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## Thickness effect on the ferroelectric properties of La-doped $\text{HfO}_2$ epitaxial films down to 4.5 nm†

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Stabilization of the orthorhombic phase of  $\text{HfO}_2$  with La allows very high polarization and endurance to be achieved. However, these properties have not been confirmed yet in films having a thickness of less than 10 nm. We have grown (111)-oriented La (2 at%) doped epitaxial  $\text{HfO}_2$  films on  $\text{SrTiO}_3(001)$  and  $\text{Si}(001)$  substrates, and report on the thickness dependence of their ferroelectric properties. Films of less than 7 nm thickness show a high remanent polarization of about  $30 \mu\text{C cm}^{-2}$ , slight wake-up, an endurance of at least  $10^{10}$  cycles and a retention of more than 10 years, with the endurance and retention measured at the same poling voltage. La-doped  $\text{HfO}_2$  films even as thin as 4.5 nm also show robust ferroelectric properties.

## 1. Introduction

The existence of a ferroelectric phase in Si-doped  $\text{HfO}_2$  films was first reported in 2011 by Böseke *et al.*<sup>1</sup> In the following years, ferroelectricity was observed in  $\text{HfO}_2$  films doped with other chemical elements, including Al, Ga, Co, Mg, Zr, In, Er, Y, Nd, Sm, Gd, La, Sr and Ba.<sup>2</sup> The dopant content required to stabilize the ferroelectric phase depends on the atom. For example, in Si, Al or Y doped films the optimal doping content is less than 10 at% and the optimal doping content windows are narrow. Instead, for Zr doped films the optimal window is centered around 50 at% and it is wide.<sup>2</sup> Naturally, the remanent polarization ( $P_r$ ) also depends on the doping atom and content. Theoretical<sup>3</sup> and experimental<sup>4</sup> studies have shown that  $P_r$  is higher when  $\text{HfO}_2$  is doped with atoms having a large ionic radius such as Y, La or Sr.

Among the large radius dopant atoms studied, La has enabled excellent ferroelectric properties.<sup>5–9</sup> Kosadaev *et al.*<sup>6</sup> reported La-doped  $\text{HfO}_2$  films with  $P_r$  above  $13 \mu\text{C cm}^{-2}$  and a very high endurance (limited by fatigue) of up to  $10^{10}$  cycles.

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Schroeder *et al.*<sup>7</sup> reported a very high  $P_r$  above  $27 \mu\text{C cm}^{-2}$  and a moderately high endurance of  $10^7$  cycles, without fatigue and with a low wake-up effect. Schenk *et al.*<sup>10</sup> concluded that the high polarization of polycrystalline La: $\text{HfO}_2$  films is due to the strong orientation of the [001] polar axis towards the normal in these films. However, La: $\text{HfO}_2$  films with a very high polarization do not show good endurance,<sup>7</sup> as often occurs in  $\text{HfO}_2$  films doped with other dopants due to the endurance–polarization dilemma.<sup>11</sup> Doping  $\text{Hf}_{0.5}\text{Zr}_{0.5}\text{O}_2$  (HZO) films with La was effective to enhance the endurance without diminishing the polarization.<sup>12,13</sup> Further optimization of La: $\text{HfO}_2$  films could perhaps allow the desired combination of high polarization and high endurance. On the other hand, ferroelectricity with  $P_r$  around  $9 \mu\text{C cm}^{-2}$  was reported in La: $\text{HfO}_2$  films of up to 1  $\mu\text{m}$  thickness.<sup>8</sup> In contrast, to our knowledge, the ferroelectric properties of La: $\text{HfO}_2$  films thinner than 10 nm have not been reported.

Recently, the ferroelectric phase was stabilized in epitaxial La-doped  $\text{HfO}_2$  films.<sup>14</sup> Films of thickness  $t = 8, 12$  and 16 nm were grown on different oxide monocrystalline substrates buffered with  $\text{La}_{0.67}\text{Sr}_{0.33}\text{MnO}_3$  (LSMO) electrodes. The  $t = 12$  nm film on (001)-oriented  $\text{SrTiO}_3$  (STO) exhibited the best properties, with  $P_r = 16 \mu\text{C cm}^{-2}$  and an endurance (limited by fatigue) of  $10^7$  cycles, while the high leakage of the thinner film ( $t = 8$  nm) did not allow the measurement of the ferroelectric properties. We report here on (111)-oriented epitaxial La: $\text{HfO}_2$  films with thicknesses ranging from 4.5 to 17.5 nm and showing excellent ferroelectric properties, including polarization, endurance and retention, which have not yet been achieved in polycrystalline or epitaxial La: $\text{HfO}_2$  films. Epitaxial films, enabling better control of microstructure and crystal orientation, can help to better understand the properties of



ferroelectric  $\text{HfO}_2$ .<sup>15–21</sup> We show that films with a 6.9 nm thickness, deposited on LSMO/STO(001), have a high  $P_r$  of up to about 30  $\mu\text{C cm}^{-2}$  with an endurance greater than  $10^{10}$  cycles. Robust ferroelectricity is preserved in 4.5 nm films, with  $P_r$  above 25  $\mu\text{C cm}^{-2}$  and an endurance of  $10^9$  cycles. We also show that epitaxial La:HfO<sub>2</sub> films on buffered Si(001) wafers exhibit excellent ferroelectric properties: a film with  $t = 6.9$  nm has  $P_r$  above 32  $\mu\text{C cm}^{-2}$  and an endurance of more than  $5 \times 10^9$  cycles. All films show good extrapolated retention beyond 10 years.

## 2. Experimental

La:HfO<sub>2</sub> films and bottom LSMO electrodes were grown *via* a single process by pulsed laser deposition using a KrF excimer laser. Sintered  $\text{Hf}_{0.98}\text{La}_{0.02}\text{O}_{2-x}$  and  $\text{La}_{0.67}\text{Sr}_{0.33}\text{MnO}_3$  ceramics were used as targets. The LSMO electrodes were deposited at a substrate temperature  $T_s = 700$  °C, an oxygen pressure of 0.1 mbar and a laser frequency of 5 Hz. The growth parameters for La:HfO<sub>2</sub> films were 2 Hz of laser frequency,  $T_s = 800$  °C and an oxygen pressure of 0.1 mbar. A series of La:HfO<sub>2</sub> films with thickness  $t = 4.5, 6.9, 9.2$  and 17.5 nm were grown on the LSMO electrodes ( $t = 25$  nm) *via* a single process. STO(001) and STO buffered Si(001) were used as substrates in each deposition process. The STO buffer layers were grown *ex situ* by molecular beam epitaxy.<sup>22,23</sup> Circular platinum top electrodes of a 20  $\mu\text{m}$  diameter and a 20 nm thickness were deposited *ex situ* by sputtering on the La:HfO<sub>2</sub> films through stencil masks for electrical measurements. Platinum top electrodes of a 14  $\mu\text{m}$  diameter were additionally deposited on the  $t = 4.5$  nm film on Si(001) to reduce the leakage effect on the measurement of polarization loops.

The crystal structure was characterized by X-ray diffraction (XRD) with Cu K $\alpha$  radiation using a Siemens D5000 and a Bruker D8-Discover diffractometer equipped with a point detector, and a Bruker D8-Advance diffractometer equipped

with a 2D detector. The surface topography was studied by atomic force microscopy (AFM) using a Keysight 5100 in dynamic mode.

Ferroelectric polarization loops, leakage current, endurance and retention were measured at room temperature by using an AixACCT TFAAnalyser2000 platform, and connecting the LSMO bottom electrode to the ground and biasing the top Pt contact. Ferroelectric polarization loops were obtained in dynamic leakage current compensation (DLCC) mode with a frequency of 1 kHz.<sup>24,25</sup> Endurance was evaluated using bipolar square pulses, and after cycling the memory window was extracted by DLCC. Retention was measured by poling the sample using a triangular pulse of 0.25 ms and determining the  $P_r$  from the first polarization curve of the polarization loop measured at 1 kHz using the positive-up negative-down protocol after a delay time. Leakage current has been measured with an integration time of 2 s and averaging the data collected with increasing and decreasing voltage. Capacitance ( $C$ ) loops were measured using an impedance analyzer (HP4192LF, Agilent Co.) operated with an excitation voltage of 0.3 V at 20 kHz. Relative dielectric permittivity ( $\varepsilon_r$ )–voltage loops were extracted from capacitance values using the  $C = \varepsilon_0 \varepsilon_r A/t$  relation, where  $A$  is the electrode area and  $t$  is the film thickness.

## 3. Results

Fig. 1a shows the XRD  $2\theta-\chi$  maps of the films on STO(001), measured using a 2D detector. In addition to the high intensity (001) and (002) reflections of the STO substrate and LSMO electrode, there are intense spots corresponding to the La:HfO<sub>2</sub> film in all samples despite their low thicknesses. The thinnest films,  $t = 4.5$  and 6.9 nm, exhibit only a bright circular spot at  $\chi = 0^\circ$  and  $2\theta$  around  $30^\circ$ , the position of the orthorhombic  $\text{o}-(111)$  reflection. An elongated bright spot corresponding to the monoclinic  $\text{m}-(111)$  reflection is also present in the thicker film ( $t = 17.5$  nm). Furthermore, in the maps of the

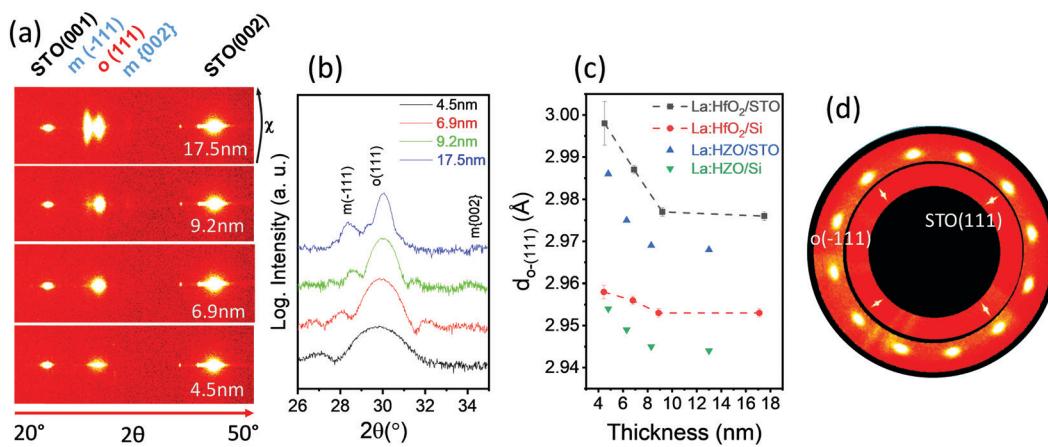


Fig. 1 XRD measurements of the La:HfO<sub>2</sub> films on STO(001): (a) XRD  $2\theta-\chi$  maps obtained with a 2D detector. The  $\chi$  range is from  $-10^\circ$  to  $+10^\circ$ . (b) XRD  $\theta-2\theta$  scans obtained with a point detector. (c) Out-of-plane lattice distance,  $d_{\text{o}-(111)}$  (black circles). The red circles are the  $d_{\text{o}-(111)}$  values of the La:HfO<sub>2</sub> films on Si(001), determined from the  $\theta-2\theta$  scans shown in Fig. S1, ESI.† Blue and green triangles represent the  $d_{\text{o}-(111)}$  values of epitaxial La-doped (1 at%)  $\text{Hf}_{0.5}\text{Zr}_{0.49}\text{O}_2$  films on STO(001) and Si(001), respectively.<sup>26</sup> (d) Pole figures around  $\text{o}-(111)$  and STO(111) reflections of the  $t = 17.5$  nm film on STO(001).



thicker films, very weak spots can be seen at the position of the  $m\{002\}$  reflections.  $\theta$ - $2\theta$  scans around the main reflections of the La:HfO<sub>2</sub> film, measured with a point detector, are presented in Fig. 1b. The  $o\{111\}$  peak becomes narrower with increasing film thickness due to the size effect and is accompanied by Laue oscillations. The  $m\{−111\}$  peak at  $2\theta \sim 28.5^\circ$  is clear in the  $t = 17.5$  nm film, but not in the thinner ones. The XRD  $2\theta$ - $\chi$  maps and  $\theta$ - $2\theta$  scans of the equivalent series of La:HfO<sub>2</sub> films on Si(001) (Fig. S1, ESI<sup>†</sup>) confirm the presence of the orthorhombic phase in the entire thickness range and the appearance of the monoclinic phase in the thicker films, without substantial differences from the films on STO(001). The out-of-plane lattice parameter associated with the  $o\{111\}$  reflection,  $d_{o\{111\}}$ , was determined from the position of the corresponding diffraction peak in the  $\theta$ - $2\theta$  scans (Fig. 1c). The  $d_{o\{111\}}$  value of the  $t = 4.5$  nm film on STO(001) is close to 3.0 Å and decreases with increasing thickness to less than 2.98 Å in films thicker than about 10 nm. The films on Si(001) show a similar thickness dependence, but with smaller lattice parameters ( $d_{o\{111\}}$  in the 2.95–2.96 Å range). The lower  $d_{o\{111\}}$  of the La:HfO<sub>2</sub> films on Si(001) is due to the low coefficient of thermal expansion of Si(001), which causes tensile stress in the films when cooled after growth.<sup>26,27</sup> The  $d_{o\{111\}}$  parameters of equivalent La-doped (1 at%) Hf<sub>0.5</sub>Zr<sub>0.49</sub>O<sub>2</sub> films<sup>13</sup> are also shown in Fig. 1c. The substrate and thickness dependences are coincident, but the  $d_{o\{111\}}$  parameters of the La:HfO<sub>2</sub> films are slightly expanded. The in-plane lattice distance along the [11–2] and HfO<sub>2</sub>[1–10] parameters of the  $t = 4.5$ , 6.9 and 9.2 nm films on STO(001) were determined by reciprocal space maps (Fig. S2, ESI<sup>†</sup>). The lattice distances are similar in the three films and close to the estimated values in relaxed undoped HfO<sub>2</sub>.<sup>28</sup> Therefore, the thinner film shows a slight expansion of the out-of-plane parameter, while the in-plane parameters are basically relaxed. The pole figures around the  $o\{−111\}$  reflections of La:HfO<sub>2</sub> and (111) of STO (Fig. 1d) of the  $t = 17.5$  nm film on STO(001) confirm the epitaxy of the orthorhombic phase. The twelve  $o\{−111\}$  poles indicate the presence of four in-plane crystal variants of  $o\text{-HfO}_2$ . The epitaxial relationships with the STO substrate are [1–10] $o\text{-HfO}_2$ (111)/[1–10]STO(001) and [11–2] $o\text{-HfO}_2$ (111)/[1–10]STO(001). Additional information of the epitaxy of doped HfO<sub>2</sub> on LSMO/STO(001) is reported elsewhere.<sup>29,30</sup>

The AFM topographic images (Fig. 2) of the La:HfO<sub>2</sub> films on STO(001) show extremely flat surfaces. The morphology of terraces and steps presented by the STO substrates<sup>31</sup> is replicated in the deposited LSMO and La:HfO<sub>2</sub> films. The terraces in the films are well-visible, and the root mean square roughness, calculated in 5 μm × 5 μm areas, is 2.8 Å in the  $t = 17.5$  nm film and less than 2 Å in the thinner films.

The ferroelectric polarization loops of the La:HfO<sub>2</sub> films on STO(001), measured using a high maximum applied field, are shown in Fig. 3a. The maximum electric field applied to measure the loops was lower in the thicker films, since the coercive electric field  $E_C$  and the breakdown electric field decrease with the thickness. The two thinner films have a very high polarization, with  $P_r$  around 26 and 32 μC cm<sup>−2</sup> in the

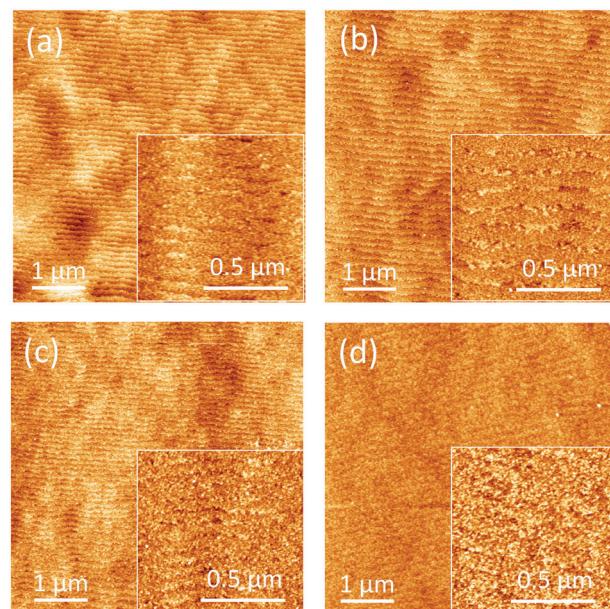


Fig. 2 Topographic AFM images (5 μm × 5 μm) of La:HfO<sub>2</sub> films on STO(001) with a thickness of (a) 4.5 nm, (b) 6.9 nm, (c) 9.2 nm, and (d) 17.5 nm. Insets: 1 μm × 1 μm topographic images.

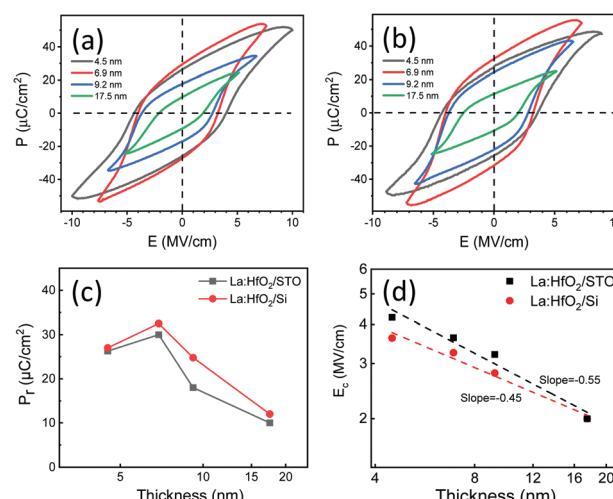


Fig. 3 Polarization loops of the films on STO(001) (a) and Si(001) (b). Dependence on the thickness of the remanent polarization (c) and the coercive electric field (d) of the films on STO(001) (black squares) and Si(001) (red circles).

$t = 4.5$  nm and  $t = 6.9$  nm films, respectively. The polarization is decreases with increasing thickness, with  $P_r$  around 10 μC cm<sup>−2</sup> in the  $t = 17.5$  nm film. The  $t = 6.9$  nm La:HfO<sub>2</sub> film on Si(001) has the largest  $P_r$  of about 32 μC cm<sup>−2</sup> (Fig. 3b). Note that the round shape of the loops near the maximum applied electric field is a signature of the residual leakage contribution, which results in a possible overestimation of the remanent polarization within 2 μC cm<sup>−2</sup>.<sup>32</sup> All the loops shown in Fig. 3 have been collected at the largest applied electric field before breakdown, at saturation and after cycling the sample 10 times to avoid the



wake-up effect discussed as follows and obtain comparable results. The dependences of  $P_r$  on the thickness of the La:HfO<sub>2</sub> films on STO(001) and Si(001) are presented in Fig. 3c. Both series exhibit a similar thickness dependence, with the maximum  $P_r$  in the  $t = 6.9$  nm films. The  $P_r$  of the La:HfO<sub>2</sub> films ranges from 10 to 30  $\mu\text{C cm}^{-2}$  on STO(001) and from 12 to 32.5  $\mu\text{C cm}^{-2}$  on Si(001). We reported a similar  $P_r$  dependence for HZO<sup>33</sup> and La-doped HZO<sup>13</sup> films on STO(001). In contrast, epitaxial HZO<sup>34</sup> and La-doped HZO<sup>13</sup> films on Si(001) did not exhibit a peak and films thinner than 5 nm had the highest  $P_r$ . The dependence of the coercive electric field with thickness is shown in Fig. 3d. The  $E_C$  of the films on both STO(001) and Si(001) decreases linearly with the thickness (in the logarithmic scale), with a slope of about 0.5. Thus, it follows approximately the  $E_C \propto t^{-2/3}$  dependence usually observed in high-quality ferroelectric perovskite films<sup>35–37</sup> and epitaxial HfO<sub>2</sub>-based films,<sup>13,15,33,34</sup> but scarcely observed in polycrystalline HfO<sub>2</sub>-based films.<sup>38</sup>

The films exhibit a small wake-up effect, basically observed only in the first cycle and when the applied maximum voltage was lower than that used to obtain fully saturated loops (Fig. 4). The wake-up is evidenced by a double peak in the current–voltage curves, causing a slight shrinkage in the polarization

loop. Redistribution of oxygen vacancies or phase transitions induced by an electric field have been proposed as wake-up mechanisms.<sup>11</sup> The wake-up effect in our epitaxial films is more pronounced if the maximum applied electric field is reduced (Fig. S3, ESI†). The minimal wake-up effect is in sharp contrast with the persistent wake-up effects commonly observed in polycrystalline La:HfO<sub>2</sub> films,<sup>5–7</sup> which were explained by the displacement of oxygen vacancies that induce the transformation from the monoclinic phase to the orthorhombic phase.<sup>7</sup> However, the wake-up effect is usually null in epitaxial doped HfO<sub>2</sub> films, even in epitaxial HZO films on STO(001) that have a significant amount of monoclinic phase. See the recent review of Fina and Sánchez<sup>15</sup> for a description of the wake-up effects in epitaxial HfO<sub>2</sub> films and the differences with polycrystalline HfO<sub>2</sub> films. Some specific properties of epitaxial films can be responsible for the generally negligible wake-up effect compared to polycrystalline films: (i) use of electrodes (LSMO and Pt) more stable against oxidation, (ii) a lower number of defects in optimized epitaxial films, and (iii) a semi-coherent interface between the bottom electrode and the epitaxial HfO<sub>2</sub> film. The fact that the here-reported La:HfO<sub>2</sub> films show a more pronounced wake-up effect can be related to the larger number of defects compared with Zr doped films as a consequence of the larger dopant radii. In the case of epitaxial La:HfO<sub>2</sub> films on Si(001), the wake-up effect is similar and also limited to a few cycles (Fig. S4, ESI†). Note also that the residual leakage contribution, signalled by a current increase near the maximum applied voltage and more prominent in thinner films, also reduces during cycling. This is in agreement with the oxygen vacancy redistribution upon cycling scenario proposed in polycrystalline films, although here the effects are minimal, indicating that the oxygen vacancy number is smaller in epitaxial films.

The leakage current curves of the films on STO(001) are shown in Fig. 5a. The leakage of the  $t = 4.5$  nm film ( $3 \times 10^{-6}$   $\text{A cm}^{-2}$  at 1  $\text{MV cm}^{-1}$ ) is moderately low considering the ultra-low thickness. The leakage of the thicker film,  $t = 17.5$  nm, ranges from around  $5 \times 10^{-8}$   $\text{A cm}^{-2}$  at a low field up to about  $4 \times 10^{-7}$   $\text{A cm}^{-2}$  at 2  $\text{MV cm}^{-1}$ . The  $t = 6.9$  nm film is highly insulating, with a leakage well below  $10^{-8}$   $\text{A cm}^{-2}$  at a low field and less than  $5 \times 10^{-8}$   $\text{A cm}^{-2}$  at 1  $\text{MV cm}^{-1}$ . Therefore, the  $t = 6.9$  nm film combines a very high  $P_r$  of about 30  $\mu\text{C cm}^{-2}$  and a very low conductivity. The films on buffered Si(001) show more leakage, and only the  $t = 17.5$  nm film exhibits a low

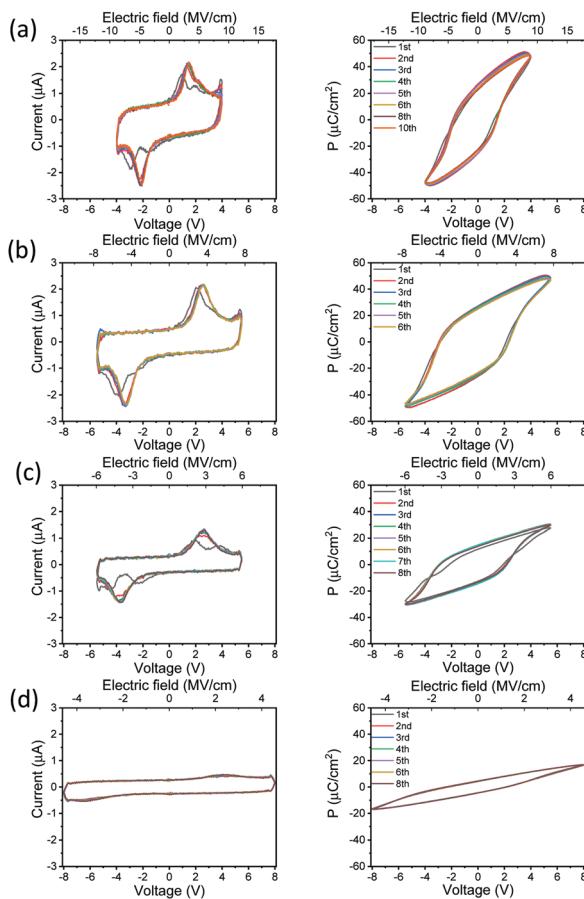


Fig. 4 Evolution with the number of cycles of current–voltage curves and the corresponding polarization loops of films on STO(001) with a thickness of (a) 4.5 nm, (b) 6.9 nm, (c) 9.2 nm, and (d) 17.5 nm.

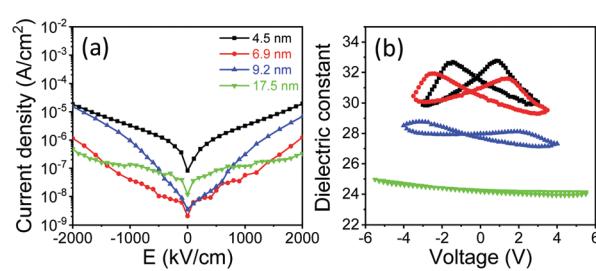


Fig. 5 Leakage current curves (a) and dielectric constant loops (b) of the films on STO(001).



leakage of less than  $10^{-7}$  A cm $^{-2}$  at 1 MV cm $^{-1}$  (Fig. S5, ESI $\dagger$ ). The dielectric permittivity loops of the films on STO(001) (Fig. 5b) vary greatly with the thickness of the films. The loop corresponding to the  $t = 4.5$  nm film has a well-defined butterfly shape. The hysteresis reduces with increasing thickness, and it is barely appreciated in the  $t = 17.5$  nm film. The value of the dielectric constant also depends on the thickness. The permittivity at a high electric field is  $\sim 30$  in the  $t = 4.5$  and 6.9 nm films, and it is reduced to  $\sim 28$  in the  $t = 9.2$  nm film and to  $\sim 24.5$  in the  $t = 17.5$  nm film. The decrease of the dielectric constant is in agreement with the observation by XRD of an increase of the monoclinic phase fraction with thickness, and with the reported dependences of the permittivity of other doped HfO $_2$  films on the ratio between orthorhombic and monoclinic phases. $^{34,39-41}$

The endurance of the films on STO(001) is shown in Fig. 6a-d. The polarization of the  $t = 4.5$  nm film (Fig. 6a), cycled by electric pulses of amplitude 6.7 MV cm $^{-1}$ , increases from  $2P_r = 19.5$   $\mu$ C cm $^{-2}$  in the pristine state to 24.5  $\mu$ C cm $^{-2}$  after a few (less than ten) cycles, evidencing the small wake-up effect described above. With additional cycles the capacitor is fatigued and  $2P_r$  decreases to 18.8  $\mu$ C cm $^{-2}$  after  $10^5$  cycles and then more abruptly to 6  $\mu$ C cm $^{-2}$  after  $10^9$  cycles. The loss of polarization is, on average, about 75% after eight magnitudes. The  $t = 6.9$  nm film exhibits a similar behavior when cycled at 5.8 MV cm $^{-1}$ ,  $2P_r$  being 2.8  $\mu$ C cm $^{-2}$  after  $10^{10}$  cycles (Fig. 6b). The polarization was higher for applied pulses of 6.5 MV cm $^{-1}$ , and  $2P_r$  was 4  $\mu$ C cm $^{-2}$  when the measurement was stopped after  $10^{10}$  cycles. A higher cycling electric field, 7.2 MV cm $^{-1}$ , causes a larger switchable polarization, but the capacitor undergoes hard breakdown after  $10^9$  cycles (open blue triangle in Fig. 6b). Representative polarization loops of the  $t = 6.9$  nm film, measured applying several maximum electric fields and a number of cycles, are shown in Fig. S6, ESI $\dagger$ . The endurance of the  $t = 9.2$  nm film (Fig. 6c) is similar, while it is highly degraded in the  $t = 17.5$  nm film (Fig. 6d). This degradation is because hard breakdown occurs at a lower field as the film is

thicker, which limits the applied field that can be applied. Breakdown occurs through conductive filaments formed after high enough electrical stress. $^{42}$  Ionic conduction through incoherent boundaries between monoclinic and orthorhombic grains, more abundant in thicker films, can be a relevant contribution. $^{43}$  Thus, there is not a direct relation with the thickness dependence of the current leakage (Fig. 5). A similar degradation of endurance with thickness has been observed in other epitaxial $^{13,34}$  and polycrystalline $^{44}$  doped-HfO $_2$  films.

Li *et al.* reported an endurance of up to  $10^7$  cycles in epitaxial La-doped (5.5 cat%) HfO $_2$  films. $^{14}$  The endurance was limited by fatigue, and they found that the loss of polarization was much more severe when the electrical stress was lower (lower pulse amplitude or shorter pulse width) and also when the interval between pulses was longer. It was argued that the high density of charged domain walls in incompletely switched capacitors could be pinned and then cause fatigue. In the case of polycrystalline doped HfO $_2$  films, increased fatigue with decreasing electric field has been reported, $^{45-47}$  as well as with increasing cycling frequency. $^{46}$  Schroeder and coworkers $^{46}$  proposed that the faster degradation of polarization by cycling with pulses of lower amplitudes or higher frequencies was caused by the less saturated switching in these cases (the frequency effect was due to the fact that the coercive field increases with the frequency). The fatigue mechanism suggested by Schroeder and coworkers $^{46}$  considered that oxygen vacancies migrate during each cycle from switchable regions to non-switchable regions, creating local fields. The intensity of the local field strength would increase with cycling until the domains of the initially switchable regions would be pinned. On the other hand, Starschich *et al.* $^{48}$  observed that hard breakdown occurred earlier, as the cycling frequency was lower, and they assumed that this was due to the suppression of generation of oxygen vacancies at high frequencies. In our epitaxial films, the amplitude of the electric field has a critical effect on the capacitor breakdown if it is too high. However, the amplitude of the electric field has no impact on the fatigue (Fig. S7, ESI $\dagger$ ). It determines the fraction of ferroelectric domains that are switched and thus influences the polarization, but not the reduction of the normalized polarization with the number of cycles. On the other hand, the endurance of our films is also degraded by a lower cycling frequency, which causes here more fatigue or even breakdown (Fig. S8, ESI $\dagger$ ). Note that low frequency measurements we performed implied long period pulses. Using the data shown in Fig. S7 (ESI $\dagger$ ) as an example, a capacitor cycled  $N$  times by bipolar pulses of 3 V at 10 kHz is poled for a total time 100 times longer than another one cycled at 1 MHz. Therefore, the degradation effects induced by the applied field scale exponentially with the decrease of frequency (longer pulse duration and longer time between pulses), as expected in the redistribution of defects in the bulk of the device. $^{49}$  Besides, a longer pulse also promotes the migration of free carriers towards domain walls, thus inducing a severer pinning effect. $^{45}$

The retention of the films on STO(001) is shown in Fig. 7, where the remanent polarization is plotted as a function of the

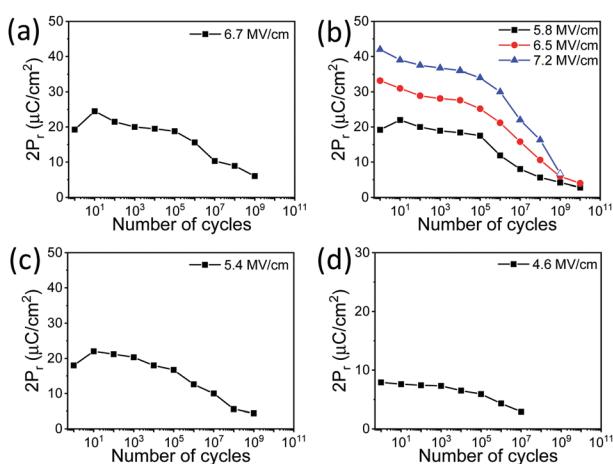


Fig. 6 Endurance measurements of the films on STO(001) with a thickness of (a) 4.5 nm, (b) 6.9 nm, (c) 9.2 nm, and (d) 17.5 nm. The electric field of the cycles is indicated in the top right of each panel.



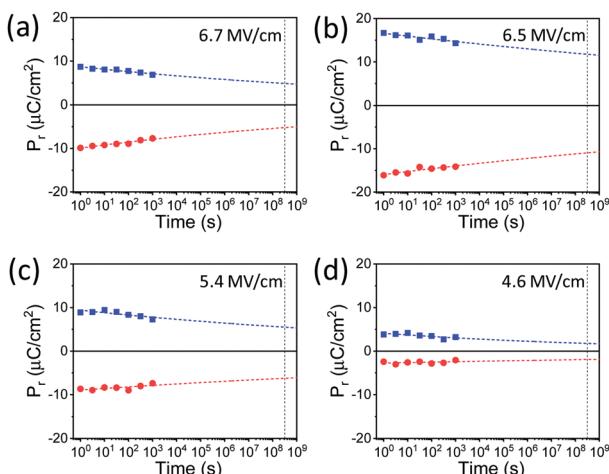


Fig. 7 Retention measurements of the films on STO(001) with a thickness of (a) 4.5 nm, (b) 6.9 nm, (c) 9.2 nm, and (d) 17.5 nm. The electric field of the cycles is indicated in the top right of each panel.

delay time after poling ( $t_d$ ). Each film was poled at the same electric field used in the endurance measurements (Fig. 6), and for positive (blue squares) and negative (red circles) poling fields. The experimental data are fitted (blue and red dashed lines) to the rational dependence  $P_r = P_0 \cdot t_d^n$ .<sup>50</sup> The vertical black dashed line corresponds to a time of 10 years. The extrapolated data indicate that the four films retain a high fraction of the initial polarization. The memory window ( $2P_r$ ) extrapolated to 10 years of the thicker film, which has a high amount of paraelectric monoclinic phase, is 54% of the initial value. The percentage of the initial memory window of the thinnest film,  $t = 4.5$  nm, is 53% despite the expected high depolarization fields. The  $t = 6.9$  and 9.2 nm films maintain 69 and 63% of the initial memory window, respectively. Therefore, all films exhibit excellent retention after being poled with the same electric field used to determine the endurance properties. The retention of more than 10 years is accompanied by an endurance of at least  $10^9$  cycles in the  $t = 4.5$  nm film and  $10^{10}$  cycles in the  $t = 6.9$  nm film. The equivalent  $t = 6.9$  nm film on Si(001) also exhibits an endurance of at least  $5 \times 10^9$  cycles and a retention of more than 10 years (Fig. S9, ESI†).

## 4. Conclusions

In summary, the orthorhombic phase of  $\text{HfO}_2$  has been epitaxially stabilized in La-doped films. The films present a majority of the orthorhombic phase, (111)-oriented, with an increased fraction of monoclinic phase in films thicker than 10 nm. The robust ferroelectric properties of La-doped  $\text{HfO}_2$  are preserved in films even as thin as 4.5 nm. The films exhibit minimal wake-up, basically limited to the first cycle. Films with a thickness less than 7 nm show a remanent polarization of about  $30 \mu\text{C cm}^{-2}$ , an endurance of  $10^{10}$  cycles, and a retention of more than 10 years. These excellent properties are achieved in films epitaxially grown on either  $\text{SrTiO}_3(001)$  or buffered Si(001) substrates.

## Conflicts of interest

There are no conflicts to declare.

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