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Natural and artificial humic substances to manage minerals, ions, water, and soil microorganisms

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The chemistry of humic substances (HSs) occurs hidden from our sight, but is of key importance to agriculture and the environment, and nowadays even to medicine and technology. HSs are nowadays not only natural, but extracted and engineered, and in the past 20 years such products have been widely used in soil improvement and environment governance. In this review, we collate and summarize the applications and working principles of such HSs in agriculture and environmental ecology, mainly to elaborate the multiple roles of this functional polymer along with physical chemical quantification. Then several of the latest synthesis technologies, including hydrothermal humification technology (HTH), hydrothermal carbonization technology (HTC) and hydrogen peroxide oxidation technology (HOT) are presented, which were introduced to prepare artificial humic substances (A-HSs). The availability of reproducible and tunable synthetic A-HSs is a new chemical tool, and effects such as solubilization of insoluble phosphorus minerals, recovery of phosphorus, improvement of soil fertility for crop growth and reduction of toxicity of typical pollutants, can now be analyzed in detail and quantified. As a result, we can provide an effective chemical technology for utilizing biomass side products (“biowaste”) to generate A-HSs of different types, thus realizing improvement in agricultural production and control of environmental pollution by the macro-synthesis of A-HSs.

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1. Introduction

Humus, or more precisely humic substance (HS), is a well-known, heterogeneous high-molecular-weight organic material, which widely exists in various environments.^{1,2} It is the product of humification, which is essentially the transformation of debris from living organisms into refractory organic compounds.^{3,4} Humification is considered to be the second



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This includes solid biomass refining, as well as interfacing to the soil microbiome and regulatory mechanisms.



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largest process after photosynthesis in the carbon cycle.⁵ As the largest component of soil organic matter,⁶ HS accounts for 60–80% of it⁷ and plays an important role in maintaining soil ecosystem services.^{8,9} This is due to its specific structure, *i.e.* a condensed carbon structure with abundant oxygen-containing functional groups, including carboxyl, phenolic hydroxyl, alcoholic hydroxyl, carbonyl, quinone and methoxy groups, and the connected superior physicochemical properties.^{2,10}

Since HS was firstly described in modern science literature in 1761,¹¹ its impact on soils has been increasingly studied. HSs can be subdivided into humin (HM) (neither soluble in alkali nor in acid), humic acid (HA) (only soluble in water under alkaline conditions) and fulvic acid (FA) (soluble in water under all pH conditions) based on the solubility in water, described in more detail by Schnitzer.¹² To get a rough overview of the research (including the number of articles and research orientation), which was related to HS in the last twenty years (1999–2019), “humic substance”, “humin”, “humic acid” and “fulvic acid” were used as the retrieving subjects, and the specific results are displayed in Fig. 1. The largest accounts of studies on HM, HA, FA, and the various components of HS, come from Environmental Sciences, reflecting the use of HS for soil improvement and water and soil pollution remediation. This is all due to some specific physical and chemical functions of HS, such as binding metals/ions/molecules/other biopolymers, retaining water, improving soil structure, taking part in redox reactions, and many more.^{3,9,13}

The HS used for soil improvement and environmental remediation is typically sourced from commercial humic substances (CHSs, also sometimes named humates), which are mostly obtained through extraction from natural carbon-rich deposits, such as leonardite, peat, sapropel and coal, or compost.^{3,14,15} As the products of geochemical processes, peat and coals are non-renewable resources.¹⁶ Larger-scale practical applications thereby automatically face a sustainability issue. This review focuses on a second option: to generate HSs by human-made processes along the concepts of circular economy

from stranded biomass. Most prominent and traditional, composting is a biochemical process that promotes the conversion of biodegradable organic matter from solid waste to stable HS through the presence of microorganisms in the compost.^{17–20} Although composting is a known method to improve and restore soils, it has a risk of introducing heavy metals, organic plastics and pathogens into soil.²¹ On top, it is chemical-engineering-wise rather ineffective, as most of the organic matter is indeed metabolized throughout composting and liberated as methane and CO₂ to the atmosphere. In order to solve the problem of efficiency and pollution, the use of agricultural side products as precursors for the synthesis of A-HSs in more carbon-effective processes seem to be the direction to go, especially in times of redesigning the carbon cycle towards a carbon neutral economy.

To understand the functions of HS in soil improvement, fertility, and remediation, we will first review central previous studies, mainly concerning the applications and mechanisms of extracted humic substance (E-HS) in agriculture and environment. Then we will summarize the current research in macro-syntheses of A-HS, and end with a description of the resulting further prospects of A-HS for the carbon cycle and other industrial fields.

2. The chemistry of humic matter synthesis

Humic substance is obviously one of the chemical compounds on which life depends upon, and there are indeed the above-mentioned articles and complete books on various aspects of its structure. As this is not the central focus of this review, we will repeat some essentials only in this review for better understanding of its chemical structure.

Natural HS is usually the product of biomass degradation through biological, physical and chemical transformation processes, while the conjugated humin complexes with soil minerals can be stable up to thousands of years. The term “humic acid” comes from the early, even pre-chemistry observation that strong bases dissolve significant parts of the humic matter of black soil, while this extract can be isolated by reprecipitation with acid. Other parts do not reprecipitate, and the third part is called “fulvic acid”. Larger parts of humic matter are also acidic, but only swell with base (and change physico-chemical properties as described below), but do not dissolve. As analytical techniques such as pyrolysis-MS or solid-state NMR reveal a very similar chemical character, we feel motivated to the simplification that this is only the more hydrophobic or cross-linked part of the same, a chemically broad material. HA and HS are generated from lignocellulosic biomass, and the incomplete biological degradation and follow-up chemical conversion to the final humins indeed leaves elements of carbohydrates, mostly lignin, amino acids and fatty acids copolymerized into one final polycondensate. This is discussed in detail in a previous article.²³ In spite of the very many different biomasses and the many different pH and biological conditions to start from, all humic substances are –



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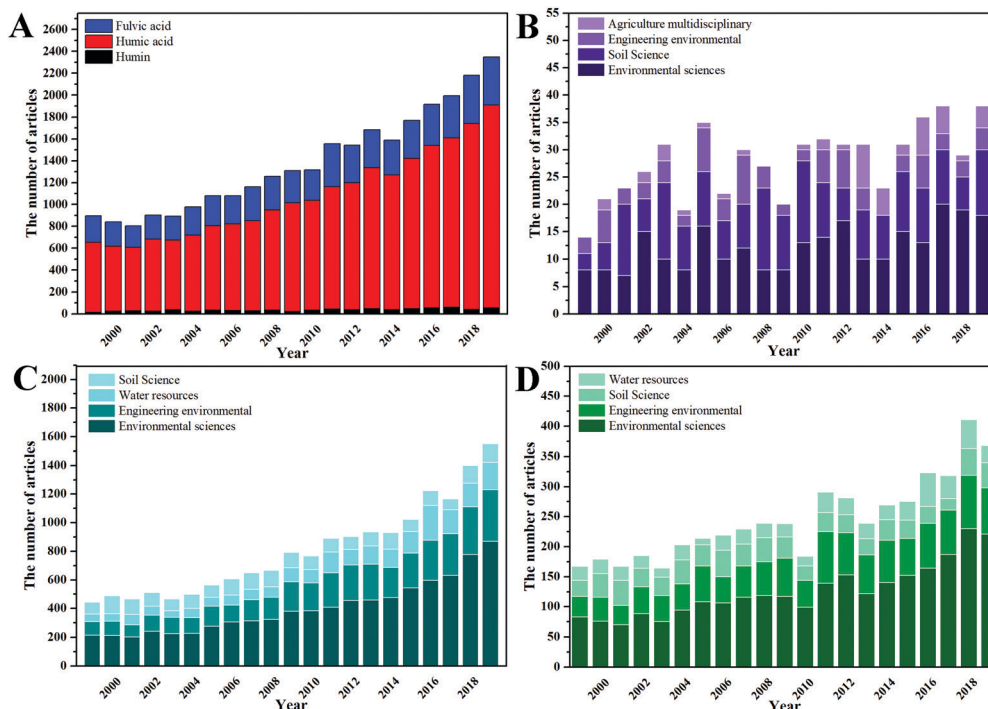


Fig. 1 The number of articles related to “Humic Substance” in Web of Science from 1999 to 2019 (A: the numbers of articles on “Humin”, “Humic acid” and “Fulvic acid”, respectively; B: the top four research fields dealing with humin and the number of articles; C: the same for humic acid; D: the same for fulvic acid).

within typical variations for copolymers – nevertheless remarkably similar, and the use of one name for all these structures is justified. The molecular structure can be schematically simplified as shown in Fig. 2. Titration determines typically one acidic carboxylate group per 1000 mass units, and these linked organic acids come from the alkaline or anaerobic digestion of carbohydrates. They condense with the phenolic groups of the lignin to a mixed polyamphiphile, where also the phenols contribute to ion binding and mineral adhesion. Phenols can be quantified in electrochemical experiments by their redox capacity, and there is about 1 electron storage capacity in about 1000 mass units.

Besides minor condensation with amino acids in Maillard-like reactions giving a still comparably low nitrogen content, up

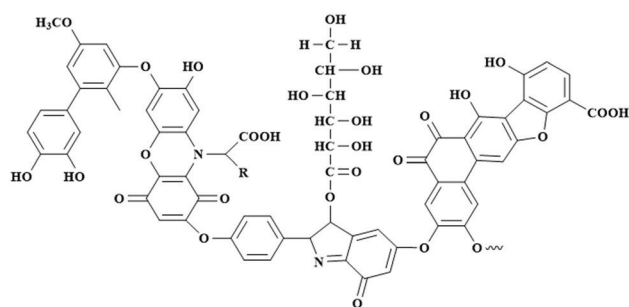


Fig. 2 Schematic structure of a typical humic acid molecule, in agreement with pyrolysis-MS, solid state NMR, and other physical characterization techniques (R represents aliphatic chains such as $-\text{CH}_3$, $-\text{CH}_2$, and CH).²² (Figure has been adapted from ref. 22 with permission from Elsevier, copyright 2020.)

to 7 wt% of hydrocarbon tails can be detected, coming from waxes and (less degradable, cross-linked) fatty acids of the biomass. The three major entities COOH , phenolic OH , and hydrophobic tails vary to a certain extent due to different biological origins, but are contained in all samples we ever analyzed. We will illustrate a typical composition determination along with one of our own previous workpieces,²³ where we have prepared artificial humic acid (A-HA) through a hydrothermal humification reaction and also analysed, as a reference, the chemical nature and structure with extracted natural humic matter from black soils (N-HA, collected from Harbin, China). Results from elemental composition analysis revealed that the contents of C, N, H, O, and S are 58.91%, 3.93%, 6.35%, 25.59% and 2.45% in the N-HA sample, which was similar to those of A-HA. FT-IR analysis demonstrated the existence of $-\text{OH}$, $-\text{COOH}$, $-\text{CH}_3$, $-\text{CH}_2$, and C-H groups and aromatic structures in A-HA and N-HA (spectra not shown). Solid state nuclear magnetic resonance (NMR) spectra (Fig. 3A) essentially show four chemical regions, that is, aliphatic carbons (0–50 ppm), oxygenated aliphatic carbons (50–100 ppm), aromatic carbons (100–160 ppm), and carboxyl/carbonyl carbons (160–220 ppm) in both A-HA and N-HA. SS-NMR in this simple mode is not quantitative, but is for instance remarkably useful to determine the alkyl-content of a HA,²⁴ which again often relates to wax content and the leftovers of lipid membranes of microorganisms. In our case, the A-HA was designed to be “fat-free”. Pyrolysis-gas-chromatography/mass spectrometry (Py-GC/MS) analysis (Fig. 3B) is useful to analyse the fragmentable, volatile part of the organic structure, which in the case of HAs covers



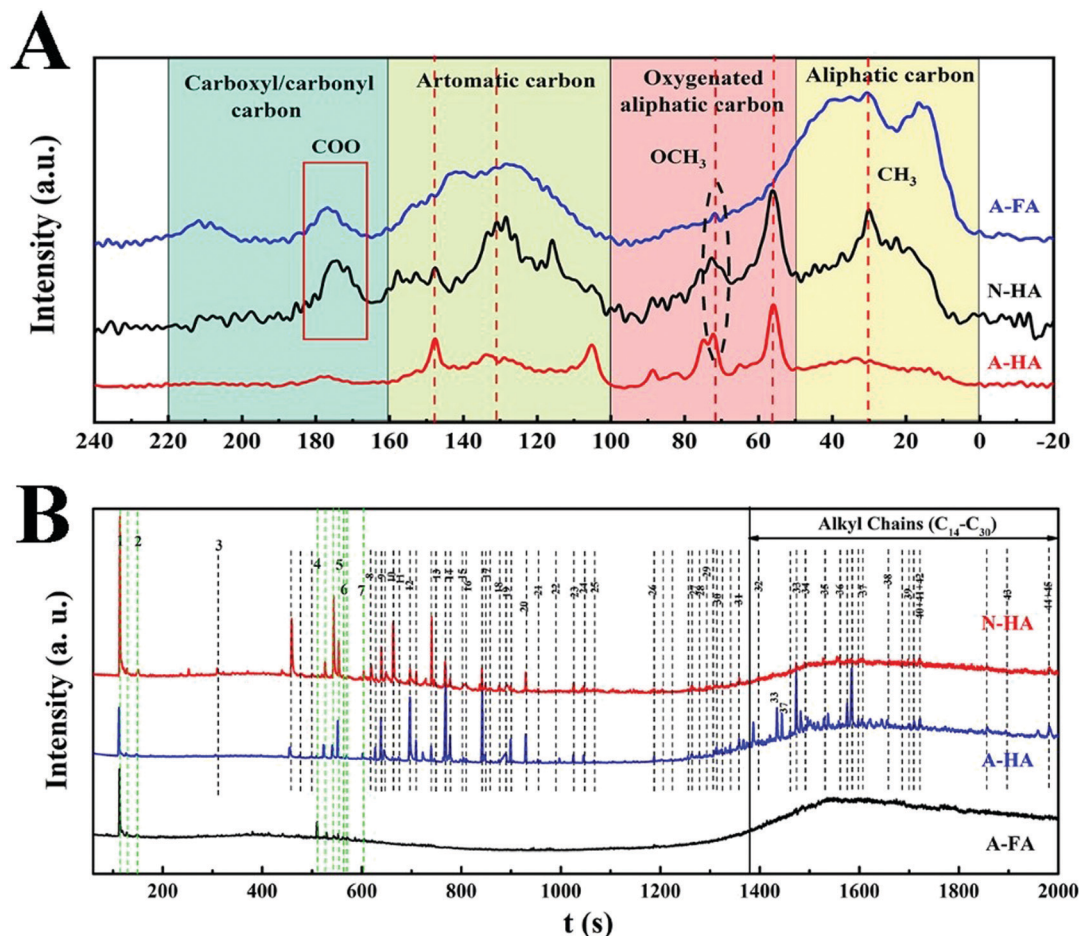


Fig. 3 Illustration of some options for compositional and structural analysis of HAs. (A) Solid state ^{13}C -NMR spectra from artificial and natural humic substances. (B) Pyrolysis-MS-data and assignment to diverse fragments by biomass origin for natural and artificial humic acids and artificial fulvic acid (main peaks labelled with numbers 8, 9, 10, 11, 17, 18, 35, 36, 38, 41, and 42 represent protein-based fragments; main peaks labelled with numbers 1, 2, 3, 6, 7, 13, 15, 16, 25, 26, 28, and 30 represent polysaccharide-based fragments; main peaks labelled with numbers 29, 34, 39, 43, and 45 represent lignin-based fragments; main peaks labelled with numbers 14, 22, 23, 31, 37, and 44 represent lipid-based fragments).²³ (Figures have been adapted from ref. 23 with permission from Elsevier, copyright 2019).

about 80% of the mass, the remainder is turned into non-volatile carbon (and mostly relatable to aromatic entities). The “fingerprint plots” show astonishing similarities between A-HA and N-HA. Generally, we can attribute the typical peaks to four categories, namely, protein- (Pr), polysaccharide- (Ps), lignin- (Lg) and lipid-based (Lp) peaks. Some representative fragments such as pyrrole, pyridine, and other N-containing compounds are also detected in the A-HA and N-HA samples and relate to amin and ammonia in the starting products. The natural extraction product has a relatively larger abundance of N-containing compounds released in the pyrograms (5.96% in A-HA versus 7.34% in N-HA). Guaiacol and its derivatives are the main fragments of lignin, and the signals of these compounds in pyrolysis products of all humic substances underline the contribution of lignin structures to the humic acid structure. In addition, a significant proportion of long-chain fatty acids was detected in the products of both A-HA and N-HA, and the main aliphatic compounds identified are octene, nonene, and undecene, *i.e.* typical decarboxylation products of fatty acids. Fulvic acids are more polar, largely constituted only of

low molecular weight organic (poly)acids, and rather free of lignin and hydrocarbon fragments. Insoluble humins show just gradually different composition and for instance very similar pyrolysis-MS data, which means that they are related structures and created by the same (bio)chemical cascade processes. We will discuss below that artificial humic acids made in the absence of biology and only by chemical means are also remarkably similar in structure to natural extracts. We take this as a point that humification is a spontaneous exothermal process controlled by energy minimization, which can be approached both by biocatalysis or classical chemical reaction engineering.

3. Applications

Soil is mostly composed of mineral grains of diverse composition and size, and soil colloids are the finest particles of these mixtures of solids and the most active substances in soils.²⁵ As they come with the highest specific surface area, soil colloids determine the



adsorptive properties and all other interface-related physical and chemical properties of the soil.²⁶ HA is on the same colloidal scale and the most important component of organic soil colloids (also named “humus colloids”).²⁷ It strongly interacts with inorganic surfaces, mostly the soil colloids, and this chemical interaction of HA is the key step for soil improvement and HA-related environmental remediation as it directly modifies and improves the interface related properties in a variety of functions.

3.1 Agriculture

3.1.1 Alteration of soil texture. With the continuous tillage and overuse of farmland with the wrong crops and crop sequences, the soil structure and composition have been seriously damaged, a phenomenon that is hastening the oxidative loss of soil organic matter, loss of macro-porosity and the creation of puddled conditions is observed.^{7,28,29} After long continued research, many soil scientists, such as Tisdall and Oades³⁰ and Swift,³¹ concluded that HS plays a central role in the formation and stability of soil aggregates, the basis of soil texture. The presence of HS promotes the formation of larger, “soft” aggregates and makes the soil become resistive to hardening. In brief, the principle of improving the structure of soils is the

colloidal interaction of soft and hard matter, binding the mineral grains to loose and open aggregates, removing cementation, and further promoting the formation of porous and water-stable hetero-aggregates with a stabilized pore structure (Fig. 4A). In simple words, fertile soil is compressible and elastic. Motivated by these models, E-HSs are commonly applied as soil conditioners to improve soil structure, and a large number of experiments prove that E-HSs promote the formation and stability of soil aggregates. Piccolo³² long ago claimed that the application of HSs not only significantly improved soil aggregate stability, but also reduced the disaggregating effects of wetting and drying cycles substantially. In addition, Mamedov *et al.*³³ also demonstrated that commercial HAs and activated sludge markedly improved macro-porosity. Not only that, the stability of the macro-aggregates (> 250 nm) was also strengthened.

3.1.2 Enhancement of water retention capacity. The uptake and release of water is of obvious importance for soils.⁷ Large-scale over-usage caused serious water loss and soil erosion,³⁴ especially for black soils.³⁵ HS is recognized for its water-retaining properties because of its partial hydrophilicity (hydroxy, and carboxyl groups) and porous character^{36,37} (a schematic diagram is given as Fig. 4B). Brady *et al.*⁷ described

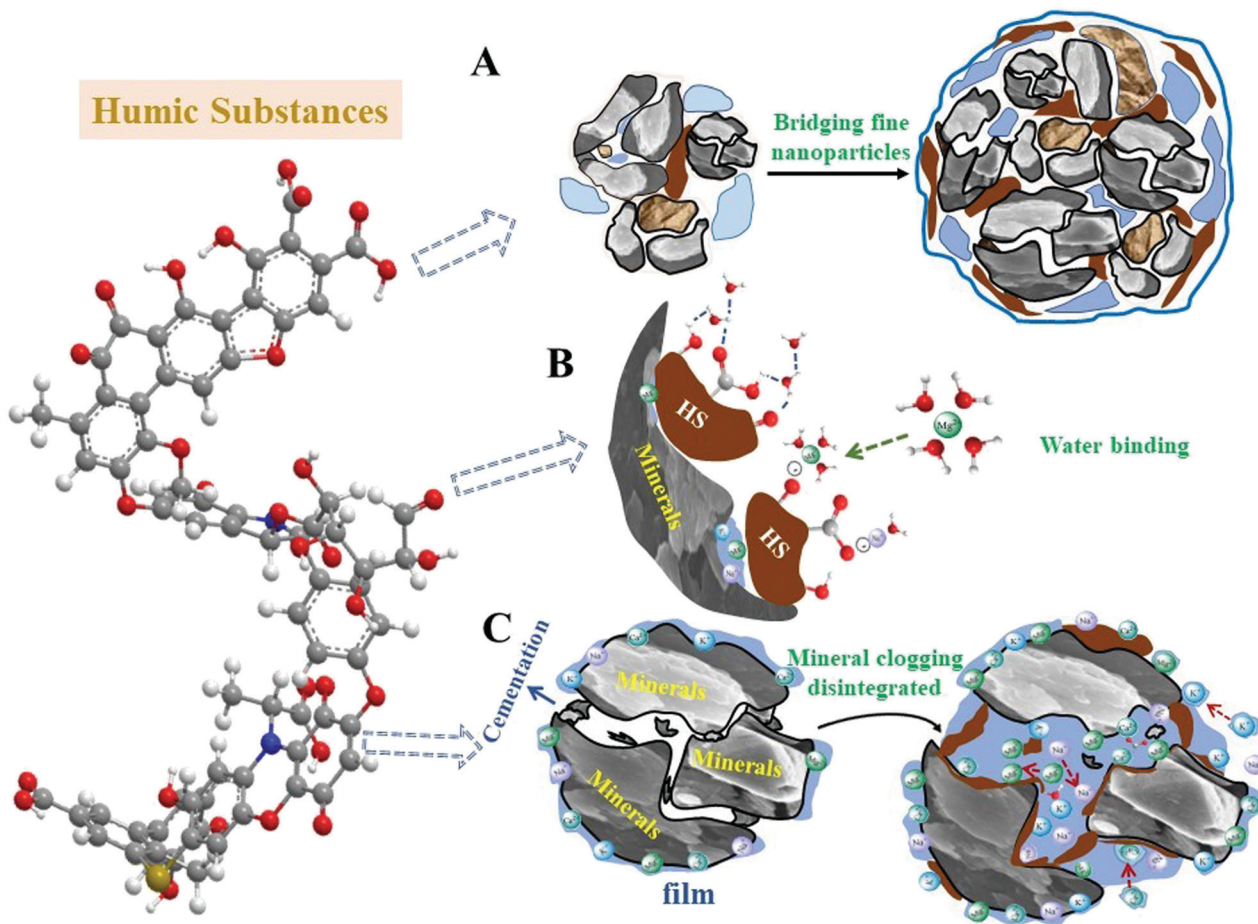


Fig. 4 Schematic diagram of the effect of HSs on the physical and chemical properties of soil (A: soil structure; B: water retention capacity; C: cation exchange capacity).



that “negatively charged clay surfaces attract water through the hydrogen end of the molecule” in his book *The Nature and Properties of Soils*, *i.e.*, he pointed to a strong role of hydrogen acceptor interactions with minerals. Piccolo *et al.*³⁸ applied HS derived from coal to improve water retention, and the results showed that the higher the HS content, the better the soil water retention. Compared with the control group, the field capacity was increased by 25.9% by adding only 0.1 wt% HA. This indicated that the water uptake is by far higher than that explained by water-binding to HSs alone, and includes textural effects. In order to improve structural stability of lignite-based HAs and to further modify the water holding capacity, formaldehyde cross-linking of the phenol-based humic acid moieties was applied by Cihlář *et al.*³⁷ Compared with unmodified HA, cross-linked HA displayed a faster water absorption rate and approximately 3 times the water holding capacity.

3.1.3 Improvement of cation exchange capacity (CEC). The CEC of soil refers to the total amount of various exchangeable cations adsorbed by soil colloids⁷ (Ca^{2+} , Mg^{2+} , K^{+} , Na^{+} , and H^{+} make up the majority of exchangeable cations in most soils), and it is one of the important indexes to evaluate soil fertility.^{39,40} In general, the content of CEC in different soils is determined by the amounts of different colloidal structures, *e.g.* both by specific surface area and chemical nature of the minerals. As a part of the soil colloid system, HS plays a prominent role, if not a conclusive role, on the change of CEC.³ The higher the molecular weight and the more complex the HS, the higher the affinity to metal ions. Summing up the current literature, the main mechanisms of HS affecting the CEC are as follows (Fig. 4C): (1) HS keeps a larger specific surface area of the inorganic colloids open for adsorption of exchangeable cations, which are otherwise blocked by cementation and mineral–mineral contacts;²⁵ (2) the carboxyl group and phenolic hydroxyl groups in HS dissociate to produce a large number of anions (and protons), which directly contribute to the CEC;^{41,42} (3) HS can accelerate the disintegration of soil minerals, which increases the specific surface area.²⁷ Yang *et al.*⁴³ accidentally found a favourable influence of FA on CEC in soils when they studied the effect of FA on the availability of phosphorus, and the higher the FA content, the higher the CEC. Mindari *et al.*⁴¹ conducted a study on salinized soil modified by coal-derived HS, compost and manure for rice growth and yield, and the results indicated that the content of CEC under the action of coal-derived HS ($104.09 \text{ cmol kg}^{-1}$) was significantly higher than that under the action of compost ($80.72 \text{ cmol kg}^{-1}$) and manure ($59.48 \text{ cmol kg}^{-1}$).

3.1.4 Carbon sequestration in soil. Global warming is related to the ever-increasing concentrations of CO_2 – among other gases – in the atmosphere.^{44,45} To tackle global warming, the *Paris Agreement* (2016), following the *Kyoto protocol* (1997), proposed some measures to run our planet in a more sustainable manner. Many stakeholders have proposed that slowing the use and emissions of fossil fuels would meet the proposed target of $2 \text{ }^\circ\text{C}$ and $1.5 \text{ }^\circ\text{C}$.^{46–48} Indeed, emissions of fossil fuels are substantially responsible for the increase of CO_2 into the atmosphere,⁴⁹ but this view is incomplete. In fact, the destruction of soil organic matter (SOM) also releases CO_2 into the

atmosphere,^{50,51} and the C emissions from soil, which arise from microbial transformations of SOM, are considered to be about 60 Pg ($1 \text{ Pg} = 10^{15} \text{ g}$), which is about 10 times higher than the emissions from fossil fuels.⁴⁴ As fossil fuel emissions are reduced in the future, we may find out that the change in the atmosphere is only minor, and that the question of how to invert C emissions from soils is much more pressing. Positively phrased, the question of how to sequester CO_2 from the atmosphere and make soil a better sink again for C seems to be a most attractive research issue. A change of HS content on the scale of larger soil areas has the potential to cure the climate crisis completely. At the *Paris Agreement*, the so-called “4 per 1000” initiative claimed that an increase by 0.4 wt% of soil carbon in farmed areas every year is enough for a complete cure of the CO_2 crisis,⁵² and considering on top the possible larger contribution of non-fertile, carbon-poor badlands, this looks not difficult at all. To date, soil scientists and ecologists have described ways to enhance soil C sequestration well.^{53–57} HS is well known for its central contribution to soil C sequestration,² but interestingly it operates in a non-linear fashion, *i.e.* the addition of HS sequesters more carbon than only by the chemically added carbon. This has been pointed out by Swift,⁵⁸ and the potential of soil C sequestration was clearly correlated with the amount of soil HS, or in simpler words: humification auto-catalyses further humification. In that, the chemical characteristics of HS and its ability to resist microbial decomposition, while supporting at the same time microbial growth is a key point to look at.^{58,59} Autotrophic bacteria in black soils, like nitrifying bacteria or sulfur bacteria, are also able to fix C from CO_2 , which is a powerful pathway to sequester additional C in soils.⁷ In that direction, some publications have proved that HS can promote the growth and activity of soil autotrophic bacteria.^{60,61} As a baseline of this non-linear biological mechanism of increasing soil C content, the replenishment of HS into soils directly increases the soil C content because of its carbon content, although this looks sometimes so little compared to the overall soil environment. We indeed talk about permille to percent additions, which however – appropriately applied – possess an enormous biological lever. To sum up, HS does influence soil C sequestration in potentially manifold ways, and HS can be effectively applied for C sequestration in fertile soils.

3.1.5 Increase of nutrient availability. As mentioned above, HS has a strong ability to absorb exchangeable cations (K^{+} , Ca^{2+} , Mg^{2+} , *etc.*), wherein they can be taken up by plants, but cannot be easily leached out by percolating waters.⁷ In general, the development and growth of plants require 13 essential nutrients, including C, hydrogen (H), oxygen (O), nitrogen (N), phosphorus (P), sulfur (S), iron (Fe), manganese (Mn), copper (Cu), zinc (Zn), boron (B), molybdenum (Mo) and chlorine (Cl), in addition to K^{+} , Ca^{2+} , and Mg^{2+} .⁶² C, H and O come mainly from the atmosphere and water. The remaining elements are divided into three categories: macro-nutrients, medium-nutrients, and micro-nutrients.⁶²

P is one of the most important macro-nutrients in plant growth⁶³ and exists in phosphate minerals, which are found nearly everywhere in the soil, unlike N.⁶⁴ However, most of these phosphates are not plant-accessible because of their low



solubility.⁶⁵ Not only that, most of the added phosphate fertilizer is rapidly recalcined in the soil (*i.e.* turned into insoluble minerals), and only a small percentage is then directly available to the plants.⁶⁶ Food demands of a rapidly growing population however demand an increase in food production by using phosphate fertilizer on a large scale to make crops take up as much phosphorus as possible.^{64,67} A survey of P levels at the surface of the soil in 12 countries with intensive agriculture during 1961 to 2007, indicated that P increased from 6 to 21 kg P ha⁻¹, a roughly threefold increase.⁶⁸ For the mining of phosphate rock, it is estimated that approximately 21 ± 4 Mt per year of P (calculated as only P) in phosphate rock is mined and cleaned.⁶⁹ From 2006 to 2016, the per capita consumption of phosphate fertilizer increased by 4.44% annually on average, and in 2016, the per capita output rose to approximately 36 kg per cap per year, a record high.⁷⁰

The dilemma of such a proceeding is obvious: in the long run, it leaves more and more insoluble P in the soil, while at the same time we deplete and waste our phosphate resources,⁷¹ and using phosphate fertilizer only increases crop yields in the short term. Accordingly, the world faces an unprecedented crisis of P shortage and food security, if more clever chemistry solutions are not applied.⁷² As every crisis contains an opportunity and a challenge (as the Chinese proverb says “if you take the opportunity out of a crisis, only danger is left”), we can also understand that most of the land used to grow crops for a number of years is an untapped treasure trove of P, which is just locked up by insolubility, especially by the black soils. The addition of HS to soil makes it possible to solubilize the otherwise insoluble P in soil and to provide sufficient available phosphorus for plant growth.^{73,74} The mechanism by which HS can increase the available phosphorus content (AP) in soil for plant growth can be summarized as follows (Fig. 5A):

(1) The polycarboxylic nature of HS allows strong adsorption along with some aluminium and iron oxide surfaces in soils, which in turn adsorb less phosphate and increase the AP concentration;^{75,76}

(2) Parts of HS, especially organic acids and phenols, can react with the phosphate mineral surface and change the metal complexation, surface charge, or metal bridging, *i.e.* the mineral is etched. As a side product of etching, the concentration of AP is increased.⁷⁷

(3) HS also changes water retention and thereby dissolution capacity in soil. This further enhances the vertical migration of AP.⁷⁷

Some researchers have used HS to stimulate the redissolution of insoluble phosphates. The effect of commercial HS on the phosphate solubility in acidic and ferrosols was studied by Hua,⁷⁸ and the final results revealed that the addition of HS enhances the solubility of P in soil under both low and high P conditions. The group of Du⁷⁹ found that the combined application of humic acid and monocalcium phosphate increases the distance of P vertical migration and the concentration of extractable P in calcareous soil. The ability of HS to enhance the solubility of phosphate in iron and aluminum oxides is controversial. For example, Borggaard *et al.*⁸⁰ studied the influence of HS isolated from a peat soil on phosphate adsorption by aluminium (aluminium oxide) and iron oxides (ferrihydrite and goethite) and found that

HS only had a limited influence on phosphate adsorption by aluminium and iron oxides.

Fe(II), as one of the representatives of micro-nutrients, has important effects on plant growth rate, root-cap ratio, root activity and material synthesis and accumulation.⁸² However, Fe is generally present in the soil as Fe(III). HS plays an important role in turning Fe(III) into Fe(II) in soils for plant growth. There are two main mechanisms (Fig. 5B). One of the mechanisms is the direct reduction of Fe(III) by the photocatalytic properties of HS. HS is a macromolecular compound containing chromophores, which promote the photochemical generation of active charge carrier species with both sunlight and ultraviolet light. The chemical energy produced by light absorption is capable to be transferred to photoredox pairs, here the photoelectron to Fe(III) species or other oxidated metal ions.⁸³ Irradiation studies show that HS uses the absorbed photons to generate a larger number of characteristic radical species, *e.g.* catechol-based species, and synchronously reduces Fe(III) to Fe(II).¹ Meanwhile, catechuic sites are strong iron binding sites that are capable of binding ferrous species *via* chelation with the 1,2-benzenediol moiety,^{1,84} so as to support plant growth.⁸⁵ In short, a complex process covering several reactions is needed to describe the photochemical systems of HS. Evidenced by the investigation of catechol abiotic transformation by Colarieti,⁸⁴ the mechanisms of Fe(III) reduction and Fe(II) complexation by catechol are synchronous. Yet, not all Fe(III) is reduced to Fe(II) in the HS photochemical reaction. Roughly, the reduction rate constant of Fe(III) varies from 2.7 × 10⁻⁴ s⁻¹ to 5.4 × 10⁻⁴ s⁻¹ (pH = 7.0) and correlates with the content of free radicals (*r* = 0.54, *P* < 0.05⁸⁶). Of course, the reaction can only occur in topsoil, limited by the penetration of light into soil.

Another important mechanism is the participation of HS as redox mediators in the process of reducing Fe(III) by Fe-reducing microorganisms.⁸⁷ Fe(III)-reducing microorganisms themselves can reduce iron directly, but they need contact with Fe(III) oxides to deliver the electrons. The presence of HS as redox mediators can speed up the process. Firstly, Fe(III)-reducing microorganisms can accept electron equivalents from the oxidation of organic compounds and/or H₂ and donate them to HS. Secondly, the microbially reduced HS can then abiotically transfer electrons to Fe(III) oxides.

3.1.6 Promotion of plant growth. Already the improvement of soil structure and properties, and better water uptake, as well as regulation of recycling and availability of nutrient elements by humic substances has massively promoted plant growth. Worth noting, is that the hormone-like activity of HS on plants is another key factor.⁸⁸⁻⁹⁰ So far, numerous investigations have demonstrated that plant growth hormones, *e.g.* indole acetic acid (IAA) and gibberellins,^{90,91} can be extracted from humic substances. These molecules induce the increment of plasma membrane H⁺-adenosine triphosphatase (ATPase) and stimulate the elongation of plant roots, together with lateral root growth points. As such, root activity and the contact area between plant roots and soil nutrients are increased, *i.e.* absorption and utilization of plant nutrients are increased.⁹² The group of Canellas⁹³ mainly evaluated the effects of HA and FA extracted



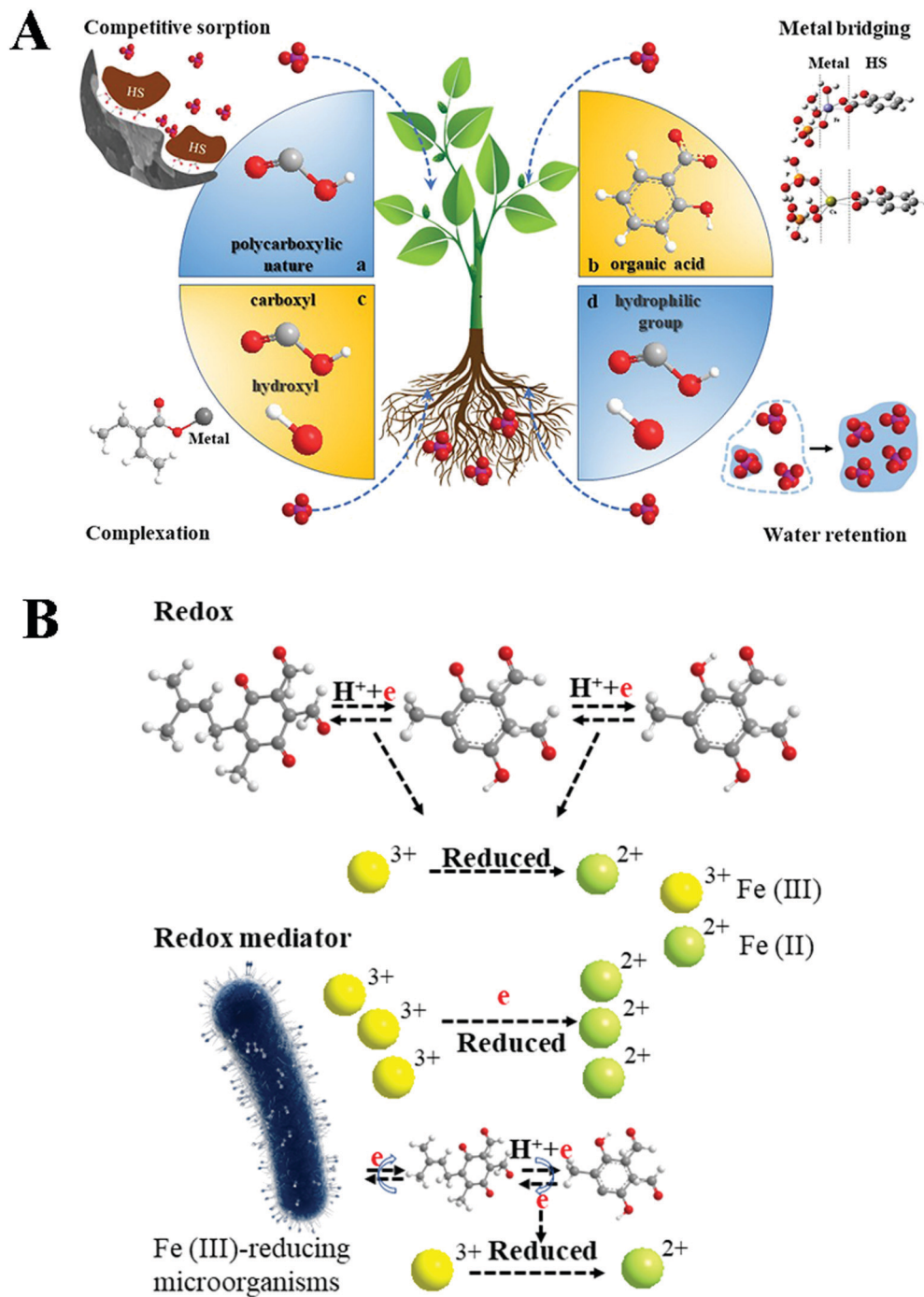


Fig. 5 Mechanism of HS promoting nutrient availability (taking P and Fe as examples, in which, A-a: competitive sorption; A-b: metal bridging,⁸¹ figures have been adapted from ref. 81 with permission from Elsevier, copyright 2018); A-c: complexation; A-d: water retention; (B: the pathways for increasing Fe(II) content include the redox properties of HS and its participation as a medium in redox reactions under anaerobic conditions).

from the topsoil of seven different oxisols on the growth of *Arabidopsis thaliana*. It was observed that both HA and FA are capable of improving the root development and increasing the number of lateral roots. The auxin-like activity of HS on the growth of tomatoes was further demonstrated by testing the effect of HS on the growth of mic-tomatoes, which are less sensitive to auxin. Trevisan *et al.*⁹⁴ also reported experiments on the role of HS, which were extracted from faeces, on the growth of

Arabidopsis thaliana, while the methods focused more on genetics. The results showed that HS exhibited auxin activity, and promoted the growth of *Arabidopsis thaliana* mainly through activating the auxin synthetic reporter DR5:GUS and strengthening transcription of the early auxin-responsive gene *IAA19*. Indole acetic acid (IAA) molecules were also identified by Pizzeghello *et al.*⁹⁵ in the structure of HS, which was extracted from soils, compost, and vermicompost, according to the methods of immunoassays.



Excess HS amendment will also inhibit the activity of ATPase. HS activates the synthesis of auxin in plants other than possessing auxin activity by itself.^{96–98} For example, Mora *et al.*⁹⁷ observed that the application of purified HS not only enhances a primary influence on root H⁺-ATPase activity and nitrate root-shoot distribution, but also further facilitates the concentration of several active cytokinins and polyamines related with nitrate. However, it is not the case that the more HS is added, the more favourable it is for plant growth. It was proposed that 50–300 mg L⁻¹ HS is effective in stimulating root initiation and elongation, and that 5–25 mg L⁻¹ HA is effective in enhancing root cell elongation.⁹⁹ The antioxidant activity of HS also provides the function of scavenging free radicals resulting¹⁰⁰ from stress (including drought, heat, ultraviolet light, herbicide use, and similar) to provide the plant with protection from oxidative damage (the damage of lipids, proteins and DNA within plant cells) by reactive oxygen species (ROS).^{101,102} The role of ROS on plant growth is well known and includes cell wall formation regulation,¹⁰³ activation of the Ca²⁺ channel,¹⁰⁴ induction of seed germination,¹⁰⁵ balancing the transition from cell proliferation to cell differentiation,¹⁰⁶ as well as others.¹⁰⁷ The regulation of ROS at the cellular level in plants by HS was subjected to deeper analysis in recent years.⁹⁸ Overall, HS is capable of increasing and regulating ROS production and accumulation in roots to enhance the oxidative metabolism of plant cells.¹⁰⁸

3.1.7 Humins as an active functional matrix material to enhance microbial growth and activity. Besides, HS can also provide both stimulation or toxic effects on microorganisms, fungi, and soil fauna.^{109,110} In the present review, we will focus primarily on the benefits of HS. In general, redox buffering of HS promotes the growth and activity of microorganisms. The mechanism of redox action of HS on microorganisms is complex, as it participates in redox reactions as both an electron acceptor and electron donor for microbial respiration under anaerobic conditions,^{87,112–114} cycling the conversion between hydroquinone–semiquinone–benzoquinone states.¹¹⁵ *Geobacter metallireducens*, a Fe(III) – and humic – reducing microorganism, can stimulate the electron transfer to reduce quinone groups to hydroquinone groups to supply its own growth. In the progress, quinone groups of HS act as an electron acceptor, and acetate is metabolized and acts as an electron donor.¹¹⁵ HS can also act as electron donors in the respiration of *G. metallireducens*. In the progress, *G. metallireducens* uses the energy generated by the electron transfer during the oxidation of hydroquinone to quinone to supply its own growth, and hydroquinone of HS acts as an electron (or hydrogen) donor and nitrate operates as an electron acceptor.¹¹⁶ On the other hand, the detoxification effect of HS on organic contaminants and heavy metals also has a positive and indirect effect on the growth of microorganisms.¹¹⁷ The detailed mechanism and application of the effect of HS on organic contaminants and heavy metals will be presented in Section 3.2.

Even without redox dependence, HS can also promote the uptake of nutrients by microorganisms, as well as affect primary and secondary metabolism,¹¹⁸ *e.g.* by primary and

secondary membrane irritation depending on physical and chemical membrane interactions (“insertion”). The effect of HA extracted from leonardite on the activity and growth of *Nitrosomonas europaea* and *Nitrobacter agilis* was investigated by Vallini *et al.*⁶¹ *in vitro* under axenic conditions. The experimental results showed that although nitrifying bacteria had a distinct growth effect, nitrifiers did not use HA as an alternative carbon and energy source. This was attributed to a stimulating effect of HS on the microbial cell membrane, making it more permeable and promoting the absorption of nutrients.¹¹⁹

3.2 Environmental remediation

Soil has the ability of self-remediation through tight binding and inclusion of inorganic chemicals into minerals or providing sources of essential nutrients for microorganisms to break down organic residues.⁷ However, millions of tons of potentially toxic industrial chemicals, plastic pollution, household waste, and agricultural wastes enter the soil system every year,^{120–122} by far exceeding the capacity of soil to hold them. The presence of HS in the soil effectively alleviates the pollution because it can interact with all classes of eco-toxins (ETs) in the polluted environment, mainly absorbing heavy metals, organic pollutants, but even radionuclides,^{123,124} as presented in Fig. 6. This immobilization or detoxification is due to the nature of HS, such as its redox ability, complexation, and ion exchange.^{3,125} We will describe in detail the mechanism and the effects of HS on eco-toxins and some of the reactions involved in actual applications.

3.2.1 Heavy metal binding. Immobilization of heavy metals by HS is mainly through two ways, binding (complexation, ion exchange, and physical adsorption) or redox reaction^{126–128} (Fig. 6A). Binding heavy metals can fix and further reduce their fluidity in the soil, while the redox reaction with heavy metals can reduce or eliminate their toxicity. One of the important pathways of binding is complexation, in which carboxylic (–COOH) and phenolic (–OH) groups of HS are mainly involved in the formation of metal-humic complexes.¹²⁹ Weng *et al.*¹³⁰ also demonstrated that HS is more effective in complexing with Pb and Cu than with Cd, Zn, and Ni in aqueous soils at pH 3.7–6.1. Electrostatic interactions are also a way for HS to bind heavy metals.¹³¹ Wei *et al.*¹³² observed that heavy metals (Cu²⁺, Zn²⁺, and Cd²⁺) were bound to HS and proteins *via* Coulomb forces. HS was discussed to be redox active (the reduction potential of HS is from 0.15 to –0.3 V in neutral environments), making it relevant in geochemical and environmental processes.^{87,133,134} Tipping and co-workers²⁷ listed several redox reactions on the reduction of heavy metals involving HS in the book *Cation binding by humic substances*, such as Cr(VI) to Cr(III), and Hg(II) to Hg(0). Peat and coal-derived HSs were used as reducing agents to reduce toxic Cr(VI) to non-toxic Cr(III) by Zhilin *et al.*¹⁵ The detailed results demonstrated that coal-based HS has long-lasting capabilities for reducing Cr(VI) to Cr(III), although, its capacity for reduction of Cr(VI) was lower than that of peat-based HS.

The binding capacity of HS to metal ions, including heavy metals, can be further quantified by a variety of data from the literature. Ghabbour *et al.* devoted numerous time to study the



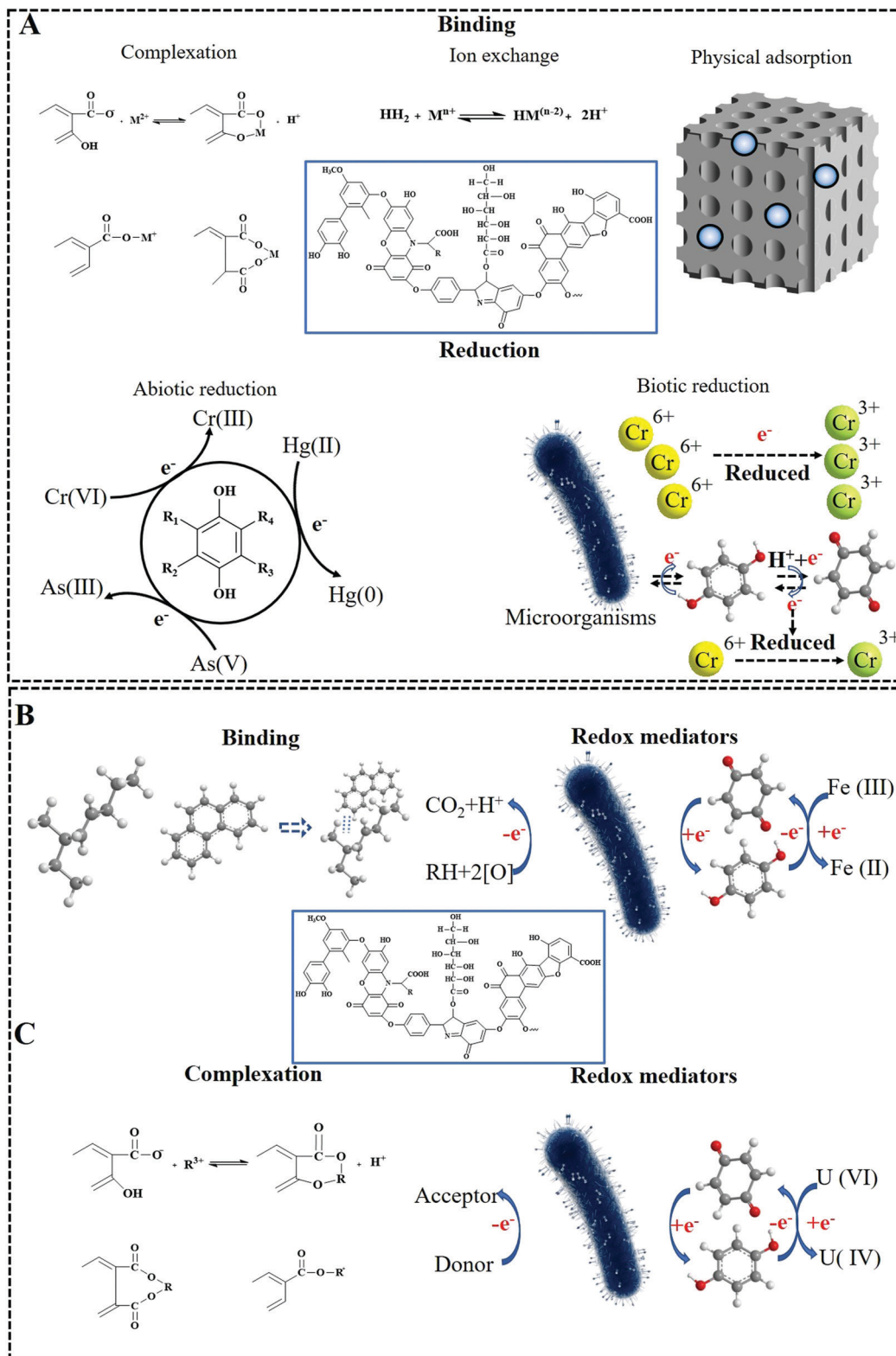


Fig. 6 The mechanism and the effects of humic substances on eco-toxins (A: heavy metals,¹¹¹ figures have been adapted from ref. 111 with permission from Elsevier, copyright 2019; B: organic contaminants; C: radionuclides).

metal-binding capacity of solid soil-derived HA (NHA), such as Fe(III), Pb(II), Cu(II),¹³⁵ Mn(II), Co(NH₃)_{6aq}³⁺, and Hg(II)¹³⁶ based on earlier work on Ca(II), Mg(II), and Co(II).¹³⁷ In detail, the

highest binding capacity of NHA with Fe(III), Pb(II), Cu(II), Mn(II), Co(NH₃)_{6aq}³⁺, Hg(II), Ca(II), Mg(II) and Co(II) reached 0.9 mmol g⁻¹, 2.0 mmol g⁻¹, 1.4 mmol g⁻¹, 1.5 mmol g⁻¹,



0.2 mmol g⁻¹, 1.52 mmol g⁻¹, 0.53 mmol g⁻¹, 0.36 mmol g⁻¹ and 1.7 mmol g⁻¹, respectively. The higher numbers are in the range of industrial ion exchange resins, *i.e.* in terms of their sustainability humics are performing rather well. The metal-binding ability of synthetic HS has also been studied. The results showed that the non-soil-derived HS, when appropriately synthesized, had an even higher metal-binding capacity. For example, Wei *et al.*¹³² found that the adsorption capacity of humic acid isolated from activated sewage sludge to Zn(II), Cu(II) and Cd(II) reached 2597.9 mg g⁻¹, 2013.5 mg g⁻¹ and 1633.5 mg g⁻¹, respectively; this is for Zn(II) 40 mmol g⁻¹, *i.e.* the binding capacity of A-HA is really extraordinary and by far exceeds those of even specialized ion exchange resins. Notably, no difference on the detoxification of Cu/Zn (transition metals) and Cd by the fraction of HS was found in the above investigation, which is attributed to electrostatic counterion binding. It is worth noting that HS has strong, substantial chelation properties, which by the rules of ligand chemistry are more effective for transition metals rather than other metals.

Ion binding is not limited to applying humic substances to salt containing solutions for coulombic binding, but allows an advanced technique we call “reactive removal” of heavy metals from water and waste biomaterials, such as sludge, while preparing the A-HS. The work done by Zhang¹³⁸ suggested that hydrothermal humification (HTH) technology can not only prepare HA fertilizer, which is beneficial to the growth of crops, but also removes at the same time heavy metals from the sludge effectively. For example, the content of Cu, Zn and Pb in densified waste sharply dropped from 0.46, 0.98 and 0.14 to 0.07, 0.15 and 0.07 mg g⁻¹, respectively. Such concepts can be transferred back to aqueous phases. Our own work¹³⁹ on the absorption of heavy metal ions by A-HS, such as the binding of Pb²⁺ by A-HS, revealed that the combination of A-HS and nano-sized zero-valent iron displayed a superior kinetic removal efficiency of Pb(II) (>99.2%), and a huge Langmuir removal capacity, reaching 649.0 mg g⁻¹, which exceeds the previous gold standard of 2.0 mmol g⁻¹, *i.e.* 414.4 mg g⁻¹, the results produced by Ghabbour *et al.*¹³⁵

In addition to the abiotic chemical reduction of heavy metals, the redox potential of HS can be mediated by microorganisms under anaerobic conditions, which is a very effective approach for reducing pollution. Work done by Gu's group¹⁴⁰ also revealed that HS can act as a redox mediator, *i.e.*, HS participates in the process of heavy metal reduction by microorganisms as an electron transporter. The results indicated that soil HA had a good mediating effect on the reduction of Cr(VI) and U(VI) by microorganisms under anaerobic, circumneutral pH conditions. Taking Cr(VI) as an example, regardless of the presence of HS, Cr(VI) can be directly reduced by *Deinococcus radiodurans* in anaerobic culture with lactate, while the presence of HS will enhance the reduction efficiency of Cr(VI), as HS acts as an electron mediator in the process.

3.2.2 Organic contaminants. The mechanisms on removal of organic contaminants by HS in actual applications are also diverse and can be summarized as follows (Fig. 6B). Firstly, the structure of aliphatic substructures are mostly responsible for

the hydrophobic property of HS, and the organic contaminants adhere on those pools.^{141,142} Mao *et al.*¹⁴³ demonstrated that the amorphous aliphatic fraction of HS does have the function to bind organic contaminants. They chose phenanthrene as a model hydrophobic organic contaminant, and studied the sorption behavior on HS. The sorption capacity of HS was quantified by a modified Freundlich coefficient (K_f'), while the compositional data of HA, HM, and a peat were obtained from quantitative ¹³C solid-state NMR spectroscopy. Their results showed that K_f' was strongly related to the amorphous nonpolar aliphatic domains formed by fatty acid tails, but not to aromaticity or polarity indices. Secondly, HS promotes reductive biodegradation by transferring electrons from microorganisms to various oxidized organic pollutants, due to its redox properties, that is, HS is involved as a redox mediator.^{144–146} This process is essentially a continuation of the discussion that HS promotes the reduction of Fe(III) by reducing microorganisms (a detailed description is displayed in Section 3.1.5), while Fe(III) species are the most abundant and potential electron acceptors for the anaerobic oxidation of organic contaminants: as a result, the degradation rate of organic contaminants in the experiments is largely improved. In addition, the reductive antioxidant activity of HS enables its function as a scavenger of free radicals produced by herbicides and other organic contaminants.¹⁴⁷ The scavenging activity of HS has a positive correlation with HS concentration.

3.2.3 Radionuclides. The complexation and redox properties of HS can also alleviate the contamination of soil caused by radionuclides.^{148–150} A series of studies have confirmed that HA can form ternary complexes with radionuclides in various valence states by hydroxide or carbonate complexation, such as Cm(III), Th(IV), U(VI), Cr(VI) and others.^{151–154} The method of time-resolved laser induced fluorescence (TRLIF) was specifically applied by Panak *et al.*¹⁵⁴ to detect the stability constants for Cm(III)-HA complexes. TRLIF results showed that Cm(III) formed three complexes with HA, which were Cm(OH)HA, Cm(OH)₂HA and Cm(CO₃)HA, and the stability constants for the formation of Cm(OH)HA, Cm(OH)₂HA and Cm(CO₃)HA were 6.94 ± 0.04, 4.2 ± 0.2 and 6.50 ± 0.03, respectively. Reiller *et al.*¹⁵³ also reported that the presence of HS has a positive effect on the retention of Th(IV) onto the surface of silica colloids. In addition, HS can transform the radionuclides from the soluble state to the insoluble state by reduction. For example, HS is also involved as an electron donor in the *D. radiodurans* reduction of U(VI) and Tc(VII).¹⁵⁵ Fig. 6C shows the reduction principle of U(VI) to U(IV).

4. Advances in synthesis and application of artificial humic substances (A-HS)

Practically all HS species mentioned in the previous sections refer to those formed in natural environments such as soil, peatland, or lakes.¹⁵⁶ This comes with obvious restrictions for larger scale application considering the available resources, effective utilization schemes and environmental protection.



It obviously makes little sense to plunder one ecological environment to cure the other. The unpredictable diversity and structural heterogeneity of natural compounds in general are also factors restricting predictable wider applications of HS.³⁷ To deal with these problems, some research groups have developed synthetic methods to generate A-HS. This research is very promising, as indeed most of the described properties of HS could be replicated in A-HS, while the starting compounds were mostly taken from omnipresent plant and agricultural side products, or “waste biomass”. In addition, it allows the formation of “designer-humins” for scientific cross-tests, for instance nitrogen-free humins or humins unusually rich in fatty acid residues. In the following sections, we will review the current developments in A-HS synthesis and applications.

4.1 Hydrothermal humification technology (HTH)

The group of Yang²³ was the first to develop a chemical synthesis method to prepare A-HS through hydrothermal processing of plant residues in the presence of ashes or bases, creating an accelerated artificial humification technology. Bento, a driver in hydrothermal carbonization, evaluated HTH as “HTH may be a new technological means of producing HS similar to those found in soil for use as plant growth promoters”.¹⁵⁷ Hydrothermal processing under autogenous pressure of wet biomass can be considered a mild chemical

process simulating natural coalification or humification, but with an acceleration factor on time of up to 10^9 . In addition, as an abiotic process, hydrothermal processing usually achieves excellent carbon yields: the majority of the carbon bound in biomass ends up in the humified product. Notably, the invention of HTH provided guidance and reference for later synthesis technologies of A-HS.^{157,158}

4.1.1 The route of A-HS synthesis. The specific process is shown in the following Fig. 7.

4.1.2 The structure characteristics of A-HS. Yang *et al.* summarized the structural characteristics of AHS in a previous review,^{10,22} and the schematic structure formula in Fig. 2, which agrees with the analytical data is set into a mechanistic context in Fig. 8.

4.1.3 Advance in the applications of A-HS. Based on the development of HTH, initial but indicative research work on the effect of A-HS on agricultural production and environmental remediation was performed. We will summarize here the results of the application of A-HS according to the different application fields.

(1) *Agricultural production.* Initially, work was done exploring the influence of A-HS on land restoration.¹⁵⁹ The synthetic method of artificial soil was put forward, *i.e.* diverse starting biomass was mixed with soil, then HTH was used to obtain the artificial soil by colloidal surface conjugation of as-prepared

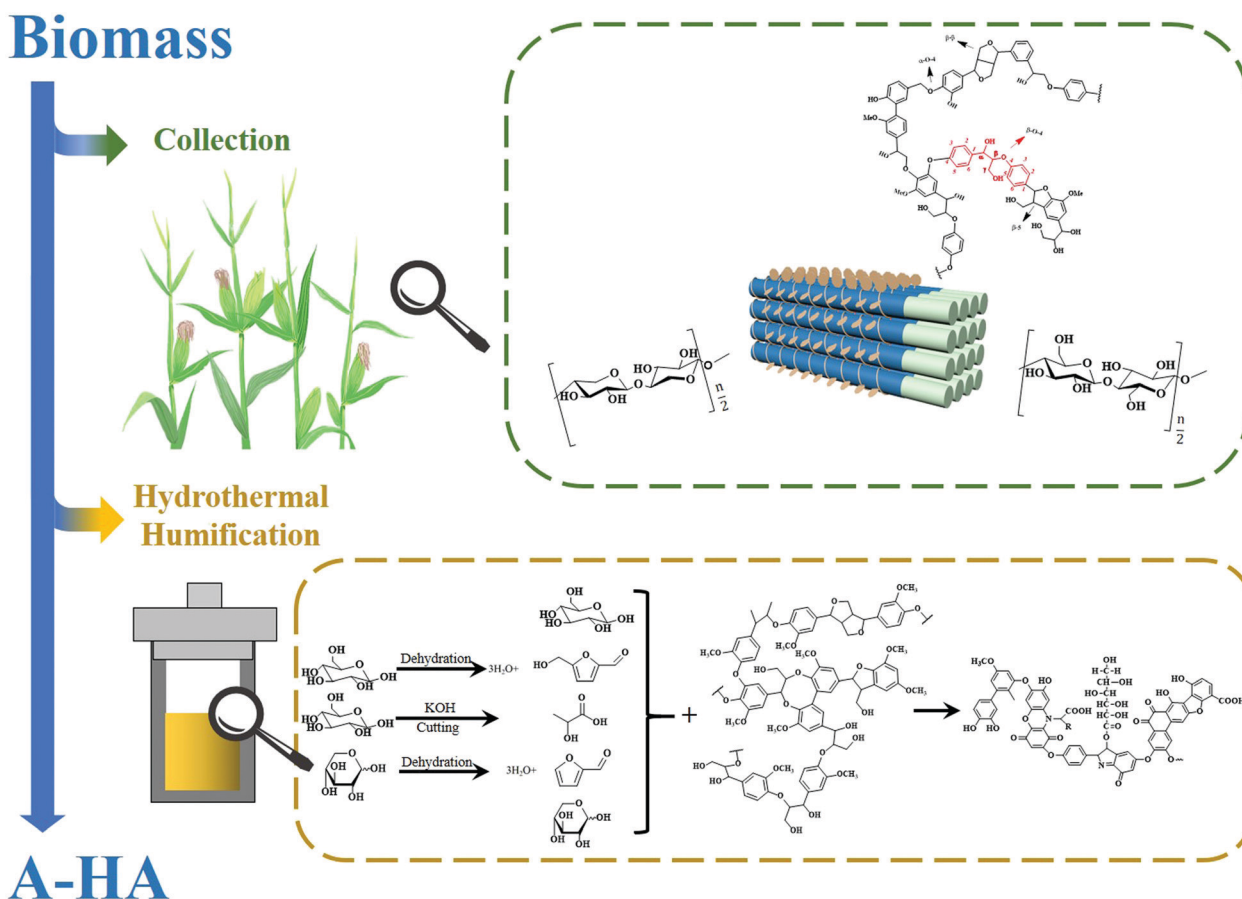


Fig. 7 The preparation scheme of artificial humic substances²³ (figures have been adapted from ref. 23 with permission from Elsevier, copyright 2019).



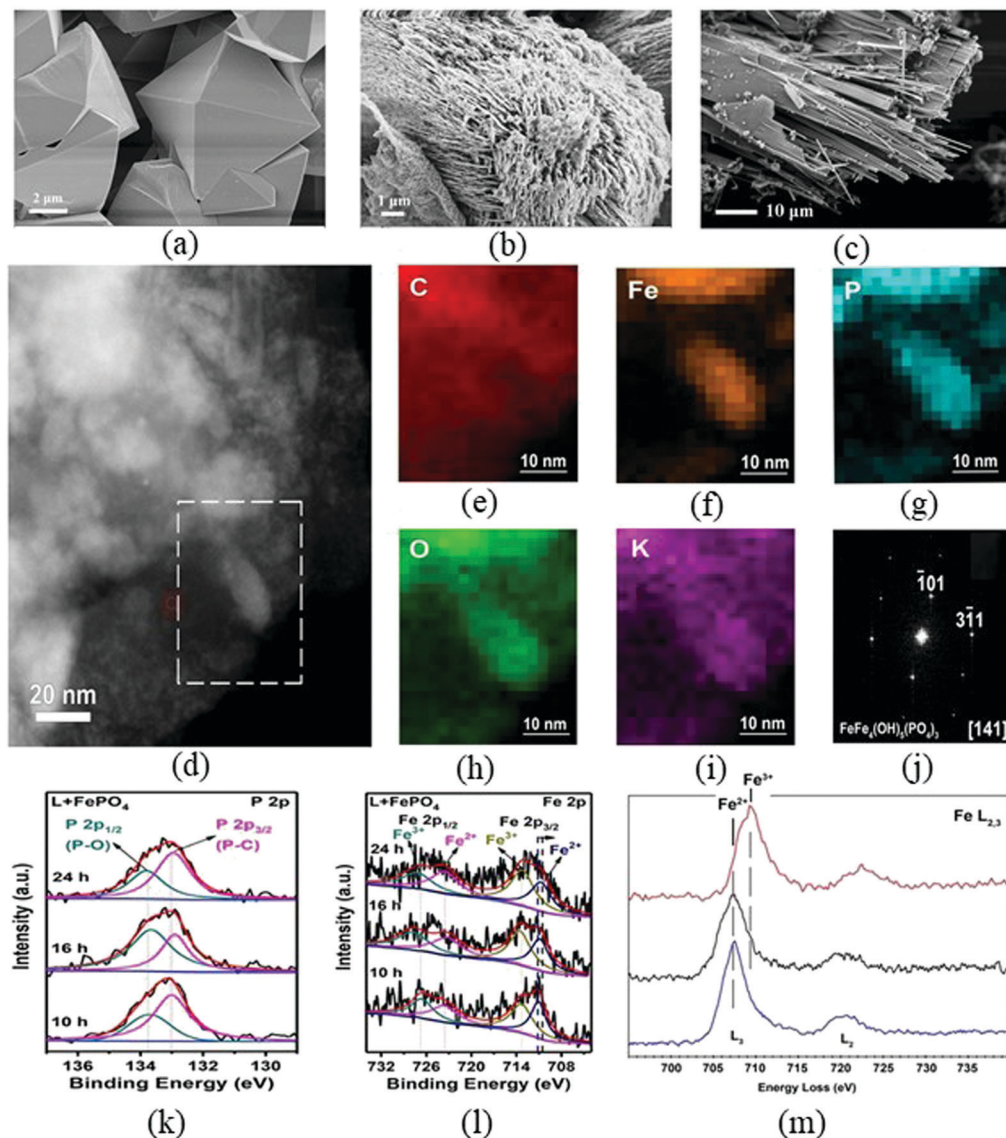


Fig. 8 SEM images of original insoluble phosphate crystals (a) and those reconstituted by humic acids from leaves (b and c); (d) ADF-STEM image of FePO_4 samples after A-HA etching; (e–i) EDX maps representing signals of C, Fe, P, O and K, collected from the area marked by the dotted line in (d) and the overall EDX spectrum of this area; (j) the fast Fourier transform curve of FePO_4 samples after A-HA etching; (k) P 2p and (l) Fe 2p spectra of FePO_4 samples after A-HA etching with different time; (m) Electron Energy Loss (EEL) spectra collected from FePO_4 samples after A-HA etching¹⁶⁰ (figures have been adapted from ref. 160 with permission from Wiley, copyright 2019).

A-HS with soil minerals. It was shown that the as-created artificial soil organic matter (A-SOM) does closely bind to the activated mineral surfaces, thus forming “artificial soil” (AS), according to the examination of the structure and morphology of soil particles. Not only that, humification increases the function of hydroxyl on the mineral surface, making it more hydrophilic, and the subsequent formation of A-HS promotes the close binding of organic substances to the mineral surface. Worth noting, artificial soil had a similar water retention capacity as compared to that of black soil (collected in Harbin, China), and the adsorption capacity of 40 g dry artificial soil of N, P and K dispersed in 200 mL was found to be 0.55 g, 1.60 g and 1.23 g, respectively. These values are 7.58, 1.32 and 78.78 times more than the original values of sandy soil (original soil).

It was already discussed that P is one of the most important elements in the biosphere and agriculture, especially for promoting plant growth.⁷⁸ Available phosphate (AP) is a main bottleneck restricting crop growth in terrestrial ecosystems.⁶⁵ The solubilization of insoluble phosphorus (P) by A-HS was reported.¹⁶⁰ As seen, A-HS derived from high lignin containing dried leaves results in a profound disintegration and restructuring of the crystalline bodies (Fig. 8a) into a “sponge” – or “noodle” like structure (Fig. 8b and c). Detailed electron microscopy and spectrum analysis confirmed the etching of primary iron phosphate crystals by carboxyl and phenolic groups of A-HA and demonstrated the importance of the redox property of A-HA on the nanometre scale (Fig. 8d–m).



Planting experiments nicely underlined that A-HA was capable of dissolving insoluble phosphate minerals into AP for plant growth and increase water content in the roots and stems of plants. Du *et al.*¹⁶¹ also used animal bone as a precursor of biomass to synthesize A-HA. Notably, the bones dispersed completely in only 12 h, and A-HA was able to solubilize the insoluble P present in animal bones into dissolved phosphorus (DP) up to 98.65 mg L⁻¹, accounting for 6.48% of total phosphorus (TP) in the bone waste. This action not only solves the environmental issues caused by kitchen waste, but also can provide a secondary phosphorus source to increase AP content in soil.

Based on the above research results, our group¹⁶² further studied the effect of A-HS on soil improvement in detail, including cation exchange amount, carbon fixation, migration distance of AP and bacterial abundance. The combination of three-dimensional excitation–emission matrix (3D-EEM) fluorescence spectroscopy, synchronous fluorescence spectroscopy (SFS) and principal component analysis (PCA) was used to reveal the induced changes of the soil ecosystem with time. Results demonstrated that the content of dissolved organic matter (DOM) greatly increases in AHA treated groups, accompanied with the increase of total organic carbon (TOC) and dissolved organic carbon (DOC). PCA analysis revealed that TOC, DOC, bacterial abundance, migration distance of AP and total exchangeable bases (TEBs) also significantly increased. The highest improvement of TOC, DOC, bacterial abundance, and migration distance of AP is up to 17.7%, 24.1%, 203.5%, and 66.7% after 28-day cultivation, respectively, and TEB can reach 11.3% after 7-day cultivation. Surprisingly, the carbon sequestration capacity of A-HS is so strong that it can be calculated so that the carbon increment can reach up to 21.4 g kg⁻¹. And several hypotheses can be proposed for the huge increase in soil carbon content: (1) biological photochemistry: A-HS promoted the growth of autotrophic bacteria, which are able to fix carbon from CO₂; (2) pure chemistry: the redox properties of A-HS directly allow it to fix CO₂; (3) hybrid photocatalysis: A-HA can photoreduce itself, and part of the microbes are feeding on the redox equivalents and converting CO₂, without being able to do photocatalysis themselves.

(2) *Environmental remediation.* As is well known, nano-sized zero-valent iron (nZVI) particles containing composite materials have a broad application prospect because of their comparably low costs and high removal efficiency of heavy metals.¹⁶³ However, application of nZVI in environmental applications has a very serious problem, *i.e.*, Fe nanoparticles are prone to oxidation, corrosion and aggregation into large particles due to their high surface energies, chemical reactivity and intrinsic magnetic interactions.¹⁶⁴ Improving oxidation stability of nZVI in natural environments is a new problem. In a research context, our previous work¹³⁹ came up with the hypothesis that the affinity of humus to metal ions and its inherent reduction power can be used to enwrap and stabilize nZVI. A novel hybrid material with highly dispersed nZVI stabilized by A-HA (AHA-nZVI) was made by hydrothermal humification (HTH) technology.

The experimental results showed that the introduction of AHA can effectively minimize oxidation and agglomeration of nZVI. Moreover, a superior kinetic removal efficiency of Pb²⁺ (>99.2%) was described, and a huge Langmuir removal capacity was found, reaching 649.0 mg g⁻¹, according to multiple interaction mechanisms. The process progresses in a multifarious way and involves reduction reactions, complexation and co-precipitation between heavy metals and AHA-nZVI samples. The results provide a reference for strengthening the long-time adsorption of heavy metals by other materials with A-HA as a non-innocent support.

Our group is committed to the utilization of biomass side products, but also biological wastes for the achievement of environmental remediation. Based on the HTH method, Zhang *et al.*¹³⁸ proposed a simple and low-cost scheme using sewage sludge (SS), alkali ash and biomass as precursors for the synthesis of liquid fertilizer rich in AP and A-HS, realizing a near-complete recovery of valuable phosphate and an “all-waste-strategy” route for sludge valorization. The removal efficiency of heavy metals and the recovery efficiency of P were also studied. It was found that the introduction of biomass into sludge-derived samples and adjustment of KOH or alkali ash mass effectively improved the recovery of P element and achieved a high content of dissolved phosphorus (DP) (from 7045 mg L⁻¹ to 10 075 mg L⁻¹) at appropriate pH values (6.5–7.7). HTH also solves the problem of a potentially too high heavy metal content in sludge, as they are concentrated in the solid residues of the process. ICP-AES results showed that the content of Cr and Cd was so low that it could not be detected, and the content of Cu, Zn and Pb sharply decreased from 0.46, 0.98 and 0.14 to 0.07, 0.15 and 0.07 mg g⁻¹, respectively, in sludge-derived liquid products. The solid side product then can be separately used for heavy metal recycling. The results of pot planting experiments indicated that the product is a very effective liquid fertilizer.

4.2 Hydrothermal carbonization technology (HTC)

HTC was reinvented in history not only once but several times. Bento stated: “The inspiration for HTC came from the presence of anthropogenic organic matter in highly fertile Amazonian Dark Earth (ADE), which is attributed to the transformation of organic matter over thousands of years”.¹⁵⁷ The synthesized humic-like substance (HLS) was for instance obtained by HTC with bagasse and vinasse as precursors. HTC promotes the recycling of biowaste into organic soil conditioners, thereby transforming waste management issues into economic opportunities to improve environmental resilience and promote agricultural economic recycling.

4.2.1 Humic-like substances from HTC. The synthesis of HLS mainly consists of two steps: synthesis and extraction. In brief, hydrochar was synthesized from HB/HV/HB + HV under the conditions of 230 °C and 13 h. Then, the HLS were extracted by NaOH.

4.2.2 The structure characteristics of HLS. Bento *et al.*¹⁵⁷ compared the structure of the synthesized HLS with that



extracted from the soil. The results of elemental and UV-vis analyses are displayed as follows:

(i) HLS samples are rich in carbon (63.0 to 67.0%), while the carbon content of all HLS samples was more similar to that of Amazonian Dark Earth-derived HS (HS-ADE); (ii) the addition of H_3PO_4 decreased HLS nitrogen content (increase of the C/N ratio) and the ratio of E4/E6, a measure of aromaticity;¹⁶⁵ (iii) soil-derived HSs (HS-ADE and HS-SR) are more hydrophilic than HLS, showing lower H/O ratios and higher O/C ratios.

The products were further analysed by fluorescence analysis, ^{13}C CP-MAS NMR, and offline thermochemolysis GC-MS. For more detail we suggest the original articles. The different products were then tested in the germination of maize seeds. The results suggested that HLS with abundant phenolic moieties promoted the germination of maize seeds more than those samples rich in alkyl compounds.

4.3 Hydrogen peroxide oxidation technology (HOT)

A synthesized “humic-like acid” material (HLA) was obtained by HOT from biomass pretreatment liquor in alkaline solution as a precursor.¹⁵⁸ The intention of the authors by integration of this step was to promote cleaner production processes in a biorefinery, the circular economy of agriculture and a proof-of-concept for resource recovery.

4.3.1 The route of HLA synthesis. Compared with the above two hydrothermal synthesis techniques (HTH and HLS), HLA has one more step of pretreatment. Firstly, a pretreatment liquor was obtained by continuous treatment of biomass with NaOH at 130° for 0.5 h, *i.e.* in HTH this corresponds

to artificial fulvic acid formation.²³ Then, 8% H_2O_2 was applied to synthesize HLA by oxidation of the pretreatment liquor as the precursor. Finally, the rather pure HLA was extracted with HCl. As compared to AHA technology, this process increases the carboxylate content by peroxide oxidation.

By detecting the contents of total phenols, total sugars, proteins and amino acids in the pretreatment solution and HLA, it was found that the recovery rates of these substances reached 82.8%, 56.2%, 78.1% and 64.2%, respectively. At the same time, Wang *et al.*¹⁵⁸ compared the structure of HLA with that of commercial humic acid (CHA). The results showed that HLA has a more uniform polymer size and higher C (22.5%), N (2.3%), O (33.8%), K (4.5%), and P (11.2%) contents. The hydroxyl and carboxyl group contents in HLA were 3.3 and 2.0 times higher than that in CHA, respectively.

In addition to the analysis of the structure of HLA, Wang *et al.*¹⁵⁸ also studied the electron transfer capacity of HLA and the effect of HLA on the binding of heavy metals. They discovered¹⁵⁸ that HLA has a higher electron transferring capacity. The findings depicted that the electron donating capacity (EDC) and electron accepting capacity (EAC) values of HLA were slightly higher than those of CHA. The specific EDC and EAC values of HLA are 630 to 1102 mmol (gC)⁻¹ and 450 to 890 mmol (gC)⁻¹, respectively. The specific EDC and EAC values of CHA are 480 to 870 mmol (gC)⁻¹ and 401 to 810 mmol (gC)⁻¹, respectively. The results of metal-binding potential of HLA revealed that HLA has a greater binding ability for metals than CHA.

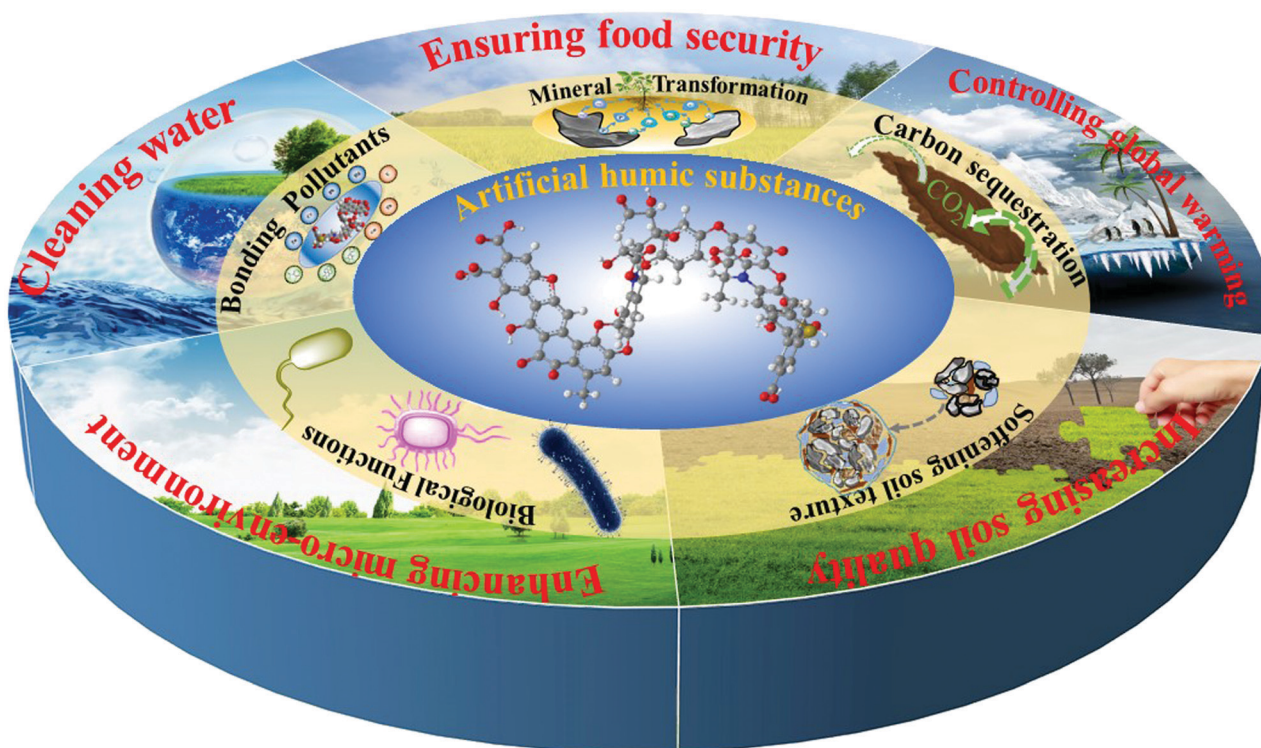


Fig. 9 Application and prospective uses of humic substances.



5. Conclusion and outlook

We summarized in the first part how as-extracted humic substances can be beneficially used in agricultural production and environmental remediation, while we focused on the underlying molecular mechanisms and colloidal processes. Based on its special structure and superior properties, HS can be widely applied for binding pollutants (cleaning water resources), improving availability of soil nutrients (ensuring food security), softening and opening soil texture (increasing soil quality), regulating carbon sequestration (controlling global warming), promoting plant and microbial growth (enhancing soil micro-environment) and so on (as described in Fig. 9).

Most of the previous HS technologies are based on humic acids extracted by chemical processes from natural resources, *e.g.* peat or lignite. This is why we presented in the second part recent, sometimes very efficient techniques of chemical HS-synthesis, including HTH, HTC and HOT, and analyzed the advances of such A-HS tailor-made from specific biomass and by specific processes, to the respective applications. The three technologies have a common feature, namely, they are based on biomass side streams and biowaste, such as corn straw or sewage sludge. From these resources, A-HS can be effectively synthesized, and the products have indeed high similarity with naturally-extracted HS.

The actual research already proves that A-HS greatly contributes to solubilize insoluble phosphate, to promote the recovery of phosphate lost in previous generations, to improve soil fertility for crop growth, and to reduce toxicity of typical pollutants. It can be speculated that HTH technology and the as-prepared A-HS open even more radiating development prospects, such as terraforming wasteland or making inner cities more green, clean water, and of course improving food security.

From a chemical perspective, humic acids are amphiphilic polymers, which stabilize many interfaces, and thereby we see larger perspectives in particle stabilization, but also nanoparticle bridging and immobilization, where the specific performance and selectivity can – in synthesized humic acids – be addressed and optimized by composition and molecular weight. Using humic acids for this stabilization and destabilization is especially relevant in environmentally open applications, *e.g.* mining and the treatment of industrial sludges such as power plant ashes. This can be even extended to oral drug delivery, where humic acids and fulvic acids are already favourably explored to deliver hardly soluble actives.¹⁶⁶ It should however be also mentioned that humic matter even without added drug molecules is part of many treatment protocols in traditional medicine, *e.g.*, against dermal diseases, and inflammatory afflictions, to improve gastrointestinal function and thereby finally indirectly fight diabetes.¹⁶⁷

Humic matter is in the very end a group of biological polymers, and modifications in any chemical direction can be performed using the ballpark of classical polymer chemistry. Grafting for instance polystyrene onto a humic acid backbone improves the binding of organic substances by several orders of

magnitude.¹⁶⁸ From a polymer perspective, humic matter free of inorganic salts and particles is a very affordable, bio-sourced polyacid, and after esterification the resulting products are biodegradable, thermoplastic polymers with a glass transition around 100 °C, which can be turned into “humic-plastic” products, which can be left in the environment, *e.g.* planting pots, geofabrics, and even as golf tees. There are other clear visions in fields of industrial chemicals, medicine, or phytohormones, but these are still further in the future.

The purpose of this review is to make more people aware of the possibility of preparing A-HS from biomass side streams with great variations on a cost level well below that of extraction, with the potential benefits being well documented already. We can only hope that the availability of such condensed information will make more people interested in this special class of sustainable polymers with unparalleled redox capacities, and unexpected biological interactions, as well as a base for a new agricultural chemistry.

Conflicts of interest

There are no conflicts to declare.

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