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## Hesperidin protects against cisplatin-induced cardiotoxicity in mice by regulating the p62–Keap1–Nrf2 pathway†

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Hesperidin (HES) is an abundant and economical dietary bioflavonoid, and it has several pharmacological properties such as antioxidant activity and powerful cardiac protection. However, HES protection against cisplatin (CP)-induced cardiotoxicity and its mechanism have not been fully clarified. The current study was performed to further elucidate the mechanism of HES against CP-induced cardiotoxicity. Mice were orally administered HES (100 or 300 mg kg<sup>-1</sup> day<sup>-1</sup>) for 7 consecutive days and then injected intraperitoneally (i.p.) with CP (5 mg kg<sup>-1</sup>) on days 3 and 6. On day 8, mice were anaesthetised with sodium pentobarbital (50 mg kg<sup>-1</sup>, i.p.), and blood and heart samples were collected for analysis. HES treatment reduced CP-induced cardiac pathologic damage and leakage of the myocardial markers cardiac troponin I (cTnI), creatine kinase (CK), and lactate dehydrogenase (LDH). HES treatment reduced levels of reactive oxygen species (ROS) and malondialdehyde (MDA), which is an oxidative product, and increased anti-oxidant marker levels including superoxide dismutase (SOD), catalase (CAT), and glutathione (GSH). HES also reduced the CP-induced release of the inflammatory factors tumour necrosis factor (TNF)- $\alpha$  and interleukin (IL)-6. Additionally, HES treatment up-regulated the expression of anti-apoptotic protein Bcl-2 and down-regulated the expression of pro-apoptotic proteins Bax and Caspase-3. HES treatment also improved the expression of pathway proteins p62 and Nrf2 and inhibited the increase in CP-induced Keap1 expression. Thus, HES may provide protection against CP cardiotoxicity through inhibiting oxidative stress, inflammation, and apoptosis, which may contribute to activation of the p62–Keap1–Nrf2 signalling pathway. These findings suggest that HES may be a promising protective agent against CP cardiotoxicity in future anticancer clinical practice.

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## 1. Introduction

Cisplatin (CP) kills tumour cells by inducing senescence or triggering innate apoptotic pathways that cause irreparable DNA damage, and it is the most commonly used first-line drug for cancer treatment.<sup>1</sup> However, its clinical use is often limited by dose-related cardiotoxicity,<sup>2</sup> which includes arrhythmias,<sup>3</sup> angina pectoris,<sup>4</sup> and cardiac failure.<sup>5</sup> These events may increase the prevalence of cardiovascular disease in tumour patients who have received CP. Although the mechanism of

CP-induced cardiotoxicity has not been fully defined, oxidative stress, inflammation, and apoptosis caused by CP are considered to be involved in inducing cardiotoxicity.<sup>6,7</sup>

Oxidative stress is primarily identified as a main mechanism of CP-induced cardiotoxicity, which is characterised by the imbalance between reactive oxygen species (ROS) and the antioxidant defence system.<sup>8–10</sup> Additionally, oxidative stress has been shown to contribute to various biological processes, such as inflammation and apoptosis.<sup>11</sup> Excessive ROS levels induce nuclear transcription factor activation and increase pro-inflammatory cytokine release, which aggravates inflammatory damage. An increasing amount of evidence indicates that the cytotoxic effects of CP can be exacerbated by pro-inflammatory cytokine release.<sup>12</sup> Furthermore, ROS overproduction can target mitochondria and lead to mitochondrial dysfunction, which in turn induces Caspase cascade apoptosis.<sup>7,13</sup> Nuclear factor erythroid-related factor 2 (Nrf2) plays a crucial role in protecting cells against oxidative stress.<sup>14</sup> Its hyperactivation often follows excessive build-up of p62 that sequesters Kelch-like ECH-associated protein 1 (Keap1), which

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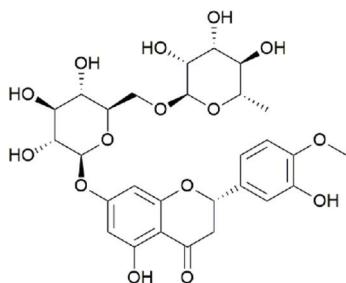


Fig. 1 Chemical structure of HES.

is an adaptor of the E3-ubiquitin ligase that binds to Nrf2. Nrf2 activation could protect cells from free radical damage and apoptosis, thus promoting cell survival.<sup>15</sup>

Hesperidin (HES;  $C_{28}H_{34}O_{15}$ ) (Fig. 1) is a natural compound that is abundantly found in citrus fruits, and its concentration appears to be high in *Citrus sinensis* ( $15.25 \pm 8.21$  mg per 100 g fresh fruit weight) and *C. reticulata* ( $19.26 \pm 11.56$  mg per 100 g fresh fruit weight).<sup>16</sup> In addition, HES is one of the primary components of Chenpi, a traditional Chinese medicine made from *Citrus unshiu* peel with the content of 6.25%,<sup>17</sup> and it possesses multiple medicinal benefits including antioxidant and anti-inflammatory activities.<sup>18</sup> Previous studies have demonstrated that HES could significantly attenuate myocardial ischaemia/reperfusion injury,<sup>19</sup> myocardial infarction,<sup>20</sup> and CO-induced cardiotoxicity,<sup>21</sup> suggesting powerful protection of myocardial tissue by HES. Furthermore, Oguzturk *et al.*,<sup>22</sup> suggested that HES could play a protective role against CP-induced cardiotoxicity in rats, but the underlying mechanism remains unclear.

In the present study, we evaluated the protective effect of HES on CP-induced cardiotoxicity by observing changes in cardiac histopathology and myocardial marker levels in mice. Additionally, the underlying mechanisms were explored by measuring indicators related to oxidative stress, inflammation, apoptosis, and the p62-Keap1-Nrf2 signalling pathway.

## 2. Methods

## 2.1 Drugs

CP was purchased from Qilu Pharmaceutical Co., Ltd (Shandong, China). HES (purity >90.0%) was obtained from Tokyo Chemical Industry (Tokyo, Japan). Sodium carboxymethyl cellulose was dissolved in ionic water at a ratio of 1:200 to prepare homogeneous HES suspension. It was prepared as high and low doses using a magnetic stirrer.<sup>23</sup>

## 2.2 Animals

Fifty male Kunming mice (18–22 g) were obtained from Hebei Medical University (Certificate No. SCXK [Hebei] 2018-004), and they were housed in a room with a standard environmental, with a constant temperature of 22–25 °C and a relative humidity of 40%–60%. Mice had free access to a normal diet and purified water for 1 week before the experiment. Ethics

committee approval was obtained from Hebei University of Chinese Medicine Animal Experiments Ethics Committee (DWLL2018015).

## 2.3 Experimental groups and administration methods

Fifty mice were randomly divided into the following five groups (ten mice per group): Control (CONT), CP, low-dose HES + CP (L-HES), high-dose HES + CP (H-HES), and HES. The CP group received CP ( $5 \text{ mg kg}^{-1}$ , intraperitoneal injection [i.p.]). The L-HES and H-HES groups received HES ( $100 \text{ mg kg}^{-1}$  day $^{-1}$  or  $300 \text{ mg kg}^{-1}$  day $^{-1}$ , orally) + CP ( $5 \text{ mg kg}^{-1}$ , i.p.). The HES group received HES ( $300 \text{ mg kg}^{-1}$  day $^{-1}$ , orally). The CP and HES doses were selected on the basis of previous studies.<sup>24-26</sup> Drug administration continued for 7 days; CP was injected on days 3 and 6, and HES was administered orally once a day. Twenty-four hours after the last oral HES dose, mice were anaesthetised with sodium pentobarbital ( $50 \text{ mg kg}^{-1}$ , i.p.), and blood and tissue samples were quickly collected for the analyses described below.

## 2.4 Histopathology analysis

Heart samples were collected immediately after blood samples were obtained, and they were fixed in 4% paraformaldehyde. The fixed tissues were dehydrated and embedded with conventional paraffin to prepare paraffin blocks. Then, the blocks were cut into 4  $\mu\text{m}$  sections and stained with haematoxylin and eosin (H&E) to evaluate the histopathological changes under an optical microscope (Leica DM4000B, Solms, Germany). The degree of myocardial injury was quantified using Image Pro Plus 6.0 software.

## 2.5 Colorimetric analysis

**2.5.1 Colorimetric analysis in serum.** After collection, whole blood samples were centrifuged at 3500 rpm for 10 min at room temperature, and the supernatant was collected and stored at -20 °C for analysis. Serum creatine kinase (CK; Jiancheng Institute of Bioengineering, Nanjing, China; Catalogue: A032-1-1) and lactate dehydrogenase (LDH; Jiancheng Institute of Bioengineering; Catalogue: A020-1-2) levels were measured according to the kit introductions.

**2.5.2 Colorimetric analysis in cardiac tissues.** Heart tissue was mechanically homogenised by adding nine-parts by volume of 0.9% normal saline to one-part homogenised tissue to prepare a 10% homogenate solution and centrifuged at 3000 rpm for 10 min. The supernatant was collected and analysed. Superoxide dismutase (SOD, Catalogue: A001-3-1), catalase (CAT, Catalogue: A007-1-1), glutathione (GSH, Catalogue: A006-2-1), and malondialdehyde (MDA, Catalogue: A003-2-2) levels in the tissues were detected using commercially available kits (Jiancheng Institute of Bioengineering).

## 2.6 Fluorescence microscopy

Fresh heart tissue was embedded at the optimum cutting temperature and sectioned with a frozen slicer. To detect ROS content in cardiomyocytes, heart tissue was stained with dihydroethidium (Sigma Chemical Co., St Louis, MO, USA;

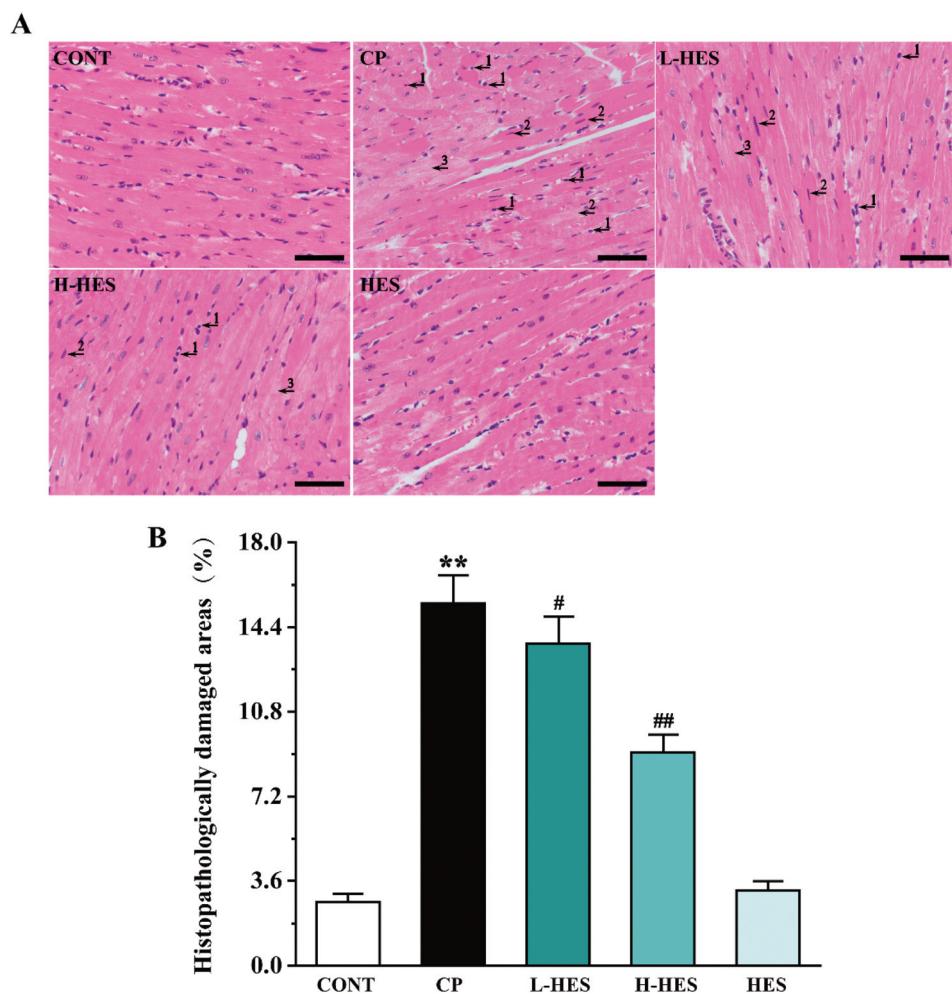
Catalogue: D7008) for 30 min at 37 °C in a dark incubator and then stained with DAPI solution (Servicebio, Wuhan, China; Catalogue: G1012) for another 10 min at room temperature in dark. Nuclei were labelled blue using DAPI, and ROS-positive cells were labelled red by fluorescein. The staining results were observed. The images were collected under a fluorescence microscope (Leica DM4000B, Solms, Germany), and Image-Pro Plus 6.0 software (Media Cybernetics, Inc.) was used to determine the ROS content in the images.

## 2.7 ELISA analysis

Cardiac troponin I (cTnI) (Sigma Chemical Company; Catalogue: SEKM-0153) levels in the serum and tumour necrosis factor-(TNF)- $\alpha$  (Thermo Fisher Scientific, Waltham, MA, USA; Catalogue: 88-7324) and interleukin (IL)-6 (Multi Sciences, Hangzhou, China; Catalogue: EK206/3-01) levels in the heart tissue were determined using the respective commercially available ELISA kits, according to the kit instructions.

## 2.8 Western blot analysis

Heart tissue was homogenised in RIPA lysis buffer (Servicebio; Catalogue: G2002) and centrifuged at 12 000 rpm for 10 min at 4 °C to obtain the protein. Equal amounts of protein were separated using 10% sodium dodecyl sulphate-polyacrylamide gel electrophoresis and then transferred onto polyvinylidene difluoride membranes that were placed in blocking buffer containing 5% non-fat milk for 2 h at room temperature. Subsequently, the membranes were incubated overnight at 4 °C in primary antibodies (dilution 1 : 1000) of anti-B-cell lymphoma-2 (Bcl-2) (Abways, Shanghai, China; Catalogue: CY5032), anti-Bcl-2-associated X protein (Bax) (Abways; Catalogue: CY5059), anti-Caspase-3 (Abways; Catalogue: CY5051), anti-p62 (Servicebio; Catalogue: GB11531), anti-Keap1 (Proteintech, Wuhan, China; Catalogue: 10503-2-AP), and anti-Nrf2 (Proteintech; Catalogue: 16396-1-AP). Anti- $\beta$ -actin (ABclonal, Wuhan, China; Catalogue: AC026, dilution 1 : 10 000) was used as the internal standard. The next day,



**Fig. 2** Effects of HES on cardiac histopathological changes in CP-induced mice (A) H&E stain images from the CONT, CP, L-HES, H-HES, and HES groups (scale bar: 50  $\mu$ m, magnification:  $\times 400$ ). (B) The area of myocardial injury in each group was calculated. Arrows 1 to 3 represent inflammatory cells, apoptotic cells, and myocardial oedema cells, respectively. Data are presented as the mean  $\pm$  SD for each group ( $n = 3$ ). \*\*  $p < 0.01$  versus the CONT group; #  $p < 0.05$  and ##  $p < 0.01$  versus the CP group.



membranes were washed three times with TBST. The membranes were incubated at room temperature for 1 h in the dark with secondary antibodies (Bioeasy, Beijing, China; Catalogue number: BE0101, dilution 1 : 10 000). After washing three more times, the films were scanned in the dark, and Image Pro Plus 6.0 software (Media Cybernetics, Inc.) was used to analyse the grey values of the target bands.

## 2.9 Statistical analysis

Statistical analyses were conducted using SPSS v.21.0 software (IBM Corp., Armonk, NY, USA). The data results were recorded as the mean  $\pm$  standard deviation (SD). A one-way analysis of variance (ANOVA) followed by the Tukey's test were used to analyse the differences between the measurements among groups. Statistical significance was set at  $p < 0.05$ .

## 3. Results

### 3.1 Effects of HES on histopathology

Fig. 2 shows histopathology results for heart tissue, which had a normal histological appearance in the CONT and HES groups. However, heart tissue in the CP group showed inflammatory cells (arrow 1) and apoptotic (arrow 2) and myocardial oedema cells (arrow 3). These histological changes were alleviated in the L-HES and H-HES groups in a dose-dependent

manner compared with the CP group ( $p < 0.01$ ), which suggested that HES significantly prevented CP-induced inflammatory cell infiltration and myocardial cell oedema and apoptosis.

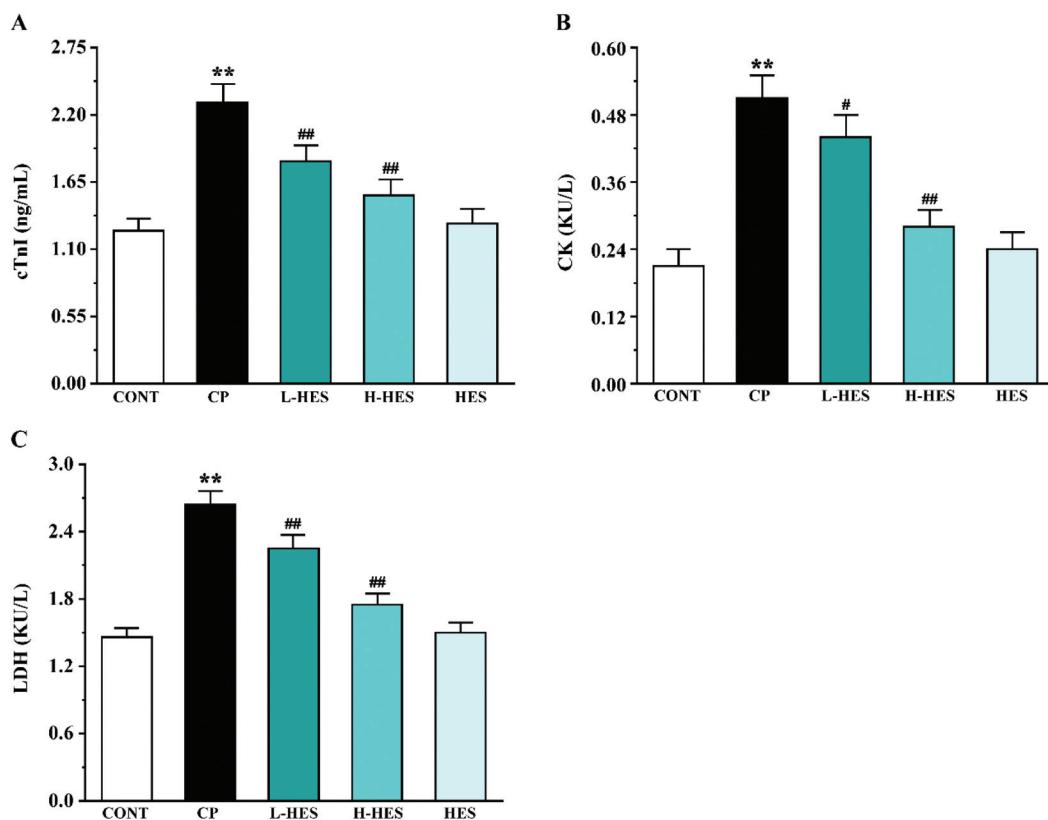
### 3.2 Effects of HES on myocardial markers

Serological analysis in Fig. 3 shows that the levels of the myocardial markers cTnI (Fig. 3A), CK (Fig. 3B), and LDH (Fig. 3C) were markedly higher in the CP group than that in the CONT group ( $p < 0.01$ ). However, cTnI, CK, and LDH activity in the L-HES and H-HES groups were obviously reduced compared to the CP group ( $p < 0.05$  or  $p < 0.01$ ). Additionally, the HES group showed non-significant differences compared to the CONT group ( $p > 0.05$ ).

### 3.3 Effects of HES on oxidative stress

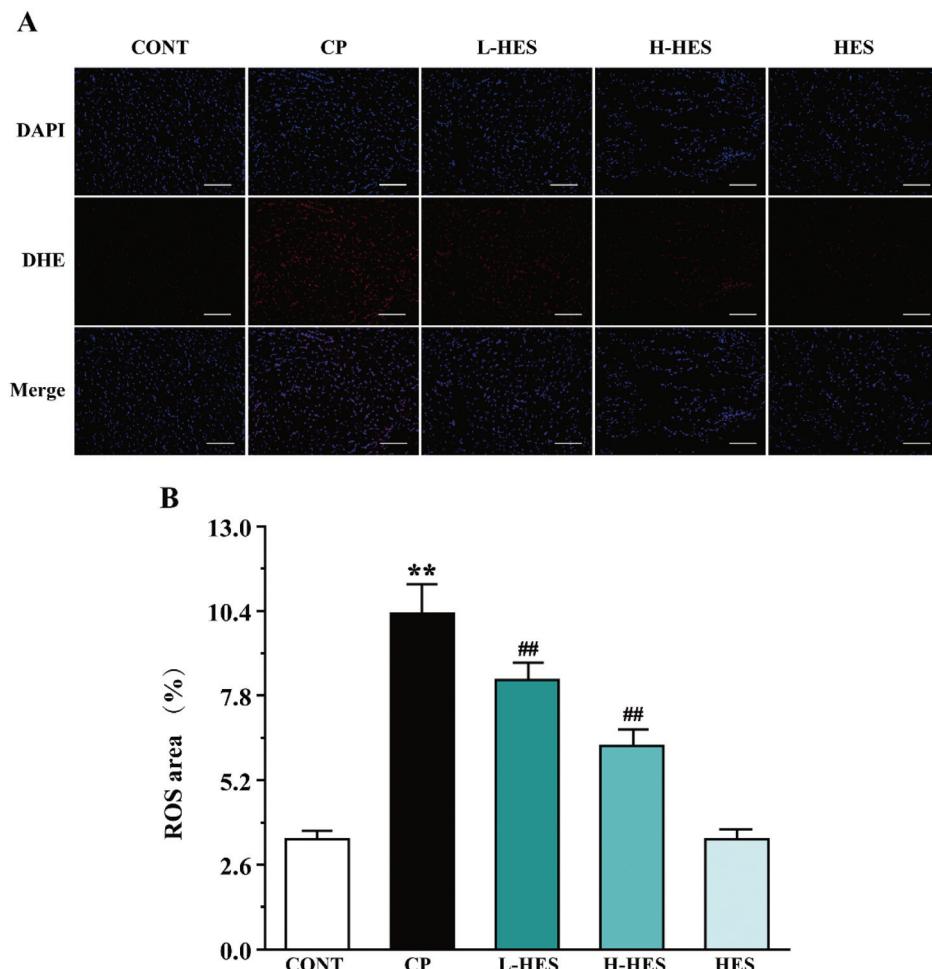
**3.3.1 Effects of HES on ROS.** The fluorescence intensity analysis showed that ROS generation was significantly elevated in the CP group compared to the CONT group ( $p < 0.01$ ), while that of the L-HES and H-HES groups were markedly reduced compared to the CP group ( $p < 0.01$ ; Fig. 4). Additionally, the HES group showed non-significant differences compared with the CONT group ( $p > 0.05$ ).

**3.3.2 Effects of HES on oxidative and antioxidant markers.** Tissue biochemical analysis showed that SOD, CAT, and GSH levels were decreased ( $p < 0.01$ ) and the MDA content was



**Fig. 3** Effects of HES on serum levels of myocardial markers cTnI (A), LDH (B), and CK (C) in CP-induced mice. Data are presented as the mean  $\pm$  SD for each group ( $n = 6$ ). \*\*  $p < 0.01$  versus the CONT group; #  $p < 0.05$  and ##  $p < 0.01$  versus the CP group.





**Fig. 4** Effects of HES on the ROS level in CP-induced mice. (A) Representative ROS expression from CONT, CP, L-HES, H-HES, and HES groups (scale bar = 50  $\mu$ m). (B) ROS fluorescent area. Data are presented as the mean  $\pm$  SD for each group ( $n = 3$ ). \*\*  $p < 0.01$  versus the CONT group; ##  $p < 0.01$  versus the CP group.

increased ( $p < 0.01$ ) in the CP group compared to the CONT group (Fig. 5). Conversely, SOD, CAT, and GSH levels in the L-HES and H-HES groups were higher than those in the CP group ( $p < 0.05$  or  $p < 0.01$ ). The MDA level was notably reduced in the L-HES and H-HES groups ( $p < 0.01$ ), and the HES group showed no significant differences compared with the CONT group ( $p > 0.05$ ).

### 3.4 Effects of HES on inflammatory cytokines

ELISA analysis showed a marked elevation in TNF- $\alpha$  and IL-6 levels in the CP group compared to the CONT group ( $p < 0.01$ ; Fig. 6). However, these parameters in the L-HES and H-HES groups were distinctly lower than those in the CP group ( $p < 0.01$ ). Additionally, the HES group showed no significant differences compared to the CONT group ( $p > 0.05$ ).

### 3.5 Effects of HES on apoptosis

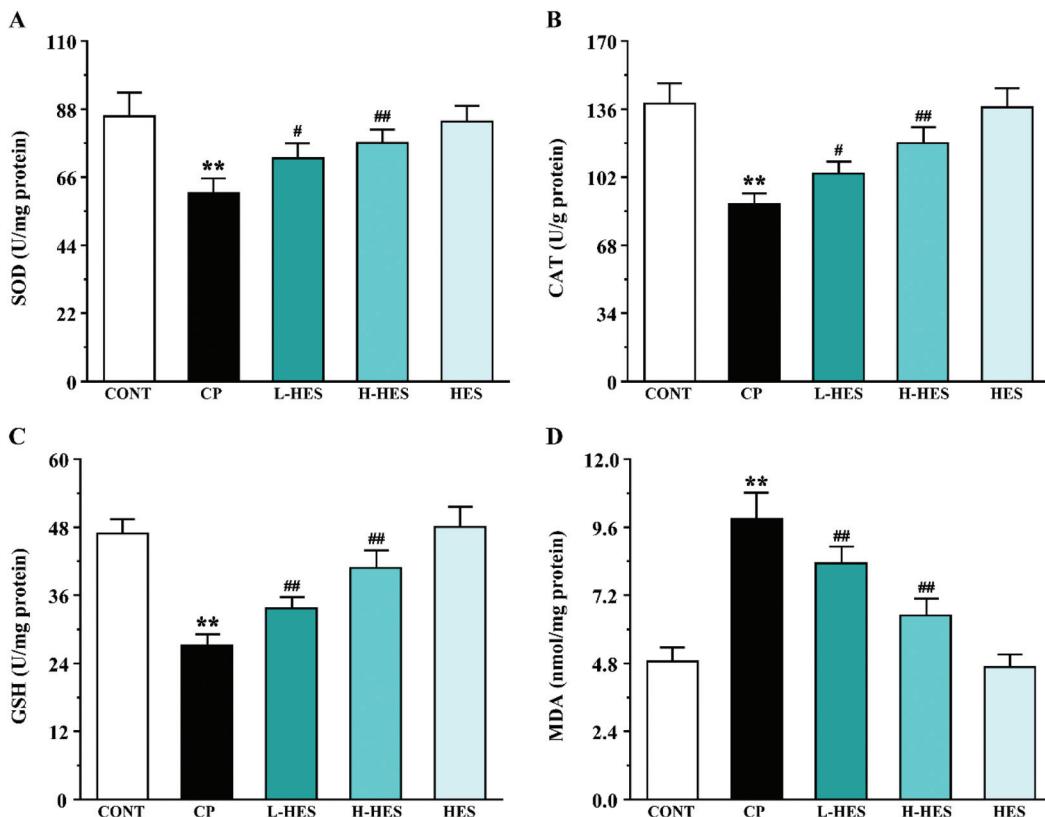
Western blot analysis for apoptosis factors showed that Bax and Caspase-3 expression was significantly upregulated in the CP group compared to the CONT group ( $p < 0.01$ ), while Bcl-2

expression was lower than that in the CONT group ( $p < 0.01$ ; Fig. 7). Compared with the CP group, Bax and Caspase-3 expression in the L-HES and H-HES groups was significantly downregulated ( $p < 0.05$  or  $p < 0.01$ ) and Bcl-2 expression was higher than that in the CP group ( $p < 0.05$  or  $p < 0.01$ ). There was no significant difference in each protein expression between the HES and CONT groups ( $p > 0.05$ ).

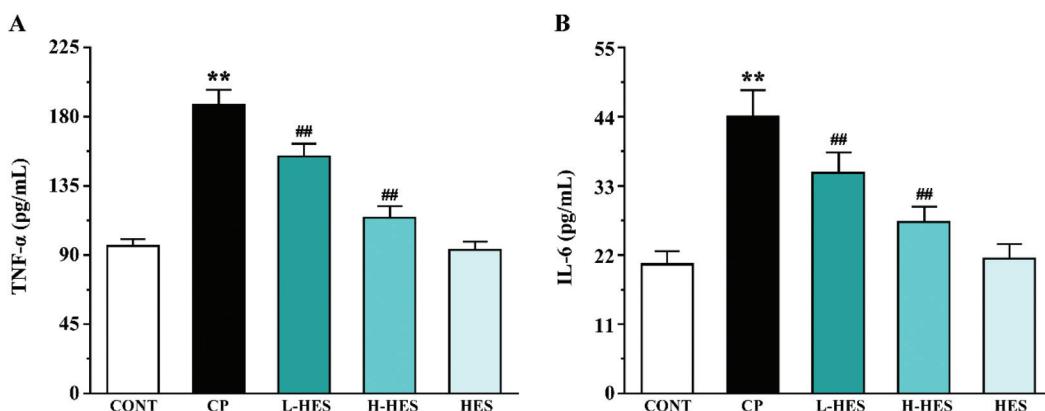
### 3.6 Effects of HES on signal pathway proteins

Western blot analysis for signal pathway proteins is shown in Fig. 8. p62 and Nrf2 expression was significantly decreased ( $p < 0.01$ ) while the Keap1 expression level was significantly increased ( $p < 0.01$ ) in the CP group compared to the CONT group. However, compared with the CP group, increased p62 and Nrf2 expression ( $p < 0.05$  or  $p < 0.01$ ) and decreased Keap1 levels ( $p < 0.01$ ) were observed in the L-HES and H-HES groups compared with the CP group. Additionally, there was no significant difference in the expression of each protein between the HES and CONT groups ( $p > 0.05$ ).





**Fig. 5** Effects of HES on tissue levels of the oxidative stress markers SOD (A), CAT (B), GSH (C), and MDA (D) in CP-induced mice. Data are presented as the mean  $\pm$  SD for each group ( $n = 6$ ). \*\*  $p < 0.01$  versus the CONT group; #  $p < 0.05$  and ##  $p < 0.01$  versus the CP group.



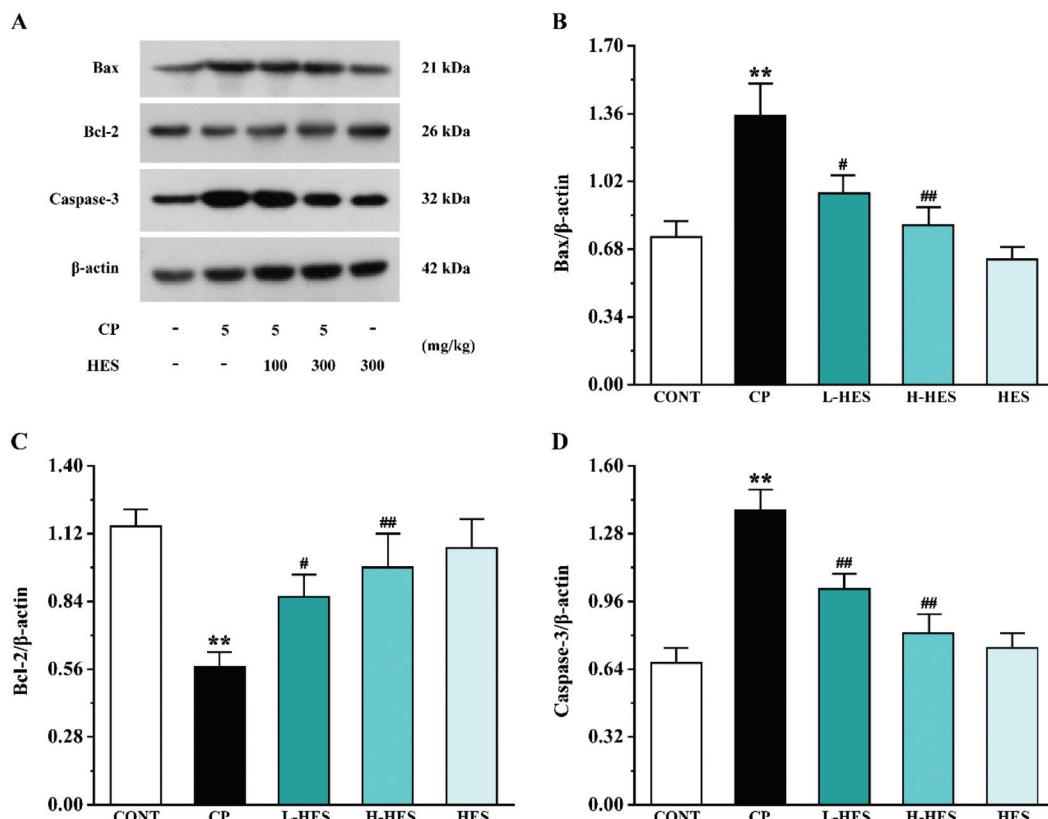
**Fig. 6** Effects of HES on levels of the inflammatory cytokines TNF- $\alpha$  (A) and IL-6 (B) in CP-induced mice. Data are presented as the mean  $\pm$  SD for each group ( $n = 6$ ). \*\*  $p < 0.01$  versus the CONT group; ##  $p < 0.01$  versus the CP group.

## 4. Discussion

CP has serious cardiotoxicity and other side effects.<sup>27–29</sup> As a result, many tumour patients have to stop taking CP early, and the desired therapeutic effect is not achieved. Therefore, new therapeutic agents with better cardiac protection and safety to attenuate CP-induced cardiotoxicity are required. HES is an abundant and economical dietary bioflavonoid, and it has a variety of pharmacological properties and powerful cardiac

protection.<sup>19,20,30</sup> A recent study showed that HES could ameliorate CP-induced cardiac damage in rats on histomorphology and biochemistry.<sup>22</sup> However, the specific mechanism by which HES protects against CP-induced cardiotoxicity remains unknown.

Histopathological observation is crucial for evaluation of myocardial injury. In our present study, we found that CP triggered a series of pathological changes in heart tissue, including inflammatory cell infiltration and myocardial cell oedema and apoptosis. HES alleviated the myocardial lesions caused



**Fig. 7** Effects of HES on levels of the apoptosis factors Bax (B), Bcl-2 (C), and Caspase-3 (D) in CP-induced mice (A). Data are presented as the mean  $\pm$  SD for each group ( $n = 3$ ). \*\* $p < 0.01$  versus CONT group; # $p < 0.05$  and ## $p < 0.01$  versus CP group.

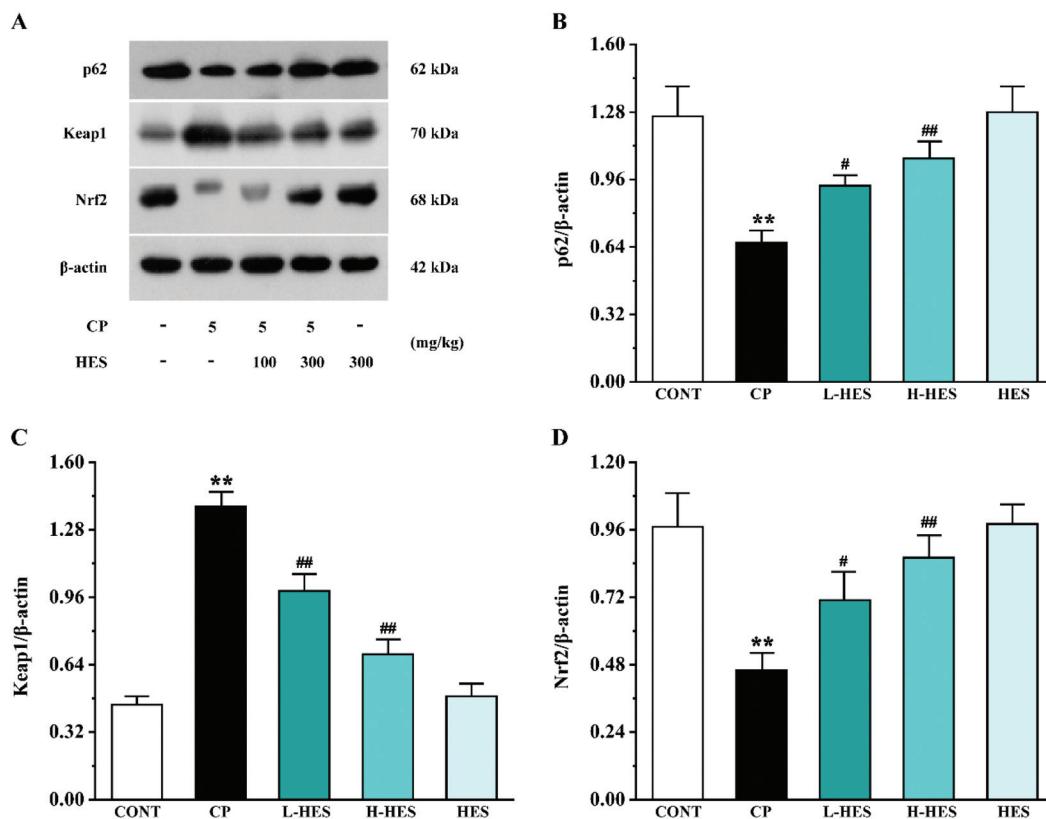
by CP, especially the high dose of HES, which initially confirms that HES may have a protective effect against CP-induced cardiotoxicity (Fig. 2).

CTnI, is a reliable marker of cardiac dysfunction, and CK and LDH are serum marker enzymes commonly used to detect cardiotoxicity. Consistent with previous studies,<sup>10,31</sup> we found that cTnI, CK, and LDH levels were increased after CP administration compared to the CONT group. However, these parameters were significantly reduced after HES treatment, which confirms that HES may have a protective effect against CP-induced cardiotoxicity. This could be interpreted as an irreversible modification of the membrane structure and function resulting from increased lipid peroxidation of the myocardial membrane, which leads to leakage of myocardial enzymes and cTnI.<sup>32</sup> This suggests that HES may protect the heart by reducing lipid peroxidation levels (Fig. 3).

CP can cause ROS production,<sup>12,33</sup> and ROS are involved in a variety of cellular pathways. Excessive ROS can lead to the disruption or depletion of antioxidant defences. SOD and CAT, the main enzymes in the endogenous antioxidant system, are the first line of defence against oxidative damage. Excessive ROS can reduce SOD and CAT activity and subsequent oxidative stress. GSH is a small molecular-weight endogenous antioxidant, and its depletion intensifies ROS activity that triggers a lipid peroxidation cascade leading to a loss of membrane integrity. MDA, a degradation product of lipid hydroper-

oxide, is an index of lipid peroxidation in biological tissues. Increased MDA levels can cause serious damage to the cell membrane and aggravate oxidative stress.<sup>34</sup> In the current research, CP markedly increased ROS and MDA production and decreased SOD, CAT, and GSH activity, which is consistent with previous studies.<sup>8,12</sup> However, antioxidant marker activity was significantly increased and ROS and MDA levels were significantly decreased after HES treatment. Thus, the cardioprotective effect provided by HES in this study could be attributed to its antioxidant property through reducing lipid peroxidation and oxidative stress (Fig. 4 and 5).

Inflammation is considered to be another important determinant of CP-induced cardiotoxicity.<sup>35</sup> High ROS concentrations induce activation of redox-sensitive transcription factors, which is followed by the release of pro-inflammatory mediators such as TNF- $\alpha$  and IL-6.<sup>36</sup> TNF- $\alpha$  is an important inflammatory cytokine that can induce the release of other inflammatory mediators to promote the inflammatory cascade, and it can also induce myocardial apoptosis and participate in ventricular remodeling.<sup>37</sup> IL-6 is also associated with cardiac depression.<sup>38</sup> Studies have shown that CP increased the release of TNF- $\alpha$  and IL-6 in heart tissue,<sup>39-41</sup> which are directly involved in tissue damage.<sup>42</sup> Our results are consistent with these previous findings.<sup>26,43,44</sup> CP administration resulted in a significant increase in TNF- $\alpha$  and IL-6 levels, but HES can significantly decrease TNF- $\alpha$  and IL-6



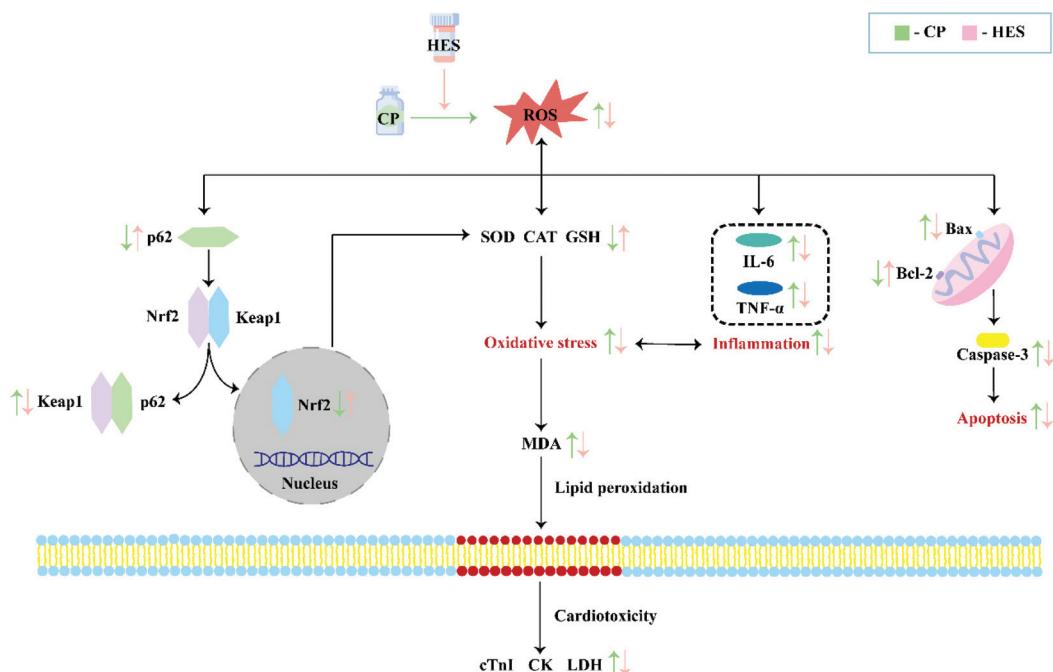
**Fig. 8** Effects of HES on levels of the signal pathway proteins p62 (B), Keap1 (C), and Nrf2 (D) in CP-induced mice (A). Data are presented as the mean  $\pm$  SD for each group ( $n = 3$ ). \*\*  $p < 0.01$  versus the CONT group; #  $p < 0.05$  and ##  $p < 0.01$  versus the CP group.

levels, indicating its potential anti-inflammatory role. Therefore, the cardioprotective effect of HES may also depend on its anti-inflammatory effect (Fig. 6).

Additionally, an increasing amount of evidence suggests that CP can induce serious cardiotoxicity by triggering mitochondria-mediated apoptosis.<sup>45</sup> CP-induced ROS accumulation and overproduction often lead to myocardial mitochondrial dysfunction, which results in the release of pro-apoptotic factors.<sup>13</sup> The Bcl-2 protein family, which plays an important regulatory role in the progress of apoptosis, is mainly mediated by the mitochondria.<sup>46</sup> Both the anti-apoptotic protein Bcl-2 and pro-apoptotic protein Bax belong to this family. Bcl-2 plays a crucial role in maintaining mitochondrial structure and function. However, CP induces ROS production, leading to Bax translocation to the outer mitochondrial membrane and ultimately induces Caspase-3 activation. Caspase-3 is a key mediator of the apoptosis signalling pathway, and its activation eventually leads to apoptosis.<sup>47</sup> We also detected apoptosis-related protein expression by western blot, which showed a significant increase in Bax and Caspase-3 expression levels and a decrease in Bcl-2 expression in the CP group. These results are consistent with previous research results.<sup>26</sup> However, Bax and Caspase-3 expression was significantly decreased, while Bcl-2 was significantly increased after HES treatment. Thus, it can be speculated that HES can ameliorate cardiotoxicity by inhibiting apoptosis (Fig. 7).

Different factors have been shown to be involved in CP-induced cardiotoxicity, including oxidative stress, inflammation, and apoptosis. Among them, oxidative stress is the primary factor, and it is a key determinant of CP cardiotoxicity. Oxidative stress was shown to be a state of imbalance between oxidation and anti-oxidation *in vivo*, and overproduction of ROS causes oxidative stress.<sup>48</sup> Under pathological conditions, oxidative stress can activate the transcription of various pro-inflammatory cytokines, and the release of cytokines during the inflammatory process can also induce systemic changes including cardiac damage.<sup>49,50</sup> Inflammatory responses can, in turn, increase oxidative stress.<sup>51</sup> Oxidative stress is also an important inducer of programmed cell death. Most apoptotic signals originate from the mitochondria, and the endogenous apoptotic pathways mediated by mitochondria are activated by numerous stimuli, including oxidative stress.<sup>32</sup> In the mechanism of regulating oxidative stress, the Keap1-Nrf2 pathway is considered to be a well-characterised antioxidant defence mechanism.<sup>52,53</sup> Nrf2 is usually maintained in an inactive cytoplasmic form by binding with its negative regulator Keap1.<sup>54</sup> Under stress conditions, the Keap1-Nrf2 complex separates and releases the inhibitory effect of Keap1 on Nrf2, which is then activated and transported to the nucleus.<sup>54</sup> Nrf2 is the core regulator of downstream antioxidant enzymes, and it is responsible for SOD and CAT activation, which helps prevent oxidative damage to myocardial cells.<sup>55,56</sup> A recent study





**Fig. 9** Mechanism for the protective effects of HES against CP-induced cardiotoxicity.

showed that p62 is involved in regulating oxidative stress through the Keap1-Nrf2 pathway,<sup>57</sup> and p62-Keap1 interaction promotes Nrf2 nuclear translocation and its downstream signalling cascade.<sup>54</sup> In the present study, CP administration significantly reduced p62 and Nrf2 and increased Keap1 expression. However, HES treatment results in enhanced p62-Keap1 interaction and Nrf2 nuclear translocation, which is demonstrated as increased p62 and Nrf2 and inhibited Keap1 expression. Up-regulation of Nrf2 promoted the increase of antioxidant enzyme expression and subsequent ROS reduction, thus alleviating CP-induced cardiotoxicity (Fig. 8).

## 5. Conclusion

In summary, HES has a significant protective effect against CP-induced cardiotoxicity, which may be achieved by inhibiting oxidative stress, inflammation, and apoptosis, and the mechanism may be attributed to activation of the p62-Keap1-Nrf2 signalling pathway. These findings suggest that HES may be a promising protective agent against CP cardiotoxicity in future anticancer clinical practice (Fig. 9).

## Author contributions

Yuxin Jia: writing-original draft, investigation. Hui Guo: methodology, data curation. Xizhen Cheng: formal analysis. Yuling Zhang: investigation. Mingdong Si: software. Jing Shi: investigation, writing-review & editing. Donglai Ma: conceptualization, writing-review & editing.

## Conflicts of interest

There are no conflicts to declare.

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