



Cite this: *RSC Adv.*, 2021, **11**, 38750

Investigation of apoptosis based on fluorescence lifetime imaging microscopy with a mitochondria-targeted viscosity probe†

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Cell apoptosis detection based on the functionality changes of cellular organelles, such as mitochondria, offers a quantitative method compared to morphology-based detection. However, the conventional detection methods for potential variation of the mitochondrial membrane based on fluorescence spectrum changes cannot offer a precise quantification of the degree of apoptosis. Here, a mitochondria-targeted two-photon viscosity probe (TPA-Mit), which sensitively responds to viscosity variations with fluorescence lifetime changes, is designed to detect the viscosity of mitochondria. Noteworthily, the proposed phasor fluorescence lifetime imaging microscopy (phasor-FLIM) allows for more precise quantification (in terms of smaller uncertainty) when estimating the degree of apoptosis with a microviscosity probe. The experimental results of SKOV-3 cells show that the fluorescence lifetime of mitochondria-targeted TPA-Mit increased from 550 ps to 800 ps after 24 hours of paclitaxel (PTX)-induced apoptosis. We believe that our method provides a new means for the measurement of cellular microviscosity and apoptosis monitoring at early stages.

Received 6th September 2021
 Accepted 16th November 2021

DOI: 10.1039/d1ra06697h
rsc.li/rsc-advances

1. Introduction

Cell apoptosis, or programmed cell death, is a built-in defense mechanism that plays an important role in the normal development and disease resistance of organisms. Abnormal apoptotic processes and pathways can cause a variety of diseases, including cancers.^{1,2} Since the apoptosis of tumor cells is an important indicator for evaluation of tumor therapy, apoptosis detection methods are of great significance for the treatment of tumors. Methods of apoptosis detection based on cellular morphology, such as transmission electron microscopy (TEM),³ are regarded as the gold standard in determining cell apoptosis; however, it is difficult to use these methods to quantify the number of cells under apoptosis and/or the early phase of apoptosis. Among the many approaches, mitochondrial functionality examination can offer accurate and sensitive detection at the early stage of cell apoptosis because it always accompanies abnormal mitochondrial function. Mitochondria play an important role in maintaining many physiological functions of individual organisms.^{4,5} The mitochondrial matrix surrounded by the inner mitochondrial membrane contains

high-density enzymes and other proteins. When cells are inactivated or mitochondrial dysfunction occurs, the permeability of the mitochondrial inner membrane increases, leading to a decrease of the mitochondrial membrane potential $\Delta\psi_m$.^{2,6–9} However, the most adopted membrane potential probe, JC-1, can only qualitatively determine the presence/absence of membrane potential. In some literature reports,^{10,11} the ratio between the green fluorescence (indicating low $\Delta\psi_m$) and red fluorescence (indicating high $\Delta\psi_m$) has been adopted as a measure of the membrane potential. However, the relation between the ratio and $\Delta\psi_m$ is not necessarily linear. On the other hand, decreasing membrane potential directly results in abnormal mitochondrial matrix viscosity.² Therefore, it is of great significance to establish a reasonable monitoring method for the local microviscosity of mitochondria in order to establish a quantified model for cell viability monitoring.^{12–14} Cell viscosity is one of the main parameters that can affect the interaction of biomolecules, the transmission of chemical signals, and the diffusion of active metabolites within living cells.^{15–17} Abnormal changes in viscosity are closely related to cell functions and are the cause of various body dysfunctions.^{18–21} Different subcellular structures have different viscosities, and imaging for detecting the viscosity of single cells has always been an important but challenging area.

To date, most molecular viscosity probes for sensing microscopic changes in cellular viscosity have functioned with single-photon excitation;^{14,22–32} the shallow penetration depth and relatively high photobleaching resulting from the short

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† Electronic supplementary information (ESI) available. See DOI: 10.1039/d1ra06697h

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wavelength limit their application. Two-photon (TP) fluorescent probes with longer excitation wavelengths in the near-infrared range show natural advantages of removing the background fluorescence interference and impairing the phototoxicity induced by the exciting light. Therefore, with the above considerations, it is of significance to devise a new TP fluorescence probe for monitoring intracellular viscosity with mitochondrial targeting capabilities. In the present work, we rationally designed and synthesized an effective mitochondria-targeted TP fluorescence probe *via* molecular rotor theory. As can be seen from the following sections, the synthesized TPA-Mit responds to viscosity changes with not only varying fluorescence intensities, but also varying fluorescence lifetimes. Indeed, the fluorescence lifetime is extremely sensitive to the microenvironmental factors in which the molecules are located. Fluorescence lifetime imaging microscopy (FLIM) has become an important method in biomedical research with unique advantages.^{29–37} TP fluorescent molecules can inherently resist photobleaching, out-of-focus fluorescence, uneven illumination and scattered light from samples. The scheme of apoptosis detection based on the fluorescence lifetime variation of mitochondria-targeting TPA-Mit is shown in Fig. 1. Two functional groups, responsible for mitochondrial targeting and TP fluorescence, respectively, are assembled in the probe. When the cells labeled by TPA-Mit enter apoptosis, the microviscosity change of the mitochondria causes a responding fluorescence lifetime change of the probe. Thus, by analyzing the fluorescence lifetime of TPA-Mit, precise monitoring of the mitochondrial viscosity can be realized.

The paper is organized as follows: in the Materials and methods section, the related experiment details, including the TPA-Mit synthesis, cell preparation and phasor-FLIM, are presented. In the Results and discussion section, we firstly present the characteristics of our synthesized TPA-Mit as a viscosity probe. With the verification of viscosity sensitivity, we then apply TPA-Mit in cells to monitor the viscosity of the microenvironment around the mitochondria, with the help of the phasor-FLIM. Finally, we present the experimental results of

using TPA-Mit to monitor cell apoptosis, showing the possibility of using TPA-Mit as a cell viability indicator.

2. Materials and methods

2.1 Design and synthesis of TPA-Mit

Ethenyl has been widely used as a typical viscosity-responsive functional group for developing fluorescent viscosity probes. Especially, when functional groups with a strong electron donating ability are included, the obtained skeleton showcases enormous potential to develop two-photon fluorophores. With the above consideration, xylene linked with ethenyl *via* the Clemson reaction served as a two-photon fluorophore. For mitochondrial targeting performance, triphenyl phosphine salt as a typical functional group was further included. The synthesis path of TPA-Mit is shown in Fig. 2.

Synthesis of compound 1. A mixture of *p*-hydroxyacetophenone (1.4 g, 10 mmol), 1,4-dibromobutane (15 mL), K_2CO_3 (6.9 g, 50 mmol), and *N,N*-dimethylformamide (20 mL) was stirred for 12 h under nitrogen at 80 °C. The crude product was obtained by extraction with CH_2Cl_2 in saturated saline solution. The final compound **1** (2.3 g, yield: 84%) was acquired *via* silica gel chromatography (PE : EA = 20 : 1). 1H NMR (400

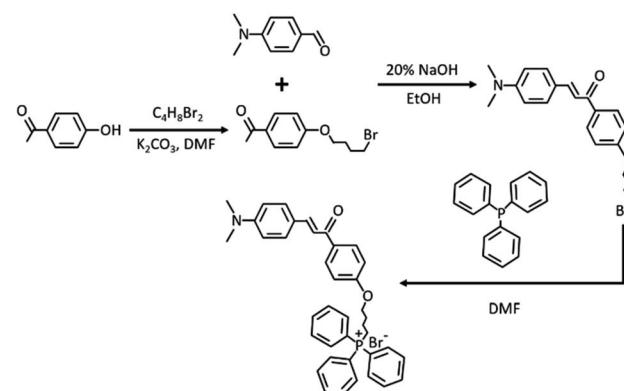


Fig. 2 Synthesis path of TPA-Mit.

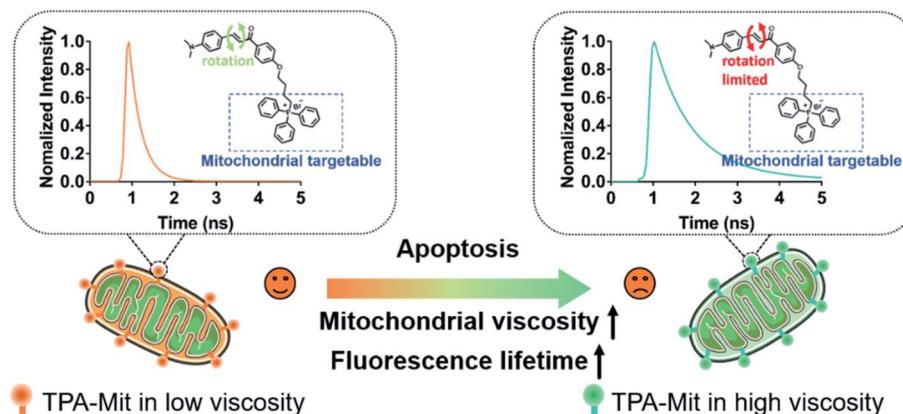


Fig. 1 Scheme of the use of TPA-Mit for viscosity probing during cell apoptosis. This scheme shows the structure of the synthesized viscosity probe TPA-Mit and its mechanism in detecting mitochondrial viscosity.



MHz, CDCl_3) δ (ppm) = 7.95 (d, J = 8.4 Hz, 2H), 7.75 (d, J = 15.2 Hz, 1H), 7.58 (d, J = 8.4 Hz, 2H), 7.45 (d, J = 15.6 Hz, 1H), 6.91 (d, J = 8.4 Hz, 2H), 6.59 (d, J = 8.4 Hz, 2H), 4.31 (s, 1H), 3.83 (s, 3H), 3.22 (q, J = 6.8 Hz, 2H), 1.26 (t, J = 7.2 Hz, 3H).

Synthesis of compound 2. A mixture of para-dimethylaminobenzaldehyde (1.2 g, 8 mmol), 1 (2.2 g, 8 mmol), ethanol (20 mL), and 4 mL 20% NaOH (aq) was stirred for 15 h at 20 °C. The crude product was obtained by vacuum filtration. Then, it was washed and dried, and the final compound 2 (2.0 g, yield: 63%) was acquired.

Synthesis of compound TPA-Mit. A mixture of 2 (0.4 g, 1 mmol), triphenylphosphine (1.3 g, 5 mmol), and *N,N*-dimethylformamide (10 mL) was stirred under reflux for 30 h. After the reaction, the solvent was removed, and the final compound TPA-Mit (2.0 g, yield: 63%) was obtained *via* silica gel chromatography (petroleum ether : methyl alcohol = 10 : 1).

2.2 Reagents and drugs

The mitochondrial tracker for the co-localization test, Mito-Tracker Green FM (Mito-G), was purchased from Thermo Fisher Scientific. The mitochondrial membrane potential probe, JC-1, as well as the protein transport inhibitor, glycerol, were purchased from XLreagent (China). CCK-8 was purchased from Abbkine (US). Paclitaxel (PTX) was purchased from Tokyo Chemical Industry.

2.3 Cell culture

All the cells used in the present work were SKOV-3 human ovarian cancer cells (ATCC, Manassas, U.S.A.). The cells were cultured in Dulbecco's modified Eagle's medium (DMEM) supplemented with 10% fetal bovine serum (FBS) and 1% antibiotic-antimycotic solution (Gibco, Invitrogen, US) at 37 °C in a humidified 5% CO₂ incubator. Before fluorescence imaging, the cells were isolated at the exponential growth phase with trypsin solution (1% poly-vinyl pyrrolidone, 0.2% EGTA and 0.25% trypsin containing 0.02% EDTA) at 37 °C for three minutes. After washing with phosphate buffer saline (PBS), the SKOV-3 cells were seeded in 35 mm glass Petri dishes with 3 × 10⁴ cells for the subsequent experiments.

2.4. Co-localization study of mitochondria and the TPA-Mit probe

The SKOV-3 cells were seeded in glass Petri dishes for 12 hours until the cell density reached 70–80% for fluorescence imaging. Before imaging, the cells were stained with 0.2 μM TPA-Mit and 2 μM Mito-G for 20 minutes and were then washed with PBS three times. Here, single-photon instead of TP fluorescence imaging was adopted for co-localization for better performance of the Mito-G probe. The fluorescence images were obtained with a confocal laser scanning microscope (A1RMP, Nikon, Japan) with an oil-immersion 60× objective (NA = 1.4, Nikon, Japan). The samples were excited at 488 nm, and the single-photon fluorescence was collected at 525/50 nm for the Mito-G and at 595/50 nm for our synthesized TPA-Mit. The co-localization between the two probes was then estimated by the Pearson coefficient between the captured images; this was

accomplished by the Nis-element AR software that came with the confocal microscope.

2.5 TP fluorescence microscopy and FLIM

For the TP fluorescence microscopy and FLIM, SKOV-3 cells were prepared by a method similar to that in the single-photon fluorescence imaging described above. The TP fluorescence images were captured using a commercial TP laser scanning microscope described in our previous work.^{38,39} Specifically, a femtosecond pulsed laser (Chameleon Discovery, Coherent) with a pulse width of 100 fs and repetition frequency of 80 MHz was applied as the excitation laser source. The wavelength was selected to be 840 nm for the TP excitation, and the TP fluorescence was collected at the 580/50 nm channel. A high-speed time-resolved photomultiplier tube (HPM-100-40, Becker & Hickl GmbH, Germany) transformed the photons to electronic signals, and a time-correlated single photon counting (TCSPC) module (SPC-150/DCC-100, Becker & Hickl GmbH, Germany) was connected synchronously to realize FLIM imaging. The system uses a resonant scanning head (A1RMP Nikon, Japan) for high-speed and high-resolution scanning. In the experiment, an oil-immersion 60× objective (NA = 1.4, Nikon, Japan) was used, and 512 × 512-pixel images were obtained.

The fluorescence lifetime information of the samples was obtained by performing exponential curve fitting on the fluorescence lifetime data of each pixel in the acquired image. Here, a double exponential function was applied for the fluorescence data:

$$I(t) = I_0(\alpha_1 e^{-t/\tau_1} + \alpha_2 e^{-t/\tau_2}), \quad (1)$$

where τ_1 , τ_2 , α_1 and α_2 represent the lifetimes and amplitudes of the two components, respectively. The mean fluorescence lifetime was derived from:⁴⁰

$$\tau_m = (\alpha_1 \tau_1 + \alpha_2 \tau_2) / (\alpha_1 + \alpha_2). \quad (2)$$

The software SPCImage (Becker & Hickl, Germany) was applied for fitting the fluorescence decay curves and for calculating the lifetimes. The pseudo-color lifetime images were generated by assigning a value of the mean lifetime τ_m to a color at each pixel, and they were weighted by the pixel intensity.³⁵

2.6 Phasor approach to FLIM data analysis

The phasor approach was used to filter out the fluorescence lifetime of the mitochondria-targeted TPA-Mit. For the phasor-FLIM, the fluorescence decay curve of each pixel was converted into Fourier space. The phasor of the Fourier component corresponding to the excitation repetition rate (*i.e.*, 80 MHz in our case) was mapped into a phasor diagram, in which the *x* and *y* components in Cartesian coordinates are given by:⁴¹

$$s_{i,j}(\omega) = \frac{\int_0^{+\infty} I(t) \sin \omega t \, dt}{\int_0^{+\infty} I(t) \, dt} \quad (3)$$

$$g_{i,j}(\omega) = \frac{\int_0^{+\infty} I(t) \cos \omega t \, dt}{\int_0^{+\infty} I(t) \, dt}$$



Hence, the position of each phasor is directly related to the lifetime. More importantly, similar fluorescence decays are easily recognized, and the points in the image where they originate can be painted using color cursors. In this way, all possible single-exponential lifetimes are mapped into a universal circle with a radius of 1/2, in which the point (1, 0) corresponds to $\tau = 0$ and the point (0, 0) corresponds to $\tau = \infty$. The phasors that deviate from the universal circle can be readily decomposed into two phasors lying on the universal circle by vector algebra with given weighting coefficients. In this way, any cluster of the phasors in the phasor diagram corresponds to a given type of decay and can be selected out to identify the corresponding pixel locations in the FLIM image. The cluster assignment can not only distinguish between different similar fluorescence lifetime values, but can also distinguish the spatial distribution and positioning in the image. In our experiment, as can be seen in the following sections, the phasor-FLIM analysis

allows us to isolate the pixels corresponding to mitochondria-targeted TPA-Mit from the background autofluorescence, which results in a more precise quantification of the desired fluorescence lifetime.

2.7. Cell apoptosis preparation

In this experiment, the SKOV-3 cells were treated with PTX for 0 h to 24 h to induce apoptosis and with a series of concentrations from 0 to 10 μ M. The cells then were incubated with 1 μ M JC-1 working solution at 37 °C for 20 minutes, and then the unloaded JC-1 staining buffer was removed by washing three times with PBS. The MMP dye JC-1 was used to evaluate the effect of PTX on cellular apoptosis, since MMP variation always accompanies cellular apoptosis. When the MMP is high, the polymer form of JC-1 aggregates into the matrix of the mitochondria (J-aggregates), resulting in red fluorescence. When the MMP is low, JC-1 cannot accumulate in the matrix of the

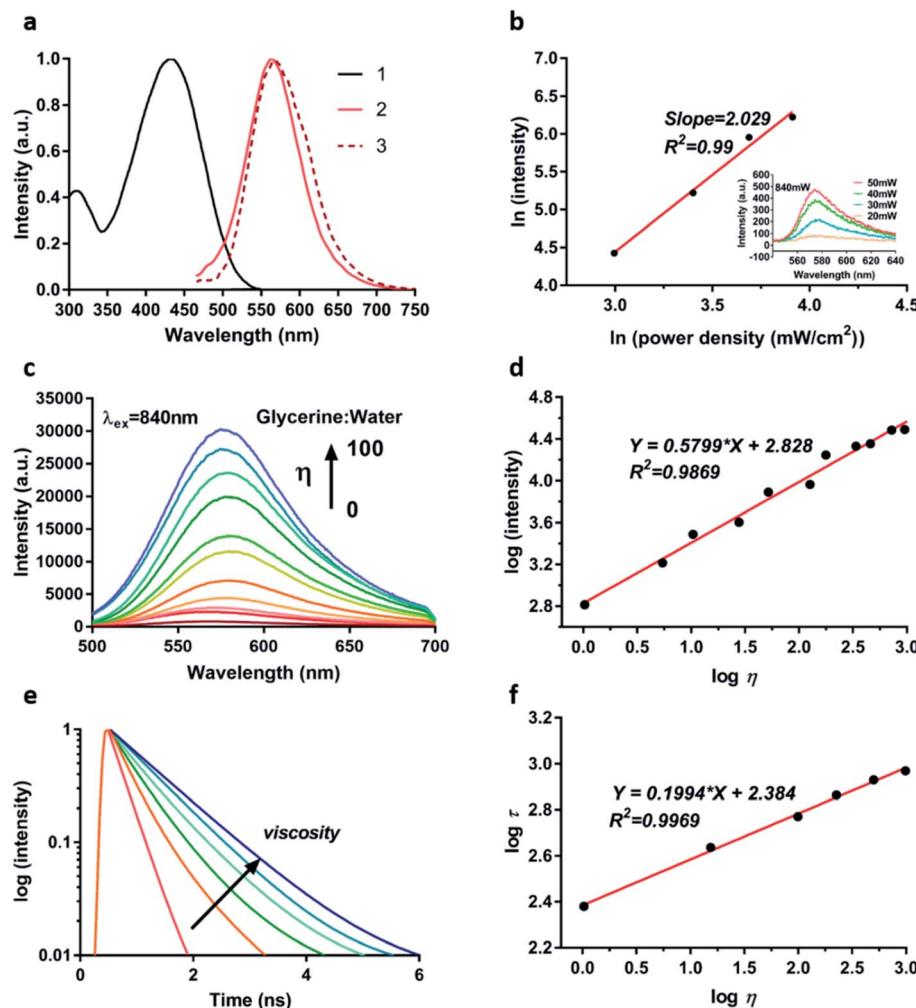


Fig. 3 The fluorescence properties and viscosity response of TPA-Mit. (a) 1, 2 and 3 are the normalized absorption spectrum, single-photon emission spectrum and two-photon emission spectrum of TPA-Mit in PBS, respectively. (b) Fitting curve of the photon absorption coefficient of TPA-Mit. The inset is the emission spectra under different excitation powers of an 840 nm femtosecond pulse laser. (c) Fluorescence emission spectra of TPA-Mit under different solution viscosities in the water/glycerol system ($\lambda_{\text{ex}} = 840$ nm, $\lambda_{\text{em}} = 580$ nm). (d) Linear fitting curve of the logarithm of the emission intensity and viscosity. (e) Decay traces recorded for TPA-Mit under different solution viscosities in the water/glycerol system ($\lambda_{\text{ex}} = 840$ nm, $\lambda_{\text{em}} = 580$ nm). (f) Linear fitting curve of the logarithm of the fluorescence lifetime and viscosity.



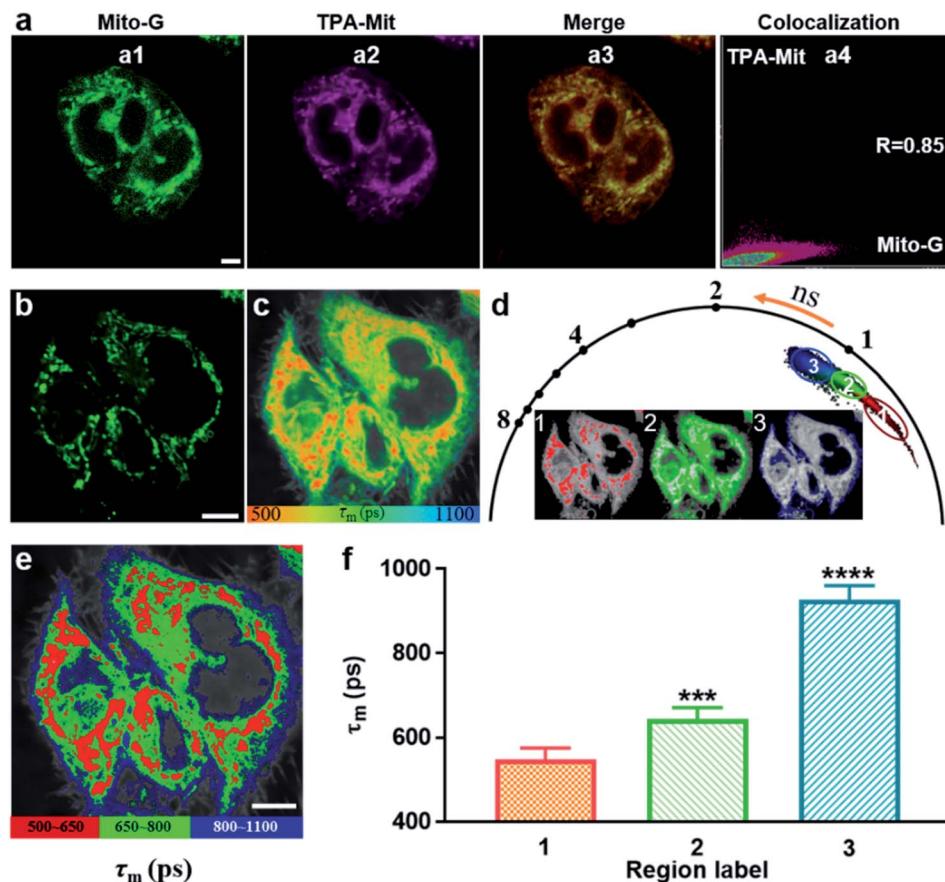


Fig. 4 TP fluorescence and FLIM of TPA-Mit in cells. (a) Mitochondrial targeting test of TPA-Mit in living cells. (a1) Fluorescence image in the 525/50 nm channel, indicating the intracellular distribution of Mito-G. (a2) Fluorescence image in the 595/50 nm channel, indicating the distribution of TPA-Mit. (a3) Merged images of (a1) and (a2). (a4) Pearson coefficient analysis results. (b) TP imaging of TPA-Mit (0.2 μ M, excited at 840 nm). (c) TP FLIM image of TPA-Mit in cells. (d) Phasor representation of the FLIM data. The phasor clusters are separated into 3 regions, labeled as 1, 2, and 3, and the corresponding distributions are shown as the intersect images. (e) Phasor-separated and pseudo-colored FLIM image of SKOV-3 cells. (f) Histogram of the lifetimes of TPA-Mit in the three regions labeled in (d). The average lifetimes are 550 ps, 650 ps (** $P < 0.001$) and 900 ps (**** $P < 0.0001$). Error bars indicate means \pm standard deviation ($n = 10$). Scale bars: 10 μ m.

mitochondria and exists as a monomer, resulting in green fluorescence. The ratio between the green and the red fluorescence intensity was used to evaluate the mitochondrial membrane potential change induced by cell apoptosis.

2.8. Statistical analyses

All statistical analyses were performed using GraphPad Prism 7.0 (GraphPad, La Jolla, CA, USA). Each experimental condition was performed in 10 samples and repeated at least once. Data were reported as mean \pm standard deviation and analyzed using *t* tests (and nonparametric tests). We denote different *P*-values as * $P < 0.05$, ** $P < 0.01$, *** $P < 0.001$ and **** $P < 0.0001$. In general, $P < 0.05$ was considered to indicate a statistically significant difference.

3. Results and discussion

3.1 TPA-Mit characterization

With the synthesized TPA-Mit in hand, we first measured its optical properties. Fig. 3a shows the spectra of absorption,

single-photon fluorescence emission and TP fluorescence emission of TPA-Mit dissolved in PBS. It shows that the single-photon and the TP emission spectra of TPA-Mit were similar. The TP absorptivity of a femtosecond laser with different central wavelengths (Fig. S1†) of TPA-Mit was tested in order to determine the best excitation wavelength for TP imaging, which is 840 nm. We measured the fluorescence intensities corresponding to different incident intensities to calculate the number of photons involved in the fluorescence of TPA-Mit at 840 nm by:

$$\ln I_{\text{em}} = B + n \ln I_{\text{ex}}, \quad (4)$$

where I_{em} and I_{ex} are the excitation and the emitted light intensities; B is a constant; and n is the number of photons involved in the nonlinear optical absorption process. Fig. 3b shows that the natural logarithm of the intensities, $\ln I_{\text{em}}$ and $\ln I_{\text{ex}}$, present a good linear relationship with a slope $n = 2$ ($R^2 = 0.99$). The figure shows that TPA-Mit undergoes two-photon absorption when excited at 840 nm, and the inset shows the emission of TPA-Mit with increasing excitation power.



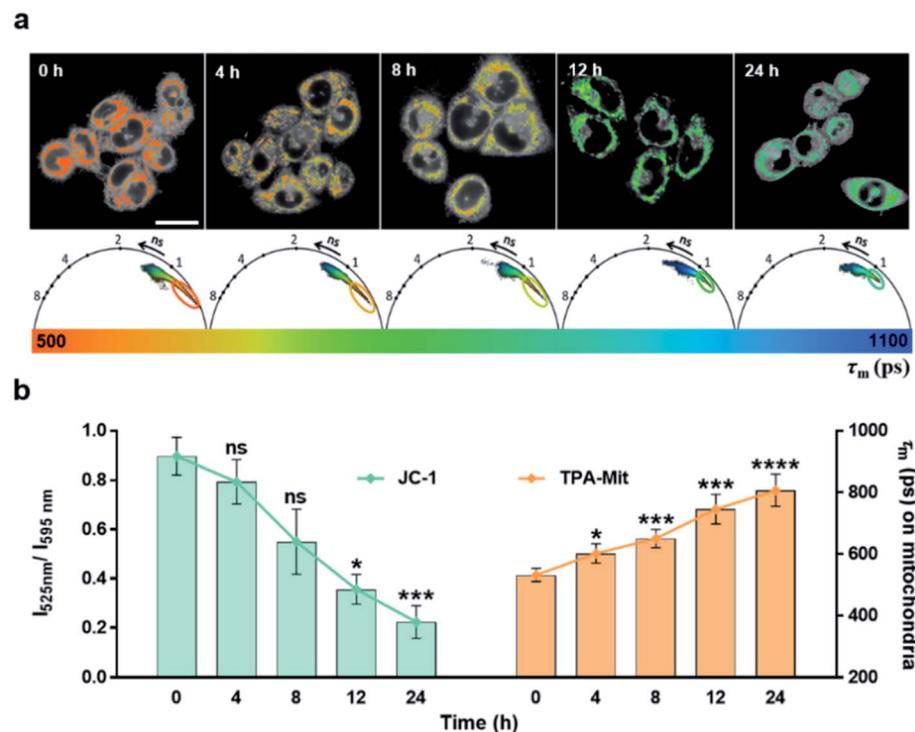


Fig. 5 Fluorescence lifetime measurement of mitochondria-targeted TPA-Mit during cell apoptosis. (a) Phasor diagrams and FLIM images of the isolated mitochondria region corresponding to different time lapses. (b) Ratio of the fluorescence intensity $I_{525\text{ nm}}/I_{595\text{ nm}}$ of the JC-1 mitochondrial membrane potential probe (left bar chart) and the average fluorescence lifetime on mitochondria measured by phasor-FLIM (right bar chart). Scale bar: 10 μm .

Next, in order to verify the effectiveness of TPA-Mit as a viscosity probe, we tested the fluorescence intensity response of TPA-Mit under different viscosities (water/glycerol system, Table S1†). The fluorescence emission spectra and normalised spectra of TPA-Mit under different solvent viscosities were tested. As shown in Fig. 3c and S2,† TPA-Mit has the weakest fluorescence in pure water (glycerine : water = 0). As the volume ratio of glycerine to water increases, the viscosity of the solvent in which TPA-Mit is located increases from 1.03 cP to about 950 cP (99% glycerol), and the emission intensity of TPA-Mit increases significantly with the increase of the solvent viscosity. The emission intensity and solvent viscosity of TPA-Mit can be correlated with the Forster–Hoffmann equation as:^{42,43}

$$\log I = C + m \log \eta, \quad (5)$$

wherein η is the viscosity; I is the emission intensity; C is a constant; and m is the sensitivity of the fluorescent probe to viscosity. As shown in Fig. 3d, there is a good linear relationship between $\log \eta$ of the solvent viscosity and $\log I$ of the fluorescence intensity ($R^2 = 0.9869$, $m = 0.5799$). Correspondingly, we calculated the TP absorption cross-section and the absorption spectra of TPA-Mit under different viscosities; as shown in Fig. S3,† the absorbance and the absorption cross-section show increments along with the viscosity. The “turn on” feature of the fluorescence probe in high-viscosity media can be explained by molecular rotor theory. Under high viscosity conditions, single

bond rotation in the excited state is hindered, which impairs the non-radiative conversion process of excited electrons for enhanced fluorescence emission. More importantly, the response of the fluorescence lifetime of TPA-Mit to different viscosities was tested. As shown in Fig. 3e and f, as the solution viscosity increases, the fluorescence lifetime of TPA-Mit increases significantly, and there is a good linear relationship between the logarithm of solvent viscosity $\log \eta$ and the logarithm of fluorescence lifetime $\log \tau$ with a slope of $m = 0.1994$ ($R^2 = 0.9969$). In addition, we tested the changes of the fluorescence lifetime of TPA-Mit in different solution environments. The results in Fig. S4† show that the lifetime of TPA-Mit changed little with the variation of the other conditions, such as the pH, the polarity, and the solubility of the solution, except for the change of viscosity. The cytotoxicity test of the TPA-Mit, shown in Fig. S5,† presented high cell viability even at 2 μM of TPA-Mit, which is well above the working concentration (0.2 μM).

As a summary of the optical and biological characterization of TPA-Mit, the probe shows excellent TP excitation and sensitivity to medium viscosity in terms of its fluorescence lifetime. In the following sections, the synthesized TPA-Mit was used to quantitatively detect the microviscosity of cells.

3.2 Intracellular performance of TPA-Mit

The validity verification of TPA-Mit as a viscosity probe in cells was carried out in two steps: mitochondria targeting verification

and a viscosity responding test. For the first step, we performed a co-localization experiment between TPA-Mit ($0.2\text{ }\mu\text{M}$) and a commercial mitochondria probe, Mito-G ($0.5\text{ }\mu\text{M}$, Molecular Probes). The procedures of sample preparation and single-photon confocal fluorescence imaging of the sample can be found in Section 2.4. Fluorescence images of the intracellular distribution of TPA-Mit (in the $595/50$ nm channel) and Mito-G (in the $525/50$ nm channel) are shown in Fig. 4a. The Pearson coefficient of the TPA-Mit (red) and the Mito-G (green) fluorescence images was calculated to be 0.85, and the cross section through the image is shown in Fig. S6,† indicating that TPA-Mit can target mitochondria in cells well.

For the second step, the fluorescence lifetime imaging analysis of TPA-Mit in SKOV-3 cells was studied using TP-FLIM. SKOV-3 cells were inoculated in a culture dish and stained with $0.2\text{ }\mu\text{M}$ TPA-Mit. The sample was illuminated with an 840 nm (1.5 mW after the objective) femtosecond laser, and the TP fluorescence images (Fig. 4b) and TP FLIM images (Fig. 4c) were collected at $580/50$ nm. The FLIM images show a distinct short lifetime pattern that resembles the TP fluorescence images. The longer lifetime background was attributed to the untargeted free TPA-Mit, which is distributed mainly in the cellular membrane and cytoplasm. To verify our assumption, we performed FLIM of SKOV-3 cells without TPA-Mit with the same excitation power and found that the fluorescence lifetime could not be obtained due to the lack of a sufficient photon count. When we increased the excitation power to about 10 mW , weak self-fluorescence lifetime of cells was obtained, as shown in Fig. S5.† The fluorescence lifetime was around 1100 ps , which corresponds to the fluorescence lifetime of flavin adenine dinucleotide (FAD).⁴⁴ This means that the short-lifetime FLIM image in Fig. 4c is mainly generated from the mitochondria-targeted and the free TPA-Mit.

Therefore, in order to analyze the viscosity variations corresponding to different cellular structures along with apoptosis, we used the phasor-FLIM method to isolate regions with different lifetimes (Fig. 4d). In the phasor-FLIM approach, the analysis of the FLIM images was performed by detecting clusters of pixel values in specific regions of the phasor plot. We selected pixels with similar lifetimes in the phasor diagram and assigned different pseudo-colors to generate the FLIM images accordingly (the inset images in Fig. 4d). The region selection in the phasor diagram was based on the criterion that the region corresponding to mitochondria (region 1 in the phasor diagram in Fig. 4d) had the best consistency with the TP image (Fig. 4b). The maximum Pearson coefficient between the TP image of the mitochondria and the pixels recognized by the phasor-FLIM approach was 0.82 and was used in the following analysis. Additionally, selection based on the threshold of the photon count (threshold = 500 photons) was performed, as shown in Fig. S8.† The two approaches showed almost the same result, since both methods are, in essence, based on the integrated photon number. This optimized the selection of mitochondria-targeted TPA-Mit, allowing for more precise quantification of the desired fluorescence lifetime. Two other regions with longer lifetimes were also separated (labeled as 2 and 3 in Fig. 4d). The FLIM image after phasor isolation is shown in Fig. 4e.

Compared with the TP image of SKOV-3 cells in Fig. 4b, it can be seen that the three regions of the FLIM image correspond to the cell mitochondria, cytoplasm, and cell membrane. The average ($n = 10$) lifetimes of region 1, region 2 and region 3 are 557 ps , 643 ps , and 926 ps , respectively (Fig. 4f), and the representative decays are shown in Fig. S9.† Since the fluorescence lifetime of TPA-Mit only responds to the viscosity change according to Fig. S4,† this result clearly indicates differences of the viscosity in different cellular structures. The viscosities estimated by the FLIM method are 61 cP , 134 cP and 881 cP , which is in coincidence with previous reports.^{13,45,46}

3.3 Viscosity probing of cell apoptosis *via* TPA-Mit

The experimental results presented above showed the capability of TPA-Mit for mitochondria targeting and viscosity sensing. Hence, we further explored the microviscosity-sensing procedure of cells under apoptosis using TPA-Mit to target mitochondria. The apoptosis was induced by PTX treatment of healthy cells. Because PTX has been proven to promote the polymerization of microtubules and stabilize the microstructure, it effectively affects the growth cycle of cancer cells and induces apoptosis.^{47,48} After the preparation and fluorescence imaging described in Section 2.7, the result of applying $10\text{ }\mu\text{M}$ PTX to treat SKOV-3 cells for different durations is shown in Fig. 5.

The mitochondrial membrane probe, JC-1, was adopted to evaluate the degree of apoptosis by detecting the change of the fluorescence intensity ratio between the fluorescence channels at 525 nm and 595 nm . When the mitochondrial membrane potential decreases as the cells enter apoptosis, JC-1 cannot exist as a polymer in the mitochondrial matrix. At this time, the intensity of red fluorescence in the mitochondria is reduced, while the green fluorescence in the cytoplasm is significantly increased. Therefore, one can use the ratio of the fluorescence intensity of JC-1 in the green channel ($525/50$ nm) to that in the red channel ($595/50$ nm) to indicate the activity of SKOV-3 cells after PTX treatment. The control and the experimental groups were stained with $2\text{ }\mu\text{M}$ JC-1 and $0.2\text{ }\mu\text{M}$ TPA-Mit, respectively. It is shown in the left bar chart of Fig. 5b that the mitochondrial membrane potential decreased as the PTX treatment time increased from 0 h to 24 h . This shows that the cells started to undergo apoptosis, resulting in a decrease of the potential across the mitochondrial membrane due to the membrane permeability change. For the TPA-Mit-treated group, the mitochondrial region was first isolated with the phasor-FLIM method described above in the $580/50$ nm fluorescence channel, and the result is shown in Fig. 5a. The average fluorescence lifetime of the isolated regions, as shown in Fig. 5b (the right bar chart), increased from the initial 550 ps to 800 ps after 24 h of PTX treatment, indicating a significant viscosity increment as the degree of apoptosis of the cells increased. This result confirms a previous report^{13,23,49} that high density of enzymes and other proteins will gather in the mitochondrial matrix surrounded by the inner membrane at the early stage of cell apoptosis because the permeability of the inner membrane increases, and an increment of the microviscosity results. More



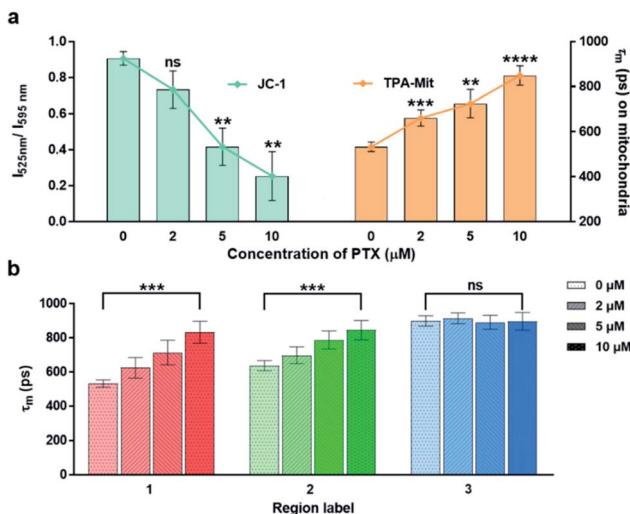


Fig. 6 The measured fluorescence lifetime variations of TPA-Mit after 24 h treatment with different concentrations of PTX. (a) Ratio of the fluorescence intensity $I_{525\text{ nm}}/I_{595\text{ nm}}$ of JC-1, of the mitochondrial membrane potential probe (left bar chart) and the average fluorescence lifetime of the mitochondria measured by phasor-FLIM (right bar chart). (b) The measured fluorescence lifetime variations of different regions separated by phasor-FLIM.

studies using different agents to induce apoptosis were carried out, showing a change in the fluorescence lifetime (Fig. S10†). These results show that high sensitivity of cell apoptosis monitoring can be achieved using our proposed method. It is especially useful at the early stage of apoptosis, which is in our case, when the cell morphology does not change significantly.

The effect of the concentration of PTX on the cell apoptosis was also investigated, as shown in Fig. 6. The mitochondrial membrane potential probing by JC-1 and the viscosity measurement by TPA-Mit was performed after 24 h of PTX treatment with 2 μM , 5 μM and 10 μM concentrations.

This shows that both the mitochondrial membrane potential and the microviscosity increased with higher PTX concentration, indicating a higher cell apoptosis degree. However, our method using the fluorescence lifetime change of a viscosity-sensitive probe results in higher precision (lower standard deviation) as well as a more significant difference, as shown in Fig. 6a. The variations of the fluorescence lifetime in region 2 (corresponding to cytoplasm) and region 3 (corresponding to the cellular membrane) are shown in Fig. 6b. The fluorescence lifetime of region 2 increased with higher PTX concentration, while it remained almost constant for region 3. This may be caused by the accumulation of cytoplasmic lipid droplets in the cytoplasm during cell apoptosis.^{22,50}

4. Conclusion

We have investigated the microviscosity changes of mitochondria during cell apoptosis using our synthesized mitochondria-targeted viscosity probe, TPA-Mit. The functional groups, triphenyl phosphine salt and xylene linked with ethenyl, were successfully assembled on the probe, resulting in good

mitochondrial targeting and two-photon excitation fluorescence. Optical characterization of the synthesized TPA-Mit was performed in extracellular experiments, showing high sensitivity of the fluorescence lifetime to the viscosity of the medium. Taking advantage of this characteristic of TPA-Mit, we investigated the microviscosity changes of mitochondria during cell apoptosis. Phasor-FLIM was adopted in order to isolate the fluorescence lifetime corresponding to mitochondria. Experiments show that the mitochondrial viscosity increased as the cells underwent apoptosis induced by PTX. Compared to the existing method for cell apoptosis detection *via* the mitochondrial potential measurement based on fluorescence intensity variations, our method can offer higher precision, benefiting from the inherent characterization of the molecular fluorescence lifetime.

Funding

The National Key Research and Development Program of China (2017YFA0700402). National Natural Science Foundation of China (61935012, 61961136005, 61620106016, 61835009); Shenzhen Key Projects (JCYJ20200109105404067); Shenzhen Fundamental Research Program (JCYJ20180305124902165); Shenzhen International Cooperation Research Project (GJHZ20190822095420249).

Data availability

Data underlying the results presented in this paper are not publicly available at this time but may be obtained from the authors upon reasonable request.

Conflicts of interest

The authors declare no conflicts of interest.

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