

Showcasing research from Dr. Daozong Xia's laboratory, Department of Food Science and Nutrition, School of Pharmaceutical Sciences, Zhejiang Chinese Medical University, Hangzhou, China.

Kaempferol regulates the thermogenic function of adipocytes in high-fat-diet-induced obesity *via* the CDK6/RUNX1/UCP1 signaling pathway

In this study, we demonstrated that kaempferol-treated mice were protected from diet-induced obesity, glucose tolerance, and insulin resistance, accompanied with markedly increased energy expenditure and *ex vivo* oxygen consumption of white fat, and increased expression of proteins related to adaptive thermogenesis. Further studies revealed that kaempferol was involved in promoting beige cell formation by suppressing CDK6 protein expression. This study provides evidence that KPF is a promising natural product for obesity treatment by boosting energy expenditure.



