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GC-MS analysis of phytoconstituents from *Ruellia prostrata* and *Senna tora* and identification of potential anti-viral activity against SARS-CoV-2†

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SARS-CoV-2 is an etiologic agent responsible for the coronavirus disease 2019 (COVID-19) pandemic. The virus has rapidly extended globally and taken millions of lives due to the unavailability of therapeutics candidates against the virus. Till now, no specific drug candidates have been developed that can prevent or treat infections caused by the pathogen. The main protease (M^{PRO}) of the SARS-CoV-2 plays a pivotal role in mediating viral replication and mechanistically inhibition of the protein can hinder the replication and infection process of the virus. Therefore, the study aimed to identify the natural bioactive compounds against the virus that can block the activity of the M^{PRO} and subsequently block viral infections. Initially, a total of 96 phytochemicals from *Ruellia prostrata* Poir. and *Senna tora* (L.) Roxb. plants were identified through the gas chromatography-mass spectrometry (GC-MS) analytical method. Subsequently, the compounds were screened through molecular docking, absorption, distribution, metabolism, excretion (ADME), toxicity (T), and molecular dynamics (MD) simulation approach. The molecular docking method initially identified four molecules having a PubChem CID: 70825, CID: 25247358, CID: 54685836 and, CID: 1983 with a binding affinity ranging between -6.067 to -6.53 kcal mol $^{-1}$ to the active site of the target protein. All the selected compounds exhibit good pharmacokinetics and toxicity properties. Finally, the four compounds were further evaluated based on the MD simulation methods that confirmed the binding stability of the compounds to the targeted protein. The computational approaches identified the best four compounds CID: 70825, CID: 25247358, CID: 54685836 and, CID: 1983 that can be developed as a treatment option of SARS-CoV-2 disease-related complications. Although, experimental validation is suggested for further evaluation of the work.

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Introduction

Severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) has been recognized as the etiologic agent of the ailment termed coronavirus disease 2019 (COVID-19).¹ The virus created a life-threatening circumstance to the worldwide public community with surge mortality and sickness.^{2–4} The etiologic

agent of COVID-19 was first identified in patients with pneumonia during the outbreak of this virus infection in Wuhan, China on 29 December 2019, and is still enduring a radical challenge to global public health security.^{5,6} Patients infected with the pathogen experience common cold to more rare and serious respiratory diseases that can be led to death due to the lack of appropriate treatment options.⁷ To date, more than 263.1 million (December 01, 2021, 06:57 GMT) confirmed COVID-19 cases were recorded with more than 5.23 million deaths in 222 countries and territories around the world (<https://www.worldometers.info/coronavirus>). Nevertheless, available therapeutics have not been developed and suggesting the emergency of developing specific drug candidates against the virus.⁸

The SARS-CoV-2 is an enveloped single-stranded RNA betacoronavirus that contain a genome ranging from 26 to 32 kb in length.⁹ The virus belongs to the Coronaviridae family that has sequence identity 82% and >90% with SARS-CoV, and Middle East respiratory syndrome coronavirus (MERS-CoV), respectively.¹⁰ Infections of this virus may cause lower

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respiratory tract disease, gastrointestinal, liver, and central nervous system damage in humans and animals, but SARS-CoV-2 infection is much more severe than the other two coronaviruses.¹¹ Although the virus uses the same receptor angiotensin-converting enzyme 2 (ACE2) of SARS-CoV to enter into the host, SARS-CoV-2 can be transmitted from human to human more frequently.^{12,13} Initially, the structural spike (S) glycoproteins known as the main antigen component in all proteins of the SARS-CoV-2 plays an important role in the host receptor recognition and fusion mediate entry process (Fig. 1). The S protein of the virus includes two subunits known as S1 and S2.¹⁴ The S1 subunit recognizes and attaches to the host receptor ACE2, and another cellular serine protease is known as TM protease serine 2 (TMPRSS2) help in S protein priming by cleavage at the S1/S2 and the S2' site and promotes fusion mediate entry into host the cell.¹⁵ The fusion mediates entry releases the viral polycistronic RNA in the cytoplasm and is translated into replicase polyprotein pp1a or pp1ab.¹⁶ The polyprotein is latterly cleaved by the main protease M^{Pro} (also called 3CL^{Pro}) and papain-like protease (PL^{Pro}) that produce 16 non-structural proteins.^{15,17,18} Later, the proteins of the virus make a replicase-transcriptase complex (RTC) also known as a multiprotein complex, and further utilized for the synthesis of the full-length genome of the virus.¹⁹ The multiprotein complex also consists of RNA-dependent RNA polymerase (RdRp) plays an important role in the transcription of the viral genomic RNA.²⁰ The structural and nonstructural proteins undergo the translation process and assemble into the lumen of the endoplasmic reticulum (ER). Finally, the assemble immature viruses are mature from the Golgi intermediate compartment and subsequently release into the cells.²¹ As, the virus M^{Pro} plays an important role in virus translation and replication, therefore blocking the protein will be able to hinder the replication process of the virus.²²

Medicinal plants and isolated phytochemicals encompass a diverse chemical space are widely used in the treatment of various viral diseases and drug discovery.²³ Natural bioactive compounds isolated from different medicinal plants has gained the focus of modern world healthcare researchers due to optimum side effect and better synthesis accessibility.²⁴ Over the last few decades, phytochemicals-dependent drug discovery has been accelerated because of their antiviral, proinflammatory, and antioxidant activities.²⁵ The natural compounds isolated from different medicinal plants interact with diverse host targets and can regulate the signaling mechanisms of the host. The phytochemicals also help in reducing pro-inflammatory,²⁶ as well as immune-boosting²⁷ such as Tumor necrosis factor-alpha (TNF- α), Interleukin (IL-1, 6, 8, 1 β), Nuclear factor-kappa B (NF- κ B), and Reactive oxygen species (ROS)²⁸ and help to minimize respiratory disorders.²⁹ Since infection with the SARS-CoV-2, can motive critical lung damage and breathing problems, the phytochemicals or secondary metabolites of the plants can help to lessen the severity of those pulmonary (airways, lungs, and blood vessels) systems along with antiviral (especially anti-CoVs) effects. Previously different medicinal plants include *Allium sativum*, *Camellia sinensis*, *Zingiber officinale*, *Nigella*

sativa, *Echinacea* spp., *Hypericum perforatum*, and *Glycyrrhiza glabra*, *Scutellaria baicalensis*, and the secondary metabolites of the plant show anti-viral properties against different coronavirus.^{30,31} The natural bioactive compounds originated from different medicinal plants show potential benefits for COVID-19 prevention. Therefore, plant-based potential bioactive compounds can be utilized as preventive and therapeutic option against SARS-CoV-2.

R. prostrata Poir is an annual perennial herb that grows up to 25–40 cm belongs to the Acanthaceae family and is native to the Central African Republic to Eritrea and South Africa, Arabian Peninsula, and the Indian Subcontinent include Bangladesh.³² The plant extract has been used as herbal medicine for treating humans due to its analgesic, antitussive, hypotensive and anti-inflammatory effects.^{32–39} Where, *S. tora* (L.) Roxb is another herbaceous annual fetid medicinal herb that grows to a height of 1 m in the wastelands and roadsides of tropical Asia includes Bangladesh.³⁸ The extract of the plant was lethal for chloroquine-resistant and chloroquine-sensitive *Plasmodium falciparum* and frequently used for medicinal purposes, including as components of laxatives, anti-inflammatory agents, cardioprotective, antibacterial, antifungal, anti-arthritis, anticancer, and hepatoprotection.^{40–45} The previous study found that the extract of this medicinal plant is assumed to have the capacity to modulate the immune response, but the activity of the plant against SARS-CoV-2 remains unknown. Therefore, the study examined the antiviral properties of the two plants against SARS-CoV-2.

Computer-aided drug design (CADD) has become a popular method for over three decades that are being utilized in the screening, development, and design of therapeutically important molecular candidates.⁴⁶ These methods are a combination of different approaches includes molecular docking, ADME (“absorption, distribution, metabolism, and excretion”), toxicity, and molecular dynamics (MD) simulation that help to optimize and screen compounds more effectively. Nowadays, molecular docking is another popular method that helps to determine the interaction between a target protein and small molecules candidates.⁴⁷ The methods can initially identify the potential molecules that can be further utilized for drug design, where MD simulation can confirm the stability of the desired molecules to the target protein. The ADME indicates pharmacokinetics and pharmacology properties that are vital steps in the drug design process and allow us to understand the safety and efficacy of a small molecular candidate as a drug. Toxicity analysis is another step of the drug design process that can also analysis through computational methods and able to determine an adverse biological effect chemical substance or a small molecular candidate. Previously many small molecular candidates have been identified through the CADD approaches that have passed clinical trials and become novel therapeutics in the treatment of different viral diseases.^{48,49} Therefore, the study aimed to identify bioactive natural compounds from *R. prostrata* aerial parts and *S. tora* leaves by Gas chromatography-mass spectrometry (GC-MS) and computational approaches that can be utilized as a treatment option for COVID-19.



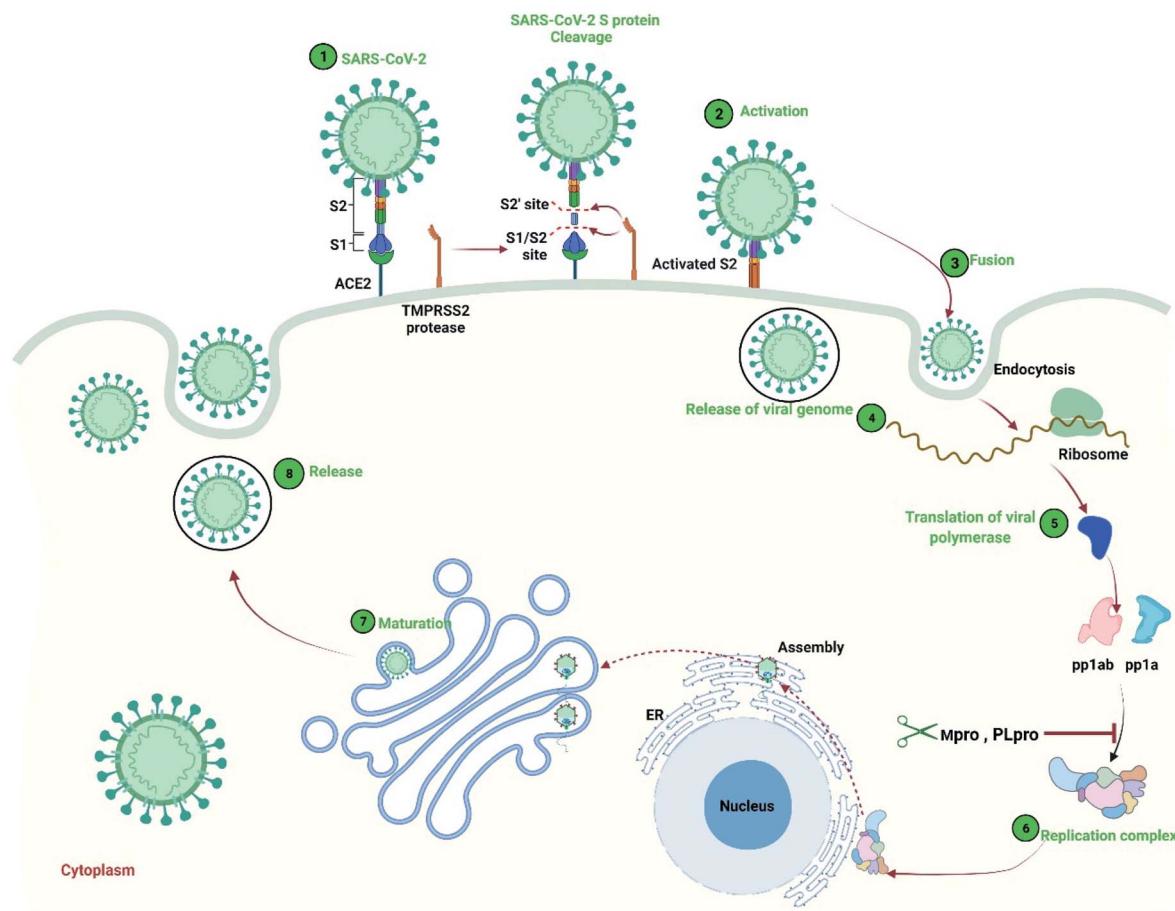


Fig. 1 SARS-CoV-2 entry mechanism and replication process in the host cell. Initially, (1). The S protein of the virus recognizes the host receptor ACE2 and binds with the protein. The S protein cleavage at the S1/S2 and the S2' site with the help of serine protease TMPRSS2, (2). Activation of the S2 subunits of the S protein, (3). Allows fusion of viral and cellular membranes resulting entry of the virus, (4). Release of the viral genome into the cytoplasm of the host cell, (5). Translation of viral polymerase and formation of replicase polyprotein pp1a and pp1ab, (6). Polyprotein cleavage by the main protease M^{Pro} (also called $3CL^{Pro}$) and papain-like protease (PL^{Pro}) and production of replicase–transcriptase complex that translated into the transcript and assemble into the lumen of the endoplasmic reticulum (ER), (7). Immature virus maturation by the help of Golgi intermediate compartment, (8). Release of the virus.

Materials and methods

Collection and preparation of plant

The aerial parts of *R. prostrata* Poir. were collected in March 2019 from Churamonkathi, Jashore, Bangladesh. The leaves of *Senna tora* (L.) Roxb. were collected in July 2019 from Newmarket, Noapara, and Jashore, Bangladesh. Botanical identification and authentication were done by the taxonomist Dr Sardar Nasiruddin, Chief Scientific Officer, National Herbarium, Dhaka, Bangladesh. The deposited voucher number was DACB 65141 for *R. prostrata* Poir and DACB 65146 for *S. tora* (L.) Roxb. Individual plant parts were washed under tap water and rewashed under distilled water. Initially, plant parts were air-dried in the shade at room temperature (25 °C) and then crushed into fine powder by using a mechanical grinder and passing through a 50-mesh size. The fine powder was stored in an air-tight container.

Crude extraction of plant

The plant product extraction was conducted through the method defined previously by Rahman *et al.*, with some minor modifications.⁵⁰ Briefly, five hundred grams of powdered plant material from each plant was distributed separately into a five-1000 mL conical flask. Each conical flask was filled with 400 mL of ethyl acetate and shaken at 250 rpm for 72 h at 37 °C. The mixture was filtered first by cleaned cotton gauze and then by Whatman no. 1 filter paper. To evaporate the solvent, the filtrates were concentrated under a vacuum on a rotary evaporator (Stuart, UK) at room temperature to obtain concentrated extracts of *R. prostrata* (25.55 g dry weight, 5.11% w/w) and *S. tora* (25.55 g dry weight, 6.03% w/w). Each extract was subjected to GC-MS analysis to determine the compounds.



GS-MS based phytochemicals identification

The phytochemicals of *R. prostrata* and *S. tora* were analyzed by Gas Chromatography-Mass Spectroscopy (Shimadzu triple-quad GCMS-TQ8040) with an Rtx-5MS capillary column (30 m × 0.25 mm id, film thickness of 0.25 μm).⁵¹ Initially, 1 μL of the sample was injected in splitless mode into the injection port of the GC column at a constant flow rate of 1 mL per minute. The injection temperature was kept at 250 °C and helium gas was used as a carrier during the process. The initial column oven temperature was set at 50 °C for 1 minute, then 200 °C for 2 minutes, and finally 300 °C for 7 minutes, by using a temperature control system, where the total run time was set for 40 min. The following detector parameters were used for GC-MS analyses: interface temperature of 250 °C, ion source temperature of 230 °C, mass spectrometry with Q3 scan, m/z 50–600 scanning range, scan speed mode 2000, and scan time of 0.3 s per scan. The peak area denotes the relative percentage of extracted constituents. After comparing the spectral configurations obtained with those of the available mass spectral National Institute of Standards and Technology (NIST) library was used to identify the compounds.

Retrieval and preparation of protein and ligands

The 3D crystal structure of the SARS-CoV-2 main protease (M^{pro}) was retrieved from the RCSB Protein Data Bank having a PDB ID: 6LU7. The atomic and molecular structure of the crystal was resolved by the X-ray diffraction method that has a resolution value of 2.16 Å.⁵² Initially, the protein structure was prepared by using the Protein preparation wizard available at Maestro v11.4.⁵³ The default parameter of preparation wizard has been utilized to prepare the protein and the bond orders of the protein have been assigned, hydrogens were added, missing side chains were added, and subsequently, the water of the protein was removed. The PubChem database (<https://pubchem.ncbi.nlm.nih.gov/>) was used to retrieve the 3D structure of bioactive compounds and further processed by the

LigPrep option of maestro v11.4. Finally, the protein and chemical structures were optimized by using the OPLS3e force field.⁵⁴

Protein-ligand binding score analysis by molecular docking

Molecular docking studies can reveal the binding interactions between specific proteins and desire ligands. Natural compounds identified through GS-MS have been docked with the desired macromolecules through the Glide package of the Schrödinger Suite.⁵⁵ The docking process utilized OPLS3e as a force field in standard precision mode.⁵⁴ The native inhibitor (N3) in a complex with the desired protein has been analyzed and the binding position was chosen for receptor grid generation. The binding site residues-based receptor grid identified a box range $X = -13.334$, $Y = 14.058$, $Z = 69.482$. From this, target protein and ligand binding energy were obtained. Ligand binding residues and different kinds of chemical bonds were visualized by the Maestro viewer.

Assessment of pharmacokinetics properties

Pharmacokinetics is the mathematical observation of the ADME properties related to the intensity and time course of a drug. The computational drug design and development process relay on the early-stage assessment of pharmacokinetics properties that help to optimize a molecular candidate to become an effective drug.⁵⁶ Therefore, the pharmacokinetic properties of the selected compounds were identified by using a freely accessible web tool known as Swiss-ADME (<http://www.swissadme.ch/index.php>) server.⁵⁷ The server helps to observe and predict various pharmacokinetic and pharmacodynamic properties of the selected compounds.

Assessment of toxicity

An early assessment of the compound's toxicity is very crucial in the field of drug discovery and development.⁵⁸ The toxicity of a chemical compound can be assessed in terms of toxicity

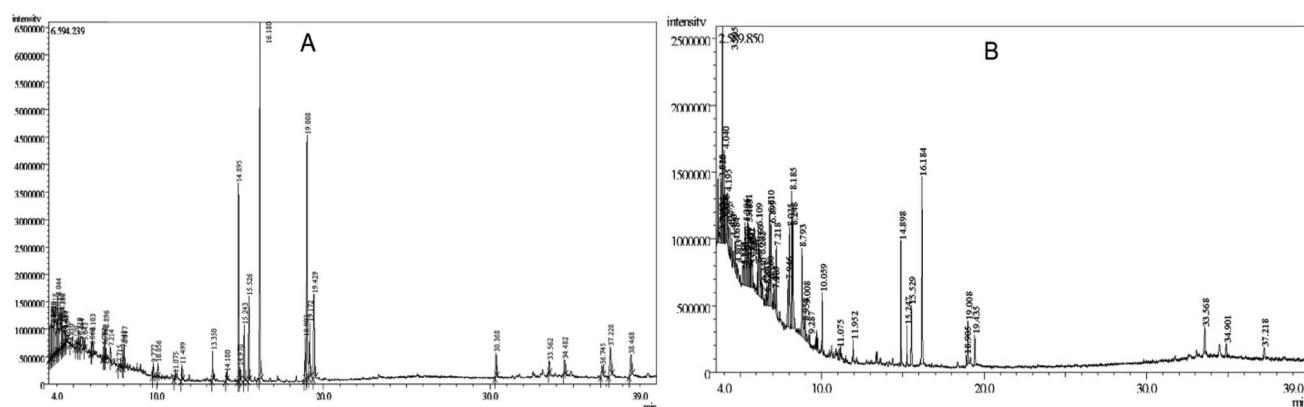


Table 1 List of compounds identified from ethyl acetate extract of *R. prostrata* aerial parts and *Senna tora* (L.) Roxb. leaves by GC-MS analysis

Plant name	Peak time	Area%	Compound name	CID
<i>R. Prostrata</i>	1	3.52	2.38 Z,Z,Z-1,4,6,9-Nonadecatetraene	5362676
	2	3.595	2.53 6-Heptynoic acid, methyl ester	557075
	3	3.76	2.46 Cyclopentanol,1-(1-methylene-2-propenyl)-	549059
	4	3.82	3.11 1,5,9,9-Tetramethyl-2-oxatricyclo[6.4.0.0(4,8)]dodecane	586811
	5	3.905	2.22 1-Oxaspiro[2.2]pentane,5-isopropylidene-2,2,4,4-tetramethyl-	549662
	6	4.005	1.25 1,3,3-Trimethoxybutane	81084
	7	4.045	2.4 3-Methylbenzyl alcohol, TBDMS derivative	22967275
	8	4.12	0.75 Cycloheptanone, 4-methoxy-	551377
	9	4.28	2.15 o-Xylene	7237
	10	4.36	0.88 2-Methylpiperidine-1-thiocarboxylic acid 2-[1-[2-pyridyl 1-oxide]	249948356
	11	4.425	1.16 Glutaric acid, monochloride, 2-ethylbutyl ester	91714556
	12	4.495	0.84 Styrene	7501
	13	4.81	0.26 Pentanoic acid, 4-methyl-, methyl ester	17008
	14	5.12	0.48 Ethyl(1-adamantylamino)carbothioylcarbamate	2728763
	15	5.645	0.46 Decane	15600
	16	6.06	0.26 4-Methyl-2-hexanol	123156
	17	6.79	0.57 Benzaldehyde, 4-methyl-	7725
	18	6.86	0.74 Cyclopentanone, 2-methyl-3-(1-methylethyl)-	41124
	19	6.895	1 3-(Hydroxy-phenyl-methyl)-2,3-dimethyl-octan-4-one	559104
	20	7.715	0.33 5-Methyl-2-benzoylimino-1,3-thiazolidine	569357
	21	7.95	0.73 4,5-Dimethoxy-2-[(4-methylphenyl)carbonyl]benzonitrile	25247358
	22	8.015	1.03 Dodecane	8182
	23	9.775	0.5 (E)-1-(2,3,6-Trimethylphenyl)buta-1,3-diene (TPB, 1)	20585933
	24	10.055	0.37 Tetradecane	12389
	25	11.075	0.28 Phenol, 3,5-bis(1,1-dimethylethyl)-	70825
	26	11.5	0.64 2(4H)-Benzofuranone, 5,6,7,7a-tetrahydro-4,4,7a-trimethyl-, (R)-	6432173
	27	13.35	1.14 Methyl tetradecanoate	31284
	28	14.18	0.36 6-Hydroxy-4,4,7a-trimethyl-5,6,7,7a-tetrahydrobenzofuran-2(4H)-one	14334
	29	14.895	7.34 Neophytadiene	10446
	30	14.97	0.59 2-Pentadecanone, 6,10,14-trimethyl-	10408
	31	15.245	2.34 3,7,11,15-Tetramethyl-2-hexadecen-1-ol	5366244
	32	15.525	3.44 3,7,11,15-Tetramethyl-2-hexadecen-1-ol	5366244
	33	16.18	15.37 Hexadecanoic acid, methyl ester	8181
	34	18.9	2.11 9,12-Octadecadienoic acid, methyl ester	5284421
	35	19.01	12.93 7-Hexadecenoic acid, methyl ester, (Z)-	5364431
	36	19.17	3.11 3,7,11,15-Tetramethyl-2-hexadecen-1-ol	5366244
	37	19.43	4.47 Methyl stearate	8201
	38	30.37	1.31 trans-Geranylgeraniol	5281365
	39	33.56	0.6 Stigmaster-6,22-dien, 3,5-dedihydro-	5364573
	40	34.48	1 Cholest-5-en-3-ol (3.β)-, carbonochloride	111262
	41	36.745	0.95 Cholest-5-en-3-ol (3.β)-, carbonochloride	111262
	42	37.23	2.78 Stigmasta-5, 22-dien-3-ol, acetate, (3.β)-	6432445
	43	38.47	2.01 Cholest-5-en-3-ol (3.β)-, carbonochloride	111262
<i>Senna tora</i> (L.) Roxb	1	3.62	2-Piperidinocarboxylic acid	849
	2	3.74	0.7 1,1-Cyclohexanediethanol	250594
	3	3.815	2.11 Phenol, 4-(methoxymethyl)-	79310
	4	3.905	4.82 3-Furaldehyde	10351
	5	3.95	0.67 4-Cyclopentene-1,3-dione	70258
	6	4	0.51 2-Ethoxyethyl 3-methylbutanoate	91698641
	7	4.04	1.97 3-Methylbenzyl alcohol, TBDMS derivative	22967275
	8	4.075	0.88 2-Decenal, (E)-	5283345
	9	4.275	0.68 o-Xylene	7237
	10	4.375	0.66 Cyclopent-4-ene-1,3-dione	70258
	11	4.49	0.72 1,3,5,7-Cyclooctatetraene	637866
	12	4.685	0.75 2(5H)-Furanone	10341
	13	4.805	0.57 Bicyclo[3.1.1]heptan-3-ol, 2,6,6-trimethyl-, (1.α., 2.β., 3.α., 5.α.)-	99038
	14	5.15	1.33 Trimethylsilyl 3-methyl-4-[(trimethylsilyl)oxy]benzoate	91740684
	15	5.215	1.15 4,2,7-Ethanlylideneoctahydro-7a-methyl-	565150
	16	5.305	2.76 2-Furancarboxaldehyde,5-methyl-	12097
	17	5.36	1.25 Hydroperoxide, 1-ethylbutyl	141085
	18	5.44	2.44 Carbamic acid, phenyl ester	69322



Table 1 (Contd.)

Plant name	Peak time	Area%	Compound name	R.	CID
	19	5.59	0.97	Carbonic acid, ethyl 2-propenyl ester	137020
	20	5.62	1.03	Fumaric acid, decyl 2-methylpentyl ester	91737497
	21	5.65	0.99	1-Propanol, 3-methoxy-2-(methoxymethyl)-2-methyl-	542357
	22	5.725	1.39	2-Bromononane	98219
	23	5.755	0.58	L-Ascorbic acid, 5,6-O-ethylboranediyl-	54685836
	24	6.075	0.8	Octane, 4-chloro-	33574
	25	6.11	1.94	Methyl 6,6,8,8,10,10-hexamethyl-3-oxo-2,5,7,9,11-pentaoxa-6,8,10-trisilatridecan-13-oate	91738767
	26	6.165	2.78	Acetaminophen	1983
	27	6.28	1.47	2-Methyl-3-(methylthio)furan	526618
	28	6.34	0.5	Ent-3a-acetoxy-2b-hydroxy-13-iodomethyl-16-oxo-8,13- <i>epi</i> -17,20-dinorgibberell-1(10)-en-7,19-dioic acid,19,2-lactone,7-methyl est	51136328
	29	6.57	0.53	7-Hexadecenal, (Z)-	5364438
	30	6.635	0.89	1,5-Diazabicyclo[4.3.0]non-5-ene	76349
	31	6.76	1.13	Bicyclo[2.2.1]heptane-2-carboxylic acid isobutyl-amide	565668
	32	6.81	3.6	1-Butanol, 3-methyl-, acetate	31276
	33	6.9	3.35	3-(Hydroxy-phenyl-methyl)-2,3-dimethyl-octan-4-one	559104
	34	7.075	0.49	Levoglucosanone	699486
	35	7.105	0.63	Phenylethyl alcohol	6054
	36	8.025	3.65	2-(2-(2-Butoxyethoxy)ethoxy)ethyl 2-methylbutanoate	91693497
	37	8.185	3.9	Benzofuran, 2,3-dihydro-	10329
	38	8.25	4.03	5-Hydroxymethylfurfural	237332
	39	8.795	3.58	Resorcinol	5054
	40	9.285	0.52	2-Propyl-1-heptanol	24847
	41	10.06	1.44	Tetradecane	12389
	42	11.075	0.48	Phenol, 3,5-bis(1,1-dimethylethyl)-	70825
	43	11.95	0.52	Pentadecane	12391
	44	14.9	4.17	Neophytadiene	10446
	45	15.245	1.46	3,7,11,15-Tetramethyl-2-hexadecen-1-ol	5366244
	46	15.53	2.05	3,7,11,15-Tetramethyl-2-hexadecen-1-ol	5366244
	47	16.185	7.28	Hexadecanoic acid, methyl ester	8181
	48	18.905	0.48	Cyclopropaneoctanoic acid, 2-[[2-[(2-ethylcyclopropyl)methyl]cyclopropyl]methyl]-, methyl ester	534619
	49	19.01	1.88	8,11,14-Docosatrienoic acid, methyl ester	5364473
	50	19.435	1.34	Methyl stearate	8201
	51	33.57	1.34	Stigmasta-5,22-dien-3-ol, acetate, (3. <i>beta</i> .)-	6432445
	52	34.9	0.65	DL-Alpha-Tocopherol	2116
	53	37.22	0.58	3,4,3',4'-Tetrahydrospirilloxanthin	5366 411

endpoints like mutagenicity, carcinogenicity, and other features, and these endpoints can be measured both quantitatively and qualitatively.⁵⁹ The selected compound's toxicity (mutagenicity, carcinogenicity, acute toxicity) was accessed through the ProTox-II (https://tox-new.charite.de/protex_II/) server.⁶⁰

Protein-ligand stability analysis by molecular dynamics simulation

Molecular dynamics (MD) simulation was carried out to observe the structural stability of the protein-ligand complex in a specific physiological environment. A 150 ns MD simulation was carried out by using the Desmond package available at Schrödinger suit.⁶¹ Initially, the protein-ligand complexes structure was generated from molecular docking studies and the complex structure was pre-processed by using the protein preparation wizard.¹⁸ For each complex simple point-charge (SPC) water model was used to solve the system

and an orthorhombic periodic boundary box shape with distance ($10 \times 10 \times 10 \text{ \AA}^3$) has been assigned to maintain a specific volume of the systems. Na^+ and Cl^- ions were chosen and placed randomly in the solvated system to maintain a salt concentration of 0.15 M. The system was minimized and relaxed by using the OPLS3e force field.⁶² Finally, the constant pressure-constant temperature (NPT) ensemble was performed at 300.0 K temperature and 1.01325 bar pressure.⁶³ The system for each complex was relaxed initially followed by 150 picoseconds recording intervals with an energy of 1.2 was used to final production run.⁶⁴ Furthermore, RMSD, RMSF, rGyr, and SASA values were calculated to evaluate the stability and dynamic properties of these complexes.⁶⁵ The entire molecular docking and molecular dynamics simulations were executed in the Linux (Ubuntu-20.04.1 LTS) environment with an Intel Core i7-10700K processor CPU, 3200 MHz DDR4 RAM, and RTX 3080 DDR6 8704 CUDA core GPU.



Results

GS-MS based phytochemicals identification

The GC-MS analysis of *R. prostrata* and *S. tora* plant identified 43 and 53 peaks, respectively. Observation of retention time (RT), peak area (percent), and molecular formula identified the presence of unique compounds for each peak.

During the 50 min retention time, the ethyl acetate extracts of *R. prostrata* isolated a total of 43 compounds shown in Fig. 2A and listed in Table 1, where *S. tora* determined 53 compounds shown in Fig. 2B and listed in Tables 1 and S1.† Most of the compounds were eluted between 4.0–39.0 min analysis time and a total of 96 compounds were identified in this study.

Protein-ligand binding score analysis by molecular docking study

A molecular docking study was performed to understand molecular interactions and binding affinity between the target protein and phytochemicals. The M^{Pro} of SARS-CoV-2 (PDB ID: 6LU7) and the phytochemicals were docked to identify the binding score between protein and the compounds and the binding score has listed in Tables S2 and S3.† Based on the docking score the best two compounds (CID: 25247358, CID:

70825) from *R. prostrata* and two compounds (CID: 54685836, CID: 1983) from *S. tora* have been selected, where the cut-off energy value was $-6.00 \text{ kcal mol}^{-1}$ (Fig. 3). Interestingly, compound CID: 70825 was found for both plants, which has a binding score $>-6.0 \text{ kcal mol}^{-1}$. As the compounds were the same for both plants that showed the highest score and instead of the compound CID: 70825 the compound CID: 1983 has been taken for further evaluation. The final four compounds (CID: 25247358, CID: 70825, CID: 54685836, CID: 1983) were considered for further evaluation in this study.

Protein-ligand interaction analysis

The best docking score containing selected four compounds has been retrieved for further analysis and molecular interactions have been visualized through the Maestro module of the Schrödinger suite shown in Fig. 4. Different types of non-bonded interactions between receptors and ligands, like hydrogen bonds, electrostatic bonds, and hydrophobic bonds, have been identified. The compounds of *R. prostrata* namely 4,5-dimethoxy-2-[(4-methylphenyl) carbonyl]benzonitrile (CID: 25247358), 4,5-dimethoxy-2-[(4-methylphenyl)carbonyl]benzonitrile (CID: 70825) showed an energy score $-6.53 \text{ kcal mol}^{-1}$ and $-6.427 \text{ kcal mol}^{-1}$, respectively (Table 2). Another plant *S. tora* compounds namely L-

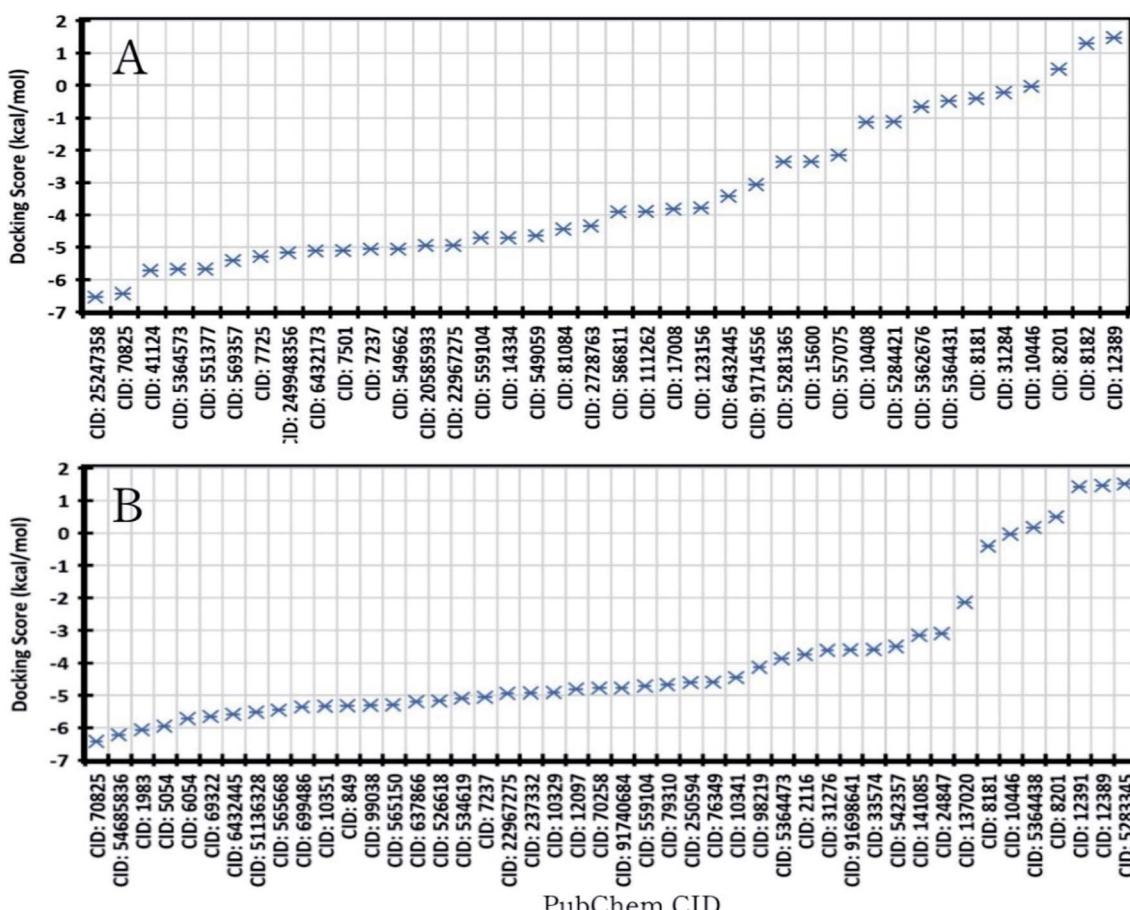


Fig. 3 Molecular docking score of SARS-CoV-2 M^{Pro} protein and natural compounds of (A). *R. prostrata* and (B). *S. tora* was identified through the GS-MS analysis approach.



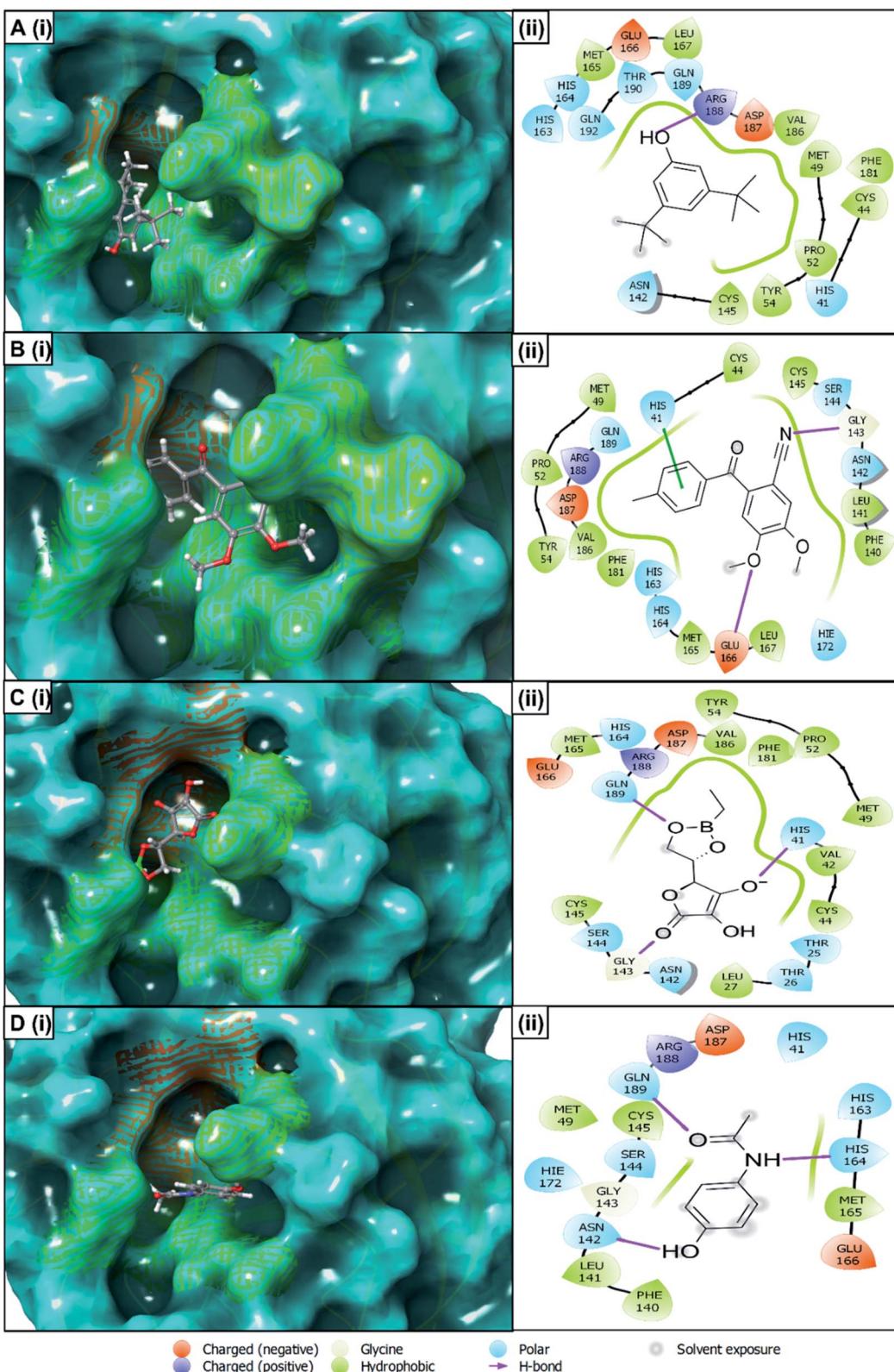


Fig. 4 Interaction between the SARS-CoV-2 M^{PRO} and selected four compounds representing in 3D (left) and 2D (right) format. Representing the compounds, A (i, ii) CID: 70825, B (i, ii) CID: 25247358, C (i, ii) CID: 54685836 and, D (i, ii) CID: 1983 in the active pocket of the protein.

ascorbic acid, 5,6-O-ethylboranediyI (CID: 54685836), and acetaminophen (CID: 1983) showed -6.222 kcal mol $^{-1}$ and, -6.067 kcal mol $^{-1}$ binding energies respectively. All 4

compounds showed interaction with a different amino acid that is illustrated and represented in Fig. 4 and listed in Table 2. The cocrystal N3 inhibitor has a polar bond with THR24, THR25,

Table 2 Molecular docking score and amino acid-binding residues among SARS-CoV-2 M^{pro} and selected four compounds along with the native N3 inhibitor of the protein

Plant name	CID	Docking score (kcal mol ⁻¹)	H-bond	Polar bond	Hydrophobic bond
<i>R. prostrata</i>	25247358	-6.53	GLY143, GLU 166	HIS41, SER144, ASN142, HIE172, HIS163, HIS164, GLN189	CYS44, MET49, PRO52, TYR54, PHE140, LEU141, CYS145, MET165, LEU167, PHE181, VAL186
	70825	-6.427	ARG188	HIS41, ASN142, HIS163, HIS164, GLN189, THR190, GLN192	CYS44, MET49, PRO52, CYS54, CYS145, MET165, LEU167, PHE181, VAL186
<i>S. tora</i>	54685836	-6.222	HIS41, GLY143, GLN189	THR25, THR26, HIS41, ASN142, SER144, HIS164, GLN189	MET165, VAL186, PHE181, TYR54, PRO52, MET49, VAL42, CYS44, LEU27, CYS145
	1983	-6.067	ASN142, HIS164, GLN189	HIS41, ASN142, SER144, HIS163, HIS164, HIE172, GLN189	MET49, PHE140, LEU141, GLY143, CYS145, MET165
N3 inhibitor	The native ligand of inhibitor 6LU7			THR24, THR25, THR26, HIS41, ASN142, SER144, HIS163, HIS164, HIE172	VAL3, LEU4, LEU27, MET49, PHE140, LEU141, GLY143, CYS145, MET165

THR26, HID41, ASN142, SER144, HID163, HID164, HID172, and Hydrophobic Bond with VAL3, LEU4, LEU27, MET49, PHE140, LEU141, GLY143, CYS145, MET165 amino acid residues of the 6LU7 protein listed in Table 2 and shown in Fig. S1.† The THR25, HIS41, HIS163, HIS164, HIE172, PHE140, LEU141, GLY143, CYS145, MET165 residues are common interacting residues among 4 ligands and N3 inhibitors.

Assessment of pharmacokinetics properties

Pharmacokinetics properties that comprise ADME properties are influenced by the route of administration and the functioning of body organs of a drug that depends on patient-related factors as well as on the drug's chemical properties. These properties can indicate that drugs will not fail during clinical trials for reasons that could have been determined and skipped. Therefore, the selected compounds Pharmacokinetics properties have been evaluated. The compounds (CID: 25247358, CID: 70825, CID: 54685836, CID: 1983) have been evaluated based on their physicochemical, lipophilicity, water-solubility, gastrointestinal absorption, drug-likeness (Lipinski's rule of five), and synthesis accessibility and listed in Table 3. All the compounds selected in

the study show good pharmacokinetics properties indicate that drugs have low chances to fail during clinical trials.

Assessment of toxicity

Toxicity can be defined as the degree to which a chemical compound can harm a living organism. The toxicity can damage the formation of essential enzymes in an organism through a single or short-term exposure and can lead to the failure of a major organ. Sometimes the compounds designed as drug candidates can be toxin and harmful for another organ that can cause organ toxicity, toxicity immunotoxicity, mutagenicity, and cytotoxicity for human or animal body. Therefore, the toxicity of the selected four compounds has also been accessed in this study. All the selected four compounds CID: 25247358, CID: 70825, CID: 54685836, CID: 1983 good toxicity properties, which were in the toxicity class of V, IV, V, IV, respectively, and listed in Table 4.

Protein-ligand complex stability and conformational flexibility by MD simulation

MD simulation can be applied in computer-aided drug discovery to understand the protein-ligand complex's

Table 3 Pharmacokinetics properties include physicochemical properties, lipophilicity, water-solubility, gastrointestinal absorption, drug-likeness, and synthesis accessibility of selected 4 compounds

Properties	CID: 25247358	CID: 70825	CID: 54685836	CID: 1983
Physico-chemical properties				
MW (g mol ⁻¹)	281.31	206.32	213.98	151.16
Heavy atoms	21	15	15	11
Arom. heavy atoms	12	6	0	6
Rotatable bonds	4	2	2	2
H-Bond acceptors	4	1	6	2
H-Bond donors	0	1	2	2
Lipophilicity	log P _{o/w} 2.98	3.89	-0.55	0.93
Water solubility	log S (ESOL) Soluble	Soluble	High	High
Pharmacokinetics	GI absorption High	High	High	High
Drug likeness	Lipinski Yes	Yes	Yes	Yes
Medi. chemistry	Synth. accessibility 2.51	1.37	3.78	1.0



Table 4 Toxicity properties like organ toxicity, toxicity endpoints include immunotoxicity, mutagenicity, cytotoxicity, oral rat LD₅₀ value of selected 4 compounds

Endpoint	Target	CID: 25247358	CID: 70825	CID: 54685836	CID: 1983
Organ toxicity Toxicity endpoints	Hepatotoxicity	Inactive	Inactive	Inactive	Inactive
	Carcinogenicity	Inactive	Inactive	Inactive	Inactive
	Immunotoxicity	Low	Low	Low	Low
	Mutagenicity	Inactive	Inactive	Inactive	Inactive
	Cytotoxicity	Inactive	Inactive	Inactive	Inactive
	LD ₅₀ (mg kg ⁻¹)	2100	800	5000	338
	Toxicity class	5	4	5	4

stability and intermolecular interaction in reference time. It can also determine the conformational change of the complex system in an artificial environment. Therefore, to understand conformational changes of the protein in complex with selected ligand a 150 ns MD simulation was performed in this study. Initially, the last snapshots were extracted from the respective 150 ns MD trajectories and analyzed for intermolecular behavior observation. The MD simulation result was analyzed based on root-mean-square deviation (RMSD), root means square fluctuation (RMSF), the radius of gyration (R_g), and Solvent Accessible Surface Area (SASA). Protein–ligand interaction mapping, ligand–protein contacts, and intramolecular hydrogen bond of protein–ligand during simulation time.

RMSD analysis

The root means square deviation (RMSD) value is used to calculate the mean variation in dislocation of selected atoms for a particular time compared to a reference time. The average change in RMSD of the protein–ligand complex with a range between 1–3 Å is completely acceptable. If the RMSD value is larger than 1–3 Å it means, there is a vast conformational change in the protein structure. Therefore, to evaluate the conformation change of the desired protein in the complex of the selected compound includes CID: 70825, CID: 25247358, CID: 54685836, and CID: 1983 a 150 ns MD simulation was performed and the correspondence RMSD value was observed. In the case of the compound CID: 70825 the average RMSD value was in a range between 2.1 Å to 2.3 Å. The fluctuation was a bit high at a range between 85 to 90 ns simulation time and the least of the time the compound shows good stability compared to the M^{pro} apoprotein shown in Fig. 5. The average RMSD value change from the M^{pro} Apo to another three compounds CID: 25247358, CID: 54685836, and CID: 1983 maintenance an average range of 1–2.5 Å. The value change for the compound shows very optimum fluctuation, which was lower than the desired range indicated the conformational stability of the protein–ligands complex structure shown in Fig. 5.

RMSF analysis

The Root Mean Square Fluctuation (RMSF) can help to characterize and determine the local changes within the protein chain during the interaction of compounds to the specific

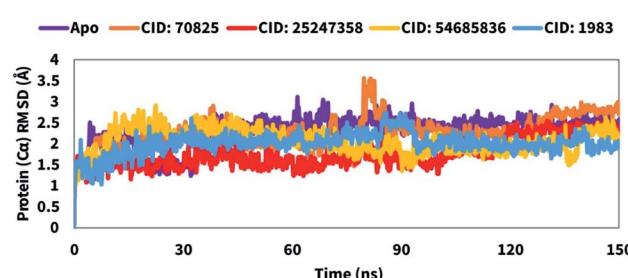


Fig. 5 Showing the RMSD values of the SARS-CoV-2 M^{pro} in complex with the selected four compounds extracted from C_α atoms of the complex system. The RMSD of the native M^{pro} (PDB: 6LU7) is shown in purple color, where the selected four compounds CID: 70825, CID: 25247358, CID: 54685836, and CID: 1983 in complex with the desired protein were represented by orange, red, yellow, and blue color, respectively.

residues. Therefore, the RMSF value of the compounds CID: 25247358, CID: 70825, CID: 54685836, CID: 1983 in complex with the M^{pro} were calculated to observe the change in protein structural flexibility during the attachment of selected compounds to a specific residual position and shown in Fig. 6. In Fig. 6, all the selected compounds show a peak area of the protein at GLY711, ASP153, GLY193, and ASN277 residual positions that fluctuate the most during the simulation. The RMSF found minimal between 5 to 295 AA residue of the most

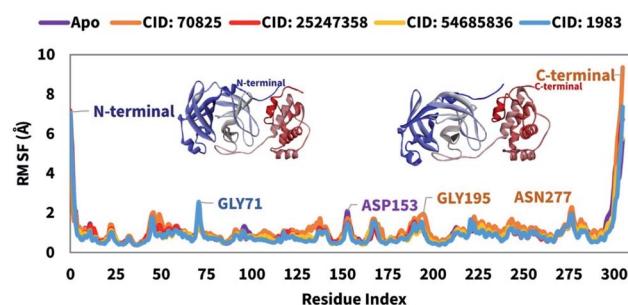


Fig. 6 RMSF values were extracted from protein C_α atoms of the protein–ligand docked complex. The RMSF of the native M^{pro} is shown in purple color, where the selected four compounds CID: 70825, CID: 25247358, CID: 54685836, and CID: 1983 in complex with the desired protein were represented by orange, red, yellow, and blue color, respectively. Additionally, the N- and C-terminal domains of the SARS-CoV-2 M^{pro} has represented in 3D format.



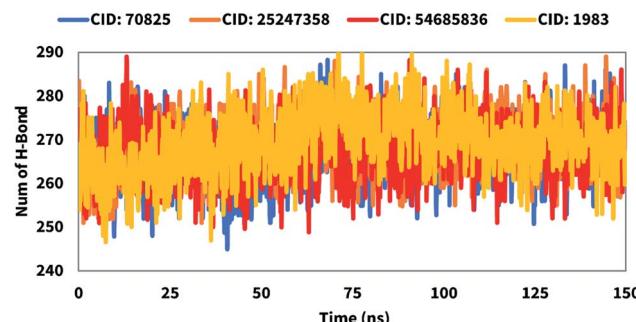


Fig. 7 Representing the number of hydrogen bonds formed of the selected four compounds in a complex with the desire SARS-CoV-2 M^{Pro} during the 150 ns molecular dynamics simulation. The Y-axis ordinate is the number of hydrogen bonds in the protein–ligands complex, and the X-axis ordinate is time (ns). The colors blue, orange, red, and yellow indicate CID: 70825, CID: 25247358, CID: 54685836, and CID: 1983, respectively.

rigid secondary structure elements includes alpha-helices and beta-strands. Compare to native structure elements (apo) to the complex structure the fluctuation of the residues is very low indicating the rigidity of the protein structure. Most of the fluctuation observe at the initial and last portion of the protein due to the presence of the N- and C-terminal domain. Therefore, it can be said that the displacement of a particular atom has a low fluctuation probability in a real-life environment for all the selected four compounds.

Hydrogen bonds

Hydrogen bonds play a critical role in drug binding to the binding site of the desired protein. The number of hydrogen bonds can help to characterize a drug, that has a strong influence on drug specificity, metabolism, and adsorption. Therefore, the number of hydrogen bonds of the selected compounds CID: 25247358, CID: 70825, CID: 54685836, CID: 1983 in complex with the M^{Pro} was computed for systems by investigating configurations every 150 ps represented in Fig. 7. Hydrogen bond numbers were calculated from initial to final times during the 150 ns simulation run to observe each

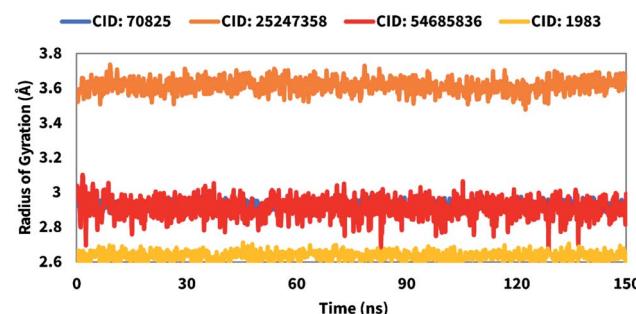


Fig. 8 The radius of gyration (R_g) of the protein–ligand complex was calculated from the 150 ns simulation. The R_g value of the selected four compounds CID: 70825, CID: 25247358, CID: 54685836, and CID: 1983 in complex with the SARS-CoV-2 M^{Pro} represented by a blue, orange, red, and yellow color, respectively.

hydrogen bond. All the compounds formed several hydrogen bonds ranging between 250 to 290 occur simultaneously until 150 ns simulation time. Therefore, all the compounds will increase the strength and stability of the ligands–receptor interaction substantially.

Radius of gyration (R_g)

The radius of gyration (R_g) can be defined as the distribution of atoms of a protein–ligand complex system around its axis. The computation of R_g is one of the most important markers for forecasting a macromolecule's structural activity and indicates the changes in complex compactness. Therefore, the stability of CID: 70825, CID: 25247358, CID: 54685836, CID: 1983 in complex with the desired protein were also analyzed in terms of R_g over 150 ns simulation time shown in Fig. 8. The average R_g was found to be 2.9, 3.6, 3.01, and 2.6 for the compounds CID: 70825, CID: 25247358, CID: 54685836, CID: 1983, respectively indicating the active site of the protein does not induce major conformational changes after binding the selected compounds.

Solvent accessible surface area

The structure and function of biological macromolecules are influenced by solvent-accessible surface area (SASA). In most cases, amino acid residues on a protein's surface operate as active sites and/or interact with other molecules and ligands that help to understand the solvent-like behavior (hydrophilic or hydrophobic) of a molecule as well as protein–ligand complexes. Therefore, the SASA value of the protein in complex with the compounds CID: 70825, CID: 25247358, CID: 54685836, CID: 1983 were calculated and presented in Fig. 9. The SASA value identified for the complex system was an average between 75 to 400 \AA^2 indicating the high level of exposure of an amino acid residue to the selected compound in the complex systems.

Protein–ligand contact analysis

The complex structure of a protein with the selected ligands and their intermolecular interactions has been evaluated for 150 ns simulation time *via* the simulation interactions diagram (SID).

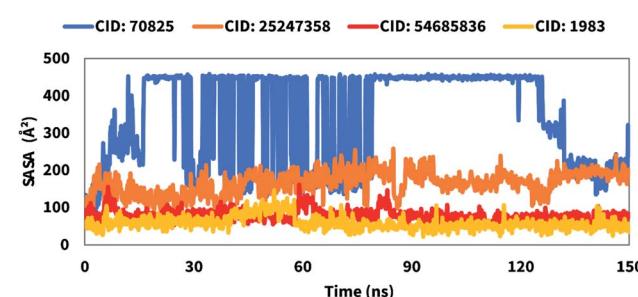


Fig. 9 The by solvent accessible surface area (SASA) of the protein–ligand complex was calculated from 150 ns simulation. The SASA value of the selected four compounds CID: 70825, CID: 25247358, CID: 54685836, and CID: 1983 in complex with the SARS-CoV-2 M^{Pro} represented by a blue, orange, red, and yellow color, respectively.



Depending on some parameters, including hydrogen bond, non-covalent bond (hydrophobic bond), ionic bond, and water bridge bond, the contact between protein and the selected

compounds CID: 70825, CID: 25247358, CID: 54685836, CID: 1983 have been analyzed and represented in Fig. 10. During the 150 ns simulation time, all compounds were found to form

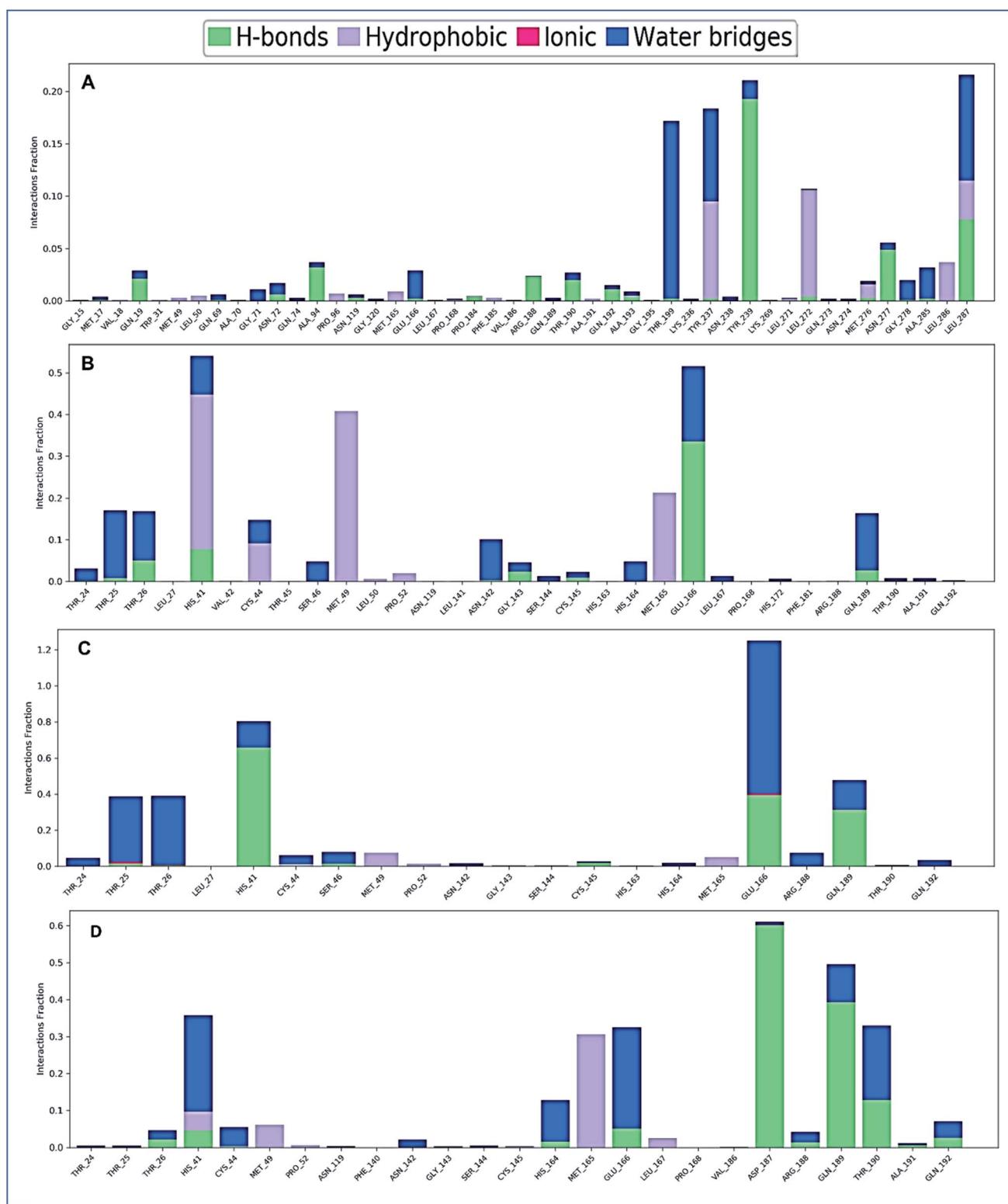


Fig. 10 The stacked bar charts represent the protein–ligands interactions found during the 150 ns simulation. Herein, showing the interaction of selected four compounds A) CID: 70825, (B) CID: 25247358, (C) CID: 54685836, and (D) CID: 1983 in complex with the SARS-CoV-2 M^{pro} .

different multiple interactions through hydrogen, hydrophobic, ionic, and water bridge bonding and maintenance until the end of the simulation and helped to make a stable binding with the desired protein.

Discussion

SARS-CoV-2 appoints a devastating situation all over the world and various medication strategies are trying to be developed.^{66,67} For thousands of years, natural products and their derivatives isolated from various sources have been demonstrated to be effective therapeutic agents, and thus play an important role in treating diverse infectious diseases.⁶⁸ The chemical structure and extensive biological activities of these compounds vary comprehensively. That's why natural compounds incessantly offer inspiration for innovations in drug discovery and medical sciences.⁶⁹ Recently, researchers from different parts of the world have been working extensively to find certain potential lead compounds from medicinal plants that are active against several enzymes and other proteins responsible for the SARS-CoV-2 replication and transcription.^{70,71} Till now, no specific drug candidates of the virus have been determined. The plant *R. prostrata* previously showed anti-inflammatory and antioxidant properties,³⁴ and the leaf extract of the *S. tora* plant is reported to have antiviral, antibacterial, antifungal, and anti-arthritic activity.⁴⁰ But the activity of the plant as a medication option of SARS-CoV-2 remains unknown. Therefore, the study aims to identify potential natural M^{pro} inhibitors through computational approaches to overcome the current devastating situation that originated from SARS-CoV-2.

In this study, we have identified potential drug candidates against SARS-CoV-2 by targeting the M^{pro} of the virus. Initially, the compounds of *R. prostrata* and *S. tora* plant were identified through the GS-MS analysis approach. Subsequently, the identified compounds were screened through the molecular docking process that primarily selected four compounds CID: 70825, CID: 25247358, CID: 54685836, CID: 1983 having a lower binding affinity. The compounds fitted with the active pockets of the SARS-CoV-2 M^{pro} that interacted with HIE41 and Cys145 residues. Interestingly, the HIE41 and Cys145 residues belong to the catalytic dyads of the SARS-CoV-2 M^{pro}.⁷² The RO5 demonstrated the drug-like properties of the selected compounds.^{73,74}

The pharmacokinetics include the ADME properties of all the selected four compounds were evaluated and the Lipinski's rules five (RO5) of molecules were justified. All the selected compounds show good pharmacokinetics properties as well as maintenance of the RO5. The compound with good ADME properties has been further evaluated through the toxicity properties to measure the harmful effect on humans or animals.⁷⁵ Analysis of toxicity found no or less toxicity of the selected four compounds.

Molecular dynamics simulation is used to confirm the stability of a protein in a complex with ligands.^{75,76} Also, it can determine the stability and rigidity of protein-ligand complexes in a specific artificial environment like the body.⁷⁶ The RMSD values of the complex systems indicate the best stability of the

compounds and RMSF values measure mean fluctuation that determines the compactness of the protein-ligand complex.⁷⁷ The C α atoms of the protein-ligand complexes were used to calculate the RMSD of the system that confirm low fluctuation of the protein. The fluctuation of the protein was also determined based on the RMSF value that also confirms low fluctuation of the complex system indicated the stability of the compounds to the desired protein. The center of mass from the protein C and N terminals tests the stability of the protein structure and gives a broader understanding of protein folding characteristics for R_g calculated.⁷⁸ The lower R_g value means that high compactness and the larger value display the dissociation of the compounds from the protein and all the compounds show better R_g value.⁷⁹ The larger SASA value indicates the less stable structure, whereas the lower value means the tightly contracted complex of water molecules and amino acid residues.^{80,81} The study found optimum R_g and SASA values of the selected four compounds. The evaluation of selected four compounds based on different parameters supported diverse results, therefore the compound has been chosen for further assessment through various wet lab-based experimental methods.

Conclusions

Drug design is becoming an essential, efficient, and external approach to identifying inhibitory compounds against a specific target protein. In this study, we describe the quick and successful identification of novel natural M^{pro} inhibitors using a computer-aided drug design approach (CADD). The CADD include the molecular docking, ADMET, and MD simulation approaches that identified four natural compounds, CID: 70825, CID: 25247358, CID: 54685836, and CID: 1983 that can potentially inhibit the activity of M^{pro} and result in blocking the replication of SARS-CoV-2 into the human host cell.

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Author contributions

MMR and FA designed the project; RA contributed to generate and analyze the data. RA, FA, RRI, MMR and SA wrote the manuscript; RRI and MEKT performed data analysis; RA, SA, MAH, FA, and MMR critically reviewed the manuscript. All authors read and approved the final manuscript.

Conflicts of interest

The authors declare no conflict of interest.

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