Thomas Fischer,<sup>a</sup> Sergio Muñoz-Vázquez,<sup>a</sup> Beate Zimmermanns,<sup>a</sup> Markus Dietlein,<sup>a</sup> Ferdinand Sudbrock,<sup>a</sup> Phillip Krapf,<sup>a</sup> Dietmar Fischer,<sup>d</sup> Axel Heidenreich,<sup>c</sup> Alexander Drzezga,<sup>a</sup> Stefan Kirsch,<sup>b</sup> Markus Pietsch  <sup>d</sup> and Klaus Schomäcker  <sup>a\*</sup>

**The preparation of 24 estrogens, their estrogen receptor (ER) affinity and studies of radioiodinated estrogen binding to ER-positive male bladder tumor cells (HTB9) are described. The estrogens with the highest affinity were selected using fluorescence anisotropy assays. A 2,2,2-trifluoroethyl group at the 11 $\beta$ -position caused particularly promising affinity. (Radio)iodination was performed on the 17 $\alpha$ -vinyl group. Binding studies on HTB9 cells revealed picomolar affinities of radioconjugates 19 and 31, indicating promising ability for targeting of urogenital tumors.**

It has long been recognized that the internalization and intra-nuclear localization of radioactively labelled estrogen analogues make them promising candidates for receptor-mediated therapy and diagnosis.<sup>1–3</sup> There was initial concern that introducing radionuclides into the steroid backbone would require chemical modifications that lower estrogen affinity. However, certain modifications in the 11 $\beta$ -position are well known to increase estrogen analogs' affinity significantly.<sup>1</sup> Various trials, introducing chemical groups such as ethyl or methoxy groups into the 11 $\beta$ -position, confirmed the affinity-raising effect of a 11 $\beta$ -modification.<sup>4</sup> In this work, radioactive iodine isotopes were coupled in the 17 $\alpha$ -position without significant loss of affinity compared to the native estrogen. The radioisotopes of iodine have a wide range of possible applications. Iodine-123, I-124, I-125, and I-131 have the necessary physical properties

for diagnostics and therapy. As a positron emitter, I-124 can be applied in diagnostic procedures, such as positron emission tomography (PET).<sup>5</sup> Auger electrons are emitted from I-123 or I-125 at ultra-short ranges (within the dimensions of a cell nucleus) and offer the advantage of high specific cytotoxicity combined with relatively few side effects.<sup>6,7</sup> Iodine-131 is a beta emitter that has proven its worth in radiotherapy over decades.<sup>8</sup> For a selective coupling of iodine isotopes, radioiododestannylation is the standard method.<sup>9,10</sup> This requires the introduction of a domain capable of coupling through prestananylated linkers. It, therefore, includes modifications on 17 $\alpha$ - and 11 $\beta$ -positions *via* Grignard reactions with alkyl groups, such as ethyl- and ethynyl moieties. In particular, the latter provides the ideal scaffold for further derivatization, such as Sonogashira coupling or hydrostannylation reaction, to prepare rapidly accessible arylstannylated compounds.

Affinity measurements using fluorescence anisotropy assays (FAA) were performed on the synthesized estrogen derivatives to determine the influence of structural modifications at the 17 $\alpha$ - and 11 $\beta$ -position on the affinity of the estrogen ligands for ER $\alpha$  and ER $\beta$ .<sup>11–14</sup>

It remains to be investigated whether introducing a terminally perfluorinated ethyl group in the 11 $\beta$ -position leads to a further increase in affinity. Further experiments were intended to find suitable linkers for prestananylation without a significant loss of affinity. Various prestananylated and non-radioactive iodine-coupled estrogen ligands were tested for affinity by FAA.

The most promising candidates were then radioiodinated and examined in male bladder tumour cells (HTB9) concerning cellular uptake. The unique feature of using radioestrogens in ER $^+$  tumours in men is that the ubiquitously occurring estrogen receptor expression is significantly lower than in women.<sup>15,16</sup> This also applies to the concentration of estrogens circulating in blood.<sup>17</sup> In this way, it is possible to target ER $^+$

<sup>a</sup>Department of Nuclear Medicine, Faculty of Medicine and University Hospital Cologne, University of Cologne, 50937 Cologne, Germany.

E-mail: klaus.schomaecker@uni-koeln.de

<sup>b</sup>Organic Chemistry, Bergische Universität Wuppertal, 42119 Wuppertal, Germany

<sup>c</sup>Clinic and Polyclinic for Urology, Faculty of Medicine and University Hospital Cologne, University of Cologne, 50937 Cologne, Germany

<sup>d</sup>Institutes I & II of Pharmacology, Center of Pharmacology, Faculty of Medicine and University Hospital Cologne, University of Cologne, 50931 Cologne, Germany

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tumours more precisely in men with less extratumoural accumulation of radioactivity.

The starting material for chemical modifications was the native 17 $\beta$ -estradiol **1** (Fig. 1). After benzyl protection of both alcohol groups, selective oxidation at positions 9 and 11 with 2,3-dichloro-5,6-dicyano-1,4-benzoquinone (DDQ) produced steroid **3** in excellent yields. A subsequent hydroboration/oxidation sequence permitted access to the region- and stereoselective alcohol **4** in an almost quantitative yield and reproducible way. Ketone formation under Swern oxidation conditions yielded steroid **5**, which using a Grignard reaction with ethylmagnesium bromide and dry cerium(III) chloride, allowed access to the 11 $\alpha$ -ethyl group.<sup>18</sup> Deoxygenation and deprotection gave the desired 11 $\beta$ -ethyl steroid **7** in 98% yield in two steps. Finally, using reaction conditions of the Oppenauer reaction followed by the Grignard reaction with ethynylmagnesium bromide under the same conditions as before resulted in steroid **10**. The 11 $\beta$ -ethyl-17 $\alpha$ -ethynylestradiol (**10**) was thus successfully synthesised with an overall yield of 48% in **10** steps.

Further modifications were made to the 17 $\alpha$ -alkyne by the introduction of different linkers. The structures of the compounds are listed in (Table S1 ESI<sup>†</sup>). Cold iodination was performed by selective iododestannylation.<sup>9,19</sup> The chemical characterisation was performed *via* NMR and mass spectrometry (chemical synthesis part, ESI<sup>†</sup>).

Subsequent work with the synthesised 11 $\beta$ -ethyl-17 $\alpha$ -ethynylestradiol (**10**) included hydrostannylation to the (*E*)-stannane **18** followed by iodination to the corresponding vinyl iodide **19** (Fig. 2).

Compound **31** (Fig. 3) was synthesised starting from steroid **5** under Peterson olefination conditions.<sup>20</sup> The olefin **20** was isolated in 87% yield in two steps *via* the formation of the alcohol as an intermediate and subsequent cleavage in the acidic milieu in acetone. The desired stereocentre was constructed through a hydroboration/oxidation sequence, leading to the primary alcohol **21**.<sup>21</sup> Subsequent oxidation according to Swern reaction conditions afforded the desired aldehyde **22** in

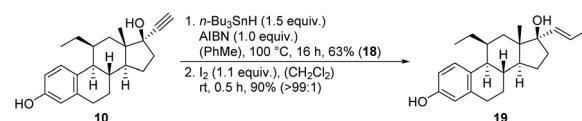


Fig. 2 Synthesis of vinyl iodide **19**.

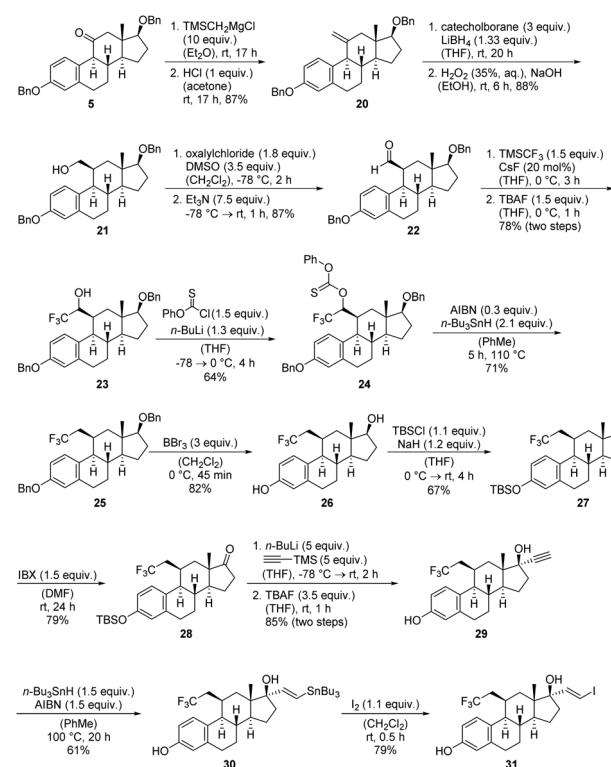


Fig. 3 Synthesis of compound **31**.

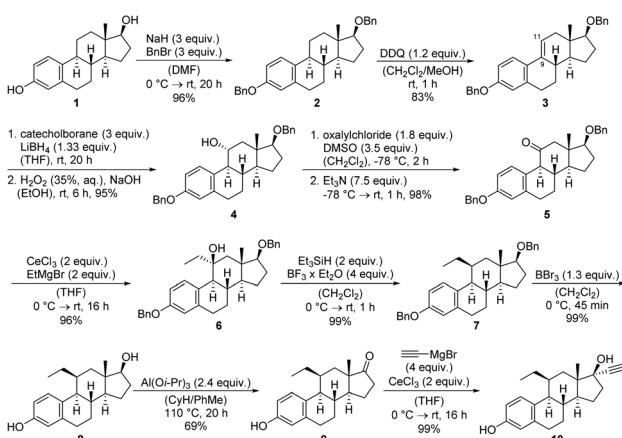


Fig. 1 Synthesis of 11 $\beta$ -ethyl-17 $\alpha$ -ethynylestradiol (**10**).



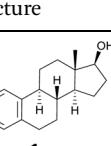
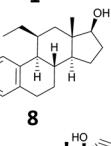
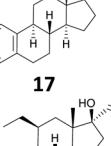
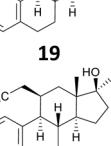
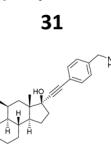
Fluorescence anisotropy assays<sup>25,26</sup> were used to preselect non-radioactive estrogens. In this process, an ER protein is added to a fluorescent estrogen probe with low fluorescence anisotropy (Fluormone™ EL Red), forming a probe/ER protein complex with high fluorescence anisotropy. The various non-radioactive estrogen ligands to be tested for their affinities are capable of displacing the probe from the ER to different degrees. This leads to a decrease in fluorescence anisotropy (Fig. S1, ESI†), which allows the half-maximal inhibitory concentration ( $IC_{50}$ ) to be determined and the relative binding affinity (RBA) to be calculated.<sup>11–14</sup> If the affinity of the estrogen ligands to be tested is significantly higher than that of the fluorescent probe, as it is for estrogens **8**,<sup>4,27</sup> **19**,<sup>28</sup> and **31**, the  $IC_{50}$  can no longer be measured precisely.<sup>29,30</sup> Such compounds are characterised by very steep dose-response curves in the FAA with  $IC_{50}$  values at the “tight binding limit imposed by the assay conditions”.<sup>30</sup>

In contrast, previously reported RBAs of <100%, such as estrogen **17**,<sup>31</sup> could be reproduced in our experimental setting. The method is, therefore, only suitable for excluding test ligands with comparatively low affinity from further investigations. Promising ligands have  $IC_{50}$  values and relative

binding affinities close to those achievable with native  $17\beta$ -estradiol (**1**) (Table 1). However, the real values of RBA can be orders of magnitude higher. For a prime example, estrogen **8**, other authors have published RBAs of up to 3000% (obtained by radioligand binding assays).<sup>4,27</sup> Comparing the RBAs of the iodinated ligands **17** and **19**, the difference is not too large. However, other authors have reported a 10-fold increase in affinity due to ethylation in the  $11\beta$ -position.<sup>27,28,31</sup> The results and conclusions mentioned here represent only a portion of our extensive investigations into relationships between structure and ER affinity using FAA. To keep the communication thread running, a comprehensive overview of the  $IC_{50}$  values and RBAs of all tested estrogens (Table S1†) and a further discussion of the results (results and discussion S1†) can be found in the ESI† (FAA part).

The most promising candidates for the FAA were estrogens **19** and **31**. Next, the corresponding I-131- and I-123-labelled analogues of these two estrogens were prepared *via* iodode-stannylation of prestannylylated precursors (**18** and **30**). The radioestrogens were purified by analytical HPLC (Fig. 4). Radioiodination was performed with sufficient radiochemical yields (>80%) and radiochemical purities (>99%), with a molar

**Table 1** Binding affinities of estrogens on  $ER\alpha$  and  $ER\beta$

Structure	$ER\alpha : IC_{50}$ (nM)	$ER\alpha : RBA$ (%)	$ER\beta : IC_{50}$ (nM)	$ER\beta : RBA$ (%)
	$11.6 \pm 1.2^a (n = 32)$	100	$39.5 \pm 0.7^a (n = 4)$	100
	$16.0 \pm 1.2 (n = 2)$	72.5 <sup>b</sup>	N.d. <sup>c</sup>	N.d. <sup>c</sup>
	$15.6 \pm 3.3 (n = 3)$	74.4 <sup>b</sup>	N.d. <sup>c</sup>	N.d. <sup>c</sup>
	$14.5 \pm 1.9 (n = 3)$	80.0 <sup>b</sup>	$37.6 \pm 4.2 (n = 3)$	105
	$12.9 \pm 0.5 (n = 3)$	89.9	$26.8 \pm 3.0 (n = 3)$	147
	$38.8 \pm 3.4 (n = 3)$	29.9	$97.7 \pm 12.8 (n = 4)$	40.4

<sup>a</sup> Reported  $IC_{50}$  values of **1** in PolarScreen™ Competitor Assay with Fluormone™ EL Red:  $ER\alpha$ , 5.9–16 nM;  $ER\beta$ , 20.8–23 nM.<sup>25,26,32–34</sup> <sup>b</sup> Reported RBAs: **8**, 1000, 3000% (rat uterine  $ER\alpha$ );<sup>4,27</sup> **17**, 62% (rat uterine  $ER\alpha$ );<sup>31</sup> **19**, 890% (lamb uterine  $ER\alpha$ ).<sup>28</sup> <sup>c</sup> N.d., not determined. The synthesis of compound **42** is described in the ESL.†



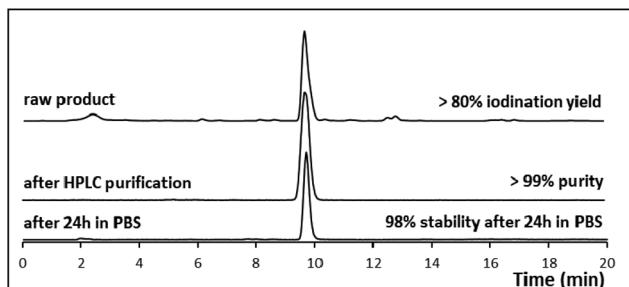


Fig. 4 Representative HPLC tracks of I-131-labelled estrogen **19**. Because of the short half-life of I-123, I-131 was used for stability testing.

activity of 24.3 MBq/nmol for I-131 and 8770.7 MBq/nmol for I-123 labelled compounds. The obtained radioligands remained stable in PBS for 24 hr.

The radioactively labelled estrogens **19** and **31** should be investigated on male urogenital carcinoma cells with the highest possible estrogen receptor expression. For this purpose, western blot examined various available cell lines regarding the expression of ER $\alpha$  and ER $\beta$ , leading to the identification of HTB9 cells as those with a comparatively moderate ER expression density (Fig. 5). The expression of ER $\alpha$  and ER $\beta$  was detectable in HTB9,<sup>35</sup> TCam2,<sup>36,37</sup> PC3,<sup>38,39</sup> DU145<sup>40</sup> cells, BPH<sup>41</sup> and LNCap<sup>36,39</sup> cells. In all prostate cell lines used, both receptors were detectable, which corresponds with the literature.<sup>42,43</sup> Since the overexpression of estrogens receptors (alpha or beta) seems to be of importance, especially in high-

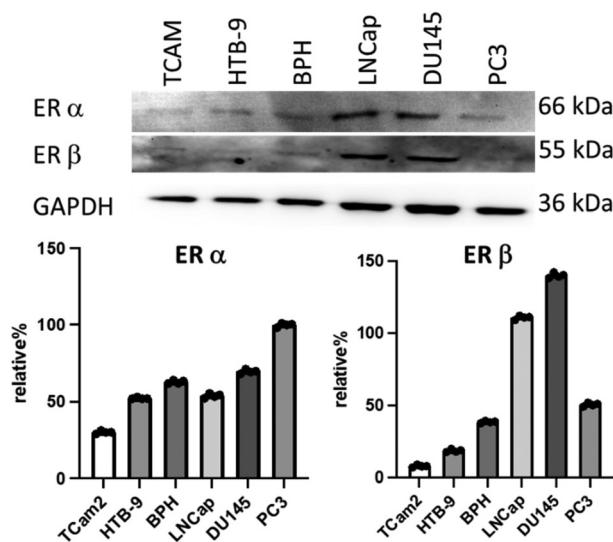


Fig. 5 Western blot analysis of the appearance of ER $\alpha$  and ER $\beta$  in the cell lines HTB9,<sup>35</sup> Tcam2,<sup>36,37</sup> BPH,<sup>42</sup> LNCap,<sup>36,39</sup> PC3,<sup>38</sup> and DU145.<sup>40</sup> GAPDH was used as a housekeeper for neutralization. Weak signals were detectable in all cell lines for ER $\beta$ . For calculation of the relative percentage, GAPDH signal density was measured with ImageJ program and used for neutralization. The corresponding signal of the GAPDH line was set as 100% and compared with the density of the ER alpha and ER beta.

grade bladder cancer, we predominantly focused on HTB-9 cells.<sup>44</sup>

HTB9 cells were then titrated with various concentrations of the radioiodinated ligands **19** (0–339.5 pM) and **31** (0–346.6 pM), respectively. After an incubation time of 24 h, the radioactive medium was removed, and the cells were washed and lysed. The radioactivity of the lysates was measured in a bore-hole measuring station, and the dissociation constant,  $K_D$ , and the maximum ER saturation,  $B_{max}$ , were determined. The results for the specific binding of the I-123-labelled analogs of estrogens **19** and **31** are summarised in Fig. 6. In addition, a linearisation was carried out using a Scatchard plot. As a result, the following  $K_D$  values could be determined for the I-123 labelled ligands: I-123-**19**: (63  $\pm$  25) pM and I-123-**31**: (40  $\pm$  4) pM. The maximal specific saturation,  $B_{max}$ , was obtained as the amount of specifically accumulated radioactivity per well with  $10^6$  cells (19.46 KBq for compound **19** and 40.17 KBq

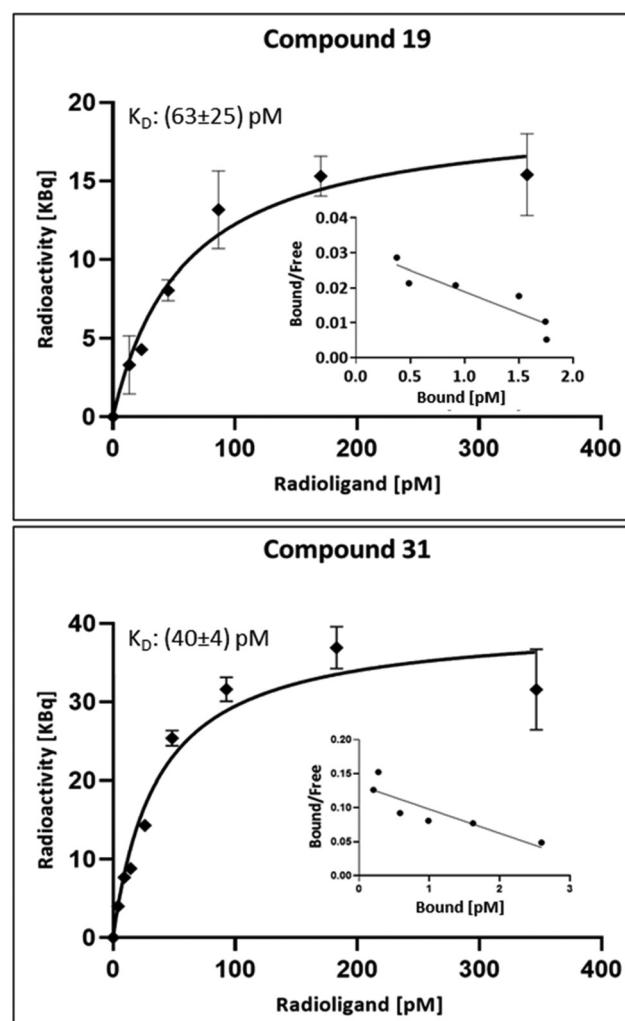


Fig. 6 Saturation assays and Scatchard plots of specific ER binding of I-123 labelled products **19** (top) and **31** (bottom). Values of  $K_D$  were 63  $\pm$  25 pM for compound **19** and 40  $\pm$  4 pM for compound **31**. Maximum specific saturation of activity per cell ( $B_{max}$ ) was 19.46–40.17 KBq, corresponding to 2.2–4.6 fmol and 1375–2840 ER per cell.

for compound **31**). From this, 1375–2840 of ER per cell were calculated.

The  $K_D$  and  $B_{max}$  could only be determined with I-123-labelled variants of **19** and **31**. The results of the cell studies with the respective I-131-containing derivatives showed an unacceptably high degree of scatter of the measured values. We suspect this was caused by the insufficient molar activity of the radioisotope (manufacturer's information: 24.3 MBq/nmol). Taking into account a  $B_{max}$  for  $10^6$  cells of 2.2–4.6 fmol, this would result in an activity of only appr. 60 Bq. Such activities correspond to the background radiation in normal radioisotope laboratories and can hardly be measured exactly.

In the trials presented here, it was possible to develop and test promising candidates for the ER-mediated transport of radioligands into tumour cells. This is important not only for imaging urogenital carcinomas in men but also for new therapeutic approaches. ER ligands labelled with radionuclides bind to the ER protein in the cytoplasm with high affinity. The estrogen/ER complex is activated and transported into the cell nucleus. There, the complex reacts with transcription-activating regions of the DNA and causes a change in the transcription of specific mRNA and, thus, in protein synthesis.<sup>45</sup> As a result, ER ligands can serve as vehicle molecules for radionuclides and deposit ionising radiation in the most radiation-sensitive part of the cell, the DNA. The selective enrichment near the cell nucleus of emitters with the Auger effect, such as I-123 or I-125, leads to cell death due to irreparable DNA double-strand breaks, even with a few radioactive decays per cell.<sup>46,47</sup> In addition, extranuclear or extracellular iodine isotopes with the Auger effect are much less toxic, as their radiation effect is limited to the vicinity of the cell nucleus.

Compounds **19** and **31** appear to be auspicious parent compounds for labelling of ER ligands with radionuclides. Further improvement of their tumour targeting properties will be attempted shortly.

## Author contributions

Feodor Braun: formal analysis, investigation, writing – original draft preparation, writing – review and editing; Marcel Jaschinski: investigation, writing – review and editing; Philipp Täger: funding acquisition; Verena Marmann: investigation; Melanie von Brandenstein: investigation, supervision, writing – review and editing; Barbara Köditz: investigation, writing – review and editing; Thomas Fischer: investigation, writing – review and editing; Sergio Muñoz-Vázquez: investigation, writing – review and editing; Beate Zimmermanns: data curation, investigation; Markus Dietlein: writing – review and editing; Ferdinand Sudbrock: formal analysis, writing – review and editing; Phillip Krapf: writing – review and editing; Dietmar Fischer: resources, writing – review and editing; Axel Heidenreich: resources, writing – review and editing; Alexander Drzezga: resources, writing – review and editing; Stefan Kirsch: resources, supervision, writing – review and editing; Markus Pietsch: formal analysis, methodology, supervision, writing – original draft preparation, writing – review and editing; Klaus Schomäcker: conceptualization, formal analysis, project administration, supervision, writing – original draft preparation, writing – review and editing.

## Conflicts of interest

There are no conflicts to declare.

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