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A rapid water bath PCR combined with lateral flow assay for the simultaneous detection of SARS-CoV-2 and influenza B virus†

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The outbreak of the coronavirus disease 2019 caused by severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) has resulted in significant global health and economic threats to the human society. Thus, a rapid and accurate detection method for early testing and diagnosis should be established. In this study, a rapid water bath polymerase chain reaction (PCR) combined with lateral flow assay was developed to detect SARS-CoV-2 and influenza B virus simultaneously. A homemade automated transfer device equipped with reaction tube shuttled rapidly between two water baths at 98 °C and 53 °C to realize rapid PCR. After amplification, two-ended labeled PCR products were detected using the lateral flow strip with two test lines and streptavidin-conjugated quantum dot nanobeads. The fluorescence value was read using a handheld instrument. The established assay could complete reverse-transcription PCR amplification and lateral flow detection in 45 minutes. The detection limits were 8.44 copies per μL and 14.23 copies per μL for SARS-CoV-2 and influenza B virus, respectively. The coefficients of variation of the test strip were 10.10% for the SARS-CoV-2 and 4.94% for the influenza B virus, demonstrating the excellent repeatability of the experiment. These results indicated that the rapid PCR combined with lateral flow assay could detect SARS-CoV-2 and influenza B virus simultaneously at a short assay time and low cost, thereby showing the remarkable potential for the rapid and multiplex detection of respiratory viruses in resource-limited settings.

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1 Introduction

The coronavirus disease 2019 (COVID-19) caused by severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) has become a global health problem and resulted in significant economic losses throughout the world.¹ Until now, the cumulative number of COVID-19 cases has been more than 200 million, including more than 4 million deaths (<https://covid19.who.int/>). The global epidemic prevention is grim. The common symptoms in people infected with SARS-CoV-2 are cough, sore throat, high fever, headache, and difficulty in breathing and are similar to an influenza-like illness.¹ Severe cases may manifest as acute respiratory distress syndrome within one week after infection.¹ Given the similar symptoms between SARS-CoV-2 and influenza, the detection method is critical to distinguish between patients infected with SARS-CoV-

2 and influenza viruses. The rapid and accurate detection is the key to early diagnosis, medical treatment, and effective halting of the global epidemic.

The main detection methods for SARS-CoV-2 include nucleic acid amplification testing, antigen-antibody testing, sequencing, clustered regularly interspaced short palindromic (CRISPR), and other tests.² Coronaviruses have many molecular targets in their positive single-stranded RNA genomes that can be detected by polymerase chain reaction (PCR). The real-time reverse-transcription PCR (RT-qPCR) assay is considered the “gold standard” for confirming clinical cases of COVID-19 due to its high sensitivity and specificity. The highly conservative gene regions of SARS-CoV-2, such as ORF1ab, nucleocapsid (N) and envelope (E), spike (S), and RNA-dependent RNA polymerase (RdRp) sequences, are utilized as single or multiple target fragments in current nucleic acid detection protocols.^{3,4} However, these protocols require at least 4 hours of operation performed by skilled technicians in professional laboratory facilities with precise PCR thermocycler and real-time fluorescence reader.⁵ The turnaround time for issuing results from RT-PCR is typically a few hours.⁶ Hence, methodological simplification, such as circumventing RNA extraction in SARS-CoV-2 detection by performing RT-PCR directly on heat-inactivated or lysed samples, can be crucial to benefit patient care and

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control infection.⁷ Droplet digital PCR is a more sensitive and accurate diagnostic tool compared with RT-qPCR. For example, 63 samples with negative RT-qPCR results for SARS-CoV-2, 55% of which have COVID-19-related symptoms, have shown positive droplet digital PCR results at low copy number level.⁸ However, droplet digital detection requires high-quality equipment, complex operation procedure, and long detection time, which limit the clinical application of droplet digital PCR. The lateral flow assay (LFA) is a widely used paper-based point-of-care testing biosensor that can detect target analytes in minutes and does not require a trained person to operate expensive and sophisticated instrument. The LFA has the advantages of low cost, easy operation, and rapid detection for point-of-care testing applications.^{9,10} The LFA is widely applied to the detection of cancer marker,¹¹ infectious diseases,^{9,12} microorganisms, and mycotoxins.¹³ A common LFA strip is composed of sample pad, conjugation pad, nitrocellulose (NC) membrane with test (T) and control (C) lines, and absorbent and backing pads.¹⁴ The rapid antigen detection for SARS-CoV-2 by LFA has shown promising performance for mass population testing and can be applied to identify infected individuals.⁶

Since the COVID-19 outbreak, numerous RT-PCR kits have been developed to detect SARS-CoV-2. However, in cases where clinical symptoms and imaging findings raise strong suspicion, false-negative results are found to be as high as 20% to 40%.^{4,15} Thus, a test that can improve the detection sensitivity and specificity for SARS-CoV-2 should be developed. The novel lateral flow strips membrane assay combined with RT-PCR can simultaneously detect RdRp, ORF3a, and N genes with a detection limit of 10 copies per test for each gene.⁴ The gold magnetic nanoparticle-based LFA combined with amplification refractory mutation system PCR can be used to detect single-nucleotide polymorphism (SNP) and multiple SNPs.^{16,17} The RT-RPA with the CRISPR-Cas12a assay is an effective method for the screening of influenza viruses and SARS-CoV-2 with high specificity and sensitivity.¹ The CRISPR combined with RT-LAMP for molecular diagnosis of COVID-19 is reported to improve specificity and sensitivity.^{18–20} These isothermal nucleic acid analysis techniques avoided time-consuming and precisely repeated thermocycling usually based on the Peltier effect. However, their shortcomings, such as complicated primer design, contamination from amplicons, and high expense, still limit their wide applications. Thus, a fast, easy-to-use, and highly sensitive PCR-based analysis approach that can be widely deployed in resource-limited settings with no professional equipment and technicians to contain the COVID-19 pandemic effectively is yet to be established.

Here, we have developed a rapid nucleic acid amplification testing method integrating water bath PCR and fluorescent LFA for the simultaneous detection of SARS-CoV-2 and influenza B virus (IBV). Water bath PCR, as the first generation of PCR, can omit the process of temperature rise and fall and quickly achieve the suitable temperature for thermal cycles. Rapid water bath PCR combined with a molecular beacon can specifically detect two kinds of shrimp pathogens in one tube within 15 minutes and observe the results through a simple device with naked eyes.²¹ A water bath setup using sous vide immersion

heaters, a Raspberry Pi computer, and a single servo motor can achieve rapid RT-PCR with thin-walled PCR tube to detect SARS-CoV-2.²² Our water bath PCR system is composed of two water baths, transfer equipment, a hot cover, and motor motion control circuit. Driven by the X- and Z-axis motors, the transfer equipment equipped with reaction systems shuttle rapidly between the two water baths to perform the PCR amplification. It can fit with PCR reaction tubes of varied sizes and quantities by simply adapting its tube holder, thus demonstrating its great potential for high-throughput analysis applications in a low cost and flexible manner. After amplification, the biotin and digoxin-labeled SARS-CoV-2 amplicon and the biotin and TAMRA-labeled IBV amplicon are tested using a lateral flow strip with two test lines and streptavidin-conjugated quantum dot nanobeads (SA-QBs). Immune complexes form on the test line in the presence of the target SARS-CoV-2 or IBV gene, and the fluorescence intensity is determined by our reported smartphone-based fluorescent analysis device under UV light illumination.²³ The scheme aims to provide a rapid, low-cost, and sensitive multiplex method for the detection of SARS-CoV-2 and IBV in low resource settings.

2 Experimental section

2.1 Materials

The TIANamp virus DNA/RNA kit, DL500 DNA marker, and TaqPath™ 1-step Multiplex Master Mix were obtained from Tiangen Biotech (Beijing, China), Takara (Dalian, China), and Thermo Fisher Scientific (Shanghai, China), respectively. Goat anti-mouse IgG antibody was purchased from Sigma (Shanghai, China). TAMRA and digoxin antibodies were acquired from Biocare Biotech (Zhuhai, China). Bovine serum albumin–biotin conjugate (BSA-Bio) was provided by Beijing Solarbio Science & Technology Co., Ltd. (Beijing, China). Streptavidin-conjugated quantum dot nanobeads (SA-QBs, 615 nm emission wavelength) were obtained from Najing Technology Corp. (Beijing, China). UniSart CN140 nitrocellulose (NC) membrane was provided by Sartorius (Göttingen, Germany). Primers were synthesized, modified, and purified by Sangon Biotech Co., Ltd. (Shanghai, China). The IBV-NS1, SARS-CoV-2 N gene, SARS-CoV, and middle east respiratory syndrome (MERS)-CoV pseudoviruses were purchased from Fubio Biotech (Suzhou, China). IBV, influenza A virus (IAV), adenovirus (ADV), parainfluenza virus (PIV) were provided by HyTest Ltd. (Shanghai, China).

2.2 Nucleic acid extraction

In accordance with the instruction manual, RNA templates were extracted from the IBV-NS1 (10^5 copies per μL) and SARS-CoV-2 N gene (10^5 copies per μL) pseudoviruses by the TIANamp virus DNA/RNA kit. The RNA template (5 μL) was used for each testing.

2.3 Primer design

A 354 bp RNA fragment of IBV and a 1260 bp RNA fragment of SARS-CoV-2 were chosen as template sequences. Primer sequences were designed using the Primer Premier 5 or



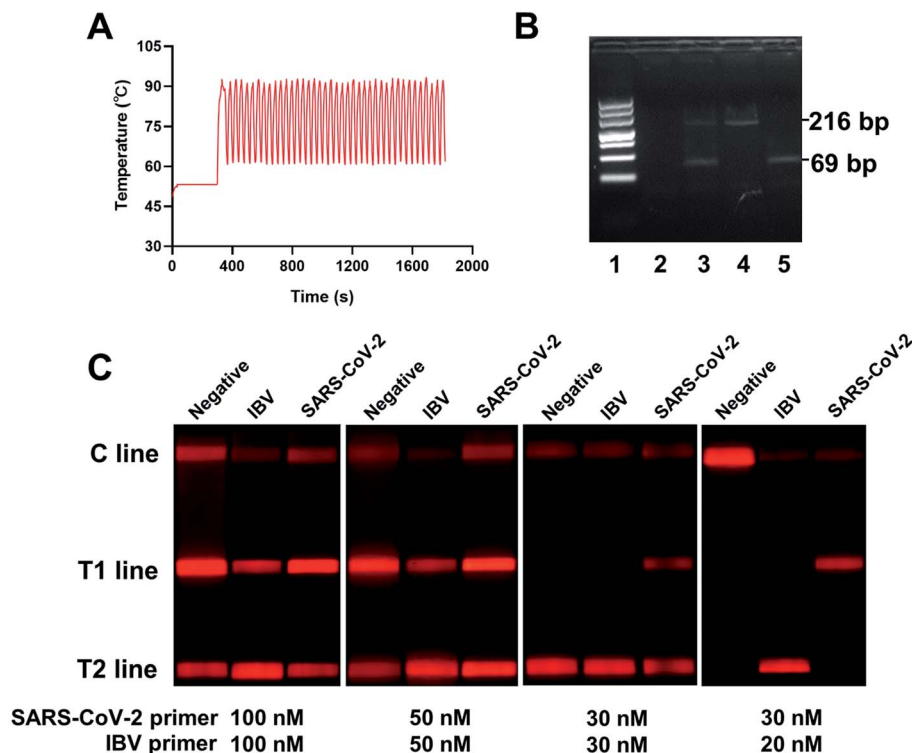


Fig. 1 Determination of the assay time of water bath PCR and primer concentrations for SARS-CoV-2 and IBV. (A) Temperature profiles of the reaction solution in an entire PCR protocol. (B) Electrophoretogram of (1): DNA marker, (2): negative control, (3): SARS-CoV-2 and IBV, (4): IBV, and (5): SARS-CoV-2. (C) Optimization of primer concentrations. Strips 1 to 3 represent results for the negative, IBV-positive, and SARS-CoV-2-positive samples, respectively.

experiment was carried out in the reaction tube, and experimental results were verified by agarose gel electrophoresis, which indicated that DNA fragments with length of 1 kb could be assembled *in vitro* by water bath PCR. The results of the assembly are shown in the Fig. S1.† The rapid water bath PCR uses two temperature cycles and can complete 40 cycles of amplification in 30 minutes due to the reduced time of temperature rise and fall. The water bath PCR was utilized to amplify virus template because of its advantages, including short amplification time, low cost, easy accessibility, and high-throughput analysis capability. The traditional real-time fluorescence amplification instrument is expensive and takes about 2 hours to complete the experiment. In this assay, the two-ended labeled amplicons were quantitatively detected by a fluorescent lateral flow strip with two T lines and SA-QBs as the detection probe. Once added to the sample pad, the resultant mixture migrated along the strip due to capillarity effect. During this process, digoxin/biotin-labeled SARS-CoV-2 and TAMRA/biotin-labeled IBV amplicons in the amplified PCR products were bound to SA-QBs and were captured by digoxin antibody-coated T line 1 and TAMRA antibody-coated T line 2, respectively, leading to the appearance of bright red T lines in 15 minutes under the excitation of UV light. LFA results were recorded using a mobile phone camera, and the fluorescence value of the LFA was determined. The images plotted in Scheme 1 show the results for negative control, IBV-positive, SARS-CoV-2-positive, and SARS-CoV-2- and IBV-positive samples. Agarose

gel electrophoresis was used to detect the amplified product and compared with the LFA.

3.2 Optimization of rapid RT-PCR and LFA

Several system parameters were tuned to shorten the assay time required for RT-PCR. The 96-well PCR reaction plate fixed in a holder was driven by the movement parts in the horizontal and vertical directions to achieve the frequent reciprocating movement between the two water baths. The stepping motors in the X and Z directions were selected as the moving driver, and the load and length of the guide rail were reasonably designed in accordance with force and stroke. The X-axis traveled a distance of 400 mm at speed of 72.5 mm s^{-1} , and the Z-axis traveled a distance of 268 mm at speed of 72.5 mm s^{-1} . Two water baths provided the rapid thermal cycling for PCR between $\sim 92 \text{ }^\circ\text{C}$ for denaturation, and $\sim 60 \text{ }^\circ\text{C}$ for annealing and extension. It should be noted that the temperatures of the two water baths were set as $98 \text{ }^\circ\text{C}$ and $53 \text{ }^\circ\text{C}$ to decrease the ramp time. The incubation time for each water bath was also adjusted to guarantee the shortest possible amplification time. As shown in Fig. S2,† the reaction tube was incubated for 16 s in $98 \text{ }^\circ\text{C}$ water bath and 12 s in $53 \text{ }^\circ\text{C}$ water bath in each cycle, which can achieve the shortest possible incubation time. The temperature diagram of an entire reaction is shown in Fig. 1A. It required about 30 minutes to perform the water bath RT-PCR procedure, including reverse transcription, 40 cycles of denaturation, and



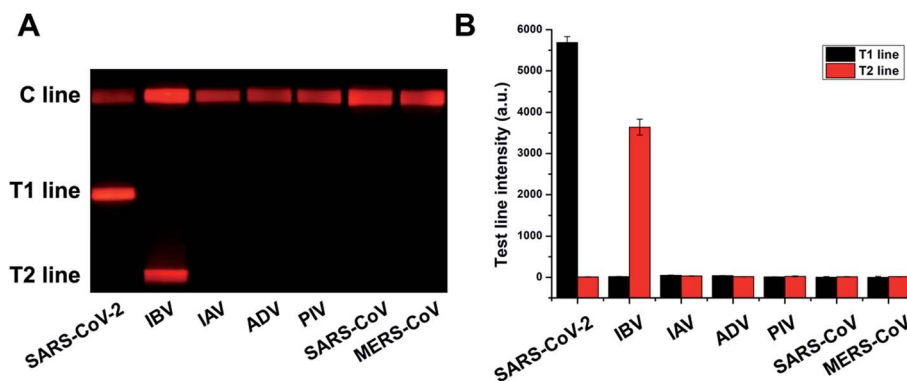


Fig. 2 (A) Images of the test strips of SARS-CoV-2 pseudovirus, IBV, IAV, ADV, PIV, SARS-CoV pseudovirus, and MERS-CoV pseudovirus. (B) Fluorescence intensities of the test lines of various respiratory viruses. Error bars represent the standard deviation of three repetitive experiments.

annealing/extension, and shuttle movement. Setting the same temperature program for nucleic acid amplification, the time required by the conventional instrument to complete the cycles was about 1 hour. The amplified PCR products were obtained and analyzed using agarose electrophoresis gel (Fig. 1B). Clear bands appeared at the corresponding positions for target fragments, indicating that the target sequences could be specifically amplified under the set conditions.

The RNA samples of IBV and SARS-CoV-2 virus containing 10^4 copies per μL were used as template to assess the effect of primer concentration on the PCR amplification. In accordance with the instruction manual of the TaqPath™ 1-step Multiplex Master Mix, primers with a concentration of 200 nM readily produced nonspecific products, leading to false-positive results in the test strips. Therefore, the primer concentration should be optimized. Several groups of primers with different concentrations were used for PCR amplification and tested using test strips. As shown in Fig. 1C, false-positive results were observed at high concentrations of primers by forming primer dimers. Thus, the concentrations of forward and reverse primers were determined as 20 nM for IBV and 30 nM for SARS-CoV-2.

The used SA-QBs were diluted by 100, 200, and 300 times for strip preparation to optimize its concentration. Then, 10^4 copies per μL of SARS-CoV-2 as the positive sample along with the blank control were tested using the proposed method. As shown in Fig. S3,† the resultant images indicated that SA-QBs diluted 100 times could achieve the brightest T line for the positive sample with negligible signal for the blank control. Thus, the 100 times diluted SA-QBs was applied to the following experiment. The concentrations of digoxin antibody and TAMRA antibody coated on the two test lines were both determined as 1 mg mL^{-1} on the basis of signal-to-noise ratios (Fig. S4†).

3.3 Specificity of the duplex RT-PCR-combined LFA

SARS-CoV-2 pseudovirus, IBV, IAV, ADV, PIV, SARS-CoV pseudovirus, and MERS-CoV pseudovirus were amplified in accordance with the above procedure to verify the assay specificity. The amplified product ($20 \mu\text{L}$) was mixed with the buffer solution ($70 \mu\text{L}$) and tested using the prepared test strips. Each sample was independently repeated thrice, and the image was

recorded and processed to calculate its signal value. Fig. 2A shows that the RT-PCR product of SARS-CoV-2 resulted in a bright band on T line 1, whereas that of IBV exhibited a bright band on T line 2. The results for other respiratory viruses showed no positive band. Their corresponding fluorescence intensities were determined and plotted (Fig. 2B). Results showed no cross-reactivity of this designed system with other respiratory virus, indicating the excellent specificity of this assay.

3.4 Sensitivity of the duplex RT-PCR-combined LFA

The nucleic acid templates of SARS-CoV-2 and IBV were serially diluted and subjected to RT-PCR-combined LFA. As shown in Fig. 3A and B, the red-colored T lines became brighter with increasing concentration of their corresponding target analyte. The calibration curves of the resultant fluorescence intensities were well fitted by a 4-parameter logistic model in Fig. 3C and D. The limits of detection (LODs), calculated as the analyte concentration of which the result signal was three times standard deviation higher than the blank control signal, were 8.44 copies per μL and 14.23 copies per μL , namely 42.20 copies/test and 71.15 copies/test, for SARS-CoV-2 and IBV, respectively. As a comparison, the RT-PCR product was also detected by agarose gel electrophoresis and had LODs of 5000 and 50 000 copies/test for SARS-CoV-2 and IBV, respectively (Fig. S5†). Assay performances of recently reported methods for SARS-CoV-2 nucleic acid detection were summarized in Table 3. It was reported that the RT-qPCR has an LOD of 5 copies/test for detecting SARS-CoV-2.²⁵ The LOD of both RT-LAMP based on LFA and RT-PCR combined LFA assay were 10 copies/test of SARS-CoV-2,^{4,26} which were slightly superior to the detection method established in this experiment. A strand exchange amplification-based fluorescence LFA can detect 70 copies per μL of SARS-CoV-2 N gene.²⁷ The sensitivity of CRISPR/Cas9-mediated LFA was 100 copies/test.²⁸ It should be noted that the primer concentrations used in this work for duplex detection of SARS-CoV-2 and IBV were decreased to avoid the formation of primer dimers, which would directly affect the detection sensitivity. The assay performance targeting one analyte is expected to be improved. Thus, the proposed rapid

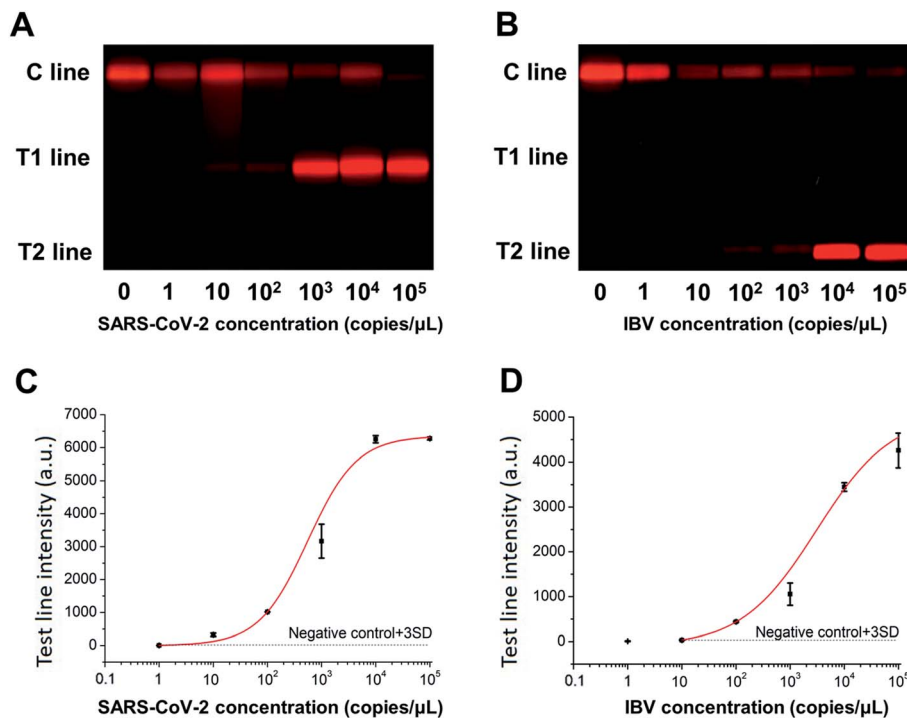


Fig. 3 Images of test strips at different concentrations of (A) SARS-CoV-2 and (B) IBV in the range of 1 to 10^5 copies per μL . Corresponding fluorescence intensities and fitting curves on the test lines of (C) SARS-CoV-2 and (D) IBV. Error bars represent the standard deviation of three repetitive experiments.

RT-PCR-combined LFA has acceptable assay sensitivity as compared with these assays.

3.5 Repeatability of the duplex RT-PCR-combined LFA

The widely used conventional Peltier-based metal bath often suffers from the edge effect due to the varied heat dissipation at

its different positions, which can lead to the inhomogeneous amplification of target fragments. By contrast, the water bath heating method can achieve uniform thermal distribution in a low-cost and simple way. About 10^4 copies per μL of SARS-CoV-2 and IBV were independently amplified and tested using the strips to evaluate the repeatability of this approach. The

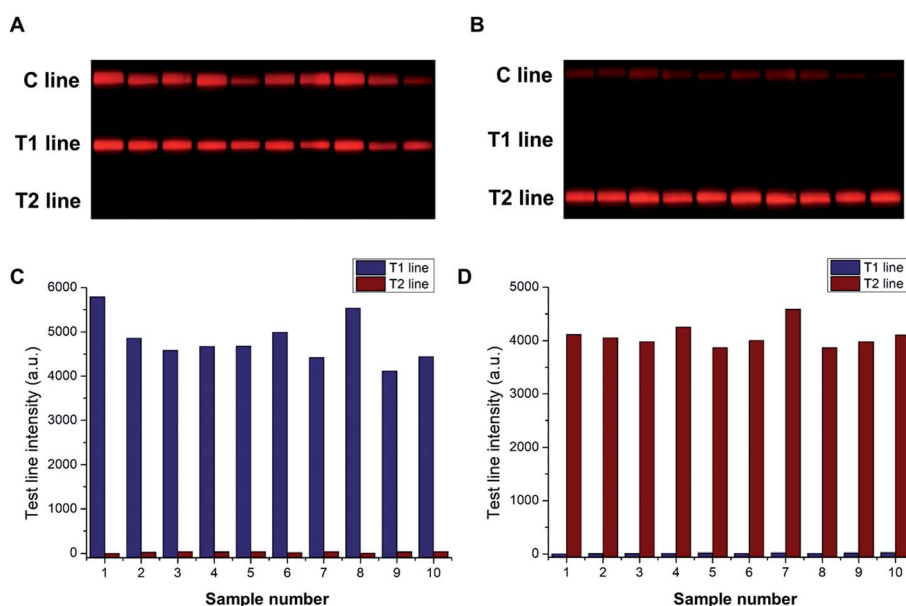


Fig. 4 Repeatability of the duplex RT-PCR-combined LFA. Images of 10 test strips for 10^4 copies per μL of (A) SARS-CoV-2 and (B) IBV. Corresponding fluorescence intensities of (C) SARS-CoV-2 and (D) IBV.



Table 2 Analysis of SARS-CoV-2 and IBV in human saliva samples

Virus	Added concentration (copies per μL)	Measured concentration (copies per μL)	SD	RSD
SARS-CoV-2	10 000	10 636	2044.96	19.23%
	1000	808	105.71	13.08%
	100	122	20.85	17.09%
IBV	10 000	12 104	2393.58	19.77%
	1000	1610	287.36	17.84%
	100	132	18.46	13.98%

Table 3 Comparison of assay performances for SARS-CoV-2 nucleic acid detection

Method	Target	Limit of detection	Assay time	Ref.
RT-qPCR	SARS-CoV-2	5 copies/reaction	~90 min	25
RT-LAMP based LFA	SARS-CoV-2	10 copies/reaction	~40 min	26
RT-PCR based on LFA	SARS-CoV-2	10 copies/reaction	~120 min	4
Strand exchange amplification-based fluorescence LFA	SARS-CoV-2	70 copies per μL	~60 min	27
CRISPR/Cas9-mediated LFA	SARS-CoV-2	100 copies/reaction	~60 min	28
Rapid water bath PCR combined LFA	SARS-CoV-2	42.2 copies/reaction	~45 min	This work

resulting fluorescent images were captured using a smartphone-based device. As shown in Fig. 4A and B, the T lines for SARS-CoV-2 and IBV exhibited uniform bands under the excitation of UV light. Their corresponding fluorescent signals were obtained and plotted (Fig. 4C and D). The coefficients of variation (CV) of the test strips were 10.10% for SARS-CoV-2 and 4.94% for IBV, which indicated the good repeatability of this method.

3.6 Analysis of the virus-spiked saliva

The clinical applicability of the proposed detection system was further confirmed by testing SARS-CoV-2- and IBV-spiked saliva. Different concentrations (10^2 , 10^3 , and 10^4 copies per μL) of SARS-CoV-2 and IBV pseudoviruses were added into saliva samples. RNA templates were extracted for RT-PCR amplification in accordance with the above procedure, and the sensitivity and quantitative analysis ability were verified using test strips. The quantitative analysis ability of the pseudovirus added into saliva was accurate. Results are displayed in Table 2. The measured concentration of the three repeated experiments was in acceptable agreement with the added concentration. The relative standard deviation of SARS-CoV-2 ranged from 13.08% to 19.23%, and that of the IBV ranged from 13.98% to 19.77%.

4 Conclusion

We developed a rapid RT-PCR combined with LFA for the simultaneous detection of SARS-CoV-2 and IBV. The nucleic acid PCR amplification was accomplished in a simple, low-cost, and high-throughput manner by rapidly transferring reaction tubes between two water baths set at 98 °C and 53 °C. Two-ended labeled PCR products were detected by fluorescent lateral flow strip with two T lines for SARS-CoV-2 and IBV. The analysis procedure could be performed within 45 minutes. The

LODs were 8.44 copies per μL of SARS-CoV-2 and 14.23 copies per μL of IBV, and the CVs of the test strip was 10.10% for the SARS-CoV-2 and 4.94% for the IBV. This method had superior features, including short assay time, high-throughput analysis capability, and low cost. We believe that this method can provide a rapid and accurate approach for the multiplex quantification of virus nucleic acid in low resource settings.

Conflicts of interest

There are no conflicts to declare.

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