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# Sensing morphogenesis of bone cells under microfluidic shear stress by holographic microscopy and automatic aberration compensation with deep learning†

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We present sensing time-lapse morphogenesis of living bone cells under micro-fluidic shear stress (FSS) by digital holographic (DH) microscopy. To remove the effect of aberrations on quantitative measurements, we propose a numerical and automatic method to compensate for aberrations based on a convolutional neural network (CNN). For the first time, the aberration compensation issue is considered as a regression task where optimal coefficients for constructing the phase aberration map act as responses corresponding to the input aberrated phase image. We adopted tens of thousands of living cells' phase images reconstructed from digital holograms for training the CNN. The experiments demonstrate that, based on the trained network, phase aberrations can be totally removed in real-time without any hypothesis of object and aberration phase, knowledge of the setup's physical parameters, and the operation of selecting background regions; hence, the morphogenesis of the bone cells under FSS is accurately detected and quantitatively analyzed. The results show that the proposed method could provide a highly efficient and versatile way to investigate the effects of micro-FSS on living biological cells in microfluidic lab-on-chip platforms thanks to the combination of phase-contrast label-free microscopy with artificial intelligence.

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## Introduction

Bone acts as a structural support for the body and is a dynamic tissue with the capacity to adapt itself to its mechanical environment.<sup>1</sup> Bone adaptation to mechanical loading typically results in the formation of a bone structure while leading to a change in mass and density. In bone tissues, osteocytes are embedded within a microfluid-filled network made up of widely spaced lacunae and interconnected *via* cellular processes contained within thin channels known as canaliculi. These lacunar–canalicular systems surround osteocytes and expose them to high levels of fluid shear upon bone tissue compression.<sup>2,3</sup> The resulting micro-fluidic shear stress (FSS) is one of the habitual loadings

that osteocytes experience *in vivo*, and is important for bone tissue function.<sup>4</sup> The ability of osteocytes to sense and respond to mechanical stimuli depends on the shape of cell bodies and number and length of cell processes. There are only a few *in vitro* studies that directly measure the 3D deformation of osteocytes under long-term fluid flow, although their sensitivity to different levels of micro-FSS has been demonstrated.<sup>5</sup> Therefore, there is a need to investigate 3D morphological changes by label-free and quantitative microscopy.

Digital holographic (DH) microscopy is a powerful imaging technique that can measure tiny objects' structures due to its capability to capture the diffracted wave-front of a 3D feature. It can provide quantitative phase information by changing the refractive index, which enables its wide applications in the biomedical field, such as cell analysis,<sup>6,7</sup> cell counting,<sup>8</sup> cellular process monitoring,<sup>9,10</sup> disease diagnosis,<sup>11,12</sup> cancer cell isolation,<sup>13,14</sup> and treatment evaluation.<sup>15</sup> In a DH recording process, the hologram not only contains the object's information but also the aberrations of the setup. These aberrations, which are caused by the microscope objective (MO), the imperfections of optical components and construction of the system, would induce a serious distortion in the quantitative phase image

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and severely hinder the quantitative measurement of the object's structure. So far, various methods have been proposed to compensate the aberrations in DH microscopy. By and large, they can be categorized into two groups: physical and numerical methods. The physical techniques induced unique optical configurations in the optical system, such as a telecentric configuration,<sup>16–18</sup> an electrically adjustable lens,<sup>19–21</sup> or a demand for an additional object-free reference hologram.<sup>22,23</sup> In fact, the physical strategy complicates the holographic recording process or experimental effort. The numerical methods are based on numerical post-processing without additional hologram or optical components, including fitting calculation,<sup>24–29</sup> principal component analysis,<sup>30,31</sup> spectral analysis,<sup>32–34</sup> geometrical transformations,<sup>35–38</sup> and nonlinear optimization.<sup>39,40</sup>

For long time-lapse monitoring of cell morphological changes under fluid shear stress, the aberrations of the system will inevitably change over time in real-world experiments. In such a situation, the numerical approaches are more suitable than the physical approaches. The fitting-based method can totally remove aberrations but requires detecting object-free background regions as reference surfaces. Under the action of fluid shearing, the distribution of the adherent cells may change in addition to cell morphology. Therefore, detecting background regions manually is impractical to be adopted in dynamic measurements. Recently, a learning-based method has been proposed to automatically detect the object-free areas for subsequent fitting calculations.<sup>41</sup> Even though non-fitting methods can predict the aberration without background detection, the principal component-based method assumes that only non-cross terms exist, which limits measurement accuracy because the micro-channels and liquid flow may induce high-order aberrations. The geometrical transformation-based method is solely suitable for removing low-order aberrations such as the tilt aberration in the off-axis configuration as well as a parabolic aberration caused by the MO. The spectrum analysis-based method is actually a semi-automatic approach since it requires filtering and centralization in the spectrum analysis, which is inevitably implemented manually. The optimization-based method assumes that the object phase is a small perturbation compared to the aberrations, limiting the scope of its applications. Meanwhile, this method has a lower efficiency due to solving the optimization problem and determining the regularization parameter by trial and error.

Deep learning forms a rapidly growing research field and some recent work has utilized deep learning to reinforce DH microscopy.<sup>42,43</sup> In this paper, we proposed a CNN for multivariate regression based on the resnet-50 model structure to cope with the phase aberration compensation problem that allows performing long-term monitoring of bone cells' morphological response under micro-FSS. We transform, for the first time, the problem of estimating the coefficients for constructing a phase aberration map into a

regression problem, to the best of our knowledge. The aberrated phase images are put into this model. The CNN then automatically learns the internal features of phase aberrations and builds up a connection with the phase aberration. Then, the optimal coefficients are estimated as an output of the network. Based on these coefficients, the phase aberration map is built by polynomial fitting, and the phase aberrations are removed by subtracting the aberration phase image with the phase map. In contrast to the previous learning-based approach, the proposed method allows the phase compensation task to complete without detecting background regions and knowing any physical parameters about the setup. Moreover, the presented method can effectively compensate phase aberrations in the phase maps, which do not have much background for fitting calculation. Our work shows how merging imaging technology and artificial intelligence for lab-on-chip platforms boosts the applications in cell analysis and biomedical fields.<sup>44–52</sup>

## Digital holographic microscopy for quantitative morphogenesis

A typical off-axis DHM system is shown in Fig. 1. The beam from a 532 nm laser travels through a neutral density filter (NDF), and the spatial filter (SF) expanded it to a plane wave. The polarizing beam splitter (PBS) splits the collimated beam into a reference beam and an object beam. A half-wave plate ( $\lambda/2$ ) is used behind the PBS to adjust the two beams' intensity ratios. The object beam is converged by a condenser lens (CL) and projected onto the specimen. A 20 $\times$  microscope objective (MO) and a tube lens (TL) are used to magnify the object wave. The reference wave and the object wave are superimposed with a small tilt angle of  $\theta$  by a beam splitter (BS) and recorded by a CCD camera (1024  $\times$  1024 pixels, 5.86  $\mu\text{m}$ , PointGrey, Canada).

In this configuration, the MO produces a magnified image of the object, and the camera plane is located between the

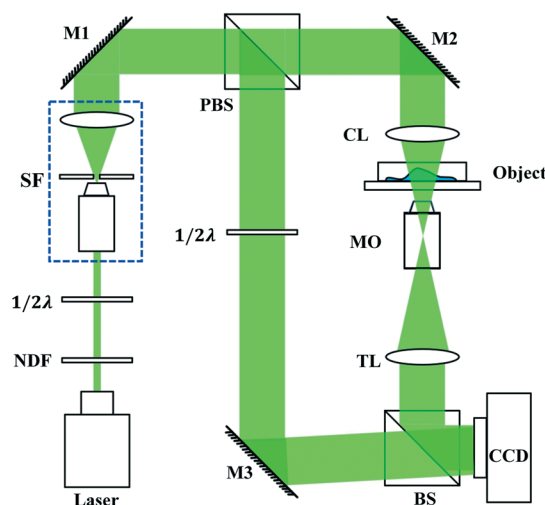


Fig. 1 The off-axis DHM setup.



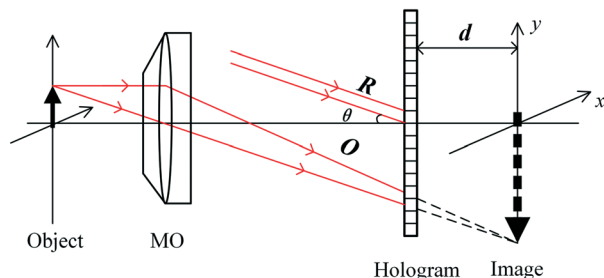


Fig. 2 The configuration of holographic microscopy.

MO and the image plane, at a distance  $d$  from the image, as shown in Fig. 2.

In the reconstruction process, using a digital reference wave assumed to be a normalized perfect plane or spherical waves, the object wave's complex amplitude is digitally reconstructed, and contains the phase deformation associated with the MO and the phase information of the object. The reconstructed wave-front in the image plane is described as:

$$\Psi(x, y) = I(x, y) \cdot \Omega(x, y) \quad (1)$$

where  $\Omega(x, y)$  is the phase distribution induced by the object only, which results from a refractive index or/and thickness difference of the object.  $I(x, y)$  is the phase aberration induced by the MO and other optical elements in the optical setup, which corresponds to defocus aberration, spherical aberration, astigmatism, and so on. In fact,  $I(x, y)$  can be defined by using 2D standard polynomial formulation:

$$I_s(x, y) = \exp \left[ -i \frac{2\pi}{\lambda} \sum_{\alpha+\beta=0}^{\alpha+\beta=o} P_{\alpha\beta} \cdot x^\alpha y^\beta \right] \quad (2)$$

where  $P_{\alpha\beta}$  is the polynomial coefficients and  $o$  is the polynomial orders. It is noted that the goal of the phase aberration compensation is to build a phase map corresponding to  $I(x, y)$ . In other words, if the appropriate coefficients of  $P_{\alpha\beta}$  are found,  $I(x, y)$  can be retrieved by polynomial fitting with eqn (2). That is, the aberrated phase image can be marked using a set of optimal polynomial coefficients.

## Aberration correction by deep neural network

If we consider the optimization process as a regression task in eqn (2), the regression problem can be solved by using a CNN. Fig. 3 shows the proposed strategy. The CNN components are the convolution layer, the max-pooling layer, and the fully connected layer. Convolutional layers apply a specified number of convolution filters to the image. The feature's spatial size and the number of parameters are reduced by using the network's max-pooling layer. The last fully connected layer is utilized to flatten the feature matrix in the previous layer to a single vector and to classify the phase images and output multivariate regression parameters. Subsequently, based on the network's output, a set of polynomial coefficients,  $I(x, y)$ , can be built by polynomial fitting. Finally, the phase aberrations are compensated by subtracting the phase map  $I(x, y)$  from the aberrated phase image.

For training the network, residual learning is used to simplify this process. The residual block with identity mappings added between layers can significantly optimize the training process without extra computation. Specifically, the network is developed from the structure of a resnet-50 model. The deep network structure is shown in Fig. 4. The

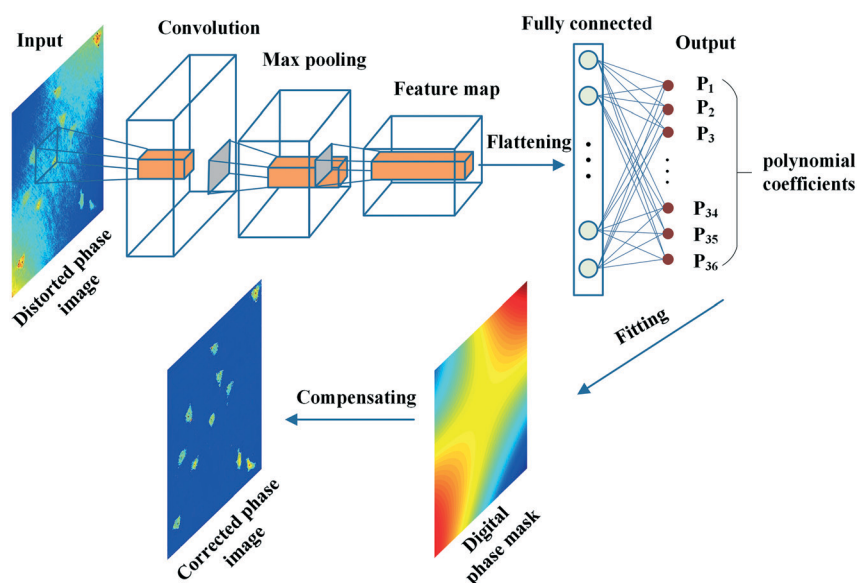


Fig. 3 The strategy of aberration compensation based on the CNN.



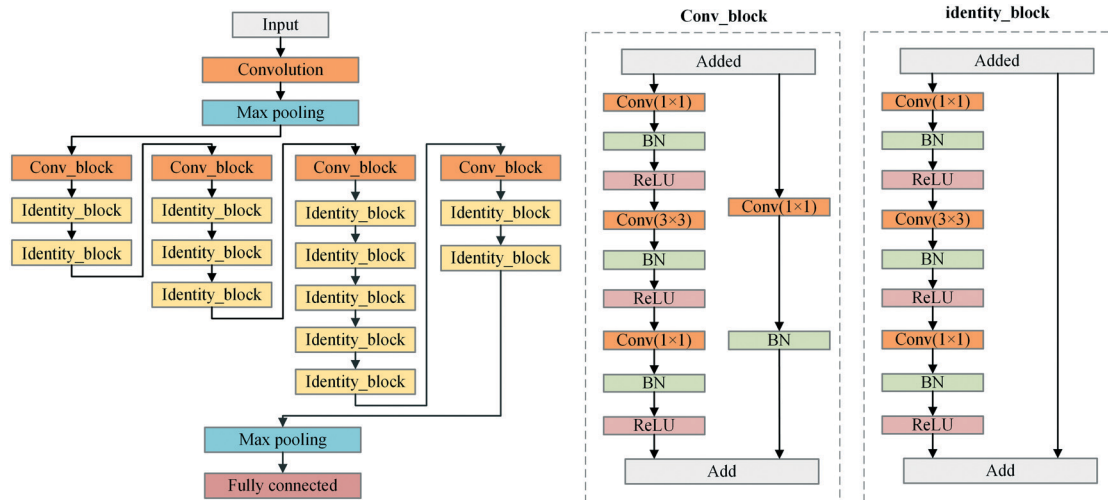


Fig. 4 The structure of the CNN for multivariate regression.

phase images of the inputted network are zoomed out to  $256 \times 256$  pixels from the original size of  $1024 \times 1024$  pixels to speed up the training and prediction process. Therefore, the input volume is batch size  $\times 256 \times 256 \times 1$  (1 channel indicates a grayscale image), where the batch size is the number of images in each training session. The network mainly consists of two kinds of blocks, which are con\_block and identity\_block, respectively. The output of the last max-pooling layer is  $1 \times 1 \times 2048$ . Finally, the fully connected layer maps the data into  $1 \times 1 \times N$ , where  $N$  is the parameter number of the aberration polynomial. The loss function is the mean absolute error in the training process.

## Experimental verification

For building a data set, the holograms of the living cells are recorded by the DHM system as shown in Fig. 1. These cells are seeded in 35 mm glass dishes and placed on a two-dimensional translation stage to perform a scanning observation. Thus, over 2000 holograms are recorded at different fields of view (FOVs), so the diversity of phase aberrations and object's distributions is ensured. Further, these holograms are rotated by  $90^\circ$ ,  $180^\circ$ , and  $270^\circ$  to obtain more training samples. Consequently, there are about 10 000 holograms. Then, the phase images are reconstructed using a convolutional reconstruction algorithm and used to make up the data set (input images). The ground truth (label coefficients) is the optimal polynomial coefficients acquired using a manual method. First, the phase images are reconstructed from the holograms that contain cell information and phase aberrations. A digital mask of object-free regions is then created by manual segmentation for each phase image. Based on the phase data extracted from the mask, the optimal polynomial coefficients which enabled the construction of the phase aberrations are retrieved by implementing least squares surface fitting. These polynomial coefficients are used for the network training as ground

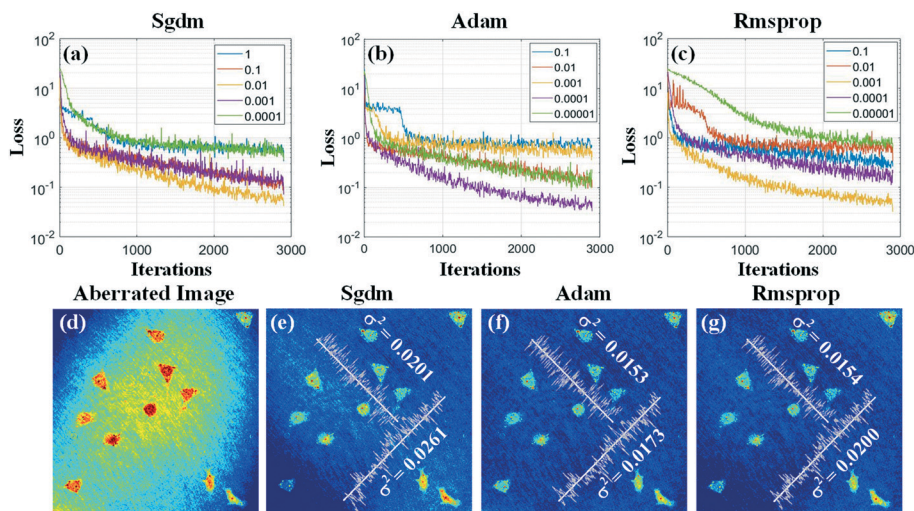
truth. Eighty percent of the data set is employed for the training, and the rest is used for validation. We define the loss function as the mean square error (MSE) between this network's output and the data set's coefficients. To avoid overfitting in the training process, we added an L2 norm to the loss function, where L2 is a regularization method. This method simplifies the complexity of the model by minimizing each element of the parameter matrix, so that the model generalization can be better, and overfitting is reduced effectively.

Then, we discuss the key parameters related to the convergence of the loss function to optimize the training process, such as the learning rate, optimizer, and batch size. Expressly, the learning rates represent the step sizes of gradient descent. The optimizer updates the network parameters after each iteration. The batch size is the number of training samples utilized in one iteration. We first discuss the training results with the different optimizers and learning rates. Fig. 5(a–c) present the loss curves after 3000 iterations. Here, the learning rates range from 1 to 0.00001, and the optimizers are selected as stochastic gradient descent with momentum (Sgdm),<sup>53</sup> adaptive moment estimation (Adam),<sup>54</sup> and root mean square prop (Rmsprop),<sup>55</sup> respectively. It can be seen that the loss decays slower when using the lower learning rate, but it can't converge to the minimum.

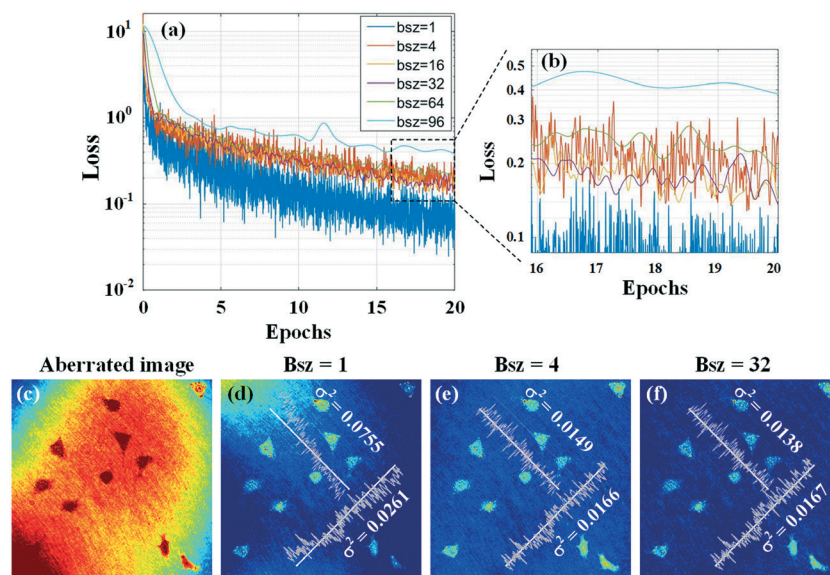
On the other hand, although the loss can decline faster when using a higher learning rate, it is easy to get stuck and be unstable. By comparing these results, we found that the loss reached the minimum when using the Adam's optimizer with the learning rate of 0.0001. Furthermore, the compensated results based on the trained network outputs with different optimizers and corresponding optimal learning rates are compared, as shown in Fig. 5(d–g). Fig. 5(d) shows the aberrated phase image. As shown in Fig. 5(e–g), the optimizers used for the network training are Sgdm, Adam, and Rmsprop, and the corresponding learning rates are 0.01, 0.0001, and 0.001, respectively. The variance of phase values







**Fig. 5** The training results with different optimizers and learning rates. (a) The change of training loss as optimizer is Stochastic Gradient Descent with Momentum (Sgdm) and learning rate is taken 5 values from large to small. (b) The optimizer with Adaptive Moment Estimation (Adam). (c) The optimizer with Adaptive Moment Estimation (Adam). (d) The image with phase aberration. (e) The compensated image based on the trained network outputs with Sgdm optimizer and learning rate 0.001. (f) Adam optimizer and learning rate 0.0001. (g) Rmsprop optimizer and learning rate 0.0001.



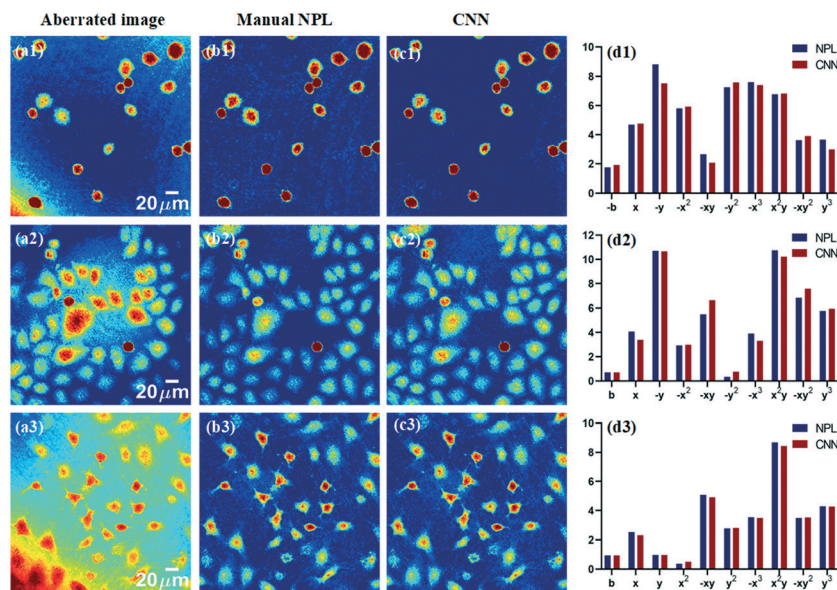
**Fig. 6** The training results with different batch sizes (a) The change of training loss with batch size from 1 to 96 as optimizer is Adam and learning rate of 0.0001. (b) The subarea of (a) which is zoomed in. (c) The image with phase aberration. (d) The compensated image based on the trained network outputs with batch size 1. (e) with batch size 4. (f) with batch size 32.

along two lines in these compensated images is calculated, as shown in Fig. 5(e–g). The results present that Adam should be the best optimizer and the corresponding optimal learning rate is 0.0001 for the network training.

To find a suitable batch size, we investigate the training results with different batch sizes. Fig. 6(a) presents the loss curves at different batch sizes within 20 epochs with Adam optimizers and optimal learning rates. It can be seen that the loss value decreases down to the minimum when the batch size is 1, but the loss curve is not good for convergence due to violent fluctuations. When the batch size increases to 96,

the loss curve is smooth, but the loss remained at a high value, which also means it needs more time for the loss to decline. In Fig. 6(b), which is the zoomed-in image of Fig. 6(a), the loss reaches a lower value with smoother fluctuations when the batch size is 32. Furthermore, we compare the compensated results based on the trained models' outputs with batch sizes of 1, 4, and 32. Fig. 6(d–f) present the variance of phase values along two lines in these images. According to these results and considering the computer's speed, accuracy, and computation ability, we select 32 as the optimal batch size.





**Fig. 7** The testing results and comparison of the proposed “automatic method” with respect to the “manual approach” for removing aberrations. (a1–a3) The image with phase aberration. (b1–b3) The compensated image by using a numerical parametric lens (NPL) method by manual. (c1–c3) The compensated image by using the proposed CNN method. (d1–d3) The polynomial coefficients output from the manual NPL method and the proposed CNN method.

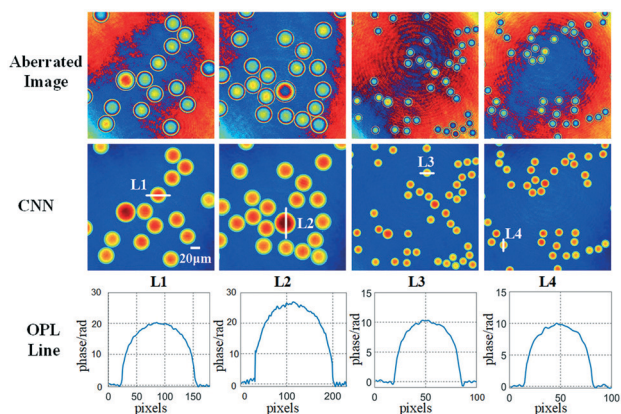
Subsequently, the CNN is trained with the optimal parameter mentioned above, and the compensation results are tested with the data that are not used in network training. Meanwhile, the results are compared with that based on the manual compensation method, as shown in Fig. 7. The first column of Fig. 7 shows the aberrated phase images at different FOVs. The second column exhibits the compensation results by using a manual numerical parametric lens (NPL) method. The third column shows the compensation results of the proposed method. The fourth column presents the polynomial coefficients from the manual NPL method and the proposed method, respectively. Obviously, the two sets of coefficients from the two methods are very similar.

Further, we verify the proposed method by measuring the microspheres, which are made of silicon dioxide with

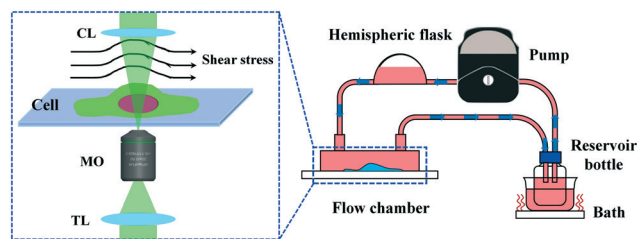
the diameters of 40  $\mu\text{m}$  and 20  $\mu\text{m}$ . The results are shown in Fig. 8. The first row shows the aberrated phase images. The second row shows the compensated images. The third row shows the profiles extracted from the four microspheres, which are indicated in the second row, respectively. The experiments demonstrated that the phase aberrations are compensated accurately by using the trained network and the structures of the microspheres are measured precisely.

## Dynamic cell morphology analysis under fluid shear stress

Osteocyte is a type of bone cell that is three-dimensional (3D), ellipsoidal, and accounts for approximately 95% of the cell population of bone. They arise as terminally differentiated osteoblasts that have become embedded in the mineralizing osteoid matrix. Osteocytes connect to other osteocytes and cells on the bone surface to form an extensive dendritic network that senses mechanical strain and renders the osteocyte. To verify the proposed method's ability in real-world experiments where dynamic observation is needed, we



**Fig. 8** The testing results with the two kinds of microspheres.



**Fig. 9** Schematic setup of the microfluidic shear system.





design an experimental setup with the aim of monitoring the morphological change of living osteocytes under long-term micro-FSS. In this module, a peristaltic pump is embedded in the off-axis DH system to drive the fluid with a  $30 \text{ r min}^{-1}$  speed and to provide a stable FSS in a microchannel where the bone cells adhere on the bottom surface, as shown in Fig. 9. The subsystem consists of a peristaltic pump, a self-designed parallel plate flow chamber, a thermostatic bath, a hemispheric flask, and a reservoir bottle with a 3-pot connector cap. Rubber hoses connect these parts. Living MLO-Y4 cells are cultured adherently on the channel's bottom surface connected with the hemispheric flask inside and the reservoir bottle at the outside. The hemispheric flask is used here to temporarily store the culture medium, making sure the medium steadily flowed through the channel with a constant velocity. The bottle flask was placed in the thermostatic bath to keep all the medium at  $37^\circ\text{C}$  during the experiment. The results can help understand the cellular responses to mechanical stimulation and identify signal pathways and cellular interactions of bone homeostasis.

In this measurement, the holograms are recorded for 4 hours with a one-second interval, thus recording about 14500 digital holograms. Fig. 10 shows 5 living cells' phase images reconstructed from time-lapse digital holograms, which are recorded under micro-FSS at times 0 min, 60 min, 120 min, 180 min, and 240 min, respectively. The first row shows the aberrated phase images reconstructed from the holograms. The second row shows the compensated phase images by using the trained network. The third row shows the compensated results by manual NPL. It is visible that aberrations are completely cleared-off by the proposed method.

ESI† Movies (SM1 and SM2) visibly show the dynamic morphogenesis evolution of the cells with and without aberrations, respectively.

It is important to note that defocus aberration, spherical aberration, and astigmatism are present, thus affecting the quantitative map. In Fig. 11 (upper row) and SM1,† it is also possible to note that the presence of aberrations changes due to slight disturbances during the long-term recording process while the background phase is very stable (see Fig. 11 (bottom row) and SM2†).

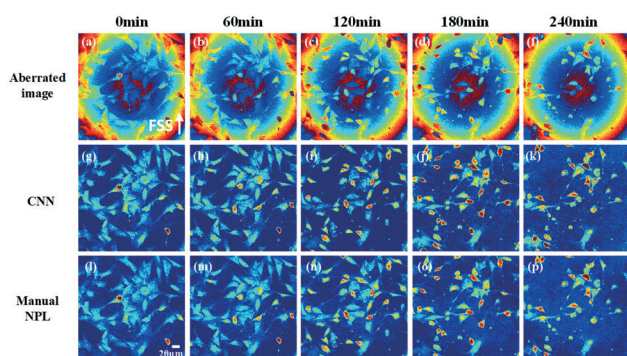


Fig. 10 Time-lapse phase images of the bone cells under micro-FSS.

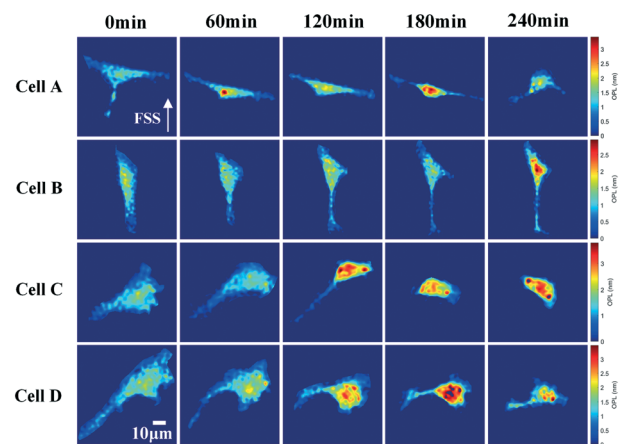


Fig. 11 Morphological change of the selected four cells under micro-FSS.

In order to show this significant morphogenesis, 4 cells are selected as cell A, cell B, cell C, and cell D. Such cells present relevant morphological variations at 0 min, 60 min, 120 min, 180 min, and 240 min, as shown in Fig. 12.

We evaluated in a quantitative manner the cell morphological changes of the above 4 cells. We calculated four morphological parameters, *i.e.*, cell project area (CPA), cell mean phase (CMP), cell volume (CV), and cell aspect ratio (CAR), whose definitions are given in ref. 56. In Fig. 12(a), the CA of all cells decreases. In Fig. 12(b), the CMP of all cells increases gradually and then decreases rapidly. In Fig. 12(c), the CV of all cells is unchanged. As reported in Fig. 12(d), the CAR of cell B and cell D remains unchanged while that of cell A increases, remains stable in the middle term at the beginning and then decreases at the end, and that of cell C is increasing gradually.

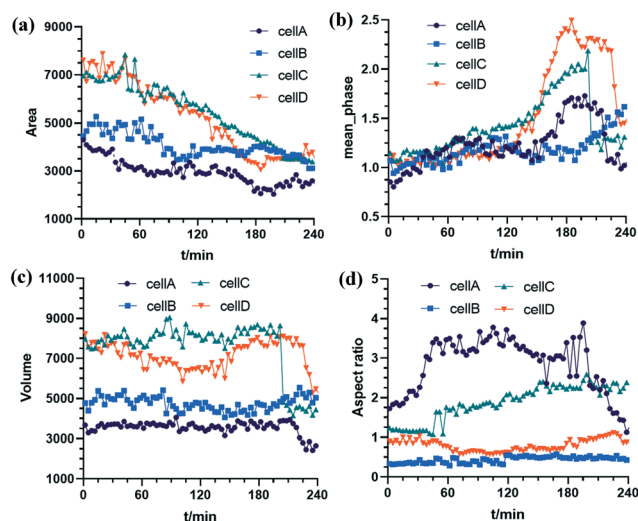


Fig. 12 The morphological parameters of the four cells: (a) cell project area (CPA); (b) cell mean phase (CMP); (c) cell volume (CV); (d) cell aspect ratio (CAR).

We suppose that these morphological changes are due to the bone cells' resistance response towards the FSS stimuli. Similar results also are found in ref. 57. In this paper, quantitative phase imaging was used to measure the center-of-mass (COM) shifts of the adherent cells due to FSS. The experiments demonstrated that the cells' surface area has an insignificant change, but COM has increased along the vertical direction during the application of the flow stimulus, which matches with the results found in our paper.

These results are consistent with expectations. Osteocytes in bones always suffer from various mechanical loadings. Interstitial fluid shear is one of the most common loading mechanisms, in which stimuli will lead to cellular morphological changes, such as stretch and compression. Further, the fluid drag introduces stress inside the cell body, which may trigger the activation and transduction of biochemical signals, which will influence the structure of the cytoskeleton in bone cells and further introduce changes in the cell morphology.

Besides, the results demonstrate that the aberration-free reconstructions can be obtained in long-term testing with the proposed method in a microfluidic lab-on-chip assay. On the other hand, it can be seen that the fluid shear stress has a noticeable effect on the bone cells, which leads to the change of morphology and activity of the bone cells.

## Conclusions

Mechanical loading on bone tissue is an essential physiological stimulus that plays a key role in bone growth, fracture repair, and bone disease treatment. Osteocytes embedded in the bone matrix are well accepted as the sensor cells to mechanical loading and play a critical role in regulating the bone structure in response to mechanical loading. To understand osteocytes' response to long-term MFSS, we investigate 3D cell morphology by using DH microscopy. However, the phase aberration is an important issue for quantitative measurement in DH. As to long-term phase imaging, automatic aberration compensation is especially necessary. In this paper, we proposed a numerical and automatic aberration compensation approach based on a CNN for multiple regression. We transform the phase aberration compensation into a regression task for the first time. The optimal coefficients used to fit a phase aberration map are considered responses to the aberrated phase image. Thus, the input is the aberrated phase image, and the predicted coefficients are an output of the network. Further, the phase aberration map is created by polynomial fitting based on these coefficients. The phase aberrations are compensated by subtracting the phase map from the phase aberration image. To optimize the network training process, we analysed the performance of three crucial parameters in the training process, such as learning rates, optimizers, and batch sizes. The experimental verification is carried out, in which the morphological change of the living cells is dynamically measured under long-term micro-FSS. The results show that the proposed approach can predict the optimal coefficients

and automatically compensate the phase aberrations without detecting background regions and knowing any physical parameters. Thus, our approach provides a highly efficient and versatile way to investigate the effects of micro-FSS on living biological cells in a lab-on-chip platform equipped with a holographic microscope empowered through AI.

## Conflicts of interest

There are no conflicts to declare.

## Acknowledgements

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