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Introduction

Phase transformations in solids have received significant research attention in various applications such as hydrogen storage, lithium-ion batteries, and electronic devices.^{1–6} In particular, solute-driven phase transformations are critical for a number of energy conversion and storage systems, in which a substantial volume change induced by the atomic intercalation may dictate the structural changes and reaction thermodynamics.⁷ Metal hydrides are one such example where H atoms dissolve in the metal lattice (interstitial hydrides) or combine with metal cations (complex metal hydrides) to form metal hydride phases, allowing safe and efficient solid-state hydrogen storage.^{2,8}

The critical performance requirements of successful solidstate hydrogen storage include storage capacity, long-term storage duration against self-discharging or oxidation, and

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Uncovering the encapsulation effect of reduced graphene oxide sheets on the hydrogen storage properties of palladium nanocubes[†]

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Decades of research on solute-induced phase transformation of metal hydride systems have shown the possibility to enhance hydrogen storage properties through novel material design such as nanoconfinement engineering. Nevertheless, the fundamentals of mechanical stress effect on confined Pd nanoparticles remain yet to be elucidated due to the difficulty in linking with hydrogen sorption thermodynamics. Here, a thermodynamic tuning of Pd nanocubes associated with hydrogen sorption as a result of encapsulation by reduced graphene oxide (rGO) layers is demonstrated. Pd nanocubes are constrained by rGO to such a degree that the chemical potential and the pressure hysteresis of the system during hydrogen sorption drastically change while showing a size dependence. A thorough thermodynamic analysis elucidates the role of constraints on hydrogen uptake and release; despite the nanoscale regime, the thermodynamic parameters (enthalpy and entropy) during phase transition considerably increase, a phenomenon not seen before in unconstrained Pd nanoparticle systems.

> facile insertion/extraction kinetics.^{9,10} To enhance the storage performance of metal hydrides, researchers proposed structural engineering based on the confinement of metal hydrides into a matrix.² For example, Parambhath et al. demonstrated that the hydrogen uptake capacity for N-doped graphene decorated by Pd nanoparticles could be enhanced under ambient conditions through facilitated migration of H atoms induced by strengthened interactions between Pd and the graphene matrix.¹¹ Zhou et al. revealed that Pd/graphene nanocomposites have outstanding gravimetric storage density (up to 8.67 wt%) because the graphene matrix enables the homogeneous distribution of Pd nanoparticles while offering a porous space for hydrogen trapping.¹² Li et al. showed that metal-organic framework coating altered the reactivity of Pd nanoparticles with hydrogen, leading to enhanced hydrogen storage capacity as well as expedited hydrogen sorption response.¹³ These reports confirm that host materials in composites play a crucial role in engineering the hydrogen sorption behaviour of metal hydrides.

> However, many successful metal hydrides face intricate stability issues that critically depend on fundamental thermodynamics. For instance, lithium aluminium hydrides (LiAlH₄ or Li₃AlH₆) suffer from occasional hydrogen loss or irreversibility under practical conditions due to the highly metastable hydride phases (LiAlH₄), leading to impractical rehydrogenation pressures.^{14,15} On the other hand, the strong thermodynamic stability of magnesium hydrides (MgH₂) results in high desorption temperatures of over 280 °C.¹⁶ These two con-

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trasting examples show that the capability to tune the thermodynamics of metal hydride formation is essential for careful optimization. Yet, tuning the stability of metal hydrides remains challenging to accomplish, while at the same time satisfying the other performance requirements. Constraintinduced stress has been one potential thermodynamic handle for the tuning of hydride stability;^{17–19} for instance, an elastic clamping effect by matrix materials can tailor the thermodynamics of hydrogen absorption.²⁰ However, how the external stress affects the hydrogen sorption thermodynamics reversibly remains yet to be demonstrated, especially in nanoconfined metal hydride composites, lacking the fundamental understanding of confinement strategy and the associated structure engineering in the de/hydriding phase transformation.

In this study, we demonstrate the reversible tuning of hydrogen sorption thermodynamics in metal nanoparticles *via* nanoconfinement-induced stresses. Using rGO-encapsulated Pd nanocubes (31, 45, and 65 nm size) as model systems, we reveal that during hydrogen sorption, mechanical constraints applied by rGO restrain the volume expansion of Pd lattice and induce a wider pressure hysteresis under isothermal conditions, compared to bare Pd nanocubes of similar sizes. Careful thermodynamic analyses show that both the desorption enthalpy and entropy increase upon rGO-confinement, and *ab initio* calculations quantitatively rationalize the results based on elastic strains.

Results and discussion

Cube-shaped Pd nanoparticles encapsulated by rGO sheets with three different edge sizes (31, 45, and 65 nm) are synthesized by a facile one-pot reduction method. In this method, the oxygen functional groups and the defect sites of GO act as the activation sites for Pd nanocube growth,²¹ followed by a coreduction of GO and Pd precursors to rGO and Pd particles,



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respectively. Fig. 1a illustrates the rGO-Pd system where few rGO layers fully cover Pd nanocubes. Transmission electron microscopy (TEM) images show highly transparent GO sheets, indicating that GO layers are well exfoliated and dispersed to form few layers through an ultra-sonication process (Fig. S1[†]). Fig. 1b-d shows that Pd nanoparticles are grown in cube shapes with edge sizes ranging from 31 nm to 65 nm, depending on the amounts of surfactants. The composites with 31, 45, and 65 nm Pd nanocubes are labelled as rGO-Pd1, rGO-Pd2, and rGO-Pd3, respectively (see Fig. S2[†] for a low magnified view of the rGO-Pd samples). A Pd nanocube in the composite oriented along the [001], [013], and [112] zone axis is imaged by high-resolution TEM (HRTEM) to determine whether the nanocube is fully covered by the rGO layers. In all directions, few rGO layers appear to wrap the edges of the Pd nanocube (Fig. S3[†]). Another Pd nanocube from a different batch of similarly sized nanocomposite also confirms the fully encapsulating layers of rGO and perfect wrapping of Pd nanocubes (Fig. S4[†]). The perfectly wrapped rGO sheets are expected to provide mechanical constraint and pseudopressure effects²² during the H insertion-induced volume expansion. Since the pseudo-pressure effect can be affected by the number of rGO layers, the same commercial GO powders which have even layer-thickness distribution are used in all measurements. The bare-Pd nanocubes with similar edge sizes (30, 42, and 62 nm) are prepared and named Pd1, Pd2, and Pd3, respectively, to probe the encapsulation effect of rGO sheets on the hydrogenation behaviour. The size distribution of the bare-Pd nanocubes in each batch closely corresponds with that of the corresponding rGO-Pd batch (Fig. 1b-d and Fig. S5[†]), providing a nanoscale platform to study the sole effect of rGO encapsulation. In addition, the magnified TEM images and the corresponding FFTs (right panels of Fig. 1b-d) along with the selected area electron diffraction (SAED) patterns (Fig. S6[†]) show that Pd nanocubes are single-crystalline. This simplifies the analyses involving hydrogen uptake and release as no microstructural defects such as grain boundaries need to be considered.

While single-crystalline Pd nanocubes help us understand the effect of external stress on the hydriding thermodynamics without the complications of microstructural defects, surface stress becomes significant for Pd nanocubes smaller than 30 nm.^{23,24} This makes it difficult to solely compare the effect of extrinsic stress. Moreover, the enthalpy and entropy changes upon de/hydriding for particles below 10 nm size are reported to considerably decrease due to nanosizing effects,^{24,25} thus increasing the difficulty in performing independent thermodynamic analyses. The particle sizes of 31, 45, and 65 nm are thus selected for this study.

Furthermore, the interplanar spacing of Pd nanocubes is measured using HRTEM to clarify the mechanical constraints applied by the rGO sheets. As shown in Fig. S7,† the averaged spacing values (d_{hkl}) are calculated from the intensity profiles of HRTEM images. The rGO-Pd samples of rGO-Pd1, rGO-Pd2 and rGO-Pd3 show characteristic (200) spacing of 2.011 Å, (200) spacing of 2.008 Å, and (111) spacing of 2.331 Å with the



Fig. 1 (a) A schematic illustration showing the rGO-Pd system in which compressive strain is applied to the inner Pd nanocubes by rGO layers. (b– d) TEM images of Pd nanocubes encapsulated by rGO sheets of side length (b) 31.2 ± 3.8 nm, (c) 44.7 ± 5.6 nm, and (d) 64.5 ± 9.0 nm (scale bars are 20 nm, 40 nm, and 50 nm, respectively). The right panels show the magnified views of nanocubes (a scale bar is 2 nm) and the corresponding FFT.

increase in Pd size, respectively, suggesting that the Pd lattices are tensile-strained in the in-plane direction and compressivestrained in the out-of-plane direction. The strains (ε) are determined using bulk Pd reference (d_0 , PDF # 00-046-1043), where $\varepsilon = (d_{hkl} - d_0)/d_0$. Without any size-dependence, the strain values range from +3.24 to +3.78%, in line with the previous study on the rGO-confined spherical Pd nanoparticle system.²⁶ This indicates that Pd nanocubes are under compressive stress from rGO layers, whose clamping effect induces a lateral expansion of Pd lattice in the in-plane orientation.

The X-ray diffraction (XRD) patterns show a clear crystallinity of the synthesized Pd nanocubes in both rGO-Pd and bare-Pd samples (Fig. S8†). The samples exhibit identical diffraction patterns in terms of the diffraction angles and relative intensities. No distinct palladium oxide (PdO) peak is observed in both patterns. The Pd loadings of rGO-Pd composites are measured to be approximately 82 wt% by inductively coupled plasma-atomic emission spectroscopy (ICP-AES).

X-ray photoelectron spectroscopy (XPS) measurements for rGO-Pd samples show decreased intensities of the oxygen functional groups and recovery of sp² carbon intensities, confirming the successful reduction of GO (Fig. S9†). This change is critical for studying the hydriding phase transformation of Pd in our system because the removal of oxygen functional groups in GO decreases the graphene interlayer distances in the composite, leading to the generation of pseudo-pressure effects.²² The remaining oxygen functional groups result in a strong interaction between the Pd and GO layers, subsequently causing Pd to cover the surface of GO. This leads to an unintended worm-like, continuous Pd shape rather than the formation of individual particles.²⁷ In Pd 3d XPS spectra of both rGO-Pd and bare-Pd (Fig. S10†), two strong peaks of elemental

Pd without distinct PdO peaks are observed, in line with the XRD study. It is noteworthy that no obvious peak shift is observed for Pd binding energy, implying a weak chemical interaction between Pd and rGO sheets in the dehydrated states. This can be attributed to the relatively large Pd nanocubes in our system that reduce the proportion of surface Pd atoms in contact with graphene, in contrary to the sub-nanometer Pd particles that show strong interactions with C and/or O atoms from graphene.^{11,28,29} Such weak chemical interactions further help us focus on the stress-driven thermodynamic tuning as the hydrogen storage properties are significantly affected by chemical environments.^{11,13}

Fig. 2 shows the hydrogen absorption and desorption behaviours of Pd nanocubes at three different temperatures. To determine the hydrogen sorption characteristics solely based on Pd, we normalize the data based on the Pd mass obtained from the ICP measurements. Considering that graphene derivatives rarely absorb hydrogen molecules,³⁰ hydrogen sorption is only attributed to Pd nanocubes. Repeated re/dehydriding experiments on the rGO-Pd samples show nearly identical hydrogen sorption characteristics (Fig. S11⁺). Three distinctive regions, namely the hydrogen-poor α phase, two-phase equilibrium region, and the hydrogen-rich β phase, are observed in all the isotherms, in accordance with the first-order phase transition between Pd and PdH_x.³¹ All the isotherms of bare-Pd show similar hydrogen absorption/desorption behaviours to those of bulk Pd (Fig. S12[†]), except for the narrower equilibrium pressure gaps. This is in good agreement with the previously reported study on unencapsulated Pd nanocubes.³²

We note that the rGO-Pd isotherms show a sloped plateau between absorption (P_{abs}) and desorption (P_{des}) compared to the bare-Pd isotherms. The sloped plateau during hydriding



Fig. 2 Pressure-composition-temperature (PCT) isotherms of rGO-Pd nanocubes and bare-Pd nanocubes at (a) 371 K, (b) 385 K, and (c) 401 K during hydrogen absorption (solid circles) and desorption (open circles).

indicates that increasing H chemical potential $(\Delta \mu_{\rm H}(P) = RT \ln P)$ $[P/P^{0}]$) is required as the hydrogen intake increases. Under isothermal conditions inside the rGO-Pd composites, the increasing chemical potential of H is explained by the hydrostatic stress-induced chemical potential change $(\Delta \mu_{\rm H} = \sigma_{\rm hydro} \partial V)$ $\partial N_{\rm H}]_{\rm T}$) due to the mechanical constraint. $\sigma_{\rm hydro}$ and $[\partial V/\partial N_{\rm H}]_{\rm T}$ stand for the hydrostatic stress and partial molar volume of H, respectively. Since any stress state may be decomposed into hydrostatic stress and deviatoric stress, our uniaxial compressive stress with tensile Poisson stress also includes hydrostatic stress components. If we assume identical $[\partial V / \partial N_{\rm H}]_{\rm T}$ at all H contents, as is typically observed in many intercalation systems, the increasing chemical potential according to H content indicates a non-linear increase of $\sigma_{\rm hydro}$ during hydriding.17 That is to say, mechanical constraints applied by rGO sheets suppress the volume expansion driven by interstitial H, leading to increasing pressure for the phase

transformation,^{20,33} while inducing the sloped plateau due to the inhomogeneous stress.¹⁷ Similar sloping behaviour and non-linear stresses have been observed during the hydriding of Pd thin films constrained by the substrates.¹⁷

The rGO-Pd systems exhibit an increased pressure gap (hysteresis width) compared to those in bare Pd systems. The increased hysteresis gap is readily observed for rGO-Pd1 and rGO-Pd2, with 31 and 45 nm-sized Pd cubes (Fig. 2). It is generally regarded that a hysteresis gap opens up and widens due to a large nucleation energy barrier during the first-order phase transition (intrinsic hysteresis).³² It is expected that the compressive stress from rGO layers and Pd interaction increase the nucleation energy barrier for the hydride phase with increased volume per Pd atom, leading to the widened hysteresis gap (extrinsic hysteresis). The increased pressure hysteresis by the mechanical constraint can be found in other systems, such as clamped Pd–H films¹⁹ or nanoconfined Mg.¹⁸

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Interestingly in rGO-Pd samples, these constraint-induced characteristics (the sloped plateau and the widened hysteresis width) are found to be reversible (Fig. S11†). This clearly contrasts with the previous research on stress-driven thermodynamic effects. For example, in clamped Pd–H films, stress drives irreversible change in the plateau and hysteresis widths as the H loading and unloading cycles continue.¹⁹ As shown in Fig. S11,† the rGO-Pd system exhibits nearly identical PC isotherms at 371 K even after repeated re/dehydrogenation cycles at elevated temperatures (385 K and 401 K), indicating that the nanocomposites can reversibly sustain the H-induced stresses.

Fig. 3a plots the hysteresis gap widths over the Pd nanocube size at three different temperatures. The hysteresis widths are defined in terms of the ratio between the two equilibrium pressures, $\ln(P_{abs}/P_{des})$. The equilibrium pressures for hydrogen absorption (P_{abs}) and desorption (P_{des}) in rGO-Pd samples are obtained by averaging the pressure values at the beginning and end of the two-phase regions (Fig. S13a[†]). The hysteresis widths for both bare-Pd and rGO-Pd samples decrease with increasing temperature, reflecting that increased thermal energy makes it easier for the hydride phase to overcome the nucleation barrier.³² The hysteresis widths of bare-Pd decrease as the particle sizes become smaller, attributed to the small nucleation barriers for phase transition.³² The hysteresis width of rGO-Pd nanocubes, however, drops sharply as the nanocube size becomes larger than 60 nm. These size-dependent hysteresis widths of rGO Pd nanocubes can be rationalized by the size-dependent encapsulation regularity (Fig. 3b). For example, in the case of rGO-Pd3, Pd particles appear to be too large to be fully capped between the interlayer spacing of rGO sheets, as shown in Fig. S2;† thus the regularity of rGO layers may collapse, leading to an inefficient pseudo-pressure effect, consistent with the phenomenon observed in rGO-confined [Fe $(Htrz)_2(trz)](BF_4)$ nanoparticle systems.²² It is reasonably expected that the pseudo-pressure effect increases with decreasing Pd nanocube size in rGO-Pd. These findings suggest that 2D layered-encapsulating structures can intensify

the hysteresis behaviour during hydrogen sorption in a certain size range; thus, a proper size selection of the encapsulated nanoparticle should be taken into account for the optimization of the de/hydriding ability. Besides the layered-encapsulating structure, the size-dependent pressure effect has been reported in other material forms including thin films,¹⁹ alloys³⁴ or patterned nanodots.¹⁸ However, the rGO-Pd systems in this work exhibit definite advantages compared to the above-mentioned structures, with high reversibility of hydrogen sorption offering the possibility to tune the thermodynamic properties according to the nanocube sizes.

To further investigate how the encapsulation affects rGO-Pd samples' hydrogen sorption characteristics, we examine the enthalpy (ΔH) and entropy (ΔS) changes of H absorption and desorption using the van't Hoff equation. Table 1 shows the thermodynamic parameters obtained from fitting the isotherm data at three different temperatures. Repeated experiments exhibit a similar trend, demonstrating the reversibility of the phenomena. The fitting procedure is described in detail in Fig. S13b.† While the absorption enthalpy (ΔH_{abs}) exhibits little difference between rGO-Pd and bare-Pd, the desorption enthalpy (ΔH_{des}) differs by 3.9–8.0 kJ (mol H₂)⁻¹ for rGO-Pd samples compared to the respective bare-Pd samples. It is well

	$\Delta H \left[\mathrm{kJ} \left(\mathrm{mol} \ \mathrm{H}_2 \right)^{-1} \right]$		$\Delta S \left[J \text{ K}^{-1} \text{ (mol } \text{H}_2 \text{)}^{-1} \right]$	
Sample	$-\Delta H_{\rm abs}$	$\Delta H_{\rm des}$	$-\Delta S_{\rm abs}$	$\Delta S_{\rm des}$
Pd1 rGO-Pd1 Pd2 rGO-Pd2 Pd3 rGO-Pd3 Bulk	$\begin{array}{c} 35.6 \pm 1.0 \\ 35.1 \pm 0.8 \\ 35.6 \pm 1.4 \\ 37.0 \pm 0.8 \\ 35.6 \pm 1.3 \\ 35.7 \pm 0.8 \\ 34.4 \pm 0.7 \end{array}$	$\begin{array}{c} 39.4 \pm 1.0 \\ 44.1 \pm 2.2 \\ 39.7 \pm 0.8 \\ 47.7 \pm 2.0 \\ 39.2 \pm 1.8 \\ 43.1 \pm 2.5 \\ 40.5 \pm 2.5 \end{array}$	87.9 ± 2.6 87.4 ± 2.0 87.9 ± 3.8 92.3 ± 2.0 88.1 ± 3.4 88.7 ± 2.0 85.0 ± 1.9	$94.0 \pm 2.5 \\ 105.0 \pm 5.6 \\ 94.8 \pm 2.0 \\ 114.0 \pm 5.3 \\ 93.5 \pm 4.6 \\ 103.0 \pm 6.5 \\ 96.7 \pm 6.4 \\ $



Fig. 3 (a) Hysteresis widths, $\ln(P_{abs}/P_{des})$ over the nanocube size (solid line: rGO-Pd, dashed line: bare-Pd) at three different temperatures. (b) Schematic representations of the size-dependent layer regularity, playing an important role in affecting the hysteresis behaviour.

known that during the hydriding process, mechanical constraints can hinder the expansion of metal lattice, making it hard to insert H atoms into the metal lattice (destabilization of the hydride phase) as observed in several thin-film systems.^{20,33} Considering that ΔH reflects the Pd-H bond strength,²⁵ the unaffected absorption enthalpy implies that rGO-confined PdH_x is also stabilized at the same time. It is known that H atoms tend to be concentrated at the sub/ surface for Pd nanocubes with the size of tens of nanometers.^{23,35} In our study, however, Pd nanocubes are fully covered by rGO layers as opposed to the previously reported ones (Fig. S3 and S4[†]). Accordingly, it is reasonable to suppose that this layered-encapsulating structure may minimize the surface energy and cause H atoms to occupy the core, thus strengthening the Pd-H bond (stabilization of the hydride phase). The increased desorption enthalpy compared to the unaffected absorption enthalpy suggests that the compressive interaction between Pd nanocubes and rGO decreases towards the end of hydrogenation, resulting in less strained Pd lattice as observed in the previous study.²⁶ Owing to the weakened destabilization effect, the Pd-H bonds become strong and thus the desorption enthalpy increases upon hydrogen release. The unique change in the reaction enthalpy upon encapsulation suggests the potential engineering or tuning of hydride stability for various metastable metal hydrides such as AlH₃ and LiAlH₄.³³

The rGO-Pd nanocubes also present increased desorption entropy (ΔS_{des}) in the range of 9.5–19.2 J K⁻¹ (mol H₂)⁻¹ for all sizes compared to bare-Pd, showing a distinct change in de/ hydriding thermodynamics. The rGO-Pd samples exhibit notably increased ΔS_{des} compared to the bulk in every particle size. This sharply contrasts the previous reports that nanoscale PdH_x particles exhibit decreased reaction entropy as hydrogen absorbed in nanoscale Pd has higher entropy than that in the bulk lattice.^{25,36,37} The increases in ΔS_{des} suggest that rGO encapsulation reduces the entropy of hydrogen atoms in nanoscale Pd beyond the effect of intrinsic nanoscaling. In parallel with increased ΔH_{des} , the opposite effects on ΔS_{des} compared to bare-Pd imply that rGO encapsulation is the dominant factor governing the hydrogen sorption dynamics.

The kinetics of hydrogen absorption are measured at 303 K under 1.3 bar of H₂ pressure for both bare-Pd and rGO-Pd nanocubes to clarify the rGO-encapsulation effect on the hydriding kinetics as shown in Fig. S14.[†] For all size samples, bare-Pd nanocubes uptake 0.3 H per Pd atom only after 10 min, whereas rGO-Pd nanocubes absorb more than 0.3 H per Pd atom within 10 min, demonstrating enhanced absorption kinetics. This can be attributed to the tensile-strained regions in the rGO-Pd system, observed by HRTEM measurements (Fig. S7[†]). During phase transformation from the α to the β phase, the β phase initially nucleates at the corners of Pd nanoparticles before forming a phase boundary. This β phase nucleation is known to be the rate-limiting step.³⁸ Recent studies suggest that the β phase preferably nucleates at the region under tensile strain.^{38,39} Since Pd nanocubes are locally tensile-strained in the in-plane orientation by rGO-encapsulation, β phase nucleation may be accelerated, resulting in enhanced absorption kinetics. Since the nanosizing effect on hydrogen sorption behaviour is remarkable for particles below 10 nm size, no difference in kinetic profiles is observed in our samples. In addition, slightly increased capacities (less than 0.1 H per Pd atom) are observed in the rGO-Pd system. Earlier reports suggest that the charge transfer from Pd to rGO increases the number of holes in the 4d orbital which are closely related to the storage capability, enhancing the hydrogen capacity.^{25,40} Given that the rGO layers can act as an electron acceptor,²⁶ the charge transfer between Pd and rGO may result in slightly increased hydrogen capacity due to a weak electron transfer observed in XPS measurements (Fig. S10†).

Ab initio computations reaffirm the experimental results on desorption entropy increase upon mechanical constraints. Fig. 4a shows the computed vibrational entropy changes of Pd, $PdH_{0.625}$, and the desorption entropy of $PdH_{0.625}$ at varied hydrostatic compressions. As the amount of compressive strain increases from 0% to 5%, the vibrational entropy of Pd and PdH_{0.625} both decrease steadily, yet at different paces. The vibrational entropy of PdH_{0.625} drops sharply after 1% compressive strain, reflecting the decreased vibrational entropy of H under compressed Pd lattice. This contrasts with the steady decrease of Pd and rationalizes the increased desorption entropy upon compressive strain. Fig. 4b plots the change in desorption entropy at varied temperatures between 270 K and 570 K. The desorption entropy curve monotonically shifts downward as temperature increases, yet the effect of compressive strain persists throughout all the temperatures we consider. Interestingly, the desorption entropy increases sharply only when the compressive strain exceeds 1% at all temperatures, indicating that over 1% compressive strain is required to experimentally observe the change in desorption entropy upon strain.

Under uniaxial compressive strain with Poisson expansions in the other two axes, we observe similar trends in vibrational entropy and reaction entropy (Fig. S15[†]). Under this strain, however, the vibrational entropy of Pd remains almost identical, while that of PdH_{0.625} decreases steadily, causing the overall reaction entropy to increase upon uniaxial strain. The computed desorption entropies match well with the experimental results (Table 1) in terms of both trends and values, noting that a tensile Poisson strain of 3% roughly translates to the uniaxial compressive strain of 6%. The large estimated strain applied on Pd nanocubes far exceeds the elastic limit observed in typical metals. This implies that while the increase in desorption entropy upon strain is a bulk phenomenon, such strain under constraint may only be observed among metals in the nanoscale. A large strain greater than 1% matches well with the experimental observations that elastoplastic strains are present in β-PdH_x.¹⁹

The phonon band structures of $PdH_{0.625}$ computed at 1% and 5% compressive hydrostatic strain provide the rationale for the change in desorption entropy upon increased compression. At 1% hydrostatic compression, we observe the optical phonon modes at the Γ -point of the Brillouin zone



Fig. 4 (a) Computed desorption entropy and vibrational entropy of $PdH_{0.625}$ and Pd at varied hydrostatic compressions from 0 to 5%. (b) Desorption entropy computed at varied temperatures between 270 K and 570 K. (c and d) The computed phonon band structures of $PdH_{0.625}$ at (c) 1% and (d) 5% compressive hydrostatic strain.

reaching down to ~5 THz frequency (Fig. 4c). Similar phonon dispersion curves have been reported for stress-free phonon dispersion curves of PdH in rocksalt structures.41 On the contrary, at 5% hydrostatic compression, PdH_{0.625} opens up a phonon bandgap by separating the optical and acoustic phonon modes (Fig. 4d). The sharp contrast in the optical phonon modes suggests that H atoms in octahedral sites decrease in vibrational degrees of freedom at compressive strains above 1%. This rationalizes the sharp reduction in vibrational entropy at above 1% hydrostatic compression. At tensile stresses of 1% or more, the computed phonon dispersion curves of PdH_{0.625} exhibit phonon modes at imaginary frequencies, indicating dynamic instability caused by unstable H atoms in enlarged octahedral sites. Previous literature reports that the computed phonon dispersion curves with H atoms in tetrahedral interstitial sites exhibit optical phonon modes above 25 THz frequency, further supporting this notion.41

In this respect, it is interesting to note that one should carefully choose the size of nanoparticles for encapsulation by graphene derivatives. Although decreasing the particle size towards nanoscale is effective in reducing hysteresis in general, nanoparticles in encapsulated composites exhibit increased hysteresis upon the addition of guest atoms such as H. In other words, being small does not necessarily provide advantages over bigger particles. In addition, the thermodynamics of hydrogenation may be tuned in rGO-Pd nanocomposites such that the hydride phase may be further stabilized in terms of desorption enthalpy and entropy. Considering that engineering the stability of metal hydride phases is technologically essential yet challenging to achieve, the nanocomposite route demonstrated in this work provides a unique strategy towards versatile engineering of hydride-based hydrogen storage.

Conclusions

In this study, we demonstrate that metal nanocomposites may be engineered to reversibly tune the thermodynamics of hydrogen storage. As opposed to several reported studies which show that the nanoscale effect is responsible for lowering the change of enthalpy and entropy, our elaborately designed rGO-Pd system exhibits significantly increased enthalpy and

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entropy of desorption, a direct result from the constraints by rGO. *Ab initio* computations demonstrate that compressive strain above 1% reduces the vibrational entropy of PdH_x faster than that of Pd, subsequently verifying that the encapsulation effect is a predominant factor in hydrogen sorption dynamics. The concept of design for metal nanocrystals capped by host matrix provides unrivalled opportunities for a variety of energy storage/conversion systems in which a synergistic effect from both nanocrystals and the capping 2D materials such as graphene derivatives enhances the thermodynamic and/or electrochemical functionality of the system.

Experimental section

Chemicals and reagents

Potassium chloride (KCl, \geq 99.0%), palladium chloride (PdCl₂, 99%), ascorbic acid (\geq 95%), potassium bromide (KBr, \geq 99.0%), hexadecyltrimethylammonium bromide (CTAB, \geq 99%), and hydrochloric acid (HCl, 36.5–38.0%) were purchased from Sigma-Aldrich. Graphene oxide powder (GO) was purchased from Standard Graphene. Deionized water was used in all experiments.

rGO-Pd synthesis

Pd nanocubes encapsulated by rGO sheets were prepared via a modified one-pot co-reduction method reported earlier.42 38.4 mg of GO powders were dispersed in 32 mL of DI water and ultra-sonicated for 2 h to form a GO aqueous suspension (1.2 mg mL^{-1}) . To synthesize rGO-Pd of size 31 nm, 240 mg of ascorbic acid and 500 mg of KBr were dissolved in 32 mL of the GO aqueous suspension and stirred for 10 min. The mixture was injected into a 100 mL 3-neck flask and preheated at 80 °C for 10 min. 12.5 mL of the 0.0804 M $K_2 PdCl_4$ solution was then quickly added (the K₂PdCl₄ solution was prepared by dissolving 182 mg of PdCl₂ and 153 mg of KCl in 12.638 mL of DI water, followed by ultra-sonication for 2 h). The reaction mixture was stirred at 80 °C for 3 h and then cooled in a water bath. Preparing rGO-Pd of size 45 and 65 nm is similar to that of 31 nm except that 1000 mg of KBr was added in the former and 1500 mg in the latter. The resulting product was centrifuged at 10 000 rpm for 20 min and washed with DI water once and ethanol once to remove excess reagents. The obtained product was dried at 60 °C under vacuum overnight.

Bare-Pd synthesis

Pd nanocubes without rGO encapsulation (bare-Pd) were prepared by modifying a previously reported procedure.^{43,44} Bare-Pd of size 30 nm was synthesized by mixing 215 mL of DI water, 5 mL of 0.1 M CTAB solution, and 25 mL of 0.01 M K_2PdCl_4 solution (the K_2PdCl_4 solution was prepared by dissolving 47 mg of PdCl₂ and 39.5 mg of KCl in 26.239 mL of DI water, followed by ultra-sonication for 2 h). Subsequently, 5 mL of 0.1 M ascorbic acid was added, and the mixture was heated to 80 °C under magnetic stirring and allowed to proceed at 80 °C for 30 min. Bare-Pd of size 62 nm was synthesized using a seed-mediated growth method. The 11 nmsize cube seeds were prepared as indicated previously. 6.8 mL of the 0.403 M CTAB solution was mixed with 3.2 mL of 0.1 M H_2PdCl_4 solution (the H_2PdCl_4 solution was prepared by dissolving 60 mg of PdCl₂ and 55 µL of HCl in 3.35 mL of DI water, followed by ultra-sonication for 2 h) in a water bath at 45 °C. While stirring vigorously, 10 mL of Pd seeds was added, followed by the addition of 5 mL of 1 M ascorbic acid. The reaction proceeded at 45 °C for 6 h under vigorous stirring. Bare-Pd of size 42 nm was synthesized similarly except that 40 mL of Pd seeds was added. The resulting product was centrifuged at 10 000 rpm for 10 min, washed with water two times, and dried at 60 °C under vacuum overnight.

Characterization

The facet-dependent structures of both rGO-Pd and bare-Pd nanocubes were characterized by using a transmission electron microscope (TEM, Tecnai G2 F30 S-Twin) operated at 300 kV. The structures of bare-Pd nanocubes were also characterized by using a scanning electron microscope (SEM, Hitachi SU5000). For measuring nanocube size, at least 100 nanoparticles were measured based on TEM images using the ImageJ software. The X-ray diffraction (XRD) analyses were carried out by using a Rigaku SmartLab High Resolution Powder X-ray diffractometer equipped with Cu Kα-1 radiation $(\lambda = 0.15406 \text{ nm})$. The Pd loading of rGO-Pd composites was analysed by using an inductively coupled plasma-atomic emission spectroscope (ICP-AES), Perkin-Elmer Avio500. X-ray photoelectron spectroscopy (XPS) measurements were carried out by using a Thermo VG Scientific spectrometer with an Al Kα source. Pressure-composition-temperature (PCT) measurements were performed at three different temperatures. For activation, the samples were evacuated at 373 K for more than 1 hour and then were hydrogenated at around 1 MPa. Before measuring each isotherm, the samples were evacuated at the target temperature for more than 1 hour. The TEM, SEM, XRD, and XPS analyses were conducted using equipment from the KAIST Analysis Center for Research Advancement (KARA).

Ab initio computations

The reaction entropies and phonon dispersion curves were computed using density functional perturbation theory (DFPT) calculations as implemented in the Vienna *ab initio* simulation package (VASP).⁴⁵ The Perdew–Burke–Erzenhof (PBE) functional⁴⁶ with generalized-gradient approximation (GGA) was used by following the projector-augmented wave (PAW) methods.⁴⁷ The β -PdH_{0.625} unit cell was obtained by partially filling the octahedral sites in a face-centred cubic Pd lattice. All symmetrically distinct H configurations up to $1 \times 1 \times 2$ supercells at the fixed composition of PdH_{0.625} were obtained by using the enumeration library⁴⁸ and relaxed in terms of all atomic coordinates to obtain the ground-state configuration. This process was repeated at each hydrostatic compressive strain from 0 to -5%. The K-point grid densities of 1000/atom for lattice relaxation and 4800/atom for phonon calculations

were used. The vibrational entropies and phonon dispersion curves were obtained from the vibrational frequencies using statistical thermodynamic expressions as implemented in phonopy.⁴⁹

Conflicts of interest

There are no conflicts to declare.

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