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# Ocean plastics: environmental implications and potential routes for mitigation – a perspective

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This review provides a current summary of the major sources and distribution of ocean plastic contamination, their potential environmental effects, and prospects towards the mitigation of plastic pollution. A characterization between micro and macro plastics has been established, along with a comprehensive discussion of the most common plastic waste sources that end up in aquatic environments within these categories. Distribution of these sources stems mainly from improper waste management, road runoff, and wastewater pathways, along with potential routes of prevention. The environmental impact of ocean plastics is not yet fully understood, and as such, current research on the potential adverse health effects and impact on marine habitats has been discussed. With increasing environmental damage and economic losses estimated at \$US 1.5 trillion, the challenge of ocean plastics needs to be at the forefront of political and societal discussions. Efforts to increase the feasibility of collected ocean plastics through value-added commercial products and development of an international supply chain has been explored. An integrative, global approach towards addressing the growing ocean plastic problem has been presented.

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## 1. Introduction

With increasing awareness of the potential for more plastic than fish in the ocean, the challenge of removing, collecting and preventing waste from entering waterways is imperative in reducing such risks. Plastics can find their way to aquatic ecosystems through a variety of routes, including wastewater pathways, road runoff, and mismanaged waste. From a study by Jambeck *et al.*,<sup>1</sup> and adapted from the online publication 'Our World In Data',<sup>2</sup> a projected worldwide map for global



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mismanaged waste in at-risk areas for 2025 is displayed in Fig. 1 based on total predictions of 69.14 Mt of mismanaged plastic waste by 2025. This figure highlights the impact of effective waste management infrastructure, as waste produced within 50 km of coastlines is considered at high risk of entering oceans. Plastics generated in populations beyond 50 km of a coastline are considered unlikely to travel into ocean environments, and of the identified mismanaged waste in Fig. 1 anywhere between 15–40% is estimated to become marine debris.<sup>1</sup> Some countries in Sub-Saharan Africa and South Asia, have inadequate disposal of 80–90% of total plastic waste.<sup>1</sup> Overall, mismanaged plastic waste rates per capita have been found to be the highest in countries in the middle of the global income spectrum, as these regions have often undergone rapid industrialization but failed to improve waste management at the same rate.<sup>2</sup> Infrastructure to limit mismanaged plastic waste includes, but is not limited

to, user efforts to recycle or divert waste, end of life collection systems/transportation, and sorting and up-cycling facilities. If there was incentivized and/or public support for improved waste management infrastructure it is likely to reduce the environmental burden of negligent waste control.

Some of the challenges of ocean plastic pollution can be addressed *via* environmental protection mechanisms like governmental legislation,<sup>3</sup> infrastructure development, and ramped up collection efforts.<sup>4</sup> As a global community, the collection of ocean waste would offer benefits to the environment by saving the health and lives of aquatic life as well as benefit society by leading to cleaner water systems. There are



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also potential economic benefits from fabricating up-cycled ocean plastics. The mass accumulation of nested plastics within the ocean is dependent on ocean currents and where the waste enters water systems.<sup>5</sup> The next step in addressing the accumulated waste depends on collection effects and incentive for recycled oceanic plastics. Ocean plastics create considerable detriment in all oceanic levels, as plastics denser than water are accumulating rapidly at the bottom of the ocean floor and less dense polymers at the surface or shorelines. Special action is required to prevent accumulating plastics on the ocean floor as collection efforts are strenuous and economically unfeasible with current technology.

One method to improve interest in the collection of ocean waste is the potential economic viability for the plastics. A strategy to add value to such wastes is through a process called

upcycling. Upcycling is a method of recycling plastics, which are then blended with other materials to generate novel, value-added products. The upcycling and recycling of ocean plastics contributes to a circular economic approach for sustainable product development where waste materials are given new life. This generates new economic value, but also helps to reduce the environmental burden of ocean plastics.<sup>6</sup>

A challenge with the implementation of recycled polymers is the loss in mechanical performance, structural integrity and/or thermal stability of the obtained materials.<sup>7</sup> Polymer chains can change and result in degradation in a variety of ways, including submersion of plastics in water for extended periods of time, UV radiation from direct sunlight, and the salinity of the ocean water.<sup>8</sup> The additives in the plastics also result in challenges with polymer processing or potential discoloration. To combat



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the effects of degradation, research has often combined compatibilizing agents with plastics to repair molecular chains and improve performances.<sup>9</sup> Such strategies are being implemented with recycled ocean plastics and will likely continue if the goal is to upcycle oceanic plastics. As a result, upcycled ocean plastics come at a price premium and are of lower quality to virgin plastics. Plastic collection in oceanic environments is also a costly and time-consuming process with limited volume potential when compared to the volume of accumulated plastic waste.

Plastics collected from oceanic waste can be used in various processing methods, such as injection molding or three-dimensional (3D) printing.<sup>10</sup> The recycled or upcycled materials could be used to generate value-added consumer products. There are many companies and non-profit organizations and academic institutions taking interest in such efforts. The hope is to develop products that align with a circular economic approach by resource retention, valorization, increased economic viability and sustainable product design.<sup>6,11</sup>

Plastics can be removed from aquatic environments through manual collection efforts<sup>12</sup> and engineering designs.<sup>13</sup> Some plastics with limited integrity are considered waste plastics as there is no opportunity to recycle or valorize for use in polymer applications. On the contrary, some plastics can be recycled and used to generate new value-added products. The challenges

with these two types of materials is the requirement of collection and treatment options, as well as subsequent sorting if collected. Limited infrastructure and technology are feasible or viable to sort all collected oceanic plastic wastes.<sup>14</sup>

In addition to environmental destruction, microplastic accumulation, and limited collection or prevention efforts for oceanic plastics; some of the materials are quite resilient and may persist in the environment for thousands of years.<sup>15</sup> Researchers have estimated half-lives for some plastics in marine environments, where half-life refers to the conversion of the first 50 wt% of the polymers mass. Excluding the effects of heat or UV radiation, high density polyethylene (HDPE) bottles have an estimated half-life of 23 to >2500 years; whereas HDPE pipes had an estimated half-life of 400 to >2500 years. Other plastics, like low density polyethylene (LDPE) bags had estimated half-lives of 1.4 to >2500 years. Fortunately, biodegradable plastic bags were suggested to have an improved half-life of 1.7 to 6.7 years.<sup>16</sup> This review serves to summarize the most common sources of plastic pollution, their distribution routes into aquatic environments and potential societal and environmental impacts as a result of this. A focus on potential solutions to the ocean plastic crisis has been included, with the overall content of this review summarized in Fig. 2. The green arrows highlight where the impacts of oceanic plastics can be reduced and where there is potential for valorization of said wastes. The red arrows indicate the sources and negative impacts of oceanic plastics.

## 2. Sources of ocean contamination

### 2.1. Macroplastics

Macroplastics identifies a size category for plastics that are larger than 5 cm in any one direction. Further size characterization of plastics are meso-plastics, which are in the range of 0.5 to 5 cm in any one dimension.<sup>17</sup> These materials are found floating on the surface, at the depths of the ocean floor or even brought to land from the tides. There are many major contributors to macroplastics, including but not limited to, commercial fishing wastes, consumer products and construction wastes.<sup>18</sup>

**2.1.1. Commercial fishing waste.** Dumped fishing waste accounts for around 10% of total ocean plastic pollution. These fishing wastes have been found to be one of the largest contributions of macroplastic pollution found floating on ocean waters approximated at 70%. Reports in 2019 estimate that 640 000 tonnes of discarded fishing equipment, such as old fishing nets, are left in the ocean each year (Greenpeace).<sup>19</sup> The fishing industry is largely unregulated when it comes to plastic waste, which allows large quantities of fishing equipment to be abandoned or dumped.<sup>19</sup> This broken down fishing gear includes nets, traps, pots, or long lines to name some examples, and can continue to trap, entangle, and potentially kill marine life, as well as damage oceanic habitats.<sup>18</sup> Fishing nets left in the water, referred to as ghost nets, can result in significant harm to marine ecosystems, as well as lost economic potential.<sup>20,21</sup> This is one of the most apparent forms of marine plastic waste, and it can persist in these aquatic environments for extended periods



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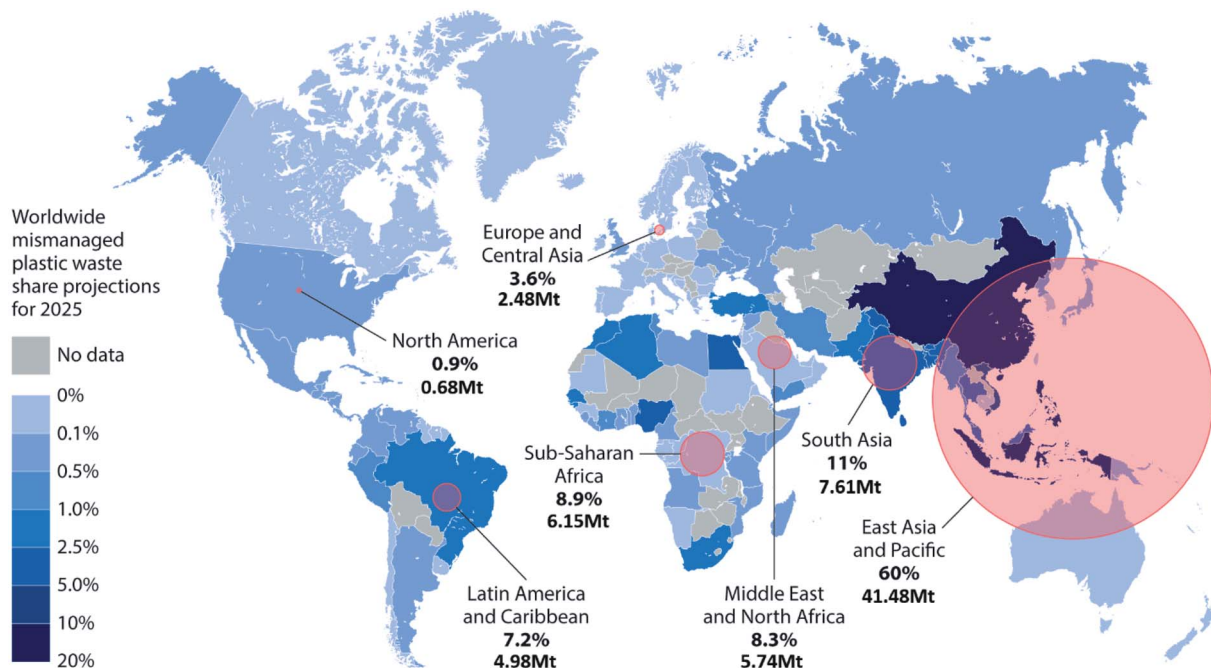


Fig. 1 Projections for worldwide mismanaged plastic waste generated within 50 km of coastlines in 2025, with share contributions by each country indicated based on a total projected mismanaged waste of 69.14 Mt. Waste levels have been split into regions, indicated both numerically and visually with representatively sized circles.<sup>2</sup> Estimates predict anywhere between 15–40% of these wastes to be converted to marine debris.<sup>1</sup>

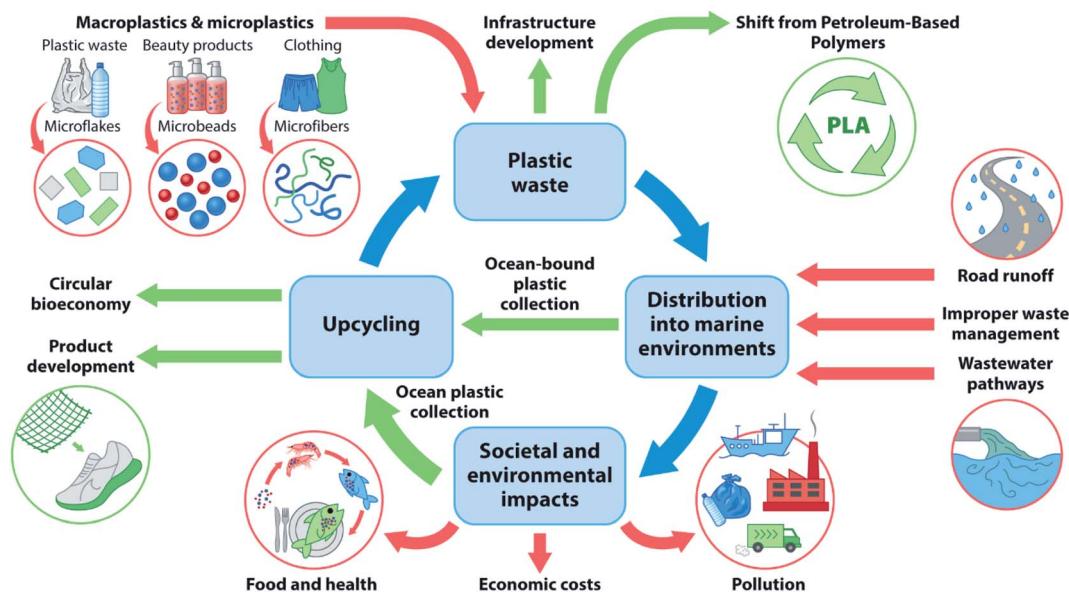


Fig. 2 Summary of the lifecycle of ocean plastic waste, its ecological implications, and potential mitigation pathways.

and travel great distances through ocean currents. The challenge with fishing equipment which is submerged in marine environments for extended periods of time is the resulting ultraviolet (UV) and salinity damage, which causes depolymerization of the chains in plastics.<sup>20</sup> The presence of ghost gear in aquatic environments has been found responsible for roughly 10% of the global decline in fish stocks, serving to increase fishing costs. Ghost gear also has economic impacts through

expensive cleanup efforts, as well as through losses in tourism due to polluted shores.<sup>22</sup>

**2.1.2. Consumer products.** Consumer products contribute the largest proportion of plastic waste of all sectors. Plastic waste volume is affected not only by primary plastic use, but also product lifetime. Hence, plastic waste is elevated in consumer products as the majority are designed to have a limited lifespan, especially in packaging with an average 'in-use' lifetime below 6 months.<sup>23</sup> In





Fig. 3 Ten most common items collected during the 2019 international coastal cleanup conducted by Ocean Conservancy, with the number of collected waste items indicated both numerically and visually.<sup>24</sup>

2015, packaging waste totaled to 141 million tons, which was nearly half the global total of plastic waste.<sup>2</sup> In 2019, the nonprofit environmental group Ocean Conservancy conducted its annual international coastal cleanup, which indicated the top consumer waste present in ocean ecosystems and beaches. Since 2017, the most collected items have been entirely plastic-based, and all fall under consumer products. Fig. 3 displays that the top consumer wastes that end up in the ocean include cigarette butts, food wrappers, straws and stirrers, forks, knives, and spoons, plastic beverage bottles and caps, plastic bags, plastic lids, and cups and plates.<sup>24</sup> The majority of these constitute single-use plastics, including product or food wrappers, containers, and packaging, which are used once and then discarded.<sup>25</sup>

These plastics have a damaging impact on marine ecosystems through the entanglement of and ingestion by marine life, and their buoyant nature allows them to float on the surface. Materials that float on the surface are those which possess a density less than or equal to that of water. Anything of greater density will sink to the ocean floor. However, studies have found that the ocean floor is the ultimate sink for a variety of marine debris and makes collection a serious challenge.<sup>26</sup> Additionally, plastic pollution has a serious economic impact, with an estimated annual US\$ 0.5 to 2.5 trillion loss *via* reductions in the oceans ability to provide oxygen, clean water, resources, seafood, cultural and recreational value, and regulation of the climate.<sup>27</sup> Estimates in 2015 quote a global amount of

mismanaged plastic waste at 80 million metric tonnes, and if current practices remain the same, this stands to triple by 2060 due to growing demand for plastic products according to research conducted by Lebreton and Andrady.<sup>28</sup>

**2.1.3. Construction waste.** In addition to packaging and commercial fishing waste, many macroplastics are associated with building and construction wastes. Waste from construction is the second largest waste producing sector, generating 65 million tonnes (Mt) of plastic waste every year (~16% of all sectors).<sup>23</sup> Nonetheless, only 4% of the plastic products related to this sector are leaked into the ocean. The construction sector produces solid waste, in which most of the residues are metal and concrete. In terms of plastic, polyvinyl chloride (PVC) is the most prevalent. The uses of PVC spans from window profiles, pipes, wires, coatings, floor tiles and many more. It is estimated that almost 25% of non-plastic waste generated in the construction industry is from packaging of building materials. These materials are unused and discarded, ending up as waste thrown into the ocean. In literature, it is proposed that one of the reasons for this high mismanagement of construction materials is because there are no financial incentives to recycle or use bio-degradable plastic.<sup>29</sup>

## 2.2. Microplastics

Exact definitions of microplastics vary between studies but are generally considered to be any plastics between 5 mm and 1  $\mu\text{m}$

Table 1 Common microplastics with annual consumption and corresponding ocean release based on optimistic and pessimistic estimations, adapted from a report by the IUCN<sup>32</sup>

Microplastic source	Global consumption (ktons per year)	Global ocean release (ktons per year)	Loss mechanism
Plastic pellets	257 000	2.4–7.5	Spillage during transport, recycling, and manufacturing
Synthetic textiles	42 500	280–875	Laundry induced fibre shedding and abrasion
Tires	6430	224–700	Abrasion during driving
Road markings	588	56–175	Vehicle abrasion and weathering
Marine coatings	452	29.6–92.5	Release during application, maintenance, disposal, and weathering
Personal care products	42	16–50	Direct pouring through product use
City dust	N/A	192–600	Abrasion, pouring, and weathering



in diameter. Particles less than 1  $\mu\text{m}$  then become classified as nanoplastics.<sup>30</sup> There is a distinction between types of microplastics based on their origin, with primary microplastics being small particles or microfibers designed for commercial use.<sup>31</sup> In contrast, secondary microplastics are those that are unintentionally fragmented.

**2.2.1. Primary microplastics.** There are a variety of sources of microplastics, with the most notable sources identified in Table 1, as adapted by a study conducted through the IUCN (International Union for Conservation of Nature).<sup>32</sup> The most common sources of microplastics include plastic pellets, synthetic textiles, tires, road markings, marine coatings, personal care products, and a group of sources that frequently occur in urban environments that has been termed city dust. City dust includes abrasion of objects, such as synthetic footwear soles, abrasion of infrastructure, like building coatings, or intentional pouring of detergents.<sup>32</sup> Due to a lack of regionalized and specific modelling, consumption of city dust products could not be accurately estimated in the study, and assessment of microplastic ocean release was based on basic extrapolation. The estimated global ocean release included both optimistic and pessimistic predictions, with optimistic estimates of annual microplastic release at 800 ktons per year and pessimistic estimates as high as 2500 ktons per year.<sup>30</sup> This large range stems from the difficulty in accurately measuring microplastic ocean pollution due to identification problems at such small plastic sizes.

The majority of microplastic releases occur through normal product use, followed by product maintenance, and minor contributions *via* production and transformation of the plastic, with corresponding percentages of 63, 36, and 1%, respectively. Of this, 77% comes from household use and only 23% from industrial activities.<sup>32</sup> The majority of microplastic release is unintentional, apart from personal care products. Plastic microbeads (typically made of polyolefins, such as polypropylene (PP), polyethylene (PE), and polyamide (PA)) are commonly utilized as a scrubbing agent in cosmetics and personal care products, and are directly released into wastewater streams through regular product use.<sup>33</sup> This can clearly be observed through the comparison of annual consumption and projected ocean release of this microplastic source. Other large contributors to ocean microplastic waste include synthetic textiles, tires, and dust sources due to abrasion and weathering.<sup>34</sup> Polymer-based textiles are abraded during washing and result in sewer discharge of microplastic particulates. Car tires are another major source, as the tire surface is composed of natural rubber and synthetic polymers (styrene-butadiene rubber and other additives) that are degraded through constant abrasion and enter waste pathways through runoff.<sup>35</sup> Dust sources cover many inputs that individually contribute minor amounts of microplastic pollution but grouped together become significant.

Microplastics possess a significant risk to aquatic life since these plastics can not only float but also sink to the ocean floor, increasing the area in which is contaminated with plastics.<sup>36</sup> Furthermore, due to their small size they are considered available for consumption by organisms and can lead to bioaccumulation. This is made worse by the fact that their composition and relatively high surface area leads to leaching of toxic plasticizers and adhesion to organic pollutants.<sup>31</sup> Unless

waste management systems and microplastic sources are overhauled and revised, future predictions by Wijnen *et al.*<sup>37</sup> estimate that microplastic waste could increase by as much as 51% by 2050.

**2.2.2. Secondary microplastics.** Some of the most common sources of secondary microplastics are those derived from macroplastics, namely bags, bottles, ropes and lids. Materials experience mechanical wearing and degradation from tidal waves over time, as well as exposure to salt and UV rays. Researchers measured the fragmentation time of a coffee cup lid made of polystyrene (PS). In only 56 days, the lid produced up to 126 million particles with an average size of 224 nm.<sup>38</sup> The small particle size is concerning due to the likelihood of ingestion by marine life which confuse plastic particulates with food.<sup>38</sup>

Researchers studied the effects of light on some plastics using a solar simulator. Samples were irradiated with simulated sunlight for two months to measure plastic scission mechanisms. The results showed that a major byproduct of plastic photodegradation was dissolved organic carbon microplastics, which had also undergone discoloration. Using linear extrapolation in this study, they were able to predict sample weight loss and calculate their corresponding lifetime. FTIR results showed that the buoyant North Pacific Gyre (NPG) fragment samples contain 67, 16, 15, 1.4 and 0.86% of PE, PP, ethylene-propylene copolymer, polyurethane and ethylene-vinyl acetate copolymer, respectively. The shortest lifetime after irradiation in a solar simulator system was a sample taken from the NPG (2.8 years), followed by postconsumer PP (4.3 years) and PE (33 years).<sup>39</sup> Despite NPG containing 67% PE, its extrapolated lifetime of 2.8 years is significantly lower than postconsumer PE at 33 years, showing the influence of aquatic ecosystems on plastic fragments.

In contrast with primary microplastics, secondary microplastics have random shapes, which hinders their categorization when recovered. Fragmentation of microplastics can occur as a result of ultraviolet rays from the sun, starting photodegradation of the macromolecule chains and resulting in discoloration, increased brittleness and a reduction in the average molecular weight ( $M_w$ ) of the plastic material. Color can be an indicator of the degree of degradation, as yellowed PE and PP plastics have been found to have an increased amount of polar functional groups, and thus a higher affinity for certain chemical pollutants.<sup>40</sup> This yellowing arises from oxidation of phenolic antioxidant agents to quinoidal structures characterized by a yellow colour shift, giving them a greater ability to absorb PCBs. It is further notable that pigmentation itself has no correlation to the degree of degradation.

### 3. Environmental impacts of ocean plastics

Ocean plastics pose a serious threat to oceanic life and the stability of marine ecosystems due to their persistence. Plastic accounts for 50–80% of the accumulated debris in marine environments, and due to their buoyancy they are widespread.<sup>41</sup> The most evident form of marine impact comes through an



entanglement of marine creatures, which can serve to restrict natural movement, or in severe cases lead to injury and death through constriction. This is most commonly due to rope and netting, packaging materials, and discarded fishing materials.<sup>42</sup> In addition to this, plastic has been seen to be a vector for disease in marine habitats, such as coral reefs. Microbes that cause white syndrome and black-band disease on coral tissue have been found to be effective at colonizing on plastic surfaces, as the likelihood of disease for reefs raised from 4% to 89% upon induction of plastics.<sup>43</sup>

The ingestion of ocean plastics by aquatic life is of great concern due to the host of effects they can have, and their potential unseen long-term effects. The size of microplastics leads to aquatic life, birds, and other mammals confusing the particles as food, such as plankton.<sup>44</sup> The ingestion of plastics can lead to immediate effects, such as intestinal blockages or organ puncture. However, they have been observed to have other long-term effects, such as sex determination in some organisms, or nervous system damage in others.<sup>45</sup> In addition to this, plastics can contain harmful compounds and absorb pollutants present in the ocean, which can have adverse effects on organisms once ingested. These health effects range from organ damage, reproductive changes, greater susceptibility to disease, and other potentially unknown long-term effects.<sup>46</sup>

Studies have begun to analyze the effect of microplastics on humans, as bioaccumulation up the food chain leads to their consumption. In a study performed in Newcastle, Australia, it was estimated that every week humans ingest an average of 5 grams of plastic.<sup>47</sup> The study reveals that the route of plastic consumption is through food, beverages and inhalation. Weekly drinking water intake can lead to the ingestion of 1769 particles, and found to end up in the digestive system.<sup>47</sup> In another study, the concentration of microplastics from various sources were characterized, with seafood having 1.48 microplastics per gram (MPs per g), bottled water having 94.37 MPs per L, tap water with 4.23 MPs per L and air having 9.90 MPs per m<sup>3</sup>.<sup>48</sup> Microplastic concentrations are variable depending on the source, but water, air and seafood are the main contributors towards the ingestion of microplastics.

Additives are used in plastics for many reasons including, but not limited to, improved processability, enhanced barrier properties to increase product shelf life, UV stabilizers or colorants. Additives, such as tetrabromobisphenol A (TBBPA), hexabromocyclododecane (HBCDD), and polybrominated diphenyl ether (PBDE) may lead to toxic effects on flora and fauna, threatening the aquatic food chain and inevitably reaching humans.<sup>46</sup> Other additives that have a significant impact on health are UV stabilizers, which are used in plastics to prevent degradation. The most common of these is benzotriazole, which has caught the attention of researchers due to its presence in polluted rivers and lakes.<sup>49</sup> Similar to flame retardants, UV stabilizers tend to bioaccumulate and are associated with endocrine disruption and thyroid gland alterations, which are in charge of the development of reproductive organs.<sup>50</sup> The key consideration here is that stabilizers are compounded into plastics at low concentrations between 1 to 5 weight percentage (wt%); however, their widespread use in many plastics makes this an issue.

## 4. Distribution of plastics into marine environments

### 4.1. Road runoff pathways

Road runoff is another major route of ocean plastic distribution, being the movement of plastic sources due to wind or rainfall. Some of the major sources of plastics coming from this pathway include tire abrasion, road markings, and plastic pellets.<sup>32</sup> In developed countries, rural areas are a minor contributor to ocean plastic waste (3.5% of losses), while urban runoff is often collected in sewer systems and can either be dumped directly into aquatic environments or enter wastewater pathways. Road runoff is one of the largest microplastic distribution pathways, accounting for 66% of the total, and of this an estimated 32% end up as ocean releases.<sup>32</sup> A study conducted in Denmark analyzed several stormwater basins to examine the effect of urban and highway stormwater runoff. All seven ponds had the presence of microplastics, ranging wildly from 490–22 894 items per m<sup>3</sup>, with the most prevalent polymers being PP, PS, PVC, PE, and polyester.<sup>51</sup> These fragments can come from a multitude of sources such as vehicular debris, road construction, and additives or materials used in road maintenance. Perhaps unsurprisingly, the lowest microplastic concentrations came from ponds serving residential areas and highways, while the highest came from those close to industry and commerce. Where insufficient stormwater drainage systems are in place or entirely missing, the stormwater directly enter the oceans untreated. Many countries have enforcement agencies in place to ensure proper drainage at industries and construction sites, but this runoff can also come from many human activities, such as littering, poor recycling or sorting practices.<sup>52</sup> Potential mitigation methods for road runoffs include permanent stormwater retention ponds, sediment traps, diversion trenches, grass strips, and slope protection.<sup>53</sup> However, this will require substantial, costly infrastructure development worldwide.

### 4.2. Plastics from wastewater pathways

Microfibers are released from fabrics during the laundering process. It was estimated that nearly 2 Mt of microfibers are released into the ocean annually.<sup>54</sup> The most common forms of microplastics that enter wastewater pathways include personal care products and cosmetics, being primary plastics, as well as abrasion of plastic products and tires, textiles, and road marking paints. Most of the microfibers are made from synthetic polymers, which are non-biodegradable and of a small size, allowing them to accumulate in waterways.<sup>54</sup> Challenges with the leakage of microfibers exist because in many areas municipal water is discharged into the environment without any treatment procedures.<sup>55</sup> In fact, estimates made by the United Nations suggest that as much as 80% of global wastewater remains untreated once released back into the environment.<sup>56</sup> As global development continues, a growing number of people will have access to proper sanitation, meaning that the volume of wastewater will increase. To combat the accumulating amounts of microplastics, the implementation of



wastewater treatment plants has been gaining interest and could be a viable solution to reduce the gross increase in microplastics in aquatic environments.<sup>57</sup> Some treatment processes can trap microplastics in the sludge, but it is not an absolute means, and these particles can end up in soil through sludge application in agricultural processes. The microplastic particle shape and size affect how easily they can be removed from wastewater pathways, with microfibers from textiles being the hardest to capture due to their smooth surface and high length to width ratio. The technology to effectively capture microplastics in wastewater has been developed, with advanced tertiary treatment processes conducted in Finland achieving a 99.9% microplastic removal rate, while many less advanced processes only capture around 60%.<sup>58</sup> To effectively control this plastic waste distribution route, treatment plants require an overhaul, and wastewater management costs are outweighed by the potential benefits for economic development, environmental protection, and human health.<sup>56,59</sup> Another technique to diminish microplastics is the use of effective washing machine filters and laundry balls, which can easily be adopted by consumers to reduce microplastic fibers.<sup>60</sup> Napper *et al.*<sup>61</sup> studied the efficacy of some fiber devices on capturing microfibers released from wastewater in the washing machine. They found that Guppyfriend and XFiltra washing bags can reduce the fiber generated by the laundry process by approximately 80%.

#### 4.3. Improper waste management

While great strides have been put forth to develop proper infrastructure for the collection of plastics, an estimated 32% escape these waste management systems globally.<sup>1</sup> Over 80% of the plastic debris found in marine environments trace back to land-based sources, with the largest contributor stemming from industrialized areas due to solid waste disposal, littering, and plastic usage.<sup>62</sup> This stems from the low residual value and the small size of many plastic packaging products, resulting in over 8 Mt of plastic leakage into the ocean annually.<sup>63</sup> As of 1950, nearly half of all produced plastic products have been sent to landfills or disposed of in nature, with proper recycling of plastics only contributing to 9% of the total collection. Recycling rates vary wildly depending on the country, with rates as high as 30% in countries that have proper regulations and promote recycling, and close to 0% in developing economies that lack an industrial waste management system.<sup>64</sup> As discussed previously and highlighted in Fig. 1, improper waste management is most prevalent in middle-income countries.

There are many obstacles that need to be overcome in terms of improving global recycling, as in many instances reclamation of plastic material is not an economically viable option due to the low price of virgin polymers compared to recycled plastics. Furthermore, due to the wide variety of available plastics and variable quality of the product after use, advanced processing technology and an in-depth knowledge is required to avoid defects and produce a high-quality plastic product.<sup>65</sup> Another issue is that many plastic products are not recyclable, or of a composite nature with unrecyclable components. PVC is

difficult to recycle and often incinerated, while difficulty in depolymerization of polyolefins limits their ability to be chemically recycled. The only closed-loop recyclable plastics are condensation polymers such as polyesters (*e.g.* PET) and polyamides (*e.g.* nylon 6).<sup>66</sup> Improvement of recycling infrastructure is thus of great importance, as it contributes to a circular economy and hence diminishes 'new' plastic in circulation, as well as reduces plastic that could otherwise be improperly disposed of. These findings indicate that the development of waste management infrastructure is an essential component towards the reduction of plastic pollution, especially in middle-income countries. Moreover, there are efforts to improve recycling technology by designing packaging for recycling, reducing use of multilayers, diminishing pigments and additives, reducing dependence on single-use and disposable plastics, and changing overall community's habits.<sup>67</sup>

## 5. Applications of ocean plastics

### 5.1. Upcycling of ocean waste

Finding a solution to solve the environmental problem caused by single-use plastics is preferable over the outright banning of the products. There is an inherent dependency on the convenience and cost incentive of using plastics as compared to metals or ceramics in industry. There is also limited infrastructure currently to recycle or sort bioplastics. In reaction to the negative environmental impacts of plastic and to provide a solution, numerous industries and nations have been attempting to create an appropriate strategic vision, with plans of upcycling plastic waste to develop a circular economy. This means that the plastic recovered from rivers and oceans can be reused and enter a closed loop. Recently, the European Union established that more than 50% of plastic produced in Europe would be reused or recycled by 2030.<sup>68</sup> Similarly, in 2019 Canada vowed to outlaw many common single-use plastics by as early as 2021 to decrease plastic waste in the ocean.<sup>69</sup> This will require design enhancement and improvement of the sorting and collection of plastic, as well as creation of viable markets for recycling. Japan also attempted a new regulation to reduce the consumption of single-use plastics by 25% and shift towards biomass plastic use (~2 M ton). This is proposed to be completed by 2030, and they also plan to reuse/recycle all packaging by 2025.<sup>70</sup> Many US states and other countries globally applied a legislative initiative to force industries to reduce the use of single-use plastics (straw, PS foams, plastic bags and cutlery), with increased prices for all disposable plastics to discourage consumer use.<sup>71</sup> Some companies and researchers have also begun to use ocean plastic waste for the fabrication of new products, which has been highlighted in Table 2. It is important to note, however, that many companies demonstrate the ability to utilize marine plastics in their products with the primary goal of garnering public approval. For example, the Coca-Cola company only produced around 300 sample plastic bottles made from 20–25% recycled marine plastics recovered from beaches and the Mediterranean Sea.<sup>72</sup> The aim of this was the development of a closed-loop economy by decreasing the amount of virgin PET and increasing the amount of recycled



Table 2 Upcycled products from recycled polymers and oceanic plastic wastes

Company/research	Upcycled material	New product	Reference
Ocean Plastic Parley and Adidas	(1) About 16.5 recycled PET bottles per shoe (2) Nylon gill nets	New running shoes (11 million produced in 2019)	73 and 74
Unifi	PET plastic from 4 billion bottles	Yarn for clothes	75
North Point	HDPE collected by Plastic Bank	Sunglasses	76
Method	Plastic debris	Soap bottles	77
Coca Cola	Plastic from beach of Mediterranean sea	20–25% recycled content soda bottles	72
Research	Waste LDPE/HDPE	Sulfonated PE composites with carbon fibers and multi-walled carbon nanotubes (MWCNTs)	78–80
Research	Sulfonated waste LDPE/HDPE	Porous material for gas capture and dye removal, lithium–sulfur batteries, and Li-ion battery anodes	80
Research	Waste PE	High-voltage supercapacitor: Composites with 2.5 wt% graphene from pyrolyzed waste PE	81
Research	Waste PE	Drug delivery: Magnetic Fe <sub>3</sub> O <sub>4</sub> @C core shell composites from catalytic pyrolysis of waste PE	82

plastics, although lacked high volume outputs. Improved processing technology and collection strategies can increase the feasibility of these products and help raise consumer awareness to the issue of ocean plastics.

The activism conducted by these industries serve to motivate other industries to incorporate ocean plastic waste in their products. However, the success of these products requires a design plan for the collection and sorting of various types of plastic, as well as consumer willingness to purchase products that may be of lower quality or contaminated.<sup>83</sup> A recent survey in the Netherlands showed that 59% of random consumers had the potential to pay a price premium for products made from ocean plastics.<sup>84</sup> Initiatives such as these serve to increase awareness in the average consumer regarding the issue of ocean plastics in the hopes of changing mindsets, but by no means are a standalone solution to the problem as a whole due to the volume of ocean plastic waste and long-term economic cost. It is the hope that upcycling of ocean waste will instead serve to encourage industries to reuse and recycle plastic at the source instead of using virgin polymer due to pressures of brand perception regarding waste.

The traditional methods used for plastic waste management include incineration, as well as recycling *via* mechanical methods (downcycling), which leads to lower-value products compared to their originals (8% cascaded recycling according to MacArthur Foundation study 2016),<sup>63</sup> with insufficient energy recovered.<sup>85</sup> This suggests there is a limited number of time plastics can be recycled. There are efforts being made to improve the recyclability through chemical methods. Chemical recycling in the presence of a catalyst may require less energy but is not yet applied on a large scale, giving it potential to open the door for the production of high-quality plastics through recycling.<sup>86</sup> Chemical recycling has been made as an alternative to less favorable mechanical recycling processes. However, the

recycling and recovery processes are extremely low currently due to inefficiency of mechanical recycling, higher costs of recycling and lower product quality. Improvements to mechanical recycling require the development of sensors and robotics that can do a much better job at sorting. The challenge is that such systems require investment and infrastructure to do so. Europe has addressed some of the challenges with mechanical sorting by sorting household plastics into nearly 13 categories as compared to only 6 in Canada and the USA. An additional alternative to both mechanical and chemical recycling is to upcycle plastics, which includes valorization of the plastics into value-added applications. For materials where material recovery is not feasible, such as highly degraded ocean plastics, energy recovery methods like incineration are desirable for their ability to reduce waste mass and volume, as well as eliminating possibilities of waste putrefaction. Overall, integrated waste management systems that incorporate material recovery through recycling, thermal treatments, and biological treatments show the greatest promise for addressing concerns with plastic waste.

## 5.2. Challenges in product manufacturing

There are several challenges facing ocean-plastic product manufacturing that are limiting its effectiveness. Collection of ocean plastics can prove very challenging due to complex transport mechanisms *via* ocean currents.<sup>14</sup> The environmental engineering company Ocean Cleanup is in the process of developing a system of sensors, ocean vessels, and platforms that can passively collect floating debris, but greater efficiency and economic feasibility is required.<sup>14</sup> Furthermore, there is the issue of detection and collection of ocean microplastics or plastic products that have accumulated on the seafloor.<sup>30,62</sup> There are further issues of varying levels of ocean plastic



degradation once in marine environments due to wind, waves, UV radiation, bacteria, and seawater.<sup>8</sup> Different polymers experience degradation at varying rates depending on their chemical structure, which dictates their susceptibility to biotic, abiotic, and photodegradation processes.<sup>8</sup> As a consequence, re-use of these partially degraded plastics can prove difficult in many cases.<sup>14</sup>

The mixing of a variety of ocean plastics often leads to a gray resin that is undesirable for consumer products, as discovered by the company Method during development of soap bottles with 10 wt% HDPE beach waste.<sup>77</sup> As colorants are limited by processing, formulation, and stability issues of the matrix and the colorant itself; this can pose another challenge for the development of ocean-based commercial products.<sup>87</sup> There have also been studies looking into the economic feasibility of ocean plastics, as the additional collection and repurposing inevitably leads to a price premium for ocean-plastic products. Furthermore, perceived product contamination and functionality of recycled ocean plastic has a direct consequence on consumer demand, meaning that the fabricated products must be of a similar high quality to virgin polymers to be economically feasible.<sup>84</sup>

### 5.3. Use of ocean-bound waste

An alternative to the direct collection of plastic from ocean and river environments is the implementation of proper waste management to capture plastic bound for the ocean in at-risk populations. At-risk populations are defined as those that are within 50 km of a coastline that have no formal waste system, in which plastics are likely to reach the ocean.<sup>1</sup> A study by Jambeck *et al.*<sup>1</sup> estimated that of the 192 coastal countries analyzed in 2010, plastic waste generation within 50 km of the coastline was as high as 99.5 Mt, and of this 31.9 Mt was mismanaged. Based on these predictions, around 1.7–4.6% of the total plastic wastes generated by these counties enter ocean ecosystems, or between 4.8–12.7 Mt. This value has been predicted to increase dramatically by 2025, particularly if waste management infrastructure is not improved due to population and economic growth in middle-income countries. There are a variety of strategies to combat this growing issue, and if adequate waste disposal was improved by 50% in the top-20 ranked ocean plastic contributing countries, mismanaged plastic waste mass would decrease by 41% by 2025.<sup>1</sup>

Elimination of plastic waste directly at the source through proper waste management is often cited as the most viable route to ocean restoration.<sup>88</sup> This requires an integrated system, with a focus on plastic life-cycle improvements and the four-R's hierarchy (reduce, reuse, recycle, recover) through government initiatives, consumer education, and infrastructure improvements.<sup>88</sup> There have been recent efforts put forth to encourage companies to utilize recycled plastic materials and contribute to a circular economy, and consumer evaluations indicate a willingness to pay a price premium for recycled ocean plastic products that are of similar quality to virgin polymers.<sup>84</sup> In Taiwan, waste disposal rates were reduced from 0.9 to 0.48 kg per capita through governmental policies that enforced waste sorting and banned plastic bags and tableware, with similar results seen recently in

local Australian councils.<sup>88</sup> Implementation of proper collection systems in at-risk populations, while promising, is a long-term goal and is currently unfeasible for developing countries due to its complexity and expensive nature.

## 6. Development of a supply chain

Recently, many countries, stakeholders, profits and non-profit organizations, as well as academic institutions and companies, have begun working together in collecting and cleaning plastic from the ocean. In 2018, HP and IKEA announced that 25 tonnes of ocean plastics would be collected and invested in a washing line in Haiti to upcycle the development of new HP ink Cartridges, providing job opportunities, nourishment and study access to children.<sup>89</sup> By 2050, Dell pledged to enhance the incorporation of ocean-bound plastic in their products 10-fold and to open source its supply chain to motivate other industries to use waste ocean plastics.<sup>90</sup> Plastic Bank and Oceanworks are two global marketplaces for ocean plastic polymers, blends and products. They have collected and sorted a high volume of plastic and guaranteed a consistent supply chain of ocean plastics. Plastic Bank has recovered more than 12 million kg of ocean-bound plastics, and collaborated with partners to produce different products that serve to help prevent plastics that are ultimately bound for the ocean.<sup>91</sup>

Collection of plastics prior to their entrance into the ocean is highly desirable due to the various issues found for ocean plastic manufacturing, including degradation, lengthy and expensive collection endeavors, and colorant issues. Thus, improving existing supply chains for recycling of post-consumer plastics to prevent their entry into aquatic ecosystems presents itself as an ideal route of mitigation. As such, there has been initiatives to make ocean-bound plastic products more feasible through development of a global supply chain, including waste management improvements in at-risk populations, material storage, and product development. In Haiti, HP has developed a bottle collection program in collaboration with the First Mile Coalition, which offers education to the children of plastic collectors. Envision Plastics, a HDPE plastic recycler, committed to the collection and recycling of 10 million lb of HDPE from at-risk communities to bring comfort to brands that have interest in creating sustainable products, as well as lowering the cost of ocean-bound plastics.<sup>90</sup> In 2017, through a partnership between Dell and the nonprofit organization Lonely Whale, NextWave Plastics was cofounded, which is a consortium of companies that seek to keep plastics out of our oceans.<sup>92</sup> This consortium now consists of ten companies with collection efforts in Chile, the Philippines, Indonesia, Cameroon, and Denmark.<sup>89</sup> Substantial product development has already occurred, with Envision Plastics launching the first commercial product with 100% ocean-bound plastic content in 2018.<sup>90</sup> Further, the automotive supplier DSM has recently developed a recycle-based polyamide named Akulon RePurposed from discarded fishing nets.<sup>93</sup> However, further development and strengthening of this plastic supply chain is required to bring value-added uses to plastic collected in at-risk areas.



## 7. The future of plastics

To address concerns with oceanic plastics, there needs to be a combination of collection efforts, remediation efforts and general consumer awareness. Remediation is a common practice for reducing environmental damage and currently involves practices such as filtration, chemical degradation, distillation and coagulation of wastewater. Research is still looking for ways to address oceanic wastes through microbial or enzymatic degradation, nanotechnology or photocatalysts.<sup>94</sup> As noted in Fig. 4, strategies to address ocean plastics can be categorized as either biotechnological tools, engineering tools, manual collection efforts or materials design. Biotechnological tools include micro-organisms, worms or enzymes designed to breakdown plastic wastes.<sup>95</sup> Bacteria and fungi break down plastics through cleavage of bonds on polymer chains, whereas micro-organisms function through molecular uptake strategies.<sup>96</sup> Other biotechnological organisms function through mineralization or bio-deterioration practices.<sup>96</sup> Manual collection of ocean plastics has been a priority for many volunteer-based associations. There are also manual collection efforts that involve strategically designed equipment to collect waste. In 2010, Living Lands & Waters (LL&W) collected and removed 610 024 pounds of debris from the Mississippi River. One notable collection mechanism is the Ocean Plastic Harvester presented by Boyan Slat, which operates *via* an autonomous zero fossil fuel-based tug system and collects plastics headed to shore and is scheduled to harvest over 13 227 tons of waste plastic in its first year of operation.<sup>13</sup> A simulation study of plastic debris in the ocean in 2019 showed that by 2030 waste

plastic can be reduced by 25%. However, this requires cleaning of around 135 Mt of waste plastic from the ocean (~15% of total ocean plastics) over the period of 2020–2030, with cost estimates ranging around 492–708 billion euros, constituting 0.7–1.0% of the total world GDP in 2017.<sup>97</sup> There are current efforts for material design that focuses on the transition from single-use plastics to biodegradable.<sup>98</sup> Biodegradable materials can be made from biological or synthetic sources but reduce to carbon dioxide and water in a relatively short period of time when subject to specific soil, compost or marine conditions.<sup>99,100</sup> However, many of the polymeric materials that degrade in soil or compost are unable to breakdown in marine environments comparatively. In fact, some of the only marine biodegradable bioplastics are within the family of bioplastics known as polyhydroxyalkanoates.<sup>101,102</sup> PHAs and other biodegradable plastics are typically much more costly and thus have less widespread use in industrial applications at the current time, making up <1% of total plastics. Furthermore, the lack of degraders in aquatic environments leads to many bioplastics like PLA having extremely low degradation times on the scale of years.<sup>103</sup> As such, they do not pose an immediate solution to the plastic crisis and material design in the near future should focus more on increasing recyclability and reuse of plastics, notably from single-use and packaging sources through mandated governmental regulations as discussed previously.

A shift away from the linear economy model is needed to address the issue of increasing plastic waste. This model includes the extraction of resources required to produce commercial plastics and products, distribution and then consumption, which end up in the natural environment (such

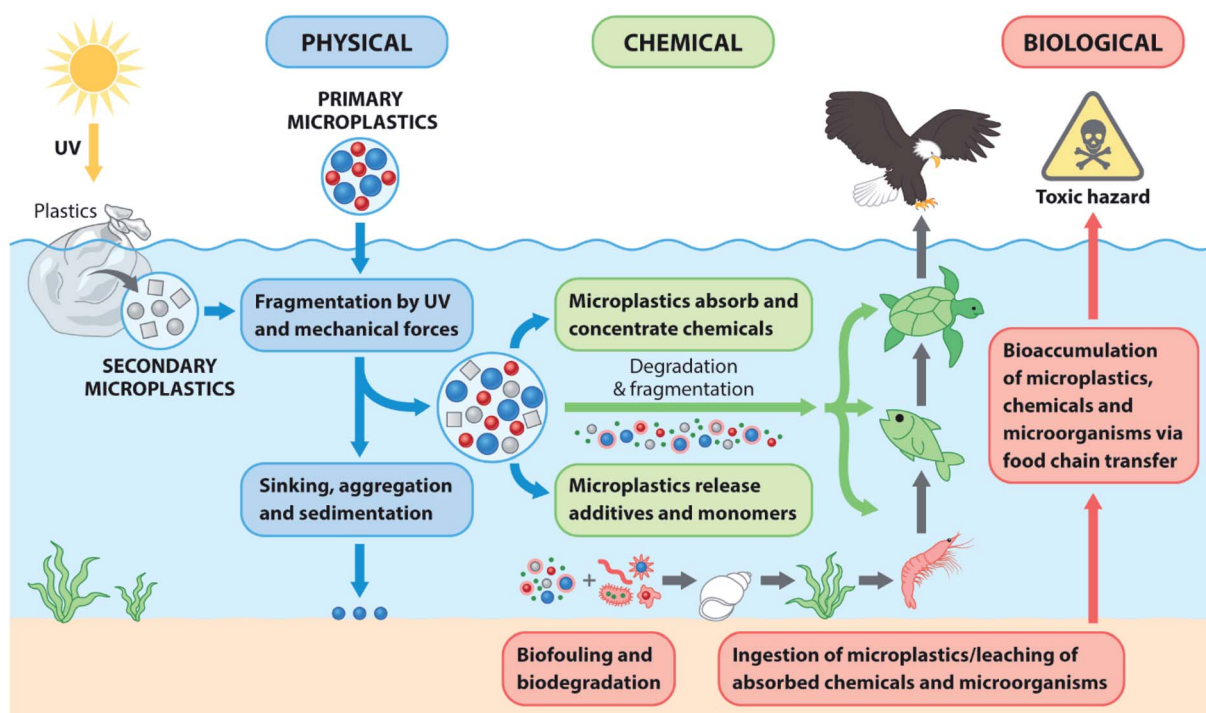


Fig. 4 Summary of oceanic plastics accumulation and cycle with physical, chemical and biological degradation.<sup>104</sup> This is an unofficial adaptation of an image that appeared in an ACS publication. ACS has not endorsed the content of this adaptation or the context of its use.



as oceans) or landfills as a waste material.<sup>105</sup> Around 95% of all packaging plastic is lost per year (equal to \$80–120 billion) and consequently damages the marine environment by around \$13 billion per year, which significantly contributes to the plastic waste crisis.<sup>106</sup> On the other hand, the circular economy model is based on decreasing plastic waste through new manufacturing designs, product retention and the reuse of waste material. Shifting away from a linear economy requires a shift in the government's laws and approach from the consumers. Circular economy concepts help the environment by dropping green house gas emissions that arise during a products life cycle, reducing reliance on raw materials, as well as minimizing waste plastic going to landfills. Plastic manufacturing methods must shift towards designing long-lasting reusable materials through renewable feedstocks, as well as decreasing cycle losses by upcycling waste plastic.<sup>106</sup> An even better model, being that of a circular bio-economy, consists of the conversion of biomass waste and renewable resources into value-added products. This can be achieved through replacement of fossil fuel based plastics with biobased plastics, adoption of renewable energy, increased recycling and decreasing plastic demand.<sup>107</sup>

## 8. Conclusions and recommendations

It is unsurprising that ocean plastic contamination has risen drastically as a function of our plastic dependence. These polluting sources vary greatly, with macroplastic sources largely coming from commercial products, fishing waste, and construction byproducts. Degradation of these plastics in aquatic environments can lead to the release of microplastics, as well as through abrasion and weathering of common plastic products. These plastics have a variety of means to reach aquatic environments, including through regular product use in wastewater streams, road runoff, and improper waste management infrastructure. The effect these plastics have on marine ecosystems are still not fully understood but can lead to bioaccumulation and harmful health effects in a variety of organisms, elevated pollution levels, create undesirable living conditions and lead to economic costs. Efforts have been made to develop new applications and a supply chain framework for collected ocean plastics to make them more industrially feasible, but a broader approach is required to address the problem of ocean plastics more thoroughly.<sup>108</sup> The global ocean plastics problem is one of great complexity and deeply rooted in societal norms. Thus, an effective solution requires an integrative approach over both the short and long term. To reduce marine plastic pollution, immediate interventions are required that address the root cause of ocean plastics, such as through addressing gaps in waste management infrastructure worldwide. Ocean pollution can further be reduced through increasing awareness and education on the devastation that plastic pollution has on ocean ecosystems and the environment. To collect only 15% of ocean plastics *via* ocean and coastal cleanups is predicted to cost between 500–700 billion euros and results in plastics of mixed quality, and also does not serve to address the root cause to plastic pollution. However, while not

significant from a collection to volume standpoint, cleanup provides benefits to localized areas and helps change mindsets in consumers, and consequently companies, in terms of recycling and waste plastics. The projected costs for these cleanups would be better spent funding prevention efforts such as improved recycling and waste management. In addition to this, there is a need for strong government leadership and intervention when it comes to plastic waste to develop a more permanent solution. Leading bodies need to support the development of viable alternatives to petroleum-based plastics, fund innovation, raise consumer awareness, and standardize plastics and their labelling to improve recycling rates.<sup>69</sup> It would also be pertinent to provide the appropriate incentives for industry to use recycled plastics over virgin ones.

This integrative approach calls for a more complete understanding on the effect of plastic pollution on aquatic life and marine ecosystems. Plastic waste must be reduced at the source to prevent leakage, which requires innovation in recycling system management, as well as end-of-life treatments for both biodegradable and non-biodegradable plastics. In addition to this, policies should be set into place to reduce and control the negative aspects of plastic production, control their usage, and improve waste management. It is critical that our plastic dependency is reduced through efforts to ban or limit the use of disposable plastics through governmental policies, as is already being adopted in many countries. Key plastic manufacturers must also be held more responsible for the handling, collection, and reuse of their plastic products after use, as well as funding development of alternatives to non-degradable plastics. One option would be to create programs where producers of single-use plastics are responsible to take back their materials and find appropriate waste management strategies. Waste management and recycling infrastructure must be improved, especially in developing countries where the issue is greatest, through the establishment of an international aid program. The demand for renewable plastics could be increased through governmental taxes or fees on petroleum-based pollution plastics. Addressing the ocean plastic problem is a global effort, and one that must be addressed immediately to protect not only marine ecosystems, but the whole planet.

## Conflicts of interest

There are no conflicts of interest.

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