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Top-down approaches such as electron-beam lithography (EBL),^{1–3} photolithography,⁴ and scanning probe lithography⁵ have been widely used in the fabrication of micro/nano optoelectronic devices. However, these conventional techniques are facing challenges in processing sensitive materials. For instance, it is inevitable for them to develop chemical resists in solvents, which would result in dissolution of certain materials, *e.g.* perovskites.⁶ Besides, high-energy electron irradiation can affect the intrinsic properties of 2D materials,^{7–9} perovskites¹⁰ and metal–organic frameworks,¹¹ thus it is always tricky for EBL to produce devices based on those materials. Recently, a dry mask lamination process called van der Waals stencil lithography has been developed for fabricating 2D transistors.¹² However, special attention should be paid to the preparation and positioning of a transferable mask in this method, which requires more fabrication steps compared with a standard lithographic procedure.

Ice-assisted electron-beam lithography (iEBL), also known as ice lithography, has emerged with advantages in nanofabrication, including streamlined workflow, *in situ* alignment, and full compatibility with non-flat substrates.^{13–15} Particularly, iEBL can completely avoid the use of solvents,¹⁶ which is essential for dealing with sensitive materials. Moreover, electron-beam (e-beam) induced effects including radiolysis,

knock-on displacement, heating and electrostatic charging, have been investigated in transmission electron microscopy.^{17–19} In a scanning electron microscope (SEM), primary beam energy is commonly below 30 keV, leading to neglectable knock-on displacement. Other effects such as heating and electrostatic charging could be reduced by decreasing beam current. Hence, damage to the sample in iEBL is mainly due to e-beam induced radiolysis. It has been shown that free radicals are generated during electrons interacting with ice, which may probably oxidize the sample covered by the ice.²⁰

To relieve the damage caused by e-beam irradiation, here we employ a focused e-beam with extremely low energy (1 keV or less) for patterning the water ice resist. The nanofabrication process was carried out in a commercial SEM integrated with a customized metallization system.^{21,22} Monolayer MoS₂ flakes were purchased from 6Carbon Technology (Shenzhen, China). They were grown onto a Si substrate with an oxide layer of 300 nm by chemical vapor deposition (CVD). As shown in Fig. 1, the whole process includes 6 main steps: cooling, condensing, patterning, heating, metallization and peel-off. Most of these steps have been reported in our previous work except following details.^{15,23} Firstly, the ice resist is spatially divided into a sacrificial layer and protecting layer (Fig. 1b). During e-beam exposure, patterns are generated in the sacrificial layer and around 100 nm-thick ice *in situ* remains to protect the underlying MoS₂ (Fig. 1c). Meanwhile, the energy of the primary e-beam is 0.3 keV in order to minimize penetration depth of electrons. As a result, scattered electrons could barely go through the protecting layer and reach the underlying MoS₂. Secondly, a controllable heating process is adopted to remove the protecting layer before metal deposition (Fig. 1d). Here, the substrate is heated to 160 K,

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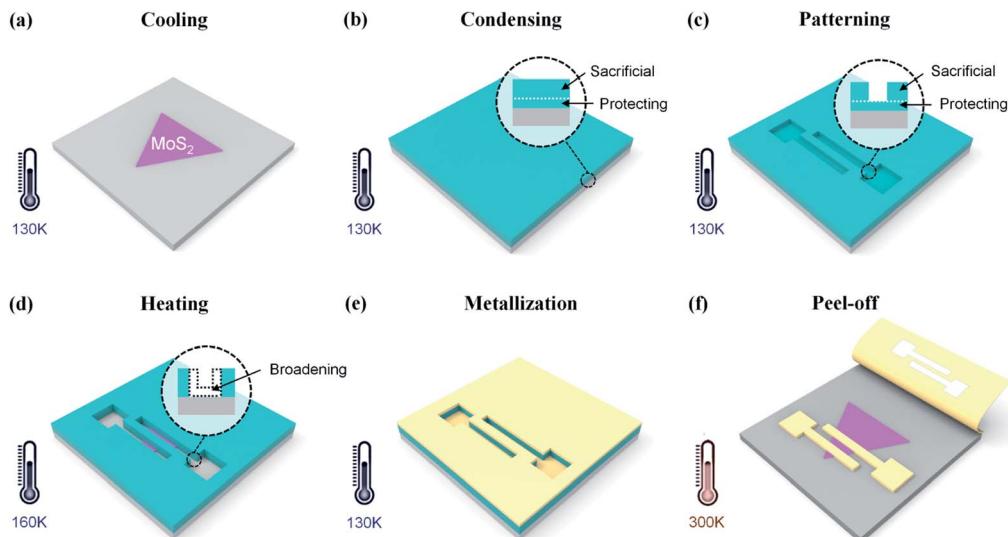


Fig. 1 Process flow of iEBL with an *in situ* formed protecting layer. (a) Cooling: sample stage is cooled down to 130 K. (b) Condensing: a thin ice film is vapor-deposited onto the sample. (c) Patterning: the ice is partly eliminated through low-energy electron irradiation and about 100 nm-thick ice (as a protecting layer during e-beam exposure) remains. (d) Heating: the temperature of sample stage is raised to 160 K and the protecting layer sublimates with the broadening of the ice pattern. (e) Metallization: a metal film is deposited onto the sample. (f) Peel-off: the sample is heated to room temperature and residual metal can be removed by direct peel-off.

leading to sublimation of ice at a rate of several nanometres per minute. The ice pattern would be slightly broadened due to the heating effect. Finally, all of ice sublimates at room temperature in a vacuum, and the metal film on ice lands on the sample, which can be easily taped for peel-off from the sample surface.

In conventional EBL, e-beam exposure at low electron energies (\sim 1–2 keV) has shown advantages of reduced charging effect, decreased radiation damage and improved throughput.^{24,25} Nevertheless, low-energy EBL is not expected for high-resolution patterning due to the poor quality of e-beam focusing. It can lead to an enlarged spot size and probably affect the broadening of the linewidth.^{26–28} In iEBL, our preliminary experiment shows that sub-20 nm-wide lines could be patterned in the ice even at 0.3 keV, which are comparable to those obtained at 20 keV. It indicates that the resolution of iEBL is not appreciably affected by the electron energy. More importantly, primary beam energy in conventional EBL is expected to be no less than 1 keV, otherwise the electrons could not pass through the whole resist layer and a part of the resist remains after development. This means that electrons with a certain energy cannot fully expose a resist with thickness beyond electron penetration depth, *i.e.*, the electron energy restricts the resist thickness. In contrast, the exposure of ice is independent of the electron energy. It is based on the fact that solid ice gradually turns into gaseous products from the surface to the underlying under e-beam irradiation. Therefore, a thick ice layer can be completely removed even using low-energy electrons, such as 0.3 keV in our experiments.

As a demonstration of our low-energy lithography, we have fabricated back-gate field effect transistors (FETs) based on monolayer MoS₂. As depicted in Fig. 2a, Au/Ti (30/10 nm) microelectrodes are defined upon monolayer MoS₂ on a SiO₂/Si

substrate. Fig. 2b shows the room-temperature transition curves at different back-gate voltages V_{bg} ranging from 0 to 30 V. The linear relationship between drain-source current I_{ds} and voltage V_{ds} indicates the formation of ohmic contacts at the metal–semiconductor interface. For comparison, we fabricate another device with the same structure by removing the ice layer entirely using a 1 keV e-beam (Fig. 2c). Not surprisingly, the underlying MoS₂ is destroyed due to e-beam irradiation without a protective process. The drain-source current is only a few femtoamperes, of the same order of magnitude as the back-gate current. These results show that destruction or retention of the underlying monolayer MoS₂ could be determined by matching primary beam energy (corresponding to electron penetration depth) to ice thickness. Therefore, we can easily create either insulation or connection on 2D materials (Fig. 2d and f) just by regulating the electron energy, which is undoubtedly beneficial to the development of a flexible and efficient fabrication technique towards 2D optoelectronic devices.

Fig. 3 exhibits numerical simulation and experiment results and provides more details about how to reduce irradiation damage to the material under ice. Distributions of absorbed energy in ice films with various primary beam energies are obtained by Monte Carlo electron trajectory simulation.^{29,30} It is worth noting that the whole interaction volume does not represent the actual volume in which electron-induced decomposition of H₂O occurs. Nevertheless, in such a simulation we can roughly know how long the electron would travel in the ice, *i.e.*, electron penetration depth, which provides a guide for determining the ice thickness in experiments to stop the electron reaching the underlying MoS₂. As illustrated in Fig. 3a, at least 2 μ m-thick ice is needed to prevent incident electrons of 10 keV from going through, while 50 nm is thick enough for the



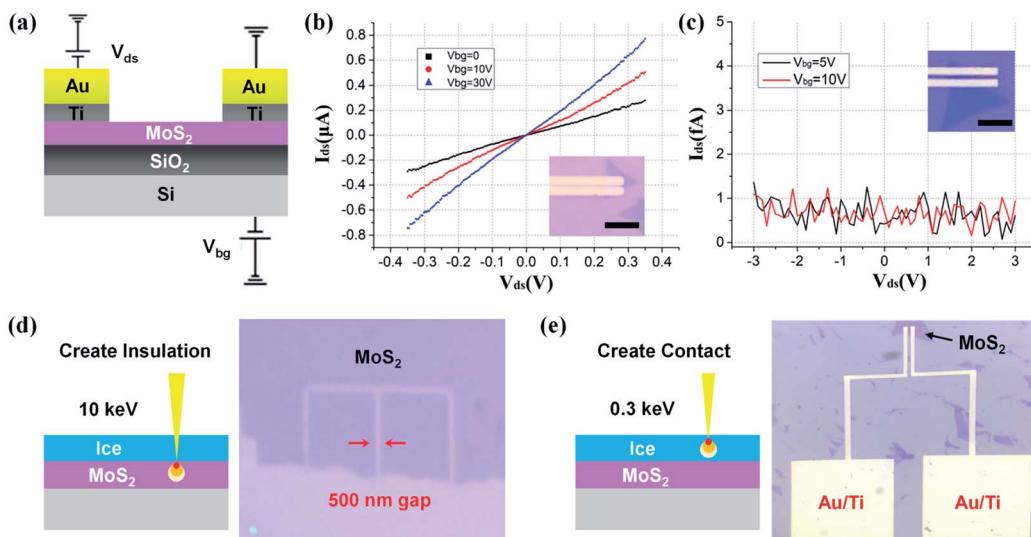


Fig. 2 Back-gate FETs based on CVD-grown monolayer MoS₂ flakes. (a) Schematic cross section and electrical connections of a back-gate FET. It comprises a silicon substrate as a back-gate electrode and 285 nm-thick SiO₂ as a dielectric layer. (b) I_{ds} – V_{ds} curves at different back-gate voltages. The inset is an optical image of the FET. (c) Transition curves of a device fabricated without a protective process. (d and e) Create insulation or connection according to primary beam energy. High energy like 10 keV leads to the destruction of MoS₂, while low energy like 0.3 eV is beneficial to a good electrical connection. Scale bars are 10 μ m.

1 keV. Fig. 3b shows quantitative relationship between electron penetration depth and primary beam energy. In addition to the Monte Carlo simulation, electron penetration depth can be calculated by the following empirical formula:³¹

$$R = \frac{PAE^{1.67}}{Z^{0.88}\rho}$$

P is a constant of 2.76×10^8 . A and Z are relative atomic mass and atomic number, respectively. E represents the energy of

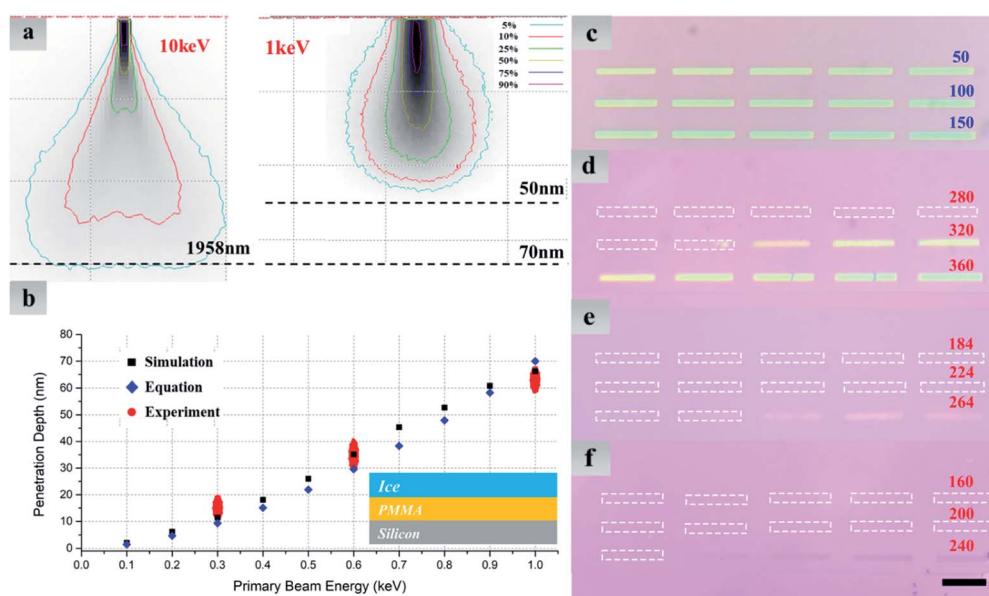


Fig. 3 Simulation and experiment results on electron penetration depth. (a) Distributions of absorbed energy in ice films with primary beam energies of 1 keV and 10 keV. (b) Relationship between penetration depth and primary beam energy. Data are extracted from Monte Carlo simulations (black square), theoretical calculation (blue diamond) and experimental measurements (red oval). (c–f) Optical images of exposed PMMA to verify the protecting effect of an *in situ* formed ice layer. Electron dose for each rectangular area uniformly increases from left to right, top to bottom. (c) Direct exposure of 200 nm-thick PMMA by 1 keV e-beam. Exposure of PMMA with a 300 nm-thick ice layer on top by (d) 1 keV, (e) 0.6 keV and (f) 0.3 keV e-beam, respectively. White dotted lines indicate unaffected PMMA after exposure. Dose units are μ C cm⁻² in (c) and mC cm^{-2} in (d–f). Scale bar is 10 μ m.

incident electrons. ρ stands for the density of the material, which is 0.94 g cm^{-3} for low-density amorphous ice.³²

We have also designed experiments to find out the electron penetration depth at a specific energy. A 200 nm-thick polymethyl methacrylate (PMMA) film was spin-coated on a SiO_2/Si substrate, on top of which water ice was vapor-deposited. The PMMA film thus acted as a 'sensing layer' to determine the critical dose when electrons could penetrate the ice. A 3×5 array of rectangles was directly exposed by evenly increasing electron dose from $10 \mu\text{C cm}^{-2}$ to $300 \mu\text{C cm}^{-2}$ at 1 keV (Fig. 3c). It is clearly seen that the minimum dose ($10 \mu\text{C cm}^{-2}$) is enough to affect the PMMA. For contrast, Fig. 3d–f show optical images of exposed PMMA, which was covered by a 300 nm-thick ice layer before e-beam exposure. The minimum dose required to change the solubility of PMMA has been increased by 4 orders of magnitude, and these extra electrons are used for thinning the initial ice layer until low-energy electrons could penetrate it. The penetration depth is thus identified as the minimum ice thickness remaining for protecting the PMMA. For instance, the penetration depth at 1 keV approaches to the remained ice thickness using electron dose of 296 mC cm^{-2} (Fig. 3d). Benefiting from the linear feature of contrast curve of water ice,³³ we could estimate such a remaining thickness using $h = (1 - D/D_s)H$. H represents the initial ice thickness, which can be measured by SEM imaging of tilted samples. D and D_s are electron dose used for exposure and the minimum dose for eliminating all ice, respectively.

The conformal sublimation of ice at 160 K has been recorded in Fig. 4. The temperature rise is controlled by adjusting the voltage of an electric resistance heater fixed under the sample stage. Fig. 4a and b show SEM images of the ice before and after sublimation. The initial ice thickness at 130 K is 400 nm, and the width of the exposed area (red dotted lines) is around 100 nm. After heating up, the remained ice within the exposed area is completely removed while the pattern shape is preserved. Fig. 4c and d display the broadening effect after heating the ice for more than one hour. The width of the gap surrounded by white dotted lines shrinks from 400 nm to 100 nm and other narrower ice gaps are sublimated.

In summary, we propose a modified lithographic method for patterning electron beam-sensitive materials. Water ice is condensed on top of monolayer MoS_2 as a resist, which can be spatially divided into a top sacrificial layer and bottom

protecting layer. E-beam patterning is only performed in the sacrificial layer. A series of exposure tests on ice/PMMA structures confirm that the e-beam induced radiolysis damage could be avoided by using low-energy electrons and a protecting ice layer thicker than the electron penetration depth. Subsequent sublimation process allows the protective ice to be removed, meanwhile, the shape of the pattern is kept. Back-gate FETs with ohmic contacts can be produced in this method, while poor contact is obtained without using a protecting layer. By altering the primary beam energy, electrical insulation or connection on MoS_2 could be selectively achieved as needed, which is of great potential in fabricating optoelectronic devices based on 2D materials. Thanks to the solvent-free feature of iEBL, our method can also be applied to construct devices based on materials like perovskites or metal-organic frameworks, which are sensitive to both electron irradiation and organic solutions.

Author contributions

Conceptualization by G. Y. and D. Z.; data curation by G. Y.; funding acquisition by D. Z. and M. Q.; investigation by G. Y., Y. H. and R. Z.; methodology by D. Z. and G. Y.; writing-original draft by G. Y. and D. Z.; writing-review and editing by G. Y., D. Z. and M. Q.

Conflicts of interest

There are no conflicts to declare.

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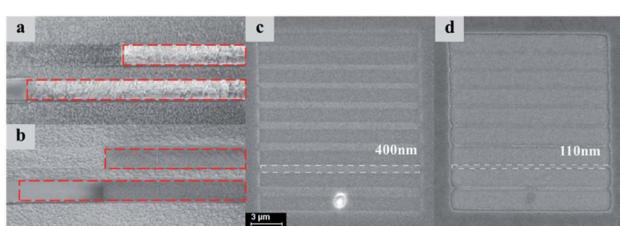


Fig. 4 Controllable sublimation of remained ice. (a) SEM image of ice pattern at 130 K. Red dotted lines show exposed areas. (b) Pattern in (a) after heating at 160 K for 30 minutes. Remained ice within exposed areas has been eliminated. (c) Nanogaps fabricated on ice at 130 K. (d) Pattern in (c) after heating at 160 K for 60 minutes.



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