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# Fluid mechanics and rheology of the jumping spider body fluid†

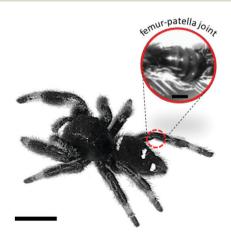
Spiders use their inner body fluid ("blood" or hemolymph) to drive hydraulic extension of their legs. In hydraulic systems, performance is highly dependent on the working fluid, which needs to be chosen according to the required operating speed and pressure. Here, we provide new insights into the fluid mechanics of spider locomotion. We present the three-dimensional structure of one of the crucial joints in spider hydraulic actuation, elucidate the fluid flow inside the spider leg, and quantify the rheological properties of hemolymph under physiological conditions. We observe that hemolymph behaves as a shear-thinning non-Newtonian fluid with a fluid behavior index n = 0.5, unlike water (n = 1.0).

## Introduction

The "blood" of spiders, hemolymph, is not only important for circulatory purposes but enables locomotion in these eightlegged arthropods. Spider legs lack extensor muscles and employ hydraulics to generate the main driving force for extension. <sup>1–3</sup> During activity, pressure of the hydraulic fluid, hemolymph, is increased inside the legs to achieve extension, while flexor muscles counteract.

Arthropods have an open-circulatory system with no difference in blood and interstitial fluid. Their body fluid is pumped by a tubular heart in the abdomen through a delicate network of arteries into the cavities of the body.<sup>4</sup> A large aorta supplies the front body-part, or prosoma, where it splits into the leg arteries.<sup>5,6</sup> When the heart relaxes, oxygen-poor hemolymph travels through book lungs, to gain oxygen, before it enters back into the heart.<sup>5</sup>

Different to human blood, hemolymph is not red, but shows a light blue color, as it does not contain the iron-based protein, hemoglobin, but a copper-based hemocyanin to bind oxygen. Hemolymph consists of many nutrients, such as sugars, salts, amino acids, and proteins. Instead of white blood cells, spiders In hydraulic extension, the speed of leg extension depends directly on the transport velocity of hemolymph into the hydraulic joints of the leg (Fig. 1).<sup>11</sup> Assuming a Poiseuille flow, the velocity of the fluid is directly proportional to the



**Fig. 1** Hydraulic joint of jumping spider *Phidippus regius*. The femurpatella joint of jumping spiders is highly involved in running and jumping activities. <sup>13</sup> During extension, the body fluid (hemolymph) leads to the unfolding of the articular membrane on the ventral side of the joint. Scale bar left: 5 mm; right: 0.4 mm.

have different types of hemocytes as part of their immune system.<sup>7,8</sup> When spider legs are injured, hemocytes induce coagulation, thus clogging the wound. To prevent stronger bleeding, spiders could amputate their legs near the body in a controlled way, also known as autotomy.<sup>9</sup> Furthermore, juvenile spiders are capable of regrowing a complete leg inside the leg stump.<sup>10</sup> Coagulation is a critical function of the hemolymph as leakages are fatal to hydraulic systems when operating at high pressures.

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driving pressure. Therefore, fluid pressure determines the speed of reaction that can be achieved by the spider. During normal walking, spiders pressurize the hemolymph in their legs to 4–8 kPa, but pressures of 60 kPa and even up to 130 kPa have been reported during intense activity (*e.g.*, jumping and running). <sup>11,12</sup>

Various studies<sup>11,12,14,15</sup> have investigated the pressure and velocity of hemolymph inside the body, in attempts to understand the hydraulic mechanism and how spiders are able to control the dynamics and kinematics of their multi-legged and multi-jointed body with hydraulics. However, due to the lack of information about flow geometry and rheological properties of the hemolymph, any kinematic and dynamic analysis of spider locomotion typically neglects flow through the gaps between muscles, nerves, and arteries, or lacunae, and assumes the fluid is Newtonian, like water. 14-16 In this study, we present the first measurements of spider hemolymph viscosity and its non-Newtonian behaviour under physiological conditions. We reconstruct, in three-dimensions (3D), the fluid channels through the femur-patella joint, which plays an essential role during locomotion, and report the fluid flow inside this joint. Our results shed further light on the hemolymph-based hydraulic system of spiders. While being an exception in animal locomotion, 17-19 fluidic actuation is, in contrast, an extremely useful and common tool in today's technology, especially in soft robotics, 20 where fluid-driven locomotion has become essential.

#### Materials and methods

#### X-ray microtomography

Adult jumping spiders Phidippus regius were narcotized and transferred into a solution of 10% ethyl acetate, 20% ethanol and 70% water. Spiders were left in that solution overnight before being transferred into a container filled with 60% ethanol and 40% water. To increase contrast, 3-4 droplets of iodide were added. Extended legs were cut off and placed inside an Eppendorf tube filled with 70% ethanol and 30% water for scanning purposes. Synchrotron microtomography of the femur-patella leg segment was performed at the imaging cluster of the Karlsruhe Institute of Technology (KIT) light source. A parallel polychromatic X-ray beam produced by a 1.5 T bending magnet was spectrally filtered by 0.2 mm aluminum with a spectrum peak at about 15 keV and a full-width at half maximum bandwidth of about 10 keV. The fast indirect detector system consisting of an 18 µm LSO:Tb scintillator,<sup>21</sup> diffraction limited optical microscope (Optique Peter) and a 12bit pco.dimax high speed camera with 2016 × 2016 pixels was employed. The sample was placed centrally and 3000 projections at 200 frames per second with an optical magnification of  $10\times$  were taken. The resulting effective pixel size was 1.22  $\mu$ m. We used the control system concert<sup>22</sup> for automated data acquisition. Tomographic reconstruction was done using the UFO framework.<sup>23</sup> The individual segments were manually predefined with Amira (version 5.5) (Fig. 2) and segmentation was subsequently refined by Biomedisa.24

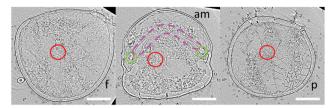


Fig. 2 Femur-patella cross-sectional X-ray scan images. Main artery (red circle) is covered by a thin wall. As X-ray scans were conducted on deceased animals, the circular artery lost its shape and needed to be manually reconstructed. Further elements, as the femur (f) and patella (p) exoskeleton, the articular membrane (am), the arcute sclerte (green circle) and the inner membrane (pink), are pre-segmented with Amira and refined with Biomedisa. Scale bars: 5 mm.

#### **OCT scanning**

The fluid flow inside the spider leg joint was observed via optical coherent tomography (OCT) (TEL320C1 - Spectral Domain OCT System, Thorlabs). Adult spiders *Phidippus regius* usually have legs with diameters exceeding the penetration depth of the OCT. Therefore juvenile spiders (N4-5) were narcotized with Carbon dioxide (CO2) for 1 min and fixed with the ventral side up on a Petri dish. Dental polymer (Flexitime, Correct Flow) was used as glue, so that the living spider could be carefully detached after the experiments. Screenshots of the scanning positions were taken. The motion inside the leg was recorded with an image speed at a medium sensitivity (76 kHz). The refractive index was set to 1 and the Hann filter was used for the apodization window. The A-scan averaging was set to 3 and the B-scan averaging to 1 with a pixel size of 6.5 μm. Recorded images were used to manually track cell motion with the Tracker tool (physlets.org/tracker/). In total 36 cells were tracked inside the main artery. As the cells were randomly traveling through the artery at various radial locations, the average of the measured velocities is reported as mean flow velocity of the hemolymph.

#### Hemolymph collection

Adult *Phidippus regius* were narcotized with  $CO_2$  and attached to a Petri dish. Hemolymph was collected on the ventral side between the sternum and the beginning of the petiole, before it flows through the book lungs back to the heart (Fig. 3). This method allowed collection of up to  $50~\mu L$  of light-blue colored body fluid. Hemolymph collection by centrifuge as it is commonly done with *Drosophila* flies<sup>25</sup> was not possible as the collected hemolymph would be contaminated with gut content leaking from the abdomen. Anti-coagulants were not used as they could affect the physical properties. <sup>26</sup> The hemolymph was kept cool to slow down any biochemical reactions. Before experiments, it was warmed up to room temperature by hand.

Hemolymph is a biological fluid, which could change its property under different conditions. Similar to blood, clotting could appear at wounds<sup>27</sup> and coagulation could happen after 20–30 min. Additionally, a decrease in temperature could cause reduced deformability of the hemolymph cells.<sup>26</sup> All of these

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Fig. 3 Hemolymph collection from *Phidippus regius*. A small hole was punctured between sternum and petiole (red circle) and hemolymph droplet collected *via* pipetting into an Eppendorf tube (right side). Scale har: 10 mm

could have an effect on the viscosity. Clotting and coagulation start to form after a specific time and can be identified by a drastic change in property (thickening into honey-like consistency and changing color to dark black).26 Therefore, only freshly collected samples were used. Influences as due to e.g. carbon dioxide were avoided by exposing the spider to CO2 for only 1-2 min and waiting 5 minutes before sample collection. Any temperature effects caused by e.g. anti-freezing agents<sup>28</sup> were avoided as the animals were kept at 25–30 °C. Temperature effects during the experiment were excluded by keeping the temperature at the same level (room temperature) throughout the experiments. However, small variations could still appear. For this reason, we measured three samples at the same applied pressure ( $\pm 3$  kPa) and avoided to measure in only a specific direction (e.g., varying pressure from low to high) to avoid any time-correlated effects. As particles inside the fluid are usually the cause of sheardependent behavior, we tried to use a homogenous sample, by carefully mixing (turning Eppendorf tube up and down) the collected hemolymph before the experiment, as hemolymph cells could slowly settle at the bottom of the container due to gravity.

#### Fabrication of the microchannel for rheological measurements

The desired microchannel was designed (length: 30 mm, width: 1 mm) and fabricated on a sodalime glass mask (Compugraphics Jena GmbH, Jena, Germany) for photolithography. Negative molds with 70  $\mu$ m height were fabricated on a 3-inch circular silicon wafer using SU-8 photoresist (micro resist technology GmbH, Berlin, Germany) following standard protocol. The photoresist was spin-coated (WS-650MZ-8NPPB, Laurell Technologies, North Wales, PA, USA) to achieve a uniform thickness and etched using UV irradiation (MJB 4 mask alighner, SUSS MicroTex, Garching, Germany).

The ingredients for PDMS (polydimethylsiloxane, Sylgard 184, Dow Corning, Inc., Midland, MI, USA) were mixed (10:1, elastomer:hardener) with a spatula for 1 min in a beaker. Trapped air was removed by vacuum pumping the PDMS inside a desiccator for 15–20 min. A plastic ring was fixed around the

silicon wafer with dental polymer (Flexitime, Correct Flow) to provide a border for the PDMS infill (0.5 cm PDMS thickness) and PDMS was poured over the silicon wafer. Trapped air inside the mold was removed by vacuum pumping. Surface air bubbles were carefully removed with a thin needle. The PDMS was then baked for 1 h at 90 °C and carefully removed from the silicon wafer afterwards. Excess material was cut off to produce a rectangular PDMS block with the microchannel. To enhance the stickiness of PDMS on the glass cover slide, it was treated with oxygen plasma (Diener Electronic Zepto, Ebhausen, Germany) with 1 min exposure. Treated PDMS was carefully pressed onto the glass slide and baked for 30 min at 60 °C. The glass slide served as base of the microchannel and sealed it. The circular endings of the microchannels were punctured with a needle and thin metal straws (1 mm diameter) were inserted for connection purposes. One side was connected to the aspirator, with a pressure sensor and the other side was used to pipette a 2 µL droplet of spider hemolymph.

#### **Aspiration experiment**

Tubes connected one side of the microchannel to an aspirator (Integra Bioscience 158300 Vacusafe Comfort Plus), commonly used in cell biology to create suction. A 2  $\mu$ L sample droplet was carefully pipetted to the other end of the microchannel before opening the valve of the aspirator to suck the sample through the microchannel into the collection chamber at a given pressure. Pressure was recorded by a pressure sensor (RS Store, Panasonic DP102AEP). The aspirator suction pressure was varied from 25 kPa to 60 kPa. Water was used as control. Coagulated hemolymph was avoided for the experiments. After each experimental run with spider hemolymph, the channel was rinsed with water and dried.

#### Mathematical model

The total sum of energy along a streamline of a flowing incompressible fluid is constant and consists of kinetic energy  $E_{kin}$ , potential energy  $E_{pot}$  and enthalpy H. The enthalpy H consists of internal energy U (heat-dependent) and the work to move a volume V at pressure P.

$$\sum \text{energy} = E_{\text{kin}} + E_{\text{pot}} + U + PV = \text{const.}$$
 (1)

Neglecting thermal energy loss and the resulting internal energy (U = 0), the Bernoulli principle for pipe flow can be expressed as

$$\sum$$
 energy<sub>pipe</sub> =  $\frac{v^2}{2g} + h + \frac{P}{g\rho}$  for  $\rho = m/V = \text{const}$ ,

where  $\nu$  is the average fluid velocity inside the pipe, g is gravitational acceleration, h is the vertical height of the pipe, and  $\rho$  and m the density and mass of the fluid, respectively.

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For any two points along a pipe the energy remains the same and the Bernoulli equation follows as:

$$\frac{{v_1}^2}{2g} + h_1 + \frac{P_1}{g\rho} = \frac{{v_2}^2}{2g} + h_2 + \frac{P_2}{g\rho}.$$
 (2)

This equation, however, does not consider viscous dissipation, which results in a loss of energy between the two points, or head loss  $H_{\rm L}$ , described by the Darcy-Weisbach equation:

$$H_{\rm L} = f_{\rm D} \cdot \frac{L}{D_{\rm b}} \cdot \frac{v^2}{2g}.$$
 (3)

The head loss  $H_L$  is influenced by the distance L between the two points, pipe hydraulic diameter  $D_h$ , and average fluid velocity  $\nu$ , as well as the friction of the pipe walls, represented by the empirical Darcy friction factor  $f_D$ .

The extended Bernoulli equation can be now formulated as:

$$\frac{{v_1}^2}{2g} + h_1 + \frac{P_1}{g\rho} = \frac{{v_2}^2}{2g} + h_2 + \frac{P_2}{g\rho} + f_D \cdot \frac{L}{D_h} \cdot \frac{{v_2}^2}{2g}.$$
 (4)

In horizontal pipes, as is the case for our microchannel, the elevation does not change along the pipe  $(h_1 = h_2)$ . However, due to a high pressure gradient and elastic, polymeric material, the height differs along the channel (*cf.* Channel height deformation) leading to a difference in velocity  $(v_1 \neq v_2)$ . Following mass conservation, the average velocities are related, or:

$$v_1 = \left(\frac{H_2}{H_1}\right) \cdot v_2,\tag{5}$$

where  $H_1$  and  $H_2$  are the heights of the channel at the entrance and where the measurements are conducted, respectively. As such, the extended Bernoulli equation can be reduced to

$$P_1 - P_2 = \Delta P = \frac{\rho}{2} \left\{ v_2^2 \left[ 1 - \left( \frac{H_2}{H_1} \right)^2 \right] + f_D \cdot \frac{L v_2^2}{D_h} \right\}.$$
 (6)

The Darcy friction factor  $f_{\rm D}$  depends on pipe geometry and material, represented by  $\beta$ , and the fluid flow Reynolds number Re, which is affected by the fluid viscosity  $\mu^{29}$  so that

$$f_{\rm D} = \frac{\beta}{\rm Re} \tag{7}$$

$$Re = \frac{\rho v D_{\rm h}}{\mu}.$$
 (8)

The hydraulic diameter  $D_h$  is given by the cross-sectional area A and the perimeter Pe of the cross-section:

$$D_{\rm h} = \frac{4A}{\rm Pe} \approx 2H,\tag{9}$$

for slit-shaped channels.<sup>29</sup> In our experiment, we used velocity measurements to derive viscosity and fluid behavior. Therefore, the equations were reformed into shear stress and shear rate. The pressure and wall shear stress are related by

$$\Delta P \cdot A_{\rm cross} = \tau_{\rm w} \cdot A_{\rm wall} \tag{10}$$

$$\Delta P \cdot W \cdot H = \tau_{w} \cdot 2 \cdot (WL + HL) \tag{11}$$

$$\tau_{\rm w} = \frac{\Delta P}{L} \cdot \frac{D_{\rm h}}{4}.\tag{12}$$

By integrating eqn (6) together with (7) and (8), and substituting for  $\Delta P$  into (12), the following relationships can be expressed:

$$\tau_{\mathbf{w}} = \mu \cdot \dot{\gamma}_{\mathbf{a}} + \tau_{\mathbf{0}}.\tag{13}$$

$$\tau_0 = \frac{\rho \cdot D_h}{8 \cdot L} \left[ v_2^2 \left( 1 - \left( \frac{H_2}{H_1} \right)^2 \right) \right] \tag{14}$$

$$\dot{\gamma}_{\rm a} = \frac{\beta v_2}{16H} \tag{15}$$

In our experiments, we calibrated  $\beta$  using water, given its known properties. This parameter has been previously observed to vary across a wide range for channels with low aspect ratios like those used in this study, or  $\beta$  = 56–320.<sup>30</sup> This factor has been observed to be largely influenced by uncertainties in channel geometry and losses from inlets and outlets and developing flow regions. Our calibration with water resulted in  $\beta$  = 40, which should account for such uncertainties and minor losses.

For Newtonian fluids, the apparent shear rate and viscosity determine the wall shear stress as it is normally described by the Hagen-Poiseuille relation. In our case, the Ostwald-de Waele equation is a better choice as it also covers power law (or non-Newtonian) fluids:

$$\tau_{\mathbf{w}} = K \cdot \dot{\gamma}_{\mathbf{w}}^{n} + \tau_{\mathbf{0}} \tag{16}$$

$$\mu_{\mathbf{a}} = K \cdot \dot{\gamma}_{\mathbf{w}}^{n-1}. \tag{17}$$

The wall shear stress and the apparent dynamic viscosity thereby depend directly on the wall shear rate, the dimensionless flow behavior index n and the flow consistency index K. For n = 1, the apparent viscosity does not depend on the shear rate, corresponding to Newtonian fluids. For values not equal to 1, the fluid exhibits shear-thickening or shear-thinning behavior.

To calculate the relation between the apparent and wall shear rate, the Weissenberg–Rabinowitsch correction for slit shaped channels can be used:

$$\dot{\gamma}_{\rm w} = \frac{2n+1}{3n} \cdot \dot{\gamma}_{\rm a}.\tag{18}$$

This relation can directly be integrated into the Ostwald-de Waele relation (16) and a linear fit through a log-log plot of the experimental data can be created.

$$\log(\tau_{w} - \tau_{0}) = \log(K) + n \cdot \log\left(\frac{2n+1}{3n}\right) + n \cdot \log(\dot{\gamma}_{a})$$

$$= n \cdot \log(\dot{\gamma}_{a}) + C. \tag{19}$$

The apparent shear rate  $\dot{\gamma}_a$  is directly proportional to the measured velocity  $\nu_2 = \nu$  with experimental variance. The wall shear stress  $\tau_w$  is only dependent on the pressure gradient, which is set and shows only minimal sensor errors. This means that for ordinary least square fitting methods the more accurate

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value needs to be on the x-axis to avoid fitting mistakes, or:

$$\log(\dot{\gamma}_{a}) = \frac{1}{n} \cdot \log(\tau_{w} - \tau_{0}) - \frac{C}{n}.$$
 (20)

By using formula (16), the wall shear rate can then be fitted to calculate the flow consistency index and finally the dynamic viscosity (egn (17)), or:

$$\log(\tau_{\rm w} - \tau_0) = \log(K) + n \cdot \log(\dot{\gamma}_{\rm w}) \tag{21}$$

$$K = 10^{\text{intercept} \cdot (-n)}.$$
 (22)

#### Channel height deformation

Since the microfluidic channels used in the aspiration experiments were fabricated using an elastic polymer, i.e., polydimethylsiloxane (PDMS), the high pressures applied may deform the channels and affect their geometry during measurements. To determine how channel geometry could be affected by the suction pressures, numerical simulations using COMSOL Multiphysics (version 5.4) were conducted. The Structural Mechanics module with Solid Mechanics physics interface was used to determine the possible deflection of the inner walls of the channel when pressures ranging from 25-60 kPa were applied.

The geometry consisted of a PDMS block 10 mm wide, 35 mm long, and 6 mm thick. The channel with width W, length L, and height H was subtracted from the bottom of the PDMS block, following the depiction in Fig. 7A. Since the PDMS block was bonded to a glass surface, the outer wall at the bottom of the block was prescribed a fixed constraint boundary condition, which fixed the deflections to zero. The other outer walls were prescribed as Free, where no loads or deflections are prescribed. For the inner walls of the channel, the Boundary Load boundary condition was prescribed with a linearly varying load to represent the pressure gradient  $\Delta P$  applied during experiments. Here, the pressures applied at the outlet ranged from 25-60 kPa with 5 kPa increments, while the pressure at the inlet was fixed at zero (or atmospheric).

The built-in PDMS material was used with the Young's modulus specified at 1.35 MPa, following previous measurements with the same preparation protocol.<sup>31</sup> The average deflection of the top wall of the channel where the observations were made, or halfway along the channel, was found to vary between 3-7 µm for the applied pressures. Therefore, the height of the channel at the inlet  $H_1 = H = 70 \mu m$ , while the height where the velocity is measured  $H_2$  = 65  $\mu$ m, to account for the deformation.

#### Results and discussion

#### Three-dimensional reconstruction of femur-patella joint

The hydraulic mechanism of spiders has been investigated since the early 1940s. Still, state-of-the art technologies can reveal new insights of its functioning. The femur-patella joint plays an important role in the jumping process of the studied jumping spiders Phidippus regius (Fig. 1). Although computerized tomography (CT) scans of spiders and spider legs have been

conducted in the past, 3,16,32 the resolution was either too low to capture detailed information about the inner construct or the femur-patella leg was often not scanned in an extended position, as spiders usually flex their legs after death. Using our preparation method<sup>13</sup> and enhancing the contrast with iodine, these issues have been resolved. Detailed scans of a small, focused window of the sample (femur-patella joint) were obtained using high-resolution X-ray scanning at the synchrotron in Karlsruhe, Germany. We present such detailed scans of the inner and outer tomography in Fig. 4 and Movie S1 (ESI†).

These scans form a detailed, non-invasive addendum to the drawings of histological cross sections done in the past and used for simulation purposes. The arcuate sclerite (Fig. 4, green) seems to play an essential role as it connects the articular membrane to the patella segment (pink), partially forms the extension pocket and works as an attachment point for the flexing muscles (white). The femur segment is filled with muscles and at least two nerve cords (brown) run down the leg<sup>33</sup> (Fig. 4).

While the 3D scan of deceased animals provides highresolution information about the joint and the volume distribution of muscles and nerves, the fluid flow path and the flow direction can only be estimated, supplementing the previous literature. 2,18 The main artery (Fig. 4, red) is formed by a thin wall, which is partially collapsed in the 3D scan (cf. Materials and methods: X-ray microtomography and Fig. 2) and needed to be manually reconstructed. Therefore, the size of arteries can only be approximated in these types of scans. Recently, Liu et al. used 3D CT-scan data to simulate fluid velocity inside the joint using computational fluid dynamics (CFD).16

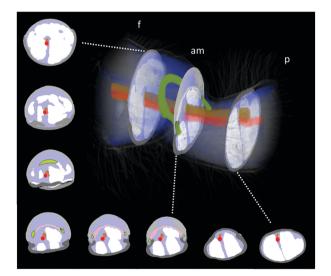


Fig. 4 X-Ray reconstruction of the femur-patella joint. The leg segments are filled with flexor muscles (white) that pull on the arcuate sclerite (green). The articular membrane am, spanned between the two leg segments (femur f and patella p), forms a chamber that is filled with hemolymph during extension. The main artery (red) does not feed into this chamber, but is defined by a clear, separating wall (ESI† and Fig. 2) and runs along the nerve chords (brown). Empty spaces (lacunae, blue) are filled with oxygen-poor hemolymph that is transported back towards the

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However, the simulation was based on several assumptions, which were lacking in the literature, such as the flow direction and viscosity of the hemolymph.

#### Visualization and analysis of fluid flow inside the femur-patella joint

While the flow into the heart of tarantulas has been studied using magnetic resonance imaging (MRI) with a contrast medium, observations inside their legs and joints are lacking. For this reason, high-resolution optical coherent tomography (OCT) has been conducted to look inside the spider leg. This method has been used to observe the heart beat of Drosophila flies<sup>34</sup> and air bubbles floating inside locust hearts,<sup>35</sup> and does not require any contrast medium. However, limitations in penetration depth of OCT limit the field of view due to the thickness of the exoskeleton. For this reason, we used juvenile spiders with smaller leg diameters. The live and conscious spider was affixed onto a Petri dish to observe the speed and direction of hemolymph flow inside the femur-patella joint (Fig. 5 and Movie S2, ESI†).

As the articular membrane is only a few tens of micrometres thick (30-60 µm), 13 the penetration depth of the OCT was enough to observe inside of the joint. Although hemolymph consists mostly of water, which cannot be detected by the OCT, small particles flowing inside the arteries could be observed. The size of these particles correspond to the size (10-50 µm) of the free floating cells (hemocytes) inside the hemolymph.8 By tracking these particles, the average fluid velocity could be estimated, similar to particle image velocimetry (PIV) techniques. While previous fluid flow measurements were limited in the temporal resolution of their recording devices, 35 the OCT recorded at 76 kHz, and revealed an average cell speed of 3.37 m s<sup>-1</sup> (median: 2.67, std: 2.29, N = 36). With a

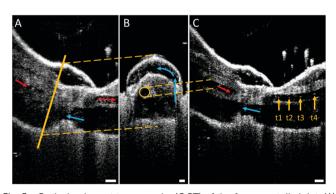


Fig. 5 Optical coherent tomography (OCT) of the femur-patella joint. (A) Longitudinal section of the femur f and patella p segment. Arrows mark observed flow direction of white particles (hemocytes) suspended in the hemolymph (red: flow towards distal end, blue: backflow towards body). Scale bar: 100 µm. (B) Cross-section through pocket formed by the articular membrane. The circular artery (highlighted by a yellow circle), defined by cell walls, does not appear to fill up this chamber, but, rather, runs between the muscles. The hemolymph is transported via circular flow (counterclockwise) inside the chamber. Scale bar: 50 um. (C) Overlay of four frames (recorded at 76 kHz) showing the single-cell tracking (t1-t4). This tracking revealed flow direction and speed inside the artery. Speeds of  $2-4 \text{ m s}^{-1}$  could be observed. Scale bar: 100  $\mu$ m.

leg artery diameter of 70-100 μm, this speed corresponds to a shear rate of approximately  $(25-40) \times 10^3 \text{ s}^{-1}$ , which is 100 times higher than previous estimates.<sup>26</sup>

Fluid flow was observed in the chamber formed between the femur-patella joint by the articular membrane. The flow exhibited a circular motion (Fig. 5B and Movie S2, ESI†) and sometimes even stopped. Furthermore, the chamber seemed to be filled by fluid travelling back from distal segments (Fig. 6). Observations on the muscles pulling on the arcuate sclerite (cf. Fig. 4, green) lead us to believe that it may function as a valve that allows continuous fluid flow when the joint is extended. However, this observation needs to be carefully investigated in future studies.

#### Rheological analysis of spider hemolymph by aspiration measurements

To analyze the physical properties of spider hemolymph under physiological conditions, we modified the experimental set-up used by Trejo-Soto et al.36 in order to allow measurements of small samples (2  $\mu$ L) at much higher pressures and shear rates (Fig. 7).

The samples were transported through a microchannel (height  $H = 70 \mu m$ , width W = 1 mm, length L = 30 mm, hydraulic diameter  $D_h = 2H = 140 \mu m$ ) using different pressure differences  $-\Delta P = 25-60$  kPa created by an aspirator. Using high-speed videography at 5000 fps, the flow velocities  $\nu$  of hemolymph and water (as a control) within the micro channel were observed. The measured mean velocities v averaged over the cross-sectional area of the channel variate between 0.8-4.6 m s<sup>-1</sup> depending on the applied pressure. As biological fluids are typically non-Newtonian, we could not use the standard Hagen-Poiseuille relation. Therefore, the following relations were used to calculate the wall shear rate  $\dot{\gamma}_{\rm w}$  and wall shear stress  $\tau_{\rm w}$  given flow velocity  $\nu$  and pressure difference  $\Delta P$  (cf. Materials and methods: Mathematical model with  $v_2 = v$ ):

$$\tau_{\rm w} = \frac{\Delta P \cdot H}{2 \cdot L},\tag{23}$$

$$\dot{\gamma}_{\rm w} = \left(\frac{2n+1}{3n}\right) \cdot \frac{\beta \cdot \nu}{16 \cdot H}.\tag{24}$$

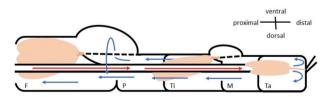


Fig. 6 Schematic of the fluid flow inside the spider leg. The main artery transports the oxygen-rich hemolymph from the body into the distal part of the leg (red arrows). Hemolymph then flows back towards the body (blue arrows) along non-defined spaces (lacunae) between the muscles (beige) and nerves. The hemolymph travels mostly along the outer sides of the leg, however a circular flow filling up the femur F-patella P-joint chamber could be observed (see Fig. 5B).

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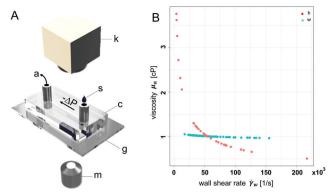


Fig. 7 Aspiration rheology of hemolymph (A) The 2 μL sample s is pipetted into the open end of the micro channel and is transported through the microfluidic channel c following the pressure gradient  $-\Delta P$  created through suction via an aspirator a. The bottom of the channel is formed by a glass slide g to observe the flow of the droplet (or advancing front of the fluid) under the microscope m with a high-speed camera k. (B) Water (cyan) and hemolymph (red) samples were measured at various pressure differences  $-\Delta P$  = 25-60 kPa. Experimental results reveal that water is Newtonian, as expected, in which viscosity does not change with shear rate. However, hemolymph is non-Newtonian, exhibiting shear-thinning properties. The shear rates inside the microfluidic channel correspond with those observed inside the spider leg

Following the Ostwald-de Waele relation and Weissenberg-Rabinowitsch correction,  $^{29,37}$  the flow behaviour index n and consistency index K can be derived through:

$$\tau_{\mathbf{w}} = K \cdot (\dot{\gamma}_{\mathbf{w}})^n + \tau_0, \tag{25}$$

where  $\tau_0$  represents the losses due to deformations of the channel (cf. Materials and methods: Channel height deformation). The dynamic viscosity  $\mu_a$  can be estimated from

$$\mu_{\mathbf{a}} = K \cdot (\dot{\gamma}_{\mathbf{w}})^{n-1}. \tag{26}$$

The experimental data of the spider hemolymph show a behaviour index n = 0.51, which coincides with shear-thinning behaviour. This means that with higher shear rates, the viscosity decreases. For our control fluid, water, we show a behaviour index n = 0.96, which is close to unity and corresponds to its Newtonian nature. While we used water to calibrate the friction losses for the microfluidic channel (cf. Materials and methods: Mathematical model), this calibration does not influence the behaviour index n. Therefore, the general fluid behaviour can be reflected by this experimental set-up.

For spider hemolymph, the measured viscosity values vary from  $\mu_a$  = 2.7–3.7 cP at shear rates close to zero down to  $\mu_a$  = 0.6–0.8 cP at wall shear rates of  $\dot{\gamma}_{\rm w} = 10^5 {\rm s}^{-1}$ . This fluid behaviour corresponds to measurements of the caterpillar Manduca sexta, which shows a viscosity between 3.5 to 2.5 cP for shear rates between 100 to 900 s<sup>-1</sup>.26 While Kenny et al. studied the physical properties of a large amount of collected caterpillar hemolymph at different temperatures and low shear rates, the effects of physiologically-relevant pressures gradients have not been previously investigated. Our measurements were able to cover the high shear rates of the flows observed in live spiders. In spider locomotion, hemolymph pressure increases during activity.

The actuation principle of spiders has become very interesting for bio-inspired robotic research over the last decades.3,13 While the viscosity and fluid behaviour has been assumed to be Newtonian and similar to water, 12,16 our results may shed light onto the advantage of the non-Newtonian behaviour of hemolymph for multi-functional purposes in spiders. In spiders, the dual function of hemolymph as oxygen-supply for organs, but also as medium for hydraulic extension has led to many questions regarding the efficiency of the hydraulic system.38 The shear-thinning behaviour could allow a uniform and effective oxygen transport during resting as high viscosity at low pressures would achieve high volumetric efficiency. 39,40 However, during activity, when the pressure is increased, high viscosity could lead to high shear dissipation and even cavitation. A lower viscosity could help avoid these undesired consequences and increase the hydro mechanical efficiency.<sup>39</sup> While the viscosity of hydraulic fluids is usually chosen for a specific operating pressure and temperature, the advantage of non-Newtonian fluids for hydraulic actuators has not been tested in detail.41 The increase in interest for soft fluidic actuators<sup>42</sup> could benefit from a deeper understanding of hemolymph and other complex biological fluids.

#### Conclusions

In this work we investigated the hydraulic fluid (hemolymph) of jumping spiders. We presented the 3D reconstruction of the femur-patella leg joint, which is hydraulically extended during jumping, and studied the internal flow of hemolymph within the joint and leg, as well as its rheological properties. Our results showed that the cells inside the fluid travel with speeds of 2-4 m s<sup>-1</sup>, which correspond to very high fluid shear rates  $\sim O(10^4-10^5)$  s<sup>-1</sup>. Our experimental analysis revealed that the fluid exhibits shear-thinning behaviour. This observation could be interesting for hydraulic systems that operate at wide ranges of pressures and flow speeds.

#### Author contributions

C. Göttler: conceptualization, methodology, validation, formal analysis, investigation, resources, data curation, writing original draft and visualization; G. Amador: conceptualization, methodology, validation, formal analysis, writing - review & editing, supervision for hemolymph experiments; T. v. d. Kamp and M. Zuber: methodology, validation, supervision for tomography scan; L. Böhler: data acquisition of OCT experiments (support); R. Siegwart: project administration, resources and supervision; M. Sitti: project administration, writing - review & editing, resources and supervision.

#### Conflicts of interest

Authors declare no competing interest competing interests.

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