Enlightening advances in polymer bioconjugate chemistry: light-based techniques for grafting to and from biomacromolecules

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Photochemistry has revolutionized the field of polymer–biomacromolecule conjugation. Ligation reactions necessitate biologically benign conditions, and photons have a significant energy advantage over what is available thermally at ambient temperature, allowing for rapid and unique reactivity. Photochemical reactions also afford many degrees of control, specifically, spatio-temporal control, light source tunability, and increased oxygen tolerance. Light-initiated polymerizations, in particular photo-atom-transfer radical polymerization (photo-ATRP) and photoinduced electron/energy transfer reversible addition–fragmentation chain transfer polymerization (PET-RAFT), have been used for grafting from proteins, DNA, and cells. Additionally, the spatio-temporal control inherent to light-mediated chemistry has been utilized for grafting biomolecules to hydrogel networks for many applications, such as 3-D cell culture. While photopolymerization has clear advantages, there are factors that require careful consideration in order to obtain optimal control. These factors include the photocatalyst system, light intensity, and wavelength. This Perspective aims to discuss recent advances of photochemistry for polymer biomacromolecule conjugation and potential considerations while tailoring these systems.

Introduction

Technologies involving proteins and enzymes comprise a rapidly expanding industrial sector. Enzymes serve as catalysts or additives in food processing, animal feedstocks, papermaking, laundry detergents, cosmetics, cleaning products, biofuels, and medicines. Biomacromolecular therapeutics have garnered particular attention because they exhibit characteristics that small molecules cannot easily replicate. In particular, they often show high target specificity and may assist in protein replacement and augmentation. While drug development is plagued with low success rates from unforeseen side effects in clinical trials, protein therapeutics have often proven more biologically benign and moved through FDA approval processes more quickly. Sales of the first FDA-approved therapeutic protein, insulin, began in 1982. Today, there are over 100 FDA approved therapeutic proteins, and a substantial portion of the top 200 prescribed drugs on the market are protein-based (20–30% in 2016–2017). This industry is still rapidly expanding, with 21 new biologic licenses approved by the FDA in 2018. Despite their utility, biological macromolecules are often digested rapidly by the body prior to excretion by the kidneys, rendering them ineffective. Also, repeated administration can trigger increased antibody formation, with serious immunogenic effects in some patients. Fortunately, the drawbacks of protein therapeutics can often be addressed by affixing a polymer “shield”. The protective attachment of poly(ethylene glycol) (PEG) to proteins has revolutionized the field of bioconjugate chemistry. Abuchowski et al. modified bovine serum albumin (BSA) and bovine liver catalase with PEG using trichloro-s-triazine in 1977. These seminal works demonstrated that protein conjugates have enhanced aqueous solubility, delayed clearance from the body, and reduced immunological response. Coupling polymers to proteins also increases the storage lifetime by limiting aggregation, a phenomenon that can lead to denaturation. Additionally, polymer–protein conjugates tend to have higher retention of activity under biologically taxing conditions: i.e., heating, freezing, lyophilisation, and other harsh but necessary processes.

The efficacy of polymer–protein conjugates in the field of medicine has been widely recognized, and by 2018 the FDA approved 14 PEG–protein conjugate drugs. These pegylated drugs (e.g., Adagen, Neulasta, Pegasyx, PEG-Intron, Oncaspar, and Somavert) are used to treat a wide range of issues including immunodeficiencies, hepatitis C, leukemia, and acromegaly.

Increased interest in these conjugates for biomedical applications necessitated advances in the development of polymer–protein conjugation chemistry. Typical conjugation methods are grafting-to, grafting-from, and grafting-through polymerizations (Fig. 1). Grafting-to involves conjugation of a pre-synthesized polymer to a biomolecule. Grafting-from involves chemically modifying the biological entity with a moiety

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capable of initiation or chain transfer, and then polymerizing
directly from the biohybrid macronitiator. Grafting-through
also involves conjugation of a small molecule species to the
biomolecule, however, in this case, the molecule (typically
vinylc in nature) serves as a comonomer in a subsequent
polymerization. This Perspective focuses on grafting-to and
grafting-from approaches, but the elementary principles of
light-based polymerization techniques discussed in the context
of grafting-from reactions also apply to grafting-through
reactions.

Common conjugation reactions for proteins include carbo-
diimide coupling (particularly with 1-ethyl-3-(3-
dimethylaminopropyl)carbodiimide (EDC)), N-hydrox-
ysuccinimide coupling (NHS), thiol–maleimide click reactions,
and disulfide bond formation (particularly with pyridyl disul-
fides). There are many exemplary reviews that discuss types of
conjugation reactions and the field of bioconjugate
synthesis.5,10,12–17

While advances in polymer–protein conjugation chemistry
continue, it should be noted that there are inherent challenges
associated with synthesizing these materials. Conjugation with
and polymerization from biological species comes with a stringent
group of requirements: the system must typically rely on no or
low metal concentrations, limited organic solvents, low
temperatures, and neutral pH values (usually 6–8). Simply, the
chemical conditions should be designed to mimic the native
environment of the biomacromolecule. In the case of proteins,
subsequent polymer grafting must not affect the 3-D structure
or block any active binding sites. Furthermore, proteins them-
selves can interfere with the polymer–protein conjugation
process. In grafting-from radical polymerization, free thiois and
amines in the amino acid backbone can cause off-target reactions
such as aminolysis of chain transfer agents or deleterious
chain transfer during polymerization. The aqueous environ-
ment can also lead to hydrolysis of reagents used for
conjugation. Nonetheless, creative solutions exist to tailor
conjugation conditions to make them more selective, mild,
water-friendly, oxygen tolerant, and robust.18,19

One innovative solution that has expanded the field of bio-
conjugation is the exploitation of photochemistry. Light
chemistry has been a staple within the biochemistry community
for decades. It initially found its place in small molecule
applications such as photoaffinity labelling (a technique for
identifying active and binding sites)20 and photodynamic
therapy.21 More recently, light has been shown to facilitate the
synthesis of well-controlled polymers under extremely mild
conditions, which serves as a significant benefit for grafting-
from polymerization systems. Light also enables spatial and
temporal control. Within grafting-to conjugations specifically,
these advantages have been exploited to achieve precise place-
ment of polymers, the creation of new biomaterials, and pho-
topatterning to form complex 3-D cell culture environments (Fig. 2).21,22 The use of light to effect polymer–protein bio-
conjugation is still developing, and the future holds numerous
opportunities for study, expansion and refinement. There is
a serious push to target conjugations to a larger variety of amino
acids, to find more bio-friendly conditions, and to explore
grafting with more complex systems, e.g., live cells.23–25 The goal
of this Perspective is to critically evaluate the benefits photo-
chemistry brings to polymer–protein conjugation, to serve as
a guide when designing such systems, and to elucidate oppor-
tunities for further development.

Benefits and caveats of photochemistry

Photopolymerizations are activated through photoexcitation
of a chromophore, the light-absorbing moiety of a photocatalyst.
During photoexcitation, an electron of the chromophore is
promoted to a higher energy orbital.26 This excited chromo-
phore can lose its newly acquired energy through conversion to
heat, luminescence emission, homolytic bond cleavage, or
energy/electron transfer to another molecule. Both homolytic
bond cleavage and energy/electron transfer to another moiety
can generate radicals that can initiate polymerization. The
probability of a certain photochemical process occurring is
proportional to the quantum yield of the reaction, an important
parameter in photopolymerizations.26

There are several types of commercially available light
sources for photopolymerization. The most common are fluo-
rescent lamps, light-emitting diodes (LEDs), and lasers. Fluor-
rescent lights are inexpensive and simple to use; however, their
emission profiles are much broader than those of the other light
sources.27 Lasers feature monochromatic emission and preci-
sion, but their widespread adoption for photopolymerization is
limited because of their greater expense. LEDs comprise a new
generation of light sources that are favored due to their narrow
emission profile, low cost, ease of use, and high performance.27,28 Another benefit of LEDs is their ability to emit light
outside the visible region of the electromagnetic spectrum,
enabling greater versatility.
Benefits of light

Light confers several significant advantages to bioconjugation chemistry: light reactions (1) often do not require exogenous radical initiators, (2) proceed rapidly at room temperature, (3) exhibit excellent source tunability, and (4) often have enhanced oxygen tolerance (Fig. 3).

The first advantage of photopolymerization is that while it can be performed using photoinitiators, it does not necessitate the addition of exogenous radical initiators, i.e., radical initiating species that are not bound to the protein. Exogenous radical initiators will inherently initiate and cap a small percentage of chains, resulting in “dead” chains that cannot react further (albeit alternate termination mechanisms such as combination and disproportionation will also result in “dead” chains). This becomes a particular issue during chain extensions to form block copolymers. If a portion of the first block has terminated, then those chains cannot be extended. As the second block is being formed, exogenous radicals can also initiate new chains of the second monomer, leading to a small number of homopolymers of each block. The same phenomenon causes issues when synthesizing bioconjugates through grafting-from polymerizations. When grafting-from a protein, exogenous radical initiators lead to a small number of initiator-derived chains that are free in solution rather than covalently bound to the protein, thus making purification more difficult.

The second advantage light confers is a rapid rate of polymerization at room temperature, even at relatively low monomer concentrations. At 25 °C, the energy available in a photon at wavelengths relevant for photopolymerization is much greater than the thermal energy available. When performing reactions in the presence of proteins, polynucleotides, or cells, it is important to keep the temperature low and the reaction rate rapid to maintain the structural and functional integrity of biological molecules and tissues. Biologically relevant temperatures are near ambient temperature (30 °C). Heating biomacromolecules to higher temperatures may result in aggregation and loss of function, although enhanced tolerance to heat can be achieved by attachment of polymers in some cases. To compensate for the inability to use the high...
temperatures needed for most controlled radical polymerizations, higher concentrations of the radical initiator are needed at lower temperatures to offset the slower reaction rates. Alternatively, radical initiators with lower half-life temperatures are used in concentrations 5 to 25 times higher than in a traditional polymerization, which can be problematic due to side reactions that may arise (vide supra).

High concentrations of monomers and other organic compounds can cause protein denaturation and cell death, although altering the identity of the monomer does change the cellular toxicity. A general guideline suggests that for biomacromolecular conjugation reactions the total organic content should not exceed 20% of the total volume of the reaction. Decreasing the monomer concentration typically decreases the rate of the polymerization, but this can be partially offset by the increased radical generation rates associated with light initiation and aqueous conditions.

The third advantage light confers is the ability to tune the irradiation source. Light reactions offer spatio-temporal and reaction rate control by tuning the source directionality, wavelength, and intensity. Temporal control is the ability to reversibly induce propagation by simply toggling the light source on or off. Control of this kind is virtually impossible in thermally-initiated polymerizations due to the limits of heat transfer. In radical-based grafting-from bioconjugate polymerizations, temporal control has been used to reversibly halt polymer chain propagation. Temporal control can be important in biological applications for limiting the amount of time sensitive biological entities such as cells are in a radical environment. Spatial control of polymerizations is particularly important for grafting-to systems. For example, when grafting to hydrogel networks, the spatial control of light can create patterns in the gel which guide protein attachment and cell adhesion.

Polymerizations can also be controlled through light intensity manipulation. A higher light intensity correlates with a higher concentration of photons capable of chromophore photoexcitation and subsequent generation of active species. If the intensity is sufficient, high monomer conversions can be achieved quickly, often even in the presence of oxygen. There are, however, caveats to consider. While more intense light affords faster polymerization rates, it may also increase the chance of denaturing the biological macromolecule and leading to reduced control during radical polymerization.

The wavelength of a light source is another crucial parameter of photopolymerization and provides a means of controlling the polymerization rate without having to alter the temperature. The molecular structure of the photocatalyst affects its molar extinction coefficient – how strongly it absorbs light at a specific wavelength. Since photocatalysts have varying degrees of absorption at different wavelengths, the kinetics of a photo-polymerization depend on the pairing of a photocatalyst with a wavelength of light. Photocatalysts with broad absorption spectra allow for polymerization with light sources spanning several wavelengths. In specific cases, wavelength can also govern the mechanism of polymerization, turning reaction pathways on or off.

NIR-emitting light sources offer the particular advantage of being able to activate photochemical reactions inside the body. When light is irradiated on skin, transmission of the photons competes with absorption and scattering by chromophores that make up the tissue. Such scattering disperses the light and reduces its intensity at increasing depths. In general, longer wavelengths experience less scattering and penetrate deeper, with NIR light penetrating farther than light in the visible range. At longer wavelengths than NIR, however, excitation of water molecules becomes non-trivial and causes a heating effect (i.e., microwaves).

The fourth advantage light confers is enhanced oxygen tolerance. Photopolymerizations have the potential to be performed in the presence of oxygen, without experiencing substantial inhibitory effects. Oxygen is a radical scavenger and inhibits traditional radical polymerization by terminating chains. Oxygen tolerance often arises in photopolymerizations when the photoexcited catalyst chemically converts oxygen into other species that do not interfere with radical polymerizations (vide infra). Oxygen tolerance eliminates the need for degassing prior to polymerization. This allows polymerizations to be conducted in extremely low volumes that would normally be difficult to deoxygenate, facilitating the synthesis of bioconjugates that are hard to prepare in large quantities. Additionally, the ability to perform polymerizations directly in multi-well cell culture plates facilitates screening of bioconjugates for biological applications. Notably, oxygen tolerance also enables polymerization from live cells, which would not survive rigorous degassing procedures.

Caveats with light

UV light (<400 nm) is high in energy, which makes it an excellent choice for many photochemical reactions and polymerizations. Unfortunately, UV light can have harmful effects on the structure and function of biomacromolecules. Such high energy light has been associated with deleterious photochemical processes in both proteins and DNA. The tertiary structure of a protein is stabilized by disulfide bonds between cysteine residues. These covalent crosslinks help constrain the conformation of the polypeptide and, thus, confer thermodynamic stability. Prolonged irradiation of proteins with UV light can damage the disulfide linkages in a protein, especially when tyrosine, tryptophan, or phenylalanine (amino acids containing aromatic moieties) are in close proximity to the disulfide bonds. Each of these amino acids can undergo photoexcitation to the triplet state and then participate in a multitude of degradative reactions. Tryptophan is not abundant, but it is particularly sensitive to photolytic degradation processes because of its high molar extinction coefficient. Upon excitation, it can form a radical cation which can participate in various degradative pathways, including backbone cleavage. UV radiation can also harm polynucleotides. This damage can be significant, as DNA and RNA have the highest absorption coefficients among all cellular components, in the 200–300 nm range. UV light can photolytically produce radical cations of...
DNA bases, which initiate single strand breaks in DNA.\textsuperscript{51} Because typical protein (and polynucleotide) absorption falls in the UV range of 180–305 nm, moving to longer wavelengths which have lower energy, i.e., red-shifting, can reduce these deleterious effects.\textsuperscript{68} Simply moving from UV or violet light to blue light can prevent damage to the protein structure, although the sensitivity will be protein dependent.\textsuperscript{42,60}

**Grafting-from**

The two types of controlled radical polymerization most commonly used for grafting-from proteins are ATRP\textsuperscript{42–64} and RAFT\textsuperscript{65} polymerization. Grafting-from polymerizations are beneficial because purification of the macromolecular bioconjugates from residual monomer is inexpensive and facile. Additionally, grafting-from polymerizations allow for the creation of unique polymeric architectures that can affect the overall hydrodynamic radius and, in some cases, lower the cytotoxicity of the bioconjugate.\textsuperscript{4} However, when a grafting-from approach is used, the conditions must be gentle enough to not harm the biological entity or induce side reactions. Light-initiated polymerizations have helped to realize this goal.

**Atom transfer radical polymerization**

ATRP was the first controlled radical polymerization technique used for grafting-from biomacromolecules.\textsuperscript{64,66,67} ATRP utilizes reversible abstraction of a halide from an allyl compound to generate a radical that propagates through the addition of monomer. This abstraction is typically performed by a metal-ligand activator complex, which is often copper-based. The resulting metal-halide complex (deactivator) can then reinstall the halide on the growing polymer chain-end, imparting control by limiting the rate at which individual chains grow (Fig. 4). Ligands are normally bi- or tri-dentate amines which enhance copper complex solubility and vary the redox potential of the complex.

In early aqueous radical polymerization, there were a few factors that hindered the utility of ATRP in biomacromolecular conjugation applications. Relatively high copper loadings were necessary to achieve well-controlled polymerization with low dispersity and minimal unwanted side reactions. Ligands have a higher rate of dissociation from copper in aqueous systems which led to inefficient deactivation.\textsuperscript{67} Water also has the potential to hydrolyze the carbon halogen bond.\textsuperscript{68} Since proteins and living systems can be sensitive to high copper concentrations, the development of lower copper systems advanced the potential for ATRP to be used for the synthesis of more diverse bioconjugates. To achieve comparable polymerization control, these systems generated or regenerated the Cu\textsuperscript{I} activation complex. Popular systems for bioconjugation include initiators for continuous activator regeneration (ICAR) ATRP, activators generated by electron transfer (AGET) ATRP, activators regenerated by electron transfer (ARGET) ATRP, and electrochemically mediated ATRP (eATRP).\textsuperscript{69,70} Each of these systems regenerate Cu\textsuperscript{I} which is oxidized to Cu\textsuperscript{II} during termination reactions. Typical termination reactions are either combination or disproportionation of two growing radical chains, processes that leave behind the Cu\textsuperscript{II} metal-halide ligand deactivating complex. The higher concentration of deactivator increases the rate of deactivation, thereby increasing the control through a process called the persistent radical effect.\textsuperscript{66} ICAR ATRP uses organic radicals, and AGET and ARGET use reducing agents for oxidation; AGET and ARGET are differentiated in that AGET starts with a Cu\textsuperscript{II} species whereas ARGET starts with a Cu\textsuperscript{I} species.\textsuperscript{71,72} eATRP utilizes an electrical current for the reduction of Cu\textsuperscript{II}. All of these techniques have been used for the successful formation of biomacromolecule conjugates.\textsuperscript{68,73–75} ATRP has even been used for polymerizing from cells.\textsuperscript{76}

Another method for lowering the copper content of aqueous ATRP is using light to either generate or regenerate the active Cu\textsuperscript{I} species.\textsuperscript{75,76} While several operative mechanisms occur simultaneously, the predominant mechanism is excitation of Cu\textsuperscript{II} followed by single electron donation from the free amines of the ligand to form a radical cation amine species and an active Cu\textsuperscript{I} species.\textsuperscript{79} One benefit of this polymerization is that no exogenous initiators or reducing agents are needed, simply a higher loading of the ligand. This makes it easy to purify and ideal for grafting from biomaterials. Matyjaszewski \textit{et al.} demonstrated that blue light (450 nm) could be used for rapid and well-controlled polymerization from both BSA and DNA with Cu\textsuperscript{II} and a tris(2-pyridylmethyl)amine (TPMA) ligand (Fig. 5).\textsuperscript{42} This system had excellent temporal control, evidenced by the ability to halt polymerization when the light source was

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**Fig. 4** Mechanism of ATRP with a copper catalyst. X denotes a halide, L denotes a ligand, M denotes a monomer, and P denotes a polymer chain.

**Fig. 5** PhotoATRP grafting-from polymerization using a BSA macroinitiator under blue light. Reprinted with permission from ref. 42. Copyright 2018 American Chemical Society.
removed. The blue light was gentle enough to have no substantial impact on the secondary structure of the proteins (BSA and glucose oxidase, GOx) over the course of the reaction. These polymerizations are ideal for high throughput applications due to their temporal control, mild reaction conditions, and moderate oxygen tolerance.\(^{60}\) In fact, photoATRP was performed in a highly automated fashion using a DNA synthesizer; direct synthesis of DNA and polymerization from DNA was achieved without the need to degass.\(^{61}\) This example additionally demonstrated that very low volume reactions can be attained with this system. Anastasaki et al. further demonstrated the versatility and oxygen tolerance of photoATRP for grafting-from proteins.\(^{85}\) (Meth)acryloyl and styrenic polymers were grafted from multiple proteins in polypropylene syringes – the photoATRP system eliminated the need to degas the system.

PhotoATRP can be performed with multiple catalyst systems, although copper systems are highlighted in this Perspective because they are the most common. Non-copper-based systems, e.g., FeBr\(_3\) and Ru(bpy)\(_3\)Cl\(_2\), may be more desirable for some applications as they can confer enhanced temporal control, lower cost, or a higher degree of tolerance to certain functional groups.\(^{51, 53, 81, 83, 84}\) Additionally, changing the catalyst can allow for polymerization under different wavelengths of light.\(^{48}\) The operational wavelength of the polymerization can also be adjusted by adding a photosensitizer. Strehmel et al. reported the addition of a photosensitizer which allowed photoATRP to be carried out under NIR irradiation.\(^{85}\)

With a copper-catalyzed system, the ligand should be chosen to maximize the stabilization of the catalyst complex. Aqueous media exhibits excellent ionic stabilization which increases the dissociation of the halide from the Cu\(^{1+}\) complex, decreasing the amount of deactivator complex and leading to poorly controlled polymerizations. Two of the most common ligands for these aqueous systems are TPMA and tris[2-(dimethylamino)ethyl] amine (Me\(_6\)TREN). Both compounds coordinate strongly with copper, improving the polymerization control.\(^{46}\) TPMA stabilizes the Cu\(^{1+}\) and Cu\(^{11}\) complexes more efficiently than Me\(_6\)TREN, as indicated by the stability constant.\(^{48}\)

The presence of salt also plays a role in the stability of the copper catalyst complex. The preference for displacement of halide anions with hydroxyl anions in aqueous systems can be mitigated to some extent by (1) adding halide salts to increase the concentration of halide anions or (2) increasing the concentration of amines in the system (ligands or non-ligating tertiary amines such as pyridine) to push the equilibrium toward the formation of copper(II)-halide species. Consequently, many phosphate buffer solutions for bioconjugations contain sodium chloride (NaCl). These chloride anions replace the bromine polymer chain-ends. A polymer with a chlorine chain-end polymerizes more slowly, but the carbon-chloride bond is also stronger and less susceptible to hydrolysis than the carbon-bromide bond; therefore, it can improve control.\(^{46}\)

Choice of catalyst also plays a role in temporal control for photopolymerizations. In a photopolymerization system where \(K_{\text{ATRP}}\) is high (\(K_{\text{ATRP}} = k_{\text{accl}}/k_{\text{deact}}\)), there is a relatively high number of active species within the system. Higher concentrations of active species require more time to deactivate, and polymer growth can occur even after the light is turned off.\(^{87}\) This can clearly be seen when comparing Me\(_6\)TREN and TPMA; TPMA has a lower \(K_{\text{ATRP}}\) so the rate of deactivation is higher. The equilibrium is shifted to the left, resulting in a lower concentration of the active Cu\(^{1+}\) species allowing for the reaction to more effectively be turned “off” immediately when the light source is removed. Me\(_6\)TREN leads to a higher \(K_{\text{ATRP}}\), indicating that the deactivation proceeds more slowly allowing for polymer growth in the dark.\(^{87}\)

Finally, photocatalyst systems can also impart oxygen tolerance to photoATRP systems under specific conditions, a distinct benefit.\(^{86, 89}\) With certain photoATRP systems, polymers can be synthesized without any deoxygenation procedures and maintain monomodal molecular weight distributions and high end-group fidelity, simply by completely filling the reaction vessel (leaving no air above the solvent).\(^{48}\) This chemical degassing is a light-induced reductive scrubbing process. The light excites the copper–ligand photoredox complex, reducing Cu\(^{11}\) to Cu\(^{1+}\). The Cu\(^{1+}\) can either (1) reduce the predominant oxygen species, diradicaloid triplet oxygen, to singlet oxygen, which is more zwitterionic in nature and therefore exhibits different reactivity or (2) abstract bromine to form a carbon-centered radical which can react with oxygen in an analogous manner.\(^{46, 89}\) The singlet oxygen does not terminate polymer chains, but it does slowly decay back to the lower energy triplet state. This elegant approach has the benefit of avoiding additional reagents (e.g., reducing agents or enzymes) in the reaction mixture, but there are many excellent options for improving oxygen tolerance in reversible-deactivation radical polymerization (RDRP) processes. Amine reducing agents,\(^{56}\) the enzyme glucose oxidase,\(^{74, 90, 91}\) and other reducing agents,\(^{92}\) including ascorbic acid,\(^{93}\) are quite popular for removing oxygen from both ATRP and RAFT polymerizations. Enhanced oxygen tolerance can be achieved for simple and convenient high throughput polymer synthesis, albeit some methods only have modest control. The oxygen levels in these systems can be measured either with sensors or with absorbance measurements. A common assay uses 9,10-dimethylanthracene to probe conversion of triplet oxygen into singlet oxygen.\(^{46, 89}\)

Aqueous photoATRP has been refined and uniquely tuned to be effectual in bioconjugation systems. We expect continued development in the area of bioconjugation via photoATRP in the near future. As exciting as these advances are, there are some biomacromolecules whose sensitivity to copper precludes them from participating in bioconjugation reactions using ATRP.\(^{46}\) While the development of metal-free photoATRP may be able to address metal catalyst sensitivity in biological systems in the future,\(^{95–98}\) RAFT polymerizations are an excellent metal-free alternative for us to explore (vide infra).

Reversible addition–fragmentation chain transfer

Conventional RAFT utilizes a chain transfer agent (CTA) which controls the polymerization by a degenerative chain transfer process (Fig. 6). An initiating radical adds to monomer to begin a new polymer chain, \(P_m\). After propagating with monomer, the radical on the end of the propagating chain, \(P_m\), will attack the
A stabilized radical intermediate forms on the thiocarbonylthio-Z group prior to C–S bond cleavage to reform a thiocarbonyl and release a radical moiety which can react with monomer. The radical moiety is either an R group (pre-equilibrium) or a growing polymer chain (main equilibrium in degenerative chain transfer). In the end, the majority of chains should be derived from the R and thiocarbonylthio-Z groups of the CTA, becoming the α- and ω-ends of the chain, respectively.

Early RAFT polymer–protein hybrid research\(^{39,99}\) began with a “transfer-to” mechanism that relied on conjugation of the thiocarbonylthio-Z group of the CTA to the protein.\(^{16}\) During polymerization, a polymer chain detaches from a protein, propagates, and then must attack a CTA on the surface of a protein to reattach. With the continuously increasing steric bulk of the chains over the course of the polymerization, the reattachment reaction loses efficiency and can lead to lower monomer conversions and broader molecular weight dispersions. As Sumerlin et al. have shown, these issues can be mitigated by using a grafting-from approach in which the R group of the chain transfer agent is conjugated to the protein.\(^{100}\)

In this case, the growing polymer chain remains anchored to the protein throughout the polymerization, and degenerative chain transfer occurs away from the surface of the protein, allowing for high monomer conversion, controlled growth, and narrow dispersions. This technique also results in high end-group fidelity, which is necessary for further reactions or formation of more complex architectures such as block copolymers.\(^{40,41}\)

The first bioconjugates formed by RAFT utilized electromagnetic radiation; Bulmus et al. employed RAFT transfer-to polymer–protein conjugation to BSA using gamma radiation.\(^{39}\) Although this method did not significantly decrease the activity of BSA, it can be argued that concerns over the deleterious effects of γ-rays on less robust proteins and the lack of easy accessibility to instrumentation hindered the advancement of this method into mainstream polymer-conjugation chemistry.

The use of visible light for bioconjugation via RAFT did not emerge until 2014 when two groups concurrently developed and introduced light-based grafting-from conjugation techniques.\(^{28,45}\) Haddleton and Chen et al. utilized the water-soluble visible light radical initiator (2,4,6-trimethylbenzoyl)phenyl phosphonic acid sodium (TPO-Na) for polymer–protein conjugate synthesis\(^{45}\) under low-intensity visible light irradiation (\(\lambda = 420\) nm, \(I = 0.2\) mW cm\(^{-2}\)). As previously mentioned, exogenous initiator in solution leads to a small number of undesired free chains not conjugated to the protein, complicating purification after polymerization. Boyer introduced an alternate method, (PET)-RAFT (Fig. 7).\(^{28,38}\) PET-RAFT utilizes a photoredox catalyst which upon excitation can transfer energy/electrons to the CTA, releasing a polymer chain end that can propagate. The relative contributions of energy or electron transfer to CTA activation are photocatalyst and cocatalyst dependent; the electron transfer pathways are described herein.\(^{101–103}\) The photoredox
catalyst can be oxidized by a CTA (e.g., trithiocarbonate), forming a trithiocarbonate anion and a propagating chain end. Alternately, if a tertiary amine is present in the mixture, reductive photoelectron transfer can also occur; the excited photocatalyst can obtain an electron from the tertiary amine and then donate it to the CTA, again forming a trithiocarbonate anion and a propagating chain end. If the wavelength of light used overlaps with the absorption of the CTA, then the CTA may be susceptible to direct homolytic bond cleavage, and a photo-iniferter mechanism will occur simultaneously (vide infra).49

PET-RAFT can be used to polymerize a large range of monomers (e.g., acrylamides and (meth)acrylates) under biologically friendly conditions with excellent temporal control. If necessary, these reactions can be carried out at low volumes35 and low concentrations (0.1 M monomer).52 Additionally, a successful grafting polymerization from BSA was demonstrated with almost complete retention of activity (96 ± 2%) of the protein. This seminal work opened the door for PET-RAFT grafting-from polymerizations with proteins,53 DNA,55 enzymes,37 and lipids.185

The power of photopolymerizations for bioconjugation was further demonstrated by Soh, Hawker, and colleagues using PET-RAFT to grow polymer brushes from the surface of live cells (Fig. 8).24 CTAs were conjugated to the surface of yeast cells via click chemistry. Subsequently, polymers were grown from the surface with reasonable control, chain-end fidelity, and excellent retention of cell function. Poly(ethylene glycol) methyl ether acrylate macromonomers (1 kDa) were used to prevent monomer penetration into the cells, and reaction times were limited to minimize exposure of the cells to the light source. In this case, the grafting-from approach had a significantly enhanced grafting-density compared to the grafting-to approach. While CTA conjugation to the cell wall of yeast could be performed with common coupling chemistry, mammalian cells lack a robust cell wall and therefore needed milder conjugation conditions. To achieve mammalian cell bioconjugates, CTA lipids were synthesized which could insert into the cell membrane, allowing for high cell viability and controlled polymerizations (Fig. 8).185

PET-RAFT utility for bioconjugation reactions is clear, however, careful consideration of the identity of the photocatalyst in conjunction with light wavelength and intensity, type of amine co-catalyst, method of oxygen removal, and CTA is required.

There are numerous organic and inorganic photocatalysts that can be used for PET-RAFT, each of which can be tuned for optimal activity by customizing the light source wavelength and intensity. For bioconjugation applications, catalysts that are operative in low energy visible light are desirable to reduce the likelihood of side reactions that may occur with higher energy UV light (vide supra). Polymerizations with UV light should also be approached carefully to avoid rare but undesirable side reactions due to decomposition of the CTA or self-initiation of monomers.

In particular, dithioester CTAs have been reported to undergo degradation under UV radiation at 365 nm,106,107 Trithiocarbonate CTAs have been used extensively under UV radiation for controlled polymerizations, but in certain environments, they may experience a small degree of decomposition.107 It is also possible that monomers which absorb in the UV region can be self-initiating, resulting in non-ideal kinetic behavior during polymerizations.108

PET-RAFT grafting-from reactions can be performed under blue light with low photocatalyst loadings using photocatalysts such as Ru[bpy]3Cl2,28,38,63,104 However, metal-free organic dyes, particularly eosin Y, are the most commonly applied catalysts for biological applications due to their low toxicity and cost.109,110 Eosin Y has been used for grafting from proteins, DNA, and cells.24,32,37,55 While Ru[bpy]3Cl2 and eosin Y are quite biocompatible, photocatalysts that operate under red light and NIR radiation are favorable since lower energy light has an increased penetration depth and fewer side reactions. NIR initiated PET-RAFT was performed using a chlorophyll catalyst demonstrating that polymerization can occur with the added challenge of an opaque barrier between the reaction mixture and the light source.111 Thus far, most photoconjugation reactions have been performed under blue light, but with the advantages associated with utilizing lower energy light, it is expected that utilizing red or NIR light for grafting-from polymerizations will be a focus area in the future. Given the demonstrated capability of polymerizing from cells, it is foreseeable that NIR radiation may eventually facilitate polymerization from living tissue inside the body.

Photocatalysts are often paired with a tertiary amine co-catalyst, and the nature of the amine can affect the rate of the reaction as well as influence the properties of the final polymer. A tertiary amine can donate an electron to reduce the excited state of the photocatalyst and form a tertiary amine radical cation.49 More stable radical cations are hypothesized to increase the rate of reduction and, consequently, the rate of polymerization.112 There is one caveat to consider, however: using a photocatalyst such as eosin Y and a tertiary amine will result in background initiation, even in systems with no CTA present.112,113 This can lead to a lower end-group fidelity and a higher chain length dispersity. Tertiary amines that have less background initiation are preferable; 4-(dimethylamino)
pyridine (DMAP) and tributylamine are particularly efficient reducing agents with low background initiation.87

A final consideration when selecting photocatalysts for PETRAFT systems is their ability to scrub oxygen. Several photoredox catalysts used for PET-RAFT (notably Ru(bpy)3Cl2,88,89 ZnTPP,90 and eosin Y111) can scrub oxygen from the system by exciting triplet oxygen to singlet oxygen. PhotoRAFT processes with amines also inherently convey some oxygen tolerance because thioxocarbomates are efficient photocatalysts. Upon photoexcitation, the thioxocarbonate can interact with tertiary amines, forming a tertiary amine radical cation and a thioxocarbonate anion which can scrub the system of oxygen.96,114

Of course, in addition to choosing the appropriate photoinitiator catalyst system, the choice of CTA must be carefully considered for PET-RAFT polymerizations. Some CTAs can be susceptible to hydrolysis and aminolysis, resulting in loss of the active CTA in solution and thus a loss of control over the polymerization.115,116 The structure of the CTA also affects the toxicity of the final polymer in cellular systems. For example, poly(N-(2-hydroxypropyl) methacrylamide) (P(HPMA)) synthesized with dithiobenzoates was shown to be highly cytotoxic to three cell lines, unlike comparable polymers synthesized with thioxocarbonates.117 Certain cell lines were also sensitive to other dithiobenzoate end-capped polymers (poly(oligoethylene glycol methyl ether acrylate) [P(OEGA)] and poly(oligoethylene glycol methyl ether methacrylate) [P(OEGMA)]), albeit not to the same extent as dithiobenzoate capped P(HPMA).116,117

In summary, the number of factors to be considered in these systems (e.g., photocatalyst systems, chain transfer agents, light source parameters, etc.) and the possible synergistic effects between each demonstrates the vast potential for future exploration, understanding, and refinement. The effects that certain variables will have on diverse proteins are not necessarily known.82 One interesting study compared the activity of two enzymes after they were grafted with N-[3-(dimethylamino) propyl]acrylamide (DMAPA). Both enzymes were lipases, Thermomyces lanuginosa (TL) and Candida antarctica lipase B (CalB), and yet they exhibited opposite responses in their activity after grafting. As this study illustrated, tailoring bioconjugation systems extends beyond consideration of the reaction conditions previously discussed, and beyond monomer identity and molecular weight. Further exploration of these factors and potential coupling reactions for biologically-friendly systems will aid the design of strategically-informed bioconjugation systems.

One final type of grafting-from photopolymerization that should be discussed is the photoiniferter system (Fig. 9). The concept of photoiniferter was introduced by Otsu in 1982, and it was considered the first “living” radical polymerization process.118,119 A photoiniferter is a molecule which upon photolysis can act as an initiator, a transfer agent, and a terminator. While initial systems lacked sufficient control, there has been a recent resurgence of research which showed that this method could be used to synthesize polymers with excellent control, achieving even ultra-high molecular weight species.118 Unlike the PET-RAFT technique, no exogenous electron transfer catalyst is needed because the CTA undergoes homolytic cleavage upon photoexcitation. The lack of photocatalysts or exogenous initiators or catalysts seems attractive for bioconjugate applications. While photoiniferter polymerization has been utilized in a limited number of applications for grafting-from gelatin, these processes typically require shorter wavelength light sources (UV) and higher monomer concentrations.120,121,122 Unfortunately, these two factors can be detrimental to many protein structures.32 There is potential to optimize the system to work efficiently with lower energy light through addition of a photosensitizer or by designing a suitable CTA with an activity that is maximized at longer wavelengths.

Finally, as we have shown, light-based radical grafting-from reactions offer many benefits. Light creates active species in a benign manner and allows for these reactions to be carried out without exogenous initiators. Light-based systems are often more oxygen tolerant than analogous thermally driven systems and confer enhanced user control through light source tunability. Given these advantages, we expect a rise in the utilization of photoATRP and PET-RAFT in grafting-from bioconjugate systems.

**Grafting-to**

Grafting-to reactions offer the benefit of decoupling the polymerization chemistry from the often sensitive biological entity to which the polymer will be attached, providing a more benign attachment strategy for sensitive proteins or polymers.94 In fact, all of the polymer–protein conjugates that are industrially relevant are synthesized using a grafting-to approach. Nonetheless, there are inherent steric constraints on coupling two macromolecules, and in some cases, purification can be challenging.

Light can be used to facilitate grafting-to reactions in a variety of ways: (1) through direct photoactivation and bond formation, (2) through photoactivation of a catalyst, or (3) through photo-unmasking of a reactive moiety. Grafting-to reactions enjoy the same spatial and temporal control that
allows site-specificity of labelling to generate unique biological materials and to create complex 3-D cell culture environments that more closely mimic the extracellular matrix (ECM) at different stages of growth and disease. There are several important considerations for these light-based grafting-to-reactions: light source wavelength and intensity, oxygen tolerance, and quantum yield. When appropriate conditions are chosen, increased control over the system is clear.

One of the unique benefits of using light is the temporal control that it imparts. This can be utilized to generate highly reactive intermediates in situ that may not have long lifetimes in aqueous conditions, potentially after compounds have pre-associated. It is possible that these highly reactive moieties could facilitate more efficient and well-controlled conjugations. This potential was explored by synthesizing end-functionalized PEG derivatives with common photoaffinity labelling compounds, aryl azide and diazopyruvate (Fig. 10). These photoactive moieties allowed for on-demand conjugation to lysozyme. Aryl azides expelled nitrogen gas leaving behind a nitrene, which rearranged to a seven-membered ring with a highly electrophilic ketenamine. Diazopyruvates also expelled nitrogen gas upon photolysis, leaving a carbene that underwent a Wolff rearrangement. The resultant ketene was highly susceptible to nucleophilic attack.

Maynard et al. showed how the temporal control light imparts improves the selectivity and yield of grafting-to-reactions (Fig. 11). A polymer was designed to interact with a protein in a non-covalent host–guest manner, locking the polymer in a specific location, prior to covalent conjugation upon light irradiation. Benzophenone and diazarine are both common photo-initiated covalent bond-forming agents for photoaffinity labelling, so they were chosen for this study (Fig. 11). Upon UV irradiation, the benzophenone formed a triplet state ketone, abstracted a hydrogen radical and then formed a carbon–carbon bond. The other bond-forming agent, diazarine, rearranged to a diazo under UV light, liberating nitrogen gas. The residual carbene rapidly inserted into a carbon–hydrogen bond. While photochemical conjugations are not site-specific, when they are combined with a precise targeting moiety, polymer protein bioconjugation reactions can become more efficient and selective. However, appropriate host–guest pairs must be chosen such that the active site is not blocked.

A more common conjugation reaction for grafting-to is the thiol–ene reaction, which is often used to modify hydrogel networks for 3-D cell culture. The thyl radical attacked an ene, forming a carbon-centered radical that abstracted a hydrogen from a thiol, restarting the catalytic process (Fig. 12). Networks were formed in the presence of cells using a bio-orthogonal and benign technique, strained alkyne–azide click. Subsequently, a thiol–ene reaction was used to attach peptides to the hydrogels; these peptides promoted cell adhesion to the network. By using light to specifically attach peptides to certain areas, cell morphology and migration patterns were altered. The ability to control cell growth is important for cell differentiation and understanding disease states. Control studies where the peptides were not adhered to a hydrogel network did not produce the same changes in cells.

One concern with bioconjugation to thiol–ene networks is the higher photoinitiator concentration that is often needed in these dilute systems where the carbon radical may find another species to terminate with before coming into contact with a thiol, thereby limiting the catalytic cycle. An additional concern is the potential for radical crosslinking of the networks in these processes. Crosslinking increases the modulus of the material, which also has an impact on cell differentiation and growth. Therefore, retention of a constant modulus should be verified during these processes. A final concern is that thyl radicals may have cross-reactivity with disulfide bonds on proteins or cells.

Photo-unmasking of reactive moieties for protein or peptide conjugation enables modification of crosslinked materials such as hydrogels. Generating a reactive species after the material is made can allow for attachment of sensitive moieties after harsh processing conditions or for the control of minute structures.
in 3-D cell culture.\textsuperscript{127} If the reactive moiety is relatively stable under cell culture conditions (such as an aldehyde), the unmasking can potentially be carried out prior to addition of proteins or cells to prevent light from denaturing the sensitive species.\textsuperscript{128} However, if these moieties are revealed afterward, then the cell penetration will be diffusion-limited, a potentially useful tool for studying the diffusion behavior of cells.\textsuperscript{129} \textit{o}-Nitrobenzyl can be used for photo-unmasking processes because it can undergo a photo-rearrangement to release a moiety and unveil an aldehyde. This aldehyde could then be conjugated to proteins after irradiation. With this spatial control, it was clearly seen that attaching different proteins to the hydrogel can govern cell migration and growth (Fig. 13).

Such an unmasking strategy for patterning gels has been used successfully to study the effects of polypeptide gradients on breast cancer cell lines and cell response to treatment.\textsuperscript{130} Photomasks were used to create a gradient of the polypeptide epidermal growth factor in a hyaluronic acid hydrogel. The hydrogel was decorated with thiols protected with nitro-dibenzofuran. This protecting group was removed with NIR two-photon irradiation, releasing a free thiol that reacted with maleic anhydride moieties \textit{via} a thiol-Michael addition. Shoichet \textit{et al.} studied how these gradients affect the movement of three breast cancer cell lines through the material, as well as how these gradients influence the response of the cell lines to drugs; the authors’ results indicate these gradients did affect cellular behavior.\textsuperscript{129} These 3-D culture platforms have the potential to allow for more accurate assessment of how cells will respond to certain drugs.

More recent work has focused not only on creating unique gradients and structures within materials, but also utilizing the inherent temporal control of light to create more dynamic systems.\textsuperscript{132} In one example, an \textit{o}-nitrobenzyl derivative, 2-(2-nitrophenyl)propyloxy carbonyl (NPPOC), was affixed to the hydrogel network. Upon photo-deprotection of the NPPOC with UV light, an alkoxyamine was revealed. A protein with a tethered aldehyde was added, which reacted with the alkoxyamine to form an oxime. The linker between the protein and the hydrogel also contained a photocleavable moiety, nitrobenzyl ester (\textit{o}NB). The gel was irradiated with light, incubated with protein, and finally, the protein was released from the gel with a second light reaction.

Using this approach, gels were patterned using a photomask. With more advanced multi-photon pulsed laser irradiation, 3-D images were produced with excellent (~1 \textmu m) resolution, and proteins were adhered in specific patterns within the gel. If the light intensity or irradiation time was carefully chosen, such that only a limited amount of the NPPOC was removed initially, then further irradiation resulted in simultaneous cleavage of the linker between the protein and the hydrogel, deprotecting NPPOC, and revealing reactive alkoxyamines for further protein conjugation. In other words, one protein could be removed while another was attached (Fig. 14).

The approach above paved the way for dynamic exchange of covalently bound bioconjugates, showing that gels could effectively be erased and rewritten. Anseth \textit{et al.} took that concept one step further and demonstrated that with the correct choice of light-driven chemistry, the exchange reaction could be cycled indefinitely (Fig. 15).\textsuperscript{131} With allyl sulfide chemistry, proteins that have lost their activity could be removed and replaced with fresh, active protein. This exchange of biological entities utilizes the temporal control of light to mimic a more realistic ECM environment which continuously changes with time. As cells grow and differentiate within the matrix, various biological cues could be presented. Allyl sulfide moieties participated in degenerative chain transfer reactions with thiol radicals; an associative exchange took place when a thiol radical attacked the ene of the allyl sulfide forming a carbon-centered radical. The radical then reacted intramolecularly, cleaving a carbon-sulfur bond, to reform an ene and a thiol radical (Fig. 15). A potential issue arises from the equilibrium nature of the system: since the thiol radical on the initiating species and the

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**Fig. 13** (a) Mechanism of \textit{o}-nitrobenzyl release; (b) schematic indicating that proteins patterned on the hydrogels will interact with the cell wall, guiding cell movement; (c) cells adhering to the regions that were patterned with gelatin; (d) the hydrogel with cells (c) was irradiated a second time, and gelatin was adhered nonspecifically. Cells migrated out from their initial squares; (e) the area around the squares of cells (c) was irradiated and patterned with fibronectin. The cells preferentially migrated to areas with the second protein. Reprinted with permission from ref. 128. Copyright Wiley. Advanced Functional Materials 2018.

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**Fig. 14** (a) Mechanism of NPPOC release; (b) NPPOC was released from the gel using multiphoton laser scanning, and fluorescently labeled BSA was attached to the liberated alkoxyamine; (c and d) photomasks can be used to selectively irradiate and attach different fluorescently labeled proteins to discrete locations on the hydrogel; (e) a hydrogel was labeled with a green fluorescent protein. Then, further irradiation was used to simultaneously release the green protein in specific areas and create more reactive sites to attach a red protein; an interlocked protein chain was created. Reprinted by permission from Springer: C. A. DeForest and D. A. Tirrell. A photoreversible protein-patterning approach for guiding stem cell fate in three-dimensional gels, \textit{Nat. Mater.}, 2015, 128.
released protein species are similar in reactivity, the deactivated protein could react again with another allyl sulfide; therefore, an excess of the desired active protein was required to drive the equilibrium toward protein attachment. However, these studies clearly showed that this chemistry could be used cleanly for several conjugation and release cycles at relatively low concentrations. The photopatterning of these proteins could be done in the presence of cells and the patterning of proteins was shown to assist with controlling the phenotype of the cell.

These examples demonstrate the power light can have for grafting-to reactions. A continued initiative to create more complex and dynamic systems will aid the realization of mimicking biological systems. Light reactions can be used for attaching proteins to polymers in solution; however, it can be argued that the true power of light for grafting-to reactions will lie in the ability to both create 3-dimensional patterns and attach biomolecules to pre-existing materials formed under harsh processing conditions. The push to make these systems viable with longer wavelength light is considerable, and more research will likely move towards NIR systems, despite the cost. The use of associative exchange chemistry is a particularly exciting topic in materials chemistry at the moment, and Anseth has shown how this associative chemistry can be used for truly dynamic systems. Multi stimuli-responsive systems, particularly using logic gates, can also be used to emulate cellular signalling processes. The advancements observed in recent years, and those to come, will help us better understand healthy and disease states of the body, programming of cellular growth, and the creation of better biomaterials for implantation.

Conclusions and future outlook

Light-based technology has significantly expanded the scope of bioconjugate chemistry and opened the door to target increasingly complex biological systems. Studies of grafting-from polymerizations involving biomacromolecules using photoATRP and PET-RAFT will likely increase since they afford the advantages of benign conditions and higher oxygen tolerance. The biologically friendly nature of these photopolymerizations ultimately allowed for the first controlled polymerization from the surface of live cells. While significant ground-work has been laid for these photopolymerization systems, exploration of various commercially viable proteins as well as variations in live cell type is essential, as these unique systems will bring their own challenges and discoveries.

The refined spatial and temporal control light confers can be utilized to graft biomacromolecules to networks for the creation of more complex biological materials. These materials can serve as drug release vehicles or mimic the ECM for cell culture conditions. Creation of increasingly intricate systems can help in understanding healthy and diseased tissue states in vivo. Additionally, precisely grafted gels can help control cell differentiation in cell culture platforms, an important step toward personalized medicine. Light also has the potential to impart higher site specificity to reactions, but systems must be carefully chosen such that the specificity does not come at the cost of inadvertently blocking the active site.

These advances have been exploited in a relatively young field with major potential for growth. In both grafting-to and grafting-from reactions, there is a push to design new systems which rely on longer wavelengths of light. However, lower energy irradiation is not sufficient to overcome the activation energy barrier or provide appreciable rates for some reactions. In some cases, this challenge can be overcome by two-photon irradiation in the NIR range, an approach that will likely play an increasingly important role in light-based therapeutics. Both grafting-to and grafting-from systems will also benefit from expanding potential conjugation reactions for polymer–protein attachment. Exploring covalent adaptable bonds, especially reversible bonds that are stimuli-responsive, will allow for on-demand dissociation of bioblock structures. The benefits light brings to bioconjugation chemistry are vast, and there are many new horizons to be explored.

Conflicts of interest

The authors declare no conflicts of interest.

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