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# Application progress of RVG peptides to facilitate the delivery of therapeutic agents into the central nervous system

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The incidence of central nervous system (CNS) diseases is increasing with the aging population. However, it remains challenging to deliver drugs into the CNS because of the existence of a blood–brain barrier (BBB). Notably, rabies virus glycoprotein (RVG) peptides have been developed as delivery ligands for CNS diseases. So far, massive RVG peptide modified carriers have been reported, such as liposomes, micelles, polymers, exosomes, dendrimers, and proteins. Moreover, these drug delivery systems can encapsulate almost all small molecules and macromolecule drugs, including siRNA, microRNAs, DNA, proteins, and other nanoparticles, to treat various CNS diseases with efficient and safe drugs. In this review, targeted delivery systems with RVG peptide modified carriers possessing favorable biocompatibility and delivery efficiency are summarized.

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## 1. Introduction

As the incidence of CNS diseases is increasing with the aging population, it is a significant challenge to deliver therapeutic agents to the CNS in drug development.<sup>1</sup> Besides, the lack of effective treatment can result in high-cost therapies compared to a quarter of all other disease burdens based on real-world data obtained from a healthcare organization in the Basque Country from 2016 to 2018.<sup>2</sup> Therefore, drug delivery systems developed for the CNS improve many patients' well-being and significantly reduce health costs. However, a challenging obstacle must be solved to enable bioactive molecules to reach the CNS with therapeutic quantities of the BBB.<sup>3</sup>

BBB is composed of brain endothelial cells, astrocytes, and pericytes with absent fenestrations and more restrictive tight junctions to prevent mostly large-molecule and small-molecule agents from entering the CNS,<sup>4</sup> except when many brain diseases (such as glioblastoma and spinal cord injury) destroy its integrity.<sup>5</sup> BBB regulates the passage of solutes between the CNS and blood due to tight connections and the lack of fenestration in the epithelial layer (Fig. 1).<sup>6,7</sup> BBB is naturally formed

to prevent large molecular substances from entering the CNS except for some small lipid-soluble molecules with molecular weight (MW) <111 Da,<sup>8,9</sup> such as proteins, nucleic acids, and other therapeutic agents with unique properties.<sup>10,11</sup> To solve this problem, researchers have focused on cell-penetrating RVG peptides, which can be served as a suitable candidate cell-penetrating peptide with the ability to deliver therapeutic agents to the brain in a non-invasive manner.<sup>12</sup> There are two kinds of CPPs, natural and synthetic, such as TAT<sup>13</sup> and RVG.<sup>14</sup> Although they have great differences in chemical structure, they still have some common properties, such as high efficiency of transmembrane transport and no obvious cytotoxicity.

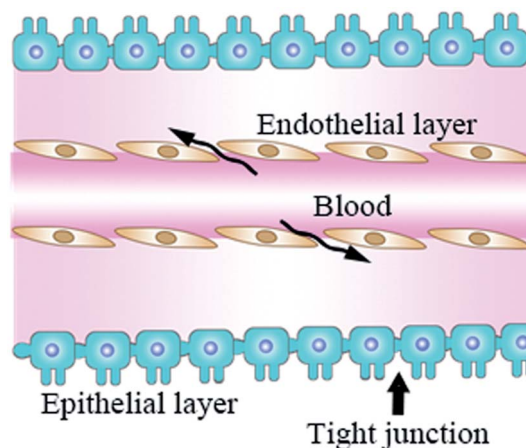


Fig. 1 A diagrammatic sketch of the BBB structure. The fenestration of the endothelial layer does not form a barrier (arrow), and epithelial cells form BBB (green) by tight junctions (arrowhead).

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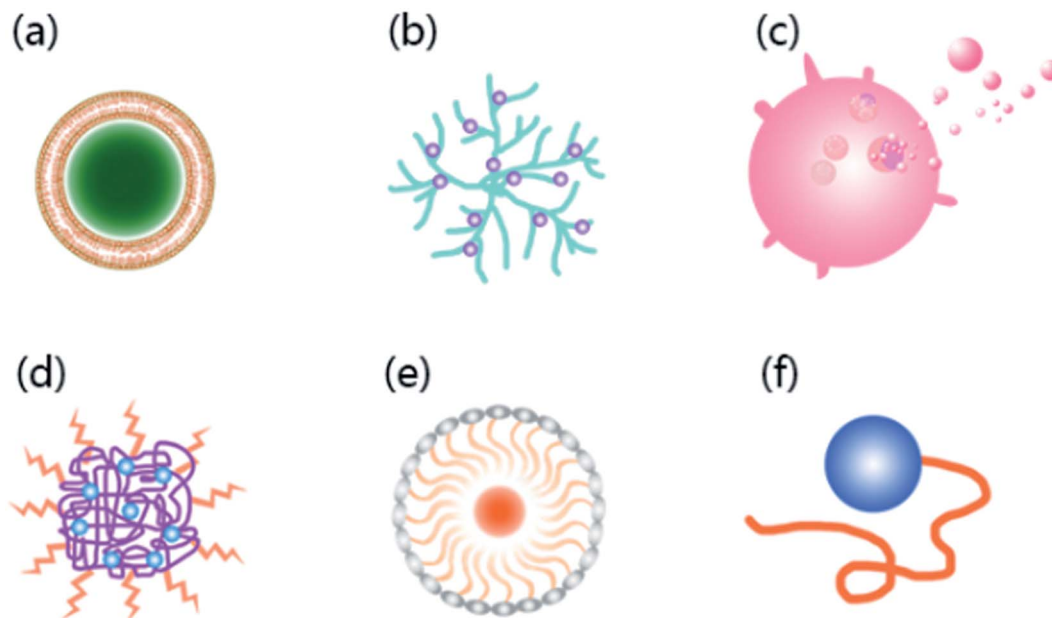


Fig. 2 Six common carriers with RVG as the ligand currently developed to deliver drugs across the BBB. (a) Liposomes; (b) dendrimers; (c) exosomes; (d) polymers; (e) micelles; (f) bioactive proteins.

with RVG-peptide complexes, which proved that the BACE1 gene was knocked out by the RVG-chitosan complex.<sup>59</sup> Conceição's studies showed that stable nucleic acid-lipid particles were prepared by linking RVG27-9R with liposome loaded siRNA mutant for ataxin-3. Further animal diseases models in mice indicated that RVG27-9R modified liposome loaded stable nucleic acid-lipid particles (SNLPs) can effectively silence ataxin-3, then reduce neuropathological and behavioral abnormal in Machado-Joseph disease, which provides a new way for neurodegenerative therapy.<sup>60</sup>

#### 4.2 RVG peptide modified dendrimers for treating CNS diseases

Multifunctional dendrimers (such as PLGA,<sup>61</sup> PAMAM<sup>62</sup>) have attracted researchers' attention as drug delivery agents because of their unique properties, such as multifunction, biocompatibility, and adjustable size.<sup>63</sup> RVG is usually first linked to dendrimer molecules on its surface. Then RVG peptides bind receptors (nAChR or  $\gamma$ -aminobutyric acid) on the epithelial cells, which are the BBB's main structure to mediate the transcytosis of carriers across the BBB. At last, the internalization of carriers allows drug release into the CNS, as shown in Fig. 3.

There was no effective treatment of brain injury after circulatory arrest for neuritis and excitotoxicity regulation following hypothermic circulatory arrest (HCA). The dendrimers assisted enormously to treat brain injury after circulatory arrest. For example, dendrimer-*N*-acetylcysteine (D-NAC) and dendrimer-valproic acid (D-VPA) conjugates were produced for the canine brain injury model following circulatory arrest. Mishra found that PAMAM dendrites with hydroxyl end groups were absorbed in the injured brain after systemic administration and localized in injured neurons and microglia.<sup>64</sup> Moreover, compared with

the combination of high-dose VPA, NAC, or free VPA, the low-dose group's 24 hour neurological deficit score was significantly improved.

As a highly ordered and well-defined macromolecule, PAMAM has been widely utilized in various fields, including gene therapy,<sup>65</sup> biomedical imaging,<sup>63</sup> and sensing of dendrimers.<sup>66</sup> PAMAM dendrimers are multibranched monomers of polymer molecules that are derived from a single core with open, flat, asymmetrical shapes in the next generation.<sup>67</sup> After the core of dendrimers was removed, some uniform fragments were maintained. The number of dendrons depends on the diversity of the central core (2, 3, 4, or more).

Studies found that PAMAM may be used as a nano-scale spherical polymer for efficient gene encapsulation to improve the transfection efficiency of nerve cells, and cell-penetrating peptides (CPPs) modified PAMAM can facilitate its delivery.<sup>65</sup> For example, RVG29 was covalently bonded with PAMAM with the help of bifunctional polyethylene glycol (PEG) to prepare PAMAM-PEG-RVG29, which combined with DNA to form PAMAM-PEG-RVG/DNA composite. Then the targeting efficiency of PAMAM-PEG-RVG29 encapsulating DNA was evaluated *in vitro* and *in vivo*. The experimental results showed that RVG-modified PAMAM-PEG exhibited higher BBB crossover efficiency compared with PAMAM/DNA *in vitro*. Besides, *in vivo* imaging showed that PAMAM-PEG-RVG29 could preferably accumulate in the CNS with higher reporter gene expression efficiency than that of RVG unmodified PAMAM.<sup>68</sup> Also, to further increase the transfection efficiency, arginine-grafted bio-reducible poly(disulfide amine) (ABP) was combined with PAMAM to form a PAM-ABP complex (Scheme 1). By combining RVG with redox-sensitive biodegradable arginine-grafted polymer (PAM-ABP), RVG can produce particles with plasmid DNA

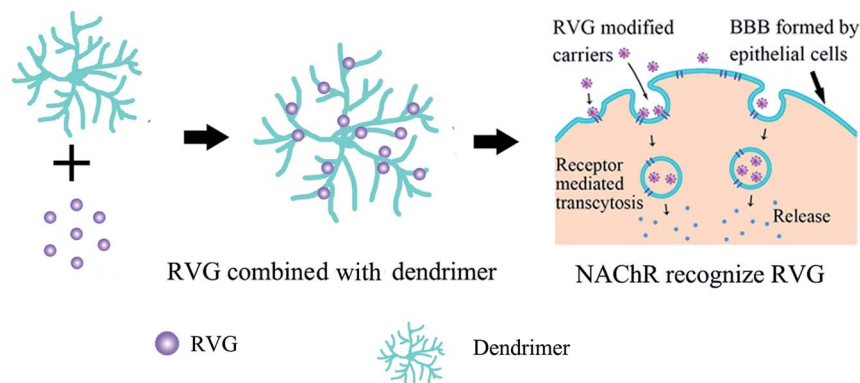


Fig. 3 Delivery of RVG modified dendrimer.

without changing the releasing characteristics of environmentally sensitive DNA and the toxicity distribution of PAM-ABP, which showed that RVG-PAM-ABP quantitatively enhanced the cell transfection efficiency.<sup>53</sup>

#### 4.3 RVG peptide modified exosomes for CNS disease treatment

As extracellular vesicles (40–120 nm) are released by many cell types, exosomes can transfer mRNA,<sup>69</sup> microRNA,<sup>70</sup> and protein<sup>71</sup> for therapeutic purposes.

Exosomes can effectively deliver therapeutic RNA or nucleoprotein for gene treatment.<sup>70</sup> Lydia combined RDP with exosomes to express Lamp2b and found that the complexes selectively bind to nAChR expressed on neurons, which may enable exosomes to enter brain cells effectively. In addition, intravenous RVG-targeted exosomes specifically deliver glyceraldehyde-3-phosphate dehydrogenase (GAPDH) siRNA to the CNS, leading to specific gene knockout.<sup>72</sup> Also, the exosomes of mesenchymal stem cells (MSCs) can prevent memory impairment in Alzheimer's disease (AD) animal models with normalized inflammatory cytokine levels.<sup>73</sup>

**4.3.1 Targeted delivery of RVG-modified exosome loaded siRNA to treat Alzheimer's disease or drug addiction (such as morphine, fentanyl, and methadone).** Alzheimer's disease is the most common cause of dementia among the aging population. Brains of patients with this condition have a marked inflammatory response.<sup>74</sup> Fortunately, RVG-exosomes can deliver therapeutic agents to the CNS for regulating inflammatory responses<sup>73</sup> and aggregation of amyloid-beta (A-beta) peptides<sup>75</sup> in Alzheimer's disease. Besides, RVG-modified exosomes were prepared from human embryonic kidney 293T (HEK 293T) cells and expressed targeting peptides on exosomes' surface for the delivery of MOR siRNA to treat morphine addiction. The experimental results show that the RVG-modified exosome loaded siRNA were safe and efficiently delivered into the CNS to reduce efficient inhibition of morphine recurrence.<sup>76</sup>

**4.3.2 Targeted delivery of RVG-exosomes for stroke in the juvenile and adult nervous system.** Stroke is a group of diseases with cerebral ischemia and hemorrhagic injury as primary clinical manifestations, also known as stroke or cerebrovascular

accident, with high mortality and disability rate, such as hemorrhagic stroke (cerebral hemorrhage or subarachnoid hemorrhage) and ischemic stroke (cerebral infarction, cerebral thrombosis). High Mobility Group Box 1 (HMGB1) was delivered into the CNS by rabies virus glycoprotein (RVG) peptide-decorated exosomes for the ischemic brain, and the results showed good treatment results with infarct size decrease.<sup>77</sup> To produce RVG-exosomes for ischemic injury, Yang *et al.* fused RVG peptide with lysosome-related membrane glycoprotein 2b (Lamp2b) and led pcDNA3.1(–)-RVG-Lamp2b plasmid into bone marrow mesenchymal stem cell (BM-MSC). Then RVG-exosomes loaded with mimic or disordered microRNAs by electroporation purified the exosomes from the culture supernatant of BM-MSC (Fig. 4). The experimental results showed that the systematic application of RVG-exosomes containing miR-124 could promote cortical neural progenitor cells' neural function and protect ischemic damage through strong cortical neurogenesis, indicating that RVG-exosomes can be used for neuromodulation after stroke.<sup>78</sup>

**4.3.3 RVG modified exosome loaded siRNA for treating neurodegenerative diseases.** Parkinson's disease is a neurodegenerative disease and one of the common nervous system diseases with abnormal alpha-synuclein ( $\alpha$ -Syn) aggregates caused by misfolded proteins.

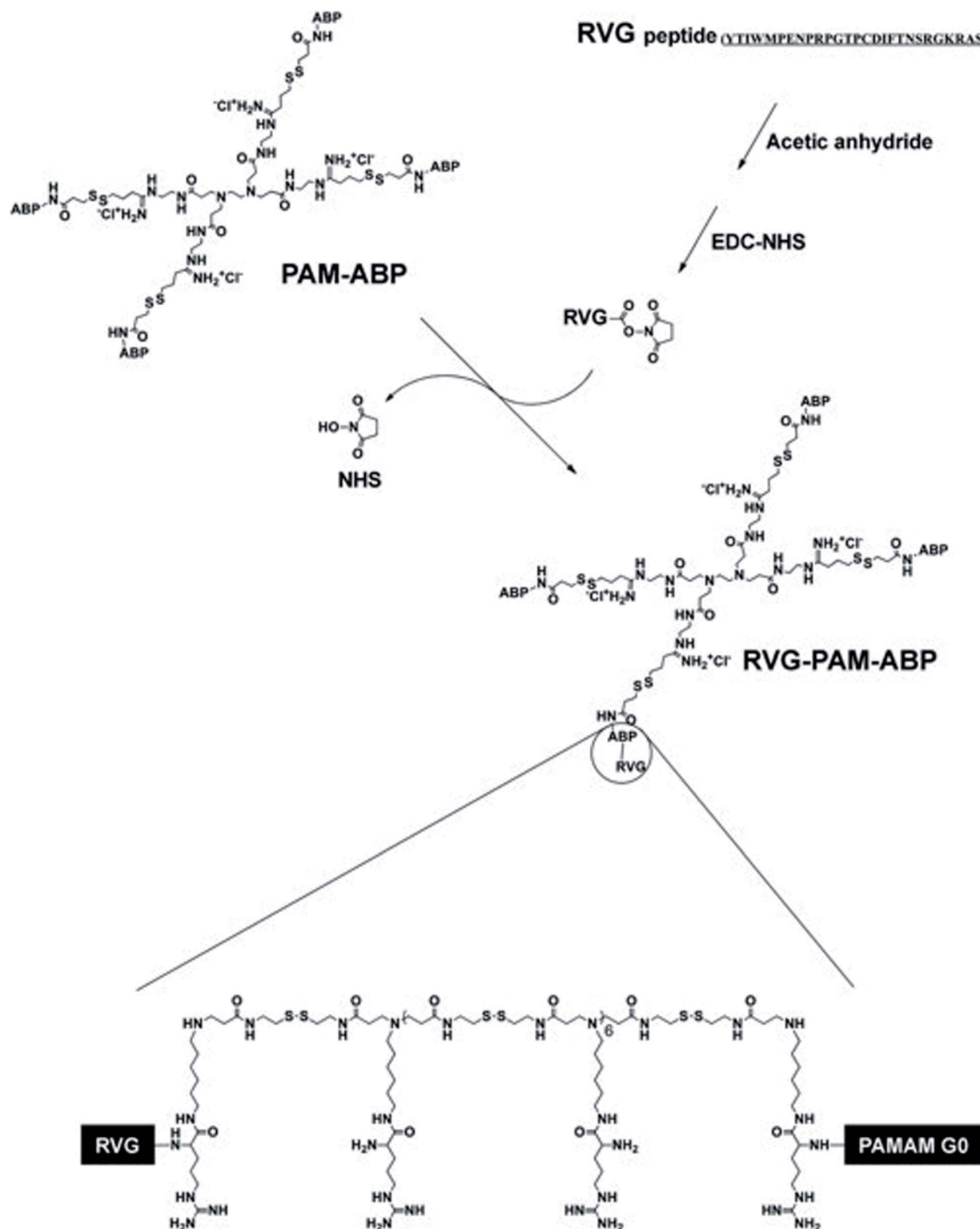
To achieve widespread delivery of siRNA to the brain, Cooper injected RVG-modified exosomes that express the rabies virus glycoprotein. In S129D $\alpha$ -Syn transgenic mice, they found that the levels of  $\alpha$ -Syn mRNA and protein in the whole brain decreased 7 days after injection, which resulted in a large decrease in protein aggregates in the nerves, including a reduction of dopaminergic neurons in the substantia nigra.<sup>79</sup> Cooper's research highlights the therapeutic potential of RVG-modified exosomes, which means that RVG-exosome delivery targeting siRNA technology could treat protein-misfolding diseases.

#### 4.4 RVG peptide modified polymers for CNS disease treatment

Polymer delivery systems have been widely promoted in CNS disease treatment.<sup>80</sup> As a biodegradable polymer, GLIADEL wafer can load multiple therapeutic agents for the treatment of







Scheme 1 Synthesis progress of RVG-PAM-ABP (this figure has been reproduced from ref. 53 from its author, copyright 2014).

malignant glioma in an animal model.<sup>81</sup> The critical property of the biological activity of polymers (such as cyclodextrin,<sup>82</sup> pluronic 85,<sup>83</sup> pluronic 123,<sup>84</sup> and pluronic F127 (ref. 85)) is that they can bind to RVG peptides and then deliver agents into the CNS to achieve therapeutic purposes. On this basis, polymers

have stealth characteristics, which can avoid reticular endothelial system (RES) and other scavenging. To make full use of different polymers, the mixed use of polymers with complementary properties can improve their delivery efficiency.<sup>86</sup> For example, RVG-amphiphilic cyclodextrin was successfully

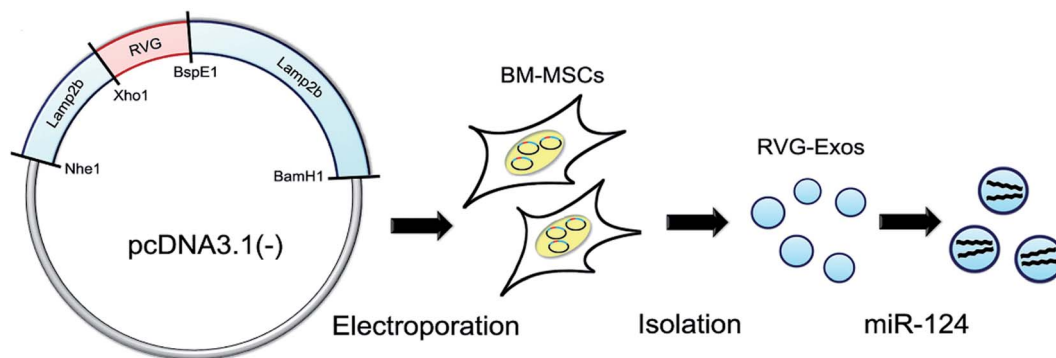


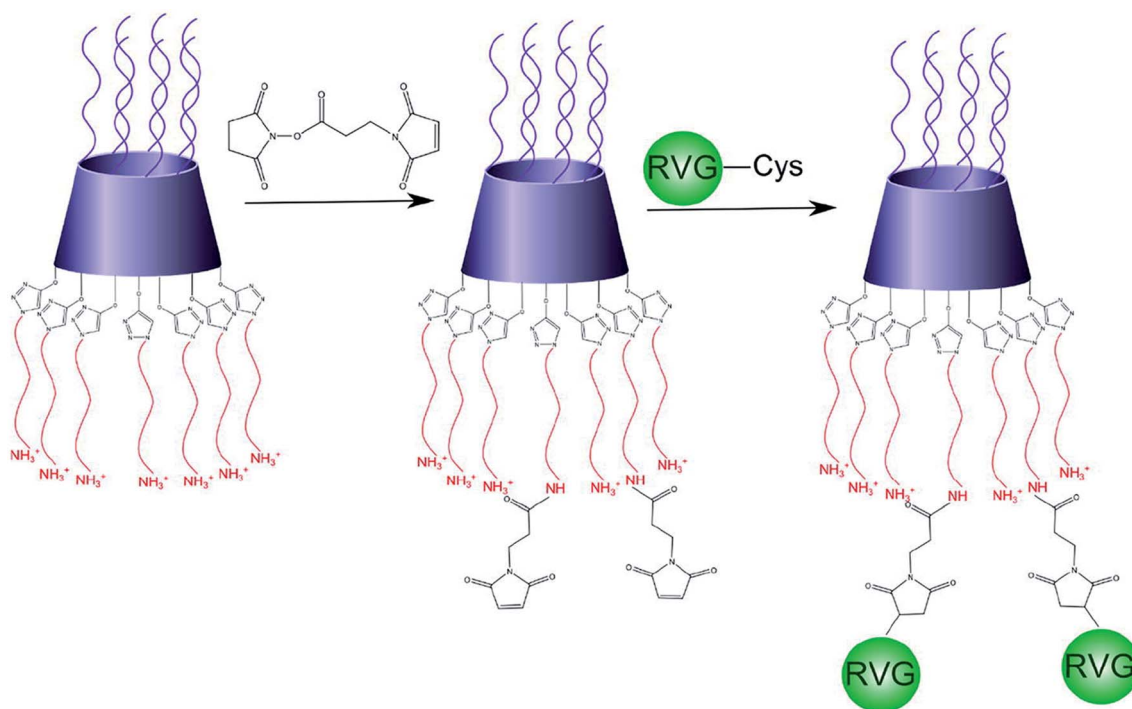
Fig. 4 RVG-modified exosomes, including plasmid recombination, BM-MSC electroporation, exosome separation, and cargo loading (this figure has been reproduced from ref. 78 from Elsevier Science, copyright 2017).

prepared, optimally at a molar ratio of 1 : 1.5 : 0.5 (cationic cyclodextrin : PEGylated cyclodextrin : RVG-tagged PEGylated cyclodextrin) with a size of  $281 \pm 39.72$  nm (Scheme 2), which indicates a promising polymer delivery system for CNS disease treatment.

You *et al.* report a kind of RVG combined monomethoxy polyethylene glycol (mPEG)-poly(lactic acid glycolic acid) (PLGA) nanoparticles (RNP-DFO), which can not only effectively transmit to the CNS but also extend the cycle time of deferoxamine. This RVG delivery system can significantly enhance the concentration of deferoxamine and greatly reduce their cerebral iron content and ROS level in the CNS.<sup>28</sup> Zhang's results showed that the micelles composed of pluronic P123 and pluronic F127 combined the multidrug resistance (MDR) sensitization characteristics of P123 with the long cycle effect of pluronic F127,

and enhanced the activity of PTX in overcoming MDR in lung cancer.<sup>88</sup> Liu's research shows that tryptophan derivatives functionalized pluronic P123/F127 should be developed to deliver antiepileptic agents to the CNS by transport-mediated endocytosis.<sup>89</sup>

Also, nucleic acids combine with cationic polymers *via* ionic interaction to efficiently deliver genes and escape from them using proton buffering capacity. Therefore, RNA interference (RNAi) became one of the powerful treatment tools for neurodegenerative diseases by directly blocking pathogenic genes. For example, RVG-modified poly(mannitol-co-PEI) gene transporter (PMT) delivered PMT/siRNA complexes to the CNS by binding nAChR expressed on BBB *in vitro* and *in vivo*. RVG-modified PMT can transport  $\beta$ -site amyloid precursor protein-cleaving enzyme 1 (BACE1, a therapeutic target in Alzheimer's



Scheme 2 Schematic of RVG peptide combining with an amphiphilic cyclodextrin molecule (reproduced with permission from ref. 87 from Elsevier Science, copyright 2015).



disease) siRNA into the CNS, and the progress of Alzheimer's disease (AD) was blocked after the injection of RVG-modified PMT/siRNA complexes,<sup>90</sup> as shown in Scheme 3. Besides, RVG and chitosan modified purron-based nanocarriers had been used to deliver reporter protein  $\beta$ -galactosidase ( $\beta$ -Gal) to the CNS. The results indicated that the nanocarriers, including chitosan and RVG, were very influential in facilitating drug delivery into the CNS, suggesting that RVG-chitosan nanocarriers are available for delivering proteins to the CNS.<sup>91</sup>

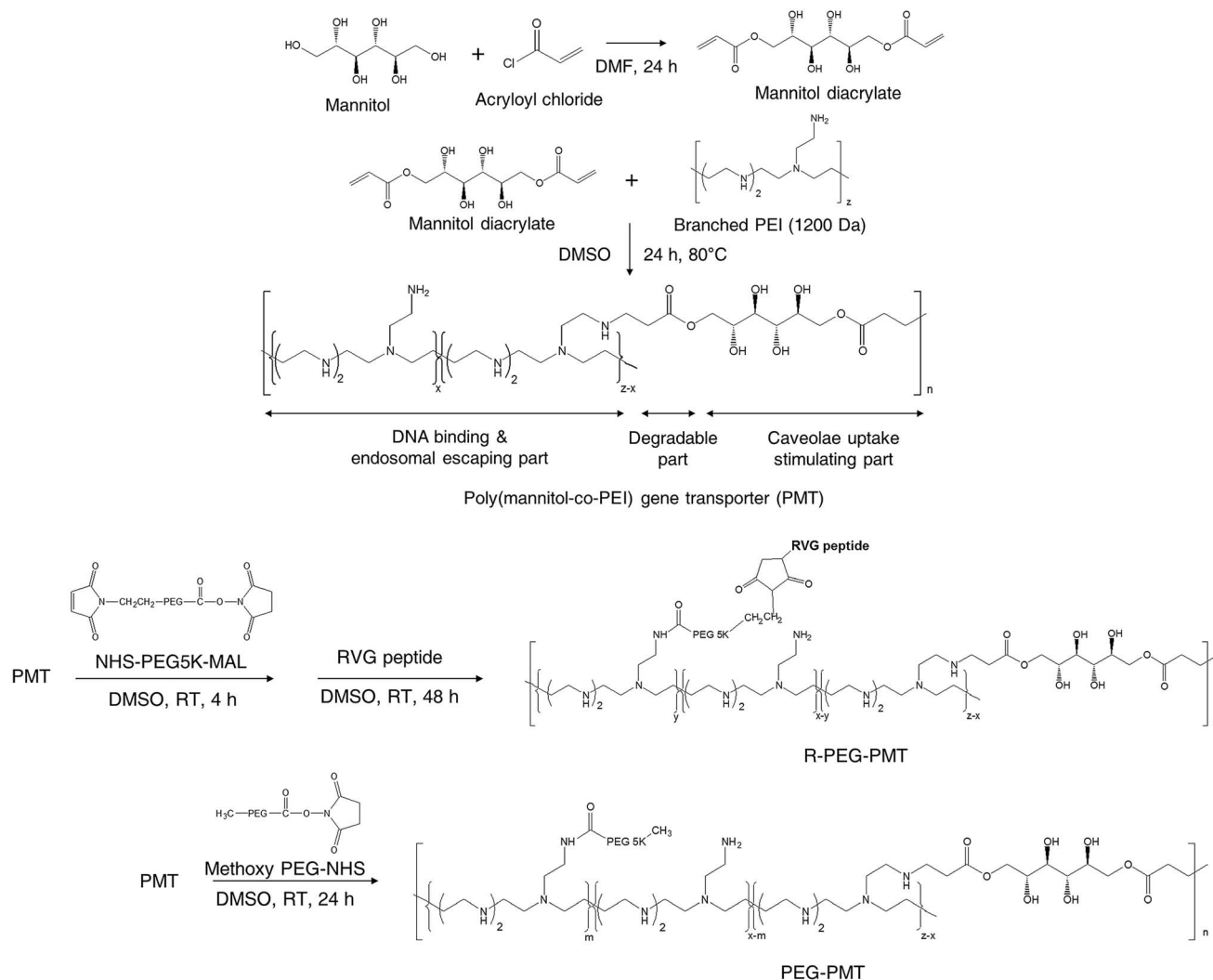
#### 4.5 RVG peptide modified micelles for CNS diseases treatment

The drug delivery system based on micelles has achieved significant solubility, metabolic stability, and cycle time.<sup>92,93</sup> RVG can help the therapeutic drug delivery to the CNS despite the BBB.<sup>94</sup> Besides, many other factors were affecting micelles' *in vivo* effects to deliver into the brain, including the physical and chemical properties of micelles, enzymatic degradation, and so on.<sup>95</sup> For example, Zou-D designed and synthesized

ganglioside GM1 micelles spontaneously encapsulating anti-cancer drug ganglioside DOX with slow drug release for CNS targeting effects *in vitro* and *in vivo*.<sup>96</sup>

For penicillin-sensitive and drug-resistant pneumococcal meningitis, PEG-based nano-BA12K was prepared with RVG29 and *P*-glycoprotein (*P*-gp) inhibitor (pluronic P85 monomer) to make up an integrated micelle system (RVG29-nano-BAP85) for resisting penicillin-sensitive and drug-resistant pneumococcal meningitis. The results showed that RVG29-nano-BAP85 had higher BBB traversal ability than single formulation micelles. Excellent CNS targeting performance of the mixed micelles have the characteristics of higher receptor binding affinity, lower *P*-gp function, and negligible systemic toxicity to penicillin-sensitive and drug-resistant pneumococcal meningitis.<sup>19</sup>

Besides, RVG peptides can modify micelles to provide CNS-targeting nucleic acids by electrostatic interaction.<sup>97</sup> Hong Hu connected RVG and micelles under heterobifunctional PEG to enhance the stability and biocompatibility (Fig. 5). The



**Scheme 3** Synthetic route of RVG-PEG-PMT (this scheme has been reproduced from ref. 90 with permission from Elsevier Science, copyright 2014).

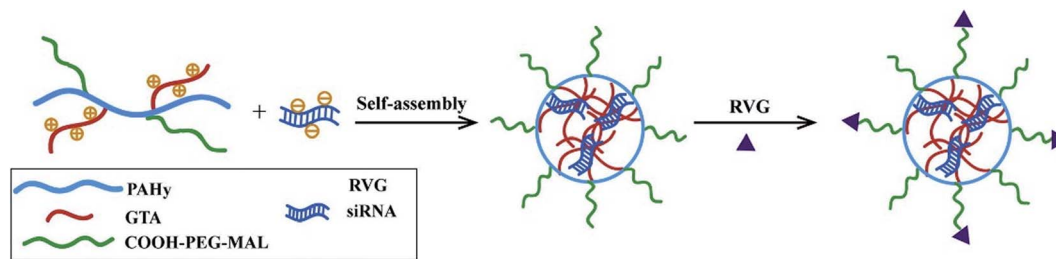


Fig. 5 The preparation of RVG-PEG-g-PAHy-GTA/siRNA micelles (reproduced with permission from ref. 98 with permission from Elsevier Science, copyright 2015).

experimental results showed that micelles modified by RVG could effectively deliver siRNA to the CNS.<sup>98</sup>

#### 4.6 RVG peptide modified bioactive proteins for CNS disease treatment

With the increasing aging population and nervous system diseases, more than 12% of disease deaths are caused by nervous system diseases.<sup>99</sup> In recent years, targeted therapy systems have brought hope to these patients, especially for single-gene illnesses that cause protein dysfunction and follow pathological cascade.<sup>100</sup> Many experiments proved that it is feasible to control diseases by activating or inhibiting gene transcription using bioactive proteins.<sup>101,102</sup> For instance, CNS-derived neurotrophic factor (BDNF) was combined by our research team with RDP, and then injected into the mice to repair damaged CNS (Fig. 6). Subsequent inspections found that the BDNF protein can efficiently and specifically enter the CNS in 15 min with the therapeutic effect of reducing stroke volume and neural deficit.<sup>103</sup> Besides, 43 amino acid peptides derived from RVG were fused to  $\beta$ -Gal, and it was found that the fusion protein was targeted to hippocampal neurons after systemic administration,<sup>43</sup> which may open a new possibility for targeted delivery of small molecules and macromolecule to local brain regions using neurotrophic glycoprotein-derived peptides.

Gene editing technologies promote clinical practice through rectifying genetic mutation and effective gene therapy of immune cells.<sup>104</sup> However, if its treatment can be targeted, the curative effects will significantly be improved. For example, as a 38 kD site-specific recombinase in phage P1, Cre protein had been a promising tool for genome editing to shear the plasmid and traverse the cell membrane of cultured Neuro2a cells. The studies found that RVG not only sends Cre to the targeted area in the CNS by infecting Cre-expressing

neurons<sup>105</sup> but also modifies Cre recombinase for genome editing in mouse brain.<sup>106</sup> Furthermore, after RVG-Cre was intravenously administered to mouse lines mTmG and Rosa26lacZ, Zou-Z found that RVG-Cre can be enriched in the brain and the somatic genome was safely edited in adult mice.<sup>107</sup>

## 5. Conclusion and perspectives

With the widespread unhealthy lifestyles and the prolonged life expectancy of modern people, the incidence of CNS diseases worldwide has gradually increased in recent years. As a special CNS-targeted drug delivery system, RVG delivery systems are one of the most promising topics in the field of brain disease treatment. RVG-mediated drug delivery systems have been widely applied to treat CNS diseases with great advantages in delivering nanocarriers across the BBB into the brain with biological properties: stable and suitable physical and chemical properties for *in vivo* applications, superior targeting, and therapeutic efficiency. However, a more detailed understanding of its application progress will promote its engineering level, such as scaling up and quality control. More efforts, including new biological materials and biotechnology, should be made to achieve the translation of RVG delivery systems.

## Author contributions

Q. Wang, S. Cheng, and F. Qin collected and extensively researched the literature in the field; A. Fu and C. Fu conceived and wrote the manuscript. All authors have approved the final version of the manuscript.

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## Conflicts of interest

The authors declare no conflict of interest.

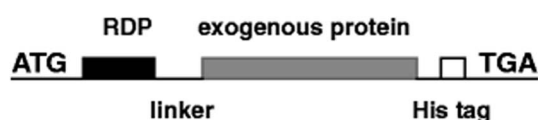


Fig. 6 The structural representation of RDP and exogenous proteins, such as BDNF,  $\beta$ -galactosidase ( $\beta$ -Gal), and luciferase (Luc) (reproduced with permission from ref. 103 with permission from Springer Nature, copyright 2012).





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