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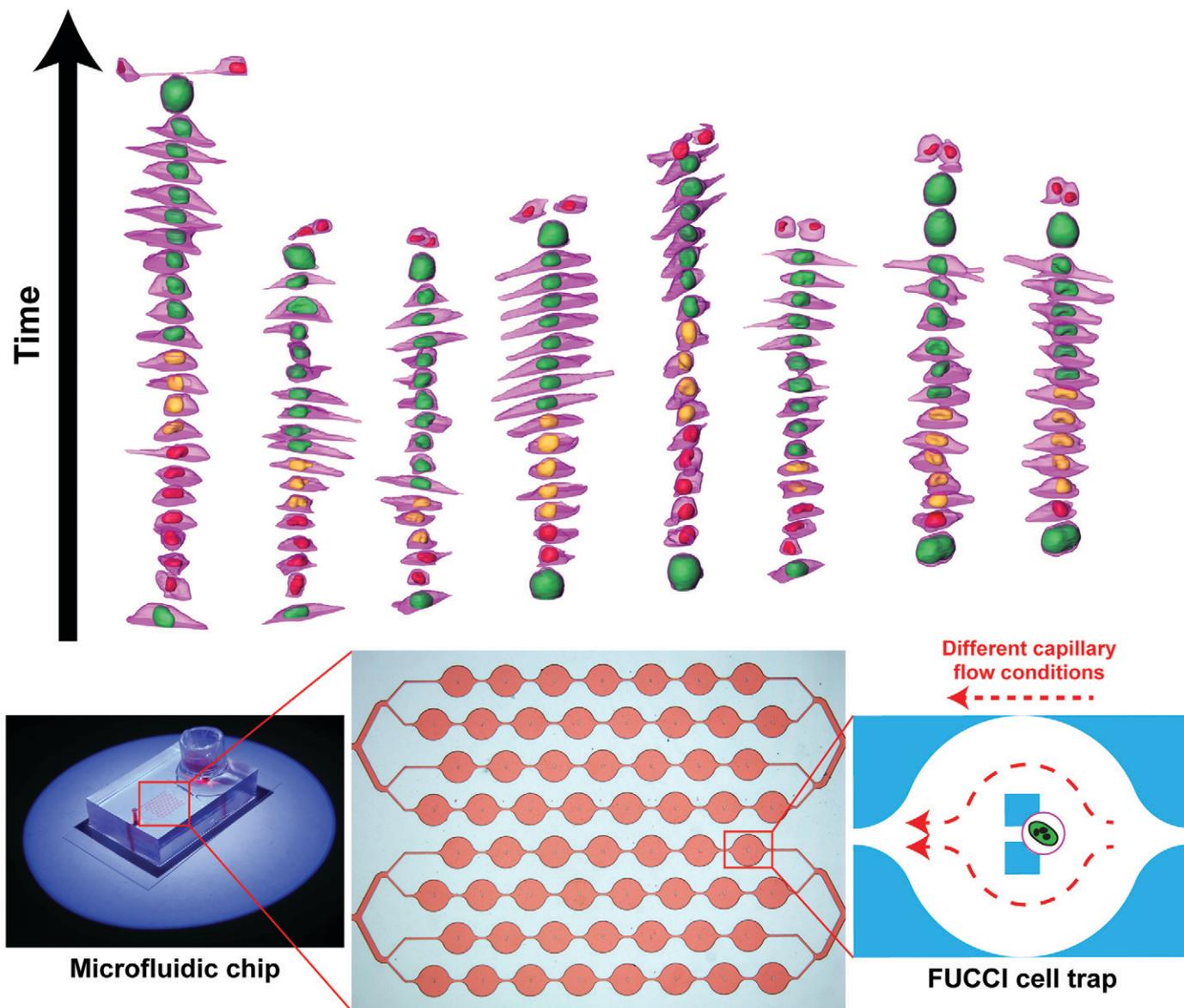
PAPER
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Effect of capillary fluid flow on single cancer cell cycle
dynamics, motility, volume and morphology

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Effect of capillary fluid flow on single cancer cell cycle dynamics, motility, volume and morphology†

Hubert M. Taïeb, [ID] *[a] Guillaume Herment,[a]
Tom Robinson [ID] *[b] and Amaia Cipitria [ID] *[acd]

From primary tumours and disseminating to secondary organs, cancer cells experience a wide variety of fluid flow profiles when passing through blood vessels or the lymphatic system before extravasation. Sinusoidal capillaries are a common site for extravasation. Therefore, we aim to investigate how metastatic cancer cells react to a biophysical cue such as capillary fluid flow by quantifying its effect on metastatic cell cycle progression, motility, cell and nuclear volume, and morphology. We use MDA-MB-231 breast cancer cells genetically modified with fluorescent ubiquitination-based cell cycle indicator 2 (FUCCI2) as a model system. Single cells are trapped using a microfluidic device and exposed to different laminar flows. Quantitative time-lapse imaging in both 2D epifluorescence and 3D confocal microscopy is performed using in-house software FUCCItrack. In addition, 3D time-lapse with cell and nuclear segmentation is performed with a deep learning approach to streamline the image processing of big datasets. We show that at a single cell level, faster fluid flow leads to a shorter S/G2/M phase and an overall shorter cell cycle, as well as increase in cell motility irrespective of the flow direction. 3D time-lapse confocal imaging of MDA-FUCCI2 single cells reveals the evolution of cell and nuclear volume and morphology as a function of a specific cell cycle phase. Both cell and nuclear volume increase linearly over time. Cell morphology elongates more strongly during the S/G2/M phase, whereas the nuclear shape remains constant. Under the highest flow conditions, only during the S/G2/M phase can we observe a more elongated nucleus, while the cell sphericity remains similar to the control. Collectively, this data, together with the deep learning approach, provides new insights into the potential impact of fluid flow at a single cell level.

[a] *Department of Biomaterials, Max Planck Institute of Colloids and Interfaces, 14476 Potsdam, Germany. E-mail: hubert.taieb@mpikg.mpg.de, amaia.cipitria@mpikg.mpg.de*

[b] *Department of Theory and Bio-Systems, Max Planck Institute of Colloids and Interfaces, 14476 Potsdam, Germany. E-mail: tom.robinson@mpikg.mpg.de*

[c] *Group of Bioengineering in Regeneration and Cancer, Biodonostia Health Research Institute, 20014 San Sebastian, Spain*

[d] *IKERBASQUE, Basque Foundation for Science, 48009 Bilbao, Spain*

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Introduction

Many molecular pathways drive metastasis,[1] yet it is becoming increasingly acknowledged that mechanical forces also modulate tumour progression.[2–4] Solid stress, fluid flow shear stress, fluid pressure, stiffness and microarchitecture are some physical factors known to affect biological cancer hallmarks.[5] Prior to metastasis, tumour cells are exposed to three main body fluids: blood, lymph and interstitial fluid.[6–8] The terms "hemodynamic" or "mechanical" theory describe the notion that fluid-based mechanics could shape metastasis.[9] In the context of brain cancer, it was reported that fluid flow could stimulate invasion as well as proliferation.[10,11] On the other hand, after extravasation it was demonstrated that specific cancer cells could remain dormant for years to decades in niches.[12] Metastatic onset or dormancy requires physical intravascular arrest of disseminated tumour cells (DTCs) before they actively extravasate to the interstitial matrix,[13] where they can stay dormant[14] or generate life-threatening growing metastasis.[15]

Given that the bone marrow (BM) is a preferential site for breast cancer metastasis and that stable microvasculature can provide a dormant niche,[12] this region appears to be of great interest to study the impact of fluid flow on breast cancer cell dormancy. The BM microvasculature is composed of a fairly irregular network of microvessels.[16,17] In long bones, these microvessels connect to a complex and irregular network of arterial vessels and sinusoidal capillaries.[16,18] Recently, intravital two-photon imaging was used *in vivo* to quantify blood flow dynamics and velocities in these arterial vessels and sinusoidal capillaries,[19] thus providing an accurate fluid flow profile in this region. Slower velocities in

sinusoidal capillaries favoured hematopoietic stem and progenitor cells rolling, adhering, and transmigration into the bone marrow interstitial matrix.[19]

To the best of our knowledge, the effect of fluid flow on single cancer cell motility, volume and cell shape as a function of cell cycle phases has not been documented. It is therefore of great interest to have a model system to accurately investigate cancer cell response to flow in both 2D and 3D in real time. To mimic these condition, microfluidics is an essential tool that allows 1) isolation of single cells and 2) control over tuneable fluid flow velocity and shear stress, while allowing cell monitoring *in vitro* and in real time.[20–23]

Here, we aim to investigate the effect of capillary flow on metastatic breast cancer cell cycle progression, motility, cell and nuclear volume, as well as morphology, all correlated and time-resolved. To this end, we used a microfluidic device with integrated traps to capture and isolate single breast cancer cells for long term monitoring. We used a deep learning approach to streamline the image processing of big datasets containing 3D time-lapse multi-channel images.

Experimental

Cell lines

Human metastatic breast cancer cells MDA-MB-231 (ATCC, #HTB-26) with the FUCCI2 reporter[24,25] (MDA-FUCCI2) were generated as reported previously.[26] MDA-FUCCI2 cells were cultured in low glucose Dulbecco's modified Eagle's medium (DMEM) (Sigma, #D6046) supplemented with 1% penicillin/streptomycin (Gibco, #15140-122, 10^4 units per mL of penicillin and 10 mg mL^{-1} of streptomycin) and 10% foetal bovine serum superior (Sigma, #S0615). They were grown at 37 °C with 5% CO_2 on Nunc™ 100 × 17 mm Petri dishes (Thermo Fisher, #150350) with regular passaging.

Cell actin staining

The SiR-Actin Kit (Spirochrome, #SC-001) was used as a live F-actin cell staining. After passaging, a 1 mL cell suspension of 600 000 cells per mL was incubated in a 1.5 mL Eppendorf for 6 hours with the cell culture media containing the SiR-Actin at a concentration of 100 nmol L^{-1}. The cell suspension was then mixed every 1.5 hours. Cells were then seeded for experiments with the media containing the SiR-Actin to allow a consistent and stable F-actin staining over time and throughout the different cell generations.

Wafer master mold fabrication

Microfluidic devices were adapted and modified from previously reported designs.[27,28] Silicon wafers (Siegert wafer, #BW14001) was used to create the master mold of 30 μm in height *via* soft photolithography (Fig. S1†). Briefly, the wafer was dehydrated at 200 °C for 30 minutes and then spin-coated with 4 mL SU-8 photoresist (Microchem, SU8-3025) at 500 RPM for 15 seconds followed by 2600 RPM for 30

seconds (Laurell, #WS-650-23). The wafer was then soft-baked at 95 °C and inserted into the mask aligner (KLOE, UV-KUB3) along with the film mask (Micro Lithography Services) containing our design for UV exposure at 35 mW cm^{-2} for 6 seconds. The wafer was then post-baked at 95 °C and developed (Micro resist technology, #mr-Dev 600) to remove the non-cured SU-8. A final hard bake was performed at 200 °C for 30 minutes and the wafer was silanised to avoid PDMS adhesion. This was done by having the wafer overnight inside a 150 mbar desiccator with 50 μL of 1*H*,1*H*,2*H*,2*H*-perfluorodecyltrichlorosilane (abcr, #AB111155). Every wafer contains 10 designs to create 10 individual chips.

Microfluidic device fabrication

To produce the microfluidic chips, PDMS and curing agent (Dow Corning, Sylgard 184 Silicone Elastomer Kit) were mixed with a 10:1 ratio (70 g PDMS monomer, 7 g curing agent). The mixture was degassed for 30 minutes in a 150 mbar desiccator and then poured over the wafer master. The mixture was degassed once more for 15 minutes in a 150 mbar desiccator and cured at 80 °C for 2 hours. The 10 designs were cut out from the cured PDMS and holes for the inlet and outlet were made with a 1.5 mm biopsy puncher (Kai Europe GmbH). A reservoir made from a cut 1000 μL pipette tip was placed above the inlet, sealed with liquid PDMS and cured at 80 °C for 30 minutes. The PDMS microfluidic devices and glass coverslips (24 × 40 mm, Thermo Fischer, #10180035) were then placed in a plasma oven (Plasma Cleaner PDC-002-CE, Harrick Plasma) at 0.6 mbar for 60 seconds. Following the plasma activation, the PDMS and the coverslip were attached manually and kept on a hot plate at 60 °C for 30 minutes to help the bonding. Before an experiment, the microfluidic device was sterilized under UV radiation for one hour.

Complete microfluidic setup

A microfluidic device can be seen in Fig. 1A. It consists of 8 parallel channels (coloured with red dye for visualisation) accounting for 60 traps in total. Each trap contains two posts to capture and immobilize single cells in the chip (Fig. 1B).

Firstly, the microchannels were flushed with a cell culture media solution (200 μL) with centrifugation for 10 minutes at 900 RPM. The microfluidic device with its channels filled with cell culture media was then placed in a stage top incubator at 37 °C and 5% CO_2 (Okolab, UNO-T-H-CO2). We used an aluminium custom-made sample holder to make sure no movement occurred during the time-lapse imaging. The outlet was then connected *via* a metal connector to a 1 mL (control and Flow$^+$) or 2.5 mL (Flow^{++}) syringe (Agilent, #5190-1530 and #5190-1534) mounted on a pump (Chemyx, Fusion 200) in withdraw mode (Fig. S2†). Once everything was connected, the device was kept for 30 minutes to reach the targeted temperature and concentration of CO_2 inside the chamber and inside the microfluidic device. Two containers filled with Millipore water were inserted inside the top stage
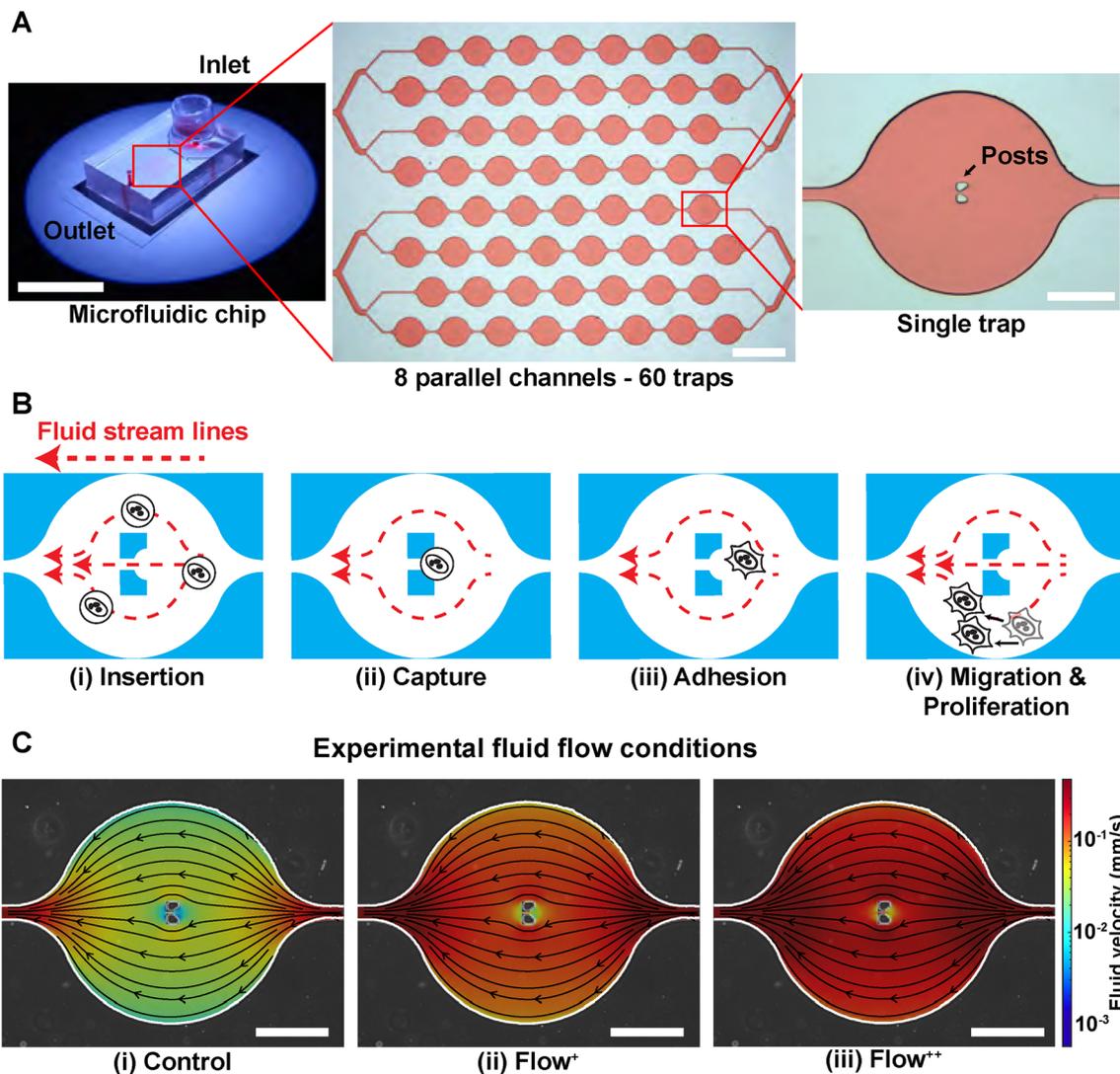
Fig. 1 Microfluidic approach for high efficiency trapping of single breast cancer cells. (A) Photograph and bright-field images of the PDMS microfluidic chip used to trap MDA-FUCCI2 cells. It consists of 8 parallel channels (coloured with red dye for visualisation) accounting for 60 traps in total. Each trap contains two posts that block single cells and captures them in the chip. From left to right, scale bars are 20 cm, 1 mm and 200 μm. (B) Process of trapping cells inside the chip: (i) cells are inserted from the reservoir and flushed inside the chip with a high fluid flow at 20 μL min^{-1} (insertion) until (ii) the cells are trapped within the two posts (capture). (iii) Once enough cells occupy the traps (>80%), the flow rate is set at the experimental fluid flow condition (control, Flow$^+$, Flow^{++}) and cells are incubated overnight to allow adhesion. (iv) Cell motility and proliferation are monitored over time under the different experimental fluid flow conditions. (C) Overlay of phase contrast image of one single trap with CFD fluid streamlines and fluid velocity in the three experimental fluid flow conditions, corresponding to control (0.02 μL min^{-1}) and two levels of sinusoidal fluid flow, Flow$^+$ (0.1 μL min^{-1}) and Flow^{++} (0.2 μL min^{-1}). Scale bars are 200 μm.

incubator to have a 100% humid environment, thus reflecting the conditions of the incubator used for regular cell culture and avoiding media evaporation.

Microfluidic device operation

The complete setup (Fig. S2†) was prepared and checked so that no apparent air bubbles were present in any of the channels. Then the process of trapping the cells inside the microfluidic device started as follows. From the master cell suspension at 600 000 cells per mL that received the SiR-

Actin, another cell suspension was created by dilution to reach 100 000 cells per mL. The microfluidic device operation was divided in four steps (Fig. 1B):

(i) Insertion. From the cell suspension of MDA-FUCCI2 stained with SiR-Actin, 50 μL were taken (~5000 cells) and inserted into the reservoir. The flow rate was set to 20 μL min^{-1} for 5 minutes for maximum trapping efficiency.

(ii) Capture. The streamlines in the microfluidic device went around and between the two posts until a suspension cell occupied the space between the posts. After this point,

other cells only went around the posts and filled the next trap. Cells were then hydrodynamically trapped for the duration of the experiments.

(iii) Adhesion. A visual check with the microscope was done to ensure that at least 80% of the traps were occupied with a cell since this yielded enough single cells per experiments. The flow rate of the chosen experimental group was then applied. The remaining cells in suspension still in the reservoir were removed by 3 exchanges of media in the reservoir. Finally, the reservoir was filled with media containing SiR-Actin and parafilm was added to prevent evaporation. The trapped suspension cells (hydrodynamically trapped between the two posts) were then incubated overnight to allow adhesion.

(iv) Migration and proliferation. Once the cells adhered to the glass, they migrated within the trap and proliferated while being imaged during time-lapse experiments.

Fluid flow

The level of fluid flow was controlled by modifying the syringe pump. To investigate the effect of sinusoidal fluid flow on metastatic breast cancer cells, several experimental groups were defined as follows. The control group (flow rate: 0.02 μL min^{-1}) was defined as the minimum value of flow inside the microfluidic device that would provide sufficient nutrients and permit cell proliferation comparable to conventional Petri dishes as previously reported.[26,29] No significant differences in division time were found in cells upstream or downstream from the inlet (Fig. S3†). In addition, two experimental fluid flow conditions were chosen (Flow$^+$: 0.1 μL min^{-1} and Flow^{++}: 0.2 μL min^{-1}) to create a region of fluid velocity that resembled sinusoidal capillaries in the bone marrow microvasculature[19] (Fig. 1C). The values of velocities inside the microfluidic trap were computed with 3D computational fluid dynamic (CFD) simulations using the open-source software OpenFOAM (ESI†) and are on average between [0–0.01] mm s^{-1} for the control, [0–0.05] mm s^{-1} for the Flow$^+$ and [0–0.10] mm s^{-1} for the Flow^{++}.

2D time-lapse image acquisition

The 2D time-lapse images were acquired using a Zeiss AxioObserver 7 epifluorescence and a 10x, 0.45 numerical aperture (NA) objective (Zeiss, #420641-9910-000). One field of view was taken for each trap containing a cell. Fluorescence channels mVenus, mCherry and SiR-Actin were recorded with 100% LED intensity at 511, 555 and 630 nm illumination wavelength, respectively. The following filter sets were used: (i) Zeiss #46 HE (500/25 nm excitation and 535/30 nm emission) for mVenus, (ii) Zeiss #45 (560/40 nm excitation and 630/75 nm emission) for mCherry and (iii) Zeiss #50 (640/30 nm excitation and 690/50 nm emission) for SiR-Actin. All fluorescence channels were recorded at 300 ms exposure time. The phase contrast channel was recorded with transmitted light at 20% light intensity and without any filter set. Time-lapse images were acquired with intervals of 30

minutes for 90 hours (corresponding to 3 times the normal cell division time[26]).

Single cell tracking and cell cycle dynamics

Automatic single cell tracking and cell cycle dynamics quantification was done using our custom-made FUCCItrack software.[29] Mitosis events were tracked for 30 hours, and single cell cycle dynamics were then recorded for the first generation of daughter cells, where time 0 hour for each single cell was defined by the first frame after division of the parent cell. This way, the total duration of the cell cycle could be measured from mitosis to mitosis. This was necessary as the readout t_{G1} and $t_{Cell\ cycle}$ are defined with respect to the beginning of the cell cycle.

Briefly, the nuclei were automatically segmented, and the nuclear fluorescence intensity as well as nuclear area were recorded over time. To account for cell variability, the intensity for each channel was independently normalized with respect to its maximum value during the whole cell cycle, for each channel mCherry and mVenus separately (Fig. 2A). Using the normalized nuclear intensity as a function of time, the duration of cell cycle, G1 and S/G2/M phases were quantified. In accordance with our previous work,[26,29] the beginning of the S/G2/M phase was then defined as the time when the intensity of mVenus exceeds 5% of the maximum intensity for each individual cell. The same method applies for the beginning of the G1 phase.

3D time-lapse image acquisition

The 3D time-lapse images were acquired using a Leica SP8 confocal microscope and a 63x, 1.2 NA water immersed objective (Leica, #11506356). An automatic water immersion micro dispenser (Leica, #15640019) was used along with the objective to prevent drying and allow for time-lapse imaging for 90 hours. For every trap, a 2 × 2 tile image was acquired (with 10% overlap) and then merged using the LASX (Leica) software. Fluorescence channels mVenus, mCherry and SiR-Actin were recorded with 1% laser intensity at 488, 552 and 638 nm laser excitations. Emission was recorded for the three channels as follows: (i) mVenus [493–547 nm], (ii) mCherry [588–633 nm] and (iii) SiR-Actin [651–707 nm]. Sequential acquisitions were performed to record all channels independently, and bright field transmission images were also obtained. Voxel size were 0.48 μm per pixel for X and Y direction whereas 1.0 μm per pixel resolution was achieved for the Z direction. 3D time-lapse images were acquired in intervals of 2 hours and for 90 hours. An illustrative example of a single cell during its cell cycle is showed in Fig. S4.†

Deep learning for 3D multi-channel time-lapse segmentation

3D time-lapse multi-channel images were recorded as follows: mCherry (red), mVenus (green) and the SiR-Actin (magenta). Considering the large amount of data to be processed for
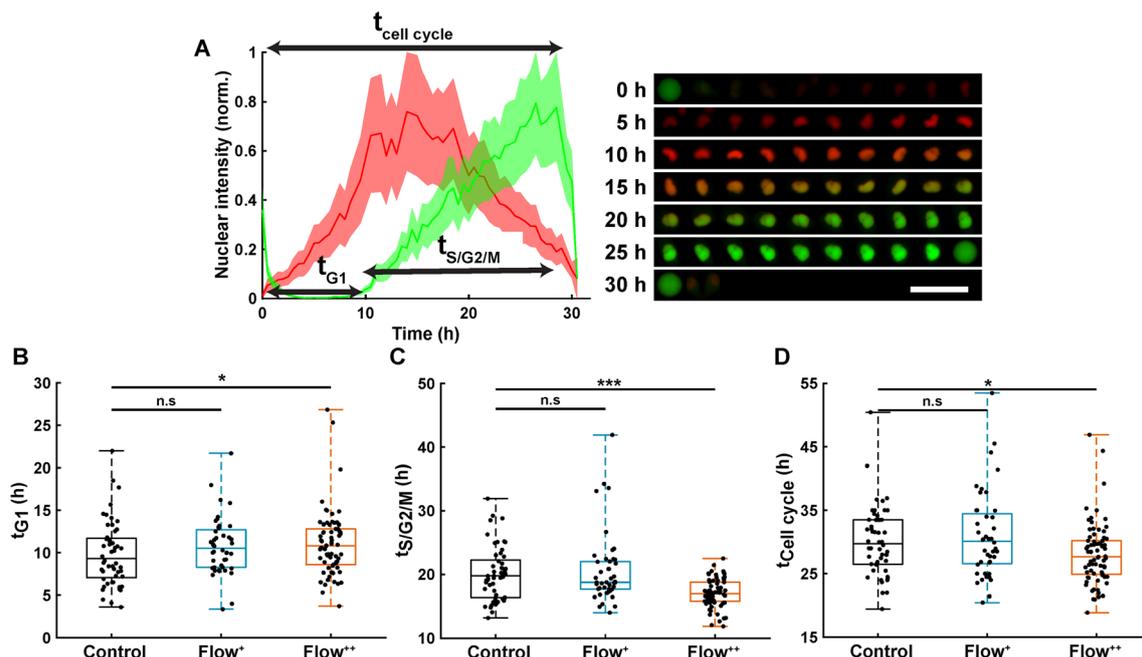
Fig. 2 Analysis of single cell cycle dynamics under sinusoidal fluid flow reveals faster cell division. (A) Normalized FUCCI2 fluorescence intensity inside of an exemplary segmented nucleus (left panel) with corresponding epifluorescence images over time (right panel). The line is the average, and the shaded area is the standard deviation. The time 0 h for each single cell corresponds to the first frame after division of the parent cell. Scale bar is 50 μm. (B) Duration of the G1 phase in the three experimental groups (2 biological repeats and N = 52, 44 and 74 cells for the control, Flow⁺ and Flow⁺⁺, respectively). (C) Duration of the S/G2/M phase for the three experimental groups. (D) Duration of the whole cell cycle (time from division to division).

every cell, time point and for every experimental group, a deep learning approach was chosen to automatically segment the respective channels. To perform this approach, both FUCCItrack[29] (for the preparation of the data) and DragonFly (ORS, V2021.1.0.977) software (for segmentation) were used.

The data preparation to reduce the size of the datasets was achieved as follows: using the single cell tracking data from FUCCItrack, each single cell was localized, and the field of view corresponding to each cell was cropped to produce 3D time-lapse stack images stored in one big .tif file per cell.

Then, a total of 7 different time-lapse cells were used to train the SiR-Actin U-net neural network[30] (obtained by manual segmentation performed on 1710 2D slices). For the FUCCI2 U-net neural network, 4 different time-lapse cells were used for the training, accounting for 434 manually segmented 2D slices. All 2D slices were subsequently cropped down to the minimum region of interest containing the manual segmentation to reduce class imbalance. Data augmentation was performed by flipping, rotating and scaling the original dataset to increase the number of training images.

Statistical analysis

All data were analyzed using MATLAB R2019b, v9.7. The plots represent the median, 1st and 3rd quartiles and extrema. Statistical analysis was done with respect to the control using a non-parametric two-tailed Wilcoxon rank sum test except

when stated otherwise, n.s: $p > 0.05$, *: $p < 0.05$, **: $p < 0.01$ and ***: $p < 0.001$.

Results

Fluid flow accelerates cell cycle by decreasing S/G2/M duration

Thanks to the FUCCI2 technology,[24,25] the cell cycle phase duration could be monitored in real time (Fig. 2B). While cells are in the G1 phase of the cell cycle, only mCherry fluorescence is expressed in the nucleus since it is linked to part of the Cdt1 protein. Then, when cells enter the S/G2/M phase, the mVenus fluorescence can be detected since it is linked to part of the Geminin protein. Hence, by measuring the fluorescence intensity inside the nucleus over time, the duration of the G1 phase (t_{G1}, Fig. 2B), the S/G2/M phase ($t_{S/G2/M}$, Fig. 2C) and the whole cell cycle ($t_{Cell\ cycle}$, Fig. 2D) were evaluated.

Under control conditions, all MDA-FUCCI2 cells took a median value of 30 hours to run through a full cell cycle (Fig. 2A and D). Interestingly, under higher fluid flow (Flow⁺) cell cycle dynamics (t_{G1}, $t_{S/G2/M}$ and $t_{Cell\ cycle}$) were not altered and no significant difference could be measured compared to the control group (Fig. 2B–D). However, the highest fluid flow (Flow⁺⁺) triggered a response in cell cycle dynamics resulting in a slight significant increase of t_{G1} (+2 h, Fig. 2B) and a more pronounced decrease in $t_{S/G2/M}$ (−3 h, Fig. 2C)

Fig. 4 Analysis of single cell motility under sinusoidal fluid flow reveals faster cell migration speed and distance travelled during a cell cycle. (A) Migration speed magnitude (U, in $\mu m \ min^{-1}$) of single cells taken as the median of instantaneous cell speeds over their trajectories (2 biological repeats and N = 86, 76 and 116 cells for the control, Flow$^+$ and Flow^{++} groups, respectively). (B) Sum of the x component of the velocity vectors (U_x, in $\mu m \ min^{-1}$) showing no preferred direction of movement with or against the flow. (C) Distance travelled (μm) between the beginning and the end of cell trajectories. (D) Displacement (μm) measured as the distance between the last and first position of cell trajectories. (E) Migration speed magnitude of single cells specified as a function of their cell cycle phase.
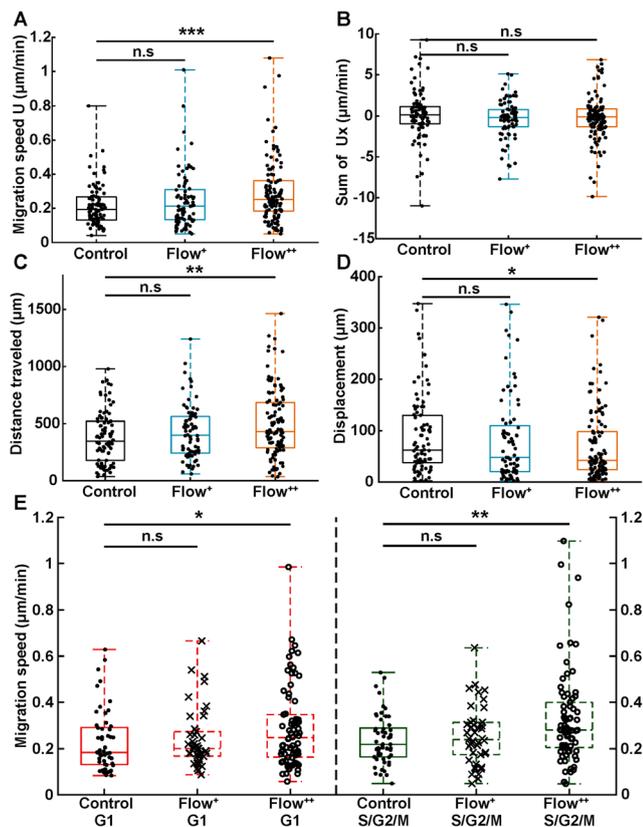
Cell main axis does not align with fluid streamlines before division

We then investigated whether there is a preferential cell alignment with respect to flow right before mitosis. For this purpose, we quantified the orientation of the cell main axis with respect to the fluid streamlines (obtained with the CFD simulation) right before division occurred (Fig. 5). An angle of 0° would represent the cell being parallel to the fluid streamlines, while 90° would indicate the cell being perpendicular to the fluid streamlines (Fig. 5A). There was no significant difference in the angle between the cell main axis and the fluid streamlines for the control *vs.* Flow^{++} group (Fig. 5C, boxplot) and for different velocities right before division in both groups (Fig. 5C, colormap). The dispersion of angle covered the smallest (0.1 mm s^{-1}) to the highest (0.5 mm s^{-1}) velocity without any distinctive pattern.

Linear increase of cell and nuclear volume during the cell cycle is not affected by flow

We further investigated cell and nuclear volume changes under flow (Flow^{++}) compared to control with 3D confocal time-lapse imaging. After a mitosis event, daughter cells were tracked and segmented to obtain the cell and nuclear volume of every single cell throughout entire cell cycle (Fig. 6, Movie S2†). For every time point, the cells were segmented using deep learning in three channels: the SiR-Actin (magenta) was used to approximate the cell volume and mVenus/mCherry (green, red) were used to measure the nuclear volume as well as the cell cycle phases (Fig. 7). Because we could isolate single cells inside a confined field of view (*i.e.*, the microfluidic trap) suitable for confocal imaging, tracking single cells over a long period of time with 3D confocal microscopy was successful.

The cell volume roughly doubled linearly from first mitosis (t = 0 h) to the next cell division event, in both the control and Flow^{++} groups (Fig. 7B). In absolute values, the cell volume started at 3000 μm^3 and ended at 6000 μm^3 (Fig. 7D) with a similar growth rate in both experimental conditions. More specifically during G1, cell volume increased from 3000 μm^3 to 4000 μm^3, and during S/G2/M from 4000 μm^3 to 6000 μm^3.

Similarly, nuclear volume roughly doubled for every cell (Fig. 7C) starting at 650 μm^3 and growing to 1200 μm^3 (Fig. 7E), in both control and Flow^{++} groups. During G1, the volume increased from 650 μm^3 to 800 μm^3, and continued in S/G2/M reaching 1200 μm^3 before division.

Time-resolved 3D shape analysis shows increasingly elongating cells not accompanied by nuclear shape changes

We then further investigated the cell and nuclear time-resolved morphology changes coming from the same 3D confocal time-lapse multi-channel images. Using MATLAB, we calculated the Eigenvalues of the voxels representing every segmented cell. We then defined the sphericity as the ratio of the second Eigenvalue with respect to the first Eigenvalue (Fig. 8), with 1 meaning a perfect spherical shape and 0 a really elongated cell (eqn (1)).

$$\text{Sphericity} = \frac{\text{EV2}}{\text{EV1}}, \ 0 < \text{Sphericity} < 1 \tag{1}$$

Firstly, within each experimental group and for every cell, we noticed a large fluctuation of cell sphericity over time, as visible in Fig. 8A, ranging from one to almost zero. This indicated that the cell shape is not a constant variable during the cell cycle, regardless of the fluid flow. Despite this variability, when averaging over the different cells at each time point, cell sphericity followed a descending trend going from roughly isotropic at the beginning of the cell cycle (cell sphericity ~0.6) to anisotropic and elongated towards the end (cell sphericity reaching ~0.1 right before mitosis) (Fig. 8C) for both control and Flow^{++}. This trend is visualized in Fig. 6 with the actual cell and nuclear rendering. It is
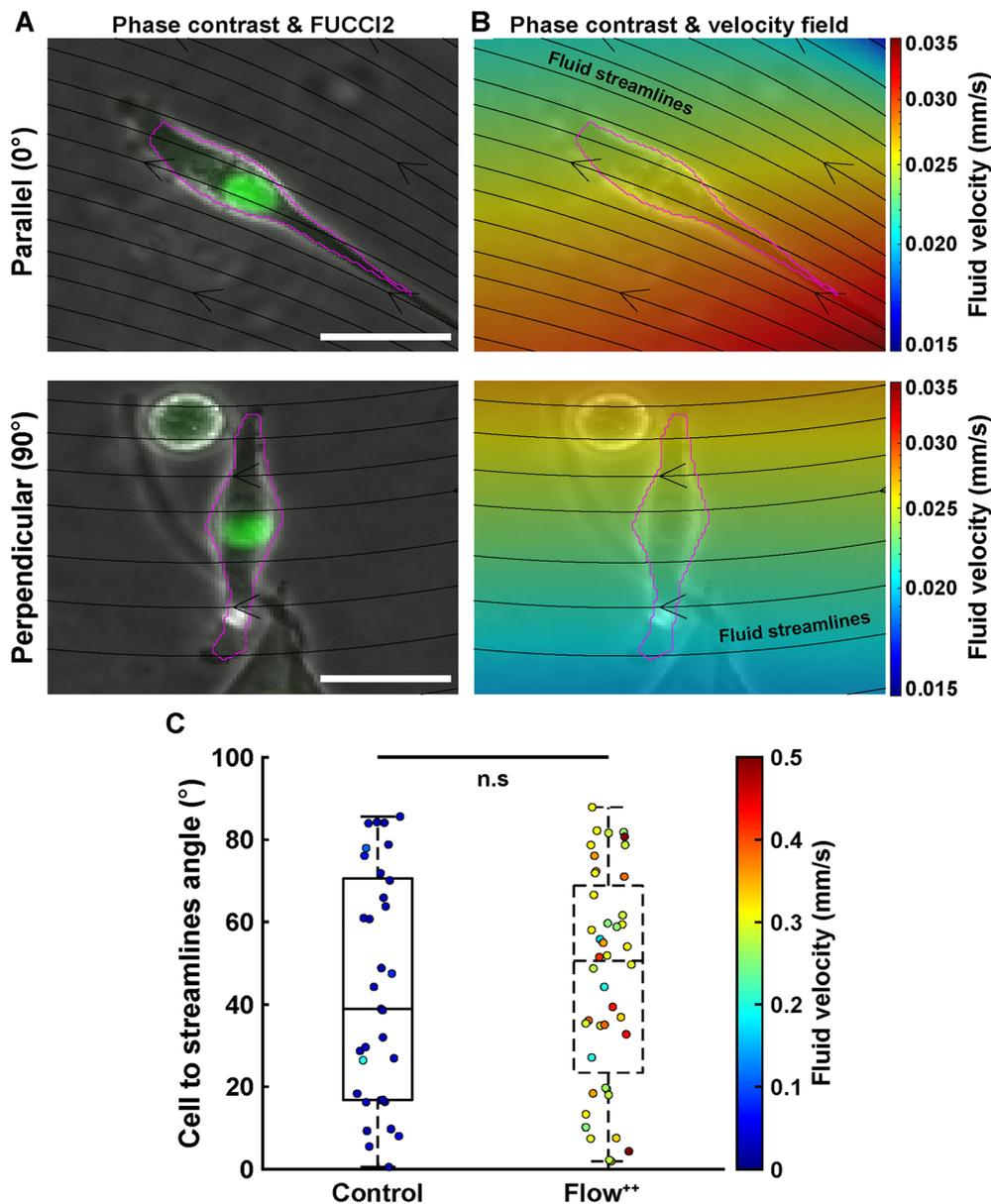
Fig. 5 Metastatic cell main axis does not have a preferred orientation with respect to the fluid streamlines before division. (A) Overlay of phase contrast image and FUCCI2 fluorescence channel image before division for exemplary cells presenting its main axis parallel (low angle) to the fluid streamlines (top panel) or perpendicular (high angle) to the streamlines (bottom panel). Scale bars are 50 μm. (B) Overlay of phase contrast image and simulated velocity field around the cell. (C) Angle between cell main axis and fluid streamlines (°) for the control and Flow^{++} groups (2 biological repeats, N = 33 and 44 cells, respectively). The markers are coloured according to the fluid velocity around the cell.

worth mentioning that the variance of cell sphericity with the Flow^{++} group was larger than the control group.

Moreover, thanks to the FUCCI2 signal, the nuclear sphericity could also be measured (Fig. 8B). For both experimental groups, nuclear sphericity over time displayed a smaller fluctuation compared to the cell sphericity. The extrema values ranged from 1 to 0.3 for the control to 0.9 to 0.2 for the Flow^{++} group (Fig. 8D). However, and in contrast to the cell sphericity, the average nuclear sphericity remained roughly constant with an average value reaching ~0.5. Similar to cell shape analysis, the nuclear sphericity variance was broader in Flow^{++} than in the control group.

The FUCCI2 signal provided additional information since we could distinguish the cell and nuclear sphericity at every phase of the cell cycle (Fig. 9). For this, we pooled all data points as a function of the cell cycle phase. It means that every data point in the boxplot corresponds to one cell for one time point in its respective cell cycle phase (G1, S/G2/M). The cell (Fig. 9A) and nuclear (Fig. 9C) volume increased significantly between the G1 and the S/G2/M (red *vs.* green boxplots) phase but we could not observe any significant differences between the control and the Flow^{++} groups. In terms of cell shape, we found a similar trend, meaning that between the G1 and the S/G2/M phase, the cell sphericity
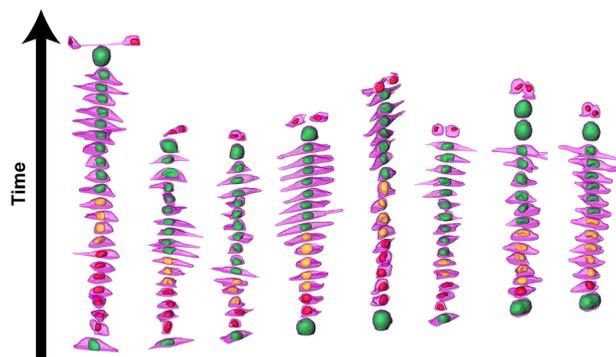
Fig. 6 3D time-lapse multi-channel confocal imaging and segmentation based on deep learning reveals volume and shape changes of the cell and nuclei throughout cell cycle. 3D time-lapse rendering of 8 different cells showing the evolution of the cell volume (magenta, SiR-Actin) along with the nuclear volume (red, yellow and green for the FUCCI2 system) as a function of the cell cycle phases in the control group.

significantly decreased for both the control (plain lines) and the Flow++ (dashed lines) groups (Fig. 9B). We could not see a significant difference in cell sphericity, neither in G1 nor S/G2/M phase. Additionally, the nuclear sphericity was similar between the control and the Flow++ in G1 and did not show significant differences (Fig. 9D, red boxplots). However, in S/G2/M the nuclear sphericity significantly decreased for the Flow++ group (Fig. 9D, green boxplots) with respect to the control.

Conclusions & discussion

Fluid flow and resulting shear stress is a physiologically important biophysical cue that is involved in several processes in cancer metastasis, such as dissemination of tumour cells to distant sites and their survival.[31] Here we investigate the effect of fluid flow from sinusoidal capillaries on metastatic breast cancer cells, since this dynamic environment is characteristic of regions where cells can adhere, roll and extravasate into the bone marrow interstitial matrix.[19] With the specific microfluidic design, we can isolate single cells and monitor several aspects of their cell cycle dynamics in correlation with migration and morphology in real time and in 3D for long periods of time, as a function of shear stress. This design has the best trapping efficiency, single cells are quasi-isolated and our CFD simulation inside the trap (Fig. 1C) shows that the velocities correspond to what was measured *in vivo* in the bone marrow sinusoidal capillaries.[19]

Our findings on 2D single cell analysis identify sinusoidal fluid flow (Flow++) as a biophysical cue that can modulate cell cycle dynamics by reducing the S/G2/M phase duration, hence the overall division time and thus accelerating the proliferation of metastatic cancer cells (Fig. 2). This is accompanied by faster cell motility, which does not correlate with the direction of the flow (Fig. 4). During the experiments and irrespective of the flow conditions, a few cells were

washed away during rounding up leading to mitosis. Since we could not capture the entire duration of their cell cycle, these were excluded from the analysis. A small number of cells show distinct behaviours in term of migration or cell cycle phase duration in all three experimental groups. Since we are working with a highly metastatic breast cancer cell line, it is possible that heterogeneity arises, and it could be of interest to test these experiments with another cell line in the future.

Furthermore, we investigated time-resolved volume and shape changes of single cells and their nuclei using 3D time-lapse single cell analysis (Fig. 6–9). Cell and nuclear volume linearly increased with time and no difference was found for cells under flow (Fig. 7). Previous studies have shown that cell cycle arrest induced by hyperosmotic pressure is accompanied by impaired nuclear growth.[26] This is not the case under sinusoidal fluid flow, where cell and nuclear volume growth are analogous to the control group, which is consistent with similar cell cycle dynamics for the Flow+ group and slightly faster dynamics for the Flow++ group.

To understand what could cause faster cell division under Flow++, we investigated cell shape evolution with respect to the flow direction. In particular, we hypothesized that cells could elongate perpendicular to the flow direction and the resulting shear forces could support and promote cell division. We analyzed the angle between the cell main axis and flow direction right before division in 2D experiments (Fig. 5), as well as time-resolved cell and nuclear sphericity in 3D experiments (Fig. 8 and 9). However, we found no trend of high (90°) angle between the cell main axis and flow direction that could support this hypothesis. The 3D analysis revealed increasingly elongated cell shape with time, particularly in the S/G2/M phase. Yet, no significant difference was found between control and Flow++ groups. Nuclear sphericity was also monitored with progressing cell cycle, with no apparent difference between control and Flow++ groups (Fig. 8D). Only when pooling all data points according to cell cycle, significantly more elongated nuclei were found for the S/G2/M phase under Flow++. Cell motility is often associated with cell morphology,[32] we thus investigated whether cell volume and/or sphericity would be correlated with cell migration speed at each time point (Fig. S5†). We could not observe any significant trend in both the control and the Flow++ groups.

Such detailed time-resolved single cell analysis in 2D and 3D was made possible thanks to artificial intelligence during image analysis of large datasets. Most methods for cell or nuclear segmentation involve a compromise between automation and flexibility. It can be done completely with manual labelling,[33] with customized pipelines involving user-specific parameters[34–36] or with fully automated methods based on deep learning networks containing parameters estimated on large training datasets.[37,38] Here we propose an approach based on the deep learning network U-net for 3D time-lapse cell and nucleus segmentation with minimal training datasets. By doing so, we significantly decreased the
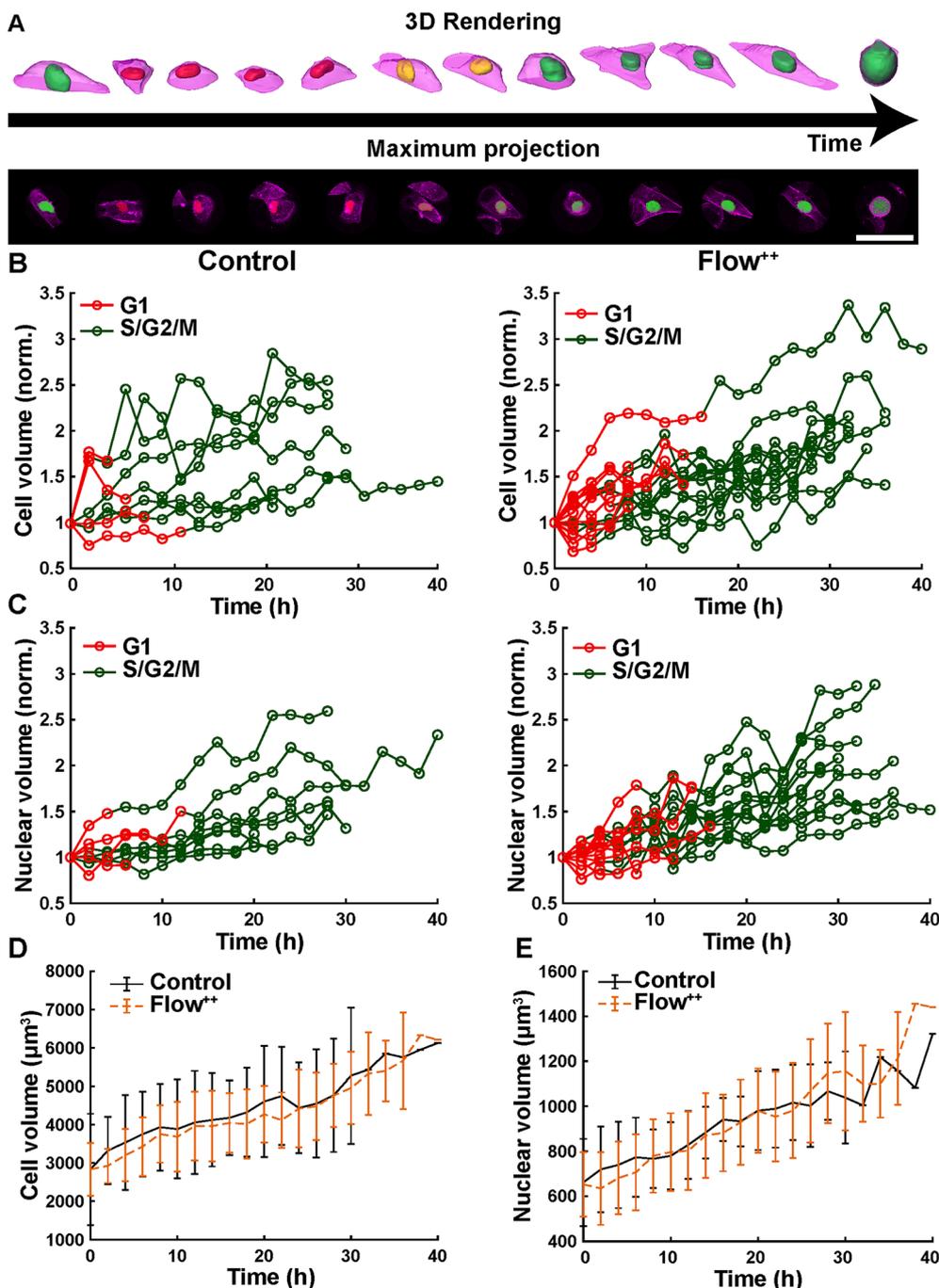
Fig. 7 Time-resolved confocal 3D imaging of metastatic cells reveals linearly increasing cell and nuclear volume during cell cycle with no significant effect of fluid flow. (A) 3D rendering and maximum projection of one exemplary time-lapse confocal 3D imaging showing the evolution of the cell volume (magenta, SiR-Actin) with the nuclear volume (red, yellow, and green for FUCCI2). Scale bar is 50 μm. (B) Time-resolved single cell volume during the cell cycle of every cell (normalized to the initial volume) for the control and Flow^{++} groups (two biological repeats and N = 8 and 15 cells). (C) Time-resolved nuclear volume during the cell cycle of every cell (normalized to the initial volume). (D) Cell volume (μm^3) and (E) nuclear volume (μm^3) over time averaged for all cells at each time point with their standard deviation.

processing time of our large datasets. Still, our method was trained on a specialized dataset, and it will be interesting to see how it can be generalized to other cell lines. A large international competition (Data Science Bowl) was held recently to gather datasets of varied images of nuclei from many different laboratories and a deep learning method

outperformed other methods on segmentation tasks.[39] Very recently, a similar approach was taken to gather images of cells from many laboratories and create a universal deep learning model to perform cell segmentation without requiring parameter adjustments, new training data or network retraining.[40]
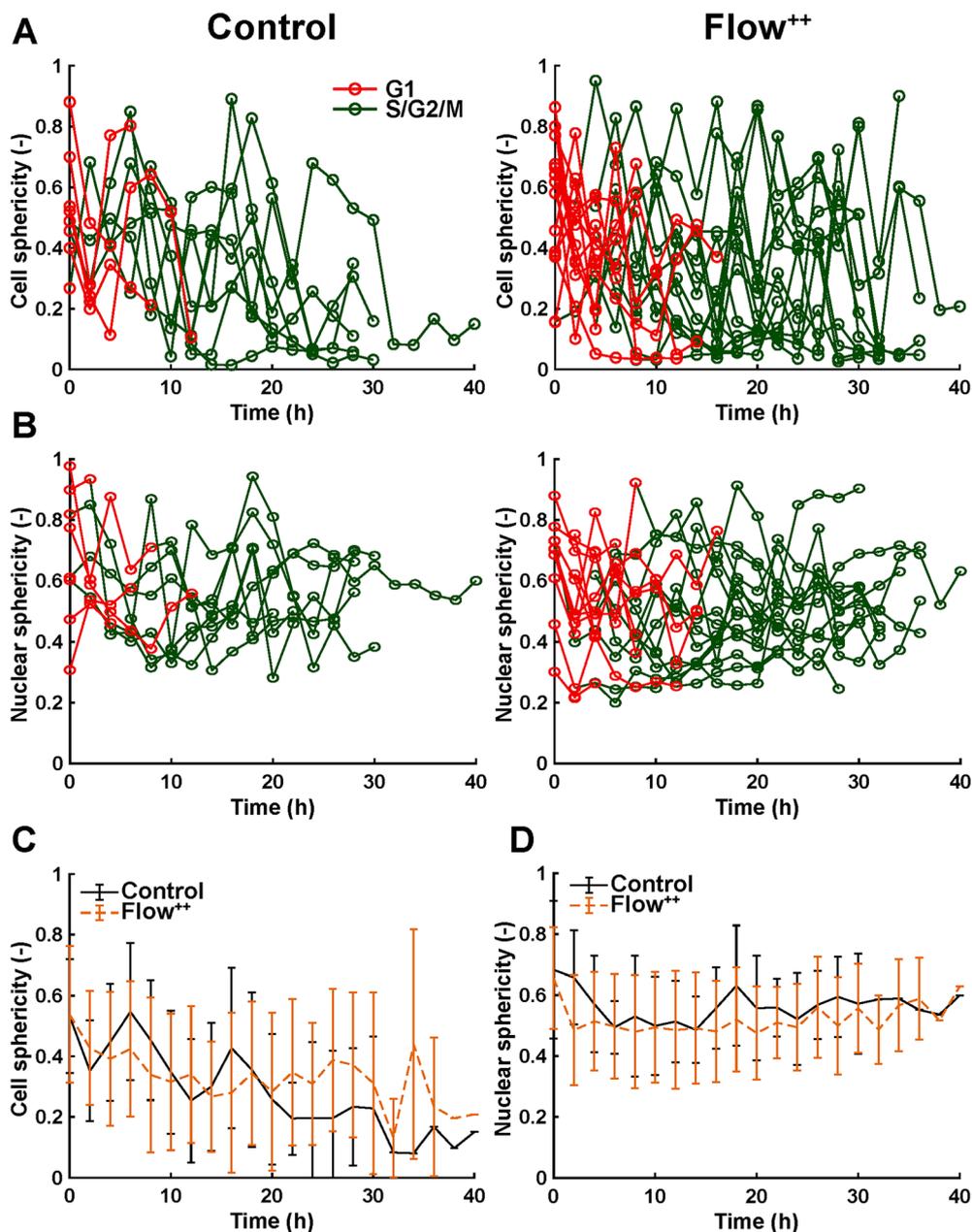
Fig. 8 Time-resolved confocal 3D imaging of metastatic cells reveals variation of cell and nuclear sphericity throughout the cell cycle. (A) Time-resolved single cell sphericity during the cell cycle of every cell for the control and Flow++ groups (two biological repeats and *N* = 8 and 15 cells). (B) Time-resolved nuclear sphericity during the cell cycle of every cell for the control and Flow++ groups. (C) Cell sphericity and (D) nuclear sphericity over time averaged between all cells with the standard deviation.

Our findings are in agreement with previous work done with prostate cancer cells that demonstrated an acceleration of proliferation under similar range of wall shear stress.[41] To evaluate the wall shear stress in our experiment, we used the real shape of the cell from the 3D time-lapse segmentation together with computational fluid dynamics (CFD) simulations (Fig. S6 and S7 in the ESI†). Lee *et al.*[41] identified that under flow, the transcriptional coactivator with PDZ-binding motif (TAZ) positively influenced cancer cell proliferation, whereas silencing of TAZ under flow reduced proliferation with respect to control. Indeed, TAZ can act as a promotor and amplify genes that have roles in cell proliferation and other cellular functions[42,43] and its activation under fluid flow could explain the observed acceleration in the cell cycle. While accelerated proliferation under sinusoidal flow was previously reported,[41] to the best of our knowledge it is the first time that quantification of cell cycle phase duration in real time, in conjunction with cell motility, volume and morphology of the cell and nucleus, is being reported thanks to the FUCCI2 system.

In contrast, higher fluid flow and shear stress (~12 dynes per cm^2), which are values found *in vivo* in intermediate
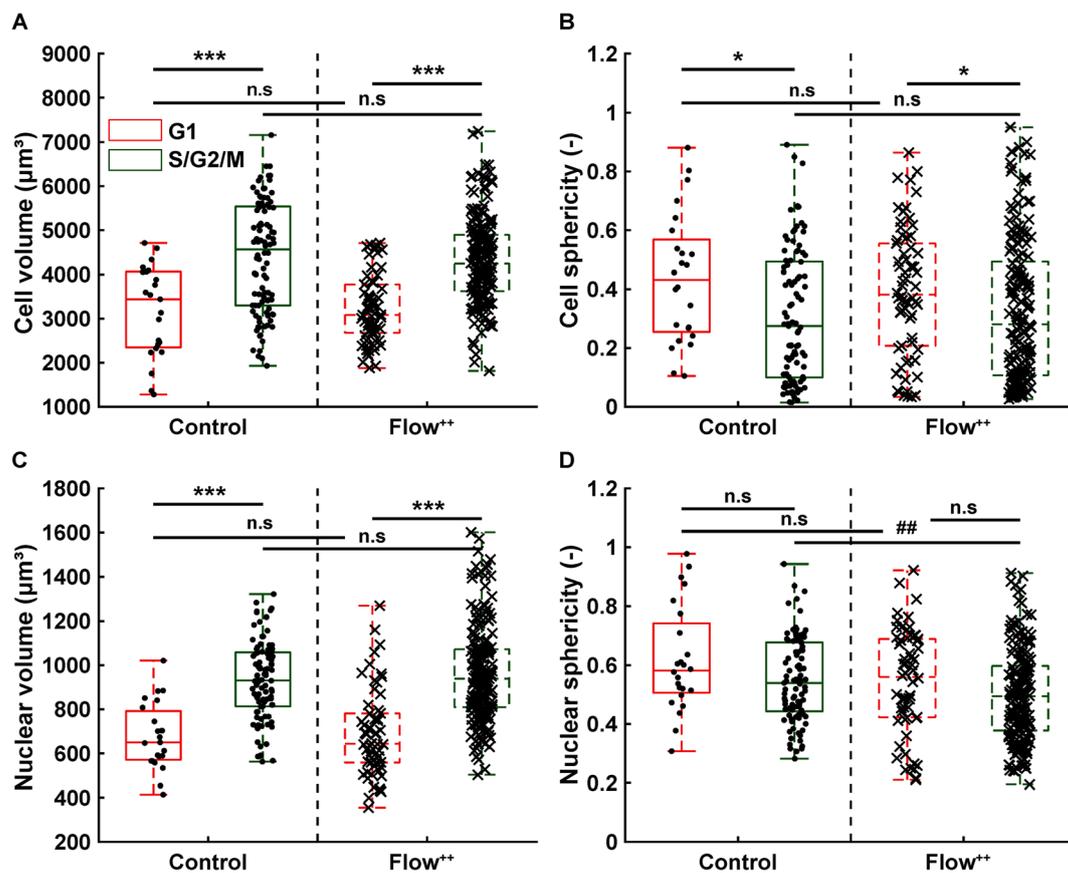
Fig. 9 Confocal 3D imaging of metastatic cells with FUCCI2 technology reveals volume and shape evolution throughout different parts of the cell cycle. (A) Cell and (C) nuclear volume during the G1 phase (red), S/G2/M phase (green) for the control and Flow^{++} groups (2 biological repeats and N = 23, 97, 66, and 177 timepoints, respectively). (B) Cell and (D) nuclear sphericity during the G1 phase (red), S/G2/M phase (green) for the control and Flow^{++} groups.

capillaries,[19] could induce a cell cycle arrest *via* G2/M in DTCs. This occurs through an increase in the expression of cyclin B1 and p21, decreasing expressions of cyclin A, D1 and E, CDK-1, −2, −4 and −6, as well as p27, in three bone cancer cell lines and one tongue cancer cell line.[44] This result can also be put in perspective with the emergence of quiescent hematopoietic stem cells preferentially found adjacent to small arterioles in the BM,[18] regions where shear stress is higher than sinusoidal capillaries (>20 dyne per cm^2).[19] Unfortunately, our system in its current state does not allow to reach such high shear stresses and would require design modifications. The platform nevertheless allows us to investigate physiologically relevant shear stress values found in sinusoids capillaries.[19]

Acting not only as a cell cycle reporter, the FUCCI2 system can also be used to track single cell motility thanks to our FUCCItrack software.[29] We show that irrespective of the flow condition, MDA-FUCCI2 generally had similar speed in G1 and in S/G2/M phase, matching previous work with HeLa FUCCI cells.[45] Moreover, under Flow^{++} the speed and distance travelled increased significantly compared to control, despite not exhibiting any preferred direction with respect to the direction of the flow. A previous study with

MDA-MB-231 cells in a microfluidic device also confirmed an increase in speed as well as a more mobile behaviour under flow.[46] More specifically, they identified the transient receptor potential melastatin 7 (TRPM7) as being activated by fluid-shear through deformation of the plasma membrane. This promoted extracellular calcium influx, which in turn activated several pathways coordinating cell motility. Indeed, it has been shown that biophysical cues such as shear stress can activate mechanosensitive ion channels to enable uptake of extracellular Ca^{2+} into the cell.[47] This could explain some of the results we are observing, although further experiments would be needed to confirm this.

In conclusion, taking advantage of FUCCI2, microfluidics and a deep learning approach altogether, we could perform quantitative 2D and 3D time-lapse multi-channel imaging. Here, our findings on 2D single cell analysis identify fluid flow mimicking sinusoidal capillaries as a biophysical cue that can slightly modulate single cell cycle dynamics by reducing the S/G2/M phase duration, hence the overall division time, as well as increasing cell motility irrespective of the flow direction. These two results could have important repercussions in the context of cancer progression. The increased motility of adherent cells could facilitate the

crossing of the endothelial barrier[48] by spanning more area of the sinusoids. Further, faster dividing cells could cause a physical occlusion of small capillaries facilitating cell extravasation.[15] This way, more motile and faster dividing cells under capillary fluid flow could facilitate metastasis progression. It would be of great interest to visualize our FUCCI2 cancer cells *in vivo* inside an animal model such as zebrafish[49,50] to help translate our findings to a more physiological setting. For instance, Goetz *et al.* recently uncovered the cellular and molecular mechanisms driving blood flow dependent arrest of circulating tumour cells, endothelial remodelling and extravasation thanks to this model.[51,52] The evolution of cell and nuclear volume as well as morphology throughout the cell cycle was also revealed thanks to the impressive efficiency of deep learning-based approach for 3D time-lapse multi-channel segmentation.

Data availability

All raw and processed data, microfluidic design masks and custom-made code is available in a publicly accessible repository of the Max Planck Society (**https://doi.org/10.17617/3.658NWI**).

Author contributions

H. M. T., T. R. and A. C. conceived the idea and designed the experiments. H. M. T. and G. H. performed the experiments. H. M. T. and G. H. designed the simulation workflow. H. M. T, T. R. and A. C. analyzed and discussed the data. H. M. T., T. R. and A. C. wrote the manuscript.

Conflicts of interest

There are no conflicts to declare.

Acknowledgements

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