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Solution-based “bottom-up” synthesis of group VI transition metal dichalcogenides and their applications

Áine Coogan  and Yurii K. Gun'ko *

Research interest in the area of transition metal dichalcogenide (TMD) nanostructures has significantly increased in recent years. This interest is driven by their exceptional properties (e.g. semiconductor state, electronic confinement, conductivity, flexibility, transparency, large surface area, etc.) and their potential applications as materials for catalysis, photonics, sensing, solid lubrication, energy storage, high performance electronics, imaging, medical diagnostics and drug delivery systems, to name a few. The most common methods of production of these nanomaterials are “top-down” techniques involving solution-phase exfoliation or mechanical microcleavage, or chemical vapour deposition, a “bottom-up” approach. However, these methods suffer from a number of drawbacks, including poor controllability over size, high cost, and lack of scalability, thus limiting their potential commercial use. Therefore, over the last number of years, solution-based “bottom-up” synthesis of TMDs is gaining much attention as it can provide solutions to these problems. This review focuses on “bottom-up” methods such as hydro/solvothermal, hot-injection and other approaches which have the potential to produce high-quality TMD nanostructures with controllable properties such as size, phase, morphology, and at low-cost. Here, we consider and compare various “bottom-up” synthetic techniques for synthesis of TMD nanostructures, explore some potential applications of corresponding colloidal TMD materials and provide future outlook for this fast-developing and important area.

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1. Introduction

Transition metal dichalcogenides (TMDs) have been researched as far back as the 1960s. In recent years, however, the area has experienced a huge surge in interest. Research in the area of 2D materials in general has soared of late, and can be traced back to 2004, when graphene was first isolated from graphite by Novoselov *et al.* by the method of mechanical exfoliation.¹ While this method produced high-quality samples of graphene, it was not scalable, thus limiting large-scale applications of the material. In 2008, Coleman *et al.* reported liquid-phase exfoliation (LPE) of graphite, which opened the door for mass production of graphene through a facile, top-down approach.² This approach was later expanded upon by the same group, and was found to be effective in the exfoliation of a range of 2D materials, such as boron nitride (BN) and TMDs, among others.³

The interest in TMDs of late can also be attributed to their versatility and a range of exciting properties. For example, they have variable electrical properties: depending on their structure, they can be metallic or semiconducting.^{4,5} They exhibit a

tunable bandgap which is dependent on the number of monolayers, and an indirect to direct bandgap transition on being reduced from the bulk to the monolayer.⁵ Semiconducting monolayer TMDs such as MoS₂ and WS₂ also exhibit photoluminescence in the visible region of the spectrum.⁶ These properties make them potential candidates for use in optoelectronics and sensing.^{7,8}

Although the method of LPE partially addressed the issue of scalability, it presented other problems. The best results from LPE are often obtained using high-boiling point organic solvents, such as *N*-methyl-2-pyrrolidone (NMP) and dimethylformamide (DMF), which are toxic and hard to remove from the end product.⁹ Bodik *et al.* also showed that exfoliation of TMDs, specifically MoS₂, at high starting concentrations in more ‘green’ media such as ethanol–water mixtures can lead to the formation of unwanted side-products.¹⁰ LPE also has poor controllability over the number of layers and lateral sizes of nanosheets formed, often requiring further post-processing steps to achieve monodisperse samples.¹¹ Thus, LPE-produced 2D nanosheet dispersions may not be of suitable monodispersity or quality for many applications, particularly in the case of 2D TMDs, where monolayer-rich dispersions are often required to exploit their interesting semiconducting properties.⁶

School of Chemistry, CRANN and AMBER Research Centers, Trinity College Dublin, College Green, Dublin 2, Ireland. E-mail: igounko@tcd.ie



One solution to the above-stated problem may be to synthesise nanosheets using controlled 'bottom-up' rather than top-down approaches. One commonly used approach is chemical vapour deposition (CVD), which can produce highly crystalline, defect-free, large lateral size monolayers of TMDs and many other layered materials.^{12–14} The drawback of this method is that it is very expensive, and shows low potential for commercial scalability. Thus, new methods are required for the synthesis of TMDs, which could combine both the scalability and cost-effectiveness of LPE and the product quality of CVD. Solution-based "bottom-up" approaches may have the potential to synthesise TMDs in this way.

The main goal of this review is to analyse and discuss various methodologies for the synthesis of TMDs using solution-based "bottom-up" approaches. The properties, such as phase, morphology, and electrical properties, of the products resulting from each synthetic regime will be analysed, and the applications arising from these properties will be discussed. As much of the research on TMDs is dedicated to Group VI TMDs such as molybdenum and tungsten disulfides and diselenides, the main focus of this review will be on these materials. Finally, we will look at some challenges facing the field of bottom-up synthesis of TMDs, and finish by discussing some future prospects of TMD nanostructures synthesised *via* various "bottom-up" approaches.

2. TMD polymorphs

TMD monolayers consist of an atomic layer of transition metal atoms, M (such as Mo, W, *etc.*), sandwiched between 2 atomic

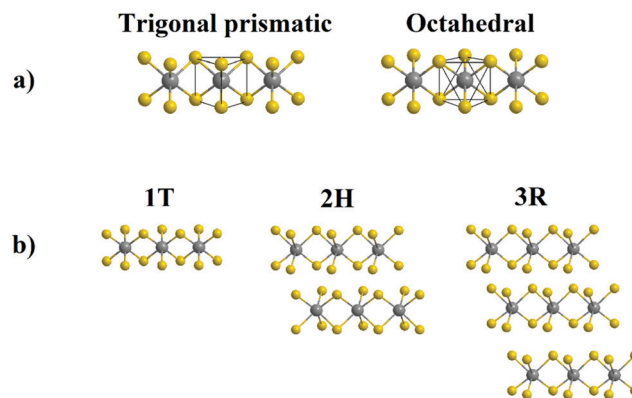


Fig. 1 (a) Trigonal prismatic and octahedral transition metal coordination in TMDs. (b) The layer stacking in the most common polytypes of TMDs – 1T, 2H and 3R. The grey and yellow spheres represent transition metal and chalcogen atoms, respectively.

layers of chalcogen atoms, X, (such as S, Se, Te, *etc.*). van der Waals interactions between these monolayers cause them to stack, forming bulk TMDs. Both the coordination of the transition metal atom and the stacking sequence of the monolayers can change, leading to the formation of different phases or polymorphs (Fig. 1), all of which can have different properties. The combination of the d-electron configuration and coordination of the transition metal are the predominant factors in determining its electrical and conductive properties.

There are 3 main phases of TMDs: the 1T, 2H and 3R phases. The distorted 1T' phase is also one of significant research



Áine Coogan

Áine Coogan received her BA in Nanoscience, Physics and Chemistry of Advanced Materials from Trinity College Dublin in 2019. She is currently pursuing her PhD in Materials Chemistry in the same university under the supervision of Prof. Yurii K. Gun'ko. Her research interests include bottom-up synthesis of 2D nanomaterials, with a particular focus on chiral 2D nanomaterials.



Yurii K. Gun'ko

Yurii Gun'ko received his MSc and PhD degrees in Chemistry from Moscow State University (Russia) in 1987 and 1990 respectively. Then he worked as a lecturer in Chemistry in Belarus Institute of Technology and as a postdoctoral researcher in the University of Sussex (UK). In 1995 he was awarded the Alexander von Humboldt fellowship of the University of Gottingen and Magdeburg (Germany). After that he returned back to the University

of Sussex. In 1999 he was appointed as a Lecturer in Inorganic Chemistry in Trinity College Dublin, was promoted to Senior Lecturer and elected to Fellowship in 2005, became an Associate Professor in 2007 and was appointed to the 1922 Chair in 2014. He has a very wide experience in Inorganic Chemistry and has made a particular use of this knowledge to pioneer innovative routes to new materials, with potential applications in areas such as solar energy conversion, optical sensing, catalysis, magnetic materials (including those for MRI) and adhesive technology. His main research interest and activities are in the areas of quantum dot based materials, nanophotonics, photovoltaic cells, and plasmonic and magnetic nanostructures.



interest. The phases or polymorphs of TMDs are named using numbers, which denote the number of repeating X–M–X layers in the unit cell, and letters, which describe their crystal system.

1T phase

This TMD polymorph has one X–M–X layer in its unit cell, which has trigonal symmetry with the atoms being arranged in an AbA AbA pattern. Capital letters and lower-case letters represent chalcogen and transition metal atoms respectively, and the letter itself represents a position in space. In the 1T TMD polymorph, the transition metal atom exists in an octahedral coordination environment. Group VI TMDs of this polytype, e.g. 1T-MoS₂ and WS₂, are metallic, as a result of partial filling of the d_{xy} , d_{xz} and d_{yz} set of degenerate orbitals that arise due to octahedral coordination (Fig. 2(a)).

2H phase

The 2H polymorph belongs to the hexagonal crystal group. It involves the transition metal atom coordinated in a trigonal prismatic fashion. There are two repeating X–M–X units in its unit cell, with the atoms following an AbA BaB AbA pattern. 2H TMDs from Group VI of the periodic table are semiconducting, due to complete filling of the lowest energy d_{z^2} orbital that arises from trigonal prismatic coordination (Fig. 2(b)).

3R phase

The 3R polytype is similar to the 2H, in that it involves trigonal prismatic coordination of the transition metal. However, it differs in its stacking pattern. The unit cell involves 3 monolayers, stacked in an AbA BcB CaC AbA fashion. This polymorph belongs to the rhombohedral crystal group, and like the 2H phase, leads to semiconducting Group VI TMDs due to the trigonal prismatic coordination of the transition metal (Fig. 2(b)).¹⁵

It should be noted that, in the case of monolayer TMDs, there are only two phases – 1T and 1H – as the stacking sequence is no longer a factor.

3. Bottom-up synthetic routes

In recent years, much progress has been made in the synthesis of TMDs through solution-phase bottom-up processes. The properties of the as-prepared TMDs vary widely with the use of different synthetic regimes, precursors, and stabilising ligands, giving rise to TMDs with a wide range of morphologies, phases and applications. In this section, the various established synthetic routes will be discussed, as well as the properties of the resulting TMD materials.

3.1. Hydrothermal and solvothermal methods

Hydro/solvothermal methods refer to the synthesis of materials in closed vessels at high temperatures and pressures, carried out in water (hydrothermal) or other non-aqueous solvents (solvothermal).^{16,17} Hydro/solvothermal methods are commonly used in the synthesis of a variety of nanomaterials. They are also widely reported methods in the wet-chemical, bottom-up synthesis of TMD-based nanomaterials.

The solvothermal and hydrothermal approaches to the synthesis of nanoscale TMDs date back to the years 1998 and 2000, respectively. Zhan *et al.* developed a solvothermal method for the production of nanocrystalline MoS₂ using pyridine as the solvent, and MoO₃ and elemental sulfur as the precursors.¹⁸ The use of this method resulted in the formation of thin platelets of semiconducting 2H MoS₂, with average diameters of 100 nm. This was followed closely by Fan *et al.*, who successfully synthesised nanocrystallites of MoS₂ and MoSe₂ for the first time *via* a hydrothermal method.¹⁹ Using Na₂MoO₄ as the Mo source and Na₂S₂O₃/Na₂SeSO₃ as the sulfur/selenium sources, amorphous MoS₂ and MoSe₂ were formed, of average crystallite sizes 4 and 7 nm, respectively, which when annealed

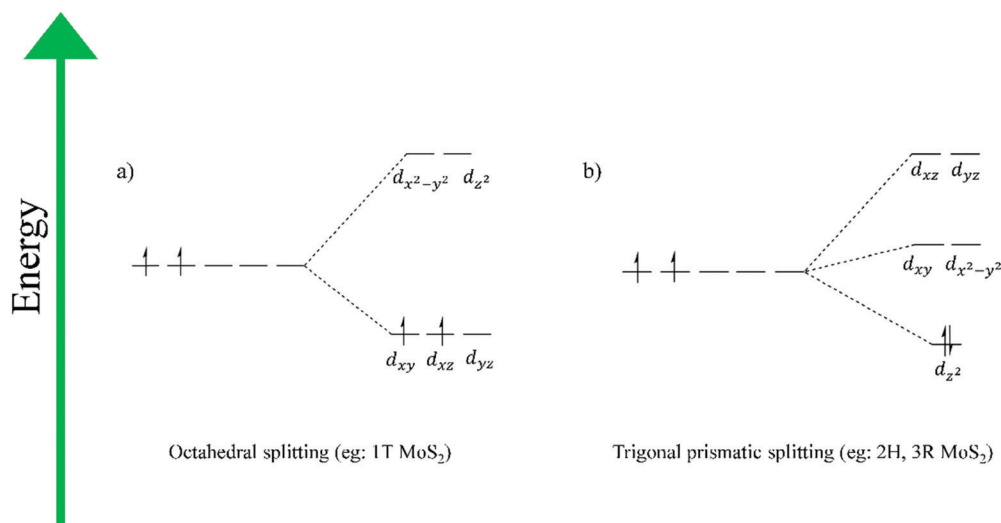


Fig. 2 The splitting diagram and occupation of orbitals by d electrons in group VI TMDs in (a) octahedral coordination environments such as the 1T phase and (b) trigonal prismatic coordination environments such as the 2H and 3R phases.



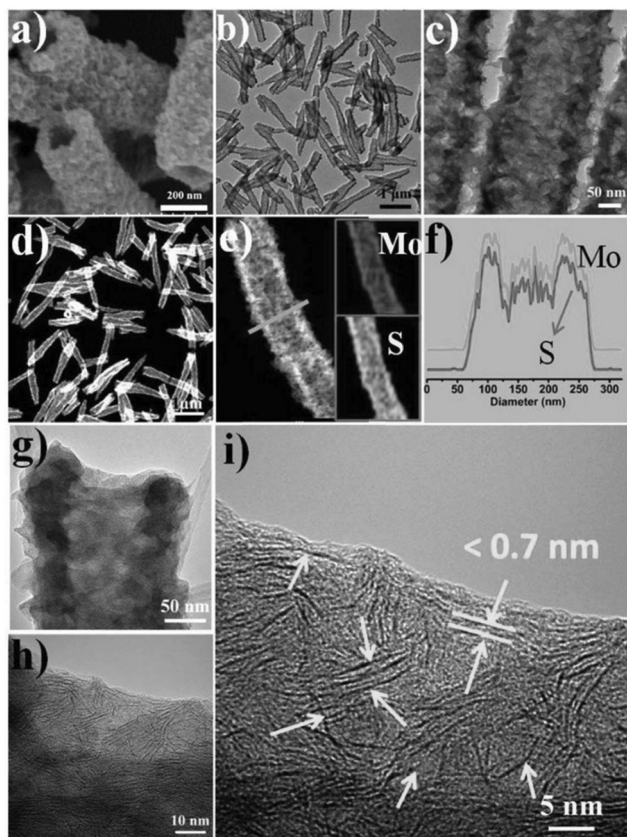


Fig. 3 (a) SEM, (b and c) TEM, and (d and e) STEM images of the 3D architectures assembled from single-layered MoS₂. The insets in (e) are EDX elemental maps, which clearly indicate that molybdenum and sulphur are uniformly distributed in the assembled architectures. (f) Corresponding EDS line scan profiles for Mo and S along the line in image (e). (g) TEM image of a single tube. (h) HRTEM image of the rim of the tube in (g). (i) Enlarged image in (g). The arrows indicate the separated layers with thickness below 0.7 nm. Reproduced from ref. 23.

at 350 °C for 9 h resulted in the formation of the semiconducting 2H phase, in the case of both MoS₂ and MoSe₂. The synthesis of both involved the use of hydrazine as a reducing agent for the reduction of Mo(vi) to Mo(IV). These articles paved the way for the use of hydro/solvothermal methods in the bottom-up synthesis of ultrathin nanoscale TMDs.

Hydro/solvothermal synthesis of TMDs became very popular in the years that followed, producing nanostructures of various morphologies including nanosheets, nanotubes, nanorods, nanowires and nanoflowers.^{20–22}

Wang *et al.* investigated the self-assembly behaviour of monolayer MoS₂ synthesised *via* a simple solvothermal approach, using octylamine as the solvent and ethanol as an additive.²³ In the absence of ethanol, MoS₂ nanosheets were synthesised. However, in the presence of ethanol, hierarchical 3D tubular structures consisting of 2D nanosheets were formed (Fig. 3). The authors concluded that the formation of the tubular structure consisting of individual nanosheets, rather than a nanotube of restacked sheets, occurred due to a combination of factors. Firstly, ethanol in amine is a poor solvent, disrupting the interaction between nanosheets. Secondly, layered

nanomaterials have a trend to form nanotubes under certain conditions. The octylamine capping ligands also prevent restacking of the sheets. The combination of these factors thus resulted in the formation of tubular arrangements of nanosheets, rather than single crystalline MoS₂ nanotubes.

The authors also demonstrated that the diameter and length of the tubular structures could be tuned by changing the nature of alcohol present, using butanol as an example. It is also important to note that this synthesis is highly scalable, with 2 g of MoS₂ hierarchical tubes being synthesised with ease, which is advantageous for potential commercial use.

3.2. Hot-injection methods

In the 1950s, LaMer and Dinegar proposed a set of conditions which are necessary to synthesise monodisperse colloidal solutions of nanoparticles, which involve a rapid nucleation step, followed by a slower step of controlled growth of nuclei to form larger particles.²⁴ This motivated some groups of researchers to develop a new method of synthesising colloidal QDs, namely cadmium sulfide, selenide and telluride, which involved the rapid injection of organometallic precursors into vessels at high temperatures containing coordinating ligands and solvents.²⁵ This method, termed ‘hot-injection’, has become commonplace in the synthesis of QDs, being used in the production of a wide variety of QDs, beyond just cadmium-based QDs.^{26,27}

In recent years, significant efforts have been made to apply the method of hot-injection to the synthesis of monodisperse TMDs. Small variations in the method, such as stabilising ligands, precursors, reaction time and temperature, are shown to produce TMDs of various phases, sizes and morphologies.

3.2.1. TMD QDs. A natural evolution of the field of hot injection was to apply it to the synthesis of TMD QDs. Typically, TMD QDs are produced *via* LPE and post-processing, size-selective centrifugation steps.^{28–30} However, these QDs often suffer from low quantum yield due to the presence of defects, and poor monodispersity, due to the lack of control of particle sizes associated with the LPE technique.³¹ However, Yin *et al.* produced blue-emitting WS₂ QDs through a hot-injection approach.³² The as-synthesised QDs exhibited an exceptionally high quantum yield – higher than previously reported in the literature. The synthesis involved the injection of thioacetamide into a vessel containing the metal precursor tungsten hexachloride (WCl₆), and coordinating ligands oleylamine (OAm) and oleic acid (OA) at various temperatures, 255, 275, and 295 °C, to investigate the effects on the product.

The as-produced QDs were ultra-small lateral size, few-layer nanosheets (Fig. 4). The authors found that an increase in the reaction temperature corresponded to an increase in the diameter of the WS₂ QDs, due to the increase in the reaction rate.

3.2.2. TMD nanoflowers. In 2019, Sokolikova *et al.* reported a hot-injection method for the synthesis of WSe₂ nanoflowers exhibiting a less common, metastable phase – the 1T′ phase.³³ The 1T′ phase of TMDs arises from the distortion of the regular octahedral 1T phase, and, in the case of WSe₂, also results in metallic behaviour (Fig. 5). It should be noted that this phase is



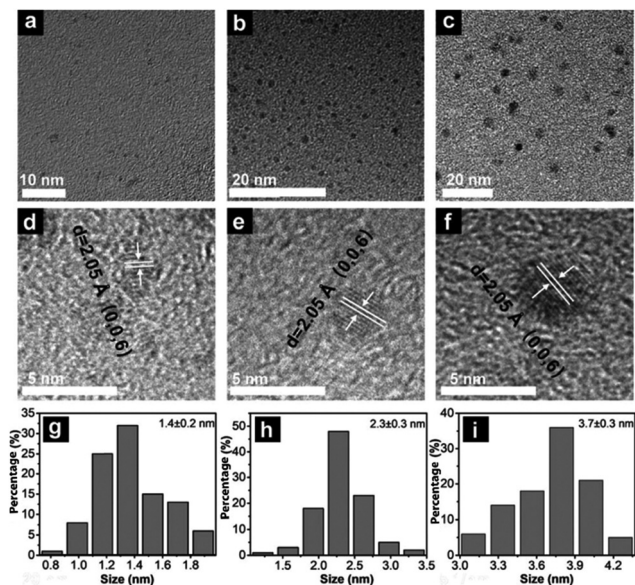


Fig. 4 TEM images of WS₂ QDs prepared at different reaction temperatures of (a) 255, (b) 275, and (c) 295 °C; (d–f) corresponding HRTEM images and (g–i) size distributions. Reproduced from ref. 32.

very difficult to consistently achieve through traditional methods of obtaining few layer TMDs, such as LPE. The authors achieved this with a hot-injection approach, involving the injection of a trioctylphosphine–selenium (TOP:Se) complex into a vessel containing OA and tungsten hexacarbonyl (W(CO)₆) as the metal precursor at 300 °C and for 3 h.

The resulting nanostructures exhibited a flower-like morphology, of average diameter 200 nm. The colloidal suspension of WSe₂ nanoflowers in ethanol was observed to be stable under ambient conditions. The 1T' nanoflowers were also fully convertible to the semiconducting 2H phase *via* annealing at 400 °C for 2 h, with no obvious changes in their size or morphology.

3.2.3. TMD nanosheets. Savjani *et al.* reported the synthesis of oleylamine (OAm)-stabilised semiconducting 1H MoS₂ by hot-injection using a single-source precursor (SSP), [Mo₂O₂S₂(S₂COEt)].³⁴ A solution of the SSP in OAm was injected into a vessel containing hot OAm. This was done at various temperatures and aliquots were taken from the vessel at various time-points to investigate the effect of reaction time and

temperature on the products. In all cases, monolayers of oleylamine-stabilised MoS₂ were synthesised, which assembled into randomly oriented nanosheets encapsulated in an oleylamine matrix, with lateral sizes ranging from hundreds to thousands of nanometres (Fig. 6). The effect of reaction time on the nanosheets was found to be minimal, with the majority of nanosheet growth reaching completion after 3 min. The reaction temperature, however, was shown to have an effect, with the products obtained at lower temperatures (200 °C) having smaller average lateral dimensions (4.78 nm) compared with those obtained at higher temperatures (325 °C, 11.29 nm).

Jung *et al.* were able to produce size-controlled MoSe₂ and WSe₂ nanosheets using capping ligands with various binding energies to promote lateral growth of the nanosheets.³⁵ Using Mo(CO)₆/W(CO)₆ and diphenyl diselenide (Ph₂Se₂) as precursors, they varied the capping ligand used in the synthesis from oleylamine to oleyl alcohol to oleic acid. It was found that the use of the amine resulted in small-lateral size, multi-layered sheets, the alcohol resulted in fewer layers and a larger lateral size, and the carboxylic acid resulted in the production of large lateral size (200–400 nm) monolayers (Fig. 7).

Using DFT calculations, the researchers were able to show the significance of the binding energy of the capping ligand to the edge sites of MoSe₂ and WSe₂, and the effect this had on lateral size and thickness. It was demonstrated that the binding energy decreases on moving from the amine, to the alcohol, to the carboxylic acid. The strongly bound oleylamine stabilises the edge sites, favouring the formation of more layers and inhibiting lateral growth, whereas the weakly bound oleic acid does not offer much stabilisation to the edge sites of MoSe₂ and WSe₂, so lateral growth is favoured in this case. This insight into the factors controlling anisotropic growth in 2D materials may be a huge step forward for the solution-based bottom-up synthesis of these materials.

More recently, Zhou *et al.* successfully produced colloidal solutions of few-layer semiconducting 2H WS₂, using an array of capping ligands – oleylamine (OAm), oleic acid (OA), trioctylphosphine oxide (TOPO), and squalane.³⁶ Raman spectroscopy is commonly used for characterisation of Group VI TMDs such as MoS₂ and WS₂ to determine the number of monolayers present in the sample. The frequencies of the A_{1g} out-of-plane chalcogen vibrational mode, and the E_{2g} vibrational mode,

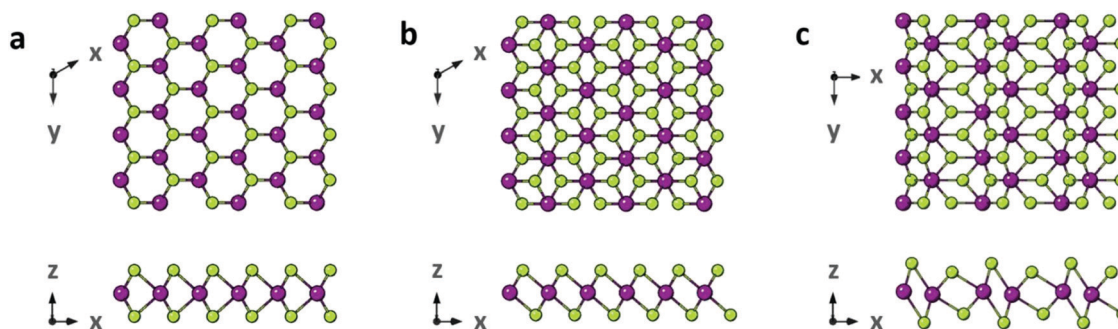


Fig. 5 Structural polymorphs of WSe₂. (a) 2H WSe₂ (space group P6₃/mmc). (b) 1T WSe₂ (space group P3̄m1). (c) 1T' WSe₂ (space group P2₁/m). Reproduced from ref. 33.



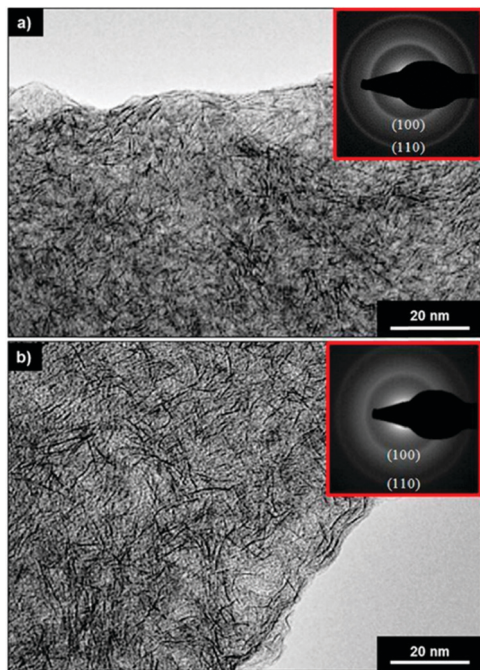


Fig. 6 TEM images of the 1H-MoS₂@oleylamine flocculates give evidence for the presence of monolayer MoS₂ nanosheets. The variation of the average nanosheet dimension from the reactions carried out at (a) 200 °C (average size of 4.78 ± 0.78 nm) and (b) 325 °C (average size of 11.29 ± 1.26 nm). The inserted images represent the SAED patterns, supporting the identification of the 1H crystallites. Reproduced from ref. 34.

which involves the in-plane displacement of transition metal and chalcogen atoms, are monitored. The Raman shift between these two phonon modes has a thickness dependence – it decreases with decreasing number of monolayers – allowing the thickness of a sample to be determined.^{37,38} The as-produced nanosheets were confirmed to have a thickness of 2 to 3 layers by AFM and Raman spectroscopy, and were reported to be of higher aspect ratio than those obtained by LPE combined with size-selective, post-processing steps.

It is clear that modification of the reaction conditions in the hot-injection approach – precursors, reaction temperatures and times, coordinating ligands, *etc.* – can result in the production of TMDs of a wide range of morphologies. The effects of changing these conditions need to be further understood in order for the hot-injection approach to be used widely in the synthesis of TMDs. In 2019, Geisenhoff *et al.* carried out a study on how ligands affect different properties of WSe₂ nanocrystals, synthesised *via* hot-injection.³⁹ The study involved the injection of a selenium precursor, Ph₂Se₂, into a mixture of tungsten hexacarbonyl [W(CO)₆] and two ligands – OA and TOPO. It was found that, by altering the ratio of OA and the tungsten precursor, the reactivity of the reagents changed drastically – resulting in huge differences in the phases and morphologies of WSe₂ products prepared under different conditions (Fig. 8).

3.3. Other miscellaneous synthetic methods

Although the hydrothermal and hot-injection methods are the most widely reported in the solution-based bottom-up

synthesis of TMDs, there are some other interesting colloidal synthetic methods available in the literature.

3.3.1. Shape-transformation. For example, both Seo *et al.* and later Mastria *et al.* used a ‘shape-transformation’ procedure for the production of colloidal solutions of ultrathin sheets of WS₂ *via* the sulfidation of tungsten oxide nanorods.^{40,41} Using a hot injection approach, with tungsten oxide (W₁₈O₄₉) nanorods as the metal precursor, Seo *et al.* injected carbon disulfide into a solution of hexadecylamine and W₁₈O₄₉ nanorods at 250 °C.⁴⁰ The proposed reaction mechanism is through a ‘rolling-out’ process, by which W₁₈O₄₉ is gradually converted to WS₂ *via* sulfidation, and the strain due to the heterogeneous phases results in the nanorod unravelling to form nanosheets (Fig. 9). The hexadecylamine acts as both a high-boiling point solvent and a stabilising ligand. This resulted in bundles of lateral-size controlled 2H-phase WS₂ nanosheets.

Mastria *et al.* followed a very similar approach in the production of WS₂ thin films *via* hot-injection, followed by spin-coating, with some slight modifications.⁴¹ Oleylamine was used in place of hexadecylamine as the coordinating solvent, and elemental sulfur was used in place of CS₂ for the sulfidation step. The oleylamine seemed to have provided superior colloidal stability compared to hexadecylamine as used by Seo *et al.*, evidenced by the fact that no major restacking of the sheets was observed in the TEM images. The ultrathin nature of these oleylamine-stabilised WS₂ nanosheets was shown by the low electron diffraction contrast under low magnification TEM imaging.

3.3.2. One-pot method. Ding *et al.* synthesised a range of TMD QDs – MoS₂, WS₂, RuS₂, MoTe₂, MoSe₂, WSe₂ and RuSe₂ – *via* a simple, scalable, room-temperature, biomineralization-assisted “one-pot” approach, using deuterated water as the reaction medium.⁴² Using bovine serum albumin (BSA) as a biocompatible surfactant, the resultant 3.9 nm diameter 2H-MoS₂ QDs were shown to be stable in aqueous suspension after 3 months, which is vital to be suitable in biomedical applications. The authors also produced a variety of other biomolecule-stabilised MoS₂ QDs, using gluconate, poly-arginine and cysteine. However, the BSA-stabilised MoS₂ resulted in the synthesis of smaller, more monodisperse QDs. This was shown to be due to the presence of disulfide bonds in BSA, which have a much higher binding energy to MoS₂ QDs compared to other functional groups such as thiol, carboxylic acid and hydroxy groups. It is worth noting that this method is very time efficient, with the synthesis taking only 10–20 s, making it a much more attractive method for the synthesis of TMD QDs compared to traditional, LPE-based methods, which can typically take on the order of 24 h.⁴³

3.3.3. Calcination. One of the lesser explored routes for the production of TMDs is calcination. Sharma *et al.* developed a multi-step bottom-up process for the production of colloidal WS₃, which when subjected to calcination at 850 °C, transforms into WS₂ nanosheets.⁴⁴ Although not as simple as hydrothermal or hot-injection processes which often only involve one or two steps, this bottom-up synthetic process is advantageous for multiple reasons. Firstly, it does not involve the introduction of



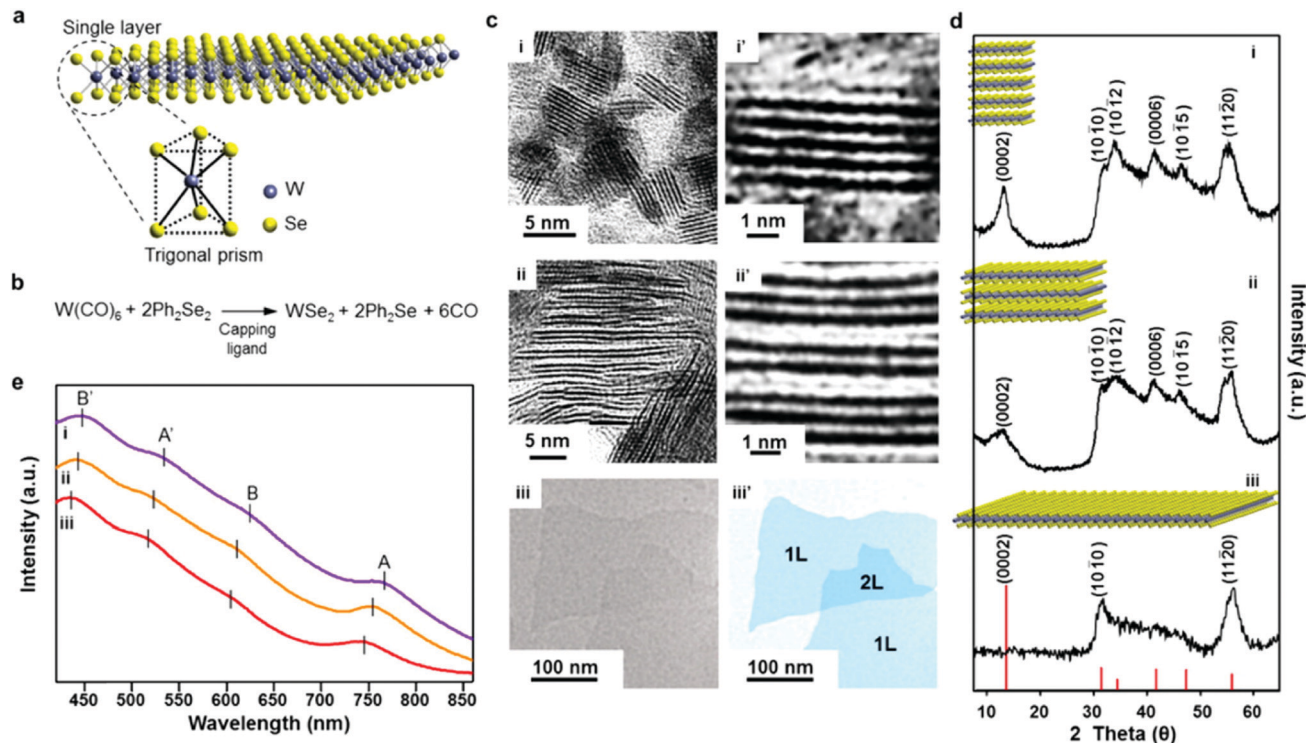


Fig. 7 Lateral size- and thickness-controlled synthesis of WSe₂ nanosheets with the use of different capping ligands. (a) Visualization of single-layer WSe₂ and its trigonal prism geometry with the ball-and-stick model. (b) Chemical equation for WSe₂ nanosheets. (c) TEM images of WSe₂ nanosheets synthesized with (i) oleylamine, (ii) oleyl alcohol, and (iii) oleic acid. (i' and ii') Magnified TEM images of the nanosheets, and (iii') pseudocolor image of the single-layer nanosheets. (d) XRD patterns of WSe₂ nanosheets synthesized with (i) oleylamine, (ii) oleyl alcohol, and (iii) oleic acid. (e) UV-vis absorption spectra of WSe₂ nanosheets synthesized with (i) oleylamine (purple line), (ii) oleyl alcohol (orange line), and (iii) oleic acid (red line). Reproduced from ref. 35.

surfactants to stabilise the nanosheets, which can affect some of the material properties, such as conductivity. Secondly, the product consists of monodisperse hexagonal sheets of pure semiconducting WS₂, composed of both 2H and 3R phase, and contains no metallic 1T or 1T' phase. Finally, and most importantly, the process is highly scalable. The crystallinity and purity of the sample should not vary with scale, allowing for this process to have potential industrial scale applications. The authors provided proof of this by scaling up their initial synthesis 16-fold and producing 12 g of dry WS₂ nanosheets.

It is clear that the bottom-up synthesis of 2D TMDs is an exciting new field. The various techniques employed to make these materials are very versatile, and result in a wide variety of high quality TMDs, with varying sizes, phases, morphologies and other properties, with relative ease. The various synthetic techniques are summarised in Table 1.

4. Applications

The benefit of the above-mentioned synthetic techniques is that they mainly give rise to phase-pure, monodisperse products, and that the phase, size and morphology can often be tuned by modification of the reaction conditions. TMDs have a wide variety of already-established applications, as well as potential applications, which are heavily dependent on their

size, phase and morphology. In this section, some of the main applications of TMDs – biomedical, electronics and catalysis – will be discussed, and the importance of 'bottom-up' synthetic routes for achieving these applications will be highlighted.

4.1. Biomedical applications

TMD nanostructures possess many unique and interesting properties which make them promising candidates for use in biomedical applications. Semiconducting 2D TMDs, such as MoS₂ and WS₂, have a direct bandgap, with monolayer MoS₂ for example exhibiting strong photoluminescence at 627 and 677 nm, making them exciting candidates for use in biosensing and bioimaging.^{6,59} The exceptionally high surface-to-volume ratio of TMD nanosheets is also advantageous, as this is a key factor in choosing suitable nanomaterials for drug delivery.⁶⁰ However, one drawback is that they typically exhibit poor stability in aqueous media, which can limit their potential use in biomedical applications.⁶¹ Surface functionalisation with suitable surfactants or biomolecules can overcome this problem. The benefit of bottom-up synthetic methods such as hydro/solvothermal and hot injection syntheses is that they involve the use of suitable surfactants or ligands that coordinate to and stabilise the nanomaterial. Therefore, wet-chemical bottom-up approaches to the synthesis of TMDs can allow for the material to be synthesised and stabilised/functionalised in



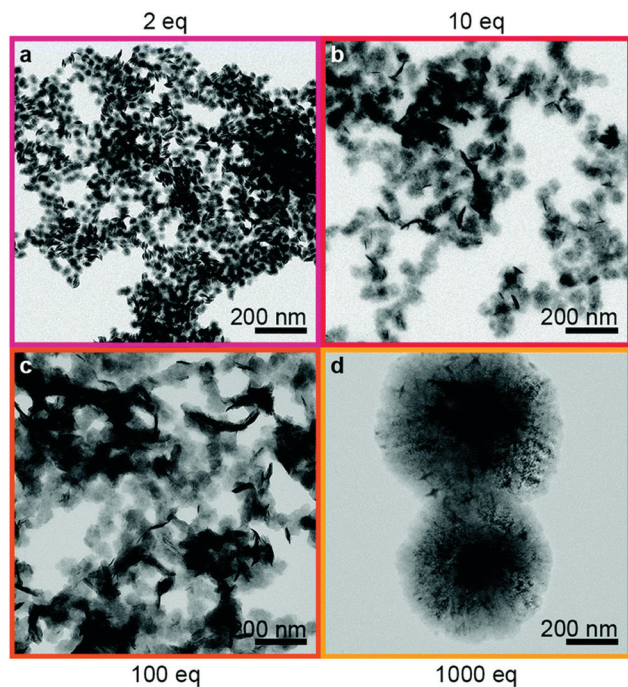


Fig. 8 TEM images of WSe_2 nanocrystals synthesised via injection of 1 mL of Ph_2Se_2 (0.04 M in TOPO or OA) into a solution of $W(CO)_6$ (0.02 mmol) in OA/TOPO. The final reaction mixtures contained (a) 2, (b) 10, (c) 100 or (d) 1000 eq. OA/W. Reproduced from ref. 39.

the same process. Furthermore, these wet-chemical synthetic approaches often result in the production of more monodisperse, well-controlled TMD nanostructures than those obtained via top-down approaches, which is vital in ensuring consistency for biomedical applications.

PEGylation is a functionalisation method commonly used to make nanomaterials more suitable for biomedical applications. It involves the attachment of polyethylene glycol (PEG) molecules to other entities.⁶² PEGylated nanomaterials have the advantage of better water solubility, reduced immunogenicity when introduced into the body, and prolonged blood circulation time.⁶³

Kumar *et al.* developed PEGylated MoS_2 microspheres via a hydrothermal method for use as potential anti-cancer agents.⁴³ Using ammonium heptamolybdate tetrahydrate and thiourea as precursors, and the addition of PEG as a stabilising ligand, they successfully produced 2–4 μm microspheres, consisting of bundles of ultrathin sheets of PEGylated 2H MoS_2 . The authors found, through altering the concentration of PEG used in the reaction, that PEG played a vital role in the self-assembly of the PEGylated MoS_2 to form the hierarchical micro-spherical structure. These PEGylated MoS_2 microstructures were shown to have excellent cytotoxicity towards cells from the MCF-7 breast cancer cell line, due to PEGylation aiding in the cellular uptake of MoS_2 . It is worth noting that MoS_2 nanostructures have been previously shown to exhibit low toxicity towards normal cells. These 'bottom-up' synthesised MoS_2 nanostructures, thus have the capability to act simultaneously as both imaging/sensing and anti-cancer agents.

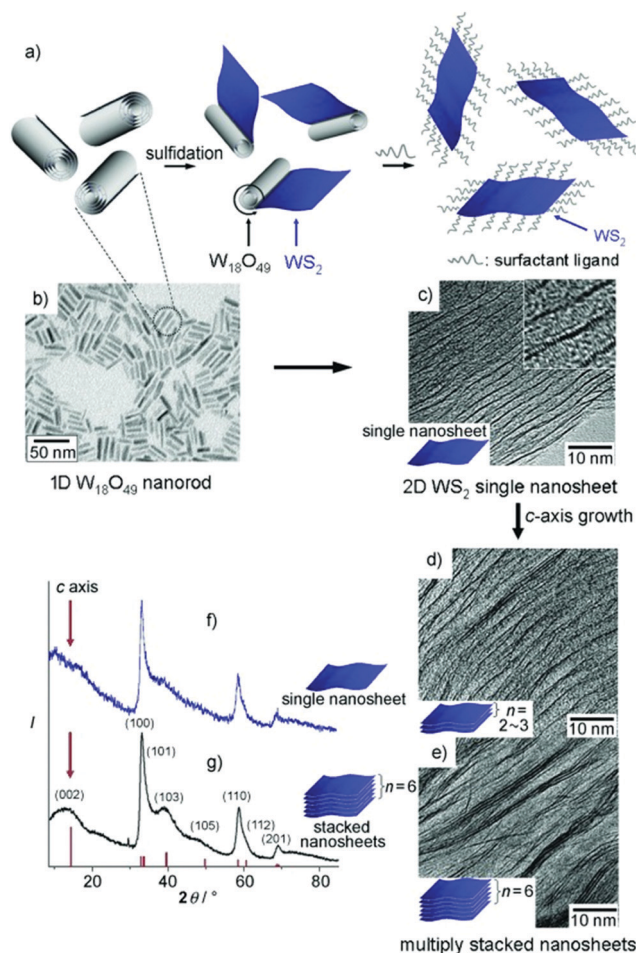


Fig. 9 2D WS_2 nanosheet crystal formation through rolling-out shape-transformation processes of 1D $W_{18}O_{49}$ nanorod precursors. (a) Schematic diagram for the synthesis of 2D WS_2 nanosheet crystals. (b) TEM image of $W_{18}O_{49}$ nanorod precursors. (c–e) TEM images of 2D WS_2 obtained with the reaction times of 10 min (c), 30 min (d), and 1 h (e) after the CS_2 injection. (f) XRD analyses of the WS_2 single (top) and stacked (bottom) nanosheet crystals (red lines: JCPDS reference card no. 08-0237). Reproduced from ref. 40.

One particularly exciting potential application of TMD nanostructures is as agents for photodynamic (PDT) and photothermal therapy (PTT).^{64,65} PDT is an anti-cancer treatment, and involves the use of light and photosensitive species. When the photosensitive compound is in the body, under conditions of no light irradiation, it is non-toxic. However, when the photosensitive compound is exposed to light of correct wavelength, it is activated, producing reactive oxygen species (ROS). ROS are toxic to cells, therefore inducing cell death in the targeted area.⁶⁶ PTT is a type of PDT which does not require the generation of ROS. Instead, light irradiation (usually infrared) of the photosensitive species triggers the release of heat, killing the targeted cells.

Wang *et al.* produced $MoSe_2$ nanoflowers via a hot injection approach for potential use as PTT/PDT agents, using sodium molybdate and selenium powder as transition metal and chalcogen sources, respectively.⁵⁶ The resulting semiconducting 2H



Table 1 Comparison of different synthetic techniques for the production of various TMD materials

Method	TMD materials	Morphologies	Phases	Advantages	Disadvantages	Ref.
Hydrothermal	MoS ₂ , MoSe ₂ , WS ₂ , WSe ₂	Microrods, micro/nanoparticles, microspheres, nanosheets, nanoflowers, laterally confined monolayers (QDs)	Amorphous, 2H, 1T/1T'	Simple, one-step process, aqueous phase synthesis	High temperatures and pressures required	19–21 and 45–55
Solvothermal	MoS ₂ , WS ₂	Platelets, nanosheets, 3D self-assembled tubes	2H	Simple, one-step process	Requires solvents, may be hard to remove from the final product	18, 22 and 23
Hot injection	MoS ₂ , MoSe ₂ , WS ₂ , WSe ₂	Laterally confined monolayers (QDs), nanoflowers, monolayer and few-layer nanosheets	1H, 2H, 1T'	High level of controllability, monodisperse products	High temperatures, solvents may be hard to remove from the final product	32–36, 39 and 56–58
One-pot method	MoS ₂ , WS ₂ , RuS ₂ , MoTe ₂ , MoSe ₂ , WSe ₂ , RuSe ₂ QDs	Laterally confined monolayers (QDs)	2H	Incredibly fast reaction time, uniform, monodisperse product, a wide variety of TMDs possible	—	42
Shape-transformation	WS ₂ ultrathin nanosheets	Ultrathin nanosheets, stacked nanosheets	1T', 2H	Highly monodisperse product	Multi-step process, requires high quality W ₁₈ O ₄₉ nanorods as precursors	40 and 41
Calcination	WS ₂	Nanosheets	2H, 3R	Highly scalable, no use of surfactants required, allows for large quantities of nanomaterials to be produced	Multi-step process, very high temperatures required	44

MoSe₂ nanoflowers, which consisted of 150 nm diameter bundles of sheets, each 3–4 layers thick, displayed a strong absorbance in the NIR region, at 808 nm. These MoSe₂ nanoflowers showed high photothermal stability, and demonstrated superior photothermal conversion efficiency (61.8%) compared to similar previously synthesised MoSe₂-based PTT agents, such as PVP-coated MoSe₂ nanosheets (57.9%) and MoSe₂@PDA nanocomposites (44.5%).^{67,68} The high photothermal conversion efficiency of these MoSe₂ nanoflowers can be attributed to their branched, nanoflower-like morphology, which is readily achievable only through solution-based bottom-up synthetic strategies such as hydro/solvothermal and hot-injection syntheses. Furthermore, the MoSe₂ nanoflowers were found to be effective in producing reactive oxygen species, necessary for PDT. These nanoflowers were subsequently PEGylated for further experiments to increase biocompatibility, and these PEG–MoSe₂ nanohybrids were loaded with an anticancer drug, Doxorubicin (Dox), to investigate their loading capacity and potential for controlled drug release (Fig. 10). The nanoflowers were found to have a high drug loading capacity of Dox (12.6 ± 2.5 wt%), with inhibited drug release at pH 7.4, and enhanced release of Dox under acidic conditions of pH 5, which is significant as tumour sites are weakly acidic, displaying pH values of around 4–5. Therefore, the authors, through a simple bottom-up synthetic approach, produced MoSe₂-based nanostructures with strong potential for use as PTT/PDT/chemotherapy agents.

In addition to potential anti-cancer applications, some recent studies have also focused on the potential of TMD nanomaterials as antibacterial agents. Masimukku *et al.* synthesised <1 μm wide, single-to-few layer WS₂ nanoflowers *via* a hydrothermal method, using sodium tungsten dihydrate and thiocarbamide as tungsten and sulfur sources, respectively (Fig. 11).⁴⁶

Through piezoresponse force microscopy (PFM), the resultant metallic 1T WS₂ nanoflowers were shown to have a piezoelectric response. This piezoresponse was examined further to see if the WS₂ nanoflowers exhibited piezo-degradation ability towards Rhodamine-B (Rh-B) dye. WS₂ nanoflowers were dispersed in a solution of Rh-B and subjected to ultrasonication in the dark for 200 s, and were found to exhibit 99% degradation of Rh-B. As a control, WS₂ nanoflowers were dispersed in Rh-B for 200 s in the dark and in the absence of ultrasonication, and

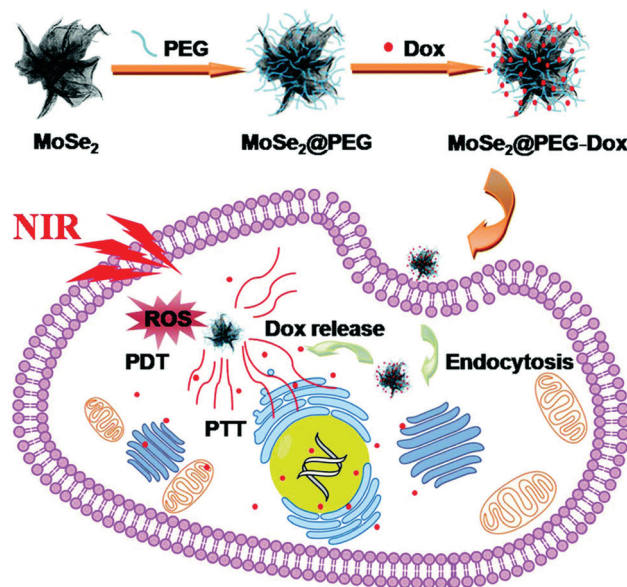


Fig. 10 Schematic representation of the preparation and therapeutic action of MoSe₂@PEG–Dox nanocomposites. Reproduced from ref. 56.



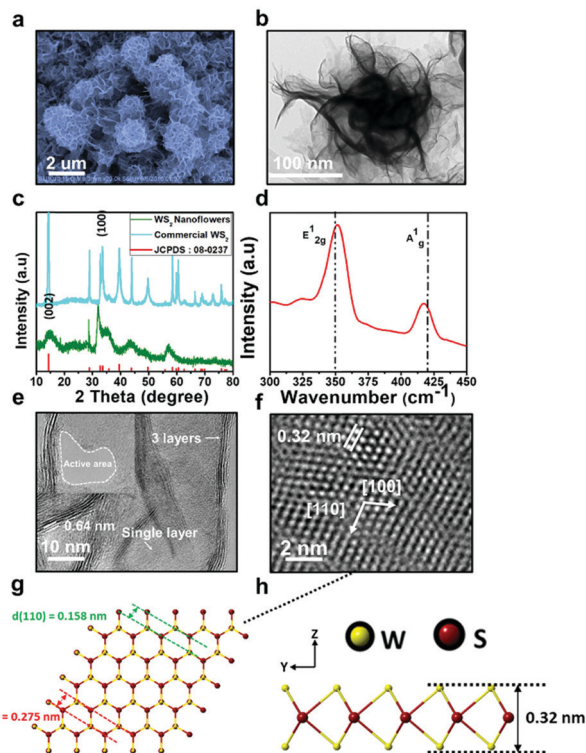


Fig. 11 (a) FESEM image of the WS₂ NFs showing the size in the range of 0.5 μm . (b) Low-magnification TEM image showing an individual nanoflower of WS₂. The HRTEM image showing the WS₂ NFs with a great number of single layer and few layers. (c) The XRD patterns of commercial WS₂ (upper pattern) and WS₂ NFs (lower pattern). (d) Raman spectra of as-synthesised WS₂ NFs. (e) The abundant single- and few-layered WS₂ NFs with a lattice spacing of ~ 0.64 nm; the greatly dispersed nanopetals offer rich active edge sites. (f) The HRTEM image of single-layer WS₂. (g) and (h) The atomic structure of single layer of WS₂. Reproduced from ref. 46.

negligible amounts of Rh-B were degraded, which is evidence that the degradation occurs due to mechanical strain on the WS₂ nanoflowers when subjected to ultrasonication. The degradation potential of WS₂ nanoflowers was also tested on *E. coli* K12 cells. After ultrasonication for 60 min, $>99.99\%$ of *E. coli* K12 cells were observed to have been destroyed. This first report on the production of singlet oxygen species and hydroxyl free radicals by WS₂ nanoflowers under the conditions of ultrasonication and no light irradiation is a very significant result, and could pave the way for further application of TMDs in catalysis and as antibacterial agents.

Research into photocatalytic activity of TMDs is more common than non-light-driven catalysis, and may also be beneficial for use in antibacterial applications. Askari *et al.* produced porous hexagonal-phase MoS₂ nanoparticles *via* a hydrothermal approach using sodium molybdate and thioacetamide as metal and chalcogen precursors, respectively.⁴⁷ As an initial test of the nanomaterial's photocatalytic activity, different amounts of solid MoS₂ nanoparticles were added to methylene blue (MB) solution and subjected to light irradiation under a 100 W tungsten bulb. The photocatalytic activity was highest at a MoS₂ concentration of 15 mg L⁻¹. Once the photocatalytic capability *via* generation of reactive oxygen species of the

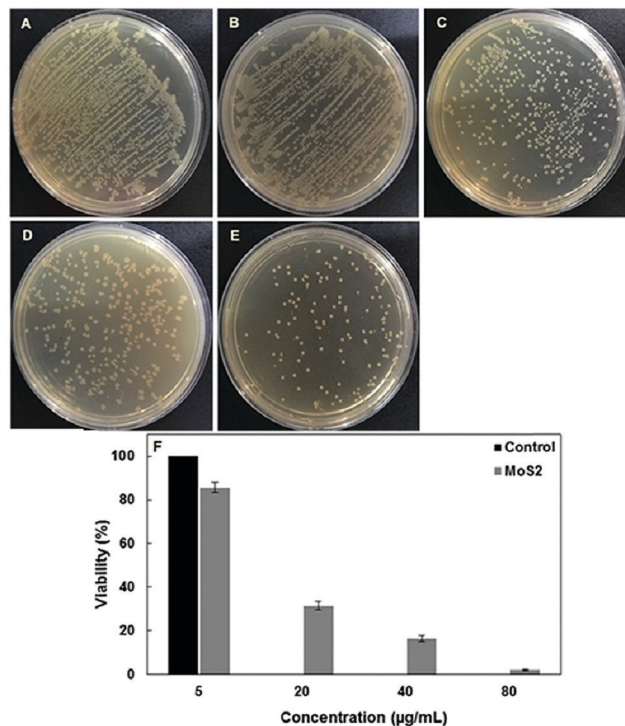


Fig. 12 Viability of *E. coli* cells in the absence of porous MoS₂ (A) and after 2 h exposure to different concentrations of porous MoS₂ (5 $\mu\text{g mL}^{-1}$ (B), 20 $\mu\text{g mL}^{-1}$ (C), 40 $\mu\text{g mL}^{-1}$ (D) and 80 $\mu\text{g mL}^{-1}$ (E)). (F) Cell viability is plotted as the percentage of colony-forming units of bacterial samples exposed to different concentrations of MoS₂ (gray bars) relative to the control (in the absence of porous MoS₂; black bar). Reproduced from ref. 47.

porous MoS₂ nanoparticles was confirmed, the authors tested them for potential antibacterial applications, using both Gram positive (*Staphylococcus aureus*) and negative (*E. coli* DH5 α) bacterial samples (Fig. 12). The porous MoS₂ was found to be more effective as an antibacterial agent than both raw MoS₂ powder and MoS₂ nanosheets.⁶⁹

It is clear that TMDs show huge potential for use in a variety of different biomedical applications. The monodispersity of bottom-up synthesised TMDs is hugely advantageous for use in the biomedical realm. However, more studies on the biocompatibility and *in vivo* toxicity of TMD nanostructures synthesised *via* bottom-up approaches are required to assist in the progression of this field.

4.2. Electrocatalysis and photocatalysis

As detailed above, many examples of the biomedical applications of 2D TMDs, in particular their antibacterial activity, are catalytic by nature. 2D TMDs have been recently explored as potential photocatalysts, in particular for use in the hydrogen evolution reaction (HER). A key factor in the reaction kinetics of the HER is the hydrogen adsorption Gibbs free energy (ΔG_{H}).⁷⁰ In general, the closer the value of ΔG_{H} is to zero, the higher the catalytic activity. Using density functional theory, Hinnemann *et al.* demonstrated the potential of MoS₂ as a catalyst for HER, displaying a ΔG_{H} value of 0.08 eV – very close to the ideal value of 0 eV.⁷¹ Nano-scale TMDs, in particular MoS₂, have been



also explored as alternatives to platinum for HER due to their low cost and high earth abundance.⁷² The catalytic activity of nanoscale TMDs can vary widely with phase, morphology, and defects.⁷³ For example, the metallic phases of TMDs such as MoS₂ and WS₂ (1T and 1T' phases) typically exhibit higher catalytic activity in HER than their semiconducting, 2H-phase counterparts, due to the catalytic active sites being distributed on both the basal planes and the edge sites in the metallic TMD phases.⁷⁴ Thus, the preparation of TMDs for catalytic applications through bottom-up approaches can be advantageous for many reasons.

Solution-phase bottom-up synthesis allows for often more catalytically active, metastable phases (such as 1T and 1T' in the case of group VI diselenides and disulfides) to be easily accessed.⁷⁵ Production of TMDs exhibiting these phases *via* traditional methods such as Li intercalation and chemical exfoliation presents problems such as in non-phase pure samples, as well as metallic TMD samples often reverting back to the thermodynamically stable 2H phase after some time.⁷⁶ However, through solution-based synthesis, involving stabilisation with appropriate ligands or surfactants, long-term stable, phase-pure 1T and 1T' phases are readily accessible.

Wang *et al.* developed a hydrothermal approach for the synthesis of metallic MoS₂ nanopetals for use as catalysts for HER.⁴⁸ 1T and 1T' phase TMDs typically exhibit higher catalytic activity because both the basal plane and edge sites are active. However, the edge sites have higher activity for HER than the basal planes, so 1T/1T' phase TMDs with abundant edge sites would be advantageous for HER. The petal-like MoS₂ nanostructures, of an average thickness of 5 layers and a lateral size of 75 nm, result in abundant exposed active edge sites, in turn resulting in high electrochemical activity for HER. The bottom-up synthesised metallic MoS₂ nanopetals showed superior HER performance compared to bulk, exfoliated and semiconducting MoS₂, with an exceptionally low overpotential of 210 mV at a current density of 10 mA cm⁻², and a small Tafel slope of 44 mV per decade, approaching ideal, platinum-like behaviour (Fig. 13).

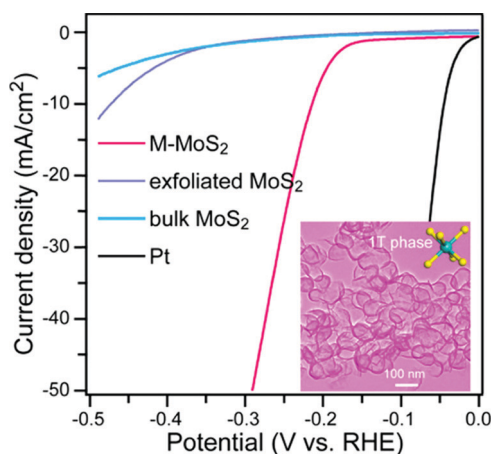


Fig. 13 Polarization curves after iR correction for M-MoS₂ in comparison with bulk MoS₂, exfoliated MoS₂ and Pt/C. Inset: TEM image of M-MoS₂ nanopetals. Reproduced from ref. 48.

In addition, colloidal synthesis allows for TMDs to be grown directly on a given substrate or electrode, which is highly desirable for electrocatalytic testing. Sokolikova *et al.* demonstrated this by growing 1T' WSe₂ nanoflowers directly on carbon paper, carbon foil and gold foil *via* a hot injection approach.³³ Another advantage of colloidal synthesis is the potential for controlled introduction of defects into the nanostructures, which can result in improved catalytic activity.⁷⁷

Xie *et al.* produced defect-rich, hexagonal phase MoS₂ nanosheets for application as HER catalysts *via* a hydrothermal approach.⁴⁹ Thiourea was employed as the sulfur source, with the additional role of reducing Mo(vi) to Mo(IV), as well defect engineering of the resultant MoS₂ nanosheets. By varying the concentration of thiourea used in the hydrothermal reaction, the authors discovered that the number of defects could be controlled, thus controlling the efficacy of the MoS₂ nanosheets for use as a catalyst in HER. The excess thiourea acts as a stabilising agent for the MoS₂ nanosheets, partially hindering the growth, resulting in a defect-rich structure (Fig. 14). The introduction of defects significantly improves the catalytic activity as, in hexagonal/2H-MoS₂, the basal planes are inert. The defects cause cracks in the basal planes of the nanosheets, forming more edge sites, which are catalytically active. It is also worth noting that this synthesis is done on the gram-scale, and is highly scalable, which lends itself to potential industrial applications.

The photocatalytic properties of TMDs have been exploited for many applications other than HER. Removal of contaminants of natural water supplies is a huge challenge and an exciting area of research. 2D materials such as hexagonal boron nitride and TMDs are being used for this purpose, often in the form of membranes for nanofiltration.⁷⁸ One such harmful contaminant is hexavalent chromium (Cr(vi)).⁷⁹ Cr(vi) is a known carcinogen, mutagen, as well as a toxic element to plants,

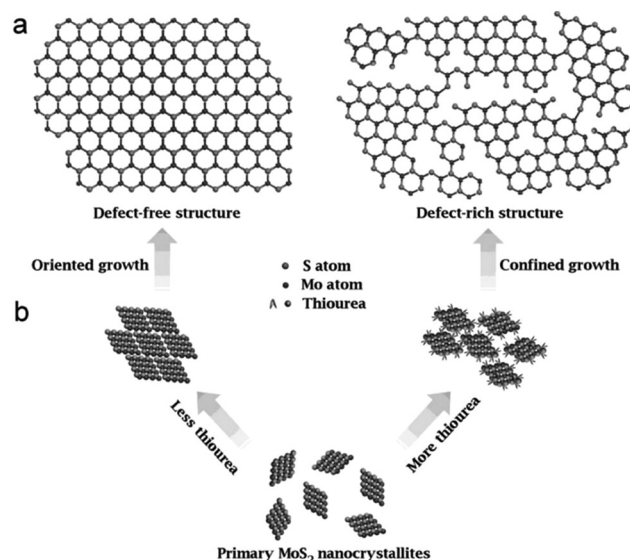


Fig. 14 (a) Structural models of defect-free and defect-rich structures. (b) As-designed synthetic pathways to obtain the above two structures. Reproduced from ref. 49.



animals and microbes.⁸⁰ However, the use of nanofiltration for removal of Cr(vi) from water supplies may have limited efficacy, as the technique suffers from drawbacks such as membrane fouling.⁸¹ An alternative route for the removal of Cr(vi) from water is the reduction of Cr(vi) to Cr(III), which is significantly less toxic. Chu *et al.* produced 2H MoSe₂ nanosheets *via* a hydrothermal route for examination of their photocatalytic activity for the reduction of Cr(vi) to Cr(III) under different pH conditions.⁵⁰ An advantage of MoSe₂ over other photocatalysts is that it exhibits photocatalytic activity over the UV, visible and IR regions, whereas many other photocatalysts only operate in the UV and visible regions, which account for only 46% of the solar energy reaching earth. The MoSe₂ prepared at a pH of 2 had higher absorption and a larger specific area, resulting in the best photocatalytic activity. After 3 h, MoSe₂ resulted in 99%, 91% and 98% reduction of Cr(vi) to Cr(III) under UV, visible and IR light irradiation, respectively. The use of “bottom-up” synthetic methods in this case allowed for the production of MoSe₂ with ultrahigh specific surface area, which aided in the exceptional performance of the photocatalyst.

4.3. Electronics and optoelectronics

2D materials have been the subject of much research interest for potential electronic applications in recent years. For some time, graphene was the main focus, due to its high electron mobility, flexibility, transparency, tensile strength and thermal conductivity.⁸² However, the major disadvantage of graphene is that it lacks an electronic bandgap, thus limiting its potential application as a material for use in transistors.⁸³ 2D TMDs also exhibit many of the advantageous properties of graphene, with the additional benefit of having a non-zero bandgap, as well as exhibiting phase-dependent conductivity behaviour, ranging from metallic (*e.g.* 1T MoS₂) to semiconducting (*e.g.* 2H MoS₂).⁸⁴

A significant drawback of solution-phase exfoliated 2D materials is their polydispersity.⁸⁵ For electronic device applications, uniform sheets of material are required, to ensure consistency across devices if produced on a large scale.^{86,87} This can be achieved by synthetic methods such as hydro/solvothermal and hot-injection approaches; however the photophysics of colloidal TMDs are not well studied. Schiettecatte *et al.* produced ultrathin, 2–4-layer MoS₂ nanosheets *via* hot-injection.⁵⁸ Using transient absorption spectroscopy, a detailed study was carried out on the charge carrier dynamics in colloidal MoS₂. The authors found that the carrier dynamics in colloidal MoS₂ followed a very similar behaviour to that of CVD-grown MoS₂, suggesting that colloidal synthesis of MoS₂ yields nanosheets of comparable quality to those grown by state-of-the-art CVD.

Similarly, Zhou *et al.* produced ultrathin 2H WS₂ *via* a hot-injection approach to gain insight into the photophysics of the nanosheets necessary to exploit their potential application in optoelectronics.³⁶ They too found that the colloidal WS₂ nanosheets exhibited a very similar photophysical behaviour to that of CVD-grown WS₂. This demonstrates the huge potential of bottom-up synthesis of TMDs, as it is possible to produce CVD-quality nanosheets at a fraction of the cost and under much less extreme conditions.

One of the advantages of using colloidal suspensions of TMDs in electronics is that they can be spin-coated or printed onto suitable substrates, to easily and inexpensively prepare TMD thin films.^{88,89} As mentioned previously, Mastria *et al.* developed a shape-transformation approach involving hot-injection, to produce ultrathin, oleylamine-stabilised, colloidal WS₂ nanosheets for the production of solution processable, conducting thin films for device integration.⁴¹ Treatment of the thin films after deposition with diluted superacid resulted in partial removal of the oleylamine ligands, helping the nanosheets to orient parallel to the substrate, which is critical for increasing the planar conductivity of the WS₂ thin-film. The 40–140 μm thick films, before post-deposition treatment, were shown to be highly insulating, due to the presence of oleylamine ligands. However, after treatment and partial removal of oleylamine, the sheet resistivity was dramatically reduced, displaying conductivity values comparable to that of pristine few-layer to monolayer semiconducting WS₂ nanosheets obtained by mechanical exfoliation.⁹⁰

Son *et al.* developed a gram-scale hot-injection synthesis for the production of uniform, monodisperse, 2-layer-thick MoS₂.⁵⁷ Using HRTEM and STEM, the authors were able to show that the colloidal MoS₂ was thinner and significantly more monodisperse than exfoliated MoS₂. A resistive random-access memory (RRAM) device was prepared using the colloidal MoS₂ *via* a spray coating deposition technique on aluminium electrodes. A similar device using exfoliated MoS₂ was also fabricated as a control. The synthetic MoS₂ RRAM exhibited superior uniform device performance, displaying an on/off ratio 10 000 times higher than that of the exfoliated MoS₂-based RRAM device, due in part to the uniformity of the colloidal MoS₂ nanosheets. By conducting strain analysis of colloidal MoS₂-based RRAM using a flexible substrate, the authors demonstrated the exciting potential of colloidal MoS₂ for use in wearable, flexible electronics (Fig. 15).

Another emerging application of TMD nanostructures is as field emitters. Field emission involves the emission of electrons from a material induced by an electric field.⁹¹ Generally, metallic and semiconducting nanomaterials are good natural field emitters, particularly 1D and 2D nanostructures, which can cause local electric field enhancement due to their high aspect ratio.⁹² However, the field emission effects from more exotic morphologies of TMDs such as nanoflowers are not well understood. Giubileo *et al.* produced MoS₂ *via* a hydrothermal approach to investigate their field emission characteristics.⁵² The 2H phase, 100–200 nm diameter nanoflowers were probed using tungsten tips as electrodes inside the SEM chamber. The use of small tips as electrodes allowed the field emission to be probed locally, at areas as small as 1 μm², showing that the protruding sheets of the nanoflowers acted as strong field emitters, with electronic emission occurring at electric fields as low as 12 V μm⁻¹. These field emitting MoS₂ nanoflowers could find application in areas such as cathode materials for electron microscopy and optical displays, to name a few.^{93–95} It is important to mention that this unique field emission behaviour is characteristic of the flower-like morphology obtained



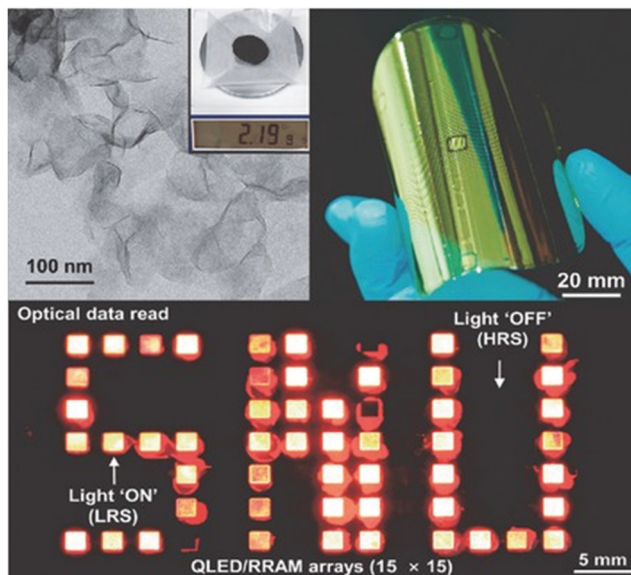


Fig. 15 (top-left) TEM image of 2-layer thick MoS₂ nanosheets. The inset shows that the synthesis occurs on a gram scale. (top-right) Flexible RREM device made from MoS₂ nanosheets *via* a spray deposition technique (bottom) QLED-RRAM array based on MoS₂ nanosheets and CdSe QDs. Reproduced from ref. 57.

via hydrothermal synthesis, highlighting the advantages of bottom-up synthesis and interesting applications which can arise from these synthetic approaches.

An emerging potential application for 2D TMD-based nanomaterials is valleytronics, which involves the use of the electron wave quantum number in a crystalline material to encode data by controlling the photon angular momentum (circular polarisation state) *via* circular polarised light.⁹⁶ This area is rapidly developing and so far is mostly focused on the use of atomic layered transition metal dichalcogenides (TMDs), such as MoS₂.⁹⁷ Hexagonal TMDs are of particular interest for valleytronics applications as they lack inversion symmetry, which allows for different circular dichroism (CD) behaviour in each of the valleys.⁹⁸ The induction of chirality in 2D materials may be of particular interest for valleytronics applications, due to the strong interaction with circularly polarized light. This has recently been achieved in MoS₂ by liquid-phase exfoliation in the presence of chiral ligands such as cysteine and penicillamine.⁹⁹ The functionalized MoS₂ showed multiple intense CD peaks, far beyond the onset of CD signals due to the ligands alone (Fig. 16). The benefit of bottom-up synthetic approaches is that they allow for the production of high quality, size-controlled samples, with the ability to functionalise the nanomaterial *in situ*. Thus, the development of these synthetic techniques has the potential to mass produce monolayer-rich dispersions of colloidal, chiral TMDs for use in valleytronics applications.

4.4. Sensing applications

Gas sensors are commonplace in both industrial and residential settings, and are vital to protect people from potential exposure to harmful, noxious gases, as well as having application in medical diagnostics.¹⁰⁰ In recent years however,

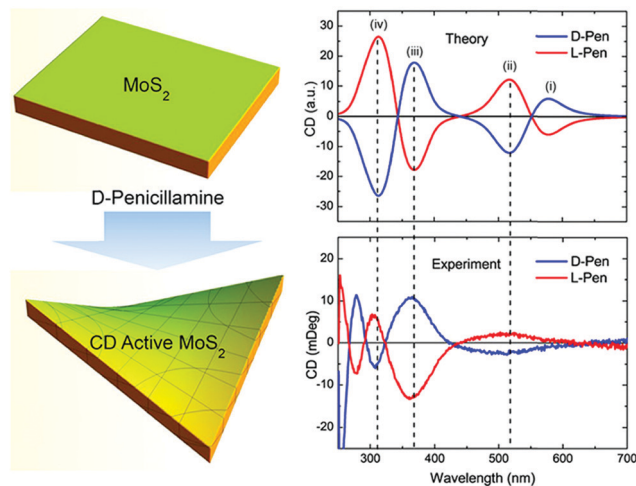


Fig. 16 (left) Schematic showing functionalisation of MoS₂ with penicillamine and subsequent induction of chirality. (right) Theoretical (top) and experimental (bottom) CD spectra for L- and D-penicillamine functionalised MoS₂. Reproduced from ref. 99.

there has been significant demand for, and interest in, wearable electronics, and integration of gas sensors into the likes of smartphones and smart watches, with the aim of providing the user with real-time information about their environment, as well as to monitor their health and wellbeing.^{101,102} 2D materials have been explored for small scale gas sensors for device integration as their large surface to volume ratio means there are abundant sites available for target gases to bind to, allowing for exceptional sensitivity.¹⁰³ Furthermore, TMDs in particular are regarded as good candidates for gas sensing technologies, as they can operate at room temperature due to their high electron mobility, which significantly reduces power consumption.¹⁰⁴

Solution-based bottom-up approaches for the synthesis of TMDs for gas sensing technologies are preferable, as they allow for a high yield of the product, at low-cost and with good controllability over particle size and morphology. Thang *et al.* synthesised a MoS₂-based gas sensor, fabricated by drop-casting MoS₂ nanoflowers – obtained *via* a hydrothermal approach – on platinum electrodes.⁵³ The sensor, which operated at room temperature, showed excellent selectivity to sensing NO₂ gas in the presence of other interfering gases and an exceptionally low detection limit of 84 parts per billion, and the sensing properties did not vary with environmental humidity. It is also worth noting that the authors attributed the exceptional sensing capabilities of this MoS₂-based NO₂ sensor to the thin petals of the flower-like morphology obtained *via* hydrothermal synthesis.

TMD-based nanomaterials are also good candidates for solution-phase chemical sensing for a variety of applications, from environmental (*e.g.* heavy metal ion detection) to medical diagnostics.^{105,106} Both monolayer TMD nanosheets and TMD QDs are luminescent in the visible region, making them viable candidates for use in fluorescent sensors. Sun *et al.* synthesised MoS₂ QDs *via* a hydrothermal approach for the detection of rutin, a glycoside found in fruits and grains which has



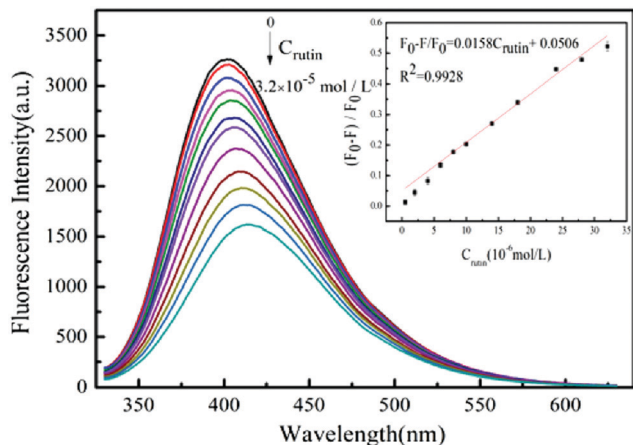


Fig. 17 Fluorescence spectra of MoS₂ quantum dots (QDs) with various concentrations of rutin. The inset shows the linear relationship between $F_0 - F/F_0$ and rutin concentration. Reproduced from ref. 54.

been shown to have medicinal properties.^{54,107} The authors found that on contact of rutin with MoS₂ QDs, the fluorescence intensity decreased, and this decrease became more pronounced on addition of higher concentrations of rutin (Fig. 17). The quenching mechanism was determined to be due to the inner filter effect.

The MoS₂ QD fluorescent sensor was found to be comparable to other, more complicated and expensive detection techniques such as high-performance liquid chromatography (HPLC) and microsequential injection analysis (MIA), with a lower detection limit of 0.35 μ M. The sensor also showed high selectivity towards detection of rutin in the presence of metal ions and common pharmaceutical additives.

4.5. Energy harvesting and storage

As previously mentioned, as the demand for wearable electronics has soared in recent years, so too has the demand for energy harvesting materials for integration into these devices as a green, sustainable energy source. Harvesting energy created by the body through movement and heat and converting it to electricity is an area of significant interest.¹⁰⁸ One such energy harvesting device is the thermoelectric generator, which generates electricity from a temperature gradient across a material. For a thermoelectric generator to be highly efficient, the material needs to have a high Seebeck coefficient, high electrical conductivity, and low thermal conductivity.¹⁰⁹ Xie *et al.* developed a thermoelectric nanogenerator based on a 2H-MoS₂/graphene hybrid material *via* a hydrothermal approach.¹¹⁰ The reason for choosing a hybrid material is because both graphene and MoS₂ have advantages and drawbacks for use in a thermoelectric generator. MoS₂ has a high Seebeck coefficient and low thermal conductivity; however its large bandgap results in low electrical conductivity.¹¹¹ Graphene, on the other hand, is a zero-bandgap semimetal, so has high electrical conductivity, but suffers from high thermal conductivity and a low Seebeck coefficient. The resulting MoS₂/graphene nanocomposite was found to have improved electrical

conductivity compared to pristine MoS₂, while still maintaining low thermal conductivity and a high Seebeck coefficient. A flexible thermoelectric generator was produced using this MoS₂/graphene nanocomposite, and was shown to generate an output voltage 2 times higher than that generated by pure MoS₂ and 8 times higher than that generated by pure graphene thermoelectric nanogenerators.

Another promising application of TMD nanomaterials is their use as anode materials in lithium ion batteries. A huge advantage of bottom-up synthesis of TMDs is that it can offer great controllability over properties such as size, phase and morphology, which can be crucial for energy storage applications. Lu *et al.* prepared MoS₂ nanoflowers *via* a hydrothermal approach, using the reaction temperature to tune the interlayer distance between the constituent MoS₂ nanosheets.⁵¹ It was shown that at higher temperatures, the interlayer spacing between the MoS₂ nanosheets was decreased, as evidenced by the shift to higher angles of the (002) peak in the XRD patterns of different MoS₂ samples. The increased reaction temperature also resulted in the formation of thinner nanosheets and nanoflowers with increased surface area, which is desirable for optimised lithium ion insertion-extraction. The sample with the best electrochemical activity was synthesised at 200 °C, exhibiting superior rate capability and lithium storage capacity. At this temperature, the MoS₂ nanoflowers were found to have an optimal interlayer distance (0.65 nm) as well as improved crystallinity, the presence of some defects, and an enhanced specific surface area, which are also vital for optimising the electrochemical performance.

4.6. Photonics applications

Saturable absorption is a phenomenon by which the absorption of light by a given material decreases with increasing light intensity. The saturable absorption properties of 2D materials have been extensively studied in recent years for Q-switching and mode-locking in ultrafast compact pulsed lasers.¹¹² Few layer to monolayer TMDs such as MoS₂ and WS₂ are particularly useful for these applications as their direct bandgap falls in the visible range, whereas many other 2D materials used for these purposes are limited to operation in the infrared region.^{113,114} Few-layer to monolayer nanosheets are often studied for their saturable absorption properties; however more exotic morphologies such as nanoflowers obtained through bottom-up synthesis are neglected. Sun *et al.* investigated the saturable absorption properties of MoS₂ nanosheets and, for the first time, nanoflowers synthesised *via* a hydrothermal approach.⁵⁵ The colloidal MoS₂ samples were then mixed with 1% polymethyl methacrylate (PMMA) in toluene solution and spin-coated onto a quartz substrate to fabricate the saturable absorber (SA) for insertion into the Yb:GAB laser cavity (Fig. 18).

The nanosheets had Q-switching properties comparable to those of other MoS₂ SAs obtained *via* exfoliation, displaying shortest pulse widths of 281 and 216 ns for single and dual wavelength laser sources, respectively. The nanoflowers, however, displayed superior optical switching behaviour compared to the nanosheets, with pulse widths of 209 and 198 ns for single



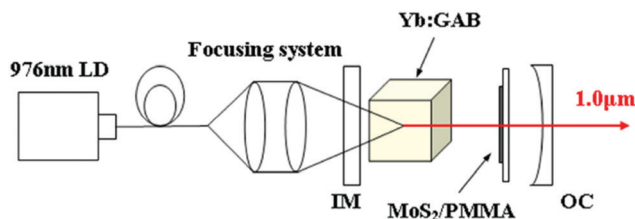


Fig. 18 Schematic experimental setup of the Q-switched Yb^{3+} :GAB solid-state laser. Reproduced from ref. 55.

and dual wavelengths. The authors attributed this enhanced non-linear optical behaviour to the unique morphology of the nanoflowers obtained *via* hydrothermal synthesis. Thus, further development and research in the field of bottom-up synthesis of TMDs may open the door for large-scale application of TMDs in lasers, due to its cost efficiency, scalability, and high-quality products.

Group VI monolayer 2H TMDs such as MoS_2 and WS_2 display photoluminescence due to the indirect to direct band-gap transition on being reduced from the bulk to the monolayer. This phenomenon has led to a multitude of potential applications of monolayer TMDs in photonics and optoelectronics. One of the limitations of the use of monolayer TMDs in photonics applications is the quantum yield (QY). The QYs of many pristine monolayer TMDs are often very low ($< 1\%$), likely due to non-radiative electron-hole recombination mediated by defects.^{115,116} However, chemical doping is an effective method of passivation of these non-radiative decay pathways, resulting in significant enhancement of the QY of monolayer TMDs. Mouri *et al.* discovered that doping with 2,3,5,6-tetrafluoro-7,7,8,8-tetracyanoquinodimethane (F4TCNQ) and 7,7,8,8-tetracyanoquinodimethane (TCNQ), both p-type dopants, dramatically increased the photoluminescence (PL) quantum yield of mechanically exfoliated monolayer MoS_2 .¹¹⁷ Amani *et al.* reported similar findings upon the treatment of monolayer MoS_2 with bis(trifluoromethane)sulfonimide (TFSI), an organic superacid, resulting in a PLQY enhancement from 0.6% to $> 95\%$.¹¹⁸ Solution-based “bottom-up” synthetic methods allow for the doping of TMDs *in situ*, which may pave the way for the production of size-controlled, high PLQY monolayer TMDs in a one-pot process. Highly luminescent monolayer TMDs synthesised *via* bottom-up approaches may find application in areas of photonics such as highly efficient LEDs, as single photon emitters for quantum computing, and in circularly polarised light emission devices, to name a few.^{119–121}

4.7. Membranes and nanofiltration applications

2D nanomaterials of atomic thickness are excellent nano-building blocks to develop high-performance separation membranes, as these nanomaterials exhibit extraordinary permeation behaviour. This opens a new avenue to ultra-fast and highly selective laminar membranes with tailored functions and properties for nanofiltration and purification.¹²² So far, most of the research in this area has been focused on graphene- and graphene oxide-based membranes, but atomic layered TMDs such as MoS_2 and WS_2 have also attracted some attention.^{123–131} For example, it was

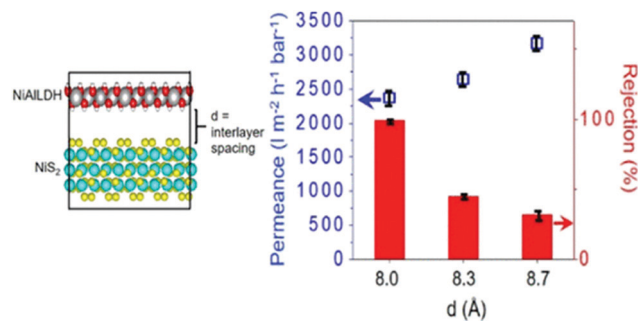


Fig. 19 Left: Schematic presentation of control of the interlayer spacing of anionic TMD laminates using cationic layered double hydroxide (LDH) nanosheets. Right: Permeance and rejection of methyl orange (MO) dye in acetone through 250 ± 20 nm thick $\text{NiS}_2/\text{NiAlLDH}$ membranes as a function of the interlayer distance. Reproduced from ref. 130.

demonstrated that MoS_2 - and WS_2 -based membranes exhibit water permeance 2- to 5-fold greater than that of graphene oxide-based membranes of comparable thickness.^{123,124}

Sun *et al.* used vacuum filtration of an exfoliated MoS_2 solution through a polycarbonate membrane to produce new membranes showing much higher water permeance than previously described graphene membranes, with similar thickness and rejection ratio due to the higher level of interaction between the MoS_2 sheets.¹²⁴ In addition, it was found that the nanochannels in the MoS_2 membranes did not deform under pressures as high as 1.0 MPa, as has been shown by the linear relationship between pressure and water permeance. Furthermore, this type of membrane demonstrated high chemical stability even under harsh conditions, and therefore can be employed repeatedly.

Thus, TMD-based membranes are very promising for potential nanofiltration of organic compounds and water purification applications. However, a great challenge lies in the precise control of the interlayer spacing and corresponding membrane porosity and selectivity. An interesting approach to address some of these issues was recently reported by Ang and Chew.¹³⁰ These researchers prepared a new type of membrane by stacking anionic TMD nanosheets, consisting of MS_2 ($\text{M} = \text{Ni}, \text{Mo}, \text{and W}$), and cationic layered double hydroxide (LDH) nanosheets (Fig. 19). This method enabled them to achieve precise control of the interlayer spacing of anionic TMD laminates, resulting in TMD/LDH lamellar membranes which exhibited almost 100% rejection of selected organic dyes dissolved in acetone, while maintaining excellent long-term stability at an ultrafast permeance that is 2–3 orders-of-magnitude higher than that of other reported membranes with similar rejection.

This proposed hetero-assembly strategy using oppositely charged nanosheets is a very promising method to produce inorganic 2D-based membranes with a controllable interlayer distance for other gas or liquid separation applications.

5. Conclusions and future outlook

In this review, we have considered the various methods of solution-based bottom-up synthesis of TMDs and the properties



of the resulting products. It was shown that these techniques enable the production of TMDs of varying shapes, sizes, morphologies, and phases, and we also gave some insight into how the variation of reaction conditions can affect these properties. It is clear that, if developed sufficiently, these synthetic methods may combine the cost-effectiveness and scalability of techniques such as LPE with the enhanced level of controllability provided by CVD, often at a fraction of the cost. The unique morphologies and phases that are readily obtained *via* these bottom-up synthetic regimes give rise to exciting applications as photocatalysts, anti-cancer and antibacterial agents, as well as for integration into electronics devices.

The high quality and narrow size distribution of synthetic colloidal TMD-based nanomaterials, in combination with their unique physical and chemical properties, has resulted in significant advancements in the development of applications for these materials in recent years. It was demonstrated that 2D TMD materials are very promising for a range of biomedical applications including biosensing, drug delivery and photodynamic/photothermal therapy. However, despite the vast amount of progress made in recent years, and the obvious potential of these nanomaterials, they remain of academic interest only. One of the main concerns is the unknown potential toxicity of 2D nanostructures, which could limit their *in vivo* biomedical applications. The toxicity of 2D nanomaterials is still poorly studied and understood, and much detailed research on the biocompatibility and toxicity of TMD nanostructures is vital for their further advancement and use in biomedical applications.

TMDs possess unique catalytic properties which have been exploited in electro- and photocatalysis, in particular in the hydrogen evolution reaction (HER) and photo-oxidation of organic materials. However, further detailed experimental and theoretical studies are necessary to fully understand all phenomena, and to develop new, more efficient and selective catalysts, which will be crucial for the progression of relevant green chemistry sectors.

The 2D morphology and unique properties of TMDs such as semiconductor state, conductivity, flexibility, transparency and large surface area make these materials highly promising for future development of new wearable, flexible electronic devices. The promotion of synthetic colloidal TMD nanomaterials is especially important for these applications as they can be easily processed by standard solution and printing techniques, enabling new, cost-effective, flexible electronic devices.

2D TMD nanomaterials can also be tailored to form either fluorescent emitters or efficient fluorescence quenchers, making them powerful platforms for fabricating a series of optical sensors and biosensors to detect various targets, including gases, metal ions, biomolecules and potentially viral species. Despite the significant recent progress, TMD-based sensors still require further improvements in terms of detection limits and selectivity. The colloidal chemistry synthetic approaches offer excellent opportunities in this area, enabling the production of monolayers of photoluminescent TMD materials, which can be

easily functionalised by standard wet chemistry techniques for targeted sensing applications. The photoluminescence properties of monolayered colloidal TMDs are also important for photonics applications, particularly in light emitting and laser devices.

TMD nanomaterials have emerging applications in energy harvesting and storage devices. The use of colloidal MoS₂ and related materials as anodes in lithium ion batteries is particularly important. The bottom-up synthesis of TMDs enables the achievement of necessary control over size, phase and morphology of these nanomaterials and allows us to use efficient screen-printing techniques with colloidal inks, which are required for cost-effective production of batteries.

Colloidal synthetic 2D TMD nanomaterials are excellent materials for production of laminar membranes which are capable of providing exceptional performance and separation, even at very low membrane thickness. It has been shown that TMD-based membranes can outperform similar graphene oxide-based membranes of comparable thickness. The porosity of these membranes can be controlled and tuned by the dimensions of TMD flakes and by the addition of various interstitial nanoparticles or nanowires. In addition, these membrane materials can also be easily functionalised with appropriate groups to provide the necessary level of selectivity for targeted rejection and separation of mixtures of products. Thus, TMD-based membranes are expected to offer a number of advantages and their further development deserves significant attention.

Finally, the development of new chiral 2D TMD nanomaterials is expected to open up a vast range of new potential applications in valleytronics, spintronics, chiral sensing and asymmetric photocatalysis. However, the area of chiral 2D nanomaterials and their applications are minimally explored to date and this field is still in its infancy. Colloidal 2D TMD materials are excellent candidates for this research as chirality in these nanostructures can be induced by a simple synthesis in the presence of chiral ligands, or by the solution exchange of achiral ligands with appropriate enantiomeric molecules. Since chirality plays a crucial role in chemical and biological recognition and defines many interactions between chemical and biological species, these nanomaterials are also expected to have a significant impact on the fast-developing nanobiotechnology and nanomedicine disciplines.

Conflicts of interest

There are no conflicts to declare.

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