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3, 9019Liquid phase high shear exfoliated few-layered
graphene for highly sensitive ascorbic acid
electrochemical sensors†Ramu Banavath,^{ab} Anand Abhinav,^a Siva Sankar Nemala,^a
Rohit Srivastava^{ab*} and Parag Bhargava^{a*}

Electrochemical sensors based on graphene have gained importance owing to their high selectivity and sensitivity arising from the high surface area and electrocatalytic activity of graphene based nanomaterials. While significant amount of work has been carried out on graphene synthesis, lesser attention has been paid to synthesis of graphene suited for electrochemical sensing applications. This work demonstrates the synthesis of graphene by using a liquid phase high shear exfoliation (LP-HSE) method. Use of appropriate dispersing and antifoaming agents helped in obtaining a high-quality graphene colloidal suspension in water. Later, the dispersing and antifoaming agents were washed away to get exfoliated graphene suited for electrochemical sensing as confirmed by electrocatalytic activity measurements. The potential usage of exfoliated graphene in electrochemical sensors was confirmed by evaluating the performance of exfoliated graphene for ascorbic acid sensing. Linear sweep voltammetry (LSV) and amperometry techniques were used for ascorbic acid sensing. The sensor based on exfoliated graphene was highly selective and sensitive toward ascorbic acid (AA) oxidation, and the limit of detection (LOD) of fabricated sensors was 1.8 μM . The interference study confirmed that the fabricated sensors are highly selective. The precise determination of AA in vitamin C supplements revealed the potential usage of exfoliated graphene in the real-time determination of AA.

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Introduction

Electrochemical sensing is a promising approach to develop highly sensitive, accurate, simple, and cost-effective sensing devices to detect and quantify a wide variety of analytes. The electrochemical sensing ability of these sensors strongly depends on material aspects such as chemical and physical properties and changes in the sensing material characteristics on applying voltage.^{1,2} Research on developing potential electrode materials for electrochemical sensing applications has immensely increased in recent years.^{3–8} Initially, carbon-based materials were largely explored as electrode materials in electrochemical sensing applications due to their low cost, chemical inertness, and abundant availability.^{9,10} Graphene-based nanomaterials have outperformed other carbon-based materials because they are less prone to surface fouling, stable

in a wide potential window, have better electron transferability, and are highly selective towards a wide range of analytes.^{10,11}

Graphene, a 2-D form of carbon, is known to have excellent electrocatalytic activity towards different analytes, leading to development of electrochemical sensors for the detection of H_2O_2 , uric acid, ascorbic acid, glucose, cholesterol, and dopamine.^{12–15} A scalable, low-cost, and environmentally friendly graphene synthesis method is required to fabricate graphene-based electrochemical sensors at a large scale. Graphene is produced from graphite by different exfoliation techniques such as chemical reduction methods,¹³ micromechanical exfoliation,¹⁶ electrochemical exfoliation,¹⁷ ultrasonication,¹⁸ high shear ball milling,¹⁹ and liquid-phase exfoliation (LPE).^{20–22} Graphene prepared by chemical reduction methods was examined for fabrication of electrochemical sensors¹³ but it was not favored owing to the presence of uncontrolled defects in the material arising from synthesis.²³ It is believed that liquid-phase graphene exfoliation methods are more promising due to their simple, cost-effective, environmentally friendly, and scalable nature.^{24–27} Solvent selection plays a crucial role in deciding the compatibility of graphene produced by liquid-phase exfoliation techniques for electrochemical sensing applications. The energy required for exfoliation should be balanced by solvent-graphene

^a Particulate Materials Laboratory, Department of Metallurgical Engineering and Materials Science, IIT Bombay, 400076, India.E-mail: banavathramu1289@gmail.com, pbhargava@iitb.ac.in^b Nanobios Laboratory, Department of Biosciences and Bioengineering, IIT Bombay, 400076, India. E-mail: rsrivasta@iitb.ac.in† Electronic supplementary information (ESI) available. See DOI: <https://doi.org/10.1039/d2ma00666a>

interaction, and the used solvent should be easily removed from the graphene surface.²⁸ Different organic solvents like NMP, DMF, benzyl benzoate, and γ -butyrolactone have been used in the process of liquid-phase graphene exfoliation.^{24,29–31} The surface tension of most of these organic solvents ($\gamma = 40 \text{ mJ m}^{-2}$) helps to get highly stable graphene dispersion after exfoliation of graphite.²⁰ Even then, the use of above solvents is not desirable as it is difficult to remove these solvents from synthesized graphene which limits the performance of the sensors in terms of electrocatalytic activity and selectivity. Thus, in this study we report water ($\gamma = 70 \text{ mJ m}^{-2}$) as a solvent with suitable dispersing agents for liquid phase exfoliation (LPE) of graphene by using a high-shear exfoliation method. The potential usage of high-shear exfoliated few layered graphene (FLG) in electrochemical sensors was studied by standard electrochemical characterization and electrochemical sensing of AA.

1. Experimental

1.1 Preparation of high-shear exfoliated few layered graphene (HSE-FLG)

High shear exfoliation of FLG was done by a three-stage liquid-phase exfoliation (LPE) method (Scheme 1). This method involves graphite dispersion in solvent (water), exfoliation and separation. In the typical synthesis process, 1 l natural graphite (10 μm) suspension was prepared by adding 50 mg ml^{-1} natural graphite in water and 1 wt% surfactant (formulations are based on a patent).³² The prepared graphite suspension was sonicated for 30 minutes for the proper dispersion of graphite in water. The dispersed graphite suspension was subjected to high shear mixing using a Ross-Mixer at 8000 rpm for 10 hours. The temperature rise during the high shear exfoliation process was maintained using an ice bath. The exfoliated graphite suspension was subjected to ultrasonication to separate the exfoliated graphite from graphene. Next, the exfoliated graphene suspension was centrifuged at 10000 rpm for 10 minutes to separate the graphene nanoplatelets (GNPs) from the few

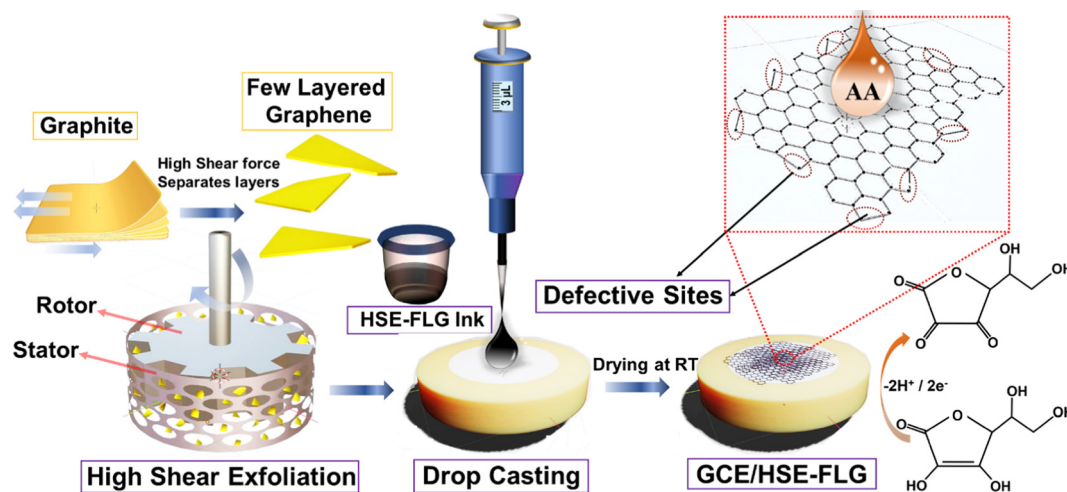
layered graphene (FLG) solution. The FLG suspension was heated at 60 $^{\circ}\text{C}$ to remove the solvent (water), and the FLG residue was washed with the acetone and ethanol mixture several times. The collected FLG powder was dried in a vacuum oven at 60 $^{\circ}\text{C}$ for 24 hours, and as-prepared FLG was used for electrochemical characterization.

1.2 Preparation of the HSE-FLG-based modified glassy carbon electrode (GCE)

The GCEs were coated with HSE-FLG based ink for electrochemical characterization and sensing studies (Scheme 1). In the typical ink preparation process, 7 mg of HSE-FLG was added to 1 ml of water and ethanol mixture (1 : 1). Then, 20 μl of Nafion (serves as a binder) solution was added to the prepared mixture. The prepared HSE-FLG suspension was sonicated for 60 minutes to get a homogeneously dispersed ink. The GCEs were polished with alumina powders of different grades (1, 0.1, and 0.05 μm) and washed in ethanol by sonicating them for 5 minutes. The washed GCEs were dried by purging nitrogen gas. The dried GCEs were coated with 3 μl of prepared HSE-FLG based ink by drop-casting. The HSE-FLG coated GCEs were dried at room temperature for 60 minutes. The modified GCEs were used for further electrochemical characterization and sensing studies.

2. Material and electrochemical characterization of prepared HSE-FLG

The crystalline structure of exfoliated FLG was investigated by X-ray diffractometry (PANalytical-MRDTM with a $\text{Cu K}\alpha$ radiation source of $\lambda = 1.5406 \text{ \AA}$). The phonon vibrational modes corresponding to exfoliated FLG were studied with a HORIBA HR800 Raman spectrometer using an argon laser, with an excitation wavelength of 514.5 nm. The study of functional groups formed in exfoliated FLG was carried out by using an X-ray photoelectron spectrometer (XPS, ULVAC-PHI 5000 Versa-Probel). The morphology, number of layers, and the structure of



Scheme 1 GCE modification procedure with HSE-FLG based ink.



prepared HSE-FLG were investigated using FEG-SEM (Hitachi, S-3400N) and FEG-TEM (Thermo Scientific, Themis 300 G3). All electrochemical characterization was carried out on a potentiostat (302N), where a GCE was used as the working electrode (WE), platinum wire was used as the counter electrode (CE), and a Ag/AgCl electrode was used as the reference electrode (RE). The standard electrochemical characterization techniques like cyclic voltammetry (CV), electrochemical impedance spectroscopy (EIS), and Tafel analysis were carried out in 0.01 M ferricyanide containing 0.1 M KCl as the supporting electrolyte. All electrochemical sensing studies were carried out in a 0.01 M PBS solution of pH 7.4.

3. Results and discussion

3.1 HSE-FLG's crystal structure, morphology, high-resolution microstructure, vibrational modes, and surface analysis

Morphological and high-resolution microstructural analyses of HSE-FLG were carried out by FEG-SEM and FEG-TEM. Both FEG-SEM and FEG-TEM images are shown in Fig. 1. The exfoliation of bulk graphite into small graphene flakes can be observed in the FEG-SEM images of pristine graphite and HSE-FLG. Comparison of the FEG-SEM images of HSE-FLG and pristine graphite confirms the decrease in flake size from 10 μm to <500 nm. FEG-TEM images of HSE-FLG show thin graphene flakes with a lateral size of less than 3 μm . The HR-TEM image of HSE-FLG shows a clear indication of graphene flakes with less than six layers. The flake size distribution and thickness of exfoliated FLG were analyzed from AFM imaging. Fig. 1(e) shows the AFM image of HSE-FLG. Graphene sheets with a lateral size of 100–2000 nm were observed. The thickness

of HSE-FLG of less than 3 nm indicates the presence of less than six layers in the exfoliated graphene.

X-ray diffraction spectra of exfoliated HSE-FLG and pristine graphite are shown in Fig. 2(a). The XRD pattern of HSE-FLG showed a strong characteristic graphite peak of the basal plane (0 0 2), indicating the highly organized crystalline nature of hexagonal graphite. The decreased intensity and increased broadness along with peak shift to lower two theta values (inset of Fig. 2(a)) of HSE-FLG's basal plane peak as compared to the pristine graphite peak indicate the decrease in the number of layers of pristine graphite and confirm the exfoliation of graphite. The quality of exfoliated FLG was studied by Raman spectroscopy. Fig. 2(g) shows the Raman Spectra of HSE-FLG and pristine graphite. The G band at 1575.8 cm^{-1} is assigned to the sp^2 -hybridization of carbon, and the D band at 1343.7 cm^{-1} is used to study the defective nature of graphene. The relative intensity ratio of the D to G band indicates the defect density of graphene.³³ The increased relative ratio of the D to G band from 0.066 (pristine graphite) to 0.616 (FLG) confirms the presence of a considerable amount of defective sites in HSE-FLG. The 2D band gives information about the number of layers in graphene. The comparison of HSE-FLG's 2D band with pristine graphite showed an increase in broadness and a shift in the 2D peak to lower wavelengths confirming the decreased number of layers in the exfoliated graphene (Fig. 1(d)). The Lorentzian fit of the 2D peak usually gives detailed information about the number of layers in the exfoliated graphene (Fig. 2(e) and (f)). The shift of deconvoluted peaks in the 2D band to lower wavelengths (2687.1, 2577.5, 2460.8) and the presence of an extra peak as compared to pristine graphite indicate that the possible layers in HSE-FLG could be lower than 6.^{34,35}

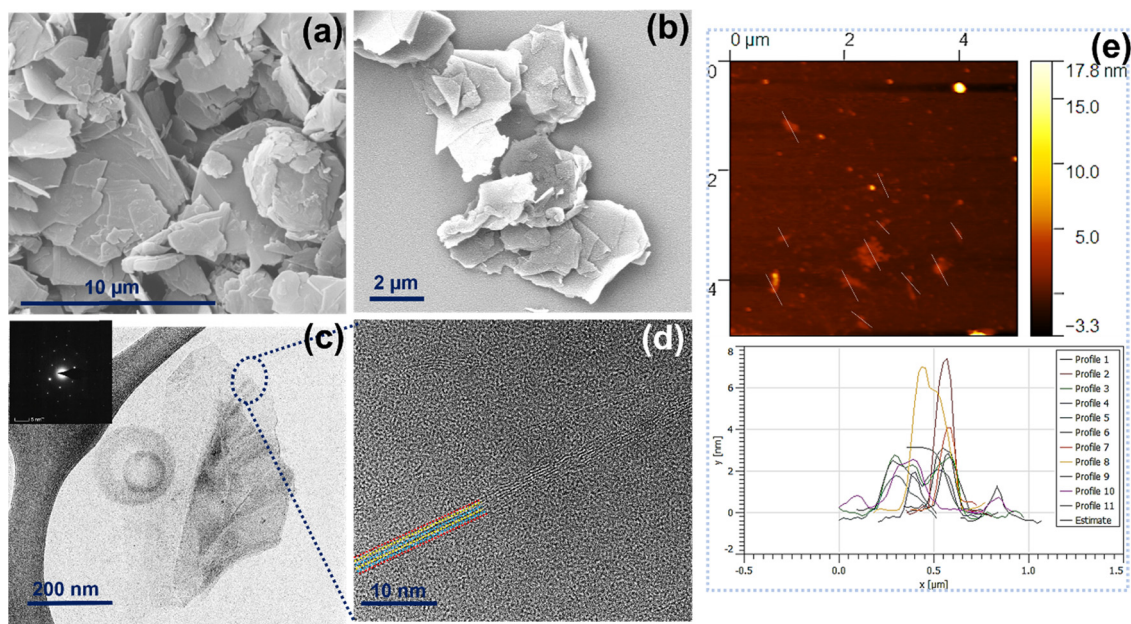


Fig. 1 (a) and (b) FEG-SEM images of pristine graphite and high shear exfoliated few-layered graphene (HSE-FLG), (c) FEG-TEM image of HSE-FLG (the inset shows the diffraction pattern), (d) high-resolution FE-TEM image of HSE-FLG, and (e) atomic force microscopy (AFM) image with the height and lateral size distribution profile of HSE-FLG.



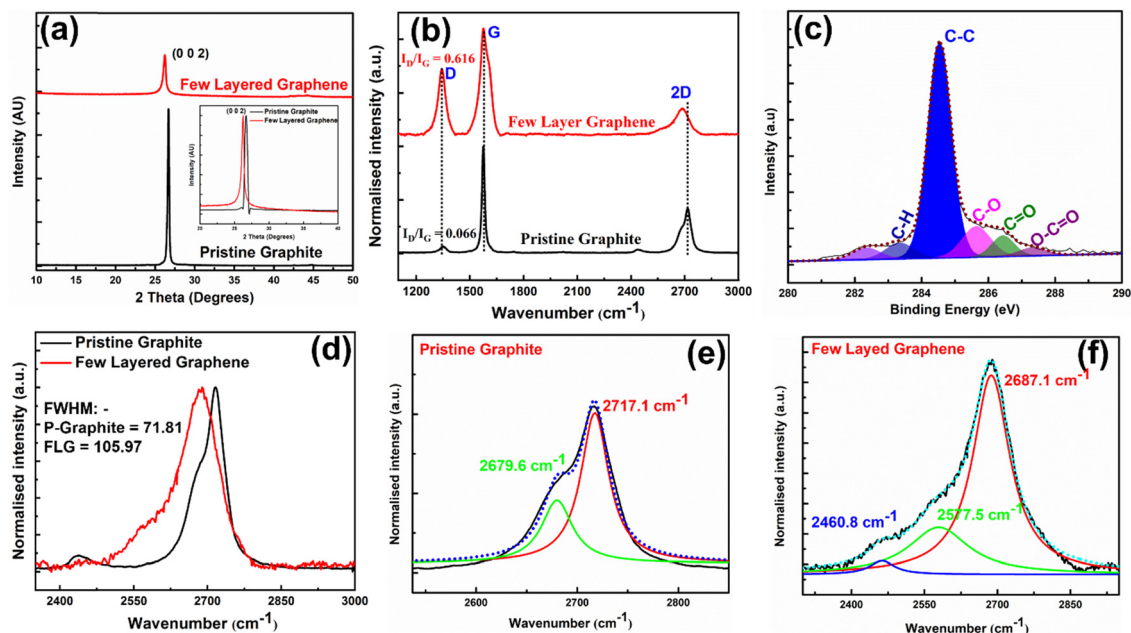


Fig. 2 (a) X-ray diffractometry of pristine graphite and HSE-FLG, (b) Raman spectra of pristine graphite and HSE-FLG, (c) XPS spectra of HSE-FLG, (d) Raman 2D peak comparison, and (e), (f) Raman 2D peak Lorentzian fitting of pristine graphite and HSE-FLG.

The XPS analysis of HSE-FLG confirmed the defective site type and nature. Fig. 2(c) shows the deconvoluted XPS spectra of exfoliated FLG. The XPS peak at a binding energy of 284.5 eV represents the graphitic carbon (C-C) in HSE-FLG. The extra peaks at higher binding energies represent the oxygen functional groups confirming the presence of defective sites in HSE-FLG.^{36,37} The high shear forces during exfoliation break the graphene flakes resulting in the formation of defective sites. The defects formed during exfoliation are usually saturated by oxygen functional groups. The relative intensity of oxygen functional groups to graphitic carbon indicates low concentrations of defective sites in HSE-FLG.

3.2 Electrochemical characterization of HSE-FLG in the standard ferricyanide electrolyte

The potential application of HSE-FLG in electrochemical sensors needs to be checked by different electrochemical characterization techniques like cyclic voltammetry (CV), electrochemical impedance spectroscopy (EIS), and Tafel analysis. The prepared modified GCEs were used for all electrochemical characterization. 0.01 M potassium ferricyanide solution was used as the standard electrolyte with 0.1 M KCl as the supporting electrolyte in all electrochemical studies. Fig. 3(a) shows the CV of HSE-FLG, where reversible oxidation and reduction peaks of ferricyanide can be observed. All the CV parameters are shown in Table 1. The CV comparison of HSE-FLG with blank GCE and pristine graphene indicates a higher output current and lower peak-to-peak potential (ΔV) for exfoliated graphene. The peak-to-peak potential (ΔV) in the case of HSE-FLG is 110 mV, nearly close to the ideal ΔV (59 mV) of the standard electrochemical system. CV with increasing scan rate was done to understand electron transfer kinetics at the surface of the

prepared electrodes. Fig. 3(b)–(d) shows the CV of GCE, pristine graphite, and HSE-FLG with increasing scan rate. The peak shift with increasing scan rate in the case of HSE-FLG is extremely low compared to blank GCE and pristine graphite, indicating that the electrochemical reaction is ultimately adsorption controlled (decreased kinematic limitations). The increase in output current with increasing scan rate according to the linearity of the square root of scan rate *vs.* output current calibration plot indicates that the system is highly reversible and has no involvement of diffusional limitations (Fig. S2, ESI†). The higher slope of the square root of scan rate *vs.* output current calibration plot for HSE-FLG indicates the increased electrocatalytic activity of exfoliated graphene. The increased electrocatalytic activity and electron transfer capability of HSE-FLG are due to the existing oxygen functional groups (defective sites) and the higher specific surface area of HSE-FLG (Table 1). As a result, the ion adsorption capability of the electrode also increases. So, the effective electroactive surface area (A_{eff}) and ion adsorption quantity (Ψ) of the prepared electrodes were calculated with the help of the Randles-Sevcik theory.³⁸

$$I_{\text{pa}} = (2.69 \times 10^5) n^{\frac{3}{2}} A_{\text{eff}} D^{1/2} \nu^{1/2} C_0 \quad (1)$$

$$I_{\text{pa}} = \frac{n^2 F^2}{4RT} \nu A_{\text{eff}} \Psi \quad (2)$$

where n is the number of electrons involved in the reaction, I_{pa} is the output current, D ($7.60 \times 10^{-6} \text{ cm}^2 \text{ s}^{-1}$) is the diffusion coefficient for ferricyanide ions, ν is the scan rate, C_0 is the effective concentration of ferricyanide, F (96 485 coulombs mol^{-1}) is the Faraday constant, R (8.314 J $\text{mol}^{-1} \text{ K}^{-1}$) is the gas constant, T is the absolute temperature, A_{eff} is the effective



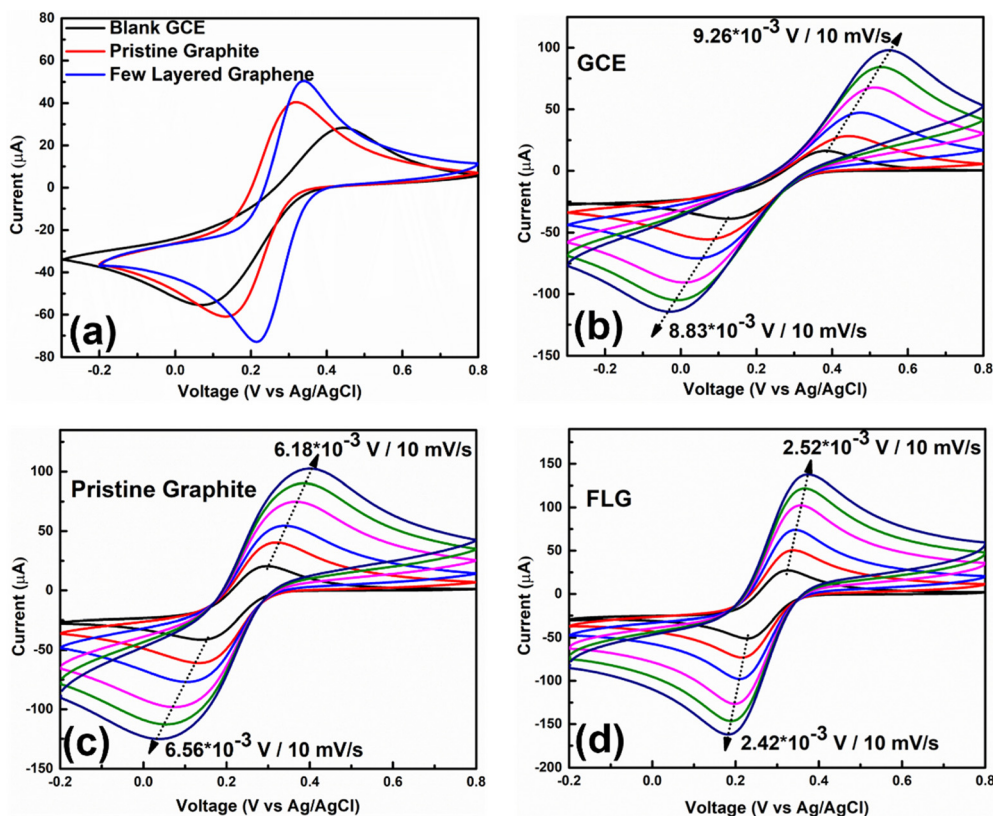


Fig. 3 Cyclic voltammetry (CV) of blank GCE, pristine graphite, and HSE-FLG in 0.01 M $K_3Fe[(CN)_6]$ electrolyte with 0.1 M KCl as the supporting electrolyte: (a) CV comparison of HSE-FLG with blank GCE and pristine graphite at a scan rate of 25 mV s⁻¹ and (b)–(d) CV of blank GCE, pristine graphite and HSE-FLG at different scan rates.

Table 1 Comparison of CV parameters in 0.01 M ferricyanide electrolyte

Sample	I_{ox} (μA)	I_{red} (μA)	Oxn potential (mV)	Red potential (mV)	ΔV (mV)	A_{eff} (cm ²)	SSA (m ² g ⁻¹)	Ψ (mol cm ⁻²)
GCE	28.335	55.502	445	63	382	0.978		12.32×10^{-10}
Pristine graphite	40.392	60.991	334	134	200	1.013	12.18	17.27×10^{-10}
FLG	50.729	73.048	336	222	114	1.357	133.45	22.02×10^{-10}

electroactive surface area, and Ψ is the adsorption quantity of electroactive ions.

The calculated A_{eff} of all three samples is shown in Table 1. The comparison of calculated A_{eff} indicates the significant increase in the effective electroactive area of HSE-FLG based electrodes. As a result, the absorbed ion quantity was increased for HSE-FLG based electrodes, which led to the superior electrochemical properties of HSE-FLG. So, from all CV results, we can conclude that HSE-FLG has significantly improved electrocatalytic activity due to its increased effective electroactive sites (oxygen functional groups) and enhanced adsorption capability. The increased specific surface area (SSA) of exfoliated graphene confirms the enhanced electroactive sites and absorption capability of exfoliated graphene.

The electron transfer capability of HSE-FLG was further confirmed by using electrochemical impedance spectroscopy (EIS) and Tafel analysis. Fig. 4 shows the EIS and Tafel plots of GCE, pristine graphite, and HSE-FLG. The charge transfer resistance (R_{ct}) directly represents the electron transfer

capability of electrode materials. The R_{ct} value of all three electrodes was calculated by fitting the EIS plot using NOVA 1.11 software. The equivalent circuits for fitted EIS plots are shown in Fig. S3 (ESI†). The simulated R_{ct} values can be found in Table 2. The significant decrease in the R_{ct} value of HSE-FLG compared to GCE and pristine graphite indicates a substantial improvement in electron transfer capability. This charge transfer ability of HSE-FLG is further explained by Tafel analysis. The calculated exchange current density (J_0) values of all three samples are shown in Table 2. The higher J_0 for HSE-FLG confirms the better electron transfer capability of exfoliated graphene, and it supports the simulated R_{ct} value of HSE-FLG by eqn (4):^{8,39}

$$K_0 = \frac{J_0}{CnF} \quad (3)$$

$$J_0 = \frac{RT}{nFR_{ct}} \quad (4)$$



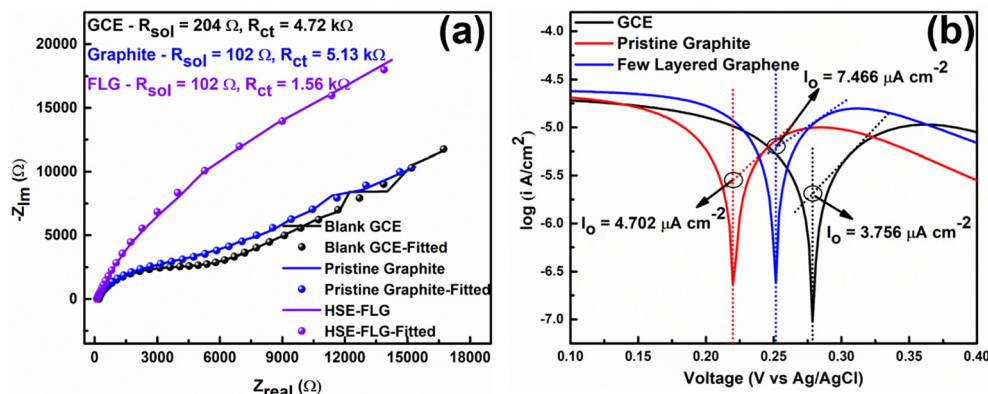


Fig. 4 (a) Comparison of EIS of blank GCE, pristine graphite, and HSE-FLG in the frequency range of 10–100 000 Hz at an amplitude of 5 mV s⁻¹ and (b) comparison of the Tafel plot of HSE-FLG, blank GCE and pristine graphite.

Table 2 Comparison of EIS and Tafel parameters of blank GCE, pristine graphite, and HSE-FLG

Samples	J_0 (A cm ⁻²)	K_0 (cm s ⁻¹)	R_{ct} (k Ohm)
GCE	3.756×10^{-6}	3.890×10^{-9}	4.91
Pristine graphite	4.402×10^{-6}	4.874×10^{-9}	5.12
FLG	7.466×10^{-6}	7.738×10^{-9}	1.56

where J_0 is the exchange current density, C is the concentration of electroactive ions, n is the number of electrons involved in the electrochemical reaction, F (96,485 coulombs mol⁻¹) is the Faraday constant, R (8.314 J mol⁻¹ K⁻¹) is the gas constant, T is the absolute temperature, R_{ct} is the charge transfer resistance, and K_0 is the reaction rate constant.

The reaction rate constant (K_0) is another essential property of electrode materials that reveals the ideal characteristics of electrochemical sensor electrode materials. The K_0 is calculated using the EIS and Tafel analysis (Table 2) following eqn (3). The significant increase in the K_0 value of HSE-FLG indicates that the exfoliated graphene has high electrocatalytic activity and is approaching the ideal electrochemical sensor electrode behavior. All electrochemical characterization of HSE-FLG confirmed the superior electrochemical properties of HSE-FLG. Hence, the prepared HSE-FLG can be used as an electrode material to develop different electrochemical sensors.

The electrochemical sensing capability of HSE-FLG was studied by using the ascorbic acid (AA) analyte. Electrochemical oxidation is the sensing mechanism of exfoliated graphene for electrochemical sensing of AA, which can be seen in Scheme 1. Fig. 5(a) shows the CV of blank GCE, pristine graphite, and HSE-FLG in the presence of 0.1 mM AA. The CV comparison of all three samples showed a significant increase in output oxidation current density for HSE-FLG in the presence of AA, indicating the effective oxidation of AA at 0.1 V by HSE-FLG. The reversibility in the oxidation of AA adsorbed on the electrode surface is due to fast disproportionation of semihydroascorbic acid to ascorbic acid and dehydroascorbic acid. The increase in the current density of HSE-FLG is mainly correlated to the concentration of electroactive sites of

HSE-FLG. The AA oxidation peak position in the case of HSE-FLG is shifted from 0.55 V to 0.1 V due to the selective oxidation of AA with the defective sites present in the exfoliated FLG. The shift of the AA oxidation peak to lower voltages is also an advantage in the case of HSE-FLG to avoid many interference problems. Fig. 5(b) and (c) shows the CV of pristine graphite and HSE-FLG with continuously increasing AA concentration. It can be seen that the rate of increase in the current density of HSE-FLG is much higher than that of pristine graphite. The AA oxidation peak shift with increasing AA concentration for pristine graphite is much higher than that for HSE-FLG, indicating the improved kinematic limitations of HSE-FLG based electrodes for AA detection. The CV plot of HSE-FLG with an increase in AA concentration following the linearity with respect to peak current indicates the effectiveness of detecting AA. All the improved electrochemical properties of HSE-FLG are mainly due to the increased electroactive area and enhanced electron transferability. Hence, HSE-FLG can be used to develop electrochemical AA sensors.

Linear sweep voltammetry (LSV) and hydrodynamic amperometric characterization were used to measure AA. The LSV of HSE-FLG with a continuous increase in AA concentration was carried out to determine the sensitivity and LOD of HSE-FLG based AA sensors. Fig. 5(d)–(f) shows the LSV of HSE-FLG based AA sensors. The current density of exfoliated graphene's LSV increases from 1 μM AA. There was no considerable increase in output current density for lower AA concentrations (<1 μM), indicating that the maximum detectable quantity of AA by HSE-FLG is 1 μM. The inset of Fig. 5(d) shows the calibration plot for the LSV of HSE-FLG. The sensitivity and LOD of HSE-FLG based AA sensors were calculated by regression analysis. The calculated sensitivity of fabricated AA sensors was 219 μA mM⁻¹ cm⁻¹, and the LOD of the sensor was 1.8 μM. The LSV of HSE-FLG for higher concentrations of AA also shows a continuous increment in output current density (Fig. 5(e) and (f)). The calibration plots of LSV at higher concentrations of AA also follow perfect linearity indicating accurate detection of AA even at more than 5 mM concentration of AA (Fig. S4(a) and (b), ESI†).



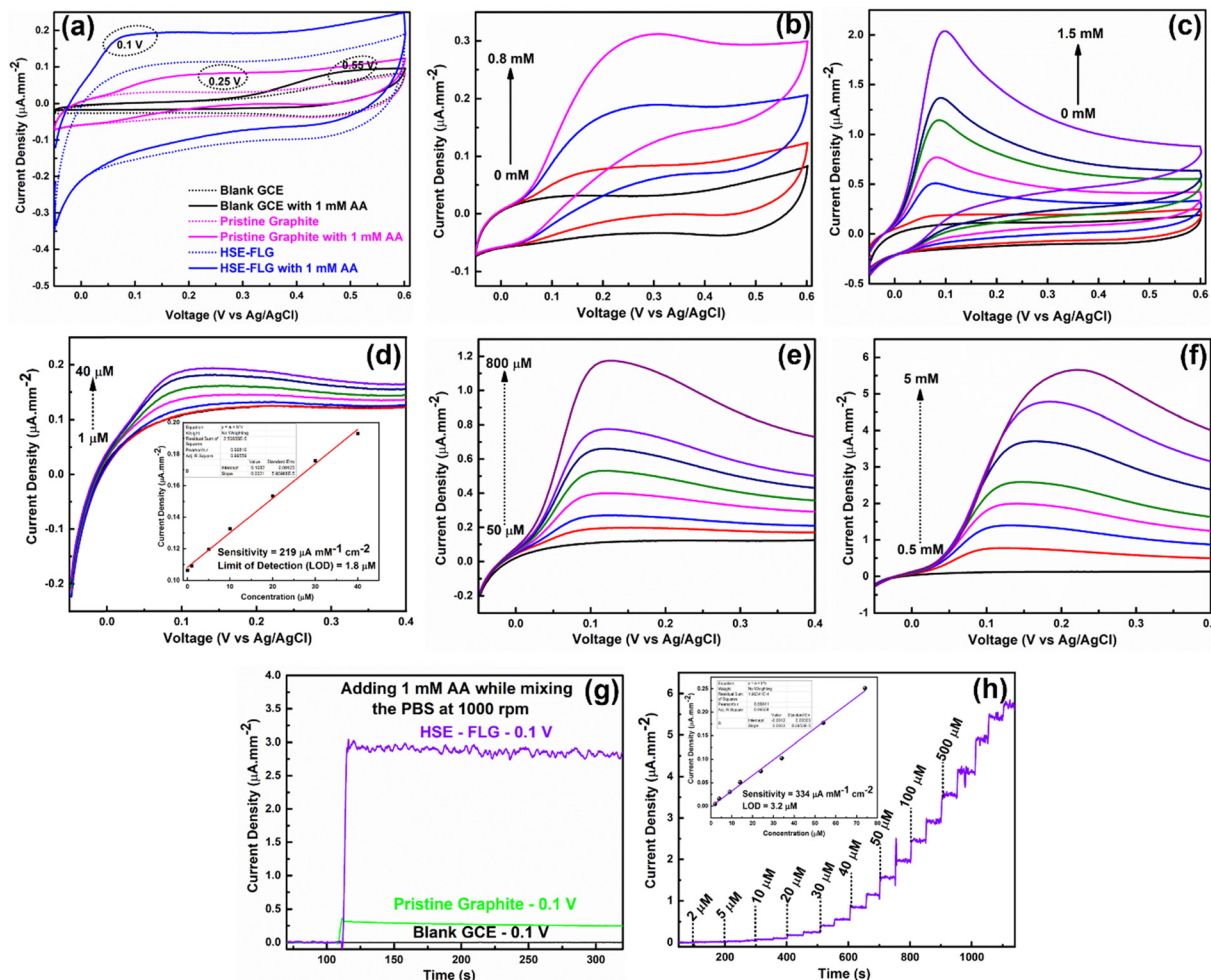


Fig. 5 (a) CV comparison of blank GCE, pristine graphite, and HSE-FLG in 0.1 mM AA containing 0.01 M PBS solution of pH 7.4 at a scan rate of 25 mV s^{-1} , (b) and (c) CV of pristine graphite and HSE-FLG at different concentrations of AA in 0.01 M PBS solution of pH 7.4, (d)–(f) LSV of HSE-FLG with different concentrations of AA at a scan rate of 25 mV s^{-1} , (g) hydrodynamic amperometry comparison of HSE-FLG at an applied voltage of 0.1 V in 1 mM AA containing 0.01 M PBS solution of pH 7.4 and (h) hydrodynamic amperometry of HSE-FLG adding different concentrations of AA at an applied voltage of 0.1 V in 0.01 M PBS solution of pH 7.4.

Hydrodynamic amperometric characterization of HSE-FLG based AA sensors was done to determine the maximum possible sensitivity and detection time of AA sensors. Fig. 5(g) shows an amperometry comparison of blank GCE, pristine graphite, and HSE-FLG by adding 1 mM AA while continuously mixing the electrolyte at 1000 rpm at an applied voltage of 0.1 V. The higher output current density in the case of HSE-FLG indicates the superior electrocatalytic activity of HSE-FLG towards the oxidation of AA. Fig. 5(h) shows the hydrodynamic amperometry of HSE-FLG by adding different concentrations of AA at a 50 s time interval while mixing the electrolyte at 1000 rpm. The continuous increment in output current density following the linearity can be observed from the inset of Fig. 5(h). The maximum possible sensitivity of HSE-FLG based AA sensors was $334 \mu\text{A mM}^{-1} \text{ cm}^{-2}$, and the detection time was less than 5 seconds. The comparison of the HSE-FLG based AA sensor with other graphene exfoliation technique-based AA sensors indicating the significant improvement confirms the

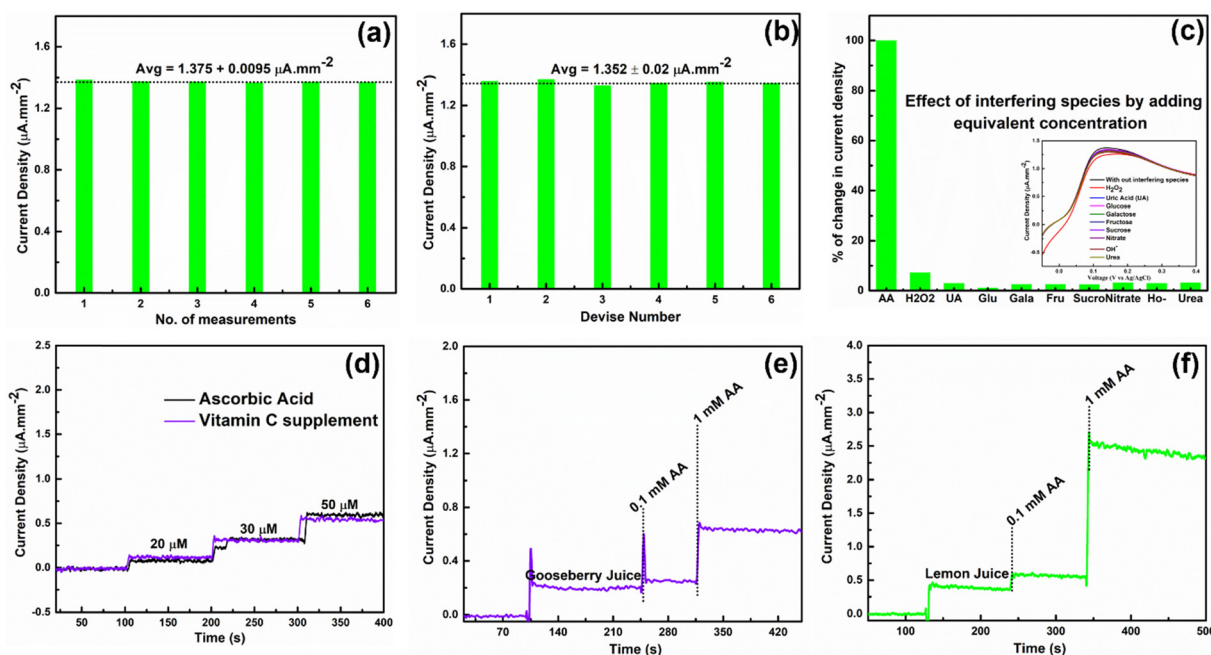
potential usage of the HSE method for graphene synthesis in electrochemical sensors (Table 3).

Repeatability and reproducibility of fabricated AA sensors were studied by LSV in the presence of 1 mM AA. Fig. 6(a) and (b) shows the repeatability and reproducibility studies of fabricated HSE-FLG based AA sensors. There was a minor change in the output oxidation peak current density for different measurements of the same device and the same measurement for different devices, indicating that the fabricated sensors are accurate in detecting AA (can be seen in the LSV plots of Fig. S5(a) and (b), ESI†). Interference study of fabricated sensors was done by LSV in the presence of equivalent concentrations of different interfering species (Fig. 6(c)). There was no considerable effect on AA oxidation peak current density in the presence of different interfering species, which can be seen in the LSV plots of HSE-FLG in the presence of different interfering species (inset of Fig. 6(c)). So, from the interference study of fabricated sensors, it can be concluded that HSE-FLG is highly



Table 3 Comparison of the sensing parameters of the HSE-FLG based AA sensor with other graphene exfoliation technique-based AA sensors

Electrode type	Method for graphene synthesis	Sensitivity ($\mu\text{A mM}^{-1} \text{cm}^{-2}$)	LOD (μM)	Linear range (μM)	Ref.
N-rGO	Chemical	—	9.6	100–4000	12
GS-PTCA	Chemical	—	5.60	20–420	40
rGO	Chemical	—	4.7	—	41
Gr ink	—	—	17.8	5–1000	42
N-rGO	Chemical	—	16.7	50–4000	43
CeO ₂ /rGO	Chemical	—	10	50–150	44
T-GO	Chemical	—	47	500–5000	45
N-3D Gr	Chemical	—	24.33	100–7000	46
Poly-L-Cys/GPE	CVD	91.11	0.231	1–260	47
GR/CVD	CVD	—	1.58	5–1500	48
Gr nanosheets	Ultrasonication	260.56	120	400–6000	49
Pristine graphene	Ultrasonication	65.62	6.45	9–2314	50
rGO	Thermal	2.5 $\mu\text{A mM}^{-1}$	—	50–30 000	51
HSE-FLG-LSV	Liquid phase	219	1.8	1–5000	This Work
HSE-FLG-Ampero	Liquid phase	314	3.2	2–1600	This Work

**Fig. 6** (a) and (b) Repeatability and reproducibility of fabricated HSE-FLG based AA sensors, (c) interference study of the fabricated HSE-FLG based sensor by adding equivalent concentrations of different interfering ions, and (d)–(f) real sample analysis of HSE-FLG based AA sensors by using vitamin C supplements and natural citrus fruit juice.

selective towards the oxidation of AA. Hence, the fabricated sensors can be used to detect AA in real samples.

Real sample analysis of fabricated sensors was done by hydrodynamic amperometry in 0.01 M PBS solution of pH 7.4 while continuously mixing the electrolyte at 1000 rpm. Vitamin C supplements and natural citrus fruits (gooseberry, lemon) juice were chosen for recovery and real sample analysis. As per the AA content in the vitamin C supplement, the stock solution was prepared in PBS solution by maintaining a 0.01 M concentration of electrolyte. The same stock solution was used for the recovery analysis. Fig. 6(d) shows the hydrodynamic amperometry comparison of vitamin C supplements and AA. The output current density response for the same concentrations

of pure AA and AA in vitamin C supplements shows approximately same current density, indicating that the fabricated HSE-FLG-based AA sensors accurately measure AA in commercial samples. The recovery analysis data for vitamin C supplements suggest that the recovery is approximately equal to 100%, with a deviation not exceeding more than 10 (Table S1, ESI†). AA determination in citrus fruit (gooseberry, lemon) juice was done by adding 1/10th volume of citrus juice in PBS solution by maintaining 0.01 M concentration. Fig. 6(e) and (f) shows the hydrodynamic amperometry of HSE-FLG based AA sensors towards citrus juice. The significant increase in current density with no change in noise after adding citrus juice indicates that the fabricated sensors are compatible with



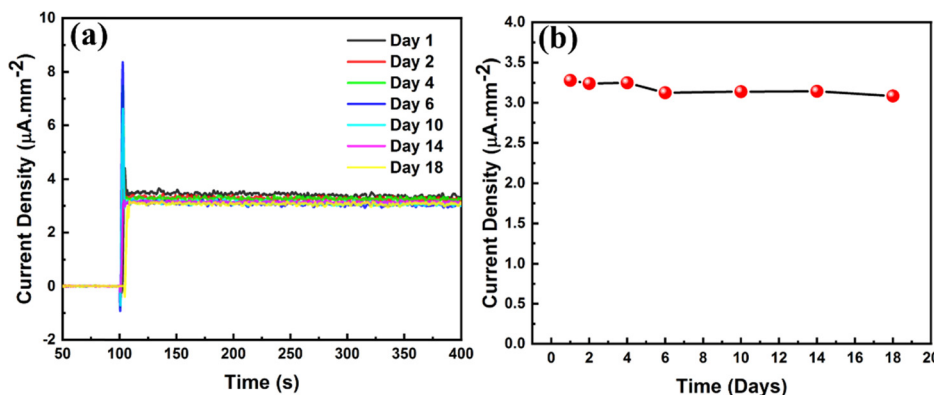


Fig. 7 (a) Amperometric plots of HSE-FLG modified GCE towards 1 mM AA on different days and (b) stability study of the HSE-FLG based AA sensor.

measuring AA in natural samples. The addition of pure AA after adding citrus juice also shows an increment for different concentrations of AA, indicating that the fabricated sensors can accurately measure the AA in real samples. So, all these real sample analysis results indicate the potential usage of fabricated HSE-FLG based AA sensors in the real-time detection of AA.

The stability of fabricated HSE-FLG based AA sensors was studied by the hydrodynamic amperometric technique in 1 mM AA. The fabricated electrode was stored in 0.01 M PBS solution of pH 7.4 and the response towards 1 mM AA over a period of 18 days was measured. Fig. 7 shows the hydrodynamic amperometric plots for the stability study. The HSE-FLG modified electrode showed consistent output amperometric current density for 18 days of AA measurements indicating that the HSE-FLG based AA sensors are highly stable.

Conclusion

This study demonstrates the use of graphene synthesized by the liquid-phase exfoliation technique in electrochemical sensing applications. The challenges posed by the use of organic solvents were addressed with the use of water as a solvent for graphene exfoliation resulting in graphene which was found to be compatible for electrochemical sensing. The defect sites in graphene that developed during high shear graphene exfoliation helped in enhancing the electrochemical activity of exfoliated FLG. The defect sites in the exfoliated FLG helped to develop a highly sensitive AA sensor with a sensitivity of 334 $\mu\text{A mM}^{-1} \text{cm}^{-1}$ and a detection limit of 1.8 μM . The interference and real sample analysis of fabricated AA sensors revealed the potential usage of HSE-FLG based AA sensors for real-time determination of AA. In summary, it can be concluded that the liquid phase high shear exfoliation of graphene by using water as a solvent is a possible solution for the large-scale production of FLG for electrochemical sensing applications. The exfoliated graphene with high electrocatalytic activity can be used to make inks suited for screen printed electrodes for electrochemical sensing applications. The material can thus be a potential candidate for the point-of-care diagnosis of AA.

Conflicts of interest

There are no conflicts of interest, either financial or otherwise.

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