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Phase separation affects the rheological properties of starch dough fortified with fish actomyosin†

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Starch and protein are common polymers in food, and their phase separation often occurs during food processing. Protein-fortified starch dough can be considered as a triple phase separation system, and the effect of phase separation on dough rheology warrants further research. In this study, starch doughs fortified with fish actomyosin were used, and their rheological properties were researched and explained with respect to phase separation. The results suggested that the phase separation of actomyosin-binder-starch granules in the raw dough affected the quality of dough. The addition of actomyosin significantly decreased stiffness and shear sensitivity but increased the fluidity of the blended dough. Moreover, it was found that the interaction between mung bean starch and actomyosin was very weak. The polymer molecules were connected by physical links. Owing to phase separation, it was presumed that "wall slip" occurred between the binder, starch granule, and actomyosin. The blended dough containing 30% of the added actomyosin (R_3) showed the best recovery ability and the weakest molecular interaction (interaction type $Z' = 0.40$ for storage modulus G' and 0.31 for loss modulus G''). Additionally, the phase structure of the model doughs was investigated. It was found that the starch network played a dominant role when 10% (R_1) actomyosin was added. With the addition of actomyosin, the protein network formed gradually. A bicontinuous phase structure with interpenetrating network was observed in R_3 (actomyosin = 30%). In summary, our findings demonstrate the feasibility to make blended doughs by mixing fish actomyosin and mung bean starch. Moreover, in terms of use in traditional noodle making, the blended R_3 dough was found to be the best in terms of recovery ability and flow characteristics.

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1. Introduction

Consumption of starch noodles is one of the most distinguished cultures prevalent in Asia. Mung bean starch is considered one of the best raw materials available for noodle making. It is preferred over other starches and imparts desirable attributes to noodles such as transparency, a fine thread-like structure, high tensile strength, and low cooking loss.^{1,2} In recent years, the need for mung bean starch noodles has gradually increased worldwide, especially in Asia; however, the production of mung bean starch is limited and is more expensive compared to other available starches. This makes it difficult to meet the market needs and bridge the gap between demand and supply. Therefore, it is worthwhile to identify substitutes for mung beans to help reduce production costs. Hydrocolloids are the most common and most studied food additives. They are useful in enhancing the texture and the rheological properties of starch noodles.^{3–5} Apart from

hydrocolloids, chitosan, glycerol monostearate, and other modified starches are also good choices for noodles making.^{1,2,6} However, studies suggest that the use of these compounds leads consumers to perceive the end products as "artificial foods," thus rendering them less desirable.⁷ Therefore, the use of natural proteins as additives is a more suitable alternative. The addition of protein to starch noodles has two other benefits. First, starch is a polysaccharide that rapidly hydrolyzes into glucose upon consumption, rendering it unsuitable to obese individuals or those with diabetes. Protein addition can effectively reduce the relative intake levels of starch. Moreover, some studies have shown that protein addition to starch-based foods can effectively delay the release of glucose.^{8–10} Secondly, from a nutritional point of view, foods containing pure starch are inferior owing to the lack of protein, micronutrients, vitamins, and other nutrients; therefore, fortification with protein can address this deficit.

The most common proteins used as additives are soybean protein, egg white protein, and whey protein. Studies show that the addition of these proteins has a significant effect on the rheological properties of starch dough.^{11–14} Actomyosin extracted from fish has appreciable gel-forming abilities and is one of the main components in the manufacture of solid surimi gels.^{15,16} Therefore, fish actomyosin has the potential to improve the quality of starch-containing foods. To the best of our

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knowledge, few studies have explored the effect of fish actomyosin on the quality of mung bean starch-containing foods; moreover, relevant research studying their rheological behavior is even less. Rheology is mainly concerned with the force and deformation of materials and is an important parameter in the comprehensive evaluation of starch–protein dough blends. A rheometer can simulate many processing methods. For instance, using the steady shear test simulates the “dropping” step to characterize its thixotropy, the “mixing” step characterizes the flow behavior, and the dynamic frequency sweep can simulate the high-frequency vibration to evaluate the interaction strength of the polymers.

Phase separation of proteins and polysaccharides is a common occurrence in foods. Understanding their phase behavior may, therefore, help improve the quality of gelatinous foods.¹⁷ Several studies focus on phase separation, which has resulted in improving the feasibility of the production of foods with special textural properties;^{18,19} therefore, this field is currently attracting significant attention.^{20–22} There are few studies that explore the phase separation of surimi protein and starch blends. Compared to the doughs made using gluten-containing grains, one of the biggest differences in non-gluten containing dough is that a binder is used to replace the gluten for the formation of a gel network in the latter, which results in a significant weakening of the network in the dough. The protein–starch dough blend can be considered a triple-phase system consisting of a binder, starch granules, and protein. The phase-separation behavior of this system is more complex; therefore, the effect of phase separation on the rheological characteristics of the blend is worthy of further exploration.

In this study, we determined the effect of phase separation on the rheological properties of starch dough fortified with fish actomyosin. Rheological characteristics, including flow, thixotropy, viscoelasticity, interaction strength and creep and recovery, were analyzed and explained from the perspective of phase separation. This investigation could provide a better understanding of the mechanism of blended doughs and the theoretical knowledge required for the manufacture of protein-fortified starch products.

2. Materials and methods

2.1 Materials

Fresh sea bass (*Lateolabrax japonicus*) was purchased from a local aquatic products market. The white meat on the back was collected and rinsed 2 times using cold deionized water, then stored in a $-80\text{ }^{\circ}\text{C}$ freezer until using. High purity mung bean starch (ingredients: protein 0%, amylose 31.8%, fat 0%, carbohydrates 0.13%) was provided by Chengdongwang food Co., Ltd (Chengdu, China).

2.2 Preparation of actomyosin paste

Actomyosin was prepared according to the method of Donald and Lanier with some modifications.²³ Sea bass muscle (50 g) was minced for 2 min using a meat chopper (TJE17A-300, Supor, Zhejiang, China) in 500 mL extraction solution (0.6 M KCl, $4\text{ }^{\circ}\text{C}$)

then homogenized for 4 min at 10 000 rpm using a homogenizer (FJH-300, Shanghai specimen and model factory, China). The beaker containing the sample was placed in ice and each 20 s of blending was followed by a 20 s rest interval to avoid overheating during extraction. The extract was centrifuged at 5000g for 30 min at $4\text{ }^{\circ}\text{C}$. Three volumes of chilled deionized water were added to precipitate actomyosin. Actomyosin was collected by centrifuging at 5000g for 20 min at $4\text{ }^{\circ}\text{C}$, and the pellet was dissolved by stirring for 30 min at $4\text{ }^{\circ}\text{C}$ in an equal volume of chilled 1.2 M KCl, pH 7.0. Undissolved material was removed from the preparation by centrifugation at 5000g for 20 min at $4\text{ }^{\circ}\text{C}$. Then the actomyosin was collected by precipitating with three volumes of chilled deionized water and centrifugation (5000g, 20 min, $4\text{ }^{\circ}\text{C}$) again. The content of protein was measured as $60.54 \pm 0.41\text{ mg mL}^{-1}$ (approximately 6 wt%), according to the Biuret method.²⁴

2.3 Preparation of raw actomyosin–starch dough

Starch dough was prepared based on the methods of Wang with some modifications combined with traditional handmade procedure of China.²⁵ 30 g dry starch was added with 70 g deionized water and stirred for 2 min with a rod, then 200 g boiling water was slowly pour in while stirring to form a binder, after that 300 g dry starch was added in and mixed with a blender (HM740, HanShang, Shandong, China) at 100 rpm for 5 min to form a starch dough. Waiting for the temperature of the starch dough cooling down to $40\text{ }^{\circ}\text{C}$, raw starch–actomyosin dough of five different mixing ratios (9 : 1, 8 : 2, 7 : 3, 6 : 4, 5 : 5) were prepared separately by adding actomyosin to starch dough (w/w) and mixed with the blender at 100 rpm for 10 min, the samples were marked sequentially as R₁–R₅. The starch dough without adding actomyosin was set as control and marked R₀. All samples were stored in a $4\text{ }^{\circ}\text{C}$ refrigerator for 6 h before testing.

2.4 Rheological properties of doughs

The rheological behaviors of the doughs were measured using a rotational rheometer (DHR1, TA instruments, USA) fitted with parallel-plate geometry (40 mm diameter, 400 μm gap). Before testing, each sample was placed between plates and rested for 10 min. The rim of the dough sample was coated with silicone oil to prevent water evaporation.

2.4.1 Steady shear tests. For assessing the flow characters of doughs, each sample was tested with the “flow ramp” mode of rheometer. The temperature was set as $25\text{ }^{\circ}\text{C}$, and the shear rate increased stepwise from 0.01 s^{-1} to 300 s^{-1} (upward) and immediately decreased from 300 s^{-1} to 0.01 s^{-1} (downward). The data of shear stress (τ , Pa) and shear rate ($\dot{\gamma}$, s^{-1}) from upward which corresponding to the beginning to the visible fluctuation point were recorded and fitted the Herschel–Bulkey model (eqn (1)) to characterize the yield stress (τ_0 , Pa), flow behavior index (n , dimensionless) and consistency coefficient (K , Pa s^n).²⁶

$$\tau = \tau_0 + K\dot{\gamma}^n \quad (1)$$

The degree of thixotropy (D_t) of the doughs were expressed by the area of the hysteresis loop ($\text{s}^{-1}\text{ Pa s}$) between the upward



and downward curves. The calculation of D_t was performed by using software Origin 8.0. To ensure valid comparisons between the obtained D_t results, they were acquired across the shear thixotropic region from 0.6 s^{-1} to 148 s^{-1} of all the doughs.²⁷

2.4.2 Dynamic strain sweep. Dynamic strain sweep was performed over a strain range from 0.01% to 200% at $25 \text{ }^\circ\text{C}$, and the angular frequency was 10 s^{-1} . The strain sweep gave the information of relative strength of junction zone formed within the doughs (characterized by storage modulus G') and the relative resistance to flow (characterized by loss modulus G'').

2.4.3 Dynamic frequency sweep. In the sweep procedure, the G' and G'' were recorded as functions of frequency, which performed from 0.1 to 100 s^{-1} at a strain of 0.5% and temperature of $25 \text{ }^\circ\text{C}$. To calculate and express the type (Z') of molecular interactions and strength (K) of the dough, the G' and frequency values (ω) were fitted to the power law model (logarithmic form) as flowing.³³

$$\log G' = Z' \log \omega + K \quad (2)$$

2.4.4 Temperature sweep. In order to understand the viscoelastic change during the cooling of doughs, the temperature sweep was performed from $25 \text{ }^\circ\text{C}$ to $90 \text{ }^\circ\text{C}$ at $5 \text{ }^\circ\text{C min}$, and then cooling down from $90 \text{ }^\circ\text{C}$ to $25 \text{ }^\circ\text{C}$ at the same rate as before immediately. The G' and G'' of the samples were recorded at a constant frequency of 1 Hz and strain of 0.5%. The loss factor ($\tan \delta$) was also recorded during the temperature sweep.

$$\tan \delta = G''/G' \quad (3)$$

2.4.5 Creep and recovery measurements. Creep and recovery measurement of doughs were performed at a constant temperature of $25 \text{ }^\circ\text{C}$, the creep phase a shear stress of 50 Pa was applied for 50 s , then a recovery phase followed by that, the stress was removed immediately and lasted for 150 s . The data of strain (γ) and stress (σ) was collected and analyzed by the Trios (software, version 5.0). For a better understanding the relationship of strain and stress, compliance $J = f(t) = \gamma/\sigma$ was introduced, and the parameters including the maximum creep compliance (J_{\max}), zero shear viscosity (η_0), mean retard time (λ) relative elastic part of the J_{\max} (J_e/J_{\max}) and the relative viscous part of the J_{\max} (J_v/J_{\max}) was obtained by fitting the Burger model as followed equations:²⁸

For the creep phase

$$J(t) = J_0 + J_m \cdot \left(1 - \exp\left(-\frac{t}{\lambda}\right)\right) + t/\eta_0 \quad (4)$$

For the recovery phase

$$J(t) = J_{\max} - J_0 - J_m \cdot \left(1 - \exp\left(-\frac{t}{\lambda}\right)\right) \quad (5)$$

2.5 Phase structure

15 g starch dough was prepared according to the method in Section 2.3, and then put into a steamer (SZ26B5, Supor,

Zhejiang, China) to cooking for 15 min . Following that the cooked doughs were removed into cold water for 10 min and drained for 5 min . About 1 cm^3 of samples were cut off and stuck to the sample holder using glue, after that, the samples were frozen and sliced into $15 \text{ }\mu\text{m}$ sheets using a frozen slicer (CM1850, Leica, Germany), and then put on the slide and stained with $1/5$ concentration of Lugol solution ($I_2 = 0.33\%$, KI = 0.67% , w/v) for 1 min , Fast Green (0.1% , w/v) for 1 min . Following that, the samples were rinsed with ironless water for 1 min , covered with glass and observed under a $100\times$ optical microscope (80i, Nikon, Japan).

2.6 Statistical analysis

All tests were performed in triplicate unless specified and the mean scores were taken as the result. The data was evaluated by an analysis of variance (ANOVA), and a comparison of means was carried out with Duncan's test. Differences were considered significant at $p < 0.05$. Statistical computation and analysis were conducted using SPSS (18.0).

3. Result and discussion

3.1 Flow characteristics of blended dough

The steady shear curves of the five different mixed starch-protein doughs and the control R_0 are shown in Fig. 1. With an increase in the amount of added actomyosin, the shear stress (τ) of dough decreased significantly at the same shear rate, which can likely be ascribed to the relative decrease in the addition of pregelatinized starch. Mung bean starch is rich in amylose ($\approx 30.9\text{--}34.3\%$) compared to other native starch and plays a crucial role in gelation.^{29,30} In the starch dough, part of the starch was gelatinized and served as a binder. Amylose is the main component that forms the gel network. It has a strong influence on the flow characteristics of the entire dough. Moreover, the shear stress of the doughs was found to decrease sequentially with a decrease in the addition of starch. Presumably, actomyosin has a fairly weak interaction with mung bean starch in the dough. The gel network between the starch and protein was probably formed independently and interpenetrated the microstructure. Several studies have confirmed this assumption.³¹ Wu *et al.* researched the thermal properties of eight types of dough made using a varying composition of starch and actomyosin and found that the thermal transition proceeds independently.³² Kong *et al.* have reported similar findings.

Traditionally, "dropping" is a crucial step in noodle making, which is induced by continuous patting of the mold that loads the dough, thereby imposing shear stress on the dough.³³ A steady shear test using a rheometer can simulate this condition. In the upward curves, it can be thought of as a light pat changing to a heavy pat, wherein the shear stress of the dough starts with a quick rise and then exhibits a slow fall. In the downward curves, the pat motion and intensity follow a reverse trend and the shear force drops rapidly. The shear stress can be used to represent the resistance force to the deformation of the dough caused by the shear rate.³⁴ Based on the findings in



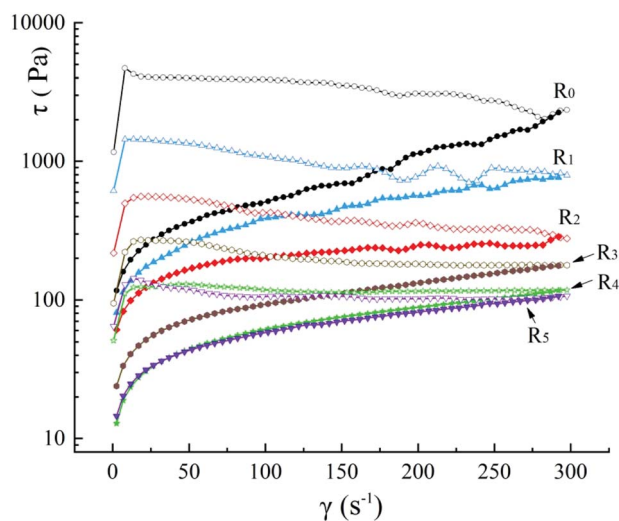


Fig. 1 Steady shear curves of the actomyosin–starch doughs (note: τ : shear stress; γ : shear rate. R_1 – R_5 : dough blends prepared from mung bean starch and actomyosin using mixing ratios ranging from 9 : 1 to 5 : 5. R_0 : dough prepared from mung bean starch without the addition of actomyosin. The hollow and solid points represent the upward and downward curves, respectively).

Fig. 1, we can conclude that for the production of starch noodles using mung bean starch–actomyosin doughs, the ideal stress applied should be reduced from strong to weak (downward curves), but not increased from weak to strong (upward curves). This pattern provided better fluidity to the doughs. The addition of actomyosin gradually decreased the extent of shear thinning of the different model doughs.

The Herschel–Bulkley model was used to accurately characterize the flow properties of the doughs. Owing to severe fluctuations, most of the upward curves of the starch doughs cannot be suitably fitted to the Herschel–Bulkley model to obtain rheological parameters.²⁵ Our results show a similar pattern. Therefore, only the doughs that exhibited a shear rate between 0 s^{-1} and 100 s^{-1} of downward curves, as indicated in Fig. 1, were fitted to the Herschel–Bulkley model. The results are listed in Table 1 (sample fitted plots are shown in ESI Fig. S1†). It can be seen that the values of n (flow behavior index) for all samples are less than 1, and that there are no significant differences between them, indicating that these samples are

pseudoplastic fluids. All samples exhibited a shear-thinning tendency, which is consistent with the results listed in Section 3.1. The yield stress τ_0 , represents the mechanical energy that breaks the structure of the dough and enables the flow.³⁵ A higher τ_0 implies a higher resistance experienced in the flow of the dough. The τ_0 decreased from 124.274 Pa to 14.453 Pa, suggesting that the addition of actomyosin considerably increased the fluidity of the dough. This phenomenon may be related to the relative decrease in amylose content as the weak gel structure exhibited by starch is mainly formed by amylose. The consistency coefficient (K) can be used to characterize the stiffness of the dough and shows a positive proportional relationship. In our study, K showed a decreased trend, indicating that the doughs had a tendency of softening after the addition of actomyosin. The observed trends are consistent with the results listed in Section 3.1.

3.2 Thixotropy of blended doughs

Thixotropy is used to reflect the shear sensitivity of the dough and can be measured using the areas of the hysteresis loop (D_t) of the flow curves. A higher D_t value indicates that the dough has a better ability to change its viscosity. The hysteresis loops of all six model doughs are shown in Fig. 2 separately and the value of D_t s are listed in Table 1. It can be seen that as the shear rate increases, the viscosity starts to decline sharply and continues to reduce gradually.³⁶ These results are similar to the results obtained using wheat dough. A sharp decrease in the viscosity of doughs at a low shear rate ($<150 \text{ s}^{-1}$) suggested that the structure of dough was considerably destroyed. The slow decrease under a high shear rate ($>150 \text{ s}^{-1}$) indicated that “wall slip” may exist between the dough molecules.³⁷ Wang *et al.* reported the “wall slip” phenomenon when they researched the interaction between the binder and starch granules in starch dough.²⁵ They found that the binder forms a “low-shear-strength film” under a continuous shear action; the film acts as a continuous phase, whereas the starch granules form the dispersed phase. Moreover, the molecules in starch dough have shown to undergo rearrangement at high shear rates.³⁸ In our study, the doughs can be considered to constitute a triple-phase system (actomyosin-binder-starch granules). We inferred that the wall slip was introduced by the binder in the samples containing low levels of protein, which served as the continuous phase, whereas the proteins and starch granules constituted the

Table 1 Herschel–Bulkley and thixotropy parameters for actomyosin–mung bean starch doughs^a

Treatment	τ_0 (Pa)	K (Pa s^n)	n	R^2	D_t ($\text{s}^{-1} \text{ Pa s}$)
R_0	124.274 ± 10.711^a	81.383 ± 3.741^a	0.420 ± 0.063^a	0.996	$19\,696 \pm 879^a$
R_1	87.089 ± 9.607^b	56.889 ± 4.576^b	0.438 ± 0.072^a	0.994	4843 ± 208^b
R_2	64.834 ± 6.240^c	40.726 ± 3.460^c	0.394 ± 0.113^a	0.998	1538 ± 96^c
R_3	26.757 ± 5.240^d	16.382 ± 3.554^d	0.365 ± 0.133^a	0.999	745 ± 43^d
R_4	16.409 ± 2.331^e	9.736 ± 1.744^e	0.378 ± 0.092^a	0.998	380 ± 19^e
R_5	14.453 ± 3.182^e	8.210 ± 1.987^f	0.433 ± 0.052^a	0.999	349 ± 11^f

^a Note: τ_0 : yield stress. K : consistency coefficient. n : flow behavior index. R_1 – R_5 : doughs prepared from mung bean starch and actomyosin with mixing ratio from 9 : 1 to 5 : 5, R_0 : dough prepared from mung bean starch as control. Results in the table represent the mean of triplicate measurements. Mean \pm standard deviation. Different letters in each column indicate significant differences ($p < 0.05$).



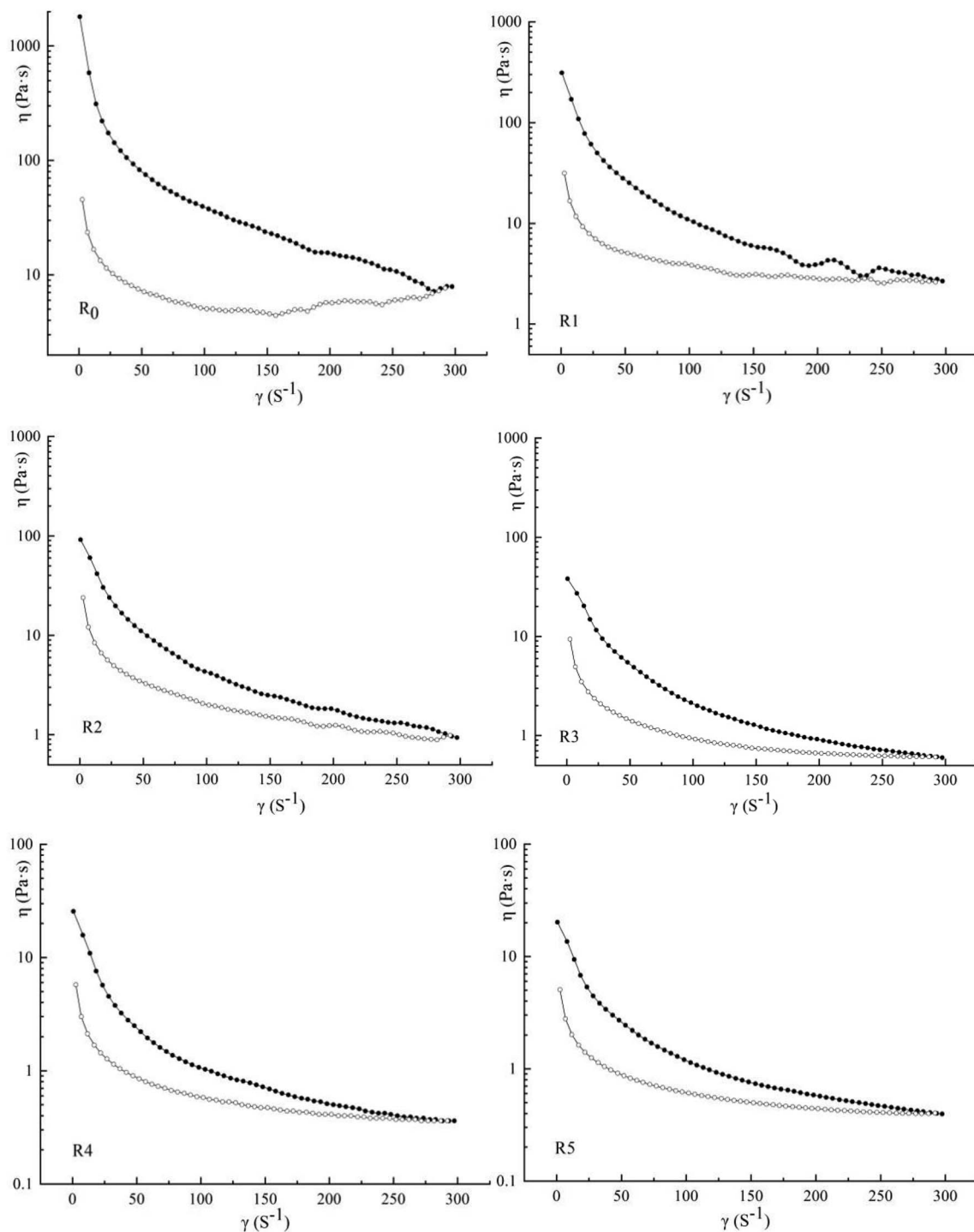


Fig. 2 Hysteresis loops of blended doughs (note: τ : shear stress. η : viscosity. R_1 – R_5 : dough blends prepared from mung bean starch and actomyosin with mixing ratios ranging from 9 : 1 to 5 : 5. R_0 : dough prepared from mung bean starch without the addition of actomyosin. Upward curves: solid points; downward curves: hollow points).

dispersed phase. In samples containing high levels of added protein, wall slip was introduced by actomyosin, the protein constituted the continuous phase, and the binder and starch particles formed the dispersed phase. When the ratio of protein to starch is appropriate, the protein and binder may form a bicontinuous phase with the starch granules acting as fillers.³⁵

The study of Crawford *et al.* supports our conclusion. With regard to R_0 to R_2 , significant fluctuations in viscosity were observed at a high shear rate, which perhaps explains the shear destruction of the film formed by the binder.³⁹

The mechanism of thixotropic behavior in starch doughs may be related to the irreversible fracture of the starch gel



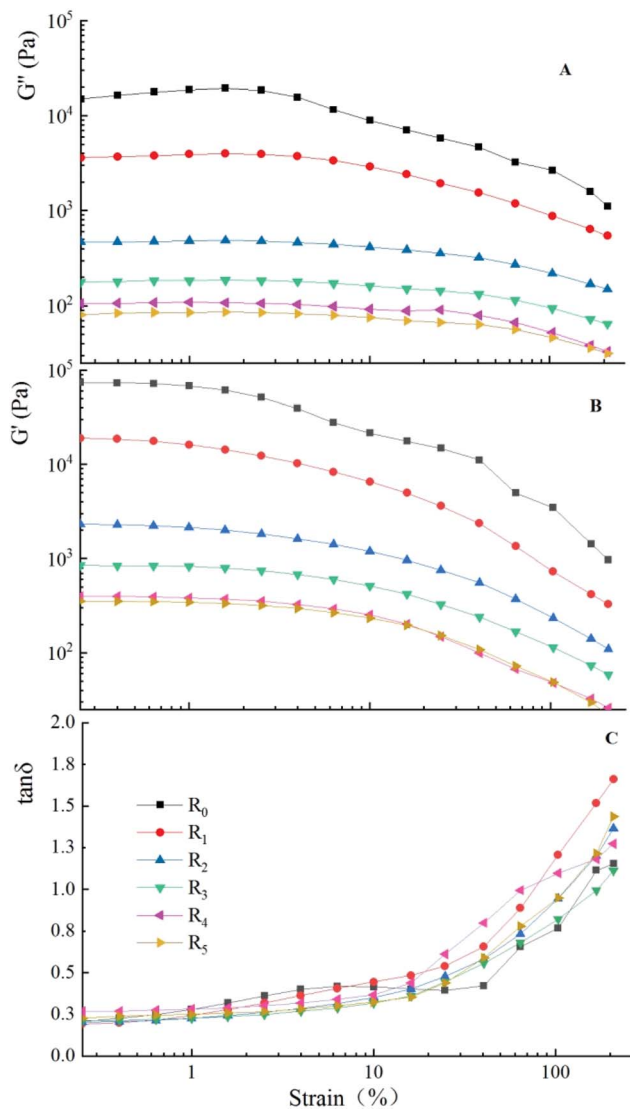


Fig. 3 Dynamic strain sweep curves for starch-actomyosin model doughs. Note: G' : storage modulus. G'' : loss modulus. $\tan \delta$: loss factor. R_1 – R_5 : dough blends prepared from mung bean starch and actomyosin with mixing ratios ranging from 9 : 1 to 5 : 5, R_0 : dough prepared from mung bean starch without the addition of actomyosin. (A) Storage modulus (G') versus strain (%). (B) Loss modulus (G'') versus strain (%). (C) Loss factor ($\tan \delta$) versus strain (%).

formed by the binder paste.²⁵ Moreover, this was also the main reason why the upward and downward curves did not coincide. It can be seen from the results that the D_t values decreased gradually, indicating that the addition of actomyosin considerably weakened the extent of the damage. During the actual production process, D_t sometimes does not play a guiding role because the “dropping” method involves a more complex rheological behavior, which is similar to extensional flow.

3.3 Viscoelasticity of blended raw doughs

Dynamic strain sweep was used to determine the linear viscoelasticity (LVR) of the starch doughs. As seen in Fig. 3, the LVRs of the starch dough with different protein content were limited

up to a strain of 1.0%. The viscoelasticity started to decrease obviously when the strain continued to increase, indicating the breakdown of dough structure beyond a certain level of deformation. Previous studies show that the LVR of doughs made using raw wheat range from 0.1% to 0.25% (⁴⁰some fermented wheat doughs show a very high value), which is far below that of model doughs prepared using mung bean starch and fish actomyosin investigated in this study.^{41–43} This may be attributed to the interaction between the mung bean starch and actomyosin, their respective properties, and water-binding ability.

Generally, starch doughs form a weak and fragile polysaccharide network. Their structures are unstable under a high shear strain and can undergo shear thinning easily.^{25,44} This can be verified from the R_0 in Fig. 3. With an increase in the amount of added actomyosin, the trend of weakening of both G' and G'' and the subsequent decrease significantly implied that protein addition made the dough less prone to shear-thinning and enabled it to hold its shape. It was obvious that actomyosin changed the flow characteristics and enhanced the stability of the dough. Feng *et al.* determined the effect of the addition of egg white on the LVR of dough prepared using sweet potato starch.⁴⁵ They found that the viscoelasticity of common starch decreased significantly when the strain was more than 0.1%, but the starch-protein dough samples appeared more stable. The trend observed in their study is similar to the results obtained in our study. Furthermore, Zhang *et al.* reported similar findings when they studied the LVR of starch-hydroxypropylmethylcellulose (HPMC) dough.⁴⁶

Furthermore, for all doughs, the elastic component (G') was found to remain well above the viscous component (G''), which indicated that the raw doughs had characteristics of solids but not liquids.⁴⁷ Moreover, the addition of actomyosin resulted in a sharp decrease of G' and G'' , ranging from 10 000 to around 100. These findings implied that the addition of actomyosin did not change the solid characteristics of doughs, rather, made it softer compared to the control.

3.4 Analysis of the interaction strength of molecules in model doughs

Dynamic frequency sweep simulates the stability of dough at different vibrations. Moreover, when this method is used, the frequency varies with time while the stress remains constant (within the LVRs), suggesting that the dough structure is not damaged. Therefore, this test provides an approach to understanding the interaction between actomyosin and mung bean starch molecules in model doughs.⁴⁸ The parameters including the type of molecular interactions, Z' , and strength of the doughs, K' , are shown in Table 2. In general, the Z' values represent the dependent degree of frequency on the modulus (G' or G''). A Z' value of 0 indicates that there are covalent bonds between the molecules, the G' or G'' are frequency independent, and that the dough has a very stable network. $Z' > 0$ indicates that there are physical links between molecules, whereas a higher Z' is suggestive of weaker interactions.⁴⁹ It can be seen that the Z' values of all doughs are >0 and show a tendency of an



Table 2 The characteristic values of actomyosin–mung bean starch doughs in dynamic frequency sweep^a

Treatment	G'			G''		
	Z'	K	R^2	Z'	K	R^2
R ₀	0.16 ± 0.04 ^c	283 576 ± 1164 ^a	0.997	0.07 ± 0.01 ^c	67 852 ± 911 ^a	0.997
R ₁	0.27 ± 0.03 ^b	80 299 ± 892 ^b	0.999	0.17 ± 0.03 ^b	26 955 ± 538 ^b	0.998
R ₂	0.30 ± 0.02 ^b	9063 ± 399 ^c	0.998	0.23 ± 0.03 ^b	3181.4 ± 264 ^c	0.999
R ₃	0.40 ± 0.04 ^a	2831 ± 107 ^d	0.998	0.31 ± 0.03 ^a	1011.7 ± 77 ^d	0.999
R ₄	0.29 ± 0.01 ^b	2113 ± 68 ^e	0.999	0.22 ± 0.01 ^b	906.54 ± 53 ^e	0.999
R ₅	0.21 ± 0.04 ^c	291 ± 23 ^f	0.995	0.16 ± 0.02 ^c	114.54 ± 15 ^f	0.996

^a Note: G' : storage modulus. G'' : loss modulus. Z' : molecular interaction type. K : molecular interaction strength. R₁–R₅: doughs prepared from mung bean starch and actomyosin with a mixing ratios ranging from 9 : 1 to 5 : 5, R₀: dough prepared from mung bean starch and set as control. Results in the table represent the mean of triplicate measurements. Mean ± standard deviation. Different letters in each column indicate significant differences ($p < 0.05$).

Table 3 Rheological parameters of actomyosin–mung bean starch blended doughs in creep–recovery test^a

Treatment	γ	Creep phase				Recovery phase			
		$J_0 \times 10^{-4}$	$J_m \times 10^{-4}$	λ	$\eta_0 \times 10^2$	$J_{max} \times 10^{-3}$	$J_0 \times 10^{-3}$	$J_m \times 10^{-3}$	λ
R ₀	0.14 ± 0.06 ^f	12 ± 1.6 ^f	17.9 ± 1.9 ^f	1.62 ± 0.06 ^b	510 ± 11.6 ^a	2.9 ± 0.6 ^f	2.4 ± 0.6 ^f	2.7 ± 0.6 ^f	128.0 ± 9.9 ^f
R ₁	0.56 ± 0.09 ^e	52.6 ± 5.7 ^e	79.7 ± 5.8 ^e	1.38 ± 0.02 ^c	203 ± 18.9 ^b	11.2 ± 1.6 ^c	7.9 ± 1.1 ^e	10.8 ± 0.9 ^e	60.5 ± 3.6 ^e
R ₂	0.74 ± 0.05 ^d	63.4 ± 5.9 ^d	95.1 ± 4.8 ^d	1.23 ± 0.04 ^d	100 ± 6.3 ^c	17.8 ± 1.4 ^d	11.3 ± 2.1 ^d	11.5 ± 1.3 ^d	58.1 ± 5.7 ^d
R ₃	2.66 ± 0.52 ^c	210 ± 13.3 ^c	378.9 ± 15.3 ^c	1.28 ± 0.03 ^d	50 ± 8.6 ^d	59.2 ± 11.4 ^c	36.4 ± 1.4 ^c	135.1 ± 14.3 ^c	4.2 ± 0.9 ^e
R ₄	9.19 ± 1.43 ^b	462 ± 24.9 ^b	1106.6 ± 33.5 ^b	1.69 ± 0.02 ^b	7.6 ± 2.7 ^e	183.8 ± 25.8 ^b	133.5 ± 14.7 ^b	352.6 ± 19.5 ^b	54.3 ± 4.4 ^b
R ₅	24.02 ± 2.04 ^a	638 ± 25.1 ^a	2190.1 ± 71.4 ^a	2.19 ± 0.02 ^a	1.8 ± 0.5 ^f	465.5 ± 58.8 ^a	428 ± 27.3 ^a	493.9 ± 25.2 ^a	204.4 ± 19.2 ^a

^a Note: R₁–R₅: dough blends prepared from mung bean starch and actomyosin with mixing ratios ranging from 9 : 1 to 5 : 5, R₀: dough prepared from mung bean starch without the addition of actomyosin. γ , strain at the end of creep phase (%); J_0 , instantaneous compliance (Pa⁻¹), J_m , viscoelastic compliance (Pa⁻¹), λ , mean retardation time (s), η_0 , zero shear viscosity (Pa s), J_{max} , maximum creep compliance (Pa⁻¹), J_e , steady-state compliance (Pa⁻¹). Different letters in each column indicated significant differences ($p < 0.05$).

initial rise followed by a fall in both G' and G'' (Table 2). The model dough R₃ shows the maximum Z' value of 0.40 for G' and 0.31 for G'' . We speculate that these values may also be related to the phase separation of the blended system, in which the proteins and binder likely form a bicontinuous phase, although the network structures are very weak. In fact, this conclusion was confirmed by subsequent observations of the microstructures of doughs using optical methods of analysis. K represents the physical strength of the dough, and it can be seen that the values of K gradually decreased with the addition of actomyosin.⁵⁰ This may be attributed to the gel nature of actomyosin as well as the mung bean starch. The gel strength of the protein is much lower than that of starch.

3.5 Creep and recovery characters of doughs

The system deformation per unit stress is defined as compliance and is measured over time.⁵¹ The results showed that all the model doughs exhibited a typical viscoelastic behavior combining both viscous fluid and elastic components (Creep–recovery plots are shown in ESI Fig. S2†). The creep deformation consists of three stages, namely, instantaneous deformation, retarded deformation, and plastic deformation. Each stage is individually induced by the deformation of bond length and bond angle, segmental motion, and flow of linear amorphous polymers.⁵² When the stress is removed suddenly, the dough

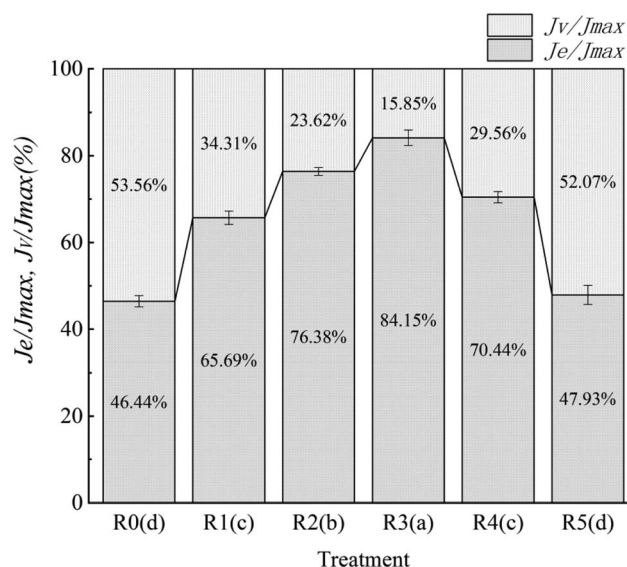


Fig. 4 Effect of actomyosin on the relative elastic (J_e , dots) and viscous (J_v , lines) portion of maximum creep compliance (J_{max}) in the recovery phase of creep tests. Treatments followed by the same letter are not significantly different at $P < 0.05$ (note: R₁–R₅: dough blends prepared from mung bean starch and actomyosin with mixing ratios ranging from 9 : 1 to 5 : 5, R₀: dough prepared from mung bean starch without the addition of actomyosin).



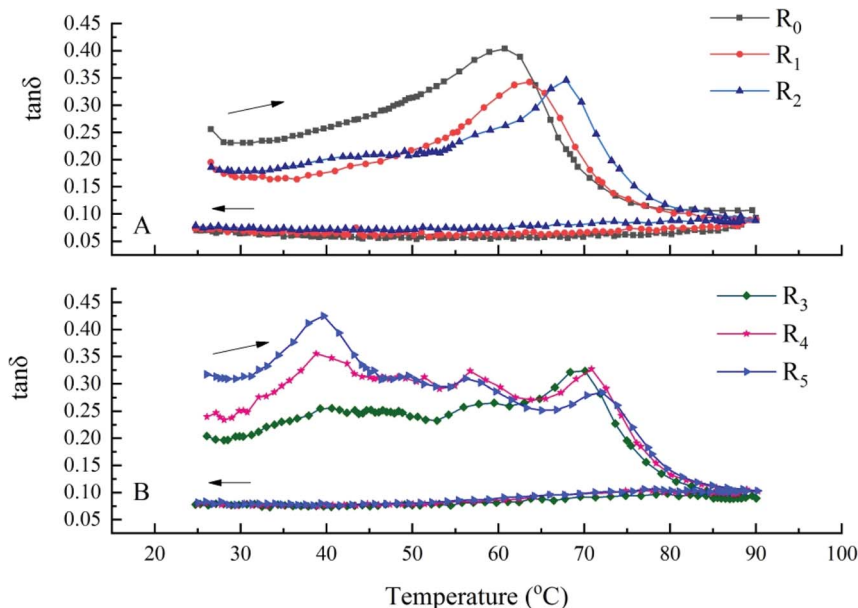


Fig. 5 Effect of heating on loss factor ($\tan \delta$) in actomyosin–mung bean starch doughs (note: G' : storage modulus. G'' : loss modulus. $\tan \delta$: loss factor. R_1 – R_5 : dough blends prepared from mung bean starch and actomyosin with mixing ratios ranging from 9 : 1 to 5 : 5. R_0 : dough prepared from mung bean starch without the addition of actomyosin. (A) Curves of R_0 – R_2 . (B) Curves of R_3 – R_5).

experiences a recovery deformation consisting of two stages, namely, instantaneous recovery and steady deformation.⁵³ In reality, there is no clear boundary between these five stages and it is difficult to separate them quantitatively.

The effect of the actomyosin on the creep–recovery parameters of model doughs are summarized in Table 3. J_0 , J_m , and J_{\max} represent the instantaneous compliance, viscoelastic compliance, and compliance of the creep end, respectively. J_{\max} is used to describe the rigidity of the doughs and it reflects the maximum resistance to deformation as an indicator of the bond strength between the structural units. In other words, the stronger dough had a smaller J_{\max} value. During the creep stage, it can be seen that with an increase in the proportion of the added protein, all three compliance parameters increased

significantly. These findings suggest that the doughs became soft after protein addition and the interaction between the protein and polymer molecules was considerably weakened. This conclusion can also be drawn based on the increasing value of γ , as seen in Table 3. Moreover, zero shear viscosity (η_0) is an important parameter that was used to represent the flow character of doughs when the stress was removed. A higher η_0 indicated more resistance for the dough to retain its original shape. R_5 exhibited the highest compliance parameters and lowest η_0 , indicating the fine fluidity of the dough. Fan *et al.* obtained similar results during the study of fish myofibrillar protein–cassava starch composites.⁵⁴ The reason for this occurrence could be that the addition of proteins broke down the starch–gel network that was formed by the binder paste.

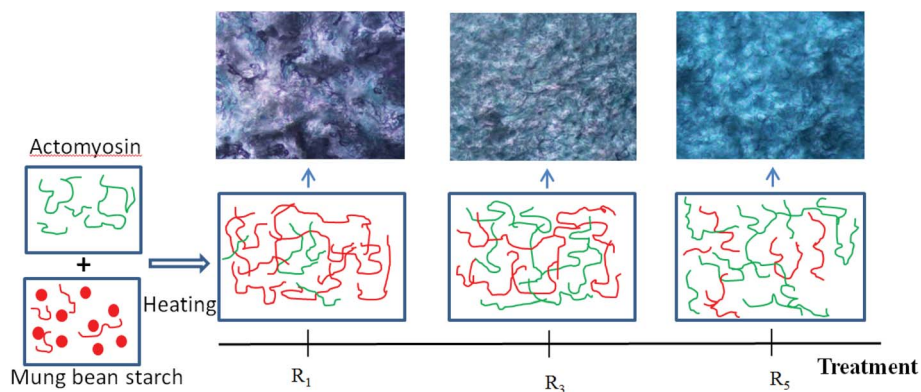


Fig. 6 Schematic diagram of phase structure and the corresponding optical photos of blended doughs after heating (note: R_1 , R_3 , R_5 : doughs prepared from mung bean starch and actomyosin using a mixing ratio of 9 : 1, 7 : 3 and 5 : 5. Magnification: 100 \times . In the optical photos, starch is dyed purple, and protein is dyed green. In the schematic diagram, the red curves represent chain segments of starch, the red points represent starch granules, and the green curves represent chain segments of protein).



Furthermore, the addition of actomyosin significantly improved the softness of the starch doughs. During the production of starch noodles using the extrusion method, these aspects of the dough may facilitate the extrusion of the noodles from the molds.

In the recovery phase, the compliance of doughs gradually decreased from the maximum value (J_{\max}) to a stable state. The recovered compliance is referred to as elastic compliance (J_e). The compliance phase wherein the dough recovery reaches equilibrium at the terminal region is referred to as J_v .⁵⁵ Creep-recovery experiments can be used to simulate the rheological behavior of the dough under high stress, such as the recovery of dough deformation after suddenly pressing the dough with a finger. Results of the proportion analyses of J_e and J_v in J_{\max} are shown in Fig. 4. A higher J_e/J_{\max} value indicates a better recovery ability after deformation. The addition of actomyosin changed the J_e/J_{\max} values of model starch doughs significantly. When the amount of the added protein was 30% (R_3), the J_e/J_{\max} value reached a maximum of 84.15%. The high recovery ability of R_3 may be related to the rheological properties of the actomyosin paste and mung bean starch doughs themselves.

3.6 Variation in viscoelasticity characteristics of doughs during thermal processing

A temperature sweep was performed to understand the viscoelastic change of doughs during heating. $\tan \delta$ is a parameter that describes the relationship between G' and G'' . A high $\tan \delta$ indicates that there are relatively more viscous components and less elastic components, suggesting the shear resistance of starch doughs.²⁶ Fig. 5 shows the plot of loss factor $\tan \delta$ as a function of temperature. The doughs could be classified into two groups based on the effect of temperature on $\tan \delta$. When the added protein was less than 20%, a peak was observed (Fig. 5A), which could likely be attributed to the gelatinization of the mung bean starch. During this phase, amylose gradually leaked from the starch granules and the weak network formed by the binder was destroyed. When the level of added proteins exceeded 20%, three peaks were observed (Fig. 5B). The peaks on the left appeared around 40 °C and the middle peaks at around 56 °C. We speculated that this change might have stemmed from the unwinding of the head and tail of myosin. Liu *et al.* studied the effect of temperature on the gelation of the myosin from silver carp and found that the α -helix of the myosin head and tail unwound at temperatures higher than 40 °C and 55 °C, respectively. These findings were similar to the results of our study.⁵⁶

Furthermore, the addition of actomyosin increased the gelation temperature of mung bean starch. With an increase in the amount of added protein, the effect was more obvious. When the level of the added protein was 50%, the gelatinization temperature of starch increased from 60.77 °C to 72.08 °C and was ascribed to the inhibition of swelling of the starch granules by the protein. The addition of actomyosin resulted in an increasing amount of starch granules being wrapped by the protein, which inhibited the leaking of amylose to form the network. Collectively, these effects resulted in the need for more

heat to enable the water molecules to enter the starch granules to complete the process of gelatinization. Our findings are in accordance also with similar studies that explored protein–starch and polysaccharide–starch blends.^{57–59}

Based on the distribution range of the upward curves of the model doughs, it can be seen all the values of $\tan \delta$ were <1 , indicating the more elastic and solid-like nature of the doughs.⁶⁰ During the cooking period (downward curves), all the curves gradually appeared to exhibit a similar trend and the corresponding values were also relatively close ($P < 0.05$). These findings suggested that all model doughs, with the addition of actomyosin, formed the same elastic gel as the pure starch dough when cooled.

3.7 Phase structure of the cooked doughs

Based on the conclusions stated in the previous sections, we postulated that the doughs made using different blending ratios would have different phase structures owing to phase separation. To further prove the reliability of our theory, the model doughs were extruded into noodles and the phase structure was fixed by steaming. Schematic diagram of the phase structures and the corresponding optical photos of model doughs are shown in Fig. 6. Actomyosin was dyed green using fast green and starch was dyed light purple (amylose) or dark purple (amylopectin) using iodine, based on its binding ability and affinity toward the two components of starch. The red and blue curves represent starch and protein respectively.

When protein was added to the starch noodles, a phase-separation process between actomyosin and mung bean starch was observed. In R_1 , it was obvious that starch formed a continuous phase while the protein constituted the dispersed phase. The protein network gradually formed after the addition of actomyosin. In the sample prepared using R_3 , a bicontinuous phase of starch and protein was formed and an interpenetrating network of actomyosin and mung bean starch was observed. In R_5 , the protein network appeared dominant with the starch dispersed within it.

Starch and proteins are polymers present in food that can easily undergo phase separation owing to thermodynamic incompatibility.⁶¹ Many previous studies have reported findings similar to ours.⁶² Schorsch *et al.* reported a phase separation of micellar casein and locust bean gum blends, wherein they found that different mixing ratios lead to different continuous appearances.⁵⁴ Fan *et al.* also reported the formation of an interpenetrating network using various mixing ratios of fish myofibrillar protein and cassava starch. The benefit of phase separation is that it can result in changes in the food microstructure, leading to the food have different quality and taste.

4. Conclusion

In this study, we evaluated the phase separation of mung bean starch dough that was fortified with fish actomyosin. It was found that the different mixing ratios of starch and protein could lead to a different phase structure of the polymer blends, thereby affecting dough quality. The results showed that the



addition of actomyosin enabled the dough to flow more easily. Moreover, it was found that the interaction between starch and protein was very weak, and their gel networks were interpenetrating. Thixotropic analysis indicated that the shear sensitivity of the dough blends decreased with an increase in actomyosin. Results of the dynamic rheological test indicated that the LVRs (linear viscoelasticity) of the starch doughs of all samples were limited up to a strain of 1.0%, and were higher than the values reported for traditional cereal doughs. On other hand, owing to phase separation, wall slip occurred in the triple-phase system comprising binder-protein–starch granules. Results of the interaction strength indicated very weak physical links between them. R_3 showed maximum Z' values 0.40 for G' and 0.31 for G'' , indicating that the interaction between protein and starch was weakest in this dough compared to other preparations. Additionally, creep–recovery results indicated that R_3 (protein addition: 30%) had the best recovery ability compared to the other raw doughs. Furthermore, the phase behavior and phase structure of blended doughs were studied during heating. It was found that all the samples could form a solid gel during the heating process. When the added protein was 10% (R_1), the starch network played a dominant role. When the amount of added protein exceeded 10%, the protein network was found form gradually. Moreover, the addition of actomyosin increased the gelling temperature of mung bean starch. A bicontinuous phase structure with an interpenetrating network was observed in R_3 . An ideal starch based dough should have both flow resistance and an ability to recover from deformation. R_3 suitably met these desirable properties and was thought to be the ideal blended dough. However, there are still many aspects worth studying further in this project. For example,^{63,64} large-amplitude oscillatory shear (LAOS) can be used to assess the nonlinear characteristics of viscoelastic responses. Furthermore, the interaction of protein and starch can be further studied at the molecular level using Fourier-transform infrared spectroscopy and thermodynamic analyses.

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Conflicts of interest

There are no conflicts to declare.

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