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# Improved liquid–liquid extraction by modified magnetic nanoparticles for the detection of eight drugs in human blood by HPLC-MS†

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Magnetic nanoparticles modified with porous titanium dioxide were used as clean-up nanospheres for the detection of eight drug poisons in human blood by high-performance liquid chromatography-mass spectrometry. The magnetic clean-up nanospheres ( $\text{Fe}_3\text{O}_4@\text{mTiO}_2$ ) with a mesoporous structure were successfully synthesized and characterized by scanning electron microscopy/energy dispersive spectroscopy, transmission electron microscopy, X-ray diffractometry, vibrating sample magnetometry, infrared spectroscopy, and Brunauer–Emmett–Teller techniques. Lipid co-extractives, such as phosphatidic acid and fatty acids, which are major interferences in HPLC-MS analysis causing ion suppression in the MS spectra of blood, could be efficiently removed by  $\text{Fe}_3\text{O}_4@\text{mTiO}_2$  based on the Lewis acid–Lewis base interactions. Following the optimization of the quantities of  $\text{Fe}_3\text{O}_4@\text{mTiO}_2$ , the method was applied to the determination of eight drugs in spiked blood. The analytical ranges typically extended from 2 to 500 ng mL<sup>-1</sup>, and the recoveries ranged from 79.5–99.9% at different concentrations of blood. The limits of quantitation for drug poisons were 0.14–1.03 ng mL<sup>-1</sup>, which makes the method a viable tool for drug poison monitoring in blood.

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## 1. Introduction

In recent years, various types of drugs, including estazolam, zolpidem, clozapine, triazolam, alprazolam, nimetazepam, meperidine and methadone, have become widely distributed, and are now causing social problems throughout many parts of the world. Nowadays, these drugs seem to have become more widespread than before and sometimes even cause death.<sup>1–5</sup> Blood is the primary biological fluid of choice for toxicology analysts to work in criminal cases; however, other matrices are often tested to either substantiate the concentrations found in blood or in instances of a limited sample. So sample pretreatment, including the extraction and purification of analytes, is one of the most important processes in the determination of trace-level drugs and metabolites in biological samples.<sup>6</sup> Sample pretreatment often requires time-consuming and labor-intensive handling, and inappropriate processing can lead to incorrect results. Also, it represents a bottleneck especially for the trace analysis of complex blood matrices.

In general, blood sample preparation consists of extraction, clean-up, and the pre-concentration of target compounds from human blood. Today, the most popular blood pretreatment

methods, such as, liquid–liquid extraction (LLE), solid-phase extraction (SPE), and protein precipitation, have been used in the analysis of drugs in human blood. Nevertheless, these traditional methods are laborious, time-consuming, and require large volumes of samples and toxic organic solvents, and it is sometime easy to lose analytes in the process. Therefore developing quicker and simpler sample preparation may help save time and ensure little loss of the target. Recently, “Quick, Easy, Cheap, Effective, Rugged, Safe (QuEChERS)” protocols, which emerged in 2003, offering the determination of pesticide residues in fruits and vegetables,<sup>7</sup> were also adopted in the analysis of the drugs of forensic interest in blood, including benzodiazepines and abused drugs,<sup>8–10</sup> as well as in the study of designer drugs in the postmortem samples of fatal cases.<sup>11–14</sup> This method can effectively purify blood from various contaminants. One of the main advantages of this new technique with respect to liquid/liquid extraction is that it gives cleaner extract, also facilitated due to the ease of isolating the organic layer and the absence of emulsions.<sup>15–18</sup> Roughly speaking, QuEChERS consists of adding salts to the analyzed matrix, previously mixed in a polar solvent (acetonitrile), and then performing a dispersive clean-up by adding some adsorbent, such as octadecyl bonded silica (C18), primary secondary amine (PSA), and graphitized carbon black (GCB) materials.<sup>19</sup>

Although in the original QuEChERS method, the samples were extracted by two different steps, we developed a simplified and similar QuEChERS method without the first step of adding salts, instead using non-aqueous solution ethyl acetate, which

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we here call the improved liquid–liquid extraction by modified magnetic nanoparticles for blood samples. This simplified method only makes use of functional magnetic clean-up nanospheres to purify the impurities from the blood matrix without the need for a centrifugal step. In recent decades, the application of magnetic nanomaterials as a sorbent in the clean-up or SPE procedure has attracted remarkable interest due to their high adsorption capacity as a consequence of the high surface area-to-volume ratio of the sorbent.<sup>20</sup> Due to their simple-phase separation in extraction, magnetic Fe<sub>3</sub>O<sub>4</sub> nanoparticles as well as magnetic Fe<sub>3</sub>O<sub>4</sub> nanoparticles modified with 3-(*N,N*-diethylamino)propyltrimethoxysilane or ZrO<sub>2</sub> were synthesized and utilized as clean-up adsorbents to determine the multipesticides residue in blood, vegetables, fruits, grains, and earthworms.<sup>21,22</sup> In addition to Fe(III) and Zr(IV), metal oxides may also be applied to selectively concentrate phosphopeptides from complex samples, because analytes possessing phosphate functional groups can self-assemble onto the surfaces of metal oxide particles. Especially, nanocrystalline titanium dioxide has been employed for the extraction of phosphates, phospholipids, and phosphopeptides for better coordination between the phosphate and metal ions.<sup>23</sup>

In this study, we used mesoporous TiO<sub>2</sub>-modified Fe<sub>3</sub>O<sub>4</sub> to further improve the affinity and capacity of adsorbents, because mesoporous materials possess regular pore structures, which are useful for material adsorption, storage, and selection based on the enhanced surface area.<sup>24</sup> A rapid method to detect and quantify eight commonly used drugs in blood is presented herein involving improved liquid–liquid extraction by modified magnetic nanoparticles. The magnetic clean-up nanospheres were successfully synthesized and utilized to extract the blood species, obtaining acceptable recoveries. This simple extraction procedure minimized the matrix effects, such as the lipid co-extractives phosphatidic acid and fatty acids, which are major interferences in HPLC-MS analysis by causing ion suppression. The method was validated using an internal standard to evaluate the linearity, intra- and interday reproducibility, and for recovery the studies of 55 blood samples. The matrix effects (MEs) were also evaluated with good results for the target compounds. To the best of our knowledge, this work represents the first approach for the analysis of drugs in blood using modified mesoporous magnetic particles, thus providing a rapid, sensitive, and selective analytical methodology for forensic toxicological measurements.

## 2. Materials and methods

### 2.1 Reagents and equipment

1.0 mg mL<sup>-1</sup> of estazolam, 1.0 mg mL<sup>-1</sup> of zolpidem, 1.0 mg mL<sup>-1</sup> of clozapine, 1.0 mg mL<sup>-1</sup> of triazolam, 1.0 mg mL<sup>-1</sup> of alprazolam, 1.0 mg mL<sup>-1</sup> of nimetazepam, 1.0 mg mL<sup>-1</sup> of meperidine, 1.0 mg mL<sup>-1</sup> of methadone were obtained from the National Institute for Food and Drug control (Beijing, China) and Cerilliant Corporation (Darmstadt, Germany). The acetone, methanol, ethanol, acetonitrile, ethyl acetate, ethylene glycol, sodium acetate, ferric chloride, trisodium citrate, dimethylformamide, isopropanol, and titanium butoxide were purchased from Beijing

Chemicals Corporation (Beijing, China). The syringe filters were purchased from Xingya (Shanghai). All other chemicals were used as received without further purification.

Scanning electron microscopy (SEM) images were recorded on a S3400N scanning electron microscope (Hitachi, Japan) operating at 20 kV. Energy dispersive spectroscopy (EDS) analysis was performed on the surface of the nanomaterials to obtain the composition. A thin gold film was sprayed on the sample before measurement. Transmission electron microscopy (TEM) images were taken with a JEOL 2011 microscope (Japan) operated at 200 kV. Samples were first dispersed in ethanol and then collected using carbon-film-covered copper grids for analysis. Infrared spectra were recorded by a Nicolet 6700 FT-IR spectrophotometer (Nicolet, USA) using KBr pellets. The magnetic properties were analyzed through a vibrating sample magnetometer (Quantum Design, USA). The Quantachrome Quadrasorb SIII instrument was used to examine the specific surface area of the samples by Brunauer–Emmett–Teller (BET) measurements of the N<sub>2</sub> adsorption–desorption isotherms.

### 2.2 Preparation of the standard solutions

Stock solutions of estazolam, zolpidem, clozapine, triazolam, alprazolam, nimetazepam, meperidine, and methadone were diluted with acetonitrile to 100 µg mL<sup>-1</sup>. The mixed working solutions were prepared in methanol at 10 µg mL<sup>-1</sup>. The blood samples obtained from the subjects in the cases accepted by Shanghai Institute of Forensic Science of 100 µL containing estazolam, zolpidem, clozapine, triazolam, alprazolam, nimetazepam, meperidine, and methadone at 20 and 100 ng mL<sup>-1</sup> were prepared. The internal standard working solutions for blood samples containing benzoylecgonine-d<sup>3</sup>(BE-d<sup>3</sup>) and nor-cocaine-d<sup>3</sup> (NC-d<sup>3</sup>) were prepared in methanol at 100 ng mL<sup>-1</sup>. All the solutions were stored at 4 °C.

### 2.3 Chromatography conditions

Chromatographic separation was performed on an Agilent HPLC 1200 system with a C18 column (Agilent Eclipse XDB C18, 4.5 mm × 150 mm, 5 µm) equipped with a guard column (Agilent Eclipse XDB C18, 4.5 mm × 12.5 mm, 5 µm), a G1311A quaternary pump, a G1329A autosampler, and a G1316A column oven.

The mobile phase was composed of solvent A (2 mM ammonium formate and 0.05% formic acid in water) and solvent B (2 mM ammonium formate and 0.05% formic acid in acetonitrile). The column was maintained at 45 °C and eluted with a gradient of 10% B (0–1 min), 10–30% B (1–2 min), 30–50% B (2–6 min), 50–70% B (6–13 min), and 70–95% B (13–13.5 min), and the column was then flushed with 95% B (13.5–16.5 min), 95–10% B (16.5–18 min). The total run time was 18 min at a flow rate of 0.20 mL min<sup>-1</sup>. The temperature of the auto-sampler prior to analysis was maintained at 8 °C. The injection volume was fixed at 5 µL in the partial loop with the needle overfill mode.

### 2.4 Mass spectrometric conditions

Mass spectrometry was performed on an AB SCIEX API 4000 linear ion QTRAP quadrupole mass spectrometer (USA) equipped



with an electrospray ionization (ESI) interface in the positive ion mode. The tandem mass spectrometer was operated under the multiple reaction monitoring mode, Q1 and Q3. Diluted stock solutions of each analyte and the internal standards were prepared in order to obtain the appropriate multiple reaction monitoring mode parameters. The optimal parameters were as follows: ion spray voltage, 5500 V; entrance potential, 10 V; collision cell exit potential, 10 V; curtain gas flow, 30 psi; nebulizer gas and heating gas pressures (GS1 and GS2), 50 and 60 psi, respectively, the collisional activated dissociation gas setting was medium, and the source temperature was set at 600 °C. The cone voltage (CV) was optimized to get the maximum intensity of the protonated molecular species  $[M + H]^+$ . The specific parameters for each analyte are shown in Table 1.

### 2.5 Synthesis of the magnetic clean-up nanospheres

The superparamagnetic  $Fe_3O_4$  particles were prepared according to a solvothermal reaction.<sup>25</sup> Typically,  $FeCl_3$  (1.65 g, 10.0 mmol) and trisodium citrate (0.40 g, 1.36 mmol) were first dissolved in ethylene glycol (40 mL), and afterward, sodium acetate (2.40 g) was added with stirring. The mixture was stirred vigorously for 30 min and then sealed in a Teflon-lined stainless-steel autoclave (50 mL capacity). The autoclave was heated at 200 °C and maintained for 10 h, and then allowed to cool to room temperature. The black products were washed with ethanol and water three times.

The preparation procedure of  $Fe_3O_4@TiO_2$  included the following steps. First, the as-synthesized  $Fe_3O_4$  (200 mg) was dispersed in dimethylformamide (45 mL) and isopropanol (130 mL) under ultrasonication for 10 min. Then, titanium butoxide (10 mL) was added to the above mixture. The mixture was stirred vigorously for 10 min and then sealed in a Teflon-lined stainless-steel autoclave (200 mL capacity). The autoclave was heated at 200 °C and maintained for 10 h, and then allowed to cool to room temperature. The final products were washed with ethanol and water, and then dried overnight at 60 °C.

### 2.6 Sample preparation and preprocessing process

For the present study, standard solutions were added into 100  $\mu$ L anticoagulant blood samples in glass centrifuge tubes, which were then stored at 4 °C in the dark. Consequently, 10 mg magnetic clean-up nanospheres, 100  $\mu$ L of 5% ammonium hydroxide–ammonium acetate solution (pH 12.0), and 1 mL ethyl acetate were accordingly mixed into the blood samples solutions for about 10 min. Subsequently, a strong magnet was placed at the bottom of the centrifuge tube so that  $\sim$ 900  $\mu$ L supernatant was carefully transferred and dried with nitrogen and then redissolved in 100  $\mu$ L of methanol. Finally, 5  $\mu$ L of this solution was injected into the HPLC-MS system for analysis.

### 2.7 Method validation

The working standard mixture solution at a concentration of 10  $\mu$ g  $mL^{-1}$  was prepared by appropriate dilution of the stock standard solutions with methanol. These solutions were stored at 4 °C in the dark. Spiked recoveries for assessing the method precision and accuracy and matrix effects were performed at concentrations of 20 and 100  $ng\ mL^{-1}$  for 8 drugs in anticoagulant blood samples. The spiked samples were homogenized in a tube and stored at 4 °C for about 24 h. The method was evaluated by linearity, LOD and LOQ, precision, and accuracy. Calibration standards in acetonitrile with concentrations of 2.0, 5.0, 10.0, 20.0, 50.0, 100.0, 200.0, 300.0, and 500.0  $ng\ mL^{-1}$  were prepared for the calibration curves. The limit of detection (LOD) and the limit of quantification (LOQ) were determined based on a signal-to-noise ratio of 3 ( $S/N = 3$ ) and 10 ( $S/N = 10$ ), respectively.

### 2.8 Precision and accuracy

Three validation batches were assayed to assess the accuracy and precision of the method. Each batch included a set of calibration standards and four replicates of spiked samples at two concentration levels (20.0 and 100.0  $ng\ mL^{-1}$ ), and was processed on three separate days. Intra-assay precision was

Table 1 Optimum mass spectrometry (MS) conditions used for the determination of 8 drugs

Compound	$[M + H]^+$ ( $m/z$ )	Retention time (min)	Collision energy (eV)	Quantitation ( $m/z$ )	Scan time (s)
Estazolam	295.1	9.41	35	267.4	0.3
			55	205.1	
Zolpidem	308.2	8.02	36	263.2	0.3
			51	235.2	
Clozapine	327.1	8.17	33	270.2	0.3
			63	192.1	
Triazolam	344.1	9.62	37	308.3	0.3
			60	239.2	
Alprazolam	309.2	9.54	58	205.2	0.3
			37	281.2	
Nimetazepam	296.1	10.34	36	250.1	0.3
			31	268.1	
Meperidine	248.2	8.00	31	220.1	0.3
			30	174.3	
Methadone	310.5	8.85	22	265.4	0.3
			42	105.2	



evaluated by replicate ( $n = 5$ ) analysis of the spiked samples in one run. Inter-assay precision was evaluated by replicate analysis of the spiked samples in the experiments performed on three different days. The accuracy of the assay was expressed by comparing the calculated concentrations of the spiked samples to their respective nominal values  $\times 100\%$  and the precision was evaluated by the relative standard deviation (RSD).

### 3. Results and discussion

#### 3.1 Characterization of the magnetic clean-up sorbent

**3.1.1 SEM/EDS, TEM, and BET analyses.** The detailed morphological and structural features of the as-prepared magnetic clean-up sorbents were characterized using SEM/EDS, TEM, and BET. The SEM images of the  $\text{Fe}_3\text{O}_4$  in Fig. 1A indicate that they were well-dispersed spherical particles with the average size of 400 nm, composed of many nanoparticles reunited. After coating with a shell of  $\text{TiO}_2$  *via* the solvothermal process, the obtained nanospheres showed a flower-like mesoporous surface (Fig. 1B) and an increased diameter. The TEM images (Fig. 1C and D) revealed that the microspheres had a well-defined core-shell structure. After coating with mesoporous  $\text{TiO}_2$  shells, the overall thickness of the  $\text{TiO}_2$  shell was about 30 nm. The surface element distribution of  $\text{Fe}_3\text{O}_4@$ - $\text{mTiO}_2$  (Fig. S1(A)<sup>†</sup>) was further investigated by EDS analysis (Fig. S1(B) and (C)<sup>†</sup>). In the corresponding EDS image, the existence of Fe, Ti, O, and C elements could be clearly confirmed.

The  $\text{N}_2$  adsorption–desorption measurements were carried out for the activated  $\text{Fe}_3\text{O}_4@$  $\text{TiO}_2$  particles samples in order to evaluate the permanent porosity. The particles exhibits reversible type IV isotherms (Fig. S2<sup>†</sup>), which is one of the main characteristics of mesoporous materials. The surface area and pore diameter were calculated to be  $38.735 \text{ m}^2 \text{ g}^{-1}$  and 3.933 nm. Specifically, the  $\text{Fe}_3\text{O}_4@$  $\text{TiO}_2$  particles in the aqueous solutions had electric charges due to the (de)protonation of the acid–base surface hydroxyl groups by the dissociative chemisorption of water molecules. The charges adsorbed anions and cations from the phosphatidic acid and fatty acids to maintain electric neutrality, resulting in ion exchange.<sup>26</sup>  $\text{TiO}_2$  can be expressed as a Lewis acid in solution for its cation-exchange tendency and can absorb Lewis base groups from phosphatidic acid and fatty acid compounds under alkaline conditions.<sup>27</sup> Notably, the mesoporous shell structure of the  $\text{Fe}_3\text{O}_4@$  $\text{mTiO}_2$  microspheres not only possessed a high specific surface and amount of affinity sites to ensure the high loading capacity of phosphatidic acid and fatty acids but also provided large pores for protein and other matrix interferences to ingress and small pores to allow diffusion of the reactants and resulting digests.

**3.1.2 Fourier-transform infrared spectroscopy, vibrating sample magnetometer analysis, and X-ray diffraction.** Detailed morphological analysis by FT-IR of the  $\text{Fe}_3\text{O}_4$  and  $\text{Fe}_3\text{O}_4@$ - $\text{mTiO}_2$  microspheres was performed and the results are presented in Fig. 2A. The adsorption band of Fe–O was found at  $570 \text{ cm}^{-1}$  and the stretching vibration of Ti–O bonds of the

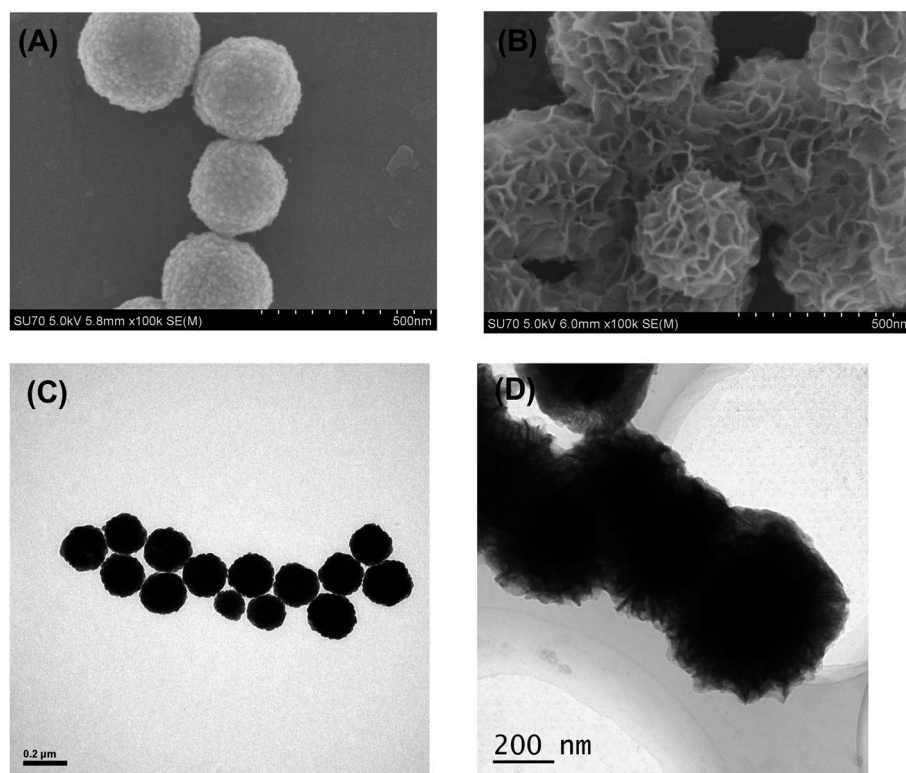


Fig. 1 SEM images of (A)  $\text{Fe}_3\text{O}_4$ ; (B)  $\text{Fe}_3\text{O}_4@$  $\text{mTiO}_2$ ; TEM images of (C)  $\text{Fe}_3\text{O}_4$ ; (D)  $\text{Fe}_3\text{O}_4@$  $\text{mTiO}_2$ .



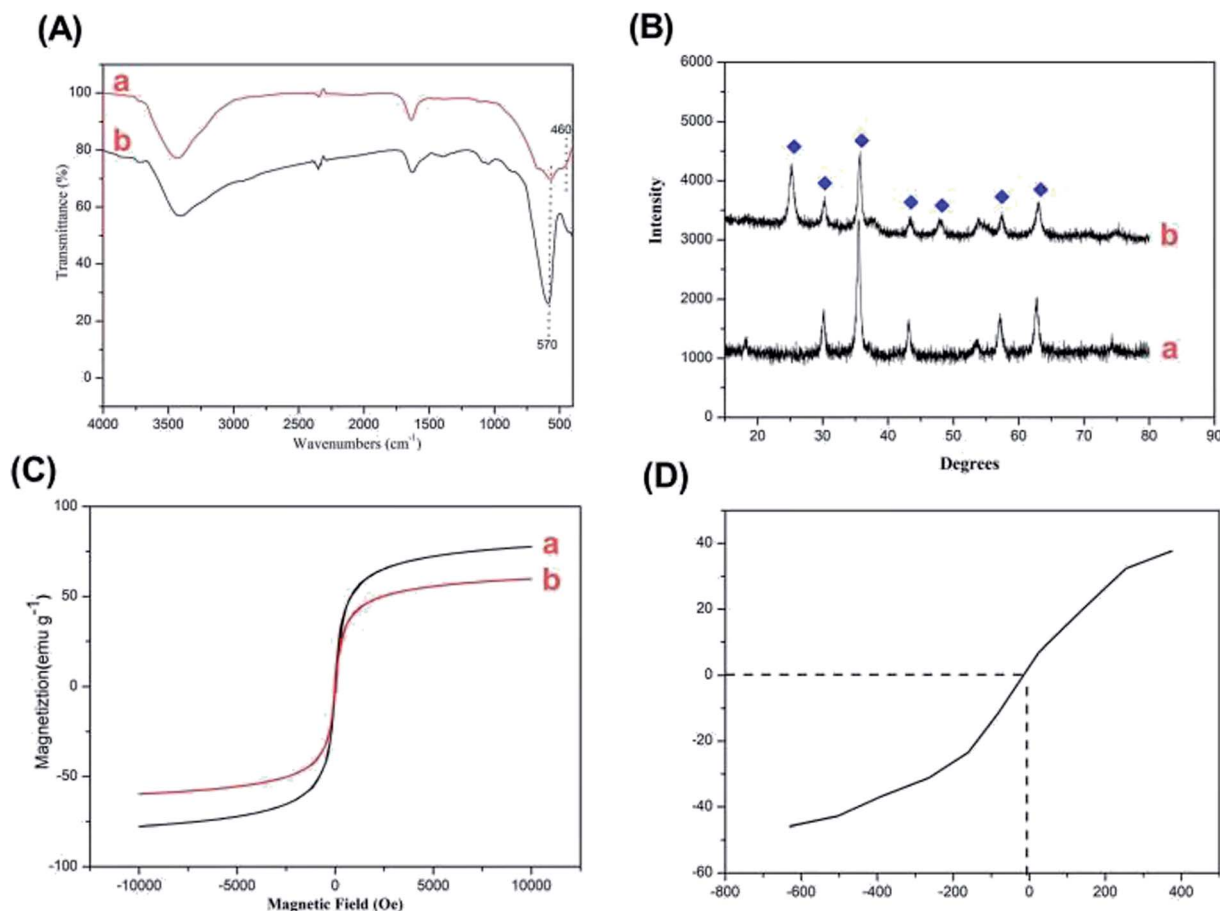


Fig. 2 IR images of (A(a))  $\text{Fe}_3\text{O}_4@m\text{TiO}_2$ ; (A(b))  $\text{Fe}_3\text{O}_4$ ; XRD images of (B(a))  $\text{Fe}_3\text{O}_4$ ; (B(b))  $\text{Fe}_3\text{O}_4@m\text{TiO}_2$ ; VSM images of (C(a))  $\text{Fe}_3\text{O}_4$ ; (C(b))  $\text{Fe}_3\text{O}_4@m\text{TiO}_2$ ; VSM images of (D)  $\text{Fe}_3\text{O}_4@m\text{TiO}_2$ .

mesoporous shell was represented at  $460\text{ cm}^{-1}$ , indicative of the formation of a  $\text{TiO}_2$  layer on the surface of  $\text{Fe}_3\text{O}_4$ . The crystal structure of  $\text{Fe}_3\text{O}_4$  and  $\text{Fe}_3\text{O}_4@m\text{TiO}_2$  was further verified by powder X-ray diffraction (XRD). By comparing  $\text{Fe}_3\text{O}_4$  (Fig. 2B(a)) and  $\text{Fe}_3\text{O}_4@m\text{TiO}_2$  (Fig. 2B(b)), except for the characteristic diffraction peaks of  $\text{Fe}_3\text{O}_4$  (they have characteristic diffraction peaks of  $\text{TiO}_2$  (JCPDS card no. 21-1272) (marked asterisk)) could also be found in  $\text{Fe}_3\text{O}_4@m\text{TiO}_2$ . This confirmed the formation of  $m\text{TiO}_2$  on the  $\text{Fe}_3\text{O}_4$ . The magnetic properties of  $\text{Fe}_3\text{O}_4$  and  $\text{Fe}_3\text{O}_4@m\text{TiO}_2$  in this study were investigated by measuring the hysteresis loop at room temperature using VSM. As shown in Fig. 2D, magnetic hysteresis loops of all the samples were past 0 Oe at 300 K, indicating a typical superparamagnetic behavior of  $\text{Fe}_3\text{O}_4@m\text{TiO}_2$ . The maximum saturation magnetization (Fig. 2C) of  $\text{Fe}_3\text{O}_4@m\text{TiO}_2$  was  $53.2\text{ emu g}^{-1}$ , which was lower than that of magnetic  $\text{Fe}_3\text{O}_4$  ( $77.2\text{ emu g}^{-1}$ ). This might be attributed to the non-magnetic surface of  $\text{TiO}_2$ . The  $\text{Fe}_3\text{O}_4@m\text{TiO}_2$  in their homogeneous dispersion showed a fast moment to the applied magnetic field and redispersed quickly with slight shaking once the magnetic field was removed, showing excellent magnetic responsivity and redispersibility.

### 3.2 Optimization of the magnetic $\text{Fe}_3\text{O}_4@m\text{TiO}_2$ improved the liquid-liquid extraction conditions

**3.2.1 Amount of the  $\text{Fe}_3\text{O}_4@m\text{TiO}_2$  needed for the target recovery rate.** When designing the optimization experiments for the magnetic improved liquid-liquid extraction, a primary consideration was to employ a suitable amount of the  $\text{Fe}_3\text{O}_4@m\text{TiO}_2$  without affecting the recoveries of drugs in human blood, but which could guarantee good clean-up efficiency. For this purpose, batch experiments were performed with  $100\text{ }\mu\text{L}$  anticoagulant blood samples spiked with 8 drugs at 20 and  $100\text{ ng mL}^{-1}$  at pH 12 and using various amount of magnetic clean-up nanospheres (from 2 to 50 mg). The results are shown in Fig. 3A. A clear trend was obvious in the recovery when increasing the magnetic clean-up nanospheres amount from 2 to 50 mg. By increasing the amount of the nanospheres to 2–20 mg, satisfactory recovery of the 8 drugs was consistent in the range of 76.5–96.8%. Further increasing the nanospheres amount reduces the recovery efficiency of the target. These findings indicated that 2–20 mg of nanospheres was suitable for purifying the impurities.

**3.2.2 Influence of the pH value on the target recovery rate.** The pH value affects the proportion of target in the two phases. Therefore, the pH effect on the drugs' extraction efficiency was



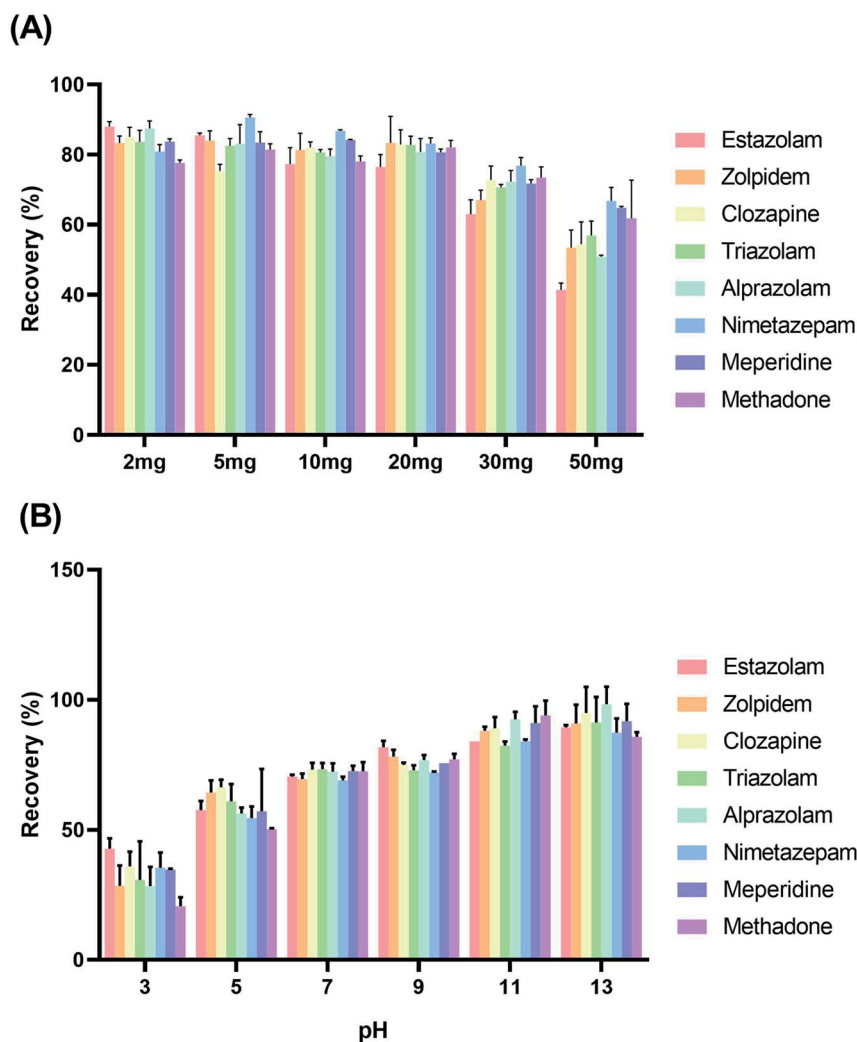


Fig. 3 (A) Effects of the amount of the magnetic clean-up nanospheres on the recoveries of 8 drugs with pH 12; (B) effects of the pH value on the recoveries of 8 drugs with 10 mg nanospheres.

investigated by varying the solution pH from 3.0 to 13.0 with a 10 mg addition of  $\text{Fe}_3\text{O}_4@\text{mTiO}_2$ . As shown in Fig. 3B, it is obvious that the recovery of drugs increased with the increase in pH value. These results demonstrated that the target was easier to separate from the aqueous phase into the organic phase under alkaline conditions, especially strong basic solution. Recovery of the 8 drugs was consistent in the range of 83.55–106.8% when the pH was between 11 and 13. Finally, we selected 100  $\mu\text{L}$  5% ammonium hydroxide–ammonium acetate solution (pH 12.0) as the pH adjuster for 100  $\mu\text{L}$  anticoagulant blood samples.

### 3.3 Removal of the matrix interference

**3.3.1 Amount of the  $\text{Fe}_3\text{O}_4@\text{mTiO}_2$  needed for the clean-up of phosphatidic acid and fatty acids.** In the study, one of the main considerations was to develop a simple and fast procedure without affecting the recoveries of the drugs. Therefore, the effect of the clean-up time and the recovery was studied. Batch experiments were performed by mixing 2–10 mg of magnetic clean-up nanospheres with 100  $\mu\text{L}$  of blood sample with various

clean-up times and amounts of the magnetic clean-up nanospheres. In Fig. 4, the black line represents the spiked phosphatidic acid (RT: 10.07 min) and fatty acids (RT: 14.76 min) in ethyl acetate without purified with  $\text{Fe}_3\text{O}_4@\text{mTiO}_2$ . The red, blue, purple lines represent phosphatidic acid and fatty acids after pretreatment with  $\text{Fe}_3\text{O}_4@\text{mTiO}_2$  at 2, 5, 10 mg, respectively. From Fig. 4, it can be obviously seen that the content of phosphatidic acid and fatty acids largely decreased after purification with  $\text{Fe}_3\text{O}_4@\text{mTiO}_2$ . Their concentrations were all at the ppb and ppt trace level, illustrating that  $\text{Fe}_3\text{O}_4@\text{mTiO}_2$  could effectively adsorb the phosphatidic acid and fatty acids in the ethyl acetate phase. However, the removal of phosphatidic acid and fatty acid was related to the amount of  $\text{Fe}_3\text{O}_4@\text{mTiO}_2$  in the purification. A higher dosage could give rise to a better removal efficiency. However, we also considered the influence of the magnetic clean-up nanospheres on the recovery rate of the target. In the end, 10 mg of magnetic clean-up nanospheres was used as the best condition. The clean-up time is also a key reaction parameter. Due to the rapid reaction kinetics of nanoscale magnetic particles, they can be uniformly dispersed

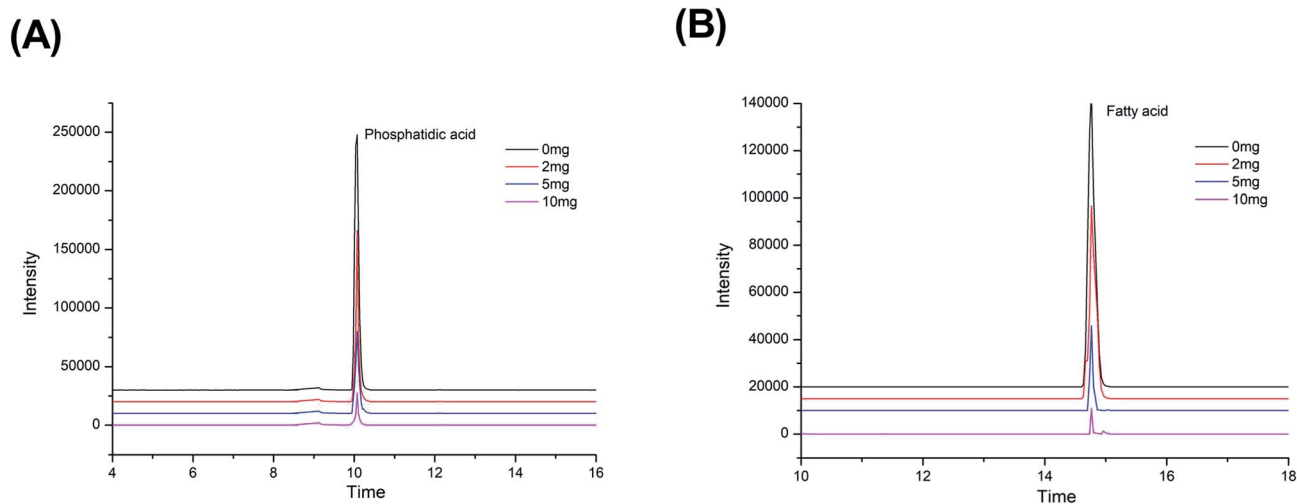


Fig. 4 (A) Effects of the amount of magnetic clean-up nanospheres for the clean-up of phosphatidic acids in 100  $\mu$ L blood; (B) effects of the amount of magnetic clean-up nanospheres for the clean-up of fatty acids in 100  $\mu$ L blood.

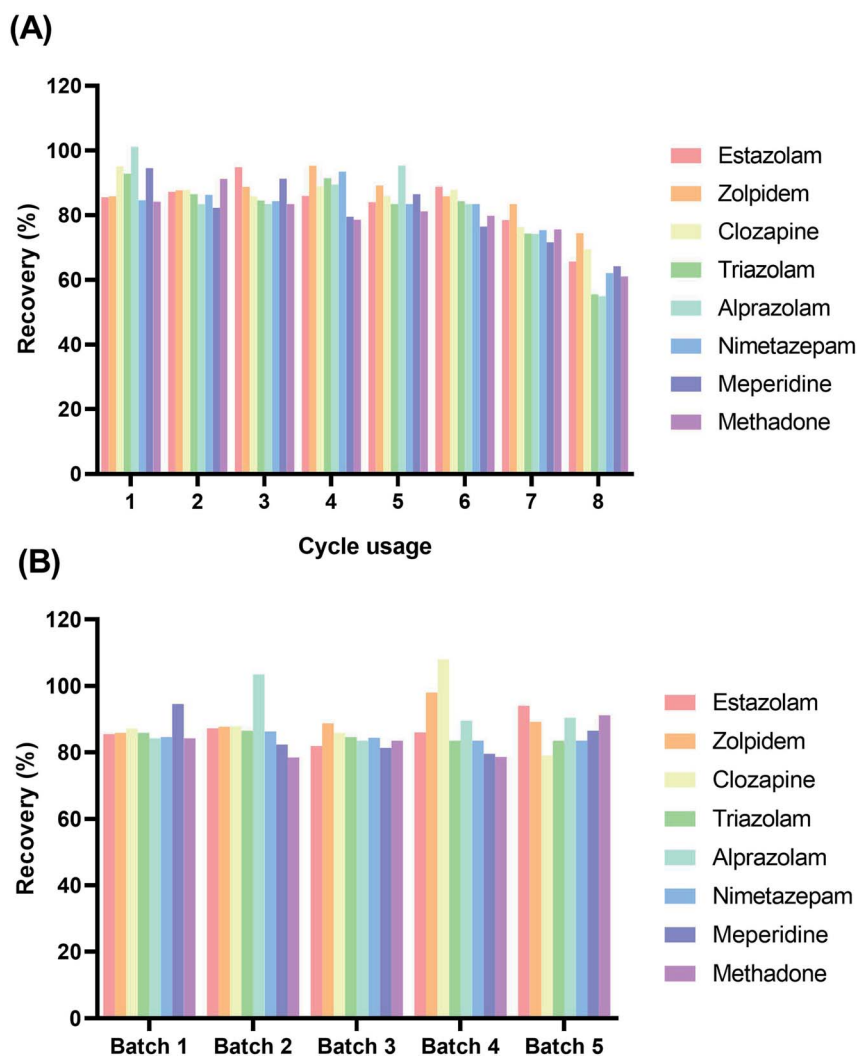


Fig. 5 (A) Recycling of the magnetic clean-up nanospheres on the blood samples by spiking 8 drugs at a concentration of 100.0 ng mL; (B) recoveries of 8 drugs by the five batches of the magnetic clean-up nanospheres.



in both aqueous and organic phases, and more than 95% of the phosphatidic acid and fatty acids could be removed in only 10 minutes.

### 3.4 Recycling and reproducibility of Fe<sub>3</sub>O<sub>4</sub>@mTiO<sub>2</sub>

The Fe<sub>3</sub>O<sub>4</sub>@mTiO<sub>2</sub> could be regenerated by treating the adsorbents sequentially by ultrasonic washing with acetone, ethanol, and water. The Fe<sub>3</sub>O<sub>4</sub>@mTiO<sub>2</sub> was dried at 60 °C again in vacuum for its next use. In our study, the effectiveness of the regeneration of Fe<sub>3</sub>O<sub>4</sub>@mTiO<sub>2</sub> on the blood samples was evaluated by spiking eight drugs at a concentration of 100.0 ng mL<sup>-1</sup> and two internal standard working solutions. The results are shown in Fig. 5A. The Fe<sub>3</sub>O<sub>4</sub>@mTiO<sub>2</sub> could be reused at least six times without much sacrificing the recoveries (>77.9%). Furthermore, the batch stability of the Fe<sub>3</sub>O<sub>4</sub>@mTiO<sub>2</sub> was also evaluated. Fig. 5B displays the recoveries of the eight drugs by the five batches of Fe<sub>3</sub>O<sub>4</sub>@mTiO<sub>2</sub>, which indicated that the absolute deviation in the recovery of each drug from the five batches was <12.5%. All the results demonstrated that the preparation of the Fe<sub>3</sub>O<sub>4</sub>@mTiO<sub>2</sub> had satisfactory reproducibility and repeatability.

### 3.5 Verification of the proposed method

For the analysis of anticoagulant blood samples, the linearity of calibration curves made by peak area (*y*) versus concentration (*x*,

ng mL<sup>-1</sup>) was studied using calibration standards in anticoagulant blood samples at nine concentrations of 2.0, 5.0, 10.0, 20.0, 50.0, 100.0, 200.0, 300.0, and 500.0 ng mL<sup>-1</sup>. Under the optimized condition, the linearities for eight drugs in the anticoagulant blood samples were in the range of 2–500 ng mL<sup>-1</sup> with correlation coefficients (*r*) of more than 0.9944, as shown in Table 2. The LOD and LOQ, which were calculated on the analysis of the eight drugs in blank extracts spiked at a low level (0.01, 0.05, 0.1, 0.25, 0.5, and 1.0 ng mL<sup>-1</sup>) in blank samples that yielded an S/N ratio of 3 and 10, were in the range of 0.04–0.33 and 0.14–1.03 ng mL<sup>-1</sup>, respectively. The stability, accuracy, and precision were assessed based on the analysis of the eight drugs spiked at 20.0 and 100.0 ng mL<sup>-1</sup> in blank blood samples. Table 2 shows that the majority of the mean recoveries were in the range of 79.5–99.9% at the two spiking levels, wherein the associated intraday RSDs varied from 2.2% to 9.9% and the interday RSDs varied from 6.4% to 11.2%.

Furthermore, a comparison study among different methods in the literature for blood sample preparation was also picked out, and the results are shown in Table 3. Comparing the proposed procedure with other procedures, the improved liquid–liquid extraction does not need to be packed into the SPE cartridge but can be dispersed in the sample extraction instead. The proposed method gives a faster way for cleaning blood samples and provides a relatively lower LOD. This good

Table 2 Linear ranges, correlation coefficient (*r*), (LOD), LOQ, intraday/interday variation, recovery and RSD for 8 drugs studied

Analytes	Linear range ng mL <sup>-1</sup>	<i>r</i>	LOD (ng mL <sup>-1</sup> )	LOQ (ng mL <sup>-1</sup> )	Intra-day/inter-day variation (%)	Recovery <sup>a</sup> (%)	
						20 ng mL <sup>-1</sup> (%RSD)	100 ng mL <sup>-1</sup> (%RSD)
Estazolam	2–500	0.9974	0.05	0.15	3.4/8.1	96.8 (9.8)	88.6 (2.4)
Zolpidem	2–500	0.9981	0.06	0.19	4.1/6.4	98.3 (2.8)	95.6 (3.9)
Clozapine	2–500	0.9969	0.21	0.62	2.2/8.6	99.3 (4.3)	99.9 (1.3)
Triazolam	2–500	0.9944	0.14	0.45	5.1/6.4	89.3 (5.8)	85.3 (4.7)
Alprazolam	2–500	0.9962	0.33	1.03	4.5/7.4	81.1 (2.4)	98.3 (9.9)
Nimetazepam	2–500	0.9992	0.08	0.32	3.3/11.2	93.3 (5.6)	95.3 (10.4)
Meperidine	2–500	0.9983	0.04	0.14	9.9/8.2	80.3 (5.7)	89.1 (4.6)
Methadone	2–500	0.9946	0.10	0.34	5.3/7.6	79.5 (6.1)	87.2 (7.1)

<sup>a</sup> Spiked at 20 ng mL<sup>-1</sup>. <sup>b</sup> Spiked at 100 ng mL<sup>-1</sup>.

Table 3 Method comparisons for analysis in real sample

Sample	Extraction method	Adsorbent	Detecting instrument	Pretreatment time	Method LOD, (ng mL <sup>-1</sup> ) recoveries	Reference
Blood	SPE	Oasis MCX	UHPLC-QTOF-MS/MS	90 min	0.2–16 41–114.3%	28
Blood	Automated SPE	Hysphere MM anion	LC-MS/MS	~30 min	3–16 —	29
Hair	SPE	MCX, Oasis,	LC-ESI-MS/MS	80 min	5–30 —	30
Urine	SPE	Unkown	GC-MS	60 min	~1 >80%	31
Plasma	SPE	C18, HLB	LC-MS/MS	65 min	— 71–92/4%	32
Blood	Magnetic-LLE	Magnetic adsorbents	HPLC-MS	15 min	0.14–1.03 79.5–113.2%	This work





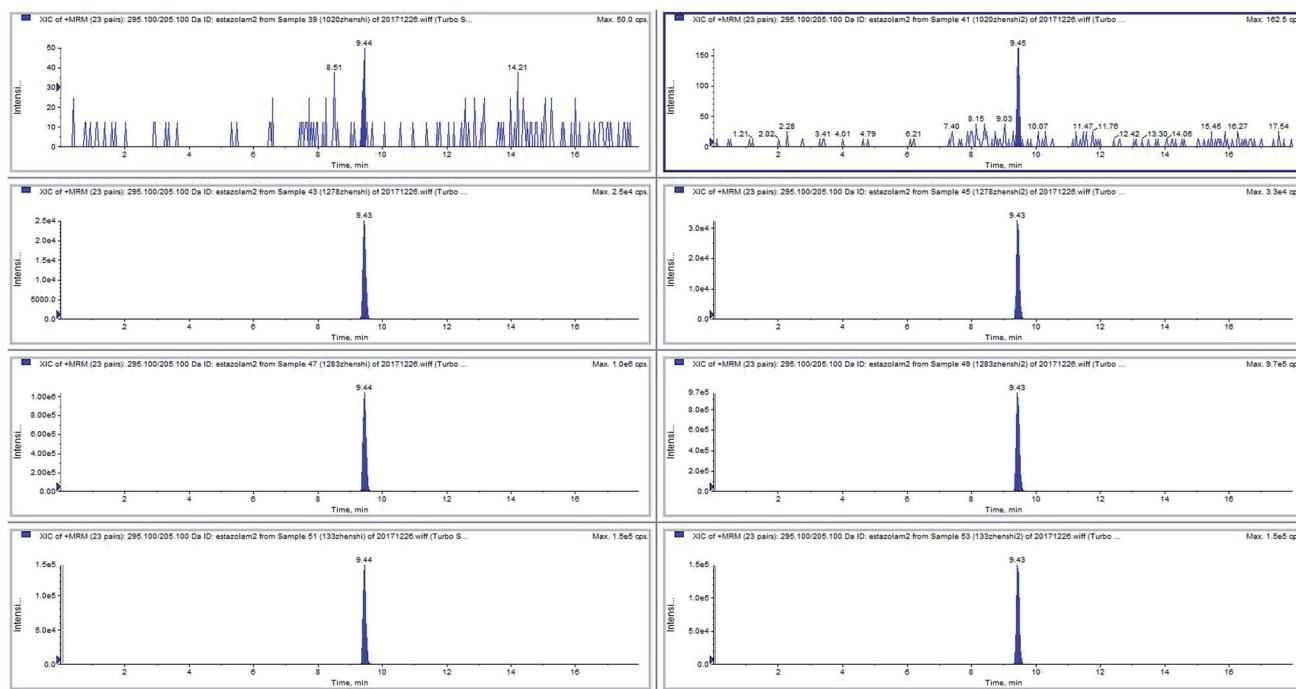


Fig. 6 A HPLC-MS of real case samples, negative samples 39 and 41 (two parallel samples from the same person) for estazolam; positive samples 43 and 45, samples 47 and 49, samples 51 and 53 for estazolam.

performance was due to the larger specific surface area and selective absorption ability of the absorbent.

### 3.6 Application to real case samples

Some positive samples and negative samples were selected ( $n = 55$ , stored at  $-20\text{ }^{\circ}\text{C}$ ) during the four years period of 2017–2020. The traditional method used liquid–liquid extraction pre-processing, which was cumbersome. Using our improved magnetic liquid–liquid extraction pre-processing method, the pre-processing of multiple samples could be performed in one experiment, and the drug residues in trace blood samples could be quantitatively analyzed. The data showed that the quantitative value of the positive sample was slightly different from that of the previous positive sample. It may be that the sample had been stored for too long and the target analyte had degraded, but the composite rate of the positive sample and negative sample were highly consistent, which indicated the robustness of this method. The test results of samples 39 and 41 (two parallel samples from the same person) were negative for estazolam. Samples 43 and 45 (two parallel samples from the same person), samples 47 and 49 (two parallel samples from the same person), and samples 51 and 53 (two parallel samples from the same person) were positive for estazolam (Fig. 6).

## 4. Conclusion

The development, optimization, and validation of an analytical methodology for the determination of eight drugs through cleaning up blood samples with  $\text{Fe}_3\text{O}_4@\text{mTiO}_2$  adsorbents were the main objectives of this study. For this purpose, the

improved liquid–liquid extraction procedure with  $\text{Fe}_3\text{O}_4@\text{mTiO}_2$  magnetic nanoparticles followed by HPLC-MS was successfully applied for the target analytes' analysis. This simple extraction procedure could not only minimize the blood matrix effects, such as the lipid co-extractives phosphatidic acid and fatty acids, which are major interferences in HPLC-MS analysis in causing ion suppression, but also possessed many advantages, including a high adsorption capacity, low solvent consumption, low cost, and easy operation. Simultaneously, acceptable recoveries for the studied eight drugs ranged from 79.5–99.9% and the accuracy and precision of the proposed  $\text{Fe}_3\text{O}_4@\text{mTiO}_2$  improved liquid–liquid extraction method coupled with the HPLC-MS method were satisfactory. Furthermore, the present work provides a promising application for the analysis of other persistent drugs in complex biological samples.

## Conflicts of interest

There are no conflicts to declare.

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