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Towards decarbonization of shipping: direct emissions & life cycle impacts from a biofuel trial aboard an ocean-going dry bulk vessel

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Towards decarbonization of shipping: direct emissions & life cycle impacts from a biofuel trial aboard an ocean-going dry bulk vessel†

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On board emission measurements from a dry bulk vessel operating on an advanced biofuel, produced from used cooking oil (UCO), are reported for the first time, in an effort to assess potential benefits and impacts compared to conventional fossil fuels. Carbon dioxide (CO₂) and nitrogen oxide (NO_x) emission measurements were performed on a slow-speed, two-stroke marine diesel engine of a Kamsarmax vessel, while burning a 50 : 50 biofuel blend of UCO biodiesel and marine gas oil (MGO). The same gases were monitored, under similar conditions, while the vessel was burning solely low-sulfur MGO (LSMGO) allowing for relevant comparisons. Sulfur dioxide (SO₂) emissions were also calculated for the tested fuels. Apart from comparing the biofuel blend with LSMGO in terms of direct emissions from combustion, indirect emissions associated with the extraction, production and transportation of both fuels were estimated based on recent literature. Life cycle emissions were also estimated for different scenarios involving conventional marine fuels for performing the same voyage. Marginal differences were observed regarding CO₂ and NO_x emissions of the tested fuels, while the SO₂ emissions of the biofuel blend were about 50% lower compared to LSMGO. Although the biofuel blend generates combustion CO₂ emissions very similar to those of conventional marine fuels, it can achieve up to 40% emissions reduction from a life cycle analysis (LCA) perspective. These results, combined with the fact that no operational issues occurred during the biofuel trial, show that such fuels have significant potential towards the decarbonization of dry bulk shipping.

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Introduction

The shipping sector currently accounts for 3% of the annual global greenhouse gas (GHG) emissions,¹ while generating about 2.3 million tons of sulfur dioxide (SO₂) and 3.2 million tons of nitrogen oxides (NO_x) per year.² As the sector continues to grow and stricter environmental and climate change regulations are being enforced, ship owners are under significant pressure to reduce emissions. In 2018, the International Maritime Organization (IMO) introduced its initial GHG strategy, envisaging the reduction of carbon dioxide (CO₂) emissions per transport work by at least 40% by 2030, while pursuing efforts towards 70% by 2050, compared to 2008 levels.³ Moreover, IMO's regulations, enforced from January 2020 onwards, are capping the global fuel sulfur content to 0.5 mass percent

(% m/m) from 3.5% m/m. This requirement is in addition to the 0.1% m/m sulfur limit in the North American, US Caribbean, North Sea and Baltic Sea Sulfur Emission Control Areas (SECAs). Furthermore, a binding international agreement (the 2008 revision to the 1997 Annex VI of the International Convention for the Prevention of Pollution from Ships – MARPOL⁴), apart from the sulfur oxide (SO_x) emissions, limits the particulate matter (PM) and NO_x emissions of ships.^{5–7}

A plethora of technical and operational options are being explored to improve propulsion efficiency and reduce shipping emissions. Biofuels produced using organic feedstocks¹¹ are considered among the most viable options towards early decarbonization of shipping in the short-term future. They can be blended with conventional marine fuels and used in already existing vessels without – or with minor – modifications (drop-in fuels), taking advantage of the existing bunkering infrastructure.^{8–10}

Biofuels are classified in four main generations based on the feedstock used for their production. First generation (1G) derives from food crops and has been widely used in the automotive sector. However, 1G sustainability is strongly debated, due to competition for land with food production. Huge land areas are needed to cover shipping demand (about 300 million

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tons annually), while the environmental performance of 1G biofuels is doubtful if life cycle emissions from land use changes (LUC) are considered.^{11,12} Second generation (2G) biofuels derive from non-food biomass, including lignocellulosic feedstock, wastes and residues. 2G biofuels have significant potential for shipping, as they avoid the food-vs.-fuel debate. They still face economic and technical challenges, however, it is expected that they will achieve a significant market penetration before 2030, as production technologies are becoming more mature.^{7,10,11,13} Third generation (3G) biofuels derive from algae, an abundant resource, which can theoretically achieve oil yields 10–100 times greater than those of energy crops. However, scalable, commercially viable 3G systems have not yet been deployed. Several technological barriers concerning their low energy efficiency need to be overcome to enable their viability.^{14–21} The fourth biofuel generation (4G) concerns the use of genetically modified microorganisms and crops as feedstocks. Such biofuels are currently in a research state and their scalability has yet to be showcased.

2G biofuels are currently the most attractive and readily available biofuel option for dry bulk shipping to achieve emission reduction targets.^{7,9,22–24} Indeed, bulk carriers have the greatest contribution to the total shipping CO₂ emissions. They represent 21% of the global merchant fleet,²⁵ and account for approximately 47% of the total annual shipping CO₂ emissions, generating 440 million tons of CO₂ per year.⁸

In an effort to assess the contribution of 2G biofuels to the reduction of bulk carriers' emissions, we conducted a biofuel trial aboard an ocean-going bulk vessel. On board measured emission values from a bulk carrier operating on biofuel have not been reported in the literature. We have tested a 50 : 50 blend (biofuel blend) of a commercially available 2G biofuel (GoodFuels MDF1-100) with marine gas oil (MGO) in a bulk carrier bunkered in Singapore. The advanced (2G) drop-in biofuel used was derived from used cooking oil (UCO). Minor modifications were carried out to burn the biofuel blend efficiently, and monitoring instruments were installed to capture the biofuel trial data as accurately as possible. The key objective of the trial was to explore the merits and challenges of biofuels compared to conventional marine fuels. We have monitored emissions from burning low-sulfur marine gas oil (LSMGO) in the same vessel to allow for relevant comparisons. CO₂ and NO_x emission measurements were performed using a specifically developed protocol, and SO_x emissions were calculated, following the International Organization for Standardization (ISO) 8178 guidelines.^{26,27} Apart from measuring direct combustion emissions, indirect CO₂ emissions associated with all the production steps of both fuels were also estimated to provide comparisons from a life cycle perspective.

Experimental

Vessel & engine description

The Kira Oldendorff (IMO no. 9867566) eco-Kamsarmax bulk carrier vessel was selected for this study, sailing under the flag of Liberia and built in 2020. It is a representative ocean-going bulk vessel, with a carrying capacity of 81 290 tons

deadweight (DWT), length overall (LOA) of 229 meters and width of 32.26 meters. The vessel's average and maximum speeds are 10.5 and 14.7 knots respectively.

Kira Oldendorff vessel is fitted with a MAN B&W 6S60ME-C8.5 slow-speed, two-stroke diesel main engine, whose design and performance parameters comply with the IMO Tier II emission regulations for NO_x emissions.²⁸ The main engine has a nominal maximum continuous rating (nominal MCR) of 9932 kW at 90.2 rpm (100% engine power). The vessel also has three auxiliary YANMAR 6EY18ALW diesel generators of 800 kW rated output.

Tested fuels & voyages

The tested biofuel blend consisted of the GoodFuels MDF1-100 2G biofuel derived from UCO by 50% (98.75 tons of the 197.5 tons total; sufficient amount for about six days steaming) and by 50% MGO. The biofuel blend was bunkered in Singapore in April 2021. The vessel departed from Singapore and started burning the biofuel blend having as her destination the port of Las Palmas, Spain. During this voyage biofuel blend-related emission measurements were performed. The vessel arrived in Las Palmas in May 2021 and was bunkered with LSMGO. Then, she left from Las Palmas heading to Lulea, Sweden, while burning LSMGO. For comparison purposes, emission monitoring and analysis was also conducted during this voyage, while the vessel was burning solely LSMGO.

Samples from both the biodiesel blend and LSMGO were analyzed to determine their chemical composition and physical properties. The main properties of fuels are presented in Table 1 and they are also compared with MAN B&W specifications (main engine manufacturer).²⁸ Results from the chemical testing of the fuels including the test methods followed for their analyses are provided in detail in the ESI (ESI Note 2, Fig. S13–S16†). The conducted emission sampling and analysis concerns the main engine of the vessel, while she was operating outside of SECAs (Tier II NO_x limits apply).

Engine operating modes

An emissions measurement plan was developed considering the voyage and the engine operation conditions. Efforts were made to conduct the emissions measurements at engine loads as close as possible to those specified by the ISO 8178.²⁷ Five representative main engine operating modes have been specified based on the ahead direction positions of the engine's telegraph, *i.e.*, dead slow ahead (mode 1), slow ahead (mode 2), half ahead (mode 3), full ahead (mode 4), full navigation ahead (mode 5). During all five main engine operating modes the two auxiliary diesel generators were working, while the third one was in stand-by mode. For each tested fuel, emission measurements were performed for all five engine operating modes in ascending order. Weighting factors for each engine operating mode were established considering the weighting factors recommended by the ISO 8178 (ref. 27) for marine applications type E2, suggesting that engine operations in loads greater than 50% have a weighting factor of 85%. This is also suggested by similar literature sources.²⁹ Navigation data,

Table 1 Chemical composition and physical properties of tested fuels

Fuel property	Test method	Engine specifications	Biofuel blend	LSMGO
Density at 15 °C (kg m ⁻³)	ISO 12185	≤1010.00	856.80	847.80
Kinematic viscosity at 50 °C (cSt)	ASTM D7042	≤700.00	3.41	3.36
Net calorific value (MJ kg ⁻¹)	ASTM D240 for biofuel blend; ISO 8217 for LSMGO	>35.00	40.20	42.76
Flash point (°C)	LP 1503	≥60.00	>70.0	>70.0
Pour point (°C)	LP 1305 for biofuel blend; ISO 3016 for LSMGO	≤30.00	−3.00	0.00
Sulfur content (%m/m)	ISO 8754	<0.50 ^a	0.05	0.10
Cetane index	ISO 4264	—	54.00	52.00
Carbon content (%m/m)	ASTM D5291	—	83.00	87.00
Nitrogen content (%m/m)	ASTM D5291	—	<0.10	<0.10
FAME content (%v/v)	ASTM D7371 for biofuel blend; EN 14078 for LSMGO	—	45.88	<0.10
Water content (%v/v)	ASTM D6304-C	≤0.50	0.06	<0.01
Ash content (%m/m)	LP 2605 for biofuel blend; LP 1001 for LSMGO	≤0.15	<0.01	<0.01
Aluminum + silicon (mg kg ⁻¹)	LP 1105 for biofuel blend; IP 501 for LSMGO	≤60.00	<3.00	<2.00
Vanadium content (mg kg ⁻¹)		≤450.00	<1.00	<1.00
Phosphorus content (mg kg ⁻¹)		≤15	2.00	<1.00
Sodium content (mg kg ⁻¹)		≤15	<1.00	<1.00
Potassium content (mg kg ⁻¹)	LP1105 for biofuel blend; LP1101 for LSMGO	≤15	2.00	<1.00

^a MARPOL standard.

engine information (*e.g.*, engine power, speed, fuel consumption, *etc.*) and environmental conditions were also monitored during each mode by the vessel's instrumentation. The five engine operating modes, as well as their respective considered weighting factors and recorded engine conditions for the different test fuels are presented in Table 2. For modes 2 and 4, two values are given for each engine condition in case of the biofuel blend. These values represent different emission samples taken under similar engine conditions while the biofuel blend was used. A detailed presentation of the recorded engine, navigation and environmental data for each engine operating mode is provided in the ESI of this work (ESI Note 1, Fig. S1–S12[†]).

On board emission measurement campaign

Concentrations of CO₂ and NO_x were measured using two commercially available portable flue gas analyzers, the Wöhler A 550 INDUSTRIAL³⁰ and the TESTO 350.³¹ Both instruments were used to measure both gases for more accurate results. Instruments were calibrated according to their manufacturers specifications and tested on board before the emission measurement campaign. The accuracy of the instruments for the measured parameters is presented in Table 3.

Two sampling points inside the vessel's funnel were used to take measurements from the raw exhaust stream, one below and one above the silencer. Gas samples were taken with both devices from both sampling points for each one of the five

Table 2 Engine operating modes and relevant engine conditions per tested fuel

	Mode 1: dead slow ahead	Mode 2: slow ahead	Mode 3: half ahead	Mode 4: full ahead	Mode 5: full navigation ahead
Weighting factor	0.05	0.05	0.25	0.50	0.15
Engine conditions while using the biofuel blend					
Engine load (%)	20	32 & 37 ^a	41	61 & 63 ^a	90
Engine rpm	37	55 & 66	63	79	90
Power (kW h)	1986	3178 & 3675	4072	6058 & 6257	8939
Consumed fuel (kg h ⁻¹)	280	561 & 825	736	1179 & 1215	1780
Specific fuel oil consumption (g kW ⁻¹ h ⁻¹)	141	177 & 224	181	195 & 194	199
Engine conditions while using LSMGO					
Engine load (%)	23	37	44	67	90
Engine rpm	36	55	63	79	87
Power (kW h)	2284	3675	4370	6654	8939
Consumed fuel (kg h ⁻¹)	304	587	762	1245	1703
Specific fuel oil consumption (g kW ⁻¹ h ⁻¹)	133	160	174	187	191

^a Different emission samples taken under similar conditions while burning the biofuel blend.

Table 3 Accuracy of the portable flue gas analyzers used

Measured parameter	Wöhler A 550 INDUSTRIAL (measurement range)	TESTO 350 (measurement range)
CO ₂	± 0.3 vol% (0–6 vol%)	± 0.3 vol% (0–25 vol%)
NO _x	±5% of reading (>100 ppm)	±5% of reading (<100–1999 ppm)

engine operating modes, following the gas analyzer manufacturers guidelines, while conforming to the sampling requirements of ISO 8178.^{26,27} For sampling point 1, the gaseous emissions sampling probes were fitted sufficiently close to combustion. Sampling point 2 was added for getting additional data and increase the validity of the measurements. Steel protection flanges were fabricated for each sampling point. The schematic diagram of the sampling setup is provided in Fig. 1.

For all engine operating modes, the main engine was first allowed to run for 30 minutes to reach steady-state conditions before taking measurements. The engine conditions were monitored during one hour of steady run for each mode, while measurements were taken. Biofuel blend measurements were taken on the 15th and the 17th of April 2021, while LSMGO measurements were taken on the 12th and the 13th of May 2021.

Calculation of emission factors (EFs)

Emissions were instantaneously measured in parts per million (ppm) for NO_x and in percentage of gas volume (%v/v) for CO₂. For each engine mode, measurements were taken in duplicates and the average of both measurements for both sampling points was used. After averaging, the instantaneous emissions for each monitored parameter were converted to grams of emissions per kilowatt hour (g kW⁻¹ h⁻¹) of the main engine to allow for comparisons. The exhaust gas flow rate was used for this conversion. Specific fuel consumption and emitted CO₂ were used to calculate the exhaust gas flow rate, following the carbon balance method specified in ISO 8178 recommendations.²⁷ This approach is commonly adopted in similar literature as well.^{32–35} Exhaust gas flow rate (Exh_flow in m³ h⁻¹) was

calculated based on the formed CO₂, and assuming that all carbon in the fuels is converted completely into CO₂ during combustion following eqn (1).

$$\text{Exh_flow} = \frac{\text{Fuel_cons.} \times \text{Fuel_C_content} \times \left(\frac{\text{MM}_{\text{CO}_2}}{\text{MM}_\text{C}} \right)}{D_{\text{CO}_2} \times (C_{\text{CO}_2,\text{exh}} - C_{\text{CO}_2,\text{air}})} \quad (1)$$

where Fuel_cons. is the fuel consumption (kg h⁻¹); Fuel_C_content is the carbon content of the fuel (% m/m); MM_{CO₂} is the molar mass of CO₂ (g mol⁻¹) and is equal to 44; MM_C is the molar mass of carbon (g mol⁻¹) and is equal to 12; D_{CO₂} is the density of CO₂ (kg m⁻³) and is equal to 1.96; C_{CO₂,exh} is the concentration of CO₂ in the exhaust gas (%v/v); C_{CO₂,air} is the concentration of CO₂ in the air (%v/v).

The emission factors of the monitored gases were then calculated in g kW⁻¹ h⁻¹ following eqn (2).

$$\text{EF}_k = \text{ER}_k \times \frac{P \times \text{Exh_flow} \times \text{MM}_k}{R \times T \times \text{Engine_output}} \quad (2)$$

where EF_k are the emission factors for the *k* monitored parameter (g kW⁻¹ h⁻¹); ER is the average of all the instantaneous measurements for *k* monitored gas (ppm or %v/v; measured values are divided by 10⁶ or 10² respectively); *P* is the average pressure in standard conditions (101 325 N m⁻²); Exh_flow is the volumetric flow rate of the exhaust calculated using eqn (1) (m³ h⁻¹); MM is the molar mass of the *k* monitored parameter (g mol⁻¹); *R* is the ideal gas constant (8.3145 J mol⁻¹ K⁻¹); *T* is the average temperature in standard conditions (273.15 K); Engine_output is the average generated engine propulsion power (kW).

In order to calculate the weighted overall emissions, the results of eqn (2) for each monitored gas and engine type are multiplied with the respective weighting factor (Table 2) and summed together.

The SO₂ emissions from each fuel were calculated based on their sulfur levels as per ISO 8178.²⁶

Life cycle impact assessment

Based on the measured CO₂ onboard emissions and on recent literature sources, the estimation of the overall CO₂ emissions across the whole life cycle of the tested fuels was attempted (total GHG emissions in CO₂ equivalent units would require the measurement of methane and nitrous oxide emissions as well as of particles like black carbon which has not been performed in this study). The overall weighted CO₂ emissions of the tested fuels represent the direct CO₂ emissions during fuel combustion, or the Tank-To-Wake (TTW) emissions of the fuels. To assess the life cycle impacts of the biofuel blend and the

Fig. 1 Schematic diagram of the onboard emission monitoring system.

LSMGO, the indirect emissions of the fuels were estimated based on prior similar studies.^{36,37} These emissions concern all the processes involved in the extraction, production and transportation of the fuels until they were delivered into the vessel's fuel tanks and are also called Well-To-Tank (WTT) emissions.

The avoided emissions from the use of UCO in the biofuel blend were also considered, representing the emissions which would have been generated from the collection, treatment and disposal of the UCO if it has not been used as a biofuel feedstock.¹² To calculate the total life cycle impacts, *i.e.*, the Well-To-Wake (WTW) impacts, WTT and TTW were added, while subtracting any avoided emissions, as they have been reported in the literature.^{12,37} The description of the life cycle analysis (LCA) methods followed in the selected literature sources that were taken into account in the present study, including system boundaries, functional units, *etc.*, are described in the ESI of this work (ESI Note 3, Fig. S17 and S18†).

Three different scenarios involving the use of different fuels for performing the same voyage were also assessed to compare conventional marine fuels to the biofuel blend from an LCA perspective. Scenario 1 is a typical or "business as usual" (BAU) scenario for bulk carriers, where only petroleum-based fuels would have been used to perform the voyage, *i.e.*, MGO (0.5% S), LSMGO (0.1% S) and heavy fuel oil (HFO) in the following quantities: 25.7 tons, 180.4 tons and 2066.2 tons respectively. Scenario 2 represents the actual voyage as it happened and concerns the use of MGO (0.5% S), LSMGO (0.1% S), HFO, and the biofuel blend in the following quantities: 23.2 tons, 180.4 tons, 1868.4 tons and 197.5 tons respectively. Scenario 3 concerns the performance of the entire voyage using solely the biofuel blend, *i.e.*, burning 2249.3 tons of the biofuel blend. The three scenarios are equivalent as the total energy generated for propulsion in all three cases is 92 TJ.

Results and discussion

CO₂ emissions

The CO₂ emissions per each engine mode for the biofuel blend and LSMGO are presented in Fig. 2a. As observed, in the first two operating modes, the CO₂ emissions from the biofuel blend are slightly greater than those of LSMGO, by 0.4% and 5% respectively. In contrast, in the next three modes, where the engine operates in higher loads, the CO₂ emissions of the biofuel blend are slightly lower than those of LSMGO, by 2% for modes 3 and 4 and by 1% for mode 5. An overall reduction in CO₂ emissions of 1.2% was observed from the use of the biofuel blend *versus* LSMGO, as the overall weighted CO₂ emissions of the biofuel blend were 571 g kW⁻¹ h⁻¹, while those of the LSMGO were 578 g kW⁻¹ h⁻¹ (Fig. 2f).

CO₂ emissions across all engine loads were typical of slow-speed two-stroke diesel engines.³⁸ The slightly increased emissions of the biofuel blend compared to the LSMGO in the first two operating modes could be attributed to the fact that fuel combustion in diesel engines is inefficient in lower loads.³⁹ In diesel engines, more than 99% of the fuel's carbon content is converted into CO₂ during combustion.³⁵ The carbon content of

the biofuel blend was ~5% lower than the carbon content of LSMGO, while the energy content of the LSMGO was 5% higher than the energy content of the biofuel blend (Table 1), leading to lower Specific Fuel Oil Consumption (SFOC) per engine mode (Table 2). Therefore, the expected theoretical reduction in CO₂ emissions from the use of the biofuel blend was lower than 5%; the measured reduction of 1.2% is in the anticipated reduction range.

NO_x emissions

NO_x emissions are defined as the sum of nitrogen monoxide (NO) and nitrogen dioxide (NO₂) emissions.³⁹ NO and NO₂ ratios in the total NO_x emissions are expressed in the calculations through the relevant molar masses in eqn (2). As the exact NO and NO₂ ratios in the exhaust gas emissions were not known in our case, we decided to follow a conservative approach so as to calculate the NO_x emissions presented in Fig. 2b. NO_x emitted from internal combustion engines are composed primarily of NO, with typical ratios of NO₂ in total NO_x between 0.05–0.10.^{39,40} The NO₂ ratio in total NO_x in turbocharged diesel engines (without aftertreatment) is typically higher, reaching up to 0.15.⁴¹ Hence, for the calculation of the total NO_x emissions in this study, a 0.15 contribution of NO₂ was considered. Two extreme scenarios of total NO_x consisting completely of NO₂ and of NO are presented in Fig. 2c and d respectively. The only difference between these two scenarios is the molar mass considered in the calculations, *i.e.*, 46 for NO₂ and 30 for NO. We expect the actual NO_x emissions to be closer to Fig. 2d, but to be on the safer side the more conservative approach of 0.15 contribution of NO₂ in total NO_x was adopted (Fig. 2b).

Fig. 2b presents the NO_x emissions associated with the biofuel blend and the LSMGO for the five engine operating modes. In the first and second engine operating modes the NO_x emissions of the biofuel blend were 10% and 2% higher than those of LSMGO respectively. However, in the next three operating modes the NO_x emissions from the biofuel blend were lower than those of LSMGO by 6%, 0.3% and 14% respectively. The overall weighted NO_x emissions across all five operating modes of the biofuel blend were about 3% lower than those of the LSMGO (Fig. 2f). In both modal and overall weighted approaches, NO_x emissions of the biofuel blend and the LSMGO are lower than the Tier II NO_x limits for bulk carriers with maximum engine operating speed 130 rpm, *i.e.*, 14.4 g kW⁻¹ h⁻¹.⁴²

Lower engine loads can contribute to higher NO_x emissions.⁴³ This fact could explain the higher NO_x emissions of the biofuel blend compared to LSMGO during the first two engine operating modes. The marginal difference observed in the overall NO_x emissions of the two tested fuels could be explained if the fuels N content, density, and cetane index is considered (Table 1). Fuel N content and fuel density are correlated with NO_x emissions.^{35,44} Both fuels have similar N content and densities which could explain the similar NO_x emissions measured. The cetane index is another property that has been shown to impact NO_x emissions.³⁵ The biofuel blend has a slightly higher cetane index compared to the LSMGO, *i.e.*, 54 *versus* 52 respectively. A higher cetane index correlates with a higher cetane number,

Fig. 2 Emission factors of the tested fuels: (a) CO_2 emissions per engine operating mode, (b) total NO_x emissions per engine operating mode for a typical contribution of NO and NO_2 emissions in total NO_x emissions of 0.85 and 0.15 respectively; the orange dotted line represents the Tier II NO_x emissions limit for bulk carriers operating with engine speed <130 rpm, i.e., $14.4 \text{ g kW}^{-1} \text{ h}^{-1}$, (c) extreme scenario of total NO_x emissions being dominated by NO_2 emissions per engine operating mode, (d) extreme scenario of total NO_x emissions being dominated by NO emissions per engine operating mode, (e) calculated SO_2 emissions per engine operating mode, and (f) overall weighted CO_2 , NO_x and SO_2 emissions; CO_2 emissions are divided by 100 and SO_2 emissions are multiplied by 10 to allow the presentation of the different emitted gases in the same plot; the orange dotted line represents the Tier II NO_x emissions limit for bulk carriers operating with engine speed <130 rpm, i.e., $14.4 \text{ g kW}^{-1} \text{ h}^{-1}$. In all cases, green bars concern emissions related to the biofuel blend and blue bars concern emissions related to the LSMGO: Low Sulfur Marine Gas Oil.

which is a potential factor contributing to the slightly lower overall weighted NO_x emissions of the biofuel blend. Higher cetane numbers increase the thermodynamic efficiency of the engine and minimize NO_x emissions of the relevant fuels.^{10,35,45,46}

Previous studies have also reported similar NO_x emissions among biodiesels and low-sulfur distillate conventional marine fuels, however they were conducted in very different engines (marine diesel engines of ~ 400 kW maximum power rating).^{47,48}

SO_2 emissions

Unlike the CO_2 and NO_x emissions, SO_2 emissions were not measured but calculated based on the sulfur content of the considered fuels. The SO_2 emissions associated with the biofuel blend and the LSMGO per engine operating mode are presented in Fig. 2e and are close to zero in all cases. The overall weighted SO_2 emissions for both fuels are presented in Fig. 2f. As it is shown, both modal and overall SO_2 emissions of the biofuel blend are about 50% lower than those of the LSMGO. This reduction

was expected since the sulfur content of the biofuel blend is half that of LSMGO (0.05% m/m vs. 0.1% m/m respectively).

Comparison with prior emission measurement studies

To the best of our knowledge, there has been no other prior peer-reviewed study conducting emission monitoring and reporting measurements from an ocean-going vessel with a slow-speed, two-stroke main diesel engine, burning an advanced biofuel. However, numerous similar studies exist on emissions from slow speed, two-stroke engines burning distillate petroleum-based fuels^{29,49–52} and HFO.^{34,53} Emission measurements on biofuel combustion were only found in the literature for medium-speed, four-stroke diesel engines.^{35,54} Fig. 3 shows the comparison among the overall weighted results from the current study with these literature sources and with a recent emission inventory from the port of Long Beach, CA,⁵⁵ which is one of the busiest container ports in the United States. The overall weighted measured emissions of this study largely fall in the same range of values found in the literature, while any significant variations can be attributed to differences in the engine types or considered fuels.

The biofuel blend generates either similar or from 7% up to 34% lower CO₂ emissions compared to the considered sources. The only study that reports lower CO₂ emissions than those of the biofuel blend, *i.e.*, by ~16%, concerns a 50% engine load.⁴⁴

Regarding NO_x emissions, the biofuel blend performs similarly or better (achieving up to 17% reductions) compared to

studies performed in similar engine types (Fig. 3i). The two studies reporting lower NO_x emissions by 40%²⁹ and 9%,⁵² concern engine loads of up to 50%. A study³⁵ on a 50 : 50 blend of ultra-low-sulfur diesel (ULSD) with algae biofuel reports 72% lower NO_x emissions than the current work from the algae biofuel blend, and 55% lower NO_x emissions from the ULSD alone (Fig. 3iii). This study however, concerns a medium-speed, four-stroke diesel engine of 600 kW maximum power rating at 1200 rpm. Studies on HFO emissions also report higher overall or cruising NO_x values compared to the current study, while the lower NO_x emissions associated with HFO concern a bulk carrier while maneuvering with engine load of around 35%³⁴ (Fig. 3iv).

SO₂ emissions are greatly dependent on the sulfur content of the tested fuels. HFO of about 3% sulfur content was used in the considered studies resulting in almost 100% higher SO₂ emissions than those of the biofuel blend used in this work (Fig. 3iv). On the contrary, the algae biofuel blend and the ULSD fuels examined in a four-stroke diesel engine³⁵ contained 0.0004% and 0.001% m/m sulfur respectively, resulting in extremely lower SO₂ emissions than the current study (*i.e.*, 0.003 and 0.007 g kW⁻¹ h⁻¹ respectively).

Life cycle CO₂ impacts

The overall weighted CO₂ emissions from the biofuel blend and the LSMGO combustion, 571 g CO₂ per kW h and 578 g CO₂ per kW h respectively, represent the TTW emissions of the fuels. Dividing with the SFOC for each fuel (weighted average for the

Fig. 3 Comparing the emissions from the biofuel blend measured in this study (dashed lines) with prior studies and a recent emission inventory: (i) emissions from slow-speed, two-stroke diesel engines burning low-sulfur distillate petroleum-based fuels; (ii) emission inventory for vessels with slow-speed diesel engines in the port of Long Beach, CA, USA; (iii) emissions from a medium-speed, two-stroke diesel engine burning algae biofuel blend and ULSD; (iv) emissions from slow-speed, two-stroke diesel engines burning HFO. Orange color: CO₂ emissions (divided by 100 for presentation purposes); light blue color: NO_x emissions; dark blue color: SO₂ emissions. LSMGO: Low Sulfur Marine Gas Oil; MDO: Marine Diesel Oil; LSMDF: Low Sulfur Marine Diesel Fuel; LSF: Low Sulfur Fuel; ULSD: Ultra Low Sulfur Diesel; HFO: Heavy Fuel Oil.

Fig. 4 Results from comparing the fuels from an LCA perspective: (a) CO₂ emissions across the whole life cycle of the biofuel blend (left bar) and the LSMGO (right bar) examined in this study, (b) CO₂ tons emitted under the three different scenarios considered, involving the use of different fuels for performing the same voyage. WTT: Well-To-Tank; TTW: Tank-To-Wake; WTW: Well-To-Wake; Avoided: environmental benefits from avoiding the collection, treatment and disposal of the UCO waste stream, used partially as feedstock for the biofuel blend.

five engine modes: 188 g fuel per kW h for the biofuel blend and 180 g fuel per kW h for the LSMGO), these emissions were converted to 3.037 g CO₂ per g fuel for the biofuel blend, and 3.206 g CO₂ per g fuel for the LSMGO. Dividing these values by the energy content of the fuels (Table 1), the TTW CO₂ emissions of the fuels per MJ of energy entering the engine were calculated, *i.e.*, 74 g CO₂ per MJ for the biofuel blend and 75 g CO₂ per MJ for the LSMGO, being completely aligned with existing literature.^{12,36,56} The estimation of the WTT CO₂ emissions of the fuels, *i.e.*, the CO₂ emissions from all the steps involved in their extraction, production and transportation before their combustion, was based on relevant literature sources. According to a recent study,³⁶ the WTT CO₂ emissions of LSMGO are equal to 0.576 g CO₂ per g fuel. Taking into account the amount of LSMGO used in this voyage and its energy content (Table 1), the WTT emissions of LSMGO were estimated to be around 13 g CO₂ per MJ. According to an LCA³⁷ of a second-generation biodiesel made from UCO using industrial-scale data, the WTT emissions of the UCO biodiesel are 14 g CO₂ eq. per MJ. This value is in total agreement with the LCA results reported by the International Council on Clean Transportation (ICCT)¹² about UCO biodiesel. Considering that the biofuel blend tested is a 50 : 50 blend of UCO biodiesel and MGO, and that CO₂ emissions are at least 80% of the total GHG emissions (CO₂ eq.) for these fuels, the WTT CO₂ emissions of the biofuel blend were estimated to be about 12 g CO₂ per MJ. The avoided emissions which would have been generated from the collection, treatment and disposal of the UCO if it had not been used as a feedstock for the biofuel blend, were also taken into account. Based on the ICCT,¹² for each g CO₂ per MJ emitted from the combustion of UCO biodiesel, 0.88 g CO₂ per MJ are avoided. Following this approach 33 g CO₂ per MJ were considered to have been avoided during the combustion of the biofuel blend in this study. Taking into account the WTT, TTW and avoided emissions, where applicable, the overall WTW CO₂ emissions for the considered fuels were estimated (Fig. 4a).

As it is shown, the WTW CO₂ emissions of the biofuel blend are 40% lower than those of LSMGO. While there is no significant difference on the WTT and the TTW CO₂ emissions of the two tested fuels, the avoided CO₂ emissions in case of the

biofuel blend, where a waste stream has been partially used as the fuel feedstock, greatly affect the overall WTW results. This can indicate that similar onboard emissions may differ substantially from an LCA perspective. However, the value reported herein on avoided emissions from UCO biodiesel cannot be generalized and is only used for discussion purposes in the current study. The environmental gains from avoiding the collection, treatment and disposal of UCO waste streams may differ significantly across various regions and techno-economic settings, affecting the final WTW results accordingly.

To further compare conventional marine fuels with the biofuel blend from an LCA standpoint, three alternative scenarios involving the use of different fuels for performing the same Kira Oldendorff's voyage were considered. As described in detail in the Experimental section, Scenario 1 is a BAU scenario for bulk carriers, concerning the operation of the vessel solely on conventional marine fuels, *i.e.*, MGO, LSMGO and HFO. Scenario 2 represents the actual voyage as it happened combining conventional marine fuels with the biofuel blend for the purpose of the trial, and Scenario 3 concerns the performance of the entire voyage using only the biofuel blend. For the conventional marine fuels, the WTT and TTW CO₂ emissions for slow-speed diesel engines reported by the ICCT³⁶ were used. The WTT CO₂ emissions of the biofuel blend were estimated on the basis of relevant literature sources.^{36,37} The TTW CO₂ emission factors used for this comparison for the biofuel blend and LSMGO were calculated as described above and equal to 3.037 g CO₂ per g fuel and 3.206 g CO₂ per g fuel respectively. TTW CO₂ emission factors of 3.114 g CO₂ per g fuel and 3.206 g CO₂ per g fuel were considered for HFO and MGO respectively.³⁶ The avoided CO₂ emissions in case of the biofuel blend were estimated based on ICCT's report,¹² as explained above. The tons of CO₂ emitted under each scenario are presented in Fig. 4b.

As shown, about 280 tons of CO₂ were avoided from an LCA perspective by performing the biofuel trial during Kira Oldendorff's voyage (Scenario 2) compared to BAU (Scenario 1), while if the whole voyage had been performed on the biofuel blend (Scenario 3), about 3200 tons of CO₂ would have been avoided. It can be observed that the transition from the

complete use of fossil fuels to the use of the biofuel blend entails slightly higher WTT emissions, 1% increase compared to Scenario 2, and 9% increase compared to Scenario 3. This is due to the fact that HFO has about 25% lower WTT emissions compared to MGO,³⁶ and in the BAU scenario, HFO is the most commonly used fuel for bulk carriers. On the other hand, there is a slight decrease in TTW CO₂ emissions as we go from the complete use of conventional marine fuels to the use of the biofuel blend, *i.e.*, 0.3% compared to Scenario 2, and 4% compared to Scenario 3. If we ignore the environmental benefits from the waste stream used to produce the biofuel blend, the WTW differences across the three scenarios are marginal. But if this amount is taken into account, the overall WTW CO₂ emissions are reduced by about 3.5% in Scenario 2 and by about 40% in Scenario 3 compared to BAU.

These results suggest that a holistic approach is needed for a more complete comparison among fuels, taking into account the indirect impacts and benefits associated with a fuel, and looking beyond merely combustion emissions. Current IMO regulations focus only on TTW emissions. However, the adoption of a life cycle approach by policy makers would avoid creating perverse incentives and would encourage significantly the market penetration of environmentally sustainable marine fuels for the decarbonization of shipping. The International Civil Aviation Organization (ICAO) has already adopted such an approach, through the Sustainable Aviation Fuels framework under the Carbon Offsetting and Reduction Scheme for International Aviation,³⁷ paving the way for adopting the LCA rationale in other transportation sectors.

Conclusions

This is the first study reporting on board emission measurements, under real conditions, on a large two-stroke marine diesel engine of a dry bulk carrier, operating on an advanced biofuel blend (50% UCO biodiesel and 50% MGO). The results of this challenging task are essential for informing outdated emission inventories and quantifying the impacts of emissions on climate change, and human health. The generated and avoided emissions from the use of the biofuel blend are demonstrated, both during combustion by performing on board emission measurements, and from an LCA perspective. The direct TTW emissions from burning the biofuel blend are similar to those of LSMGO, with only marginal reductions of 1.24% for CO₂ and 3% for NO_x. The only significant reductions observed (~50%) concern the SO₂ emissions, which are directly proportional to the sulfur content of the fuels. From an LCA standpoint, however, the use of the biofuel blend could result in about 40% reduction of the total WTW CO₂ emissions compared to those of conventional marine petroleum-based fuels. This indicates that fuels generating similar onboard emissions may differ substantially from an LCA perspective, emphasizing the need for adopting a holistic regulatory framework for comparing marine fuels.

These results, combined with the fact that no operational issues occurred during the biofuel trial, show that such fuels can have significant potential towards the decarbonization of

dry bulk shipping in the short-term future. Yet, onboard monitoring of additional pollutants, including CO and PM, and of additional engine parameters, such as intake air and fuel temperature and pressure, exhaust temperature, and instantaneous fuel flow, could provide more comprehensive future comparisons. In addition, the validation of industrial-scale data for the accurate assessment of the indirect WTT emissions and benefits of advanced biofuels is needed to further justify and eventually untap their potential. Furthermore, total GHG emissions across the fuels' life cycle, including methane, nitrous oxide, and black carbon emissions, shall be assessed to fully account for the contribution of maritime transport to climate change. Finally, long-term effects of biofuels' use and storage shall be explored to ensure proper engine operation and performance.

Author contributions

PMS, SB, CF and PJ designed the research work and the monitoring process. PMS analyzed emission data, conducted literature review and compared emissions of different fuels. CF contributed to data analysis. PJ, SB and MT provided technical inputs. NG was the overall supervisor of the project, coordinated collaboration and provided technical inputs. All authors contributed to manuscript preparation and writing.

Conflicts of interest

There are no conflicts to declare.

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