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# Novel N,Cl-doped deep eutectic solvents-based carbon dots as a selective fluorescent probe for determination of morphine in food

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In the present study, new N,Cl co-doped carbon dots (N,Cl-CDs) based on deep eutectic solvent (DES) were fabricated by a facile hydrothermal process. This fluorescent probe exhibited a good quantum yield of 14% and was applied for the sensitive and selective quantification of morphine in foods. In addition, the influence of solution pH, interaction time, system temperature, interfering substances and analogues on the determination was also investigated. Under the optimized conditions, the luminescence intensity of carbon dots increased linearly with the addition of morphine in the concentration range of (0.15–280.25)  $\mu\text{g mL}^{-1}$  ( $R^2 > 0.9969$ ) and the limit of detection (LOD) of  $46.5 \text{ ng mL}^{-1}$ . Based on these results, it is suggested that N,Cl-CDs is a promising fluorescent probe for sensitive and selective quantification of morphine in foods.

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## 1. Introduction

The use of illegal non-food processing additives represents a serious threat to food safety and human health. Poppy is a plant of the poppy family, and its fruit contains morphine, codeine, papaverine, covering over 30 kinds of alkaloids.<sup>1,2</sup> If improperly used, morphine can cause strong addictiveness, central inhibition and harm to the human body.<sup>3</sup> In accordance with Chinese law, poppy shells are classified as non-edible ingredients and are forbidden to be added to foods. However, in numerous regions, some hotpot, brine and barbecue restaurants are illegally adding poppy shells to foods with the aim to enhance their taste for profit. Therefore, rapid identification of chemical constituents of forbidden additives provides an effective procedure to determine their illegal use in foods.

Up to now, various analytical methods for the determination of morphine in poppy shells have been developed, containing ultraviolet spectrophotometry,<sup>4</sup> thin layer chromatography (TLC),<sup>5</sup> high performance liquid chromatography (HPLC),<sup>6</sup> gas chromatography (GC),<sup>7</sup> capillary electrophoresis (CE)<sup>8</sup> and mass spectrometry (MS).<sup>9–13</sup> UV and TLC lack sensitivity and specificity for the determination of morphine in poppy shells. Instrumental analysis possesses the advantages of high sensitivity and specificity, presenting the trend of intelligence, automation and miniaturization. However, instrumental

analysis requires expensive equipment and complex sample pretreatment, making it unsuitable for rapid on-site detection.

Carbon dots (CDs), also known as nanocrystals, are a new type of nanoparticles with particle sizes between 1 and 10 nm, which are smaller than or close to the Bohr radius of excitons.<sup>14</sup> As nanomaterials, CDs exhibits excellent properties such as good water solubility, low cytotoxicity, photobleaching resistance, good biocompatibility and easy surface modification. Moreover, it has been applied more and more extensively in the fields of photoelectric conversion, solar photovoltaic cells, chemical catalysis, biological imaging and analytical detection.<sup>15–22</sup> As a fluorescent probe, it is widely utilized in the field of food safety analysis. However, few studies have been conducted on the detection of active ingredients in drug plants based on carbon dots.

Deep eutectic solvents (DESs) have been considered green solvent alternatives to conventional solvents. As an emerging research field, DESs are extensively studied and show good applications with energy and environmental prospects.<sup>23</sup> DESs are usually formed by quaternary ammonium salt and H-bond donor in a stoichiometric proportion. These components are mixed together to form a eutectic mixture with a melting point lower than that of each individual component.<sup>24</sup> Compared with traditional organic solvents, it presents excellent physical and chemical properties, such as wide electrochemical stable window, low vapour pressure, simple synthesis, high solubility, diversity of precursors for its design and adjustable performance. As a result, it has been on the cutting edge in catalyst, extraction and separation.<sup>25–29</sup> Recently, it has been demonstrated that CDs have been synthesized in a sustainable DESs and used for fluorescent labelling, intracellular biosensors and living cell imaging, indicating that CDs based on DESs have high practical value and broad application prospects.<sup>30–33</sup>

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In this study, new N,Cl co-doped carbon dots (N,Cl-CDs) were synthesized from choline chloride/urea DES and glycine as the source of C atom. The fabricated N,Cl-CDs show intense fluorescent emission and good thermal stability. N,Cl-CDs is a low-cost and easy-obtaining material and the preparation method is simple. In addition, there is no participation of heavy and precious metals, which was environmentally friendly and affordable. The traces of poppy shell in foods were analyzed with N,Cl-CDs fluorescent probe through the determination of its main alkaloid, morphine. We established a fluorescence method for rapid identification and accurate quantification of morphine with N,Cl-CDs as a fluorescent probe, and screened for the traces of poppy shell in foods.

## 2. Materials and methods

### 2.1 Chemicals

Choline chloride (98%) was supplied by Shanghai Macklin Biochemical Company. Urea (99%) and glycine (98%) were offered by Beijing J&K Scientific LTD. Morphine, heroin and methamphetamine, ephedrine and pseudoephedrine with purity above 99% were provided by Key Laboratory of Narcotics Assay and Control Technology Ministry of Public Security. Nicotine, theophylline and betaine were purchased from Shanghai Aladdin Reagents Inc. All reagents were p.a. grade from Fengchuan Chemical Reagent Technologies (Tianjin, China). Ultrapure water was produced on the basis of Milli-Q purification system (Millipore, Bedford, MA, USA) with double-distilled water as an input.

### 2.2 Instruments

Fourier transform infrared (FT-IR) spectra were acquired on a TENSOR27 FTIR spectrometer (Bruker, Germany) in the wavenumber range from  $4000\text{ cm}^{-1}$  to  $400\text{ cm}^{-1}$ . The ultraviolet-visible (UV-vis) spectrogram was conducted on a UV-2550 spectrophotometer (Shimadzu, Japan). The fluorescence

spectra were obtained by G9800A Cary Eclipse fluorescence spectrophotometer (Agilent, USA). X-ray photoelectron spectroscopy (XPS) characterization was performed with PHI5000 VersaProbe-II with monochromatized Al K $\alpha$  radiation (ULVAC-PHI, Japan). The size and the morphology of carbon dots were analyzed under a TecnaiG2 F30 S-Twin (FEI, USA) transmission electron microscope. The pH was adjusted with HCl or NaOH solutions and monitored by employing a digital pH-meter (PHS-3, Shanghai, China).

### 2.3 Preparation of real samples

The pretreatment procedure of hotpot condiment and chilli paste from the local supermarket was modified slightly.<sup>34</sup> Two food substrates (1.0 g) were placed in a beaker, 10 mL of double-distilled water was added, and boiled for 30 minutes. After cooling, the suspension was centrifuged at 8000 rpm for 15 min and filtered to obtain the clear supernatant. The precipitate was further washed three times with double-distilled water, centrifuged and then filtered. The volume was replenished with double-distilled water to 40 mL. The supernatant and petroleum ether (v/v, 1 : 1) were placed in a separation funnel and mixed thoroughly. After 10 min, the aqueous phase of the lower layer was collected and the current operation was replicated twice. Finally, the collected solution is concentrated on a rotary evaporator to a small volume (1 mL) for morphine detection.

### 2.4 Preparation of N,Cl-CDs

Synthesis schematic diagram of fluorescent N,Cl-CDs was displayed in Fig. 1. Choline chloride (0.61 g) and urea (1.39 g) were placed in a 250 mL round-bottom vessel and stirred at  $100\text{ }^{\circ}\text{C}$  until a transparent and viscous mixture of choline chloride-urea DES was formed.<sup>33</sup> Glycine (0.75 g) and double-distilled water (100 mL) were added to this flask with DES under stirring until glycine was completely dissolved. Then, the mixture was transferred in 150 mL Teflon-coated autoclave and heated at  $180\text{ }^{\circ}\text{C}$  for 8 h. Followed by filtration through  $0.22\text{ }\mu\text{m}$  membrane, the large agglomerated

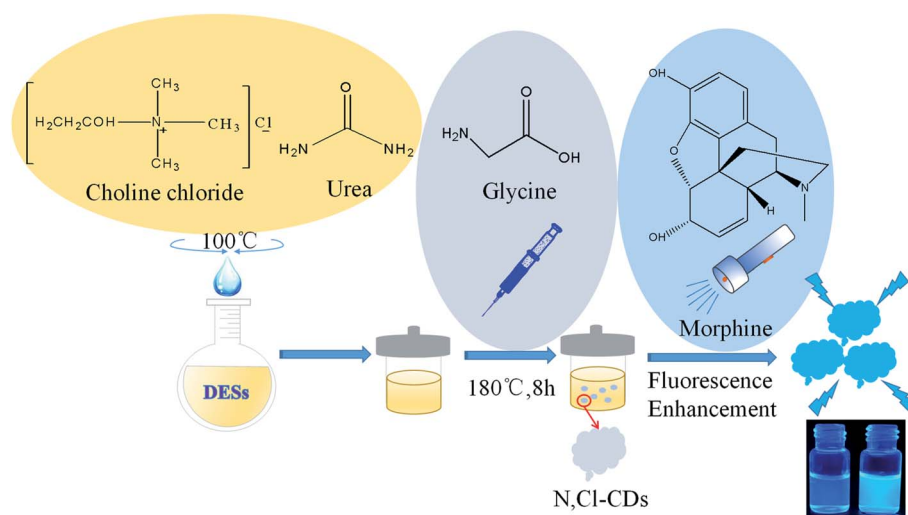


Fig. 1 A schematic illustrating the synthesis and morphine detection of N,Cl-CDs.



particles were separated by centrifugation at 10 000 rpm for 15 min. With an external 1000 Da dialysis membrane, the resulting N,Cl-CDs were purified for 24 h and stored at 4 °C in the cold section of refrigerator.

### 2.5 Quantum yield (QY) calculation

According to the reference, quinine sulfate was selected as the reference substance, and its quantum yield in 0.05 M sulfuric acid solution was 0.55.<sup>35</sup> The fluorescence intensity was recorded at 350 nm excitation and the quantum yield was calculated following the formula:

$$Q_{\text{CDs}} = Q_{\text{R}} \times (I_{\text{CDs}}/I_{\text{R}}) \times (A_{\text{R}}/A_{\text{CDs}}) \times (\eta_{\text{CDs}}^2/\eta_{\text{R}}^2)$$

In this equation,  $Q$ ,  $I$ ,  $A$  and  $\eta$  denote quantum yield, integrated emission intensity, absorbance and refractive index, respectively. Besides, CDs signify N,Cl-CDs and  $R$  represent standard substance.

### 2.6 Fluorescent detection of morphine

The synthesized N,Cl-CDs solution was diluted for 5 times with double-distilled water. The different concentrations of

morphine standard solutions were combined with 500  $\mu\text{L}$  of N,Cl-CDs solution at room temperature and the pH was adjusted to 7.0. The emission intensity was recorded at 400 nm upon excitation at 320 nm, setting both emission and excitation slit width at 5 nm. The different interfering substances (magnesium sulfate, sodium chloride, zinc sulfate, glucose, potassium sulfate, urea, sodium carbonate, calcium chloride and cysteine) and analogs (methamphetamine, heroin, ephedrine, nicotine, pseudoephedrine, theophylline and betaine) at the same concentration of 350  $\mu\text{g mL}^{-1}$  were studied under the same experimental conditions to evaluate the specificity of N,Cl-CDs towards morphine.

## 3. Results and discussion

### 3.1 Characterization results of N,Cl-CDs

The synthesis and characterization of DES derived from choline chloride and urea have been previously reported.<sup>36,37</sup> Also, that DES was prepared and obtained as previously reported (as mentioned in the Material and methods section).<sup>38</sup>

The nanostructure of N,Cl-CDs was studied under Transmission Electron Microscopy (TEM). The TEM images of N,Cl-CDs are given at different scales in Fig. 2A and B. As

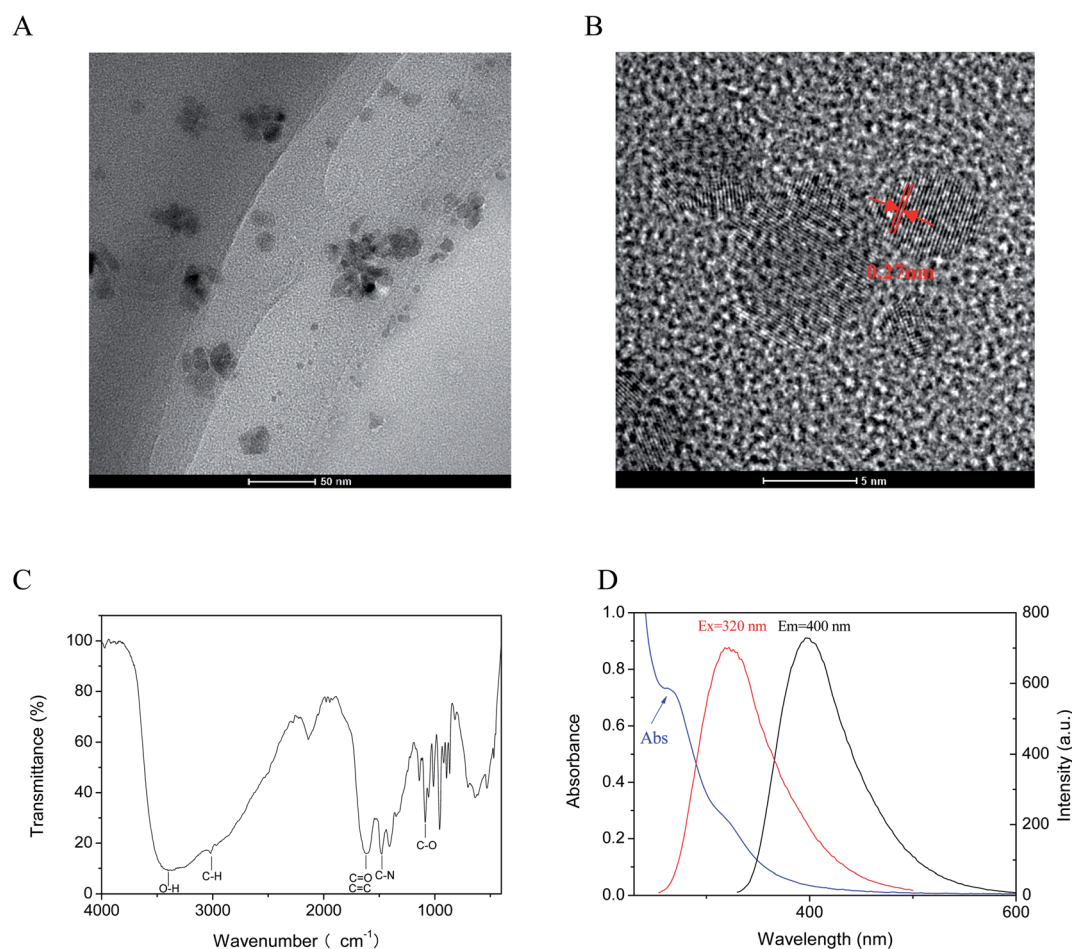


Fig. 2 The analysis of N,Cl-CDs using (A) and (B) TEM images at different scales; (C) FT-IR spectra; (D) Fluorescence and UV-vis absorption spectrum.



presented in Fig. 2A, synthesized carbon dots are granular with a wide particle-size distribution. The size of smaller particles was approximately 4 nm while larger particles reached nearly 20 nm. According to Fig. 2B, N,Cl-CDs have clear lattice fringes with an interval of 0.27 nm, suggesting a high crystallinity of the synthesized carbon dots.

Fig. 2C represents FT-IR spectrum of N,Cl-CDs. The low-intensity band at  $3434\text{ cm}^{-1}$  is assigned to  $-\text{OH}$  stretching vibrations. A sharp peak at  $2950\text{ cm}^{-1}$  originates from  $\text{C}-\text{H}$  stretching vibrations. The absorption peak at  $1650\text{ cm}^{-1}$  associated with  $\text{C}=\text{O}$  and  $\text{C}=\text{C}$  bending vibrations.<sup>33</sup> The sharp peaks at  $1401\text{ cm}^{-1}$  was assigned to the vibrations of  $\text{C}-\text{N}$ .<sup>33</sup> Absorption peak at  $1092\text{ cm}^{-1}$  was ascribed the  $\text{C}-\text{O}$  stretching vibration.<sup>28</sup> The UV-vis spectrum of N,Cl-CDs was displayed in Fig. 2D. The shoulder peak around 260 nm is attributed to the  $n-\pi^*$  transitions.<sup>39</sup>

The chemical groups at the surface of N,Cl-CDs were analyzed with the application of XPS. The peaks at 284.8, 400.8, and 531.2 eV (Fig. 3A) originate from  $\text{C}1\text{s}$ ,  $\text{N}1\text{s}$ , and  $\text{O}1\text{s}$  energy levels. The  $\text{C}1\text{s}$  spectrum is resolved in three peaks at 284.8, 286.3 and 287.5 eV (Fig. 3B) that could be assigned to  $\text{C}=\text{C}$ ,  $\text{C}-\text{N}$  and  $\text{C}=\text{O}$  groups.<sup>33</sup> The two peaks observed in  $\text{N}1\text{s}$  spectrum at 399.8 and 402.6 eV (Fig. 3C) could be in association with  $\text{N}-\text{H}$  and  $\text{N}-\text{O}$  bond types.<sup>40</sup> Further analysis of  $\text{O}1\text{s}$  spectrum (Fig. 3D) revealed three main peaks at 530.6, 532.2 and 533.7 eV that originate from  $\text{O}-\text{H}$ ,  $\text{C}=\text{O}$  and  $\text{C}-\text{O}$  groups.<sup>41</sup> Furthermore, the quantum yield of N,Cl-CDs was 14%.

### 3.2 Optimization of fluorescent detection procedure

The sensitivity of the method was optimized through variation of several experimental variables including solution pH, interaction time, system temperature, interfering substances and analogs.

**Effect of solution pH.** The ionization of fluorophore can highly influence emission intensity. Therefore, it is of importance to optimize the pH of a solution to reach the maximum sensitivity of a method. In the present study, pH was varied between 2 and 10. The fluorescence intensity of  $100\text{ }\mu\text{g mL}^{-1}$  morphine solution increased from pH 2 to 7, and slightly decreased in more basic solutions (Fig. 4A). As a result, pH value of the sample solution should be adjusted to 7 before testing.

**Effect of interaction time.** To explore the influence of interaction time on luminescence intensity, adsorption experiments were performed at 1, 5, 10, 20, 25, 30, and 35 min time intervals (Fig. 4B). The emission intensity of morphine on N,Cl-CDs reached the maximum value after 1 min, and the signal remained unchanged after 35 min interaction time. In accordance with the results, quantitative determination of morphine can be initiated immediately.

**System temperature.** The effect of system temperature of 15, 20, 25, 30, 40 and 50 °C on the luminescence intensity was explored (Fig. 5A). The results demonstrate that fluorescence intensity did not change significantly when the temperature increases from 15 °C to 50 °C. Thus, the temperature of the system was chosen at room temperature.

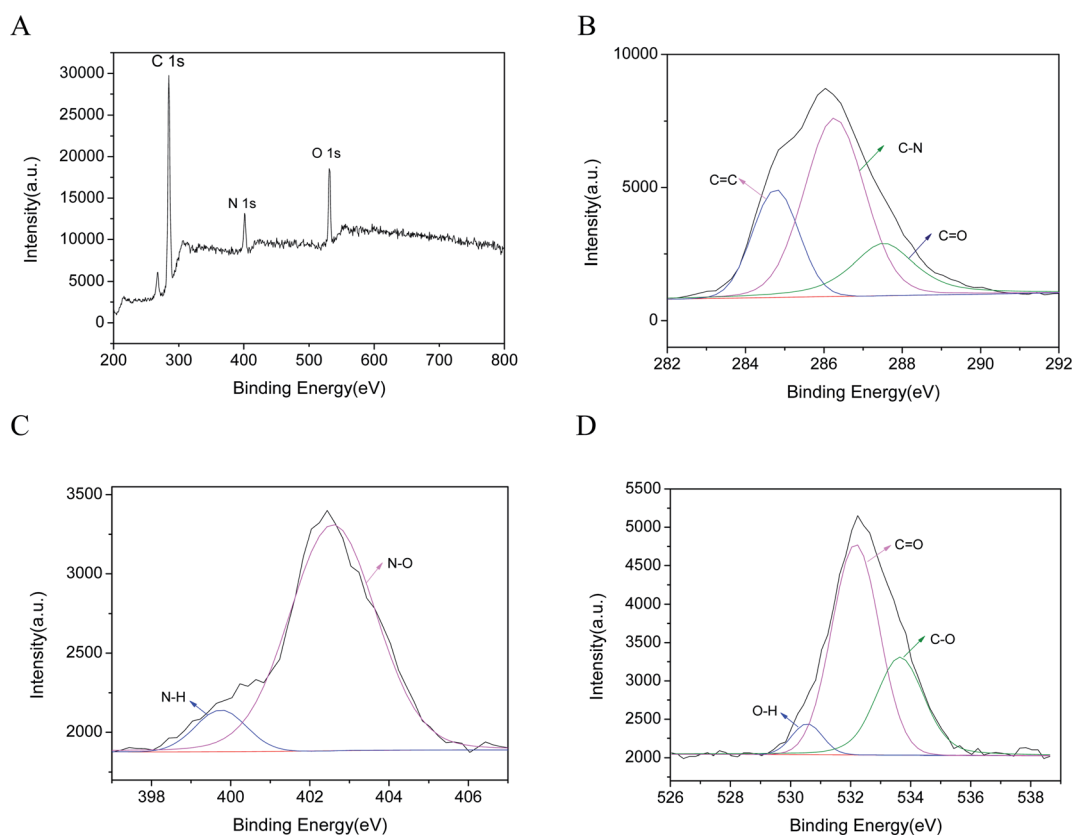


Fig. 3 (A) XPS spectra of N,Cl-CDs, high resolution (B) C 1s, (C) N 1s, and (D) O 1s peaks of N,Cl-CDs.



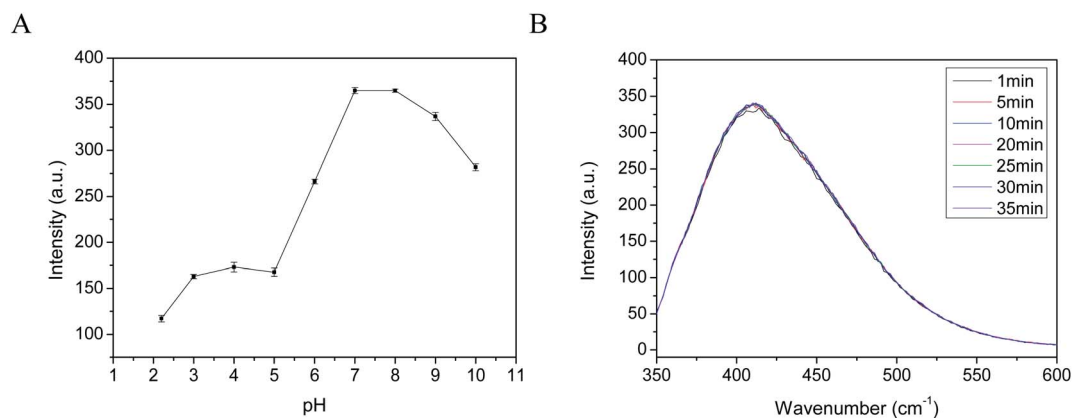


Fig. 4 Effect of (A) pH and (B) interaction time.

**Potential interfering substances and analogues.** High selectivity is an essential property of a novel fluorescent probe. The changes in fluorescence signal of morphine ( $350 \mu\text{g mL}^{-1}$ ) on N,Cl-CDs were investigated upon the addition of the same concentration ( $350 \mu\text{g mL}^{-1}$ ) of different interfering substances (magnesium sulfate, sodium chloride, zinc sulfate, glucose, potassium sulfate, urea, sodium carbonate, calcium chloride and cysteine) and analogs (methamphetamine, heroin,

ephedrine, nicotine, pseudoephedrine, theophylline and betaine). The morphine was the only compound that could significantly enhance the emission intensity of N,Cl-CDs, while all other interfering substances and analogs generate a negligible effect on the signal intensity (Fig. 5B and C). These results suggest that N,Cl-CDs could be employed as a highly sensitive and selective fluorescent probe for the quantification of morphine.

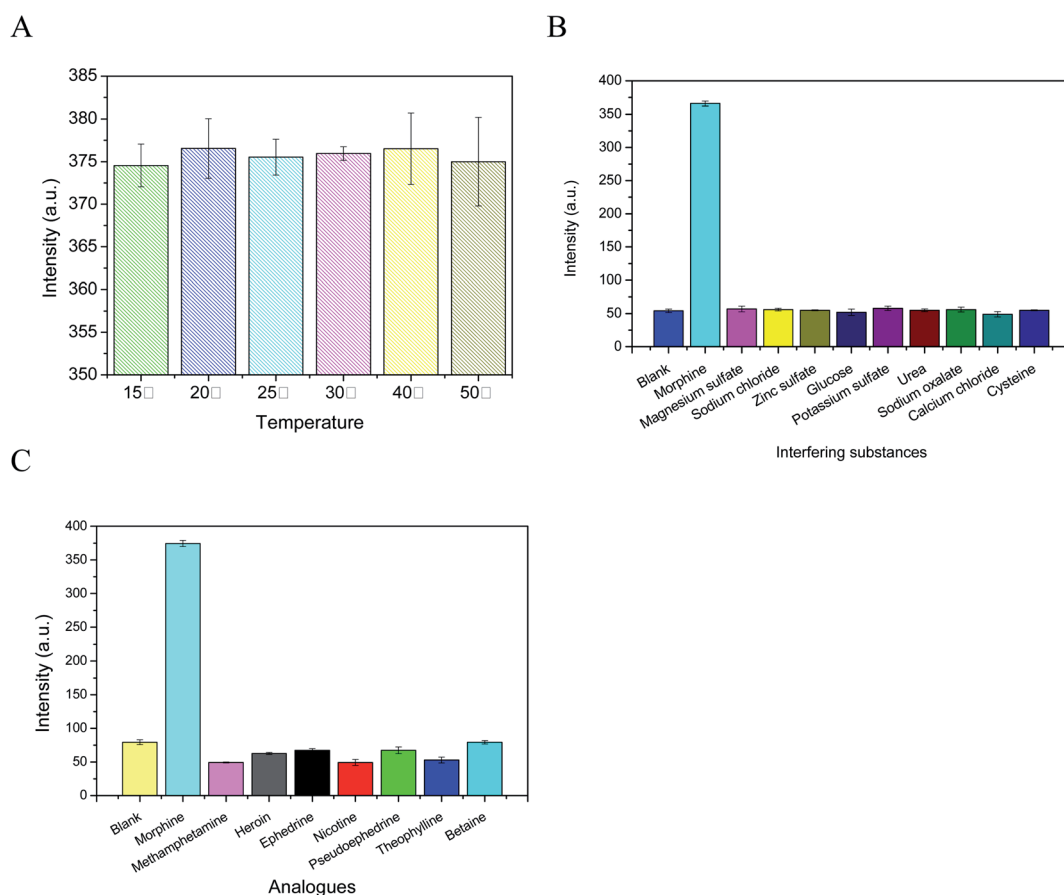


Fig. 5 Effect of (A) system temperature, (B) interfering substances and (C) analogues.



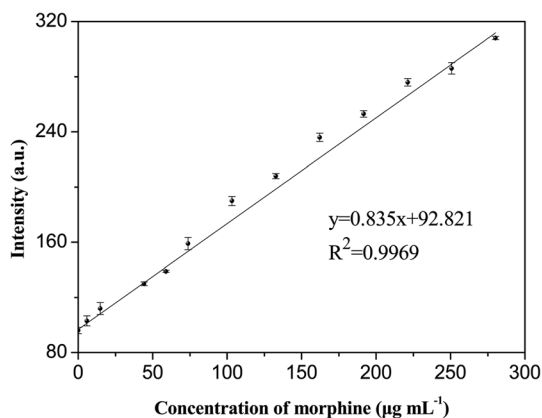


Fig. 6 The linear dependence of luminescence intensity of N,Cl-CDs with the increasing morphine concentration.

### 3.3 Method validation

Under the optimum experimental setup, the system exhibited a linear fluorescence intensity in the range of morphine concentrations from  $0.15 \mu\text{g mL}^{-1}$  to  $280.25 \mu\text{g mL}^{-1}$ . The corresponding trendline is  $y = 0.835x + 92.821$ , with the high correlation coefficient  $r^2 > 0.9969$  (Fig. 6). Based on parallel determination of 10 groups of samples ( $200 \mu\text{g mL}^{-1}$ ), the proposed method exhibited excellent reproducibility with a relative standard deviation (RSD) of 3.1%. According to the IUPAC recommendation, the limit of detection

(LOD) of the method was calculated as  $46.5 \text{ ng mL}^{-1}$  using  $3s K^{-1}$  ( $s$  is the standard deviation of continuous determination of 10 blanks,  $K$  is the slope of calibration trendline).<sup>42</sup> Therefore, it was concluded that N,Cl-CDs could be satisfactorily used for rapid identification and quantitative detection of morphine.

### 3.4 Analysis of real samples

The hotpot condiment and chilli paste were spiked with three levels (2, 20,  $200 \mu\text{g mL}^{-1}$ ) of morphine, submitted to the pretreatment procedure, and explored by the developed method (Table 1). The recovery of novel fluorescent method was between 95.2% and 102.8%, and RSDs were less than 5.0%. Table 2 reviews the analytical data of different methods for the determination of morphine.<sup>6–9,12,34,43–46</sup> Compared with anti-morphine antibody-labeled C-Dots and colloidal gold labeling, N,Cl-CDs is a low-cost and easy-obtaining material. Moreover, there is no participation of precious metals, which was environmentally friendly and affordable. In comparison with electrochemical sensor and graphene quantum dots fluorescence, the proposed method is simpler and highly accurate. The results show that the presented method can be introduced for quickly screening illegal addition of poppy shell in foods as described methods.

### 3.5 Mechanism of N,Cl-CDs

In the current work, a highly sensitive fluorescent probe based on N,Cl-CDs in a choline chloride/urea DES was

Table 1 Quantification of morphine in samples ( $n = 3$ )

Samples	Added ( $\mu\text{g mL}^{-1}$ )	Found ( $\mu\text{g mL}^{-1}$ )	Recovery (%)	RSD (%)
Hotpot condiment	—	N.D. <sup>a</sup>	—	—
	2	$1.944 \pm 0.059$	97.2	4.1
	20	$19.88 \pm 0.20$	99.4	1.5
	200	$205.53 \pm 4.83$	102.8	3.0
Chilli paste	—	N.D. <sup>a</sup>	—	—
	2	$1.904 \pm 0.033$	95.2	2.2
	20	$20.28 \pm 0.46$	101.4	2.9
	200	$192.67 \pm 5.52$	96.3	3.4

<sup>a</sup> Not detected.

Table 2 The overview of analytical data of the reported methods for the analysis of morphine

Materials	Detection methods	Linearity range	LOD	Reference
C18 cartridges	HPLC	$50\text{--}750 \text{ ng mL}^{-1}$	$50 \text{ ng mL}^{-1}$	6
Silica-based hydrophobic cation exchange copolymer	GC	$10\text{--}600 \text{ ng mL}^{-1}$	—	7
Acidic potassium permanganate chemiluminescence	CE	$2.5 \times 10^{-7}$ to $1 \times 10^{-4} \text{ M}$	$2.5 \times 10^{-7} \text{ M}$	8
Liquid–liquid extraction	UPLC-MS/MS	$1\text{--}2000 \text{ ng mL}^{-1}$	—	9
Liquid–liquid extraction	Direct MS	$10\text{--}10 \times 10^3 \text{ ppb}$	2 ppb	12
Carbon quantum dot-labeled antibody	Fluorescence immunoassays	$3.2 \times 10^{-4}$ to $1 \text{ mg L}^{-1}$	$2.7 \times 10^{-4} \text{ mg L}^{-1}$	34
Anti-morphine antibody-labeled C-Dots	Fluorescence immunoassays	$3.2 \times 10^{-4}$ to $10 \text{ mg L}^{-1}$	$3.0 \times 10^{-4} \text{ mg L}^{-1}$	43
Colloidal gold labeling	Immunochromatography	—	0.1 ppb	44
Modified multiwall carbon nanotubes paste electrode	Electrochemical sensor	0.2–250 $\mu\text{M}$	0.09 $\mu\text{M}$	45
Graphene quantum dots	Fluorescence	—	0.06 $\mu\text{M}$	46
N,Cl-CDs	Fluorescence	$0.15\text{--}280.25 \text{ ng mL}^{-1}$	$46.5 \text{ ng mL}^{-1}$	This work



constructed to identify morphine. The molecule of morphine contains two hydroxyl groups ( $-\text{OH}$ ), which is a typical Lewis base. Based on the infrared image (Fig. 2C), N,Cl-CDs contain  $\text{C}=\text{O}$  and  $\text{C}-\text{O}$  on their surface, which is a typical Lewis acid. Thus, morphine can serve as a hydrogen donor and further alter the surface property of N,Cl-CDs. Fig. 7A illustrates the PL spectra of N,Cl-CDs in morphine solutions with different concentrations. When the morphine concentration increases from  $0 \mu\text{g mL}^{-1}$  to  $280.25 \mu\text{g mL}^{-1}$ , the emission peak shifts from 413 nm to 423 nm, which may be attributable to the following reasons. At first, morphine can play the role of a hydrogen donor and further alter the surface of N,Cl-CDs. Therefore, the emission peaks can shift towards the long wavelength. Secondly, the emission peak of N,Cl-CDs is red-shifted with respect to the functionality with halogens (such as Cl), which is in consistence with the literature data.<sup>47</sup>

The fluorescence lifetime curve is shown in Fig. 7B. The lifetime components of N,Cl-CDs are  $\tau_1 = 4.76 \text{ ns}$  (60.72%) and  $\tau_2 = 11.53 \text{ ns}$  (39.28%), and the mean fluorescence lifetime is 8.89 ns ( $\chi^2 = 1.457$ ). After adding morphine, the lifetime components are  $\tau_1 = 4.55 \text{ ns}$  (62.14%) and  $\tau_2 = 11.86 \text{ ns}$  (37.86%), and the mean fluorescence lifetime is 9.04 ns ( $\chi^2 = 1.609$ ). Based on these data, it can be observed that the

fluorescence lifetime is almost unchanged after morphine addition, indicating that the interaction between PA and the ground state molecules of N,Cl-CDs contributes leads to fluorescence enhancement.

Fig. 7C showed the UV-vis absorption spectra of N,Cl-CDs before and after addition of morphine. This proves that there was interaction between morphine and N,Cl-CDs. According to FT-IR and XPS diagrams, the surface of N,Cl-CDs has hydrophilic functional groups such as carbonyl group, cyano group, amino group, hydroxyl group and carboxyl group. This may be related to the abundant functional groups and their interactions in choline chloride-urea DES and glycine. These functional groups can lower the non-radiative recombination of N,Cl-CDs and transfer the emission of N,Cl-CDs from defect state to eigenstate. In addition, previous studies reported that the amines of the target could enhance emission intensity of nano-range molecules.<sup>48,49</sup> The hydrogen bonding and charge transfer interactions of morphine with the N,Cl-CDs *via* its tertiary amino group increases the surface electron density.<sup>50</sup> The binding of morphine on N,Cl-CDs stabilizes the surface and decreases the surface defects that act as electron traps,<sup>48,49</sup> and therefore enhancing the fluorescence intensity.

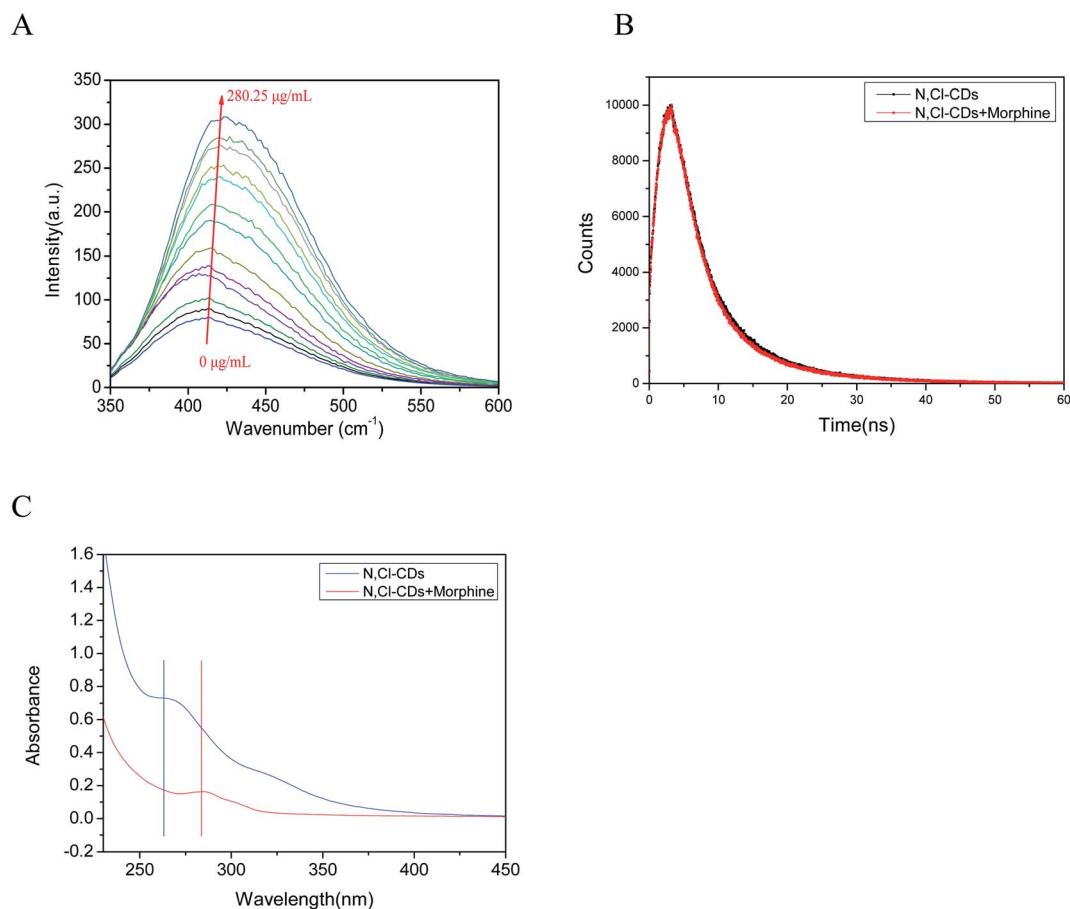


Fig. 7 (A) The fluorescence emission of N,Cl-CDs at different levels of morphine; (B) the fluorescence lifetime curve of N,Cl-CDs and N,Cl-CDs + morphine; (C) UV-vis absorption spectra of N,Cl-CDs and N,Cl-CDs + morphine.



## 4. Conclusions

To conclude, in the current work, we report a hydrothermal synthesis of N,Cl-CDs starting from DES as raw material and their application as the probe for the sensitive and selective fluorescent detection of morphine in foods. In addition, we also investigated the effects of different pH, interaction time, system temperature, potential interfering substances and analogues. The developed method possesses several advantages such as high efficiency, facile usage and environmental-friendliness, indicating a large potential for practical application of N,Cl-CDs in the determination of illegal addition of poppy shells in food. Moreover, we expect that this technique will be sufficiently sensitive and repetitive to screen for the traces of poppy shell in foods.

## Conflicts of interest

The authors have declared no conflict of interest.

## Acknowledgements

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