



Cite this: *Chem. Soc. Rev.*, 2021,  
**50**, 3355

## Radiolabelling of nanomaterials for medical imaging and therapy

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Nanomaterials offer unique physical, chemical and biological properties of interest for medical imaging and therapy. Over the last two decades, there has been an increasing effort to translate nanomaterial-based medicinal products (so-called nanomedicines) into clinical practice and, although multiple nanoparticle-based formulations are clinically available, there is still a disparity between the number of pre-clinical products and those that reach clinical approval. To facilitate the efficient clinical translation of nanomedicinal-drugs, it is important to study their whole-body biodistribution and pharmacokinetics from the early stages of their development. Integrating this knowledge with that of their therapeutic profile and/or toxicity should provide a powerful combination to efficiently inform nanomedicine trials and allow early selection of the most promising candidates. In this context, radiolabelling nanomaterials allows whole-body and non-invasive *in vivo* tracking by the sensitive clinical imaging techniques positron emission tomography (PET), and single photon emission computed tomography (SPECT). Furthermore, certain radionuclides with specific nuclear emissions can elicit therapeutic effects by themselves, leading to radionuclide-based therapy. To ensure robust information during the development of nanomaterials for PET/SPECT imaging and/or radionuclide therapy, selection of the most appropriate radiolabelling method and knowledge of its limitations are critical. Different radiolabelling strategies are available depending on the type of material, the radionuclide and/or the final application. In this review we describe the different radiolabelling strategies currently available, with a critical vision over their advantages and disadvantages. The final aim is to review the most relevant and up-to-date knowledge available in this field, and support the efficient clinical translation of future nanomedicinal products for *in vivo* imaging and/or therapy.

Received 1st October 2020

DOI: 10.1039/d0cs00384k

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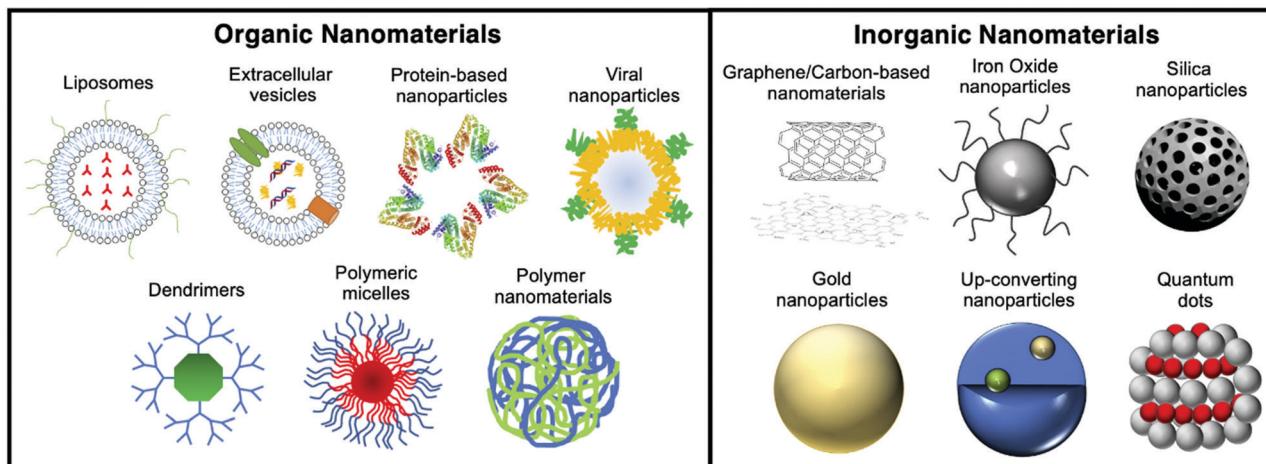


Fig. 1 Schematic showing the various organic and inorganic nanomaterials discussed in this review.

## 1 Introduction

Materials at the nanometric scale (*i.e.* with at least one dimension below 100 nm) have emerged in the last 20 years as tools with several unique applications in imaging, diagnosis and treatment in medicine. Since then, the use of nanomaterials in medicine (nanomedicine) has evolved tremendously, with an increasing number of examples that overcome previously unmet medical needs (Fig. 1).<sup>1</sup> The size-dependent optical, magnetic, and/or electronic properties of nanomaterials offer multiple possibilities in different fields of application. In addition, the tuneable nature of their physicochemical properties, pharmacokinetics and biodistribution has allowed the development of improved drug delivery systems, where the formulation is mainly driven towards the malignant areas rather than healthy areas, decreasing undesirable side effects and boosting therapeutic efficacy.



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Since the approval in 1989 of Diprivan (a liposomal-based formulation used as anaesthetic) by the Food and Drug Agency (FDA), the number of clinically-approved nanomedicines has grown remarkably.<sup>2</sup> One of the most notable early examples is the cancer nanomedicine Doxil/Caelyx (PEGylated liposomal doxorubicin), approved in 1995 and still widely used today in ovarian cancer, HIV-associated Kaposi's sarcoma and multiple myeloma.<sup>3</sup> Several nanomedicines have since been approved by the FDA and/or the European Medicines Agency (EMA) for different purposes such as cancer therapy, iron-replacement, vaccines, anaesthetics, fungal treatments, muscular degeneration, or imaging.<sup>4</sup> In 2015, PEGylated liposomal irinotecan (Onivyde MM-398) was approved for metastatic pancreatic cancer.<sup>5</sup> Moreover, liposome technology has been applied to improve vaccines (Epaxal, Infexal V), treatments for macular degeneration (Visudyne) and fungal infections (AmBisome), among other applications.<sup>6,7</sup> Besides liposomes, several iron oxide NP formulations are being utilised as treatment for iron deficient anaemia (Venofer, Ferrlixit, Ferinject, Feraheme).<sup>8</sup> Although the benefits of nanomedicinal formulations are well reported – with many preclinical examples supporting their effectiveness – their translation into the clinics is still an arduous, lengthy and costly pathway with multiple issues to be addressed.<sup>9</sup> This is clearly evidenced by the relatively few examples of pre-clinical research that have translated into clinical applications.

In preclinical research, the use of NPs is still being widely explored for both imaging and therapeutic applications. Different imaging agents based on NPs can be found for several medical imaging techniques; providing anatomical and functional information with increased sensitivity and specificity.<sup>10</sup> From the use of NPs to simply generate contrast in imaging techniques, work in this area has evolved towards more sophisticated formulations ("smart" NPs) capable of responding to external stimuli, biological targets or microenvironmental conditions in a specific manner relevant to the diagnostic and/or treatment of a disease.<sup>11</sup>

Current medical non-invasive imaging techniques include computed tomography (CT), magnetic resonance imaging (MRI),



optical imaging techniques (OI) and nuclear imaging techniques – such as single photon emission computed tomography (SPECT) and positron emission tomography (PET). Each technique has advantages and drawbacks (see Section 2); and the choice of which imaging method is most appropriate must be carefully considered based on the clinical problem being addressed. In particular, radionuclide imaging techniques offer high sensitivity (defined as the concentration of tracer needed for contrast) and the ability to provide functional/metabolic information at the molecular level. These techniques require the use of exogenous compounds containing radioisotopes (radiotracers), to provide imaging contrast. Radiotracers usually consist of biologically active organic molecules previously modified (radiolabelled) with a SPECT or PET radionuclide (see Section 3). For instance, one of the most clinically used radiotracers for PET is  $^{18}\text{F}$ -fluoro-deoxyglucose ( $[^{18}\text{F}]\text{-FDG}$ ) formed by a deoxyglucose molecule radiolabelled with the radionuclide fluorine-18 ( $^{18}\text{F}$ ). Considering the role of deoxyglucose in metabolic glycolytic pathways, many clinical studies are conducted daily to detect the increased level of glycolysis found in patients with cancer and other diseases.<sup>12</sup> Besides small molecules, nanomaterials are also being explored as radiotracers that combine the size-dependent properties of nanomaterials with the high sensitivity provided by radionuclides. Although radiolabelled nanomaterials are not applied routinely in clinics, they could find applications thanks to specific properties such as the ability to incorporate multiple radionuclides per NP (leading to high sensitivity), vector ligands (leading to high target affinity), or therapeutic components in a single platform.<sup>13</sup> This concept, known as multifunctionality, has generated new possibilities in the application of radiolabelled nanomaterials, not only for standard or multimodal molecular imaging but also for combined diagnosis and therapy – known as ‘theranostics’.

The term theranostics was introduced in 1998 by J. Funkhouser referring to “the ability to affect therapy or treatment of a disease state”.<sup>14</sup> Being able to perform therapy and diagnosis with the same vector is an important step forward towards personalised medicine where the safety and effectiveness of a treatment can be predicted and monitored by medical imaging techniques. With a slow evolution during the first years, the use of nanomedicines as theranostics platforms – known as nanotheranostics – has arguably had a large impact on the field. Different nanoparticle-based treatments such as those based on chemotherapy, gene therapy, immunotherapy, radiotherapy, photothermal therapy or photodynamic therapy have been developed in combination with the imaging modalities mentioned above.<sup>15–17</sup> The ability to image nanoparticle-based therapeutics non-invasively can provide information on target uptake of the nanomedicines – as well as potentially predict the therapeutic response. Hence, nanotheranostic platforms can potentially guide treatment regimens on a patient-to-patient basis. Additionally, the combination of nuclear imaging modalities with radiotherapies is especially attractive.<sup>18</sup>

One of the key aspects to consider when radiolabelling nanomaterials is the selection of the radionuclide. Different properties such as half-life, decay mode and biological response must be considered in advance (see Section 3). The chemistries

available to integrate the radionuclide into the nanomaterial must be then considered; with special attention given to the type of material and their potential effects on their physicochemical properties, as well as the expected *in vivo* stabilities. (see Section 4). These considerations are essential to avoid time-consuming and inefficient protocols that could give misleading or unusable results. The interaction between the radionuclide and the nanomaterial, the level of loading/chemical modifications and the stability of the final formulation in physiological media are key properties that will influence the pharmacokinetics and pharmacodynamics of the radiolabelled nanomaterial.

The strategies used during early nanoparticulate radiolabelling studies were primarily based on the application of standard radiochemistry protocols for lower-molecular weight compounds. With the evolution of the field, novel advanced radiolabelling methods specifically designed for the radiolabelling of nanomaterials are continuously emerging. Whether a radiolabelling method is adequate or not is affected by multiple factors that need to be carefully addressed. This review aims to discuss all these factors and provide a thorough summary and critical review of the different strategies available to label nanomaterials with radionuclides, from traditional to recent innovative methods. Ultimately, we hope that this document will guide the reader to select the best strategy for developing efficiently radiolabelled nanomaterials for innovative imaging and/or therapeutic purposes.

## 2 Medical imaging techniques: focus on nuclear imaging and radionuclide therapy

### 2.1 Medical imaging

Medical imaging refers to the use of imaging scanners to non-invasively obtain *in vivo* information of living subjects – as opposed to *ex vivo* invasive medical procedures (e.g. biopsy). Patients/subjects are placed within a medical imaging scanner which provides information, based on image contrast achieved by an intrinsic mechanism of the imaging technique (US, MRI, CT). Alternatively, image contrast can be attenuated/boosted by exogenous ‘contrast agents’; which require pre- and post-contrast imaging allowing signal quantification (US, MRI, CT). Finally, imaging agents which have an inherent signal can be administered for ‘hot-spot’ imaging (e.g.  $^{19}\text{F}$ -MRI, radioactive agents and fluorescent dyes). Depending on the technique, anatomical information and/or data on real-time biochemical processes (*i.e.* molecular imaging)<sup>19</sup> can be obtained. The medical imaging modalities available have important differences in their properties (Table 1), including: imaging field of view (FOV), spatial and temporal resolution, sensitivity, and tissue depth limitation of the imaging signal. Multimodal imaging, in which two or more imaging modalities are combined into a single instrument, is often used to overcome some of the drawbacks associated with any imaging technique by providing synergistic information. In this review we focus on radionuclide-based imaging methods, however, to gain a good understanding of



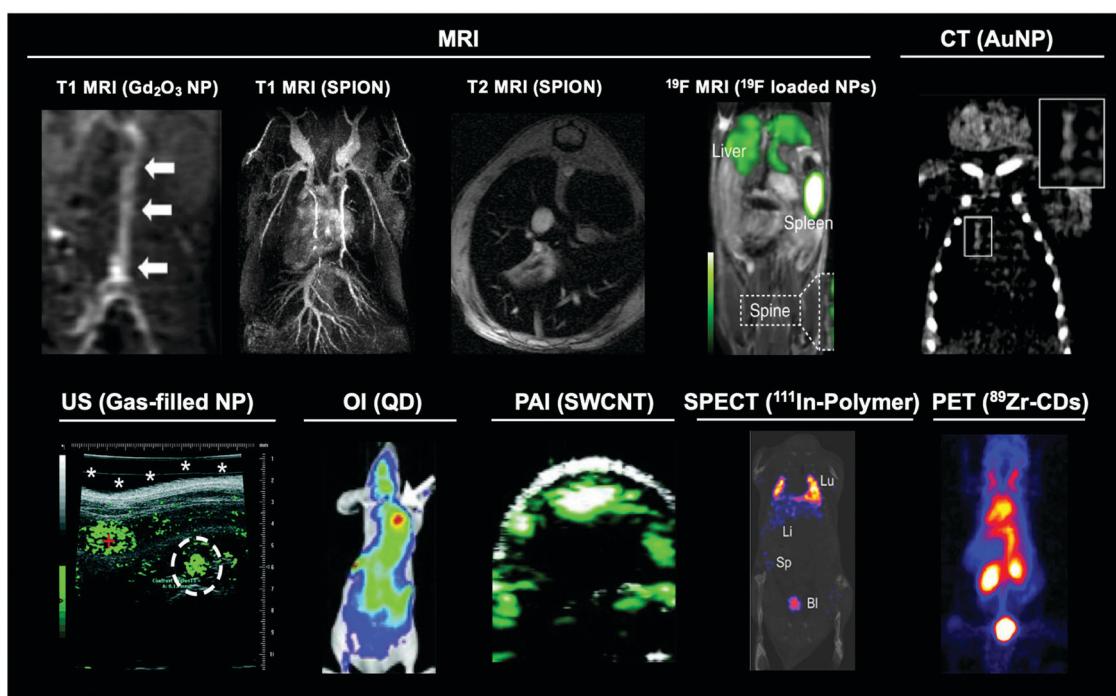
**Table 1** Summary of the properties of the imaging modalities used for nanoparticle imaging discussed in this review. PC = preclinical scanner; C = clinical scanner. Adapted from ref. 19–22

Imaging technique	Spatial resolution	Depth penetration	Sensitivity	Relative cost
MRI	≤0.1 mm (PC) 1–2 mm (C)	No limit	μM–mM	€€€
CT	≤0.2 mm (PC) 0.5–1 (C)	No limit	μM	€
US	1–2 mm (PC) ≤0.1 mm (C)	Several cm	~μM	€
OI	5 mm	mm–cm	PM–nM	€–€€€
PAI	≤0.1 mm	Several cm	pM	€
SPECT	0.5–2 mm (PC) 5–12 mm (C)	No limit	<pM	€€
PET	1–2 mm (PC) 3–6 mm (C)	No limit	fM	€€€

the pros and cons of these techniques for imaging NPs, we will provide a brief overview of other non-radionuclide based imaging modalities.

**2.1.1 Magnetic resonance imaging (MRI).** Magnetic resonance imaging (MRI) relies on the spin characteristics and magnetic properties of certain atomic nuclei. The primary nuclei used for MRI contrast are protons ( $^1\text{H}$ ) present abundantly in water molecules within the body. Protons in different tissue environments (*e.g.* fatty tissue or blood) have different relaxation times, which allow image contrast.<sup>19</sup> The imaging contrast in MRI is generated due to the different longitudinal ( $T_1$ ) and transverse ( $T_2$ ) relaxation times of each tissue. NPs containing paramagnetic metals (*e.g.*  $\text{Gd}^{3+}$  and  $\text{Mn}^{2+/\text{3}+}$ ) are capable of modulating the relaxation times of MRI-active

nuclei. For example, Gd-NPs can provide  $T_1$ -weighted (positive) contrast allowing imaging (Fig. 2).<sup>23</sup> Superparamagnetic iron oxide nanoparticles (SPIONs) provide contrast mainly by  $T_2$ -weighted (negative) protocols,<sup>24</sup> but can also provide  $T_1$ -based contrast depending on their properties (Fig. 2).<sup>25</sup> As well as imaging  $^1\text{H}$ , other nuclei such as  $^{19}\text{F}$  can be detected with MRI after exogenous administration of fluorine-containing NPs (Fig. 2) allowing 'hot-spot' MR imaging. MRI as a modality provides exceptional spatial resolution (for  $^1\text{H}$ -MRI: *ca.* 0.1 mm pre-clinically; *ca.* 1 mm clinically) and benefits from not requiring ionising radiation. However, it has limited applications in molecular imaging due its low sensitivity ( $10^{-3}$ – $10^{-5}$  M) and the difficulties of performing whole-body MRI and obtaining quantitative images.



**Fig. 2** Representative images of the main modalities used to image different nanomaterials.  $\text{Gd}_2\text{O}_3$  nanoparticle MR image adapted from Park *et al.*<sup>26</sup>  $T_1$  and  $T_2$  SPION MRI image adapted from Pellico *et al.*<sup>27</sup>  $^{19}\text{F}$  MRI image adapted from Senders *et al.*<sup>28</sup> CT image adapted from Chhour *et al.*<sup>29</sup> US image adapted from Peyman *et al.*<sup>30</sup> OI image adapted from Gao *et al.*<sup>31</sup> PAI image adapted with permission from de la Zerda *et al.*<sup>32</sup> Copyright (2010) American Chemical Society. SPECT image adapted from Imlimthan *et al.*<sup>33</sup> PET image adapted from Cheng *et al.*<sup>34</sup>



**2.1.2 Computed tomography (CT).** Computed tomography (CT) is a widely available medical imaging technique based on the differing levels of X-ray attenuation in the body. Based on their density and composition, tissues will either strongly absorb (e.g. bone) or weakly absorb (e.g. air) X-rays resulting in imaging signal contrast. CT provides 3D images at high spatial resolution (*ca.* 0.1 mm pre-clinically and *ca.* 0.5 mm clinically) and has no imaging signal depth limitation. However, the use of highly ionising X-rays results in high radiation doses.<sup>19</sup> Whilst primarily used for anatomical information, NPs containing high concentrations of high *Z* elements can be used as CT contrast agents (e.g. Au, I, Yb, Ba) resulting in high spatial-resolution *in vivo* images (Fig. 2).<sup>35–37</sup> The low sensitivity of this technique, however, results in the need of high concentrations for *in vivo* detection that could lead to potential toxicity issues and limitations for molecular imaging.

**2.1.3 Ultrasound (US) imaging.** Ultrasound (US) imaging relies on the properties of high-frequency sound waves as they travel through tissues. During a US scan, a transducer is externally placed on the target area where it emits pulses of high frequency sound waves. These sound waves enter the body and are reflected back (backscattered) where they are detected by the transducer again. The properties of the reflected sound-waves, such as their frequency, amplitude and time of arrival, are analysed and allow a 2D image to be created.<sup>38</sup> Ultrasound imaging is low-cost, does not use ionising radiation, provides excellent spatiotemporal resolution (essentially providing real-time imaging), and is widely used in the clinical setting. Despite this, it has a very small field of view (it cannot be performed on a whole-body scale) and suffers from limited tissue depth penetration. Particulate materials such as microbubbles or nanobubbles that scatter US waves can be imaged with this imaging technique (Fig. 2),<sup>23</sup> a property that is often used to enhance US images and allow diagnoses in the clinical setting.<sup>39</sup>

**2.1.4 Optical imaging (OI).** Optical imaging (OI) is based on the detection of light emissions from molecules after their excitation. These light emissions and their intensity are detected by external cameras that convert this information into images. For *in vivo* applications, optical fluorescence imaging is often used

and relies on exogenous chemical compounds as imaging agents that fluoresce after excitation from an external light source of a certain wavelength. Any NP with fluorescent emission properties (e.g. quantum dots) can thus be imaged using this technique, with the advantage that they can be imaged at multiple spatial scales, from whole body (Fig. 2) to the cell level (microscopy). However, OI suffers from limited tissue depth limitations both for the excitation and emission lights, as well as significant tissue auto-fluorescence, that limit its *in vivo* imaging applications to the intraoperative and preclinical fields.

**2.1.5 Photoacoustic imaging (PAI).** Photoacoustic (or opto-acoustic) imaging (PAI) is based on the detection of acoustic waves, which are generated by endogenous chromophores – and/or administered contrast agents – following their absorption of light pulses (Fig. 2).<sup>40</sup> PAI is highly sensitive and has a comparably high spatial resolution to US imaging (Table 1). Although, it also suffers from a limited FOV and tissue penetration limits. Despite this, due to the lower scattering of sound waves by tissue, compared with light photons, PAI has a higher depth penetration compared with standard OI techniques.<sup>22</sup> Furthermore, multispectral PAI allows images generated to be spectrally unmixed, thus allowing imaging of multiple chromophores.<sup>40</sup> A variety of nanomaterials can be used as contrast agents for PAI; including gold NPs, carbon nanomaterials and – more recently – semi-conducting polymer nanoparticles.<sup>22,41</sup>

## 2.2 Radionuclide imaging

Radionuclide or nuclear imaging refers to two main imaging techniques: single-photon emission computed tomography (SPECT, Fig. 3A) or positron emission tomography (PET, Fig. 3B). Both of these techniques rely on the detection of radioactive nuclides (radionuclides). Thus, tracking NPs using PET/SPECT requires their ‘tagging’ or ‘labelling’ with radionuclides (radiolabelling) allowing non-invasive *in vivo* imaging *via* the radioactive decay emissions of the radionuclide – using the appropriate scanner. Both techniques, however, differ in the detection method, leading to significant differences that are worth discussing below.

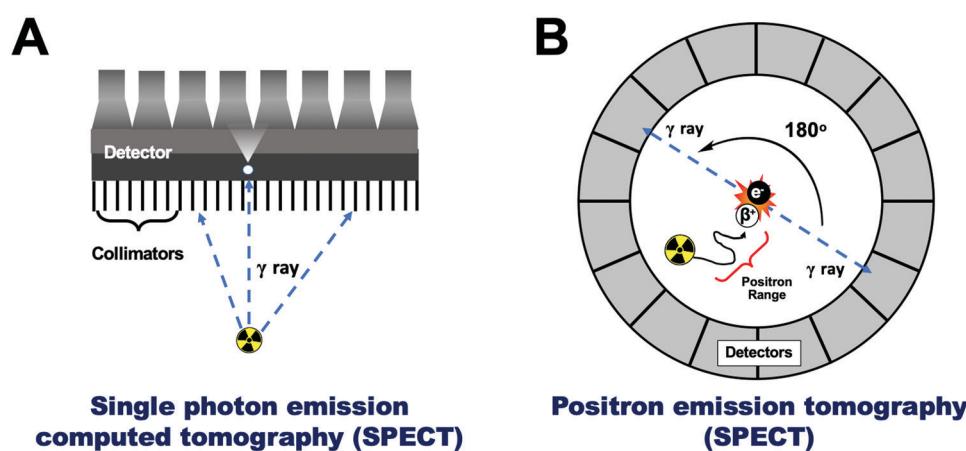


Fig. 3 (A) Schematic representation of single photon emission computed tomography (SPECT), (B) schematic representation of positron emission tomography (PET).



**2.2.1 Single photon emission computed tomography (SPECT).** Single photon emission computed tomography (SPECT) imaging uses radionuclides that emit gamma ray photons during their radioactive decay (*vide infra*, Section 3.2). The emitted gamma rays have defined energy levels which are detected using a gamma camera. SPECT is performed by rotating the camera around the subject or patient to capture the gamma emissions in 3D. To determine the origin of the photons, collimators that preferentially allow parallel rays are used (Fig. 3A). Hence, narrow collimators (*e.g.* multi-pinhole) allow high spatial resolution SPECT imaging. However, this is achieved at the expense of sensitivity since the process of collimation excludes a significant amount of diagonally incident photons. The balance between collimator aperture and associated spatial resolution often determines the amount of radioactivity and scanning time required for different SPECT imaging applications.

**2.2.2 Positron emission tomography (PET).** Positron emission tomography (PET) involves the imaging of radionuclides that decay by emitting positrons ( $\beta^+$ ), which are the anti-matter equivalent of electrons (*vide infra*, Section 3.3). Once the released positrons interact with nearby electrons they undergo annihilation, releasing energy in the form of two gamma ray photons emitted in opposite directions and angle to each other (*ca.*  $180^\circ$ ) and a distinct energy of 511 keV (Fig. 3B). PET cameras are made up of a ring of detectors for the detection of these 511 keV gamma rays (known as coincidence detection). The precise origin of the annihilation event along a so-called 'line of response' – and therefore the approximate location of the PET radionuclide – can then be determined with a spatial resolution in the mm range, as determined by the positron range/energy of each radionuclide (Fig. 3B).

**2.2.3 PET vs. SPECT imaging.** Now that we have briefly discussed the basic concepts behind both nuclear imaging techniques, we will outline how these differences influence their individual capabilities. In terms of spatial resolution, we described above how the use of collimators in SPECT allows the potential for high spatial resolution.<sup>19</sup> However, that of clinical SPECT scanners (5–12 mm) is lower than with clinical PET scanners (3–6 mm). This is largely the result of the balance discussed above that is required between collimator aperture and radioactivity dose. However, in the preclinical setting, differences in resolution between the two modalities (*ca.* 1 mm) are minor.<sup>42</sup> The sensitivity of PET is superior to that of SPECT due to the lack of collimation in the former, which also results in improved signal quantification. Despite this, clinical SPECT imaging is less costly and more widely available. Additionally, due to the unique energy emissions that SPECT radionuclides have, multiple isotopes and radioactive compounds can be imaged independently within the same *in vivo* imaging subject – known as multiplexed imaging.<sup>21</sup> In contrast, all annihilation event gamma rays emitted by PET isotopes have the same 511 keV energy, making multiplexed imaging of multiple compounds not currently possible with standard scanners. However, many PET radionuclides also produce additional gamma emissions, which can lead to triple-coincidence events. These can be detected with additional gamma-ray detectors allowing the detection of multiple PET isotopes within

the same system.<sup>43</sup> Despite its lower global availability, there are an increasing number of PET scanners and radiotracers becoming available in clinics worldwide, due to the superior sensitivity and spatial resolution. Finally, the recent breakthrough in the PET imaging field of the clinical total-body scanner technology should be highlighted. Using total-body PET imaging radiotracers can be imaged in humans at much lower radiation doses (up to  $40\times$  lower), and significantly lower acquisition times.<sup>44,45</sup>

**2.2.4 Advantages and disadvantages of PET and SPECT for nanoparticle imaging (*vs.* other medical imaging techniques).** Both nuclear imaging techniques have key properties that make them highly suited to image the biodistribution and pharmacokinetics of NPs *in vivo*. First is the issue of imaging signal tissue penetration. PET and SPECT have no tissue depth penetration limits, as the high-energy gamma-ray photons emitted by radionuclides can easily pass through tissue, and can be performed on a whole body scale. Additionally, they are greatly more sensitive ( $10^{-10}$ – $10^{-12}$  M) compared to other imaging modalities such as MRI and CT. These properties combined mean that clinical and preclinical imaging can be performed using small quantities of NP radiotracer; in the order of micrograms or lower – compared with milligram to gram quantities of NPs for MRI/CT. A key benefit is that this low amount of NP radiotracer required does not perturb the biological system of interest, and is less likely to induce toxic effects. Furthermore, the use of radionuclides allows the accurate quantification of NP tissue uptake *in vivo* with high temporal resolution, as well as *ex vivo*. This is particularly important and challenging to achieve with MRI/CT and allows the use of nuclear imaging techniques for whole-body analysis of NP pharmacokinetics and biodistribution. Despite these properties, nuclear imaging offers lower spatial resolution compared with MRI and CT. To overcome this, nuclear imaging techniques are often combined with CT, or more recently MRI, to provide synergistic high spatial resolution anatomical information. An additional important consideration when using radionuclides is the radiation doses each subject receives during scanning, which must be considered and are often minimal when carefully managed.

### 2.3 Radionuclide therapy

The decay properties of certain radionuclides allow their use as therapeutics, adding the possibility of using NPs as radionuclide therapy agents. These radionuclides emit  $\alpha$  (alpha),  $\beta^-$  (beta) particles or Auger electrons that are capable of depositing a substantial amount of energy, and hence damage, to tissues. These therapeutic radionuclides can be incorporated in high concentrations into nanomaterials with the aim of delivering their radio-emission 'payload' to specific tissues (*e.g.* tumours).<sup>46,47</sup> For maximum therapeutic efficacy, the radionuclide decay type, range, and the energy deposited over that distance – the linear energy transfer (LET) – must be carefully considered and matched to the biological target.<sup>48</sup> The three emission types for radionuclide therapy will be briefly summarised below.

**2.3.1 Alpha-particle radiation.** An alpha particle is a helium ( ${}^4\text{He}$ ) nucleus, with a +2-charge emitted, by certain radionuclides

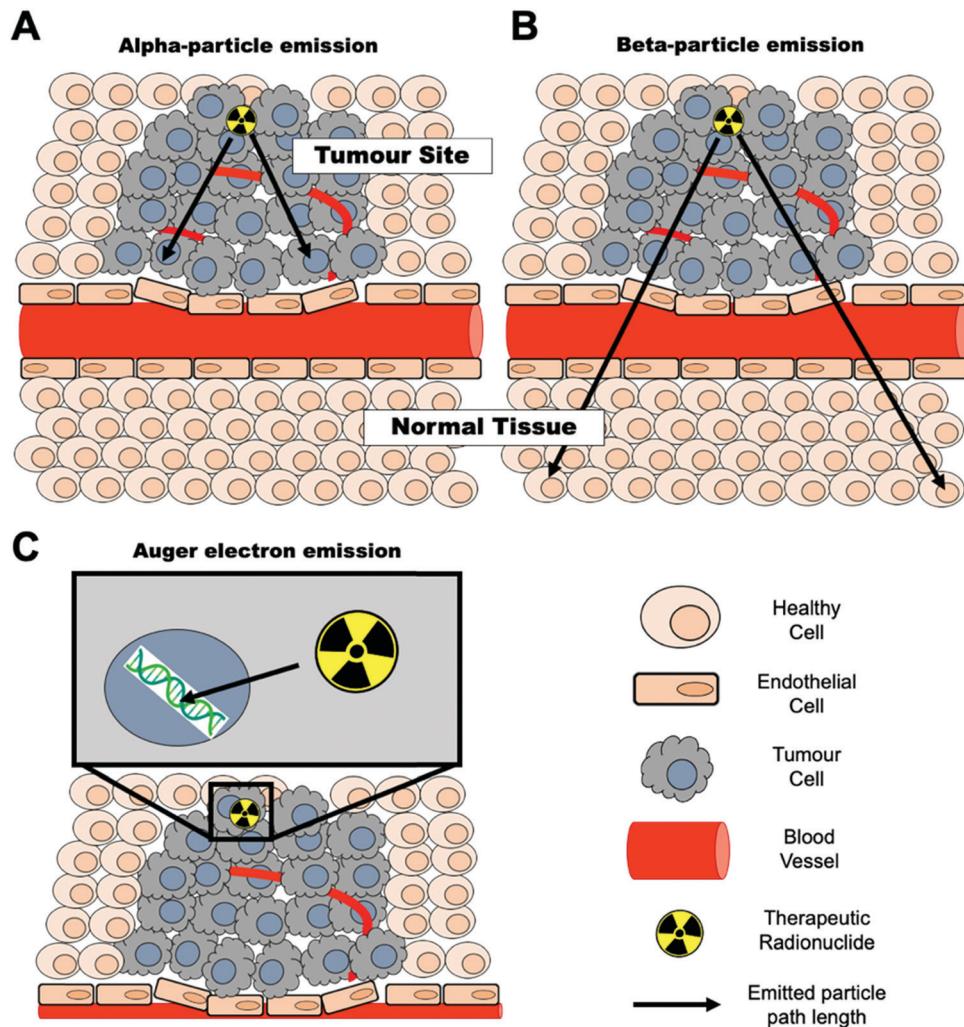


Fig. 4 Radionuclide therapy mechanisms – representation of (A) alpha-particle emission, (B) beta-particle emission and (C) Auger electron emission. Black arrows represent the approximate path length of each emitted particle.

as they undergo radioactive decay. Alpha particles are considered to have a high linear energy transfer (LET) of approximately  $80 \text{ keV } \mu\text{m}^{-1}$ ,<sup>48</sup> and a particle range of 50–100  $\mu\text{m}$ , and hence can deposit energy over *ca.* 5–10 cell diameters (Fig. 4A).<sup>49</sup> The primary molecular target of alpha-particle radiotherapy is the DNA within the cell nucleus, causing double-strand breaks, but cytotoxicity is likely to involve a number of other mechanisms such as reactive oxygen species (ROS) generation.<sup>50</sup> Additionally, due to its particle range and LET, alpha particles are capable of damaging neighbouring cells – known as the cross-fire effect.<sup>48</sup> Examples of common alpha-emitting radionuclides can be found in Table 4.

**2.3.2 Beta-particle radiation.** A beta particle ( $\beta^-$ ) is a high energy electron emitted from a decaying radionuclide. These should not be confused with positrons ( $\beta^+$ ) which are another type of beta particle.  $\beta^-$  particles have a low LET ( $0.1\text{--}1.0 \text{ keV } \mu\text{m}^{-1}$ ), resulting in the largest particle range ( $\leq 12 \text{ mm}$ ), relating to many hundreds of cell diameters compared with alpha particles and Auger electrons.<sup>48,49</sup> This can result in the damaging of healthy tissue surrounding tumour sites (Fig. 4B) *via* the cross-fire effect.

**2.3.3 Auger electron radiation.** Auger electrons are electrons ejected from radioactive nuclei due to the Auger effect. During a radioactive decay a vacancy in an inner electron orbital can occur, which is then filled by an outer electron shell. The energy difference from this transition is then transferred to another electron where it is finally ejected from the atom. This ejected electron is known as an Auger electron. Auger electrons have a very small particle range ( $< 0.5 \text{ mm}$ ), but with a high LET ( $1\text{--}26 \text{ keV } \mu\text{m}^{-1}$ )<sup>49,51</sup> and so ideally have to be delivered intracellularly to the nucleus to maximise the cytotoxic activity from DNA double stand breaks (Fig. 4C). Despite this, Auger electrons can also induce cell death by damaging the cell membrane, as well as *via* ROS generation.<sup>51</sup> Further details on Auger-emitting radionuclides can be found in Section 3.4 and Table 4.

### 3 Radionuclides

#### 3.1 Production of radionuclides

Traditionally, the production of radionuclides for medical imaging and therapy has been associated with costly facilities



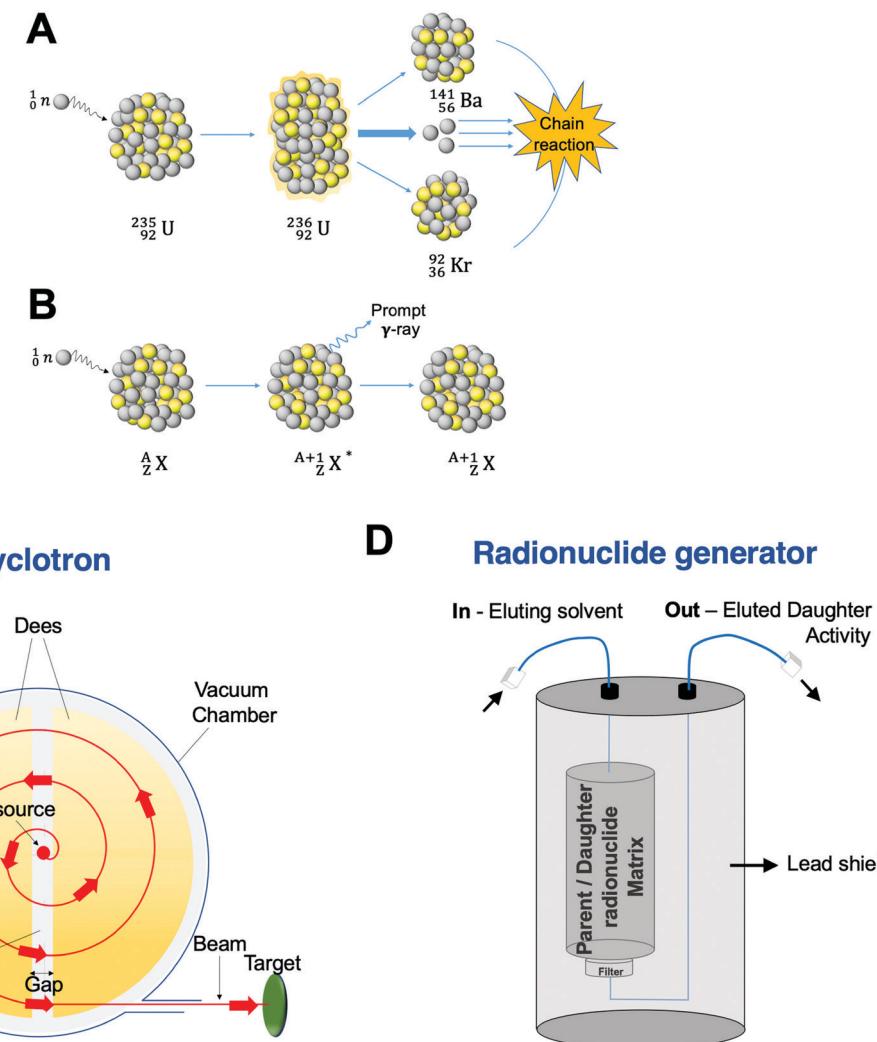


Fig. 5 Production of radionuclides. Schematic representation of (A) nuclear fission of a  $^{235}\text{U}$  atom, (B) a  $(\text{n},\gamma)$  neutron activation process, (C) cyclotron, and (D) standard radionuclide generator.

and time-consuming protocols. Nevertheless, the optimisation of production processes and the modernisation of production technologies has facilitated their increased use in the clinical and preclinical settings. Four methods are currently applied for radionuclide production: fission, neutron activation, cyclotron and generator. These will be briefly described below.

**3.1.1 Fission and neutron activation.** Both fission and neutron activation methods are triggered by the bombardment of a stable nuclide (target) with a neutron, and require energies only available at nuclear reactors. In fission, the neutron penetrates into the nucleus of the target generating a highly unstable nuclide that consequently undergoes nuclear fission generating a new pair of atoms,  $\gamma$ -ray emissions and two to three neutrons (Fig. 5A).<sup>52</sup> One of the most important radionuclides applied in nuclear medicine and produced by fission is  $^{99}\text{Mo}$  with a major application as the parent radionuclide in  $^{99}\text{Mo}/^{99\text{m}}\text{Tc}$  generators (*vide infra*).

Neutron activation is the other process carried out in a nuclear reactor. Here, the neutrons generated during the

fission reaction are directed to a target with a stable nuclide,  $_{\text{Z}}\text{X}$ , giving an excited product nucleus,  $_{\text{Z}}\text{X}^{*}$ . This excited nucleus then undergoes de-excitation to a ground state emitting a prompt  $\gamma$  photon, yielding a radioactive isotope of the same element,  $_{\text{Z}}\text{X}^{*}$  (Fig. 5B). Although the  $(\text{n},\gamma)$  reaction is the most common in neutron activation,  $(\text{n},\text{p})$  reactions can also occur by emission of a proton, p. In this case, the starting target and the obtained product are different elements with the reaction represented as  $_{\text{Z}}\text{X}(\text{n},\text{p})_{\text{Z}-1}\text{Y}$ .

**3.1.2 Cyclotron.** A cyclotron is a particle accelerator where particles (protons, deuterons, Triton or  $\alpha$ -particles) generated by an ion source at high voltage, are accelerated following a spiral trajectory and directed towards a target (Fig. 5C). To accelerate the particles, two semi-circular electrodes (Dees or “Ds”) are placed between the poles of an electromagnet under vacuum separated by a narrow gap. The change of polarity between the electromagnet poles allow the particles to cross the gap travelling from one D to the other while increasing the speed.<sup>53</sup> Contrary to nuclear reactors, where

nuclides often decay by  $\beta^-$  due to the overabundance of neutrons, the cyclotron-produced radionuclides are deficient in neutrons and decay by EC or  $\beta^+$ . Therefore, cyclotrons are the main production method for positron emitting radionuclides.

**3.1.3 Generator.** A generator is a piece of benchtop equipment containing a solid matrix where a pair of parent/daughter radionuclides are adsorbed. The concept is based on the selective extraction of the daughter radionuclide from the matrix *via* a solvent elution method (Fig. 5D). This separation is based on either physical or chemical properties of the two radionuclides. Moreover, due to the higher half-life of the parent radionuclide, the generator might be eluted repeatedly (usually a recovery time is required) allowing a continuous supply of the daughter activity. Generators have other unique advantages such as a small footprints and simple set up and use, avoiding costly bespoke facilities.<sup>54</sup> In addition, generators provide “on site” radionuclides with very short half-life times such as <sup>82</sup>Rb ( $t_{1/2} = 76$  s) or <sup>62</sup>Cu ( $t_{1/2} = 9.7$  min). However, only a few parent/daughter pairs are amenable for routine generator production at the preclinical and clinical settings (Tables 2–4).

### 3.2 Radionuclides for SPECT

Radionuclides are mainly characterised by their decay modes, the energy emitted and the half-life of the products and sub-products generated until the stable isotope is reached.<sup>55,56</sup> Gamma-emitters have been used since the beginning of nuclear medicine for  $\gamma$ -scintigraphy. With the development of SPECT –

usually combined with CT –  $\gamma$ -emitting radionuclides are expanding the clinical imaging applications beyond the traditional  $\gamma$ -cameras. Nowadays, <sup>99m</sup>Tc is the most widely used radionuclide. This radionuclide combines a moderate short half-life (6 h), appropriate nuclear properties (89% of  $\gamma$ -rays abundance at 140 keV) and accessible generator production; making it a highly suitable choice for nuclear imaging studies.<sup>57</sup> Due to its metallic character and several oxidation states available, radiolabelling with <sup>99m</sup>Tc is based on the formation of coordination complexes between the radionuclide (that needs to be reduced from Tc(vii) and a chelating ligand). Therefore, the versatility of <sup>99m</sup>Tc based radiolabelling, and that of other metallic radionuclides, is limited to coordination chemistry approaches (see Section 4.2).<sup>58</sup> Other SPECT radionuclides, mainly iodine isotopes, are used for the formation of covalent bonds with carbon. In this regard, iodine radionuclides offer different isotopes to perform medium-term (<sup>123</sup>I,  $t_{1/2} = 13.3$  h) or long-term imaging studies (<sup>125</sup>I,  $t_{1/2} = 60.5$  d) and even radiotherapy (<sup>131</sup>I,  $t_{1/2} = 8$  d,  $\beta^-$ ) with the same molecule.<sup>59</sup> There is an extensive variety of useful SPECT radionuclides; not only for the radiolabelling of small molecules, peptides, proteins or antibodies, but also for the radiolabelling of nanomaterials (Table 2).

### 3.3 Radionuclides for PET

Traditionally, clinical applications of PET have been mainly focused on four radionuclides: <sup>11</sup>C, <sup>18</sup>F, <sup>13</sup>N and <sup>15</sup>O.<sup>60</sup> <sup>18</sup>F is currently the main radionuclide used in clinical PET imaging,

Table 2 Radionuclides for SPECT imaging discussed in this review

Radionuclide	Half-life	Max. energy (keV)	Decay	Production	Common production reaction
Au-198	2.7 d	960	$\beta^-$ , $\gamma$	Cyclotron	<sup>197</sup> Au(n, $\gamma$ ) <sup>198</sup> Au
Au-199	3.1 d	452.6	$\beta^-$ , $\gamma$	Cyclotron	<sup>198</sup> Au(n, $\gamma$ ) <sup>199</sup> Au
Co-57	270 d	692	EC, $\gamma$	Cyclotron	<sup>56</sup> Fe(d,n) <sup>57</sup> Co
Fe-59	44.5 d	1291	$\beta^-$ , $\gamma$	Cyclotron	<sup>59</sup> Co(p,n) <sup>59</sup> Fe
Ga-67	78.3 h	300	Auger e <sup>-</sup> , $\gamma$	Cyclotron	<sup>68</sup> Zn(p,2n) <sup>67</sup> Ga
Gd-153	240.4 d	103	EC, $\gamma$	Cyclotron	<sup>152</sup> Gd(n, $\gamma$ ) <sup>153</sup> Gd
In-111	2.81 d	245	$\gamma$	Cyclotron	<sup>111</sup> Cd(p,n) <sup>111</sup> In
I-123	13.3 h	159	Auger e <sup>-</sup> , $\gamma$	Cyclotron	<sup>127</sup> I(p,5n) <sup>123</sup> Xe
Re-186	91 h	1080	$\beta^-$ , $\gamma$	Cyclotron	<sup>186</sup> W(p,n) <sup>186</sup> Re
Tc-99m	6.0 h	140	$\gamma$	Generator	<sup>99</sup> Mo/ <sup>99m</sup> Tc
Tl-201	3.0 d	71	$\gamma$	Cyclotron	<sup>203</sup> Tl(p,3n) <sup>201</sup> Pb

Table 3 Radionuclides for PET imaging discussed in this review

Radionuclide	Half-life	Max. energy (keV)	Decay	Production	Common production reaction
As-72	25.9 h	3320	$\beta^+$	Cyclotron	<sup>72</sup> Ge(p,n) <sup>72</sup> As
Br-76	16 h	3980	$\beta^+$	Cyclotron	<sup>76</sup> Se(p,n) <sup>76</sup> Br
C-11	20.4 min	961	$\beta^+$	Cyclotron	<sup>14</sup> N(p, $\alpha$ ) <sup>11</sup> C
Cu-62	9.7 min	2926	$\beta^+$	Generator	<sup>62</sup> Zn/ <sup>62</sup> Cu
Cu-64	12.7 h	656	EC, $\beta^+$ , $\beta^-$	Cyclotron	<sup>64</sup> Ni(p,n) <sup>64</sup> Cu
F-18	109.7 min	634	EC, $\beta^+$	Cyclotron	<sup>18</sup> F (F <sup>-</sup> ): <sup>18</sup> O(p,n) <sup>18</sup> F
Ga-68	67.6 min	1899	EC, $\beta^+$	Generator/cyclotron	<sup>68</sup> Ge/ <sup>68</sup> Ga
Ge-69	39.1 h	1205	$\beta^+$	Cyclotron	<sup>69</sup> Ga(p,n) <sup>69</sup> Ge
I-124	4.2 d	2100	EC, $\beta^+$	Cyclotron	<sup>124</sup> Te(p,n) <sup>124</sup> I
Mn-52	5.6 d	1434	$\beta^+$	Cyclotron	<sup>52</sup> Cr(p,n) <sup>52</sup> Mn
N-13	9.9 min	1199	$\beta^+$	Cyclotron	<sup>16</sup> O(p, $\alpha$ ) <sup>13</sup> N
O-15	2.1 min	1732	$\beta^+$	Cyclotron	<sup>15</sup> N(p,n) <sup>15</sup> O
Rb-82	1.3 min	3378	EC, $\beta^+$	Generator	<sup>82</sup> Sr/ <sup>82</sup> Rb
Y-86	14.7 h	3150	$\beta^+$	Cyclotron	<sup>86</sup> Sr(p,n) <sup>86</sup> Y
Zr-89	78.4 h	900	EC, $\beta^+$	Cyclotron	<sup>89</sup> Y(p,n) <sup>89</sup> Zr



Table 4 Radionuclides for therapy applications

Radionuclide	Half-life	Max. energy (keV)	Decay	Production	Max. particle range
$\beta$ -Emission (LET $\sim 0.2$ keV $\mu\text{m}^{-1}$ )					
Au-198	2.7 d	960	$\beta^-$ , $\gamma$	Cyclotron	4 mm
Y-90	64.0 h	2280	$\beta^-$	Generator	12.0 mm
Lu-177	6.7 d	500	$\beta^-$ , $\gamma$	Cyclotron	1.5 mm
I-131	8.0 d	610	$\beta^-$ , $\gamma$	Fission	2.0 mm
Cu-67	62 h	577	$\beta^-$ , $\gamma$	Cyclotron	1.8 mm
Re-186	91 h	1080	$\beta^-$ , $\gamma$	Cyclotron	5.0 mm
Re-188	16.9 h	2120	$\beta^-$ , $\gamma$	Generator	10.0 mm
$\alpha$ -Emission (LET $\sim 80$ keV $\mu\text{m}^{-1}$ )					
At-211	7.2 h	6000	$\alpha$	Cyclotron	0.08 mm
Ac-225	10 d	8000	$\alpha$ , $\beta^-$	Cyclotron	0.1 mm
Bi-212	60.6 min	6000	$\alpha$ , $\beta^-$	Cyclotron	0.09 mm
Bi-213	46 min	6000	$\alpha$ , $\beta^-$	Cyclotron	<0.1 mm
Ra-223	11.4 d	7000	$\alpha$ , $\beta^-$	Cyclotron	<0.1 mm
Pb-212	10.6 h	7800	$\alpha$ , $\beta^-$	Cyclotron	<0.1 mm
Tb-149	4.2 h	400	$\alpha$	Cyclotron	<0.1 mm
Auger-emission (LET $\sim 4$ – $26$ keV $\mu\text{m}^{-1}$ )					
Ga-67	78.3 h	300	Auger $e^-$ , $\gamma$	Cyclotron	10 nm
I-123	13.3 h	159	Auger $e^-$ , $\gamma$	Cyclotron	10 nm
I-125	60.5 d	27	Auger $e^-$ , $\gamma$	Neutron activation	10 nm

mostly due to its manageable half-life ( $t_{1/2} = 109.7$  min), whereas that of  $^{11}\text{C}$ ,  $^{13}\text{N}$  and  $^{15}\text{O}$  are very short ( $t_{1/2} = \text{few minutes}$ ). Therefore, whereas having a cyclotron in close proximity and very fast radiolabelling protocols are required for  $^{11}\text{C}$ ,  $^{13}\text{N}$  and  $^{15}\text{O}$ , this is not essential for  $^{18}\text{F}$  radiochemistry. Additionally, a substantial number of new drugs contain a F atom in their structure, increasing the interest of drug companies to use  $^{18}\text{F}$ -PET to study their *in vivo* properties.<sup>61</sup> Furthermore, the half-life of  $^{18}\text{F}$  matches well with the pharmacokinetics of many small biomolecules.<sup>62</sup> NPs, however, tend to have longer biological half-lives that are better matched by long-lived PET radionuclides.

Metallic radionuclides elements are attractive candidates for PET applications, particularly for imaging NPs.  $^{89}\text{Zr}$ , with a long half-life of 3.3 days, has been attached to biomolecules with long circulation times, mainly antibodies for immuno-PET applications.<sup>63</sup>  $^{68}\text{Ga}$  ( $t_{1/2} = 67.6$  min), due to its generator-based production (Table 3), is increasingly being used for the radiolabelling of peptides and small molecules, making  $^{68}\text{Ga}$  the “PET version of  $^{99\text{m}}\text{Tc}$ ”.<sup>64</sup> However, it has limited applications for *in vivo* NP imaging studies due to its short half-life. Several other radionuclides with different nuclear and chemistry properties have been also investigated for a variety of PET applications (Table 3).

### 3.4 Radionuclides for therapy

As discussed in the previous section, radionuclides with  $\alpha$ ,  $\beta^-$  and Auger  $e^-$  emissions have therapeutic applications (Table 4). The use of radionuclides for therapy is not a novel concept. The treatment of thyroid cancer and hyperthyroidism with thyroid-avid  $^{131}\text{I}$ -iodide was implemented more than 70 years ago.<sup>65</sup> Other important therapeutic radionuclides used clinically is the bone-tropic  $^{223}\text{Ra}$ ; with demonstrated effectiveness in bone related solid tumours and bone metastases in prostate cancer.<sup>66</sup> Other emerging radionuclides for therapy are  $^{177}\text{Lu}$  and  $^{225}\text{Ac}$ , being

investigated in different clinical trials for theranostics applications in neuroendocrine tumours and prostate cancer.<sup>67–69</sup>

For therapeutic applications with antibodies (radioimmunotherapy), several formulations are also under evaluation using  $^{90}\text{Y}$  as a therapeutic radionuclide, with some of them already approved – such as  $^{90}\text{Y}$ -Ibritumomab tiuxetan (Zevalin<sup>®</sup>) used as treatment for non-Hodgkin’s lymphoma.<sup>70</sup> The integration of therapeutic radionuclides into nanomaterials has the potential of not only improving their therapeutic efficiency but also their theranostic capabilities with a broad variety of applications. However, the usual slow excretion of nanomaterials poses a significant barrier for this approach.

### 3.5 Theranostic pairs of radionuclides

Besides the use of individual radionuclides for imaging and/or therapy, certain combinations of radioisotopes can be used as theranostic pairs for both imaging and therapy. These combinations are formed by two radioisotopes of the same chemical element, one with the appropriate radio-physical properties to generate a signal for PET or SPECT detection, and the other isotope with suitable therapeutic properties. This is an interesting approach since both isotopes are radioisotopes of the same element and hence, only one chemical element is ultimately applied allowing both diagnosis and therapy.

The first example of a theranostic pair application was described in 1993 by Herzog *et al.* where the pair  $^{86}\text{Y}$ / $^{90}\text{Y}$  was studied to evaluate, in a patient with bone metastases, the pharmacokinetics of the radiotracer  $^{86}\text{Y}$ -citrate as an analogue of the radiotherapeutic  $^{90}\text{Y}$ -citrate.<sup>71</sup> Since then, different pairs have been proposed increasing the opportunities in personalised medicine. These pairs are formed by  $\beta^+$  or  $\gamma$ -emitters for PET or SPECT respectively, in combination with radionuclides with  $\alpha$ ,  $\beta^-$  and Auger  $e^-$  emissions for the therapeutic response. Some of the most important proposed pairs are:  $^{72}\text{As}$ / $^{77}\text{As}$ ,



$^{64}\text{Cu}/^{67}\text{Cu}$ ,  $^{68}\text{Ga}/^{67}\text{Ga}$ ,  $^{124}\text{I}/^{131}\text{I}$ ,  $^{110\text{g}}\text{In}/^{111}\text{In}$ ,  $^{44\text{g}}\text{Sc}/^{47}\text{Sc}$ ,  $^{83}\text{Sr}/^{89}\text{Sr}$ ,  $^{152}\text{Tb}/^{161}\text{Tb}$ ,  $^{152}\text{Tb}/^{149}\text{Tb}$  and  $^{86}\text{Y}/^{90}\text{Y}$ .<sup>72</sup>

The nature of NPs offers unique possibilities in combination with theranostic radionuclide pairs, such as the ability of co-loading radionuclides and drugs with synergistic therapeutic properties. However, as mentioned in the previous section, the slow biological excretion profile of most nanomaterials represents a significant barrier towards the clinical translation of radionuclide-based therapeutic nanomaterials.

### 3.6 Biodistribution of free radionuclides

A key factor when *in vivo* studies are conducted with radiolabelled nanomaterials is the biodistribution of the “free” or unchelated radionuclide. Although this is often underestimated, the lack of consideration of this aspect can easily lead to misinterpreting imaging signal: wherein the biodistribution of the free radionuclide is wrongly attributed to the nanomaterial signal. On the contrary, knowledge of the radionuclide biodistribution can also aid the selection of the most appropriate radionuclide depending on the final application; to avoid, as far as possible, the overlapping between the signals of the free radionuclide and the radiolabelled nanomaterial. It is worth noting that this is mostly applicable when the radiolabeled NP releases its radionuclide in its ‘free’ form. When radionuclides are chelated to a well-suited small molecule-based ligand/chelator it is expected that release of this component from the NP structure will result in fast excretion *via* the renal excretion pathway, unless any biological process that may be involved in NP degradation affects the expected radiometal-chelator stability.

Table 5 shows the biodistribution of the most important radionuclides used for the radiolabelling of nanomaterials. It is important to note that this table highlights the organs where an unchelated radionuclide can be found in a qualitative manner. The degree of uptake will depend on the type of specimen, experimental model and the biodistribution time. In addition, some radionuclides are often produced under different formulations (*e.g.*  $^{89}\text{Zr}$  can be used as  $[^{89}\text{Zr}]\text{ZrCl}_4$  or  $[^{89}\text{Zr}]\text{Zr-oxalate}$ ) with possible effects over the biodistribution, the chemical identity of the free radionuclide is defined in the table.

It is particularly worth highlighting that several radionuclides show high uptake in organs where nanomaterials commonly accumulate (*e.g.* liver), and this should be taken into account when analysing the images. In summary, there are different factors affecting the radionuclide choice. These involve the type of production, the radio-physicochemical properties and the biodistribution. The selection of the radionuclide usually delimits the type of radiolabelling method, although different methods for the same radionuclide can be applied as further described in the next sections.

## 4 Radiolabelling nanomaterials: basic concepts and methods

### 4.1 Basic concepts

In this section we will introduce and summarise basic radiochemical concepts which are widely applicable to any radiolabelling chemistry. However, we will place a particular emphasis on those aspects that are relevant to the radiochemistry of nanoparticles.

**4.1.1 Radiotracer.** A radioactive tracer, or radiotracer, is a chemical compound where at least one element is radioactive, making it traceable by the detection of radionuclide decay. This term is usually applied to small radiopharmaceuticals and often related with a very low concentration of a radiolabelled substance.

**4.1.2 Radiolabelled nanoparticle.** Although a radiotracer by definition, a radiolabelled NP can be defined as a nanomaterial that stably carries a radionuclide as part of its structure. Unlike with most small-molecule radiotracers, the presence of the radionuclide in NPs most often represents a negligible modification to their original structure. This is due to the large size of NPs and the small amounts of radionuclides per NP required for efficient SPECT/PET imaging (low specific activity; *vide infra*). It is still an important factor to take into account, as some radiolabelling modifications have been shown to affect the physicochemical properties of NPs (*vide infra*). Hence, radiolabelling strategies must preserve the integrity of the nanomaterial without

Table 5 Biodistribution of free/unchelated radionuclides. Adapted with permission from ref. 73

Radionuclide	Qualitative biodistribution of “free” radionuclides										Ref.
	Blood	Liver	Kidneys	Heart	Spleen	Bone	Pancreas	Salivary glands	Thyroid	Stomach	
$^{111}\text{In}$ ( $^{111}\text{InCl}_3$ )		✓	✓			✓					74
$^{99\text{m}}\text{Tc}$ ( $^{99\text{m}}\text{TcO}_4$ )									✓	✓	75
$^{198}\text{Au}$ ( $^{198}\text{AuCl}_4$ )	✓	✓	✓								76
$^{18}\text{F}$ ( $\text{Na}^{18}\text{F}$ )											77
$^{67/68}\text{Ga}$ ( $^{67}\text{Ga-citrate}$ )	✓	✓	✓			✓					78 and 79
radio- $^{1}\text{I}$ ( $\text{Na}^{\text{radio}}\text{I}$ )											80
$^{64}\text{Cu}$ ( $^{64}\text{CuCl}_2$ )		✓					✓				81 and 82
$^{89}\text{Zr}$ ( $^{89}\text{ZrCl}_4$ )						✓					83
$^{52}\text{Mn}$ ( $^{52}\text{MnCl}_2$ )		✓	✓	✓			✓	✓			84
$^{90}\text{Y}$ ( $^{90}\text{YCl}_3$ )		✓	✓			✓					85
$^{177}\text{Lu}$ ( $^{177}\text{LuCl}_3$ )						✓					86
$^{188}\text{Re}$ ( $^{188}\text{ReO}_4$ )	✓							✓			87
$^{223}\text{Ra}$ ( $^{223}\text{RaCl}_2$ )		✓	✓			✓					88
$^{225}\text{Ac}$ ( $^{225}\text{AcCl}_3$ )		✓			✓	✓					89

altering the original physicochemical properties, biodistribution or pharmacokinetics (see Sections 4.2–4.4)

**4.1.3 Specific activity and molar activity.** The specific activity of a radiotracer is the measured activity per gram of compound, whilst the molar activity is defined as the measured activity per mole of compound.<sup>90</sup> Inside both definitions, it is important to specify the time of the measurement in order to correct the radionuclide decay. Thus, these terms provide a measure of the radioactivity in a certain amount of substance and very importantly, relate the amount of a radiolabelled material with the dose to dispense. The higher specific or molar activity the lower the dose required to reach the same activity. This is not only important for imaging studies but also for therapeutic applications where the amount of the injected activity is related with the therapeutic efficiency. Therefore, a high specific/molar activity ensures enough levels of activity with low radiotracer amounts, allowing microdosing clinical studies, highly recommended by the FDA for the pre-evaluation of new drugs, due to the low risk profile.<sup>91</sup>

**4.1.4 Carrier-added (c.a) and non-carrier added (n.c.a) radionuclides.** These terms, comprehensively discussed by Goeij *et al.*, are related to the specific activity of a radionuclide.<sup>92</sup> Thus, the term carrier-added refers to radionuclides where not only the radionuclide but also the stable element or other inactive material are present, hence decreasing the specific activity. The term non-carrier added is used when the radionuclide is carefully produced to avoid the presence of the stable element and other substances are not required. A third term, named carrier-free, is often used when the radionuclide reaches the theoretical specific activity (*i.e.* 100% of isotopic abundance). However, it is recommended to avoid this term since conventional radionuclides always present side contaminations with other elements and thus, are never carrier-free.<sup>93</sup> It is clear that non-carrier added radionuclides have higher specific activities and purity than carrier-added radionuclides. Therefore, non-carrier added radionuclides are preferred for a radiolabelling reaction.

**4.1.5 Radiochemical yield (RCY), radiochemical purity (RCP) and radiochemical stability (RCS).** These terms will be frequently used over the next sections. The radiochemical yield (RCY) is defined as “the amount of activity in the product expressed as the percentage (%) of starting activity used in the considered process (*e.g.* synthesis, separation, *etc.*)”.<sup>90</sup> This is essentially the same concept as chemical yield in any “cold” or non-radiochemical reaction. Here, the efficiency of the reaction is measured by the level of activity, assigned to a single radionuclide, present in the material with respect to the starting activity used for the radiolabelling. This definition logically assumes that the activity is decay corrected to the start of the reaction, and the measured activity is referring to the same radionuclide. The radiochemical purity (RCP) measures the presence of other radiochemical species within a sample. In this regard, a high RCP means the absence of other radioactive sources and hence, a high radio-pure substance. Noteworthy, this parameter is a measurement of the radioactive purity with no significance over the presence of other non-radioactive

species. High RCP in nanomaterials is often reached due to the simplicity of the purification protocols, that are mainly based on the size difference between the nanomaterial and the radionuclide (size-exclusion or ultrafiltration purification protocols) or based on the NP physicochemical properties (*e.g.* magnetic separation protocols). Another important parameter is radiochemical stability (RCS), that provides a measurement of the strength of the nanoparticle–radionuclide bond after the radiolabelling reaction. For applications in imaging and therapy, the RCS is usually the *ex vivo* measurement of the stability under simulated *in vivo* conditions (*i.e.* human serum or PBS at 37 °C). This is of a paramount importance to analyse whether a radionuclide leaks from the NP in a scenario which may lead to the misinterpretation of the results. As discussed in the next sections, an appropriate radiolabelling strategy must render radiolabelled nanomaterials with high RCP and RCS. Moreover, methods providing high RCYs are always desirable in order to obtain high specific or molar activities of highlighted importance in theranostic applications.

## 4.2 Chelator-based radiolabelling

The labelling of compounds with non-metallic radionuclides (*e.g.* fluorine-18, carbon-11 and iodine-131, *etc.*) is achieved by direct covalent bond formation (see Section 4.4.3 for further details). However, radionuclides with metallic character (radiometals; *e.g.* copper-64, technetium-99m, zirconium-89) often require the use of chelators and hence coordination chemistry approaches to efficiently attach them to the NP of interest. The purpose of a chelator is to bind the radiometal ion through two or more bonds creating highly stable metal complexes and hence RCS. Due to the ‘always on’ nature of imaging contrast using nuclear imaging, any radiometals which are not stably bound may distribute differently *in vivo* causing misleading signal within the images. For this reason, the choice of chelator used with any particular radiometal is of paramount importance.

Understanding the coordination chemistry of the chosen radiometal is essential to avoid the incorrect selection of a chelator. Firstly, the geometric preferences and coordination number will be affected by the atomic number, radii and charge. Additionally, the ‘hardness’ of the metal ion in terms of Pearson’s acid–base concept must be assessed, with the chosen ligand having the appropriate hard/soft donor atoms and with the right electronic properties to improve the kinetic inertness of the complex. In terms of thermodynamic stabilities, polydentate ligands form stable complexes over their monodentate counterparts due to the “chelate effect”. This is, in a simplified way, due to the increase in entropy resulting from the complexation of a polydentate ligand and metal ion, as compared with multiple monodentate ligands. Polydentate ligands are usually split into two categories: acyclic/linear chelators and macrocyclic chelators. Acyclic or linear chelators often benefit from rapid radiometal complexation due to their lack of rigidity. This is in contrast to macrocyclic chelators, which have a relatively rigid and pre-organised structure resulting in higher complex stability (*i.e.* macrocyclic effect) but suffer from slow complexation kinetics, resulting in the need for high



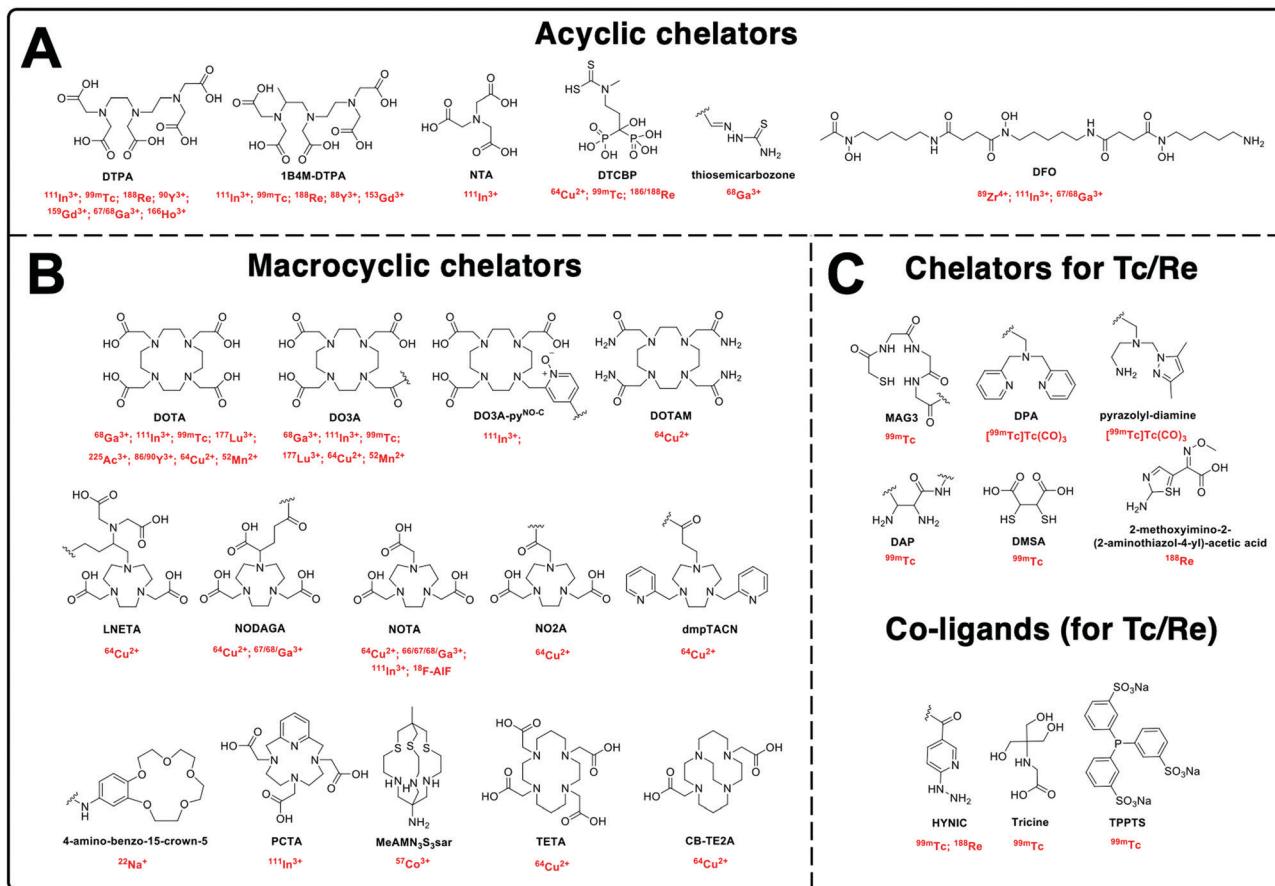


Fig. 6 Chemical structures of the chelators used for radiolabelling nanomaterials described in this review with their corresponding radionuclide(s).

temperatures and long reaction times. This last requirement may be damaging for some heat-sensitive NP types (*e.g.* protein-based, exosomes). For this reason, the radiolabelling of heat-sensitive NPs with macrocyclic chelators is often done post-complexation *via* the use of bifunctional chelators (*vide infra*, Section 4.2.1).

Based on the above principles, an ideal chelator should allow rapid, quantitative complexation under mild conditions (aqueous solvent, room temperature and neutral pH), whilst demonstrating high kinetic inertness and thermodynamic stability in biologically relevant medium (*i.e.* serum). This stability should be for an appropriate amount of time to allow imaging and is usually based on the half-life of the radiometal and pharmacokinetics of the NP of interest. Several reviews have discussed optimised chelators for each radiometal in great detail, and are highly recommended for further reading.<sup>94–96</sup> Fig. 6 shows the chemical structures of all chelators used for the radiolabelling of NPs discussed in this review, with their corresponding radionuclide(s).

**4.2.1 Use of bifunctional chelators.** The use of bifunctional chelators is a ubiquitous part of metal-based radiochemistry, and widely exploited for the radiolabelling of NPs. A bifunctional chelator is a compound containing a chelating ligand with a reactive functional group (Fig. 7A) that allows it to be covalently attached (conjugated) to a biologically relevant vector (*e.g.* protein, peptide).<sup>94</sup> In the context of the radiolabelling of NPs, an ideal bifunctional chelator allows the stable chelation of

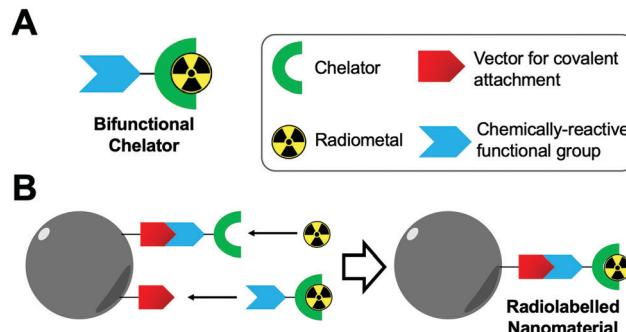


Fig. 7 (A) Schematic representation of a bifunctional chelator. (B) Schematic representation of the radiolabelling of nanoparticles using bifunctional chelators.

the chosen radiometal and can easily be covalently linked to one of the components of the NP (Fig. 7B), often on the surface, *via* appropriate bioconjugation reactions. There are several standard bioconjugation reactions used commonly with bifunctional chelators (Fig. 8), comprehensively reviewed in the excellent book by G. Hermanson.<sup>97</sup> These reactions allow selective conjugation, forming covalent links that are stable in physiological medium.

Common chemical functional groups present on the surface of nanomaterials can be radiolabelled using bifunctional chelators. For example, amines can be reacted with chelators containing NHS

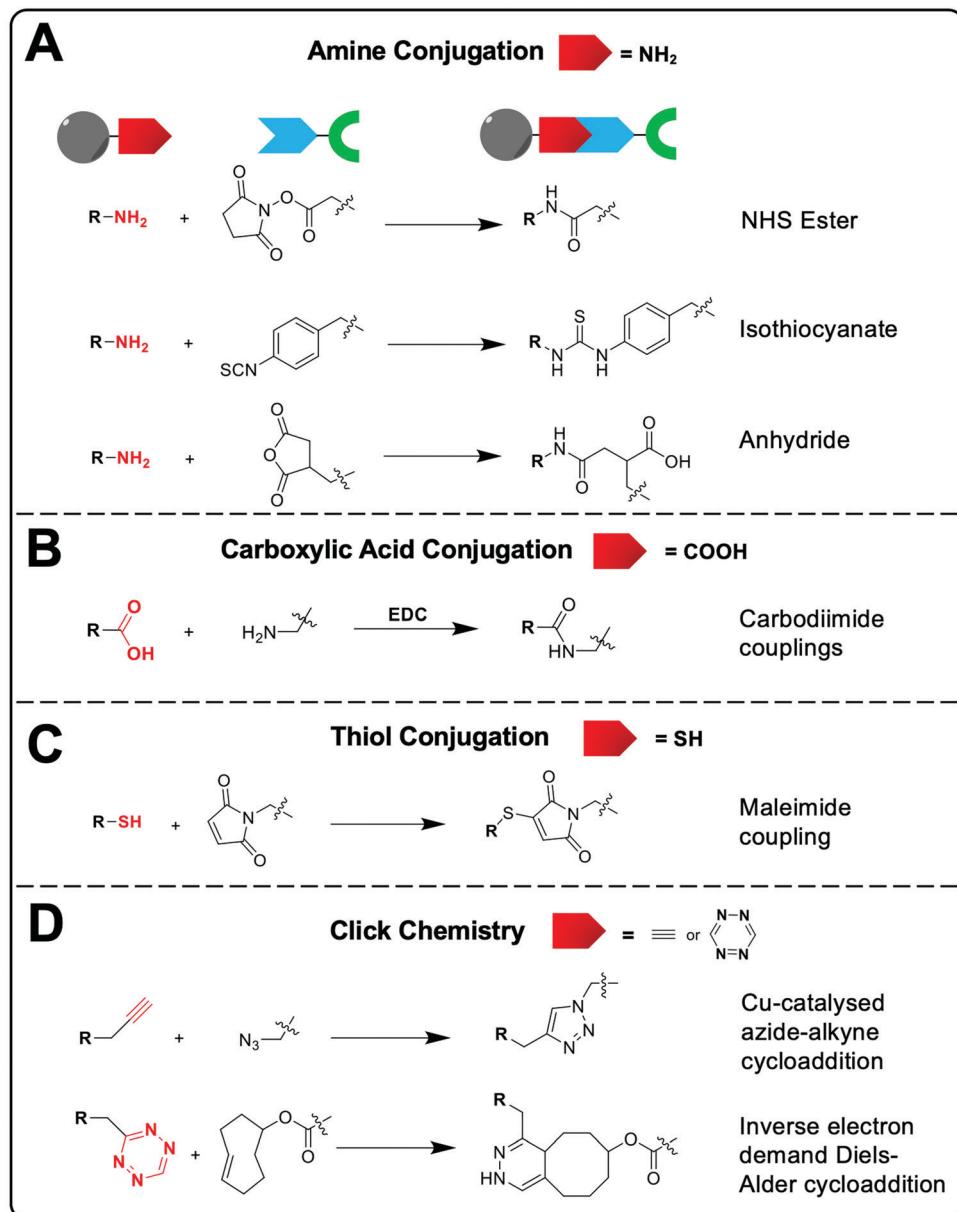


Fig. 8 Common bioconjugation reactions that allow the attachment of bifunctional chelators to the nanomaterial surface. (A) Amine-based conjugation, (B) carboxylic acid-based conjugation, (C) thiol-based conjugation and (D) click chemistry conjugation.

ester groups or cyclic anhydrides to form amide bonds, or with aryl isothiocyanate groups to form isothioureas (Fig. 8A). Carboxylate functionalised NPs can be reacted with amines *via* the use of carbodiimide coupling reagents, such as EDC, and free thiols can be conjugated using maleimides (Fig. 8B and C).<sup>98</sup> Finally, click chemistry is often used due to its rapid, high yielding reactions. Two commonly used reactions are the copper-catalysed azide-alkyne (CuAAC) and inverse electron demand Diels–Alder cycloaddition between a tetrazine and *trans*-cyclooctene (Fig. 8D).<sup>99</sup> These reactions have previously been discussed in the context of bifunctional chelators for radionuclide imaging in reviews that are highly recommended for further reading.<sup>99–101</sup>

The selection of the appropriate bioconjugation reaction may be often dictated by the nanomaterial of interest. For example,

poly(amidoamine) (PAMAM) dendrimers or lipids used to formulate vesicles will often contain free amine groups capable of easily being reacted with appropriate functional groups. Additionally, polymer-based or polymer-coated and protein-based NPs will often intrinsically contain functional groups for bioconjugation (e.g. carboxylate groups on dextran or aspartic/glutamic amino acids). However, whilst the target vector for conjugation is often intrinsic to the NP formulation, the NP can also be modified to facilitate conjugation of the bifunctional chelator if need be.

**4.2.2 Radiometal complex trapping during nanoparticle formation.** Another chelator-based method for the radiolabelling of NPs involves the trapping of radiometal complexes during the synthesis of NPs. The complexation of the chosen radiometal with a suitable chelator is first performed, which is then added to the



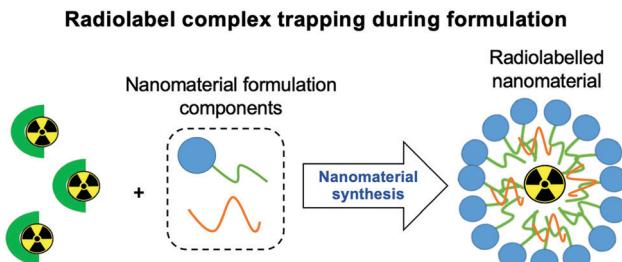


Fig. 9 Schematic representation of the radiometal complex-trapping radiolabelling strategy. Radiometal complexes are added to the mixture during the formation of the nanomaterial and are then subsequently incorporated into the nanoparticle and become trapped.

reagents used for the NP formation. During the synthesis of the NP the radiometal complex will then become trapped, generating the radiolabelled NP (Fig. 9). Whilst this radiolabelling procedure is arguably simple, a major drawback is that the synthesis, and subsequent purification, of the NP must be compatible for radiolabelling. For example, a lengthy process of NP formation will limit the use of short-lived radionuclides, even if they are more appropriate for the imaging application. Additionally, the choice of radiometal complex may depend on the NP being used. For example, a lipophilic radiometal complex may be more favourable for trapping within NPs containing lipophilic pockets (e.g. polymeric micelles). Furthermore, sufficient stability of the radiometal complex during the NP formulation process – and subsequent purification – is necessary to allow incorporation of the radioisotope into the NP.

#### 4.3 Ionophore-based radiolabelling

Whilst technically involving chelators, ionophore-based methods are distinct enough from the classic chelator-based methodologies described previously (Section 4.2). Although the following

radiolabelling methods are only relevant for vesicle-based NPs (e.g. liposomes, exosomes) containing lipid membranes, they represent a significant portion of the NP literature. Hence, for the sake of clarity, we have separated these methods from the chelator-based methods described above. Fig. 10 summarises the strategies used for ionophore-based NP radiolabelling, that are discussed below.

**4.3.1 Ionophore-chelate binding.** The term ‘ionophore’ refers to a ligand which can reversibly bind to a metal ion forming a lipophilic complex which is capable of crossing lipid membranes (Fig. 11A).<sup>102</sup> This metal-ionophore complex will then release the metal inside the vesicle where it can be transchelated. In the context of radiolabelling NPs, ionophores can be used to radiolabel vesicle-based NPs (e.g. liposomes, exosomes/extracellular vesicles; Sections 4.5.1 and 4.5.2) containing a lipid bilayer membrane. The ionophore ligand will form a complex with the radiometal (referred here throughout as a radio-ionophore) and transport the radionuclide across the lipid bilayer. Importantly, once inside the vesicle, the radio-ionophore complex releases the radiometal where it binds to stably-chelating molecules present in the vesicle core becoming ‘trapped’ (Fig. 10A). These metal-binding molecules may take the form of chelators (as in Section 4.2), added during formulation of the NP, or may be intrinsic to the NP; such as proteins/nucleic acids present in exosomes (see Section 4.5.2) or drugs present in liposomal nanomedicines (Section 4.5.1). A key benefit of using this method, is that radiolabelling occurs within the NP core – which can result in higher RCS as compared with NPs labelled on their surface. Due to this two-step loading, followed by chelation mechanism, there are three key considerations for radiolabelling vesicles in this way. Firstly, the loading efficiency of the ionophore ligand with the chosen radiometal must be considered – that is, how much of radio-ionophore is loaded into the vesicle. Secondly, the

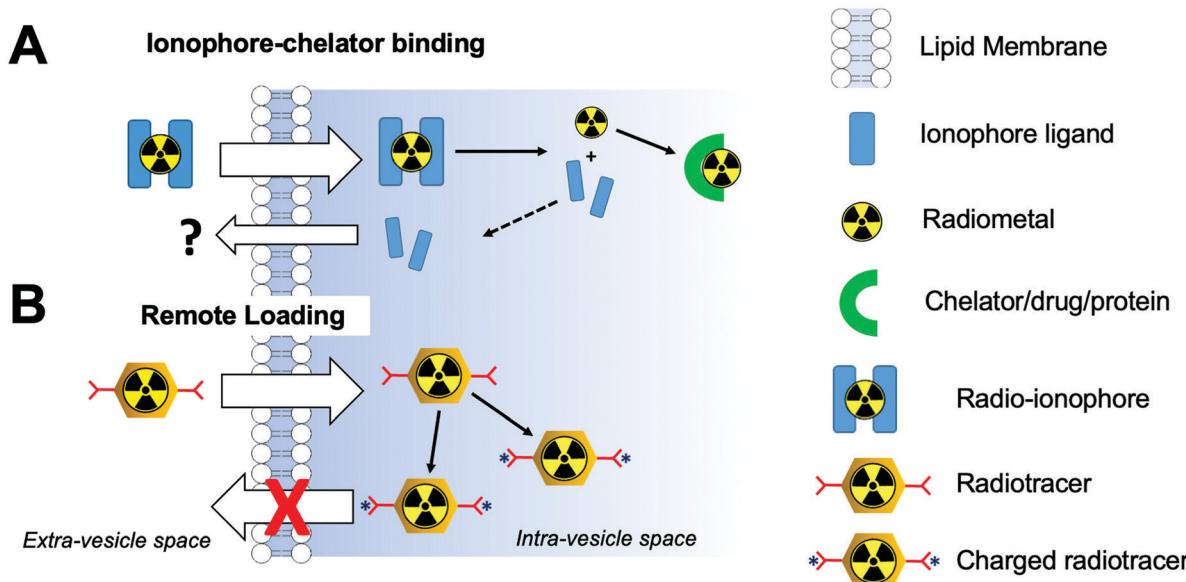
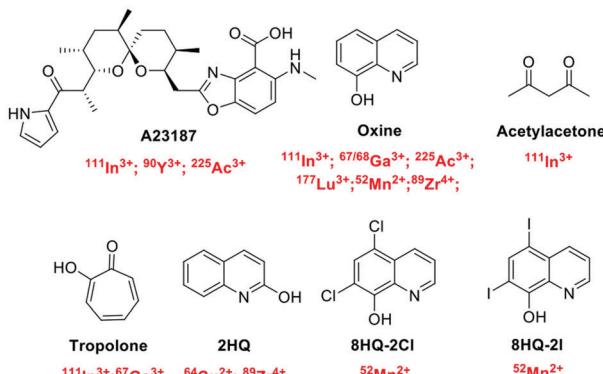
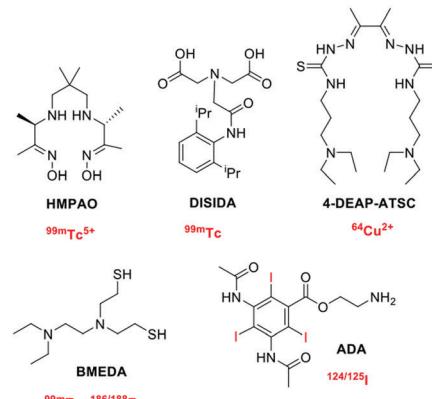


Fig. 10 Schematic representation of (A) ionophore-based radiolabelling strategies and (B) remote loading radiolabelling.

**A****Ionophores****B****Remote loading**

**Fig. 11** Chemical structures of (A) common ionophores used in ionophore-chelate vesicle radiolabelling with the corresponding radionuclides; and (B) chemical structures of compounds used for remote loading with their corresponding radionuclides.

radio-ionophore must be sufficiently unstable to release the radiometal within the vesicle. To achieve these two points, the coordination chemistry of the radiometal must be carefully considered. To achieve the formation of the metastable complexes, non-macrocyclic low denticity chelators are often used (Fig. 11A) with a mixture of hard- and softer-donor atoms. Finally, the chelating molecule inside the vesicle must allow the rapid formation of highly stable complexes with the released radiometal in mild, physiological conditions – which are usually often present within vesicles.

**4.3.2 Remote loading.** Similarly to ionophore-chelate radiolabelling, remote loading involves the use of lipophilic radio-tracers capable of passively crossing lipid membranes on vesicle-based NPs (Fig. 10B and 11B). However, this technique differs in two key aspects. Firstly, the radiometal complex/radiotracer is designed to be sufficiently stable to stay intact inside the vesicle core. Secondly, the complex must contain functional groups capable of becoming charged in the aqueous environment of the vesicle core, causing the trapping of the complex by decreasing its lipophilic solubility (Fig. 10B). This trapping can occur passively or in some specific cases can be increased by the presence of other compounds in the vesicle core (see Section 4.5.1). Based on these mechanisms, an ideal remote loading compound should allow high loading efficiencies, whilst also being sufficiently stable and capable of being trapped within the vesicle core long enough to allow *in vivo* imaging.

#### 4.4 Non-chelator radiolabelling

Non-chelator based strategies involve the direct incorporation of radionuclides into the core and/or surface of nanomaterials, circumventing the need for external chelating agents. Hence, these methods are usually more straightforward and less time-consuming than chelator-based methods – though this is dependent on the type of nanomaterial and radionuclide being used. Removing the use of chelators will often decrease the number of reaction steps and most importantly, preserve the

integrity of the nanomaterial by avoiding the bulky chelator molecule that could affect the *in vivo* behaviour.<sup>103</sup> Non-chelator based strategies adapt a variety of common radiolabelling reactions, as well as implementing bespoke radiolabelling methods specifically designed for the integration of radionuclides into nanomaterials (Fig. 12).

Traditional radiochemical reactions such as radio-halogenations, <sup>11</sup>C-methylations or chemical adsorptions are often used. In addition, reactions such as the use of hot + cold NP precursors or proton beam activation of materials are specific for nanomaterials. Other non-standard radiochemical labelling methods such as those based on radioisotopic exchange or physical interactions take the advantage of the physicochemical properties of certain nanomaterials to facilitate radiolabelling. Each of the non-chelator based NP radiolabelling methods will now be discussed in detail.

**4.4.1 Mixing hot + cold precursors.** In this NP radiolabelling approach, a mixture of starting reagents containing the radionuclide and the non-radioactive (or ‘cold’) nanomaterial precursors are reacted to provide the radiolabelled nanomaterial in a single step (Fig. 13).

This strategy, exclusive for inorganic nanomaterials, is often straightforward with fast protocols, making this method the most widely used of the non-chelator NP radiolabelling methods. From a chemical point of view, this method is based on the radiochemical doping of the nanomaterial during synthesis. The radionuclide (hot precursor) is added in trace levels to the nanomaterial precursors (carrier-added) triggering a co-precipitation that leads to the incorporation of the radionuclide into the crystal lattice of the nanostructures.<sup>104</sup> The ‘doping’ represents the main advantage of this strategy, as it maintains the nanomaterial’s structural integrity, whilst allowing strong radiochemical stabilities. This is particularly the case with homo-radionuclide doping, (*i.e.* the nanomaterial core contains the same element as the radionuclide dopant) which allows imaging of the *in vivo* fate of some nanomaterials without modifications to the NP structure. For instance, diverse



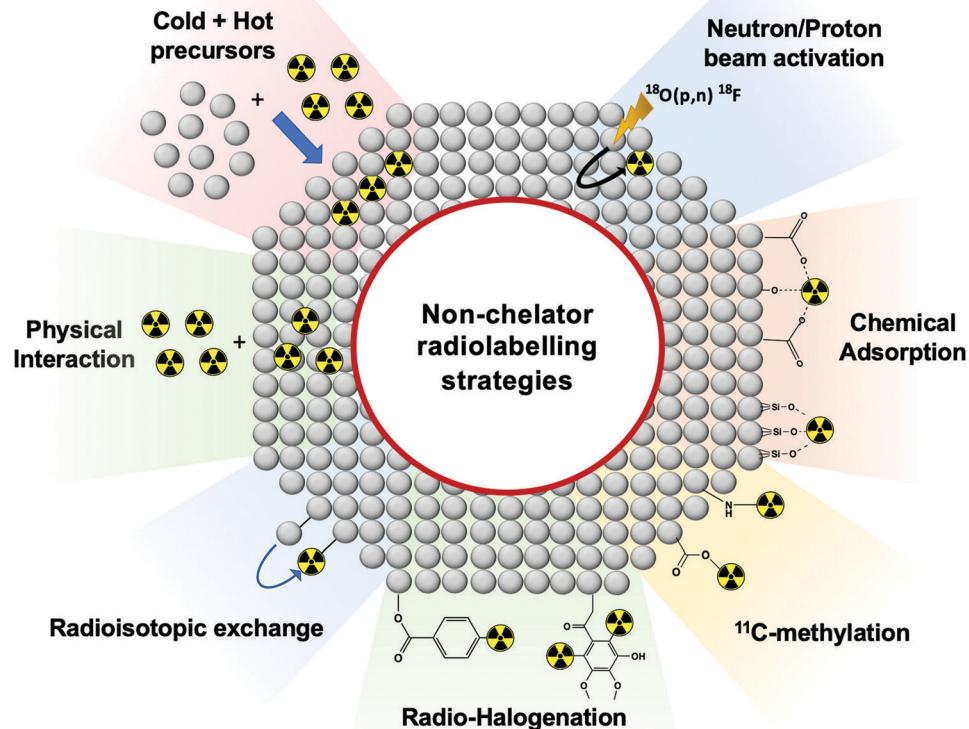


Fig. 12 Schematic representation of non-chelator based radiolabelling methods.

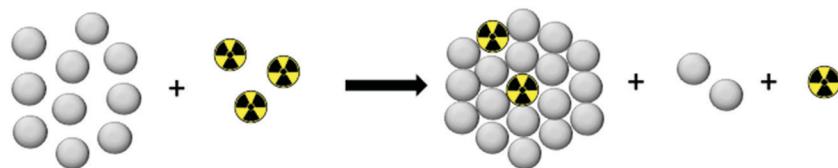


Fig. 13 Representation of hot + cold precursors radiolabelling strategy.

gold NPs have been doped with  $^{195}\text{Au}$ ,  $^{198}\text{Au}$  or  $^{199}\text{Au}$  or iron oxide NPs with  $^{59}\text{Fe}$  for similar purposes.<sup>105–111</sup> For example, Zhao *et al.* doped Au NPs with  $^{199}\text{Au}$  to study the biodistribution in tumour-bearing mice model after conjugation with D-Ala1-peptide T-amide (DAPTA) (Fig. 14A). SPECT/CT imaging experiments revealed the elimination of the  $[^{199}\text{Au}]\text{AuNPs}$  by liver and spleen with specific accumulation in the tumour due to the DAPTA vectorisation (Fig. 14B).<sup>106</sup>

There are some considerations in order to achieve high RCYs with this strategy. A high solubility between both, cold and hot, precursors is required. Considering most of radionuclides are delivered in aqueous solutions, this strategy is then limited to reactions conducted in water. It is also important to control the ionic strength of the reaction media to allow the nucleation and growth of the nanomaterial. The physico-chemical properties of the radionuclide also play a key role. The ionic radius of the radionuclide and its corresponding

non-radioactive ion should be similar. In addition, the radionuclide should have the same ionic charge, in order to coordinate with the intermediate complex formed by the cold precursors before nucleation. Considering this, mainly metallic cations can be integrated into NPs using this strategy with few suitable radionuclide–NP pair choices (Table 6). For instance, IONPs were doped with  $^{68}\text{Ga}$  for tumour imaging driven by the functionalisation with an RGD peptide ( $^{68}\text{Ga}$ -C-IONP-RGD, Fig. 14C). PET/CT imaging showed high accumulation in the tumour 1 h after the injection of the  $^{68}\text{Ga}$ -C-IONP-RGD with no signals of free  $^{68}\text{Ga}^{3+}$  confirming the high stability of the radiolabelling (Fig. 14D).<sup>115</sup> Other successful combination, reported by Yang *et al.*, is the use of  $^{153}\text{Sm}$  as hot precursor for the formation of  $\text{NaLuF}_4$  UCNPs (Fig. 14E). The biodistribution of  $^{153}\text{Sm}$ -UCNPs was easily addressed by *in vivo* SPECT/CT imaging revealing a rapid clearance to the liver and spleen 1 h after the i.v. injection and main accumulation into the spleen after 24 h (Fig. 14F).

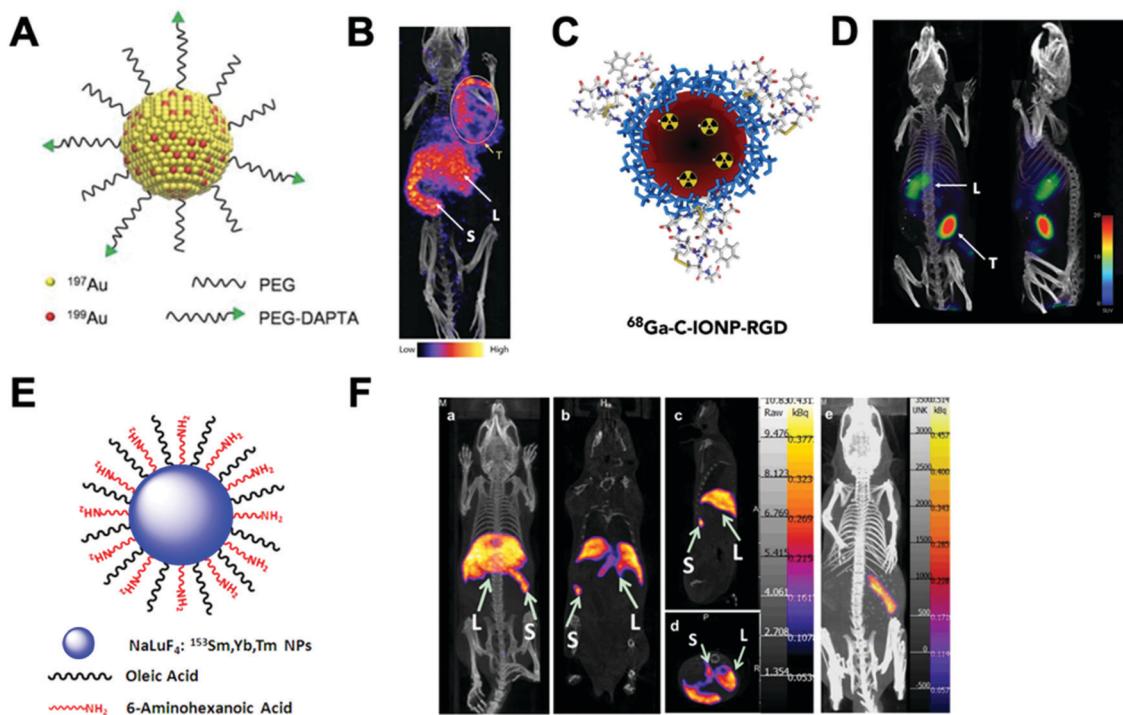


Fig. 14 (A) Radioactive Au nanoparticles doped with  $^{199}\text{Au}$  atoms conjugated with D-Ala1-peptide T-amide (DAPTA), (B) NanoSPECT/CT image of a 4T1 tumour-bearing mouse 24 h post injection of the 5 nm  $^{199}\text{Au}$ -AuNP-DAPTA probe (the tumour is labelled by an ellipse in yellow colour. T: tumour, L: liver, S: spleen), (C)  $^{68}\text{Ga}$  core-doped iron oxide nanoparticles functionalised with RGD peptide ( $^{68}\text{Ga}$ -C-IONP-RGD), (D) PET/CT imaging of tumour-bearing mice 1 hour after injection of  $^{68}\text{Ga}$ -C-IONP-RGD, showing strong activity in the tumour (T: tumour, L: liver), (E) the schematic diagram of the  $\text{NaLuF}_4$ : $^{153}\text{Sm},\text{Yb},\text{Tm}$  nanoparticles, (F) *in vivo* SPECT images after intravenous injection of  $^{153}\text{Sm}$ -UCNPs. (a) Whole-body three-dimensional projection, (b) coronal, (c) sagittal and (d) transversal images acquired at 1 h and (e) whole-body three-dimensional projection images acquired at 24 h are shown respectively. The arrows inset point to the liver (L) and spleen (S). Adapted and reproduced with permission from ref. 112–114.

Table 6 Reported examples of radionuclide–nanoparticle pairs using hot + cold precursors strategy

Nanoparticle type	Radionuclide	Ref.
Iron oxide NPs	$^{225}\text{Ac}$ , $^{64}\text{Cu}$ , $^{59}\text{Fe}$ , $^{68}\text{Ga}$ , $^{111}\text{In}$	109–111 and 115–119
Gold NPs	$^{195}\text{Au}$ , $^{198}\text{Au}$ , $^{199}\text{Au}$	105–108
Up-converting NPs	$^{153}\text{Sm}$ , $^{90}\text{Y}$	112 and 120
Quantum dots	$^{109}\text{Cd}$ , $^{64}\text{Cu}$ , $^{125m}\text{Te}$	121–123
Cerium oxide NPs	$^{141}\text{Ce}$ , $^{65}\text{Zn}$	124
Silver NPs	$^{131}\text{I}$	125

Finally, it is worth highlighting that if the radionuclide and the coating molecule are oppositely charged, the labelling may be conducted by chemical adsorption (see Section 4.4.5) rather than by the radioactive co-precipitation – with possible implications for the radiochemical stability. Being a convenient strategy for pre-clinical purposes, it presents a main limitation for clinical applications since the radionuclide is integrated from the beginning, demanding fast and effective purification protocols to reduce the radioactive exposition to the operator. The potential lack of reproducibility between independent batches could also be a limitation of this strategy which requires extremely reproducible synthetic protocols.

**4.4.2 Neutron/proton beam activation.** This strategy relies on the bombardment of the nanomaterial with a neutron or a proton. Then, one atom of the nanomaterial undergoes a

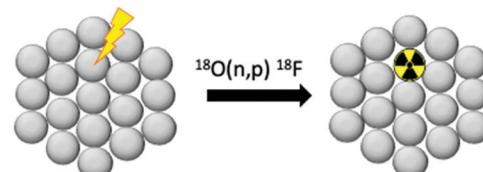


Fig. 15 Schematic representation of neutron/proton beam activation radiolabelling strategy.

nuclear reaction (*vide supra*) providing the radionuclide *in situ* (Fig. 15).<sup>126</sup> This method has been applied for the radiolabelling of  $^{18}\text{O}$ -enriched  $\text{Al}_2\text{O}_3$  (alumina) NPs by a bombardment with 16 MeV protons transmuting  $^{18}\text{O}$  to  $^{18}\text{F}$  *via* the  $^{18}\text{O}(\text{p},\text{n})^{18}\text{F}$  nuclear reaction.<sup>127</sup> Following a similar approach,  $\text{Al}_2\text{O}_3$  NPs were also successfully radiolabelled with  $^{13}\text{N}$  through a  $^{16}\text{O}(\text{p},\alpha)^{13}\text{N}$  proton activation reaction.<sup>128</sup> In addition to proton activation radiolabelling reactions, neutron activation has been also carried out for the radiolabelling of holmium-based garnet magnetic NPs (HoIG) *via* the  $^{165}\text{Ho}(\text{n},\gamma)^{166}\text{Ho}$  nuclear reaction and more recently, boron nitride nanotubes (BNNTs) with  $^{153}\text{Sm}$  and  $^{159}\text{Gd}$  through  $^{152}\text{Sm}(\text{n},\gamma)^{153}\text{Sm}$  and  $^{158}\text{Gd}(\text{n},\gamma)^{159}\text{Gd}$  nuclear reactions respectively.<sup>129,130</sup>

A high control over the radiolabelling location represents the main advantage of this method, as only specific atoms can

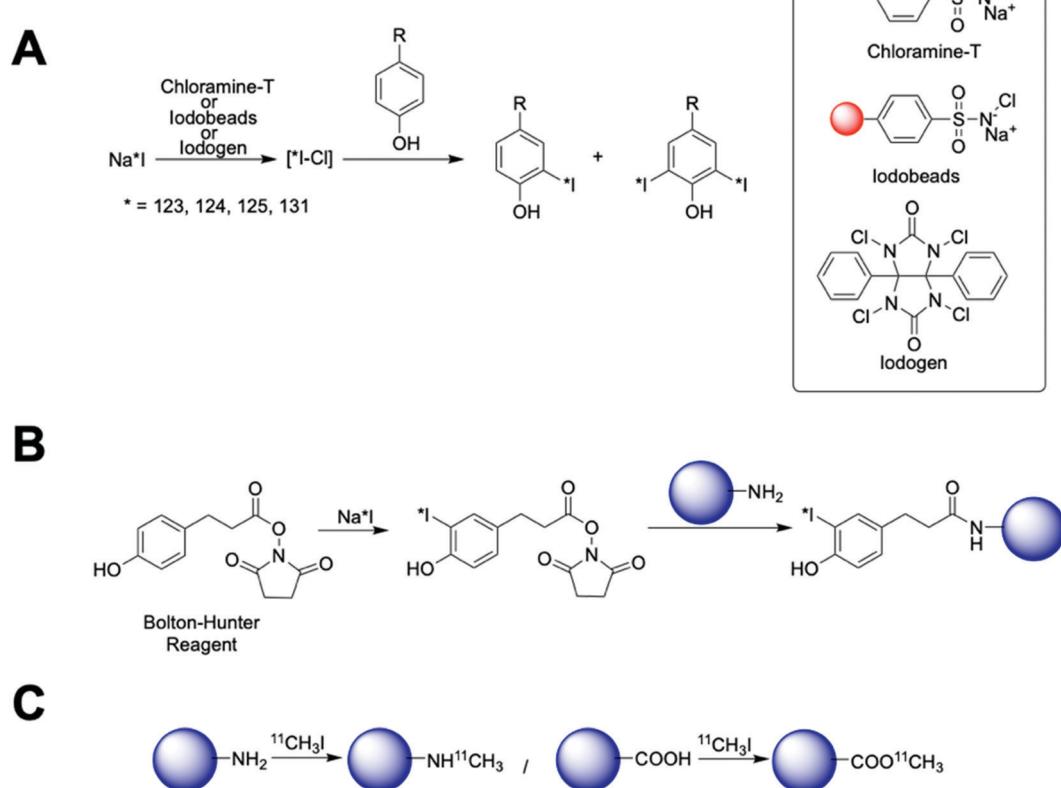


undergo the nuclear reaction, with a consequently high RCS. However, this method has a key drawback in the requirement of a proton/neutron beam source, which involves the use of complex instruments that are not widely available. Additionally, the high energies used in these nuclear reactions may affect the integrity of sensitive biological species that may be attached to the nanomaterial, limiting the applications to purely inorganic nanomaterials.

**4.4.3 Radio-halogenation and  $^{11}\text{C}$ -methylation.** Strategies to incorporate radio-halogen nuclides and  $^{11}\text{C}$  into nanomaterials are based on the application of common small-molecule radiochemistry reactions. However, whilst there are few examples of  $^{11}\text{C}$  radiolabelled nanomaterials (*vide infra*),<sup>131,132</sup> radio-halogenation with long-lived iodine nuclides has been extensively used. For this purpose, different iodination mediators such as iodobeads, iodogen, chloramine-T or the Bolton–Hunter reagent are usually applied (Fig. 16). The first three mediators have been widely used for the radioiodination of tyrosine residues and some derivatives in a vast number of biomolecules.<sup>133</sup> These are oxidising agents that react with iodine anions yielding electrophilic synthons to further conduct electrophilic substitution in the *ortho*-positions to the phenolic groups on tyrosine residues (Fig. 16A).

These methods are quick, with the radioiodination occurring in seconds to a few minutes and usually in high radiolabelling yields. Chloramine-T is used in solution generating a

strong oxidising environment that triggers the radioiodination in just 30 s. Then, subsequent quenching with a reducing agent (usually sodium metabisulfite) is required. Although the chloramine-T method is fast, cheap and reproducible, active biomolecules can be affected by the oxidant and/or the reducing agent. To overcome this limitation, the chloramine-T is immobilised in a polystyrene bead (Iodobead) where the reactivity is controlled under mild conditions without the need of reducing agents.<sup>134</sup> Iodogen also facilitates radioiodination reactions under mild conditions. In this case, iodogen is dissolved in organic solvents and evaporated, to fix the molecule on the walls of the reaction vessel, preventing dissolution in water and direct contact with the biomolecule/NP. All these iodine radiolabelling mediators are generally limited to the presence of tyrosine or histidine moieties in the surface of the nanomaterials. The Bolton–Hunter reagent, a radioiodination mediator based on a pre-radiolabelled *N*-hydroxysuccinimide group, is frequently used for the radiolabelling of nanomaterials with free amino groups on the surface – extending the flexibility of the nanomaterial radioiodination protocols (Fig. 16B). With advantages and drawbacks, these radiolabelling mediators have been applied to the radiolabelling with  $^{124}\text{I}$ ,  $^{125}\text{I}$  or  $^{131}\text{I}$  of a vast number of nanomaterials (Table 7). Generally, these protocols rendered high radiochemical yields; although, in some examples,



**Fig. 16** Radioiodination and  $^{11}\text{C}$ -methylation. (A) Scheme of radioiodination of tyrosine residues mediated by chloramine-T, iodobeads or iodogen, (B) scheme showing the radioiodination of amine-terminated nanoparticles by Bolton–Hunter reagent and (C)  $^{11}\text{C}$  methylation of amine and carboxylate-functionalised nanoparticles.



Table 7 Radioiodinated nanomaterials by chloramine-T, iodobeads, iodogen and Bolton–Hunter reagent

Nanoparticle type	Radionuclide	Radiolabelling mediator	Ref.
Iron oxide NP	<sup>125</sup> I	Chloramine-T Bolton–Hunter reagent	140 and 141 142
Silica NP	<sup>124</sup> I <sup>125</sup> I	Bolton–Hunter reagent Bolton–Hunter reagent	143 144
Gold NP	<sup>124</sup> I <sup>125</sup> I <sup>131</sup> I	Bolton–Hunter reagent Chloramine-T Iodogen	145 and 146 136
UCNPs	<sup>124</sup> I <sup>125</sup> I	HPAO/chloramine-T Iodobeads	147 and 148 149
Q dots	<sup>125</sup> I	Bolton–Hunter reagent	135
Silver NP	<sup>131</sup> I	Bolton–Hunter reagent	150
Dendrimers	<sup>125</sup> I	Chloramine-T Bolton–Hunter reagent Chloramine-T Iodogen	151 152–156 157–160 161
Caprolactone polymeric NP	<sup>131</sup> I <sup>125</sup> I	Chloramine-T	162
Graphene oxide/carbon NPs	<sup>125</sup> I <sup>131</sup> I	Chloramine-T Chloramine-T	163 and 164 165
Chitosan NPs	<sup>125</sup> I	Bolton–Hunter reagent	166
HPMA copolymer NP	<sup>125</sup> I <sup>131</sup> I	Chloramine-T/iodogen Chloramine-T	167 168
Nanogel	<sup>125</sup> I	Bolton–Hunter reagent	155
Polymeric micelles	<sup>125</sup> I	Chloramine-T Chloramine T Iodogen	169 170 171 and 172
Poly(maleic anhydride- <i>alt</i> -1-octadecene) NP	<sup>131</sup> I <sup>125</sup> I	Chloramine-T Iodogen	173 174
Poly( $\gamma$ -glutamic acid) NP	<sup>131</sup> I	Iodogen	174
PPP-type copolymers	<sup>125</sup> I	Iodogen	175
Polyester-based NPs	<sup>125</sup> I	Iodogen	176
PLGA NPs	<sup>125</sup> I	Iodobeads	177
PVP NPs	<sup>125</sup> I	Iodobeads	178
PDPA NPs	<sup>124</sup> I	Chloramine-T	179
Protein-based NPs	<sup>131</sup> I <sup>125</sup> I <sup>131</sup> I	Iodination beads Iodination beads Chloramine-T Iodogen Iodogen Chloramine-T	180 180 181 182 182 183

poor radiochemical stability were reported giving an undesirable accumulation in the thyroid glands due to the iodine detachment from the nanomaterial.<sup>135–137</sup> This situation has been previously attributed to an enzymatic-driven cleavage of the C–I bond in some molecules.<sup>138,139</sup>

Besides iodine radionuclides, chloramine-T has been also used as mediator for efficient radiolabelling of dendrimers and polymeric NPs with <sup>76</sup>Br providing RCYs greater than 95%.<sup>184,185</sup> Other radio-halogenation reactions such as traditional nucleophilic or electrophilic substitutions have also been applied to nanomaterials for iodine radiolabelling as well as for radio-fluorination.<sup>186–189</sup> Interestingly, as with chelator based methods, click-chemistry or biorthogonal reactions (Fig. 8D) have also recently been explored for the radio-halogenation of nanomaterials. These reactions are frequently fast, specific to certain prosthetic groups and regioselective allowing rapid and controllable radio-halogenation with high yields and stabilities.<sup>190</sup> With this purpose, chemoselective oxime formation, alkyne–nitrene, copper catalysed azide–alkyne and azide–DBCO cycloadditions have been used for <sup>18</sup>F, <sup>123</sup>I and <sup>125</sup>I radiolabelling of both organic and inorganic nanomaterials.<sup>191–197</sup> As a main drawback, biorthogonal reactions require the control over the synthesis, characterisation and reactivity of two

independent species, complicating their potential clinical translation.

<sup>11</sup>C methylation reactions can be also applied for the radiolabelling of nanomaterials (Fig. 16C). Sharma *et al.* reported the radiolabelling of iron oxide NPs using <sup>[11]C</sup>CH<sub>3</sub>I as a precursor to conduct N- and O-methylation on the coating of the NPs with poor RCY, but high RCS.<sup>132</sup> Although this study represented a good proof-of-concept, the very short half-life of the radio-nuclide (20.4 min) does not seem to be suitable for biodistribution studies on nanomaterials that commonly show prolonged biological half-lives.

**4.4.4 Heterogeneous/homogeneous radioisotopic exchange.** Heterogeneous and homogeneous radioisotopic exchange are based on the replacement (or exchange) of stable elements present on nanomaterials with radionuclides (Fig. 17). The distinction between these two methods is whether the exchange occurs between different elements (heterogeneous exchange) or between different isotopes of the same element (homogeneous exchange).

A key advantage of this radiolabelling approach is its simplicity; however, few combinations of NP–radionuclide are truly effective with only a few examples in the literature of nanomaterials being radiolabelled by these methods.



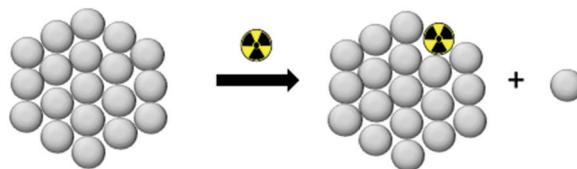


Fig. 17 Schematic representation of the radioisotopic exchange mechanism.

Homogeneous radioisotopic exchange between  $^{19}\text{F}$  and  $^{18}\text{F}$  has been reported as an attractive strategy for the radiolabelling of up-converting NPs (UCNPs). Two types of UCNPs with  $\text{NaYF}_4$  and  $\text{NaGdF}_4$  cores doped with  $\text{Yb}^{3+}$  and  $\text{Er}^{3+}$  have been investigated.  $\text{NaYF}_4$  (Fig. 18A) particles showed higher RCYs ( $\sim 92\%$ ) than  $\text{NaGdF}_4$  with moderate radiochemical yields up to 43% when radiolabelling is conducted at room temperature for 1–10 min. Both formulations reported high RCPs ( $> 95\%$ ) with fast clearance from blood to liver and spleen for  $\text{NaYF}_4\text{-Y,Er}$  (Fig. 18B). Although the high bone accumulation (up to 12% ID per g, Fig. 18C) found during *in vivo* studies strongly suggest radiochemical instability ( $[^{18}\text{F}]$ -fluoride is known to accumulate in bone, Table 5).<sup>198–201</sup> Heterogenous exchange has been used on the radiolabelling of iron oxide NPs (IONPs) with  $^{68}\text{Ga}$ , quantum dots (QDs) with  $^{68}\text{Ga}$  and  $^{64}\text{Cu}$  and UCNPs with  $^{153}\text{Sm}$ .<sup>202–205</sup> The method provided radiolabelled NPs with high RCY and purity. The mild and fast radiolabelling conditions required for  $^{68}\text{Ga}$ -QDs (37 °C for 15 min) or  $^{64}\text{Cu}$ -QDs (60 °C for 1 h, Fig. 18D) suggest a facile heterogeneous exchange on QDs and therefore, an appropriate radiolabelling strategy.

In addition, *in vivo* PET biodistribution of  $^{64}\text{Cu}$ -QDs in tumour-bearing mice revealed passive accumulation of the particles in the tumour by EPR effect with liver and spleen excretion (Fig. 18E).<sup>204</sup> As this biodistribution profile could be attributed to free  $^{64}\text{Cu}^{2+}$ , the authors further conducted ICP measurements on excised tissues after the injection of non-radioactive QDs. The results indicated a linear correlation between the *ex vivo* gamma counter quantification and the ICP measurements, confirming the  $^{64}\text{Cu}$ -QDs biodistribution of the PET imaging. On the other hand, the harsh conditions for  $^{68}\text{Ga}$ -IONPs and  $^{153}\text{Sm}$ -UCNPs ( $T = 100\text{--}300\text{ }^\circ\text{C}$  for 1–4 h) suggest that milder radiolabelling strategies may be more appropriate, particularly if heating results in changes of the physicochemical properties of these NPs.

**4.4.5 Chemical adsorption of radionuclides.** In this method, the chemistry of the nanomaterial surface is leveraged to directly attach radionuclides. The majority of examples are based on the formation of coordination bonds between chemical groups on the nanomaterial surface such as  $\text{Fe}_3\text{O}_4$ ,  $-\text{PO}_3\text{H}$ ,  $-\text{SH}$  or  $-\text{OH}$  and the radionuclide (Fig. 19), although other mechanisms are also possible.

This strategy, sometimes known as chemisorption, has been historically studied for other applications; mainly in catalysis and analytical chemistry to shed light on the mechanisms of interaction between metals and materials.<sup>206,207</sup> Nevertheless, the first application for the radiolabelling of a nanomaterial appeared in 2013, where Cheng *et al.* described the chemical adsorption of various  $^* \text{As}$  ( $^* = 71, 72, 74, 76$ ) radionuclides on the surface of a magnetite (IONP) NPs (Fig. 20A).<sup>208</sup> In this case,

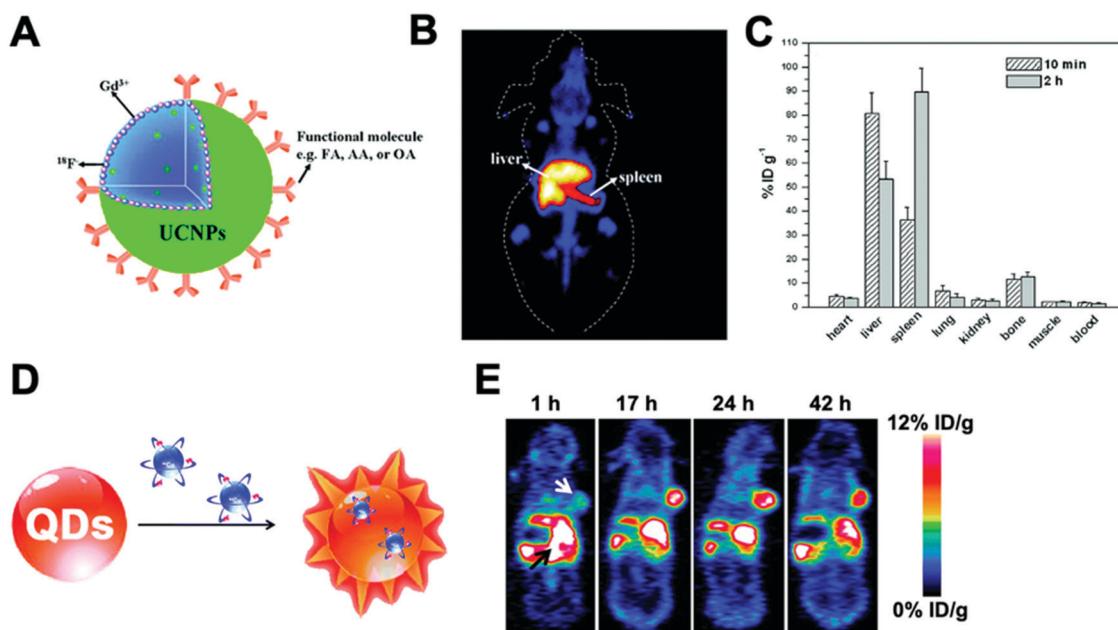


Fig. 18 (A) Schematic of fluorine-18-labeled magnetic-upconversion functional nanocrystals. FA: folic acid; OA: oleic acid; AA: aminocaproic acid. (B) Kunming mice PET imaging 10 min postinjection of  $^{18}\text{F}$ -AA-Gd-UCNPs ( $200\text{ }\mu\text{g mL}^{-1}$ ). (C) biodistribution of  $^{18}\text{F}$ -AA-Gd-UCNPs at 10 min and 2 h postinjection; the data shown are based on five mice per group. (D) design of self-illuminating  $^{64}\text{Cu}$ -doped QDs. (E) representative whole-body coronal PET images of U87MG tumour-bearing mice at 1, 17, 24, and 42 h after intravenous injection of  $250\text{ }\mu\text{Ci}$  of  $^{64}\text{Cu}$ -doped QD580 ( $n = 3$ ). White arrow, tumour area; black arrow, liver area. Adapted and reproduced with permission from ref. 198 and 204.



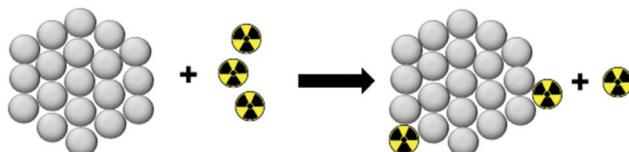


Fig. 19 Schematic representation of the chemical adsorption strategy.

the radiolabelling mechanism was attributed to the formation of stable As–Fe<sub>3</sub>O<sub>4</sub> complexes where As<sup>III</sup>O<sub>3</sub> trigonal pyramids or As<sup>V</sup>O<sub>4</sub> tetrahedra may form on vacant tetrahedral spaces within the Fe<sub>3</sub>O<sub>4</sub> octahedrally terminated (111) surface. The biodistribution of the \*As–IONPs was studied by PET imaging in Balb/C mice after i.v. injection of free \*As and \*As–IONPs. The images showed a renal elimination for the free \*As with high uptake in the bladder at 0.5 h and 3 h post-injection

(Fig. 20B). Elimination through liver and spleen was observed for the \*As–IONPs with significant signal in the bladder corresponding, most likely, to the *in vivo* desorption of \*As from the NPs (Fig. 20C). After this work, several IONPs have been reported using the chemical adsorption strategy with a variety of other radionuclides. For example, feraheme/ferumoxytol NPs were successfully radiolabelled with different metallic radionuclides such as <sup>89</sup>Zr, <sup>64</sup>Cu and <sup>111</sup>In with radiochemical yields between 66–93% and radiochemical purities greater than 98%.<sup>209</sup> The greater RCY (93 ± 3%) was obtained using either [<sup>89</sup>Zr]Zr-oxalate or [<sup>89</sup>Zr]ZrCl<sub>4</sub> at pH = 8 and 120 °C (Fig. 20D). With a RCS > 90% in human plasma, the biodistribution studies by PET/CT in wild-type B6C3F1/J mice revealed a circulation time in blood between 6–8 hours with final accumulation in liver, spleen and lymph nodes (high uptake in mesenteric lymph nodes) (Fig. 20E).

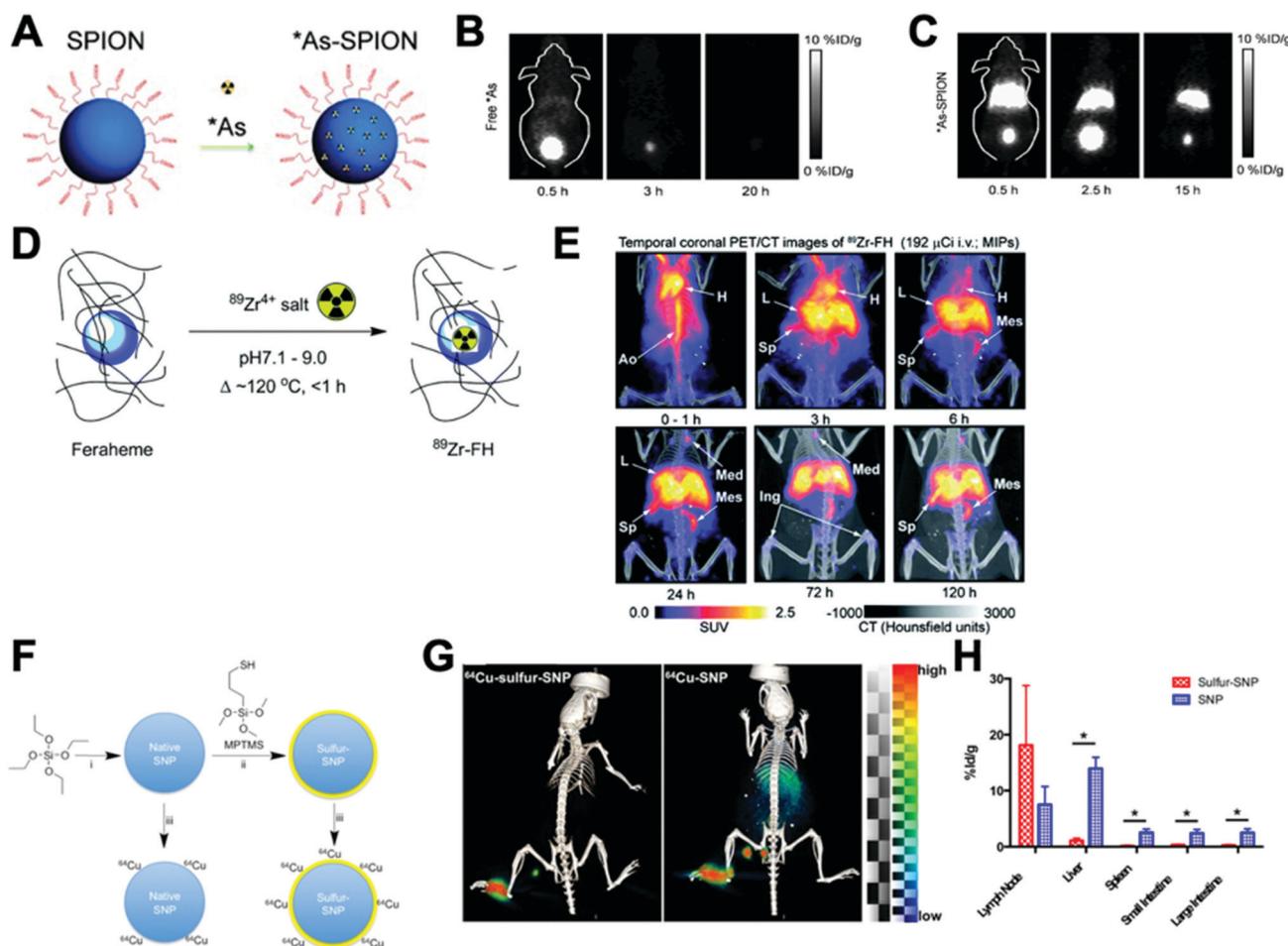


Fig. 20 (A) Chelator-free synthesis of \*As–SPIONs, (B) serial *in vivo* PET images of free \*As at different time points after intravenous injection into mice, (C) serial *in vivo* PET images of \*As–SPION at different time points after intravenous injection into mice, (D) reaction of FH with <sup>89</sup>Zr<sup>4+</sup> ion salts (oxalate or chloride) to give radiolabeled <sup>89</sup>Zr–FH, (E) temporal PET/CT maximum intensity projection (MIP) images recorded between 0–120 h post-i.v. injection of <sup>89</sup>Zr–FH in B6C3F1/J wild-type mice. Ao = aorta; H = heart; L = liver; Sp = spleen; Mes = mesenteric lymph node; Ing = inguinal lymph. (F) reaction schematic. Although native SNP (blue) stably bind hard oxophilic radiometals such as <sup>89</sup>Zr and <sup>68</sup>Ga, thiol-functionalization (yellow) of SNP allows stable retention of soft, sulfur-avid copper-64. (G) PET/CT and biodistribution of <sup>64</sup>Cu–sulfur–SNP and <sup>64</sup>Cu–SNP injected into the footpad allow lymph node imaging with little systemic uptake at 14 h post-injection, (H) quantitative *ex vivo* biodistribution values. Adapted and reproduced with permission from ref. 208–210.



Additionally, silica NPs have showed particularly high affinities of oxophilic cations – such as  $^{68}\text{Ga}$ ,  $^{111}\text{In}$ ,  $^{177}\text{Lu}$ ,  $^{90}\text{Y}$  and  $^{89}\text{Zr}$  – towards the silanol groups on the NP surface (see Section 4.6.3). This allows simple, fast and robust radiolabelling of silica-based nanomaterials.<sup>211</sup> However, this work described a poor RCS for the radiolabelling with  $^{64}\text{Cu}$ . To overcome this limitation, the authors reported the functionalisation of the silica NPs (SNP) to introduce thiol groups on the surface (sulfur-SNP) (Fig. 20F).<sup>212</sup> This brief modification increases the RCS from  $34.9 \pm 5.8\%$  for SNP to  $90.9 \pm 5.8\%$  for the sulfur-SNP. These results were confirmed by *in vivo* PET/CT studies in athymic mice injected in the footpad (Fig. 20G). Whilst SNP showed accumulation in liver, spleen and intestines due to the free  $^{64}\text{Cu}^{2+}$ , sulfur-SNP were only observed in the footpad and draining lymph nodes as confirmed in the quantitative *ex vivo* biodistribution (Fig. 20H).

A key drawback of the chemical adsorption strategy is the high temperatures required for the radiochemical reactions, that can be limiting for heat-sensitive NP formulations. Additionally, the strength of the chemical interaction between the radionuclide and the nanomaterial surface must be carefully considered to avoid radiochemical stability issues, such as those reported in the radiolabelling of  $\text{Fe}_3\text{O}_4@\text{Al(OH)}_3$  NPs with  $^{18}\text{F}$ .<sup>213–215</sup> In these studies, that relied on the formation of the theoretically strong  $\text{Al}^{18}\text{F}$  bonds, it was found that significant release of  $^{18}\text{F}$ -fluoride occurred *in vivo*, as evident from the increasing high signal from bone reported by Cui *et al.*<sup>215</sup>

**4.4.6 Physical interaction between materials and radionuclides.** This method involves any mechanism where the radionuclide is physically attached to the nanomaterial, for example based on weak electrostatic interactions (physisorption) or driven by the presence of cavities, defects or grooves in the nanomaterial (Fig. 21).

Although plausible, this methodology has not been widely explored for the radiolabelling of nanomaterials with only few examples reported in the literature. A key example of this strategy reported the encapsulation of  $^{64}\text{Cu}$  into the cavity of single-wall carbon nanotubes (SWCNTs).<sup>216</sup> The radiolabelled SWCNTs presented quantitative RCP and high RCS in PBS after 24 h of incubation. However, the RCS decreased to 63% in 50% mouse serum confirming the poor stability of the radiolabelling. This is a good example on the application of the well-known loading capabilities of nanotubes to increase the specific molar activities of radionuclides in nanomaterials. Although the exploitation of physical properties of nanomaterials as the radiolabelling driven force is an interesting approach,

it is currently not extensively used due to the hypothetical low radiochemical stability issues – as well as the lack of appropriate materials amenable to fully exploit these radiolabelling mechanisms.

#### 4.5 Radiolabelling of organic nanomaterials

In the previous sections we have outlined the main methodologies of incorporating radionuclides into nanomaterials. We will now review the radiolabelling of specific types of nanomaterials, linking them with the different radiolabelling methods discussed above, and the potential benefits/drawbacks of each approach. This section will focus on organic-based nanomaterials and will be followed by inorganic nanomaterials in Section 4.6.

**4.5.1 Liposomes.** Liposomes are spherical particles consisting of a phospholipid bilayer surrounding an aqueous core (Fig. 22A) and have been widely explored as *in vivo* drug delivery systems – also known as liposomal nanomedicines. In particular, PEGylated long circulating liposomes (LCLs or stealth liposomes) have arguably had the most significant impact in clinical medicine to date, particularly in the field of anticancer drug delivery – with several products clinically available. In the context of the NP radiolabelling field, liposomes have the largest proportion of examples in the literature with a huge diversity of radiolabelling methods available (Table 8).<sup>217</sup> The different techniques employed to radiolabel liposomes will be described, with key examples of each discussed.

The direct attachment of radionuclides to the surface of liposomes – without the use of chelators – was first described by Richardson *et al.* who showed that liposomes can be directly labelled with  $^{99\text{m}}\text{Tc}$  after reduction of pertechnetate using stannous chloride ( $\text{SnCl}_2$ ) as a reducing agent.<sup>221–225</sup> To the best of our knowledge, the exact binding site of  $^{99\text{m}}\text{Tc}$  is not known; however, one likely possibility is chelation by the phosphonate groups on the liposome phospholipid surface. Labelling efficiencies (RCY) of  $>97\%$  could be achieved after 15 min at room temp. However, there have been reports of *in vivo* instability of the radiolabel using this method.<sup>229</sup> This direct labelling approach was also used by Abou *et al.* with  $^{89}\text{Zr}$ . However, this interaction was shown to be weak, resulting in low serum and *in vivo* stability.<sup>226</sup>

Non-chelator labelling of liposomes has also been achieved with radiofluorine-based agents. Several groups used 3-[ $^{18}\text{F}$ ]fluoro-1,2-dipalmitoylglycerol ( $[^{18}\text{F}]$ FDG, Fig. 22B),<sup>218,227–229</sup> which was added during liposomal preparation. Radiolabelled liposomes could be prepared in *ca.* 1 h with a RCY of 70%.

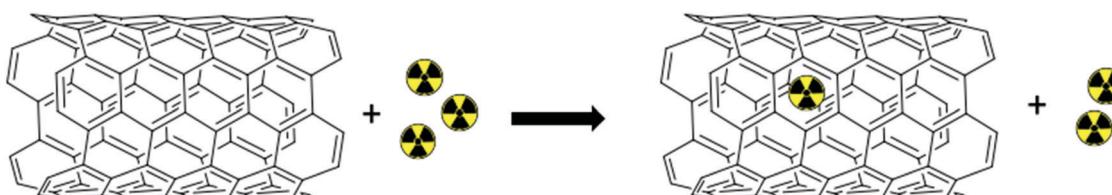


Fig. 21 Schematic representation of the radiolabelling strategy involving physical interaction between materials and radionuclides.



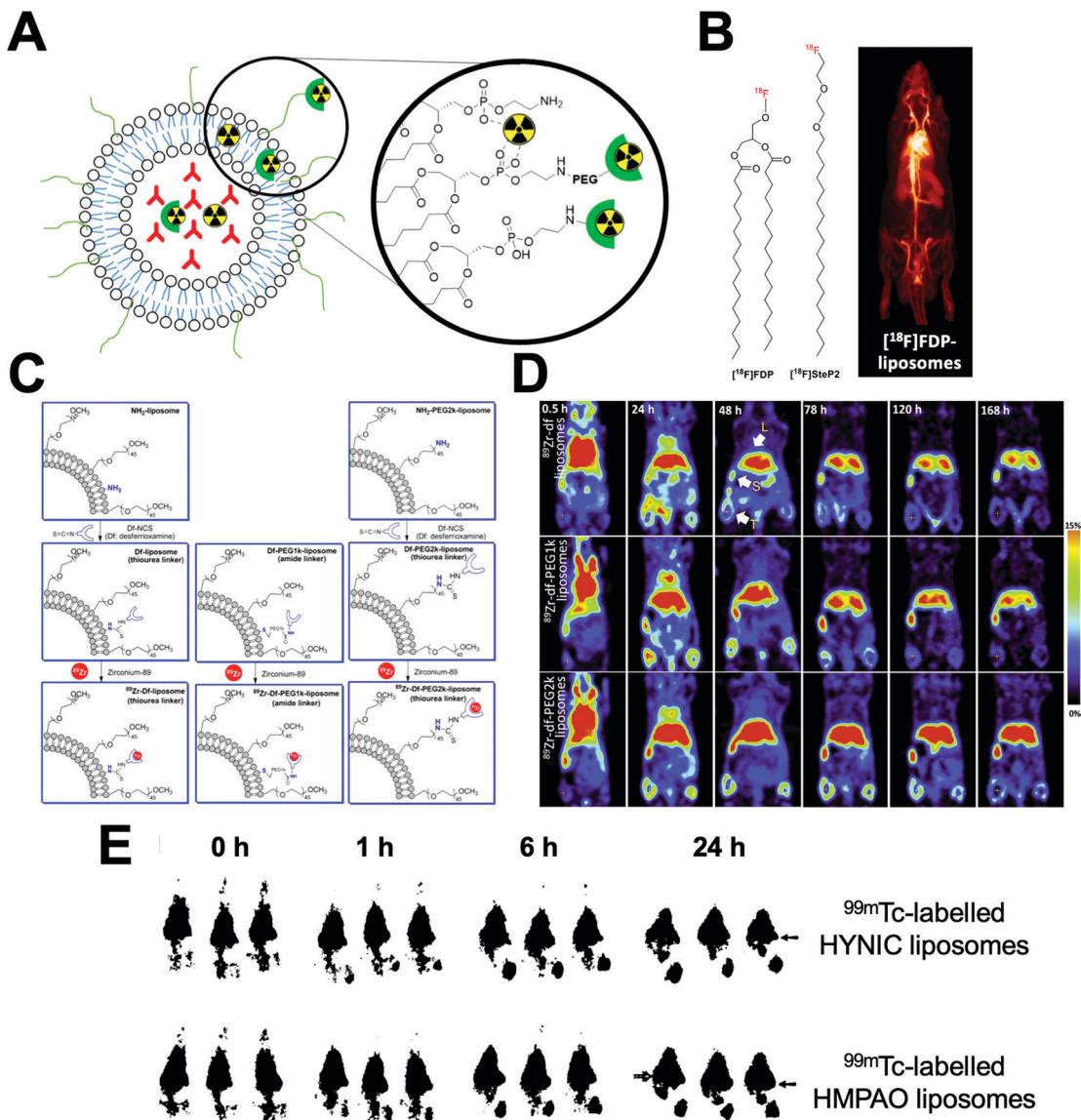


Fig. 22 (A) Schematic representation of the different methods to radiolabel liposomes. Radionuclides can be bound to the surface using chelators or chelate-free or trapped intra-liposomally. (B) Chemical structures of  $[^{18}\text{F}]$ FDP and  $[^{18}\text{F}]$ SteP2. (left) PET image of  $[^{18}\text{F}]$ FDP liposome in a rat model during a 90 min scan (right). Adapted with permission from Marik *et al.*<sup>218</sup> (C) Schematic for the liposomal-labelling method with  $^{89}\text{Zr}$ , with different PEG chain lengths between the DFO chelator and liposome surface, used by Seo *et al.* (D) PET images at indicated time of  $^{89}\text{Zr}$  liposomes in mammary tumour bearing mice with no PEG chain (top), a 1k PEG chain (middle), and a 2k PEG chain (bottom) between the DFO chelator and liposomal surface. Clear differences in tumour and liver uptake can be observed. Adapted with permission from Seo *et al.*<sup>219</sup> (E) Gamma camera images of  $^{99\text{m}}\text{Tc}$ -labelled HYNIC liposomes (top row) and  $^{99\text{m}}\text{Tc}$ -labelled HMPAO liposomes (bottom row) in rats with *S. aureus* abscess in calf muscle. Adapted from Laverman *et al.*<sup>220</sup>

*In vivo* stability was shown with no observable bone uptake (a consequence of defluorination).<sup>218</sup> Alternatively, Urakami *et al.* synthesised an amphiphilic probe, 1- $[^{18}\text{F}]$ fluoro-3,6-dioxa-tetracosane ( $[^{18}\text{F}]$ SteP2, Fig. 22B).<sup>231–234</sup> The long alkyl chain on the probe allowed intercalation with the lipid bilayer on the liposome surface allowing a LE and stability in serum (after 30 min) of >80%.<sup>232</sup>

Chelator-based radiolabelling of liposomes is primarily performed by the attachment of a chelator onto the liposome surface, either to the phospholipid or PEG chains present on LCLs (Fig. 22A). Liposomes pre-formulated with DTPA conjugated

to the phospholipid on the liposome have been widely used with several different radioisotopes; particularly with  $^{99\text{m}}\text{Tc}$  – however, low serum and *in vivo* stability was observed using this method.<sup>238–240</sup> Several reports have also shown that DTPA functionalised liposomes allow >95% RCY with  $^{111}\text{In}$  under mild conditions (25–37 °C, up to 1 h).<sup>244,249–255</sup> Interestingly, Helbok *et al.* reported a direct comparison of the radiolabelling of DTPA-functionalised PEGylated liposomes with several different radionuclides.<sup>244</sup> The liposomes were labelled with  $^{99\text{m}}\text{Tc}$  (using both  $[^{99\text{m}}\text{Tc}][\text{TeO}_4]^-$  and  $[^{99\text{m}}\text{Tc}][\text{Tc}(\text{CO})_3]^+$  and  $^{111}\text{In}$ ), with the latter showing the most favourable labelling

Table 8 Table summarising the methods, radioisotopes and techniques employed to radiolabel liposomes

Radiolabelling method	Radioisotope	Radiolabelling mediator	Ref.
Surface non-chelator	<sup>99m</sup> Tc <sup>89</sup> Zr <sup>18</sup> F	Direct labelling <i>via</i> SnCl <sub>2</sub> reduction Chelate free <sup>[18</sup> F]FDP <sup>[18</sup> F]-Fluorocholesteryl ether <sup>[18</sup> F]SteP2 CuAAC click reaction	221–225 226 218 and 227–229 230 231–234 235 and 236
Surface chelator-based	<sup>99m</sup> Tc  <sup>67</sup> Ga <sup>111</sup> In <sup>68</sup> Ga  <sup>64</sup> Cu  <sup>52</sup> Mn <sup>177</sup> Lu <sup>90</sup> Y <sup>166</sup> Ho <sup>89</sup> Zr	DTPA-sterylamine DTPA DTPA <i>via</i> <sup>99m</sup> Tc-tricarbonyl HYNIC + tricine co-ligand 2-Iminothiolane <i>via</i> <sup>99m</sup> Tc-tricarbonyl DTPA-sterylamine DTPA NODAGA BAT TETA CB-TE2A DOTA DO3A DO3A DTPA DO3A DO3A DTPA DFO	237 238–244 244 220 and 245–247 248 237 244 and 249–255 244 256 257–261 262 and 263 262 264 265–267 267 244 268 269 219 and 270–274
Complex trapping	<sup>99m</sup> Tc <sup>111</sup> In <sup>159</sup> Gd <sup>225</sup> Ac	DTPA complex during formulation DTPA complex during formulation DTPA complex during formulation DOTA complex during formulation	275–278 279 280 281
Ionophore-based (chelator binding)	<sup>111</sup> In  <sup>90</sup> Y <sup>67</sup> Ga  <sup>177</sup> Lu <sup>64</sup> Cu <sup>52</sup> Mn  <sup>225</sup> Ac  <sup>89</sup> Zr	A23187 (NTA) Oxine (NTA) Acetylacetone (NTA) Tropolone (NTA) Oxine (DFO) Oxine (DTPA) A23187 (DTPA) Oxine (DFO) Tropolone (DFO) Oxine (DTPA) 2-HQ (DOTA) Oxine (DOTA) 8HQ-2Cl (DOTA) 8HQ-2I (DOTA) Oxine (DOTA) A23187 (DOTA) Oxine (DFO) 2HQ (DFO)	282 and 283 284 and 285 286 287 288 and 289 254, 279 and 290–293 294 295 and 296 295 and 296 297 298–300 267 301 and 302 303
Ionophore based (drug binding)	<sup>89</sup> Zr <sup>52</sup> Mn <sup>64</sup> Cu <sup>111</sup> In	Oxine Oxine 2HQ Oxine	304 and 305 304 and 306 304 307
Unassisted loading (chelator binding)	<sup>64</sup> Cu	DOTA	308–311
Remote loading	<sup>99m</sup> Tc  <sup>186</sup> Re <sup>188</sup> Re <sup>64</sup> Cu <sup>124</sup> I <sup>125</sup> I	HMPAO DISIDA BMEDA BMEDA BMEDA 4-DEAP-ATSC Amino diatrizoic acid Amino diatrizoic acid	220, 312 and 313 314 315–317 318 and 319 320–323 324–327 328

(>95% LE). Labelling with  $[^{99m}\text{Tc}][\text{TcO}_4]^-$  was consistently lower (75%), and >80% RCY was achievable using  $[^{99m}\text{Tc}][\text{Tc}(\text{CO})_3]^+$

but only with 50-fold more liposomes. The authors also demonstrated radiolabelling with <sup>68</sup>Ga and the therapeutic isotope



$^{177}\text{Lu}$  using the same formulation; achieving >95% and >80% RCY respectively – however higher concentrations of liposomes were necessary for the latter.<sup>244</sup>

A key consideration when radiolabelling liposomes *via* the surface is the biodistribution of these radiolabelled phospholipids *in vivo*, which may occur after tissue uptake/destruction of the liposomes. This was explored by Seo *et al.* who synthesised liposomes functionalised with the  $^{64}\text{Cu}$ -specific chelator TETA (Fig. 6).<sup>257–261</sup> This allowed >80% LE after 1 h at room temp, with >90% stability in mouse serum for 48 h. Interestingly, the *ex vivo* biodistribution at 48 h of the liposomes compared to the  $^{64}\text{Cu}$ -PEG-lipid, showed liver uptake of the latter was roughly 3-fold higher than the liposomes.<sup>257</sup> This uptake of lipids, that may arise as a result of *in vivo* liposome decomposition, should be carefully considered when tracking liposomes, as it may lead to misinterpretation of the amount of liposomes present in the liver.

Furthermore, several reports have shown that the biodistribution of radiolabelled liposomes can easily be altered solely based on the position of the radiocomplex, which could be viewed as a drawback to surface labelling of liposomes. Seo and collaborators looked at labelling using  $^{64}\text{Cu}$  complexes of 1,4,8,11-tetraazacyclotetradecane-1,4,8,11-tetraacetic acid (TETA) and 4,11-bis(carboxymethyl)-1,4,8,11-tetraazabicyclo-(6.6.2)hexadecane (CB-TE2A, Fig. 6).<sup>262</sup> Intriguingly, the authors showed that attaching the complex to either PEG or non-PEGylated lipids altered the biodistribution, with 5% higher hepato-splenic uptake occurring after 48 h.<sup>262</sup> This work was later expanded by Seo *et al.* who performed surface labelling with  $^{89}\text{Zr}$  using desferrioxamine (DFO) as a chelator, which allows radiolabelling at neutral pH with only mild heating.<sup>219,270–274</sup> The authors compared the effect of increasing PEG-length between the liposomal surface and the  $^{89}\text{Zr}$ -DFO complex.<sup>219</sup> Three formulations were prepared with DFO attached directly to the lipid or with a 1k or 2k PEG spacer (Fig. 22C). No significant differences in terms of % RCY, stability or blood half-life were observed. However, image-based analysis showed significantly higher tumour, liver and spleen uptake when using a 2k PEG spacer, over 7 d compared to the other two formulations (Fig. 22D). This highlights how small modifications in chelator position on the surface of radiolabelled liposomes can affect their biodistribution and pharmacokinetics.

Due to these potential drawbacks of chelator-based surface labelling, radiolabelling of liposomes is sometimes performed within the liposomal core. This approach can, in theory, increase the stability of the radiolabel as it is no longer present on the surface where it can interact with chelating compounds (e.g. serum proteins). However, the radiolabelling procedure can often become more complex; often involving the prior synthesis of a radiotracer to incorporate radionuclides inside the liposomes (see Section 4.3). Some of the earliest studies achieved this by simply encapsulating a radiometal complex with DTPA inside the liposomal core during formation of the liposomes (see Section 4.2.2). This was first done with  $^{99\text{m}}\text{Tc}$ ,<sup>275–278</sup> and later with  $^{111}\text{In}$ <sup>279</sup> and  $^{159}\text{Gd}$ -DTPA,<sup>280</sup> as well as encapsulating the DOTA complex of  $^{225}\text{Ac}$ .<sup>281</sup> One drawback

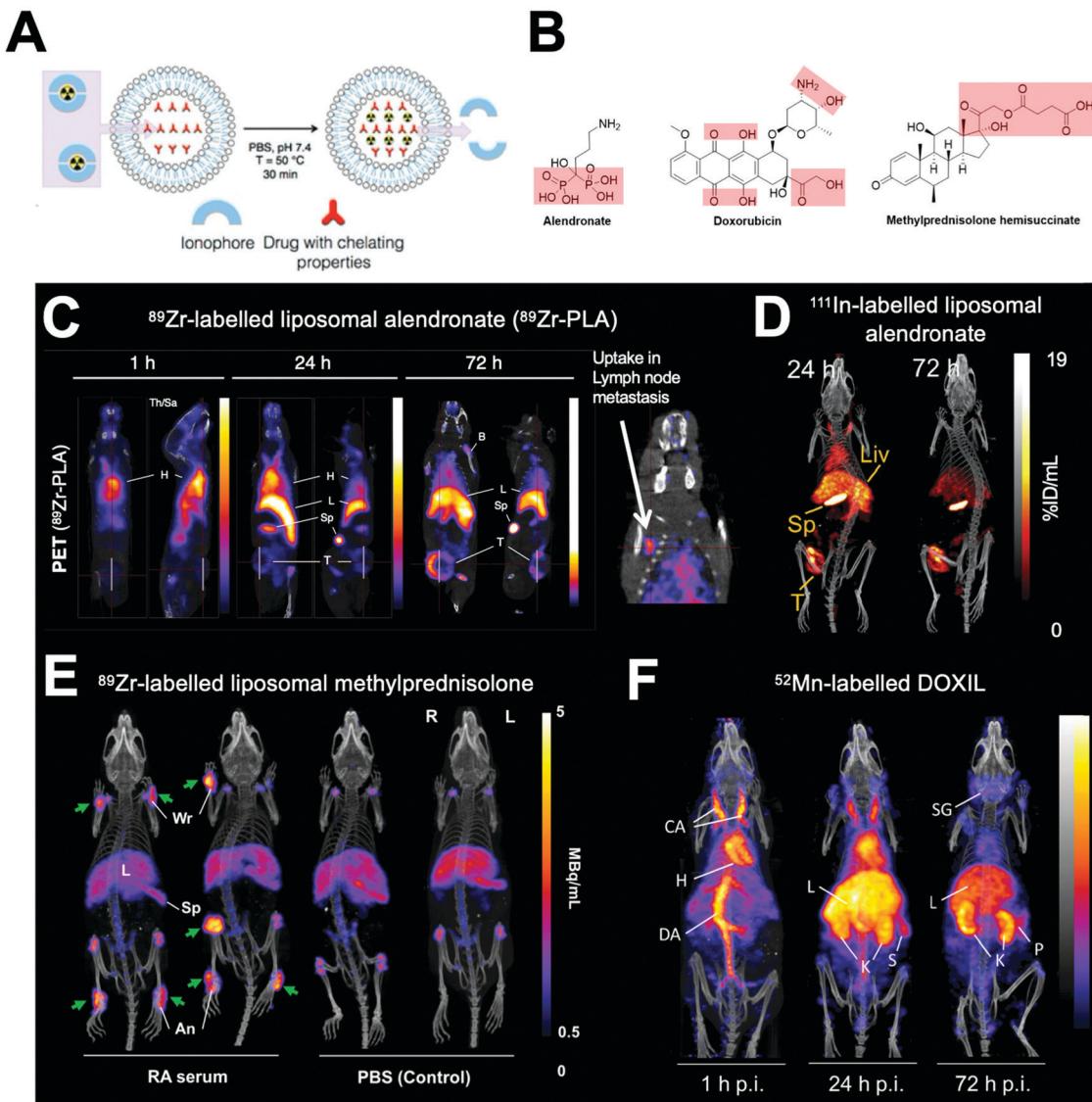
of this method is the longer, more complicated radiosynthesis needed (especially relevant when using short-lived isotopes).

The most widely used ‘intra-liposomal’ radiolabelling method is the use of ionophores to transport radiometals across the lipid bilayer to encapsulated chelators (Fig. 10A and Section 4.3.1). The first example of this was reported by Gamble and collaborators who used the calcium ionophore A23187 (Fig. 11A) to transport  $^{111}\text{In}$  inside the liposomal core where it was chelated by encapsulated nitrilotriacetic acid (NTA, Fig. 6) allowing >90% RCY.<sup>282,283</sup> Since then, several different ionophore and encapsulated chelator combinations have been reported (Table 8). A key study by Harrington and collaborators reported using the ionophore 8-hydroxyquinoline (oxine; Fig. 11A) to radiolabel liposomes containing DTPA with  $^{111}\text{In}$ , which allowed >90% LE after 15 min incubation and high serum stability for up to 10 days.<sup>290–292</sup> An important study by Van der Geest *et al.* compared this ionophore-based radiolabelling with chelator-based surface labelling with  $^{111}\text{In}$  using DTPA-DSPE liposomes – along with the labelling of empty liposomes (without DTPA).<sup>254</sup> Labelling efficiencies and serum stability (after 48 h) of >95% were reported using both radiolabelling methods, whereas the empty liposomes showed lower LE (62%) and serum stability (68%). Interestingly, when comparing the *in vivo* distribution of the formulations in mice, the surface-labelled liposomes showed significantly higher liver uptake over 72 h – compared to the oxine-DTPA liposomes.<sup>254</sup> This may indicate that release of  $[^{111}\text{In}]\text{In}$ -DTPA-DSPE from the liposomes is occurring, suggesting lower *in vivo* stability, as  $[^{111}\text{In}]\text{In}$ -DTPA is rapidly cleared,<sup>291</sup> whereas  $[^{111}\text{In}]\text{In}$ -DTPA-DSPE (released from liposomes during degradation) will likely accumulate in the liver (*vida supra*).

A key consideration when using ionophore-based methods is the intra-liposomal pH; which can affect the rate of radiometal release, and subsequent transchelation. Petersen *et al.* used the ionophore 2-hydroxyquinoline (2HQ, Fig. 11A) to radiolabel DOTA-encapsulated liposomes with  $^{64}\text{Cu}$ , which had different intra-liposomal pHs.<sup>298–300</sup> Liposome loading was >95% and 70% for pH 4 and 5.9 respectively, suggesting the complexation by DOTA was affected.<sup>298</sup> This concept was explored further by Jensen *et al.* who used several oxine derivatives to load  $^{52}\text{Mn}$  into DOTA encapsulated liposomes.<sup>267</sup> Labelling efficiencies above 90% could be achieved with an intraliposomal of pH 4 when using oxine and 5,7-dichloro-8-hydroxyquinoline (8HQ-2Cl, Fig. 11A), but increasing the pH to 7.8 led to a large reduction in labelling using oxine (*ca.* 30–70% LE) whereas this was not observed for 8HQ-2Cl. Therefore, the internal pH will not only affect the chelation by the internalised ligand, but also the dissociation of the ionophore complex used.

Our group showed that radiolabelling of liposomes is possible without the need for incorporated chelators and therefore without having to chemically modify the formulation.<sup>304–307</sup> This is based on the metal-chelating properties of certain drug molecules (Fig. 23A and B), that are present in high concentrations inside the liposome, and able to bind the radionuclide after ionophore-mediated transport across the lipid bilayer (Fig. 23A). For example, manganese complexes of doxorubicin *via* hydroxyl





**Fig. 23** (A) Schematic showing the ionophore-based method for radiolabelling liposomes using the chelating properties of drugs. (B) Chemical structures of drugs incorporated inside liposomes capable of chelating radiometals. (C) PET/CT images of PEGylated liposomal alendronate (PLA) labelled with  $^{89}\text{Zr}$  in a mouse model of metastatic breast cancer, showing long circulation and gradual uptake in primary tumour (T) and lymph node metastasis. Adapted from Edmonds *et al.*<sup>304</sup> (D) SPECT-CT images of  $^{111}\text{In}$ -labelled PEGylated liposomal alendronate in a breast cancer model. Adapted from Man *et al.*<sup>307</sup> (E) PET/CT images of PEGylated liposomal methylprednisolone hemisuccinate labelled with  $^{89}\text{Zr}$  in a model of arthritis (left) and control animals (right). High uptake in arthritic joints denoted by green arrows. Adapted with permission from Gawne *et al.*<sup>305</sup> (F) PET/CT images in healthy mice of DOXIL radiolabelled with  $^{52}\text{Mn}$ . Images at 72 h show release and redistribution of  $^{52}\text{Mn}$  from liposomes after tissue uptake. Adapted with permission from Gawne *et al.*<sup>306</sup>

and carbonyl groups on the doxorubicin backbone have been previously reported,<sup>330,331</sup> and IR spectroscopy showed that  $\text{Zr}^{4+}$  interacted with the carboxylate present on methylprednisolone hemisuccinate.<sup>305</sup> These interactions allowed us to radiolabel a variety of liposomal nanomedicines with  $^{111}\text{In}$ ,  $^{64}\text{Cu}$ ,  $^{89}\text{Zr}$  and  $^{52}\text{Mn}$  and image them longitudinally (Fig. 23C–F).<sup>304–307</sup> This method overcomes the need to incorporate liposomes with a chelator which may limit its use to validate pre-formulated, commercially available liposomal nanomedicines. However, the extent of radiolabelling using this method will always be limited by the strength of interaction between the radiometal

and the drug inside the liposomal formulation.<sup>304,305</sup> Furthermore, the lack of a stable chelator means that release of the ‘free radiometal’ can occur after destruction of the liposomes. In particular, radioactive isotopes of endogenous metals, such as  $^{52}\text{Mn}$  and  $^{64}\text{Cu}$ , may be more susceptible to trafficking out of the tissues and into the bloodstream, resulting in secondary uptake in other organs (Fig. 23F). Specifically, in the case of  $^{64}\text{Cu}$  and  $^{52}\text{Mn}$  it may be difficult to distinguish between ‘free radiometal’ uptake from that of liposomal uptake in the liver and even in tumours.<sup>332,333</sup> This has been shown to be less of an issue when labelling with  $^{89}\text{Zr}$  (a non-endogenous metal),



which almost exclusively shows uptake in the bone (Fig. 23C and E).<sup>334</sup>

Interestingly, Henriksen *et al.* showed that use of an ionophore to transport radiometals across the lipid bilayer of liposomes is not always necessary. They found that by incubating unchelated  $^{64}\text{Cu}^{2+}$  with liposomes containing a DOTA chelator allowed >90% RCY after 30–60 min at 55 °C.<sup>308–311</sup> This ‘unassisted loading’ of  $^{64}\text{Cu}$  was proposed to occur due to the formation of a steep copper gradient, across the lipid membrane, by the chelation of non-radioactive copper inside the liposomal core by the DOTA chelator. This gradient then causes diffusion of  $^{64}\text{Cu}^{2+}$  into the liposome where it is trapped by chelation by the DOTA ligand. The increased simplicity of this technique is clearly beneficial, and additionally removes the need for ionophores, which are known to have a variety of biological activities.<sup>335</sup> However, it may not be applicable to other radionuclides and more studies are required to fully understand the exact mechanism that allows charged hydrophilic ions such as  $\text{Cu}^{2+}$  to cross lipid bilayers.

The radiolabelling of liposomes can also be achieved by the remote loading of radiopharmaceuticals into the liposomal core (Section 4.3.2). Generally speaking, a neutrally charged, lipophilic, radiopharmaceutical crosses the lipid bilayer of liposomes into the aqueous core where it becomes protonated and trapped as a more hydrophilic form (Fig. 10B and Section 4.3.2). An early example of this was reported by Rudolph and collaborators who used  $^{99\text{m}}\text{Tc}$ -labelled hexamethylpropylene-amine oxime (HMPAO, Fig. 11B) to radiolabel liposomes encapsulating with glutathione (GSH) which was necessary to allow high labelling of the liposomes (>90% LE).<sup>220,312,313</sup> The authors postulated the complex would undergo reduction by interaction with glutathione, allowing trapping of the agent. Cao *et al.* also reported the GSH-dependent trapping in liposomes of the  $^{99\text{m}}\text{Tc}$  complex of diisopropyl iminodiacetic acid (DISIDA, Fig. 11B).<sup>314</sup> Laverman *et al.* later compared remote loading of [ $^{99\text{m}}\text{Tc}$ ]Tc-HMPAO with surface radiolabelling using HYNIC conjugated to the lipid bilayer of liposomes.<sup>220</sup> No difference in serum stability after 48 h, using the two methods was reported. However, *in vivo* tracking of the labelled liposomes, showed that kidney uptake was 3-fold higher after 24 h for HMPAO-labelled liposomes, suggesting release of [ $^{99\text{m}}\text{Tc}$ ]Tc-HMPAO from the liposomes (Fig. 22E). A similar method was described by Bao and collaborators using the chelator *N,N*-bis(2-mercaptoethyl)-*N',N'*-diethyl-ethylenediamine (BMEDA, Fig. 11B) for the remote-loading of liposomes with  $^{99\text{m}}\text{Tc}$ ,<sup>315–317</sup>  $^{186}\text{Re}$ ,<sup>318,319</sup> and  $^{188}\text{Re}$ .<sup>320–323</sup> Labelling efficiencies with the  $^{99\text{m}}\text{Tc}$  complex were *ca.* 37% LE; with the presence of glutathione within the liposomal core allowing increased stability (>80%) in serum over 72 h compared with empty liposomes (<35% stability).<sup>315</sup> However, in both of these examples, the need to encapsulate glutathione within liposomes to facilitate radiolabelling is a potential drawback, compared with other methods avoiding the need for modifications.

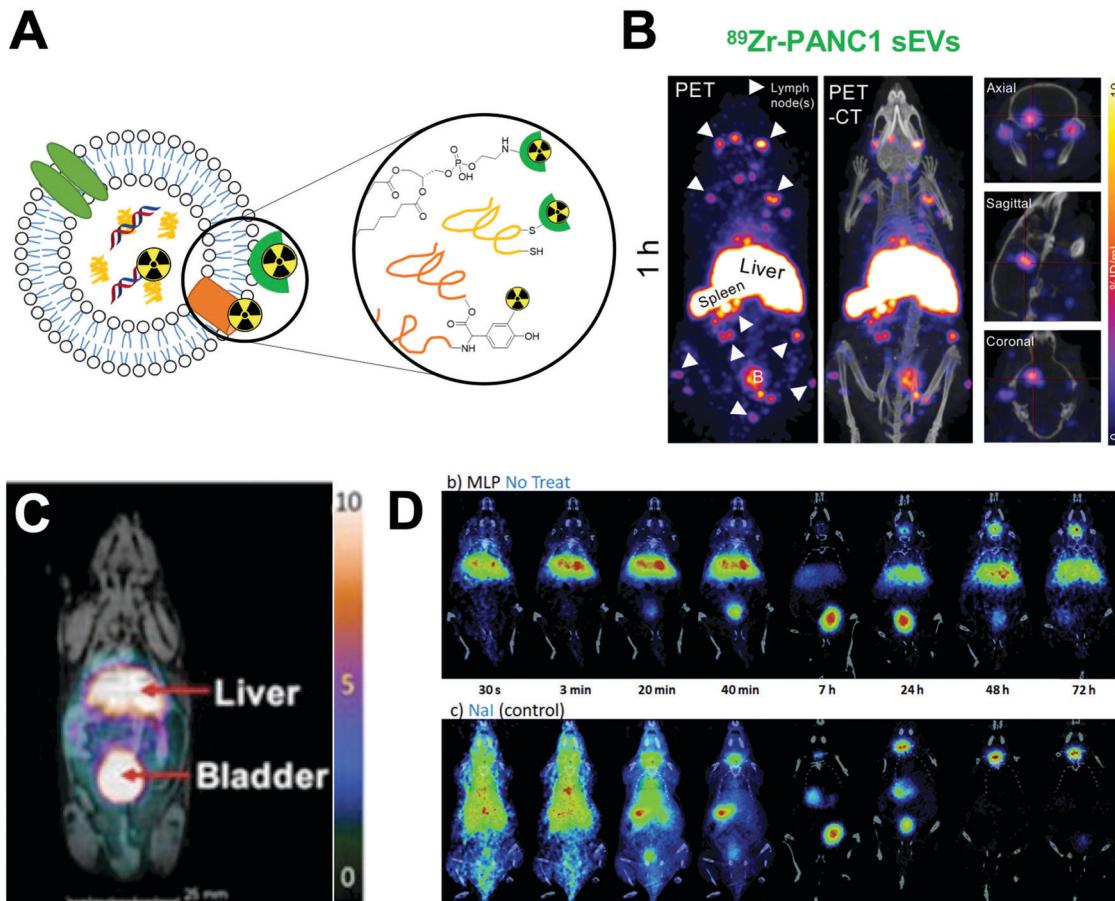
An excellent method by Lee *et al.* reported a  $^{64}\text{Cu}$  complex of diacetyl 4,4'-bis(3-(*N,N*-diethylamino)propyl)thiosemicarbazone (4-DEAP-ATSC, Fig. 11B) for the remote loading of liposomal

nanomedicines without modification.<sup>324–327</sup> [ $^{64}\text{Cu}^{2+}$ ][Cu(4-DEAP-ATSC)] allowed >90% LE of several liposomal formulations after 10 min at 65 °C. The radiolabelled liposomes showed high serum stability >99% after 48 h. The authors compared the *ex vivo* biodistribution of the radiolabelled liposomes with the [ $^{64}\text{Cu}^{2+}$ ][Cu(4-DEAP-ATSC)] complex and free  $^{64}\text{Cu}^{2+}$  and showed that the liposomes and complex had similar uptake in the liver – as well as that [ $^{64}\text{Cu}^{2+}$ ][Cu(4-DEAP-ATSC)] and ‘free’  $^{64}\text{Cu}^{2+}$  had similar pharmacokinetics. Copper-bisthiosemicarbazone complexes are not stable *in vivo*,<sup>336</sup> and thus any [ $^{64}\text{Cu}^{2+}$ ][Cu(4-DEAP-ATSC)] released from the liposomes will likely decompose and release free  $^{64}\text{Cu}^{2+}$  leading to accumulation in the liver  $^{64}\text{Cu}$  in its free form. Furthermore, small amounts (*ca.* 3% ID per g, 24 h p.i.) of tumour uptake of [ $^{64}\text{Cu}^{2+}$ ][Cu(4-DEAP-ATSC)] was observed,<sup>324</sup> which matches previous observations that  $^{64}\text{Cu}^{2+}$  and its bisthiosemicarbazone complexes are known to accumulate in tumours.<sup>336,337</sup> Hence, the release of the [ $^{64}\text{Cu}^{2+}$ ][Cu(4-DEAP-ATSC)] complex – and indeed other remote loading complexes – from liposomes is a key consideration when using this method as it may distort tumour and liver uptake values of the radiolabelled liposomes. Finally, Engudar *et al.* reported a novel radioiodinated compound, amino diatrizoic acid (ADA, Fig. 11B), for the remote loading into liposomes.<sup>328</sup> [ $^{125}\text{I}$ ]-ADA and [ $^{124}\text{I}$ ]-ADA could be incorporated into liposomes with >70% LE after 2 h. Good stability of the radiolabel *in vivo* was demonstrated by just 1% ID per g of the radioactivity in thyroid present after 72 h.

**4.5.2 Exosomes/extracellular vesicles.** Exosomes or small extracellular vesicles (sEVs) are phospholipid-based NPs secreted by cells. These nanovesicles (30–150 nm) are formed intracellularly by endosomal multivesicle bodies and are subsequently released from cells by exocytosis. Hence, unlike synthetic vesicles, their surface contains several membrane proteins (Fig. 24A). Additionally, sEVs contain several cytosolic compounds – such as nucleic acids, proteins and lipids – which are transported between cells.<sup>338</sup> More recently, EVs have been proposed as drug delivery systems,<sup>339</sup> and hence interest in studying the *in vivo* distribution of these nanomedicines has subsequently increased. Despite this, there are still relatively few examples of radiolabelled exosomes/sEVs (Table 9).

Similarly to cells, a key consideration for radiolabelling cell-derived EVs, is that proteins on their surface can be utilised for functionalisation (Fig. 24A). Hence several groups have reported chelator-based labelling of the surface of exosomes. Shi *et al.* reported that the bifunctional chelator *p*-SCN-Bz-NOTA could be conjugated to the surface of EVs *via* free amines present on the surface membrane. This allowed >95% RCY and high serum stability (>80% at 24 h).<sup>344</sup> Similarly, Banerjee *et al.* conjugated a DO3A-maleimide to the surface of EVs *via* free thiols present. However, RCYs were relatively low (*ca.* 16–25%), and *in vivo* PET imaging showed consistently high uptake in the bladder which peaked at 25% ID per g at 3 h; indicating that release of the bioconjugate from the EVs may have occurred (Fig. 24C).<sup>341</sup> The presence of proteins on the EV surface also allows the direct radioiodination *via* electrophilic aromatic substitution on tyrosine residues (Fig. 24A).<sup>342,347</sup> However, in each reported example uptake of radioactivity in





**Fig. 24** (A) Schematic representation of the various methods used to radiolabel extracellular vesicles. Chelators can be attached to the surface via conjugation to phospholipids or protein residues, or radionuclides can be incorporated inside via ionophores. (B) Representative MIP PET/CT images of radiolabelled <sup>89</sup>Zr-labelled PANC1 exosomes in healthy mice; showing signal in liver, spleen, several lymph nodes (arrowheads), and brain; adapted from Khan *et al.*<sup>340</sup> (C) PET/MRI of <sup>64</sup>Cu-labelled sEVs in healthy mice. Adapted from Banerjee *et al.*<sup>341</sup> (D) PET-CT coronal images obtained at different time points of <sup>124</sup>I-labelled EVs in healthy mice (top) and free <sup>124</sup>I-NaI (bottom). Release of iodine can be seen at later timepoint, resulting in thyroid signal. Adapted from Royo *et al.*<sup>342</sup>

**Table 9** Table summarising the methods, radioisotopes and techniques employed to radiolabel extracellular vesicles

Radiolabelling method	Radionuclide	Radiolabelling mediator	Ref.
Chelator-based	<sup>111</sup> In	DTPA	343
	<sup>64</sup> Cu	DOTA	344
		DO3A	341
Non-chelator	<sup>125</sup> I <sup>124</sup> I <sup>131</sup> I <sup>99m</sup> Tc	(3- <sup>125</sup> I-Iodobenzoyl)norbiotinamide Iodination tube Iodination tube <i>Via</i> <sup>99m</sup> Tc tricarbonyl Direct labelling with SnCl <sub>2</sub> reduction	345 and 346 342 347 348 349-351
Ionophore-based	<sup>111</sup> In	Tropolone	343
	<sup>89</sup> Zr	Oxine	352
Remote loading	<sup>99m</sup> Tc	HMPOA	353

the thyroid was observed, suggesting instability of the radio-label (Fig. 24D). Hence, direct labelling of EVs with radioiodine may not be as appropriate compared with other methods. As with liposomes, several groups have reported the chelate-free

direct labelling of different extracellular vesicles (EVs)/exosomes with reduced <sup>99m</sup>Tc.<sup>349-351</sup> RCYs > 95% were consistently reported with high serum stability (> 90%) reported up to 48 h. *In vivo* SPECT/CT imaging showed that this labelling method was stable

with minor uptake in the thyroid compared with pertechnetate.<sup>349</sup> Taking into account the important role that surface proteins have in the biological behaviour of EVs, a potential disadvantage of targeting these proteins for radiolabelling EV surface proteins is the possibility of affecting their structure and function.

Due to their lipid bilayer, EVs are also capable of being radiolabelled using radio-ionophores, with the radiometal binding to proteins in the exosome core (Section 4.3.1 and Fig. 24A). This was first reported by Smyth *et al.* who used the [<sup>111</sup>In]In-oxine methodology to label PC3 and MCF-7 cell derived exosomes with labelling efficiencies between 67–81%.<sup>352</sup> In a similar study, Faruqu *et al.* radiolabelled exosomes using the <sup>111</sup>In-tropolone radio-ionophore complex, and compared this to labelling using a DTPA chelator conjugated to the surface.<sup>343</sup> The radio-ionophore method was shown to be inferior to the surface labelling both with regards to radiolabelling and serum stability. <sup>111</sup>In-tropolone labelled exosomes with just 4% LE and demonstrated only 14% serum stability after 24 h. This may be the result of the relatively high stability of <sup>111</sup>In-tropolone that may have not dissociated inside the EVs. Finally, Hwang *et al.* reported the labelling of exosomes using remote loading with [<sup>99m</sup>Tc]Tc-HMPAO which was facilitated by the presence of GSH inside the EVs.<sup>353</sup> The radiolabelled EVs, had high (*ca.* >90% stability) in serum up to 5 h. However, *in vivo* SPECT/CT and *ex vivo* biodistribution of the labelled EVs showed uptake in the salivary glands (*ca.* 15% ID per g after 3 h), suggesting release of <sup>99m</sup>Tc from the EVs occurred.<sup>353</sup>

**4.5.3 Protein-based nanoparticles.** Protein-based nanomedicines offer several beneficial properties including their biodegradability, highly tunable platform and their amphiphilic nature – allowing favourable interactions with drugs.<sup>354</sup>

Furthermore, the use of proteins can instil the nanomedicines with more favourable properties for drug delivery, such as increased target delivery.<sup>355</sup> A key example of protein-based nanomedicines is NP albumin-bound paclitaxel – known as Abraxane<sup>®</sup> – which was approved by the FDA for the treatment of several types of solid tumours. The conjugation of paclitaxel to albumin increases the blood half-life of the drug, and overcomes the issues of drug solubility without the need for organic solvent based formulations – which had been associated with several severe and sometimes fatal side effects.<sup>9</sup> As with other nanomedicines discussed, understanding the biodistribution and pharmacokinetics of these drugs can be highly beneficial for their clinical translation. Hence, several groups have radiolabelled protein-based NPs for *in vivo* imaging. Table 10 summarises the different radiolabelling methodologies used with protein-based NPs.

A large portion of the radiolabelling of protein-based NPs has been carried out with serum albumin (SA) NPs. Jain *et al.* reported the direct radiolabelling of SA NPs using <sup>99m</sup>Tc *via* SnCl<sub>2</sub> reduction which allowed 98% LE and 90% stability in PBS up to 24 h.<sup>356</sup> A couple of groups reported the <sup>99m</sup>Tc labelling of the SA NPs conjugated with porphyrin photosensitising agents.<sup>360,361</sup> Both studies demonstrated high labelling efficiencies > 90%, however, no evidence was provided showing <sup>99m</sup>Tc was bound to the porphyrin, as opposed to directly to the albumin. The direct radioiodination (Fig. 25A) of SA particles has also been reported by Yi *et al.* using <sup>125</sup>I and <sup>131</sup>I for SPECT/CT and therapy respectively.<sup>182</sup> However, no radiolabelling yields were reported, and SPECT/CT in mice showed large amounts of thyroid uptake at 3 d p.i. suggesting deiodination from the NPs (Fig. 25B).<sup>182</sup> A chelator-based method for SA NP

**Table 10** Table summarising the methods, radioisotopes and techniques employed to radiolabel protein-based nanoparticles, viral nanoparticles and bacteriophages

	Radiolabelling method	Radionuclide	Radiolabelling mediator	Ref.
Protein-based nanoparticles	Non-chelator	<sup>99m</sup> Tc	SnCl <sub>2</sub> reduction <i>Via</i> <sup>99m</sup> Tc tricarbonyl	356 and 357
		<sup>125</sup> I <sup>131</sup> I	Iodogen Iodogen	358 182
	Chelator-based	<sup>99m</sup> Tc	Chloramine-T MAG3 chelator	183 359
		<sup>111</sup> In	Porphyrin	360 and 361
		<sup>67</sup> Ga	DTPA NOTA	362 363
High-density lipoprotein (HDL) NPs	Chelator-based	<sup>89</sup> Zr	DFO chelator	28 and 364–370
Viral nanoparticles (capsids)	Non-chelator	<sup>125</sup> I <sup>124</sup> I	Iodogen Iodogen	371 372
	Chelator-based	<sup>64</sup> Cu	Bolton–Hunter reagent NO2A dendrimer	373
Bacteriophages	Non-chelator	<sup>125</sup> I	Iodogen	374
		<sup>111</sup> In	DOTA–biotin	375
	Chelator-based	<sup>99</sup> Tc	DTPA–avidin MAG3	375 and 376 377 and 378
		<sup>64</sup> Cu	HYNIC and tricine co-ligand DO3A DOTA NOTA NO2A	379 and 380 381 and 382 381



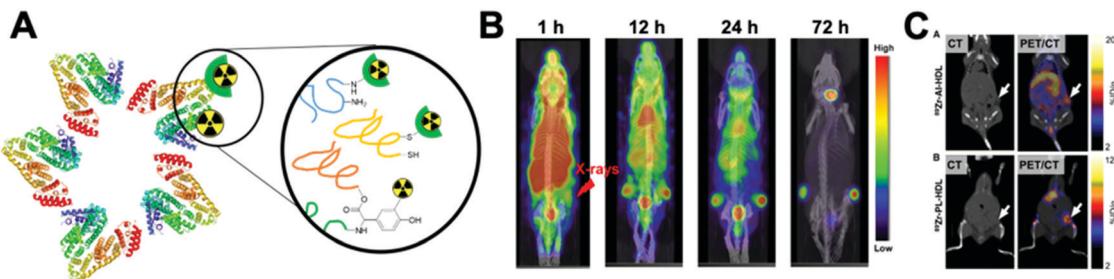


Fig. 25 (A) Schematic representation of the methods used to radiolabel protein-based nanoparticles. Chelators can be conjugated to the nanoparticles *via* amine or thiol residues on the proteins, or tyrosine residues can be radiohalogenated. (B) SPECT/CT images of  $^{125}\text{I}$ -HSA in a mouse tumour model. Adapted from Yi *et al.*<sup>182</sup> (C) CT (left) and PET/CT fusion (right) images of  $^{89}\text{Zr}$ -apoA1-DFO-HDL (top) and  $^{89}\text{Zr}$ -PL-DFO-HDL (bottom) in mice bearing orthotopic 4T1 tumour. Adapted from Pérez-Medina *et al.*<sup>364</sup>

radiolabelling was reported by Woods *et al.* who conjugated albumin with *p*-BCS-Bz-DTPA which was then labelled with  $^{111}\text{In}$ . This was then used to synthesise the albumin NPs with an efficiency of 67%, showing >97% stability in serum for 48 h.<sup>362</sup> Despite this excellent *in vitro* RCS, the long radiolabelling procedure involving the synthesis of labelled albumin followed by formulation of the particles (overnight) is a potential drawback.

Several other protein-based NPs have been radiolabelled. Yang *et al.* reported the radiolabelling of self-assembled protein NPs based on polypeptides designed to contain His-tags for labelling with  $^{99\text{m}}\text{Tc}$  *via* the tricarbonyl core.<sup>358</sup> Ferritin-based nanocages were radiolabelled by Liang *et al* using  $^{99\text{m}}\text{Tc}$  using a MAG<sub>3</sub> conjugated chelator *via* an NHS ester.<sup>359</sup> Additionally, Gil *et al* reported the radiolabelling of casein NPs with  $^{67}\text{Ga}$  *via* the conjugation of *p*-SCN-Bn-NOTA.<sup>363</sup> A highly robust method for radiolabelling high-density lipoprotein (HDL) based NPs was described by Mulder and collaborators who radiolabelled HDL NPs with  $^{89}\text{Zr}$  using the chelator DFO.<sup>28,364-370</sup> Interestingly, a number of their studies showed that the placement of chelator had significant effects on *in vitro* stability and *in vivo* biodistribution of the particles.<sup>28,364,365</sup> A key study compared the properties of radiolabelled HDL-NPs which were conjugated with *p*-SCN-DFO either to the phospholipid (PL-DFO NPs) layer or the HDL (apoA-I-DFO).<sup>364</sup> The PL-DFO NPs showed lower RCYs than the apoA-I-DFO NPs (79% and 94% respectively). Large differences were observed *in vivo* (Fig. 25C); with PL-DFO NPs having a nearly 3-fold lower blood half-life compared with the apoA-I-DFO NPs, and had larger amounts of bone uptake (17% & 4% respectively) – indicating loss of the  $^{89}\text{Zr}$ . Additionally, apoA-I-DFO NPs showed that 28% of bone uptake of being associated with bone marrow, whereas this was only *ca.* 4% for the phospholipid labelled particles.<sup>364</sup>

**4.5.3.1 Viral nanoparticles.** Viral nanoparticles (VNPs) refers to several types of nanomaterials; such as plant viruses, bacteriophages and animal viruses. The application of VNPs, as well as virus-like NPs (which do not contain viral genomes), for drug delivery is of growing interest; due to their biocompatibility, ease of functionalisation and increased cellular uptake.<sup>383,384</sup> Additionally, viral vectors are also being explored

for gene delivery and therapy.<sup>385</sup> VNPs can easily be modified to incorporate radiolabels, allowing their *in vivo* tracking using radionuclide imaging techniques. The radiolabelling methods used with VNPs are summarised in Table 10.

Wu *et al.* described the radioiodination of the viral NP tobacco mosaic virus, with  $^{125}\text{I}$ .<sup>371</sup> This was performed using the iodogen method, with radiolabelling suggested to occur on tyrosine residues present on the VNPs (Fig. 26A).<sup>371</sup> Similarly, Kothari *et al.* compared two different methods for the radioiodination of adeno-associated virus (AAV) capsids with  $^{124}\text{I}$ .<sup>372</sup> Radiolabelling efficiencies were generally low, but higher with the iodogen method (10–18%) compared with 1.0–4.5% when using the Bolton–Hunter reagent to label protein amine residues. Chelator-based methods have also been used to radiolabel VNPs. In particular, Seo *et al.* developed a method to radiolabel AAV capsids using multimeric NO<sub>2</sub>A bioconjugate platforms.<sup>373</sup> The multichelator systems contained eight NO<sub>2</sub>A rings attached to with either a transcyclotene (TCO) or maleimide to allow conjugation through either a tetrazine-modified amine group or cysteine residue on the AAV surface (Fig. 26B and C). Both multimers allowed >99% RCYs and high molar activity compared to single chelator systems, but labelling efficiencies of the AAVs were low (2–7.5%) with both bioconjugate systems.<sup>373</sup>

Several reports have also investigated the radiolabelling of bacteriophages (Table 10).<sup>381</sup> An interesting study by Holman *et al.* reported the radiolabelling of *Pseudomonas* bacteriophages with  $^{99\text{m}}\text{Tc}$  using the HYNIC chelator.<sup>380</sup> HYNIC was conjugated using an NHS ester derivative, but it was found that all but the briefest reaction (<3 min) resulted in loss of infectivity of the phage. However, optimised conditions – which retained infectivity of the phage – radiolabelled the phage with 95% RCY using the co-ligand tricine.<sup>380</sup> This highlights the need to ensure that the radiolabelling procedure of viral capsids does not affect their biological function, and how optimisation of the protocol can help mitigate this.

**4.5.4 Polymeric micelles.** Polymeric micelles are made up of amphiphilic block co-polymers units containing a hydrophilic polymer (*e.g.* PEG) and hydrophobic drug loading block. The properties of the co-polymers allow them to assemble into NPs; with a hydrophilic shell surrounding the more hydrophobic core, which can encapsulate a variety of drugs during

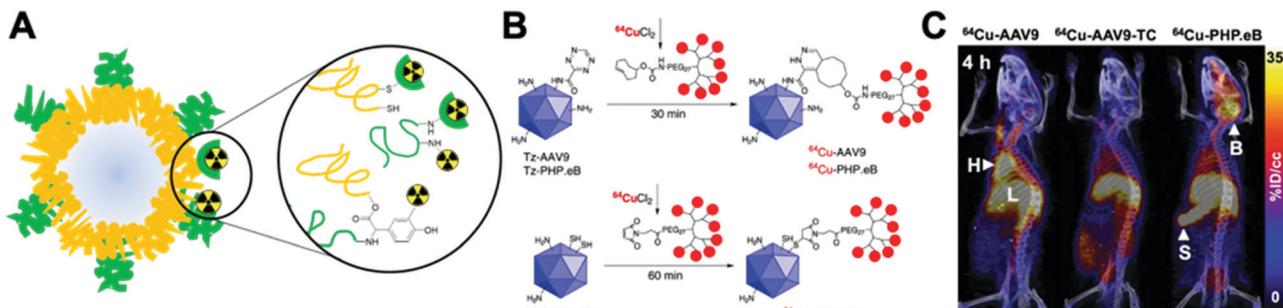


Fig. 26 (A) Schematic representation of the methods used to radiolabel viral nanoparticles. Chelators can be conjugated to the nanoparticles via amine or thiol residues on the proteins, or radiohalogens can be attached via free amine or tyrosine residues. (B) Surface modification with multichelators (MC) on lysine residues in capsids (top) or the site-specific radiolabeling on cysteine residues in capsids via the multichelator-maleimide conjugate (bottom). (C) Representative PET/CT images of  $^{64}\text{Cu}$ -labelled viral capsids in healthy C57BL/6 mice. Adapted from Seo *et al.*<sup>373</sup>

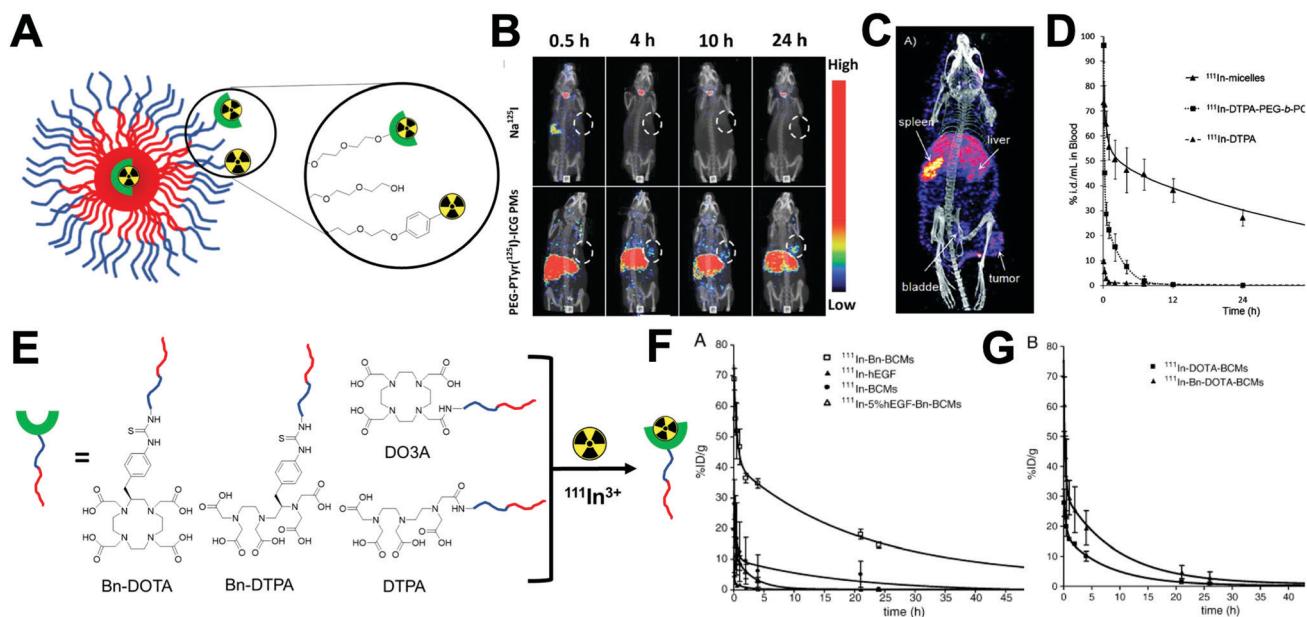


Fig. 27 (A) Schematic representation of the methods of radiolabelling polymeric micelles. Chelators or radionuclides can be attached to the surface or radionuclides can be trapped inside the micelle core. (B) Representative SPECT-CT images of  $^{125}\text{I}$ -radiolabelled polymeric micelles (bottom) along with free  $^{125}\text{I}$ -NaI at various timepoints in a tumour mouse model. Adapted from Yang *et al.*<sup>170</sup> (C) MIP and sagittal image of tissue accumulation of  $^{111}\text{In}$ -micelles 48 h p.i. in a breast cancer tumour xenograft. Adapted from Hoang *et al.*<sup>388</sup> (D) Comparison of the pharmacokinetics of  $^{111}\text{In}$ -labelled micelles with the free PEG-b-PCL polymer and the  $^{111}\text{In}$ -DTPA complex. Adapted from Hoang *et al.*<sup>388</sup> (E) Graphical representation of the methodology deployed by Fonge *et al.* comparing the effect of different BFCs on the pharmacokinetics of radiolabelled micelles. (F) Blood pharmacokinetics of 60 nm  $^{111}\text{In}$ -labelled micelles in mice bearing human breast cancer xenografts labelled with  $^{111}\text{In}$  via p-SCN-Bn-DTPA ( $^{111}\text{In}$ -Bn-BCMs) or DTPA bis-anhydride ( $^{111}\text{In}$ -BCMs). Blood clearance curve of micelles containing 5 mol% hEGF targeted BCMS is also shown but not discussed. (G) Blood pharmacokinetics in the same model as above with micelles labelled with  $^{111}\text{In}$  via p-SCN-Bn-DOTA ( $^{111}\text{In}$ -Bn-DOTA-BCMs) or NHS-DOTA ( $^{111}\text{In}$ -DOTA-BCMs). Adapted from Fonge *et al.*<sup>389</sup>

formulation (Fig. 27A). Block co-polymers are highly tuneable and can be modified with a variety of molecules which will then be present on the hydrophilic shell, allowing control of the distribution and function of the NPs *in vivo*. Polymeric micelles have been widely explored as nanomedicines,<sup>386,387</sup> with several formulations in clinical trials.<sup>9</sup> Several different methods have been applied to the radiolabelling of polymeric micelles, which are summarised in Table 11.

As with other NP types, several studies have reported the radiolabelling of polymeric micelles with  $^{99\text{m}}\text{Tc}$  using the direct

labelling method.<sup>390–398</sup> Once again, this was shown to be a robust technique; with reported RCYs generally being  $>95\%$  under optimised conditions and serum stability *ca.* 98% after 24 h.<sup>395–397</sup> The radioiodination of polymeric micelles has also been reported. Kao *et al.* reported the radiolabelling of co-polymer based micelles containing a benzyl group allowing radiolabelling with  $^{131}\text{I}$  using the chloramine-T method (Fig. 27A).<sup>173</sup> RCYs were 55%, but instability was observed in serum (53% after 48 h). Additionally, *in vivo* stability could not be assessed as the authors blocked thyroid/stomach uptake by



Table 11 Table summarising the methods, radioisotopes and techniques employed to radiolabel polymeric micelles

NP type	Radiolabelling method	Radionuclide	Radiolabelling mediator	Ref.
Polymeric micelles	Non-chelator	$^{99m}\text{Tc}$	Direct labelling with $\text{SnCl}_2$ reduction	390–398
		$^{125}\text{I}$	Chloramine T	170
	Chelator-based	$^{131}\text{I}$	Iodogen	171 and 172
		$^{99m}\text{Tc}$	Chloramine-T	173
		$^{111}\text{In}$	Pyrazolyl-diamine chelator <i>via</i> $^{99m}\text{Tc}(\text{CO})_3$	399
		$^{64}\text{Cu}$	DTPA	400–402
		$^{64}\text{Cu}$	DTPA chelator	388, 389 and 403–412
		$^{64}\text{Cu}$	DOTA chelator	389
	Ionophore-based	$^{64}\text{Cu}$	DO3A chelator	389
		$^{89}\text{Zr}$	LNETA chelator, followed by DBCO click chemistry	413
		$^{111}\text{In}$	CB-TE2A	414
		$^{111}\text{In}$	NOTA	415 and 416
PEI/DNA polyplex micelles	Surface/polymer non-chelator	$^{99m}\text{Tc}$	DFO chelator, followed by DBCO click chemistry	413
		$^{64}\text{Cu}$	Tropolone	417
Naphthalocyanine micelles	Surface/polymer non-chelator	$^{64}\text{Cu}$	Oxine complex added during formulation	418
		$^{64}\text{Cu}$	Oxine complex added during formulation	418

the injection of non-radioactive iodide/perchlorate.<sup>173</sup> A similar method was described by Yang *et al.* who synthesised micelles labelled with  $^{125}\text{I}$ , facilitated by binding to tyrosine residues *via* chloramine-T.<sup>170</sup> This allowed RCYs of 77% and 98% stability in mouse plasma up to 48 h. Furthermore, *in vivo* stability also seemed high with little thyroid uptake observed by SPECT/CT imaging (Fig. 27B).<sup>170</sup> One potential drawback of these reports was the need to radiolabel the polymer first, and then perform the synthesis of the micelles. This process can take long periods of time (>12 h in the study by Yang<sup>170</sup>) which could limit its adoption in clinical setups. Radiolabelling of already formulated micelles with radioiodine has been described. Zhan and collaborators reported using the iodogen method with  $^{125}\text{I}$  to label PEG-PLA micelles conjugated with targeting peptides.<sup>171,172</sup>

Alternatively, several groups have used chelator-based methods for radiolabelling polymeric micelles (Fig. 27A and Table 11). Hoang *et al.* highlighted a key consideration for radiolabelling micelles: the biodistribution of the 'free' copolymer.<sup>388</sup> The authors compared the *in vivo* distribution of the  $^{111}\text{In}$ -labelled micelles with the single co-polymer. Whilst the pharmacokinetics were clearly distinct with hugely different blood half-lives (29 h and 2 h for the micelles and polymer, respectively; Fig. 27D), the *ex vivo* biodistribution showed near identical uptake in the liver (*ca.* 12% ID per g) after 48 h p.i.<sup>388</sup> Hence, release of the polymer after micelle degradation may contribute to liver uptake observed (Fig. 27C). In another interesting study, Fonge *et al.* compared the effect of different BFCs on the pharmacokinetics of radiolabelled micelles using  $^{111}\text{In}$ .<sup>389</sup> The co-polymers were conjugated with *p*-SCN-Bn-DTPA (DTPA-Bn), DTPA anhydride (DTPA), *p*-SCN-Bn-DTPA (DOTA-Bn) or with DOTA (DO3A, Fig. 27E), labelled with  $^{111}\text{In}$  and then used to formulate the polymeric micelles. Several differences were seen *in vivo*. Firstly, each formulation had different blood half-lives with DTPA-Bn having the highest (25 h) – the  $t_{1/2}$  for DTPA, DOTA-Bn and DO3A were 12 h, 9 h and 15 h respectively

(Fig. 27F and G). *Ex vivo* biodistribution at 48 h in tumour-bearing mice also showed distinct differences in uptake. The DTPA-Bn had the highest uptake in all organs of interest with 32% ID per g in the liver, 15% ID per g in the spleen and 4% ID per g in the tumour. Compared with 18% ID per g, 1% ID per g and <1% ID per g for the DTPA labelled micelles in the liver, spleen and tumour respectively. Despite their differences in pharmacokinetics, the two DOTA based formulations had similar uptake at 48 h with *ca.* 10% ID per g, 2% ID per g and 2% ID per g in the liver, spleen and tumour respectively.<sup>389</sup> These results highlight that chelator-based radiolabelling approaches can potentially have large effects on the *in vivo* behaviour of the radiolabelled particles.

Laan *et al.* reported the radiolabelling of micelles using the radio-ionophore [ $^{111}\text{In}][\text{In}(\text{tropolone})_3$ ] *via* either the trapping of the lipophilic complex during the formation of the NPs, or by labelling preformed micelles.<sup>417</sup> The hypothesis was that the lipophilic complex would become trapped within the micellar core. Both methods showed relatively low labelling efficiency with 32% LE during micelle formation and 22% LE of pre-formed micelles. Incubation in serum showed *ca.* 20% loss of activity after 2 d.<sup>417</sup> Similarly, de la Fuente *et al.* reported the radiolabelling of micelles *via* the addition of either [ $^{68}\text{Ga}$ ]Gaoxine and [ $^{111}\text{In}$ ]In-oxine complexes during formulation.<sup>418</sup> However, release of the oxine complexes was shown to occur rapidly *in vivo*; such that the *ex vivo* biodistribution of the labelled micelles and the administered oxine complexes as a control were nearly identical.

**4.5.5 Dendrimers.** Dendrimers are nano-sized macromolecules consisting of a core (single atom or molecule) to which repeating units known as branches are attached (Fig. 28A). The branches will have at least one branch junction, which with repetition results in a series of layers – known as "generations" – usually denoted by a number (*i.e.* G1, G2, G3, . . .). Due to this unique structure, dendrimers have well-defined sizes and are highly uniform. Furthermore, their structure is highly tuneable



and often biocompatible, making them attractive platforms for drug delivery.<sup>421</sup> Additionally, their architecture allows – or can easily be modified to allow – radiolabels for the assessment of the *in vivo* behaviour (see Table 12).

The overwhelming majority of examples of dendrimer radiolabelling has been performed with poly(amidoamine) (PAMAM) based dendrimers. A common technique employed with this type of dendrimer is the conjugation of a chelator to amine residues present on the polymer (Fig. 28A). For example, several reports used DTPA-based conjugates to radiolabel dendrimers with <sup>111</sup>In.<sup>432–435</sup> Sano *et al.* reported >99% RCYs using *p*-SCN-Bn-DTPA conjugated to PAMAM-based dendrimers.<sup>435</sup> Furthermore, PAMAM dendrimers have been radiolabelled with the radiotherapeutic isotope <sup>177</sup>Lu.<sup>427–431</sup> using the amine reactive BFCs DOTA-NHS,<sup>428</sup> and *p*-SCN-Bn-DOTA.<sup>429,430</sup>

The radiolabelling of PAMAM dendrimers with <sup>64</sup>Cu has also been performed using the DOTA-NHS BFC system.<sup>422,426</sup> This allowed RCYs of *ca.* 85% and >93% serum stability up to 20 h.<sup>426</sup> Interestingly, Lesniak *et al.* compared the labelling and biodistribution of <sup>64</sup>Cu-labelled and <sup>111</sup>In-labelled dendrimers with this chelate system.<sup>422</sup> Whilst RCYs with both radiometals were similar (80%), discrepancies in the biodistributions of the labelled dendrimers were found between the two. Liver uptake was 6–8 fold higher with <sup>64</sup>Cu over 48 h compared with the <sup>111</sup>In-labelled NPs, and spleen uptake at 1 h was 107% ID per g – decreasing to 68% ID per g at 48 h – for <sup>64</sup>Cu-labelled dendrimers – whereas spleen uptake increased overtime for the <sup>111</sup>In-labelled NPs (6.4% ID per g at 1 h to 34% ID per g at 48 h p.i.). Furthermore, the <sup>111</sup>In-labelled dendrimer biodistribution matched more closely with that seen with dendrimers

labelled with an optical probe.<sup>422</sup> These results taken together suggest loss of <sup>64</sup>Cu from the dendrimer. Indeed, it is well established the superiority of DOTA as a chelator for <sup>111</sup>In, compared with <sup>64</sup>Cu.<sup>94</sup> Alternatively, NOTA has often been shown to be a more suitable chelator for <sup>64</sup>Cu,<sup>94,470</sup> This study highlights the stark differences in biodistribution that can occur from using different radiometals in the same system, and that chelators should be chosen appropriately to match with each radiometal.

A key study by Valliant and collaborators reported the radiolabelling of various dendrimers with <sup>99m</sup>Tc using DPA to chelate the [<sup>99m</sup>Tc][Tc(CO)<sub>3</sub>]<sup>+</sup> core (Fig. 28C).<sup>423,442,443</sup> However, in this case the chelator was conjugated *via* an alkyl amine to the dendrimer core which had been functionalised with an NHS ester. RCYs of *ca.* 90% in just 5 min using a microwave synthesis unit were reported – albeit at high temperatures of 80–130 °C. Interestingly, the authors noted a reduction in RCY when radiolabelling larger dendrimers with G6 and G7 dendrimers having RCYs of 70% and 53%, respectively compared with *ca.* 90% observed with G5.<sup>423</sup> This highlights a potential drawback with radiolabelling dendrimers *via* their core, as opposed to functional groups on the outer layers, wherein increasing dendrimer size potentially renders the chelator less accessible for radiolabelling (Fig. 28C).

The amine residues on PAMAM dendrimers also allow the radioiodination using Bolton–Hunter reagent,<sup>152–156</sup> as well as another amine-reactive reagent, *N*-succinimidyl 3-iodobenzoate (Fig. 28A).<sup>464,465</sup> The chloramine-T method was used by several groups to radiolabel dendrimers with <sup>125</sup>I,<sup>157–160</sup> and with the PET isotope <sup>76</sup>Br,<sup>184</sup> however the dendrimers usually had to be modified with either tyrosine or tyramine residues to allow radiolabelling.

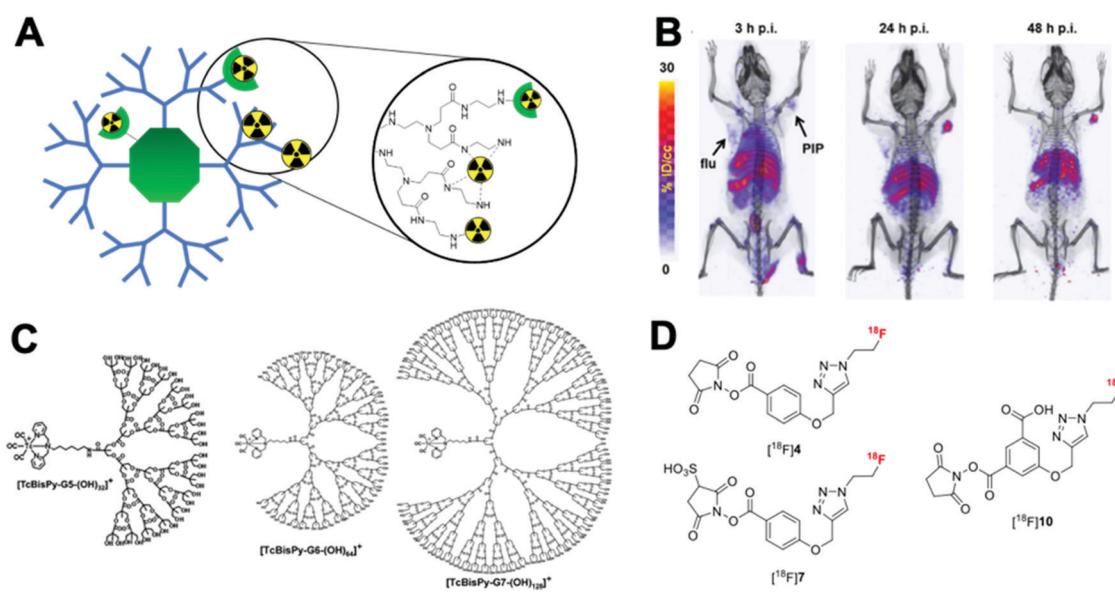


Fig. 28 (A) Schematic representation of methods used to radiolabel dendrimers. Chelators can be attached to the dendrimer core or to the outer layer *via* the free amines. Alternatively, radiometals can be bound directly to free amines present. Finally, radiohalogens can also be attached to the outer layer. (B) Representative PET/CT of radiolabelled PSMA-targeted dendrimers in male NOD-SCID mice bearing PSMA+ PC3 PIP and PSMA- PC3 flu tumour xenografts with <sup>64</sup>Cu, adapted from Lesniak *et al.*<sup>422</sup> (C) Scheme showing the different size dendrimers radiolabelled by Valliant and collaborators.<sup>423</sup> (D) Chemical structures of the <sup>18</sup>F-labelled NHS agents reported by Zhou *et al.* to radiolabel amine-functionalised PAMAM dendrimers.<sup>424</sup>



Table 12 Table summarising the methods, radioisotopes and techniques employed to radiolabel dendrimers

Radiolabelling method	Radionuclide	Radiolabelling mediator	Ref.
Chelator-based	<sup>64</sup> Cu	dmpTACN	425
	<sup>177</sup> Lu	DO3A	422 and 426
		DO3A	427 and 428
		DOTA	429 and 430
	<sup>111</sup> In	H <sub>4</sub> DO3A-py <sup>NO-C</sup>	431
		DTPA	432–435
		1B4M DTPA	436–438
		DO3A	422 and 439
	<sup>153</sup> Gd	H <sub>4</sub> DO3A-py <sup>NO-C</sup>	440
	<sup>88</sup> Y	1B4M DTPA	440
	<sup>99m</sup> Tc	1B4M DTPA	441
		DPA and <sup>99m</sup> Tc(CO) <sub>3</sub>	443, 442 and 443
		HYNIC and tricine co-ligand	444 and 445
		1B4M DTPA	446–448
		MAG3	449
	<sup>188</sup> Re	HYNIC and tricine co-ligand	450
		1B4M DTPA	451
	<sup>89</sup> Zr	DFO	452
	<sup>68</sup> Ga	DO3A	453–455
		NOTA	456
Non-chelator	<sup>99m</sup> Tc	Direct labelling with SnCl <sub>2</sub> reduction	457–461
		Via <sup>99m</sup> Tc(CO) <sub>3</sub>	462
	<sup>64</sup> Cu	Direct labelling	463
	<sup>125</sup> I	Bolton–Hunter reagent	152–156
		Chloramine-T	157–160
	<sup>123</sup> I	N-Succinimidyl 3-( <sup>123</sup> I) iodobenzoate conjugation	464
	<sup>131</sup> I	N-Succinimidyl 3-( <sup>123</sup> I) iodobenzoate conjugation	465
		Iodogen	161
		Chloramine-T	466–468
	<sup>76</sup> Br	Chloramine-T	184
	<sup>18</sup> F	Isotopic exchange with trifluoroborate	469
		Conjugation of radiolabelled NHS agents	424

Alternatively, Zhou *et al.* reported several <sup>18</sup>F-labelled NHS agents (Fig. 28D) to radiolabel amine-functionalised PAMAM dendrimers.<sup>424</sup> RCYs under optimised conditions were 28%, 95% and 95% for [<sup>18</sup>F]4, [<sup>18</sup>F]7 and [<sup>18</sup>F]10 respectively after 5 min, with the RCY with [<sup>18</sup>F]4 increasing to 71% after 15 min. The higher labelling efficiency and faster reaction kinetics of [<sup>18</sup>F]7 and [<sup>18</sup>F]10 was hypothesised to occur due to electrostatic interactions of the NHS esters with the PAMAM dendrimers. [<sup>18</sup>F]7 and [<sup>18</sup>F]10 would become pre-localised to the dendrimers due to the interaction of the sulfonate and carboxylate groups respectively, with the positively charged amines on the dendrimers.<sup>424</sup>

Finally, the direct labelling of PAMAM dendrimers with radiometals has also been reported by several groups. In each case binding of the radiometals was proposed to occur *via* the amine groups on the dendrimer (Fig. 28A). Once again, the binding of [<sup>99m</sup>Tc]TcO<sub>4</sub> after SnCl<sub>2</sub> reduction has been described by several groups,<sup>457–461</sup> allowing high RCYs and serum stability. Interestingly, Tassano *et al.* found the [<sup>99m</sup>Tc][Tc(CO)<sub>3</sub>]<sup>+</sup> core could bind to PAMAM dendrimers with *ca.* 90% RCY.<sup>462</sup> However, the complex was shown to be unstable in a competition assay with histidine; with over 50% of the activity being transchelated after just 1 h.<sup>462</sup> The direct labelling of PAMAM dendrimers was also reported with <sup>64</sup>Cu by Xu *et al.*<sup>463</sup> Optimised conditions showed that *ca.* 95% RCYs could be achieved after just 15 min at room temp. and pH 7. Labelling at acidic conditions was reduced (30% at pH 3)

suggesting that chelation was occurring *via* the amines on the PAMAM dendrimer, as these amine groups would become more protonated at lower pH. This interaction was shown to be relatively stable with *ca.* 80% stability in mouse plasma was after 24 h.<sup>463</sup>

**4.5.6 Polymer nanomaterials.** A diverse number of other polymer-based nanomaterials have also been radiolabelled using a variety of different methods (Fig. 29 and Table 13). Due to the large number of different types of nanomaterials – all with different properties – it is difficult to draw conclusions that apply to most NP platforms. Instead, in this section, general trends in the field will be discussed, along with particular studies that we believe are of special interest.

As with the other NP types discussed previously, several different polymer-based nanomaterials have been radiolabelled using the non-chelator direct labelling method with <sup>99m</sup>Tc. PLGA-based NPs (PLGA-NP),<sup>474–486</sup> latex NPs,<sup>535</sup> PLA NPs<sup>531,532</sup> polydopamine (PDA) NPs,<sup>181</sup> and poly(anhydride) NPs<sup>536</sup> have all been radiolabelled in this way with high (>90%) RCYs generally reported. The radiolabelling of chitosan-based NPs with this method has also been reported by several groups, resulting in 85–98% RCYs.<sup>497–502</sup> Binding of <sup>99m</sup>Tc is likely to occur *via* the free hydroxyl and amines present on the chitosan polymer, however this has not been characterised. The direct labelling of chitosan NPs with <sup>64</sup>Cu and <sup>89</sup>Zr has also been reported by Fairclough *et al.*<sup>503,504</sup> RCYs were *ca.* 72% for both



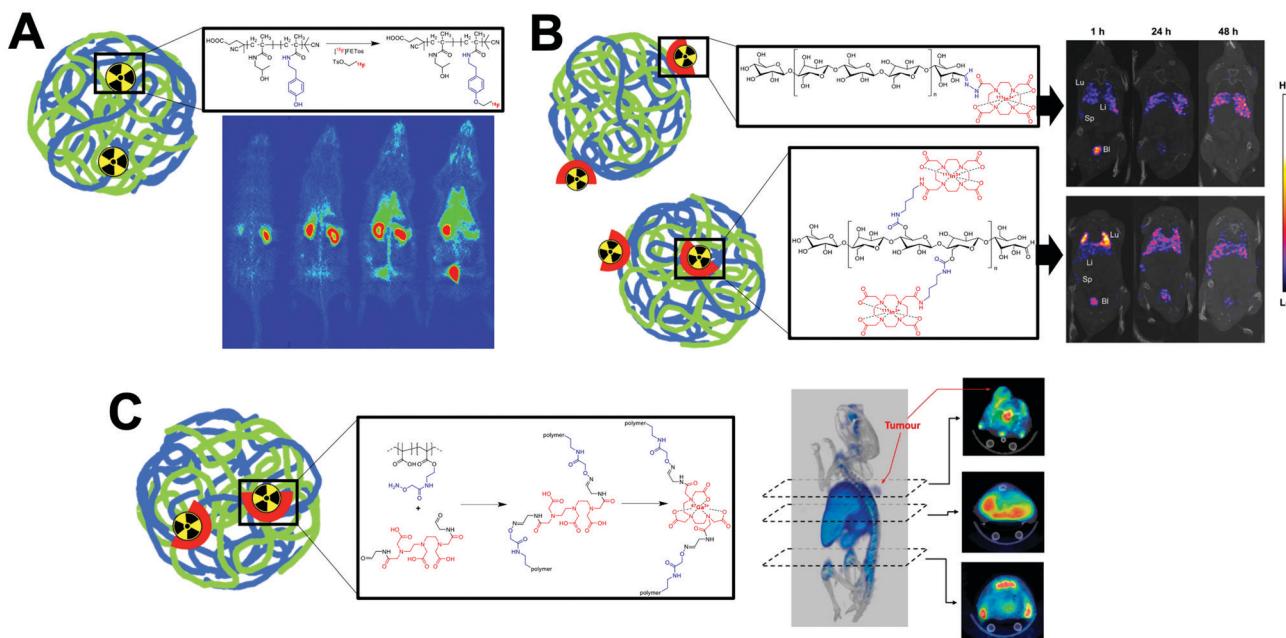


Fig. 29 Figure showing the various ways of incorporating radionuclides into different polymer-based nanomaterials. (A) Radiohalogens can be attached to the polymer backbone. Schematic showing the radiolabelling of *N*-(2-hydroxypropyl)-methacrylamide (HPMA) with 2-[<sup>18</sup>F]fluoroethyl-1-tosylate (<sup>18</sup>F]FETos) and PET images in healthy rats of the radiolabelled polymer reported by Allmeroth and collaborators. Adapted from Herth *et al.*<sup>471</sup> (B) Chelators can be attached to the polymer backbone. Schematic showing the two different bioconjugate strategies used for the radiolabelling of cellulose-based nanoparticles with <sup>111</sup>In reported by Imlimthan *et al.* – and SPECT/CT in tumour-bearing mice. Adapted from ref. 33. (C) Chelators can be incorporated directly into the polymer structure. Schematic showing the functionalisation of single-chain poly-(methacrylic acid) with a DTPA derivative compound for radiolabelling with <sup>67</sup>Ga along with SPECT/CT images in tumour bearing mice. Adapted from Benito *et al.*<sup>472</sup>

radiometals; with larger MW polymers ( $> 190$  kDa) resulting in higher LE for <sup>89</sup>Zr over <sup>64</sup>Cu (90% and 72%, respectively).<sup>503</sup> Fan *et al.* showed that melanin NPs could be directly labelled with <sup>64</sup>Cu, which was hypothesised to occur *via* free hydroxyl and carbonyl groups present on melanin.<sup>543,544</sup> RCYs of 80% were achieved under mild condition (after 1 h at 40 °C) with *ca.* 90% stability in FBS after 24 h.

Several groups have used radiohalogenation-based reactions for the labelling of polymeric nanomaterials. However, these often involve the modification of the polymer structure first. For example, Allmeroth and collaborators reported the labelling of *N*-(2-hydroxypropyl)-methacrylamide (HPMA) polymer structures; which were first modified with tyramine, which allowed subsequent reaction with 2-[<sup>18</sup>F]fluoroethyl-1-tosylate (<sup>18</sup>F]FETos) (Fig. 29A).<sup>168,471,493–495</sup> This allowed *ca.* 90% RCY under optimised conditions.<sup>471</sup> Wagener *et al.* compared this method with the radioiodination with <sup>131</sup>I using chloramine-T, which allowed *ca.* 50% RCY after 4 min.<sup>168</sup> Interestingly, bio-distribution studies of the two radiohalogenated derivatives showed stark differences in organ uptake after 2 h p.i. Liver uptake of the <sup>131</sup>I-labelled polymer was 5-fold that of the <sup>18</sup>F derivative, and was 12-fold higher in the spleen. Conversely, higher kidney uptake was observed for the <sup>18</sup>F-labelled polymer than the <sup>131</sup>I derivative (*ca.* 5.5% and 0.5% ID per g respectively). Additionally, thyroid uptake (*ca.* 22% ID per g) was observed for the <sup>131</sup>I at 24 h p.i. strongly suggesting significant deiodination *in vivo*.<sup>168</sup>

The structures of certain polymers can however enable radio-iodination reactions without the need for further modification.

Rahmani *et al.* reported the radioiodination of PLGA-polymethyl-methacrylate (PMMA) co-polymer NPs with <sup>125</sup>I using iodobeads.<sup>178</sup> Radiolabelling was facilitated by the phenol-containing PMMA, which allowed 95% RCP after synthesis and purification. The radiolabel was shown to be stable *in vivo* with <2% ID per g in the thyroid over 24 h p.i.<sup>178</sup> Similarly, the phenol residues present on polyvinyl phenol (PVP)-based NPs allow the radioiodination.<sup>179,180</sup> Simone *et al.* used iodination beads to radiolabel PVP NPs with both <sup>125</sup>I and <sup>124</sup>I, allowing *ca.* 90% RCY and >80% serum stability over 3 d. However, release of free iodide was observed *in vivo* with *ca.* 3% ID observed in the thyroid after 24 h.<sup>180</sup> Similarly, Tang *et al.* radiolabelled PEGylated polyvinyl phenol NPs with <sup>125</sup>I using the chloramine-T method which resulted in >90% RCYs.<sup>179</sup> Stability of the radiolabel was high with >95% stability in human serum over 48 h, and <0.2% ID uptake in the thyroid of mice observed up to 4 d.<sup>179</sup> Zhong *et al.* took advantage of the benzene rings present on polydopamine (PDA) NPs to radiolabel the particles with <sup>131</sup>I using chloramine-T – resulting in 70% RCY.<sup>181</sup>

As well as their reaction with radiohalogens, polymer structures on NPs can also easily facilitate the bioconjugation of chelators for labelling with radiometals. For example, Gracia *et al.* radiolabelled single-chain dextran based NPs with <sup>67</sup>Ga by coupling the BFC NH<sub>2</sub>-NODAGA to carboxylate residues on the NPs which allowed RCYs of *ca.* 50% after.<sup>509</sup> An interesting study by Imlimthan *et al.* radiolabelled cellulose-based NPs with <sup>111</sup>In using two different bioconjugates.<sup>33</sup> The cellulose polymers were functionalised with a DO3A chelator either *via* a



Table 13 Table summarising the methods, radioisotopes and techniques employed to radiolabel polymer-based nanomaterials

NP type	Radiolabelling method	Radionuclide	Radiolabelling mediator	Ref.
PLGA NPs	Complex trapping	<sup>111</sup> In	Oxine complex added during formulation	473
	Non-chelator	<sup>99m</sup> Tc <sup>125</sup> I <sup>18</sup> F	Direct labelling with SnCl <sub>2</sub> reduction Iodobeads Biotin conjugate after formulation	474–486 178 487
	Chelator-based	<sup>99m</sup> Tc <sup>111</sup> In <sup>177</sup> Lu <sup>177</sup> Lu	DTPA DTPA chelator DO3A chelator DOTATATE complex	488 489 490 and 491 492
	Remote loading	<sup>18</sup> F <sup>131</sup> I <sup>125</sup> I <sup>72/74</sup> As	Tosylate Chloramine-T Chloramine-T Thiol binding	168, 471 and 493–495 168 167 496
	Non-chelator	<sup>99m</sup> Tc <sup>64</sup> Cu <sup>89</sup> Zr	Direct labelling with SnCl <sub>2</sub> reduction Direct labelling Direct labelling	497–502 503 503 and 504
	Non-chelator	<sup>64</sup> Cu <sup>68</sup> Ga	DO3A <i>via</i> DBCO click chem NOTA	505 and 506 507
	Chelator-based	<sup>125</sup> I	Bolton–Hunter reagent	166
	Chelator-based	<sup>18</sup> F	CuAAC click reaction	508
	Chelator-based	<sup>67</sup> Ga	NODAGA	509
	Chelator-based	<sup>89</sup> Zr	DFO	510
HPMA copolymer NP	Chelator-based	<sup>111</sup> In	DO3A	33
	Chelator-based	<sup>64</sup> Cu	TETA chelator	511
	Chelator-based	<sup>68</sup> Ga	DOTA chelator	512–515
	Chelator-based	<sup>125</sup> I	DO3A	512
	Non-chelator	<sup>89</sup> Zr	DFO chelator	516
	Non-chelator	<sup>89</sup> Zr	DFO chelator	517
	Non-chelator	<sup>99m</sup> Tc	SnCl <sub>2</sub> reduction	518
	Chelator-based	<sup>68</sup> Ga	NOTA	519 and 520
	Non-chelator	<sup>18</sup> F	Isotopic exchange using SiFA	521
	Chelator-based	<sup>111</sup> In	DOTA chelator	522 and 523
Chitosan NPs	Non-chelator	<sup>90</sup> Y	DOTA chelator	523
	Chelator-based	<sup>125</sup> I	Chloramine-T	162
	Chelator-based	<sup>99m</sup> Tc	Direct labelling with SnCl <sub>2</sub> reduction	524
	Chelator-based	<sup>111</sup> In	Oxine complex added during formulation	525
	Chelator-based	<sup>64</sup> Cu	DO3A chelator	526 and 527
	Non-chelator	<sup>125</sup> I	Iodogen	174
	Non-chelator	<sup>131</sup> I	Iodogen	174
	Non-chelator	<sup>125</sup> I	Iodogen	175
	Chelator-based	<sup>111</sup> In	DTPA	528
	Non-chelator	<sup>18</sup> F	4-[ <sup>18</sup> F]fluorobenzyl-2-bromoacetamide	529
Chitosan/polyglutamic acid NPs	Non-chelator	<sup>125</sup> I	Iodobeads	177
	Chelator-based	<sup>99m</sup> Tc	HYNIC with co-ligands (TPPTS and tricine)	530
	Chelator-based	<sup>99m</sup> Tc	Direct labelling with SnCl <sub>2</sub> reduction	531 and 532
	Encapsulated complex	<sup>99m</sup> Tc	HMPAO complex added during formulation	533 and 534
	Non-chelator	<sup>99m</sup> Tc	Direct labelling with SnCl <sub>2</sub> reduction	535
	Non-chelator	<sup>99m</sup> Tc	Direct labelling with SnCl <sub>2</sub> reduction	536
	Non-chelator	<sup>125</sup> I	Chloroglycoluril	185
	Non-chelator	<sup>76</sup> Br	Chloramine-T	185
	Non-chelator	<sup>125</sup> I	Iodogen tube	537
	Chelator-based	<sup>111</sup> In	DTPA chelator	538–540
Quaternary ammonium palmitoyl glycol chitosan (GCPQ) NPs	Non-chelator	<sup>125</sup> I	Iodination beads	180
	Non-chelator	<sup>124</sup> I	Chloramine-T	179
	Non-chelator	<sup>99m</sup> Tc	Direct labelling with SnCl <sub>2</sub> reduction	181
	Non-chelator	<sup>131</sup> I	Chloramine-T	181
	Chelator-based	<sup>177</sup> Lu	DO3A chelator with DBCO click chem	541
	Chelator-based	<sup>89</sup> Zr	DFO	541
	Chelator-based	<sup>67</sup> Ga	DTPA	472
	Non-chelator	<sup>99m</sup> Tc	Direct labelling with SnCl <sub>2</sub> reduction	542
	Non-chelator	<sup>64</sup> Cu	Direct labelling to melanin	543 and 544
	Chelator-based	<sup>111</sup> In	DTPA	545
Dextran-based single chain polymer NPs	Non-chelator	<sup>18</sup> F		
	Chelator-based	<sup>67</sup> Ga		
	Chelator-based	<sup>89</sup> Zr		
	Chelator-based	<sup>111</sup> In		
	Chelator-based	<sup>64</sup> Cu		
	Chelator-based	<sup>125</sup> I		
	Chelator-based	<sup>131</sup> I		
	Chelator-based	<sup>125</sup> I		
	Chelator-based	<sup>111</sup> In		
	Chelator-based	<sup>125</sup> I		
Dextran NP	Non-chelator	<sup>18</sup> F		
	Chelator-based	<sup>67</sup> Ga		
	Chelator-based	<sup>89</sup> Zr		
	Chelator-based	<sup>111</sup> In		
	Chelator-based	<sup>64</sup> Cu		
	Chelator-based	<sup>125</sup> I		
	Chelator-based	<sup>131</sup> I		
	Chelator-based	<sup>125</sup> I		
	Chelator-based	<sup>111</sup> In		
	Chelator-based	<sup>125</sup> I		
Cellulose NPs	Non-chelator	<sup>18</sup> F		
	Chelator-based	<sup>67</sup> Ga		
	Chelator-based	<sup>89</sup> Zr		
	Chelator-based	<sup>111</sup> In		
	Chelator-based	<sup>64</sup> Cu		
	Chelator-based	<sup>125</sup> I		
	Chelator-based	<sup>131</sup> I		
	Chelator-based	<sup>125</sup> I		
	Chelator-based	<sup>111</sup> In		
	Chelator-based	<sup>125</sup> I		
Shell cross-linked Knedel-like NPs	Non-chelator	<sup>18</sup> F		
	Chelator-based	<sup>67</sup> Ga		
	Chelator-based	<sup>89</sup> Zr		
	Chelator-based	<sup>111</sup> In		
	Chelator-based	<sup>64</sup> Cu		
	Chelator-based	<sup>125</sup> I		
	Chelator-based	<sup>131</sup> I		
	Chelator-based	<sup>125</sup> I		
	Chelator-based	<sup>111</sup> In		
	Chelator-based	<sup>125</sup> I		
Hyaluronan NPs	Chelator-based	<sup>89</sup> Zr		
	Chelator-based	<sup>89</sup> Zr		
	Non-chelator	<sup>99m</sup> Tc		
	Chelator-based	<sup>68</sup> Ga		
	Non-chelator	<sup>18</sup> F		
	Chelator-based	<sup>111</sup> In		
	Non-chelator	<sup>90</sup> Y		
	Chelator-based	<sup>125</sup> I		
	Chelator-based	<sup>99m</sup> Tc		
	Chelator-based	<sup>111</sup> In		
PEG chain	Non-chelator	<sup>18</sup> F		
	Chelator-based	<sup>67</sup> Ga		
	Chelator-based	<sup>89</sup> Zr		
	Chelator-based	<sup>111</sup> In		
	Chelator-based	<sup>64</sup> Cu		
	Chelator-based	<sup>125</sup> I		
	Chelator-based	<sup>131</sup> I		
	Chelator-based	<sup>125</sup> I		
	Chelator-based	<sup>111</sup> In		
	Chelator-based	<sup>125</sup> I		
Nanogel	Non-chelator	<sup>18</sup> F		
	Chelator-based	<sup>67</sup> Ga		
	Chelator-based	<sup>89</sup> Zr		
	Chelator-based	<sup>111</sup> In		
	Chelator-based	<sup>64</sup> Cu		
	Chelator-based	<sup>125</sup> I		
	Chelator-based	<sup>131</sup> I		
	Chelator-based	<sup>125</sup> I		
	Chelator-based	<sup>111</sup> In		
	Chelator-based	<sup>125</sup> I		
Polyoxazoline polymer	Non-chelator	<sup>18</sup> F		
	Chelator-based	<sup>67</sup> Ga		
	Chelator-based	<sup>89</sup> Zr		
	Chelator-based	<sup>111</sup> In		
	Chelator-based	<sup>64</sup> Cu		
	Chelator-based	<sup>125</sup> I		
	Chelator-based	<sup>131</sup> I		
	Chelator-based	<sup>125</sup> I		
	Chelator-based	<sup>111</sup> In		
	Chelator-based	<sup>125</sup> I		
Caprolactone polymers	Non-chelator	<sup>18</sup> F		
	Non-chelator	<sup>67</sup> Ga		
	Non-chelator	<sup>89</sup> Zr		
	Non-chelator	<sup>111</sup> In		
	Non-chelator	<sup>64</sup> Cu		
	Non-chelator	<sup>125</sup> I		
	Non-chelator	<sup>131</sup> I		
	Non-chelator	<sup>125</sup> I		
	Non-chelator	<sup>111</sup> In		
	Non-chelator	<sup>125</sup> I		
Poly( $\beta$ -amino ester) NP	Non-chelator	<sup>18</sup> F		
	Chelator-based	<sup>67</sup> Ga		
	Chelator-based	<sup>89</sup> Zr		
	Chelator-based	<sup>111</sup> In		
	Chelator-based	<sup>64</sup> Cu		
	Chelator-based	<sup>125</sup> I		
	Chelator-based	<sup>131</sup> I		
	Chelator-based	<sup>125</sup> I		
	Chelator-based	<sup>111</sup> In		
	Chelator-based	<sup>125</sup> I		
PEG-MA/MMA comb NP	Non-chelator	<sup>18</sup> F		
	Chelator-based	<sup>67</sup> Ga		
	Chelator-based	<sup>89</sup> Zr		
	Chelator-based	<sup>111</sup> In		
	Chelator-based	<sup>64</sup> Cu		
	Chelator-based	<sup>125</sup> I		
	Chelator-based	<sup>131</sup> I		
	Chelator-based	<sup>125</sup> I		
	Chelator-based	<sup>111</sup> In		
	Chelator-based	<sup>125</sup> I		
Poly(maleic anhydride- <i>alt</i> -1-octadecene) NP	Non-chelator	<sup>18</sup> F		
	Chelator-based	<sup>67</sup> Ga		
	Chelator-based	<sup>89</sup> Zr		
	Chelator-based	<sup>111</sup> In		
	Chelator-based	<sup>64</sup> Cu		
	Chelator-based	<sup>125</sup> I		
	Chelator-based	<sup>131</sup> I		
	Chelator-based	<sup>125</sup> I		
	Chelator-based	<sup>111</sup> In		
	Chelator-based	<sup>125</sup> I		
Poly( $\gamma$ -glutamic acid) NPs	Non-chelator	<sup>18</sup> F		
	Chelator-based	<sup>67</sup> Ga		
	Chelator-based	<sup>89</sup> Zr		
	Chelator-based	<sup>111</sup> In		
	Chelator-based	<sup>64</sup> Cu		
	Chelator-based	<sup>125</sup> I		
	Chelator-based	<sup>131</sup> I		
	Chelator-based	<sup>125</sup> I		
	Chelator-based	<sup>111</sup> In		
	Chelator-based	<sup>125</sup> I		
Polyester-based NPs	Non-chelator	<sup>18</sup> F		
	Chelator-based	<sup>67</sup> Ga		
	Non-chelator	<sup>89</sup> Zr		
	Non-chelator	<sup>111</sup> In		
	Non-chelator	<sup>64</sup> Cu		
	Non-chelator	<sup>125</sup> I		
	Non-chelator	<sup>131</sup> I		
	Non-chelator	<sup>125</sup> I		
	Non-chelator	<sup>111</sup> In		
	Non-chelator	<sup>125</sup> I		
Polythiophene NPs	Chelator-based	<sup>99m</sup> Tc		
	Non-chelator	<sup>99m</sup> Tc		
	Encapsulated complex	<sup>99m</sup> Tc		
	Non-chelator	<sup>18</sup> F		
	Chelator-based	<sup>67</sup> Ga		
	Chelator-based	<sup>89</sup> Zr		
	Chelator-based	<sup>111</sup> In		
	Chelator-based	<sup>64</sup> Cu		
	Chelator-based	<sup>125</sup> I		
	Chelator-based	<sup>131</sup> I		
PLA NPs	Non-chelator	<sup>18</sup> F		
	Chelator-based	<sup>67</sup> Ga		
	Chelator-based	<sup>89</sup> Zr		
	Chelator-based	<sup>111</sup> In		
	Chelator-based	<sup>64</sup> Cu		
	Chelator-based	<sup>125</sup> I		
	Chelator-based	<sup>131</sup> I		
	Chelator-based	<sup>125</sup> I		
	Chelator-based	<sup>111</sup> In		
	Chelator-based	<sup>125</sup> I		
Latex NPs	Non-chelator	<sup>99m</sup> Tc		
	Non-chelator	<sup>99m</sup> Tc		
	Non-chelator	<sup>125</sup> I		
	Non-chelator	<sup>76</sup> Br		
	Non-chelator	<sup>125</sup> I		
	Non-chelator	<sup>111</sup> In		
	Non-chelator	<sup>67</sup> Ga		
	Non-chelator	<sup>125</sup> I		
	Non-chelator	<sup>131</sup> I		
	Non-chelator	<sup>125</sup> I		
Polyanhydride NPs	Non-chelator	<sup>18</sup> F		
	Chelator-based	<sup>67</sup> Ga		
	Chelator-based	<sup>89</sup> Zr		
	Chelator-based	<sup>111</sup> In		
	Chelator-based	<sup>64</sup> Cu		
	Chelator-based	<sup>125</sup> I		
	Chelator-based	<sup>131</sup> I		
	Chelator-based	<sup>125</sup> I		
	Chelator-based	<sup>111</sup> In		
	Chelator-based	<sup>125</sup> I		
Polyacrylamide NPs	Non-chelator	<sup>18</sup> F		
	Chelator-based	<sup>67</sup> Ga		
	Chelator-based	<sup>89</sup> Zr		
	Chelator			

terminal aldehyde group (with a DO3A-hydrazine BFC) or to one of the hydroxyl groups on the cellulose backbone (*via* an DO3A-amine BFC, Fig. 29B). RCYs for the aldehyde-conjugated NPs after reaction with  $^{111}\text{In}$  was much lower (7–18%) compared with the hydroxyl-conjugated NPs (54–65%) likely due to lower number of chelators present. Stability in human plasma was the same for both formulations with >90% stability over 72 h. *Ex vivo* biodistribution of the two formulations in mice showed similar uptake profiles with uptake in the liver and spleen. However, vastly different amounts of uptake over all time points were observed in the lung; with *ca.* 125% ID per g observed for the hydroxyl-conjugated NPs compared with *ca.* 12% ID per g for the aldehyde-conjugated NPs at 6 h p.i (Fig. 29B).<sup>33</sup> This was attributed to the higher zeta-potential of the hydroxyl-conjugated NPs, and highlights once again how modification of NPs aimed at facilitating radiolabelling can lead to large differences in their properties and biodistribution *in vivo*.

A unique approach for chelator-based radiolabelling was reported by Benito *et al.* who radiolabelled single-chain poly-(methacrylic acid) NPs with  $^{67}\text{Ga}$ .<sup>472</sup> Interestingly, this was performed by incorporating DTPA into the polymer chain by forming an aldehyde-functionalised DTPA derivative, which was reacted with an amine groups present on a modified polymer (Fig. 29C). This modification allowed *ca.* 65% labelling efficiencies, with >90% stability in saline solution over 48 h. One potential drawback of this method, however, is the potential reduction in the Ga complex stability, with only three carboxylates being available for reaction – due to the aldehyde functionalisation of the other two. Finally, Pereira *et al.* described the radiolabelling of PLA-based nanocapsules by the trapping of [ $^{99m}\text{Tc}$ ] $[\text{Tc}-\text{HMPAO}$  during formulation of the NPs.<sup>533,534</sup> The complex could be encapsulated with 50% LE, however >30% release of the complex was observed, suggesting the trapping of [ $^{99m}\text{Tc}$ ] $[\text{Tc}-\text{HMPAO}$  a sub-optimal radiolabelling method.

#### 4.6 Radiolabelling of inorganic nanomaterials

**4.6.1 Graphene/carbon-based nanoparticles.** Graphene refers to a single layer of graphite containing stacked layers of carbon atoms in a lattice with interesting mechanical and optical properties. Nanosheets of graphene, graphene oxide (GO) and reduced graphene oxide (rGO) (Fig. 30A) have been extensively explored for use as drug carriers.<sup>546</sup> Similarly, carbon nanotubes (CNTs) – also derived from graphite – have also been investigated for the drug delivery of small molecules.<sup>547</sup> As well as their use for drug delivery platforms, graphene-based nanomaterials and carbon nanotubes are also of high interest for biomedical imaging.<sup>548,549</sup> Whilst this is primarily due to their interesting optical properties, the radiolabelling of these nano platforms has also been explored. Table 14 summarises the techniques used to radiolabel graphene/carbon-based NPs for *in vivo* imaging with radionuclide imaging.

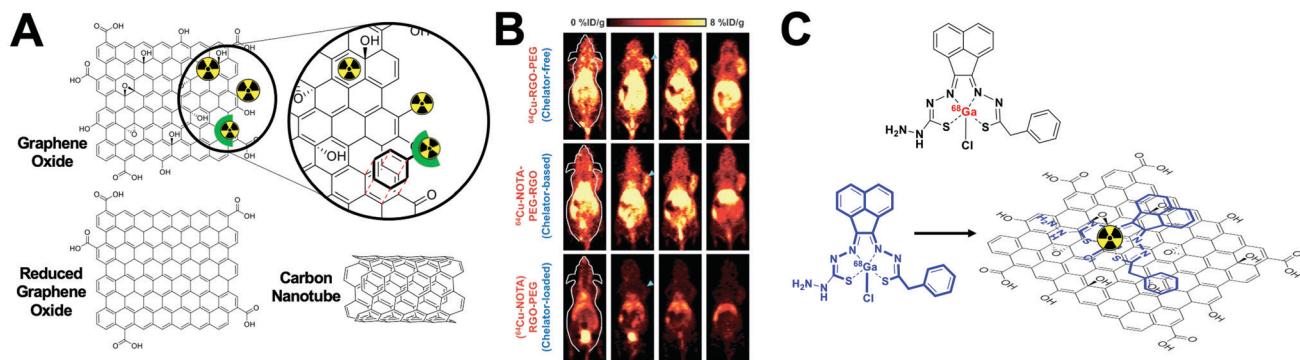
Several groups have reported the radiolabelling of nanographene oxide sheets with  $^{125}\text{I}$  using the chloramine-T method with RCYs of *ca.* 50–60%, with high *in vitro* serum and *in vivo*

stability.<sup>163,164,552</sup> Radioiodination was suggested to occur at the edges of the graphene sheets where defects exist. The non-chelator labelling of different types of graphene-based NPs with various radiometals has also been reported (Table 14). Zhan and co-workers radiolabelled multi-walled carbon nanotubes (MWCNTs) directly with  $^{99m}\text{Tc}$  after  $\text{SnCl}_2$  reduction resulting in *ca.* 90% RCY.<sup>553,554</sup> Direct labelling of graphene oxide nanomaterials with  $^{99m}\text{Tc}$  has also been reported by several groups.<sup>555,556,559</sup> Zhang *et al.* also used this direct labelling method for carbon NPs with  $^{188}\text{Re}$ .<sup>560–562</sup> A slightly modified method was developed by Cao *et al.* who produced the [ $^{99m}\text{Tc}$ ] $[\text{Tc}(\text{CO})_3]^+$  core, which was then reacted with PEGylated nanographene oxide.<sup>559</sup> Radiolabelling peaked at 80% RCY after 5 min, but rapidly declined at later timepoints. The authors reported this as being due to reduction of carbonyl and hydroxyl groups on the GO layer by  $\text{NaBH}_4$  used to produce the [ $^{99m}\text{Tc}$ ] $[\text{Tc}(\text{CO})_3]^+$  core. This was confirmed by the low labelling (8%) of GO reduced with  $\text{NaBH}_4$ .<sup>559</sup> However, this may also be due to the lack of appropriate binding sites on GO/rGO for [ $^{99m}\text{Tc}$ ] $[\text{Tc}(\text{CO})_3]^+$  which prefers multidentate ligands, often containing aromatic amines.<sup>586</sup> This work suggests this method may be inappropriate for use with GO NPs.

As well as with Tc/Re, chelate-free labelling with other radiometals is also possible (Fig. 30A). Shi *et al.* reported a method to directly label GO and reduced GO with  $^{64}\text{Cu}^{2+}$ .<sup>550</sup> The binding of the copper ion was proposed to occur *via* an interaction with the  $\pi$  bond electrons on the graphene surface (Fig. 30A and B). This was supported by the increased RCY seen with reduced GO (60% RCY compared with *ca.* 20% for GO) which has higher abundance of  $\pi$  electrons. RGO also demonstrated higher serum stability with *ca.* 80% remaining on the GO after incubation in mouse serum for 24 h compared with *ca.* 50% for GO.<sup>550</sup> Sarpaki *et al.* also reported that  $^{68}\text{Ga}^{3+}$  could also be attached to GO in a chelate-free method. This was again proposed to be based on interactions with the  $\pi$  bond electrons and also binding to oxygen donors on the GO surface. This interaction was shown to be highly favourable with RCYs and stability in human serum (up to 2 h) both >95%.<sup>551</sup> The authors also reported a novel bis(semithiocarbazonate)  $^{68}\text{Ga}^{3+}$  complex (Fig. 30C) capable of radiolabelling GO. Radiolabelling with this complex allowed high RCY > 95% and high serum stability >95% up to 2 h.<sup>551</sup> Characterisation using energy-dispersive X-ray spectroscopy (EDX) mapping the non-radioactive gallium complex suggested that the complex was incorporated non-covalently within the GO layers (Fig. 30C).

Several groups have used chelator-based methods for labelling graphene-based nanomaterials (Table 14); with a large number of reports using the chelator DTPA with  $^{111}\text{In}$ .<sup>566–572</sup> Al-Jamal and collaborators reported RCYs varying between 8.0–85% with conjugation of the chelator occurring through one of the carboxylate groups on EDTA,<sup>566,567,569,571,572</sup> whereas Zhang reported higher yields (up to 95%) when using an extended DTPA compound with an additional carboxylate for conjugation when using similar reaction conditions.<sup>570</sup> Interestingly, Cornelissen *et al.* found that  $\pi$ -bond interactions between GO and the benzene ring (Fig. 30A) on the *p*-SCN-Bn-DTPA





**Fig. 30** (A) Structures of graphene oxide (GO), reduced graphene oxide (rGO) and carbon nanotubes (CNTs) along with a schematic of the various ways to radiolabel these carbon-based structures. Radiometals and radiohalogens can bind directly to the graphene structures and chelators can be attached to the nanomaterials either *via* conjugation or by  $\pi-\pi$  interactions between BFCs and the graphene structures. (B) Representative PET images of graphene-oxide nanosheets radiolabelled with  $^{64}\text{Cu}$  in 4T1 tumor-bearing mice. Adapted from Shi *et al.*<sup>550</sup> (C) Structure of a novel bissemithiocarbazonate  $^{68}\text{Ga}^{3+}$  complex for radiolabelling graphene oxide NPs. (top) and a schematic showing the proposed incorporation of the  $^{68}\text{Ga}^{3+}$  complex into the GO sheets (bottom). Reported by Sarpaki *et al.*<sup>551</sup>

**Table 14** Table summarising the methods, radioisotopes and techniques employed to radiolabel graphene/carbon-based nanoparticles

Radiolabelling method	Radionuclide	Radiolabelling mediator	Ref.
Non-chelator	$^{125}\text{I}$	Chloramine-T	163, 164 and 552
	$^{131}\text{I}$	Chloramine-T	165
	$^{99\text{m}}\text{Tc}$	Direct labelling with $\text{SnCl}_2$ reduction	553–558
		<i>Via</i> $^{99\text{m}}\text{Tc}(\text{CO})_3$	559
	$^{188}\text{Re}$	Direct labelling with $\text{SnCl}_2$ reduction	560–562
	$^{64}\text{Cu}$	Direct labelling	550
Chelator-based	$^{68}\text{Ga}$	Direct labelling	551
	$^{111}\text{In}$	DOTA chelator	563–565
		DTPA chelator	566–572
	$^{99\text{m}}\text{Tc}$	DOTA chelator	573
	$^{64}\text{Cu}$	HPPH (porphyrin PDT agent) chelator	574
		DO3A chelator	575–577
		NOTA chelator	550, 578 and 579
		DOTAM chelator	580
	$^{66}\text{Ga}$	NOTA chelator	581
	$^{68}\text{Ga}$	NOTA chelator	577
		Intercalation of bissemithiocarbazonato complex	551
		DFO chelator	582
	$^{86}\text{Y}$	DO3A chelator	577
$^{89}\text{Zr}$		DOTA chelator	564
	$^{225}\text{Ac}$	DFO chelator	583
	$^{57}\text{Co}$	DOTA chelator	583
		MeAMN <sub>3</sub> S <sub>3</sub> sar	584
		DOTA chelator	585

bifunctional chelator, could be strong enough to allow of the GO labelling with  $^{111}\text{In}$ .<sup>568</sup> RCYs were high (>99%), with 95% serum stability up to 24 h. However, bladder uptake seen in early (1 h p.i.) SPECT/CT images suggests some of the  $^{111}\text{In}$ -DTPA is released from the GO and excreted.<sup>568</sup> Similarly, Shi *et al.* reported that the *p*-SCN-Bn-NOTA bifunctional chelator also be non-specifically loaded onto RGO; which was hypothesised to be either from hydrophobic interactions or  $\pi$ -bond interactions between the RGO and the benzene ring on the.<sup>550</sup> RGO loaded and conjugated with NOTA both showed high RCYs of *ca.* 90% with  $^{64}\text{Cu}$ . However, the NOTA-loaded RGO showed lower serum stability with only *ca.* 50% remaining after incubation in mouse serum for 24 h compared with >80% for the NOTA-conjugated RGO. Similar to

the study by Cornelissen *et al.* *in vivo* bladder uptake for the NOTA-loaded RGO was observed suggesting the release and excretion of  $^{64}\text{Cu}$ -NOTA occurred (Fig. 30B).<sup>550</sup>

**4.6.2 Iron oxide nanoparticles (IONPs).** Iron oxide nanoparticles (IONPs) are well-established  $T_2$  (negative) contrast agents for MRI and hyperthermia therapy. In the last few years, several radiolabelled formulations have been also developed expanding their application to multimodal imaging and therapy.<sup>625,626</sup> A wide variety of radiolabelling mediators and methods have been described that allow the tagging IONPs with many different radionuclides (Table 15). Therefore, due to this high diversity, it is difficult to define one method as the 'gold standard' for effective and robust radiolabelling. However, several



Table 15 Table summarising the methods, radioisotopes and techniques employed to radiolabel iron-oxide nanoparticles

Radiolabelling method	Radionuclide	Radiolabelling mediator	Ref.
Chelator-based	<sup>64</sup> Cu	DOTA	587 and 588
		NOTA	589–591
	<sup>68</sup> Ga	Bis(dithiocarbamate)bisphosphonate	592
		Thiosemicarbazone	593
	<sup>89</sup> Zr	DOTA/NOTA	594–596
		DFO	597
	<sup>18</sup> F	<sup>18</sup> F-AlF/NOTA	598
	<sup>99m</sup> Tc	Polyacrylic acid	599
		Bisphosphonate derivatives	600–603
		DMSA	604 and 605
		Lipoic acid based ligands	606
		DTPA	607–609
	<sup>111</sup> In	PCTA	116
		DOTA	610
	<sup>90</sup> Y	Polyacrylic acid	599
		Imidodiphosphate (IDP) or Inositol hexaphosphate (IHP)	611
		PEG600 diacid	612
	<sup>188</sup> Re	$\text{N}_2\text{S}_4$	613
		(Z)-2-Methoxyimino-2-(2-aminothiazol-4-yl)-acetic acid	614
		SnCl <sub>2</sub> reduction	615
	<sup>177</sup> Lu	Polyacrylic acid	599
Non-chelator	<sup>64</sup> Cu	Chemical adsorption	616
		Hot + cold precursors	117
	<sup>68</sup> Ga/ <sup>67</sup> Ga	Chemical adsorption	166, 592 and 617
		Hot + cold precursors	115
	<sup>89</sup> Zr	Chemical adsorption	209, 603, 618 and 619
	<sup>11</sup> C	[ <sup>11</sup> C] methyl iodide	132
	<sup>18</sup> F	<sup>18</sup> FDG/chemoselective oxime formation	197
	<sup>69</sup> Ge	Chemical adsorption/Al(OH) <sub>3</sub>	213–215
	<sup>59</sup> Fe	Chemical adsorption	620
		Hot + cold precursors	109–111
		Core-doped/post-synthetic method	621
	<sup>As</sup>	Chemical adsorption	208
	<sup>99m</sup> Tc	SnCl <sub>2</sub> reduction	622 and 623
	<sup>111</sup> In	Chemical adsorption	618
		Cold + hot precursors	119
	<sup>125</sup> I	Chloramine-T	140 and 141
		Bolton–Hunter reagent	142
	<sup>90</sup> Y	Chemical adsorption	616
		Physisorption	612
	<sup>177</sup> Lu	Chemical adsorption	616
	<sup>223</sup> Ra	Chemical adsorption	624
	<sup>225</sup> Ac	Hot + cold precursors	118

examples providing high RCY, RCP and RCS for both chelator-based and non-chelator methods are summarised below.

Initially, the main strategies for the radiolabelling of IONPs were based on chelating agents such as DTPA, DOTA and NOTA attached to the NP surface.<sup>625,627</sup> In 2008, Jarret *et al.* introduced DOTA as a chelating agent for IONPs.<sup>587</sup> Although with moderate RCY (up to 21%), this work revealed the benefit of incorporating <sup>64</sup>Cu into DOTA before the conjugation with the NPs as well as the better performance of *p*-SCN-Bz-DOTA over *p*-NH<sub>2</sub>-Bz-DOTA during the conjugation – likely due to the decrease in the steric hindrance. Lee *et al.* reported a similar strategy not only for the <sup>64</sup>Cu radiolabelling with DOTA but also for the conjugation with an RGD peptide through a PEG-maleimide linker (Fig. 31A). This formulation demonstrated high affinity towards integrins due to the RGD peptide allowing angiogenesis-targeted tumour PET/MRI detection (Fig. 31B).<sup>588</sup> Among other chelating agents, bisphosphonate-based bifunctional chelators offer a versatile strategy for the radiolabelling

of SPIOs with PET or SPECT radionuclides *via* direct binding to the Fe<sub>3</sub>O<sub>4</sub> surface. Bisphosphonates have shown excellent properties as anchors to functionalise iron oxide and other nanomaterials based on metal oxides and calcium phosphates. For instance, bis(dithiocarbamatebisphosphonate) (dtcbp)<sub>2</sub> was introduced as a chelating agent for <sup>64</sup>Cu with instantaneous and quantitative complexation at room temperature. In combination with IONPs for 15 min at 100 °C, the attachment of [<sup>64</sup>Cu][Cu(dtcbp)<sub>2</sub>] provided <sup>64</sup>Cu-labeled IONPs with 95% RCY, 100% RCP and quantitative RCS after 48 h of incubation with human serum at 37 °C, most likely a result of the protective action of the dextran coating.<sup>628</sup> IONPs were also successfully PEGylated with high surface density and radiolabelled with <sup>99m</sup>Tc using bisphosphonate-functionalised PEG conjugates and dipicolylamine (DPA)-alendronate.<sup>600,601</sup> The biodistribution of the PEG-bisphosphonate functionalised IONPs radiolabelled with <sup>99m</sup>Tc (Fig. 31C) was studied by SPECT/CT showing long circulation times, as expected



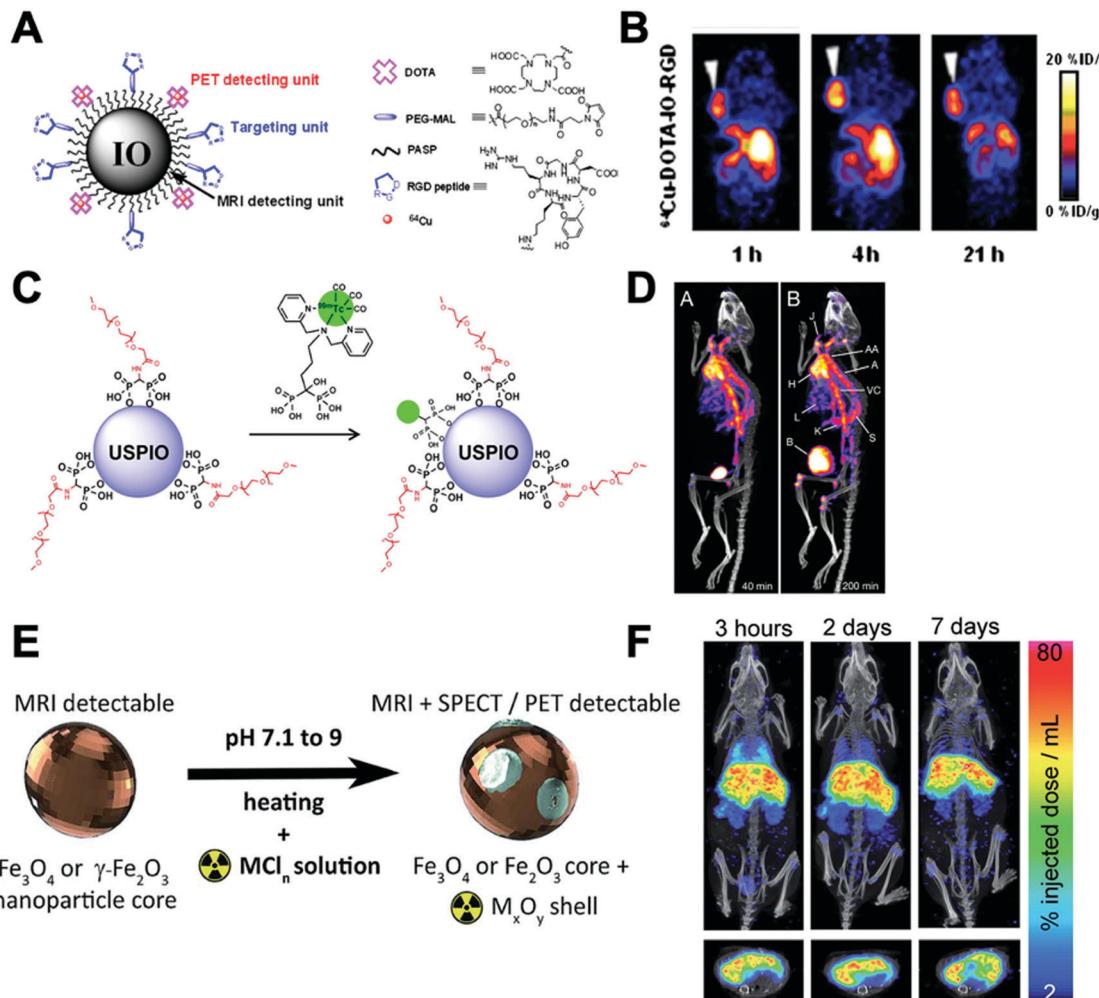


Fig. 31 (A) Illustration of the  $^{64}\text{Cu}$ -DOTA-IO-RGD PET/MRI probe, (B) decay-corrected wholebody coronal PET images of nude mouse bearing human U87MG tumor at 1, 4, and 21 h after injection of 3.7 MBq of  $^{64}\text{Cu}$ -DOTA-IO-RGD, adapted with permission from ref. 588. (C) Radiolabeling of PEG(5)-BP-USPIOs with the radiolabelled bisphosphonate  $^{99\text{m}}\text{Tc}$ -DPA-ale, (D) *in vivo* SPECT-CT studies with PEG(5)-BP-USPIO: (A and B) maximum intensity projection SPECT-CT images after i.v. injection of radiolabeled  $^{99\text{m}}\text{Tc}$  PEG(5)-BP-USPIO at the first (A, 40 min) and last (B, 200 min) time points (labels: H = heart, J = jugular vein, AA = aortic arch, A = aorta, VC = vena cava, L = liver, K = kidney, S = spleen, B = bladder), adapted with permission from ref. 601, (E) synthesis of radiolabelled IONPs using radiometal chloride salts ( $\text{MCl}_n$ ) to form an oxidised radiometal coating, (F) maximum intensity projection  $^{111}\text{In}$  SPECT/CT at 3 h, 2 and 7 d post-injection confirms presence of labelled iron oxides in the liver, lung, kidneys, and spleen of C57BL/6 mice. Corresponding axial slices (bottom) show co-localisation of the radiolabelled IONPs and the liver, adapted with permission from ref. 618.

from the high density of PEG, and high signal in the vasculature of Balb/C mice even at 200 min post i.v. injection (Fig. 31D).

Within the non-chelator based radiolabelling strategies described in Section 4.4, chemical adsorption and hot + cold precursors are the most widely reported methods to radiolabel of IONPs. In the chemical adsorption category, reported radiolabelling protocols showed the high affinity of the magnetite ( $\text{Fe}_3\text{O}_4$ ) and maghemite ( $\gamma\text{-Fe}_2\text{O}_3$ ) surface towards different metallic radionuclides as described in detail in Section 4.4.5. Recently, Patrick *et al.* introduced the concept of radio-mineralisation (SRM) to explain this affinity.<sup>618</sup> In this work,  $^{111}\text{In}$  and  $^{89}\text{Zr}$  magnetite/maghemite NPs were synthesised by heat-induced chemical adsorption demonstrating the deposition of radionuclide metal oxides onto the surface of the IONPs (Fig. 31E). The reactions conducted at 90 °C and pH = 9 for

90 min provided RCYs between 79–85% for  $^{111}\text{In}$ -IONPs and 94% for  $^{89}\text{Zr}$ -IONPs. SPECT/CT biodistribution studies of  $^{111}\text{In}$ -IONPs in C57BL/6 mice showed main accumulation in liver and spleen with significant accumulation in the lungs in the first 3 hours post-injection (Fig. 31F).

The hot + cold precursors methodology has also been used for the integration of PET, SPECT and therapeutic radio-nuclides into the core of NPs. Dextran-coated IONPs doped with  $^{64}\text{Cu}$  or  $^{68}\text{Ga}$  were developed by fast microwave-driven protocols.<sup>115,117</sup> Using  $\text{FeCl}_3\cdot 6\text{H}_2\text{O}$ , dextran and  $[^{68}\text{Ga}]\text{GaCl}_3$  as starting reagents, a 10 min microwave protocol in water provided  $^{68}\text{Ga}$  doped IONPs with RCY greater than 90%, 100% RCP and quantitative RCS under different physiological media. The microwave synthesis was also successful when using citric acid as a coating (instead of dextran), demonstrating the versatility of this IONP radiolabelling method.<sup>629,630</sup>

**4.6.3 Silica nanoparticles.** Silica nanoparticles ( $\text{SiO}_2$  NPs) are defined by an intrinsically high particle stability that, in combination with a low toxicity profile, makes them a suitable nano-platform with multiple biomedical applications.<sup>631</sup> Additionally, the possibility of developing mesoporous nanomaterials with precise control over the pore size and shape with bio-responsive gating properties has led to the wide use of these NPs for controlled drug delivery applications.<sup>632,633</sup> Hence, the radiolabelling of  $\text{SiO}_2$  NPs to study their biodistribution and pharmacokinetics is highly valuable.

Within the different radiolabelling methods for  $\text{SiO}_2$  NPs (Table 16), the chemical adsorption of radiometals appears to be the best choice due to its facile, fast and stable radiolabelling. Shaffer *et al.* evaluated the incorporation of  $^{68}\text{Ga}$ ,  $^{64}\text{Cu}$ ,  $^{89}\text{Zr}$ ,  $^{90}\text{Y}$ ,  $^{111}\text{In}$  and  $^{177}\text{Lu}$  into amorphous silica NPs at different temperatures, pH and reaction times.<sup>211</sup> The results showed RCYs  $> 99\%$  with all radionuclides when radiolabelling is conducted at  $70\text{ }^\circ\text{C}$  and pH = 7.3 between 15 min and 1 h of incubation (Fig. 32A). No significant changes over the RCYs were observed at different pH whilst the RCY greatly increased with the temperature. Additionally, a competitive chelation protocol with EDTA was carried out showing stable radiolabelling only in samples heated at  $70\text{ }^\circ\text{C}$ . This suggests that high temperatures are needed to reach the required binding activation energy – rather than increase the radionuclide diffusion through the  $\text{SiO}_2$  NP. The RCS was also evaluated in 50% fetal bovine serum showing a clear relationship between the oxophilicity of the radionuclide and the RCS (Fig. 32A). This clearly highlights the affinity of the radionuclides towards the oxygen-rich matrix of the  $\text{SiO}_2$  NP. For 'softer' radiometals, such as  $^{64}\text{Cu}(\text{II})$ , the stability was very poor with 50% of radionuclide leaching after just 4 h (Fig. 32A). *In vivo* PET imaging demonstrated high RCS of  $^{68}\text{Ga}$  and  $^{89}\text{Zr}$   $\text{SiO}_2$  NPs by showing high uptake in the elimination organs (liver and spleen), and

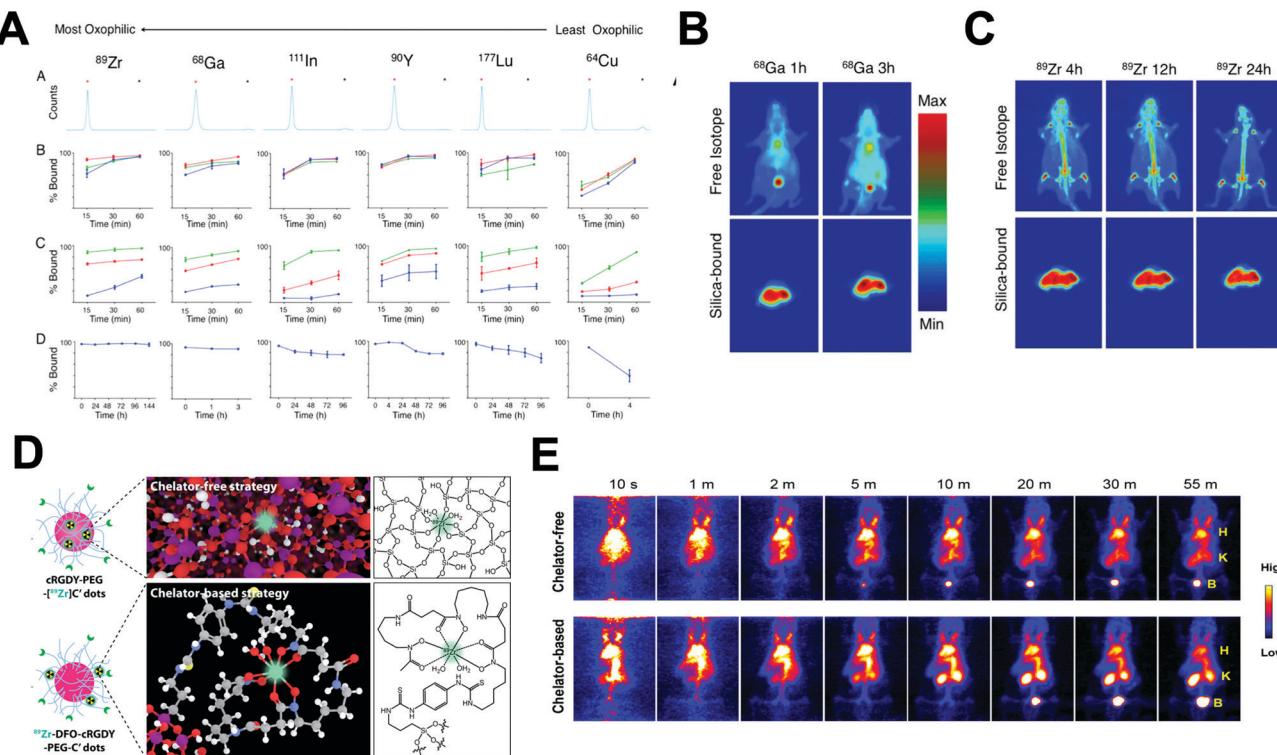
different profiles compared to their respective free radionuclides (Fig. 32B and C). Interestingly, Cheng *et al.* compared this methodology for the  $^{89}\text{Zr}$  radiolabelling of ultrasmall cRGDY-conjugated fluorescent silica NPs (C' dots) with the radiolabelling through a chelator-based protocol using DFO as chelating agent (Fig. 32D).<sup>34</sup> Both NPs, with an average size of 6–7 nm were successfully radiolabelled with high RCY. To evaluate differences in RCS, both formulations were incubated in human serum at  $37\text{ }^\circ\text{C}$  obtaining high RCS of  $> 99\%$  in both cases. RCS and circulations half-lives were also studied by injecting both NPs in nude mice, finding a higher degradation of the non-chelator NPs ( $> 25\%$ ) than chelator-based NPs ( $< 2\%$ ) 48 h post-injection with similar circulation times of around 15 h. Biodistribution of both NPs was evaluated by dynamic PET during 60 min after the injection. Both formulations showed a similar trend with intense signal assigned to the circulation and most interestingly, the renal clearance due to the small size of the particles (Fig. 32E). Further *ex vivo* biodistribution studies revealed higher bone uptake in the non-chelator formulation attributed to the  $^{89}\text{Zr}$  detachment in agreement with the lower stability previously observed.

As well as the above mentioned radionuclides, this strategy has also been evaluated to attach different radioarsenic isotopes,  $^{*}\text{As}$  ( $* = 72, 76, 74, 71$ ) and  $^{45}\text{Ti}$  demonstrating the high versatility of this radiolabelling method.<sup>630,631</sup> Burke *et al.* used this strategy for the radiolabelling of iron oxide nanorods coated with silica. In this work, a series of nanorods conjugated with siloxane terminated DO3A chelator and a siloxane polyethylene glycol (PEG) derivative were radiolabelled with  $^{68}\text{Ga}$  at  $90\text{ }^\circ\text{C}$  for 15 min. The results showed quantitative RCY and 95% of RCS in human serum at  $37\text{ }^\circ\text{C}$  for 3 h in the sample without DO3A chelator showing the high affinity of the silica layer towards  $^{68}\text{Ga}$ .<sup>646</sup>

**4.6.4 Gold nanoparticles.** Gold NPs are arguably one of the most popular materials in nanotechnology. The excellent

Table 16 Table summarising the methods, radioisotopes and techniques employed to radiolabel silica nanoparticles

Radiolabelling method	Radionuclide	Radiolabelling mediator	Ref.
Chelator-based	Cu-64	NOTA	634
	Zr-89	DFO	34, 635 and 636
	Na-22	4-Amino-benzo-15-crown-5	637
	Tc-99m	DTPA	638–640
	In-111	DTPA	641 and 642
	Lu-177	DOTA	643
Non-chelator	Cu-64	DOTA	644
	Ga-68	Chemical adsorption	211
		Chemical adsorption/thiol group	212
	Zr-89	Pyridine grafting	645
	F-18	Chemical adsorption	211 and 646
	As <sup>*</sup>	Chemical adsorption	34, 211, 647 and 648
	I-124	<i>N</i> -Succinimidyl 4-[ <sup>18</sup> F]fluorobenzoate	649
	Ti-45	Chemical adsorption/thiol group	650
	Tc-99m	Bolton–Hunter reagent	143
		Chemical adsorption	651
	In-111	$\text{SnCl}_2$ reduction	652 and 653
	I-125	His-Tag	654
	Y-90	Chemical adsorption	211
		Bolton–Hunter reagent	144
		Chemical adsorption	211



**Fig. 32** (A) Radiolabelling and serum stability of silica nanoparticles: (a) instant thin-layer chromatographs of radiolabelled silica nanoparticles. The red asterisk denotes the origin, where the nanoparticles remain, and the black asterisk denotes the solvent front, where the free activity would be located. Controls of buffer-only solutions (no particles) were performed with each condition with >95% signal at the free activity peak. (b) Percent radioisotope bound to silica nanoparticles as a function of time and pH. The blue, red, and green lines indicate radiolabelling at pH = 5.5, 7.3, and 8.8, respectively. (c) Percent radioisotope bound to silica nanoparticles as a function of time and temperature. The blue, red, and green lines indicate radiolabelling at 4, 37, and 70 °C, respectively. (d) Serum stability of silica nanoparticles radiolabelled at pH = 7.3 and 70 °C, then incubated in 50% FBS at 37 °C. (B) *In vivo* coronal PET maximum intensity projections (MIPs) of free (top) and silica-bound (bottom) <sup>68</sup>Ga at 1 and 3 h post injection in athymic nude mice. (C) *In vivo* coronal PET maximum intensity projections (MIPs) of free (top) and silica-bound (bottom) <sup>89</sup>Zr at 1 and 3 h post injection in athymic nude mice, (D) schematic representation of chelator-free cRGDY-PEG-[<sup>89</sup>Zr]C' dots and chelator-based <sup>89</sup>Zr-DFO-cRGDY-PEG-C' dots, (E) comparison of dynamic PET imaging results in mice for chelator-free <sup>89</sup>Zr-labeled cRGDY-PEG-C' dots and chelator-based <sup>89</sup>Zr-labeled cRGDY-PEG-C' dots. H: heart; K: kidney; B: bladder. Adapted and reproduced with permission from ref. 34 and 211.

physicochemical, optical, and photoacoustic contrast properties, coupled with their high biocompatibility, have made gold NPs a prime candidate for several applications in nanomedicine.<sup>655</sup> The preparation of particles with different shapes and morphologies, such as nanocages, nanoshells, nanorods or nanospheres in a straightforward and controllable way, have led to a wide variety of radiolabelled gold NPs for PET, SPECT and radiotherapy applications.<sup>656–658</sup>

Similar to IONPs, it is difficult to highlight the most appropriate radiolabelling method for gold NPs due to the diversity of reported examples (Table 17) and each formulation should be considered individually. However, radiolabelling with <sup>64</sup>Cu by both, chelator-based and chelator free methods and with <sup>99m</sup>Tc by chelator-based protocols make up a large portion of the literature. Moreover, due to the availability of different Au radionuclides, the radiolabelling by hot + cold precursors to incorporate <sup>195</sup>Au, <sup>198</sup>Au, or <sup>199</sup>Au radionuclides into the crystal lattice of the particle is also a suitable strategy – as described in Section 4.4.1. Several radiolabelling strategies for gold NPs are based on the highly stable bonds that gold forms with sulfur. Campbell *et al.* reported the covalent attachment of thiolated

gold NPs with DOTA-maleimide with further radiolabelling at different pH and temperatures (Fig. 33A). A high RCY of 96% was observed when the pH is increased from 5.5 to 8.8 without significant variations between room temperature and 60 °C reactions. RCS was also high at these conditions with a leaching of 4% of <sup>64</sup>Cu after 24 hours of incubation in EDTA.<sup>659</sup> PET/CT studies showed a rapid accumulation in liver and spleen when particles are administered intravenously. However, after oral administration, the images revealed a different pattern with initial accumulation in stomach and further uptake in small intestine, cecum, and large intestine with no presence of NPs after 24 h (Fig. 33B). Within the non-chelator strategies, a highly interesting report by Sun *et al.* described the reduction of <sup>64</sup>Cu<sup>2+</sup> over the surface of different PEGylated gold nanomaterials (Fig. 33C).<sup>660</sup> In this radiolabelling reaction, <sup>64</sup>Cu<sup>2+</sup> is first reduced in hydrazine and exposed to the gold PEGylated nanomaterial in the presence of poly(acrylic acid) at room temperature. These conditions provided RCYs of near 100% after 1 h for gold NPs of different sizes (10, 20 and 80 nm) and most interestingly, with different shapes – such as spheres, rods and hexapods. In the absence of hydrazine, a decrease of



Table 17 Table summarising the methods, radioisotopes and techniques employed to radiolabel gold nanoparticles

Radiolabelling method	Radionuclide	Radiolabelling mediator	Ref.
Chelator-based	<sup>64</sup> Cu	DOTA	659 and 661–665
		NODAGA	666
	<sup>68</sup> Ga/ <sup>67</sup> Ga	DOTA	667 and 668
	<sup>89</sup> Zr	DFO labelled antibody	669 and 670
	<sup>99m</sup> Tc	DTPA	671 and 672
		DOTA	673
		HYNIC-TOC	457 and 674
		HYNIC-GGC	675–677
	<sup>111</sup> In	DTPA	136, 663, 678 and 679
		DOTA	680
Non-chelator	<sup>177</sup> Lu	DOTA	430, 674 and 681–683
	<sup>225</sup> Ac	DOTAGA	684
	<sup>64</sup> Cu	Reduction of [ <sup>64</sup> Cu]Cu(0) onto the surface	666
		Entrapment on a gold bilayer	685
		Reduction of <sup>64</sup> Cu on PEG surface	660
		Hot + cold precursors/incorporation into crystal lattice	686 and 687
		Hot + cold precursors/Au and Cu co-deposition	688
		Hot + cold precursors/ <sup>64</sup> Cu alloyed gold nanoclusters	689
	<sup>18</sup> F	Alkyne-nitrone cycloaddition	196
		[ <sup>18</sup> F]SiFA-SH prosthetic group	690
<sup>124</sup> I		[ <sup>18</sup> F]-Fluorobenzoate	189
		Isotopic exchange and anionic absorption	691
		Chloramine-T	145 and 146
	<sup>195</sup> Au	Hot + cold precursors/aerosol spark ignition	105
	<sup>199</sup> Au	Hot + cold precursors/seed-mediated synthesis	106
	<sup>198</sup> Au	Hot + cold precursors/S <sup>198</sup> AuNP	107
		Hot + cold precursors/(HAuCl <sub>4</sub> ) <sub>n</sub> <sup>198</sup> Au precursor	108
	<sup>111</sup> In	Hot + cold precursors HAuCl <sub>4</sub> + <sup>111</sup> InCl <sub>3</sub>	692
	<sup>99m</sup> Tc	SnCl <sub>2</sub> reduction	693
		Doxorubicin/SnCl <sub>2</sub> reduction	694
<sup>123</sup> I		Azide-alkyne cycloaddition	195
	<sup>125</sup> I	[ <sup>125</sup> I]Azide-DBCO cycloaddition	194
		Chemisorption	695 and 696
		Iodogen	136
		HPAO/chloramine-T	147 and 148
		Chemisorption	697 and 698

the RCY to 30% was observed, highlighting the key role of the reducing agent. The RCS was also evaluated; with a 3% of <sup>64</sup>Cu release after the incubation of the NPs for 24 h in PBS, further confirmed *in vivo* after an imaging biodistribution study showing different liver uptake profiles (Fig. 33D). Consequently, this technique clearly represents a highly versatile non-chelator method for the radiolabelling of AuNPs with <sup>64</sup>Cu.

The hot + cold precursors method has also been extensively used not only for the radiolabelling with <sup>64</sup>Cu, but also with <sup>111</sup>In and different Au isotopes (<sup>195</sup>Au, <sup>198</sup>Au and <sup>199</sup>Au). Ng *et al.* synthesised Au NPs doped with <sup>111</sup>In with further surface functionalisation with angiogenesis-targeting RGD peptides (Fig. 33E). The protocol rendered RCPs of 95% with high RCS after incubation in human plasma. In addition, SPECT/CT imaging allowed the identification of tumours in a manner relevant to integrin overexpression (Fig. 33F). Pang *et al.* reported a straightforward, one-step protocol where <sup>199</sup>Au<sup>3+</sup> is introduced in a low molar concentration during the growth step of the gold NPs (see Section 4.4.1).<sup>106</sup> This synthesis – described as a seed-mediated synthesis due to the radionuclide doping during the growth step from a native Au seed – provided RCYs of 96%. This was shown to be reproducible irrespective of differences in specific activities, depending on the initial

<sup>199</sup>Au<sup>3+</sup> concentration, and allowed quantitative RCP. This strategy seems as the most straightforward to incorporate Au radionuclides into the crystal lattice of gold NPs. Other reported strategies have utilised spark ignition to obtain gold NPs aerosols by a complex reaction set up, or used H<sup>198</sup>AuCl<sub>4</sub> to prepare gold nanocages. However, these methods are highly complex and time-consuming.<sup>105,108</sup>

**4.6.5 Quantum dots.** Quantum dots (QDs) offer excellent semiconductor and optical properties with a broad variety of applications in biomedical imaging and sensing.<sup>699</sup> Their optical properties allow the selection of NPs with a broad range of adsorption and emission wavelengths – with low light-bleaching profiles.<sup>700</sup> Different mediators have been applied for the radiolabelling of QDs with the majority of examples reporting non-chelator radiolabelling strategies (Table 18). Very recently, Tang *et al.* reported the radiolabelling of zinc sulfide (ZnS) dots with <sup>64</sup>Cu or <sup>68</sup>Ga by a heterogeneous radioisotopic exchange protocol.<sup>701</sup> The radiolabelling of ZnS dots with [<sup>64</sup>Cu]CuCl<sub>2</sub> or [<sup>68</sup>Ga]GaCl<sub>3</sub> at 37 °C for 15 min, allowing >95% RCY for <sup>68</sup>Ga and ~90% RCY for <sup>64</sup>Cu. Furthermore, the radiolabelled QDs showed a high RCS up to 24 h in mouse blood.

The hot + cold precursors method has been applied for the radiolabelling of QDs with <sup>64</sup>Cu, <sup>109</sup>Cd or <sup>125m</sup>Te, which were



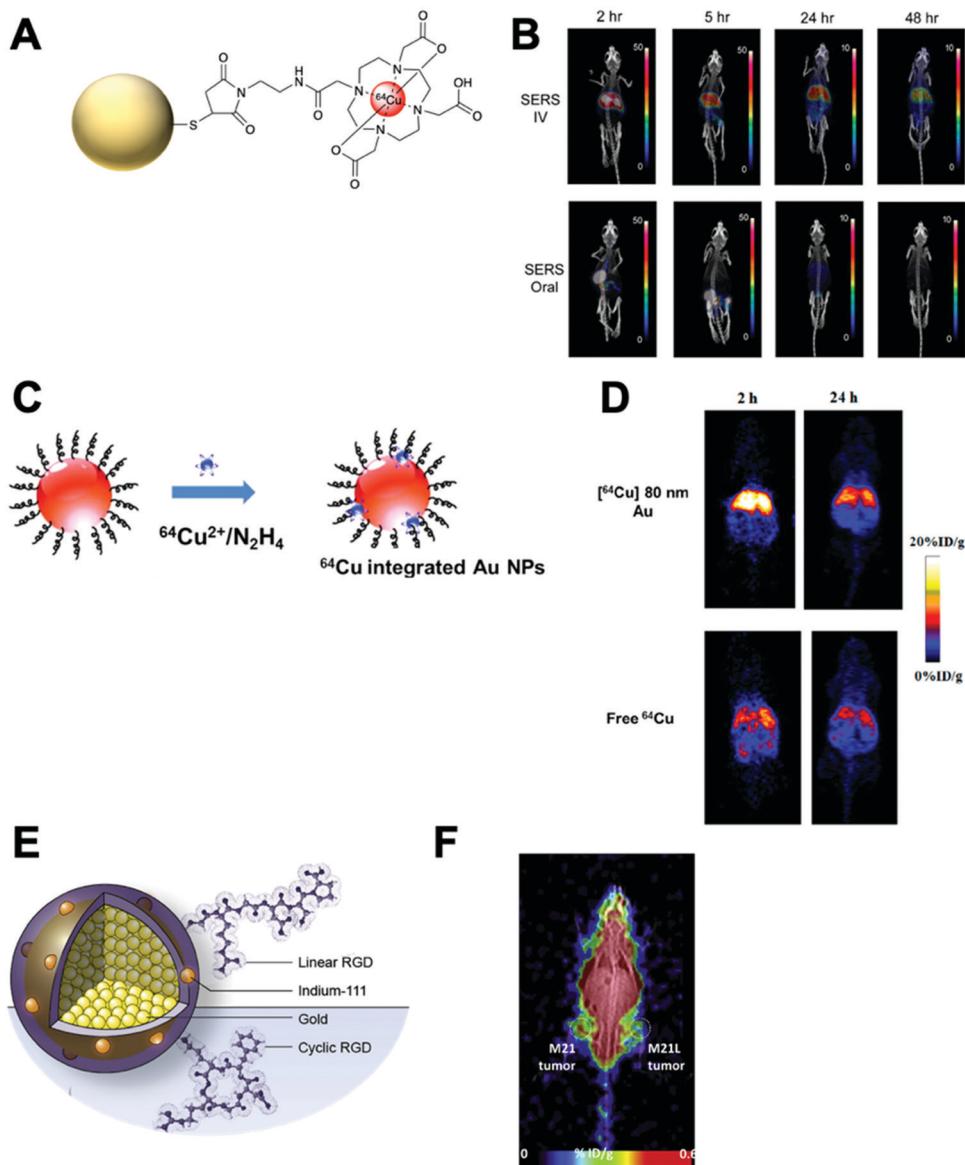


Fig. 33 (A) Schematic of Au–sulfur–maleimide–DOTA–<sup>64</sup>Cu NPs, (B) static microPET images at 2, 5, 24 and 48 h time points post IV or oral administration of radiolabelled SERS nanoparticles. Scale bar indicates % injected dose per gram (% ID per g) of tissue, (C) scheme of synthesis of chelator-free <sup>64</sup>Cu-integrated Au NMs, (D) representative whole-body coronal PET images of mice at 2 and 24 h after intravenous injection of 130  $\mu$ Ci of [<sup>64</sup>Cu]80 nm Au (upper) as well as free <sup>64</sup>Cu (lower), (E) design of the indium-111 labelled gold nanoparticles. Gold nanoparticles were synthesized with the particle core stably labelled with the  $\gamma$ -emitter indium-111 and the surface modified with linear and cyclic RGD ligands, (F) demonstrated higher uptake of RGD-modified indium-111 labeled gold nanoparticles in the M21 tumor (left) compared to the M21-L tumor (right). Adapted and reproduced with permission from ref. 659, 660 and 692.

successfully incorporated into the core of CuInS/ZnS, CdSe/CdZnS or CdTeSe/CdZnSe and CdTe QDs respectively.<sup>121–123</sup> A key study by Guo *et al.* reported a one-pot synthesis of [<sup>64</sup>Cu]CIS/ZnS QDs from <sup>64</sup>CuCl<sub>2</sub>/CuCl<sub>2</sub>, InCl<sub>3</sub> and Na<sub>2</sub>S along with a ZnCl<sub>2</sub> shell formation and then *in situ* capped with PEG and glutathione (GSH) (Fig. 34A).<sup>122</sup> These QDs showed fluorescence in the near infrared (NIR) with a quantum yield (QY) of 25%. From the radiochemical point of view, this synthesis provided a RCY of *ca.* 100% and quantitative RCS in mouse serum. *In vivo* biodistribution studies in tumour bearing mice showed higher accumulation of the PEGylated GSH-[<sup>64</sup>Cu]CIS/ZnS

in the tumour than GSH-[<sup>64</sup>Cu]CIS/ZnS and free <sup>64</sup>CuCl<sub>2</sub> due to the longer blood circulation time of the former that allows accumulation due to the EPR phenomenon. Despite the significant tumour uptake level differences, It is important to highlight the high tumour uptake of free <sup>64</sup>CuCl<sub>2</sub>, that as we discussed above (Section 3.5 and Table 5) shows significant tumour uptake and similar biodistribution compared to both [<sup>64</sup>Cu]CIS/ZnS formulations, and may complicate image analysis. Interestingly, non-PEGylated GSH-[<sup>64</sup>Cu]CIS/ZnS showed significant bladder uptake due to the renal clearance of NPs that are smaller than 5.5 nm (Fig. 34B). These results highlight this method as suitable

Table 18 Table summarising the methods, radioisotopes and techniques employed to radiolabel quantum dots

Radiolabelling method	Radionuclide	Radiolabelling mediator	Ref.
Chelator-based	$^{64}\text{Cu}$ $^{99\text{m}}\text{Tc}$	DOTA EDTA 2,3-Diaminopropionic acid (DAP) Dithiocarbamate (DTC) derivatised biotin ligand	702 703 and 704 705 706
Non-chelator	$^{64}\text{Cu}$  $^{68}\text{Ga}$  $^{99\text{m}}\text{Tc}$ $^{111}\text{In}$ $^{125}\text{I}$  $^{131}\text{I}$ $^{125\text{m}}\text{Te}$ $^{109}\text{Cd}$	Radioisotopic exchange Reduction by ascorbic acid Hot + cold precursors/ $^{64}\text{CuCl}_2$ starting reagent Radioisotopic exchange MCM-41 thiol group SnCl <sub>2</sub> reduction Interface layer deposition Nucleophilic substitution Mannose triflate-cysteamine Bolton-Hunter reagent Hytohemagglutinin-L (PHA-L)/iodogen Nucleophilic substitution Mannose triflate-cysteamine Hot + cold precursors/mixture of $^{125\text{m}}\text{Te}/^{124}\text{Te}$ Hot + cold precursors	204 and 701 707 122 701 708 709 710 188 150 711 188 123 121

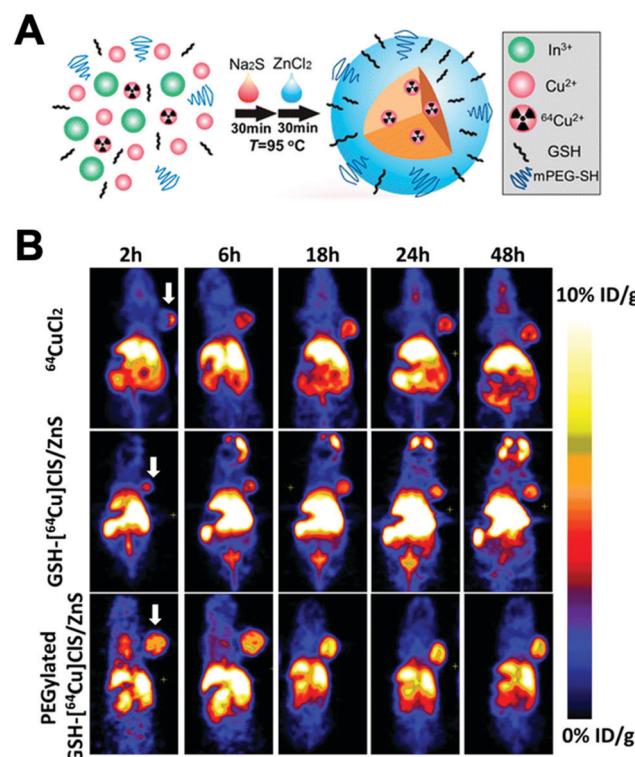


Fig. 34 (A) Illustration of the synthesis of intrinsically radioactive  $^{64}\text{Cu}$ -CIS/ZnS QDs, (B) representative whole-body coronal PET images of U87MG tumour-bearing mice at 2, 6, 18, 24, and 48 h after intravenous injection of 100  $\mu\text{L}$  (50  $\mu\text{g}$ , 300  $\mu\text{Ci}$ ) of  $^{64}\text{CuCl}_2$ , GSH- $^{64}\text{Cu}$ -CIS/ZnS and PEGylated GSH- $^{64}\text{Cu}$ -CIS/ZnS RQDs. Arrow indicates location of the tumour. Adapted and reproduced with permission from ref. 122.

for the synthesis and radiolabelling of QDs in one step. Additionally, the protocol allowed the radiolabelling of QDs with  $^{111}\text{In}$  with the same favourable results, suggesting this protocol is a versatile and convenient strategy for QDs radiolabelling.

**4.6.6 Up-converting nanoparticles.** Up-converting nanoparticles (UCNP) have unique optical features with different applications for fluorescent microscopy, deep-tissue bioimaging,

or as nanomedicines.<sup>712</sup> These particles receive their name from their capacity to up-convert two or more photons of low energy in a single photon of high energy which results in their NIR excitation leading to UV/vis emission.<sup>713</sup>

Radiolabelling examples of these nanomaterials are quite recent with the first reports in 2011 (Table 19). As discussed in Section 4.4.4, the isotopic exchange between natural  $^{19}\text{F}$  and  $^{18}\text{F}$  is the main protocol for effective and robust radiolabelling of UCNPs. Other methods have also demonstrated successful incorporation of radionuclides. Rieffel *et al.* reported a chelator-based protocol using a porphyrin-phospholipid as NP coating.<sup>714</sup> The coating provided a high affinity for  $^{64}\text{Cu}$  by incubation at 37 °C and pH = 5.5 with RCYs greater than 80%. Interestingly, the combination of only two components, the porphyrin-phospholipid and the UCNPs core, rendered excellent capabilities for six different imaging modalities (FL/PA/PET/CT/CL/UC). Alternatively, Yang *et al.* described a one-pot hydrothermal synthesis of  $\text{NaLuF}_4$ : $^{153}\text{Sm},\text{Yb},\text{Tm}$  NPs.<sup>112</sup> The use of  $^{153}\text{Sm}$  in the starting reagents provided a 100% RCY with >99% RCS after incubation in FBS for 24 h. This high stability was expected since the  $^{153}\text{Sm}$  is incorporated in the crystal lattice of the particles.

Table 19 Table summarising the methods, radioisotopes and techniques employed to radiolabel up-converting nanoparticles

Radiolabelling method	Radionuclide	Radiolabelling mediator	Ref.
Chelator-based	$^{64}\text{Cu}$	NOTA Porphyrin Bisphosphonate	715 714 716
	$^{68}\text{Ga}$ $^{99\text{m}}\text{Tc}$	DOTA Bisphosphonate	717
Non-chelator	$^{18}\text{F}$ $^{124}\text{I}$ $^{125}\text{I}$ $^{153}\text{Sm}$ $^{90}\text{Y}$	Radioisotopic exchange Iodo-beads Bolton-Hunter reagent Hot + cold precursors Radioisotopic exchange Hot + cold precursors	198–201 149 135 112 205 120



## 5 Applications of radiolabelled nanomaterials in imaging and therapy

The radiolabelling of nanomaterials can be performed for a variety of different applications with their use encompassing pre-clinical validation all the way to imaging in a clinical setting. In this section, the main applications for using radiolabelled NPs will be outlined, with important and/or interesting examples briefly discussed.

### 5.1 Assessment of new formulations

One of the most widely used applications of radiolabelled nanomaterials is to assess the *in vivo* biodistribution of novel formulations. The sensitivity and quantitative nature of nuclear imaging easily allows elucidation of whole-body pharmacokinetics, biodistribution and target accumulation of different nanomaterials. A good example of this was reported by Tang *et al.* who created a library of lipoprotein-based NPs as candidates for atherosclerosis treatment. The leading candidates were radiolabelled with <sup>89</sup>Zr, and their *in vivo* behaviour evaluated with PET imaging.<sup>366</sup> This allowed comparison of their blood pharmacokinetics and uptake in organs of interest. As well as testing novel formulations, another key application is imaging the distribution of targeted NPs *versus* their non-targeted counterparts. For example, Yang *et al.* radiolabelled cRGD-functionalised SPIONs with <sup>64</sup>Cu; demonstrating increased tumour accumulation in mice for the targeted NPs – compared with non-targeted SPIONs – which could be blocked *via* the administration of cRGD (Fig. 35A).<sup>718</sup> On the other hand, Christensen *et al.* used PET imaging of folate-targeted liposomes labelled with <sup>64</sup>Cu to show there was lower uptake in high folate-receptor expressing tumours, compared with non-targeted liposomes.<sup>719</sup> This suggested that the functionalised used for targeting may result in reduction of EPR-mediated uptake of the liposomes.

### 5.2 Personalised nanomedicine

A key application of radiolabelled nanomaterials is for the assessment of target accumulation in the patients undergoing treatment with nanomedicines. The EPR mechanism that often drives the accumulation of nanomedicines in target tissues is highly heterogenous in humans.<sup>723–725</sup> However, by imaging nanomedicines non-invasively within patients, they can be grouped into potential responders and non-responders allowing treatment stratification – a concept known as personalised nanomedicine.<sup>726</sup> A key clinical study was reported by Lee *et al.* who radiolabelled HER2-targeted liposomal doxorubicin (MM-302) with <sup>64</sup>Cu and performed PET imaging in patients with metastatic breast cancer.<sup>326</sup> PET imaging showed heterogenous uptake of the liposomes in primary tumours and metastases; both from patient-to-patient and within lesions within the same patient. Despite this, a correlation was observed between tumour uptake of MM-302 and the patient's disease progression-free survival (Fig. 35B). As opposed to radiolabelling and imaging specific nanomedicines to assess their target accumulation, a potentially more robust method is to inject a

'companion diagnostic' which behaves similarly to or demonstrates EPR-mediated uptake. This concept has been previously demonstrated using the iron-oxide nanoparticle, Ferumoxytol.<sup>727</sup> Both Perez-Medina *et al.*<sup>271</sup> and Lee *et al.*<sup>327</sup> developed radiolabelled nanoliposome platforms that could be injected both prior to or with the injection of nanomedicines – allowing prediction of therapeutic response in preclinical cancer models.

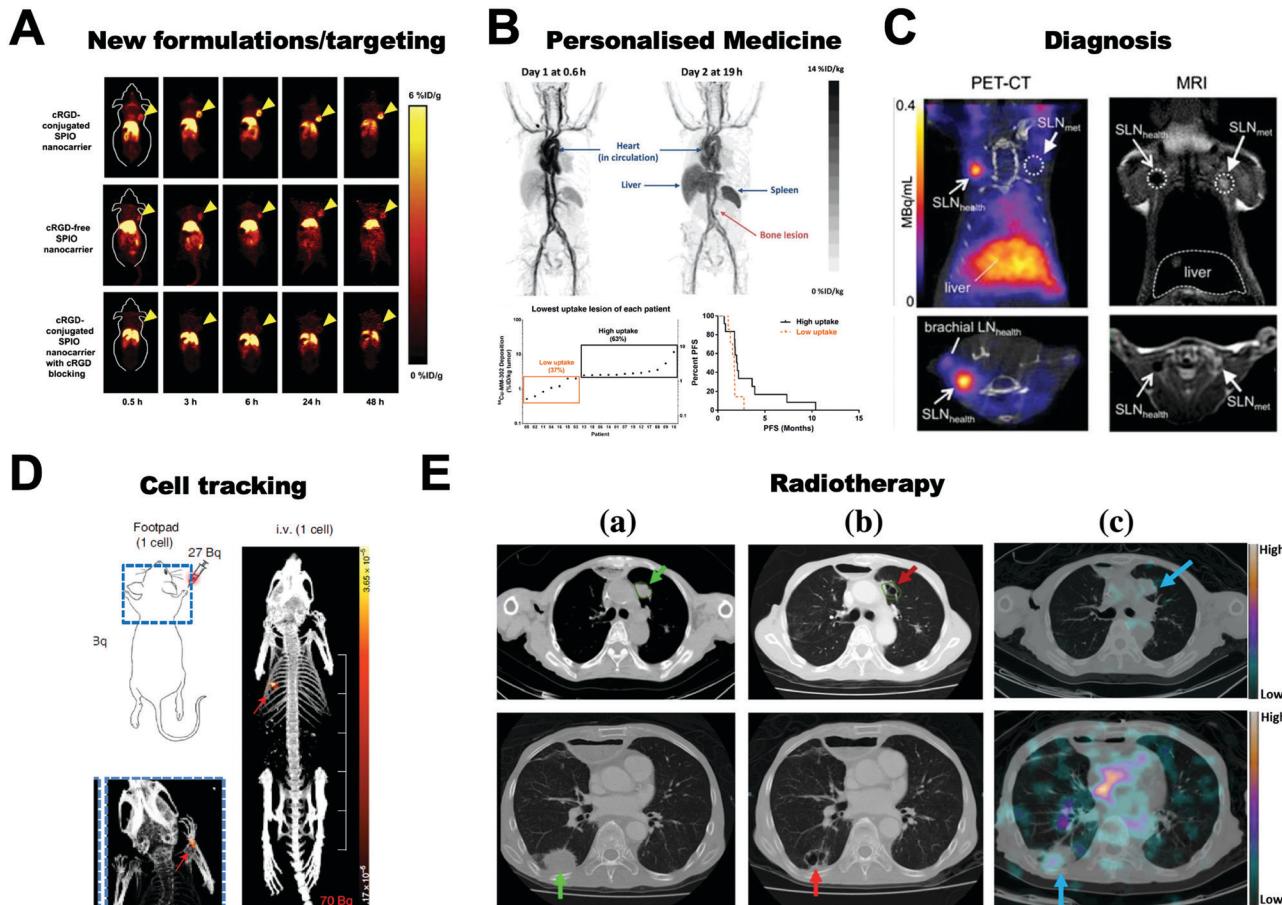
### 5.3 Diagnostics

Another application of radiolabelled nanomaterials is their use for diagnostics. The EPR-mediated uptake of NPs into tumours or sites of inflammation can clearly be taken advantage for diagnostic purposes. Mahakian *et al.* compared the diagnostic potential of long-circulating liposomes radiolabelled with <sup>64</sup>Cu with [<sup>18</sup>F]FDG in a head and neck cancer mouse model. The tumour accumulation and signal to background ratios of the labelled liposomes were superior to [<sup>18</sup>F]FDG when imaging after 24 h.<sup>260</sup> However, in a clinical setting, the requirement for delayed imaging may be limiting and the longer half-life of the radioisotope may also result in a higher absorbed radiation dose. Additionally, radiolabelled NPs can be used as multimodal systems; to take advantage of the sensitivity of nuclear imaging in conjunction with more anatomical-focused modalities – such as MRI and CT.<sup>139</sup> However, the use of NPs as multimodal diagnostics should arguably provide benefits over lower MW tracers, and when using single modalities. An example of this approach was reported by Savolainen *et al.* who radiolabelled Sienna+/Magtrace<sup>®</sup> (a macrophage-targeted clinically-approved SPIO) with <sup>68</sup>Ga, as a tool for PET-MRI guided sentinel lymph node (SLN) biopsies in metastatic cancer.<sup>720</sup> In this approach, PET provides sensitive whole-body information of the location of the SLNs, while MRI provides information on their different macrophage levels and hence metastatic status (Fig. 35C).

### 5.4 Cell tracking

Cell tracking describes the use of medical imaging techniques to non-invasively image the biodistribution and trafficking of cells in a living organism. This information can be beneficial for: disease diagnosis, the imaging of biological mechanisms, and evaluating the efficacy of treatments.<sup>728</sup> More recently, cell tracking methods have been used for the development and evaluation of cellular therapies – such as CAR T-cell immunotherapies. To allow cell tracking, cells often have to be labelled with a contrast agent. For example, for cell tracking with nuclear imaging, radionuclides have to be incorporated into cells; often by their attachment to cellular membranes, or internalisation *via* the use of radio-ionophores (as in Section 4.3.1). Alternatively, nanomaterials can enter cells through a variety of different mechanisms including such as phagocytosis, endocytosis or micropinocytosis.<sup>729</sup> Hence these mechanisms can be taken advantage of to enable the radiolabelling of cells, to facilitate *in vivo* cell tracking. A variety of different cell types have been radiolabelled with chitosan-based NPs,<sup>503,504</sup> gold NPs,<sup>730,731</sup> SPIONs,<sup>213,610,732</sup> and mesoporous silica NPs.<sup>721,733</sup> The efficiency of this cell labelling process is exemplified by





**Fig. 35** Summary of the five main applications of radiolabelled nanoparticles focused on in this review. (A) The radiolabelling of nanoparticles can allow the testing of new formulations and the assessment of NP targeting. PET images of U87MG tumor-bearing mice at various time points post-injection of  $^{64}\text{Cu}$ -labelled SPIO nanocarriers (cRGD-conjugated, cRGD-free, and cRGD-conjugated with a blocking dose of cRGD). Figure adapted from Yang *et al.*<sup>718</sup> (B) Radiolabelled nanoparticles can aid the clinical translation of nanoparticles and assess target engagement in patients: personalised nanomedicines. Maximum intensity projection PET images of 2 patients with HER2-positive breast cancer injected with  $^{64}\text{Cu}$ -labelled HER2-targeted liposomes (top). Patient lesion deposition of the lowest uptake lesion within each patient from days 2 or 3 are shown and aligned in ascending order (bottom left). Patient PFS of the high *versus* low uptake patients is shown in a Kaplan–Meier curve (bottom right). Figures adapted from Lee *et al.*<sup>326</sup> (C) Radiolabelled nanoparticles can be used for the diagnosis of disease, in this case by exploiting multimodal PET-MR imaging and  $^{68}\text{Ga}$ -labelled SPIOs to locate and identify metastatic lymph nodes. Figure adapted from Savolainen *et al.*<sup>720</sup> (D) Radiolabelled nanoparticles can be used as cell labelling agents, allowing the *in vivo* tracking of cells. A single MDA-MB-231 cells is imaged with PET in the paw (left) and lung (right) of a mouse. Figure from Jung *et al.*<sup>721</sup> (E) Nanoparticles can be used for radiotherapy. CT images for patients with esophageal cancer and lung metastases tumors: 1 month before (left column) and 4 months after (middle column) administration of  $^{188}\text{Re}$ -liposome injection, the metastatic lesions (green arrows) either decrease in size or show signs of cavitation (red arrows). SPECT/CT images (right column) show a high uptake and efficient targeting of  $^{188}\text{Re}$ -liposome in the corresponding tumor lesion (blue arrow). Figure adapted from Wang *et al.*<sup>722</sup>

Jung *et al.* who used  $^{68}\text{Ga}$ -labelled MSNPs to radiolabel breast cancer cells with enough activity (*ca.* 30 Bq per cell) to allow the *in vivo* tracking of a single cell using PET (Fig. 35D).<sup>721</sup>

### 5.5 Radionuclide therapy

Finally, nanomaterials can be labelled with therapeutic radionuclides (see Section 2.3) allowing them to be used for radionuclide therapy. As with their use as diagnostics, the accumulation of nanomaterials at tumour sites *via* the EPR effect or due to targeting can allow delivery of the radionuclide. However, the long-circulating properties of some nanomaterials may be considered a drawback in the context of radionuclide therapy due to the possible increase in radiation dose to the

patient and non-target organs – such as the spleen. Wang *et al.* recently reported a phase 0 study of PEGylated liposomes radiolabelled with  $^{188}\text{Re}$  (beta emitter) in patients with metastatic cancer.<sup>722</sup> A partial therapeutic effect was observed in some metastatic lesions, which also showed uptake of the radiolabelled liposomes (Fig. 35E). Despite this, dosimetry measurements showed the highest absorbed dose was in the spleen and liver. Whilst this work demonstrates clear progress in the use of nanomaterials for radiotherapy, the application of NPs for this purpose must show clear benefits – in terms of efficacy and vital organ dosimetry – over standard targeted radionuclide therapy methods (*i.e.* radiolabelled antibodies or small molecules).



Besides radiotherapy applications, a novel therapeutic strategy based on Cerenkov luminescence (CL) is becoming a successful choice to induce a photodynamic therapy (PDT) response. This strategy, known as Cerenkov radiation-induced therapy (CRIT) leverage from the UV-blue light generated by the radionuclide decay that interacts with a photosensitive nanomaterial triggering the emission of long-wavelength photons that produce cytotoxic reactive oxygen species (ROS).<sup>734,735</sup> Most of reported examples of CRIT applications are based on the combination of TiO<sub>2</sub> nanoparticles as photosensitiser material with <sup>68</sup>Ga, <sup>64</sup>Cu, <sup>18</sup>F or <sup>89</sup>Zr radionuclides to generate the CL.<sup>736–739</sup> Apart of TiO<sub>2</sub> nanoparticles, other materials such as iron oxide NPs and porphyrins have shown a remarkable PDT response in combination with <sup>89</sup>Zr,<sup>740,741</sup> opening a very encouraging field within personalised nanomedicine due to the unique properties of the radiolabelled nanomaterials.

## 6 Conclusions and perspectives

In this review we have described and discussed the different radiochemical methods explored to date to radiolabel different nanomaterials of interest for medical applications, with applications in imaging and therapy. We believe there are several conclusions that we can draw from this work and should be taken into account when considering the best methodology for a specific NP-radiolabelling project. First, for each nanomaterial and formulation, each radiochemical approach available will have inherent advantages and disadvantages. Ultimately, the selection of methodology should be driven by its capabilities to provide the required information, but this is only achievable if we are aware of its pitfalls (known and potential). To facilitate this, we strongly believe it is important to incorporate as many control groups as required into any study involving the *in vivo* evaluation of radiolabelled NPs (*e.g.* radionuclide-only, radiochelate-only, radiolabelled component-only, *etc.*). Where relevant, it is also important to include *ex vivo* information to complement and support the *in vivo* results (*e.g.* histology methods). A particularly relevant aspect to take into account for *in vivo* studies is the fact that many radionuclides and radiochelates accumulate in, or are cleared by, the same organs as nanomaterials (*e.g.* liver, bone marrow, lungs, tumours), complicating image analysis in the absence of appropriate controls. Often, the selection of radiolabelling methodology will be limited by radionuclide/equipment availability, as this type of work requires special health and safety considerations and expensive facilities. However, we believe that the wide variety of methodologies and substantial knowledge already available for different radionuclides and nanomaterials, as described in this review, should allow ample choice for effective and informative radionuclide-based NP studies.

The same properties of nanomaterials that make them attractive for biomedical applications, result in some important disadvantages when compared to other imaging/therapy platforms. Importantly, their relatively large size and surface area makes them easy targets for phagocytic cells, limiting their ability to reach their intended target. This can be in part

addressed by the use of stealth coatings, but ultimately their excretion is likely to involve the mononuclear phagocyte system (MPS), which is slow compared to the renal excretion often found for smaller molecules. In addition, this results in low tissue penetration, limiting their potential as imaging agents and drug carriers when the target is not easily accessible from the vasculature. However, some of these disadvantages can be exploited for specific purposes, for example by using NPs as myeloid cell-targeting agents, with wide-ranging applications from inflammation imaging to novel therapeutic approaches such as those based on trained-immunity.<sup>742–744</sup>

In terms of future applications, it is likely that radiolabelled NPs will be increasingly used as tools to inform the clinical translation of nanoparticles as therapeutics, and potentially as theranostic agents. As mentioned above, radiolabelling allows an accurate and sensitive method to study their biodistribution and pharmacokinetics in both animals and humans. Hence, we strongly believe that integrating these techniques early in the development of therapeutic nanomedicines will significantly enhance their clinical translation potential, by allowing the selection of the best candidates and de-risking the process. If a clear association between the biodistribution of a therapeutic NP and their biodistribution can be made, radiolabelled NPs have significant potential as predictors of efficacy. The capacity of NPs to carry several radionuclides per particle also makes them attractive as radionuclide therapy agents, but the slow excretion and retention of NPs remains a significant barrier to overcome that limits their potential. Finally, new developments in PET technology – specifically total-body PET<sup>44,45</sup> – provide exciting opportunities for NP-based biomedical applications. These are mainly driven by the increased sensitivity (allowing NP imaging with short-lived radionuclides and lower radiation doses). We believe this will facilitate more PET imaging-based clinical evaluation of novel nanomedicines in the future, increasing the impact of this technology in the effective clinical translation of novel nanomedicines.

## Conflicts of interest

Research in the RTMR group has received funding by AstraZeneca plc (PhD studentship), GlaxoSmithKline plc (PhD studentship), Theragnostics Ltd (PhD studentship) and Lipomedix Pharmaceutical Ltd (in kind contributions).

## Acknowledgements

The authors are funded by EPSRC programme grants EP/S032789/1 (Probing Multiscale Complex Multiphase Flows with Positrons for Engineering and Biomedical Applications) and EP/R045046/1 (Next Generation Molecular Imaging and Therapy with Radionuclides). We also acknowledge support from the Wellcome/EPSRC Centre for Medical Engineering [WT/203148/Z/16/Z] and the KCL and UCL Comprehensive Cancer Imaging Centre funded by CRUK and EPSRC in association with the MRC and DoH (England). Radioanalytical equipment was



funded by a Wellcome Trust Multiuser Equipment Grant: A multiuser radioanalytical facility for molecular imaging and radionuclide therapy research [212885/Z/18/Z]. The authors finally acknowledge support the National Institute for Health Research (NIHR) Biomedical Research Centre based at Guy's and St Thomas' NHS Foundation Trust and KCL [grant number IS-BRC-1215-20006]. The views expressed are those of the authors and not necessarily those of the NHS, the NIHR or the Department of Health.

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