Environmental Science Processes & Impacts

COMMUNICATION

Can determination of extractable organofluorine (EOF) be standardized? First interlaboratory comparisons of EOF and fluorine mass balance in sludge and water matrices†

Anna Kärman, a Leo W. Y. Yeung, b† Kyra M. Spaan, b Frank Thomas Lange, b,c Minh Anh Nguyen, b,d* Merle Plassmann, b Cynthia A. de Wit, b,c Marco Scheurer, b,c Raed Awad b,d and Jonathan P. Benskin b,kb

The high proportion of unidentified extractable organofluorine (EOF) observed globally in humans and the environment indicates widespread occurrence of unknown per- and polyfluoroalkyl substances (PFAS). However, efforts to standardize or assess the reproducibility of EOF methods are currently lacking. Here we present the first EOF interlaboratory comparison in water and sludge. Three participants (four organizations) analyzed unfortified and PFAS-fortified ultrapure water, two unfortified groundwater samples, unfortified wastewater treatment plant effluent and sludge, and an unfortified groundwater extract. Participants adopted common sample handling strategies and target lists for EOF mass balance but used in-house combustion ion chromatography (CIC) and liquid chromatography-tandem mass spectrometry (LC-MS/MS) methods. EOF accuracy ranged from 85–101% and 76–109% for the 60 and 334 ng L⁻¹ fluorine (F) – fortified water samples, respectively, with between-laboratory variation of 9–19%, and within-laboratory variation of 3–27%. In unfortified sludge and aqueous samples, between-laboratory variation ranged from 21–37%. The contribution from sum concentrations of 16 individual PFAS (∑PFAS-16) to EOF ranged from 2.2–60% but extended analysis showed that other targets were prevalent, in particular ultra-short-chain perfluoroalkyl acids (e.g. trifluoroacetic acid) in aqueous samples and perfluoroalkyl acid-precursors (e.g. polyfluoroalkyl phosphate diesters) in sludge. The EOF-CIC method demonstrated promising accuracy, robustness and reporting limits but poor extraction efficiency was observed for some targets (e.g. trifluoroacetic acid).

†Electronic supplementary information (ESI) available. See DOI: 10.1039/d1em00224d

Environmental significance

Per- and polyfluoroalkyl substances (PFAS) occur as a complex mixture in the environment. Typically, targeted analytical methods are used to measure a small subset of PFAS, thereby underestimating the burden to the environment. To address this problem, extractable organofluorine (EOF)-based mass balance approaches have been developed, which aim to capture all EOF in a sample, while quantifying the proportion of organofluorine attributed to known PFAS. However, despite increasing interest, there has been relatively little standardization of EOF methods, leading to questions surrounding reproducibility of data. This work describes the first interlaboratory comparison of EOF in water and sludge matrices. The results demonstrate reproducibility in EOF determination, while confirming a large proportion of unidentified EOF, which would otherwise be missed when using strictly targeted analytical approaches.

Introduction

Per- and polyfluoroalkyl substances (PFAS) represent a class of >4500 substances containing at least one perfluorocarbon moiety (i.e. F₂nF₂n−1).¹ Environmental monitoring of PFAS generally focuses on a suite of ~30 PFAS, mostly consisting of perfluoroalkyl carboxylic and sulfonic acids (PFCAs and PFSAs, respectively)² which underestimates the total PFAS burden in the environment. To address this problem, several analytical approaches have emerged which aim to capture the large number and diversity of PFAS. One of these, the so-called “fluorine mass balance” approach, represents a promising method to estimate the fraction of organofluorine from unknown PFAS. Fluorine mass balance studies consist of a combination of measurements of different forms of fluorine, expressed as “fluorine equivalents” (i.e. mass of fluorine per mass of sample [e.g. ng g⁻¹ F] or mass of fluorine per volume of sample [e.g. ng L⁻¹ F]). Total fluorine (TF) refers to the total amount of organic and inorganic fluorine measured directly in a sample (i.e. no sample extraction), while extractable organofluorine (EOF) refers to isolating organofluorine from the sample matrix, while removing inorganic fluorine (typically fluoride or its complexes with Al(III)),⁴ from the extract. The sum of “known” and “unknown” EOF can be measured using
fluorine-specific approaches such as combustion ion chromatography (CIC) while PFAS that make up the “known” EOF can be measured by targeted approaches (e.g. liquid chromatography-tandem mass spectrometry; LC-MS/MS) and then converted to fluorine-equivalent concentrations. EOF mass balance studies have been carried out on a wide range of matrices, including water, sediment, sludge, biological samples, and consumer products, all of which report a large proportion of samples containing unidentified EOF.

The EOF approach has some advantages over other methods for capturing the large number and diversity of PFAS. For example, unlike the total oxidizable precursors (TOP) assay, which is designed to capture perfluoroalkyl acid precursors, EOF analysis captures all organofluorine substances extracted from a sample. Moreover, compared to compound-specific approaches such as non-target analysis, the EOF approach is not reliant on individual chemical standards. Quantification of any organofluorine substance or the combination of multiple organofluorine substances can be performed using any fluorine-containing standard.

Despite increasing interest, there has been relatively little standardization of EOF methods, leading to questions surrounding reproducibility of data. The few known intercomparison studies involving TF or EOF have focused on comparing different instrumental platforms and extraction methods. Round-robin testing and standardization of adsorbable organic fluorine (AOF) was also attempted in the mid-1980s and 1990s, but these efforts were largely unsuccessful, likely due to an absence of commercial CIC systems at the time. Compared to EOF (which involves combustion of an extract) AOF involves adsorption of organofluorine on activated carbon followed by combustion of the sorbent. Most recently, a standardized method for determination of AOF was published as a draft in November 2020 (DIN 38409-59 draft), but this approach has not yet been approved.

In January 2021, the European Commission put into force the revised Drinking Water Directive (DWD), to be implemented by member states within two years. A new addition to the DWD is the group approach for PFAS, intended to cover all possible matrixes, including water, sediment, sludge, biological samples, and consumer products, all of which report a large proportion of samples containing unidentified EOF.

In addition to European-based regulatory initiatives, total fluorine methods were included as part of the national PFAS management plans in the US and Australia/New Zealand, highlighting the broad international interest in these approaches. To address the growing international demand for standardization of total PFAS or total fluorine-based methods, the present work aimed to carry out the first interlaboratory comparison of EOF. The main objectives were to (a) assess the accuracy and/or reproducibility of EOF and F-mass balance measurements in sludge and various aqueous matrices using identical extraction methods; (b) evaluate whether method detection limits are suitable for use of EOF in regulatory applications; and finally, (c) identify areas for further improvement in EOF determination.

Materials and methods

Experimental design

The interlaboratory comparison consisted of 3 participants: Orebro University (ORU), Stockholm University (SU), and the Swedish Environmental Research Institute together with the German Water Centre (IWl and TZW, respectively). Common sample handling procedures and targets were adopted by all labs (see Sample handling section) and all participants used a combination of CIC and LC-MS/MS. Isotopically-labelled (IL) standards were added after extraction (necessary for EOF mass balance experiments) and the choice of IL standards and other in-house QC parameters were left up to individual labs.

Samples were analyzed between October and December 2020 and included ultrapure water (unfortified [UP0], and fortified at 60.2 [UP60] and 334.4 ng L⁻¹ F [UP334] with a mixture of PFAS), two samples of groundwater (GWlow, GWhigh; both unfortified but known to contain highly contrasting PFAS concentrations), samples of wastewater treatment plant effluent and sludge (both pooled, unfortified), and a pooled groundwater extract (GWext; details in Table 1). All samples were analyzed in triplicate unless noted otherwise. Details on sample preparation and fortification of individual PFAS are provided in the ESL.

Sample handling

Sludge extraction procedure. Oven-dried (105 °C; overnight) homogenized sludge (~0.5 g) was weighed into a polypropylene centrifuge tube. After addition of methanol (5 mL), the sample was vortexed, sonicated (15 min), and centrifuged (5 min; 1000 x g). The supernatant was transferred to a clean centrifuge tube, the extraction was repeated once and the extracts were combined and reduced under nitrogen (final volume = 1 mL). The extract was transferred to a 1.7 mL Eppendorf centrifuge tube containing 25 mg ENVI-Carb and 50 μL of glacial acetic acid which was vortexed and then centrifuged (8000 x g, 10 min). Thereafter, 600 μL of extract was transferred to another Eppendorf tube. An aliquot of 50 μL was fortified with aqueous ammonium acetate (150 μL), MeOH (40 μL) and IL-standards (in MeOH; 10 μL), and then stored for targeted analysis. The remainder was stored for EOF analysis.

Aqueous extraction procedure. Effluent samples (all labs) and groundwater samples (SU only) were filtered through glass fiber filters (Whatman Grade GF/B, pre-baked at 450 °C for ≥12 h) that were cleaned with MeOH and ultrapure water prior to use. Afterwards, the walls of the filtration flask were rinsed (3 x 3 mL MeOH) and the rinsate was added to the filtered sample. Solid phase extraction (SPE) was used according to an established method with some modifications. Briefly, Oasis WAX cartridges (Waters; 150 mg, 6 cm³) were conditioned (4 mL 0.1%
NH₄OH in MeOH, 4 mL MeOH, 4 mL ultrapure water) and then loaded with sample (adjusted to pH 4 using glacial acetic acid) at ~2 drops per s. Cartridges were rinsed (20 mL 0.01% aqueous NH₄OH, 10 mL water, 4 mL pH 4 aqueous ammonium acetate, 4 mL 20% MeOH), centrifuged (2 min, 1000 × g) and eluted (4 mL 0.1% NH₄OH in MeOH). The extract was reduced to 600 µL under a gentle nitrogen stream and handled in the same manner as sludge extracts (see above).

Instrumental analysis

Sample extracts were analyzed for EOF by CIC and for 16 target PFAS (PFAS-16); Table S1†) by LC-MS/MS using established methods.9,12,26,29 Briefly, TZW and SU both utilized Thermo-Mitsubishi CICs while ORU employed a Metrohm CIC, all of which were operated under hydropyrolytic conditions, wherein organofluorine is converted to fluoride and then measured by conductivity detection. For LC-MS/MS analysis, ORU and SU used Waters Xevo TQ-S instruments coupled to Acquity UPLCs, while IVL used an AB Sciex API4000 coupled to a Shimadzu Prominence UPLC system. All labs performed analysis in negative ionization, multiple reaction monitoring mode. For determination of EOF mass balance, recovery correction was not performed on either the EOF or target PFAS dataset. In other words, IL-standards added immediately prior to LC-MS/MS analysis are only used to correct target PFAS data for matrix effects, not procedural losses. In an attempt to close the EOF mass balance, ORU also analyzed 14 additional PFAS not included in the interlaboratory comparison. This included trifluoroacetic acid (TFAA), perfluoropropanoic acid (PFPrA) and trifluoromethane sulfonic acid (TFMS) for the aqueous matrices and polyfluoroalkyl phosphate di-esters (dipAPs) and perfluorocane sulfonamide derivatives for sludge (Table S1†). Details of all methods and instrumentation are provided in the ESI (Tables S2 and S3†).

Quality control

The following quality control procedures were included alongside the interlaboratory comparison (see ESI† for details):

- Procedural blanks, consisting of reagents but no sample matrix, were analyzed for both EOF and target PFAS.
- Evaluation of removal of inorganic fluoride was done by spike/recovery experiments with NaF performed by SU and ORU.
- To assess accuracy and precision of non-recovery corrected PFAS concentrations, each lab analyzed replicate spiked samples and/or certified reference material and/or in-house reference material. These data were used for internal quality control purposes and were not reported as part of the inter-laboratory comparison (see ESI† for the individual labs’ quality control results).
- To assess PFAS extraction efficiencies, recovery-corrected PFAS-16 concentrations + the additional 14 PFAS were determined on separate portions of sample which were fortified with internal standard prior to extraction. These results were compared to non-recovery corrected concentrations.

Data handling

All participants performed a blank subtraction of their EOF data using the average of the procedural (reagent) blank. None of the participants performed a blank subtraction on target PFAS data or corrected data for apparent recoveries. To assess the contribution of target PFAS to EOF, target PFAS concentrations were converted to fluorine equivalent concentrations (CₕPFAS; ng g⁻¹ F or ng L⁻¹ F) according to eqn (1):

\[ C_{F,PFAS} = C_{PFAS} × n_F × AWF/MWPFAS \]  

where C_{PFAS} and n_F are the concentration (ng L⁻¹ or ng g⁻¹) and number of fluorine atoms for a given target, respectively, AWF is the atomic weight of fluorine (g mol⁻¹), and MW_{PFAS} is the molecular weight of the target (g mol⁻¹). Once the concentrations of each of the 16 target PFAS (Table S1†) were converted to fluorine equivalents, they were summed to obtain \( \sum_{PFAS-16} \) concentrations, which were directly comparable to EOF measurements. All participants substituted values <LOQ with...
EOF mass balance (\%) = \frac{\sum\text{PFAS-16}}{\text{EOF}} \times 100\% \tag{2}

Target PFAS reporting limits were derived from the average plus 3 standard deviations of the procedural blanks or the lowest calibration point. EOF reporting limits were based on the average plus 3 standard deviations of the procedural (reagent) blanks. Concentrations below EOF reporting limits are provided for calculating \(\sum\text{PFAS-16}\), with the consequence that the unidentified part of EOF is considered as an upper bound. LOQ for \(\sum\text{PFAS-16}\) is found in ESI Table S9. EOF mass balance (expressed as a percentage) is calculated according to eqn (2), in which EOF and \(\sum\text{PFAS-16}\) are both expressed in terms of fluorine equivalents.

Results and discussion

Overviews of the EOF and PFAS-16 results are given in Fig. 1, Table S4 and S5. All participants reported data for all samples, except the groundwater extract. Due to limited extract availability from IVL, TZW reported \(n = 2\) replicates for ultrapure water and effluent samples, \(n = 1\) replicate for groundwater, sludge, and groundwater extract, and the laboratory procedural blank.

Groundwater extract and (un)fortified ultrapure water

EOF measurements performed on the groundwater extract were reported by ORU and TZW (but not SU) and showed highly consistent results (738 and 756 ng mL\(^{-1}\) F, respectively), indicating good reproducibility of the instrumental analysis methods. In unfortified ultrapure water, EOF concentrations after procedural blank subtraction were negligible, with concentrations <LOD-4.5 ng L\(^{-1}\) F reported by the 3 participants. \(\sum\text{PFAS-16}\) concentrations were also low, ranging from <LOD-0.1 ng L\(^{-1}\) F. Accuracy for EOF concentration in ultrapure water fortified to 60.2 ng L\(^{-1}\) F was 85–101% and interlab precision, expressed as coefficient of variation (CV) was 9% (intralab CV = 8–52%, Table S4†). Similar results were obtained for ultrapure water fortified to 334.4 ng L\(^{-1}\) F, with accuracy 76–109% and interlab precision CV 19% (intralab CV = 4–26%). The EOF mass balance for these samples was reasonably consistent across participants with 72–114% identified for UP60 and ~87–114% identified for UP334. Recovery experiments with NaF added to ultrapure water showed that >96–99% of inorganic fluorine was removed during the sample preparation (see ESI† Quality control for details).

Groundwater

PFAS concentrations in GW\(_{\text{low}}\) and GW\(_{\text{high}}\) were expected to differ by approximately an order of magnitude (Table 1). For GW\(_{\text{low}}\), SU, ORU, and IVL/TZW reported EOF concentrations of 161, 118, and 242 ng L\(^{-1}\) F resulting in interlab precision of CV 36% (intralab CV = 12.1–12.7%; Table S4†), and \(\sum\text{PFAS-16}\) concentrations of 68, 70, and 55 ng L\(^{-1}\) F, respectively (Fig. 1). Taken together, 42, 60, and 23% of the EOF was accounted for by known PFAS, respectively (Fig. 2). In GW\(_{\text{high}}\), SU reported lower EOF concentrations (1710 ng L\(^{-1}\) F; CV = 10%) compared to ORU (2710 ng L\(^{-1}\) F; CV = 13%) and IVL/TZW (2740 ng L\(^{-1}\) F), while ORU reported higher \(\sum\text{PFAS-16}\) concentrations (520 ng L\(^{-1}\) F) compared to SU and IVL (391 and 389 ng L\(^{-1}\) F; Fig. 1). Nevertheless, the interlab precision was 25% and the EOF mass balance was relatively consistent, with 23, 19, and 14% accounted for by known PFAS, respectively (Fig. 2). The variation seen in PFAS-16 concentrations is likely attributable to the fact that internal standards were not fortified prior to extraction. The lower EOF concentrations produced by SU in GW\(_{\text{high}}\) may be due to filtering groundwater samples prior to extraction (not done by ORU and IVL for groundwater), and which may have resulted in loss of some unidentified PFAS due to sorption to filters\(^{28}\) or suspended solids.\(^{33}\) The target PFAS results, on the other hand, did not follow the same pattern as EOF and seems therefore unaffected by the filtration difference.

![Fig. 1](image-url) Concentrations (ng L\(^{-1}\) F for aqueous samples and ng g\(^{-1}\) F for sludge) of EOF (A), \(\sum\text{PFAS-16}\) (B) in interlabatory comparison samples. Error bars represent standard deviation (\(n = 3\) for EOF and \(\sum\text{PFAS-16}\)). The dashed red lines indicate the expected concentrations. * indicates that only a single measurement was performed.
**Sludge and effluent**

EOF concentrations in effluent ranged from 445–785 ng L\(^{-1}\) F with an interlab precision of CV 27\% (intra-lab CV = 12–14\%) and \(\sum\)PFAS-16 of 17–34 ng L\(^{-1}\) F, resulting in 2.2–6.0\% of the EOF attributed to known PFAS (Tables S4 and S5†). In comparison, sludge EOF ranged from 148–372 ng g\(^{-1}\) F (intra-lab CV = 10–55\%), resulting in interlab variation of 43\%. Reported \(\sum\)PFAS-16 concentrations ranged from 148–372 ng g\(^{-1}\) F resulting in 4.7–8.0\% of the EOF accounted for by known PFAS (Fig. 1 and 2). The variability in target concentrations between labs is not surprising considering that IL standards were only added after extraction, thus prohibiting the compensation for extraction losses that is usually done in target quantification. Sludge also tends to be a more heterogeneous matrix that also can be an explanation for higher variability in EOF and PFAS concentrations. Nevertheless, these results show that, provided the losses of known PFAS are proportional to EOF, good consistency in EOF mass balance can be achieved. Recovery experiments with added NaF to sludge showed that >96–99\% of inorganic fluorine was removed during the sample preparation (see ESI† Quality control for details).

**Background level and method reporting limits**

CIC instrumental background, evaluated by empty boat combustions, was low and similar across all labs despite differences in manufacturer and/or instrumental parameters. EOF concentrations in UP0 ranged from 13 to 85 ng L\(^{-1}\) F (all participants), similar to in-house procedural blanks for all matrices (42–94 ng L\(^{-1}\) F), indicating that the ultrapure water used here does not contain unknown fluorine that is retained by the extraction sorbent (Table S6†). The EOF reporting limits based on the signal and variation observed in UP0 and water procedural blanks for the three laboratories were 151, 124, and 13 ng L\(^{-1}\) F (average signal plus 3 standard deviations). The reason for the large variation between laboratories is not known and further work is needed to better understand contamination sources and lower the EOF background level.

Blank levels have implications for the determination of samples with low concentrations of EOF. While the accuracy of UP0 was very good (85–101\%), the concentrations were below method reporting limits for two laboratories. Nevertheless, reporting limits (22–232 ng L\(^{-1}\) when converted to PFOA equivalents) are in the range of the requirements for the proposed DWD limit of 500 ng L\(^{-1}\) PFAS Total in drinking water.\(^5\)

**Extended PFAS target list and extraction efficiency**

Analysis of additional targets by ORU in the aqueous samples revealed that ultra-short-chain PFAS made a significant contribution when calculating recovery-corrected PFAS concentrations (Fig. S1 and Table S7†). TFAA was quantified using labeled internal standards (spiked prior to extraction) in effluent (700 ng L\(^{-1}\)), and groundwater (GW\(_{\text{low}}\) 480 ng L\(^{-1}\) and GW\(_{\text{high}}\) 1960 ng L\(^{-1}\)), together with PFPrA and TFMS. Collectively, ultra-short chain PFAS accounted for 46–87\% of the 23 quantified PFAS in aqueous samples (Fig. 2 and Table S7†). However, the extraction efficiency was poor for ultra-short chain PFAS and only 1\% TFA, 6\% TFMS, and 8\% PFPrA was recovered. In comparison, the recoveries were good for PFAS-16 (68–101\% recovery). Losses of very polar PFAS during extraction might be due to the additional washing step added to remove inorganic fluoride. Therefore, despite their prevalence in water samples, the apparent contribution (i.e. not accounting for procedural loss) of the ultra-short-chain PFAS to measured EOF were only 4.8\%, 9.6\%, and 0.64\% for GW\(_{\text{low}}\), GW\(_{\text{high}}\), and effluent samples, respectively.

In sludge, the additional targets analyzed by ORU which were not included in the interlaboratory comparison (e.g. diPAPs) accounted for a significant proportion of EOF (Fig. S2 and Table S7†), consistent with prior reports.\(^*\) However, the extended analysis only contributed an additional 45.5 ng g\(^{-1}\) F in sludge, leaving 69\% of the measured EOF in sludge unidentified.

**Conclusions**

Further validation of EOF-CIC is needed and important aspects for are summarized as follows:

---

**Fig. 2** EOF mass balance (%) in interlaboratory comparison samples. Error bars represent pooled standard deviation (\(n = 3\) for EOF and \(\sum\)PFAS-16). The dashed red lines indicate the expected EOF mass balance. * indicates that only a single measurement was performed.
• Clearly, the greatest drawback from the current study is the small number of laboratories involved, resulting in limited statistical analysis. Future studies with increased numbers of participating laboratories will provide greater confidence in EOF measurements and insight into method limitations.
• CIC-instrumental background was low and consistent, and no systematic differences between laboratories, that could be expected due to e.g. varying calibration routines, were observed. However, differences in procedural blank contamination were observed between labs. The reasons behind this are unclear. Efforts to reduce background F levels and improve reproducibility in blank levels are needed.
• Extraction methods used here were effective for capturing priority PFAS and removing inorganic fluorine, but showed poor extraction efficiency for very polar PFAS (e.g. TFAA) in aqueous matrices. Considering the large variation in PFAS classes, one EOF method will not fit all and the sum parameter will be set by the procedure used. In relation to a PFAS Total assessment, a compromise of modifying protocols to capture the largest number of PFAS in different matrices while ensuring good performance for prioritized substances might be required.
• Method development and quality control of unknown PFAS is inherently difficult since their properties and behavior are unknown. Monitoring possible extraction losses and matrix effects of EOF is therefore challenging. Additional studies are needed to assess the suitability of the method and for example the extent of loss of unknown PFAS from filter sorption.
• Sodium fluoride was used to assess removal efficiency of inorganic fluoride, but a larger concentration range as well as other species of inorganic fluoride known to exist should be evaluated.

Despite the aforementioned areas for future improvement, considering the wide variation in concentrations (~60 to ~2500 ng L\(^{-1}\) F) and matrices investigated here, CIC-based EOF measurements revealed good robustness between laboratories, and in all cases achieved measurement uncertainty of <50%, as required by the proposed DWD PFAS Total method.\(^{25}\) This is particularly impressive considering that each lab used their own in-house CIC methods, including calibration using injection of NaF (i.e. no combustion), combustion of PFOS, or combustion of NaF. This indicates that combustion of PFOS is efficient. An efficient combustion, although with varying response for different PFAS and NaF, has been reported in a separate study.\(^{22}\) Comparable results between labs are also promising considering that EOF concentrations cannot be corrected for procedural losses. The small difference between CIC results for the groundwater extract also indicates that the sample treatment procedure will be the most challenging part in standardizing a EOF method. A future comparison study involving a larger number of participants using entirely in-house protocols would shed more light on the current compliance in EOF analysis.

Conflicts of interest
There are no conflicts to declare.

Acknowledgements
Anton Ribbenstedt (SU), Fabian Brännström (ORU) and Carl Lemon (ORU) are thanked for assistance with sample preparation and extractions and Birgit Körner (TZW) for CIC measurements. Robin Vestergren (Swedish Chemicals Agency) is thanked for feedback on the experimental design. This study was supported financially by the Swedish Chemicals Agency. Additionally, K. M. Spaan acknowledges funding from the Swedish Research Council FORMAS (Grant 2018-00801). A pre-print version of this article was published as a government report.\(^{23}\)

References
Environmental Science: Processes & Impacts

Communication


