

Showcasing research from Professor Yue's laboratory, Northwest Institute of Plateau Biology, CAS, Qinghai 810008, China.

Hypoglycemic effect of *Nitraria tangutorum* fruit by inhibiting glycosidase and regulating IRS1/PI3K/AKT signalling pathway and its active ingredient identification by UPLC-MS

Nitraria tangutorum (white thorn) is a wild plant with the homology of medicine and food, and has high economic, ecological, and medicinal value. There is a large distribution of white thorn at the edge of the desert oasis in the Qaidam Basin. It is preliminarily estimated that the entire Qaidam Basin can produce 300 to 500 thousand tons of white thorn fruits annually. The mature white thorn fruit is crystal clear, red like pearls, and purple like agate, affectionately known as the "Gaoyuan Red Pearl".



